

THE PICARO

Mount Saint Vincent University Halifax, Nova Scotia Vol. 24, No. 15

Friday, February 3, 1989



Caritas Day gave Mount students the day off to partake in community service. What did you do?



PICARO

Beat the February Blues

by Celia Sollows

Many are suffering from the February Blahs, a common condition among students. Workloads reach an all-time high and people on campus wear strange, disturbed looks on their faces.

The M.S.V.U. Public Relations Society members have been studying this condition in-

tensely over the past few years and they believe they may have uncovered a major breakthrough.

In an attempt to rectify the problem, the PR Society is holding a suitcase party on February 9 at Vinnie's Pub. This fun and somewhat mad event invites contestants to arrive at the Pub at 3:30 p.m. with packed suitcases. The lucky winners of the trip for two will be rushed to the

airport at 5:30 p.m. to catch a flight to Boston. Accommodations are included in the prize package.

Tickets for the draw are \$3.00. Susan Morrison, chair of the entertainment committee said, "People can afford it at that price and it will be the cheapest trip you'll ever get--it's a ticket for two so it's only \$1.50 each for a trip to Boston."

Donna LaFave, PR Society president, added that the odds of winning are good. "The tickets are only \$3 and the prize package is valued at about \$800," she said. "Your odds are about 1-150 so you've got a darn good chance of winning."

Tickets are available from January 30 until February 8 on the third floor of Seton. The flight accommodations are compliments of Air Canada.

Drugs: a one way trip...

Travel carefully. Don't join other Canadians in prisons abroad.

Using or transporting drugs abroad carries serious penalties including the death sentence. Even if you are travelling with others who are carrying drugs you can be found guilty by association.

The Canadian government cannot intervene in a foreign legal process. It can only try to ensure that you get the same treatment as local residents. So, travel carefully. Please.

La drogue: un voyage sans retour...

N'empportez pas de drogue dans vos bagages. N'allez pas rejoindre vos compatriotes qui moisissent dans des prisons étrangères.

Dans certains pays, le trafic de drogue est passible de la peine de mort. Si vous êtes pris en compagnie d'autres personnes qui transportent de la drogue, vous risquez d'être condamné pour complicité.

Quand vous êtes pris dans l'engrenage judiciaire d'un pays étranger, le gouvernement du Canada a les mains liées. Tout ce qu'il peut faire pour vous, c'est de veiller à ce que vous soyez traité comme un citoyen de ce pays. Alors, pour l'amour du ciel, ne faites pas de folie quand vous voyagez.



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news

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(Yes, we do have a few!)

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PICARO

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Opinions expressed on our comment pages are those of the authors, not of the Picaro staff.

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More Abuse from Lambert and James

by Marla Cranston

How many people do you have to offend to be banned from playing in Vinnie's Pub? Suzanne McCarthy, our new Board of Governor's representative, wants to know.

At the last student union meeting, she pointed out a gross contradiction. She commended the union for its socially conscious decisions to buy rainforests and feed the hungry at Hope Cottage. At the same time, she condemned the union for allowing the homophobic comedy duo Lambert and James to perform in Vinnie's Pub.

Despite the protests of McCarthy and other concerned students, Lambert and James will perform in Vinnie's Pub on February 10 at 3:30 pm.

At the January 29 council meeting, McCarthy's comments sparked much heated discussion. A motion to ban Lambert and James was defeated by only

one vote, showing how divided council is on the issue.

Each councillor plans to attend the performance. If material is very offensive and homophobic in nature, council will then decide whether the act can play here in the future.

The comedians have already been banned from performing on several campuses, including Dalhousie and the University of Saskatchewan.

Rob Holden, council entertainment director, was reluctant to cancel Lambert and James because the contract has been signed. Council would lose \$350 of the students' money if the act was banned.

"I've probably had 50 people ask me why Lambert and James haven't played in the Pub this year," added Holden. "I haven't heard any complaints about them until now."

External VP Cheryl MacKenzie said, "I'd rather spend the \$350, honour their contract, and

have them not play. They're vulgar and rude."

Holden has warned Bob Lambert about students' concerns. "We can't really tell them how to do their job," said Holden. "I've asked them to tone it down because there are students on campus who find them offensive. At the same time, nobody is being forced into seeing them. Admission is \$2 at the door."

Last year there was quite an uproar when Lambert and James appeared on campus. Angry letters from students and faculty flooded the Picaro, regarding the offensive posters and content of the show.

Plastered across campus were signs inviting students to "Come and Get Abused by Lambert and James". The posters have since been changed. This year they read, "Aliens from the Granite Planet". This year the posters and ads will state clearly that some material may be offensive.

After the show, councillors

will make a final decision, even though some councillors still feel that the team should not be given a last chance.

Suzanne McCarthy urged council to show some leadership. "It's kind of exciting to make change happen," she said. "Why should we support comedians who poke fun at homosexuals, a group of people who have few rights?"

Senate representative Naomi Martin summed up the contradiction best at the council meeting. "How can we sponsor events that promote hatred, yet at the same time develop an AIDS policy?"

VP Finance Jan Thomas reminded council members that they could have prevented the act from coming long before a contract was signed. "We had problems with Lambert and James last year," she said, "so we should have told Robert (Holden) not to book them this year. Now it's too late and it's our own fault."

"I was very offended by the movie the Last Temptation of Christ and some people don't like Eddie Murphy," Thomas continued, "yet they're not banned. There will be people at the Mount who will enjoy Lambert and James."

Juggling Jobs, Kids and School

by Susan Marsh

You've all seen her; she may even be in your class. She's probably older than you and is always rushing off to work or day care but she always seems to have her homework done. You can't imagine how she does it.

