

THE PICARO

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JAMES TILLEY

Angie Elsinga (Arts & Sciences Representative), Crista Stone (Student Alumnae Association President) are just two of the many students who attended last weeks Day of Action.

Students just want to be heard

BY JAMES TILLEY

The Canadian Federation of Students (CFS), a coalition of over 400,000 university and college students including those from the Mount, protested against student debt on Tuesday, January 27. Two buses left the Mount carrying students and faculty. This vocal group joined a growing crowd of protesters with representatives from University of Kings College, the Nova Scotia College of Art and Design and many other supportive students from other schools and representatives from other organizations across the province. The "Day of Action," was nationwide protest against student debt.

"It was great to see such a good turn out," says Timothea Gibb, Vice President External of the Student Union. "It helped to raise awareness

of people in general, of the issues that students face."

Hundreds of students converged on downtown Halifax to demand a freeze on tuition fees, stop the federal funding cuts, cease income-contingent loans and to set up a national system of grants. The protest took the form of a march from the Kings Campus to Province House, where speeches were made in protest of the rising costs of education. A petition is also being signed by many Mount Students in support of the demands made by CFS.

The Mount faculty association was the only visible support from any faculty during the Day of Action. Several professors were in attendance, and some gave permission for student to miss class so that they could attend. Other

faculty associations and over 100 other groups and unions have endorsed and supported the campaign to stop student debt. Several were in attendance and made speeches at the day protest.

Much symbolism and props used during the several stops, helped accentuate the message of the CFS and its supporters. A stop was made at every bank to help get their point across: Many students have up to \$25,000 in debt, while banks profit greatly at the expense of students. One stop by the hospital used a large 'Band-Aid' to illustrate what a horrible mess the Health Care Industry is in because, the government is only using temporary solutions to a greater problem. This is another of CFS's ultimate goals to fix Health Care. The large boot used at the Queen Elizabeth High School

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THE TRAVOLTA\$

W. BOUTHEVIN

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News

The Picaro

Volume 33 Issue 9

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The Picaro is dedicated to informing, challenging and entertaining the students of MSVU, and to provide them with a forum to air their views.

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Frankly seeking Sue

Sue Johanson a.k.a "The Sex Lady" gives a frank discussion on sex at MSVU.

BY TIM BOUDREAU

On January 19th, 1998, Sue Johanson, of "The Sunday Night Sex Show" fame made a brief but memorable visit to the Mount. Arriving fashionably late (she was still on Toronto time) at approximately 7:15 pm, Sue proceeded to provide an informative and delightful discussion on sex to a full auditorium of people.

Sue's entrance was met with gratuitous applause, after which she announced, "We are going to spend the rest of the evening talking about SEX!", which was met with an even more enthusiastic response. "Now I said we were gonna talk about it. I didn't say we were going to do it!", Sue admonished. The Sex Lady went on to say that, "Talking about it is so much more difficult than doing it. It is so easy to have a roaring, thrashing good time. Thats easy, talking about it, thats the hard part."

Talking about sex didn't seem too hard for the famous sex therapist. Throughout the course of the 150 minute seminar, Sue conducted an informative and provocative discussion, while at the same time entertaining the packed auditorium with her zany antics. The audience of curious



TIM BOUDREAU

Mount students, and non-Mount students were often rolling in laughter as Johanson related her copious sex knowledge in frank and light hearted manner.

Johanson believes that talking about sex with people is

very important, and that generally university students are not as informed as they should be. "Learning about sex is probably the hardest thing you ever did. We taught you, in school, more than you ever wanted to know about every other aspect of living, and we totally neglected to teach you about one of the most important aspect of living: Your sexuality. You are born sexual." Johanson went on to say that early in life children receive negative messages about their sexuality, "Don't do that! Nice girls don't do that!", she said, "and we integrate that parental injunction into our behaviour."

After she gave her informative speech, Johanson spent the last half hour answering questions from the audience, which were written down on pieces of paper and therefore anonymous. Before she made her exit, Sue took a few moments



TIM BOUDREAU

to meet with and talk with members of the audience, and even to pose with them for a few pictures.

MSVU Faculty Contract Negotiations On-Going

BY SHERI L. SOMERVILLE

Full and part-time faculty members continue to negotiate the terms of their respect contracts and have come to agreement on most of the items contained in their contracts except the issue of salaries.

Full-time faculty representatives have been meeting on a weekly basis with the university since October and will continue to meet throughout January and February until an agreement is reached.

"Not much has changed since before Christmas," said Dr. Chris Ferns, full-time faculty chief negotiator. "We are meeting on Monday to exchange salary proposals and I expect there will be a fairly large gap."

According to Ferns negotiations have been amicable so far. MSVU has not proposed any radical changes to the collective agreement. However, salaries at the Mount remain at about 10.7% below the regional average.

"The full-time faculty's workload has increased as a result of the non-replacement issue and members are substantially underpaid," said Ferns.

Part-time faculty negotiations have stalled on the issue of salary. Members have been offered a three year contract that would bring them from \$5000 up to \$5900 per full unit course taught by the end of the third year.

"This is unacceptable, we feel that this is our first contract and we've been dramatically underpaid in the past," said Michael Earle, secretary-Treasure of CUPE local 3912. "We just want to be brought up to other universities in the maritime region."

Currently, part-time faculty at Memorial University receive \$7200 and \$7000 at the University of New Brunswick. "We are going to hold on this and we can't see why they can't re-adjust," said Earle.

A strike vote will be held on February 18 or 19 for the part-time faculty members. A yes vote could result in a strike as early as March 4, 1998 if an agreement is not reached. "We would be willing to undergo binding arbitration if the university agrees, but I can't see that happening," said Earle.

Judith Woodsworth, vice-president academic for the Mount, also believes that negotiations have been very cordial. "We have complete agreement on a number of issues and some are ready to be signed off and just need rewording," said Woodsworth. Woodsworth feels that the Mounts offer of \$5900 is fair, but the part-time faculty want \$7000.

"If we give that kind of an increase the money has got to come from somewhere. For example, tuition, and we don't like to see that," said Woodsworth.

Enrollments at the Mount have decreased this year and advertising costs have also increased. "A lot of factors go into determining how much of an increase can be tabled. Also the funding formula is being introduced and the Mount will get zero of the proposed \$22 million," said Woodsworth. "We recognize what faculty members are required to do. We are trying to remain fair."

All parties maintain they wish to avoid a strike if possible. "Our first commitment is to the students," said Woodsworth. "Faculty and administration both realize this."

Don't Pay Your Student Loan!

BY SHERI L. SOMERVILLE

If someone gave you the opportunity not to pay back some of your student loan, would you take it? Most students would jump at the chance; however, a lot do not seize this gift from the government.

There are students out there who do not realize that they may be eligible to not pay back some of the student loan they have borrowed from Canada Student Loan (CSL) or Nova Scotia Student Loan (NSSL).

Yes, you have read this correctly! The Loan Remission Program is designed so that eligible students may have a portion of their student loan repaid by the provincial government.

In an age where the average student debt load upon completing an undergraduate degree is \$25 000 in Canada, students can not afford to miss out on this opportunity. Who among us can really say that they want to repay all of their student loan.

The Loan Remission Program requires students to fill out a separate application and they must meet certain eligibility requirements. It is not just a one time thing. If you want loan remission for your student loan next year you must re-apply. You have to re-apply each year that you receive a student loan and students have until four months after the end of their study period to get the application in.

The amount that the provincial government will repay depends on things such as: the total amount of student loan you received, how long your study period was, and how many courses you have successfully completed.

So don't miss out! Applications and the eligibility requirements are available from the Student Assistance office in the Trade Mart Building (424-8420) or can be printed off the Web at Stuasst@Gov.NS.CA.

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February 11, 11:00 a.m.
Location TBA
For more information contact Janne Cleveland 457-6123

News

Students just want to be heard

continued on page 4

was to show the students what their life will be like during and after their university careers. There was a large post card in support of the Postal Union. Several large bureaucratic looking caricatures were brought to province house. The ultimate symbolism was the copious quantities of red tape.

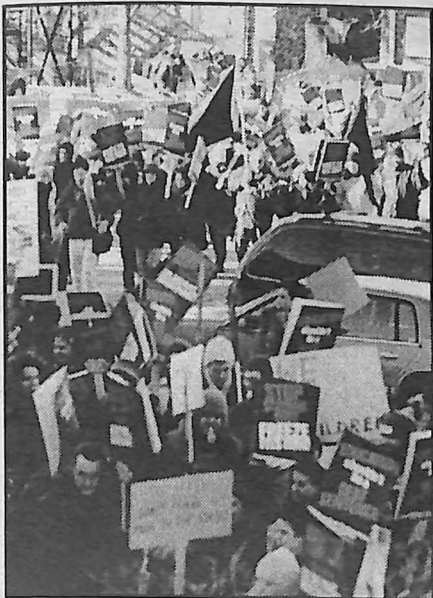
The route took the column of students down Spring Garden Road at probably one of its busiest times. Drivers and other pedestrians watched and some showed their support

by honking horns or taking up signs. Traffic was stopped on occasion but it remained a peaceful protest.

The Media was also there in full force including university papers, the commercial papers and a handful of television reporters. The local businesses watched as the placard-toting protesters marched through the streets. The beating of drums and the blaring of megaphones and trumpets added to the sound of the chanting crowd.

"I think the parade was a good idea, we were more visible throughout the city. It kept us moving so we didn't freeze," commented Gibb. "The idea of a parade gets people more energized than just standing listening to speakers."

Only time will tell if the government makes all of the proposed changes to legislation, or if any are even considered. This campaign was run in conjunction with similar protests that were held across the country.



JAMES TILLEY



JAMES TILLEY



JAMES TILLEY



JAMES TILLEY



JAMES TILLEY

Pagans Discovered at MSVU

SHERI L. SOMERVILLE

Terri Roberts and Kari McGee look like typical students traversing the halls at MSVU; however, they are anything but typical. These young women are part of a small, but enthusiastic contingent of students who call themselves pagans and have founded the Pagan Society.

"We wanted to create a community for pagan students and a resource group as well. We want to drum up knowledge and respect and mutual learning," said Roberts. "You never know what to expect [from people], we don't want to get lynched or anything."

For some, paganism conjures up ideas of witches and warlocks and others just have no idea what it is. "People fear what they don't understand," said McGee. "We're very passive, not violent or evangelical."

Paganism is a form of religion that follows the ancient belief system before Christ and dates back to the early Greeks and Romans. "It's very similar to Indian religious beliefs," said McGee. For these young women, paganism is all about being comfortable with what you believe.

McGee is a Wicca, which prescribes to the doctrines and practices of witchcraft. "Think of the good witch Glenda in the Wizard of Oz," she said. Roberts, on the other hand, is a Druid. A Druid is a member of a Celtic religious order of priests, judges, and community or spiritual leaders. "Think of Merlin," she said. "But the main idea is to never stop learning."

They explained Wiccans and Druids as different religious belief systems within paganism. "It's like Protestants and Catholics in Christianity," said Roberts. In paganism, casting a spell is like saying a prayer. "It's the same damn thing," said Roberts. "Prayers, spells, and rituals are just a way of focusing your energy into something."

"You can never really put a spell on someone," said McGee. "We have one golden rule: be it harm none, do what thou wilt; which means HARM NONE."

McGee explained candle magic as being another form of prayer. "For example, with a green candle I would pray for money," she said. "Colors are very important." She wears a green bracelet on her

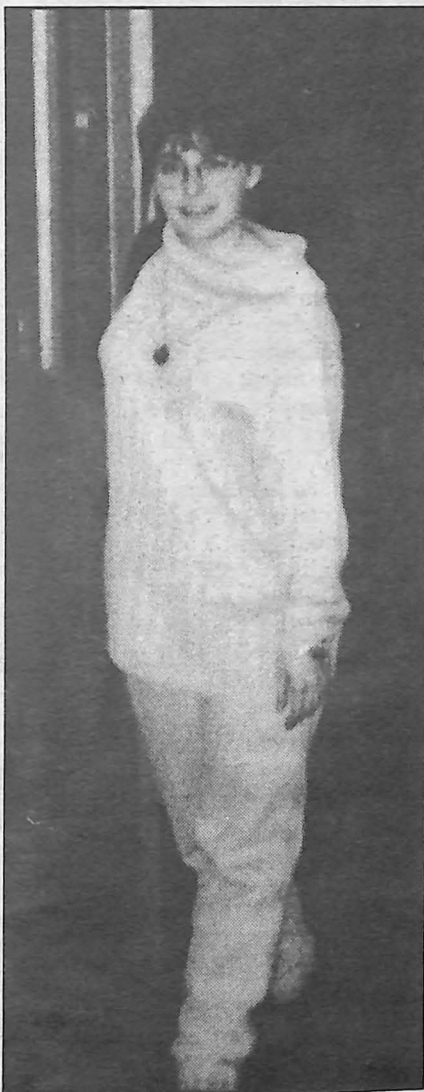
wrist to bring her good fortune and a pendant called a Pentagram that is the symbol of protection.

The Pagan Society promotes tolerance and learning. "We won't tolerate the bashing of religious beliefs of any kind," said Roberts. "We want the general public to be informed, we want them to come in and ask questions, chat, or just for support."

The society held its first meeting on January 27 with approximately 10 students and two faculty members in attendance. The meeting was successful according to Roberts and McGee. "There are pagans coming out of the woodwork," said McGee.

Roberts and McGee got the idea for the society rolling in November with the support of Dr. Jenny Blaine. They went through all the proper channels and the society ratified its constitution on January 23.

The society will meet again on February 3 and students can contact Terri Roberts for more information by E-mail at Druid_Grove@hotmail.com



SHERI L. SOMERVILLE



SHERI L. SOMERVILLE

News

Acadia profs reject latest offer

BY MICHAEL NASH

SOURCE: THE ATHENAUUM

WOLFVILLE (CUP) - Following an overwhelming rejection by Acadia University faculty of the administration's latest offer, contract negotiations have resumed at a heightened pace. On Jan. 20, 97 per cent of the 171 faculty members voting on the latest offer rejected it. 95 per cent of 163 participating faculty members cast ballots in favour of setting a strike vote for Feb. 2 and 3, providing a tentative agreement is not reached by that time.

According to Jim Sacouman, president of the Acadia's faculty association, the tallies indicate "overwhelming support" for the faculty negotiating team and its executive. Talks between faculty and representatives of the Board of Governors resumed Jan. 24, and were expected to continue until Jan. 29. Previous to the 24th, they had been at a standstill. A provincially-appointed conciliator had been called in earlier this month to help the two sides reach an agreement, but left after just two days when the sides deadlocked over what was on the table for negotiations.

As with previous talks, no details are being released to the media.

