

The Picaro

Mount Saint Vincent University

November 6, 1995 Volume 32 Number 05

Mount student at Referendum Rally

by Heather Grant

Montreal-The colours red, white and stripes or the union jack in Montreal on Friday, Oct. 27. They stood for Canada and Quebec, the unification of the past and possibly the future.

A campaign that was based primarily on logical argument and reason finally let emotion and passion take the reigns when "No" forces planned a rally to display Canada's national pride. People from every province in Canada poured into Montreal that Friday morning to let their voices finally be heard on the referendum issue.

A large group of Nova Scotians, including Priemier John Savage, five students from every university in the province and the young and old alike, flew to Montreal courtesy of Royal airlines, to show their support. The group was met at the Dorval airport and transported by bus to the downtown area. There they joined the thousands of Quebec "No" supporters and fellow Canadians, to government had an answer to the attend the largest rally in the ref- referendum question asked in erendum campaign.

"I think the rally is really journalism student at King's col-

that we're not happy with the status quo, that the rest of Canada is willing to debate the distinct soand blue did not stand for the stars ciety clause and look at the constitution once again."

About 150,000 people crowded into the Place Du Canada and became a part of Canadian history. In one language and one voice they chanted "No" to Bouchard's referendum question and to the seperation of Quebec. Jean Charest, leader of the Federal Conservative party, sparked many emotions in his bilingual speach to the crowd.

"You have come here today so that you can speak. So that your voices can be heard. Je veux aujourd'hui de donner un chance de parler. De parler avec votre coeur. De parler de votre pays," he said. Then, he asked the sea of flags for an answer to the important question that Quebec is faced with. "Canada! Canada!" the crowd chanted.

That was not the only question answered Friday. Finally, after weeks of debates and 15 years of waiting, the federal

"I'm telling you, all those important to deliver a unified who have come from all parts of voice to Quebecers to let them Canada, we will do what is know that it's important to us that needed," Prime Minister Jean they stay in the country," said Crietien said. "We will make the Steve Southerland, a third year changes that are needed. We will do what is needed so that at the lege. "It will let everyone know beginning of the next century,

Canada will move into the 21st century united from sea to sea, proud of its two official languages."

On the streets of Montreal after the rally, emotional Quebecers from all walks of life thanked their fellow Canadians for coming to help and for showing they care about Quebec's future.

"Thank you for coming such a long way," one woman said to a group of Nova Scotian students. "We're glad that you care. We need you to care."

Cars full of people honking their horns and waving their support greeted the crowds on their way home.

"I think it (the rally) was worth the effort. I don't think that any media cut-off, which may or may not have been happening before, could prevent the people of Quebec from seeing that many people outside Quebec cared today," Nova Scotia Priemier John Savage said. "If there are a couple of thousand people in the middle that are undecided and whose indecision was because they weren't feeling good about the rest of Canada wanting them, then they may have been impacted by what we did today. We really won't know until Monday night, but I feel good that a large number of Nova Scotians from all walks of life, seniors, students, whatever, had the opportunity to demonstrate their feelings about Canada. And I hope we made a difference."



Do you recognize this man? If not, you missed an excellent show at Vinnie's last Thursday. He's Jason Plumb, of the Waltons.

REFERENDUM - The Mount Reaction

by Ellen Hamill

The Quebec referendum outcome left Mount students and faculty pleased yet surprised. Those watching the election results on television were kept in suspense until the bitter end.

An informal survey conducted on campus showed that most MSVU students took time out of their busy schedules to watch the referendum results. Among those viewers on theedge of their seats were the residents of Evaristus Hall. The girls were glued to the TV watching the election instead of the usual Monday night favourite, Melrose Place.

For one Evaristus resident, the election was especially nerve-wracking. Betty Anne Forward is a first year student from Quebec who said a "Yes" vote would have had real consequences for her family.

"If Quebec had separated it would have been a real mess," Forward said. "My whole family would have had to move because my dad would have had to change jobs. I felt as they were counting continued on page 3

ALUMNAE CONGRATULATE GRADS

by Emma McKennirey

The day before fall convocation only a handful of graduates joined the Alumnae Association Board of Directors for a reception which followed a multi-faith

Out of 157 graduates, 16 attended the candle lit service in Evaristus Chapel and about seven grads continued to the reception in the Don MacNeil room. The small crowd allowed for a friendly, informal atmosphere.

The Association held the reception in an effort to initiate im-

mediate ties with the graduates, explains Wanda Kontak, a liaison ible here," Conrad said. between the Association and the university. The goal will is real- Commerce Program, said she ized in the case of at least one graduate.

with the (Alumnae) Association."

Conrad related some of his studies during which he met a wide variety of people. He mentioned there are benefits of a small

"Things are a lot more flex

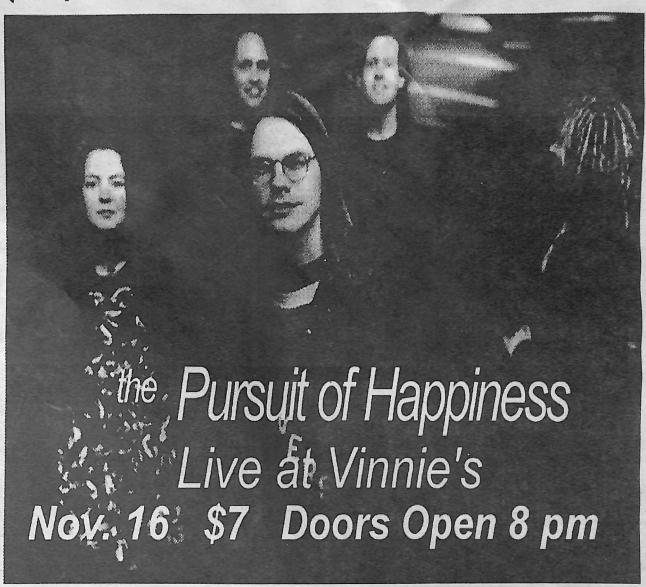
Kelly Smith, a graduate of the appreciated "the class size and the supportive profs." Smith has al-Steve Conrad said, "I feel ready opened a consulting firm and I've gotten enough out of the hopes to continue from there with Mount that is only fitting to stay the contacts she made during her "excellent co-op placements."

Mount Saint Vincent gradumost agreeable memories of the ates and Alumnae share similar Mount, including business case views about their school. They appreciate the university's small size and personable atmosphere.

Alumna Rebecca Jardine Continued on page 4

INSIDE **NEWS...3** FEATURES....6 **ENTERTAINMENT...10** SPORTS...13 CLASSIFIEDS...16

Mount Saint Vincent University Student Union Website



WEDNESDAYS ARE BACK!

ESP

Where the weekend starts on Wednesday

Pool Tournament

Every Friday Nov. 3 - Dec. 1 3 pm - 8 pm

Great Prizes No Charge

3pm

Have A Bank of NS HAMA TOTAL ROCKS

HAMA TOTAL CONTROL TO THE TOTAL OF THE Student Loan?

Problems? Comments?

See Joe Strolz President, Student Union and member of National Student Advisory Board on Bank of NS Student Loans.

2 457-6123

November 3

Don MacNell Room

All are welcome

The Picaro Volume 32 Issue 05

Coordinating Editor Andrea Bannister

Managing Editor Sarah Jeffrey

News Editor Robin Boudreau

Layout Editor Shelley Manderville

Graphics Editor James Tilley

Arts & Entertainment Editor Shawn Miner

> **CUP Editor** Ceri Young

Sports Editor Helen Smith

Features Editor Brian Kerrigan

Classifieds Editor Andrew Clattenburg

Advertising Sales Sarah Jeffrey/ Wendy Sims

Proof Reader Sarah Jane Angevine

Distribution Manager Wendy Sims

Contributors:

Fred Robertson, Heather Grant, Sharon Avery, Emma McKennirey, Ellen Hamill, Peggy MacKinnon, Kathy Young, Marco Tejada, Leanne Mosher, Nancy Dorey, Jason Wingo, , Barry O'Hearn, , Carrie Warner, Karen MacGillivray, Christy Smith, Athletic & Recreation Dept.,

The Picaro is dedicated to informing, challenging, and entertaining the students of MSVU, and to providing them with a forum to air their views.

The Picaro reserves the right to edit or reject any material, particularly material of libellous, racist, sexist, or homophobic nature. The views expressed are not necessarily those of The Picaro or its editors.

Staff meetings of The Picaro are held every Tuesday at noon. The Picaro Rosaria Hall Room 403 166 Bedford Highway Halifax, NS **B3M 2J6** (902)445-3584 fax - (902)457-0444

email - picarops@linden.msvu.ca

Saint Vincent University Student Union Mount Saint Vincent University Student Union

NEWS

REFERENDUM: NO SIDE DOESN'T LOSE

by Alan Martin and Yves Faguy (The Link, Concordia University)

MONTREAL (CUP) — It wasn't the landslide victory the No side had dreamed of six weeks ago, but it was a nightmare loss either.

With an incredibly narrow victory — 50.6 per cent for No to 49.4 per cent for Yes — leaders of the No side called for Quebecers to respect the decision and to work together toward achieving their hopes and dreams.

"I want to address all Quebecers," began Liberal leader Daniel Johnson to the growing cheers of the crowd at the No headquarters in Club Metropolis. "I want to make sure there's a rapid reconciliation between the sides."

Pierre Patenaude, a community organizer for the CLSC, agreed with Johnson's message.

"I sincerely hope that Mr. Parizeau will understand the message and that he will be more modest in his expectations and in his projects for Quebec."

Before the results started coming in, No supporters at Metropolis were not ready to predict the outcome. The last opinion polls, released over the weekend, had the No side trailing the sovereigntists by a slim margin.

The No side started the evening trailing the Yes by a considerable margin. A youthful crowd cheered ecstatically as the early returns from individual polling stations came in showing the federalists ahead. They booed when the results showed the Yes side still leading.

At 9:30 the No side surpassed the magic 50 per cent mark and the

crowd went wild, chanting "Canada! Canada!" and "No! No!" while waving Canadian and Ouebec flags.

For Julie Forget, a 23year-old engineer, it was the moment she had been waiting for all night.

"When the No side crossed over the 50 per cent mark it was a real relief," said Forget. "I must admit I was really afraid, I didn't know

what I was going to do in the event of a Yes vote. My future depended on the outcome of this vote"

Even before the sovereigntist side conceded defeat, the media declared a No vic-

tory around 10:30.

The interpretation of the close vote is still unclear and reactions were varied. Echoing the words of Rene Levesque, Bloc Qubecois leader Lucien Bouchard appeared on Metropolis' large video screen, promising to continue the fight for sovereignty.

But for Lise-Marie Ferguson, 24, a law student at the University of Montreal, the outcome is a clear message to separatists

"There isn't going to be a next time," said Ferguson. "This is it. Forget the next time."

Patenaude agreed, adding the federal government could not ignore Quebecers' desire for constitutional change.

"I'm happy the vote was so close," he said. "Because it puts the brakes on the sovereignty movement and it sends a message to the federal government that adjustments are necessary."

In their victory speeches both federal Progressive Conservative

leader Jean Charest and Quebec Liberal leader Daniel Johnson recognized the need for change.