She is what Mount Saint Vincent calls a non-traditional student and she makes up approximately 57 percent of the student body. How she does it is through hard work and a whole lot of planning.

Heather Hampson is a single divorced parent with a three-year-old son. She works part-time and goes to school full-time. Not long ago she was up all night with her sick son and next day fell asleep in the front row of her business ethics class. "There's got to be an easier way," said Hampson. "Working is definitely easier than going to school. I feel like I'm running behind a car."

Hampson laughs when she says it because that is just on the bad days. She is looking for a new career and she sees school as the only way to do it.

Marie Dauphinee-Booth returned to school because she too was dissatisfied with her career. "I decided that if I was going to do it I'd better do it now," she said.

With a six-year-old daughter, a husband, and a job, her biggest problem is the time. "There is

not enough time to do a good job in school and not enough time to do a good job at home," she said.

Julie Willdey, a part-time student and mother of three older children also thinks that time is the biggest problem. She said, "You have to set aside packets of time for being mom or wife or whatever."

But having a family has its advantages too. The support of their families is what keeps them going. "My two sons helped me alot...", said Sandra Simourd. "If I didn't have the support of my husband or my family I couldn't get through it. It would really be easy to quit." Hampson agrees, "If it weren't for my mother I wouldn't be there. There's someone standing behind me."

Support may be all that keeps them going in the tough times but they all think that, in the long run, they can handle school better than younger students. "Non-traditional students are used to juggling, now they just have a few more things to juggle," says Joyce Deveau Kennedy, assistant director of the Center for Continuing Education.

In spite of the ability to juggle, coping with being a non-traditional student is tough. But well-defined goals, a willingness to sacrifice and strong family support help them to succeed. It may even give them the edge over their fellow students.



Mount men make a mockery of beauty pageants during this year's winter carnival. Lee White was crowned Mr. Winter Course '89.

Copyright Kills Movie Night

by Jean Sloan

Did you ever wonder why movie night in Vinnie's Pub was cancelled last fall?

It just so happened that the Student Union was unknowingly breaking a copyright law by showing movies in the Pub.

Kelly Fisher, Alternative Programmer at M.S.V.U., said the films were cancelled after a representative from Criterion Pictures in Montreal called to inform her of the infraction and said there would be a \$75 copyright charge for every film shown. "These are movies people could rent for a few dollars at home or in their residence," said

Fisher, "Why would students come to the Pub and pay to see films on monitors they bought? I just didn't think it was fair".

Fisher wants to inform students that the monitors will better serve students' interests after the winter carnival. Beginning at 3:00 p.m. weekdays, excluding days booked for entertainment, Another World and General Hospital will be shown for Soap-Opera fans and will be followed by a movie from the Arts and Entertainment channel at 5 p.m. The schedule for these movies will be posted in the Picaro.

So as not to exclude any student who might want to relax in

the Pub, these events are wet/dry and there will be no cover charge.

The copyright law does not mean an end to movie night altogether. "A Fish Called Wanda", a recent comedy which has received excellent reviews, will be shown in the Multipurpose room February 6 at 8:00 p.m. Tickets are \$2.00 in advance and \$3.00 at the door.

The student union may incur a slight loss because of the copyright charge but Fisher believes that in her capacity as Alternative Programmer she has a responsibility to students to bring in movies.

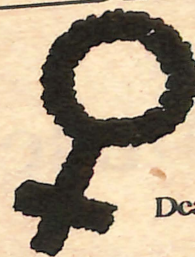


PICARO

comment



We need submissions for our upcoming Women's Issue. Deadline for stories, poetry, graphics and photos is Monday, February 27.



Abortion Speakers

Dear Editors:

Co-editorial

It has been brought to my attention that the Student Union's new revised Constitution does not include the Mount mission statement. I was under the impression that these Student leaders were suppose to represent the students. In this regard, the majority of the population of this institution extract great encouragement from the fact that women's education is a priority; encouragement to get out and obtain that degree that will help to have a chance in a "man's" world. I believe the Student Union should make it a priority too. Refusing to do so leads me to believe that they are rejecting the number one goal of the Mount.

short and saucy Chris Gallant



OPEN HOUSE FOR High School Students

An opportunity for high school students to learn about Mount Saint Vincent University

Friday, February 3
Monday, March 6
Monday, March 20

For more info. call Admissions Office
443-4450 ext. 128

The Other One

I'm all alone. I'm sure Ted the security guard is the only other soul rattling around these hallowed halls. The paper is laid out - except for a big white space where my editorial is supposed to go. Where do I begin? Not even the soothing strains of Vivaldi's "Les Quattros Stagianos" can help me now.

It's been such a big week for issues. Lambert and James are coming back to abuse our intelligence once again. Caritas Day came and went - I spent the day at the Business Conference - what's your excuse for not volunteering your day off for a good cause? Speaking of volunteering, Stephen Lewis recommended during his speech on Wednesday that each one of us should take a chunk of our lives and volunteer full-time.

Lewis also explained the importance of being direct and forthright in everything we do. That's an idea I'm digesting already by reading Dostoevsky's "The Idiot". Words to live by. By editing the Pic, I've realized that being diplomatic isn't always the answer. Directness usually helps me get things done faster, even if people like me less for it. I really respect that quality in people.

A self-proclaimed feminist, Lewis told horror stories about the difficulties women have in getting good positions within the United Nations, an organization which is supposed to stand for freedom and equality. Meanwhile, men at the Mount staged a beauty pageant. I think their intent was to show how ridiculous and degrading these pageants are, but a few "contestants" got carried away. One eager young gent said he deserved to be Mr. Winter Course '89 because he had "the biggest tits". If that's not bad enough, some exhibitionist exposed himself in the packed pub on Wednesday.