"All I can say is that talks are continuing, and that's information in itself," Sacouman said. Acadia students have been frustrated with the lack of progress in contract

negotiations, which started last fall. Earlier this month they staged a day-long sit-in at an administration building, and there have been calls for the resignations of both Sacouman and Acadia president Kelvin Olgilvie.

Acadia student union president Paul Black says he welcomes the resumed talks. And while he says he is concerned about the tight time frame under which negotiations are taking place, he adds that the looming deadline could spur action. "[It] may lend some urgency to the matter," Black said.

The two main issues of contention between faculty and administration are salaries and the language of the new contract. The faculty is calling for a five per cent raise retroactive to last November and in each of the next two years. The administration is only willing to give faculty the five per cent retroactive raise, with smaller increases in each of the next two years.

Faculty also say the wording of the new contract may radically alter some of the fundamental operations of the university, such as grievance procedures and tenure. "The Board of Governors is attempting to eliminate Acadia's traditional collegial process of university governance and academic freedom," Sacouman stated in a press release last week.

Memorial fundraising efforts "smoking"

BY KIP BONNELL

SOURCE: THE MUSE

ST. JOHN'S (CUP) — Memorial University is close to reaching the \$25-million target set for its largest fundraising endeavour ever, but it's getting there with the help of what some say is tainted money. Imasco Ltd. of Canada has given Memorial's Opportunity Fund a gift of \$200,000. The parent company of well-known firms such as Shoppers Drug Mart and Hardee's restaurants, the Imasco business empire also includes Imperial Tobacco, producer of the DuMaurier and Players cigarette brands.

With a market share of almost two-thirds, Imperial Tobacco is the largest manufacturer of cigarettes and tobacco products in Canada. And for some people, tobacco money is dirty money. "We all know the dangers of smoking and we all know what age group the tobacco industry targets — young people," Eric LeGresley of the Non-Smokers Rights Association, an Ottawa-based lobby group, said. "By accepting this money, Memorial is contributing to a climate of acceptability of these corporations."

Tobacco companies have been coming under increased public scrutiny in the wake of a number of alarming revelations. On Jan. 16, documents came to the media's attention which revealed that Toronto-based RJR Macdonald Inc., between 1979 and 1987, commissioned market research on teenagers. And on the Jan. 20 edition of the Fifth Estate, it was reported that both RJR-Macdonald and Imperial Tobacco were complicit in the smuggling of cigarettes into Ontario.

Imasco's contribution to the fund, confirmed by company spokesperson Diane Gatineau, was news to Memorial president Art May. But he was quick to point out the benefits of such a large gift. "We're glad to have the money," he said. "This means we can put it to

use with things like scholarships and academic endowments."

Money from the Opportunity Fund will go towards scholarships, a new student centre and an athletic facility at Memorial. The Newfoundland government has agreed to match all campaign contributions on a dollar-for-dollar basis, which would potentially push the total to \$50-million. May says the university is not about to make a "value judgement" when it comes to Imasco's association with the tobacco industry.

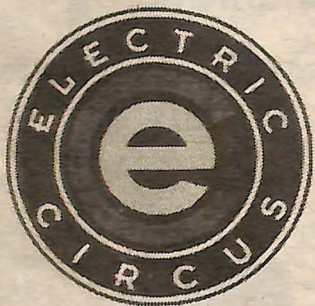
"There are many things people have objection to," he said. "Smoking is no different... I don't think I should substitute a personal standard of morality and refuse a sum of money that could do some good." Imasco has made donations to a number of Canadian universities, ranging from \$500 to \$1.2-million. This has most recently caused concern at the University of Toronto, which has received hundreds of thousands of dollars in donations from the company.

And U of T's president, Robert Prichard, is a member of Imasco's Board of Directors. Medical faculty at the university have called on him in the past to resign his directorship. The issue of donations from tobacco companies was raised when Memorial's Opportunity Fund was first launched in March of last year. At that time John Crosbie, Memorial's chancellor, said it didn't matter where any money came from.

"We don't care where the donations come from as long as we get a donation," the former federal cabinet minister said. "Money is money and if there is a donation to be had and somebody wants to make a donation, then I don't see why we wouldn't accept their money."

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U of R opens up governing process

BY PATRICK CABEL
SOURCE: THE CARILLON

REGINA (CUP) - Students at the University of Regina will now have an opportunity, albeit a limited one, to get a glimpse into their school's governing chambers. The university's Board of Governors recently voted to open two of their meetings to members of the public. Previously, all board meetings were conducted behind closed doors and the minutes were sealed.

Marjorie Brown, president of the U of R student union and the only student who sits on the board, originally put forward a motion to have all 10 of the board's annual meetings opened up to the public. After some discussion, the motion was amended to open just two. "I think the end result represents the best workable compromise that we could achieve," Brown said. "This is a positive step. This provides the vehicle for students to have access to the [board], and for students to make some decisions about what they would like to see in terms of [board] governance and representation."

The Board of Governors is the highest decision-making body at the university, and is responsible for tuition fees, the budget and a whole host of other matters. There are 12 members, including administration, faculty, provincial appointees, the student union

president and representatives of the university senate.

At the open meetings, board members will participate in a question-and-answer session. The board also decided to allow members of the public attend closed meetings, pending an application to the chair of the board. Meeting agendas will now be posted on the university's website, as will the board's decisions.

Peter Borch, a student member of the U of R senate who met with some of the members of the Board of Governors to promote the idea of open meetings, says more work needs to be done to open up the governing process at the university. "I think some ground has been gained, but it's by no means as much as needs to be gained," he said. "I think that it is good to have totally open meetings. I don't think the [board] has to worry, I don't think they would be overrun with students anyway."

Brown says she is optimistic about more changes being made to the structure of U of R's board meetings. "I don't feel this is the final step. This is the most fundamental change [to the board] that has occurred since it was constituted in this form, and I wouldn't underestimate that by any means," she said.

National News

Prof abused student says MUN investigator

BY DAVID COCHRANE
SOURCE: THE MUSE

ST. JOHN'S (CUP) — A Memorial University professor has been suspended for one month without pay after a university investigation found that he harassed and slandered one of his students. But Aziz Rahman of the engineering department has appealed the decision and the matter will be heard by an arbitrator before the suspension can be carried out.

A formal complaint was filed against Rahman in August 1996 by Rokonzaman, an engineering graduate student. Rokonzaman, or Rokon as he is known, accused Rahman of "exploiting his academic, personal and professional life" since 1995 while serving as the student's graduate advisor. "I was humiliated and I suffered tremendous psychological damage over that," Rokon said.

Rokon came to Canada from Bangladesh in 1993 with the help of the Canadian International Development Agency. He was also on paid leave from the Bangladesh Institute of Technology, where he works as a lecturer. Shortly after Rokon submitted his master's thesis in the spring of 1995, he says Rahman asked him to paint his house. Rokon refused, citing a medical condition and saying it was improper for a professor to ask students to do domestic work. Rokon says Rahman wouldn't take no for an answer and pressured the graduate student to do chores.

"I realized that as long as I was his graduate student, I would be plagued with a perpetual fear of having to perform domestic chores for him," Rokon wrote in his notice of complaint. Rokon also accused Rahman of arbitrarily changing the thesis topic he had prepared for his PhD program, as well as providing inaccurate and defamatory information in progress reports to the development agency.

He also said Rahman gave false information to local police when Rokon was being investigated for allegations of spousal abuse during

1996 and 1997. Rokon was later acquitted of all charges. Rokon's initial request for a full investigation of his complaint was initially denied by Greg Kealey, the dean of graduate studies.

In a letter to Rokon, Kealey said some of Rahman's actions "left themselves open to interpretation" but that he could not find enough confirmation of the complaints to warrant a formal investigation. Not satisfied with Kealey's response, Rokon wrote to Jaap Tuinman, Memorial's vice-president academic, and asked him to pursue the matter. Last summer Tuinman asked Christine Fagan, a local lawyer, to do an independent investigation of Rokon's complaints.

Rahman is refusing to comment on the allegations until after the matter goes to arbitration. He is, however, maintaining his innocence and says he will be cleared of any wrongdoing. "I have never experienced in my lifetime this sort of a story," Rahman said in an interview. "But it is a part of life working in a university such as Memorial. I have done nothing wrong. Nothing."

Rokon, of course, disagrees. He says the professor got off easy and should have been suspended for at least a year or even lost his job. He adds that if Rahman doesn't receive a harsher punishment he may take the issue to court.

The grad student says he is also considering a civil case against Rahman to get compensation for the damage he says has been done to his reputation. "I'm not happy with that outcome," Rokon said. "I have gone through this process and I have suffered humiliation and embarrassment."

Rahman has appealed his suspension and the case will go to two separate arbitration hearings. At the first hearing, scheduled for mid-February, Rahman will challenge Tuinman's right to appoint Fagan, a person from outside the university, to do a fact-finding study of an internal

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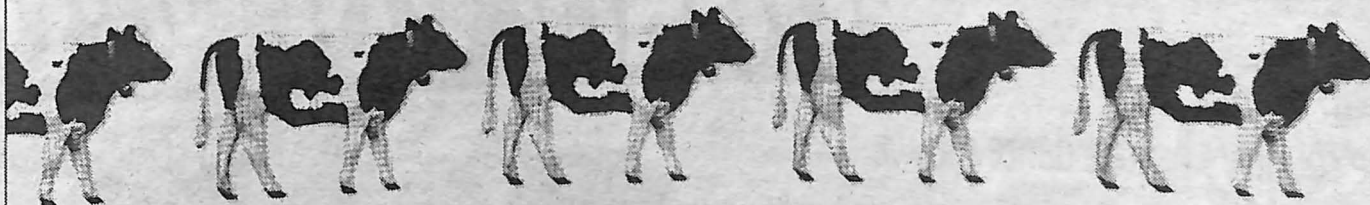
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Opinion

Would the real issues please stand up?

BY CERi YOUNG

Editor's Notes

Well, well. It seems our good friend and neighbour, Bill Clinton, is being accused of committing adultery. Since he's been in the White House. Tsk tsk. Utterly scandalous. All over the news. Clinton's version of Watergate. But I want to know, who cares? Or, since I guess it's pretty obvious that a whole lot of people care, why does anyone care? Particularly the Canadian public. Think for a minute. If Jean Chretien had been running around on Aileen, would it make National headlines? Would it make headlines in the US? Would it even, come to think of it, make headlines in Canada? A stir, sure, but would it get the media attention that the "Clinton Scandal" is getting? Thought not. So why is Clinton getting all of this media attention? Is it, as some have suggested, because everyone likes to see the US, particularly the US president, look stupid worldwide? Or is it because the

American public needs a new scandal to latch onto? Things have been pretty dull in the tabloid press since the OJ Simpson trial. Or is it even, as some conspiracy theorists have suggested, a way of turning the public eye away from the problems in the Middle East by giving them a much juicier tidbit to chew on? Does it even really matter? The fact is that this issue is getting too much press, too much thought, too much attention at the breakfast table and in my classes. Why has it become so important that Clinton had an affair? Has it affected his ability to make decisions as a president? Nope. Not at all. Does it change any of his previous political decisions? Nope. Does it change the fact that people thought enough of his political abilities to elect him to a second term in office? Uh uh. Face it people, whether Clinton had an affair or whether he didn't doesn't change anything about

Clinton as a leader. Except that we now know he doesn't "practice what he preaches" about family values. And I'm sure that everyone in North America was under the illusion that Clinton led a perfect family life. Right. Come on, at least with Nixon and Watergate, the issue was related to the presidency. This one is related to Clinton's family life. Shouldn't we leave it to his family to deal with? He doesn't need all of North America sticking their noses in. And the rest of North America certainly has a lot bigger things to worry about. War in the Gulf again; inaccessibility of education and health care; racism, sexism, and homophobia in the workplace; poverty, particularly children's poverty. Compared to these, what difference does it make who Clinton sleeps with? If we're going to beat an issue to death, let's make sure it's a good one.

What do you think of when you hear MAI?

BY KATHY MORRISON

The Multilateral Agreement on Investments, currently being negotiated in Paris, poses a major threat to the earth's environment. I have been involved in environmental organizations, like Green peace and the Sierra Club, for several years, and I fear this treaty will cause changes in countries around the world that will bring about great damage to the environment. The MAI is a treaty being negotiated between the twenty-nine countries in the O.E.C.D. (Organization for Economic Cooperation and Development). These are the twenty-nine richest industrialized countries in the world. These negotiations began in May, 1995, and the proposed date of completion is May 1998. The reason for the MAI is to give transnational corporations the unrestricted right and freedom to buy, sell, and move operations when and where they choose around the world, unrestricted by government intervention and regulations. The MAI will minimize the considerable risks and costs involved in global trade. This sounds reasonable, and it sounds like it has little to do with us. The MAI, however, poses a very real potential problem. The power to regulate the corporations is now held by governments, but under this treaty, the power to regulate will be held by the corporations themselves. This is a problem because, while the main concern of governments is of the people who elect them, the number one concern of corporations is not you, your children, or your future children. The number one concern of corporations is in making a profit. The reason I have for being worried is the NAFTA treaty, which came into force four years ago, in 1994. This gave to corporations only some of the rights and freedoms they will gain with the MAI, but it does give us a hint of what we will see with the MAI. Under NAFTA, corporations were given the right to sue a government that interferes with an investment made by the company. The following two examples

have occurred most likely because of this provision in NAFTA. In April 1997, Ethyl Corp. of Richmond, Virginia, served the Canadian government with a \$350 million damage claim, for banning the gasoline additive MMT. This gasoline additive is suspected of damaging automobile pollution control systems. In November, 1997, Regal Goldfields Ltd. served the N.S. government with notice that it was being sued over the decision to close the Jim Campbell's Barren to mineral exploration. "Similar actions by governments in North America have set the precedent of compensation to companies for loss of mineral rights." (Nov. 21, 1997 Press Release, Regal Goldfields Ltd.) These were examples of what occurred under NAFTA. But the MAI will grant freedoms above those given by NAFTA. For example, a different length of time is needed to withdraw from NAFTA and from the MAI. If one of the three countries that signed NAFTA decided that they wanted to withdraw from the treaty, they had to give notification of the decision to withdraw, and were then obliged to fulfill any treaties which had been signed under the understanding of NAFTA for the next six months. This obligation under the MAI will be for the next twenty years. There is also a difference in companies being able to seek compensation from governments. Under NAFTA, a company was entitled to full and immediate compensation from a government, if that government interfered with an investment they had made. Under the MAI, the company is entitled to full and immediate compensation if a government interferes with an investment the company has made, or has only considered making. Two changes that will be brought about by the implementation of the MAI are that acquiring land for preservation and conservation will not be protected, but a logging corporation buying a rain-forest for logging is protected. What this means, in the first example, is that the government will owe full and immediate

compensation to any company, or companies, that are using that land, or are considering using the land in any type of investment. Examples of use of the land are logging, mining, building a factory, or, perhaps, building a private company resort. I think that it would be fair to say that, under these circumstances, conservation will be much less likely to happen. And in the second example of change, a government will not be able to even try to stop a logging corporation from clear-cutting a rain forest, because they will no longer have any rights. Definitions of some terms used in the MAI are "standstill," which means that any country that signs the MAI will agree to impose no new environmental regulations that may, in the future, inhibit investments. Also the term "rollback," meaning that countries signing the MAI agree to a certain timetable to reduce regulations that exist now, which may inhibit investments. The appeals process of the MAI will consist of an international tribunal of three trade experts, who will be appointed to uphold the rules. Their decisions cannot be appealed. In summary, the Multilateral Agreement on Investments is a treaty that will give multinational corporations rights that will free them from restrictions imposed by governments. This will be a problem, because many powers now held by governments, which are accountable to the people, will be turned over to corporations, who are accountable only to the major shareholders. Because the main concern of corporations is with making the greatest profit possible, I can see a definite potential for environmental damage to occur in the future, caused by investments made in many different types of production. "For now, Canadians can only imagine where Ottawa's priorities will lie if it is forced to choose between protecting the environment, or compensating a polluting foreign investor." Ruth Abramson, Maclean's

