



*Golia  
Montana*



# Magnificat

Eighth Psalm Tone (Solemnis)

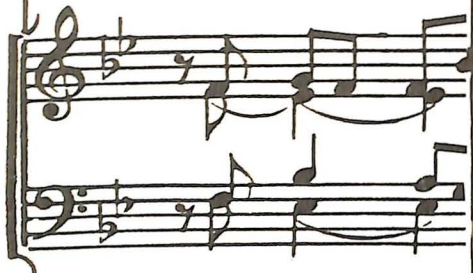
Gregorian  
Acc. by N.A.M.



1. Ma - gni - fi - cat \*
2. Et ex - sul
3. Qui - a re
4. Qui - a fe
5. Et mi - se
6. Fe - cit po
7. De - pó - su
8. E - su - ri
9. Sus - cé - pit
10. Sic - ut lo
11. Gló - ri - a
12. Sic - ut e



1. ánima mé - a Dó - mi - num.
- ri me - o.
- ti - ó - nes.
- men e - jus.
- bus e - um.
- dis su - i.
- vit hú - mi - les.
- in - á - nes.
- æ su - æ.
- in sáe - cu - la.
- i Sán - cto.
- rum. A - men.

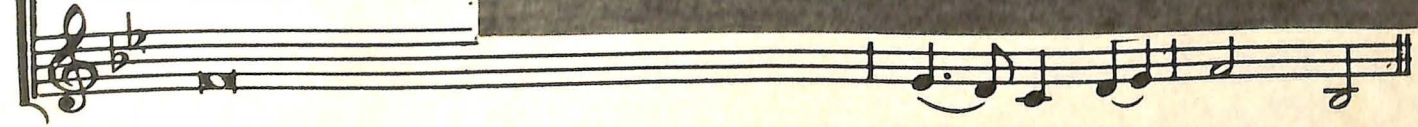


For the alternate ver  
Grassi may be used. (

2. Et exsultávit
4. Quia fecit mihi
6. Fecit poténtia
8. Esuriéntes
10. Sicut locútus
12. Sicut erat in



- me - o.
- e - jus.
- su - i.
- nes.
- sáe - cu - la.
- A - men.





# ***Folia Montana***

**Mount Saint Vincent Academy**

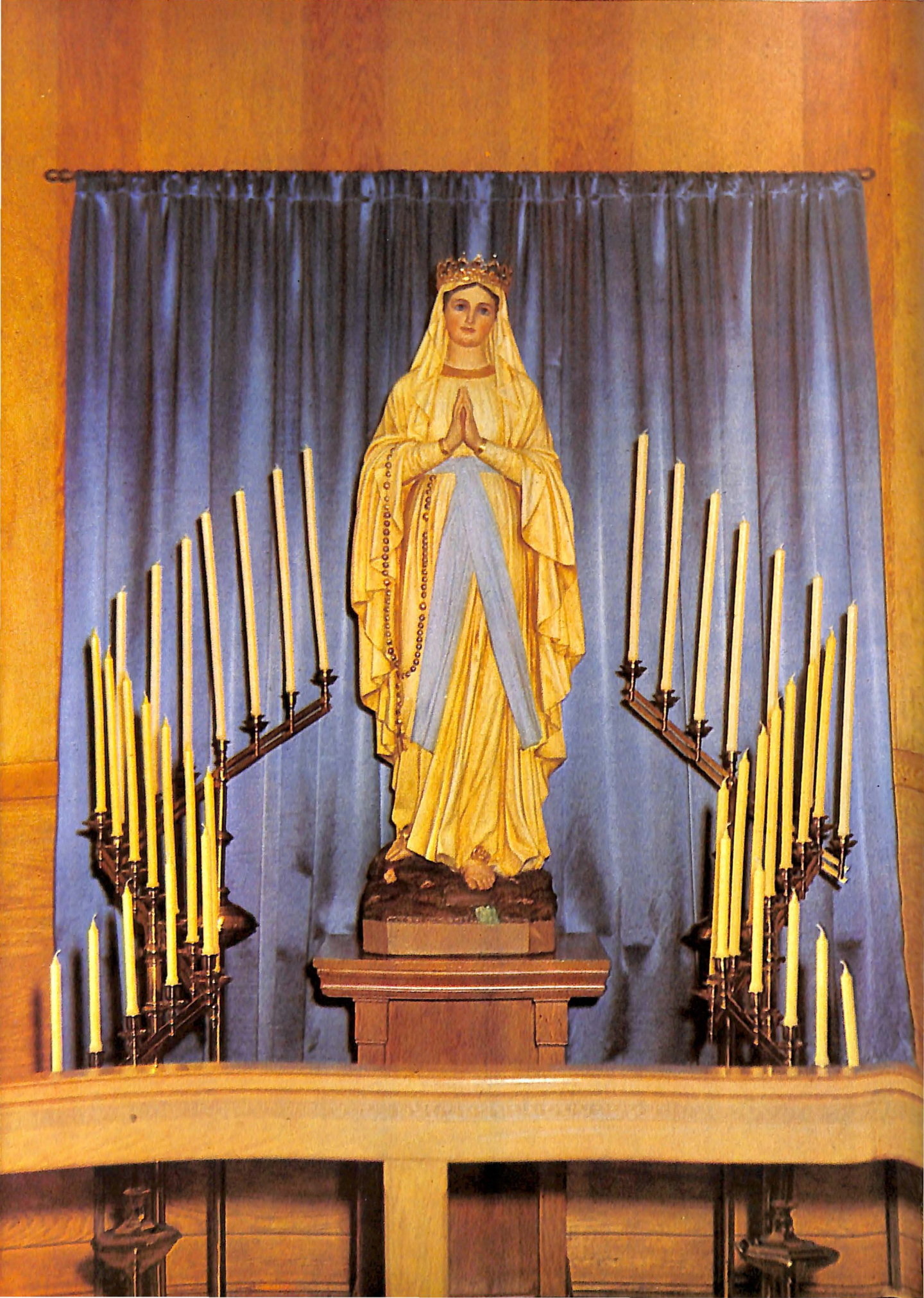
**Halifax, Nova Scotia**



**Marian Year Number**

**1954**





*The Principal and Staff of Mount Saint Vincent, and the Graduating Class of 1954, lovingly dedicate their Yearbook, Folia Montana, to Mary Immaculate, Queen of the Universe, and Mother of Mankind, whose likeness to Christ attracts her children like a radiant light and impels us to honor and imitate her in this glorious Marian Year.*



# To The Graduates

Dear Graduates:

The Year Book is about to make its appearance once more, and as its pages unfold, they reveal the happy portraits of the Marian Year Graduates. To some, this Commencement means the end of their care-free School days; to others, the further pursuance of higher studies.

What the future holds for each one of you is known only to divine Providence; but, we know that success will come to those who merit it by diligent work. The world is quick to appraise and to judge; to choose, and to condemn.

Young people are inclined to be romantic about the future, and to form false conceptions about the ingredients of real happiness. Human felicity does not come by a stroke of good fortune, but by little advantages that occur daily. Pleasure, wealth and honor are good or bad according to the use we make of them. But, by forgetting self to think of others, by scattering sunshine with hopeful good cheer, you can live a fruitful and happy life.

Like the verdant Springtime, youthful hearts are full of promise. Long, sweet vistas open before you now, dear Graduates, and may your guiding Star be ever our Sweet Mother Mary. Through the years to come may the words of her beautiful hymn spring often to your lips: "Mary, help us, help, we pray."

Mistress General.

*Sister Miriam Vincent*



Dear Graduates:

Let others call themselves the graduates of years referred to in abbreviated figures: the Class of '50, '51, '52, etc. You have something much more inspiring, encouraging and challenging than cold figures to go by: You are the Graduates of Mary's Year.

Could I express a better wish for you than that you may always be able to say with pride and joy: I am a Mary's Year Graduate.

I hesitate to add anything further. That should and does, I know, mean so much to you; for what you have read, heard and—I say it with special emphasis—what you have done in keeping Mary's Year must influence your future and help you to direct your work of helpfulness to others.

The world's needs particularly pointed out in Mary's Year programme are, alas, not confined to this year. You will find them wherever your future may guide you.

I like to think that, with your customary generosity, you will give your service with a gentleness that is strong and with a strength that is gentle, following the Motto of your beloved School:

*"Fortiter et Suaviter"*

Devotedly,

L. GOGGIN, C.S.C.





## ACADEMY MOUNT SAINT VINCENT

### THE FACULTY

Sister Miriam Vincent, Principal

Sister Baptista Maria	English, History, Mathematics
Sister Maria Winifred	Grades Five and Six
Sister Mary Clementina	Latin, Biology, Chemistry
Sister Anita Joseph	Grades Seven and Eight
Sister Mary Faustinus	Grades One and Two
Sister Agnes Mary	English, History, Latin
Sister Mary Carmencita	Mathematics, Latin
Sister Jean Louise	French, Social Studies
Sister Mary Magdalen	Commercial, Economics
Sister Francis Michael	English, History, Social Problems
Sister Helen Gerard	Grades Three and Four
Sister Mary Jean	Home Economics, Biology
Sister Marie Eustella	Public Speaking, Dramatics
Sister Marie Rosalie	Art
Sister Mary Blanche	Organ, Piano, Theory of Music
Sister Teresa Magdalen	Vocal, Piano
Sister Helen William	Piano

In addition to the above schedule, each class teacher is responsible for Religion in her own room.

Ad Jesum per Mariam



MARIE ELIZABETH O'BRIEN  
Assistant Editor



BETTY O'BRIEN  
Editor-in-chief



ALLANA MacLEOD  
Assistant Editor



Artists at Work



Business Committee

The ads are coming in



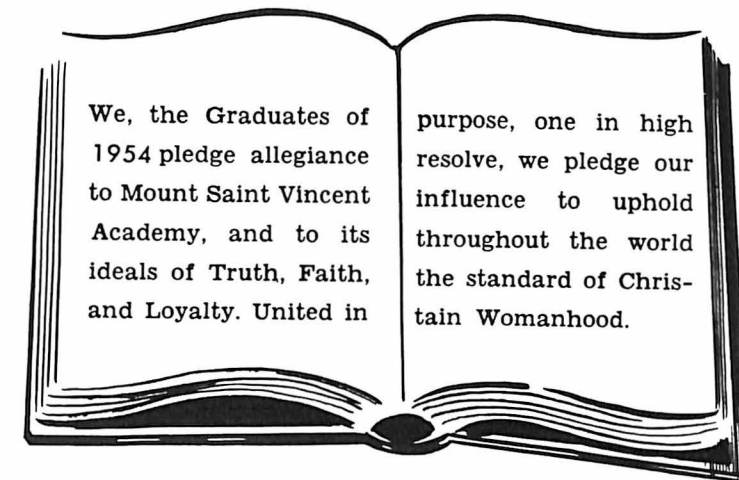


# Mary

## Our Mother



## MARIAN YEAR GRADUATES



We, the Graduates of 1954 pledge allegiance to Mount Saint Vincent Academy, and to its ideals of Truth, Faith, and Loyalty. United in

purpose, one in high resolve, we pledge our influence to uphold throughout the world the standard of Christian Womanhood.