Jean Chretien spoke here about tensions between French and English Canadians. Michael Keating will discuss environmental issues on Wednesday. A friend of mine showed me a grisly photo of a rotting elephant carcass, with only the ivory tusks missing.

At both the PR and Business conferences, I had to walk around with my Mickey Mouse mug because I refused to drink out of styrofoam, which is all that was supplied for coffee.

All of this - in just one week! In every single class taught by Dr. Robert Lake, I get a list of ideas for editorials. I'd like to expand on all of these issues, but I'd like to think about them some more. There's one thing I know for sure. If I wasn't a member of the university community, I might not spend so much time thinking about these things. Take advantage of the speakers here, and the professors and students around you who have such a wealth of knowledge to share. Open your mind, and you'll discover that there's something to learn every day of your life.

Marla Cranston

I feel it is my responsibility to respond to the demands of the students in regard to abortion. Since it is not my intention to let the student body know where I stand on this very personal and controversial issue, I will leave any "editorial comments" out of this letter and tell you the facts.

On March 7, 1989 at 7:00 p.m. in Seton Aud. C, you will have the chance to hear a lecture by a representative from the PRO-CHOICE Organization. Elaine Wright will be discussing the foundation of the pro-choice group in Halifax, abortion as an issue, and the accessibility in the province of Nova Scotia. Ms. Wright will be lecturing for approximately 30-40 minutes, then the audience will be able to ask questions.

Then on March 14, 1989 at 7:00 p.m. in Seton Aud. C, we will be visited by a representative of PRO-LIFE. Pat Tanner will be discussing the foundation of the pro-life group in Halifax, as well as abortion as an issue, and the goals of the organization. The agenda for this lecture will include a slide presentation, as well as a question and answer period.

It is neither my intention to spark controversy, nor is it to divide the student population at the Mount. These lectures are to educate, inform, and "let both sides be heard", and should be seen as such. I appreciate everyone's opinion on this topic, but these women have been invited to come, and should be treated as guests. Protests, demonstrations and aggression will not be appreciated at either of these lectures. If anyone has any comments on these up and coming events, please come and see me in the Student Union Office any time. I will be more than happy to hear any suggestions you may have. I am here to represent you!

Thank you,
Kelly Fisher
Alternative Programmer,
M.S.V.U. Student Union.

THE LATE FEES
FIRING SQUAD ROOM



LeFevre/86

Graphic/ Imprint

To the Editors:

I admit, our light hearted exchange has been unfortunate; not because of the personal digs, (that confirm immaturity, and have actually been rather amusing on both sides), but because we have diverted from the subject at hand, which deserves a greater sensitivity than (in my opinion) was shown in your original article and in our subsequent "discussion".

Oppressed

To the Editors:

Let me begin by expressing my appreciation for the co-editor's consideration in choosing our business conference as the subject of the Picaro's editorial two weeks ago. As you, dear Editor, feel compelled to express your views and opinions, so must I.

As an elected executive of the Business Society as well as an active member of the conference committee, I feel obligated to address the issue of female participation or involvement that arose from the editorial entitled, "Leadership". The statement made in reference to lack of involvement and leadership is misleading. The co-editorial proceeded to form an opinion based on assumptions that were not researched and invalid. An intelligent opinion is based on solid fact. The editorial does not represent solid fact, therefore is this an intelligent opinion?

The business conference committee consists of 75% female participation. As well there are active women (and men) contributing to every aspect of Business as well as student council functions. For example, out of the 17 student council reps, 14 are women. There are 5 out of 5 women filling appointed positions.

In closing I ask the co-editor if she would in the future consider representing women in a positive nature as opposed to "oppressing" them with her own pen.

On behalf of the Business Conference Committee,
Catherine Gardin,
V.P. Finance
Business Society

Linda McLeod.
"Sexist? I don't know, I don't care-but the guy on the front is sort of sexy!"

There is a question that seems far more important than our diversions... It does not seem consistent to say that, "There's no right or wrong - the Supreme Court decision can attest to that," while at the same time asserting the absolute quality of (or the right-ness of) a personal opinion. Indeed, who is to say that the Supreme court is given infallible insight into morality? Perhaps we are not saying that at all. I would beg to differ that there is a "right" and a "wrong" that each of us fights between every day. The concreteness of our actions bears directly on our inner attitudes toward these "personified" opposites.

This is indeed why the abortion issue cuts to the heart, the outer world is but a mirror of our own souls. An even deeper question is that perhaps we are doing much more than killing pre-born infants, perhaps we are killing ourselves? There is a child within each of us, if only we could hear his/her voice...

Would you be kind enough to put aside our "mutual resentments" and address the objective arguments against the Pro-Choice stance? I would very much like to learn from you, and our student readership is, I'm sure, just as eager.

With weary affections,

(Mr.) J. Randy Bowers

Editor's Note:

The Picaro's student readership has already learned how I feel about the abortion issue. I could go on for weeks, but there are other issues I'd like to address in my upcoming editorials. If your heart is set on a debate, Mr. Bowers, I'd be glad to speak with you in person.

