

The Picaro

MOUNT SAINT VINCENT UNIVERSITY STUDENT NEWSPAPER

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TUESDAY, JANUARY 18, 1983



DUET breaks into the airwaves

by Nick Hamblin
Staff Reporter

Last week the results of months of planning, testing, and research were realized when the Mount's Distance Education via Television (DUET) program began live broadcasts to select points of reception.

DUET is a series of live interactive classes broadcast to participating places of employment and businesses in the Halifax/Dartmouth area. A signal originates from the broadcast classroom in the Seton Annex and is carried by a closed-circuit cable channel to select points of reception and are received upon twenty-inch color television sets. The interaction of remote students with professor and members of the class located at the Annex is viable through the use of teleconferencing system.

DUET enables remote students to participate in discussions, pick up visible aspects of lectures and receive immediate response to their problems and opinions via telephone. The Mount can contact a broader geographic distribution of students in a cost efficient manner. Dr. Diana Carl, DUET Project Coordinator, said "For business DUET means a greater accessibility to expertise found on the university campus. For employees the program means an educational opportunity that would otherwise not be practical due to personal commitments. For the Mount the project represents an opportunity to reach a broader cross-section of students and to become a resource centre for both the social and business communities. The concept of 'communiversity'.

The DUET project originated in January 1982 with a pilot project set up to test the effectiveness of such a program as: a method of distance instruction and to see whether it met the needs of Nova Scotians in a cost effective manner. To demonstrate the value of such a project as a human resource development strategy for industry and business and to test the effectiveness of linking universities to industry for the purpose of delivering university programming. The pilot project brought to life many interesting possibilities concerning the expansion of the system. Dr. Richard Lewis of the Atlantic Institute of Education, said in his study of the project "that the most exciting prospect is the delivery of instruction via satellite directly to homes, community centres and businesses."

While the pilot was a fairly accurate model of what the actual situation is at present, Dr. Lewis' study was not able to reach any comparative conclusions on the method's academic effectiveness

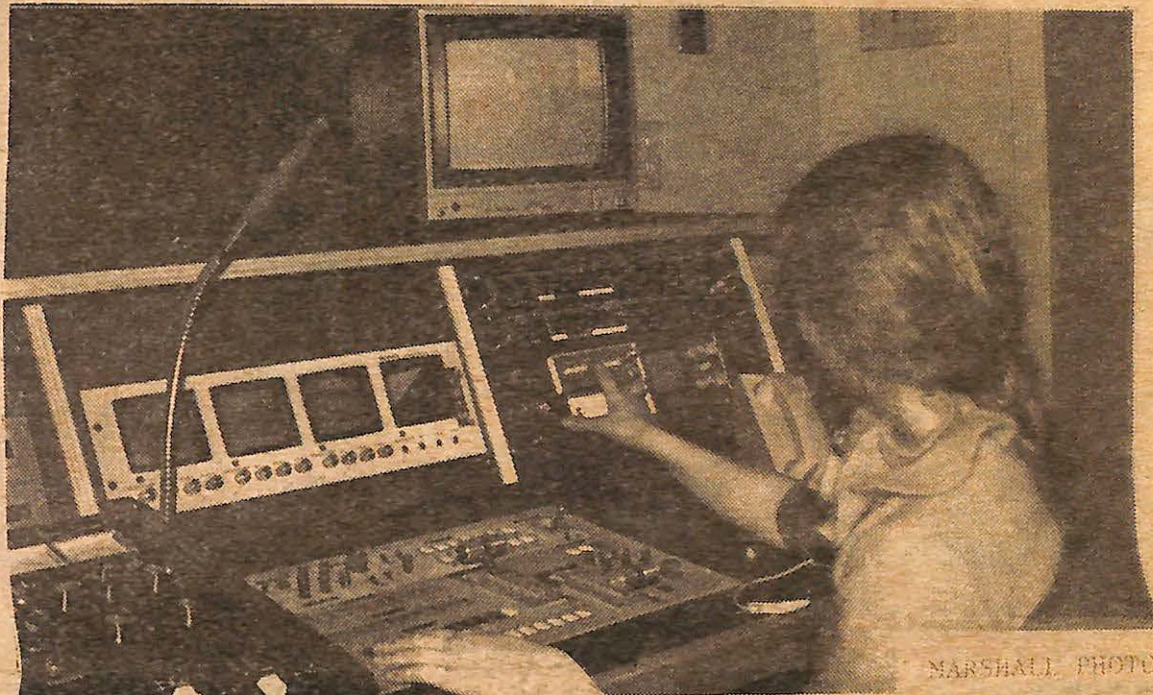
due to a small enrollment. The pilot project had many technical problems and problems involving the physical layout of receiving centres and broadcast classrooms. Students would have to adjust to a new dimension in TV viewing (active vs. passive), and faculty would have to adapt their teaching methods. Instructor, Tom Patillo says, "I may have to make some sacrifices in my style but that is offset by the ability to take part in such an interesting and innovative project," succinctly, he's glad to be part of it all.

This semester the DUET program is offering credit courses in computer applications, word processing and business courses and non-credit courses in business writing and other business oriented courses. Regular Mount students are encouraged to sit in on any of the televised lectures at any one of the eight receiving centres presently set up in the metro area.

The points of reception at present are: Maritime Life, Dutch Village Road; Northwood Manor; Nova

Scotia Power Corporation; Maritime Tel & Tel, Maritime Centre; CBC, both Bell Road and Sack-

ville locations; The Nova Scotia Hospital, Dartmouth; and Ocean-view Manor.



MARSHALL PHOTO

SEXUAL ASSAULT

Some women afraid to face problem

by Elizabeth Curren

"Some women are so afraid of being sexually assaulted that they don't want to even think of it," said Sandra Cook, nurse at Student Services, in response to the poor turnout to Sexual Assault Awareness week. Cook also attributed the attitude "it won't happen to me" as a reason for few people attending the activities.

The purpose of sexual assault awareness week was to teach women preventative measures on how to avoid assault and if assaulted how to defend themselves. Cook said, "Women should make themselves aware. It is only us who can do anything about our own safety." She also said that a woman should think of what she would do if assaulted so then if she was assaulted she could try to do something and not panic.

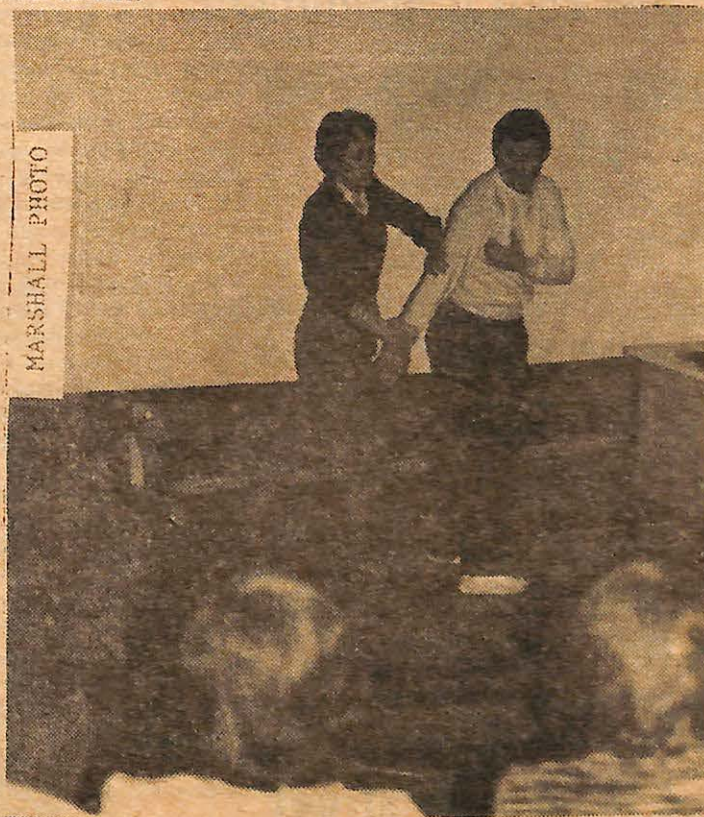
Cook felt that the week of awareness was necessary because of the general increase of sexual assaults everywhere. This month was chosen because of its timeliness with new legislation. The new legislation no longer deals with just rape, where penetration has to be proven, but deals with sexual assault and includes sexual harassment of almost any kind.

Activities of the week featured the film entitled "How to Say No to a Rapist and Survive" and self-defense demonstrations by Danny Kays. Response to the film on Monday was poor but there was a good turnout for Tuesday's showing. Cook said that the film is owned by the Mount and anyone

wanting it should contact the Audio-Visual Department.

The showing for the self-defense demonstrations was very poor. Only six or seven people turned out on Thursday—two of whom were men. Wednesday was even worse. The demonstrator, Danny Kays, is one of 400 physical education and recreation instructors (PERI) for the Armed Forces. Kays also teaches city police and RCMP officers.

"The object of the game is to keep their hands off of you," says Kays. Kays specializes in defense for women and is teaching a self-defense class at the Mount in the exercise room in Rosaria on Wednesday evening from 7:30 to 9:30 p.m. Classes started last Wednesday but if interested you can still join, just contact the Mount's Athletic and Recreation Department.



MARSHALL PHOTO

Along with the activities of last week, Student Services published a pink pamphlet "Self Protection For Women" which gives common sense tips on how to avoid assault and what to do after an attack. Student Services is publishing another pamphlet which will deal with the proper police procedures to follow if assaulted.

When asked about security on campus Cook said women should be aware that security guards will accompany a woman to and from spots on campus. It is only a matter of asking the woman at the front desk of the building to page security for you. "It's a good thing to keep in mind at night," said Cook.

However, the issue of sexual assault does not stop with last week. On Saturday, January 29 the History Society is hosting a conference-workshop on sexual assault. The workshop will be held in auditorium B in Seton Academic Center. In the afternoon session from 1:00 to 5:00 p.m. there will be guest speakers, a film and discussion. Ken Dewar, of the history department, says that different points of view will be presented as speakers include a psychologist, a lawyer and a doctor. During the evening from 7:00 to 10:00 p.m. the film "Not A Love Story" will be shown with comment and discussion to follow. The film deals with pornography not rape. Watch for further details on the workshop.

What's Happenin'

Volunteers in Mental Health

A one day workshop for volunteers and those interested in volunteering in mental health services will be held on Saturday, January 29, 1983 at 9 a.m. at the Nova Scotia Hospital (Central Service Building). For further information and to register contact: Edith Anderson, Director Volunteers, Psychiatric Services, Camp Hill Hospital 423-1371 ext 457. No registration fee.

