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MOUNT SAINT VINCENT UNIVERSITY STUDENT NEWSPAPER PROCLAIMING CAMPUS NEWS

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# Mulroney ignores peace pleas

OTTAWA (CUP)—While prime minister Brian Mulroney ignored the pleas last week of hundreds of thousands of Canadians to put an end to Canada's cruise missile testing, he failed to discourage them from continuing their efforts.

Organizers of the Peace Petition Caravan campaign, which gathered nearly 450,000 signatures on a petition demanding a halt to cruise missile testing, say they are more determined than ever to change Canada's position in the nuclear arms race.

At a press conference Oct. 22, the organizers put on a brave face and said Mulroney's refusal did not disappoint them.

'We didn't expect it to happen overnight," said Bob Penner, spokesperson for the campaign and an activist with the Toronto Disarmament Network. "We felt the meeting with Mr. Mulroney was a success in that he said he would encourage more government consultation with the peace movement."

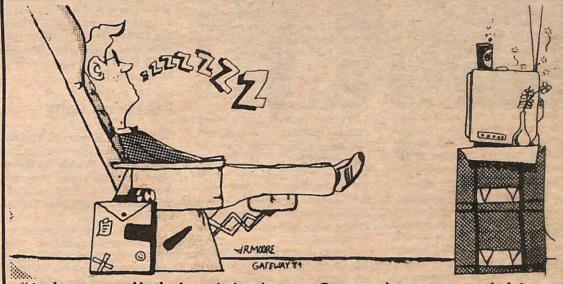
But one organizer later personally admitted he was disappointed with Mulroney's performance during the meeting with caravan participants. National campaign co-ordinator Michael Manolson, said he hoped Mulroney would have responded directly to their demands, instead of reading from previously prepared speeches and shrugging off activists' questions.

"We did not go into the meeting in the hope that Mulroney would say 'Oh my god! You got 450,000 signatures, I've seen the light, I'll stop the testing'," Manolson said. "We had no expectations. But I personally hoped he would have been more forthright with us and felt more comfortable dealing with the peace issue.'

Manolson said the Peace Petition Caravan organizers and participants plan to organize a national conference for peace activists in Canada, which will most likely be held this spring. The activists want to set up a national coalition of peace groups across the country to launch national campaigns for disarmament. The peace petition caravan campaign was the first national campaign undertaken by Canada's peace movement.

The bundles of petitions, wrapped neatly in boxes according to federal ridings, will be presented to the Speaker of the House shortly after Parliament resumes sitting. The petitions call for Canada to be declared a nuclear weapons free zone, that research and production of nuclear weapons be halted and that "wasteful spending" on arms be diverted to "human

The petitions also seek a free vote in the House of Commons to approve these measures, but all three federal party leaders re-



"And rest assured in the knowledge that your Conservative government is doing all we can to make Canada a better place to live. That concludes tonight's episode of Ripley's Believe it or Not."

jected the idea.

According to Manolson, Liber-al leader John Turner admitted his party was "badly divided" on the issue of cruise missile testing and would review its position. NDP leader Ed Broadbent, whose party endorsed the campaign in its early stages, said he does not support the idea of a free vote because it would not alter the federal government's position.

Manolson said Mulroney pledged to conduct public hearings across Canada on the government's foreign and defence

policies. Mulroney also promised to release a white paper on defence and a report prepared by external affairs minister Joe Clark, who conducted public hearings on disarmament earlier this year.

One participant in the campaign, Stephanie Sydiaha, said although the petitions did not prompt Mulroney to change his position, the campaign strengthened Canada's peace movement and encouraged people in small

communities to set up local peace groups.

Sydiaha said she thinks the campaign heightened federal politicians' awareness of the peace movement's strength and support. "This isn't the end, it's the beginning of a whole different movement. That energy is

going to keep spreading."

Manolson agreed. "About 450,000 signatures is not to be sneezed at. Before you make progress, you have to be recognized—it's kinda like having a big club and hitting politicians in the ass to let them know you exist." he said.

#### campaign for Cable ount

by Kathryn Dickson

Mount students are terrified of staying home in residence on weekend nights. "Facing an entire evening of CBC and ATV programming is scary stuff", said Judy O'Brien an on-campus student." If you don't like hockey or Grand Prix Wrestling you're out of luck."

Because the better television shows and movies are on cable, resident students have been campaigning for cable to be installed in residences.

Neita Castle, co-ordinator of the physical plant at the Mount een investigating the possibility of bringing cable to Mount residences. The main problem of installing cable is the cost. Metro Cablevision will install cable in any building up to 50 feet from a public road. However, the Mount's campus is more than 50 feet from the highway. Therefore, the university must pay for every foot of wiring required from the highway to the residences. The total cost of this would be \$1,500.

The problem is, the university will not pay. It feels the money can be spent more wisely. The Mount has paid for cable to be installed on the fourth floor of the Seton Academic Center, but for educational and financial reasons they won't bring the wire up the hill.

Cable could be used for more than entertainment in residence. If students are too sick to attend classes, they would not have to miss classes if they received Distant University Education via Television (DUET). DUET is a relatively new program which broadcasts classes via cable to people who cannot attend classes at the university

Henry Moulton, the Mount's entertainment director would like to see cable in Vinnie's Pub. Last year a video screen was purchased to play videos and sports programs. However, cable must be installed to broadcast Much Music and the Total Sports Network (TSN) stations.

Moulton plans to pay for the cable installation with Wednesday night pub profits and a cable fund drive. He can understand the university's refusal to fund the cable because, "the students

are benefiting, not the administration, so why should they be expected to pay.'

When cable is installed in the pub next term, resident students can watch their favourite television shows, but they will have to compete with other students' preferences. Cable in the pub might help the problem for a

while but no doubt the issue will arise again next year when unsuspecting freshmen discover no cable in their homes away from

#### Is life better on campus?

by Sheila Gibbons

Approximately 60 per cent of Mount full-time students live off-campus, and yet many students feel life is better on-cam-

Students living off-campus miss out on the social life at the Mount because they are less likely to show up for pub nights and dances, says James Selfe, a second year public relations stu-

'If you don't stick around after class and socialize you won't

meet anybody."
Heather MacAuley, who moved on-campus for her second year said, "When I lived offcampus there was no spontaneity in my social life . . . it took a lot of effort to attend a dance."

Maureen Coady, housing officer at the Mount said only 40 per cent of the full-time female population live on-campus. The majority of those that live on-campus are first-year students.

Many first year students benefit from residence because it allows them to meet new people and adjust to university life.

"I think residence is better because you get more involved," said Barbara Wheeler, a firstyear secretarial student.

Darlene Hashem, a second year student who lives off-campus said she really didn't enjoy herself when she lived in residence last year. "All I did was eat, sleep and live school," she

She enjoys living in her downtown apartment because it allows her to get away from school. She has found one drawback; the cost of transportation.

"Transportation makes me mad," said James Selfe.

'They (Metro Transit) should have a cheaper bus fare for university students who are totally dependent on buses."

Many students prefer the apartment type residence that the Birches offer said Coady. Third and fourth year students remain on campus to live in the Birches because they like the facilities and it eliminates the transportation costs of living offcampus.

Most students believe living on campus is a worthwhile experience.

'If I had a choice I would live on-campus because it's a big part of university life," said James Selfe.

# Disarmament week in process

by Nicole Watkins

Lectures by Soviet educators and scientists at Atlantic universities will highlight the United Nations' National Disarmament Week campaign in the region.

The speakers, V.M. Pivivarov, M.I. Kuzin, V.I. Dobrenkov, Alexander Szarkov and Vadim Zhdanovich will speak about such topics as the impact of disarmament in Soviet schools, the social and biological effects of nuclear war, and North American and Soviet attempts to create world peace.

The week began Sunday night with a non-denominational service at the Atlantic School of Theology.

National Disarmament Week is part of the U.N.'s World Disarmament Campaign. The purpose of the campaign is to educate and to generate support for the U.N.'s peace objectives. It was agreed at the U.N. General Assembly's first special session devoted to disarmament that it is essential that not only governments but the peoples of the world recognize and understand the dangers of the arms race.

The World Disarmament Campaign was launched at the U.N.'s second special session devoted to disarmament in 1982, where delegates decided that the week beginning Oct. 24 should be recognized as Disarmament Week.

The Soviets were invited to the region by the Association of Atlantic Universities.

#### London theatre trip reduced

Here's your chance to take advantage of a real bargain! The price of the London Theatre Trip, sponsored by the Mount's English Department has been reduced from \$850 to \$650. And, nothing has changed!

The eight day trip to London, still includes round trip airfare from Halifax to London, bus transportation to and from the airport, seven nights at the Tavistock Square in twinbedded rooms with bath, all baggage handling and hotel taxes, theatre tickets for two major performances and breakfast each morning at the hotel.

For more information, call Tour Co-ordinator, Sister Geraldine Anthony, room 513, Seton Academic Centre, room 303, 443-4450, ext. 220 or Mrs. Jean Frost, secretary, Seton Academic Centre, 443-4450, ext. 346.

### Dance for those who can't

On Nov. 3 and 4, a group of students and alumni from Saint Mary's University will hold a 16-hour dance marathon in hopes of raising funds for the Muscular Dystrophy Association of Canada.

This money will be used to help an estimated 20,000 afflicted Canadians, benefiting patient service and research programmes here in the Atlantic Re-

This is a dance with a **twist** because all marathoners are not responsible for obtaining sponsors. The only requirement is that each dancer pays a minimal entrance fee and donates some

time in order to become eligible for a variety of prizes. However, those who can't register for the entire event are encouraged to join the fun for a few hours.

Guest performers will demonstrate different dance styles such as break dancing and folk-dancing and all types of music will be played during the 16 hours.

This is the first event of its kind to be sponsored by the Muscular Dystrophy Association, Atlantic Region and promises to be fun for all.

The dance begins at 8:00 p.m. on Saturday night and continues until noon on Sunday.

#### Pianist plays Dal

William Tritt, pianist, will be performing as part of the Fall Concert Series presented by Dalhousie University Music Department. The program, including a Haydn Sonata, Sonatine by Ravel, and Sonata No. 2 by Chopin, will be performed on Nov. 4 at 3 p.m. in the Rebecca Cohn Auditorium.

Tritt has appeared with every major Canadian orchestra and has been soloist with many of the orchestras of the United States as well—five times with the Boston Pops, five times with the Chicago Symphony at the Ravinia Festival, the Cincinnati Symphony and the Houston Symphony.

He was the recipient of the Silver Medal from the Royal Society for the Arts, Atlantic Chapter, for his outstanding artistry. This if the first time it has been awarded to a performing musician. Mr. Tritt is currently Adjunct Assistant Professor at Dalhousie University, continuing his association with Halifax as a

visiting performing artist.

Tickets are \$10 for adults; \$6 for students and senior citizens; and free to music students of Dalhousie University. Tickets are available from the Dalhousie University Music Department at 424-2418.

### Fundraising swim-a-thon

A fund raising swim-a-thon will be held at the YWCA, 1239 Barrington Street during the week of Nov. 5-10, 1984.

Swimmers of all ages are urged to participate—sponsor sheets are available at the front desk of the YWCA. Children are encouraged to swim during regular class times throughout the week. A party is planned for Nov. 10 from 2-4 p.m. featuring films and pop corn.

Adults are also joining the ranks of the swimmers, they are scheduled to swim lengths Sat., Nov. 10 from 4-6 p.m. A champagne and cheese reception will be held from 4-5:30 p.m. for the adult participants.

The YWCA needs swimmers, sponsors and length counters; call 423-6162 for further information on how you can help.

#### **Christmas Carnival**

Started your Christmas shopping yet? If not, pick up some early bargains at the Christmas Candy Cane Carnival, Nov. 3, 10 a.m. - 12:30 p.m. in the Rockingham United Church. Come for lunch and see the many novelties for sale.

#### Peggy Gale talks

Toronto critic Peggy Gale will be in Halifax on Mon., Oct. 29 at 8 p.m. to talk about the work of artist Gerald Ferguson at the Dalhousie Art Gallery. Peggy Gale is the former Director of A Space gallery in Toronto, and since the fall of 1981 has worked as an independent curator and critic, specializing in media works. Her most recent curatorial projects have been an exhibition of the video work of Norman Cohn, produced for the Art Gallery of Ontario, and an exhibition entitled Museums by Artists, organized for Art Metropole in Toronto.

Peggy Gale has written the brochure which accompanies the exhibition of work by Gerald Ferguson currently on display at the Dalhousie Art Gallery. The exhibition, entitled Works: 1978-1984, remains on veiw until Nov. 11.

#### Buckle up baby

The Junior League of Halifax has announced that effective immediately, the Buckle up Baby infant car seat rental program will be operated from new offices located at 1127 Barrington Street.

Reservations, pick-ups and returns are welcomed from 9:30 a.m. to 5:30 p.m., Monday through Saturday. For further information, call 422-8654.

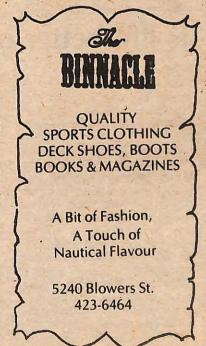
#### Vancouver choir performs

The Vancouver Chamber Choir, under the direction of Jon Washburn, will perform at St. Theresa's Roman Catholic Church in Halifax on Wed. evening, Nov. 7 at 8 p.m., offering a rare choral treat that features a varied and exciting repertoire.

#### Picaro drop-in

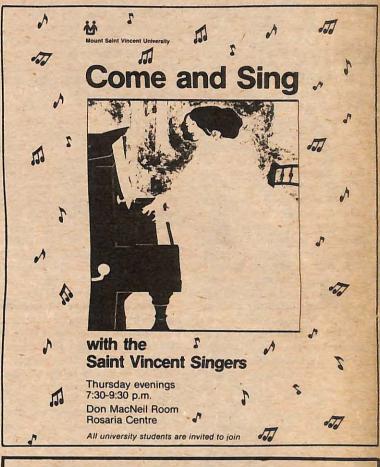
Full-time and part-time students interested in learning more about the Picaro, are invited to attend a coffee and donuts drop-in meeting Nov. 6, at 5:30 p.m., in Conference Room 110, Rosaria Centre.

Picaro staff will discuss their positions, answer any questions and encourage students to meet Picaro members. Please come by, we'd love to meet you.





