

the Picaro

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mount saint vincent university halifax, n.s.

Murtagh takes initiative

Student union considers sanctions

by Suellen Murray

To protest apartheid in South Africa, three student organizations are taking steps towards economic sanctions against President Pieter Botha's government.

The Mount Saint Vincent Student Council, the Corner Store, and the **Picaro** student newspaper are investigating boycotts of services and products they will accept for the academic year.

The research into boycotts was initiated by Peter Murtagh, council external vice-president. He received literature from Canadians Concerned about Southern Africa, a group assisted by the United Nations Special Committee against Apartheid. The pamphlet called for a boycott against several product lines, in-

cluding Paarl liqueurs, Outspan fruit, and Dominion and Lob-laws "No Name" products. But the groups, and Murtagh's, main concern is with Rothman's of Pall Mall Canada Limited. The anti-apartheid group claims that Rothman's, and the subsidiary Jordan Wines, and Carling O'Keefe Breweries are part of a South Africa-based transnational corporation.

Not wanting to lead student council into an irrational decision, Murtagh wrote to Rothmans in late July, requesting information on their relationship with the South African business community. In his two-page reply, Peter Bone, executive director of public relations, offered standard information on the corporation's operations, including:

"The major shareholder in our company is Rothman's International p.l.c. (R.I.) of London, England. R.I. beneficially own 3,923,803 common shares, or 71.2 per cent of the total;

We do not support the principle of one colour, one race, or one creed in Africa or anywhere else.

Rothmans Inc. and its subsidiaries employ approximately 6480 Canadians, who come from almost every imaginable background, colour, race, and creed. The only qualification we look for is the ability to do the job."

The South African business involvement was not mentioned.

Murtagh was disappointed in the reply, saying, "it tried to appeal to our sense on nationalism, rather than giving a concrete answer to the question". He plans to approach Rothmans again, and extend his research in order to identify corporations who justify a boycott.

The major existing concern is the distribution of Rothmans cigarettes and South African produce in the Rosaria Corner Store. Store manager Brenda Bourgeois is waiting for Murtagh's results before taking action. "I get my mandate from student union," she says, "and if they recommend a Rothmans boycott, I will certainly co-operate. I support the anti-apartheid movement personally, and as manager".

The Corner Store currently

carries 11 brands of Rothmans cigarettes. If a decision comes from student union, Bourgeois will discontinue her orders, resulting in profit losses of approximately \$2808 annually.

Bourgeois was angry when she discovered her produce supplier, Clover Produce of Lakeside had sent a shipment of South African apples to the store in July. She has directed them not to repeat the incident.

"Not only does purchasing the apples put money into South Africa, but it takes business away from Canadians. I'm from the Annapolis Valley, and I can't see why we have to buy apples from South Africa when they are readily available from Nova Scotia and British Columbia".

In August, the **Picaro** student newspaper advised their national advertisers, Campus Plus, that they would not accept advertising from Rothmans, Paarl, Jordan Wines, Outspan, and Carling O'Keefe Breweries. Campus Plus requires written policy by August 15 for the coming year, but exceptions can be made with reasonable notice. Based on Murtagh's findings, the **Picaro** will make a definite decision on the boycott.

But even if the results indicate a connection between Rothmans and South Africa's government, council president Shari Wall won't guarantee action will be taken. "I wouldn't like to see a council of 13 people make that kind of policy decision," she



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cautioned. "I would first like to see how the student population feels". Wall may be trying to avoid having the Council appear to be jumping on a social bandwagon. That charge was made against last year's council when the university was declared a nuclear-free zone. (That motion was introduced by former Board of Governors representative Frank DeMont and Murtagh on Feb. 8, and approved by the Board in May). At the council retreat on Sept. 3, communications officer Robyn Osgood cautioned the council against blindly joining any movements. But Murtagh rejects the idea that he is jumping on a bandwagon, insisting that his concern began before the violence in South Africa started to dominate the news. "I think it is the council's responsibility to cease any action that would contribute to South African rule. Realistically, it is all symbolic. We didn't expect to stop nuclear warheads from dropping with our zone motion, and I don't see Botha shivering in his boots because the Corner Store won't sell Craven "M". But we have to draw attention to the apartheid problem, and make some kind of social statement".



Unusually long lineups greet new and returning students throughout the week's registration sessions. This queue wound its way from the Rosaria Gym doors out past Vinnie's. Espejo Photo

Orientation '85 SOC's it to 'em

by Karen Toupin

Let's hear it for SOC. The Student Orientation Committee, chaired by Jan Thomas, helped bring off the most dynamic orientation week MSVU has ever seen.

"Orientation this year was for everyone," said Thomas, "because everyone was there. A lot of the returning students commented that it was the best orientation that they had ever participated in."

The week started with Playfair, an incredibly fun way to meet everyone. When one is forced to lock arms with a stranger and dance backwards it

is next to impossible not to get to know him or her.

The line-up for the first pub looked like a carbon copy of registration lines, but a lot more beer was drunk.

Tony Quinn got everyone singing along on Friday. An unexpected mass of people devoured all of the "all-you-can-eat pizza", leaving a few of the shorter, more timid frosh hungry.

"Even the gong show was a huge success, which we weren't expecting at all," said entertainment director Marina Kleyn van Willigen.

Suspensions that student union had overbooked entertainment were tossed aside when the

C100 Video Dance almost sold out.

"The frosh this year have more energy than any I've seen in the past. They're great... and attending everything," said Thomas.

Orientation ends this week when the three-band Double (triple?) Decker gets underway. Ticket sales are going well despite the hefty \$9 ticket price.

With the enthusiasm and friendly attitudes seen on campus in the last week, MSVU's age-old "Apathy" problem may become extinct. As Thomas put it, "we're going to do everything in our power to keep up this fantastic spirit throughout the year".

Rock climbing in N.S.

A presentation of films and slides on Rock Climbing in Nova Scotia will take place at the Maritime Museum of the Atlantic, Thurs., Sept. 19 at 7 p.m. A meeting will be held following the presentation to discuss the possibility and implications of developing a climbing association.

Anyone interested in climbing in the province is invited to attend.

Home chemistry course

Dr. Susan Boyd of MSVU's Chemistry department will be presenting a non-credit course, Chemicals in the Home, this fall. The course, designed for people with little formal background in science, will focus on the chemistry of consumer products used in cooking, gardening, hair care products, make-up, and deodorants. Classes will be held on six Mondays from 7 - 9 p.m., Sept. 23 - Nov. 4.

The People's Fair

Share—The People's Fair, a unique exhibit of social services, health, advocacy, recreation and education agencies, will be held Fri., Sept. 13, 1985—1 - 9 p.m. and Sat., Sept. 14, 10 a.m. - 3 p.m. at the World Trade and Convention Centre, Halifax. An opportunity to discover your community services.

Helpline training

Help Line, a seven-day, 24-hour telephone referral, information, counselling service is accepting applications for volunteers. A Human Relations Training Session will be held Oct. 4, 5, 6, 8, 9. Please have applications in by Sept. 23, 1985. For more information or an application form, phone 422-2048.

Student ID times

Student Union I.D.'s will be taken in the Student Union Office, Rosaria 404, at the following times:

Wed., Sept. 11 10 a.m.-1 p.m.

Thurs., Sept. 12 6:30-8:30 p.m.

Fri., Sept. 13 9:30-11:30 p.m.

Drama writing workshop

CBC Maritimes is committed to finding and developing writers of network-quality radio drama. As a part of that search, a one-day workshop on writing radio drama will be held in Liverpool, Sept. 21, 9:30-5:30.