Public Symposium on Patients' Rights

An open public symposium on the subject of patients' rights is being presented at Mount Saint Vincent University by the Centre for Continuing Education, on Tuesday, February 8 at 7:30 p.m. in Seton Academic Centre.

"The Law of Patients' Rights" consists of an evening of lectures, question periods and discussion by the husband and wife team, Lorne and Fay Rozovsky. Admission is free.

Fay Rozovsky is a member of the Massachusetts and Florida Bars and holds a masters degree in public health from Harvard University. She has taught at Harvard, Tufts and Wright State Universities and co-authored "Legal Sex" with her husband. She is also winner of the prestigious Letourneau Award of the American College of Legal Medicine and is now an assistant professor of health administration at Dalhousie University.

The symposium will examine the patient's right to legal standards of care and the patient's duties. The controversial matter of consent to treatment as well as the subjects of medical and nursing malpractice, medical records, the rights and duties of medical and nursing staff, the right of patients to see their records, the confidentiality of records and the legal problems arising from the computerization of medical records will be discussed.

The symposium is open to the general public as well as health professionals and students.

For further information call 443-4450, extension 244.

Ecumenical Service Week

What: Ecumenical Service—Week of Prayer for Christian Unity
When: Monday, Jan. 24, 1983, 4:30 p.m.
Where: Evaristus Chapel.

Food Committee Meeting

January 19, 1983 Wednesday at 3:30 p.m. in the cafeteria

Small Business Opportunities for Nova Scotia

The business society would like to announce their ninth annual Business Conference to be held in the Multi-purpose Room, Rosaria Centre, Monday, January 24th, 1:00-4:00 p.m. Cash bar and reception to follow. **All business students welcome.**

Coming Events:

Jan. 25, **Parks, People and Environments in Indonesia**, a lecture with slides by **Dr. A. Hanson**, Director, Institute for Resource and Environmental Studies, Dalhousie University. The slide talk will take place at 8:00 p.m. at the MacMechan Auditorium, Killam Library, Dalhousie University. All are welcome to attend and coffee and doughnuts will be served. Sponsored by the International Student Co-ordinator.

9th Annual University Community Show

Entries are invited for the Mount art gallery's **9th Annual University Community Show** for students, staff, faculty and alumnae. Entries are accepted from January 15 to 22. Opening January 27 at 12 noon and running until Feb. 6. Call 443-4450 for further details.

Spring Graduates

Reminder: February 15 is the deadline date to submit "Intent to Graduate" form to the Registrar's Office.

Classes promoting health

The newly-formed Halifax Holistic Health Centre is now offering an exciting variety of classes promoting physical and mental well-being. These include Body/Mind, an eight week introduction to Holistic Health, Stretch for Energy—an Aerobic Exercise class, Stress Management, and Cooking with Natural Foods. Classes start the week of Jan. 17 and students may register during that week at Suite 208, 1585 Barrington Street.

For more information, please call 429-1750.

Yoga society starts winter term

The Kripalu Yoga Society is starting its winter term the week of January 17. Classes will be given in all levels of yoga, together with a special class in Deep Relaxation. Students may register before each class at the Society's Centre, Suite 208, 1585 Barrington St.

For more information, please call 429-1750.

Weekend Retreat—Jan. 28 to 29

Weekend retreat for university students.

Theme: Life and Story

Place: Renewal Center, Mount Saint Vincent Motherhouse

Time: 9:00 p.m., Friday, Jan. 28th to 8:00 p.m. Jan. 29th.

This will be an opportunity for spending time apart, and for sharing faith and prayer with others. Cost—\$12.00.

Register by contacting the Chaplaincy office, Rosaria, 443-4450 ext. 354.

Register early—maximum 15 participants.

Participants of previous years enjoyed this weekend.

Co-operative Education Programs

Introduction to Co-operative Education and Application Procedures.

Who: Interested BBA Students

When: Wednesday, January 19, 12 noon - 1

Where: DUET Classroom, Seton Annex

Application Deadline January 21 for students in Public Relations and Home Economics. Application forms and further information at the Co-op Office, Rosaria Centre.

Withdrawal Dates

Deadlines for full year and "B" courses:

Full year courses: January 14th (after this date students receive WF)

"B" courses: March 1st (after this date students receive WF)

Home Birthing: Women and Medieval Gynecology

One of Mount Saint Vincent University's most recent honorary degree recipients, Dr. Beryl Rowland, will be the speaker at a Public Lecture to be held at the Mount 8:00 p.m. Monday, January 24, at the Seton Academic Centre.

Dr. Rowland's topic will be Home Birthing: Women and Medieval Gynecology.

A British-born Canadian immigrant, Dr. Rowland obtained her Ph.D. at the University of British Columbia and is a well-known specialist in Medieval literature and the works of Chaucer. She is a professor of English at York University and author of six books and nearly 100 articles, abstracts and reviews.

Admission to the lecture is free.



President's report

After taking office on May 1, 1982, there were several duties to be completed over the Summer. The main project was editing the Student Union Handbook. The due date for the Handbook was July 1 so that it could be printed and available for the students during registration in September.

A pub proposal was composed requesting that a pub manager position be created as an additional appointed position. This position was created and an honorarium was allotted.

Orientation was organized during the summer in cooperation with Student Services.

Summer Council meetings were held approximately once a month and/or whenever the need arose.

The budget committee, chaired by the Treasurer, was very active over the Summer preparing the Student Union for the 82-83 Academic Year. All society budgets were received as well as the total Student Union budget and was presented to the Students Council in September.

Applications were received and an interviewing process took place over the Summer to hire a new Student Union secretary who began work in August.

After Orientation in the Fall, council meetings were set up on a regular basis. The meetings were held every Tuesday at 5:00 p.m. Around supper time seems to be the only opportunity to get a common free time for all councillors.

Several purchases were made to improve the equipment in Vinnie's Pub. A tape deck, turntable, and mixer were all purchased. This equipment was placed in the pub with the understanding that it was totally the property of the Student Union and could be removed from the pub during the summer months for safe keeping. Also sketches for a mural are being

considered with hopes that this project will be completed this year. Other ideas for the decor of the pub are being entailed as well.

The Academic Vice-President resigned early in the term so the duties were assumed by myself and other councillors. The loss of one executive member certainly leaves a space; however, the other members of the executive have made every effort to cover the extra duties.

Individual meetings were held with each of the councillors. This was a recommendation from the President and council of 81-82 and proved to be very beneficial. It provides an opportunity to get to know each councillor and where she/he stands in relation to the group. Ideas and suggestions at this level are also very helpful.

A photocopier was purchased as well for Student Union use. The process took a couple of months but a satisfactory product was the result.

The 81-82 Yearbook had its share of problems. Progress was not being made so it was taken on as an extra project of the council of 82-83 and helpers. Over half of it is completed to this point and it will hopefully be finished by the end of January.

The terms of reference for all appointed positions were updated and revised by the Student Union executive and approved by Students Council.

Many plans are underway for January to May 1983. Winter Carnival, 2nd Annual Leadership Conference, Awards Banquet, Elections, and Grad week will be the main focus.

So far I feel this year has been a success and I can only hope for continued cooperation to complete my term of office.

Respectfully submitted,
Alice MacKichan
President of the Student Union

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Singing the Co-op Blues

by Hugh Marshall
Staff Reporter

"Numbers are up in overall co-op placements from 1981," says Ivan Blake, Director of the Mount's co-operative education program. Public Relations co-op placements, though, are down at the Mount, as are other human resource programs across the country.

Blake attributes this decline to the poor state of the Canadian economy. "When the private sector begins to feel the squeeze of hard economic times, the Public Relations department is usually the first to go," he says.

Blake feels that until the economy drastically changes it will never get to the point where placements for P.R. students will come easy. Because of this outlook, the co-op office has made P.R. its "flagship" program; the one program that will have to be promoted more extensively than the others.

This does not mean that P.R. is more important, but rather, because of the way the profession is treated in the workplace, that more emphasis will have to be put towards its final acceptance.

Mount Saint Vincent University is primarily a human resources institution. Programs such as Child Studies, Home Economics and Public Relations emphasize communications and human relations. It is important in today's complex and computerized world that these programs continue to flourish so as not to lose sight of the human aspect of business.

The co-operative education department at the Mount sees this as one of their prime objectives.

But long term objectives are of little or no concern to the present student. With the Federal Government lowering its annual co-op placements from 1100-700 and large established co-op centers continually losing placements, the future looks bleak for co-op students in general, and even more so for those enrolled in

human resource programs such as P.R.

Nick Hamblin, a second year co-op P.R. student at the Mount, is in serious financial difficulties this year. "The program is generally good, but if you don't have an alternative plan in the event you don't get a placement then you can find yourself in quite a predicament," says Hamblin.

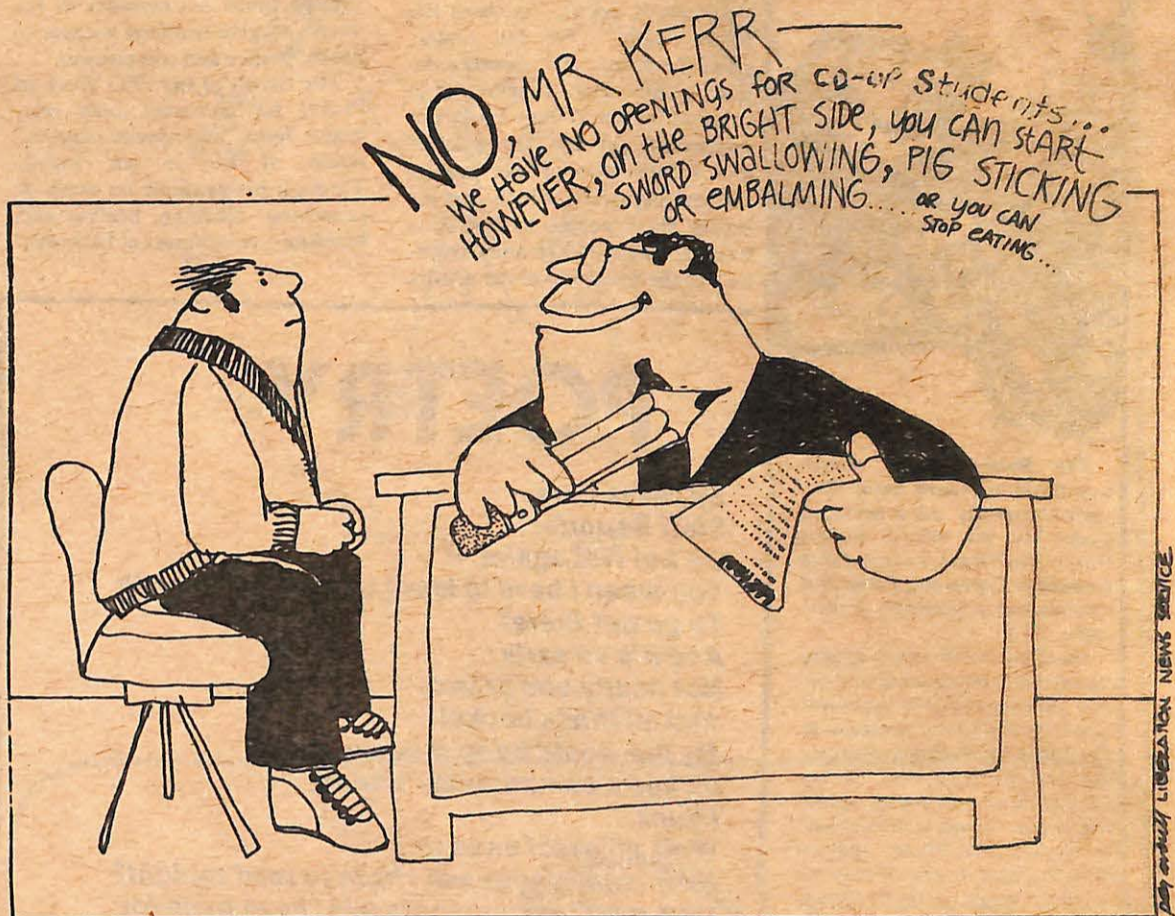
Finding money and getting into the required courses become major problems for the unemployed co-op student.