Judges Shari Wall (writing) and Melanie Malpas oversee the Trivial Pursuit Contest held at Vinnie's Pub last Thursday night.





sponsored by the Picaro and the Mount English Department



The author of the winning story will be awarded a choice of one pair of fashion boots from the Factory Boot Outlet and two Neptune theatre tickets for January's performance.

Contest deadline is Nov. 23, 1984. Please submit your story to the Picaro office by 3:00 p.m. Stories must be between 800 to 1800 words. The English Department will select the winning story for the Dec. 5 issue of the Picaro. Please type your name, program, and phone number on a covering paper as judges will not be given author's names.

# Nova Scotia children in good han

Nova Scotia school administrators have won top marks for their "honest commitment and intelligent management" from Ontario colleague, R.C. (Bob) Brock, superintendant of curriculum and staff development for the North York Board of Educa-

Mr. Brock is visiting school boards across Canada to study policy formulation and teacher supervision in the schools.

How do you ensure they're doing what they're supposed to be doing?" he asks.

After visiting school boards in Lunenburg County, Bridgewater; King's County; Kentville; Dartmouth, Truro and Halifax City and County, Mr. Brock has decided that Nova Scotia school children "are in good hands."

The school systems may be

smaller than that of North York, which is among the 10th largest in Canada with 140 schools and a student population of 68,000, but the Nova Scotia staffs are facing similar problems and have the same expectations as the larger systems of providing good supervision and staff development practices.

"This is all being accomplished with great attention to cost," said Brock, "Coming from Ontario, where we are currently facing the funding of Separate Schools throughout the prov-ince, it is reassuring to find that Nova Scotia dealt with this situation years ago with no major problems."

One difference Mr. Brock has noted in Nova Scotia is that provincial school boards are still grappling with amalgamation of schools, problems settled in Ontario in the past. The school board set-up in Nova Scotia is unique, he comments. Here onethird of school board members are elected, one-third appointed by the Province and one-third by the Municipality. In Ontario all members are elected.

Mr. Brock, who is on a oneyear sabbatical leave from his position with North York, is wearing two hats during his cross-Canada tour of school boards, the one as an observer of school administrations for his own home board and the other as consultant for Kepner-Tregoe Associates Ltd., Canada's leading management consultants.

Kepner-Tregoe's methods of problem-solving and decisionmaking originated over 25 years ago with Dr. Charles Kepner and Dr. Benjamin Tregoe at Princeton University with the backing of the world-famous Rand Corporation "Think Tank". Its methods are now being used in 44 countries and by over half of the top 1,000 firms in the world. Among clients are NASA in the United States and Honda and Nissan in Japan.

"Kepner-Tregoe likes to say they helped put a man on the Moon," Mr. Brock states.

Canadian clients include IBM Canada, Atomic Energy of Canada, Governments of Ontario, Alberta, British Columbia and Quebec, the Royal Bank and the Bank of Montreal, Maritime Tel & Tel, here in Nova Scotia, and in Ontario, Mr. Brock's employer, the North York Board of Edu-

In 1981, to provide an oppor-

tunity for key personnel to increase management skills, the North York Board began to introduce the Kepner-Tregoe program. Over 200 staff members have taken the program and, according to Bob Brock, "results have been incredibly good both for the individual and team approach to decision-making."

"We educators often look at ourselves as having the 'little red school house' type of mentality and feel that we have nothing to learn from business. Having been trained in the management rational decision-making process, I can say unequivocally I believe in it," Mr. Brock states.

"It allows you to tackle complex problems with confidence and reach your conclusion faster. Above all, rational management methods don't stifle creativity. They help channel it."

#### Universities feel the pinch

REGINA(CUP)-Three financially strapped universities faced with the threat of further underfunding next year are asking students and professors to bear the brunt of the cuts.

At the University of Regina, students will feel the pinch this January and it won't be from overspending at Christmas.

The university's board of governors recently announced a 9.3 per cent increase in tuition fees for full-time students, less than six months after it raised fees by 19.6 per cent. Students are now being asked to pay a total 28.9 per cent more money than last

At the University of B.C., the administration fears the Social Credit government will decrease university funding by five per cent. Administrators have warned that such a move could mean elimination of programs, possibly a whole faculty, and the continuation of a freeze in university faculty and staff salaries.

Dalhousie University has launched a five-year fund raising drive to shave off the institution's \$25 million debt. Although the campaign is geared towards attracting money from the private sector, students are also being asked to contribute.

In return for a guarantee from the administration that tuition fees will not exceed the annual cost-of-living increase, Dalhousie's student council has come up with a proposal to increase student union fees by \$15 with the extra money going towards the campaign. Students will likely vote in a referendum to give \$750,000 to the university.

Both U of R and UBC administrators say they are becoming increasingly worried about the desperate situation facing their universities.

"We do not have sufficient funding, in total, to cover our operating costs," said Teal Lowery, U of R associate vice-presi-

The university is grappling with a potential deficit of \$750,000 this year, in addition to the \$2 million deficit carried over from last year.

"This action, in part, is to hopefully offset some of that potential deficit. It's not going to eliminate it," Lowery said.

The increase will mean an extra \$400,000 for the university. The board of governors has already cut 60 off-campus courses this fall in a cost-saving effort

and Lowery says they will have to trim some of the university's operating costs if the U of R can-

not come up with the money.

UBC administration president George Pedersen must deal with a \$1 million shortfall this year and a considerable drop in the university's contingency fund. Because 33 per cent fewer students who applied to UBC failed to show up, Pedersen says the contingency fund has all but dried up and administration must start making cuts.

"We haven't quite addressed the deficit. We may have to cut back on the budget allocation to retrieve funds, but no decisions . have been made," he said.

many instructors now that the in the proper management of renumbers (of students) have sources," he said. dropped, but we don't know

that yet."

Dalhousie University administrators still have a long way to go to reach their goal of \$25 million, although they have already raised \$4.6 million from private foundations and corporations, including \$432,000 from the board of governors.

Dalhousie's debt has been rising since enrolment surged in the past two decades. Terry Donahoe, Nova Scotia education minister, said the government will not continue pumping more money into the university.

"I believe that simply giving the universities more money is not the solution to our problems. The solution must be found, not 'Perhaps we don't need as only in increased revenues, but

### **Father Legere leaves Mount community**

by Brenda Bourgeois and B. Scott

It is 6:30 p.m. The doors close in the Mount chapel. The entrance procession gather at the back of the church. The mass begins. The procession moves toward the alter with Father Ross Legere in the rear. The first and second readings are read; the homily is said, and communion is given out. At 7:30 p.m. the doors to the chapel open. The mass is over. Another ordinary Sunday mass for Father Ross.

What is unordinary is that Father Ross is prepared to say good-bye to the Mount community. A community he has been with off and on for 5 years. This is the last mass he'll say at the Mount before moving on to the St. John Evangelist community in Windsor, Ontario.

He jokingly recounts a fellow priest saying that an article mentioning his move was placed under the obituaries. So quick and sharp are his mouth and his mind that he rebutted with, "Yes, but sometimes you have to die before you rise again."

On Wednesday, Father Ross closes a chapter in his life—his years at the Mount and St.

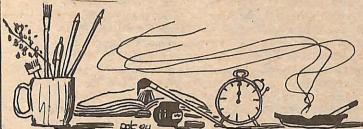


Agnes. His new chapter begins in Windsor, "I'll learn to cook, wash, vacuum and make my bed." He sighs and jokingly says, "I won't have a maid and I'll be so busy with all that housework, I won't have time for my priestly duties."

When asked seriously what



## **Editor's Corner**



#### Effective time management

Many students are overwhelmed by the new demands that university inflicts on personal time. Being more accustomed to free time, students find it difficult adjusting to the pressures of time restraints.

As Editor of the Picaro, I have experienced this same problem. I have so many demands, I wish someone would legislate another day onto the week. My only solution is effective time management. I can co-ordinate my school schedule, homework and the Picaro, if I ensure every hour of every day is spent efficiently. I do this by prioritizing my work load.

It's a common scene to be stopped in the hall and asked to go for coffee or perhaps off to Vinnie's for what one should know better than to call a ''quick drink.'' However, from past experience, I know this wastes precious time. I have my day planned so that relaxation is earned when it's all over, or at least accounted for in my day-timer. Sidetracking sets me off schedule.

Being sidetracked happens very easily to freshmen. They are still adjusting to a new environment. Sophomores are more easily sidetracked, as they know more people in the hallways. Perhaps, this is why people reply "I have no time to write for the Picaro," when I call for the internal and the second sec

Time is a precious and scarce commodity that should be spent wisely. It passes very fast and all too soon, we must efficiently manage our time for an employer. We should start learning how to budget time wisely while in university. Our schedules can accommodate school and work requirements; badly needed recreational time and if you're a successful budgeter, there might be time left for the Picaro.

Out of more than 3,000 students, the Picaro only attracts a handful of students every Monday noon meeting. Most students procrastinate saying they don't have time this week. I think a lot of students have the time and ability, but are mismanaging their time.

If you lack enough hours in a day, buy yourself a day-timer and plan out your activities. You will find time to work, play and become more involved in activities that sharpen time management skills.

The Picaro is having a drop-in coffee and donuts meeting Nov. 6, at 5:30 p.m. in Conference Room 110, Rosaria Centre. If you are interested in writing, making business contacts and meeting new friends, budget us into your schedule.



### All the Wile by David Wile



#### **Cuts from council**

by Janet MacBeth

Valedictorians: Student Union has given full support to Alice Sandall, Academic Vice-President, in her attempts to change the present procedure of selecting valedictorian. At the moment, only students on the Dean's list have their name placed on the selection list. According to this procedure, many of the most active and representative students are overlooked. Alice is proposing a change in the selection process whereby valedictorian candidates would be chosen on the basis of their extracurricular involvement

and/or popularity as well as aca-

#### Student I.D. cards

You can still get a student union I.D. card made—just come to the student union office on Tues., Nov. 13, 1984, from 1 to 3 p.m. Please don't forget proof of registration and proof of age.

demic standing.

This selection process would require Senior Class to have some involvement in the selection process. Mount Saint Vincent is one of the few universities in the Atlantic Provinces where the Senior Class has no input into choosing their valedictorian.

United Way: Student Union will be donating their profits from two Wednesday night pubs. If you would like to be a part of this contribution why not come down to the Pub October 31 and November 7.

Official Election Results Arts Representative to Student Council Garfield Hiscock 18

Garfield Hiscock 18 Angela Hartlen 14 Abstentions 4

Voter turnout—7% of B.A. Students

# The morning after

by Peter Halley

The sight of a nervous young woman wringing her hands waiting for the results of a pregnancy test is not an uncommon sight in a doctor's waiting room. At the Dalhousie Medical Clinic, there is available a method of birth control that might change this scenario.

Ten years ago, a Canadian, Dr. Yuzpe discovered a set of hormone pills that prevent a fertilized egg from implanting in the uterine wall. The Morning After Pill contains high levels of progesterone (a sex hormone) which prevents the fertilized egg from implanting in the uterine wall, preventing unwanted pregnancies.

The initial experimentation for this new birth control method was conducted on Halifax university students. Dalhousie's Medical Services Department Doctor Johnson stated that female students from Dalhousie were among the first to be tested. The pill was successful, with only a four per cent failure rate. To prevent pregnancy, the first two pills from a set of four must be taken within 24 hours of unprotected intercourse. The remaining two pills must be taken within 48 hours.

The Morning After Pill is sold at most university health services, including Mount Saint Vincent. Both the Mount and Dalhousie offer a 24 hour, seven day a week emergency service. Prescriptions are available from any doctor. Dalhousie's prescriptions are free of charge.

Already, certain packages of birth control pills contain these pills. They are the same prescription, but in most cases contain a higher level of progesterone. However, Dr. Johnson stated that an entire package of birth control pills will not always terminate pregnancies.

Presently, the Morning After Pill is not a recommended form of birth control. Although there are recorded short-term side effects of nausea and bleeding, no long-term side effects have been discovered. However, the pill's ten year use is too short a period of time to discover any of these long-term effects.

The immediate advantages of this pill can be seen in it's administration to rape victims. Even so, there are doubts about this "cure all".

Dr. Johnson agrees that all hormone treatments are in some form experimental. Complications involved in the use of the standard pill are still being investigated thoroughly.

The fact that women who take this pill might not be sure whether they are pregnant or not raises an important question.

"Should women who are not pregnant expose themselves to these hormones?"

Anti-abortionists criticize this pill because it interferes with the progression of life, which they believe starts at the moment of conception.

This method is not foolproof. What are the dangers to the four per cent of fetus' that survive this treatment? Dr. Johnson admitted that this fact is not known. In other studies of fetal development, there have been links between exposure to abnormal levels of hormones and resulting birth defects. Abnormalities in reproductive organs and genitalia of infants expose the risk of hormone use.

The Morning After Pill's risk and moral acceptability are for the individual to decide. A factor to consider is the hazy body of knowledge surrounding this pill. The lack of information on this medication raises an important question.

"Is this pill really as safe and effective as it is said to be?"



# THE

In ancient Spanish times, Picaro was a little man who ran throughout the Spanish countryside proclaiming the news.

Now, the Picaro is the student newspaper at Mount Saint Vincent University and is published weekly by the MSVU Student Union. The Picaro is a member of Canadian University Press and subscribers to its statement of principles.

Deadline for all copy is Friday noon, the week preceding publication. All copy should be submitted typed, double spaced. Letters to the Editor and Podium pieces are welcomed for publication, but we ask that all submissions be signed. Names may, however be withheld by request. The Picaro staff reserve the right to edit all copy for reasons of length or legality. Please refrain from sending letters exceeding 200 words in length. Local Advertisers—You can reach us by phone or mail. Our address is:

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# Cooperation not affiliation

by Joyce Van Zeumeren

Mount Saint Vincent is a university with a strong commitment to cooperation with its fellow post-secondary institutions. Many of us have the misconception that the Mount is not an entirely independent body, and that there is some sort of legal affiliation between Dalhousie and the Mount. This is in fact not the

What exists between the two universities is something less formal called a letter of agreement. This letter is a tool which "provides for meaningful cooperation between the two institutions," said Academic Vice-President, Dr. Pauline Jones. This is a very general sort of agreement where neither institution is a subordinate of the other.

The spirit of cooperation among the metro area universities allows Mount students access to all university and professional libraries, and enables them to enjoy Dalplex facilities at a discount student rate of \$50.00 per term.

