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The Athletics Recreation Review

April, 2000

The Athletics and Recreation Department had another exceptional year in its quest to provide a healthy and happy experience for the students and staff of Mount Saint Vincent

University and its surrounding communities. We were very pleased to have had more than 900 full-time Mount students register and use the Athletics/Recreation Facility this past year. That is approximately 42% of the full-time student body! With students, staff and

community members creating such a diverse group of clientele, we offer a variety of programs suitable for all ages and activity levels. We are constantly revamping programs and schedules to meet the needs of all our members, and to welcome new members. Some current activities include Box Aerobics, Yoga, Salsa and Swing Dance, Tae Kwan Do and Karate programs.

Our popular Day Camps for children provide structured learning and activities for children during march break, in-service days, and the summer holiday. We also operate a number of athletic leagues throughout the year for the community, such as spring and summer basketball, a badminton club, and women's and co-ed volleyball.

The Athletics/Recreation Society and Outdoors Society have done another great job in their commitment to campus life. Some of this year's events included kayaking in Mahone Bay, a ski trip to Martock, rock climbing in Bedford, a Halifax Moosehead's hockey game, various intramural leagues and tournaments, and theme nights at Vinnie's Pub.

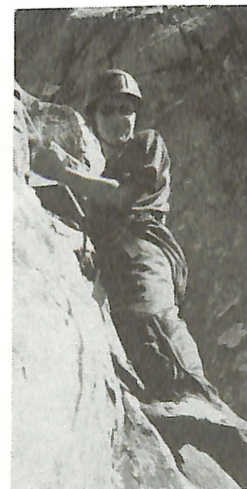
The Athletics and Recreation Department strives to provide quality events and services for all of our clients. Please drop into the Athletics Office anytime with any suggestions, or just to say hello. We would love to see you!

A special thank you to Moosehead Breweries, for their continued support of Mount Athletics and Recreation. The company gave ten "Moosehead Leadership Awards"

to recognize the contribution student-athletes make to university life. The purpose of this award is to provide financial assistance to student-athletes who, on the recommendation of the department of Athletics/Recreation, are in good academic standing, exhibit leadership skills and commitment to their team. Moosehead Breweries Ltd. and Mount St. Vincent University

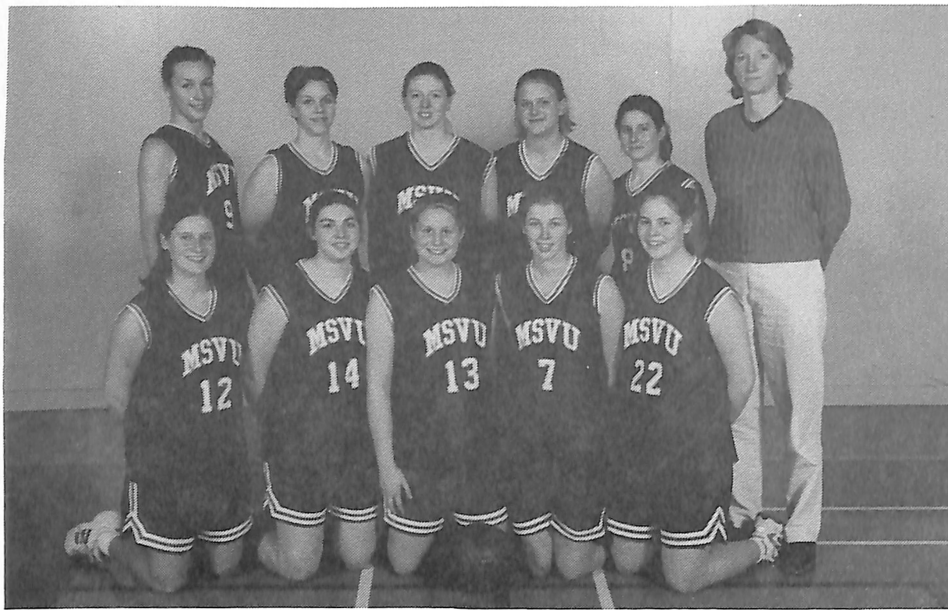
Athletics/Recreation would like to congratulate our leaders:

Nicole Dugas - Volleyball
Andrea Daniels - Volleyball
Leanne O'Hanley - Soccer
Gillian Costelo - Soccer
Tara Kinch - Basketball/Soccer
Tanya Hudson - Badminton
Peter Turnbull - Basketball
Ian MacRae - Basketball



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1999-2000 WOMEN'S BASKETBALL

Front Row (l-r): Nadia MacDonald, Sara Bisson, Andrea Dickinson, Monetté Pasher, Janice Hunt

Back Row (l-r): Erin Pelham, Vicki Veinotte, Shannon Fraser, Stephanie Hurley, Tara Kinch, Angie McLeod (Head Coach)

Missing: Denessa Pollock, Julie Clattenburg, Melissa Marshall (Head Coach)

The women's basketball team had nine of its twelve players in only their first or second year. The young team gelled off the court, but could not seem to translate this into wins down the stretch. A disappointing loss on the last weekend of play put the team's playoff hopes out of reach. This year's hard work led to marked improvement in many players, and the team is looking very strong for the next couple of years. Thank you to Tara Kinch and Shannon Fraser for four great years. Kinch was selected First Team All-Conference, while Vicki Veinotte received Second Team honours.