"Let there be no mistake,"

said Johnson. "While the majority have rejected separation we also have had talk in the No side of change and pride as Quebecers." He later went on to say, "Those who voted Yes voted for change. I tell them I hear their message. We said no to separation. We equally said no to the status quo."

Charest emphasized the contribution made by the rest of Canada in the final days leading up to the referendum.

"To all those Canadians who came and reached out," he said referring to last Friday's massive unity rally in downtown Montreal. "They can touch a piece of that flag and say it flies because of what they said and what they did."

Although people at the No headquarters were relieved by the vote, the debate over Quebec's future in Canada remains unresolved, "It was definitely a close call," said Claude-Andr Duquette, a 22-year-old student at University of Montreal.

"It's proof to the rest of Canada that Quebec is not bluffing. I think as a result both Quebec and Canada will mature a lot." continued from page 1 each ballot, I was closer to becoming an international student," she said.

Michael MacMillan, chair of the MSVU political science department, said the referendum sparked some very lively debates in his classroom. He said everyone is happy with the "No" majority even if it was an

"No" majority even if it was an indecisive majority.

MacMillan said the vote will put political pressure on the federal government to reconsider social reform policies such as transfer payments to the province for post secondary

education and health care. In these indirect ways, he sees the vote having possible consequences for Mount students.

"What didn't happen is most important for Mount students rather than what did," MacMillan said.

He said students should be relieved because a "Yes" vote would have dramatically changed their experience of adult life in Atlantic Canada.

The "No" forces just barely came out on top in the referendum vote. Having the fate of Canada in their hands, the slim majority of Quebecers voted against separation.

The final results of the election saw the "No" side at 50.6 per cent and the "Yes" side at 49.4 per cent.

National Child Day marks anniversary of UN Convention

When Canadians celebrate National Child Day this November 20, they are marking an important date for children everywhere.

November 20 is the anniversary of two historic United Nations events--the adoption of the Declaration of the Rights of the Child in 1959 and the adoption of the Convention on the Rights of the Child in 1989.

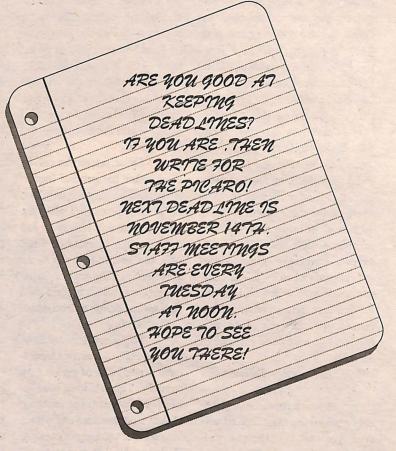
The Convention on the Rights of the Child, ratified by Canada in 1991, aims at ensuring the survival, protection, development and participation rights of all children. The Convention is one of the most unique and comprehensive human rights documents ever adopted by the international community. It details numerous children's rights—from proper



nutrition and access to healthcare, to leisure and education, to protection from exploitation and abuse, to self-expression on matters of concern--and outlines legal obligations of governments

to apply the provisions of the Convention in their countries. Protection of these rights is essential if children are to develop to their potential and become caring and responsible adults.

The Convention is important, because it provides guiding principles on how to see and treat children and on the environment that children need to develop fully. But the potential of the Convention can never be realized without the participation of all Canadians. It's up to all of us-governments, community groups, teachers, parents, children and youth themselves-to do the best we can for children in Canada and across the world. Because children matter!



HEWS

Security At MSVU — An Overview

by Peggy MacKinnon

Although most of us take it for granted, the Campus Security Department provides an indispensible service to Mount Saint Vincent students, whether it is in the area of personal safety, protection of people and property, or something as practical as the availability of parking space. Although most of its work goes unnoticed, the Security Department at the Mount, located on the ground floor of Assisi Hall, is a vital element in the makeup of a well integrated university.

Glenn Hollett has been a part of the Mount Saint Vincent University Security Department since 1983, and became Chief of Security in 1992. He indicates that, while its mandate is much broader, the Department's first and primary focus is the protection of people and property.

The Escort Program

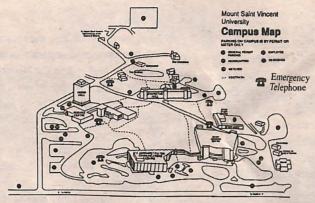
An important service which helps to ensure the safety of MSVU students is the on-campus Escort Program. This service is available to all Mount students who are concerned about their personal security when travelling on campus, alone, after dark.

The service can be easily accessed through use of the inhouse telephones. For the purposes of the Escort Program, students will most likely use the wall phone located in the link, north of the exit from the library. The student just has to telephone the dispatcher from this phone (ext. 412). A security officer will arrive to escort the student to his/ her destination, either on foot or by vehicle, at the discretion of the officer. Occasionally, a student may wish only to be observed by the officer while she goes to her car, to ensure that she safely entered the vehicle and drove away.

Hollett indicates that, on average, the student will be faced with a 15 minute wait for this service, which he views as not excessive when wieghed against a perceived risk to a student's personal safety. The demand for this service fluctuates, ranging from one or two calls per night, to a high on one particular evening of 35 calls.

Emergency Telephone System

Most students have probably noticed the existence of several yellow emergency telephones, strategically located throughout the campus. These phones are intended to be used in emergency situations only; when a student feels she is in immedi-



ate danger.

When one of these telephones is lifted off its receiver, the call is received at the Security Office at Assisi Hall. It's then routed to the Halifax Police Department. It's important to note that a student need only lift the receiver and drop it to the ground to raise an alert, without speaking to the dispatcher at all. In such a circumstance, the Security Office will be able to identify the location of the emergency phone which has been activated, and a search of that area will be conducted.

Emergency telephone #5, located in the Rosaria pathway, has been out of service for the past two months, due to construction in Rosaria Hall. This telephone is now restored to working order.

The Internal Intercom System

Another very accessible link between MSVU students and the Security Department is the system of intercoms installed throughout the entire campus. These intercoms can be found in the link, in Seton lobby (by the taxi phones), throughout Assisi, Rosaria and Evaristus Halls, and in the tunnels. Eventually, Seton will have intercoms installed throughout.

These intercoms can be used either for general inquiries to the Security Department, or for emergencies. Unlike the yellow phones, however, just pressing the intercom button will not summon help in an emergency; the caller must identify the problem, and then appropriate action will be taken.

Parking

The secondary focus of the Mount's Security Department is the issue of parking on campus. This has long been an item of complaint among Mount students, most of whom indicate that there is not enough. However, Hollett disagrees.

The people who can't find parking, Hollett said, are the "people who don't look."

Currently, the Mount

has 700 parking spaces, all of which have not been filled in the past three years. Hollett is willing to back up his statement. He invites anyone who can't find a parking spot to phone security, and a space will be located.

Hollett said it is not unreasonable to expect a student to park as faraway as Assisi Hall when they're studying in Seton. Hollett compares the situation to that in downtown Halifax, where if "you can get that close to where you're going, usually you're pretty happy about it." If the distance makes a student uncomfortable about safety, Hollett said the Escort program is available.

In general, Hollett views Mount Saint Vincent University as a "more secure campus than others." This is due to several factors, including its largely female population, geographic location and the fact that it is "one of the few" universities which prohibits the use of alcohol in residence. Apart from some minor incidents, the campus has been free of crime.

Although Security is composed of a staff of five officers, Hollett said, "With the staff we have, we get the job done."

Hollett emphasizes, however, that it's only collectively, on the part of the Security Department and the student body, that on-campus security can be ensured. He stresses the need for open lines of communication between the students and his office.

He said, students must "report things to us in a timely fashion. We want to be approachable."

Hollett said his department will take seriously any reports of suspicious characters or activities observed on campus.

The Campus Security Department can be contacted at 457-6412 for general inquiries (412 if you are using an internal phone); 457-6111 for emergencies (111 from an internal phone). The office is staffed 24 hours a day, for your security and peace of mind.

Alumane...

continued from page 1

graduated in 1981 with a Bachelor degree in Child Study. After graduating she spent five years working in Calgary and four in New Zealand. She returned to Halifax and has decided to volunteer some of her time at the Mount. Jardine reminisced about playing field hockey, the small classes and the approachability of professors.

The Alumnae Association plays a role in conserving the in timate atmosphere at the Mount. Jennifer Mann, manager of the Association for almost a year, graduated in 1988 with a Bachelor of Public Relations. She ined said there are chapters of Mount Saint Vincent Alumnae in Boston, Bermuda and all over Canada.

The Association helps "per-

petuate ties between the university and grads," Mann said. For example, when a student in B.C. is accepted to the Mount, the Association notifies any alumnae in the new student's region.

The alumnae in turn contact the recruit to provide information and a welcome to the Mount community.

"In 1996 the Alumnae Association celebrates their 75th anniversary," Mann said, who is also editor of Folia Montana, (Latin for Leaves from the Mount) a bi-annual newsletter for 13 000 Mount Alumnae.

In past years at convocation, the Association has hosted dinners for the graduates. Last year there was no function held by alumnae for graduates.

Names To Note

Honourary Degrees

Discovery Channel Canada.

Anthony (Tony) Comper, president, chief operating officer and director of Bank of Montreal Catherine (Trina) McQueen, president and general manager of the

Valedictorian

Stephen Conrad of Halifax, Bachelor of Business Administration (with distinction).

The Kappa Gamma Pi undergraduate award

Tanya Sampson of Bedford, Bachelor of Business Administration.

The Kappa Gamma Pi graduate award

Marion Jean Leier of Port Williams, Master of Arts in Education
(Literacy).

President's Prizes were awarded to:

Sonia Marie Hage of Halifax, Bachelor of Applied Arts (Child & Youth Study)

Mary-Ellen Smiley of Enfield, Masters of Arts in Education in Literacy Education.

Senate Medals of Distinction for students graduating with highest aggregate in their program of study were awarded to:

Helen Mary Nieforth, Seaforth Carolyn Ann Wilson, Dartmouth

Michael Roy Crouse, Elmsdale

Lisa Frizzell, Fredericton, NB

D. Michelle Dey, Lower Sackville

Karen Robertson-Tran, Dartmouth

Mary-Jane Covert Scott, Cow Bay

Maria Alejandra Rose, Halifax

Faith Samkange, Gweru, Zimbabwe

Lauraine Logan-Smith, Truro

Bachelor of Arts Honours Certificate in Arts (Women's Studies) **Bachelor of Business** Administration (Co-op) Bachelor of Public Relations (Co-p) Bachelor of Science in Human Ecology Master of Education (Literacy) Master of Education (Elementary) Master of Arts in Education (Educational Psychology) Master of Arts in Human Ecology Master of Arts in School Psychology

NEWS

Conversations With the President; Life, The Universe, and Everything, Including Rosaria. by Fred Robertson

On Friday I found myself in conversation with the President of our esteemed university, Dr. Elizabeth Parr-Johnston. Our talk meandered from issue to issue, including amalgamation, renovations, and the year so far.

Beginning with the later, Parr-Johnston said "We have an extraordinary university, the focus is on students and we have a lot going for us". She added that the Mount is committed to providing a learning environment, an environment where people are empowered and involved in setting goals.