Last year the Mount also signed a memorandum of agreement with the Technical University of Nova Scotia whereby TUNS would recognize the first two years of computer study at MSVU as criteria for acceptance into the TUNS computer studies

Although there is no formal written agreement, students from the Nova Scotia Teacher College can finish their Bachelor of Education degree at MSVU, and similarly, Mount child study students can finish with a degree in special education at Acadia University

Such interaction between the universities is not only beneficial for the student, but also for the institution itself. It is a way in which the universities can share their resources without

duplicating them, thereby reducing costs.

During the past school year 128 Mount students obtained letters of permission to take coursework at other universi-

ties, and 75 students from other universities took coursework at MSVU. Though these letters of permission are handled at the registrar's level, it is an illustration of the strong interaction

within the university communi-

Other areas where the Mount participates cooperatively with other metro area universities is through joint purchasing agreements, and the sharing of computer resources.

Dr. Jones stressed the commitment of the Mount is to "find and continue to search for ways to cooperate", adding that any mechanism that promotes cooperation among the universities will be beneficial to everyone involved.

#### Faculty political beliefs questioned

WINNIPEG (CUP)- An attorney-general department investigator approached the University of Manitoba faculty association Oct. 11 looking for information about the political allegiances of some professors, according to the association president.

Del Hanson, Manitoba police commission investigator, asked faculty association executive director Denise Beley if she knew anything about a man in a photograph taken at a demonstration outside the U.S. consulate last November.

The demonstration, a protest against the U.S. invasion of Grenada, turned ugly after a group of young militia men forced their way into the crowd and started shoving protesters. Seven protesters were arrested.

Hanson spoke to Beley for half an hour and wanted to know what type of people would participate in that kind of demonstration.

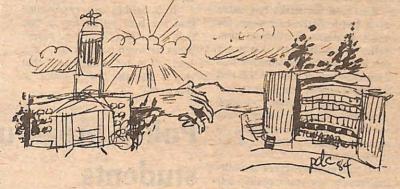
Hanson, a former RCMP officer, is collecting evidence for a police commission investigation into charges of police brutality at the demonstration.

"I've spoken with the attor-ney-general and he was concerned if they were in fact enquiring about the political persuasions of professors, and did he think that was going beyond their mandate," said faculty association president Vic Froese.

Attorney-general Roland Penner, who is a past president of the faculty association, refused to comment about the propriety of Hanson's questions on faculty political beliefs.

30.0ese says the Canadian Association of University Teachers has a policy established in the 60s urging faculty members not to answer questions from the RCMP concerning the beliefs or activities of their colleagues or students to protect academic

The police inquiry continues.



#### Audit discredits UNB student union

FREDERICTON (CUP)-The student council president at the University of New Brunswick has dismissed a university audit of student union finances as an elaborate smokescreen shrouding the administration's attempt to shut down the union.

The university audit revealed that \$6,000 in 'loose cash' was collecting dust in the office of Mark Slipp, student union building director. It found that a \$6,000 unauthorized loan from student union building funds was made to an on-campus youth group and that SUB management failed to draw up operating budgets for the past two years and renegotiate leases which expired in July.

John Bosnitch, council president for the past two and a half years, said the UNB administration ordered the audit to cover up its plans to discredit the union.

"The auditors found what the university wanted then to find,"

he said. "We aren't going to settle for it. We've called in our own auditors to assess their auditor's findings.

The university board of governors has asked the SUB's interim board of directors-appointed after university president James Downey dissolved the student union board, seized Bosnitch's keys and changed the locks on the SUB doors-to take control of all leases and the student union's bank accounts.

Although the fate of the student-owned and operated convenience store in the SUB in uncertain, Bosnitch said the store was doing well. He said the student union planned to introduce the Canadian University Travel Service centre to the campus but the interim board refused to make space available, saying it will only negotiate with existing leases.

Bosnitch said the students have run the SUB since its opening in 1968 and the administration fears a strong influence on the SUB's board of directors.

They are trying to take the student union building away from the students and put it in the hands of the administration," he said.

Bosnitch said the administration is also trying to destroy the student union's influence on campus and end the political career at UNB.

Bosnitch is running for re-election as president in November but faces impeachment proceedings, which he said has happened each fall since he was elected to office.

The board of governors has congratulated Downey for his actions against the student

Downey has instructed the interim board of directors to appoint a permanent board by December. Students now have no say in the building's operation. Meetings are closed and minutes kept confidential.

# Alcoholics gain better understanding

by Charlotte Martin

Alcoholism is a disease that effects the whole family.

Alcoholism and the Family was the topic of a lecture and film sponsored by the Sociology/Anthropology Society last Wednesday night.

Representatives from Al-Anon and Alcoholics Anonymous shared their real life experiences with alcohol.

Al-Anon is a support group for family members of a chemically dependent person. David, an Al-Anon member said, "You learn to be a little more compassionate and to judge people for what

Non-alcoholic family members often develop a hate for the alcoholics in their life and often carry deep scars throughout their lives.

Jackie, another Al-Anon member, said she never believed anyone when they said they loved her, because she thought she was garbage.

"We catch the spiritual part of the disease," said Jackie, whose parents, first husband, son and daughter were alcoholics.

Jackie is glad she's had alcoholics in her life, because through them she found Al-Anon. "The program's about love," said Jackie.

"It was a road of insanity," said Bert, a 17 year member of AA. Bert drank to gain strength and to eliminate feelings of inadequacy. The number of drinks depended on how bright or strong Bert wanted to be.

One morning Bert found he couldn't swallow and that night his wife took him to his first AA meeting. This came as a surprise to Bert, who thought his wife hated him. At that first meeting, Bert could not even hold a half a cup of coffee without spilling it from the shakes. Then an old man said to him, "It's OK. My first night I had to use a straw.'

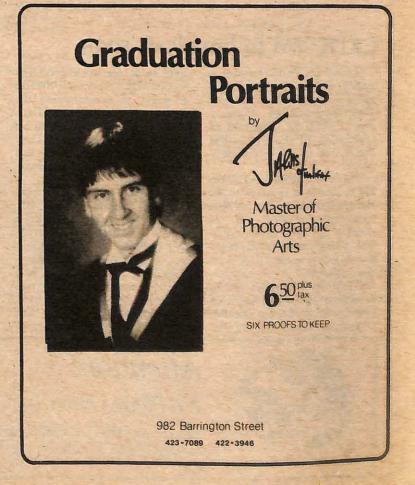
Alcoholism is a three-fold disease that affects our physical, mental and spiritual being. When Catherine, another AA member, first became sober she said she had two things, AA and

Catherine the daughter of an alcoholic father that left when she was four, grew up in a bitter home.

"Alcoholics live in a state of denial," said Catherine. When she got sober, Catherine saw that there was more than an alcoholic problem, so she began seeing a psychiatrist. "When you get sober, things start to surface," said Catherine.

The film, Family Trap, explains the way family members can develop in an alcoholic family situation. All children of alcoholics tend to be high risk users. Family Trap is an enlightening movie that should be seen by those affected by alcoholism to gain a better understanding of themselves.

If you, or someone you know, would like to know more about Alateen, Al-Anon or AA, or would like to attend a meeting, call 422-5875 for more informa-



# Students need to be taught

TORONTO (CUP)-Hundreds of students at Ontario's 22 community colleges are demanding an end to the teacher's strike that has kept them out of class since Oct. 17.

They fear they could lose their academic year if the strike by the 7,600 college teachers, members of the Ontario Public Service Employees Union, continues for more than two weeks.

They publicly demonstrated their concern at Queen's Park, the seat of the Ontario legislature in Toronto, Oct. 19, when they paraded a stretcher symbolizing the corpse of quality education around the legislature grounds.

Chanting and placard-carrying students from as far away as Sarnia, Peterborough and Ottawa milled around a huge banner. that read: "Students need to be, taught."

Both representatives of the faculty union and the Council of Regents, which governs the col-leges, addressed the students. They said they wanted a speedy settlement to the strike as well.

Sean O'Flynn, college faculty union leader, said the union is willing to negotiate a settlement fair to both sides and thanked the students for throwing their support behind the teachers.

'By your support today, you have shown your concerns are like those of the teachers: quality education with an end to

overcrowding."

Diane Schatz, a representative of the Council of Regents, said the Ontario government supported the regent's latest offer and the idea of a quality and accessible education.

The students' action prompted both sides to return to the bargaining table Oct. 21, but there is no end to the strike in sight.

The strike affects about 120,000 full-time and 500,000 part-time students. Many are concerned about missed classes, late term papers, postponed exams and the fate of their student

Monika Turner, Ontario Federation of Students chair, said if the school year is extended to make up for lost time, college

students will have problems finding summer employment. She said graduating students will be in an even worse position.

Ron Ried, a nursing student at George Brown College in Toronto, said most students are continuing their studies at home but want to return to the classroom.

"We really want to get back to school more than anything else," he said?

Ried said the strike has come at a particularly bad time for most students, including himself. "It's a disaster. I've got a job lined up for the summer and I stand to lose at least \$2,500 and an entire school year," he said.

Phil Gunn, student council president of Seneca College, said student councils are trying to provide students with updates on the strike.

"Unfortunately, there is nothing much we can really tell them," Gunn said. "I think the strike is really hurting the students and a lot of them are going to be dropping out."

But their fears may be prema-

ture. Last week Ontario education minister Bette Stephenson 'guaranteed'' that students would not lose their school year. But she later backed down and said she would" attempt to guarantee" the continuation of the academic year.

While speaking in the house, Stephenson expressed her disapproval of back-to-work legislation as a means of ending the

"It is within my experience that the best settlement is one that is reached by mutual agreement between two parties," she said. "It is my strong belief that this is also the best solution in

An organizer of the Oct. 19 demonstration, Lester Fox, said Stephenson should take a stand on the issue. "(She) has not committed herself to a statement and I think she should.'

At issue in the strike is the teachers' workload. Teachers want more time to spend outside the classroom marking assignments and planning lessons.

Teachers are required to spend 19 hours a week in the classroom. The union has said it is willing to accept management's offer of a one-year wage increase of about five per cent, which would raise the average teacher's salary to \$39,000.

## Students exposed to asbestos

REGINA (CUP)-The University of Regina board of governors plans to clean up asbestos in its boardroom but not in buildings frequented by students.

Physical plant manager Tom Tribe, who recommended to the board of governors that it remove the cancer-causing substance from its boardroom, said the remaining insulation would not harm students. He said the asbestos is bonded to the wall and not in the air where it can be inhaled.

But Colin Lambert, a health and safety expert with the Canadian Union of Public Employees, said the asbestos should be removed from the entire campus.

"Asbestos is the most dangerous carcinogen there is. There are no 'safe' levels," he said.

Lambert says the administration must monitor the air constantly to make sure asbestos is not present, if it is left in the

The partial clean-up will cost an estimated \$30,000 and will take place during the Christmas holidays. It does not include the removal of asbestos on ceilings in the administration-humanities or physical education build-

The U of R student council has mixed feelings about the cleanup. "We're torn between saying we're happy (something is being done) and the fact that a hazardous situation still exists," said student vice-president John Lan-

"We recognize that there is a lot more work that still has to be done."

Tribe's recommendation came after the university's English department was closed Oct. 16 and 17. Workers installing a compu-

ter line shook loose asbestos from the ceiling insulation. During the clean-up, insulation and cement dust were accidently

spewed into the air.
"It was billowing out like smoke," said one unidentified English professor.

Workers did not close air ducts during the clean-up and no one knows how widespread the contamination was.

Physical plant workers first discovered the asbestos last spring, when they repaired the crumbling structure of the administration-humanities building and broken through the ceiling. The carcinogenic dust was then released.

At the University of Calgary this summer, four buildings in the engineering block were closed because the level of air asbestos particles was too high.

#### Police break up partying students

LONDON (CUP)-Police wielding truncheons and hurling tear gas at students during a rowdy homecoming party at the University of Western Ontario have arrested more than 20 people and charged them with a variety of offences.

Dressed in riot gear, police ordered a throng of 1,500 students Oct. 19 gathered at a private townhouse complex to disperse. The students responded with exploding firecrackers and flying beer bottles, according to police inspector John Robinson.

One hour after the initial request and numerous warnings, police fired four tear gas canisters into the crowd. They immediately rushed at the students to break up the party.

"I felt the only safe way to disperse the crowd without a lot of physical violence was by using tear gas," Robinson said.

One woman was taken to hospital after being overcome by the gas. Numerous people suffered cuts and bruises, and four officers were hit by flying de-

Robinson added: "If I hadn't used tear gas, injuries would have been much worse."

Police charged 13 people with unlawful assembly, two with obstruction and numerous others with liquor related offenses. Police did not say how many of those arrested are university or college students.

The next night, Oct. 20, students again gathered in large groups, but police broke up about 10 parties without having to use tear gas.

Two people were arrested when "they dropped their pants and underwear and jumped up and down" in front of about 350

Charged with one count each of committing an indecent act were Christopher Caswell, 21, of London, Ontario and Alan Prior, 21, of Brantford.

Vandals, believed by police to be students, also stole a six-foot statue of Ronald McDonald and a plastic seat from a local fast food outlet.

Robinson called the UWO homecoming "the biggest party we've ever seen". He said police received more than 500 complaints about noise from local residents and that UWO students were not the only culprits. Many of those attending the parties were from Fanshawe College, nearby universities and local high schools.

UWO council president Craig Smith expressed disapproval of the incidents and said he felt it was unfortunate that two wild nights of parties "tend to overshadow all the other student-run events which were without inci-

Smith added, however, he thought students were quite well behaved, considering more than 50,000 students and alumni stopped in London for the homecoming weekend.

Unlike Queen's University student council, which wants five students expelled for actions in Kingston similar to those in London, Smith says his council will not take action against students charged, issue a public apology nor cover the costs of damages.

"We can't control them," he said. "Students are members of the community and, like everyone else, there are laws to deal with them."

UWO has a discipline code but Smith said it only applies to actions of students on-campus. The parties where the arrests took place occurred off-campus in private townhouses occupied by students.

Robinson, basing his observation on the Queen's and UWO incidents, said large, raucous student gatherings "seem to be the in thing."

Only one week earlier, 64 students were arrested during two wild street parties near Queen's.

He dismissed the incidents as a fad, which he described as people stuffing themselves into Volkswagens or telephone booths or swallowing goldfish.

'Hopefully it's a fad that will die . . . before something really serious occurs," he said.