Co-op has yet to root itself in Canadian business, thus denying themselves the opportunity to bring new and creative ideas into the workplace.

Canadian businesses spend the least amount of money in advancing employees' education of all industrialized nations in the world. Countries such as West Germany and Britain, more socialist in nature, exercise a two percent tax on corporate profits if the business does not train employees adequately. This is just one example of how important interchange between business and the university can come about.

For co-op to become successful, Canadian business must accept the responsibility of sending their employees to universities to be trained further, rather than bringing in private trainers. If this first step was initiated, a revolving door of creative talent could begin to flow between business and the institution by replacing workers with students during training periods. How long this will take or if it ever will is a question that can be answered only by the government.

For now times will continue to be tough, especially for the human resource student. But thriving in tough times is what gives these programs their strength and character. It was best summed up by the late Thomas Edison when he described Public Relations as 10 percent inspiration and 90 percent perspiration.



Career Week—next week at MSVU

by Tanya Levy
Staff Reporter

The second annual Career Week will take place Tuesday, January 25, 1983 until Friday, January 28, 1983 at Mount Saint Vincent University.

A Career Week committee, consisting of Anne Whetmore-Foshay, a counsellor at Mount Saint Vincent University, Bruna Caracristi, a manpower representative, and Christine Moore, a co-operative officer, sponsored the week to take a detailed look at career planning.

"The theme of Career Week is Exploring Your Tomorrow," said Whetmore-Foshay. "It's major purpose is to get students thinking about life after university and to connect their academic expectations with their future plans."

The week will consist of two workshops and a career fair.

The workshop committee will put on a workshop Tuesday, January 25 in Auditorium B, Seton Academic Center from 12-1 p.m. to help students identify their skills.

A career fair will take place on Wednesday, January 26 in the Multi-purpose Room from 11:30-2:00 p.m. Department representatives and a number of people in related occupations will be there for students to ask questions on an informal basis. Advertising, education, social work and chemistry are some of the areas which will be presented. Whetmore-Foshay said that it's not often that you have people come in who are actually working in occupations—the students are interested in. Very often, the impression of the occupation and the job itself is very different.

Sara Somers, Career Resource Co-ordinator at Dalhousie Counselling Center and a specialist in the hidden job market, will give a second workshop on Friday, January 28 in Auditorium B, Seton Academic Center from 12:00 to 1:00 p.m. This was the area of greatest interest expressed by students in a survey taken in classrooms which

represent all levels of students.

"My real concern," said Whetmore-Foshay, "is that we get people to turn out, especially for Wednesday."

"The job market is tight and people have to get creative. It helps to have long-term planning, to start planning how you are going to fit into the job market."

Most requested books

Mount requested books for the week of December 26 to January 1 at the Dartmouth Regional Library.

Fiction

1. **Master of the Game**—Sidney Sheldon
2. **Cloak of Darkness**—Helen MacInnes
3. **Valley of Horses**—Jean Auel
4. **Different Seasons**—Stephen King
5. **Prodigal Daughter**—Jeffrey Archer
6. **The Banker**—Dick Francis
7. **Crossings**—Danielle Steele
8. **Promises**—Catherine Gaskin
9. **Parsifal Mosaic**—Robert Ludlum
10. **Touch the Devil**—Jack Higgins

Non-Fiction

1. **Jane Fonda's Workout**

2. **Book—Jane Fonda (613.7C)**
2. **Living, Loving and Learning**—Leo Buscaglia (158.2B)
3. **Holy Blood, Holy Grail**—Michael Baigent (001.84B)
4. **The Other Mrs. Diefenbaker**—Simma Holt (921D)
5. **Princess Margaret/A Life Unfulfilled**—Nigel Dempster (921M)
6. **The Manual of Martial Arts**—Vanciliff
7. **When Bad Things Happen to Good People**—Harold Kushner
8. **Lana: The Lady, The Legend, The Truth**—Lana Turner (921T)
9. **Color Me Beautiful**—Carole Jackson
10. **The Establishment Man**—Peter Newman (921B)

Cuts from Council

by Rachel Bachman
CFS comes to council

Two members of the Canadian Federation of Students (CFS) attended the first Student Council meeting of 1983 held on Tuesday, January 11.

Brenda Côté, CFS Chairperson, and Bruce Tate, a researcher for CFS, offered information on the organization and their positions in it and answered questions asked by councillors. The two were attending meetings of the Central Committee of the CFS in the metro area from January 7 to 12. Their presence at the Council Meeting was evidence of Leslie MacDonald's efforts as External Vice-President to better inform councillors on CFS and other external issues.

Pub Board meets

The Publishing Board of the Picaro needs another student-at-large to complete its membership. This Board operates to keep watch over the finances and management of the Picaro and also acts as the arbitration panel if any disputes arise between the newspaper and the student council. Anyone interested in serving on the Board should contact the Student Council Office for more information.

Open forum planned

An open forum is scheduled for Wednesday, January 26, from 12:00 to 1:00 p.m. Open forums are organized to give students a chance to meet with councillors who make themselves available to answer questions and discuss any issues of concern. Take advantage of this opportunity to learn more about your University.

Statements

Financial statements presented to the Council show that the Student Union is in a good financial position.

The Picaro



The Picaro is the student newspaper at Mount Saint Vincent University and is published weekly by the MSVU Student Union. The Picaro is a member of Canadian University Press and subscribes to its statement of principles.

Deadline for all copy is Friday noon, the week preceding publication. All copy should be submitted typed, double spaced. Letters to the Editor and Podium pieces are welcomed for publication, but we ask that all submissions be signed. Names may, however, be withheld by request. The Picaro staff reserve the right to edit all copy for reasons of length or legality. Please refrain from sending letters exceeding 200 words in length.

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Interim Editorial Positions:

Editors: Craig Munroe & Hugh Marshall

Entertainment Editor: Dave Cushing

Sports Editor:

Business Manager: Rob Gillis

Ad Manager:

Photo Editor: Frank Zinck

Production Manager: Nick Hamblin

These positions are interim only. Staff elections will be held this week.

Don't Forget those hard to chase down stories, those prize winning photos, the long hours spent on layout, the long hours spent chasing down local advertisers are all worth it in the end. Join the Picaro staff and share in the satisfaction of the



Canadian
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MEMBER

Podium

Is there life before death?

Some years ago a question chalked on the hoardings of a damaged city in Northern Ireland caught the eye of international reporters. It asked, "Is there life before death?" We can understand the horror and even the despair behind that inversion of a common theme. What we may not understand, perhaps, is the determined celebration of life, despite surrounding death, which characterizes many people in Northern Ireland. There and in other countries of the world where the results

of personal and social sin may appear more vicious than in our own, abundant life is manifest. It is life which has its source in a faith animating those communities of believers to give common witness to peace, justice and compassion.

The theme of the 1983 Week of Prayer for Christian unity celebrates Jesus, as a special manifestation of life in our world. Through his example on earth of preaching, teaching, healing and building a community of believers,

he made eternal life visible in a new way. Through his death and resurrection he made it possible for us to share that life and to proclaim it in the world.

As in Jesus' time in history, so in ours, life is threatened on many fronts. The more obvious threats are war, famine, selfish and oppressive systems, lack of meaning, loneliness We know, too, that as individuals and as churches we are divided by sin and history, and that the darkness of death has not left us untouched. And yet we know that we are constantly drawn into deeper communion with God and with one another—to pray, to act, to serve, and to proclaim that Jesus lives.

If Christ's life is to flow through us to a world which desperately needs our caring, our struggles for peace and justice, our knowledge and experience of God's forgiving and healing love, we must pray and act together. If Christ's prayer for unity that the world may believe and find life in abundance is to bear fruit, the churches must, more than ever, witness to the life of Jesus active in our lives and in our communities.

As part of this witness please join in the 'Celebration of the Word', an ecumenical service, on Monday, January 24th at 4:30 p.m. in the Evaristus Chapel. Sister Lorraine, Sister Evelyn, Lawrence MacIssac

POETRY

by Tanya Levy
Staff Reporter.

Oh no! Not again!

You mean I have to leave this bed of warmth

To go out there!

And it's so early

Not nearly one or two.

And all those books!

My life would be so much easier

If I had a computer for a mind,

I think.

Well, at least I used to.

How many pages will I have to read tonight?

How many assignments will I have to do for tomorrow?

Have I really found my future?

Wah, No more home-cooked meals

No more goofing off

Well

But it is worth it all in the end,

Isn't it?

Yes, folks. It's that time again, when you spend your hard earned money on working harder so you are capable of earning more money. Well, I wish you all the best; and don't study too hard. HA! HA!

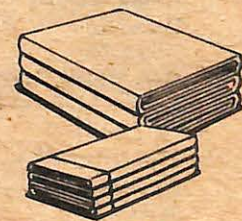
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WINTER CARNIVAL '83

Monday, January 17
 - Walk, Trot & Jog
 - Grand Opening in Rosaria
 - Brewery Tour
 - Scavenger Hunt
 (starting at Vinnie's)

HAT & TIE DAY
 7:30 a.m.
 8:00 a.m.
 2 - 4:00 p.m.
 5:30 p.m.