At this point the conversation turned to the issue of amalgamation. The President stated that MSVU has shown leadership in this matter and that the different universities have learned a lot about each other. She also stated that she believes the coalition model is the better alternative. Parr-Johnston stated that she prefers to view the amalgamation process as an opportunity to expand, although she admits that change of this type is often difficult. Her final comments on the amalgamation issues concerned the existence of a business plan that has to be taken to the senate and board before being presented to the Minister of Education and being made public.

From this point our

conversation turned briefly to the issue of Rosaria renovations. The President said that a variety of things went wrong in the process. The University was aware of some of the cost overruns, about 400,000 dollars worth, and these extra costs were approved. From that point, however, controls were not adhered to and there were communication problems. This resulted in a further 600,000 dollar cost overrun that the University was not aware of until September. These cost overruns were a result of the large scope of the problem, and they were not superflous expenditures, but it bothered her that she was not made aware of the problems. Parr- Johnston added that as President she would have liked to recommend decisions to the Board of Governors. She commented that the board has recommended the rest of the project, and it should be finished by the end of January. The President finally said that at the end of this process of renovations, deferred maintenance is down substantially, and is now one of the lowest in the country.

In conclusion, Parr-Johnston said she is optimistic about the future. She added that MSVU does not operate on the same model, focussing on women, Liberal Arts and Science. The President and I concluded our conversation with her saying "I believe in our students, faculty, and what we're about...



Dear Editor

On Monday October 23, 1995, I attended the Womens' Coffee House at the Mount Art Gallery. It was organized by Wendy Anderson and sponsored by the Womans' Studies Society. This evening which showcased the musical and literary talents of local women was an entertaining and spiritual experience.

However, the lack of attendance by female students from this university was noticeable. Now granted, we all are in the academic crunch of midterms, but this is even more of a reason to find an hour of time to celebrate women and Herstory.

Perhaps many of the younger generation of women have not experienced any significant degree of oppression or

discrimination therefore they do not feel the need to come

together with women. A day may come when an event happens in their lives in which they will realize." Hey this happened to me because I am a woman." Perhaps then they will find the time to attend events such as the Coffee House. I hope so. Because, they will be empowered by the strength and diversity so evident in the stories of women.

Editorial

(Just a note, there is absolutely no mention, comment or opinion about the referendum in this editorial).

I love Halifax, don't get me wrong. And New Brunswick and PEI, did it, lived there and loved it. But after I graduate this spring, I'm out of here. Fact is, I have a much better chance of getting a job if I head out west.

Same old story. How many of us have friends now in Montreal, Toronto, Calgary and Vancouver. All those who called relocated friends during Mt&T's ten cents a minute, raise your hand!

Many people I knew from high school and especially those I knew at Mount A have headed for greener pastures out west. One friend with an Education degree worked as a salesclerk on PEI, now at least she's working at a day care (although she did do the Friends working-at-a-trendy-coffee bar thing for awhile). Another has moved up from unemployed in New Brunswick to working at a really cool musuem. Not career rocketing jobs, but a lot better than doing produce at Sobeys or something.

Governments are recognizing the Go West trend too.
Unemployed young people in Cape Breton were recently given the chance of a lifetime! To go to Ontario! They were given a plane ticket to Ontario and money for two weeks of lodging while they looked for jobs. Cool,eh

A few weeks ago a B.C. Paper (The Peak at Simon Fraser) ran a story about Maritime Migration featuring several Maritmers who joined the exodus West. In this case, they only made it as far as Montreal, but here's a quote from the story: "Not only is Halifax, quickly gaining a reputation as one of the hippest cities in North America, it still has clean and salty air, tainted only by the smell of fresh fish being loaded onto the market."

Whew where was she? Not in Halifax. Not unless the smell of fresh fish was odeur de raw sewage. Clean and fresh air, maybe, but don't try for a clean and fresh dip in the harbour unless you want to end up like some freaky, mutated character on The X-Files.. That's all I gotta say.

Night Resource a Plus for Part-Timers

by Kathy Young

This year the Mount Association of Non-Traditional University Students has added a new staff position called the Night Resource Person.

"We are trying to serve the part-time students and make resources more accessible to them," Brent Bartlett, MANUS Treasurer said.

The Night Resource Person will be responsible for the same duties as the Day Resource such as referrals, intake and support services. According to Pat O'Rourke, a Vice-President of MANUS, the Resource Person has a special function in the Association.

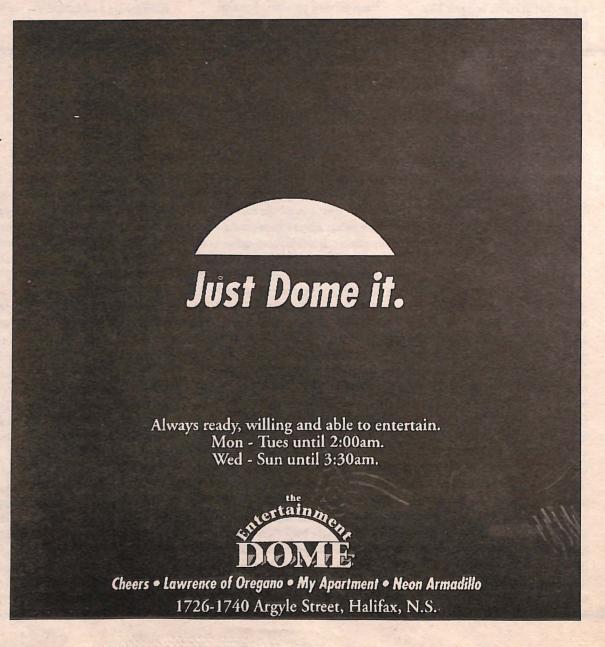
"They act as ambassadors of MANUS by promoting the well being of its members." O'Rourke said. He said the Resource Person does not provide a counselling service. The position was designed to be information orientated.

Night Resource Person, Travers Milo, views his role as one of 'being there' for students. His commitment is to be available on a regular basis to answer questions or point students in the right direction. Milo is the first male Resource Person, but that

shouldn't pose any problem.

"I don't think it comes
down to gender, necessarily. I
may have more visibility because I am a man at a womans'
university. However, I think the
expectations are the same."

Milo's office hours are posted on the Resource door in the MANUS Lounge, Seton 204.





Power Packing a Perfect Lunch by Shelley Casey

If you are like me, a full-time off campus student, purchasing lunch everyday can be quite ex pensive. Packing a lunch is a much cheaper alternative.

Packing your own lunch can also be a healthier alternative and it's can be very easy. I would like to pass on to you a few tips of my own, that may help you pack the perfect lunch.

When packing a lunch be sure to include at least one item from each of the four food groups. Al ways keep the Canada's Food Guide to Healthy Eating in mind when packing a lunch.

Here are a few suggestions: A sandwich made with whole wheat bread (2 grain products). Make it a peanut butter and jam sandwich (1 meat and alterna tives), or tuna fish sandwich (1 meat and alternatives) . If you are tired of bread try putting you favorite sandwich filling on a ba gel, or stuffed in a pita (2 grain products). Instead of a sandwich try a pasta salad (2 grain prod ucts) for a tasty alternative. The recipe can be found below. Veg etarians may enjoy this as well as a pita stuffed with veggies like bean sprouts, tomatoes, and cu

cumbers.

Fresh raw vegetables are something I like to include in my lunch. Carrot or celery sticks (1 vegetable). An apple, or any other fresh fruit (1 fruit), makes a great dessert. For something sweet try some low-fat cookies, Dare Cinnamon Snaps or Apple Newtons are my favorites.

One cup of low-fat skim milk (1 milk product) is a great way to finish your perfect lunch.

Any combination of the above contains at least one item from each of the four food groups. Pack it the night before, and it's ready to go with you in the morn ing.

Quick and Easy Pasta Salad (1 serving)

1 cup cooked pasta (fusilli and shells are best) 3/4 cup fresh raw vegetables chopped (cucumber, carrots, bean sprouts, green pepper) 2 tbsp. Kraft Herb Salad Dress

(Green Tomato and Basil is the best)

Mix pasta and vegetables. Add the dressing when ready to serve. If you are packing it for lunch bring dressing on the side in a small container.

Each serving provides 1 grain product, and about 1 vegetable.

The Trouble With Jeeps - The Devil Factor

by Jason Wingo

Before I begin to downplay what it is to own something so charismatic and distinctive as an illuminating black jeep so early in one's life, 24, I must digress and pause for reflection. It was only eight shorts months ago that I, Jason Wingo, was the unknowing recipient of such a prize. Being a sectioned being living on this little blue ball that I usually call home, I was in spiritual bless with the offering. Humbled by its sheer beauty and brazen appearance, I thanked the Gods of wisdom and dexterity repeatedly as I sat in the driver's seat for the very first time.

How innocent and native I was as to the horror and dismay which awaited me in the very near future.

From the very first drive out to Acadia with my Gringo breathern(perverse ad for another article), to my mishaps in driving to Daytona Beach for spring break 95'(yet another ad for yet another article), my life was filled with a kind of joy and happiness usually found by only a Michael Jordan or the owner of a Subway franchise.

After taking a sabbatical to

Ted Nugent(failing miserably I might ad), I returning to the land of Hel-I-fax to reunite myself with only two treasure of treasures: my girlfriend, Kelly Wentzell, and my jeep!

As for myself and Kelly, that is a story that will not be discussed now(as she would probably dismember this storyteller in some gruesome fashion). As for my jeep, this nightmarish story must be brought out now...now damn it!

For a short time, my relationship flourished with my black beauty of terror. With eyes gazing and hearts pumping, my group of cherished comrades and I enjoyed endless hours of near collisions with police paddy wagons, old women crossing major highways, and pigeons with the specific mission to pour white glopy, "stuff," on us. Regardless of this revelry, our fun was to be rudely interrupted by what I can only describe as The Demon Factor!

It began slowly, really without any real notice of this presence living within the wires, do-hickeys, and whatchamabobs of said vehicle. The jeep slowly began to reveal the ominous thing to me with strange occurrences:

the jeep would not start in the mornings, it would stall on the highway without provocation, and not to mention the hideous voices constantly telling me to stop off and get ravenous amounts of alcohol(sorry, that was the voice in my head, but it still scares me damn it!).

After having it serviced I felt that the problem had been solved...not. The troubles continued to surface, and I was perturbed. Time and time again I would bring my jeep, the problems would seem to go away and then resurface later. This has led up to what happened just last night were I decided to fight the evil with the forces of good. After discussing the situation with my Mother, basically a saint, she offered a vile of pure holy water given to her from God himself.

I took it and left: my mission was clear. At 10:19p.m. with help from the Gringo brothers Dookie and Hemp I faced the beast.

Wearing the pink bra on my head that my father had given to me for my 9th birthday and see through halter top I was prepared. We quoted the passage from the Bible that was in Pulp Fiction and then listed off our favourite peanut butter recipes to confuse the demon thing. Throwing a portion of the holy water on the engine, there was a tremendous thud sound followed by silence. The thud was actually when I mistakenly kicked Hemp in the privates when he was standing behind me and I threw the water at the jeep and ran into the bushes for cover. As I stood there, in a pool of my own pee, vomit, and spit from the sheer fright of what might happen, nothing did. No blast of flame, no figure floating from the jeep engine, no cameo Linda Blair, nothing. Strange.