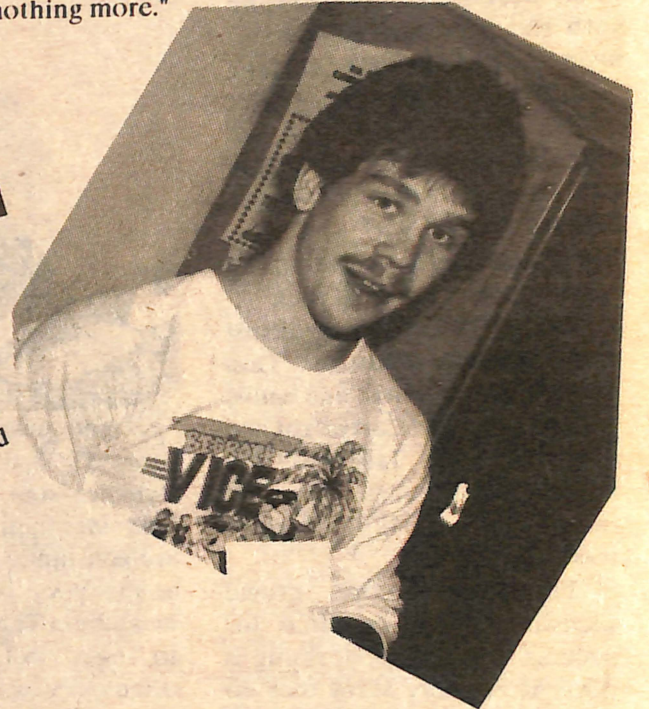
VOX POPULI

Do you think the Business Conference brochure is sexist?



Susan Smith, BSc.
"The people presented in the picture seem to be posted in non-sexist positions. The highlighted man in the forefront merely enhances the advertisement, nothing more."

Kevin Charles Jones, BSc.
"No. The woman in the top-most of the picture is doing work (answering a phone) just like the rest of the persons involved be they male or female."



Heather Selwyn-Smith, BPR.
"No. I don't believe a computer-generated graphic can be in anyway sexist. I think this whole issue has been overrated."



Karen Casey, BBA
"No, but I guess it depends on who is interpreting it. Personally, I should concentrate on bigger issues rather than who is in dark print on a cover of a brochure."



Darlene Doucet, BPR
"I don't think it was intentional but more attention should have been put to the design. For a women's university it could be considered sexist."





PICARO

RAZORBACKS:

Canada's answer to "Fun, fun, fun"

by Shirley Gay

If you happened to be on Barrington Street last weekend, you may have felt heavy vibrations in the concrete outside the Misty Moon Cabaret. Anyone with the presence of mind to investigate the sound behind the tremors saw a Canadian quartet dedicated to preserving the fundamental principles of rock and roll - energy, honesty and fun, fun, fun. These are the Razorbacks, and they're on the cutting edge of the new age of rock.

The band - lead singer/guitarist **Tony Kenny**, drummer **Don DeKouchay**, guitarist and native Haligonian **Don Cartwright** and standup-bassist 'Jailhouse' **Joe Myke** - literally started its sound in the street; busking in downtown Toronto.

The spontaneous, crowd pleasing energy essential for successful street performing is present in every show they do and the audience loves it. The band doesn't follow any kind of pattern when they play. They have no choreographed moves, no set lists dictating which songs they perform.

DeKouchay explained, "There's an energy, an anxiety - what's the next song? We don't

know. Literally it's whatever happens, happens. It's pretty thrilling - who knows exactly what beat it'll end on? We miss once in a while, but that's the real fun of it."



Sound unstructured, disorganized? Don't knock it. This style has kept the Razorbacks busy since their inception. They are constantly performing and at this point, promoting their new album **The Razorbacks Go to Town**. In fact, they play so often one wonders if they worry about the threat of overexposure.

"Definitely not," stated Myke. "I think our show has enough variety in it to keep people coming back." He should know. Anyone who takes life in hand walking the upstairs railing of the Misty Moon carrying (and

playing!) an instrument larger than most members of the audience has a fair understanding of variety. His bass style is unique, to say the least. One minute he's swinging it like Townsend in the last Who concert. The next he's balanced on the top of it, strumming with his feet. Sure, it is a prop, but there is no denying the presence of the bass in the music.

"It's unusual, and people love the look, but if you can hear it, it's not a gimmick."

The music is wild and fresh, yet somehow familiar, especially to those who know the sound of early rock and roll. Influences like Elvis, Eddy Cochrane and Gene Vincent are obvious. It is comforting to know that in the days of computer generated techno-pop, someone remembers and appreciates the roots of modern music.

The Canadian music scene is progressing nicely in that respect. Bands like the Nothern Pikes, Blue Rodeo and the Tragically Hip are cited by DeKouchay as being honest about rock and roll. The Razorbacks fit into this category as well, taking it even further.

The trend of this new sound is to make serious social or po-

litical comment, but DeKouchay explained that his band doesn't feel obligated to make such statements. "It is a trend...how can we be honest and do that? Maybe there's an implication of being a liberal-oriented band, but we're not political. We don't find a need to be that way, and coincidentally, it works out to our advantage, because everyone else is. We stand out as one of the few [bands] who aren't, and it's nice to be that way." But you can't be a grassroots band without a message, right?

"Fun, fun, fun," says Myke, grinning. "People who come to

see the show know they're going to see four guys out on stage, beating their brains out to entertain them."

So what's next for the Razorbacks? The American market, certainly, perhaps Europe. "I think our vision is geared on getting the next record out, seeing how it does in Canada," said DeKouchay. "We'll take it from there."

And, as long as it comes served with the energy and style that have become the Razorback's trademark, the audience will take it too, and love every minute of it.

Newfie "Canned" music pleases Vinnie's

by Jean Sloan

Barry Canning, a solo act from Bishop's Falls, Newfoundland, took Vinnie's by storm Friday afternoon.

Canning's musical career got off to a slow start six years ago, but an unexpected, successful concert at the University of New

Brunswick in 1987 changed everything and encouraged him to continue.

With over 300 songs now in his repertoire, Canning entertains his audience with a variety of crowd pleasers. American Pie is his favorite though, because the crowd gets involved. "They are three-quarters of the show," he said. "I love talking to people in the crowd, picking people and making them stand out."

Canning remained true to his word when he allowed a fellow Newfoundlander and PR student **Tracey Hennessy** to sing Harry Chapin's Father and Son. Hennessy was an unexpected pleasure.