Tuesday, January 18
 - Snow Sculpture starts
 - (Make sculptures even if there is no snow)
 - Competitions among societies
 - Scavenger Hunt ends
 (at Vinnie's)
 - Gong Show (wet only)

BEACH DAY

Wednesday, January 19
 - Skating and Coasting
 - Pub Night - Johnny and the Hot Shots
 - King and Queen

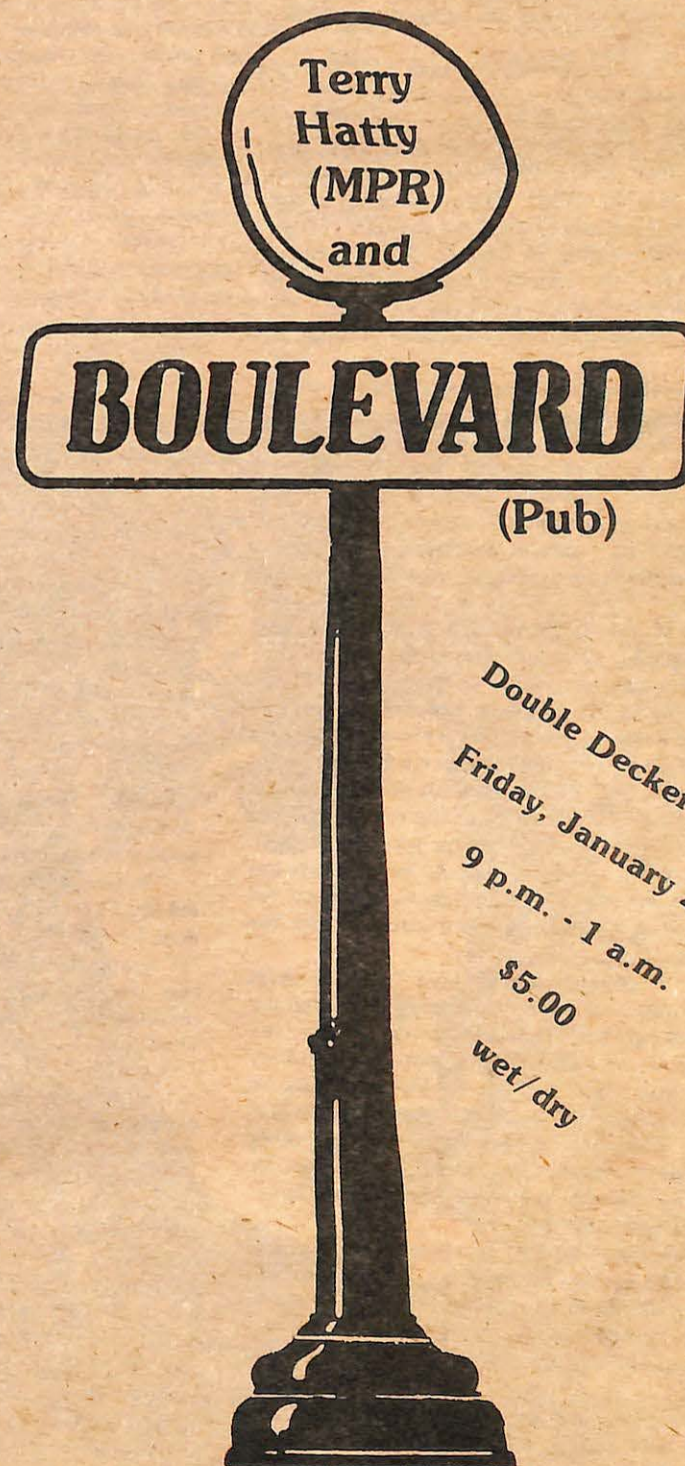
ROARING 50's

Thursday, January 20
 - Snow Sculptures end
 - Beer Bash at Vinnie's (wet only)

HILLBILLY DAY

Friday, January 21
 - Pub Crawl starts at 3:00 p.m. in Vinnie's
 - Terry Hatty & Boulevard
 - Double Decker, MPR & Vinnies
 9:00 p.m. - 1:00 a.m.

BACKWARD DAY



Feature

Nestlé: The boycott continues and ba

by R. Robinson

Reprinted from the Sheaf by Canadian University Press

When Sara went to the hospital to have her baby, a nice woman in a nurse's uniform gave her a free tin of Lactogen, a powdered baby formula. The woman said that Lactogen would be good for her baby if her own breastmilk "wasn't enough". Sara was worried: she wanted the best food for her baby. She started feeding her baby Lactogen as soon as she got home.

Sara's own milk dried up before she had even finished the free sample, so when it did run out she had to buy more. It was very expensive. Sara diluted it with more water than the instructions said, but she didn't know that—she couldn't read anyway. Within two weeks her baby was sick. Thinking the mixture too rich, Sara diluted it further with the dirty, rusty water from the pump in her neighborhood. It took a lot of time to mix the formula. It was more convenient to mix a whole tin of Lactogen and keep it in a pail on the floor. Then she could feed the baby whenever she wanted.

Her baby became very sick. He vomited and had diarrhea. He soon weighed even less than he had at birth. By the time Sara took him to the doctor, it was too late. He died of gastroenteritis and malnutrition at age six weeks.

Lactogen is a product of Nestle, the second-largest food company in the world and the leading seller of baby-milk substitutes. The woman in the nurse's uniform was a Nestle's employee. Nestle products and practices have been linked to hundreds of thousands of infant deaths in the Third World. According to the executive director of UNICEF (the United Nations International Children's Fund), a million deaths could be prevented every year if mothers were not discouraged from breastfeeding their children.

Although not the only company selling baby formula in the Third World, Nestle is by far the largest.

It has been the target of the largest non-union boycott in history, started in 1973 when *New Internationalist* magazine first made public the company's activities. The publicity associated with the boycott resulted in the World Health Organization's passing of the International Code for the Marketing of Breastmilk Substitutes. Despite promises to the contrary, Nestle has not conformed to the WHO regulations in any basic way. The boycott of all Nestle products continues around the world.

Cow's-milk based infant formula was invented in the 1860's by Henri Nestle, a Swiss laboratory assistant, and Nestle's products have always dominated the industry. When prepared and used properly, Nestle formula can be a good substitute for mother's milk if necessary. But when Nestle began expanding its market into the Third World, misuse of its formulas produced serious problems, namely malnutrition, disease, and death for millions of infants.

Proper use of infant formula is complicated and requires a knowledge of proper preparation methods as well as germ-free facilities. Both are largely unavailable in the Third World. To properly prepare a germ-free solution for her baby, a typical Third World mother has to collect firewood or charcoal to make a fire, get water from a dirty, rusty, and almost certainly polluted source, and then boil the feeding paraphernalia for ten minutes minimum. Then, after finding a clean surface on which to set the boiled bottles and nipples, she has to figure out the instructions on the milk tin label—not easy for illiterate parents. After boiling more water to mix the formula and letting it cool, it is ready.

The chance is small that many Third World mothers will go to this much trouble several times a day. Even if a mother goes through the whole process once a day, she has no refrigerator, and leftovers are swarming with bacteria by the time they are used. Also, formula is expensive, often taking up nearly half of the income of a family with a six-month old child, and many mothers cannot resist the temptation to over-dilute. Some, in fact, don't seem to see the connection between the mixture and their baby's health.

The results are not hard to imagine. Since babies receive none of the natural immunizing agents found in breast milk, they are more susceptible to gastric illnesses and chest and ear infections. Germs on bottles, nipples, measuring spoons, and in the water are likely to cause diarrhea.

Diseases like eczema and asthma can also occur. If these alone do not kill the baby, it will still almost certainly be malnourished. "It's like giving a stick of dynamite and a large matchstick and a barrel of high-grade petrol to your children to play with and saying 'Please be careful how you handle it.' This is the way we

look at artificial feeding," says Dr. E.M. Semba, director of medical services for Gambia.

If a bottle-fed Third World child survives its infancy, its physical and mental development will almost certainly be stunted.

What was happening before Nestle came along? Women were breastfeeding, of course. Aside from providing vital immunization against disease, "breast milk is the original convenience food. No mixing, warming, or sterilising needed; no dirty pots and bottles to wash up afterwards; always on tap from its specially designed unbreakable containers. And it is genuinely the most nutritious wholesome product on the market. A copy-writer's dream." (Mike Muller, *The Baby Killer*)

Even malnourished women can adequately breastfeed. "The remarkable ability of poor women to breastfeed their babies for prolonged periods is the most redeeming feature of an otherwise bleak nutritional situation," says Dr. C. Gopalan, Director General of the Indian Council of Medical Research.

Although not a reliable method of contraception, breastfeeding can increase the time between babies. The contraceptive effect comes from the release of the fertility-inhibiting hormone prolactin, directly after stimulation of the nipples.

Despite the lack of a need for baby formula products (even industry estimates say that at most only five per cent of women are unable to breastfeed), Nestle and its counterparts have created a dangerous market in the Third World using aggressive sales and advertising tactics. With a shocking lack of concern for the consequences, Nestle has played on the ignorance of its Third World customers.

Formula advertising aims first of all to undermine (however subtly) its "competition," breastfeeding. Advertisers say that their products are for use "when breast milk fails" or "if mothers' breast is insufficient," for instance. By introducing the idea that mother's milk could fail, the likelihood of it happening increases—"fear and anxiety can actually stop lactation," says *New Internationalist* magazine. An ad saying "With Nestle you can choose the product best suited for baby" implies that breastmilk is not best. And formula ads associate bottle-feeding with the "good life."

Other aspects of Nestle's promotional campaigns include free samples, the use of company personnel acting as health educators, and industry gifts to health workers.

Free samples have only one purpose—to create a physical need for the product. By the time a mother has used up her free sample she is well on her way to being unable to breastfeed. If she buys more (it costs much less to feed a newborn than an older infant), she is hooked. By donating their products to hospitals, Nestle can distribute these samples for next to nothing.

Many Nestle employees have worn uniforms that are indistinguishable from those of the actual employees of the clinics and hospitals where the babies are born. Since the Nestle workers never say that they are not health workers unless asked, it is likely that their words about infant formulas will be taken as absolute fact by intimidated and unquestioning mothers.

Nestle spends a lot of money courting the health care profession, subsidizing office furnishing, research, gifts, conferences, publications, travel—anything to create good will or a feeling of obligation within the profession.

"In developing countries babies who are not breast-fed die," according to Dr. Samuel J. Fomon, Vice-President for the 12th International Congress on Nutrition. "It's hard enough for these babies to survive under the best circumstances; *exploitative marketing and merchandising is tantamount to mass infanticide*" (emphasis added).