I continue to drive my jeep with mixed feelings: the demon seems to have removed from the jeep but I ponder the future. Just what was acting as a fiery parasite eating away at the fabric of my joy...I don't know. I can just continue to drive and appreciate the Gods for their help in my quest. As for any of you out there who have experienced the pain that I have just described, I have two words for you: the Bus! Goodbye for now...

Jim's Pizza House



by LeanneMosher

My money hasn't rolled in yet and I still haven't got my Jeep but I'm back and this time am going to tell you about my nightmare experience at Jim's (maybe I shouldn't have gone so close to Halloween). I have heard many stories about Jim's Pizza House; some good, others bad. So, instead of taking someone else's word for it, I decided to check it out for myself and at the same time treat my mother and my aunt to supper.

welcome. We found the 'no smoking' section but had to walk

group of customers come in car rying their own cans of Coke!)

My chicken sandwich was good except that I found it really spicy. I don't know what you would put in a chicken sandwich to make it

through the 'smoking section' to get there. It was in a little room containing six tables (off the main dining area). It was so cold in the room that we reluctantly moved back into the 'smoking section' (it was either brave the smoke or freeze to death). We noticed that another couple made the same U turn as us.

The waitress came with the menu (pizzas, full course meals and the usual fast foods) and took our order. Our order consisted of a hot chicken sand wich, chicken nuggets and fries, and a small order of fish and chips. Their pop was \$1.50 for a glass of that cheap watered down fountain pop. (I actually saw one group of customers come in car rying their own cans of Coke!) My chicken sandwich was good except that I found it really spicy. I don't know what you would put

so spicy (maybe they make their food spicy so you will have to buy more of their expensive pop). The chicken nuggets were 'pressed chicken' pieces. When my mother cut into a piece of fish, the batter trickled out on the plate. The waitress kindly replaced it but by the time she brought it to the table my aunt and I were fin ished eating.

The one good thing they serve is 'rice pudding'. It 's the best going!

If you still want to try it for yourself, here's the lowdown. Jim's Pizza House is located at 243 Bedford Highwayl (on a bus route). I didn't see a sign with their 'hours' and when I asked, all I was told was, 'We close at 11 o'clock tonight". I then said, "I mean when do you open and when do you close through the week". The waitress ignored me and went on about her business.

I asked if there was a 'take-out' menu and the waitress said, "No". Later when we were standing in line to pay, I noticed a stack of 'take out' menus on the counter by the cash register.

The total bill came to \$25. which is not a bad price - but I would rather pay more and get better service and hospitality. Jim's motto is "There are two places to eat, home and at Jim's". I would much rather eat at home. My Mom treats me better and can cook better than Jim's Pizza House any day.

If any of you readers do not care what I say and are going to try it anyway, I hope Jim gives you a better eating experience than he gave me . . . I won't be going back. (I hear through the university grapevine that Jim is also known for his terrible pizzas . . sorry Jim but word does get around.)

Pince Vou're Asking...

Since You're Asking...

a practical advice column for today's impractical world

by Nancy Dorey

In the final two weeks of October, Canadians were drawn to the drama unfolding in the province of Quebec. For the first time in our history, the prospect that the country may not remain united and strong became hauntingly possible. This was no Halloween prank, this was the real thing. Never before, either during the 1980 referendum, Meech Lake or the Charlottetown Accord, have Canadians felt such a sense of frustration, borne from the inability to act. And not in recent times, have we rallied together in such a strong outpouring of national pride and unity.

Political pundits will track the root of Quebec's dissatisfaction and base it in historical, economic and philosophical terms. Ultimately what Quebec can be viewed as is a long-distance relationship with the rest of Canada. I say this because I had someone approach me the other day and say, "You should write a column on long-distance relationships and how to deal with them." I started thinking about the characteristics that define a long-distance relationship, namely communication, understanding, and the acknowledgment of a life lived together but also apart, and I began to see many parallels to Quebec.

First communication. For anyone who is in, or has been through, a long-distance relationship, you know that communication makes or breaks the whole thing. Because you can't be together to sit over the dinner table sharing your day, it is important to feel a part of each other's lives by communicating. Pick up the phone, write a letter or send an email. Your conversations may consist of the weather, the disgusting lunch you had in the Sacreteria, or the fabulous mark you just got on a mid-term. It

doesn't really matter. What matters is that you feel a connection to each other. This connection is lacking between Quebec and the rest of Canada and until it is fostered through dialogue, this particular long-distance relationship will continue to suffer.

Next, understanding. Open dialogue lets each person express their ideas, dreams, problems and their reality and in so doing, allows the other to understand them a little more each time. In a relationship of any kind, understanding is built, like trust, over time. For many relationships, problems arise when one or both sides forgets to have understanding for the other. It's easy to get wrapped up in your own life and forget to think like a couple instead of just an individual. But, it's important to remember that decisions and actions you take effect yourself and those your connected to. I would hazard to guess that many Quebecers forgot this rule of understanding

when they voted to separate, just as many Canadians(politicians) forgot to exercise understanding in the years, months and days leading up to the vote.

Finally, one of the hardest things to do in a long-distance relationship is to admit that each of you have a life together, but are really living a life apart. These opposing but parallel realities represent the most frustrating part of this kind of relationship. You are a couple but you live like singles. What you have to remember is that you have made a commitment to each other and this is the unifying factor. It is like this for Quebec and the other provinces as well. In Canada, each region goes about their daily routine unconnected to the others.

From British Columbia to Newfoundland and all the points in-between, we lead very different lives. But at the end of it all, we are connected as a country with the same national goals, concerns and commitments. Thirty years ago, Canadian author, Hugh McLennan wrote Two Solitudes,

a story of the intellectual divide between the English and the French. It is clear from the referendum results of October 30th, that a deep divide still exists in Quebec and the

country. Communication, understanding and the knowledge that each side can live together but apart, without losing an overall connection, are the ways to bring these two solitudes together. Whether we are talking about a couple or a country. Something to think about.

Please forward your
letters to
"Since You're
Asking,"
fourth floor, Rosaria.



Bulletins, Bulletins, Bulletins

by Ceri Young

VAX.

Okay, so you've probably been wondering what that little message that appears when you log on means. The one that says "New messages in folder STU-DENTS"

It's letting you know that there are new messages on the bulletin board. Bulletins can be very interesting, and if you're having a problem with your account, they can also be very helpful. Posting a message can get you help from anyone on the

So how do you get into

bulletin? Very simple. At the \$ type bulletin. You will automatically be placed in the students folder. Just hit the enter

key to read the messages, until you see "no new messages" at the top of your screen.

There are more folders than just the Students one. All you have to do is look in the directory. Type dir/f at the BUL-LETIN> prompt. You will

see a list of all the folders that are in bulletin. If there are messages that you haven't read in any of the folders, there will be a * next to that folder's name.

To get into a different folder than Students, type select and then the folder name. (With a space between them) Then, just hit enter to read the new messages.

If you want to add a message to any of the folders, type in add. Then, follow the instructions that appear on your screen.

(Just a note: when the computer asks you when the message should expire, just hit enter. It will stay there for two weeks.) If you're looking for help, you'll probably want to put your message in the Students folder. If

you want to talk about hockey, there is a hockey folder, etc. etc. If you have a pet peeve, or just want to complain, post to the Protest folder. There's even a Weird Al folder, for all of you fans out there.

When you're one in bulletin, just type exit. This will get you back to the \$ prompt.

If you run into any problems, have any questions, or want to see something in a future column, just mail me at PICAROPS under the subject of INTERNET. Earlier columns starting with getting registered for an account are available at the Picaro office (4th floor Rosaria).

\$ Bulletin Folder has been set to Type READ to read new messages.

There are 2 new messages.
BULLETIN>(hit enter until you have read the messages)

No new messages. BULLETIN>dir/f

(You will see a listing of all of the folders. Folders with new messages will have a * next to them.)

BULLETIN>select protest (Or any other folder you want to read)

Folder has been set to PRO-TEST.

BULLETIN> add

(follow the instructions to add your message. If you decide not to add the

message, hit Ctrl-C, if you decide to add the message, hit Ctrl-Z)

BULLETIN> exit

\$ log

(Please remember to log out when you are done with your account.

TURNING OFF THE COM-PUTER DOES NOT LOG YOU OUT!!!)



NS LINKS

A Post Secondary Internship Program

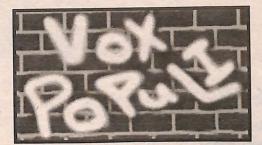
It's time to put some of the theory into practice. If you are a post secondary student enrolled in a field of study employing new technologies, you can gain valuable work experience through the **NS Links** program.

The program makes wage subsidies available to employers enabling them to hire a student for an intership period of 12 to 18 weeks.

For more information on how you can earn while you learn, contact your Student Services Office or the Employment Office located on your campus today.







Words and Pictures by Brian Kerrigan

Here's a real shock for all avid Vox readers. The question for this week was "How do you feel about the Quebec referendum results?" Even if we, as Canadians, are tired of the Quebec separation / constitutional debate, it's still the hot topic of conversation.



Susana Ortiz, 2nd year B.A., "I'm glad they didn't because it probably would have destroyed the country."



Karen White, 2nd year P.R., "I'm glad Quebec stayed because it gives Canada that unique distinction of being a bilingual country, and it Quebec had separated I think it really would have broke down."



Wanda Durling, 2nd year Fine Arts, "We didn't separate right now, but it's inevitable that another referendum is going to arise, and we eventually will separate."



Kevin Letourneau, 1st year B.Sc.., "I'm glad that they stayed. I'm originally from Quebec and have family there, so it's good for us. I heard that if Quebec had separated that Nova Scotia and the rest of the Maritimes would have ended up would have to have to go to the States. I'd rather be a Canadian than an American."



Jeannine MacDonald, 2nd year BBA., " Well I'm obviously happy that their staying in Canada, but I think it's only a short term solution because with that close (a vote), it's divided and something is going to have to be done. There feelings are going to have to be dealt with in order for them to stay with us for a longer period of time. I feel this is a short term solution, prolonging the inevitable, something's go ing to have to be done."



Jennifer Cormier, 2nd year BBA., "I'm glad that Quebec is still a part of Canada, but obviously the results are not as satisfying as a lot of people had hoped. There's a lot of tension in Quebec now, it will be interesting to see what happens."

by: Silent Majority

The Lebanese Philosopher Poet, Kahlil Gibran wrote in his famous work The Prophet, "...in much of your talking, thinking is half murdered." So, am I the only student up to his / her knees in blood? I'm back to school for two months now and it's happening all over again. Who are these people who come to class to talk through the whole thing?

Last year I had a particularly bad experience with oneindividual in a full credit course I was taking. This guy had a deep, dull voice that really carried well. I paid \$610 for that class, plus \$60 in books, and (since I'm on a jag) I think I should put a price on my own time. (Others, like myself who have been self employed will know just what that's worth!) I figured it out to about \$18.45 per student per interrupted class. Perhaps we should start handing out fines to these people.

It seems to always be the same type of people. They sit at the back of your class, yaking away to someone next to them, and acting like their the most important person in the world. These are the same people who, the moment they pick up on something being said in the class

that they think they don't agree with, they must break away from their other verbal commitments to put in their so important opinion. This opinion, mind you, is usually some ludicrous statement that is completely irrelevant to the topic. You know, the kind of statement that leaves the Prof (who's probably already pissed off) with her chin on the floor and a look in her eyes that definitely says, "Why do I bother?" Folks, if you haven't been paying attention for the past 10 - 15 minutes, what the hell makes you think that you know what's been discussed?