CBC and the Dramatists' Co-op of Nova Scotia, with the support of the Nova Scotia Drama League, the Writers' Federation of Nova Scotia, and the Department of Culture, Recreation and Fitness, are sponsoring three workshops throughout the province. CBC Maritimes is committed to producing at least two or three scripts from workshops in the Maritime provinces. CBC's Sudsy Clark and Rosemary Gilbert will lead the workshops.

Registration is limited and is

on a first-come, first-served basis. The deadline for registration is Sept. 6. Send your name, address, and phone number, along with a check or money order for \$35 to:

Radio Drama
Dramatists' Co-op of
Nova Scotia
P.O. Box 3608
Halifax South P.O.
Halifax, Nova Scotia
B3J 3K6

*Please indicate that you are registering for the **Liverpool** workshop. For further information, contact the Dramatists' Co-op or your Local Organizer:

Chris Heide
General Delivery
Chester, N.S.
B0J 2E0
624-9215

Basic French course

Mount Saint Vincent University's Centre for Continuing Education is offering a non-credit program in French conversation, starting Sept. 10 and continuing every Tuesday evening from 7-9 p.m. until Nov. 26.

Instructor Andrea Bryson of the Mount's Modern Languages Department, will provide systematic coverage of the basic situation likely to be encountered with French speaking communities, while the use of audio-visual and notional-functional approaches will help students to acquire fundamental linguistic skills.

The classes are intended for those with little or no background in French who want to understand the language and communicate in daily life.

The Alumnae Special on DUET

The Alumnae Special, a series of interviews with alumnae volunteers, will be televised from the Mount's DUET facility here on campus via the Atlantic Satellite Network (ASN) to viewers in Nova Scotia, New Brunswick, Prince Edward Island, Newfoundland, Southern Ontario, Maine and Vermont beginning Sept. 12, and continuing for 13 weeks. Viewers in the Halifax area can tune in **The Alumnae Special** every Thursday afternoon at 2:45. Those outside the metro area should consult their local listings. Alumnae Officer Dilly MacFarlane and alumna Sheila Pender Wedge will be conducting the interviews and have guaranteed an interesting series of insights into just what the alumnae are up to.

Mount Saint Vincent Alumnae Association has initiated an

alumnae self-help project. The program will direct support to senior and single-parent alumnae, as well as metro area parents of alumnae living outside the province. Services such as minor household repairs, small painting jobs, resume writing, friendly visiting, counselling, grocery shopping and errand running are offered free of charge.

MountReach will also supply current addresses of an alumna's old friends. The programs' staff and volunteers will carry lists of lost alumnae to help update files and reunite alumnae with the association.

If you require further information or would like to make use of the services offered through MountReach, please phone 443-4450, extension 416.

September This month council presents . . .

1 Sunday	2 Monday	3 Tuesday	4 Wednesday	5 Thursday	6 Friday	7 Saturday
8	9	10	11 10 a.m. - 1 p.m. ID cards at Student Council Offices 9 p.m. - 1 a.m. Double Decker—Spoons with Drama, Bowser and Blue in the Pub \$9.00 wet/dry	12 2 p.m. Olands Tour— \$3.00 wet 6:30 p.m. - 8:30 p.m. ID cards at Student Council Offices 8:45 p.m. Student Council Meeting— everyone welcome!	13 9:30 a.m. - 11:30 a.m. ID cards at Student Council Offices 3:30 p.m. - 6 p.m. Friday in the Pub—Swell Guys Free! wet only	14
15	16	17	18	19	20 12 p.m. - 1 p.m. Grad Class Meeting— Aud "B" Topics: Valedictorian, Class President, Class	21
22 Alcohol Awareness Week begins—details to follow	23	24	25	26	27	28
29 Career Week begins— details to follow	30	31				

*sponsored by the MSVU Student Union

Government pushes AIDS information

by Katrina Aburrow

What is AIDS? What causes AIDS? Who gets AIDS? How is AIDS spread? What are the symptoms? Is there a cure?

Do these questions sound familiar? If not, they are posed and answered in the brochure **AIDS in Canada: What You Should Know** which is included in "grab it" packages on campus.

The packages are distributed by Robert J. Cleig, a Toronto based promotions company, and are available free of charge at the bookstore. Why do university students need information about AIDS?

Brian McGlynn, Sales Representative for Robert J. Cleig says that the Laboratory Centre for Disease Control, Health and Welfare Canada produced the pamphlet to publicize the fact that the disease is a growing health concern.

"Younger people should be exposed to the information not necessarily because they need it, but because they may discuss it more," explains Dr. A.J. Clayton from the Laboratory Centre. "At this time there is so much misinformation, primarily my job is to set the story straight."

"There is a great deal of confusion about AIDS and this brochure is very good because it explains things simply," says Sandra Cook, Registered Nurse at the Mount Health Office. "AIDS is a topic on people's minds today especially with movie star Rock Hudson having the disease, so the public should be educated. The university is a good place to start because it's a place where people ask a lot of questions."

It may seem strange to find AIDS information among credit card forms, discount coupons, and shampoo samplers. But although the method is unusual, the information will reach about 80 per cent of Canada's student population as the packages are distributed to universities and community colleges in urban parts of the country.

Although there are a few institutions in smaller cities which will be excluded, the pamphlets will go to about 60 institutions across Canada. There were close to 300,000 pamphlets available for distribution, to give Health and Welfare to get as much coverage as possible.

"Essentially, we wanted to utilize as many ways as possible to convey our information," comments Dr. Clayton. "Last year the method we used was conducted in supermarkets, but after being approached by Cleig we decided to use a new method."

The pamphlet is recent assuring the most up-to-date information possible. But it wasn't included in the brochures that arrived at the Mount Health Office from Health and Welfare Canada. Although the Health Office wasn't aware of the pamphlet, they feel that it is effective. "People tended to disregard former information on AIDS because it is thought that the disease was restricted to homosexuals," says Cook. "Any information on current health issues is valuable, and AIDS is a current health issue."

Corner Store problems heat up: Manager demands action

by Shelah Allen

It is unusual to hear a Maritimer complain about the heat, especially after one of the hottest summers in years. But the heat in the Rosaria Corner Store has manager Brenda Bourgeois steaming.

Patrons and staff of the Student Union-operated shop have been experiencing temperatures which held steady at 100 degrees C. for weeks. The fall climate has brought the temperatures down about 10 to 15 degrees, but the conditions are still far from acceptable, and Bourgeois is demanding action.

The continuous intense heat has resulted in monetary losses, health and safety risks. Bourgeois reports that between \$250 and 400 dollars have been lost as chocolate bars melted to soup, fresh bananas and apples rotted, and milk products soured prematurely. But Bourgeois is more concerned about the health and safety risks such conditions impose. Student cashiers have complained of headaches and dizziness, and have adopted the couch outside the store as their refuge from the heat when no customers are present.

The most serious health risk came when pop bottles stored in the shop began exploding. "When a bottle can explode and the cap hit the ceiling that's dangerous," Bourgeois stresses.

The high temperatures are the result of lack of circulation and a single control air conditioning system which reflects Rosaria Centre's architectural flaws. Bourgeois states that when Ro-

saria was built no practical provisions were made for the store. The third floor facility is very small with only one door and no window openings. The electrical room is located directly behind the store and leaving its door ajar is considered a fire hazard. As well, the four large coolers in the store must work constantly to keep their contents cool, creating even more heat. Another cooler must be installed this month.