In Ottawa, several U of O students were injured when a truck carrying them to the annual Panda game-a rivalry between Carleton and U of O-over-

The driver of the truck was charged with impaired driving.

#### CKDU-FM to broadcast soon

Following a Public Hearing in Halifax on May 15, 1984, the Canadian Radio-television and Telecommunications Commission (CRTC), has approved an application by the CKDU-FM Society for an FM broadcast li-

This licence authorizes CKDU-FM to broadcast in stereo to the Halifax-Dartmouth metropolitan community on 97.5 FM, 24 hours a day, 365 days a year. The station expects to begin broadcasting within the next

CKDU-FM's objective is to provide creative and innovative programming utilizing the talents of its community and stu-

dent volunteer work-force. The station will broadcast a diverse selection of programming designed to provide Halifax-Dartmouth with a service alternative to local AM and FM stations and complementary to the needs and wants of its campus and community audience.

CKDU-FM will support those types of programming not currently represented in the metro area in a manner that is informative, creative, innovative and entertaining. A majority of the programming will focus on new music, but will also include programming in areas such as rock, pop, reggae, folk, classical, jazz and blues, as well as community-oriented programming that will investigate local issues, events and developments.

CKDU-FM, like other campuscommunity FM stations across Canada, is intended as a vehicle for the exposure of new ideas and musical forms, and the encouragement of creativity and freedom of expression by supporting artists working outside and/or in opposition to the main-

In striving for this, CKDU-FM will combine the professionalism of commercial radio with a sense of scope on the worldwide developments in art and music.



#### Attention!

#### No Picaro Nov. 14

Due to an ARCUP conference (Atlantic Regional University Press), the Picaro will not be published on Nov.

# Comic strip characters come to life

#### Snoopy actors having fun

by Kevin Kennie

Moral support and teamwork, as well as a lot of plain old-fashioned fun are the components of the Mount Saint Vincent Drama Department's production of "Snoopy", Charles M. Schultz's sequel to "You're a Good Man, Charlie Brown".

Breaking away from it's traditional serious dramas, this year the Department has chosen to jump into a musical comedy, feet first.

But, that isn't the only first, in choosing "Snoopy" with it's three male characters, Snoopy, Linus and Charlie Brown, the

department has set some sort of record for the number of males appearing in a Mount production, according to Professor Patrick O'Neil, Director.

Interesting enough, this record breaking phenomenon coincides with the recently published statistics on the increase in the percentage of males at the Mount.

Leading actor, Patrick Coffin, handles his role with lots of energy. "Snoopy is a lazy smart ass, which shouldn't be too hard for me," admits Coffin. The third-year Arts student sees the play's underlying message to be believing in yourself and the no-

tion of friends as a part of yourself. Coffin has experience acting in the summer theatre and a locally produced film.

Charlie Brown, played by Paul Kidston, sees himself getting more and more into his character each rehearsal. 'Charlie Brown is a blaze character, that's what makes him great,' said Kidston, who thinks that there is a bit of blaze in all of us. This play 'makes adults realize how much they are kids at heart.' No previous acting experience is not a hindrance for Kidston, 'the cast has been really helpful in molding his character,' he said.

ter," he said.

"I tend to be an airhead at times, but the character of Sally Brown is a real challenge. She's an airhead all the time," said Marjory Dunstan. Dunstan is new to Halifax and says the play has been a great way for her to meet people and enjoy herself.

"It's fun to let go and not worry about being 20 for a while," she said.

Another of the moral supporters, Michelle Case, was chosen for her dance experience. Case has the only non-speaking role as Woodstock. The dance for Woodstock is a choreographed mime of bird movements, which requires the dance skill. Woodstock, technically is a male that must find a girlfriend. Case helps the others with dance sequences in the play. "This is a fun play, nothing dramatic, however it does have meaning. Anything can exist if you believe in it," said Case.

Known for her egotistical nature and always daunting the negative, Lucy is one of the Peanuts Gang that Susan Lowe has always hated. "She's a good character to play though, as she has substance and a lot to draw on," said Lowe. "The Peanut writings are very philosophical, natural characters, but you really have to be older to understand the meaning behind the Peanuts Gang," Lowe feels. Lowe has a powerful singing

voice and puts all her energy into the role.

Sucking his thumb and dragging a blanket, Marc Neima, comes forth as Linus to let it be known that "Snoopy is my hero." Neima grew up with the comic strip and T.V. cartoon. He definitely sees a message and a moral in all the Peanuts work. Now reading "The Gospel According to Peanuts", Neima is gaining insight into the firm beliefs behind the cartoon characters

All cast members agree to the fun nature of the play: a series of

fast moving vignettes with dialogue based on the actual cartoon strips and up-tempo, humorous songs. They all chose words like fun, light, entertaining, and frivolous to describe the play.

The cast doesn't forget to acknowledge the great efforts of Music Director, Paul LeBlanc, set designs of Jeff Whitman, and costumes by Carolyn O'Brien.



The seven member cast have been working extremely hard since this third week of September and the acting has really improved.

#### **Pugwash needs Mount Coordinator**

by Frances Markee

Canadian Student Pugwash promotes the responsible use of science in today's world, and encourages discussions between students and scientists.

The organization's third national conference will be held from June 13-15, 1985 at Carleton University, and will focus on "Science, Education, and Social Change"

Every year, Pugwash holds national and regional conferences to discuss scientific topics. Joint conferences have been conducted with the United States. Last year's conference held at McGill University, focused on "International Security in Outer Space".

Pugwash's goals are to foster awareness and to educate students on issues that might help raise discussions in science classes across Canada.

The principle goals of the Pugwash movement are the survival and improvement of the human race, and the avoidance of war and conflict.

At present there are 13 organizations across Canada which plan to expand in the future. Pugwash is presently looking for a local co-ordinator for MSVU. Students interested in this position or in Pugwash can contact: National Coordinator Canadian Student Pugwash 151 Slater Street, Suite 805 Ottawa, Ontario K1P 5H3 (613) 238-5771

#### "Snoopy" reaches panic-stricken stage

by Karen Toupin

By the time the Mount's production of "Snoopy" is staged on Nov. 15, the cast will have eaten, slept and lived "Snoopy".

With most of the cast juggling a full course-load, work, other commitments and now rehearsals for "Snoopy", they are kept more than busy.

From the time a student walks into an audition, he or she must be willing to put the play before any other commitments with the exception of classes. As showtime approaches an actor spends as many or more hours in rehearsals than in class. The long hours are necessary to be ready for opening night.

According to the actors, rehearsals are on schedule. Everyone is now putting the finishing touches on their songs and dances, and getting to know their characters. According to director, Patrick O'Neil, "panic has set in". But, a play without a panic-stricken director is like a play without actors.

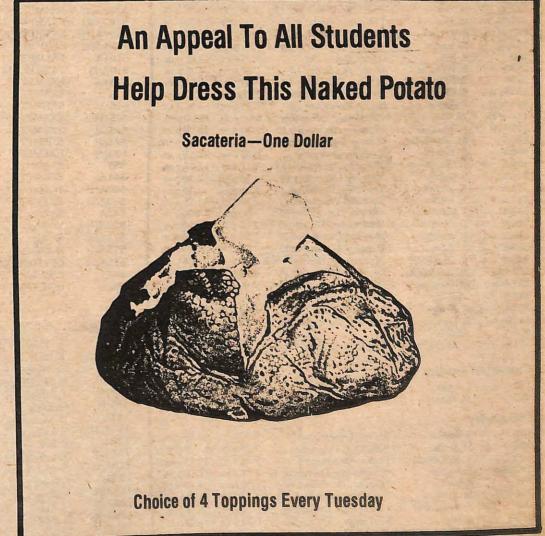
The Mount's production of "Top Girls" directed by Barrie Dunn, was postponed last

March by three weeks because the actors were not ready. It is this type of postponement that O'Neil hopes to avoid. Barrie Dunn will be directing a serious drama again next term.

He hopes to remedy that problem by holding auditions the week of Nov. 18 so actors can begin rehearsals the first week of January. Dunn has not yet chosen the play for next term. "I'm hoping to cater the play to the talent," said Dunn. He is hoping to see a lot of people, both women and men at the auditions.

It is assured that next term's production will also involve many hours and an enormous commitment as "Snoopy" does, but involvement in a play can be one of a student's most rewarding university experiences. To reflect and know your performance touched someone or made him laugh is worth all the hours.

Tickets go on sale at the Art Gallery on Nov. 1st. Prices are \$4 for adults and \$2 for all students. The play will be staged from Nov. 15-18. Don't miss "Snoopy".



E. Martin

312A

# Tentative December exam schedule

These examination times are tentative and are subject to change. Carefully take note of the times you are scheduled to write and report any conflicts to the Registrar's Office IMMEDIATELY. Problems may include being scheduled to write two exams at the same time or being scheduled to write in three consecutive exam slots.

The examination dates are clearly stated in the calendar as running from Fri., Dec. 7 to Sat., Dec. 15. No adjustments can be made to the schedule to accommodate travel arrangements and clashes or problems reported after **Thurs.**, **Nov. 8** cannot be taken into consideration. The Final Schedule will be posted in mid November.

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208A	B. Richling N. Davis	Friday, December 7 Tuesday, December 11	1:30 p.m 7:00 p.m 1	THE RESERVE AND ADDRESS OF THE PARTY OF THE	204A 207(1)	E. Fry NO EXAM	Monday, December 10	5.10 u.m. 12.10 p.m.
217A	TAKE HOME				207(2)	NOEXAM		
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266A	J. Gordon J. Gordon	Wednesday, December 12 Wednesday, December 11			307A	M. Lyon	Monday, December 10	1:30 p.m 4:30 p.m.
303A	N. Davis	Friday, December 7	9:15 a.m 1		311A	A. Thomas	Monday, December 10	9:15 a.m 12:15 p.m.
					401A 407A	M. Lyon EXEMPT	Monday, December 10	4:30 p.m 7:30 p.m.
Biology					415A	A. Thomas	Monday, December 10	1:30 p.m 4:30 p.m.
112A 115(1)	B. Rao	Monday, December 10 Wednesday, December 12	7:00 p.m 1	0:00 p.m.	417A	P. Canning	Monday, December 10	9:15 a.m 12:15 p.m.
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203A	C. Lucarotti	Wednesday, December 12			154A	D. Lever	Thursday, December 13	9:15 a.m 12:15 p.m.
209A	S. Martin	Monday, December 10	1:30 p.m	4:30 p.m.	155A(1)	I. Blum	Saturday, December 8	9:15 a.m 12:15 p.m. 9:15 a.m 12:15 p.m.
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					280A	C. Edmunds	Tuesday, December 11	9:15 a.m 12:15 p.m.
Business			1 -		284A	I. Blum	Friday, December 14	9:15 a.m 12:15 p.m.
110(1)	M. Thwaites	Saturday, December 8	1:30 p.m		Econom	ics		
110(10)	R. Fisher M. Ramezani	Saturday, December 8 Saturday, December 8	1:30 p.m 1:30 p.m		100(1)	W. MacLean	Monday, December 10	9:15 a.m 12:15 p.m.
110(3)	D. Connor	Saturday, December 8	1:30 p.m		100(2)	R. Seth	Friday, December 7	1:30 p.m 4:30 p.m.
110(4)	D. Shiner	Saturday, December 8	1:30 p.m	4:30 p.m.	100(3)	N. Kayhani	Thursday, December 13	1:30 p.m 4:30 p.m.
110(5)	G. Flemming M. Stebbins	Saturday, December 8 Saturday, December 8	1:30 p.m 1:30 p.m		100(4)	S. Kamra J. Taheri	Thursday, December 13 Monday, December 10	7:00 p.m 10:00 p.m. 9:15 a.m 12:15 p.m.
110(0)	M. Thwaites	Saturday, December 8	1:30 p.m		100(6)	J. Taheri	Friday, December 7	1:30 p.m 4:30 p.m.
110(8)	F. Carr	Saturday, December 8	1:30 p.m	4:30 p.m.	201A	W. MacLean	Wednesday, December 1	2 9:15 a.m 12:15 p.m.
110(9)	J. MacAulay	Saturday, December 8	1:30 p.m		205	N. Kayhani R. Seth	Friday, December 14 Monday, December 10	9:15 a.m 12:15 p.m. 1:30 p.m 4:30 p.m.
211(1) 211(2)	J. Young J. MacAulay	Saturday, December 15 Saturday, December 15	1:30 p.m 1:30 p.m		210A 240	R. Seth	Friday, December 7	9:15 a.m 12:15 p.m.
211(3)	S. Gapski	Saturday, December 15	1:30 p.m		320	N. Kayhani	Thursday, December 13	9:15 a.m 12:15 p.m.
211(4)	J. MacAulay	Saturday, December 15	1:30 p.m		340	W. MacLean	Wednesday, December 1	2 1:30 p.m 4:30 p.m. 1:30 p.m 4:30 p.m.
220(1)	R. Tilley B. Densmore	Saturday, December 8 Saturday, December 8	9:15 a.m 12 9:15 a.m 12	THE RESIDENCE OF THE PERSON OF	420A	W. MacLean	Friday, December 14	1.50 p.m 4.50 p.m.
220(3)	R. Tilley		9:15 a.m 12					
220(4)	E. Hicks	Saturday, December 8	9:15 a.m 12		Education			
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220(7)	R. Carroll	Saturday, December 8	9:15 a.m 12		503A(1)	D. Day	Monday, December 10	9:15 a.m 12:15 p.m.
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Friday, December 7