It also seems to me that these are the same people that, once their attention is dragged into the class, seem to be copping one of two attitudes to the world. One is the, "I am a wonderfully intelligent person, listen to how beautifully I can word a statement."

You know, these people who are really into the sound of their own voices. People who are really into just how many hideously obscure references they can work into a question in apoor attempt to sound enlightened.Gotta love'em! Then there's the other type, "You can't say that." Ah, and the well

thought out reason for disagreeing with the Prof, " 'cause ... just 'cause you can't!" Thank you for your input.

Did these people miss the lesson in elementary school pertaining to the insufficiency of " just because! " in an argument. Check it out folks, in M.S.V.U., the U stands for University. Please, dig a littledeeper!

I'm not trying to teach manners. If you haven't picked them up at this point it's too late. And I'm not saying I'm a saint. If that were the case I'd have a university named after me. I just want a hint of consideration for the other students in your class, who (like yourselves) paid big coin for these classes. Try some consideration for the Profs too. After all, many are underpaid, they are people deserving the same respect as the others in your class, and at least they seem to be showing up sober and coherent these days!

There is nothing wrong with dialogue in class, after all that's what university is all about. But for those of you who seem to be operating your own 1-900 number out of the back of my class... if you show up, please, shut up!

No Where But Now

by Marco Tejada

Belief, the bard and bordeaux

Justice and truth, good and bad, heaven and hell; I'm not a big believer in much of anything. Sink or swim, do or die, trick or treat, sure; but none of that other stuff for me. I don't scoff at people who believe in God or whatever (unless they come to my door and bother me), I just find it easier (and braver) to believe in nothing. No one to thank, no one to blame for this joyous and messy existence. Things change.

Take my situation. Speeding east in a rental, her hand in mine, the trunk, good tunes, sunshine. Well, the heat busts me doing 160 in a 100 zone. Half my driver's points evaporate on the spot. The screw smiles and hands me a ticket for \$150 I don't have.

But there's a way out for poor saps like me: the Fine Option Program. They set you up with a place to work off your fines. In my case, it was with a local church.

I arrived extra-punctual for my first day of slave labour. The custodian was a nice fellow. He showed me around. I kept tuning in and out during the five-minute tour. I was confused. Most of the time church makes me uncomfortable but this one was different. It was empty. We took the stairs down.

"This is my office," he said. It was a large broom closet with a desk and phone. "They have banquets and meetings in the basement sometimes. The bathroom's over there. Am I going too fast?"

"Hell no. I mean, no."

"Alright," he said, "I have some errands to run. You can get a good friend in back, a case in to work while I'm gone." He left me a list of chores but I explored the basement and catacombs instead. Paintings of Jesus and his saints stared from every corner. I couldn't stand their pious scrutiny, and fled into the kitchen.

Inside I found a box filled with wine bottles. Leftovers from a wedding reception. Or maybe an AA meeting? No matter. Most of

the bottles were empty but a few were half or three-quarters there. I drank them all and they were only mildly flat. Bordeaux. Glorious.

The room began to quiver slightly. Skanky wine. Somehow I made it back upstairs. I was lost. Light screamed through the stained glass, the ceiling trembled, Christ bled on the cross, the saints wept at my folly. I reeled about the pews, stumbled, and embraced the eternal darkness.

Sometime later.

"Father," a voice whispered, "is that you?" I came to, still very

"Father," it whimpered.

I shook my head, cleared my throat. "Yes," I croaked. I was in a confessional. Trapped.

"Father forgive me for I have sinned," she said. What else could I do? I began the rights of absolu-

"How long has it been since your last confession?" I asked.

continued on page 9

The Sisters of Charity

by Brian Kerrigan

This is the first of a two part look at The Sisters of Charity, and the Motherhouse in which they work and live

As students of Mount Saint Vincent University we all are somewhat aware of the schools past, and it's connection to the Sisters of Charity. The Motherhouse stands at the top of the university campus as a huge monument to their influence in the history of this institution. But, as fewer and fewer of the sisters are found in the classrooms of the university, the student body's perceptions of The Sisters of Charity are moving farther from fact, and closer to folklore. The work of the Sisters of Charity is a key to the make up of this province's history, and their present day work continues to be the fruition of Elizabeth Seton's vision.

In 1809 Elizabeth Seton gathered a group of women, through her church congregation, in Emmitsburg, Maryland. This was the beginning of the Sisters of Charity. Seton saw a need to educate and care for the poor, particularly under privileged women. As the congregations work progressed, word spread of what was going on in Emmitsburg. Requests started to come in for assistance in caring for the less fortunate in other parts of the Eastern United States. In New York, the Sisters opened orphanages and schools. Sadly, these operations often filled to capacity soon after opening.

Only forty years later, upon hearing of the work of the Sisters of Charity, Bishop Walsh of Halifax wrote to Arch Bishop Hughs of New York. Walsh felt the situation in Halifax was critical, and that help from the sisters, in caring for poor children, was desperately needed. So in 1849, four sisters arrived in Halifax and set up a convent on Barrington Street.

The sisters immediately

began to take in orphans who were previously living on the street or in work houses. The top floor of the convent was dedicated to the orphans care and education, a school was opened. Before the end of the first month of operation, the sisters had over 200 orphans in their care. This first

marked the start of the first Halifax Infirmary. The remains of this building were left vacant for years, and ironically became known to the street kids of Halifax as Hell's Hotel, on the corner of Barrington and Blowers Streets, was destroyed by fire in the winter of 1993. The current

overcrowded. Many local women were entering the convent, and overall there was a need for space. A parcel of land was found by the Bedford highway, and in 1925 the first college was opened.

The college's goal was educating women in university studies, and breaking away from

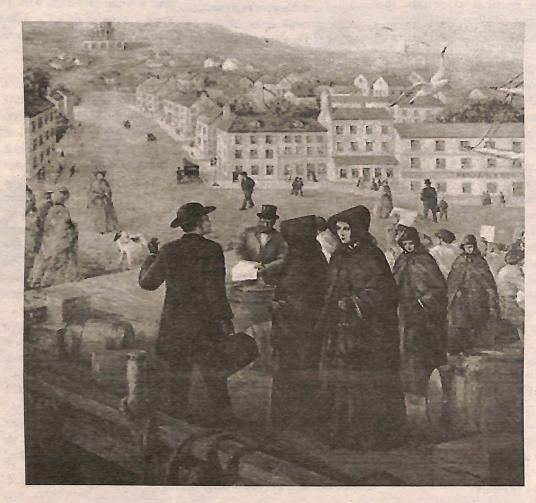
work. Dalhousie professors came to the Mount to teach the novices (women preparing to take first vows), and the women at the college.

By the early 1900's the Sisters of Charity had spread out around the province, with convents in Cape Breton, mainland Nova Scotia and New Brunswick. To bring the sisters travels full circle, in the 1920's they received request to open schools in the greater Boston area and later New York.

In 1951, in the early hours of January 31st, a fire broke out in the kitchen area of the Mount. It was one of the coldest nights of the year, and as a result the fire hoses froze. Low water pressure hampered the firefighters, but miraculously no one was seriously injured. Unfortunately, the building was gutted, destroying the academy, the basilica, and thousands of irreplaceable artifacts.

Construction began on the Motherhouse which stands today at the top of the hill. It was designed as a large building able to accommodate the healthcare of the elderly, retired sisters, the academy, and space for postulant and novice women preparing for the convent. At that time, 40 to 50 women a year chose to begin preparation for joining the sisters.

Special thanks to Sister Maureen Regan and Sister Mary Martin for all their help in preparing this piece.



school opened was Saint Mary's, located close to the present day basilica on the corner of Barrington St. and Spring Garden Road.

The sisters moved out into the community and into the homes of the underprivileged of Halifax. They often went with the poor students back home after school to see how bad conditions were and where to focus their work. The sister's work expanded into the care of the sick, and the care of elderly women. This

Halifax Infirmary was operated, with government assistance, by the Sisters of Charity until 1973.

The work of the sisters at this point had expanded to the orphanage, teaching, the Infirmary, social work and care of the elderly. The Home of the Guardian Angel was set up on Brunswick Street to care for foundling children. This was a home for unwanted babies to be cared for, and later became an adoption agency.

By 1873, Saint Mary's was

the stereotyped training of the day. The Sisters of Charity had the foresight to see how beneficial a diverse education would be in preparing the sisters for the challenges of the world and their

Where No But Now continued from page 8

"A long, long time father."
Oh boy, here it came. An hour's worth of her sins. Anger. Greed. Envy. More anger. Ho-hum. It was a strange and sad litany, half of which I felt she invented. I pitied her. I pitied the real men of the cross, trapped in these crates;

humanity's floor mats. I pitied their strange courage.

She was winding down now. I gave her some prayers to recite and blessed her. She thanked me and left. I waited a moment, then stepped out of the confessional, a shaken and changed man. The experience troubled me. Maybe I did believe in something after all:

Basic kindness to others.

By the time the custodian returned I'd wiped a century's dust off the windowsills and polished the organ pipes 'till they glowed. At noon we broke for lunch. I went home and did not return.

I learned my lesson. I will never speed again.

TEACHER TRAINING CERTIFICATION* OPEN HOUSE

MONDAY, NOVEMBER 20 • 6:30-8:00 p.m.
Best Western Glengarry Trade & Convention Centre
150 Willow St., Truro (1 km SE on Hwy. 2)

*Elementary, Secondary & Physical Education Certificates
One Year Program: one semester at St. Bonaventure University,
one semester student teaching in Canada

Classes begin in September and January
For more information, call Debra L. Finnessy, Director
of Canadian Programs at



1-716-375-2086

This program has been approved by the Ministries of Education in Ontario, Nova Scotia and British Columbia

St. Bonaventure University is located I-1/2 hours south of Buffalo, New York

ARTS & ENTERTAINMENT



Worlds Away and Back Again Strange Advance

If you like Strange Advance, you'll probably like this CD. Then again, if you like Strange Advance, you probably already have just about everything on this disc. This CD is a nice greatest hits album, but a useless comeback album.

For those of you who don't know, Strange Advance is a early to mid eighties techno pop band. They basically disappeared in the nineties, except for the compilation album 60 minutes with Strange Advance. If you like techno pop give them a try, but listen to the 60 Minutes album, not "Worlds Away and Back Again.

- Fred Robertson

The Road Home Heart

If you liked the Heart of the 70's then you'll love this new CD by the Wilson sisters. The Road Home is a refreshing look at Hearts past and present work with a real earthy feel. It was recorded live in Seattle, Washington, during the summer of 1994.

Stripped down to just the bare musical essentials, this accoustically brilliant album really exposes the true talent that this 20 year old band hassd to offer. Aside from the acoustic versions of perviously recorded Heart songs such us "Barracuda" (which is a powerful acoustic version of what was already a powerful studio recording). there are a lewcover songs such as "River" by Joni Mitchel! which was a high point for me and "Seasons" by Elton John which is a beautifully emetional song. My favourite cover of all is "Love Hurts" by Nazareth where Ann Wilson really belts it outy, giving me shivers every time I hear it. "Cherry Blossom Road" which is a new song for Heart, is a kind of bluesy, gutsy, sexy song about a girl driven by desire for the man she wants and losing her virginity And of courtse there is the title track "The Road Home" that offers a real down home, back to basics kind of feel. It actually sums up the entire CD. This is Hearts return to the soul of their music and what a return it is.