## Our Lady's Rosary

*The Creed*

*Doreen Taylor, Prefect*



DOREEN TAYLOR

Doreen, our Sodality prefect, is famed for her many stories about her home in Antigonish. Doreen's secretarial studies will come in handy, when she takes up her nursing at St. Martha's this September. Perhaps we know Doreen best of all as the girl who obtained our many permissions. Doreen's talents lie in many fields, but the spotlight shines on her when taking an active part in plays. We wish Doreen the best of luck in her chosen career and no doubt, we will be seeing her at the twenty-fifth reunion in 1979.





ETTA FRIOULT

Etta came from Sydney to the Mount two years ago. Her flashing smile and genial personality are two of her most pleasing characteristics which have endeared her to her Mount friends. Etta is always a very ardent sport enthusiast. In the winter, she can be seen scanning the Sydney newspaper for sport news; or, with her racers slung over her back, hiking up to the pond for a good skate.

Etta will enter the business world after graduation, and we wish her the best of success and happiness in all her undertakings.

## Joyful Mysteries

ANNUNCIATION - - - Etta Frioult  
 VISITATION - - - Frances McCluskey  
 NATIVITY - - - - - Betty Lively  
 PRESENTATION - - - Phyllis Hamshaw  
 FINDING IN THE TEMPLE - Helen Mahoney



FRANCES McCLUSKEY  
 "That Grand Fall's Sunshine."

Frances McCluskey is the proud representative of Grand Falls, N. B. She possesses a quiet sense of humor, which she shares unselfishly with others. She also possesses a keen interest in all school as well as social activities, and is very generous in giving some of her time to others whether it is during her **sleeping hours** or not. Fran will be missed by everyone when he leaves, but a ray of that Grand Falls' Sunshine, which her smile brought us, will always remain in our hearts as a lasting memory of her.

BETTY LIVELY

Betty Lively came to us three years ago from St. Ignatius School in Bedford. She is characterized by her smile and dignified manner, which place her a favorite among her friends.

In her three years at the Mount she has been agile in school activities. Betty's objective is a good position as a secretary, which we know she will attain. We all wish her the best of luck in future undertakings.

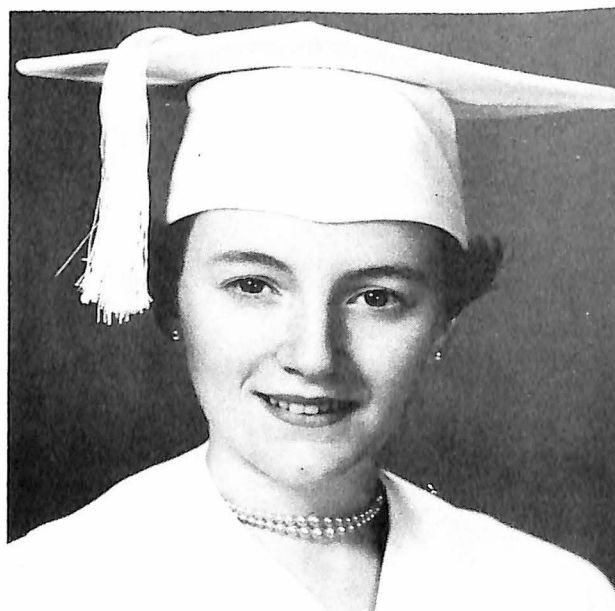
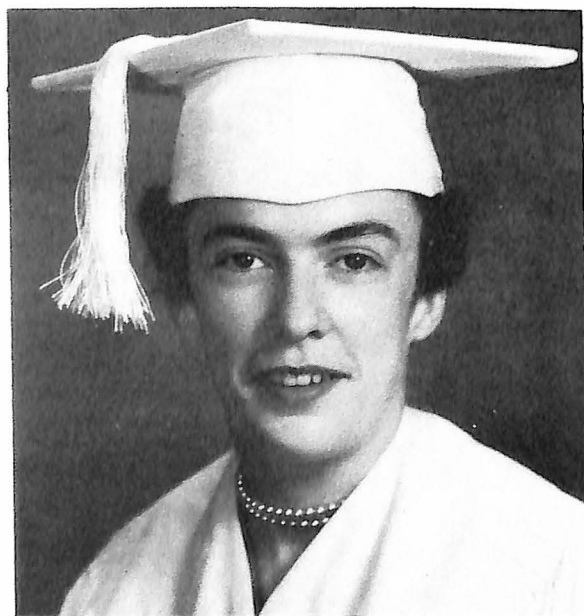
PHYLLIS HAMSHAW

" . . . . . Reaching out to what is ahead, I press on toward the goal . . . . "

She is the scholar that has pushed ever on towards the top. She has not only gained her graduation diploma, with that ready smile and warm personality, but also many friends through M. S. V. A. Love for law and order and for many outside activities are characteristic of her buoyant personality. Phyllis Hamshaw has much to recommend her to future success and we wish her much happiness in attaining her goal.

HELEN MAHONEY  
 "Those quiet ways."

Helen, came to the Mount in 1951 from Saint Ignatius School, Bedford. She has a quiet way but at times can be much fun. Helen, above all likes to sleep, but has time for outside activities, such as, movies, bowling, and going to Peter's Snack Bar. We wish Helen much success in the business world. Good Luck, Helen!







MONICA TONER

Monica, more popularly known as Mo, is a faithful New Brunswicker who came to us from Grand Falls two years ago evidently determined to boost home products. (Pirie's are best.) Monica has a ready smile and zest for sports and fun that have made her a general favorite. Our best wishes follow her in her chosen career.

ALLANA MacLEOD

Even though Allana has lived in nine of our Canadian provinces, travelling from the Canadian Rockies to the Grand Banks, she claims to be the only Cape Bretoner in our class. Her time is well occupied in the Sodality with her position of president of C.C.S.M.C. But Mother nature, books and foreign correspondence provide Allana with happy thoughts. Her pleasing personality and good humor were recognized by all when she was chosen our "Valentine Queen for 1954".



ANNA MORRIS

Anna Morris came to the Mount from St. Mary's, Halifax. A popular sodalist, she was elected the day students' Prefect this year. Anna's business acumen made her choose the Commercial class from which she graduates. She will be remembered by the Sisters for the willing and reliable way she did their errands in the City; the girls will remember her for her generosity and love of fun. Ann has high ideals and we feel her future holds great things in store.



## Sorrowful Mysteries

AGONY IN THE GARDEN - Monica Toner  
CROWNING OF THORNS - Anna Morris  
SCOURGING AT THE PILLAR, Allana MacLeod  
CARRYING OF THE CROSS - Betty O'Brien  
CRUCIFIXION - - Mary Ratchford



ELIZABETH O'BRIEN

Betty O'Brien, one of our finest musicians, has found her way out to the Mount from Halifax, Nova Scotia every autumn since '44. She is a favorite among the senior students, always greeting them with a smile and a cheery hello. Being keen at sports, she especially enjoys basketball, baseball and the "happy" hours she spends with her choice of roommates. Betty plans to continue her studies in music, and we are certain of her success as an artist.



MARY RATCHFORD

"Ratchie," came to us from Cheticamp three years ago in time to enjoy the first months of "camping" in the New Academy. Mary's first impressions of the half completed building and of the Commercials who dispensed themselves from chores, may some day be a classic. Now Mary is a Commercial Graduate herself, and we wish her every happiness and success in her new life.







MARIE ELIZABETH O'BRIEN  
"That Irish Charm"

Marie Elizabeth who hails from Moncton, New Brunswick, has been with us for two years. Marie with her personality plus, and her quick wit, is a favorite with us all. We know from her attitude in school, and character that she will always be a credit in anything she undertakes.



DANA DUGGAN

Having trod both old and new corridors of the Mount since her debut in Grade I, Dana has emerged a young lady possessing a charming and amiable personality. Our blonde haired classmate with the mischievous twinkle in her brown eyes travels each day from her native Halifax. With a ready wit and smile, Dana is the solace of many a grief. Not being unnecessarily perturbed she is characterized by good common sense and a certain serenity, while wonderful school spirit has endeared her to teachers and friends alike.

IRENE PELRINE

Irene lives in Rockingham, and has attended school at the Mount for twelve years. She has a pleasing personality and is very generous and willing to help others, and I am sure that everyone who knows her agree. She has done good work at school and she now has a position as a stenographer at which I am sure she will do well. We are sure that Irene will always be a credit to Mount Saint Vincent Academy and we would like to wish her every success in the business world. Good luck, Irene!



## Glorious Mysteries

RESURRECTION	-	-	Dana Duggan
ASCENSION	-	-	Marie O'Brien
DESCENT OF THE			
HOLY GHOST	-	-	Irene Pelrine
ASSUMPTION	-	-	Gertrude Foley
CORONATION OF			
OUR LADY	-	-	Marguerite St. Amand



GERTRUDE FOLEY

Hailing from her beloved Antigonish, Gertrude Foley came to us in September of 1952. A hard worker, always full of perseverance, Gertie makes a grand example for future grads. Since she is always willing to help or give as well as she is able, everyone feels at home when in her presence. Her religious duties, attended to with much enthusiasm enable her to give off a radiation of happiness and love. Gertrude's main object being high marks, she did not take part in many sports, but spent her free time writing interesting articles for the school paper.



MARGUERITE ST. AMAND

Marguerite St. Amand, our little French Miss with the "delicate air" hails from the famed town of Church Point. She blew in with the fall winds six years ago and still flutters around as if a seventy mile gale were behind her. Her time is now engaged in becoming "the perfect secretary," but being an active and radiant performer she has filled many a dull recreation by impersonating Ma and Pa Kettle, Churchill and other famous characters. Her real talent is brought to light in the musical field where she is unrivaled in her singing. Her snapping eyes and ready smile have won her many friends here at M.S.V.A.





# CLASS PROPHECY

## SONG ● ● ● MAKE BELIEVE

Only make believe this evening  
That these prophecies have been fulfilled  
Others find peace of mind in pretending  
Couldn't you, couldn't I, couldn't we?

Use your own imagination  
As our graduates' future unfolds  
Might as well make believe that it happened  
Just Suppose it did, suppose.

## SCENE 1

SETTING—The new Mount Saint Vincent Academy  
TIME—1994

Doreen: Can you imagine, it was but forty years ago that we were the Graduates of 1954 at Mount Saint Vincent Academy? As I came by the sea I was amazed to dock where the station once was. Do you remember those shunting trains that used to go back and forth on those tracks bringing us back to life from the midst of our dreams. And to think, we are fortunate enough to be able to make our own little contributions. I have hardly had time to visit with you but I do see my old roommate Allana MacLeod. Allana is retired now, in Africa, having published her 29 volumes of verse.