Letters

To the Editor
Re: Instant Leprosy - Greg Jackson

(fuddle - a state of mental haze, e.g., after too much alcohol
fuddled - to stupefy or confuse, e.g., with drink
- origin unknown)

To paraphrase gregarious Irish writer, Brendan Behan, known for his fondness for the drink (not that trendy fare, i.e., strawberry daiquiris), who stated as he unceremoniously hurled his typewriter out the window of his Dublin residence in a moment of acute writer's block, "I am a drinker with a writing problem." In times of intellectual repartee, one should admit similar sentiments. I believe that Greg Jackson should aspire to nobler and gentler pursuits and not succumb to humankind's baser, knee-jerk reactions when critiquing the social issues of the day that divide women and men along gender lines. When this does occur, it is my belief that "sober" rational thought should prevail. There is no room for illogical and dogmatic sentiment. Personally, I have neither time nor the inclination for those whose wont it is to pontificate from on high.

Judi Gavin

Mount support???

On Saturday, January 24, a Teach-In was held here at MSVU in Rosaria Centre. This event was open to the community and the goal was to educate people on various issues that students are facing and provide a atmosphere open for discussion. The day began at 1 p.m., it started a little late due to the weather, and finished at 4:30 p.m.. Different topics that were discussed were; student activism - a look at its strengths and accomplishments, the corporatization of universities - the private sectors' influence on our education, the social context of education - how accessible education is, and finally civil disobedience - where do we stand with the law. Each of these issues have a great impact on our education. Despite the weather, overall, the day was a success. About 70 people, most of whom were students, were in attendance. However, of those 70 people, only five, yes five, were from the host university, us, or to make it a little clearer, MSVU. This event, along with the Day of Action held on the 27th, were both very well advertised. There was an information table set up in the link for two days, posters all over campus and pamphlets and stickers here, there and everywhere. It is just too bad that our students decided to either ignore these or simply decided that their education was not important enough to give up four hours on their Saturday afternoon. I find this rather disappointing, these are issues that we as students should be aware of, because things are only going to get worse if we don't make an effort now. What will happen when it is your children's turn?

Tina McLellan

Want to have your concerns heard? Why not write a letter to the editor. Just drop off your letter (preferably with both a print out and a copy on disk) to the office. Make sure your name is on it.

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Features

DISCUSSIONS ON FEMINISM

COMPILED BY: ANDREA BALDWIN, HEATHER DONALD,
JUDI GAVIN, LINDA DAVIES, KAREN HENNEBERRY,
TERRI ROBERTS AND MARTA LEWIS-LAW

We asked students what they thought of the advertising of menstrual products and this is what they said:

"Who in the hell cares? We know we have to buy them. Nobody has to tell me. I know when I menstruate. They make me sick. They are pretty. They use blue fluid to imitate blood because everything has to be so sanitary."
- Rae

"They make it seem like all women are really cranky when they get their period, but as soon as they take medication (like Midol), they are all cheery again. These advertisers make it seem like women can't be in a bad mood except for when they are menstruating."
- Suzanne

"I feel there is a need to market them, but I don't like how women are portrayed in the advertising."
- Sonya

"I remember one commercial for panty liners where the woman says, 'guys, plug your ears....' I found it sexist, insulting and condescending. That women menstruate shouldn't be a secret. It's these attitudes that encourage women to be ashamed of their bodies and its functions and encourage men to turn a blind eye."
- Darlene

"I think they are far too blatant considering they are such personal items. The commercials are too foo-foo — all daisies and pink colors. They shouldn't be advertised on t.v. but should be in womens' magazines."
- Alicia

Their comments prompted another interesting and informative discussion in our group:

"Remember in Judith Scrimger's class when she told us about the woman who noticed that drug stores carry many feminine hygiene products but she had never once seen a product for masculine hygiene. This projects the image that women are dirty."
-Heather

"Obviously the makers and marketers of these products are preying on women's bodies and women's natural odors and fluids and they don't do that with men."
- Andrea

"The advertisers for panty liners make it sound like women have to wear them every day. And the words they use — 'feminine protection.'"
- Marta

"It's protecting everybody else from our unclean bodies."
- Heather

The attitudes are disgusting."
- Marta

"Attitudes are rather Victorian. It's projected today that it's okay for men, but not for women to have body odors. There is also the attitude that 'oh, you must be on your period, you're in a bad mood, you have PMS.'"
- Heather

"Menstrual products are marketed to deny women a sense of bodily integrity and to rely on authorities. Listen to the 'expert' gynaecologists....they know!! In actuality, menstrual products are full of chlorine that is harmful to women's health. Empowerment comes from seeking out alternative products. Health food stores are one option to putting companies who exploit

women's health out of business."
- Karen

"What bothers me is that the industry is selling really damaging products to us. Pads and tampons especially are filled with chlorine bleach and mercury. We're sold this great myth that when you use tampons you will liberate yourself. You don't have to worry about those pads anymore; you can wear a bathing suit and ride a bike. But when you insert a tampon, all of the fibres make little cuts inside you. I don't have the stats, but I know that cases of cervical and ovarian cancers and cancer of the uterus are increasing. With the chlorine bleach and mercury that seeps into our bodies, there has got to be some connection, and the industry doesn't want us to know this."
- Andrea

"I asked some of the students if they had heard about the keeper; it's an alternative menstrual product that is wonderful. It's a little cup that is made of 100% natural rubber and looks like a trombone mouthpiece. You fold it over and put it inside you. It takes a bit of getting used to. It's more comfortable than tampons because it fits your natural shape. It also doesn't absorb all of the other natural liquids and lubricants that our bodies produce. You don't have to change it as often as tampons. It was designed and made by women. You can try it for three months and if you aren't satisfied, you can get your money back. One keeper costs \$50 and is guaranteed for ten years."
- Andrea

"I think it is terrible that I have never heard of this product."
- Marta

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Labatt

Correction

In the January 19 issue of The Picaro, the answer for question 9 of the Campus quiz, "Which service can you use to get any Novanet book or journal article delivered to the Mount library for \$2.00?" should be b) novanet express, not c) document delivery. The cost for document delivery ranges from \$10 to \$15. The Picaro apologizes for any confusion resulting from this error.

Features



GLOBAL CAMPUS

Ghana: The Land of Gold

BY: JOSEPHINE OSEI-AGYEKUM



My name is Josephine Osei-Agyekum. I'm a graduate student in Human Ecology and I am hoping to graduate in May of this year. I come from Ghana on the West Coast of Africa. "Akwaaba" (welcome) to the land of gold your next stop as you travel with the international students at MSVU.

Until March 6, 1957, when Ghana gained independence from its colonial master Great Britain, it was called the "Gold Coast". It was the first sub-Saharan African country to be independent and was in the forefront in the struggle for the liberation of the rest of Africa from colonial rule. Ghana was the home of freedom fighters such as the late Dr. Kamuzu Banda of Malawi and Mr. Robert Mugabe of Zimbabwe. The flag bearer of Africa, Dr. Kwame Nkrumah, one of the founding fathers of the Organization of African Unity (OAU), was the first Prime Minister and first President of Ghana.

The official language is English and the lingua franca is Akan. There are eight official languages in which news is broadcast on the national radio and which are also taught in schools. In addition to these official languages, Ghana has between 40 and 50 dialects.

The size of the country is about one fortieth the size of Canada and has a population of approximately 17 million people. Ghana, situated eight degrees North of the equator has a tropical climate. It has two distinct seasons, the rainy and dry seasons. The dry season starts in December and tapers off by the end of March. During this period, a cold dry wind known as the Hamattan blows across the country from the Sahara desert. This chills the temperature making nights and early mornings quite cold by Ghanaian standards (about 14 degrees Celsius), nothing compared to the cold in Canada. Day times are extremely hot (between 35 and 40 degrees) and dry.

Ghana, an English speaking country is surrounded by French speaking countries. To its West is the Cote d'Ivoire, the East is Togo and to the North is Burkina Faso. The southern part of the country is gracefully washed by the Gulf of Guinea. Ghana can therefore boast of beautiful sandy beaches dotted with relics of imperialistic artefacts in the form of castles and forts. Some of these date back to the 14th Century and it is from these castles and forts some of my forefathers were shipped as slaves to the New World. Today, these castles and forts serve as tourist attractions.

The Ghanaian heritage, portrayed through innumerable

ethnic festivals throughout the country also serve as tourist attractions. Most of these festivals held between May and late September every year are celebrated to give thanks to God in recognition of a bountiful harvest. These include "Homowo" (hooting at hunger) of the "Gas", "Aboakyir" (Deer hunting) of the "Efutso", the "Bakatue" of the "Fantis", "Hogbetsotso" (the flight) of the "Anlos", "Kundum" of the "Nzimas", "Dwira" of the "Akwapims", "Ohum" of the "Akyems", "Dambai" of the people from Bawku and "Akwasidae" of the "Ashantis" (the Ashanti tribe is the only tribe in the world to own a golden stool that came from the skies. For more information on this you may read the October 1996 edition of National Geographic). On these colourful occasions, the display of richly designed traditional costume is simply breathtaking. It is colour galore. "Bra na behwe". Come and see for yourself.

The rich traditional hand-woven kente, the hand-printed adinkra cloths as well as various traditional hairstyles (dansinkran of the Ashantis, tekua of the fantis) and hand-crafted ahenema (native sandals with gold ornaments), palanquins, state umbrellas and linguist staffs decorated with gold are on display. The display of gold on these occasions highlights the fact that Ghana was called the Gold Coast. Both royals and commoners wear gold trinkets of intricate designs mixed sometimes with Aggrey beads. The best beads market in West Africa is in Koforidua which is my home town.

In addition to the cultural diversity of Ghana, there are other national attractions as follows: the national wild life parks such as the Mole Game Park, the Slave Trail, the Okomfo Anokye Sword and numerous art and craft villages specializing in stone, metal, wood, glass and clay sculpture.

Ghana is the land for traditional music. Our drums and other traditional made instruments produce amazing musical rhythms which cannot be found anywhere in the world. The dance which accompany these musical instruments is just marvellous. You just have to be there to see.

In Ghana, the stranger is king. There is a saying that our great, great grandparents considered a stranger as a visiting ancestor. When this stranger was treated well, he left behind blessings and if badly treated, he brought doom over the host family. This explains why Ghanaians are hospitable.



SOURCE: MEGELLAN GEOGRAPHIX

Ghanaians consider themselves as keepers of the other person.

Ghana's educational system was structured along the lines of the British system until the present government changed it to reflect the American and Canadian system. Three of these universities award degrees ranging from baccalaureates to Ph.D.s. Ghanaian academicians are found in every corner of the world. The present United Nations Secretary General, Kofi Annan is Ghanaian and the current Canadian High Commissioner to Ghana, Mr. Schrimm studied in one of the Ghanaian universities. This attests to the excellent nature of our educational system. Ghanaians do not pay for tuition. There is a system whereby university students obtain loans to finance their education, roughly \$200 Canadian.

To compliment its tourist industry, there are a lot of hotels all over the country which range

from 5 stars to none. Apart from its hot climate and the hospitality of its people, Ghana has an exotic cuisine. There is the Sunday peanut butter soup accompanied by fufu, omutuo (mashed rice). On the same wave is the "Blackstar" (fried ripe plantain and palava source), palmnut soup and fufu, okro stew and banku or akple, fried fish and kenkey, either Fanti or Ga for those who love chili, etc. The special attraction may be jollof rice, a common dish in West Africa. It looks like rice pilaf but in taste, rice pilaf is no match. This could be prepared with either chicken, beef, or fish.

Fruit lovers, welcome to a land of a hundred fruits! All our fruits are tropical. We have avocado, mangoes, oranges, tangerines, pineapples, sour-sop, coconuts, star fruit, bananas, guava, adasa, several types of berries, etc. We even have a fruit which makes chewing gum. Isn't it wonderful? Just go and see.

You will marvel. Besides, they cost next to nothing. Have a hard time dishing out money to pay for fruits here? In several parts of the country be it in villages, towns and cities, some of the fruits are cultivated in front and backyard gardens. On my private estate in my town, I can boast of three orange trees, two palm oil trees, two mango trees and a fruit tree locally called "Apre".

If ever you are able to put some cash away and you decide to have fun with it, take a trip to Ghana and I can assure you that it would not be the last.

There are direct flights to the capital Accra from many European cities such as London, Amsterdam, Rome, Frankfurt, Zurich, Dusseldorf and Brussels.

Come one come all to see the land of gold and the sun. We have what many do not have. You will get more for your money and it will be the adventure of your life.

Akyirei? See ya!

Features

Digging for Something:

A Casual Investigation into the PR Program

BY MARK SITTER

While lounging around the public-relations (PR) program for the past few years, I've both heard and spread a buncha rumours about the past, present and future state of PR at the Mount. However, much like leftovers on a Sunday morning, rumours leave me a little unsatisfied—if not queasy. So I recently decided to jaw with a few members of the program's holy trinity—students, faculty and administration—to shuck the truth pearl out of hearsay's oyster, and find out what's really going on with the program.

But before I give you the skinny, let me introduce the three panellists: Kris Justesen, student and Core President of the Mount Saint Vincent University Public Relations Society; Judith Scrimger, long-time member of the PR faculty; and Rosemarie Sampson, Dean of Professional Studies at the Mount. (Friendly caveat: Panellists are speaking as individuals; not on behalf of a pluralistic body.)