After the first exposé of infant formula-related deaths in The Third World in 1973, research by church, consumer, and development groups piled up more and more evidence against the baby milk companies. Nestle and the rest of the industry denied that anything unethical was happening. In 1977 a group formed the Infant Formula Action Coalition (INFAC), and launched the Nestle Boycott.

Prompted by United States' Senate hearings on baby milk sales in the Third World, WHO and UNICEF met, in 1979, with government and industry representatives. The industry agreed to stop promoting its products to the public, but before the end of the year the International Baby Food Action Network documented over 1,000 violations of the agreement.

The World Health Assembly, governing body of WHO, met again in May, 1981, and after hearing evidence from both sides voted by a 118 to 1 margin to accept the International Code for the Marketing of Breast-



milk substitutes (the United States was the lone dissenter). The WHO code asks governments to:

- 1) Stop all public advertising and promotion of artificial baby milks.
- 2) Stop the distribution of free milk samples.
- 3) Prohibit the use of health care systems to promote breastmilk substitutes and to prohibit the use of company employees acting as health educators.
- 4) Restrict industry gifts to health workers.
- 5) Require improved labelling to emphasize the importance of breastfeeding and the hazards of artificial feeding.

Nestle's opposition to the boycott and the code has of course been vigorous. In 1978 a Nestle spokesperson called the boycott "an indirect attack on the free world's economic system. A worldwide church organization, with the stated purpose of undermining the free enterprise system, is in the forefront of this activity."

In 1980 a Nestle influenced article in *Fortune* magazine called the boycotters "Marxists marching under the banner of Christ." When the WHO code was passed, Nestle said it was not bound by the code because it was not a law, but then in March of this year Nestle said it would abide by the code.

The apparent purpose of this was to stop public criticism and the Nestle boycott.

But violations continued. In Nairobi, Kenya, Nestle was still giving out free samples in April. In Brazil, the Nestle president said that the Nestle interpretation of the code would require only "minimal adjustments" to their practices. In Malaysia Nestle "mothercraft nurses" are still at work.

The WHO code does not have the force of law. While certain countries like Algeria, Guinea-Bissau, Lesotho, Sri-Lanka, and Sweden have practically eliminated unnecessary bottle-feeding, some countries don't seem very concerned about their children. Pakistan has adopted an eight-page infant formula marketing code, six pages of it written by the industry. Mexico has done nothing, but recently received an offer of research money from Nestle and other baby milk producers. In India, Nestle has helped to prevent the Legislation from considering the strong code which it initially favoured. Everywhere Nestle is pushing its own interpretation of the code.

Although some progress has been made, Nestle's behaviour is still not satisfactory, and until the company shapes up in its promotion of breastmilk substitutes in the Third World, the boycott is still on. It covers the following products of Nestle and its subsidiaries:

Coffee and Tea:

- Decaf
- Encore
- Nescafe
- Nestea
- Taster's Choice

Beverages:

- Montclair Bottled Water
- Nestle's Quik

pies keep dying

Crosse and Blackwell

Cheese:

Cherry Hill
Old Fort
Swiss Knight
Wispride

Cosmetics:

Lancome
L'Oreal

Confectionery:

Nestle's Crunch
Nestle's Puddings

McFeeter's Honey Butter

Frozen Foods:

Stouffer's
Gusto Pizza

Packaged Soups, Vegetables, Fruits:

Libby's

Maggi

McNeill and Libby

Souptime

Miscellaneous

Beech-Nut Baby Foods

The effectiveness of boycotts and of this one in particular is undeniable. In the words of a Canadian Nestle marketing manager, "Every time a consumer comes into a store and makes a conscious decision not to buy one of our products, it hurts us."

"If there's any way to avoid contributing to malnutrition among thousands of Third World infants and still make a buck, we will do our utmost to find it. In the meantime please be patient."



Hiroshima: one survivor's account

by SARAH COX

Reprinted from the Ubysey by Canadian University Press

Sixteen year old Kinoku Laskey was working in a Hiroshima hospital on the morning the Americans dropped the atomic bomb. The city was quiet after the previous day's air attacks and Kinoku kept working when she heard the familiar wail of the air raid sirens. When the bomb exploded, the blast was so loud that Kinoku heard nothing.

"I was sterilizing all the equipment when suddenly I was surrounded by brilliant orange light. It was so bright. I saw nothing but orange all over. I thought a bomb had dropped just outside the window so I went under the counter, but I was blown away," she says during an interview.

When the pressure lifted Kinoku slowly raised her head to see what had happened. "Everything was black and dark and quiet. I couldn't see anything. I couldn't hear anything. Suddenly I heard a crash and something flattened me to the floor. I put my hands onto my face and knew I had a deep cut because I felt my cheekbone."

Kinoku realized the blast had thrown her into the hallway and she crawled to the front of the hospital. I saw many people hurt and bloody, and dying or dead. People were coming toward the hospital. Nothing else was standing. They were black, with no clothes, no hair, no shoes. Their skin was hanging in strips from their chins and their arms."

Kinoku groped her way to the washroom to see how badly she had been injured, but she could not open her eyes to look in the mirror. "I couldn't see. I had to open my eyes with my fingers. I couldn't believe it was me. I had hundreds and hundreds of glass pieces stuck out of my head like a pin cushion."

She left the room, stepping over blackened bodies on the floor. "I went to the back of the hospital because it had a big pool. Everybody was jumping in the pool because there were fires starting everywhere at once. There were people on top of each other and the bottom people were drowning."

"I had to force someone's head down to splash water on myself. Everything was so hot. My hair was crackling and my clothes were almost in flames."

She stumbled back to the front of the hospital, where a broken pipe sprayed water into the street. She felt tired and weak, and passed out in the spray, surrounded by orange fire. Later, she awoke to find that everything had become black and lost consciousness again.

"I woke up in the same place. I don't know how long I'd been there. Maybe three days. I saw many dead bodies. It was very quiet, and the sky was blue," says Kinoku.

She crawled the seven yards back to the hospital, where a doctor picked her up and carried her to surgery. "They decided to sew me up. They took all the glass pieces out without anesthetic. The pain was so awful I asked them to kill me. Just to leave me alone," she says.

"After that, they took a door off the hinges and laid me down in the hallway. The door see-sawed everytime somebody stepped on the edge. I passed out many times. I kept waiting for my mother or my father to call my name."

Kinoku's family had moved to a village outside Hiroshima before the bombing. Days were spent searching for Kinoku and her father in the area where their house had been. After two weeks of waiting alone in the hospital, Kinoku decided to try to return to her family.

"I thought I could make it if I wanted to so I started crawling toward the Hiroshima train station. I crawled over dead people and I saw tufts of hair and skin from corpses. When I got to the train station, it was damaged and I was told I would have to go to the next station. So I crawled there."

"I don't know how many days I was crawling. When I got there, I tugged on the pant legs of a man who was leaving and begged him to please take me home to my mother. He did. He picked me up and put me on the train and took me home to my family."

There were no doctors or nurses in Kinoku's village. Her mother and sister nursed her for months with only spring water for medicine. Kinoku was unable to talk about what had happened. Years passed, marred by recurring bouts of radiation sickness and six plastic surgery operations.

Thirty-six years later, Kinoku has decided to speak about the day the Americans dropped the atomic bomb. "I don't want to talk about it. I don't want to think about it."

But I have to tell you about it because I care," she says. "I care about young people and everybody's future. That's why I decided to speak out."

"I am not angry anymore. I'm still living, so I can tell people how terrible nuclear war is. I don't want pity. It's too late for that."

"Today we have more than enough nuclear weapons to destroy the entire world. If more people

don't understand, then we will have Hiroshimas all over the world."

Kinoku's voice wavers and she looks out her balcony window to the mountains in the distance.

The evening is as peaceful as the Hiroshima morning of August 6, 1945.

"I've decided to speak out for our survivors rights and your peace," she says slowly. "This is the time to get up and do something. It's people who matter. We have to stop and think. We have to think about this world, here, now. The horrors of nuclear war must be realized."



You, me and Child Study

by Karen Murnaghan
CHS Society Pres.

Well hello there! How's it going this week? (. . . really?) Time for the news. (ok?) There will be a meeting for all you CHS'ers this week. Please check the CHS board for time, place, and day. This is the time for you (yes you) to let us know about any problems, complaints, worries, or even good news and suggestions you may have.) This includes the person who said to stuff it in an olive. A demonstration is needed for this complex task. (Have you ever tried?)

There are a couple of plans that are in the planning stages right now. You'll know for sure by next week. I guess you may be a bit curious so I'll give you some clues. This has been a slightly different kind of winter—n'est ce pas? Well, how about taking advantage of it with a beach ball party complete with weiner roast, marshmallows, and hot chocolate? How about getting some action on wheels? Yes, you guessed it—mass rollerskating. (gotcha!)

Well, don't want to over excite anyone so I will sign off. Anyways, have a good week and take care.



You, me and the English societeee

by Wanda Meyers

Well. Here we are again. Before you know it, it will be December again! (Tee-hee!) Gosh, isn't it wonderful to be studying and learning and growing again at good old MSVU? Your English Society is here to help you re-achieve that golden glow of academia. For instance, on Thursday, Jan. 20, 2:00-4:30, the members of the English Society will cast aside their usual snappy attire and assume shorts and sneakers in order to humiliate the Sociology/Anthropology Student Society in a battle to the death on the volleyball court. Due to the highly violent nature of the game, this breathtaking spectacle will be closed to the public. Medical reports will be available on Thursday for next-of-kin.

On Saturday, Jan. 22, selected members of the Society will participate in the annual English Undergraduate Conference, which is being held at St. Mary's this year. Real live academic papers will be given, and they are guaranteed to live up to the English Society's sworn commitment to Impressing Our Peers.

Remember: volleyball game on Wednesday, and Conference on Saturday. And maybe an official meeting somewhere in there. I don't know. The Committee is pretty slack this year. It's not like the old days, boy, when you could count on at least two boring meetings per month. And coffee. And no sentence fragments. Keep an eye out for announcements.

Home-Ec Society News

It's hard to believe you have been back only a week, especially when you realize you're already behind. However, hopefully you will be able to find some time to become involved with the various society activities planned for this semester.

There is a general meeting, Wednesday, January 19 and hopefully the matter of Society shirts will be finalized, so be on hand to place your order. This will also be a good time for the seniors to place orders for professional rings.

The society has initiated the procedure of adopting a third-world family and there is a real need for one or two individuals to take a personal interest in this project to ensure its continuation in future years. It is also hoped that society members will participate in a "baking bee" for Hope Cottage within the next two weeks.

Other activities in planning include the Brewery Tour scheduled for February 18, the fashion show on March 18, a semi-formal evening March 19, and a society supper with guest-speakers following the March break. The success of these activities depend greatly on your support so attend this week's meeting and provide your suggestions.