Allana: It gives me great pleasure to be here today. As I came in I could smell the buds which were bursting into bloom. It brought back all the old memories to gaze down upon "the sail-winged seas and the low-lying lands." I have given great thought to my donation and I have decided to have a night light installed in every room so that the Mount girls will be able to read my 29 volumes of verse without having to go elsewhere.

Doreen: Frances cannot be with us today. It makes me sad in telling you that Fran married one of her fly boys. Oh! now that is not what makes me sad, but she and her fly boy trying to break the world's speed record crashed down on some "Limestone" . . . . . But Mary Ratchford is here representing the Hawaiian Islands in the South Pacific.

Mary: Yes, after graduating from Commercial Class I went to the Hawaiian Islands and became private secretary to the Governor. On marrying the Governor I changed my name from Mary, Vivian, Bessie, Cecilia, Maria, Aggie-Belle Ratchford to Lady Mary, Vivian, Bessie, Cecilia, Maria, Aggie-Belle Ratchford Tweedsmir. And on behalf of my husband and myself I would like to donate to North America's best Music Department 500 Hawaiian guitars.

Doreen: Gert Foley didn't come back to the Mount after all. Here she come now.  
Gertie: As you can see I am in mourning for my late husband. Poor Jonathan. No. Ebenizer Esmund. This being my third marriage I have now decided to teach private Latin lessons.

Doreen: I wonder if she still has that 1884 key.

Gertie: And I have decided to contribute 385 copies of 1884 keys.

Doreen: Monica Toner has been kept busy making all of her cousins or brothers happy. She is unable to be with us today. You see, she is on a world tour in the latest 1994 Multi-super Chevrolet jetmobile. But she has sent word that she donates free of charge Sunday service to and from the city with the compliments of her brothers or cousins.  
Doreen: But Anna Morris is here.

Anna: When I graduated from Commercial Class I first obtained a position as private secretary to the man who owned the firm, "Home Ec. Suppliers and Kitchen Sinks Co., Ltd." Since my boss was pleased with me and my speed was up to par, I now happen to be his wife and glory in dressmaking on the side. Horacius my husband has given me permission to donate to every Home Ec. Department where the Sisters of Charity of Halifax teach, two sinks free of charge. The first ones were installed at Glace Bay.

Doreen: Why there are Marguerite St. Amand and Betty O'Brien. They represent the New York Chapter of the Alumnae, where they went together after graduating and have lived there since sharing an apartment.

Betty: Yes, Marguerite and I went to New York with the encouragement given us by Anna Dexter back in the 50's. We now have our own program.

Marguerite: Yes, it gives us great pleasure to . . . . .

Betty: I'm going to say it.

Marguerite: No, I am.

Betty: This is getting us nowhere.

Together: We donate full length mirrors for every door and a grand piano for every room. Would you like to hear our latest song?

East side, West side

In the latest gown

Maggie and Betty have

really won renown.

Betty plays the music

Maggie sings the songs

They add zest to New York life

For they argue all day long.

Doreen: Just yesterday they were talking over their days of long ago back at Mount Saint Vincent Academy. During the reminiscing Marguerite had a bright idea. You know how bright her ideas can be? This time she acted on it and it resulted in her latest Broadway hit.

Betty: Peanuts, Peanuts

and: Flying all around

Marguerite: Maggie threw a handful

Together: Right on Betty's golden crown

Betty prayed for patience

Maggie laughed and fled

And threw the rest of the peanuts

Over Betty's well-made bed.

Doreen: This song was the best seller on Broadway for some time. Do you know that fifty of the friends Marguerite invited to her Graduation sent for copies right away. The orchestra leader who had Marguerite sing at one of the Proms uses it for his opening number every time.

Betty: Mirror, mirror hanging on the wall

and: Hope you're fastened tightly for I'd die if you should fall.

Marguerite: Does my hair look pretty

Together: Does my teeth gleam white

Marguerite so witty couldn't bare to be a sight.

Doreen: It seems a long time since I've seen Etta Frioult and I hardly recognize her. That new hair-do is simply stunning my dear. It must be the result of her marriage to Pierre.

Etta: My husband and I, since we have established "The Pierre-Henriette Salon", have decided to donate three full quipped rooms at the Mount for the use of the girls to obtain free of charge, hair-dos, mudpacks, manicuring and massages. We hope the Mount girls will benefit by it.

Doreen: I can remember how Marie Elizabeth O'Brien had the knack for sewing. As a result she has had for the past 35 years an exquisite dress salon in Istanbul.



Marie: As head of Marie's of Fifth Avenue I would like to donate a complete new style of uniform. The color of the skirt will be bright red with a matching top of purple with brass buttons. Instead of the brown laced oxfords, I have designed a new type that will never wear out. Its color will harmonize with the yellow ribbed stockings. I hope the girls will like this and any suggestions regarding the styles and color will be appreciated.

Doreen: As you all recall our leading mechanic in 1954 was Phyllis Hamshaw and today I am happy to say that she is with us though no longer Hamshaw as her name has been slightly altered.

Phyllis: Since I left the Academy I have opened a mechanical school for girls, aside from my housework of course. This is solely a family affair as my children are the teachers. I have five you know. Well I have decided to donate to the new Mount Saint Vincent Academy five mechanics for general use about the property.

Doreen: After finding secretarial work did not suit her personality Irene Pelrine joined the Foreign Legion and now is stationed in the deserts of Arabia. We are very sorry she cannot be here but she has sent word that she has donated two stuffed camels for the Mount museum.

I am sure you have missed our former classmates Dana Duggan and Betty lively. Reverend Mothers Mary Lorne and Joan Marsha are unable to be with us. You remember hearing of the White Sisters of Africa. Well our classmates have founded another order patterned on them but under the name of the Multi-Colored Sisters of South East Asia. They have donated new caps and gowns based on their multi-colored habits. I am sure the Graduates of 1994 will be most happy.

But we have with us today Helen Mahoney, better known as Dorothea Dixon. You probably are familiar with her love-lorn column which appears in magazines across the country.

Helen: Since my profession does not permit me to donate any material goods I have decided to have classes once a week in the new Mount Saint Vincent Academy Auditorium for those who wish to consult me on the Problems of Girls of the Post-Atomic Age. What about yourself Doreen?

Doreen: As for myself I represent the North Pole Chapter of the Alumnae. For the past thirty years I have been lecturing Math to the Eskimos. Now I am President of the University of the North Pole and as President, I donate free of charge 300 fur skin blankets for the cold, wet, rainy, Halifax climate. Now before adjourning let us all sing our school song. Then let us go down to the Basin where there are two yachts waiting to take us for a cruise.

## SCENE II

SETTING — Heaven

Our Lady receives the Graduates.

# Tableau

## Class Will

In this our last will and testament on the twelfth day of June in the year of Our Lord nineteen hundred and fifty four, we the graduates of sound mind and unlimited abilities bequeath to our brethren, the undergraduates, the following talents and possessions.

To Sister Miriam Vincent, our Mistress General who is an unfailing source of comfort and understanding we leave behind our gratitude for a silent devotion.

To the teachers our friends through thick and thin we extend our heartfelt appreciation for their unflagging interest in us.

Marguerite St. Amand leaves to Cecilia the inviolable right to bask in the mirrors of Marillac for time unlimited.

On Raylene MacDonald, Marie O'Brien bestows her genuine religious vocation in order that undue preparation for curls may be avoided.

Frances McCluskey generously leaves her room and late lunches to Annette Theriault.

To Carol Ann MacDonald, Monica Toner bequeaths her plaid hat remarking "If the cap fits wear it."

Gertrude Foley sadly abandons her 5 cell and 1842 Latin key to the delighted Sandra Levine.

In mutual agreement Maura MacKay graciously accepts Mary Vivian's calm disposition and punctuality.

With regal ceremony Doreen Taylor presents to Barbara Delvallet her devoted station wagon and snuggles "to the knees."

Jean Bishop is the happy recipient of Anna Morris' unique disappearing act. Phyllis Hamshaw leaves to any reckless Mount chauffeur her proficiency in smashing into trees—may we extend our heartfelt sympathy?

Etta Frioult leaves her lengthy and frequent telephone calls to anyone who can afford them.

To Joan Foster, Betty O'Brien relinquishes her notorious swearbox. Our Math Whizz Dana Duggan endows on Marian Penney her ingenuity for solving intricate algebra.

Upon Barbara Hopkins, Irene Pelrine eagerly bestows her unwieldy stature. Our vivacious Betty Lively bequeaths her naturally "straight" locks to Eulalia Coady.

To coy little Abigail B., Helen Mahoney wills her ultra bustling demeanor. Allana MacLeod imparts to Janet Hubley her infinite knowledge of the "birds and the bees."

As a solemn testimony of our sincerity, the independence, the thirst for renown, the stoicism which has pervaded our classrooms through the years we confer as an immortal legacy on all future graduates of Mount Saint Vincent Academy.

The Class of '54.



## Commercial



OUR MARY GIRL

Doreen Taylor



### COMMERCIAL STUDENTS



Left to right: 1st row: Irene Pelrine, Victoria Martinez, Violeta Caamano, Marguerite St. Amand. 2nd row: Barbara Carey, Doreen Taylor, Anna Morris, Etta Frioult. 3rd row: Marie E. O'Brien, Marion Horne, Geraldine Horne, Helen Mahoney. Standing: Hazel Evans. 4th row: Joan Beare, Betty Lively, Mary Ratchford.

## Grade Twelve



OUR MARY GIRL

Betty O'Brien



### GRADE XII STUDENTS



Left to right: 1st row: Gertrude Foley, Helen Gallant, Barbara Trainor, Dana Duggan. 2nd row: Allana MacLeod, Cecilia Yanagida, Betty O'Brien, Monica Toner, Frances McCluskey.



## Grade Eleven



OUR MARY GIRL

Barbara Delvallet

CLASS OFFICERS



Left to right: Patricia Eaton, Margaret Rich, Charlotte White.

### GRADE XI STUDENTS



Left to right: 1st row: Irene Pelrine, Annette Theriault, Lorraine Richard, Diane Renner, Raylene McDonald, Hazel Hamshaw, Mary Parisotto, Irene Whitman, Patricia Theriault. 2nd row: Violette Berube, Charlotte White, Joy Bryan, Norma Conrod, Margaret Rich, Joan Fraser, Jean Bishop, Sandra Levine, Carol Ann McDonald, Margaret Ann Coughlan. 3rd row: Marilyn DeMont, Barbara Hopkins, Helen Ross, Patricia Eaton, Louise LeBlanc, Rose Marie Tricco, Ann Keith, Marian Penney, Elizabeth Fay, Barbara Delvallet, Joanne Webb.