Short term solutions to the problem have included Executive Assistant to the President, Michael Merrigan's suggestion that a heavy-duty fan be installed. Bourgeois disagrees with this solution, saying that fans only move the hot air around and do nothing to reduce the stifling heat.

In another attempt to temporarily alleviate the swelter, maintenance staff are attempting to create an "egg crate effect" by removing some of the ceiling panels and installing a fan in one of the openings. The theory being applied is that the hot air will rise and be sucked up to the ceiling by the fan.

But Bourgeois wants a permanent solution to the conditions which have existed for over a year, and she is threatening action if nothing is done soon. "This will not go on for another year," says Bourgeois. "Either there will be a permanent solution or I will strongly suggest to the Student Union and the Health Commission that the store close."

Such a move would cost the Student Union thousands of dollars in revenue annually, as the Corner Store is its major source

of income. This reality has prompted Student Union president Shari Wall to suggest that in the event of the university purchasing a small air-conditioner for the store, council would be willing to consider cost-sharing arrangements. But an air-conditioning system would cost between 10 and fifteen thousand dollars, and its purchase could be a controversial move, as the Student Union pays annual rent to the university for the Corner Store property. A proposal for the purchase will be included in the 1985/86 university budget discussions, which resume after fall registration. No decision date has been set.

In the interim, memos continue to circulate between the administration, the Physical Plant, and Bourgeois. And the heat goes on. Bourgeois jokes that "in winter, when everyone else in this building is freezing, we're still warm". But in a muggy climate, she laments, it's a small consolation.

Giving credit where it's due

We neglected to acknowledge the work of **Picaro** and photopool staff who contributed to the Orientation Issue. Contributing to the paper were Suellen Murray, Eduardo Espejo, Shelah Allen, Rob Moffat, Steve Jennex, and P.D. Coffin. Photos were by Scott Frizzell, photopool director, and Eduardo Espejo.

DIAMOND MEMORIES

In the fall of 1955, a small group of students at Mount Saint Vincent College decided the school had gone too many years without a student newspaper. Their idea, however, was met with little enthusiasm, and they were given no support and no money. Finally, after a month, they persuaded the secretarial department to run the six-page paper off on the aging Gestetner machine, but only after promising to double it up with their department newsletter. *The Vincetian* hit the newsstands in November.

Thirty years later, the name has changed, the paper has grown, and our operating budget is slightly larger. With the excitement of the 60th Jubilee, the **Picaro** staff decided it was an opportune time to produce a new **Picaro**, with a new look, new features, and new columns.

But the Jubilee is also a time to realize that the Mount existed a long time before most of us did. With that in mind, the **Picaro** will be running a blast from the past each week, beginning with this story, which appeared in the Halifax papers 30 years ago, announcing that Mount students had found their voice.

Student Paper Making Debut

A "Name The Paper" contest in connection with the Mount St. Vincent student publication, scheduled to make its debut on the news stands this week, is attracting wide interest at the college. Results of this contest will be published in the first issue of the paper. The winning contestant will receive as a prize one year's free subscription to the paper which will carry her choice of title.

This latest collegian project is under the supervision of Janet Pottie while assistant editor is Nancy Fry. Other editors include Phyllis Bonang, news; Barbara Essery, departmental; Marguerite Inglis, business managing; Cloth-

ilde Belliveau, publishing manager; Barbara Rogers, feature stories, and Janet Dupuis, sports, as well as several reporters and typists.

Regular articles in the paper will be editorials, thumb-nail sketches of the faculty and students, a sports column and a student opinion poll. Varying with each issue will be the feature stories of collegians and their activities, coming events and reports of monthly college club-meetings.

The board of editors decided to produce the paper every two weeks. The first few publications will be mimeographed by secretarial students instead of printed. Eventually the girls hope to produce a paper that will take its place among the leading college newspapers of the world.

P.S. If you think that getting involved in student activities doesn't pay off, keep in mind that the first editor held office as Chair of the Board of Governors for three years (but only after promising her third-born to the 1985 **Picaro** staff).

Mount

1925/1985

Hyde Park Corner

Every Sunday morning at London's Speaker's Corner in Hyde Park, people haul out their soapboxes and megaphones to air their grievances in public. **The Picaro** would like to extend the same opportunity to Mount students. If you have something to get off your chest put your bitches, bugs, or bothers down on paper (double-spaced type, please) and bring it to the **Picaro** office by Friday at noon. All submissions must be signed, and we reserve the right to edit for length and legality.

On banning country music

by P.D. Coffin

Hardcore country music has got to go. I don't mean the softcore material put out by the likes of Kenny Rogers, the Eagles, or Neil Young. I mean the real down home, fragrantly obscene type found only in underground radio stations or in Lower Sackville.

I'm sure we've all had the experience of turning on the radio only to be bludgeoned with that annoying wail of steel guitars, which accompany the most painfully mundane variety of melodramatic lyrics. Lyrics that cling to three basic themes: drinkin', fightin' and needin' yer man.

It's difficult to determine which of the following two is the most offensive about hardcore country music: the noise it makes, or the content of its general message. The noise is at least bearable for a few minutes under certain circumstances, for instance pulling up to a rural gas station and having to endure the fecal sounds which are infecting the area. For me, it's the tacky lyrics that justify the censorship of what we'll just call "country".

It's naive and simply wrong to say that country is harmless. I wouldn't go so far as to say that the attitudes of adults are unduly influenced; adults (most of them anyway) have full possession of their faculties. Adults can decide for themselves whether or not to wear gaudy plaid shirts, or use chewin' tobacco, put rhinestones in their ten gallon hats, or say "y'all". My concern lies with our children.

Yes, these little ones who aren't yet able to make such decisions for themselves, who have uncritical minds. As it is, any innocent toddler need only turn on the television to be molested by the banal and twangy sights and sounds of TNN—the so-called Nashville Network on pay T.V.

Granted, today's children have been exposed to a lot of grotesque sights on T.V. and in gory movies, but none of this compares with the hideous spectre of some cheesy tart and her fat husband whining such unforgettable, moving words as "don't come home a drinkin' with lovin' on yer mind", "she flushed me from the toilet of her heart", "if ya don't hear the phone a ringin', you'll know it's me" or my personal favorite, "Gracie, you're so grungy you make my bowels contract".

The criminal code of Canada prescribes the censorship of hate literature, reasoning that it will incite real people to harm other real people. Surely we can extend this principle to include the regulation of country music. God knows what kind of society we will have when today's infected children grow up and become our leaders, after being subjected for so long to the infantile, sexist and anti-life values espoused by country music. The endless chorus which seeped out of Bangor in recent years late at night may have already done irreversible damage.

The argument may be expressed in a simple syllogism. Even country and western fans will understand it in time. The major premise is that any kind of musical, or audiovisual material which causes direct or indirect harm to humans is justifiably prohibited. The minor premise is simply that country music of the hardcore variety is that kind of material.

Our natural conclusion is that country music is justifiably prohibited. Try not to view this as a violation of the right to free human expression. I prefer to think of it as the removal of a spreading tumor.

"On Banning Country Music" was originally broadcast on the **Upwardly Mobile** morning show on CKDU-FM as a "Plain Speaking" editorial.

Sermon on the Mount

Eduardo: So. What's the big message this week, Suellen?

Suellen: Well, we need something inspiring, deep . . . yet 25 words or less

E: We could be the one-thousand, six-hundred, and seventy-fifth person, group, or poster to welcome the students to the Mount.

S: Sort of like student union, but without the exclamation marks.