Okie-dokie, let's start out with looking at what this threesome says about the program's curriculum. Everyone has a different take. Scrimger isn't that satisfied with it. "In every professional program, the curriculum must respond in some respect to changes in the field, [it] ought to be dynamic," she says. "[Some] areas that need attention are: technological innovations; nature of government communication, nature of not-for-profits; nature of communication; and crisis communication."

Justesen, on the other hand, is a little more positive about curriculum, and really likes its practicality. "Most class projects require client work," he says. "I've done everything from conducting communications audits to designing media-relations plans for real-world clients located around Metro. That kind of work gives you a real sense of how organizations are run, as well as a chance to meet a lot of business people in the Halifax community."

And Sampson would like courses to be offered to other people outside of the program. "In the generic notion, everyone should know what PR is," she says. "We all have to deal with image and perception. It would be great if the department offered a general course to all students. I also wish the department would offer more professional development sessions for practitioners in the field."

But what about technology? How would the program benefit from, say, a dedicated multimedia lab? Justesen is a little wary of technology in the program. "We're supposed to learn how to be managers, not technicians," he says. "Getting a grounding in communications technology is important, but as managers will we need to use it extensively? You don't need to know how to fix a car if you want to sell it, do you?" But, Justesen does believe that first- and second-year students would gain from a lab because a lot of their courses are more technical than managerial.

Scrimger would love to see a lab, but just doesn't think it's a viable option, yet. And Sampson agrees. "It's foreseeable, but also expensive," she says. "And considering the Mount didn't receive any additional money from the Nova Scotia Council on Higher Education's (NSCHE) new funding formula, a multimedia lab for PR isn't exactly a priority." In addition to

the lack of funding from the recently released funding formula, Sampson also imparts that a short time ago the NSCHE decided to fund journalism at a much higher rate than PR without justify this budgetary discrepancy.

Multimedia lab or not, there are still many ways to improve the program. Scrimger thinks course material needs to be sequenced better; course objectives need to be made standard; course content needs to be delivered more consistently; and areas of duplication need to be eliminated. As far as co-op goes, she'd like to take a closer look at the sequencing of work-terms and at employer commitment and supervision of students.

"We all have to deal with image and perception."

Any changes in the works right now? "One thing that's going to change is the computer-literacy course," explains Scrimger. "There is a proposal before the senate curriculum committee right now to replace the old course with one specifically designed for public-relations students: it will emphasize [desktop publishing] and Web-page design."

The process of changing a program at the Mount involves considerable consultation and requires approval from the university senate (through the undergraduate curriculum committee). A major change, from proposal to implementation, could take more than two years.

And that's why Justesen thinks the program needs more autonomy from the university. "PR is a dynamic industry," he says. "For the program to keep pace, it needs to be able to make changes it sees fit without worrying about what administration thinks. I also wish the program would have more full-time professors. More faculty would spread around the workload and make the road to change much smoother."

Currently, the department consists of one nine-month sessional professor, John Gray—whose contract, pursuant to the collective-bargaining agreement, is not up for renewal next year—and four full-time tenure-track professors: Judith Scrimger, Patricia Parsons, Brent King and Marie Riley. However, this year King's on sabbatical and Riley is very busy with her duties as chair of the department; so that leaves only two fully functional tenured faculty members for the program's 243 students.

Last year, there was one nine-month sessional professor and six full-time faculty members. However, of that six, one is on a leave of absence and another resigned. Neither of them have been replaced. But there's good news on the horizon. According to Sampson, Trudie Richards, who's on a leave of absence to teach PR at the Nova Scotia Community College, will be back at the Mount next year. Scrimger neither confirms nor denies this. Furthermore, both Scrimger and Sampson confirm that, for the 1998-99 academic year, public relations is ranked fourth on the

university's list of priorities for hiring another full-time faculty member. That means, if the university has enough money in its budget to hire four new faculty members, one of them will be a full-time PR professor. (However, there's an administration policy requiring all full-time tenure-track faculty to have a Ph.D. And according to Scrimger, since there aren't too many Ph.D.'s with a PR background kicking around, finding a suitable candidate might be harder than finding a wood tick on a woolly mammoth. If the department decides to hire someone without a Ph.D., that person will be required to take a leave of absence to get his or her doctorate—which equals a net gain of zero full-time faculty members in the short term.) At any rate, if everything works out for the best—if Richards comes back and the department hires another full-time professor—PR will have six full-time faculty members next year.

But back to the present... since there aren't enough full-time faculty members to teach all of the PR courses, part-time professors must teach many sections. In fact, part-time professors teach well over 50 per cent of all sections—especially third- or fourth-year courses.

Justesen is rather fond of part-time professors. "All of them are PR professionals, so they keep us students in tune with all the current professional information," he says. "The sin of it all is they get paid peanuts—or make that peanut shells. It's safe to say they aren't teaching for the money. But, if the university doesn't start compensating them fairly, who knows what will happen?"

Can anyone say: Strike? The perfect segue to what the panellists think a part-time faculty strike might mean for the PR program.

If the Mount doesn't change its way of thinking, its unique programs, like PR, will be lost in the future.

"When more than half of our courses are taught by part-time faculty this term, a strike by their union would cause a lot of difficulty for students, and obviously that's a concern for the department as a whole," says Scrimger. "I can't really say more than that because, right now, I think everyone hopes it won't happen. And I haven't gone beyond that [type] of thinking, myself."

Sampson's response is even less revealing. "I'm not part of the negotiations," she says. "I don't know exactly how things are coming along. We'll deal with it as it comes. Even if they vote to strike, that doesn't mean they'll walk."

Justesen feels the strike will have a major impact on the program; however, he doesn't understand why more students aren't pursuing information about it. "Students almost seem apathetic," he says.

"I wish more of them would ask questions and demand information about the negotiations. At the end of the day, we pay the checks. We should know what's going on."

One emotional string on which the strike may play is morale—which, by its very nature, is volatile. When asked about the current state of staff morale, Scrimger begins with a disclaimer. "I can only speak for myself," she says. "I continue to enjoy the terrific students we attract to this program, so teaching is always interesting and challenging to me. I particularly enjoy the contact co-op gives me with day-to-day professional practice. At times I feel discouraged because I don't think we [the faculty] always do the best overall job that we ought to be doing to make this the best PR degree it can be."

Justesen has a slightly different take on morale. "The student morale reflects the faculty morale; that's attributed to the great relationship students have with the faculty," he says. "We see that they're tired and overworked, and we sympathize and share in their frustration."

However, on the lighter side of things, Justesen feels students are exuding a lot of spirit this year. "Our first pub crawl drew over 80 people and our professional development sessions always have a great turnout."

In any event, now it's time to culminate this article with the big, brooding question: Where will the program be in ten years?

According to Sampson, technology will play a bigger part in the program. "Students will have greater access to myriad communication technologies," she says. "Ten years ago we couldn't predict the Internet or CD-ROMs. Who knows where the next ten years will take us?"

Scrimger would like to see the program turned into a professional Masters degree that's delivered through open/distance learning, as well as on campus. She also would love to see, as was mentioned earlier, a multimedia lab; but concedes this would require the backing of a big donor. And to round off her wish list, she'd like to rely less on part-time faculty to teach core courses—instead she'd like to bring in specialists to teach for two- to three-week stints.

Justesen's ten-year prognostication is far more lugubrious than the other two's. "I hope the program's alive and well," he says. "But if the university administration continues to tighten the financial screw, I don't think we'll be around—at least not in today's capacity."

"The program doesn't have many, if any, direct competitors in this country. But that doesn't mean it should fatten up and laze around. It should be on the bloody edge of PR in Canada. When other universities and colleges have questions about what's going on in the field, they should come to us because we're the leaders."

Justesen's views extrapolate to the Mount, as a whole. "[The Mount] must focus [its] resources into a few key areas, and promote these areas heavily. It's better to be good at a couple of things than so-so at a bunch. If the Mount doesn't change its way of thinking, its unique programs, like PR, will be lost in the future."

"PR is a dynamic industry,"

Features

Black Saturday

- the ultimate test of love -

BY: DANNA DONALD

That which we call a rose by any other name would smell as sweet." Romeo and Juliet II.ii.43

As Valentine's day approaches, thoughts invariably turn to special friends and significant others. But not necessarily kind thoughts. Although the ancient ritual of sending a valentine is still popular, this Hallmark holiday often harbors disappointment for the expectant lover.

"Valentines means getting worked up for about two weeks ahead of time, putting all these expectations and dreams into this one day and then having it all crash to reality when it doesn't work out," says Margaret Langley.

Langley is not alone. Many celebrants place expectations that are too high on their would-be Valentines. Nancy Thornton recalls last Valentine's day when her boyfriend just could not get it together. She had told him weeks before that she intended to get him a gift.

"I wrapped it up, along with some candy that I put in a nice I Love You bag. When he got in the car he had no gift in his hand. I was a little miffed, but I thought he might have something in his pocket. Before we went in to dinner, I gave him his gift and he said, 'Oh, thanks, ugh.. I forgot my wallet.' Not only did he not give me a gift, but I paid for dinner and the movie. Needless to say I spent that night in tears. That's when I knew it was over," says Thornton.

"Black Saturday" (as one unnamed respondent calls it) can be the test of true love. However, most people surveyed felt it would be unusually cruel to end a relationship near Valentines. "It would be heartless to break up with someone near Valentine's day, the day of love," says Heather Fraser.

Another respondent says a friend of hers tried it—with disastrous results. "I couldn't believe it. It was just so mean. She felt bad after, but she did it before I could talk her out of it," says Heather McMullin.

McMullin is one of the few respondents who seems to enjoy Valentine's Day. She has received

many unusual gifts from her sweetheart. "I remember one Valentine's he gave me a card that said 'You light up my life.' I thought that was all he was going to give me, but then he held out a lightbulb. I thought it was cute," says McMullin.

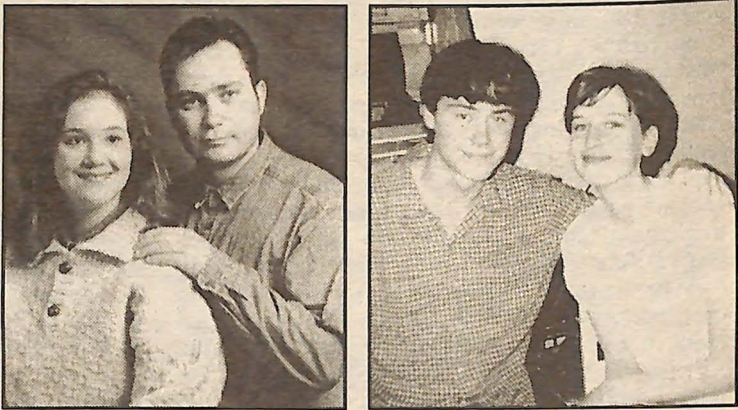
Diane Legros' fiancé surprised her with a practical gift. "We were living in Ottawa and I needed rainboots. He bought me a pair of duckboots and he filled them with chocolate hearts," says Legros.

It seems as though it really is the thought that counts. It certainly was for Langley whose romantic gift one Valentine's day was more practical than poetic. "I was on my way over to my boyfriend's house for Valentine's supper when I checked the mail. I got a letter from MT&T saying I owed \$200. I was horrified; one of the first cheques I had ever written had bounced. I went to his house crying. He bailed me out and wrote the cheque for me," says Langley.

All respondents felt that it was not how much you spent on the gift, but the thought that went into it that was important. "You can show somebody you love them without spending a lot of money. Doing something special and showing them you care is more important," says Sonya Ciesielski. But Valentine's is only a reminder to show your loved one that you care. "If you really love somebody, you're supposed to show it every day of the year," says Ciesielski.

Despite the emotional ups and downs that February 14 regularly brings to lovers and singles alike, most are hopeful that this Valentine's will be different. "Talk to me after this year," says Megan Wallace.

And as one respondent wisely pointed out, Valentine's is not only for lovers. "I'm really looking forward to spending a day with my friends," says McMullin.



Sonia Ciesielski (left) and Margaret Langley (right) with their Valentines

Read up and down see will you and that I love you me. love you and

Stop and smell the flowers

Flowers are a common Valentine's gift, but if your sweetheart has a penchant for something other than the standard red rose, you might want to scan this list to see what other messages are hidden in your bouquet.

- | | |
|--|---|
| Carnation, Pink:
Woman's Love | Gladiolus: Strength of character |
| Carnation, Red:
Alas for my poor heart | Hazel: Reconciliation |
| Carnation, Striped: Refusal | Ice Plant:
Your looks freeze me |
| Carnation, Yellow: Disdain | Juniper: Protection |
| Chrysanthemum, Red: Love | Lavender: Distrust |
| Chrysanthemum, Yellow:
Slighted Love | Marigold: Grief, Despair |
| Chrysanthemum, White:
Truth | Nettle: You are cruel |
| Clematis: I love your mind | Orchid: Thoughts |
| Clover, Four-leaved: Be mine | Peach Blossoms:
I am your captive |
| Clover, White: Think of me | Peony: Bashfulness |
| Cowslip: You are divine | Quince: Agitation |
| Cranberry: Hardness | Rosemary: Remembrance |
| Daffodil, Yellow: Chivalry | Snapdragon: Presumption |
| Evergreen: Poverty | Thorn Apple:
Deceitful charms |
| Fern: Fascination | Violet: Modesty |
| Fig: Argument | Willow: Morning |
| Forget-me-not: True Love | Xanthium: Rudeness, Impertinence |
| Gentian: You are unjust | Yarrow: War |
| Geranium: Gentility | Zephyr Flower: Expectation |

Out of curiosity, I asked some students where they thought Valentine's day comes from. This is what they said:

"I thought I knew but I got it mixed up with St. Patrick's day. I'm pretty sure there was a St. Valentine."

"Wasn't that when these two people were really in love and Paul Valentine couldn't reach this women in time so he had to send her a Valentine?"

"Something about a St. Valentine...I don't know."

"St. Valentines or something...that's all I know."

"It's actually sort of morbid...I think it turned romantic later."

"I really...I don't know."

So, who was St. Valentine?

No one is really sure about the history of Valentine's Day. There were two and possibly three St. Valentines who lived during the third century A.D. Legend says they were killed for being Christians. One story says that one of the men wrote a letter to the jailer's daughter and signed it Your Valentine.

The Romans held Lupercalia, a pagan festival associated with fertility, near February 14. It is possible the two stories got mixed up (even more mixed up then some of the survey respondents) and they became associated with one another (Source: Let's Celebrate). According to Madeline Cosman, author of Medieval Holidays and Festivals, Valentine's Day is the most popular wedding day of the year.



MARIGOLD



CHRYSANTHEMUM



ROSE



SNAPDRAGON



THORN APPLE



GENTIAN

Somebody loves you, deep and true, If I weren't so bashful, I'd tell you who!