## Grade Ten



OUR MARY GIRL

Joan Foster

CLASS OFFICERS



Left to right: Dorothy McNeil, Ann Boucher, Rollande LaCroix

### GRADE X STUDENTS



Left to right: 1st row: Jean Goodhew, Carol Fraser, Jeannette Morrison, Fernande Arsenault, Ann Boucher, Marlene Cole, Dorothy MacNeil, Abigail Bianchini. 2nd row: Camille Pelrine, Eulalia Coady, Joan Foster, Joan Babine, Bridget Heffler, Sheila Pender, Joanne Landry, Audrey Wisen, Elizabeth Sidaway. 3rd row: Rollande LaCroix, Joyce Rogers, Carol Arron, Diane Sagadore, Elizabeth Beuree, Doris Pelham, Penelope Stanbury, Joanne McKee, Maura McKay.

## GRADE NINE



Left to right: 1st row: Doreen Coady, Patricia Joudrey, Carol Meehan, Joan McKinnon, Loie Draper, Rosella Armstrong. 2nd row: Katherine Forrestall, Diane Delvallet, Carol Jane Murphy, Claudia Mersereau, Jean Welburn, Anna Marie Gordon, Karolyn McCulloch. 3rd row: Roberta Tremblay, Maxine Brennan, Carol Pender, Barbara Adams, Rita Armstrong.

## Junior High

### GRADES SEVEN AND EIGHT



Left to right: 1st row: Paula McArdle, Leona Delvallet, Susan Oland, Rosa Gonzales, Margaret Moir, Rose Mary Fougere, Judith Duggan. 2nd row: Raphael Ryan, Barbara Balcom, Madeline Delvallet, Nora Pelham, Patricia MacNeil, Sylvia Pelrine. 3rd row: Charlotte Beatty, Linda Coolen, Louise Richard, Eva Marie Bowes, Mona Purcell, Judith Vatcher, Joan Wheatley.

## GRADES FIVE AND SIX

Left to right: 1st row: Rose McNeil, Ann O'Neil, Margaret Richard, Margo Sagadore. 2nd row: Judy Murphy, Agnes Mary McElroy, Colleen Moir, Doris Fougere. 3rd row: Monica Campbell, Janet McArdle, Judith Tremblay, Barbara Howitt.

## Grammar Grades



## GRADES THREE AND FOUR

Left to right: 1st row: Mary Ann Hanna, Catherine MacNeil, Virginia Clifford. 2nd row: Verna St. Clair, Gloria Howitt, Linda Harnish. 3rd row: Nancy McDonald, Diane Delaney, Mary Ellen Swindell's, Noreen Delvallet.

## GRADES ONE AND TWO

Left to right: 1st row: Paulette Rand, Janice Pelrine, Ann Marie Fougere. 2nd row: Donna Holland, Claire Swindells, Norberta MacIsaac. 3rd row: Jeanne Richard, Barbara Beazeley, Patricia Whitman. 4th row: Rosemary Doyle, Colleen Cosgrove, Betty Swindells. 5th row: Wendy Sagadore, Elizabeth Phelan.

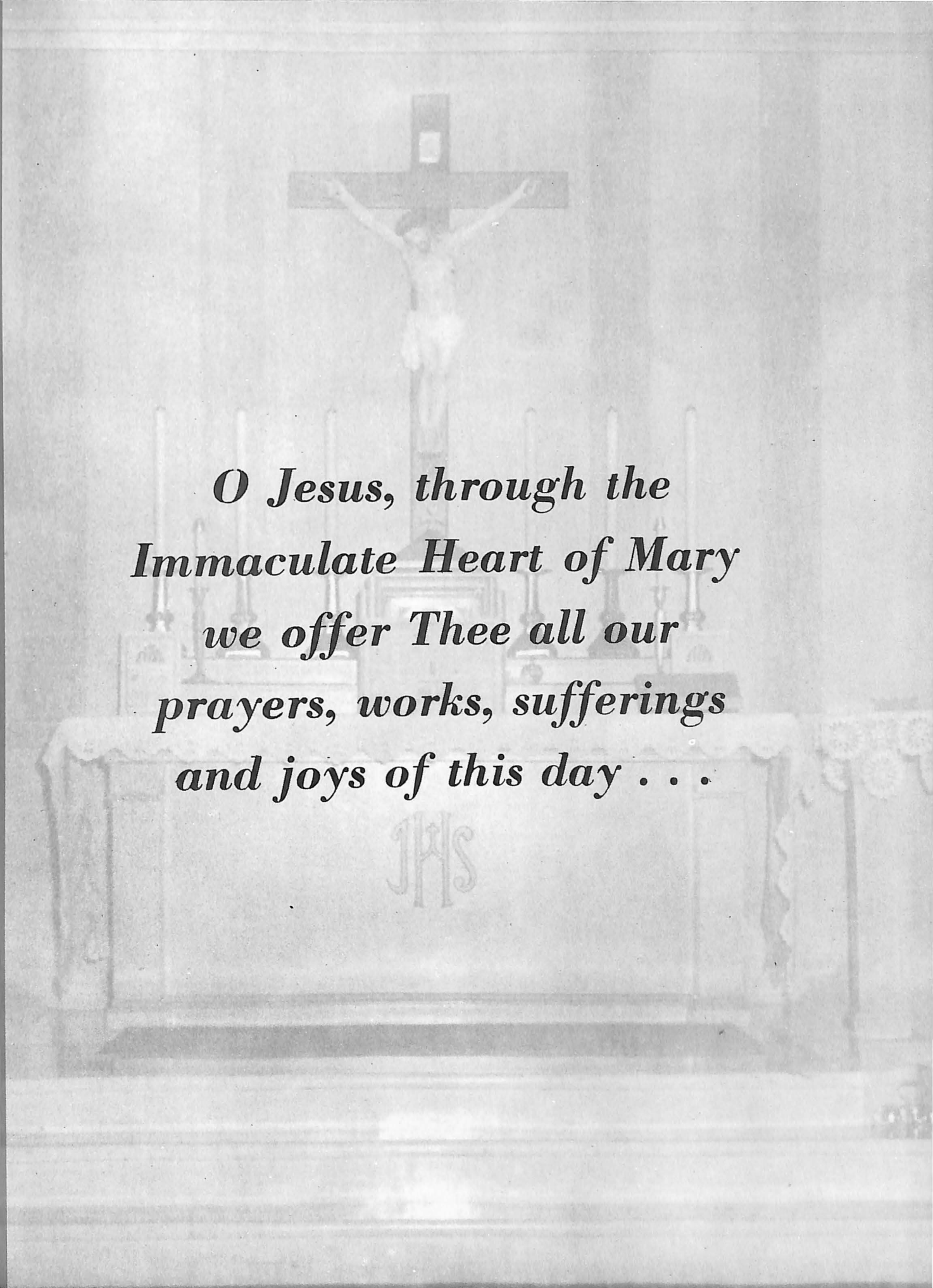




*Senior High School Students*



*O Jesus, through the  
Immaculate Heart of Mary  
we offer Thee all our  
prayers, works, sufferings  
and joys of this day . . .*





EAST MEETS WEST AT M. S. V. A.

## Getting .

QUEBEC'S THREE REPRESENTATIVES

Left to right: Joan Foster, Chandler; Eva Marie Bowes, Anticosti; Charlotte White, Chandler.

HERE AND THERE IN NOVA SCOTIA



Right to left: Barbara Trainor, Helen Gallant, Helen Mahoney, Betty Lively, Marion Horne, Marilyn De Mont, Margaret Ann Coughlan, Ann Keith, Norma Conrod, Diane Renner, Joyce Rogers, Maura McKay, Joan Babine, Joan McKinnon, Katherine Forrestal, Doreen Coady, Margaret Moir, Nora Pelham.

OUT FOR A WALK ON SATURDAY

Norma Conrod XI, Joan McKinnon IX, Joyce Rogers X.

HOURS OF LEISURE

Maxine Brennan, Maura McKay, Joanne Landry, Hazel Evans, Pat Theriault, Doreen Taylor.

OUR LITTLE ENGLISH GIRLS

## .Acquainted

Monica Campbell, Agnes Mary McElroy

NEW BRUNSWICK INVADES



Left to right: Barbara Brunelle, Rollande LaCroix, Sandra Levine, Elizabeth Fay, Marie Elizabeth O'Brien, Barbara Carey, Joanne Landry, Fernande Arsenault, Ann Boucher, Joanne McKee, Monica Toner, Frances McCluskey, Claudia Mersereau, Violette Berube.

THE HAIL FROM NEWFOUNDLAND

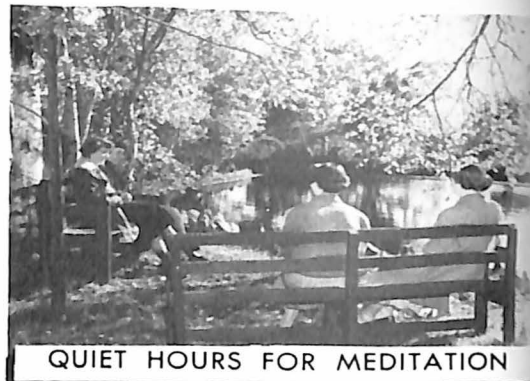
Back row: Marian Penney, Hazel Evans, Rita Armstrong. Front row: Roseanne Walsh, Rosella Armstrong.

JUST ONE BIG FAMILY

Back Row: Madeline, Barbara, Diane Delvallet (Halifax). Front row: Leona, Noreen Delvallet (Saint John, N. B.)



## Campus Views



QUIET HOURS FOR MEDITATION

Left Bench: Etta ,Frioult  
Monica Toner. Right Bench:  
Raylene McDonald, Betty  
O'Brien



LET'S JUST WANDER

Left to right: Louise LeBlanc,  
Noreen Keating, Pat Eaton

OUR FIRST  
FATIMA  
PILGRIMAGE



TIME TO SPARE



Coming down left to right: Barbara Del-  
vallet, Carol Ann McDonald, Cecilia  
Yanagida, Raylene McDonald, Char-  
lotte White, Frances McCluskey.

RELIEF FOR THE BRAIN



Margaret Ann Coughlan, Karoly  
McCulloch, Maura McKay.