E: Methinks you're jealous. I noticed that the **Picaro** office was the only one in Rosaria without a line-up in front of it this week.

S: Maybe they got lost.

E: Not likely. Actually, I want to talk about involvement.

S: I thought we were just friends.

E: We're not listening, are we? I'm trying to think of another word for apathy, because I'm really sick of hearing it.

S: Oh yes. The dreaded "A" word.

E: Exactly. The strange condition that traditionally hits Mount students every time there is an election, a committee meeting . . .

S: But how do we seriously talk about involvement without the risk of having them ralf all over the paper?

E: Maybe we shouldn't bother after all. They probably have better things to do than get involved, advance their careers, meet new people, make valuable contacts . . . we'll just have to do it all ourselves.

S: Yeah . . . don't feel guilty . . .

E: Uh . . . yeah . . . we can do it . . .

S: . . . yeah.

Vox Populi

The **Picaro** will be posing questions to Mount students each week, with the comments and respondents photo running in next issue's **Vox populi** ("voice of the people") column.

In this week's issue, we reported on the steps being taken by student union to protest the apartheid policy in South Africa.

Do you think students should participate in organized or personal boycotts of South Africa-based businesses?

A **Picaro** reporter and photographer will interview students at random during the week for their replies. Students are also welcome to submit their replies to the **Picaro** office, Rosaria Centre, 4th floor, and arrange for a photo to be taken.

the
Picaro

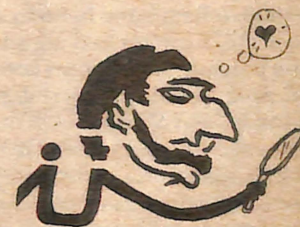
Once upon a time, **Picaro** was a little man who tore through the Spanish countryside proclaiming the news to the people. Today, it is the student newspaper of Mount Saint Vincent University, published weekly by the Student Union. **The Picaro** is a member of Canadian University Press, and subscribes to its statement of principles.

The **Picaro** staff positions are open to all Mount students, and contributions are welcome. All copy and/or graphics must be submitted by Friday noon, the week preceding publication. Please type all copy double-spaced, if possible. Letters to the Editor and Hyde Park Corner must be signed, but names can be withheld by request. The **Picaro** staff reserves the right to edit all copy for length or legality. We regret that copy cannot be returned.

The **Picaro** office is tucked away on the fourth floor, Rosaria Centre, in room 403. Drop by to contribute to the paper, or bring us coffee.

Staff
Co-editors: Suellen Murray
Eduardo Espejo
Production Manager: Shelah Allen
Ass't. Production Manager: Katrina Aburrow
Entertainment Editor: Karen Toupin
Graphics Team: P.D. Coffin
Steve Jennex

and this week . . .
Robert Moffat
Lisa Courtney
Gale Arseneault
Annette Woodard



The **Picaro** indulging once again in basic unabashed narcissism.

Canadian University Press MEMBER

Canadian magazines discover Mount talent

by Suellen Murray

Two Mount public relations students made their big breaks this summer and had articles published in nationally distributed magazines.

Steve Jennex, a third year student and graphics designer for the **Picaro** had his article in the August issue of **Atlantic Insight**, the Maritime regional magazine. **Music Express**, the biggest-selling Canadian music magazine carried a piece by Karen Toupin, a senior student, and **Picaro** entertainment editor, in July.

Neither student intended to venture into magazine journalism. Jennex wrote his article for Judy Scrimger's advanced writing and reporting class last fall. The assignment covered the urgent need for preservation of Nova Scotia lighthouses. It received an "A" from Scrimger, a professor with a reputation as a tough marker. At her suggestion, he mailed it to **Atlantic Insight**, and promptly forgot about it.

At the end of April, editor Ralph Surette called, with interest to develop the article into a cover story for a summer issue. "I did a bit of research into the

project, but with a regional scope, it would require more time and travel than I could give to it", says Jennex. "I decided to give it up." But Surette would not let it go, and after some editing, "Darkness Falls over Lighthouses" was published in the August issue. Jennex received \$275 for his efforts. "I was originally promised five hundred, but considering the exposure I got, and the magazine's present problems, I felt lucky to get what I did."

Karen Toupin's opportunity was no less of a surprise. Although she had never been published outside of the city, she has been building a reputation in the entertainment industry through her work at the **Picaro**, and at the Conference On-Campus Activities (COCA). At a June COCA conference, Toupin noticed that one of her favorite bands, Halifax-based Steps Around the House, were the only group without a promotion kit. With help from Marina Kleyn van Willigen, Mount entertainment director, she whipped up a kit overnight. The next day, it caught the eye of **Music Express'** associate editor Keith Sharp. "He was interested in the band, but he really liked

my style," says Toupin. "He said it suited the industry." Sharp originally intended to write a piece on the band, but suddenly changed his mind. "He told me that once, a long time ago, someone had given him a chance, and today, he was going to give me mine. My article was due on his desk in two weeks."

Toupin made her first deadline, and the article made the "New Faces" section of the July issue. Although she has not been paid yet ("he promised me it would be 'not a lot, but not a little'"), it is paying off in bigger ways. She is being considered as the Halifax columnist for the magazine's regional news section, and a full-time job has been offered after graduation. With ambitions towards entertainment public relations, Toupin considers the work a surefire career investment.

Jennex is leaning towards a television career, but with the encouragement he received from Surette, he will continue to send manuscripts to magazines across Canada. "As far as I'm concerned, the **Insight** thing was a lucky strike of lightning," he says, "but who's to say it won't happen again?"

"Darkness Falls over Lighthouses" and "Just Steps Away" will be reprinted in future **Picaro** issues. Students interested in submitting unsolicited material to Canadian publications can consult **Words for Sale**, published by the Periodical Writers Association of Canada, and the **Canadian Writer's Guide**, published by Fitzhenry and Whiteside. Both books give information on addresses, content restrictions, audience, payment, etc., and can be ordered through select Halifax bookstores.

association of Canada, and the Canadian Writer's Guide, published by Fitzhenry and Whiteside. Both books give information on addresses, content restrictions, audience, payment, etc., and can be ordered through select Halifax bookstores.



Fritzell Photo

Litter Could Pile Up

by Katrina Aburrow

The Mount is known for its beautiful grounds, but that could change shortly if student littering continues to increase. It not only costs in an environmental sense, but also in a monetary sense as we pay \$5,510 to keep the Mount clean.

"This may not seem like a lot, but it's just one more university cost that is for a service to the student. However, it could be used for a better service that a student could enjoy more," said Carol Goodwin-Hatt, Head Gardener. "It's not much money for upgrading a campus, but imagine if the entertainment committee could use the money or if it

could be used to upgrade the Mount's computers."

This year Goodwin-Hatt plans to start an anti-litter campaign to prevent littering, which has been on the rise each year. The campaign may consist of a comic strip in the **Picaro**.

She has made efforts to make it easy for people not to litter on the campus, and if any student could suggest a place where a garbage can is needed, she would be happy to supply. Goodwin-Hatt commented "I took into account that people buy at the Corner Store and then walk to Seton by having garbage cans on the terrace and in the woods. People know where they are but they often take them for

granted."

In her first four years here she never had to pick up any litter because students never thought of littering. There were also no garbage cans because they weren't needed either. The first cans installed were actually 45 gallon drums which were replaced by the more decorative cans. In the last five years however, there has been an increase every year with the problem of littering.