Canning has had a busy and exciting two years opening for such bands as Frozen Ghost and Zappacosta. "It is a big thrill to open for a big name band and just as big a headline," he admitted.

Canning is amazed at the Halifax circuit and said Haligonians are spoiled with musical talent. Canning hopes people will still come out and give him a listen.

In the next few weeks Canning will be playing at local universities and will appear at the Lower Deck Saturday, February 5.

Canning hopes his recent success will continue with his album *Silent Nights* to be released next March.

What Beer's All About.



No Spoonerisms Here

by Scott Neily

Endurance is a funny thing -- especially if one is in the music business. Take the somewhat underrated Canadian band Spoons, for instance. For roughly a decade they have been involved in the Canadian music scene. Considering the amount of time and the number of albums they have produced, that longevity puts them in the same category with other older bands like Rush and Triumph. While they have enjoyed the popularity that a loyal following brings, they have yet to achieve large scale domestic and international success -- the success that is gained by major album sales.

Their songs *Nova Heart*, *Tell No Lies*, *Romantic Traffic* and *Old Emotions* have charted well, yet none have provided the push required for a high ranking album position. Their albums have always been well written and have consistently grown better, reflecting current musical trends and being true to the Spoons' unique style.

However, their success, or lack thereof, is a testament to the age old rule of show business -- some make it and some do not. Unfortunately, making it today requires an artist to either sell out commercially or wait ten years to become an "overnight success." Either way, it is often an up and down roller coaster ride to the top. As it turns out, the best way to succeed in the end is to survive -- and that takes endurance.

The Spoons have endurance. Since their beginning, they have produced five full albums, one soundtrack and one twelve-inch singles/remixes EP. They have survived a major line-up change,

and have recently returned to the airwaves with their strongest album to date -- the enigmatically titled *Vertigo Tango*. The first single *When Time Turns Around* has already scored high on the charts and second single *Waterline* is sure to do the same. With a North American tour imminent, *Vertigo Tango* may

esting lyrics, of course."

Like their second album *Arias and Symphonics*, *Vertigo Tango* was produced by John Punter. His influence on *Arias* produced an album that was heavy with synthesizer sounds and sequencer programming. The Spoons followed *Arias* with songs from the *Tell No Lies/Talkback* era that

and guitar. John really didn't influence us on this album, but he did move us back to where we should have been after *Arias*. I think John got the best performance out of us and this is the best representation of the Spoons to date.

"When our new members, keyboardist Scott Macdonald and drummer Steve Kendry, joined us just before we recorded

ent on the albums, but on stage we make it all sound 'Spoons'."

Vertigo Tango is also a leap forward in both a musical and a lyrical sense. On their early efforts, Deppe, principal songwriter, wrote fairly dark and sombre material. After their record company in the U.S. made a bit of a fuss over the intricate lyrics, Deppe toned his songs down and came up with simpler themes, such as those found in *Tell No Lies* and *Romantic Traffic*. Now, he has reverted to his old self and has come up with a selection of somewhat moody and evocative pieces.

"The general writing process that we had with the old Spoons hasn't really changed," said Horne. "It couldn't, because it isn't a formula, it's just the way it is. As far as lyrics go, this album shows more power and passion than previous works. It may be just a reflection of what we've gone through over the years."

The songs on *Vertigo Tango* are such that they give a more streamlined feel to the album. It is one of those albums that are instantly likable on the first play and continue to be further enjoyed through repeated listenings.

"The sequence of tracks on the album," said Horne, "are a result of us having to pick 10 out of 25 songs written. It took John and Gordon about two weeks to agree on the order of songs on the record so that a whole statement of the album, the general flow of things, could be made."

As for the future of the band, the usual amount of touring will be done, along the possibility of a few more singles. In the meantime, they are doing a cross Canada tour. To see them live, catch the Spoons the Misty Moon Cabaret February 23 though 25.



be the album that pushes the Spoons into that category of overnight success.

The album title refers to the feeling of vertigo, a dizziness associated with a fear of heights. In an obscure sense, the album is about people's reactions to danger -- how people often walk a fine line and court danger, just to see what is at the end of the line. However, bassist Sandy Horne interprets the title as "dizzy dancing. The song *Vertigo Tango* was originally two songs that Gordon [Deppe] wrote and were combined into one -- with inter-

featured a strong horn section. They switched to a guitar heavy style with the album *Bridges Over Borders* and have since reached a happy medium with an even balance of synths and guitars.

"The album," said Horne, "is a representation of a mix between *Arias* and *Bridges*. *Arias* was almost all synthesizer, drum machine and sequencer programming, while *Bridges* was almost all guitar, with hardly any keyboards. When we came back to John [Punter], he was out of that synthesizer phase so the album is a 50/50 mix of keyboards

Bridges, the album had already been written so they just basically played along. This new album is all Spoons and we all participated in writing and arranging. As far as the sound balance goes, the mix doesn't represent any change in the live show, either. Even after *Arias* came out, the keyboards in the stage show still weren't as prominent as they appeared on the album. We can play *Nova Heart* through to *Vertigo Tango* with *Tell No Lies* in the middle, and make it all flow. It was producers that made the sound differ-

Poetry Corner

IF GOD SHOULD GO ON STRIKE

*It's just a good thing God above,
Has never gone on strike,
Because He wasn't treated fair,
Or things He didn't like.*

*If He had ever once sat down,
And said, "that's it I'm through,"
I've had enough of those on earth
So this is what I'll do.*

*I'll give my orders to the sun,
Cut off your heat supply,
And to the moon give no more light
And run these oceans dry.*

*Then just to make is really tough,
And put the pressure on,
Turn off the air and oxygen
Till every breath is gone.*

*Do you know He'd be justified
If fairness was the game,
For no one has been more abused
Or treated with disdain.*