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Miller's Jug—blowing the horn

by David Cushing
Staff Reporter

People can relate to Miller's Jug. The members of the band are dressed no differently than us and seem to enjoy having fun and they like their music. Sean McCabe is dressed in dark cowboy boots, jeans and an open neck red shirt. As he gets off stage after the first set, he puts on his almost round, reddish-brown glasses. His eyes, surrounded by his short, dark curly hair and beard, fill with determination and conviction as he talks about what he loves—the Maritimes.

"Anyone here from Cape Breton?" A cheer of yeeha's and yelps surges up from the 150 or so people in the room. Then the music starts. Just bass, acoustic guitar, mandolin, banjo and a rowdy crowd—just the perfect ingredients for some good Maritime music. People are slow getting on the dance floor but as the time goes by and the beer goes down, more and more people hit the floor, arm in arm or in big circles, whooping it up. Miller's Jug is having fun.

Sean McCabe is tired but he's enjoying what he is doing. He's been up since 6:30 in the morning and has spent most the day at ATV doing auditions for his Maritime Media Workshop. As we sit down over a beer beside the stage in the multi purpose room, the 30 year old musician begins talking about Miller's Jug, his feelings about the music he plays and the culture of eastern Canada.

Boy Shortt, 35, the banjo/mandolin player of Miller's Jug has a good suggestion for the crowd. "If you have a request, wrap it around a cool beer. Fives, tens and twenties accepted, too. If we don't know it, we'll keep the beer. You get nothing back."

A good laugh and then some more music. Stan Roger's "Barrett's Privateer." "Sally-O." A jig,

a reel, a waltz. Some more hand-clapping and a lot more cheers.

Sean McCabe's first musical interests were Irish and Scottish music and especially the Clancey Brothers. Then he heard Cape Breton music and figured, "What the hell! Let's blow our own horn." Miller's Jug has been blowing for 11 years, although McCabe says that of the Breton bands, "Buddy and the Boys" was probably the big band. Miller's Jug has slowly been gathering fans around the province and eastern Canada, singing the songs of the Maritimes.

"Nova Scotia, Newfoundland and Quebec are the provinces that have the songs. You'd be hard pressed to say that one has more than the other one," reflects McCabe. But after that?

"There's sociological stagnation. It's dirty," says McCabe about Ontario, where, ironically, Miller's Jug will probably have to go if they want to break out commercially. It's not a prospect

which particularly pleases McCabe. The last time there on tour, he found the people harsh, unfriendly. On top of that, they garnered 500 - 600 requests during that tour for "Farewell to Nova Scotia".

"Hello," yells out Bob, in jeans and cowboy boots, banjo in hand.

"Hello," yells back the crowd, in sneakers and jeans, beer in hands.

McCabe sings out another song in his pre-requisite Cape Breton voice—happy and a little rough on the edges.

"This one's a lady's choice," says Bob, "You can dance with the guys or you can sit down and drink."

"If I wasn't working," says Debbie Speers who is working on campus police at the moment, "it would be super. I could dance!"

"I always go to bed and say that I did the best I could. A lot of people can't say that," says McCabe.

He feels like he's going to burn himself out but every year he takes six weeks off to go fishing. Even then, he's up early in the morning and to bed late at night.

"I admit I'm a workaholic," he says with a tinge of pride.

Right now, that energy is going into three fulltime projects: Miller's Jug (who have just lost bassist and good friend Dave Weir to a musical retirement—this is Bruce Jacobs' first night with the band), the non-profit Seaweed Theatre in Dartmouth and the new Maritime Media Workshop in Halifax. When he talks, he quickly gets the necessary music talk out of the way and then talks about the Workshop. It's everything, it seems, that he believes in—the Maritimes, hard work, professional and non-professional talent and local television productions. It's like an expansion of the concepts behind Miller's Jug.

Then a bit of "Duelling Banjos" in Miller's Jug style.



FRANKIE PHOTO

Rock music

by David Cushing
Staff Reporter



Miami—The Gun Club

"Like, I formed the band and I thought it was gonna be fun. I didn't know I was gonna end up like killing myself... destroying my own personal life. Like if I wasn't doing this, man, I don't know what I'd do."

J.L. Pierce

For most people, the blues are an acquired taste. The same can be said of punk music which to some is more pain than pleasure.

If a band put the two together, no doubt they would be very different and require time for the listener to become acquainted with them. That band is The Gun Club.

The creation of its singer and songwriter Jeffery Lee Pierce, The Gun Club come from Los Angeles, the west coast centre of the punk, rock-roots revival in the States. Pierce grew up listening to pre-war blues and was then exposed to punk music in L.A. where he briefly worked for the music magazine, *Slash*. He first formed The Gun Club just for fun but eventually they recorded their first album, *Fire of Love*, for \$2,000 and released it on the punk L.A. label, *Slash*.

Miami presents a different version of The Gun Club. Noticeable right away is the clear, spacious sound of the album, whereas *Fire of Love* sounded very rough and muddled. But as Pierce pointed out, what do you expect when you spend ten times more money on producing an album? Critics and the public alike say Pierce, and especially Stien, have tried to clean up the band, to make them more commercial. Regardless of production, the band still defies what

could be called commercial material or presentation.

Nonetheless, the production seems at times to have sapped some of the immediacy out of The Gun Club. A certain spark is missing at times, like on "Texas Serenade". Pierce's voice seems to be lacking the extra grasp of desperation needed to sing the blues, albeit in their quick paced version of the blues.

Even with the spark missing at times, Pierce is still a captivating singer. When he sings, he is like a man possessed. For the few moments that a song lasts, Pierce is a piece of that song. When he sings, "I ain't never been a Christian/I don't want to be baptised," in Fogerty's "Run Through the Jungle", you believe him and he almost scares you in a way that the original never did. And through each song, he sounds more and more like Jim Morrison and Iggy Pop singing a Robert Johnson number, backed by the Stooges in somebody's old beat up garage.

As the album rolls and stumbles along, the songs change from rave ups to blues/folk ballads. Whereas the first album was performed at one speed only (fast), The Gun

Club slow things down a bit on *Miami*, although the album still contains its share of hell bent thrashings. Along with the fury of "Like Calling Up Thunder", "Bad Indian" and "John Hardy", there are slow numbers like the haunting "Watermelon Man" and the cathartic cleansing of "Mother of Earth", the calm after the storm.

The band also plays some songs, like "Texas Serenade" and "Carry Home" at a controlled, reserved pace that can't help but suggest that they were initially meant to be played in a more furious, intense way as on *Fire of Love*. The emotion is still there but not up to what the band is capable of. But the album still holds up due to the consistent performance of the band.

Although not the follow up that was hoped for, *Miami* succeeds in displaying another side of the band's intentions and the only one available in Canada. The album takes you on a ride through the blues world they have envisioned and it can't do less than change one's aural perception. Hopefully they'll take us on another ride in the near future.

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ALBUMS



views of '82

Best rock music recordings of 1982 as seen by Christopher Williams, Picaro Entertainment Editor:

1. **Saga**—In Transit
2. **The Who**—It's Hard
3. **Elton John**—Jump Up
4. **Frank Zappa**—Ship Arriving Too Late to Save a Drowning Witch
5. **XTC**—English Settlement
6. **Toronto**—Get it on Credit
7. **Men At Work**—Business as Usual
8. **The Go Go's**—Vacation
9. **John Cougar**—American Fool
10. **Payolas**—No Stranger to Danger

Most disappointing Recording artists of 1982:

1. **Reo Speedwagon**—Good Trouble
2. **Trio**—Da da da
3. **Barbara Woodhouse**—How to Train your Dog
4. **Bob Seger**—Nine Tonight
5. **Supertramp**—Famous Last Words
6. **Rush**—Signals
7. **Coney Hatch**—Coney Hatch
8. **Survivor**—Eye of the Tiger
9. **Heart**—Private Auditions
10. **The Who**

The top 10 as seen by Rick Jesso, the Wednesday night DJ at Vinnie's Pub:

- (in no particular order)
- Dire Straits**—Love Over Gold
Robert Plant—Pictures at Eleven
Toronto—Get It On Credit
Elton John—Jump Up
Men at Work—Business As Usual
A Flock of Seagulls—self titled
Joe Cocker—Sheffield Steel
Crosby, Stills and Nash—Daylight Again
The Police—Ghost in The Machine
38 Special—Special Forces

Regrettably, there was not enough space to print Rick's comments or rating for the albums. We thank him for his time in putting his list together.

The top 10 according to David Cushing, music critic and writer for the Picaro:

- (again, no order)
- Lou Reed**—The Blue Mask
The Penguin Cafe Orchestra—self titled
Elvis Costello—Imperial Bedroom
XTC—English Settlement
The Bongos—Drums Along the Hudson
Brian Eno—On Land
X—Under the Big Black Sun
Kate Bush—The Dreaming
Laurie Anderson—Big Science
Paul McCartney—Tug of War

Let's remember than none of us have heard a fraction of the music recorded this year.

The ten most sickening artists of 1982:

- Asia
The Go-Go's
Charlene
Juice Newton
The Rolling Stones
The Who
The Human League
John Cougar
Chris de Burgh
almost anything else played on Halifax radio!

Inuit artist incorporates northern environment

by Helen J. Bowers

Pudlo Pudlat is an Inuit artist who incorporates the environment of northern Canada with his exposures to modern technology in a unique, yet still traditional style. An exhibit of his work is one of two on display at the MSVU Art Gallery until January 23.

Pudlo is a very innovative artist, as he comes from an Inuit village where art supplies and new art techniques are in limited supply.

His pictures combine the lifestyle, surrounding landscape and ancient spiritual beliefs of the Inuit with the facets of the technological advances that have encroached upon them. Images of planes, helicopters, snowmobiles and other vehicles appear constantly in his drawings alongside igloos and the indigenous animals of the north.

His combinations of the traditional and the modern, and the humorous and the grave create contrasts generating fascinating images more interesting than most Inuit prints. Pudlo disregards conventional representation of volume, linear perspective and relative proportions but in doing so he produces excitement and is able to give stress to that which he feels is important. He also uses the rhythm of repeated shapes or colours that result in pleasing subjects for viewing.

Pudlo's prints are representative of Inuit art in style and media but do not adhere at all to the traditions of content. This originality, however, is beneficial to his art more than it is detrimental, as it is much more interesting than conventional Inuit prints. Pudlo's work leaves the observer with a satisfied feeling which is not present after viewing the work of many of his colleagues.

The other exhibit, entitled **Regional Realism**, is a selection of works from the permanent MSVU private art collection. It is an impressive display of work done by artists who are native to, or living in, Nova Scotia.

