

● ATHLETICS/RECREATION REVIEW

Special Supplement to Campus Connection

March 28, 1988



The annual For the Run Of It saw 160 participants this year, with proceeds going to athletic programs and AdSum House, a home for transient women. Another charitable effort each year is the Dance for Heart held in February -- this year's event netted \$1000 for the Nova Scotia Heart Foundation.

● Recreation round-up 1987-1988

Intramurals have seen a dramatic increase, with 235 participants. Soccer was added this year, and men's ball hockey, co-ed volleyball and badminton were all very strong. All day Monday -- prime gym time -- is set aside for women's intramurals. Billiards, cribbage, darts and table tennis are also included in intramural competition.

Fitness classes, a total of 23 each week, are well attended but still small enough to allow elbow space and individual attention from the instructor. Free babysitting is available during morning classes. The eight-

week Spring Fitness program starts April 25.

Weight training has become more and more popular, especially since the purchase of Global Gym equipment.

Employee Fitness is increasing, with special programs this year for smoking cessation and back problems, as well as indoor/outdoor walks.

Other recreation activities are jazz dance, Tai Chi classes, the annual societies' volleyball challenge during Winter Carnival, and children's day camps during the summer and March break.

Women's Soccer

Nova Scotia College Conference (NSCC) winner for the second consecutive year. June Saunders was league Most Valuable Player for the second year. Caroline Rodgers and Tina Broderick were named to the All Conference Team.

Badminton

NSCC winner, going on to the national championships at the Canadian Coast Guard College in Sydney. Vandalea Creaser and Lynn Amirault were named to the All Conference Team. Coach Bruce Croft was named NSCC Coach of the Year



Women's Soccer (l to r) Back row: coach Chris Moore, Heather Stewart, Michelle Michalak, Tina Broderick, Angela Rennie, Caroline Rodgers, coach Peggy Boudreau. Front row: Lori Parsons, Dianne Morse, Claudine Fougere, Ann-Cherie Williams, Sonya Powell, Susan Murphy, Trina Burden. Missing: June Saunders, Shauna Duggan, Heather MacPhee, Kate Gillard.



Badminton (l to r) Back Row: coach Bruce Croft, Debbie MacDonald, Lynn Amirault, Vandalea Creaser, Erna James, Liann Moffit, Gail Ingarfield. Front row: Carl Lingley, Ray Bourque, Rob MacKenzie, Eric Boucher



Women's Basketball (l to r) Back row: Dianne Morse, Alison Sarty, Laurie MacCormack. Middle row: coach Anne Lindsay, Leora Pye, Nancy Rafferty, Heather Nicholson, Kim Little, assistant coach Peggy Boudreau. Front row: Amy Doucette, Heather Stewart, Nancie Gatchell, Andrea Drake, Paula Sweeney.

Women's Basketball

Finished in second place this season with a 9-3 record. Nancy Rafferty was named to NSCC First All Conference Team; Alison Sarty and Nancie Gatchell to the Second All Conference Team. Amy Doucette was named NSCC Most Valuable Player and was also named to the All Canadian Team of the Canadian College Athletic Association.

Women's Cross-Country

NSCC winner for the third consecutive year. The Mount runners all placed in the top four in each meet.



Women's Cross Country (l to r) Patti Strople, Margaret Kenney, coach Peggy Boudreau. Missing: Melanie Claude.

Women's Volleyball:

For the eighth consecutive year, the Mount's volleyball team has captured the NSCC title. The team will travel to Sherbrooke, Que., for the CCAA championships. Marsha Hickey was named to the All Conference Team. Roberta Mentis was NSCC Most Valuable Player and named to the CCAA All Canadian Team. Coaches Howard Jackson and June Lumsden were named NSCC Coaches of the year.

Mens Basketball:

Placed fifth in the league this season. This is the second year the men's team has competed in the NSCC. Rod Blake was named to the First All Conference Team.



Women's Volleyball (l to r) Back Row: Arlene Hollett, Pat Elliot, Kim Huard, Jasmin Uhthoff, Marsha Hickey, Donna Rice, coach June Lumsden. Front row: Roberta Mentis, Leanne Tanner, Cathy Lamey, Carla Hiltz, Darlene Himmelman. Missing: coach Howard Jackson.



Mens' Basketball (l to r) Back row: Manager Denise Fraser, assistant coach Glen States, Ray Burns, Paul Forward, Mark Forward, Mark Langley, assistant coach Rudy Kafer, head coach Louis Gannon. Front row: John Doody, Kevin Nettle, Alan Havill, Scott Verret, Rod Blake, Ross Mills. Missing: Paul Henderson