## In Memoriam



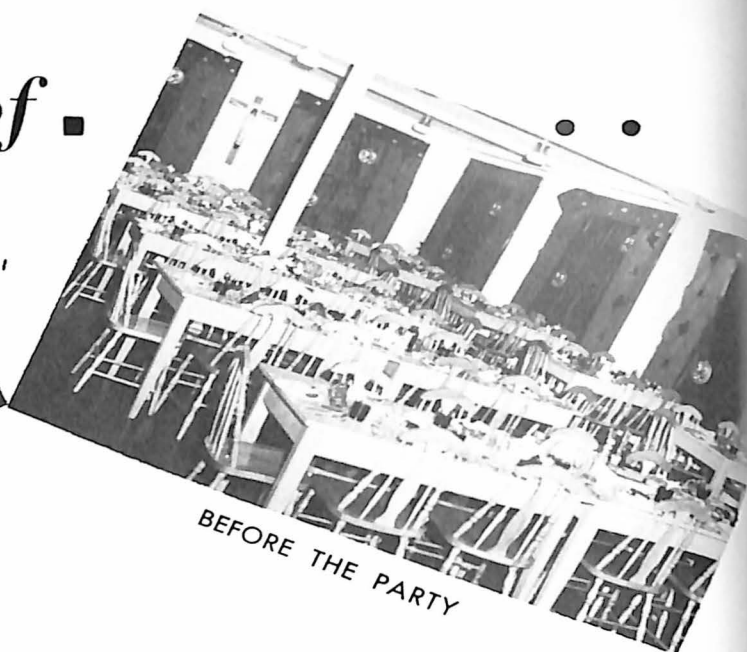
### MOTHER MARY EVARISTUS

October being the month of the Holy Rosary, was one filled with joy and devotion to Our Lady. On the nineteenth, however, sorrow became the keynote for its remaining days. Mother Mary Evaristus departed leaving only pleasant memories behind; her chief purpose in life was to spread devotion to Mary throughout the world. Mother achieved the desire of her heart, when in 1946 she received a statue of Our Lady of Fatima for having the highest number of pledges signed for daily recitation of the rosary. This honor had a two-fold purpose; it made Mother happy and made everyone else proud as well as happy. Our Lady must have been happy to receive her in heaven during her month.

Eve . . . of . . .



HALOS ON GRADE TENS



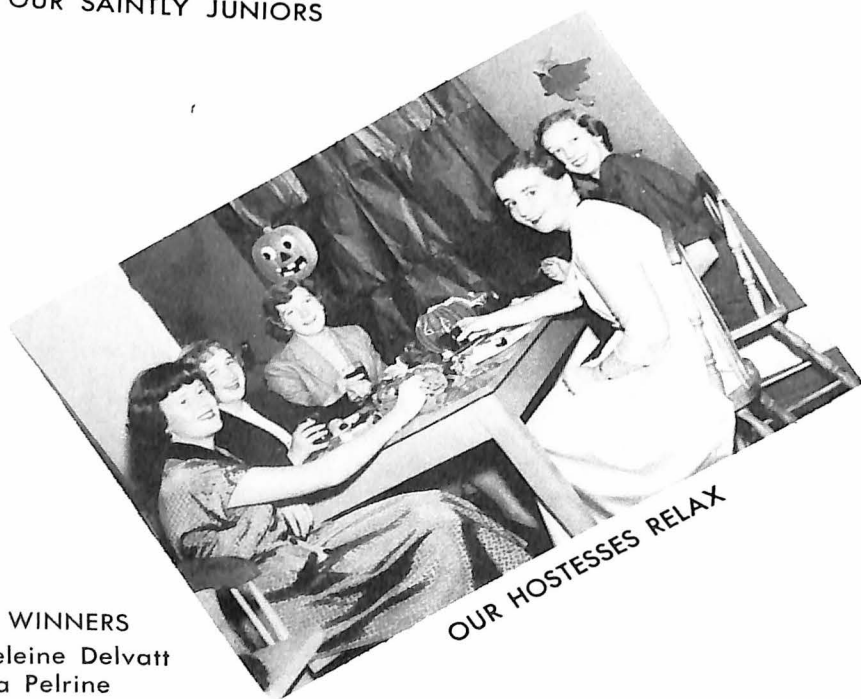
BEFORE THE PARTY



OUR SAINTLY JUNIORS



TWO WINNERS  
Madeleine Delvatt  
Sylvia Pelrine



OUR HOSTESSES RELAX



CECILIA, OUR JAPANESE STUDENT

. All Saints



REAL OR MAKE BELIEVE?



THE SAINTS OF THE COMMERCIAL CLASS



OUR SAINTLY WIDOWS





Prayer  
for the



Marian  
Year

**E**nrapured by the splendor of your heavenly beauty and impelled by the anxieties of the world, we cast ourselves into your arms, O Immaculate Mother of Jesus and our Mother Mary, confident of finding in your most loving heart appeasement of our ardent desires, and a safe harbor from the tempests which beset us on every side.

Though degraded by our faults and overwhelmed by infinite misery, we admire and praise the peerless richness of sublime gifts with which God has filled you, above every other mere creature, from the first moment of your Conception until the day on which, after your Assumption into heaven, He crowned you Queen of the Universe.

O crystal fountain of faith, bathe our minds with the eternal truths! O fragrant lily of all holiness, captivate our hearts with your heavenly perfume! O Conqueress of evil and death, inspire in us a deep horror of sin which makes the soul detestable to God and a slave of hell!

O well-beloved of God, hear the ardent cry which rises up from every heart in this year dedicated to you. Bend tenderly over our aching wounds. Convert the wicked, dry the tears of the afflicted and oppressed, comfort the poor and humble, quench hatreds, sweeten harshness, safeguard the flower of purity in youth, protect the holy Church, make all men feel the attraction of Christian goodness. In your name, resounding harmoniously in heaven, may they recognize that they are brothers, and that the nations are members of one family upon which may there shine forth the sun of a universal and sincere peace.

Receive, O Most Sweet Mother, our humble supplications, and above all obtain for us that, one day, happy with you, we may repeat before your throne that hymn which today is sung on earth around your altars: You are all beautiful, O Mary! You are the glory, you are the joy, you are the honor of our people! Amen.



*Nova Scotia*

*Exhibit*

*at Marian Congress*

*Cap de la Madeleine, P. Q.*




*August 5 - 15th, 1954*

Designed and executed  
by  
SISTER MARIE ROSALIE,  
Art Teacher.  
MOUNT SAINT VINCENT ACADEMY










  
 To Jesus Through Mary



### A Student's Offering for the Marian Year

**O** Virgin Mary, Our Mother dear,  
 We offer you in this Marian Year  
 Our work and play, that your guiding hand  
 May help us to reach the Promised Land.

**T**he joys we have along the way  
 We offer you now and every day,  
 The sorrows we are bound to meet  
 We ask you to place at our Savior's feet.

**S**piritual Vessel as you are named,  
 To reach the goal for which we're aimed  
 We place ourselves 'neath your loving care.  
 Pray, lighten the burden we must bear.

**We** offer you also, O Virgin Queen,  
 The successes to come and the ones we've seen.  
 Disappointments and failures.... these come too,  
 We offer them up to Jesus through you.

**I**n all our joys we find you near  
 Ready to help us throughout our year.  
 So when our life has come to an end,  
 Your children in triumph to heaven you'll send.

Monica Coner '54



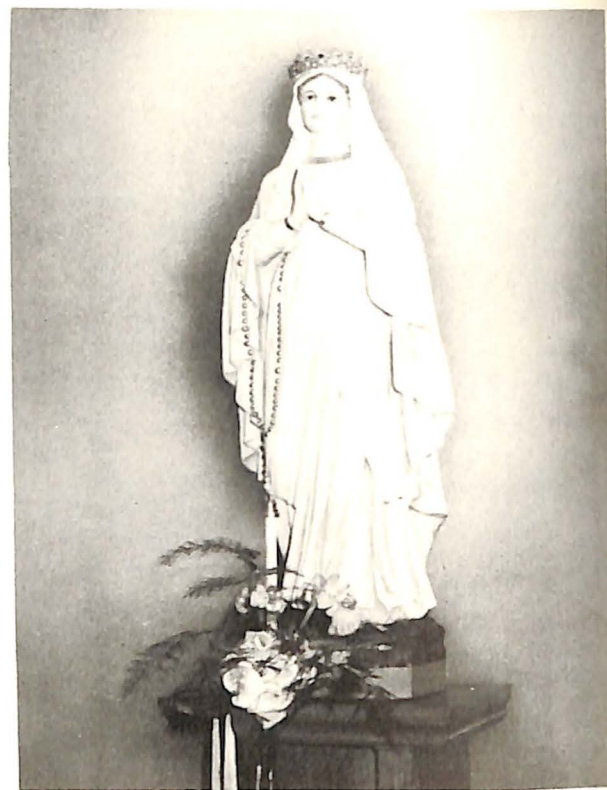
# To Jesus Through Mary

## OUR LADY'S EXPECTATION

*Like the dawning of the morning  
On the mountain's golden heights,  
Like the breaking of the moonbeams  
On the gloom of cloudy nights,*

*Like a secret told by Angels,  
Getting known upon the earth,  
Is the Mother's Expectation  
Of Messiah's speedy birth!*

*Thou wert happy, blessed Mother!  
With the very bliss of Heaven,  
Since the Angel's salutation  
In thy raptured ear was given;*



FEAST OF THE EXPECTATION

*Since the Ave of that midnight,  
When thou wert anointed Queen,  
Like a river overflowing  
Hath the grace within thee been.*

*Thou hast waited, child of David!  
And thy waiting is now o'er!  
Thou hast seen Him, blessed Mother!  
And wilt see Him, evermore!*

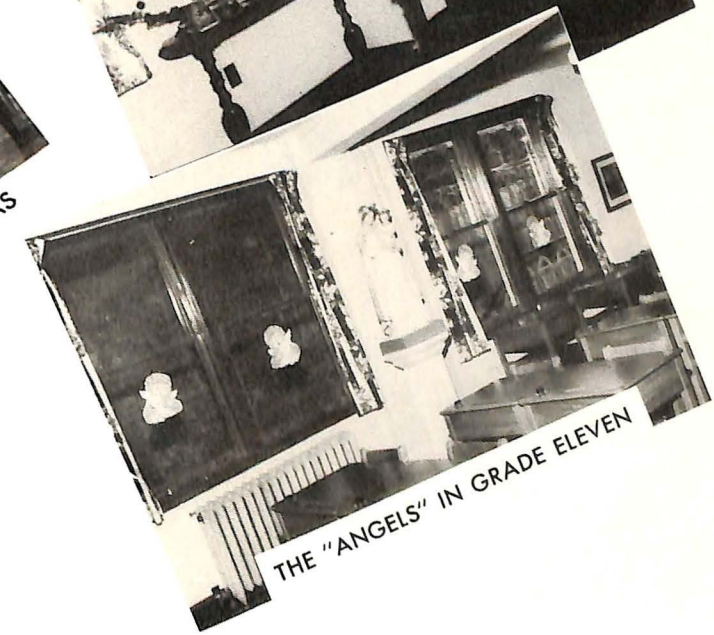
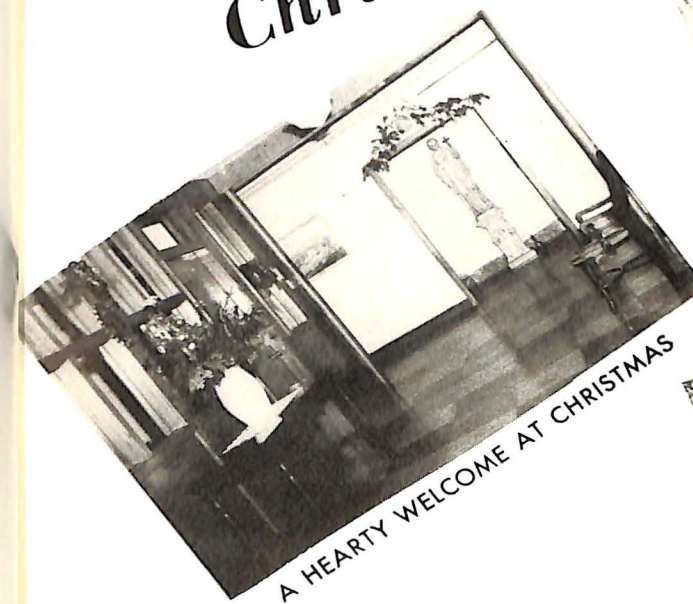
*Oh, His Human Face and Features!  
They were passing sweet to see!  
Thou beholdest them this moment!  
Mother, show them now to me!*

CRIB IN RECREATION HALL



VENITE ADOREMUS

## Christmas at M.S.V.A.







*Our Lady with us at . . .*

*. . . Work and at Play*



THE JUNIORS ENJOY TOBAGGANING ON THE HILL



OUR HOME EC'ERS



GETTING THE DRAMATIC TOUCH



RACKING THE  
BRAIN  
AT STUDY



IS IT WORK OR PLAY?