-Barry O'Heurn

Triple Scoop
Various artists



Triple Scoop is the perfect CD for the student. It has a varicty of uses because of its assortment of artistic styles. You could use it as a late night study aid; If you are up late and listening to the same style of music over and over again, then you will eventually fall asleep on your text book. You could use it for party music for that same reason. This Cd has over a dozen Artists featuring almost as many styles everything from rap to metal to rock to alternative. This "Potpourri of music sounds" is the best CD 1 have ever reviewed. (Not to mention the fust)

- James Tilley

Conquistador 13 engines

What the hell happened to these guys? John Critchley, one of the two main writers for the band and lead vocalist, seems to have run out of interesting commentary. It might be too harsh a statement, but if actual lyrical content is of any importance to you as a listener, this project falls flat. The intrinsical lyrics and deep, gutsy music which marked the last CD, Perpetual Motion Machine, just didn't show up this time around.

In fairness, the band's playing has still got the groove, but it has been flattened out by more mainstream production. John Critchley's vocal style might best be described as Lou Read, Neil Young, and very, very early David Bowie rolled into one. His narrative drips with the angst / anguish of a Canadian Gen-X'er. It's an acquired taste, but given time and the right lyrics, it works well.

There are a few tunes that, simply for the riffs, are worth mentioning. Songs like beneath my hand, reptile boy, vermilion, zone, and the listener, rock instrumentally; but without strong lyrics end up sounding like the Tragically Hip with nothing to say! 13 engines, and their label EMI, were a little perplexed at the lack of response to the last CD in the U.S. market. The lobotomized nature of Conquistador definitely wont help matters south of the border.

So, if your favorite color is gray, If your hockey team is the Hartford Whalers. If your idea of fun on a Saturday night is hanging out at the library. Hey, this piece of middle class suburbia will speak volumes to you. But, if your leading a little more inspired life, pick up Perpetual Motion Machine.

- Brian Kerrigan



Reel Life
by Shawn Miner

From November 6 to 12, Reel Life Women's Film and Video Festival will take place in Halifax. Screening over 30 films and documentaries the festival promises to "promote women's expressions of their distinct perspectives". Reel Life, a relatively new festival, sprang from the Women's Program of the Atlantic Film Festival

Reel Life brings to light a diverse mixture of local, gational. and international works dealing with a wide variety of subjects which are often ignored, whether intentionally or not Under the Knife: Personal Hystones, by Pam Hill deals candidly with "the personal impact" of hysterectomy. Staplanther is a Manisons video which explores line dancing in the LGBQ commenty. The same November 7 bill features Fancy Fenders, a video detailing the lives of Fancy Feeders. Sweene, and Nobody, three female long-distance truckers. Silent Witness described as "a poctic diocumentary film", explores "the world of people who live and work on [the] sites of former World War 11 concentration camps". Habits of Crimson and Saffron: A Story of a Numery in Tibes will be screened Thursday night with the director in attendance. With the exception of the Friday night screening of The Incredibly True Adventure of Two Girls In Love, which takes place at Wormwood's new location on Cottigen Steet, all viewings will be held at the Art Gallery of Nova Scotia Ticket prices for the evening screenings are \$7 (waged) and \$5 (unwaged). For further information check one of the festival programmes available around campus, or call the Festiva HotLine at 453-FILM.

WE WANT YOU: TO BREAK NEW BANDS: SET UP COLLEGE PROMOTIONS GO TO ALL THE GIGS. TELL US WHAT'S HOT AND WHAT'S NOT...

SONY MUSIC CANADA IS CURRENLTY LOOKING FOR FULL TIME UNIVERSITY STUDENTS TO JOIN OUR NATIONWIDE COLLEGE MARKETING DEPARTMENT AS COLLEGE REPRESENTATIVES IN THE FOLLOWING REGIONS: VANCOUVER, CRLGARY, EDMONTON, TORONTO, LONDON, HAMILTON, MONTREAL, OTTAWA AND HALIFAX.

THE COLLEGE REP WILL WORK CLOSELY WITH THE COLLEGE MARKETING DEPARTMENT TO IMPLEMENT CREATIVE PROMOTIONAL STRATEGIES FOR RITEANATIVE MUSIC TRADETING FULL TIME SECOND YEAR ON HIGHER, STUDENTS WITH SOME FORM OF RELIABLE TRANSPORTATION, AS TRAVEL IS REQUIRED. A KNOWLEDGE OF MUSIC IS ESSENTIAL TO THE INCUMMENT'S SUCCESS IN THIS POSITION. OTTAWA AND MONTREAL CANDIDATES REQUIRE PROFICIENCY IN DOTH FRENCH AND FORGISH. FOR IMMEDIATE CONSIDERATION PLEASE SUBMIT YOUR RESUME TO SONY MUSIC CANADA, 1121 LESLIE STREET, NORTH YORK, ONTARIO, M3C 219. BITN: COLLEGE MARKETING DEPARTMENT.

ARTS & **ENTERTAINMENT**

A Study in The Dynamics of A Mosh Pit

By Karen A. MacGillivray

O, how to explain the preconcert feeling? As I waited patiently to be admitted to the Green Day concert (amidst the "interesting" smoke smells and at least 25 gallons of various hair dyes) my tummy was aflutter, my skin was tingling, and my neural synapses were going berserk. Above all, there was a feeling that this would be the most exciting night of my life... that is, if I survived. My ticket and the tickets of 1999 other people were labelled "Floor -

General Admission"...In other words, I was about to be plunged into my very first MOSH PIT, one that would contain no less than 2000 people! Fol-

lowing a thorough body

search, my friends and I made our way to the pit; to our dismay, it was practically empty. "Oh well", we shrugged, "if we wait, the rest of the pit pioneers will come". We prepared to wait; boy were we old fogies! The average age of the concert - goers was approximately 15... and the kiddies decided that a mosh pit should not have to wait for the band! So, for at least a half an hour before the show even started, the crowd surfing began. As an unsuspecting member of a fairly populated part of the crowd I learned two things very quickly: one, when you sense a shadow overhead, it is a good idea to put your hands up because that shadow probably belongs to an airbourne PERSON (most of whom wear damn big boots); and two, if you see the people in front of you looking alarmed or doing the above, play Simon Says and pretend that Simon is a mime!). I only got kicked in the head once, I guess that is a good record.

By the time the opening band started, the crowd was teeming with teenage energy (mine included...I'm only 19 you know). Anyway, note that when the music actually starts, the dynamics of a mosh pit change slightly. As far as crowd-surfing is concerned, the above still applies, however, be advised that people stop caring as much and you can't really bank on their responses. Also the

lights are out, so no shadows... It's risky but exhilirating!

When the music starts, that is when the moshing begins. I have five golden survival tips for the mosh pit:

1. Go with the flow; you actually have a greater chance of staying upright, and you conserve energy! This way you don't take up as much space, thereby becoming less of a target. AND if you are trying to get closer to the band, you cover a

> lot of distance this way.

2. When areas open up on the floor, STAY AWAY unless you really want to split your skull (and theirs) open, as they clear

areas in order to attain greater momentum.

3. If you are really crazy (like me!) you will want to spend most of your time as close to the stage as possible. But be prepared for the faster and more popular songs - when these come on, there is a violent RUSH to the stage, and the Law of Conservation of Space dictates that the people closer to the stage will be severely squished. Also, theses things tend to excite the moshers, just like when heat speeds up little gas molecules, causing them to collide more violently and with greater frequency; I actually kept expecting the crowd to liquify.

4. If you have had enough and/or want to take a breather, head to the back. Do this as if you are walking backwards but again, go with the flow to minimize collisions. One of the good things about the Metro Centre Halloween night is that they were actually showering the crowd with cool air! So just when you thought you were going to overheat and/ or suffocate, POOF!

5. You have to prove yourself in this pit where only the fittest survive. So show your physical prowess and don't take anything off anyone! Push, pull, scream,

OH, and you would be amazed at what you find on the floor of a mosh pit. My friend lost

Painting the Town Green

by Carrie Warner

After a twenty minute wait out in the chilly Halloween air. I finally reached the door to the Halifax Metro Centre. There I was with thousands of other people, waiting to see Green Day in action. Just as I walked through the door I realized why we were

forced to wait so long outside. They were frisking everybody! Before I could go through the turnstile, I had to have some strange woman's hand on my pants and jacket.

It was quick and painless, though (and probably necessary because it was Halloween), and I was soon on my way to my seat.

For the first time in my concert-going career, I had Upper Bowl tickets. If you've never had to sit up there, let me tell ya, it really is way up there! But I wasn't worried about it, after all I was there to hear the music. There were already a lot of people on the floor, and some of them were crowd surfing to the preconcert tapes.

The lights finally dimmed at 8:00. A tremendous cheer went up from every direction, and the concert was underway. The Riverdales were up first. I had never heard them play prior to

that, so I wasn't sure what to expect. When the music started, it sounded pretty great. Then the singing started. From where I was, I couldn't make out any of the words, but I just figured it was because I was so far up that the

didn't disappoint me in the least. It was great! Just like any other rock concert there was the odor of strange "cigarettes" behind me, and an obsession with glow stick fluid a few rows ahead, but the fact that it was Halloween didn't seem to cause any huge problems.

There was some sort of incident on the floor, though. Apparently somebody had thrown a flaming object into the middle of a group of moshers. Whoever had done it got quite the lec-

ture from Billy Joe, telling him in no uncertain terms that it was a stupid thing to do.

Fans went crazy over hits from Dookie, and were quite receptive to the new stuff from Insomniac, as well as a few songs from Green Day's first two releases. After an hour of playing music, and hinting at civil disobedience, the concert was over. No prolonged good-byes, just an abrupt "see ya" and it was over. As we all filed out, I looked around at the mob scene and thought to myself that what they say is true. Halloween really does bring out the weirdos. But hey, if you can't beat them, join them!

DAY GREEN

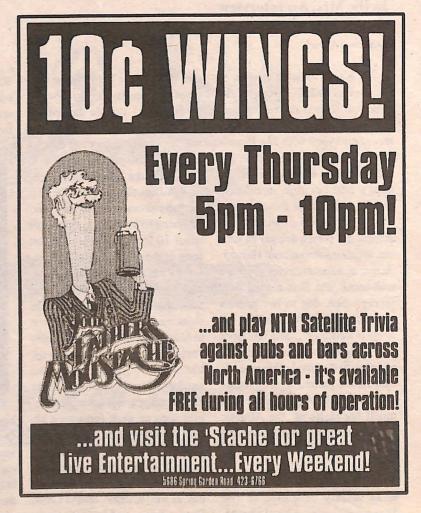
lyrics were distorted. After talking to some of the people from the floor, however, I found out that the same feelings came from those right in front of the stage. The Riverdales played a twentyfive minute set, and then there came another twenty minutes of intermission.