*Thank God and yet He carries on
Supplying you and me
With all the favours of His grace
And everything for free.*

*Men say they want a better deal
And so on strike they go
But what a deal we've given God
To Whom everything we owe.*

*We don't care whom we hurt or harm
To gain the things we like,
But what a mess we'd all be in
If God should go on strike.*

Maxwell Littlejohn

Womens Basketball Mystics beat NSTC 62-49

by Heather Nicholson

The Mount womens Basketball team showed its true colors last Saturday evening by triumphing over the first place team in the Nova Scotia College Conference. Mount Saint Vincent handily defeated Nova Scotia Teachers College by a score of 62-49. High scorers for the Mount were Andrea Drake with 17 points, Nancy Gatchell with 12, Wanda Skinner with 10, and Kim Little with 8. Cathy Morse led NSTC with 26 Points.

Afterwards, Mount coach Anne Lindsay praised her team. "The game was superb, it's the best we've played since before Christmas".

According to Lindsay, the Mystics had the advantage over NSTC from the start of the game. "We hit a lot of our first shots and that gave us the confidence we needed," said Lindsay, adding, "From there, we kept the momentum up and played tough on both ends of the court."

The win came at an appropriate time for the Mount following their disappointing one point loss to the Kings College Blue

Devils on Wednesday, January 25. The game against the Blue Devils was nip and tuck all the way with the Mount's Nancy Gatchell and Heather Stewart providing the bulk of the offense. However, the Mystics had difficulty maintaining a consistent offence against the Blue Devils' zone offense, to finally lose by a score of 60-59.

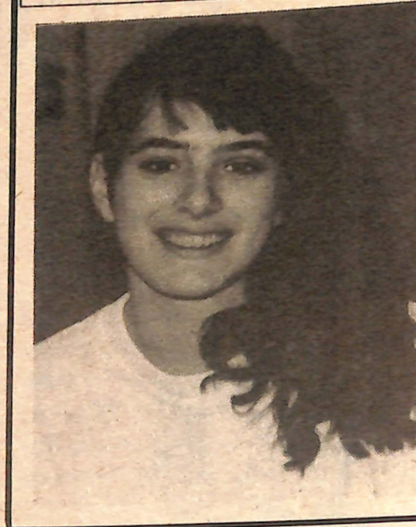
Coach Lindsay pointed to consistent play as the key to becoming a more successful team.

"I think we have to have confidence in ourselves and decide what we have to do and go out and do it," she said.

The Mystics are fortunate in that they have lots of depth on their bench. Should any person have an off game, they can bring in another player to pick up the slack.

The Mystics' next home game, a rematch against the Kings College Blue Devils, is scheduled for February 7.

Athlete of the Week



This week's Pepsi Athlete of the Week is Nancie Gatchell. Nancie, a third year player with the Mount womens basketball team, put together two great games back to back. In a January 25 game against Kings, the Truro native was one of the few Mount players to provide a consistent attack. The following Saturday, Nancie scored twelve points to help the Mystics defeat Teacher's College by a score of 62-49. Congratulations Nancie!

Mount Badminton Team Showing Improvement

by Sheri Parks

The Technical University of Nova Scotia (TUNS) was the site of the second provincial college conference badminton tournament on Sunday, Jan. 22. Despite inclement weather, teams from UCCB, NSAC, NSTC, and the metro area were in attendance. The players from Mount Saint Vincent showed an overall improvement in team standings, coming 2nd overall, up from their 3rd place finish earlier this year.

Strong individual performances included Robert MacKenzie, whose domination on the doubles court for the last two tournaments earned him the title Athlete of the Week for MSVU. Also, Karrie MacDonald, one of the rookies on the team, surprised everyone and perhaps even herself with her strong performance, a respectable 3rd place finish in the ladies singles.

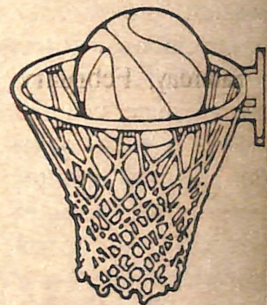
The Mount Saint Vincent badminton team is pleased to welcome two new players to their group in the form of Erna James

and David Knowlton. They both performed well during the tournament and bring to the team years of competitive playing experience.

The next tournament will be held on Sunday, Feb. 5 at Mount. Come out and show your support for one of the Mount's most successful varsity teams.

Alumni Basketball

On Friday, February 3 at 7 pm, a number of former Mount Saint Vincent basketball players will lace their sneakers up for a game against the 88/89 version of the MSVU Womens basketball team. Come on out- you may recognize a few faces. Join them after the game at Vinnie's Pub for the last pub of Wintercourse '89.



Tournament Results and Team Standings, Sunday, Jan. 22, at TUNS

Ladies Singles-- Rebecca Margeson / MSVU/ 2nd place finish
Karrie MacDonald/ MSVU/ 3rd place finish

Mens Singles-- Ray Bourque/ MSVU/ 3rd place finish

Ladies Doubles-- Debbie Mac Donald\ Erna James/ MSVU/ 3rd place finish

Mens Doubles-- Robert MacKenzie\ David Knowlton/ 3rd place (by points only)

Mixed Doubles-- Geraldine Hubbard\ Eric Boucher/ 4th place finish

Final Team Standings Following Tournament

UCCB-- 1st place with 41 points
MSVU-- 2nd place with 25 points
TUNS and NSAC-- tied for 3rd place with 21 pts each
NSTC-- 5th place finish

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Ongoing Events

February 3

MSVU womens basketball
Alumni game
7:00 p.m.

February 4

NSCC volleyball tournament
Rosaria Gym
starts at 1:00 p.m.