It's hard to understand why people litter at the Mount when the "amount of damage is proportional to the appreciation of the campus". Goodwin-Hatt said "Our campus' style isn't conducive to littering, whereas Saint Mary's University is made of concrete and high rises which is a 'non-human environment'."

Goodwin-Hatt believes that people aren't vindictive when they litter, it's just that they don't think about it. About 10 or 15 years ago, the government had an ecology movement which increased awareness.

"On a positive note, I would never leave the Mount for another university because the students here do have a genuine love for the university. I'm grateful for the students we have here as vandalism is non-existent as compared to other universities."

New face in student union

by Shelah Allen

There's a new face in the student union office. She is friendly and keen but she is **not** a member of the student union. Anne Street is the new administrative secretary to the student union.

Street was hired in July after a council committee including executive members Shari Wall, Carol McInnes, Jim Hines, and former president Alice MacKichan selected her from over 60 applicants and following 11 other interviews. Student Union President Wall says Street was hired because, "she was very pleasant and chatted a lot". One visit to the council office confirms this.

Street, 43, comes to the Mount following 19 years of "just being at home". She and her husband, Dalhousie business professor Robert Street, have two daughters, Heather, 20, and Susan, 17. While raising her children Anne actively aided many health related volunteer organizations including Unicef, the Kidney Foundation and local hospitals.

The student union job is a return to Street's earlier secretarial career. She received her secretarial training at Halifax Vocational and has worked at both the Dalhousie Institute of Public Affairs and at the University of Western Ontario.

Street says that her experience in those jobs and the contact she has had with her husband's students makes relating to students "nothing new" to her. She has no difficulty with being supervised by people younger than herself, "as long as I know what my job is".

President Shari Wall says council is pleased with her work, commenting that, "there is an awful lot to learn in stepping into a position that has been filled by one person for so long".

Street replaces the familiar face of Melanie Melpass who will be departing Halifax shortly to travel in Europe with former MSVU Student Union President Teresa Francis. Melpass, who worked with council for three years is only in her early twenties.

As for Street, she says she is trying things out and, "may not stay forever". In the meantime she smiles and says, "it is an interesting challenge".

Street's annual salary comes from the student union fees designated for "Salaries" in the cost breakdown. Also included in this category are the bookkeeper's salary, and the student union president's summer income.

Picaro exclusive

Munroe-Mitchell Wedding

Craig Munroe, co-editor of the 1982-83 **Picaro**, was married on Sat., Sept. 7 to Patti Mitchell, his sweetheart of two years. The wedding mass was held at All Saint's Cathedral, Halifax, and followed by a Lunenburg-style reception and party at the Oakfield Golf and Country Club.

Both Craig and Patti will be students at the Mount this year! Craig is taking the final credit of his Public Relations degree, while Patti is beginning her full-time studies in the faculty of arts.

Craig is the public relations assistant at the Dalplex where Patti conveniently works as a receptionist.

The **Picaro** staff (particularly the production manager) extends to the happy couple, heartfelt congratulations and a request for the right to their firstborn for production staff.

Best wishes.

Orientation '85



Espejo Photo

University President Dr. E. Margaret Fulton targeted her wise words to both faculty and students throughout orientation week. Fulton hosted a dinner at the cafeteria on Wed. Sept. 4.



Orientation chairperson Jan Thomas and red SOC T-shirts. Jan and her com ever.



Mount students mercilessly devour their slices of pizza while Tony Quinn pokes fun at every bastion of society. The turnout was impressive with people fighting for spots along the walls and on steps. The beer ran, the jokes hopped and the pub crawled in what could be stereotypically called a good time (cliche) among university students during Frosh Week.



The gong is struck to indicate the act was too terrible to bear any longer during the Gong Show Friday night, Sept. 6.



It's a good thing joke telling ability is not a prerequisite for serving on student union. If it were Garfield Hiscock and Peter Murtagh would be in trouble as the gong indicated only a few minutes into their act.

- It was better than ever



(right) pauses with some of the hardworking members to show off their white
tee's work paid off with this year's orientation being one of the most successful



This aspiring roller skating star takes advantage of the roller skating soiree hosted by admissions and alumnae. The event was well attended and nobody broke a leg.



Sunny skies, a strong breeze, lots of beer and seafaring students assured the success of the harbour cruise on the Mar II on Sat., Sept. 7.



A crowd jumps up in the air acknowledging the month they were born in while at the orientation week kick-off event Playfair.

Frizzell Photos



"Hey bartender. Can I have a beer for me and my bee?"

SUNS continues to support N.S. students

by Robert Moffat

Immediately after the Atlantic Federation of Students (AFS) dismantled in 1978, a new organization emerged to accept the challenge of lobbying for Nova Scotia's university students. Although its beginnings were shaky, due mainly to poor internal administration, the Student's

Union of Nova Scotia (SUNS) has since laid down a strong foundation on which to face its responsibilities with renewed confidence.

By unifying the masses from its 11 member institutions, SUNS boasts approximately 20,000 members. In the past few years, this force has had some

notable victories. In October of 1981, SUNS rallied 4,000 students in Halifax to demonstrate against the Federal Government's proposed cuts of transfer payments for education (EPF—Established Programs Financing). Subsequently, the Feds backed down.

In the summer of 1983, SUNS, with the support of the media and the public, lobbied John Buchanan's provincial government to add two million dollars to its student job creation program. On top of this, SUNS and its allies pressured education minister Terrance Donahoe to revise

the criteria for the Provincial Bursary Program in order to make the money more accessible to students.

The list goes on.

Such accomplishments are born in executive meetings held every two weeks, and during the major provincial SUNS conferences for members and interested visitors. At the executive level, the chairperson, deputy chairperson, campaign co-ordinator, and treasurer perform the administrative tasks, as well as forming think-tank sessions. However, it is during the five to six provincial conferences

where member institutions meet to share information. When voting on SUNS issues, each delegation carries one vote per motion, ensuring equal status for all universities, regardless of size.

SUNS continues to wrestle student issues such as financial aid, visa-student services, and housing, operating on funds received from student union fees. As Peter Murtagh, SUNS communications co-ordinator and the MSVU representative points out, "for the price of a beer, each student receives a lobbying group working in their interest".

Student Union President's Message

On behalf of the other members of the Student Council I would like to wish all the new and returning students great success in the upcoming year. Speaking now for myself, it sure is great to see lots of people of all ages back on campus (but do you all have to be in the bank and bookstore lines!).

We have spent the summer trying to get organized and to make plans for this year. We pledged \$12,000 towards the establishment of an annual \$1,000 Mount Jubilee Scholarship. We sent representatives to conferences of SUNS (Students' Unions of Nova Scotia), CFS (Canadian Federation of Students), COCA (Canadian Organization of Campus Activities), COPUS (Canadian Organization of Part-Time University Students) and a Leadership Conference at the University of Western Ontario. At the COCA Conference we won an electronic notice board which should be arriving any day; we also "discovered" Playfair, Bowser and Blue, Lara, and many other acts we will be seeing this year.

We hired a new Secretary, Anne Street, renewed our contract with Buckley's Pharmacy for our drug plan for full-time students (Give them our Student I.D. card and prescription, initialled by the MSVU Health Office and in most cases you receive the drugs at no charge). We put some finishing touches on the Student Union Constitution which we hope to put to a referendum Oct. 8 and 9.

We have increased to almost \$20,000 the portion of fees we allot to societies and associations on campus. We have been meeting with representatives of MANUS so we as the Student Council can better understand and attempt to meet the needs of the non-traditional students here at the Mount. Be sure to stop by the Multi-Purpose Room (MPR) in Rosaria on Wednesday, September 25 to find out about the societies which are active on campus.