Features

PHYSIO PHACTS

REPETITIVE STRAIN INJURY OR CUMULATIVE TRAUMA DISORDERS

"RSIs and CTDs"

The number of people using computers is increasing at an incredible rate. It follows that there is a huge increase in the number of people susceptible to Repetitive Strain Injury (RSI) or Cumulative Trauma Disorders (CTDs). Maintaining harmful positions as well as frequent repetition and sustained posture at a computer can result in dysfunction. Over time the muscles, tendons and nerves of the forearm will fatigue and can no longer handle the strain and eventually become painful. You may feel pain, weakness or tingling in the hand or forearm, also known as Carpal Tunnel Syndrome. Eventually you may even have trouble making a fist, turning your hand or bending your arm. CTDs or RSIs may take months or years to develop so it is easy to miss the early signs of trouble. By recognizing the risk factors you can attempt to prevent injury and control any present symptoms. By adhering to the following ergonomic guidelines when using a computer, you can help prevent wrist and elbow dysfunction.

POSITIONING:

During keyboard use the forearm and upper arm should be at an angle of 80 to 100 degrees with the upper arm almost vertical. (See Diagram 1) The wrist should be relaxed and not bent. Wrist rests are available and should be used. If a wrist rest is not available a pillow placed on the lap or a rolled towel placed by the keyboard can help support the wrist and elbow. Elbows should be in a near neutral position by your side. Keyboards should be placed on an adjustable tray which will place the elbow in the 80 to 100 degree position. Keyboards should be placed directly in front of the operator. Mouse should be positioned at the level of the keyboard and not placed higher on a table where the arm is required to extend and reach repeatedly.

REST:

You can have the best ergonomically designed work station in the world and still suffer problems if you do not get up occasionally and perform alternate tasks. If you make the same moves the same way for long periods of time your muscles get tense and tired, no matter how young or well conditioned you may be. Performing alternate activities will allow the muscles to rest and recirculate. Alternate activity of course means doing something besides repeated wrist movements. For example, taking a break from the computer does not mean writing extensively. I suggest 20 to 30 minutes of computing then a 5 to 10 minute rest.

STRETCHES:

With repeated movements muscles become tense and inflexible. To maintain circulation and prevent tightening the following stretches should be done at the 20 to 30 minute break. (See Exercises 1 to 6)

HEAT / ICE / MASSAGE:

Regularly massaging the muscles of the forearm with your opposite hand will help improve circulation to the muscles and allow them to work more efficiently. Five minutes per arm is sufficient. Heat is also good when applied to muscles to help improve circulation. Warm water bottles, submerging in hot water, magic bags and hot showers are effective. However, if you complete a session of computing and the area is stiff and painful, application of ice massage will be more beneficial. Simply take an icecube, hold it with a facecloth and rub the ice directly over the forearm muscles for five minutes. Doing this will prevent inflammation of the over worked areas and decrease pain.

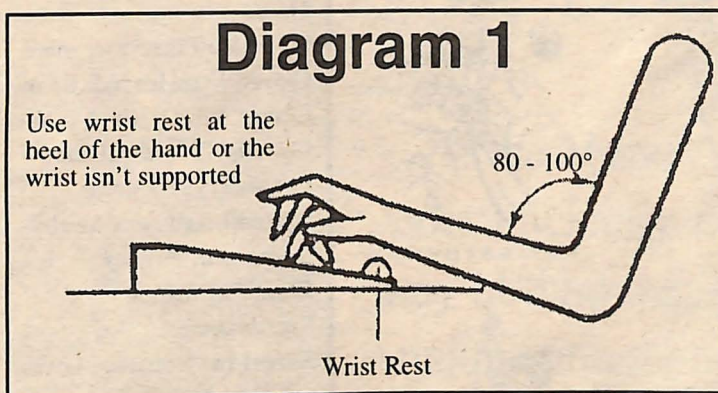
Other tips to follow while working with computers to help prevent such things as eye strain, neck and back pain:

- Top of display screen should be about eye level.
- Use an adjustable document holder. Place it next to the screen and at the same height. The head has to turn less and eyes will adjust more easily.
- Alternate the position of the document holder on either side of the computer to change head position.
- Ensure proper lighting on document and screen. Room lighting should be slightly dimmer than usual office lighting. The general work area should have indirect lightening.
- Tilt screen slightly backwards but be careful as to avoid glare from overhead lighting. Ensure computers are placed so that glare from windows is prevented.

• Remember, prevention is the best form of treatment. HAPPY TYPING!

For more information on the prevention and/or treatment of computer related or other dysfunctions please call THE PHYSIOCLINIC in Assisi Hall at 457-6471.

• Karen Decker, B. Sc.K., B.Sc.P.T., MCPA
Physiotherapist; Dip. Sport Physiotherapy;
Director, The Physioclinic - MSVU



FOOD FOR THOUGHT

BY: GINA WOOD

O.K., so it's almost the middle of February and you're feeling tired, irritable and you have absolutely no energy. The only thing you want to do is lie on the couch all day long, watch movies and eat! Believe me, I'm in touch with those emotions! What we're all suffering from is a bad case of "THE WINTER BLUES." But the counsellors at Student Nutrition Services have come up with some ways to beat those pesky symptoms and have you back on your feet in no time at all!

First, you have to get off the couch and turn off the TV. Go ahead, don't be afraid. There, that wasn't so hard now, was it? Now you have to put on your boots, hat, gloves, and scarf and go outside. With the proper gear you'll find that it's really not as cold out as you thought. Next you have to go for a walk, or a ski, or a skate, or whatever else you like to do. If the outside scares you that much, then get your butt to the Mount where the conditioning center is free of charge for full-time students and available at a cost of \$30/year for part-time students. So climb on that stairmaster or go for a jog on the treadmill and follow it up with some weightlifting and a few sit-ups. Doesn't that feel better?! The catch is that you have to do this at least 4 times a week; but once you get into a routine it gets a lot easier. Exercising with a buddy makes it more fun, so drag a friend along. But if you're increasing your activity level then you might want to focus on improving your diet too! Carbohydrates are key for optimum physical activity in cold weather; they generate lots of heat, but protein and fat are also essential for a healthy body, so don't forget them. Reducing alcohol consumption is also a good idea. Alcohol can constrict blood vessels and slow down your metabolism. Some people also say that spicy foods can increase the rate at which a body burns calories. It's never been proven, but if spicy food makes you feel better then go for it, as long as your choices are healthy.

I hope we've encouraged you to try and beat those nasty WINTER BLUES. If you decide to take our advice and get physical, then you might want to take along these super-duper power bars. They're packed full of energy and taste great!

Power Bars(makes 16 bars).

Ingredients:

- 2 Tbsp. butter or margarine
- 1/4 cup peanut butter
- 1/4 cup brown sugar (firmly packed)
- 1/2 cup honey
- 1 1/2 cups chopped walnuts
- 2 tsp. cinnamon
- 1 tsp. vanilla
- 1/8 tsp. salt
- 1/2 cup raisins (or any dried fruit)
- 2 cups whole bran cereal

Method:

1. In a heavy saucepan combine butter, peanut butter, brown sugar and honey. Cook over low heat until mixture just begins to boil. Remove from heat.
2. Add walnuts, cinnamon, vanilla and salt. Stir until blended.
3. Stir in raisins and bran cereal. Mix until well-coated.
4. Turn mixture into a greased 8-inch square pan.
5. With a greased spatula, firmly press mixture into an even layer. Let cool 5-10 minutes. Cut into bars and let cool thoroughly. Store in airtight container at room temperature.

EXERCISES TO TRY



Exercise 1 of 6
WRIST FLEXION

- Hold each wrist as shown
- Bend the wrist until you feel a stretch
- Hold for 10 seconds
- 3 repetitions, 3 times per day



Exercise 2 of 6
WRIST/FINGER EXTENSION

- Hold each wrist as shown, making sure to keep fingers straight
- Bend the wrist and fingers upward until you feel a stretch
- Hold for 10 seconds
- 3 repetitions, 3 times per day



Exercise 3 of 6
SHOULDER EXTERNAL ROTATION

- Reach behind your head as shown
- Press elbows backward so that you feel a stretch
- Hold for 10 seconds
- 3 repetitions 3 times daily



Exercise 4 of 6
BACK EXTENSION

- Stand with arms overhead as shown
- Stretch, as though you are trying to make yourself taller
- Hold for 10 seconds
- 3 repetitions, 3 times daily



Exercise 5 of 6

- Sit or stand with good posture
- Bend neck forward as shown, using hand for assistance
- Hold for 10 seconds
- 3 repetitions, 3 times 3 times per day



Exercise 6 of 6
SHOULDER DEPRESSION/EXTENSION

- Sit or stand as shown
- Try to press your shoulders downward as far as you can then lift them up as far as possible
- Hold for 2 seconds
- 10 repetitions, 3 times per day

A & E

Symphony Nova Scotia celebrates the spirit of Martin Luther King, Jr.

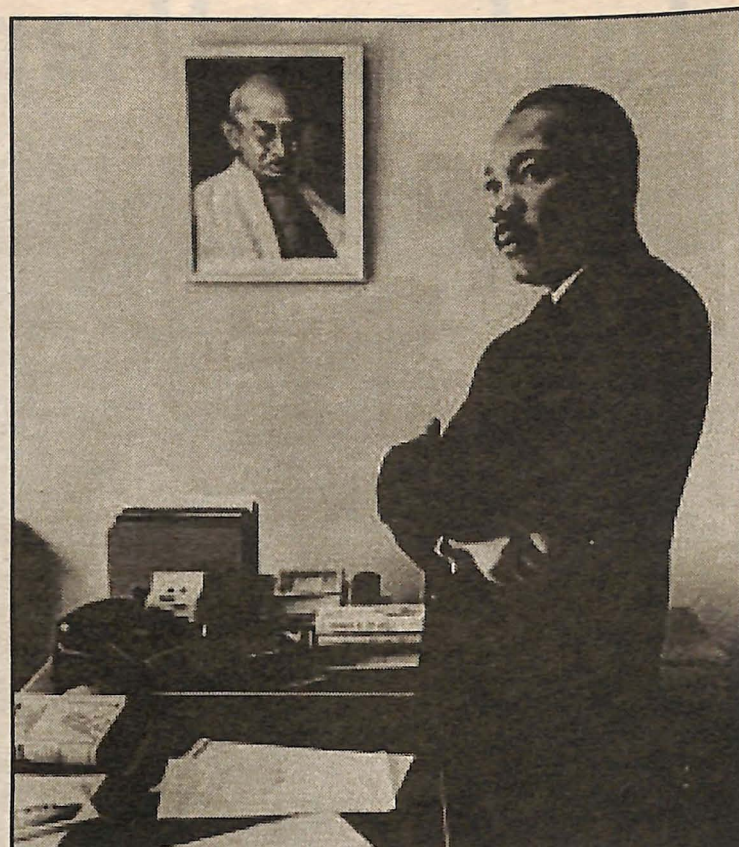
BY JANNE CLEVELAND

On Friday, January 16th, Symphony Nova Scotia hosted their annual tribute to Martin Luther King, Jr. The evening blended musical styles that ranged from classical symphony pieces like Johannes Brahms "Hungarian Dance No. 1" to a gospel version of "Yes, Jesus Loves Me"—that fairly blew the roof off. It is difficult to say whether the performers, the audience, or conductor Leslie B. Dunner had the most fun.

This important evening of entertainment is a chance for local black performers to showcase their talents. And they delivered a program equal to the occasion. Vocal performances by Joe Colley, Kim Bernard, Wallace Smith Sr., Linda Carvery, and Delvina Bernard were enthusiastically greeted. Delvina Bernard's rendition of her own composition "Africville" brought the auditorium to its feet. Blues saxophonist, Bucky Adams, had no trouble keeping the audience's attention. Of course, the evening would not have been complete without selections from The Nova Scotia Mass Choir.

The performance by Symphony Nova Scotia of such Duke Ellington pieces as "Sophisticated Lady" and "In a Sentimental Mood" can only be described as lush. This music was richly produced and evocative of another era. During many of the vocal renditions member of the orchestra seemed to find it difficult to remain still in their seats. The music encouraged people to move with it.

This annual event is one I am already looking forward to attending again. The calibre of the entertainment, the professional precision with which the evening was produced, and the sheer fun of so much good music are something everyone should have a chance to experience. This was a highly entertaining evening from the opening of Franz von Suppe's "Light Cavalry—Overture" to the closing with the Nova Scotia Mass Choir performing the African folk song "Si—Yahumba" while marching offstage, down through the aisles and out of the auditorium. The only people who could fail to be moved by such a diverse and professional program would be those who have long since stopped breathing.



Holly McNarland sings her "Big Shiny Tune"

BY DAVID POUND

I entered the McInnes room soaked from the rain outside, hoping I didn't miss any of the bands yet. Well I missed SOL, but Weeping Tile just started. Weeping Tile were not bad, but they sounded like too many other bands coming from Canadian. Their set was pretty mellow, but they seemed to keep the audiences attention, even if there was not much audience participation. All this changed though, when the members changed instruments and played a song of theirs, which they referred to as their heavy metal song. I heard this is the secret song on their album. It was quite funny and seemed to get the energy level up. Then they covered the Beastie Boy's "Sabotage" and the crowd went crazy. Their version was surprisingly good and was a nice way to end their mellow set.

Next up was Holly McNarland, and from listening to the comments from the crowd, she seems to be gaining quite a following. She came on wearing sunglasses and her hair pulled up, making her look quite different than the pictures I've seen of her. She proceeded through a set that was quite good musically, but seemed to lack enthusiasm. Holly's voice was really strong and the band was

tight, but they were very stationary and I keep thinking the experience wasn't that far removed from listening to the cd at home.

Holly's style reminded me a lot of Alanis, even down to the naughty girl attitude. The crowd seemed to love the fact that Holly told us about her newly acquired underwear, although I don't see what her underwear had to do with music. I'm glad Neil Young didn't talk about his underwear when I saw him, I guess Holly can get away with that though. The crowd seemed to react the best when she played the singles, especially Numb, which sounded great. This song has received a lot more attention, now that it is part of MuchMusic's, "Big Shiny Tunes" compilation and the crowd seemed to know every word.

This was Weeping Tiles last night on the tour and the members came out to jam with Holly at the end of her set. This was great, because it was spontaneous and unrehearsed and the bands seemed to really enjoy themselves. It was a great ending to a concert that spotlighted two very promising Canadian acts.



MacKeel- a prequel to the ECMA

BY JAMES TILLEY

The final event in an action packed Winter Carnival was the MacKeel concert at Vinnie's. This concert had a small but very enthusiastic crowd. MacKeel is a celtic style band. The band had a fiddler and bagpiper, this makes them very similar to many of the other bands coming out of Maritimes.