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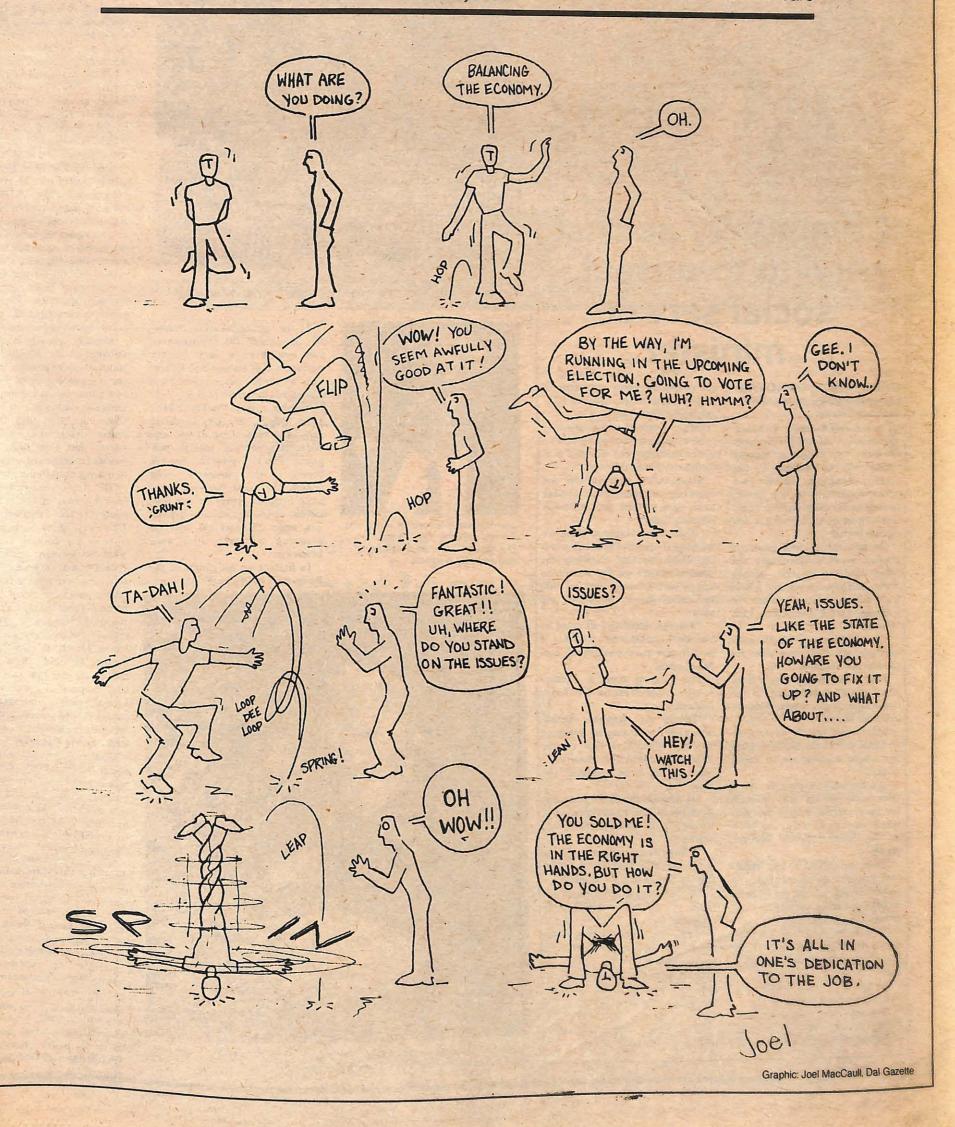
Consumer Studies

**Family Studies** 

Food & Nutrition

# NOVA SCOTIA ELECTION'84

A supplement to the Dal Gazette, the St. Mary's Journal and the Mount St. Vincent Picaro



# Three parties debate on the Mount

By GARY RICHARDS

Mount Saint Vincent Picaro

andidates from the province's 3 political parties met at Mount St. Vincent University on Oct. 16 and were asked the question: "What do you feel is the most important issue concerning youth today in Nova Scotia?"

Speaking before local media and some three hundred students and faculty, Joel Matheson, Minister of Mines and Energy, says today's youth were most concerned with immediate and long-term job

After speaking briefly of his various connections with the Mount, Matheson spoke at length of the record and future aims of the Buchanan Conservatives. He outlined the objectives stated in the government's white paper on technology and industry and stressed the need to meet "the challenge of change."

Training, and retraining programs, the Minister said, would be effective weapons against unemployment but required cooperation between government and industry. His government would force members of industry to participate if no such offer was forthcoming, he said

# Community activist trying to unseat social service minister

By ELIZABETH DONOVAN

Dalhousie Gazette

n a cramped room, a child is carefully stamping envelopes while his mother is making phone calls to residents in the Halifax-Needham riding. Two other women are on the phone, adding to the busy picture. Some locals drop by looking for a few errands to run.

On one wall, colorful children's crayon artwork decorates the office, and on another, among Alexa McDonough posters, a bold blue bumper sticker carries the message, 'Keep Politics Clean: Elect Women.'

This is Maureen MacDonald's headquarters, NDP candidate for the Halifax-Needham riding.

Just a few blocks down from MacDonald's headquarters is her opposition, Social Service Minister Edmund Morris.

MacDonald says her experiences at Dalhousie Legal Aid have given her ample ammunition to defeat Morris.

MacDonald's experience as a community worker and advocate for lower-income groups has governed her decision to run for MLA in the Social Service Minister riding

"Being an MLA in the legislature, you have the potential to have press coverage, to raise the kinds of issues that affect lower-income groups," says MacDonald.

So too, the issues in MacDonald's campaign are formed in response to her constituency's

McDonald says women's response has been overwhelming.

"Women's time has come. They finally decided they have had enough of putting the well-being of the community into the hands of male politicians who have not take care of their interests.

"Many women see themselves as good managers. They know how to stretch a dollar and do that in a caring way," she said.

MacDonald says women are working collectively to change those areas that are adversely affecting them.

"Right now, single mothers are working to improve laws surrounding child support. Currently the onus is always on the women to scrape and scrounge and see that her maintenance comes in," she

"This is something that could be corrected quickly but it is not a priority for male politicians," says MacDonald.

The housing crisis is another source of frustration for Mac-Donald.

"People are desperate—people crying out for housing are dropping into this office. They have specific housing problems for which there are no quick fixed solutions," she

MacDonald thinks the provincial government has left the creation of housing in the hands of the private

"Private developers are not going to create affordable housing for low- to middle-income people."

She believes the government has failed to initiate existing housing programs.

"The Nova Scotia Housing Commission has 14 programs; only four of them function."

Other areas that illustrate the desperate situation in Halifax is the inadequate public housing.

According to City of Halifax housing authorities, the greatest continued on page 3



Dr. John Godfrey, liberal candidate and last-minute substitution for Sandy Cameron, focussed more on global and environmental issues rather than student issues.

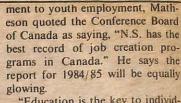


Joel Matheson, Minister of Mines and Energy, says the focus of the Buchanan Conservatives is training and retraining programs.

At the ministerial level, Matheson announced the formation of two new divisions each for the departments of Labour and Education, whose sole responsibility will be towards the youth of N.S.

Another agency, the Youth Initiatives Office, will cater to career needs and counselling. It will also coordinate existing federal programs for the greatest possible benefit to the province's young people. The Youth Entrepreneurial Skills Program proves no- and low-interest short-term loans to individuals under 25 years old who are planning to start their own businesses.

In backing up his claims of the Buchanan government's commit-



"Education is the key to individual advancement," Matheson said. Hé says the aim of the Buchanan government in the area of education will be to produce the best educated generation in Nova Scotian history. The minister cited last year's 800 million dollar investment in education as proof of the government's priority support of this field.

Lashing out at critics of his government's education efforts, Matheson said, "Those who don't face the problem of raising money seem to have no problem at all raising demands for money."

While Matheson only touched briefly on the Conservatives' efforts towards the advancement of women's rights, Alexa McDonough, leader of the provincial NDPs, concentrated her speech almost entirely on this issue. She blasted the Buchanan government's efforts in this area as being "tepid tokenism." The NDP leader revealed her party's new position paper on women's rights.

Among the demands outlined in the platform: equal pay for work of equal value, affirmative action, improved benefits for part-time workers (a group largely made up of women), increased child care and social services funding, and better accessibility to education.

McDonough, admitting the inevitability of the NDP's continued status as an opposition party, says she is more concerned with raising issues than laying out any full-scale electoral platform. The Halifax-Chebucto MLA says the "systematic discrimination" against women has kept them exploited and under-employed in comparison to other groups in the labour force.

The final speaker, Dr. John Godfrey, says his experience with youth, as the President of Kings University, gives him a different outlook on education issues. In what he jokingly described as a "possible act of heresy," Godfrey said jobs were not the first or even second most important issue concerning youth today. The nuclear threat and the quality of our environment are the most preoccupying issues for Nova Scotia's young people, he said. In a glib and urbane manner that made him the clear favorite of the audience, the Liberal candidate managed to look confident and informed despite his last-minute substitution for Liberal leader Sandy Cameron.

Godfrey says he is concerned about the instability of the global political climate, the accelerating nuclear arms race and Canada's role in the world nuclear theatre. Specifically, he says he is opposed to cruise missile testing within Canadian borders.

After driving home his anti-nuke stand, the would-be MLA moved on to somewhat more provincial concerns. The largest part of Godfrey's speech revolved around the problems facing Nova Scotia's environment and the need to maintain and improve our quality of life. Confirming his support for job creation, he warned against allowing this priority to cloud our iudgement as to what kind of jobs we want created. A profusion of dangerous and menial vocations is clearly not in the province's longterm interest, said Godfrey.



Alexa McDonough, leader of the provincial NDP , was the only leader from the three parties that took the time to attend the debate at the Mount.

# Social service minister

continued from page 2

demand is for two-bedroom units.

"There were 400 or 500 people on the waiting list for two-bedroom units," says Macdonald.

MacDonald is impatient with the lack of initiative on the part of the provincial government to create housing alternatives.

"Nova Scotia had a history of fairly decent cooperative movement. There is absolutely no reason why good cooperatives can't be initiated immediately in a province that has such a rich forest resource and the large unemployed skilled labour force."

MacDonald says those that are experiencing the housing pinch are minority groups.

"People from black communities are telling me they have a doubly difficult time to find housing because they are black."

MacDonald says minority groups have no recourse when the are discriminated against.

MacDonald claims the N.S. Human Rights Commission is no longer a body that has any teeth because the commission has gone without an executive director for 6-8 months.

MacDonald has worked with many residents from the Halifax-Needham area and she is dissatisfied with the quality of social services because of understaffing.

"Many of the case workers have caseloads that are astronomical. There are family benefit workers that have caseloads of 500."

She says there is a tremendous amount of critical awareness among church, volunteer and labour groups with respect to the department of social service policies.

Macdonald described many of their programmes as 'Bluff and Bluster', introducing new programmes or policies without any restructuring or funding.

"There has been this big advertising campaign about child abuse to increase community awareness about their responsibility to report suspected cases. But if you check into the funding of the child welfare agencies, and see if they hired any new workers to deal with all those new calls that are coming in, you will find they haven't received any additional funding."

MacDonald says the gaps in resources and funding among social service agencies stems from the hierarchial structure of the department.

"There is a supervisor, for a supervisor, for a supervisor, and on the bottom there are the ont-line workers. This creates a distance between those who develop the programmes and those who receive them.



(Left to Right) Mrs Dyer-Ffalfour (President), Miss Veronica St Clair-Forsythe (seated), Mrs Lowell Lane, Mrs Winston Freewill (Vice-President in charge of Public Relations), Mrs John Pope, Mrs Willett ("Baldy") Archibald (Founding President).



No issues in the campaign? Let's party!

# New ways to cook with toxic and radioactive waste

he Ladies of Halifax Auxiliary (LOHA) are hosting a herbicide and uranium yellowcake tea party to launch their new recipe book: New Ways to Cook With Toxic and Radioactive Wastes.

"Since we have been told there are no issues in this election, we decided to have a party," said Mrs. Dyer Ffalfour, President of LOHA.

"Under our present government, we already have herbicide spraying. It looks as though uranium development will be given the green light as soon as the election is over. We Nova Scotians are going to have to get used to living with toxic and radioactive wastes."

Mrs. Ffalfour went on to explain that her group is tired of these "doom and gloom environmentalists".

"We agree with Premier Buchanan—our approach must be a positive one. Instead of worrying about these poisons, let's learn to live with them cheerfully. Nova Scotia is such a small province, it won't take long to contaminate it. Some farmland will become unusable but, then, farming isn't profitable anymore. Some of our water will become undrinkable, but we can buy it from Newfoundland. Some babies will be born with birth defects, but there are worse things in life. Some people will die of cancer, but they would have died anyhow."

Mrs. Ffalfour said that nothing is completely safe and people have to get used to these risks.

"It's selfish of us to think only of ourselves. Compared to the profits the companies will make, these worries about health and the environment amount to nothing more than nit-picking. We are being asked to make a sacrifice and we should make it willingly."

Mrs. Ffalfour explained that LOHA has collected recipes from volunteers all over Nova Scotia.

"These recipes reveal that Nova Scotians are a resourceful people. We don't sit around whining about a problem, we do something positive about it.

"Take herbicide tea, for example. Since it's become so popular, especially with pregnant women, we've included 25 Ways to Your Favorite Herbicide Blend. We think people will be pleasantly surprised with our ladies' innovative approach to emulsifiers, an essential ingredient often overlooked by the busy wife

Then there's uranium yellowcake. Some people may know it as uranium oxide cake but we prefer the homier name. Yellowcake was a real challenge to our ladies! But once we discovered how easy it is to ingest radioactive materials, we never stopped baking. My own favorite is Kidd Creek Yellowcake Surprise. It's a bit on the rich side but it does leave you with quite a glow.

"Out of Nova Scotia kitchens will come this important contribution to the nuclear arms race. We don't often have such an opportunity and LOHA's motto is: "Let's take advantage of it!"

The public is invited to sample the ladies' baking and tea on November 1st. Copies of New Ways to Cook with Toxic and Radioactive Wastes will be on sale at the door.

#### Kidd Creek Yellow Cake Surprise

(Note: this recipe takes several years in the making and requires preheating of public opinion)

1 part exploration (3 years)

1 part participation in Uranium Inquiry (this step requires "experts" who can be set aside until you are ready to use them)
10 pinches PR salt

1 part withdrawal from Uranium Inquiry (this cuts costs of recipe by

2 parts waiting for uranium moratorium to be lifted

(at this stage all ingredients should be set aside and left at room temperature—as soon as the moratorium is lifted, prepare immediately for the next step)

I part bulk sampling (this procedure is the same as small-scale mining so be prepared for quite a mess)

2 parts preparation of the mine site (4-5 years)

1 part Environmental Impact Hearing (this requires more "experts" who can be discarded when you're through)
Generous helping PR pepper

Smelt and bake as required. You'll be surprised how much radioactive and toxic waste this recipe makes. Don't be afraid to be creative with the leftovers. They'll be around for a long, long time!

# Hill is confident he will win

#### By CHRISTINE SOUCIE

Saint Mary's Journal

Liberal vote in this constituency is a wasted vote. The only person that can beat Terry Donahoe is me."