We, along with the Student Services, Alumnae and Admissions Office planned and carried out a very successful Orientation. Thanks go out to Jan Thomas and SOC people, Marina Kleyn van Willigen, Chef Rene, Marc Neima, the Picaro staff, the Councillors and all others who helped.

We have some new ideas for this year. We may be establishing the position of alternative programmer. We are working with the Student Unions of other Metro universities to persuade Metro Transit to implement a student bus pass. We are holding an alcohol information and awareness week. If you have ideas or suggestions for other things we should do this year, please tell a councillor or come along to one of our meetings. It is only when we know what the students want that we are able to improve life at the Mount.

The Student Council is a resource available for you to use. We are on the 4th floor of Rosaria Centre and will be open daily (and on some evenings, too!) to serve you. We shall be holding by-elections the 8th and 9th of October to fill several vacant positions. If you are interested in being a representative for Education, Public Relations, Office Administration, *International or Part-time Students, a full-time student Senate Rep., the Academic Vice-President, Board of Governors Rep. or Co-op Education Rep. (*provided the new constitution passes) please see Jim Hines, Executive Vice-President or myself.

I can only encourage you to participate in your years at the Mount. I feel I can safely say that it was some of the SOC members who enjoyed orientation the most. Get the most out of the Mount; Get involved!!

Have a Great Year.

Shari Wall

Drug Plan underused by students

by Gale Arseneault

On a tight budget? Dreading the upcoming cold and flu season? Not to worry! Eleven dollars of your Student Union fee allows all full-time, on and off-campus students, access to a drug plan.

The plan covers all prescription drugs except some skin medications and birth control pills.

Each year, for the past eight years, the Student Union negotiated with a local pharmacy to determine the terms of the drug plan. The Student Union sets a pooled amount which is divided among all full-time students. This year, the plan is operated through Buckley's Pharmacy on Jubilee Road.

In order to use the plan, you need a written prescription from either the Health Office doctor, or your local family doctor. The prescription from your family doctor must also be signed by the Health Office, and can then be taken directly to Buckley's, sent out through the Health Office or picked up from and delivered to any residence on campus. Off-campus students can pick up their prescriptions from the Health Office. Deliveries will be made only to on-campus residences.

Non-residence students are among the majority who do not know about this plan, with limited exposure and publicity limited in past years. The Health Office did its best to let students know about the program. "We tell the students who come in here about the drug plan," says Diane Tinkham, a nurse in the Health Office. If the students do not go to the Health Office, there is little likelihood that they will know about and use the plan.

The Student Union is working towards a better plan that will eventually include health insurance along with drug coverage.

The current plan "is the best we can have", according to Student Union president Shari Wall. Says Wall, "It's been working

well, it's convenient; we wish more people would take advantage of it".



WELCOME ABOARD

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Why don't you come up and see us sometime?

Dilly MacFarlane
Alumnae Officer
Evaristus 215
local 136

Have the Spoons lost their shine?

by Karen Toupin

Not long ago while walking down Barrington St., a neon "Sale \$4.99" sign nearly blinded me. Recognizing the cheap side of me, I decided to satisfy my curiosity. Commercial jingles of "only you'll know how little you paid" danced through my head as I checked out the oversized T-shirts splattered with bold geometrics. The five was out of my pocket until... a Canadian pop star wearing too much make-up jumped out at me. Yes, there on the brand tag in living colour was, "As worn by Derrick Ross (of the Spoons)". Sorry, but I nearly killed myself laughing.

But, this is no laughing matter. It's actually heartbreaking to see the Spoons, who were once considered the epitome of Canadian pop, spending more time announcing "back-to-school" sales than recording music.

The last Spoons project was the *Tell No Lies* E.P. which featured the songs, *Tell No Lies* and *Romantic Traffic*. That was recorded in December 1983. Since that time certain Spoons' solo projects include a movie, *Listen To The City* in which Sandy Horne (bassist) starred, and the soundtrack to the same film written and performed by Gordon Deppe (lead vocalist and



guitarist). Keyboardist, Rob Preuss was also featured on the album. It's been well over two years since *Talkback*, their last complete album.

The Spoons began with a

promising career. They started in 1979 with Deppe, Horne and drummer, Derrick Ross. By the end of 1980, 15-year-old Rob Preuss had answered an ad for a keyboardist and was immediate-

ly accepted.

In early '81, they released their first album, *Stick Figure Neighbourhood* which was a college radio station smash. The band's second album, *Arias*

and *Symphonies* was released in the fall of 1982. The hit, *Nova Heart* is still a fan fav.

Their popularity increased so rapidly that they hit the U.S. touring with Culture Club.

Then came *Talkback*, the album which helped bring their name to almost everyone's lips in 1983. At least three tracks from that LP got extensive airplay across Canada. At this time that radio DJ's were saying things like "They will be Canada's biggest marketable product ever—or I'll eat my socks". It's a good thing that deck shoes without socks became so trendy.

On their Canadian tour of *Talkback*, the Spoons added a new funky horn section. (Now Phil Poppa on sax and Tony Carlucci on trumpet.) This new sound was a wild crowd pleaser.

The rest is history. They are still touring, still playing old favorite hits and unfortunately still doing Thrifty's and Maxwell commercials.

What is so sad is that I still consider the Spoons to be good, even great, and they do have the potential to be the epitome of Canadian pop stars. With thousands of other Canadians, I am waiting and will continue to wait for the new Spoons project. But there is only so long you can wait before something new and better comes along.

Bowser & Blue: No Hunting Dogs

No, Bowser and Blue aren't hunting dogs, although they've probably been called worse. They are an entertaining duo who will bless the Mount (excuse the pun) with their talents on Sept. 11 as part of this year's first double-decker. George Bowser and Ricky Blue (hmmm, real names?) have been amusing audiences with their delightful blend of comedy and song since October 1978. That's when Montreal said good-bye to its modesty.

These two can put open-minded audiences on the floor with laughter. Their show is built around a large repertoire of novelty songs most of which they write themselves. Not only is their show hilarious, but with added guitars and blues harp, it's also musically entertaining. Both Blue and Bowser are busy studio musicians and songwrit-

ers with many recording credits and awards for their musical talent.

One word of advice—if you're offended easily by sexual innu-

endos, don't even set foot inside the pub. Bowser and Blue never let good taste stand in the way of a joke.



Intense drama in the MPR

Drama, a new high-energy techno pop band just 10 weeks old, will open for the Spoons on Sept. 11 at 9 p.m. at the Mount's Multi-Purpose Room.

This young, male, five-piece band plays a variety of danceable pop including *Simple Minds* and *Strange Advance*, but their musical emphasis is on original material. Plans to record in the near future are now in the making.

Local talent agent, Hazen Horseman, describes them as, "Solid! They're very visual. They're dripping with young sexy bodies." (I'm not quite sure what that means but I intend to find out. I'll keep you posted.)

Drama consists of vocalist Peter Ettinger, keyboardist George Wedge, bassist Chris Lamb, guitarist Paul Craig and drummer Thom O'Brien.



Art's Pond by Steve Jennex

LET'S PLAY FAMOUS PEOPLE CHARADES.

OKAY, YOU THINK OF SOMEONE FIRST!

LET ME SEE... AH... UM... AH... ER... UM... AH...

WAIT! I KNOW. JOHN TURNER. RIGHT?



Second City will have this city in stitches

by Eduardo Espejo

It's here, it's now, it's the all new LBR beverage room in the Lord Nelson Hotel. What's more, to kick off the opening the LBR presents Canada's number one comedy ensemble, Second City Touring Company.