THE COMMERCIALS AT WORK



THE JUNIORS RELAX



TIME OUT FOR MUSIC



OUT FOR THE DAILY STROLL



ROLLANDE ROUNDING  
HER NOTES



*Our Lady with us in our . . .*

*. . . Joys and Sorrows*



WELCOME! WELCOME!



GAILY DECORATED

## *Our Valentine Party*



OUR VALENTINE SWEETHEART



OH! I'M TIRED



SERVICE WITH A SMILE



MARIAN'S BIG JOY OF THE YEAR —  
"A BABY BROTHER!"



POOR LIZ



OH! I DIDN'T GET A LETTER



HAPPY WITH A MEMORY FROM HOME

FACING THE MUSIC



GRIN AND BEAR IT



# Feast of the Purification

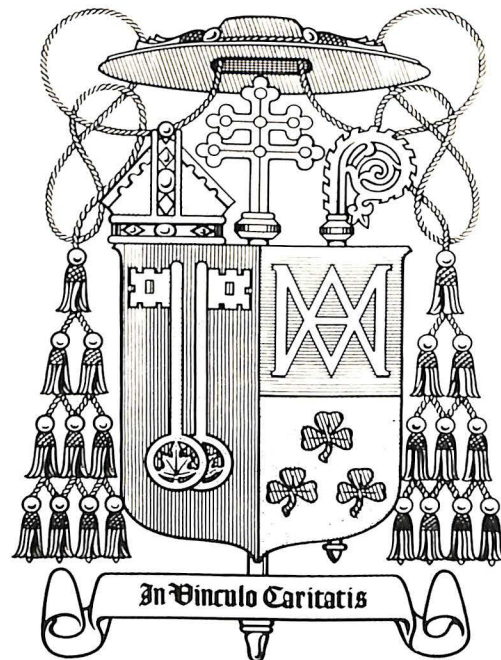
On February second, the pupils of Mount Saint Vincent Academy shared the joy of the Archdiocese of Halifax when His Grace, Archbishop J. G. Berry took possession of his new See.

The Feast of the Purification of this Marian Year had therefore a two-fold significance.



HIS GRACE, ARCHBISHOP BERRY RECEIVES THE CROZIER FROM HIS EMINENCE CARDINAL McGUIGAN.

HIS GRACE, ARCHBISHOP BERRY IS PRESENTED WITH A SPIRITUAL BANQUET AFTER THE CHILDREN'S MASS ON FEBRUARY NINTH.



On Saturday, February ninth, the pupils of Grades Six to Nine were happy to be the representatives of M. S. V. A. at the Children's Mass celebrated at the Basilica by Archbishop J. G. Berry and to take part in the hearty welcome given to His Grace on this occasion.

# Mistress General's Feast Day

THE JUNIORS AND INTERMEDIATES GREET SISTER MIRAM VINCENT ON HER FEAST DAY.



Left to right: Back row: Monica Campbell, Paula McArdle, Madeline Delvallet, Janet McArdle, Leona Delvallet. Front row: Agnes Mary McElroy, Mary Ann Hanna.

THE SENIORS PRESENT A DELIGHTFUL PLAY "GAY NINETY" AS A PART OF THE DAY'S CELEBRATION.



Left to right: Seated: Doreen Taylor, Maxine Brennan, Marguerite St. Amand, Barbara Delvallet, Maura McKay, Anna Morris. Standing: Etta Frioult, Louise LeBlanc.

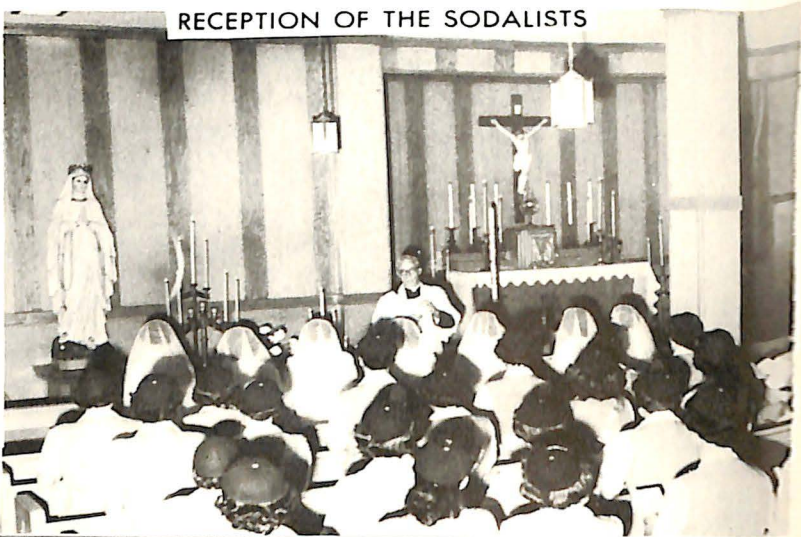




THE REPOSITORY



# Our Lady in our . . .



RECEPTION OF THE SODALISTS

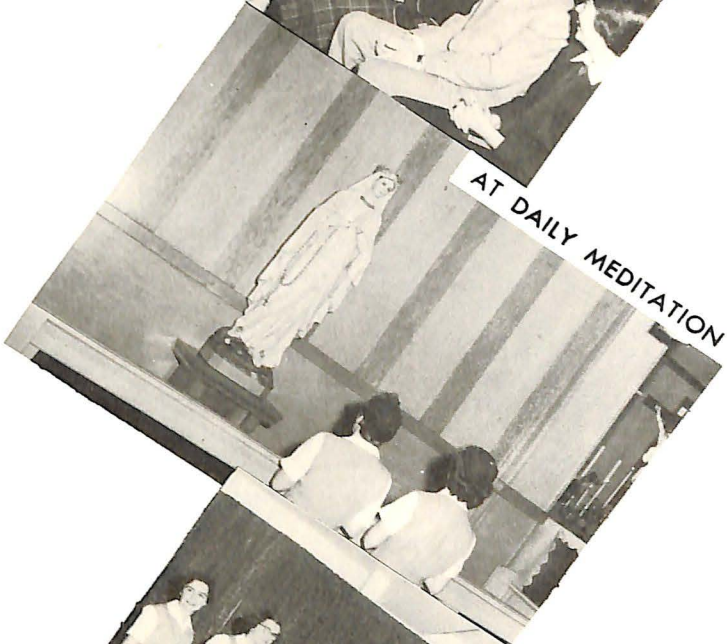
# . . . Spiritual Life



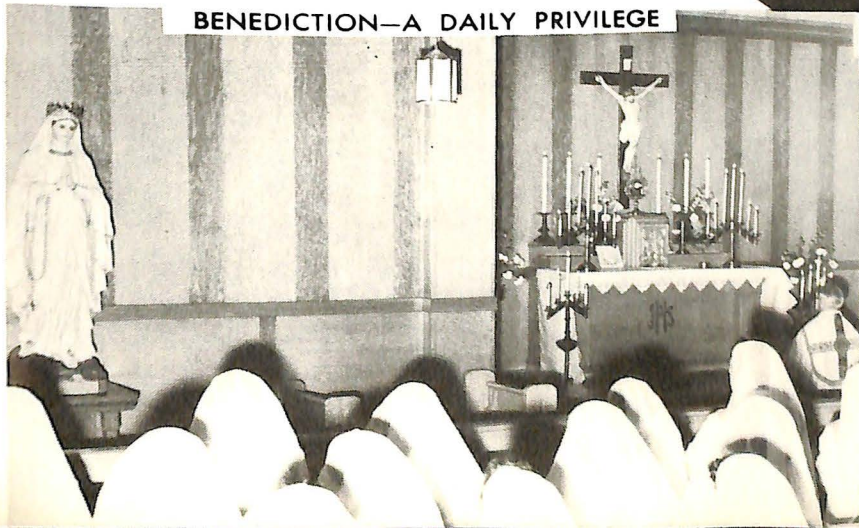
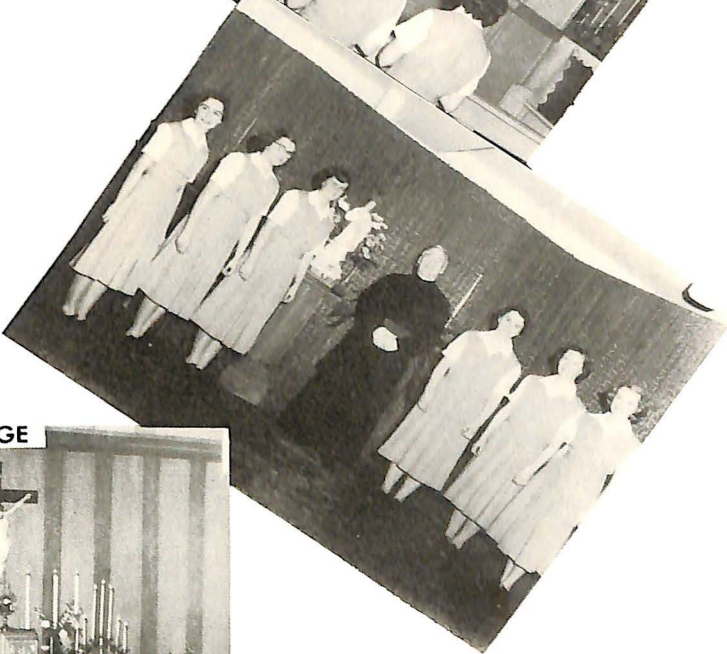
OUR DAILY ROSARY