They were part of the East Coast Music Awards, so as a result the concert was cut short. The hour long

concert had some old favourites as well as some new songs. Overall a very good foot stomping/ toe tapping make you want to get up and dance kind of concert. Unfortunately most people probably had a long week for there was little dancing. It made it the perfect intimate setting which only Vinnie's can provide. Their album is available in fine record stores like HMV and Sam's.



Every 7 minutes someone dies of heart disease and stroke.

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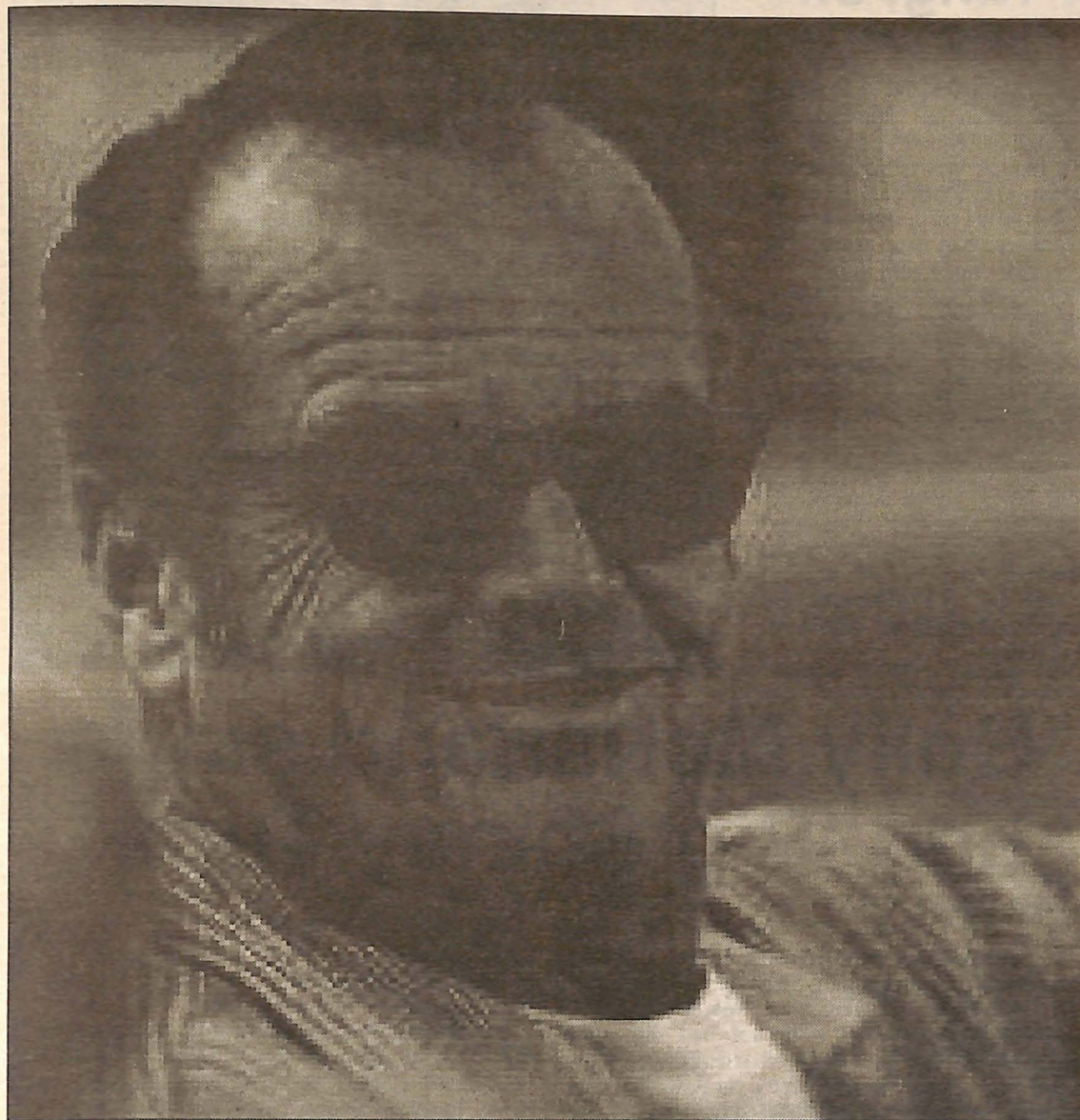
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HEART AND STROKE FOUNDATION

A & E

Just another day at the theatres



An imperfect movie

Good Will Hunting won't leave you hunting for more

BY TIM BOUDREAU

Good Will Hunting, the new film directed by Gus Van Sant, is another one of those important, feel good movies of the year which will probably be nominated for best picture at the Academy Awards. The premise of the film is simple enough; we have an individual with a big chip on his shoulder, with a lot of emotional problems, who, by the end of the film, will find salvation in typical Hollywood style. We also have an eccentric mentor who will help the main character as he goes through his transition. Nothing that we haven't seen before, pretty standard stuff. However, Good Will Hunting comes off as a fairly unique film because it is not quite a typical Hollywood feel good movie. Whereas most Hollywood "fixer-uppers" can be fairly preachy, and idealistic in their resolutions, providing a sort of "happily ever after" kind of ending, Good Will Hunting provides a slightly imperfect ending which comes off as much more realistic, and satisfying.

Good Will Hunting is the story of a mathematical genius, Will Hunting (Matt Damon), who has been dealt a bad hand in life. Hunting works as a lowly janitor at the illustrious Massachusetts Institute of Technology (MIT), until his ability to solve complex mathematical equations is discovered by the pretentious Dr. Lanbeau. Lanbeau wants to turn Hunting into the next Albert Einstein, but there is only one problem: Hunting has major attitude. Enter Sean McGuire (Robin Williams) the eccentric psychology professor who is called upon to "help" Hunting work through his anger so that he can realize his full potential.

So the stage seems to be set for a typical Hollywood "fixer-upper" where the main character will heroically overcome his fatal human flaw, right? Wrong. Hunting does not want to be fixed. He feels he is just fine, and would prefer to work in construction rather than sitting around and showing people how to perform complex math equations that he feels are child's play. On top of that, McGuire is not the typical Yoda type of mentor who will guide Hunting towards salvation. McGuire, in many ways, is every bit as messed up as Hunting, and he has problems of his own to work out.

Good Will Hunting is not the typical feel good movie where the main character feels like he must change his life completely around, and become a new man before he can be happy. In many ways this film is less about change, and more about accepting and embracing ones imperfections as a way of becoming truly content in life. By the end of this film the main character, Hunting, does not all of the sudden become a really nice guy whom everybody can love. The writer of Good Will Hunting, which also happens to be Matt Damon, didn't feel the need to "fix" his main character by the end of the film. Instead, as I've suggested above, Hunting accepts that he is who he is, and that he can be happy with that anyway. Hunting's mentor, McGuire, helps him a great deal in coming to this realization. However, Hunting and McGuire end up equally helping each other out in accepting themselves.

So I was quite impressed by the fact that Good Will Hunting avoids the perfect happily ever after ending, but there were some other elements which are worthy of mentioning as well. First of all I must give a great deal of credit to actor/writer Matt Damon. Not only did he do a superb job in writing the insightful, witty, and charismatic lines in Good Will Hunting, he also did a wonderful job in delivering them. Not to downplay Damon's performance, but I'm sure it must be a lot easier to deliver lines that you have conceptualized yourself, rather than trying to instruct someone else to do it properly. Also deserving honorable mention is actor Robin Williams, who actually managed to keep a straight face long enough to deliver a surprisingly dramatic performance. Any talk show host who has had him as a guest knows that trying to keep Williams from fooling around for more than five minutes is quite a feat.

Another impressive element of this movie is in the cinematography. Keeping with the imperfect theme of the film, the scenes are shot in such a way to show the physical imperfections of the characters along with their emotional ones. There are no air-brushed magazine cover models in Good Will Hunting, they actually get messy hair every now and again!

Good Will Hunting is my movie pick of the week. Even though the movie's resolution is less than perfect, it left me with a better feeling than some other movies I have seen that end neatly and perfectly.

As Good As it Gets—could be better

BY TIM BOUDREAU

Hollywood, I suppose, can cure all ills. It can even change a cranky, cynical old man, with a penchant for making offensive remarks to everyone he sees, into a nice guy that even Helen Hunt can love. Does the above statement seem pretty unlikely to you? Yeah it did to me too, but I thought I would give As Good As it Gets a chance regardless. The movie wasn't an entire waste of my time. As Good As it Gets, with Jack Nicholson, Helen Hunt, and Greg Kinnear, is actually a very humorous, and touching story about people trying desperately to connect with each other despite various personality differences. However, the miraculous turnabout in character of the caustic Melvin Udall (Jack Nicholson) I found to be less than convincing, and, as far as I'm concerned, completely unnecessary.

As Good As it Gets begins on a very humorous note. Right from the get go the antics of the neurotic, and sarcastic Udall was more than enough to keep me rolling in mirthful fits. Udall's complete lack of respect for political correctness (which I have decided is the root of all evil) in many of his remarks was absolutely hilarious. The reactions of the people on the receiving end of his quips were simply priceless as they vainly attempt to grasp how an individual could possibly say something so rude, and yet so true.

Nicholson's bitter and cynical character, as delightful as he was to watch in action, is not all fun and games. Throughout the course of the film it is shown that Udall is a deeply troubled man suffering from obsessive compulsive disorder, and, more importantly, loneliness. Udall learns quickly that the practice of being a cranky old fart doesn't leave one with too many friends. To complicate matters, Udall is enamoured with the beautiful Carol (Helen

Hunt) who is the only person that gives him the time of day, but is quickly becoming fed up with Udall's seemingly cold hearted demeanour. Unfortunately, Udall knows of no other way to express himself other than through his hyper-critical remarks, and it is this character flaw against which he struggles throughout As Good As it Gets.

I have two major problems with Udall's struggle to become "a better man", as he so eloquently puts it, that made me feel that his transition was a little bit unbelievable. First of all I have to wonder why, after all his years of existing as he has, that it never before occurred to Udall that he had to change his outlook on life. There did not seem to be any major event, that would make Udall introspectively evaluate his life, he simply, for the sake of the movie, decides that he has to change. Second of all, I know a lot of cynical old bastards, many of them are quite content with their caustic personalities and wouldn't have themselves any other way. Personally I thought Udall was a much more interesting character before became a "nice guy". I don't see why it was necessary to "fix" his character in As Good As it Gets, I thought it would have been a better ending if Udall retained some of his sarcasm by the end of the film. But I guess then he wouldn't have had the chance to win the heart of the fair maiden.

Despite this lack of believability As Good As it Gets is a winner in my books. The performances of Nicholson, Hunt, and Kinnear (as Udall's homosexual neighbour) are fantastic and worthy of Academy acclaim, and the story is a heartwarming an uplifting one. I do believe, however, that As Good As it Gets is not as good as it gets, but it is still an enjoyable film.

A & E

Wag the audience

BY TIM BOUDREAU

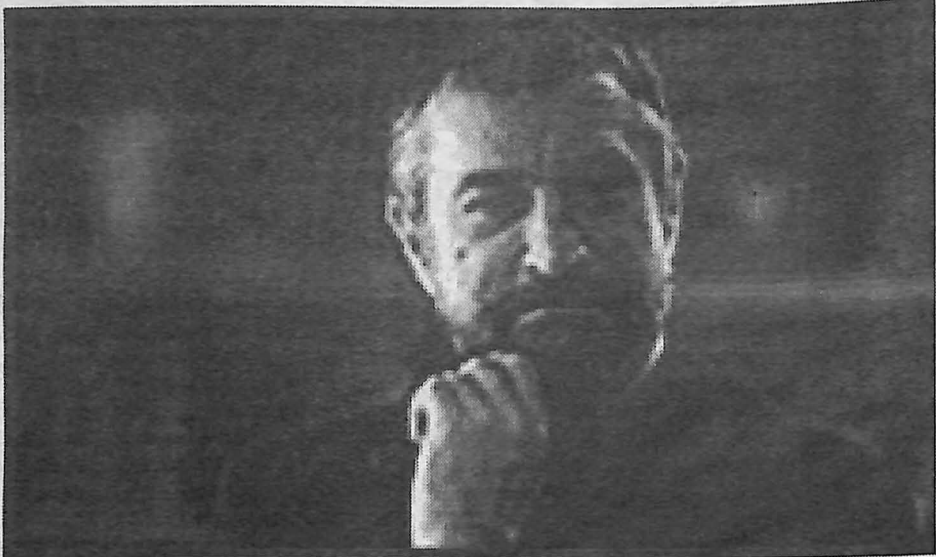
In this new film, directed by Barry Levinson, Dustin Hoffman plays an eccentric Hollywood producer, Stanley Motss, who is hired by political spin doctor, Conrad Brean (Robert DeNiro) to pull off the hoax of the century. Its a mere week before election day and the president of the United States has been slapped with a sex scandal that threatens to ruin him at the polls. Motss has been given the arduous task of raising public opinion with the president by accomplishing the unlikely task of convincing the American people that they are at war. Using all of the tricks of his Hollywood trade, the diminutive producer spends the next ninety minutes putting on a grandiose production that convinces the people that they are actually at war with Albania. As formidable as the task may seem for producer Stanley Motss, it is nothing compared to the insurmountable task taken on by producer Jane Rosenthal, and that is to convince the average movie goer that Wag the Dog is actually an entertaining movie. Wag the Dog, I must say, is probably one of the worst movies I have seen this year. That is a fairly strong claim, but it isn't too often that I have the displeasure of watching a movie which fails so miserably in eliciting the sort of response that it is geared to produce. First of all, I cannot remember laughing once during this movie, even though it seemed quite obvious to me that Wag the Dog was supposed to be a comedy of sorts. Second of all, the story of political manipulation and corruption, which was meant to make me ask myself, "could this really happen?", instead had me asking the question, "is it almost over?".

I'm the first one to admit that certain venues of the media these days seem much more focused on entertaining rather than accurately informing the public, which

causes it to become somewhat misleading. I am also the first one to admit that there are many people out there who are more interested in getting entertained, rather than becoming informed, which makes it easy for them to be misled. However the scale to which these two elements are portrayed in Wag the Dog is absolutely ridiculous, and simply stretched the bounds of believability until it was quite annoying to watch.

For instance, the American public in this movie are willing to believe, unquestioningly, that there is a war based on one five minute shot of an actor running through a computer generated war zone. DeNiro's character, Conrad Brean, tries to justify this to the audience by saying that people were willing to believe the Gulf war happened based merely on film footage of one bomb blowing up a factory. His suggestion being that perhaps the Gulf war was manufactured as well. To this I have to say that my belief in the Gulf war is not based on that one film shot of a bomb blowing up a building, it is based on several film shots, all of which are corroborated by the testimony of thousands of people who say they were really there.