The entertainment is not the only thing that will keep you happy at the LBR. There has been a complete kitchen installed which offers great food and drink priced for student budgets. Presentation of a university I.D. allows you to take advantage of the 2 for 1 special on anything the full tavern menu offers. This offer runs until Oct. 31, with the exception of Sept. 21 and 22.

"We will be featuring ribs as our special menu item," says Judy Yorke, general manager.




It's those silly-off-the-wall-uproariously-zany-bitingly political-ruthless-madcap-nutso-ought-to-be-tied-up group that we have all grown to know, love and disrespect, **Second City**.

The food and fun are going to be hand in hand this year at the LBR and the management is just dying to prove it to you. Dig these Second City review headlines.

Social satire and improvised comedy skits are the specialty of Second City's talented road show troupe. They will be appearing at the LBR on Fri., Sept. 20 and Sat., Sept. 21 for two shows nightly, 7 p.m. and 10:30 p.m. Admission is \$8, students \$6.

Energy is Key in Second City. (Burlington Post)
Second City group has them in stitches at Blue Mountain (Sun Times)
One hilarious hit list (Winnipeg Sun)
And that's only the beginning.



The
Second
City


Touring Company

Presents: **Friday, September 20th**
Saturday, September 21st

Two Shows Nightly
7:00 and 10:30 P.M.

Admission \$8.00
Students \$6.00

"The Second City Comedy Cabaret is an irreverent hoot from beginning to end."

The **Lord Nelson Hotel** 

The LBR
is really cooking
now.

Great food and drink priced for student budgets with everything under \$3.95!

Until October 31, 1985 our entire menu is priced 2 for 1. So bring a friend!

Presentation of valid university I.D. card required.
Menu special not valid September 20 & 21, 1985.

Hours: Monday - Wednesday Thursday - Saturday
10:00 AM - 11:30 PM 10:00 AM - 1:00 AM

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What we do for love:

Mount to stage 'A Chorus Line'

by Eduardo Espejo

It looks like the Mount's theatre production people have a policy of "no five and dime stuff" this year and have made that clear by slating **A Chorus Line** as their winter production.

The fall show will be a drama that is yet to be picked but **A Chorus Line** is clearly their drawing card. The show, which is still running on Broadway, will be directed by Marc Neima and Patrick O'Neill.

After months of painful deliberation, Neima, along with O'Neill and musical director Paul LeBlanc, decided they were going all the way. Marc, who is also the producer, offers no

apologies for the ambitious undertaking.

"Since I have been involved with the Mount's drama we have been doing more and more difficult shows. I think we have the talent. We don't want to do another **Snoopy** (last year's musical; an overwhelming success) because it's time to grow."

"Snoopy was a really good show but it's time to move on to bigger and better things," he said.

Their determination to do a top job will become immediately obvious when their auditions for the winter production start on Sept. 17 and run to the 19th, 7-10 p.m. each night. The show's production staff will be

working in conjunction with the Athletics and Recreation department to put on dance classes for the show's cast.

The show's Musical director, Paul LeBlanc, will be looking for musicians for the show and production help at all levels will also be sought.

One of Marc's biggest concerns is the new students. "I'm really interested in seeing new students get involved. Experience is not important. It's the dedication I am after."

Patrick Coffin who played the title role in last year's **Snoopy** had this to say about this year's shows. "Yep."

Tacky Tourist pub sets tasteful tone

by Katrina Aburrow

Vinnie's Pub was full to capacity with 150 students, dressed to kill in loud prints and tacky brights of 100 per cent sweaty polyester at the Tacky Tourist pub night, Wed., Sept. 5.

Many forgot to talk loudly about sports, politics, and how things are done back home as they were excitedly catching up with old friends or meeting new ones.

There was a definite ambiance

of tackiness throughout the night as 350 people paraded in and out of Vinnie's doors for the event.

A lot of the tourists neglected to don sunglasses in the brightly lit hallway outside the pub while waiting in line for up to half an hour for a vacant spot inside.

One supposedly tackily dressed freshman was surprised by people who liked her outfit, but wondered why she was not dressed distastefully. Perhaps she has yet to tour the downtown bar circuit?

Entertainment director, Marina Kleyn van Willigen was enthusiastic when commenting,

"It was a very successful night, but it's too bad that we had to send people away. It's the kind of pub where people come for the night. Wednesdays are the nights where you don't walk in to have a beer and then leave afterwards."

It's too bad that Paul Savage, the comparatively untacky C-100 disc jockey, clashed with the florescent streamers, paper bees, and multi-colored balloons. Although he did not contribute to the decor, he did give away tickets to last Saturday's Spinners concert.

Wednesday night pubs will continue throughout the year with a variety of themes in store. Tonight, however, the regular pub night is preempted as Bower and Blue take the stage for the Orientation Double Decker.



Frizzell Photo

Some serious dancing was happening at the Tacky Tourist pub during orientation week.

Peter!

Peter Murtagh, Esq.
External vice-president,
SUNS representative, and

l'homme extraordinaire
was 22 yesterday.
Best wishes from
your next-door neighbours.

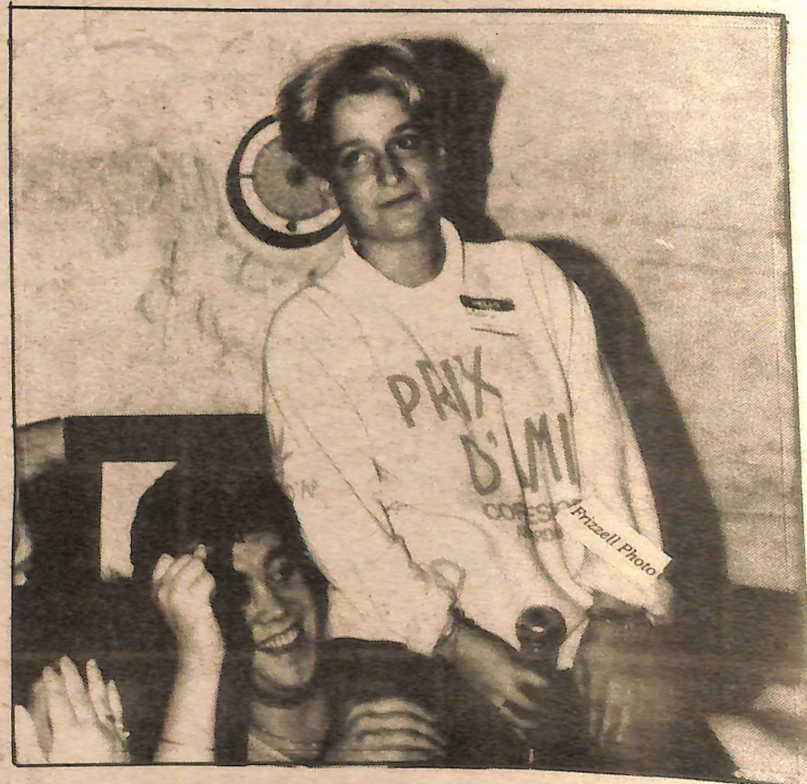
AUDITIONS!

multi-purpose room

SEPTEMBER: 17 18 19

7 to 10 p.m.

Tuesday Wednesday
Thursday



Entertainment director Marina Kleyn van Willigen sits on the shoulders of Frank Demont while receiving a standing ovation at Vinnie's pub.