1999-2000 MEN'S BASKETBALL

Front Row (l-r): Trevor Langilee, Colin Brien, Alan Williams, Robert Turnbull, Peter Turnbull, Sean Flemming

Back Row (l-r): Ray Pierce (Assistant Coach), John Hall, Jason James, Jason Bruce, Dennis Wright, Jayson Taker, Ian MacRae, Rick Plato (Head Coach)

Missing: Garnet Wright (Assistant Coach), Andrea Plato (Manager)

The men's basketball team looked like a strong contender in the preseason to defend its ACAA title. However, the rest of the teams in the conference were not easily intimidated, and the Mystics struggled to a 4-3 record in the first term. The team worked hard over Christmas and garnered much media attention for its strong showing against AUAA teams in the Dalhousie Tournament in January. The winning continued, and the boys fought to a second-place standing heading into playoffs. This meant facing the host Mount Allison in front of a packed crowd in the semifinal. In a thrilling seesaw battle, the Mystics won 66-60 with help from Peter Turnbull's 19-point performance. The Mount met St. Thomas in the championship game for the third year in a row. The two teams traded baskets for most of the game, until the Tommies pulled away in the last five minutes to win back the title with a 76-63 victory. Congratulations to senior Peter Turnbull on his First Team All-Conference award. Jayson Taker was given the nod for the Second Team.

The volleyball team had a new look this year, with a number of rookies on the squad, including two new coaches. Struggling for consistency early, the team found its stride in January. They won four straight matches and took U. Ste. Anne Dragons to five games before falling victim to the defending champions. The Mystics finished the season in fourth place, which meant a rematch with U. Ste. Anne in the semifinal game at playoffs. The Dragons were too much, even for the much-improved Mount team, and won in three games en route to their fourth straight title. Congratulations to Andrea Daniels, Kristen Middleton, and Nicole Dugas on their All-Conference awards. Middleton was also named the ACAA Rookie of the Year.



1999-2000 WOMEN'S VOLLEYBALL

Front Row (l-r): Kelly MacNeil, Jennifer MacLean, Devon Day, Anna Rhymer, Kristin Middleton

Back Row (l-r): Angie Garner-Horne(Head Coach), Emily Rhymer, Nicole Dugas, Erin Joudrey, Kate Morrison, Andrea Josey

Missing: Leanne Whiting, Suzanne Fougere, Amanda Lindsay, Kirk Yanofsky (Assistant Coach)

The women's soccer team lost only once this year en route to a first place finish in regular season play. The Mystics were hoping to avenge last year's heartbreaking loss after penalty kicks to King's in the championship game. Defeating St. Thomas in the semifinal would be no easy task, though the Mount had won both previous meetings. The Mount started strong, scoring two goals in the first half, while holding the Tommies at bay. However, physical play by St. Thomas in the second half rattled the Mystics and the game was tied 2-2 at the end of regulation. The Mount had a couple of great chances in overtime, but could not find the back of the net. In yet another penalty-kick heartbreaker, the St. Thomas goalkeeper guessed the right way twice to help her team win the game. Congratulations to Leanne O'Hanley, Tara Kinch, Julia Champniss, and Jazmine Hayden on their All-Conference selections. Champniss was also named the ACAA Goalkeeper of the Year, and Rookie of the Year.



1999-2000 WOMEN'S SOCCER

Front Row (l-r): Annie LeGault, Nicole Champniss, Carla Melanson, Amy Doyle, Jazmine Hayden, Tara Kinch, Sarah Allt, Leanne O'Hanley.

Back Row (l-r): Kate Evans (Asst. Coach), Erin Gray, Nadine Melvin, Stefani Angelopoulos, Julia Champniss, Gillian Costelo, Jen Hutchinson, Angie McLeod (Head Coach) Donald MacDonald (Asst. Coach)



1999-2000 COED BADMINTON

Front Row (l-r): Susan Munroe, Grace Kinney, Brenda Durkee, Tanya Hudson
Back Row (l-r): Matthew Gudger, Chris White (Assistant Coach), Steve Greer
Missing: Mike Hingston (Head Coach), Kennie Mok, Jay Kinch

The Badminton team continued to grow this year, adding a few experienced players to its roster. In the first tournament of the year at U. Ste. Anne, Steve Greer and Tanya Hudson placed second in Mixed Doubles. Later the month, Hudson teamed with Susan Munro to win the Women's Doubles event at the UNBSJ tournament, while Greer and Grace Kinney came second in Mixed Doubles. At N.S.A.C.'s tournament in January, Hudson and Munro placed second, while Kenny Mok was the runner-up in Men's Singles. Kinney and Greer won their event at the last tournament heading into playoffs, while Hudson and Munro again placed second. The Mount hosted a successful ACAA Badminton Championships, in which the team finished fourth. Congratulations to Grace and Steve on winning the Mixed Doubles event in the Team Championships, and placing second in the CCAA qualifier. Tanya Hudson and Susan Munro were runners up in Women's Doubles Team Championship.



1999-2000 ATH/REC SOCIETY

Front Row (l-r): Jackie Thornhill, Nancy Lee White, Stacy Parsons, Brenda Durkee
Back Row (l-r): Jennifer Falconer, Amanda Swales, Laura Walsh, Richard Al-Tabagchali, Alison Patch, Scott Miller, Joanne Burns-Therriault
Missing: Alison Banks, Elizabeth Sencabaugh, Amanda Dwyer

A special thank you goes out to the members of the Athletics & Recreation Society and the Outdoors Club. Together these students contributed many volunteer hours organizing, promoting and running events for the Mount community. Through their efforts, hundreds of fellow students have had the opportunity to participate in numerous recreational events. This year, a record number of students took part in all activities. It's very rewarding to see so many students trying recreational activities for the first time that they otherwise would not have the opportunity, means or confidence to try on their own. On behalf of all of us, thank you. It's been a great year!