Tim Hill, third year Dalhousie law student and former student union president at Dalhosie and St. Mary's, is confident that he can defeat Education Minister Terry Donahoe in the upcoming provincial election

New Democratic party candidate Hill says the student vote is essential if he is to succeed.

"Since the last election where we were close, the Liberals have had three years of Sandy Cameron as leader which hurt them," says Hill. "Our calculations show that if stu-

dents vote we will get rid of the Minister of Education Terry Donahoe."

He says he is concerned about the state of education in this province and says students now have a chance to do something about it.

"If students do not vote then there will be large cuts in education funding, student aid and problem areas like housing will escalate," says Hill. He says that if students don't vote "students will have only themselves to blame."

Hill says the present Conservative government is not concerned about education or the students in this province.

"Obviously, the government views education as a burden to the treasury at worst, and a political football at best," says Hill.

Recently, Donahoe promised \$10



million over the next five years to Dalhousie's captial fund drive. Hills says he questions a government that announces cutbacks for years and then increases funding during an election campaign. To Hill, this is opportunistic.

"New Deomocrats believe education is the key to future growth and development of our people and economy. Planning and commitment to our most important resource can't wait any longer."

As a New Democrat, Hill says he is also concerned about the housing shortage in Halifax. He says this is an issue that affects both students and people from low income groups.

The recent government announcement to provide funds for student accommodation is an election gimmick, said Hill. Only the NDP, says Hill, has fought for tenants' rights. He says more has to be done to protect tenants from a minority of landlords who take advantage of the low vacancy rate.

Hill says he will fight for policies that will emphasize the construction of new housing, with an emphasis on cooperative housing, a strong rent review system, a standard lease which clearly spells out the duties of landlord and tenants, security of tenants from eviction and the right of tenants to deduct the cost of necessary repairs from the rent.

"New Democrats are looking out for tenants' rights and affordable housing in this campaign and will carry on the fight in the legislature after the election."

Besides carrying the education portfolio, conservative MLA Donahoe is also responsible for the Status of Women.

Hill says he is not satisfied with Donahoe's performance and he says existing legislation needs to be re-evaluated.

It's a problem when women students graduate and face a society that pays them, on the average, 60¢ for every dollar a man earns for the same job, said Hill.

# Godsoe joining in on the education bandwagon

#### By CHARLENE SADLER

Dalhousie Gazette

ale Godsoe, Liberal candidate for Halifax-Cornwallis, says she's upset that the conservative government under John Buchanan are acting as if there were no issues in the Nov. 6 provincial election.

"In campaigning I found that people do want to talk," says Godsoe. She says the people of Nova Scotia are concerned about issues like unemployment, lack of housing in Halifax and increased accessibility to post-secondary education.

With changes to the election act allowing students to vote Godsoe can't afford to ignore education issues in her campaign for office. She's running against education minister Terry Donahoe and former student leader Tim Hill.

A much higher priority should be placed on post-secondary education, says Godsoe. She says university is important as it trains youth to be analytical, to be thinkers and society's future leaders.

"Life-long learning sums up what university is all about," says Godsoe.

In keeping with this philosophy Godsoe is advocating increased subsidies for adults returning to university after spending time in the work force.

She also sees room for improvement in other areas that affect students.

Godsoe says that students should be notified in advance of the amount of student aid they will receive so they can plan for the academic year rather than being surprised come September or October.

She's also talking a lot about summer employment for students.

Godsoe says a part-time apprenticeship through the winter that would turn full-time during the summer months and after graduation is just one solution to the problems.

Godsoe believes that her experience as a junior high school teacher and as chair of the Halifax School Board give her practical

insights into the existing problems with education.

Like her opponents in this campaign Godsoe is encouraging students to vote.

"In the previous provincial electio it was found that many students were not enumerated," says Godsoe. "And the best way for students to make a statement is to vote."

# For Student Power Vote on November 6th

#### When You Vote, People Listen!

For students, this election is a unique opportunity for us to flex our political muscle, to remind politicians that education matters and that students have a say in the way this province should be governed. In this riding, especially, students could change the balance of power.

And the politicians seem to be getting the message. People and parties who have never shown concern about our needs have suddenly started listening.

So take advantage of the opportunity. Get out and vote on November 6. Demonstrate that we mean what we say.

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## Henry Morgentaler continues

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Henry Morgentaler is a man with a vision.

It is a vision he has carried with him since his early days in Lodz, Poland, where his experience as a Jew in an anti-semetic Catholic country helped form his fiercely humanist beliefs.

Morgentaler's humanism and belief in the potential goodness of people helped him survive through years of concentration camps during World War II. The experience instilled him with the strong sense of social justice he brought with him to Canada when he emigrated in 1950 to practice medicine in Montréal.

Morgentaler became more than just an armchair humanist in 1968 when he opened his first abortion clinic in Montréal. He performed illegal abortions on women from all over North America because he believed women deserved decent medical care. Women will always have abortions, he said, and should have them done in clinics by trained doctors than in back alleys.

The Montréal clinic was raided in 1970 and Morgentaler stood trial three times. Not satisfied with the first acquittal, the Québec government took Morgentaler to trial twice more with the same result. But in 1975, the acquittal was overturned by the Québec court of appeal and he went to jail for 10 months. The appeal court's reversal was later found illegal and Morgentaler continued operating his

Then in 1983, Morgentaler opened two clinics in quick succession, first in Winnipeg and then Toronto. Both these were raided by police shortly after opening, the equipment seized and charges laid.

Jury selection for the Toronto trial started October while charges in Winnipeg have been stayed pending the outcome in Ontario. Morgentaler faces up to life imprisonment on the charges laid

In the following interview, the student newspaper at St. Michael's College in Toronto, the Mike, talks to Henry Morgentaler on the eve of his trial about his views on abortion, the so-called right-to-life movement, the recent failure of Alliance Against Abortion president Joe Borowski's challenge to the Charter of Rights that abortion violates the rights of the unborn.

> The Mike: I am going to read you two statements out of Judge Matheson's judgment in the Borowski trial. He says, "The first development is that modern biological and genetic studies have verified that the fetus is genetically a separate entity from the time of conception or shortly thereafter. Secondly, advances in medical procedures have made it possible for a fetus to be treated separate from its mother, and although not sufficiently developed for normal birth, to survive separate from its mother." It must be noted that evidence deduced on behalf of the plaintiff substantiated these assertions. And Matheson says again, 'The fetal life is an existence separate and apart from that of a pregnant woman." What is your reaction to that?

Dr. Henry Morgentaler: I don't think there is any debate about that. The debate about abortion is not whether the fetus is separate from the mother. Obviously the fetus needs the mother for its support system and up to a certain time of gestation obviously it cannot survive without that support system.

First of all, whether you call it fetus or not, Bernard Nathanson, who was pro-choice in terms of he had the choice position, developed a term alpha. First of all you deal with a zygote and then you deal with blastisis and then you deal with an embryo and fetus. It is not the same term. Alpha or not, the knowledge about embryological development is agreed upon by people for abortion as necessity and people who oppose abortion under any conditions. So that is not the point of contention. The point of contention, really, is do people have a right to use abortion under certain circumstances? Is abortion something which is morally justifiable, is the responsible act under certain circumstances or not? That's where the philosophical disagreements will come in, but not the embryological development.

The embryological development of a human being is relatively recent knowledge. 200 years ago nobody knew very much of what was going on and the prohibition against abortion dates from much before we knew about what embryological development was. Many years ago, a few hundred years ago, it was believed that there was a little man there who was exactly like the baby that was going to be born but it just needed time to get bigger. There was no knowledge of the fact that there was first a sperm uniting with an ovum, the zygote, the development, the blas@1982 FRANKLY, A POLITE REQUEST DO YOU **SUPPORT** SHOULD BE ALL ABORTION THAT'S NECESSARY! ON DEMAND. GLORIA? I

tisis, implantation, the embryo and the fetus and so on. None of that was known; we began to know the beginning of last century. And therefore we had all these speculations by the Catholic Church based on insufficient knowledge at the time which meant that after 1869 it was Peter Pius IX who said that abortion from the moment of conception was the crime. Up to that time Thomas Aquinas was arguing that up to 40 days for a male embryo and 80 days for a female embryo it wasn't such a terrible sin. It became a terrible sin after the declaration of Pius IX, 1869.

So as of now, if you do take into account a knowledge of embryology and development of the embryo, there is no real difference between people who are against abortion or for abortion or for freedom of choice in abortion. It is just that very often one side or the other will take out facts or twist the facts to justify

I have no quarrel with this type of thing. Obviously, genetically, the embryo is different from the woman who has been impregnated. It carries some of her genes; it carries the genes of the man who impregnated her. But it's also true that she carries that-at the beginning it is intertwined. Obviously the embryc could not survive without the support system. It is a question to note: Does the woman want this embryo to continue to grow?

M: So then you think that the question centres on a woman having the right to control her own

DM: This is one of them but it is not the only one. The difference between people like myself and people who are against abortion on any grounds is that I don't have a dogmatic position whereas people who are against abortion say, 'The Pope said this and that's it,' or the Catholic religion says, 'From the moment of conception you deal with a human being and that's it'-there is no duscussion, really.

I would have to justify my position on the grounds of reason, logic, present knowledge, what is going to happen. You talk about morality, you cannot just talk about morality in the abstract, you have to talk about morality in the context of what is going to happen as a result of such and such an act. A girl of 13, for instance, is pregnant and obviously she didn't want to get pregnant-it may be a result of passion, rape even, seduction, abandon, whatever. If she's preg-nant in our society it is hard to see that that girl of 13 is mature enough to become a good mother to a child. So in that particular case, let's examine the situation. It's a child, she's not physically mature yet, she's not psychologically mature, there are no conditions to bring up a child adequately. And we know already what a child needs, from all the studies. A child needs

a home, it needs love and affection, it needs certain conditions to grow up to be a good member of society and a person who is together emotionally and so on. So in that particular case you would say it is better that this girl, this child of 13, should have an abortion and have children at the time when she is mature, when she has a partner, a husband or a common-law man who will share the responsibilities of taking care

M: So what is it then that is aborted?

DM: It depends on the stage really. It is either an embryo, usually, or a fetus.

M: Is there a point in time after which you refuse to give abortions?

DM: Yes. I would consider that after five months of pregnancy abortions should be extremely rare.

M: Why is that?

DM: Because at five months you have the beginning of a human brain. What distinguishes us mostly from other species of animals, what makes us uniquely human is, in biological terms, the development of the neocortex, a new part of the brain which permits us to ideate, to create art, religion, science, all the higher human qualities. That, according to our present science-the development of brain waves similar to the human brain-are only detected after five months of interim development. Again this is just one factor. (Another factor Dr. Morgantaler considers is viability for life outside the womb.) So you could say from that particular point-four or five months-it's not really human because it doesn't have a human brain. After five months it has the beginning of a human brain so we should treat the developing entity with more respect.

I wouldn't even like to do abortions at four months and if access to abortion were easily obtained most women would have probably had it before the first trimester when it is safer.

M. So in a sense you are saying that a fetus becomes a human life because it has a certain attribute, that is, the development of a brain. But couldn't it be argued that the potency for these characteristics is where the human value lies—that by destroying whatever exists before this development you are in fact also destroying the human being.?

DM: I don't believe there is a human being yet. If there was a human being I'd never do abortions, no one would, I guess. Women wouldn't want it, doctors wouldn't do it. But when you say-I have to correct first of all your nomenclature, it is very often a question of semantics-there is a life there; life is a process. If you don't use proper terms we'll never get along and this is part of the reason why this debate is

There is no such thing as human life-it is a process. You can talk about a living embryo, a living fetus. The living embryo is no doubt a potential human being if it were allowed to continue to grow. Many people forget that four out of five embryos according to best estimates do not go to term by sort of, if you want, an Act of God. There's what is called a spontaneous miscarriage. Now if you consider it an act of God, you could say God is probably the biggest abortionist because He causes four out of five pregnancies not to go to term and it is shocking to talk in terms like that to people who believe in God. There are all kinds of acts of God-famines, earthquakes, other calamities, floods. It happens occasionally.

But in this particular thing I am taking the scientific point of view and saying why is it (and most scientists explain that), that many embryos will not go to term or even at a very early stage they will not implant properly because for some reason the developing embryo is defective and it's the way by which the species protects itself against defective individuals by eliminating them at a very early stage when they haven't developed yet completely. Some defects are incompatible with life so they are eliminated, and some defects persist-small things like harelip. 

### his crusade for choice

In this particular thing, when it happens spontaneously and normally, everybody says it is an act of God or it just happened, it's an accident or biological imperfection. When it is a conscious decision by a woman or a couple under whatever conditions-too young, too old, we have already the children we want, we don't believe we are able to provide care and love or whatever is necessary for another child-then it becomes the decision which provoked so much debate-the moral decision, the responsible decision or not? So the people who are against abortion will say it is killing a baby, it's immoral, it's mur-der, it's this and that. And people like me would say in most cases it's a responsible decision because it is based on protection of the family unit, it's based on the potential, foreseeable future of that baby. For me a woman who in her lifetime will have, nowadays, two children, I think it is better that she have them at the time when she can provide proper care and a loving environment rather than at the time when the biological accident happened.

And here we come to the biggest problem-the discrepancy between biology and the possibility of having children in a responsible way at the time when they are most likely to benefit from proper care. That is, biologically every woman could have 25 children in her lifetime if she didn't take any precautions. And girls as young as 10 have become pregnant, have be-. come mothers and the same thing has happened to women as old as 50, 55. These are rare things, the ends of the scale of fertility. So the question is obviously at each particular time if the biological accident happens, the woman has become pregnant, is she ready to become a mother? Does she have the conditions to share the responsibility of bringing up a baby with a man or somebody else? Are conditions right for a good environment for the child? Or are they not? In any condition, in any circumstances where the response to this question is 'no', I believe it is much more responsible to terminate the pregnancy early by an abortion, and eventually later have a chance to procreate. And this is what actually happened in many cases that I know. I had girls who had abortions in my clinic at age 16, 17, 18, come back later, 10 years later, and said, 'Well, I had an abortion at the clinic. I'm married now and have two children and that's all I want and I'm pregnant again. I want another abortion' But the fact is that they decided to become mothers at the time when they could give proper care to the children.