However the people in Wag the Dog not only seem willing to accept the lie that they are at war, they seem absolutely eager to be manipulated. Personally I was offended by this portrayal of the viewing public, and I think most other people should be too. The creators of this movie are trying to "bring to our attention" that we are nothing but mindless couch potatoes who will swallow anything as long as it is accompanied by a catchy song. I would say that the creators of this movie are out there patting themselves on the back for being so clever, and opening the eyes of the public to their own banal



passive acceptance of whatever is shoved down their throats. Personally I think what the makers of Wag the Dog need is a good kick in the back side for lumping all people into one general category "the public" who are little more than mindless automata. In reality there are many people, like myself, who are sceptical, ask questions, and never accept things on face value. If I want to feel patronized there are plenty of other places I can go, when I am at the movie theatre I prefer to be entertained.

Is there anything good about Wag the Dog that I noticed? Nothing really comes to mind, the overall experience was not a pleasurable one for me. However, if I was going to look (and look hard) for something nice to say about this movie I would have to say that it lies within the performances of DeNiro and Hoffman. Even though the respective characters played by DeNiro and Hoffman were somewhat annoying, the two actors did a good job of portraying them. Hoffman in particular was quite good as the eccentric Stanley Motss, even if the antics of the character were so overdone, and repetitive, that any humour value that could have been created was lost in frustration. For

example, Motss' eccentricity, and attention to detail cause him to ruminate over the colour of the cat the actor is going to be holding in his fabricated war scene. The fact that Motss would focus on something as mundane as the colour of a cat, especially when he is filming a hoax war scene, does have humour value. However, Motss goes on, and on, about the colour of the cat so much that I quickly became annoyed rather than amused. It's kinda like "alright I get the message the guy is neurotic, stop trying to shove it down my throat!"

To sum up, I think Wag the Dog is a product of Hollywood producers and directors who have too high an opinion of themselves. The fact that movie makers are portrayed as capable of manipulating the brainless masses in this film leads me to this conclusion. However, there are some people out there who may be intrigued by the plot in this movie. And I admit that it is an interesting thought that perhaps the government uses the media as a manipulation device, although I don't think its true. Its too bad that the idea is wrapped up in a crappy, annoying, unfunny movie.



Special Event Catering

MOUNT SAINT VINCENT UNIVERSITY

Corporate Events

Receptions

Weddings

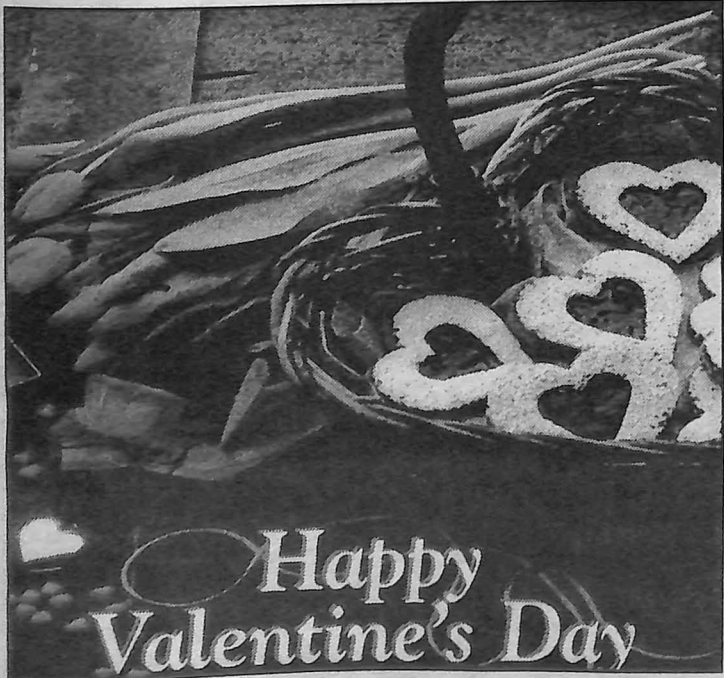
Anniversaries

Conference Office
(902) 457-6364

The conference/catering offices at Mount Saint Vincent University will assist you in all aspects of arranging your special event.

Our services are tailor-made to your requirements and budget and we welcome your enquiry and visit.

Versa Classic Fare Catering
(902) 457-6253



For that special someone Versa has two great ideas to take advantage of:

Design your own Valentine Cookie: on Friday Feb. 13th, in the Rosaria Food Court from 11:15 am - 6:15 pm. You can design your own valentine cookie. Various toppings will be provided \$1.95 per cookie.

As well, Valentine baskets may be ordered for the most romantic day of the year. Order forms may be picked up from the Versa Office (Rosaria 303A) or Cashier station in Rosaria Food Court or Sacateria.

Classifieds

CAREER

O
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E
R**Part-Time/ Temporary**

Position Application Deadline
Election Enumerators On Going, asap
Sackville

Counter Sales Agents On Going, asap
Hertz Canada

Door-to-Door Canvases On Going, asap

Parent/Child Coordinator Immediately
YWCA, Halifax

Cashiers and Service On Going
Attendants

Full-Time/ Permanent

Position Application Deadline
Market Researchers February 4, 1998

Product Management On-Going
Trainee Program, McCain

Experience Canada On-Going
Work Experience Program

Controller ASAP
Sights and Sounds Productions

Software Consultant On-Going
Keane, Inc.

**BEST HOTELS
LOWEST PRICES**

All **SPRINGBREAK** Locations.
Daytona, Orlando, Miami \$89 up.
Cancun, Jamaica, Bahamas etc.
Depart New York, Boston, etc.
\$559 CDN up. Register your group
and/or be our Campus Rep.
Inter-campus Programs
800 - 828 - 7015 or
www.icpt.com

Youth Employment Strategies

BY KIM BOUDREAU, CAREER PLACEMENT ASSISTANT

For most students, finding a summer job is a difficult and tedious task. Many students don't know where to begin or what to search for. Some common questions include, "How exactly do you go about looking for information on jobs?" or "Where do I start?" It would be great to have a job that is directly related to your field of study. That way, your skill level increases and your resume looks more polished. But, as students looking for summer employment, these requests are sometimes not easily filled and therefore need to learn from the experiences we acquire, whether they are directly or indirectly along our career paths.

The federal and provincial governments, recognizing this situation, have come up with several initiatives for job creation that may help some students find valuable employment. By partnering with various businesses and organizations, many programs have been developed in the past number of years to help alleviate some of the frustrations for students who are searching for work. This youth employment strategy assists many young Canadians in getting career-related jobs.

One type of program provides business counselling, mentoring and loans to students to start their own summer business. Such programs include the Youth Entrepreneurial Skills Program, (YES), the Seed Capital and Counselling Program, and the Future Quest Program. Students who have a business idea can submit an application and a business plan for review. Upon approval of the proposal, a student may be awarded an interest free loan to help with such things as start up costs, equipment purchases or advertising. Some restrictions apply, each in accordance with the type of program. As well, business training is provided when necessary.

Other types of job creation initiatives involve hiring a student more directly. In some cases, a business can apply for a grant of money used to subsidize a student's wages. This is the focus of Nova Scotia Links and the

NS Links Black Educators Association. It provides businesses with the funds to employ students. The programs are designed to assist post-secondary students find career-related work. They also help students enhance job searching techniques. It is therefore the student who must take the initiative to search for employers willing to participate in this program. As well, programs such as these provide funding for many non-profit and private organizations who would not otherwise be able to hire a student for employment.

The Student Loan Employment Program works in the way that it allows students to save money while living and working at home. A student applicant already carrying a student loan must find an approved employer who can provide them with career related work. In this case, Student Loan credits the students hourly wages to the university and helps to pay for tuition. The Nova Scotia Employment Program for Students provides summer jobs for students entering or returning to a post-secondary institution in the fall. The Cooperative Employment Program enables employers to hire co-op students for summer, fall and winter terms.

Summer positions are also available at Human Resource Centres of Canada for Students. The federal government hires students who help other students get information about local job opportunities and learn job search skills. This is an example of one of the jobs available to students when applying to the Federal Summer Work Experience Program (FSWEP).

If any of these initiatives sound interesting to you, you may want to do some research. By visiting the Career Resource Centre here at Mount Saint Vincent University, you can find out information on any of these employment strategies. Deadlines for some of these programs are fast approaching, so you may want to apply soon. You may not just provide yourself with some extra summer dollars, but as well, some invaluable career-related experience you may not get elsewhere.

VOLUNTEER OPPORTUNITIES - OFF CAMPUS:

Volunteering is a great way to gain practical experience while contributing to our community. The Volunteer Resource Centre matches people interested in volunteer work with non-profit agencies looking for help. Listed below is a sample of the current available opportunities. For more information, please call their office at 423-1368.

INTERVIEWERS/RECEPTIONISTS

Be part of the team! The Volunteer Resource Centre is looking for people to work as volunteer Interviewers and Receptionists. Enjoy working in a friendly non-profit environment and gain valuable skills for the workforce. Call us!

INFORMATION RESEARCHER

This would look great on a resume. A Halifax agency is looking for an organized person to be an Information Researcher. Duties include gathering and organizing information on various seniors' programs and services obtained through mailouts and telephoning. Knowledge of WordPerfect 6.1 and a friendly phone manner an asset. Short-term commitment.

DATA ENTRY CLERKS/SPECIAL PROJECTS SUPPORT CLERK

A Halifax organization is looking for people to assist them as Data Entry Clerks and as a Special Projects Support Clerk. Full training provided. Letters of reference provided

upon successful completion of these short-term positions. Gain valuable experience!

RECREATION COORDINATORS/AQUATIC INSTRUCTOR

Enjoy physical activity? A Halifax agency needs volunteer Recreation Coordinators and an Aquatic Instructor. If you are in shape and possess good leadership abilities, why don't you lend a hand? A good opportunity for those pursuing physical education or recreational instruction.

EDUCATION ASSISTANT

A Halifax organization needs an Education Assistant to assist their Education Coordinator with a grade five program. Reference provided.

DESIGN AND EXHIBIT ASSISTANT

Put your creative and constructive skills to work. A Halifax organization needs a Design and Exhibit Assistant. You would help with assembling and dismantling exhibit sets and preparing exhibit materials. You should be able to take direction well and knowledge of Mac

computer graphics software is an asset. An interesting opportunity!

HOSPITALITY POSITIONS

The Halifax branch of a national agency is looking for volunteers to work in various Hospitality positions. Excellent telephone and people skills and an organized manner are a must. This is a great chance to gain experience in the non-profit sector with an established organization. Call us!

TUTORS

A Halifax agency is looking for two female Tutors to assist an adult with their reading and math skills. A patient, caring attitude is a must.

FUNDRAISING/PUBLIC RELATIONS ASSISTANTS

A Halifax agency is looking for Fundraising and Public Relations Assistants. These positions will offer you the chance to get involved in the conservation of natural areas in Nova Scotia, as well as give you excellent experience for your resume. If you are enthusiastic and enjoy working as part of a team, call us!

FUNDRAISERS

A Halifax organization needs Fundraisers for its upcoming raffle campaigns. Duties include selling tickets and handling out pamphlets. If you enjoy meeting different people and are interested in learning about mental health issues, this is for you!

DATA ENTRY ASSISTANT

Put your typing and computer skills to work for a Halifax agency as a Data Entry Assistant. You should have basic knowledge of WordPerfect and Microsoft Word and be able to work well with others. Call us and find out more!

VOLUNTEER PORTERS

Do you find working with the elderly rewarding? An organization in Halifax needs Volunteer Porters to take residents to and from Sunday church services. Some residents may need accompaniment during the service. Orientation provided. Why don't you lend a hand?

FOOD DELIVERY DRIVERS

A Halifax organization urgently needs Food Delivery Drivers to

help them bring food to their clients' homes. If you have your own vehicle, a desire to share with those in need and an interest in learning more about HIV/AIDS issues, give us a call!

ENVELOP STUFFERS

Time to spare? A Halifax organization needs Envelop Stuffers for an upcoming campaign. Lend a hand and get some non-profit experience!

DROP-IN CENTRE VOLUNTEER

Why don't you spend your spare time helping new Canadians as a Drop-In Centre Volunteer? Your duties would include meeting mothers and their children, setting up workshops, discussions and other activities. Training provided. This is a chance to learn about different cultures and build your community - don't miss it!

BIG BUDDIES

Share your life experiences and friendship with a youth in need. A Halifax organization is looking for male Big Buddies. You would spend quality time with a child or adolescent.

Classifieds

Calendar of Events

Monday, February 2nd

Feb 2-6, Graduation Photos, Book an appointment at Information Desk Rosaria Centre

11:00-12:00, Nurture Group Meeting, Sponsored by the Mount Christian Fellowship Evaristus Chapel

12:10-12:45 pm, Lunch-time Intramural Program Rosaria Gym

2:00-3:00, Nurture Group Meeting Sponsored by the Mount Christian Fellowship Evaristus Chapel

3:00 - 4:30 pm, Pick-up Indoor Soccer Rosaria Gym, Free for students & gym members

7:00 pm, Christian Meditation Mount St. Vincent Motherhouse, inquire at main entrance

7:00 pm, NSCAD Queer Lecture Series Jane Kansas - Homo 101: A Friendly Introduction, Bell Auditorium, NSCAD, 5163 Duke Street, Free Admission

Tuesday, February 3rd

12:00 pm, Meeting for Spring and Fall Graduates, Seton Centre, Auditorium A, 4th Floor

12:00 pm, MSVU Saints Band Practice, Don MacNeil Room, 4th Floor Rosaria Centre

12:00 pm, Lunch & Learn Lecture Series, Topic: Community Oriented vs. Community Based Health Care, Alderney Gate Public Library, 60 Alderney Drive, Dartmouth,

3:00 pm, History Society Meeting Seton Academic Centre, Room 552

3:00-4:00 pm, Nuture Group Meeting Sponsored by the Mount Christian Fellowship Evaristus Chapel

5:30 pm, Pizza and Profundities Sex - Biblical Perspectives: Gift, Dilemma, Promise, Contact: Martha Martin, Chaplain at 457-6446

5:30 pm, Women's Reel Vision Under Wraps: A Film About Going With The Flow, Discussion to follow: Alternative Menstrual Products, National Film Board, Spring Garden Rd.