February 5

NSCC badminton tournament
Rosaria Gym
starts at 1:00 p.m.

February 6-9

Tournament of Champions
Games Room

February 7

MSVU mens basketball
NSTC at MSVU
6:00 p.m.

February 11

Beginner Cross Country
Skiing Clinic
10:00 a.m. to 1:00 p.m.
Meet at Rosaria Gym

February 12

Intermediate Cross Country
Skiing Clinic
10:00 a.m. to 1:00 p.m.
Meet at Rosaria Gym

February 15

MSVU basketball
KINGS women vs MSVU women
6:30 p.m.
KINGS men vs MSVU men
8:30 p.m.
Rosaria Centre

February 21-23

Battle the Blues
Employee Challenges

February 27

Half Price
Fitness Memberships

Intramural Schedule

JANUARY 9 - February 17, 1989

The Campus Intramural Program has been designed with the emphasis placed on fun and recreation. All students, faculty and staff are encouraged to take part. There are no tryouts and all the programs are run on a drop-in basis. No sign-up is required and all equipment is provided.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Men's Ball-Hockey 5:00-7:00 Rosaria	Women's Indoor-Soccer 4:30-5:30 Rosaria		Co-ed Badminton 1:00-2:00 Rosaria	Women's Badminton 3:30-4:30 Vincent Hall	Co-ed Basketball 2:00-4:00 Rosaria
Men's Volleyball 7:00-8:00 Rosaria		Special Events Night 6:00-7:00p.m. Vincent Hall	Co-ed Soccer 3:30-4:30 Rosaria		
Co-ed Volleyball 8:00-10:00 Rosaria		Co-ed Badminton 7:30-10:30 Rosaria		Co-ed Volleyball 8:00-10:00 Rosaria	

For the Heart of It

The Athletics/Recreation department is holding clinics for beginner and intermediate cross country skiers this month.

Saturday, February 11, we offer a beginner's clinic for those individuals who want to learn "how". We will spend a little time

on waxing, proper dress and then proper diagonal stride.

On February 12, we offer an intermediate clinic for those individuals who want to improve their stride, try some different terrain and learn how to manage hills.

by Lisa Boudreau, Athletics/
Recreation Assistant

The month of February is heart month in Canada. During this month, health care professionals and agencies make a special effort to educate the

population on the how and why of good cardiovascular health. Nova Scotians have one of the highest rates of cardiovascular disease in the country. We need to take a serious look at the lifestyle habits that contribute to the high incidence of heart dis-

ease in Nova Scotia.

One of the lifestyle areas we need to consider is our eating habits. Studies have shown time and again that diets high in fat and salt contribute to cardiovascular disease. If those are the mainstays of your diet, you need to make the lifestyle change to healthier eating habits. This means lean meats, fish, chicken, fresh fruit, and vegetables, and complex carbohydrates like whole grain breads or starchy vegetables like potatoes.

Another lifestyle area we need to examine is our emotional/mental well-being. Do we have constant stress in our lives? Do we possess the skills necessary to deal and cope with the stress?

Learning how to cope with any stressors in our lives is connected to a third aspect of developing good cardiovascular health... our physical lifestyle habits. Is physical activity a regular part of our lifestyle? Studies have linked regular physical activity to a reduced incidence of cardiovascular disease. Physical activity also plays a role in stress management; it serves as an outlet for the stressors we have to deal with in our everyday life.

During the month of February, why not make some healthy lifestyle changes for the heart of it. Make the move to healthy eating; get on the move... start exercising. Not only will your heart feel better, but physically and mentally, you will also feel better.

Congratulations to the Winners!



As a part of "Kick Off To Intramurals" for the second semester, the Syl-Lympics were held on Sunday, Jan. 8. The event succeeded to draw around 30 players, in teams of five, down to Rosaria Gym. The teams took part in a number of events including relay races and an obstacle course. The winning team was made up of five members of the championship Mount womens soccer team. From left to right in the front row: Bev Campbell, Sandra Newton, and Caroline Rodgers. Rhonda Rodgers and Tracy Barton make up the back row.

Call for Nominations

The City of Halifax will be presenting awards to members of the university community for their contributions in the Halifax area.

On the evening of March 10 1989, at a celebration organized by students, the following three awards will be presented to each university, for personal contributions that impact the Halifax community:

1) To a faculty member

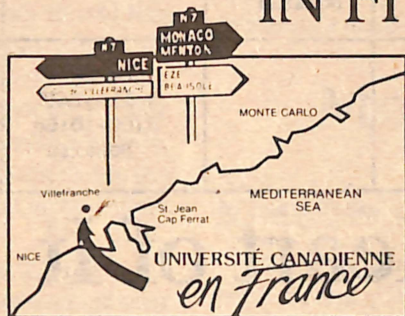
2) To a staff member

3) To a student or group of students

Nominations should include all relevant information on the nominee(s). Submission deadline is February 20 and must be forwarded to the Science Representative, c/o MSVU Student Union.

For further information, call Tolson Smith, student union science representative at 443-4224.

STUDY IN FRANCE



Students can enjoy a unique opportunity to earn university credits toward a Canadian B.A. while studying in the south of France. With the campus close to Nice, the Université canadienne en France offers two programmes. A full 8-month session offers studies in Humanities, Social Sciences and languages, in both English

and French. As well, an intensive spring session in May-June 1989 features courses in French, Italian, Art History and International Business.