The exhibit has been divided into five sections: still-life, landscapes, structures, the figure, and imaginary. Each of these sections reflects, through realistic art, a facet of life in Nova Scotia. The organization of this display somewhat limits the observer in many cases—he feels obligated to accept

the organization of the pictures as the correct order in which to define the point being made by each artist. But he still gets a clear look at each picture, enabling him to see each artist's feeling for the Nova Scotian environment.

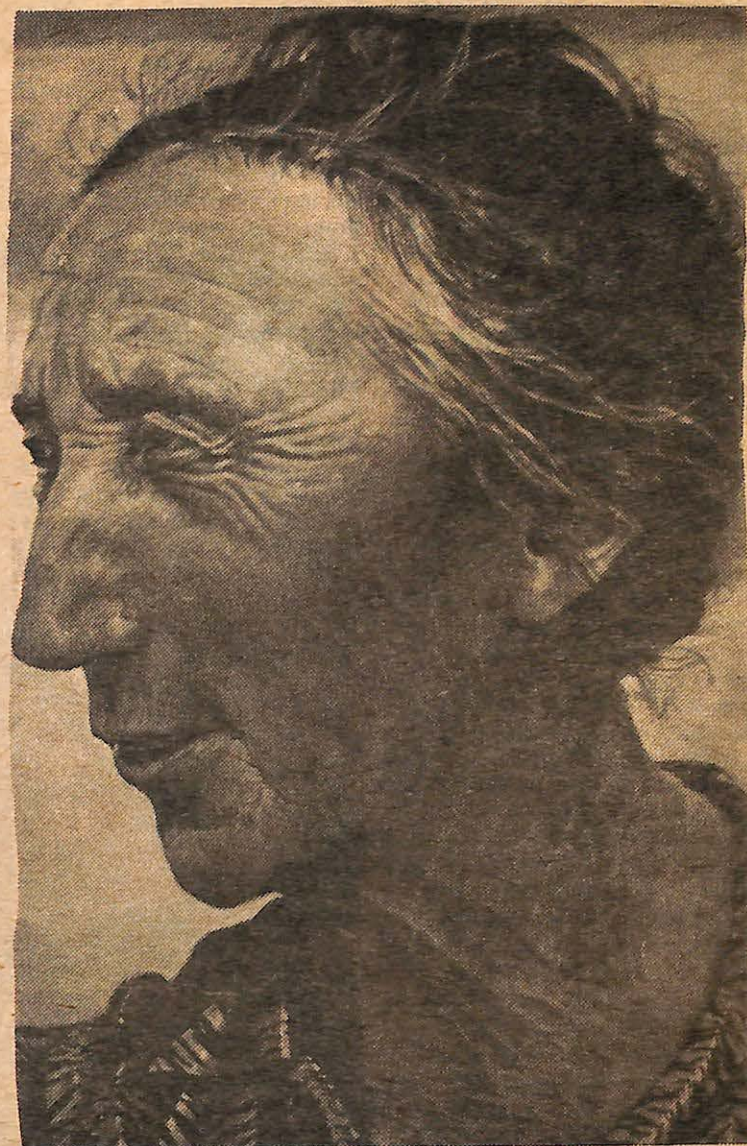
The work in this collection is very interesting. Although it is all relative to a central theme (realism in Nova Scotian art) it is of varied media and content. Each artist is an individualist and this is reflected in the wide variety of conceptions of realism presented in this exhibit. From the infinitely detailed self portrait by Suzanne MacKay to Karl McKeeman's perplexing series of West Devil's Island, the viewer is made aware of the artists' differing concepts of realism. The works in this exhibit

demonstrate well the many different ways in which an object may be seen and interpreted.

The next display to be presented at the Gallery from January 27 to February 6, is the 9th Annual University Community Show. This is an exhibition of the talents of uni-

versity staff and students, whether they be photography, carpentry, pottery, gardening, baking, painting or the performing arts. At least one work in five will be shown. Entries will be accepted from January 15 - 22.

MARSHALL PHOTO



Djokic—Amongst the pansies

by David Cushing
Staff Reporter

Pierre Djokic was to give a recital at the Dalhousie Art Gallery, free of charge, on Sunday. Why not write a story for the Picaro?

Why? Probably the best reason I can think of is that I know absolutely sweet nothing about classical music. Another reason? Basically, who the hell is Pierre Djokic? If you know the answer, don't hit me or abuse my name. Just kindly write me a letter or let me live blissfully in my ignorance. Perhaps we can sponsor the "Find out who Pierre Djokic is" contest. Then again...

Anyway, I did get to listen to Mr. Djokic, who played the cello beautifully for almost an hour and a quarter. Unfortunately, I had to sit amongst some of the artist, pansiest, most sickeningly nice people that live in Halifax. A couple of punkers, bikers or hippies would have helped stir the crowd up a bit. What an obnoxious bunch!

At least Djokic was above the crowd, as he played through pieces of **Debussy, Brahms, Hindemith, and Chopin**. The moods of each piece either reinforced or complemented the rainy, overcast day outside. For some reason, the music reminded me of a sailor going off to sea and his wife protesting, yet knowing that he must go. The battle rages in the lighthouse as the sun occasionally breaks through and the surf continues to break.

Especially sombre was Hindemith's Sonata for solo cello OP. 25 No. 3 (catchy titles, I tell ya!). It was a difficult selection yet Djokic seemed to pull out the stops to convey the subtle textures of the music. It was also difficult to listen to, as the lack of a consistent melody let one's thoughts wander aimlessly to the paintings within the gallery. Then **Lynn Stodola** rejoined Djokic on the piano to play some more adept, sparkling passages, much to my relief.

But I would agree with Gould in that the recording studio is the future of music. How can you comprehend and appreciate such complex, lengthy compositions in one sitting? You can't, and anyone who disagrees is full of horse pucky.

Nonetheless, Djokic was first rate (by what standards? My only Strauss record?) and when these sort of things are FREE, who can pass up such good performances?

Don't forget the contest.

Heart foundation

Jump off

by Melanie Smith

Skipping is an excellent way to increase aerobic fitness. It requires strength, endurance and co-ordination. It is a bit more interesting than jogging. It is also far more convenient because you don't have to go anywhere to do it. For years now, physical educators have known the values of skipping and now they have teamed up with the Heart Foundation to issue a fund raising drive for Heart Research.

The Athletics Recreation Office will give advice on jump rope techniques and encourages practice so that the individual's stamina can be built up. As a person practices and perfects their technique, they find it becomes easier and they feel better all over.

There will be a Jump Off, held on February 14, 1983. This Jump Off will have a number of participants, all of which will have sponsors as to how much or how long they can skip. Sponsors will be from the University and surrounding community. This drive will make a double barrel attack on heart disease, by raising money for



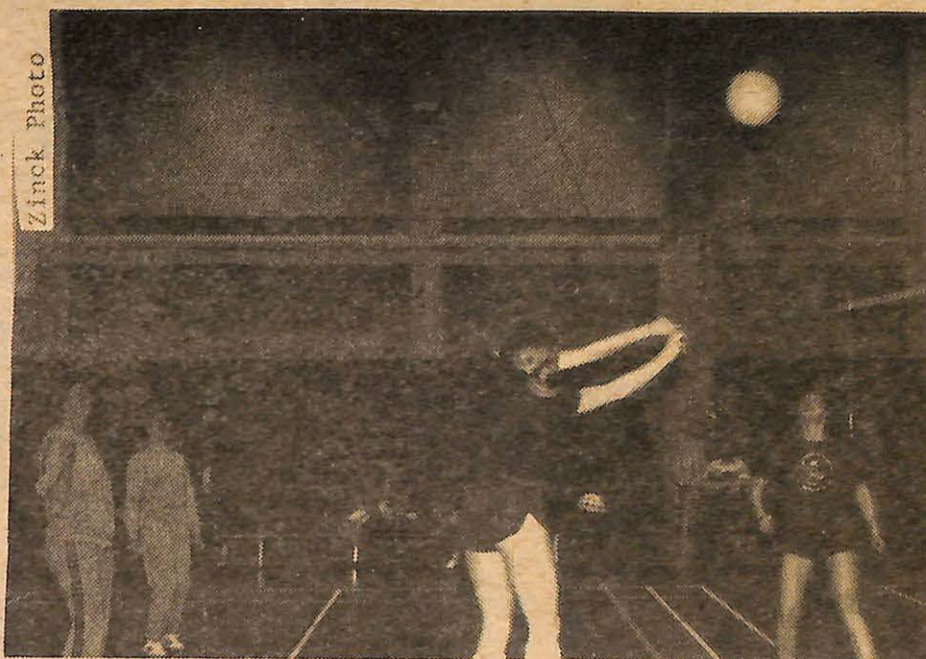
research and increasing the fitness of the heart on a personal level. There will be prizes for participants such as participation buttons, T-shirts, skipping ropes and other goodies.

It is hoped that this will inspire some people to think about their own body and others. Health is a precious gift and if one can work on his/her own health as well as help others, everyone will be a inner.

RA's defeat housing staff

by Dan Chamberlain
Staff Reporter

The RA's defeated the housing staff 15-0, 16-14, 14-16 to win the Beach Volleyball challenge played here Wednesday. After the third set, the RA's played a regulation set of volleyball, winning it 15-12.



Women's team defeat Alumnae

by Dan Chamberlain
Staff Reporter

The Mount Saint Vincent University Women's Basketball team defeated the MSVU Alumnae 30-29 in an exhibition game played on campus.

The Women's team led the alumnae 16-4 after the first ten minute half.

The Alumnae made a strong second half come-back due to the magical fingers of the scoreboard operator. This person made a close game out of a mismatch.

300 Club Winners

The Athletic/Recreation office would like to congratulate the 300 Club Winners along with thanking all those who bought tickets. The Grand prize winner of \$1,000 was Dianne Ayers. One hundred dollar winners were Mrs. R. Bellefontaine, Marilyn Dauphinee, Harry Elsinga, Richard, Lionel and Helen Theriault, and Joe Teichman. A special thank you goes out to all those athletes who worked very hard to make the fund raiser a success.



Get Moving!

Athletics / Recreation Program

by Melanie Smith
Winter Program

Athletics/Recreation has their new winter program underway. However, it is not too late to sign up if you are interested in participating in any program. Among those being offered are Social Dance, Ballet/Jazz, Aerobics Exercise, Women's Self Defense, Weight Loss, Yoga and Sport Skills. All are available to Mount students, faculty and staff as well as to the surrounding community. It is an interesting and fun way to get your body in shape as well as trying something that is different.