Wednesday, February 4th

10:00 am, Findings from the Needs Assessment Report Avalon Sexual Assault Centre, Public Archives Avalon Room, 6061 University Avenue, Halifax

12:00 pm, Women of the Bible, Campus Ministry Lunchtime Series, Evaristus Chapel

12:10-12:45 pm, Lunch-time Intramural Program Rosaria Gym

2:00 pm, History Society Meeting Seton, Room 552
2:00 pm, Picaro Staff Meeting Rosaria Centre, Room 114

2:00 pm, MARS-Mount Alternative Recreation Society Meeting Vinnie's Pub, Rosaria Centre

2:00-3:00 pm, Nurture Group Meeting, Sponsored by the Mount Christian Fellowship, Seton, Room 504

3:00 - 4:30 pm, Pick-up Indoor Soccer Rosaria Gym, Free for students & gym members

3:45 pm, Women's Studies Seminar Series, "Women and Health Research: From Theory to Policy", Francoise Baylis, Jocelyn Downie, and Sue Sherwin, Dalhousie, Dalhousie University, Killam Library Room 5105

4:00 pm, Writing Workshop, Topic: Choosing the best words, Evaristus 219E, Call 457-6567 to register

6:00 pm, Women's Basketball Game, MSVU @ Kings

8:00 pm, Men's Basketball Game, MSVU @ Kings

Thursday, February 5th

2:30-4:30 pm, Alpha Course Sponsored by the Mount Christian Fellowship Rosaria Centre, Room 414

6:30 pm, Business Society Dinner Guest Speaker: Penny Mosher Hotel Halifax, Baronet Ballroom

Friday, February 6th

12:00 pm, Student Alumnae Association Meeting Evaristus Hall, Room 108

3:00 pm, Student Council Meeting Rosaria Centre, Room 106

3:15-5:00 pm, Recreational Volleyball Tournament Rosaria Centre

8:00 pm, Grand Opening of Matt's Place Coffee House, Performers: John Allan Cameron & The David Carmichael Band, St. Matthew's United Church, Barrington at Spring Garden Road, Tickets: \$12 & Students: \$10, All proceeds for the Nova Scotia Youth Help Line

Saturday, February 7th

9:30 am, Badminton Game, MSVU @ UNBSJ

1:00 pm, Women's Basketball Game MTA @ MSVU

3:00 pm, Men's Basketball Game MTA @ MSVU

8:00 pm, St. Cecilia Concert Series St. Andrews Church, 6036 Coburg Road, Call 494-3820 for tickets; Cost \$25 & \$22

Monday, February 9th

11:00-12:00, Nurture Group Meeting, Sponsored by the Mount Christian Fellowship, Evaristus Chapel

Picaro deadline for submissions(Issue #10)

12:10-12:45 pm, Lunch-time Intramural Program Rosaria Gym

2:00-3:00, Nurture Group Meeting Sponsored by the Mount Christian Fellowship, Evaristus Chapel

3:00 - 4:30 pm, Pick-up Indoor Soccer, Rosaria Gym, Free for students & gym members

7:00 pm, Christian Meditation Mount St. Vincent Motherhouse, inquire at main entrance

7:00 pm, NSCAD Queer Lecture Series Robin Metcalfe - Queer Stigmata: The Embroidery Art of Robert Windrum, Bell Auditorium, NSCAD, 5163 Duke Street, Free Admission

Tuesday, February 10th

12:00 pm, MSVU Saints Band Practice, Don MacNeil Room, 4th Floor Rosaria Centre

12:00 pm, Lunch & Learn Lecture Series, Topic: Environment and Ecosystem Health, Alderney Gate Public Library, 60 Alderney Drive

3:00 pm, History Society Meeting, Seton Academic Centre, Room 552

3:00-4:00 pm, Nuture Group Meeting, Sponsored by the Mount Christian Fellowship, Evaristus Chapel

Wednesday, February 11th

10:00-2:00 pm, Goodies Sale, Child and Youth Studies Society, Seton Centre, 4th Floor

12:00 pm, Women of the Bible, Campus Ministry Lunchtime Series, Evaristus Chapel

12:10-12:45 pm, Lunch-time Intramural Program Rosaria Gym

2:00 pm, History Society Meeting, Seton, Room 552

2:00 pm, Picaro Staff Meeting Rosaria Centre, Room 114

2:00 pm, MARS-Mount Alternative Recreation Society Meeting Vinnie's Pub, Rosaria Centre

2:00-3:00 pm, Nurture Group Meeting, Sponsored by the Mount Christian Fellowship Seton, Room 504

3:00 - 4:30 pm, Pick-up Indoor Soccer, Rosaria Gym, Free for students & gym members

4:00 pm, Writing Workshop Topic: Punctuation, Evaristus 219E, Call 457-6567 to register

6:00 pm, Women's Volleyball Game, MSVU @ NSCC

6:00 pm, Women's Basketball Game, MSVU @ NSAC

8:00 pm, Men's Basketball Game, MSVU @ NSAC

Thursday, February 12th

2:30-4:30 pm, Alpha Course, Sponsored by the Mount Christian Fellowship, Rosaria Centre, Room 414

7:30 pm, Women's Studies Seminar Series, "Allegories of the Flesh and Transparent Bodies", Elizabeth Harvey, University of Western Ontario, Dalhousie University, Weldon Law Building, Room 207

Friday, February 13th,

Valentine's Day Door Decorating Contest, Ath/Rec

12:00 pm, SAA Meeting, Evaristus Hall, Room 108

Feb 13-15, Afternoon Alpha Special Weekend Retreat Please call Leanne @ 835-2048, Sponsored by The Mount Christian Fellowship

9:00pm-2:00 am, Charity Ball, Vinnie's Pub, Cost is \$4.00 per person, All proceeds going to Bryony House

Saturday, February 14th

Valentine's Day

1:00 pm, Women's Basketball Game, MSVU @ MTA

3:00 pm, Men's Basketball Game, MSVU @ MTA

4:00 pm, Women's Volleyball Game, MSVU @ Kings

Monday, February 16th

11:00-12:00, Nurture Group Meeting, Sponsored by the Mount Christian Fellowship, Evaristus Chapel

12:10-12:45 pm, Lunch-time Intramural Program Rosaria Gym

2:00-3:00, Nurture Group Meeting, Sponsored by the Mount Christian Fellowship, Evaristus Chapel

3:00 - 4:30 pm, Pick-up Indoor Soccer, Rosaria Gym, Free for students & gym members

7:00 pm, Christian Meditation, Mount St. Vincent Motherhouse, inquire at main entrance

7:00 pm, NSCAD Queer Lecture Series, Pam Pike: Rethinking the Absence of Us, Bell Auditorium, NSCAD, 5163 Duke Street, Free admission

Tuesday, February 17th

12:00 pm, MSVU Saints Band Practice, Don MacNeil Room, 4th Floor Rosaria Centre

12:00 pm, Lunch & Learn Lecture Series, Topic: Women and Children's Health, Alderney Gate Public Library, 60 Alderney Drive, Dartmouth

3:00 pm, History Society Meeting, Seton Room 552

3:00-4:00 pm, Nuture Group Meeting, Sponsored by the Mount Christian Fellowship Evaristus Chapel

7:00 pm, The Monthly Breast Cancer Meeting, Dickson Building, 5820 University Ave.

Wednesday, February 18th

12:10-12:45 pm, Lunch-time Intramural Program Rosaria Gym

2:00 pm, History Society Meeting Seton, Room 552

2:00 pm, Picaro Staff Meeting Rosaria Centre, Room 114

2:00 pm, MARS-Mount Alternative Recreation Society Meeting Vinnie's Pub, Rosaria Centre

2:00-3:00 pm, Nurture Group Meeting Sponsored by the Mount Christian Fellowship Seton, Room 504

3:00 - 4:30 pm, Pick-up Indoor Soccer Rosaria Gym, Free for students & gym members

4:00 pm, Writing Workshop Topic: Revising your paper Evaristus 219E, Call 457-6567 to register

6:00 pm, Women's Basketball Game, MSVU @ NSCC

7:30 pm, Women's Volleyball Game, NSAC @ MSVU

8:00 pm, Men's Basketball Game, MSVU @ NSCC

Thursday, February 19th

2:30-4:30 pm, Alpha Course Sponsored by the Mount Christian Fellowship Rosaria Centre, Room 414

Friday, February 20th

12:00 pm, SAA Meeting Evaristus Hall, Room 108

3:00 pm, Student Council Meeting Rosaria, Room 106

6:00 pm, Women's Basketball Game Kings @ MSVU

8:00 pm, Men's Basketball Game Kings @ MSVU

8:00 pm, Sun Room Reading Series Reader: Matt Cohen The Sun Room - The Oaks, St. Mary's University

Saturday, February 21st

11:00 am, Badminton ACAA Finals @ MSVU

1:00 & 3:30 pm, Women's Volleyball ACAA Semi Finals @ U St. A

6:00 & 8:30 pm, Men's Volleyball ACAA Semi Finals @ U St. A

Sunday, February 22nd

9:00 am, Badminton CCAA Qualifiers @ MSVU

11:00 am, Women's Volleyball ACAA Finals @ U St. A

1:30 am, Men's Volleyball ACAA Finals @ U St. A

Monday, February 23rd

STUDY BREAK BEGINS

Sports



ATHLETICS/RECREATION FITNESS Q&A

Q. What is "Burnout" and how can I avoid it?

A. "Burnout" is a term used to describe feelings of depression and lack of energy. You may be approaching "burnout" if you feel you are being pushed, or are pushing yourself beyond, or at higher speeds but don't seem to be going anywhere.

The answer to "burnout" is getting back in control and getting more balance in your life. Here are some tips to help!

Do some detective work. Try to determine what is causing the feelings. Does it happen at a certain time of day or activity. Treat this by making changes if you can.

Learn to say "no". Don't be afraid to tell people that you are busy and can't help them right now. You need to conserve some energy for you! Overextending yourself prevents you from doing the best you can.

Plan fun outings. Put fun activities in your diary as well as work activities. Plan ahead and it will give you something to look forward to during

the week or month.

Relax during the day. Take breaks — don't always work through lunch. Build time into your day to relax — read a magazine, have a bath, meditate.

Confide in a friend. Hearing yourself tell a friend about a problem may give you a new perspective on it. Remember though, that you are responsible for the resolution or solution to the problem.

Maintain a regular exercise program. The benefits of regular exercise include increased energy and an uplifted mood.

Build relationships. "No man is an island", we all need social contact. There is more to life than work! Invest time in building relationships with your friends and family.

Have some fun every day. Fun adds to happiness. Take a moment or two to "play" — at least have a good laugh.

Seek professional help. If you think you may be experiencing long bouts of depression, consult with your physician or health care provider.

Vincent's

The Tourism and Hospitality Management program is pleased to announce the completion of VINCENT'S COOKBOOK. The cookbook contains a selection of 70 of our favourite recipes from the famous Vincent's Restaurant Nights. Vincent's Restaurant nights began as part of the Tourism and Hospitality Management food and beverage management courses. The recipes are from those chosen by the students for their theme nights. All proceeds from the sale of the cookbook will contribute to the Dr. Don Smith Tourism and Hospitality Management Scholarship fund. The price for this fabulous collection is only \$7.50 and is available from Ann MacGillivray, Coordinator of the Tourism and Hospitality Management program. To purchase your own special copy today, contact Ann at 457 - 6198, Seton Annex 5C, or Ann.MacGillivray@msvu.ca.

Co-ed Volleyball Tournament

Friday, November 28, 3:15-5:00pm

Teams of 6 or more

Must have at least two females on the court at all times

Individuals and teams may sign up at Rosaria Gym.

Cost \$2/player

All welcome

Mystics Varsity Standings

Women's Basketball Conference Standings

RANK	TEAM	MP	MW	ML	POINTS
1	MSVU	13	12	1	24
2	MTA	12	10	2	20
3	Kings	13	9	4	18
4	STU	4	9	5	18
5	NSAC	13	6	7	12
6	UNBSJ	12	4	8	8
7	NCCC	13	1	12	2
8	DalTech	12	0	12	0

Men's Basketball Conference Standings

RANK	TEAM	MP	MW	ML	POINTS
1	STU	11	9	2	18
2	MTA	10	7	3	14
3	MSVU	11	7	4	14
4	NSAC	10	5	5	10
5	Kings	11	4	7	8
6	Dal Tech	10	3	7	6
7	UNBSJ	11	2	9	4

Women's Volleyball Conference Standings

RANK	TEAM	MP	MW	ML	POINTS
1	USA	12	12	0	24
2	STU	13	10	3	20
3	Kings	12	8	4	16
4	NSAC	10	5	5	10
5	MSVU	14	5	9	10
6	NCCC	10	1	9	2
7	UNBSJ	11	0	11	0

ScoreBoard of Past Games

Women's Basketball

January 21 MSVU defeated NSAC 50-42

January 24 MSVU defeated STU 63-50

January 25 MSVU defeated UNBSJ 67-45

Men's Basketball

January 21 NSAC defeated MSVU 69-66

January 24 STU defeated MSVU 92-75

January 25 MSVU defeated UNBSJ 79-65

Women's Volleyball

January 21 NSAC defeated MSVU 3-0

January 24 STU defeated MSVU 3-0

January 25 MSVU defeated UNBSJ 3-1

International Women's Week

March 8 - 13

Sunday March 8	1:00 - 4:00 pm Seton Auditorium	Eileen O'Connell, NDP MLA, keynote speaker Panel Discussion - "What is Feminism in the 1990s?"
Monday March 9	10:00 - 11:30 am Seton Auditorium	Special Guest Speaker "Nellie McClung" AKA Dr. Randi Warne
	2:00 - 4:00 pm Art Gallery Mezz.	Jude Major, Guest Lecture "What is Women's Art?"
Tuesday March 10	12:00 - 1:30 pm Seton Auditorium C	Film - "goddess Remembered" Introduced by Martha Martin, Chaplin
	3:00 - 5:00 pm Seton Auditorium	Film - "Kathleen Shannon on film, feminism and other dreams" Introduced by Dr. Josette Deleas
Wednesday March 11	12:00 - 1:30 pm Seton Auditorium C	Film - "The Burning Times" Introduced by Martha Martin, Chaplin
	2:00 - 3:00 pm location TBA	Gwen Noah, dancer Norman Adams, cellist
Thursday March 12	1:00 - 2:00 pm location TBA	Regina Coupar, Guest Lecture Discussion of Art/Poetry work in progress
Friday March 13	12:00 - 1:30 pm Auditorium C	Film "Full Circle" Introduced by Martha Martin, Chaplin
All Week March 9 - 13	12:00 - 2:00 various locations	Travelling Art Show A chance for student to be creative



Tap into tradition.

The year was 1817. Alexander Keith came to the Maritimes after making a reputation in England as a brewing perfectionist. Just three years later, he started his own brewery. Using only the finest pure barley malt and select hops, he crafted each batch with an unrivaled commitment to quality. Brewing slowly, carefully, taking the time to get it right. So it is today. Brewed with the same time-honoured methods and attention to detail that he gave over 175 years ago.

Alexander Keith's India Pale Ale. That's why those who like it, like it a lot.