M: But there are very famous people who disagree with you in that regard. You mentioned Dr. Nathanson earlier, who was the former director of the largest abortion clinic in the western world and was director when this clinic performed something in the neighbourhood of 60,000 abortions. He changed his mind, he tells us, because he was uncertain of where life begins. And he said that if we are going to abort children, we have to know where life begins. There is also Germaine Greer who recently published a book, Sex and Destiny. As you may know she had an abortion about a decade ago. She is now unable to bear children. She regrets ever having had an abortion. She thinks that perhaps that was responsible for her infertility now.

DM: I would doubt that. I think she cannot have children because she is not young anymore. She was about 43 when she started wanting to have children. Many women have abortions and go on to have children normally. That is why it is important, when you talk about abortion that it be done by good doctors under good conditions with the methods available now which are extremely safe and which do not have the risk of being infertile later. What is happening at the time when abortion was completely illegal was women had to resort to back-alley butchers or abort themselves, with tremendous complications.

M: But statistics show that abortions, or backalley abortions, that is, have not decreased.

DM: That's not true. That is a complete falsehood. That is absolutely not true. In the United States, in Canada, and in most countries where abortion has become legal and is done and is known to be done by good doctors with a good method, it would only be a crazy woman, a totally ignorant woman, who would go to a back-alley butcher. Now the fact is illegal abortions have decreased to an enormous extent and they are probably completely non-existent now in the United States where a million and a half abortions are done a year. I have read this in the Anti-Choice propaganda. This is a complete falsehood and untrue because when women know that abortions are unavailable and they can be done by proper doctors under

good conditions, why risk their lives. Abortion now in medical hands has become the safest surgical procedure. It is true when they are done by quacks or women self-abort, there are tremendous tragedies—death and injuries, infertility.

M: What do you think changed Dr. Nathanson's mind? He is not by any means religious.

DM: I don't know. I think it is probably an overwhelming sense of guilt. I'd like to know that-I debated him once and I still don't understand the man. I am sorry to say I thought I had an intelligent opponent but he used such low tactics and such low arguments-completely devoid of a sense of reality. When I asked him, relating to his book that describes the tragedies of women, many poor women, Puerto Rican, negro, women in New York who sought abortions and were dying as a result of that and couldn't get proper medical care, what do you do to a woman who says to you, 'Doctor, I need an abortion, I have to have one, I'll do anything. I'll commit suicide if you don't give me one.' (He'll say) 'Well, send these women to the pharmacy for prostaglandants.' Well prostaglandants do not exist for that type of thing. It is something which is being developed. Maybe it will exist five, ten years from now.

But the need for abortions is there and it is obvious even I think that the enlightened people who are against abortion in principle would prefer to see women go to medical doctors and have them done under proper conditions to preserve their health and their fertility till later, rather than be reduced to go to quacks. Unfortunately by the tactics of anti-abortion forces are such that in many countries women don't have access to medical doctors.

M: Dr. Nathanson said in an interview in The Humanist last year that the evidence of the new fetology convinced him and that the moving pictures which are now available through ultrasound in particular threw the weight of the prolife argument into his face in such a way that he couldn't avoid it anymore. He says that even pregnant women who are considering abortions when they see the moving picture that result from ultrasound change their minds.

DM: Some women might probably change their minds. The decision to have an abortion is not an easy decision because in each case the woman would be maybe happy to go on with that pregnancy and have a child if conditions were different—if she were older or younger or had a stable mate or better mental or emotional health, whatever. The reason why women decide for an abortion is there; there are many. But they all come down to the common denominator—at this particular point in time I cannot provide good care to a baby. And that's it. So I'd rather not get rid of that growing fetus in me, but 2, 3, 5 years later then I'll be ready to become a mother. And many women go through that, especially teenagers, they're much too young. They engage in sexual activities before the time that they really consider they want to be mothers.

That is the way it should be. To me, it is a very responsible kind of act. To people against abortion, it is by definition, irresponsible. To me it is very responsible. You cannot divorce morality and ethics from the consequences of what is going to happen. And if what is going to happen is a life of misery for the woman, for the child, I think it is much more ethical and responsible to go ahead with the abortion.

M: People have said that you are something of an opportunist, that you started practising abortion because it was lucrative. When your license was suspended in January 1976, the judgment of the disciplinary committee of the Professional Corporation of Physicians in Quebec listed as a few of the reasons for suspending your license that you did not conduct the ordinary scientific tests which precede the types of operations you were performing, and also that you were interested primarily in financial remuneration. Those are very serious charges.

Those are very serious charges.

DM: Yes, indeed they are. I am not sure I want to get into thiss whole thing. I've been smeared so much. I could probably spend the rest of my life just refuting charges against me. Most of them are baseless

I am the one who pioneered and developed the method of vacuum suction abortion which has become the accepted method and the safest method of abortion in Canada. I have taught this method to about 30 doctors who are now practising in New Brunswick and Quebec and commute to health cen-

tres. I never charge them anything for training where some of the hospitals they went to charged them \$100 a day.

They think that I went as an opportunist-when I started doing abortions I was risking life in prison. If I had lost a patient by death I probably would have gotten 18 years instead of 18 months. So to tell that someone would risk jail and loss of his license and his family security in order to make money; I think it is ludicrous. Besides, I spent 10 months in jail, I spent three years without practising. I spent enormous amounts in legal costs and one of my principles was always not to turn any woman away because of inability to pay. So there are hundreds of documented cases which came out in my trial of women who have had abortions for nothing, or \$25. Actually some of the social agencies in the poor districts of town were given by me authorization to determine the fees. So they accuse me of being mercenary, money-minded-it's completely decided upon, it's not true, it's false. But it is part of a kind of attempt to discredit me. Why? I've become a symbol, a leader of a movement that say, 'Yes, women should have the right to have decent abortions under good conditions.' So when you have no arguments otherwise, you discredit the person who is proposing that.

The second thing is that women were not welltreated. Well, if they had not been well-treated and if the method wasn't good, would I dare to invite peo ple to train? It wouldn't make any sense. My clinic was always open to doctors and nurses and social workers, up to now, reporters. They were visited and checked by members of the College of Physicians and others in medicine. The report you cite is a discipline report of the Corporations of Physicians of Quebec which is invalid legally because it was thrown out. It was chaired by an anti-abortion judge whose avowed aim was to discredit me. At the time that this ruling came out and these findings were denounced at press conference by six prominent gynaecologists in Montreal. And it was so stupid that they advised me to do things which I had written up in a scientific paper. They are so ignorant of the matter. And this is part of the reason-it is a new method. I am the pioneer of this method. It's a much simpler method than the ones that the hospitals use and some of these tests are completely unnecessary, they just create stress for the patient. My track record is outstanding. Probably my clinic has, when I compare it to the report, which had a complication rate for the hospitals in Canada, my complication rate in the clinic was five to ten times less than in the hospitals. Now about 500 doctors who regularly over the years have been sending and continue to send patients to me from the whole of Canada, mainly Eastern Canada and Ontario, they get reports from the patients, they get feedback, and I am very proud of my professional reputa-

What I mostly proud of, really, is the fact that women in my clinic are treated not only competently and with the best skills available, my personal skills and the skills of my associates, but also in an atmosphere of support and understanding and non-judgmental support. I am happy to see people go out of the clinic. I receive letters that are saying that what could be a traumatic experience wasn't so terrible after all, and appreciative of the warmth, the human care they received. All these accusations are really just false-hoods.

M: What image do the Right to Life groups have in your eyes?

DM: What image do they have? I must say not a very positive image.

M: Why is that?

DM: Because of many factors. First of all because I believe they are a reactionary movement whose aim is to take away the right women have to good medical care, whose aim it is to bring women back to the times when they were aborted on kitchen tables and humiliated and exploited, who are fanatical, impervious to reason, who try to impose their particular religious views of morality on the whole population, and who use tactics which are despicable. One of the best examples of these tactics is the kind of campaign to discredit me.

Obviously I don't have much respect for the antiabortion movement, the so-called Pro-Life movement. I respect people who have anxieties about abortion and doubts about abortion. I respect feedom of religion and conscience. I don't believe any person should have the right to impose his ideas or his view of morality on anyone else.

## **Campus Comment**



Karen Thomsen, BSC 3rd-year Home Economics: Yes, the three parties seem to be making an effort to address the concerns of the students, but the effort is not particularly strong.

**Question:** Do you feel that your concerns as students are being represented in this provincial election?



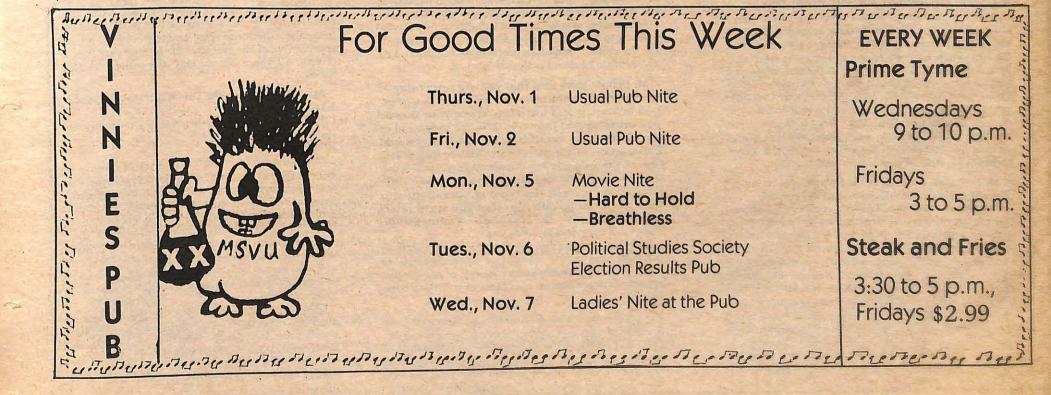
Deirdra Enright: No. Debates such as those that took place have only been pacifiers for young people.



Bob Macdonald, BBA 4th-year: I'm not sure. Last week's leaders open forum was a good indication that they aren't interested in addressing youth issues. Two of the leaders were no shows!



Patti Davis, BBA 3rd-year: No. From what I have observed, it seems that three main parties are making only token, general statements which I doubt will address my concerns as a student.



The Steps Around the House performance at last Friday's Hallowe'en Bash was definitely a hit and miss event. This cute and adorable little band, unmercilessly voiced silly, and juvenile speeches between poorly chosen cover tunes, and wayward originals. It was like watching five teddy bears at a spring picnic. They tried their best, but unfortunately they made it only half way towards success in their appeal. Ironically the musicianship was of a satisfactory level.

Peter Baylis, the lead singer, from the first song onwards bounced around the stage like a raving banshee on hot coals. He proved somewhat effective in arousing excitement, but it was futile. The problem was that he tended to stare down at the ground too often, and seemed to be satisfied in singing to himself, and the band. However his clear, and crisp voice was pleasing. He needs to look, reach out, and touch the audience more. At least he did not look like Ida Lupino as he did at the Q104 Homegrown concert.

Guitarist James Logan was a pleasurable surprise. His performance at the May Homegrown Concert pales in comparison to his clear melodic solos, and aggressive and contemplative attack, as demonstrated Friday night. Here we could see the more serious side of the band, if such an element does exist at all. He carried himself well on stage, truly deserving some respect, unlike the group as a whole. The true focal point of their sound rests in the thoroughly thought out keyboard work. Compli-ments to Bruce Murphy for not being over-bearing in the use of the chordings as demonstrated by many top forty bands. His performance Friday night was adequate. The precise and accurate lead lines on the synthesizer improved the band's sound many times over. He has the talent to know when to play and when not to play.

Sean Bryson on drums and James Parker on bass were a solid unit. The sound was more interestingly structured than the typical thumping bass, and dull four-beat drumming that is heard in mainstream rock.

Steps Around The House pride themselves on ideas. Unfortunately they possess as many bad ideas as good ideas. Again we see a hit and miss situation. This was demonstrated in their rapport with the audience, and the songs they chose to perform.

They started after nine o'clock with four cover tunes by U2, King Crimson, INXS, and Peter Gabriel. It is a shame that these chosen songs proved to be inadequate. The tempo tended to be too slow for high energy dancing. These songs would have been more suitable for a concert setting. Bassist James Parker displayed his singing ability on INXS' "Original Sin". It was at this point that the band started to gain a favorable reaction from the audience. The dancing commenced, and continued on throughout the evening.

After the Peter Gabriel song, we were immersed in their own creations of a very different style. The first originals entitled "No Where To Go" and "I Know When It's Coming", showed the true band. Their insistent childish and sophomoric babbling was nothing more than irritating. How can a band be taken seriously if they insist on boring people with silly mundane topics such as nuclear war and cookies. Not only was their chatter inappropriate, but also terribly out of date. Just ask Betty Crocker. What was especially redundant was James Parker's speech about nuclear war. It was practically a repeat line by line from their Homegrown concert. This is too repetitive. The question is, "Do they want to be a serious band, or a cute and comical bunch of clowns?" They are tending to be too shallow and pretty.

and pretty.

Despie this failure, "Cookies" provided funk rhythms perfect for dancing. They continued with "Living In The Future". This was found to be very pretentious coming from such a young band. In "Neighbor Attack" we heard wild drum rolls, and boppy beats, and the crowdloved it.

The second set began with "Women With No Chins". This is an incredibly stupid title for a song. Taken literally or philosophically, it still fails. They are not to be known as quality lyricists, but they do have ideas which single them out over other local bands. This musically is a delight. Bruce Murphy's synthesizer sends out an Arabic melody accompanied by exciting percussion and bass solos.

Finally they reached their "hit" song entitled "Pull The Pin". This showed that the band can be vibrant and professional, although they tend towards a form of "bubblegum" and "goof" rock. A little more aggression and passion is definitely needed to make this band valuable. The sound overall was clear and gutsy, but they did not live up to the Q104 hype. An improvement from the sound heard on the Q104 Homegrown album. Unfortunately the sound was mixed with a not needed light show. Their style of music does not require such indul-

Despite my critical remarks in this review, the crowd was more than pleased with the performance. For a band that has an album, performed on CBC's "Rock Wars", and opened for Platinum Blonde, they are doing fine, but just fine.

While all this was happening

in the Multi-purpose room, Mainstreet was trying to entertain in Vinnie's Pub. They were too loud, boring, and a waste of time.





# Maude Lewis House becomes cultural artifact

by Lisa Courtney
If Maude Lewis was alive today, she would be proud that the house she lived in for many years, will be an important cultural artifact in the new Art Gallery of Nova Scotia, (AGNS), opening fall of 1987.