The Intramural activities have started up again and are open to anyone who would like to play. Whether you are a novice or an

expert, this is a time to have some fun and exercise. The Intramural Schedule is as follows until the end of February:

Monday & Wednesday
4:30- 6:00 p.m.

Basketball

8:00- 8:30 p.m.

Sport Skills (related to the Intramural activity following)

8:30-10:30 p.m.

Indoor Co-ed Soccer

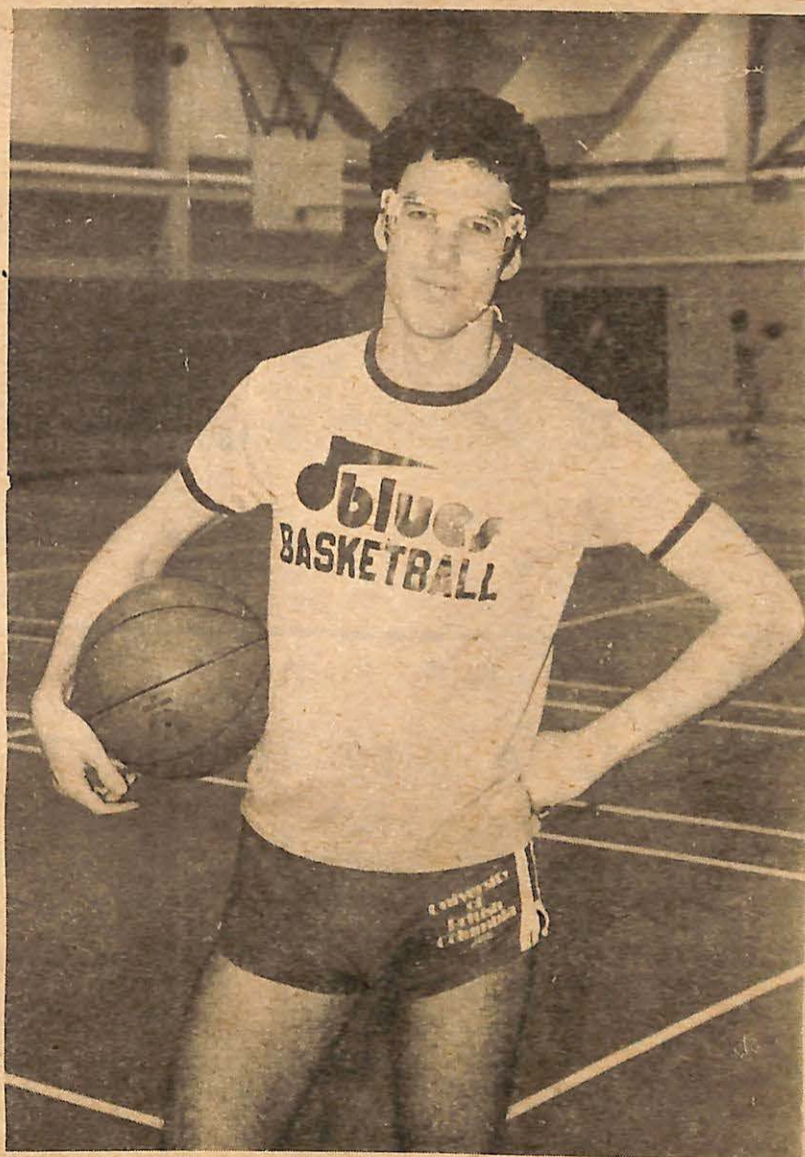
Tuesday & Thursday

8:00-10:30 p.m.

Badminton

Friday

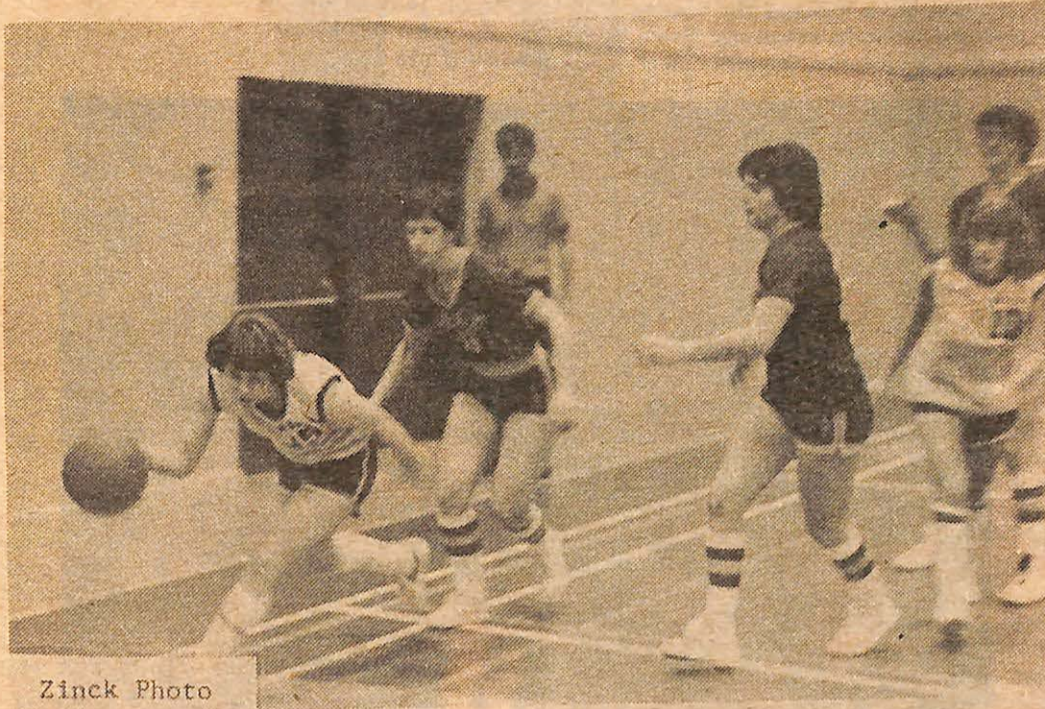
3:00



Athlete of the Week

Dave Cushing, a member of the MSVU Men's Basketball Team is this week's MSVU Athlete of the Week. Cushing, a forward on the team, is the top rebounder on the squad, and is consistently among the top scorers. Cushing is a first year PR student who originally hails from Alberta.

Women's Basketball team lose to NSAC



Zinck Photo

by Dan Chamberlain
Staff Reporter

The Mount Saint Vincent Women's Basketball team lost 63 - 46 to NSAC in a home game last Wednesday. NSAC led the Mount 32 - 19 and outscored them 31 - 27 in the second half.

Passing and fouls seemed to be the Mount's problems. Two players fouled out in the second half and long passes never reached their target. At least two long passes went out of bounds and a third was intercepted by the opposition.

Four players hit double figures

for NSAC, Ronda Bellefontaine, 16 points; Margot Danderiet, 14 points; Gloria Penny, 13 points and Darlene Acton, 10 points.

Also scoring for NSAC were Donna Nable with 8 points and Diane Dunlop with 2 points.

Hitting double digits for the Mount were Cheryl Boudreau and Suzanne Karis with 10 points each.

Also scoring for the Mount were: Andrea Brinton, 7 points; Alice Sandall, 6 points; Janet Porter and Kelly Bryan, 4 points; Tina Creelman, 3 points; and Debbie Crozier with 2 points.



Men's Basketball team lose to Schooners

by Dan Chamberlain
Staff Reporter

The MSVU Men's Basketball team lost 47-35 to the Halifax Schooners in an exhibition game played at the Mount last Wednesday.

The Mount led 20-14 at half time but lost it in the second half when the Schooners came to life. They outscored the Mount 33-15 in the second half. A tightened defense in the second half helped

bring the Schooners to victory.

Dave Ridell scored 20 points for the Schooners. Other Halifax scorers were: Pat Nearing, 10 pts; Bill MacLean, 6 pts; Roger Hammond, 4 pts; and Murray Pickrem with 2 pts.

Rob Chisholm scored 14 pts for the Mount. Other MSVU scores were: Richard Theriault, 9 pts; Dave Cushing, 5 pts; Bruce Backman and Frank Demont, 4 pts each and Doug Betts with 1 point.



Zinck Photo

Fitness Tests

by Melanie Smith

Everyone remembers that now famous "Sixty year old Swede", who put that "thirty year old Canadian" to shame way back when in the early 1970's. That advertisement put out by Participation to get Canadians moving and into fitness has had a marked impact on our nutrition and fitness habits. It has been proven time and time again that a body in good physical condition can make a big difference between feeling fine and feeling great. It can also bring about a big decrease in the number of health problems experienced by an individual. That is why the Mount's Athletic/Recreation office will be holding Fitness tests during the week of January 24 to January 28, 1983.

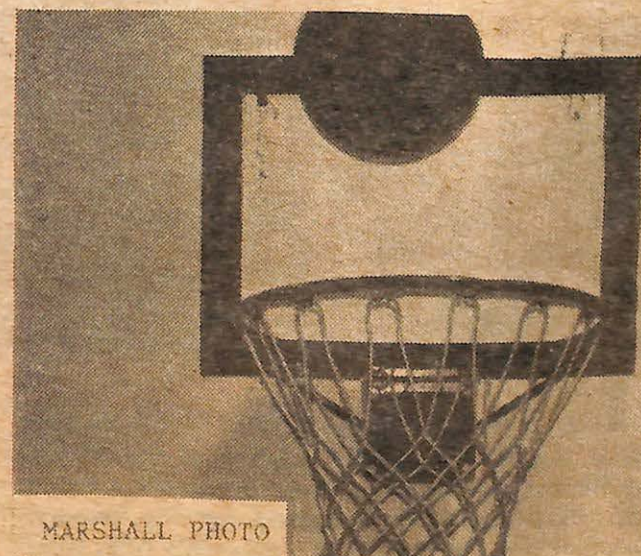
These tests will measure the individual's level of fitness using the Canadian Standardized Fitness Test. This test takes several measurements such as height, weight, sex, age, skin calibrations, pulse,

blood pressure, endurance and flexibility. All these combine to give a reading on the individual's personal fitness. The reading taken will be compared to the norms based on previous studies conducted through Fitness Canada.

Knowing what your fitness level is a great advantage. It tells you where you are and how far you will have to go to get to the national norm. The staff at Athletics/Recreation are prepared to offer some advice to help you get on the road to fitness. They can recommend activities that will be of the most benefit to you as an individual. (All of this is free of charge.)

A University has a fairly young population. If people attempt to do something now about their bodies, they can avoid some problems in later life. This is an opportunity to know about yourself. If you wish to participate, please contact the Athletics/Recreation offices for further information, at 223 Rosaria.

You win some
but then again - you lose some!



MARSHALL PHOTO