SODALITY DAY WITH FATHER DALY



AT DAILY MEDITATION

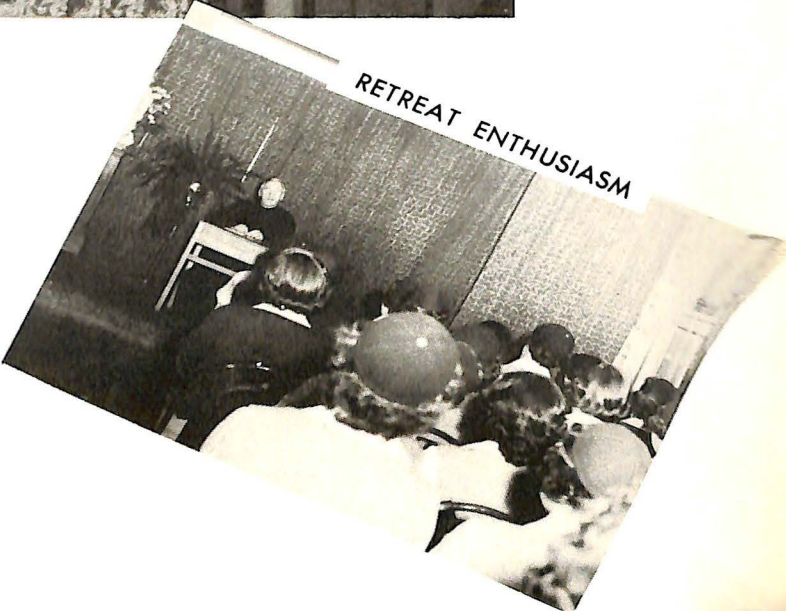


BENEDICTION—A DAILY PRIVILEGE



MARY'S SEVEN JOYS

Left to right: Annette Theriault, Helen Gallant, Louise Richard, Elizabeth Fay, Ann Keith, Margaret Ann Coughlan, Patricia Theriault.



RETREAT ENTHUSIASM



# Our Lady with us . . . . .

THE HOME EC'ERS MODEL AT FASHION SHOW



Left to right: Irene Whitman, Joanne Webb, Joy Bryan, Hazel Hamshaw, Mary Parisotto, Bernadette Pelrine.

OUR JUNIOR HIGH STUDENTS WHO WON FIRST HONOR AT THE FESTIVAL WITH "COUNTRY GARDENS".



"Beautiful tone, blend and balance. Words good the consanants tripping neatly from the tip of the tongue. A delightful solo added to the interest . . . . Lovely work."

E. A. KINLEY, Adjudicator.

THREE OF OUR SENIOR PIANISTS WHO SUCCESSFULLY PLAYED A TRIO AT THE SENIOR'S RECITAL.



Left to right: Marie E. O'Brien, Barbara Hopkins, Betty O'Brien.

ROSE MARIE TRICCO SMILES AT THE APPLAUSE GIVEN HER AT SENIOR'S RECITAL.



# . . . . .in Our Successes

OUR NEW SODALISTS CONSIDER THEIR RECEPTION AS THEIR GREATEST SUCCESS OF THE YEAR.



OUR GRADES FIVE AND SIX CHORUS THAT WON FIRST PLACE AT THE HALIFAX MUSIC FESTIVAL.



"A small choir but an efficient one."

E. A. KINLEY, Adjudicator.

FOUR OF THE GRADE TENS WHO PARTICIPATED IN THE FRENCH CONCERT.



Left to right: Rollande LaCroix, Joanne Landry, Fernand Arseneault (Evangeline), Penelope Stanbury.

OUR SENIOR DRAMATICS STUDENTS WHO ENTERTAINED US WITH THEIR COMEDY "THEODORE JUNIOR."







# Our Lady with us in Our Triumphs

PRESENTATION OF DIPLOMA



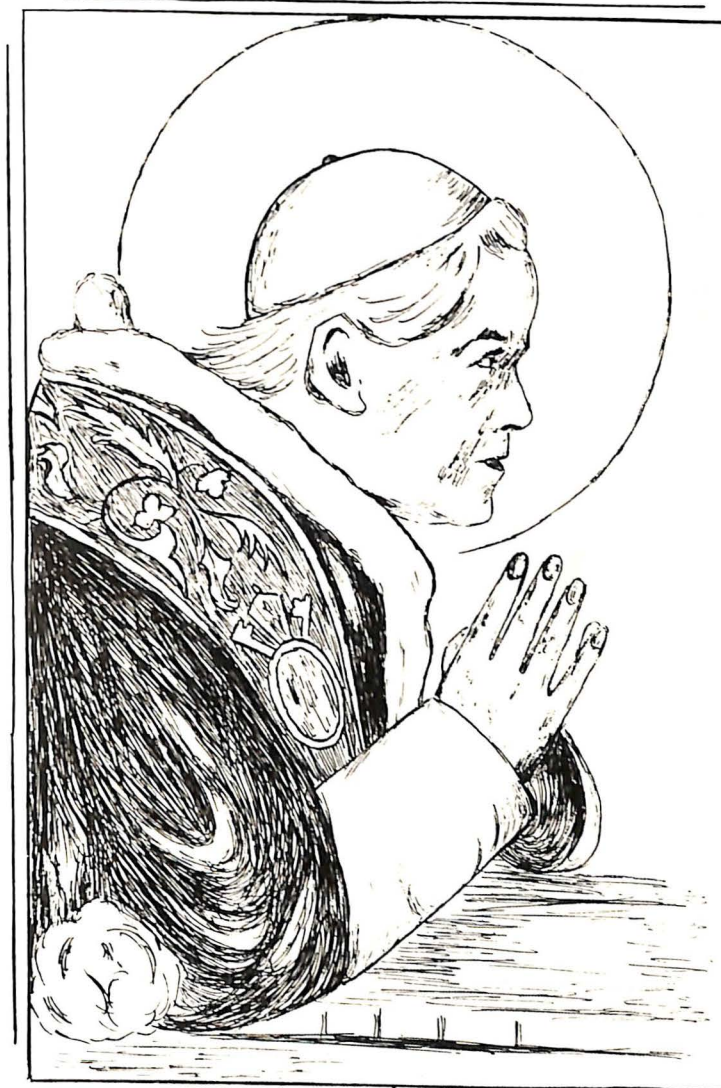
THE GRADUATES PLEDGE THEIR LOYALTY



OUR MARIAN YEAR GRADUATES



## SAINT PIUS X



*Pray  
for  
us*

One of the highlights of this Marian Year was the Canonization of Pope Pius X. It was fitting that he should be raised to the altar during the centennial year of the proclamation of the Dogma of the Immaculate Conception as it was he that caused the fiftieth anniversary to be celebrated with unusual pomp and solemnity. His Devotion to Our Lady must have won for him this singular honor.

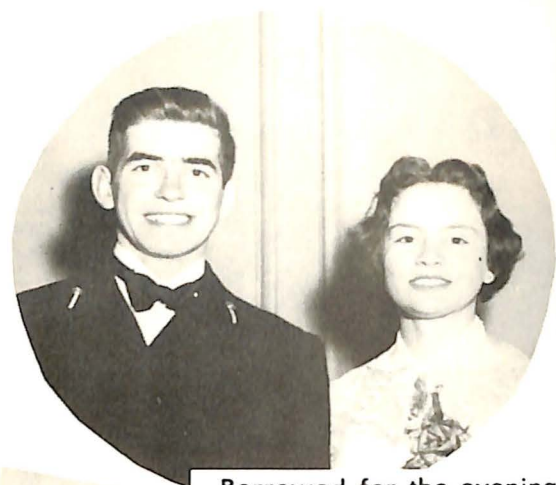
As our Year book goes to press during the Octave of Corpus Christi, we remember Pope Pius X also as the Pope of the Eucharist and as one who dearly loved children.



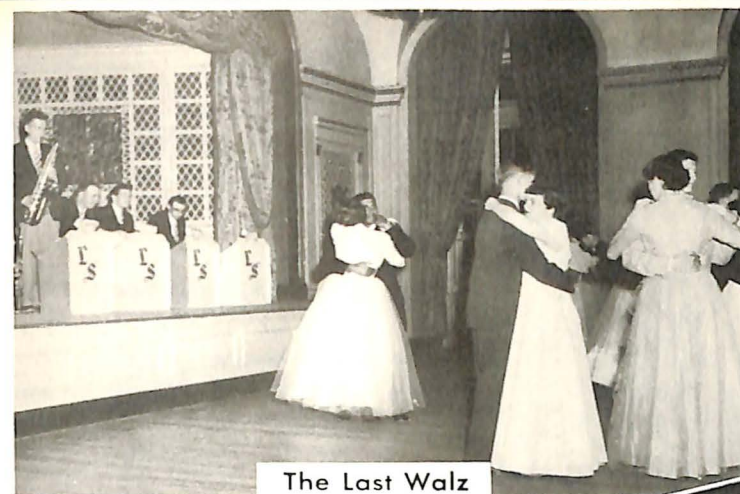
# The Prom at the Nova Scotian



Our Graduates and Escorts



Borrowed for the evening



The Last Walz



Always Smiling



Perfectly at Ease



A few minutes to rest weary feet



Ready to leave



Between Dances



Chaperones

Right to left: Lt. Com. and Mrs. Macleod, Mr. and Mrs. Duggan, Mr. and Mrs. Toner, Mr. and Mrs. St. Amand



Perfect Poise



Just arriving



Enjoying the Intermission



Only Make Believe



# Alumnae Notes

**Serena Buck** graduated from the College this year in the Secretarial Science Department; **Vera Hicks** graduated in the Arts Department.

Other Academy Graduates who are studying at Mount Saint Vincent College are **Moiria Coughlan**, **Therese Moore**, **Clotilde Belliveau**, **Carol Ann MacNeill**, **Marguerite Inglis** and **Shirley Noseworthy**.

**Dorothy Griffiths** has a position in Halifax and generously serves on the Secretarial Committee of the Alumnae.

**Carol Silverman** (Mrs. Arnold Feder) is a frequent visitor at the Mount.

**Diana Godin** graduated from the Halifax Infirmary and is engaged to be married.

**Betty MacDonald** will graduate from the Infirmary in the Fall.

**Edith Savage** left her secretarial position in Halifax to be home in the Magdalen Islands with her father who has not been well.

**Marie Grady** is engaged to Ove Jessen. Marie is another faithful member of the Alumnae Secretarial Committee.

**Clare O'Connell** is working in a bank in Halifax.

**Verna Phelan** is living in Lachine near Montreal and is a faithful Alumna.

**Joan Dysart** is a Lab Technician in the Saint John General Hospital, and **Eva Feetham** has a similar position in the Halifax Infirmary.

**Carole Sue Mulherin** completed the Medical Secretary Course at Mount Saint Bernard in Antigonish with very good success. Shortly after her return home a double tragedy occurred when her parents were drowned. Carole Sue's many Mount friends offer loving sympathy to her and to her two sisters who are Alumnae of the College.