During the intermission, a lot of the empty seats quickly filled up. At last the lights went down again. From ten minutes to nine until approximately ten minutes to ten, thousands of screaming fans got to hear Green Day at their best. I was expecting there to be a bit of a difference between the vocals on the CD, and the live sound, but Billy Joe's vocals

his watch! On the other hand, I found this neat little Green Day pin (semi - crushed), that I have been wearing proudly all day. It symbolizes something very cool; after all, it survived the Halloween Mosh Pit - and so did

*Please note that this article was written entirely as a joke; the author takes no responsibility for any injuries incurred if a reader decides to take the author's advice.

INTERESTED IN WRITING **REVIEWS?** COME TO OUR **NEXT STAFF** MEETING. TUESDAY NO-**VEMBER 7 AT** 12 NOON.



I Lik the Waltons

(That's "like" not "lick")

By Andrea Bannister

Relaxed and laid back just two hours after flying in from Toronto, Jason Plumb and Keith Nakonechny of the Waltons, are in Vinnie's playing with a laptop computer.

"We found it on the plane and decided to take it," Plumb says, smiling.

Plumb, lead vocals and acoustic guitar, and Nakonechny, vocals and bass are two members of the Waltons. Joined by band members, Todd Lumley, keyboards, vocals and the trademark accordian and Sean Bryson, drums, the Waltons played Vinnie+s Pub last Thursday.

Plumb and Nakonechny took a few minutes before their sound check to talk about music, touring and Lite-Brites.

"This is our first tour in a month," Nakonechny says. "We took time off to write. We rehearsed for a day before today"

Halifax is the first stop in their month long tour across Canada, highlighting their new album cock's crow. It's been three years since the release of their first album, Lik My Trakter (that's pronounced "Like") and although they recently put out an EP, this is just their second full length album. Nakonechny promises the wait between albums won't be as long this time.

Fans of the first album remember the Waltons' acoustic, folky sound and clean beautiful harmonies. While, their second full length release has the trademark sound, there is more of an edge and complexity.

"It's a bit more plugged, I guess," says Plumb.

Nakonechny adds that the characteristic accordian still rings through. "Actually, I looked (at the liner notes) and found there's more accordian in this album."

The Waltons hail from the Saskatchewan. They do have a Maritime connection though. Their drummer, Sean Bryson, the newest member of the band, is from Cole Harbour.

While promoting Lik My Trakter the band crisscrossed Canada, the States and Europe and toured with bands like The Barenaked Ladies and Shane MacGowan (formerly of the Pogues). Right now they+re staying in Canada.

Plumb and Nakonechny's sense of humour is reflected in their latest album. Take a look at the cover for cock's crow. They claim to be the orginators of the creative Lite-Brite design.

Plumb jokes, "Next time, we'll call our album Lik My Lite Brite."

Great Show... Too Bad You Missed It by Picaro Staff

On Thursday, November 2, the *Waltons* and *thinktank fish* performed at Vinnie's. Although any crowd at all was noticeably and regrettably absent (the doors had been open for nearly three hours before the audience outnumbered bar staff), both groups performed outstanding sets and greatly impressed the audience.

thinktank fish, celebrating the impending release of their "6:00 News" video which features "over 200 images from CBC's news archives", performed with energy and a surprising dignity, despite the low turn-out and a 26 hour train ride. Watch out for this up and coming band and

The leader singer of Thinktank Fish

check out their debut CD TV Lies, you won't be disappointed if you enjoy intelligent, tuned-in lyrics, and catchy technicolour melodies which you'll be humming for days. The Walton's, performing in Halifax for the first time since March, were a bit sarcastic about "the lack of celebration" among the concert-goers, as lead singer Keith Nakonechny phrased it, but they too played with the enthusiasm for which their live shows are known. In a set that included pieces such as anti - love songs that wrenched heart strings, the Waltons's awarded the audience member who knew the time of a song

with pre-sliced, shrink, wrapped luncheon meat. It might sound really stupid, but it was really funny. The Waltons played a number of tunes from their first album Lik My Trakter, such as "Colder Than You" and "Naked Rain," but also introduced the crowd to the songs off their 1995 release cock's crow. As well Keith Nakonechny seemed pleased to be playing at Vininie's, saying that "I'm in a school, it's really a school. Wow - everyone is so quiet and attentive. Usually people are throwing up" and "If it wasn't for you, it would be just another night of rehearsal". Quite the pair of compliments, heh?"

In the Mix, An Interview With D.J. K.

by Shawn Miner

Karyl Adams, known to her fans as D.J.K., is one of the very few female dance-bar deejays in Atlantic Canada. During a recent interview with *The Picaro*, she discussed with passion the groovy music that makes people happy and her role in helping transform the local dance scene.

For the past nine years Adams has been a dee-jay in various locations throughout Halifax. Active in musical circles since her mid-teens, she first started dee-jaying when, due to her interest in music, "Somebody asked me to do a wedding". She has been providing the beat ever since. In addition to the invaluable real life experience gained mixing music in the booth, Adams has fine tuned her skills at the Atlantic Broadcasting Institute, graduating with a Radio Broadcasting Diploma.

These days, she plays a wide variety of music at *The Stonewall Tavern*, a local alterna-

tive bar, where her greatest moment as a dee-jay occurred when "a 50 years+ couple danced together, they later told me that it was the first time they had danced together in 30 years".

Unlike a number of deejays, Adams always plays the music the patrons want to hear, and has been to known to take a request 10 minutes before the last song of the night. As well, she always ends the night's dancing by playing two waltzes. "This is the time that couples can dance to slow music. A romantic person at heart herself. Adams atttempts "to bring the romance back to the bar scene". Judging by the number of couples slow dancing and the happy and contented expressions on their faces on a recent Saturday night, she has succeeded. In contrast to the waltzes, Adam's evening's danceable options include "the top ten of today, as well as disco, Sheryl Crow, Shania Twain, and late 80's, early

90's favourites". Her playlist is constantly changing, both in response to new music and requests from customers. Although a lot of



her current music comes from Quality Music, Adams is constantly on the lookout for new music to which the patrons can boogie away the night. Despite the extra effort Adams puts into pleasing the customers, the results definitely are worthwhile as D.J.K says, "its a rush when the crowd applauds and screams for more".

Adams knows her crowd and knows what music makes people happy. When some regulars arrive at the bar, she puts on music that patrons have come to hear and dance to .

A self-confessed "pun person", Adams enjoys playing the "happy beat" of dance-music. This "happy beat" serves a variety of purposes. As she says, dance-music is "a great way to meet new people and a great way to get to get your daily frustrations out"

Adams knows that "the floor is a place to be free (that's the writer in me dear)".

At the end of the night, Adams plays from Wednesday to Sunday, she frequently asks patrons what they thought of the night's music and what additional songs they would like to hear. She is genuinely interested in pleasing the patrons and bringing out their inner joy.

Professionally, she was the Assisstant Co-ordinator at last year's Dance Music Conference, a weekend during which the Canadian industry meets, greets, and dances all night long. As well Adams has written and produced a documentary that was aired. In addition to her work as a dee-jay Adams is writing Locket of Dreams, a romance novel.

So, if you feel the need for an erergy that won't leave you feeling bitter and frustrated check out D.J.K. Her music is fun, varied, and sure to make even the person who "doesn't like to dance" start to tap their feet and move to the rhythm. After a few spins on the dance-floor, say "Hi!" to the woman who allows inner joy to flow, spin, and gyrate to the groove while a disco ball spotlights the night.

Photo - Brian Kerrigan

SPORTS

Athletics Booster Nights

Night you ask? It is an opportunity for you to get out and show some school spirit, cheer on some of the best teams in the Atlantic Colleges Athletic Association...your own !!! and win money and

On Wed November 22 the Athletics Office will officially kick off the intercollegiate season with the first Booster night.

That evening the Mystics will play host to the Nova Scotia Teachers College Hawks. The women play at 6pm and the men follow at 8pm.

This really is some of the best basketball being played in the city. Come and check it out.

There will be noise makers, lots of cheering and you will have the opportunity to "

What is a Booster Shoot for The Loot ". The prize starts at \$20. It costs you one loonie for the chance to make a basket from centre court to win the twenty bucks. Each night the money will increase if the prize isn't won. During the evening there will be random draws made for Pepsi prizes and product. You could also win a ticket on a chance to fly with Air Nova. But

> Other Booster nights will be held Wednesday, January 17 and 31 and Wednesday February

> remember, you can't win anything

if you don't show up.

Don't forget too that the Mystics will be hosting the Atlantic Colleges Athletic Association Basketball Championships here in Rosaria Gym Feb 24 and 25.

You're in for a great year...Don't

EVEN "FRIENDS" COUNTS

by Christy Smith

The Athletics and Recreation Society will stop at nothing to increase intramural participation, even if it means including an evening of "Friends" to boost interest.

"There's been an adequate turnout, but we're not reaching a lot of students," said Joey Clancey, newly appointed president of Athletics and Recreation. "This year, members will go out of their way to make sure everyone is aware of what's going on."

This 35 member society caters to every student: part-time, fulltime, off-campus and resident. The society has developed a "Student Interest Survey" in an attempt to know more about the interests of Mount students. The survey has been circulated randomly by the members to over 200 people, including representatives of every Mount society.

According to Joanne Burns-Theriault, recreation officer in charge of intramurals, "Students are just starting to get into the swing of things with their classes and may not be aware of what's offered or when

intramurals take place.

"It's hard as an off-campus student," said Shawna Penny, a second year student of child and youth studies, "Because you aren't aware of how to become involved or when they happen."

Wanda Durling, a resident student in her second year of fine arts said, "It wasn't welladvertised, and we weren't given very much notice of the events." Not knowing when intramurals are happening occur, may be the reason for low attendance.

At the moment, their only promotion is the posters that hang down in Rosaria, listing when and which sports are played: Badminton 12-2p.m. everyday, soccer on Wednesdays from 3-4:30p.m. and volleyball on Thursdays from 8-10p.m.

Burns-Theriault said the Athletics and Recreation Society have trouble competing with the hit comedy sitcom, "Friends", which airs the same time as volleyball intramurals. In an effort to compete, recreational volleyball will take place between 8 and 9 p.m. and then players will adjourn to Vinnie's Pub to watch the show. "Friends night"

attempts to accommodate students' needs.

Burns-Theriault also said the society is looking into offering the students non-traditional activities to encourage

participation. The society already held a bowling night and is looking to offer skating nights, special tournaments like "sockey hockey" and society challenges.

"There's not as much interest or focus on competitive intramurals," said Burns-Theriault, "But there is an activeliving trend."

Starting on Tuesday evenings in November, the society will hold four classes on Healthy Active Women: Instructing Sports for Women. It will teach the rules of the game and the women can go out and try it for themselves after instruction of various sports. These activities will include volleyball, floor hockey, badminton gymnastics.

Thanks to the efforts of the Athletics and Recreation Society, with their surveys and new activities, participation may get a boost. Students need only show up to become involved.

Pepsi Athlete of the Month



Wendy Spence

This month we are pleased to award the Pepsi Athlete of the Month to our Soccer Keeper Wendy Spence.

Wendy accepted the responsibility of playing keeper three years ago because basically no one else wanted to. But like a lot of things Wendy takes on she did it with perserverance, dedication and the desire to do a good job. All her hard work paid off this season when she finished the season with the best goals against record and was selected as ACAA All Conference Goalkeeper.