Women's volleyball team aims for nationals

by Lisa Courtney

Last year with only four returning players, the MSVU Women's Volleyball Team had a lot of work ahead of them. Not only did they lack experience, but they had an impressive team reputation to maintain. The previous four years has brought MSVU volleyballers the Provincial Championship titles and the

last three years has seen them at the nationals.

Presented with this challenge, the girls dug in. Practicing started early in October and they opened the season with convincing victories over Coast Guard College, 15-6, 15-0, 15-12 and University College of Cape Breton, 15-11, 15-4, 15-8.

During the year they participated in major tournaments in

Cape Breton and Saint John. They ended the season with a record of 20-0, earning the title of Provincial Champions for the sixth consecutive year.

The team was off to the Nationals in Regina, Saskatchewan and unlike any other year, they made the medal round and brought home a bronze. Team member Jackie Coyle won "All Canadian" and "All Star" of the

tournament.

This year coach June Lumsden is looking towards another banner year. She feels that hard work combined with lots of spirit is the key to victory. This year promises trips around Nova Scotia, New Brunswick and a tournament in Quebec is being looked at. The Nationals are being held in Vancouver.

The season is long, from Octo-

ber through March, but hard work, lots of spirit and some skill will provide players with the chance to work closely with other Mount students, see some of Canada and meet people from other universities.

Every spot on the volleyball team is open to anyone who shows desire and skill. The first tryouts are on Oct. 3.

Successful summer fitness program promises future projects

by Annette Woodard

The Mount's first-ever summer fitness program has been so successful it will probably be offered next year, says Frank DeMont, summer activities co-ordinator.

On June 18, a noon-hour aerobics program began and all gymnasium facilities were opened to MSVU students, faculty, support staff, interested people and visitors.

By charging fees for some activities the university has kept operating costs at zero. Student

services expanded the activity schedule soon after aerobics started and Frank DeMont was hired as co-ordinator.

The pioneer summer project created by Pat DeMont, co-ordinator of physical education and recreation at MSVU, began when people asked for summer aerobic classes. An instructor was hired when 10 fitness-hungry people signed up. "Pat prides herself on meeting a need," said Frank DeMont, "and so she filled the request for organizing a class."

Twenty people paid \$40 each

for a Tuesday and Thursday noon-hour class with Lynn Kazamel, a graduate from Dalhousie's physical education and recreation program and a part-time MSVU student. The majority of the class were faculty members, university employees and students.

Other activities were offered from 5:30 to 10:30 p.m., Mondays, Wednesdays and Fridays. An average of 15 to 20 people paid \$1-per-night to play basketball, volleyball, badminton or to use the Nautilus equipment and exercise room. Frequent visitors

were Elderhostellers who used the saunas, ping-pong and pool tables.

Costs for summer activities were paid by users, not the university. Kazamel's bill for teaching was covered by 10 memberships or \$400. Fees beyond the 10 members plus the \$1-per-night charge, paid DeMont's salary. As long as summer programs can financially support themselves, DeMont said, such activities will likely continue.

At one point the program's future, and DeMont's job, were in jeopardy. The first two days no

one showed up. "I thought 'This is going to be a disaster. I have to do something,'" he said. "So I called up my basketball buddies and told them about it. Then we put up pink (information) posters everywhere. People just didn't know when we were open."

Gymnasium facilities remained open according to the summer schedule until fall registration. The last aerobics class took place on Aug. 22. Information on fall fitness and recreation programs is now available from the A/R office.

Don't be a cafeteria rat

Normal rats, fed ordinary rat food, maintained their expected weight, but when these same rats were offered free access to a wide variety of appealing foods, they overate, and became overweight.

You have paid for your meal plan, and everything in the cafeteria looks yummy, so why not have that second helping of lasagna or an extra dessert? STOP! Have you heard about the ten pounds a semester many students gain while living in residence? Aside from the possible

health hazards of excess weight, overweight people often suffer from poor self-image. For tips on "How to Stay Slim Eating in the Cafeteria", (or "How to Lose Weight Eating in the Cafeteria") see the flyer of the same name on your cafeteria table.

Full-time, part-time, and off-campus students: the MSVU nutritionist is available to advise you in the following areas: normal nutrition, weight control, therapeutic diets, evaluating 'fad' diets, co-ordinating fitness and weight control programs,

budgeting your food dollars, and proper food storage tips.

My office is located in the Athletics/Recreation offices, first floor, Rosaria Centre. Drop in to make an appointment, or call 443-4450, ext. 152. Office hours are Monday from 8:30 a.m. - 12:30 p.m., and Wed. and Thurs. from 8:30 a.m. - 4:30 p.m. Evenings upon request for group sessions.

Janet Fenerty
Nutritionist

Positions available on Recreation council

Have you noticed all the students getting involved in clubs and societies, and wished you could be too? Well, if you have been looking for one for yourself, the Recreation Council might be right for you. The council is looking for people who would be interested in representing students from residences, off-campus, part-time studies, and other clubs and so-

cieties. The members act as liaisons between the Athletics and Recreation office and the student bodies for whom they represent.

To name just a few things, we need people to help plan student activities, make posters, help out at special events, explain to groups what's coming up, write articles for the *Picaro* and put up fliers. If you think you might

be interested in becoming a member of the Recreation Council please join us at our first meeting on Tues., Sept. 24 at 4 p.m. in the Athletics/Recreation office, Room 223, Rosaria. The Council then continues to meet on the first and third Tuesday of every month.

Come and get involved—you will be glad you did.

Meet your goals with athletics

"Well... last year was pretty good but this year is going to be super. I'm going to hit the books and get A's straight across the board. I'm going to join six committees and put something on my resumé. I'm going to get this bod back into shape and loose all those hamburgers, hotdogs and cold beers I had over the summer. Plus I'm going to go to all the Mount events, meet oodles

of people and make lots of buddies."

"Just call me the 'human wonder'."

Big ambitions, great ideas, but who can cram all of that into the 196 days of the academic year? Athletics and Recreation (A/R) in Rosaria Centre can help.

The department offers activities for individuals and teams, for those with a competitive

spirit or for those just out for a good time. They offer everything from pingpong to fitness classes to self-defence sessions to intramurals to intercollegiate teams plus much more.

You may even want to join the Recreation Council, write sports columns for the *Picaro* or help with events like the annual "For the Run of It" and "Jump Rope for Heart"

Intercollegiate team tryout times

Rosaria Gymnasium		
Women's Soccer	Tues., Sept. 10	4:30-6:30 p.m.
	Wed., Sept. 11	4:30-6:30 p.m.
	Thurs., Sept. 12	4:30-6:30 p.m.
	Coach—Kevin Marks	
Women's Basketball	Wed., Oct. 2	5:00-7:00 p.m.
	Thurs., Oct. 3	4:30-6:00 p.m.
	Wed., Oct. 9	5:00-7:00 p.m.
	Coach—Anne Lindsey	
Women's Volleyball	Sat., Oct. 5	
	Tues., Oct. 8	4:30-6:30 p.m.
	Thurs., Oct. 10	4:30-6:30 p.m.
	Tues., Oct. 15	4:30-6:30 p.m.
	Coach—June Lumsden	
Badminton	Tues., Oct. 8	6:00-8:00 p.m.
	Tues., Oct. 15	6:00-8:00 p.m.
	Coach—Greg Porter	
Men's Basketball	Wed., Oct. 9	7:00-9:00 p.m.
	Thurs., Oct. 10	6:00-7:30 p.m.
	Coach—TBA	
Hockey	TBA	



Get Moving!

Athletics / Recreation Program