**Laraine Tanner** (Mrs. Kenneth Scott) has a little son.

**Connie Veniot** is an active member of the Bathurst Chapter of the Alumnae.

**Margaret Ann Fleck** is working in Dalhousie, New Brunswick.

**Maryse Girardin** looks after her father's English correspondence in St. Pierre and hopes to accompany her little sister when she comes to the Academy.

**Alice Hayes** is engaged to Gordon Hilchie.

**Peggy Hessian** and **Audrey MacDowell** work in the same office in Halifax.

**Ernestine Lancaster** is working for T. C. A. in Greenwood. She was a princess in the Apple Blossom Festival.

**Betty McCullough** is with the Socony Vacuum Oil Company in Caracas, Venezuela. We hope to see Betty when she comes north this summer for her vacation.

**Monica O'Keefe Shirley Douglas** and **Mary June Pheaney** are working in the Dockyard, Halifax.

**Joann Rice**, **Jean Delvallet**, **Betty Pelham**, and **Catherine Rich** are training in the Infirmary.

**Jane Oland** is working for General Electric and **Mary Eva Curry** is in the Bank of Canada, in Saint John, New Brunswick.

**Mary Frances Donnelly** is continuing her studies at Springfield College, Mobile, Alabama.

**Joyce Edwards** is with the C. N. R. in North Sydney.

**Judy Sullivan** received her cap at St. Joseph's Hospital, Saint John.

**Millie Webb** completed her Sophomore year at St. F. X. She came to the Mount for the Graduation exercises.

**Shirley Douglas**, **Helen Dee**, **Anna Gould**, **Eileen Clifford**, and **Michaela McCluskey** are members of the 1953 Class who gave prizes to the Class of 1954. Their loyalty and generosity is very much appreciated by both Staff and Students.

**Anna Feetham** and **Norma Hiltz** are working in the same office in Halifax.

**Faye Trider** is working in the office of the Morris Street Hospital.

**Joan Grantham** is married to Mr. Robert Moir.

**Judy Hawes** is working in Ottawa and visited the Mount during her vacation recently.

**Carol Lee Manson** is taking the Library Records course at the Halifax Infirmary.

Mrs. Vincent MacDonald congratulating Miss Mary Neville after honoring her with Life Membership in the Alumnae for her zealous service for thirty years as Chairman for Mary's Day.



Miss Mary O'Brien and her niece Elizabeth O'Brien, an Academy Graduate of 1954, taken at the Alumnae Tea for the Academy Graduates.



Alumnae Tea for the Academy Graduates at the home of Miss Marion Haliburton. Left to right: Miss Elizabeth O'Brien, Miss Anna Morris, Mrs. Charles Flemming, Mrs. Vincent MacDonald, Miss Marion Haliburton, Miss Monica Toner, and Miss Gertrude Foley.



## *Patrons*

Mr. and Mrs. George S. Joudrey	Mr. Vincent O'Brien
Mrs. Sidney Oland	Mr. Frank O'Brien
Miss Alma White	Mr. and Mrs. Dismas Arsenault
Miss Dorothy White	Mr. and Mrs. J. K. McKee
Mrs. Allan McDonald	Mr. and Mrs. D. R. Hopkins
Mr. and Mrs. R. O. Boucher	Mr. and Mrs. George Morrison
Mr. and Mrs. Albert J. Richard	Mr. and Mrs. D. J. O'Brien
Doctor and Mrs. Omer Taylor	Mr. and Mrs. J. F. Renner
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Mr. and Mrs. C. Duggan	Mr. and Mrs. Louis F. Murphy
Mrs. Hilda Brunt	A Friend
Miss Mary O'Brien	Miss K. E. Healy
Mr. and Mrs. L. J. Theriault	

*thank you!*

## *Autographs*





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from  
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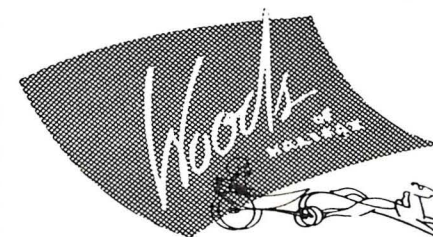
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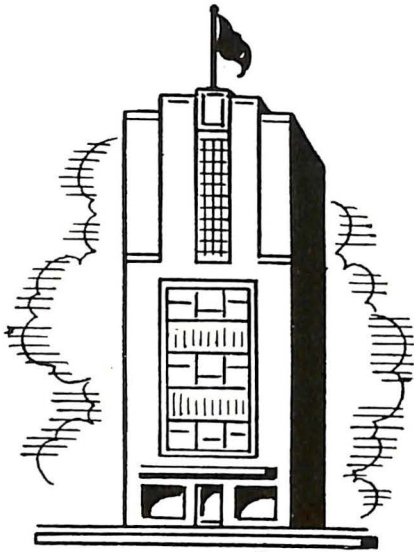
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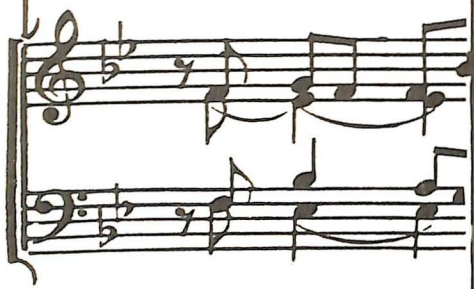
# Magnificat

Eighth Psalm Tone (Solemnis)

Gregorian  
Acc. by N.A.M.

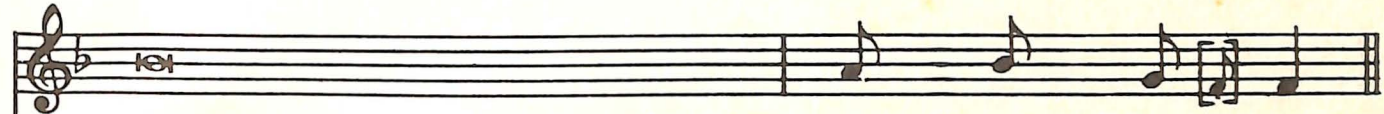
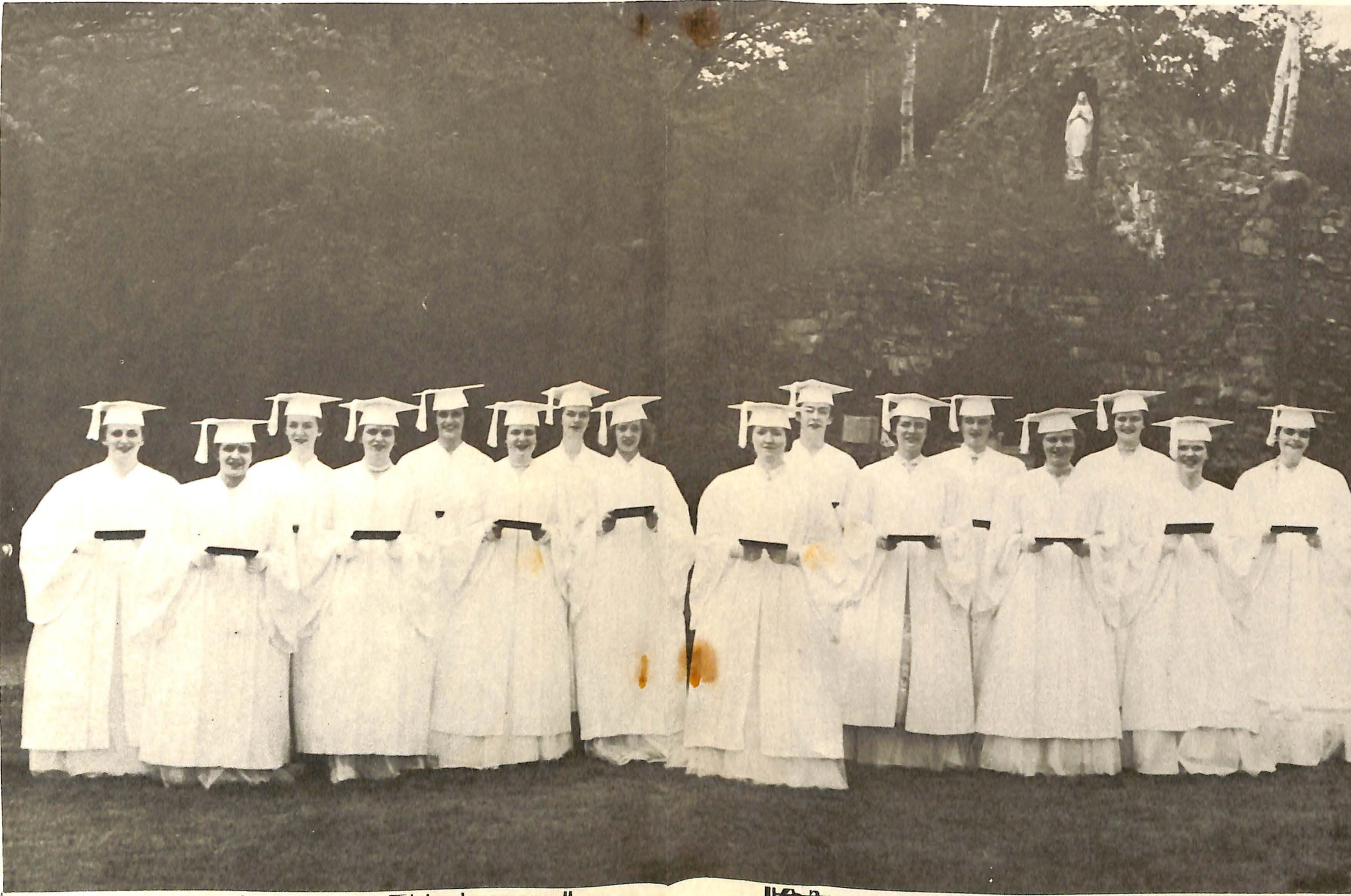


- 1. Ma - gni - fi - cat \*
- 2. Et ex - sul
- 3. Qui - a re
- 4. Qui - a fe
- 5. Et mi - se
- 6. Fe - cit po
- 7. De - pó - su
- 8. E - su - ri
- 9. Sus - cé - pit
- 10. Sic - ut lo
- 11. Gló - ri - a
- 12. Sic - ut e



For the alternate ver  
Grassi may be used. (

- 2. Et exsultávit
- 4. Quia fecit mihi
- 6. Fecit poténtia
- 8. Esuriéntes
- 10. Sicut locútus
- 12. Sicut erat in



- 1. ánima mé - a Dó - mi - num .
- ri me - o .
- ti - ó - nes .
- men e - jus .
- bus e - um .
- dis su - i .
- vit hú - mi - les .
- in - á - nes .
- æ su - æ .
- in sáe - cu - la .
- i Sán - cto .
- rum. A - men .



- me - o .
- e - jus .
- su - i .
- nes .
- sáe - cu - la .
- A - men .