This one-room house, nine feet by 10 feet, was a studio, gallery and living quarters. Lewis' love of nature and people was reflected in her bright, boldcolored paintings of birds, flowers, children playing and men. working in the fields. Her materials were house paints and anything that offered a smooth surface to paint on-the walls, cast iron stove, staircase, cookie cans, pots, pans and even the washbasin.

"It is a living artwork in itself," said Bernard Riordan, AGNS Curator-Director. "The spirit of creativity is everywhere.'

The Province of Nova Scotia, in response to a recommendation from the Board of Directors of AGNS, purchased the house in June of 1984.

"It's our role as a Provincial Art Gallery to preserve and collect what is of the past," said

For several years the Maude Lewis Painted House Society struggled to preserve the house in its natural setting in Marshalltown, Digby. Financial problems and difficulties in maintaining the home led the nonprofit society to sell it to the

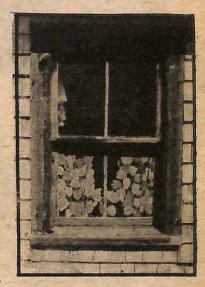
"The house is in a bad state of deterioration," said Riordan. "The paintings on the outside of the house are gone and the ones on the interior wall are in bad shape. The house, however, will be restored to its original state

by re-creation work in time for the opening of the new gallery,"

Lewis started painting at the age of 37, about the time she was inflicted with arthritis leaving her arms and legs deformed. She never had art lessons, but loved color and was known to paint a bleak winter scene, then fill in the trees with beautiful autumn-hued leaves.

Several of her paintings are found in the White House in Washington, D.C., having been commissioned by former U.S. President Nixon. Other paintings were bought by Robert L. Stanfield for his private collec-tion. MSVU also has several of her paintings displayed on the second floor of the Seton Academic Center.

"Her whole environment was happy and fanciful," said Rior-dan. "The house will help set the tone for the folk art section of the new gallery."



## The Oxford experience

by Danielle Lavoie

At the far end of the room, raised on an elegant dark wood chest of drawers, the portrait of William Wordsworth casts an authoritative glance reminding us of his immortal soul. Sitting on overstuffed chairs, making small talk and exchanging nervous glances, we watched Jonathan Wordsworth, scholar, tutor and great grand nephew of the famous poet, make us a cup of tea. This was the beginning of our complete immersion into a study of Wordsworth and the Romantic Poets.

For the first time in the history of Oxford, a Canadian university has affiliated with St. Catherine's College, Oxford University, for a summer school. Hence a group of Canadian students were able to study at Oxford University in the summer of 1984. They experienced the tu-torial method of teaching, a method for which Oxford is re-

Sister Geraldine Anthony, Chairman of the English Department, organized the trip, bringing five students from the Mount, two from Dalhousie, two from the United States, and two Mount alumnae. Under the direction of Jonathan Wordsworth and Lucy Newlyn, we studied every aspect of Roman-

tic Poetry. "I was terrified to go to class the first day. I didn't know what to expect," said Judy MacDougall, one of the Mount students. But, Kelly Lovett, a Dalhousie student, had a perfect caricature of Wordsworth drawn in her

"I imagined a very old man sitting in a cap and gown." Eleven apprehensive students however, stood outside Jonathan Wordsworth's office to be surprised by a tall, middle-aged man, with an outgrown haircut. He carried an army canvas bag with a price tag still attached to the strap; his shirt was unironed and his brown cords floated around his ankles. This was the great scholar to conduct our first class.

your own ideas. You're not a number but an individual," she

Equal efforts went into developing the relationships as into understanding poetry. At first the students were intimidated by the whole notion of studying



Last year's group of MSVU students that studied at Oxford. From left to right, Michelle Forrest, Linda Johnson, Judy MacDougall, Darlene Murphy (hidden), Helen Bowers, Kelly Lovett, Chrissy Gusmeratti, Diane Wert, Kathy Gusmeratti, Danielle Lavoie.

Wordsworth invited us into his office, as Oxford has no classrooms. Instead of an office, the Professor showed us an apartment equipped with washroom, living room, study and kitchenette. In this office, students would meet twice a week in pairs to discuss poetry with Jonathan.

"The quality of education is higher over there," explained Kelly Lovett, Dalhousie student, "because of the tutorial system, and of scholars like Jonathan and Lucy. They are both sensitive and compassionate people that encourage you to develop

at Oxford under the direction of "The Jonathan Wordsworth". But, the more we worked together the more the relationship improved. Poetry became part of our lives. We couldn't separate it from other parts of our daily existence. While walking through narrow cobblestone streets of a scholarly city, it seemed natural to talk of poetry. It provided an atmosphere that the Bedford Highway could not inspire. Impressive spires, domes, towers and pinnacles; a meandering river, and narrow streets breathed an intellectualism traditional for Oxford.

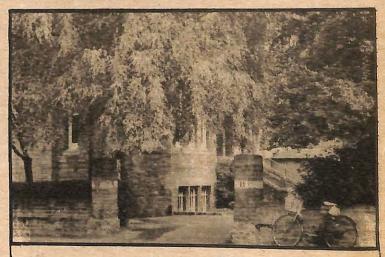
The Oxford program was not all work and no play. The pubs, the cricket matches, shops, museums and historical sites often lured us from our work. We merrily frequented the Rose and Crown pub, to enjoy a beer with British company.

Every weekend there was an exciting excursion to places like Stratford, Henley-on-Thames and Blenheim. The most exciting trip, however, was to Brighton. Beach where we gambled, went on rides and strolled down a boardwalk to view a nudist beach. In London, some of us saw the plays, Cats and Mouse-

Going to Oxford, to study under the direction of Jonathan and Lucy, was for all of us an incredible experience, both academically and personally. Ask any of us how it was, and we will smile ear to ear and say 'great!" You can experience Oxford this summer by accompanying Sister Anthony and her group leaving June 29, 1985.



Sister Geraldine Anthony and Jonathan Wordsworth (descendant of the poet).



MSVU students stayed at the Sacred Heart Residence in Oxford, England.

# No Olympic medals for Mount

'Get Moving!" is the familiar phrase used by the Mount athletic recreation program. It is found on posters, brochures, announcements, and literature available for students.

Mount Saint Vincent University is known for its various athletic and recreation activities, being referred to as a fitnessoriented academic institution. This is due to the enthusiasm and energy of the athletic department.

"The program offers students a way of getting in touch with themselves through their bodies," said Dr. E.M. Fulton, Mount President. "We're not interested in turning out sports stars who get on the Olympic teams." She explained that the program is based on wholistic living which is the body, mind and spirit all integrated and brought into harmony and bal-

Fulton added the university tries to get students to realize that there is such a thing as a temple for the mind and the temple is the body which needs to be carefully looked after.

The athletics and recreation program provides activities and ograms which offer students portunity to develop a lifestyle that encompasses health and fitness. They have designed a program which is called the Four Steps to Wellness-Guaranteed. It consists of a self-evaluation test, a fitness assessment, nutritional guidance and sugges-

ted action programs to improve

the student's ability to work and deal efficiently with stress.

Activities offered include jazz, tennis, wendo, badminton, karate, dancing and aerobics. As well, students can become involved with the badminton, jogging, netball and soccer clubs. Five varsity teams also exist which provide students with the opportunity of participating at a more competitive level.

Special events are always planned throughout each year, including For The Run of It/ and Jump Rope for Heart. More casual activities can also be enjoyed in the games room, weight room, sauna, and on the outdoor fitness trail.

The importance of good health reaches further to a fitness and nutrition house which is available to students interested in practicing good exercise and nutritional cooking and eating. Pat DeMont, co-ordinator of athletics and recreation said, "We consider these girls our goodwill ambassadors." DeMont said that these girls help in making students aware of the importance of fitness.

DeMont said that one of the difficulties her department encounters is the ignorance of some students and the fact that it is difficult to reach those who are unaware of the importance of fitness and good nutrition. One way in which she hopes to help overcome this problem is through employee fitness programs. She feels that through their personal satisfaction they will encourage the program to

Although there are students the athletic department hasn't reached, however, most programs are filled.

#### **Sports Schedule**

by Ruth Sangster **Athletics Loto:** 

Winner of Oct. 24 draw was Stewart Dickie.

Running Club:

Running Club meets Mondays, Tuesdays, and Thursdays from 3-4 p.m. All are welcome, especially beginners. Bring your running equipment and meet some new people.

**Gymnastics Club:** 

Begins on Nov. 6 at 2:30 p.m. in the gym. All levels are welcome. This is a recreational club.

**Fitness Assessment:** 

For the week of Oct. 29-Nov. 3, have your physical fitness assessed for only \$5. If you are over 35 and registered in the aerobics classes it is free. Come to the A/R Office to make an appointment.

**Sports Programs** 

The intramural volleybali teams have been battling it out for three weeks now, and having a great time.

There are teams from Birches 5 East: Birches 5 West; Vincent Hall, Off Campus, and Birches 4; and Evaristus, Lourdes and

Intramurals take place on Mondays at 4:30 p.m. There is still time to get involved. Near the end of November, there will be a special Christmas fun and games time for anyone interested. Come out and have some

Badminton

Do you want to meet some new friends, enjoy friendly competition or take a break from studying? Why not come to the gym Tuesday or Wednesday night for badminton?

You do not have to be present for the entire time. Come for a match, half an hour, or just to practice some badminton skills. Instructors are present if you want help.

Challenge your friend, your neighbor in residence, your pres ident in residence, or a council member.

The gym is set up for badminton on Tuesdays 7:30-10:30 p.m. and Wednesdays 6:30-8:30 p.m.



The aerobics classes involve 300 students and there has been increased enrollments in other programs. DeMont says, "One

has to look after the temple one's housed in and it makes no sense to ignore it . . . Besides it's



Mystic Volleyball 1984-85

Coach June Lumsden and Assistant Coach, Rob Towler, have selected the 1984-85 Women's Varsity Volleyball Team.

The season opens on Sun., Nov. 4th with a tournament at the Mount Rosaria Gym. The teams playing are UNB St. John, TUNS, Village Gate and the Mount Mystics. Let's see you out to support another winning Season for the Mystics!

#### Coach blames low score on "lack of desire"

by Lisa Courtney

A spurt of energy late in the second half gave the MSVU's Women's Soccer Team two goals and a 3-1 win over King's in soccer action last Wednesday.

The Mystics' scorers were Carmie Carvery, Jeanne Mundell and Janis Croft.

At half-time the score was tied at one goal a piece and Ray Mac-Neil, Mystic coach, blamed the low score on "lack of desire". "No one is in the game. You have to want that ball and go af-

Talking between the players, concentration and energy were seen in the second half. "The improvement that half had nothing to do with skill," said Mac-Neil. "Desire was the key."

With championships just around the corner on Nov. 3 and 4, the team most wanting the win will be the victors. The teams are matched in skill, but as MacNeil says, "You have to feel out the other team to see if they're hungry; you have to be hungrier.'

### Notes from the nutritionist **Energy costs of Candy**

by Jill Smith

The witches and goblins are at the door. When they have gone, there are still treats left in the basket. Just one won't hurt. Maybe another . . . and another . . . and another. Oh dear, where did they all

How does candy rate nutritionally? Where are the energy costs of our favourite treats?

	Cal	Fat (g)	Carb (g)	Pro (g)
One 10g caramel	38	1	7.3	.3
30 g milk chocolate	145	9	16	2
30 g chocolate bar	134	6	17	3
30 g choc coated peanuts	160	6	17	3
30 g licorice	88	1	21	1
1 sq ch. fudge (3 cm sq)	122	3	21	1
40 peanuts	135	12	4	6
10 potato chips	115	8	10	1
1 c popcorn (not buttered)	40	. 2	5	1
Milhon way out a balanced	list avers	ina rocul	auly and h	OVO VOUL

When you eat a balanced diet, exercise regularly and have weight within the limits of your ideal weight, a treat is certainly allowed. What should you have? Ideally a treat which is higher in protein and lower in fat is the best choice. Chocolate coated peanuts or a chocolate bar instead of chips or fudge. If you don't add extra butter and go easy on the salt, popcorn is a good low calorie treat choice.

Remember not to eat treats instead of a meal, and follow Canada's Food Guide completely before you indulge. Keep an eye on the scales. Come to see me (Student Services nutritionist) if you need my help with your diet.

#### by Judy O'Brien Cheri Thomas, 21-year-old na-

Cherie avoids "the burn"

tive of Bedford, N.S. loves aerobics and encourages all Mount students to join her classes.

Thomas has been teaching aerobics Tuesdays and Thursdays at 4:30 p.m. since September. "I got a phone call from Lynn Kazamel, co-ordinator of the instructors, and here I am," she said.

In addition to teaching at the Mount, Thomas also has classes at the Dartmouth Sportsplex, Burnside Athletic Club and Dalplex. But, she doesn't recommend 10 classes a week for everyone. "You need aerobics classes a minimum three times a week. Its main objective is to strengthen the heart and lungs," said Thomas.

Thomas has been involved in aerobics for six years and has been an instructor for three. She received her training through the YMCA fitness course and has completed the cardiopulmonary resuscitation (CPR)

Thomas recommends that people interested in aerobics be sure their instructors are qualified. Other precautions supported by Thomas are not eating at least one hour prior to class, and remembering to breathe properly during the workout. "Running and breathing technique is very important," said Thomas. "The word aerobics actually means with oxygen. During a workout a person is taking in large amounts of oxygen through the lungs to the blood-

stream to the muscles." Aerobic exercise is very good for the heart and can act as a deterrent against heart attack.

Thomas believes there are several myths which scare people away from aerobics. Aerobics actually suppresses the appetite for a certain period, rather than increasing it as some people believe. The "no pain, no gain" idea is also false. "You should never go for the burn," said Thomas. "If the muscle is burning it's tearing and obviously being damaged.

She also doesn't want people to feel they can't keep up with the class because they haven't kept up before. "I tell people they basically come in for themselves and I encourage them to work at their own pace," said Thomas. "You shouldn't feel wiped out after a class. If you are, you're working too hard. It should give you an uplift when you finish."

Thomas tries to put fun into her classes by introducing new exercises and yelling punchy phrases like "Have a good weekend? You're paying for it now!" She knows all about getting a lift out of class.

In addition to teaching aerobics, Thomas works five days a week at a restaurant in Bedford. "You have to make time for your body. Healthy bodies don't just happen," said Thomas. 'Aerobics may or may not make you live longer, but it will make you live better.