Congratulations Wendy our Pepsi Athlete of the Month.

Upcoming **Events**

Thur.Nov.23, 1:00-4:30pm: St.John Ambulance First Aid Course.

Fri. Nov.24, 3:15-5pm: MSVU Student Volleyball Tournament. All are welcome to attend. Teams of 6-8 players. \$3/Player includes

Fri. Dec.1, 3:15-5pm: Student Sockey-Hockey Tournament. \$3/ Player, includes pizza. Teams of 6-8 players.

Sun. Dec.3. MSVU Christms Skating Party, Metro Center.

Mon. Dec.4, 10:30-1:30pm: MSVU Student Christmas Craft and Bake Fair. Book your table with Joanne in Athletics, ext. 369.



GET A KICK OUT OF THE PIC. WRITE FOR THE SPORTS SECTION!

SPORTS

CAMPUS INTRAMURALS

by Helen Smith

Tired of studying for midterms, writing papers and endless hours in the library? Well why not relieve some stress and drop in for some Campus Intramutals.

Athletics and Recreation provide timeslots Monday to Friday for various co-ed sports activities. These include badminton. soccer. volleyball and basketball to name a few.

If you are interested in dropping in to any of these activities or starting your own intramural team, call Athletics at 457-6152 or drop by and see how much fun this will be. And temember, it's Free!!!

MON	TUES	WED	THURS	FRI
BADMIN.	12-3 BADMIN	12-2 BADMIN	12-3 BADMIN	12-1:30 BADMIN
3-4:30 MANUS ACTIVITIES		3-4:30 INDOOR SOCCER		1:30-3 PICK-UP BASKETBALL
	8-11 BADMIN CLUB		8-10 SOCIETY VOLLEYB	3:15-5 TGIF SOCIETY EVENTS

SOCCER MYSTICS SECOND IN CONFERENCE

The Mystics soccer team finished second overall in the Atlantic Colleges Athletic Association with 7 wins 3 losses and 2 ties. The team then went on to play for the conference champtonships. They were matched against St Thomas University from Fredericton. They had previously lost to and defeated this team in regulation play.

The teams were fairly evenly matched but at the 90 minute mark STU had edged the Mystics by one goal.

"We played well," said head

Coach Patsy Pyke, "maybe a little tentative, but nonetheless I thought the team worked well together. That has been the key to success for us all year. Any good team plays well when they all work together and I believe that this is a good team. I am already looking forward to next year and having this group back together."

Congratulations to the team and to Wendy Spence, Erin Atkinson and Jackie MacLeod for being selected to the ACAA All Conference team.



Volleyball "SET" To Go

The Mystics Volleyball team is picked and set to go with a little different look this year. The team will be under the direction of Jackie Coyle Unless you followed the Mystics Volleyhall scene a few years back you might not recognize our new Head Coxda. Jackie is a former Mystic baself and is excited about her new coaching position and being back at the Mount. She will be assisted by June Limsden and Sue Stephenson.

The team consists of veterans Angle Gamer, Andrea Hurley, Dervel Gardener and Heather MacIssac. They are joined by Heidi Crawford, Tanya Diamond, Jennifer Hardie, Sheri Lee McKenna, Lisa Panerson, Christy Smith and Wendy Spence.

The team will open their home season Saturday November 11 when they host UNBSJ at 7pm in Rosaia Gym. Join them this year as they set out to defend their Conference Title.

Mystics Basketball Teams Ready to Roll

The Nancy Rowell Jackman Chair in Women's Studies

presents

Frances Fox Piven political scientist

"Women in the Vortex of Poorhouse Politics"

Thursday, November 16, 1995

7:30 pm in
Auditorium D
Seton Academic
Centre
Mount Saint
Vincent
University



Both Women's and Men's Basketball teams have been selected and are hard at it in preparation for the upcoming season.

Members of the Mystics Women's Baskerball Team include veterans Pam Brennan, Andrea Hill, Jenniser Isonor, Amher Leahy, Pam McCulloch, Emily Murray and Melissa Stevens. They are joined by rookies Jennifer Acker, Susan Giffin, Amy MacKay, Sheila Mutphy, and Amanda Swales. The Men's team consists of veterans David Brien. Mark Clarke, Todd Hirle, Arthur Lunn, Craig Miller, Andy Stanley, Matthew Swain, and David Wilson They are joined by Malik

Sampson, and Robert Sysak.
Both teams are working hard towards their first home game on Saturday. November 11, when Mount Allison University travels

Adams, Jason Brunt, Craig

to Halifax to play. The wears start at 2pm and the mea folion at 4pm. On Sunday, November 12, the teams host the University of New Brunswick at Saint John at 12 noon and 2pm in Roseria Gym.

Mark those dates on your calendar right away. It's going to be an exciting year as the women work to seach the ACAA finals and the men defend their conference title.

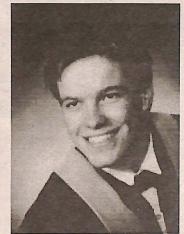














M.S.V.U. "Official Graduation Portrait Photographers for 1995-1996"

Now booking appointments at the Student Union Office, phone: 457-6123 to book your Grad sitting.





Book Dates: November 21 - 24

Sitting Fee: \$15.00 this includes ...

... choice from a selection of six or more colour proofs

... profesional make-up artist available (complimentary)

... four B & W, job application or publicity photos





Heckbert Studio & Gallery

PROFESSIONAL PHOTOGRAPHERS

Danny MacArthur, M.P.A. – Marc MacArthur
Accredited Portrait Photographers
"Master of Photographic Arts"
Members: M.P.P.A. P.P.O.C. P.P.O.A.

(All Faculties welcome - All hoods provided)













CLASSIFIEDS

SOCIETY NEWS

MARS would like to thank everyone who performed during Busker Days and a special thanks to all those who contributed to MARS. Remember other societies are from Earth, but they are from MARS.

The History Society would like to thank everyone who contributed to their bake and book sale on Oct. 26. It was a great success! AND... the History Society would like to announce that they are the proud recipients of the Society of the Month Award from Student Union for the month of September. Congratulations!

Society volleyball takes place every Thursday from 8-10 p.m. in the Rosaria Gym. All are welcome; teams are put together as participants arrive. Admission

MOUNT **ANNOUCEMENTS**

Co-operative Education deadline for applications is Tuesday, Nov. 14. Second year fulltime students in the business administration and human ecology programs and first year public relations students are encouraged to apply. Applications are available from the co-op secretary for each co-op program.

The second in a series of lectures will take place on Thursday, Nov. 16, as political scientist Frances Fox Piven gives a talk on "Women in the Vortex of Poorhouse Politics". Thursday, Jan. 18, 1996, film maker Kathleen Shannon will give a talk on "Feminism and Points of View". Both lectures take place at 7:30 p.m., in Seton Academic Centre Auditorium D. For more information, please call Charmaine Gaudet, at 457-6339 or fax at 457-0579; E-mail: charmaine.gaudet@msvu.ca.

OTHER UNIVERSITY **NEWS**

On Wednesday Nov. 11 at 8 p.m. The Department of Germany at Dal will be showing Emilia Galotti at the MacMechan Auditorium, Killam Library Building. Admission is free.

COMMUNITY EVENTS

The Chebucto Symphony Orchestra, conducted by Christoph Both, will be presenting a concert Sunday, Nov. 12 at 8 p.m. At the Queen Elizabeth High School located at 1929 Robie Street in Halifax. Admission is \$9 and \$7 for seniors and students, children \$5. Tickets will also be available at the door.

The Schizophrenia Society of Nova Scotia (Metro Chapter) will hold its monthly support meeting on Wednesday, Nov. 15 at 8 p.m., in Room 217 of Bloomfield School, 2786 Agricola Street in Halifax. The support meeting is open to anyone interested in learning more about schizophrenia. Family members and those with schizophrenia can share experiences with others and make new friends. For more information, please call 1-800-465-2601.

Survivors In Search of a Voice: The Art of Courage will open at the Art Gallery of Nova Scotia on Nov. 11 and run until Dec. 10. Survivors covers the spectrum of contemporary art, from painting and sculpture to traditional crafts and avant-garde minimalism. The exhibition is steeped in the fears and hopes of breast cancer survivors. For more information, call public relations officer Ann Marie McKinnon at 424-8935.

The Heart and Stroke Foundation would like to remind you that November is CPR Awareness Month. CPR courses and special events are being organized across the province. Watch for a CPR event in your community! For more information, please call Fiona Gibb, at 423-7530 or 1-800-423-4432.

When you learn that bagpipes are going to be the focus of a musical event, do you look forward to it with breathless anticipation or are you more likely to plan to leave the country for awhile? If the former, then mark your calendars for Sunday, Nov.12 when local pipes enthusiast Glenn Coolen will be give a free performance at the Maritime Museum of the Atlantic in Halifax starting at 2:00 pm. Donations to the food Food Bank are requested in lieu of admission.

HAVE YOUR CLASSIFIEDS DROPPED OFF BY NOV. 13TH FOR THE NEXT ISSUE!

Career

Full-time:

Junior Sales Representative MESAGO Technologies Marketing See placement center for more information

Financial Representative London Life Complete ACCIS application, cover letter, resume and transcripts. Deadline is November 9/95

Teach English in Japan See folder in placement center

Language Teachers Bok Ji Corporation

Part-time:

Part-time teaching positions Future Kids Bedford See placement center for more information

Child Care Clayton Park Call Star Dobson at 457-4711

Summer:

Defence Research Public Service of Canada Complete FSSEP application use code #

Students to manage franchise outlets University Contracting Corporation Ltd. Nova Soctia See Placement Centre for application

Inshore Rescue Boat Program Complete FSSEP application, see Placement Centre for more information.

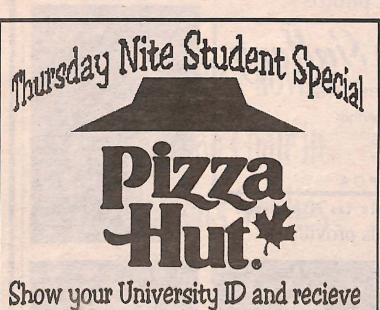
Society Profile

Information Management, what an interesting con-

Although the Information Management Society has been around since 1992, it still seem to be a mystery at the Mount. The society began when the Bachelor of Office Administration programme changed to the Bachelor of Applied Arts in Information Management. So far, Information Management has had two graduating classes.

The IM Society has 50 members and is busy planning a variety of upcoming events including bake sales, a potluck "welcome" dinner, an inter-society volleyball tournament, pub crawl, movie nights and producing membership cards.

The IM Society has one of the largest executive committees on campus, due to the fact that our program is mandatory co-op; in some cases, two members to fill one position. Therefore, the executive has 7 positions that are filled by 10 people. This year's society president is Lisa McCarthy and the vice-president is Jennifer Pelerine. Anyone who is interested in knowing more about the Information Management Society can contact Connie at 434-9979 or by email cdoucett@imd.msvu.ca. We look forward to hearing from



a large Lovers Line Pan Pizza

& a pitcher of Pop for Just

\$13.99 plus tax

Offer applies to 6100 Young St. location only.

(dine in only, not valid in conjunction with

any other coupons or specials)

Ask about our group delivery orders phone 453-5419