Fees including tuition, accommodation and return airfare are: \$7995 for the 8-month session (\$4388 for one semester); from \$2410 for spring session. Federal/Provincial student assistance and scholarships may apply. For information, call or write: UNIVERSITÉ CANADIENNE EN FRANCE, Laurentian University, Ramsey Lake Road, Sudbury, Ontario P3E 2C6. (705) 673-6513, Ontario (800) 461-4030 or Université canadienne en France, 68 Scollard Street, Toronto, Ontario M5R 1G2, (416) 964-2569, Canada - (800) 387-1387, Ontario - (800) 387-5603

UNIVERSITÉ CANADIENNE
en France

Laurentian University
Information Session for
Mount St. Vincent University
Fri., Feb. 3, 1989 - 1:30 - 2:30 p.m.
Board Room 309 - Rosaria Centre

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Ski Week!

Come to beautiful Quebec City and Mt. Ste. Anne February 19-25 for an exciting week of skiing! Includes round trip by coach, hotel, ski passes and more!

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Got My Sunglasses On...

It's time to party as the bus loads up to head for Daytona Beach February 17-26. Round trip, hotel and of course -- welcoming party is all part of this spring get-away package!

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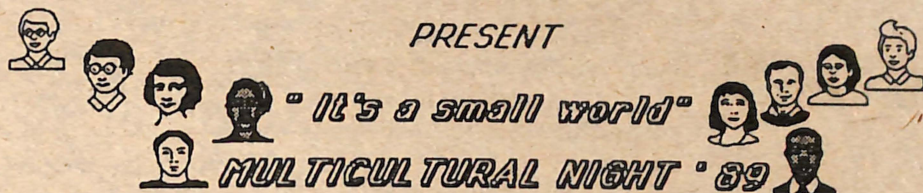




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February, 11th

7:00 pm - 1:00 am

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\$10.00 At the door
Children under 12 \$ 4.00

For more information contact:

Omar Abdulkarim 429-0424 or 429-8300 Ext 2269
Juliette Lashley 445-3068 or 443-9918
Sybil Weston 429-8300 ext 2011

A Second Look at that Second Cup

by Catherine Doucette

Let's try a quick quiz for drug awareness. What is white, bitter tasting, originated in northeast Africa, is the world's most popular drug, and has four percent of Canadians risking their health? Caffeine.

Caffeine is found primarily in coffee, tea, and cola drinks. The caffeine in one cup of coffee, averages about 75 mg and 35 mg in tea. Cola beverages contain about 35 mg in a 280 ml serving.

One or two cups of coffee can cause some physiological side effects. Metabolism increases leading to a rise in activity and temperature. Also, the rates of urination and breathing increase as well as the level of fatty acids in the blood and stomach.

Caffeine stimulates the brain. A mere 75 to 150 mg of caffeine can postpone fatigue and improve performance of work that involves endurance. But it will reduce hand steadiness too.

Sleep is greatly affected by caffeine. Taken before bedtime, it delays sleep, shortens sleep time, and causes one to be more

easily awakened. It has been proven that caffeine increases movement during sleep and reduces the quality of sleep.

Increased dosages of caffeine may cause headaches, jitteriness, rapid heartbeat, convulsions, and in extreme cases, delirium. About 5,000 mg of caffeine can be fatal if taken orally over a short period of time.

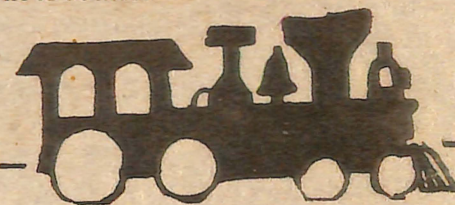
Caffeine does have some medical uses. It is used in pain relievers and headache and cough medicines. Also, caffeine is used to treat infants who have apnea (a breathing problem). Currently it is used to treat skin disorders and infertility, but there is a controversy surrounding this use of caffeine.

The world consumes 120 thousand tons of caffeine annually. That equals 70 mg a day for each individual. Coffee is the main means of consumption at 50 percent and tea is a close second at 43 percent.

In Canada, approximately 20 per cent of adults consume 350 mg a day which means they are physically addicted to caffeine. Four per cent of Canadian adults consume over 650 mg a day endangering their health.



Student Union Station



Student I.Ds will cease to be
taken after Feb. 10th



Corner Store Specials

Small Fry Potato Chips (200G) assorted
flavours reg \$2.10 now \$ 1.25

Toffee 100g reg .80 now .30

Assorted Penny Candy 1/2 Price

Vanilla & Chocolate Wafers reg .55 now .25



Saturday Nov. 26, 1988 at the Cultural Centre. Corner of Provencher and Des Meurons. Win a free ski trip!! Tickets at Answers or call 222-8249.

The 22nd annual Business Parquet at the Holiday Inn Downtown Nov. 10th Tickets \$25.00 on sale now in Commerce lounge

classifieds

Royalty is coming to visit St. John's College. On Nov. 4, at 7:30pm in the St. John's College Chapel. You can relive

Foxy girls in negligees... Hot studs in the jockey... experience... feel it... Pajama Social... 209 Ames... the lounge to be renovated. November 10.

REGISTRAR'S REMINDERS

February 20-26 - Study Break Week

February 27 - Last withdrawal date for "B" unit without academic penalty.

March 24 - Easter Holiday Weekend

April 7 - Last day of classes.

April 10-19 - Final exams.

Is your local mailing address up-to-date? If not, contact the Registrar's Office to make any necessary changes.

JOBS

Career Oriented Summer Employment - Summer jobs related to your field of study with Federal Government Departments available now - application deadline is February 28, 1989. For more info. contact the Canada Employment Office on Campus.

Potential teaching positions in various school boards in Atlantic Canada. All interested 1989 grads. in B.Ed., BCS, M.Ed., and M.A. contact the Employment Centre on Campus.

Sales Representatives- National Life Insurance. Application deadline February 13, 1989. For more info contact the Employment Center on campus.

Check Inns Limited- Technical Services Operator. For more info contact the Employment Center on campus.

Motorcoach Tour Escort/ Guide. If you are a serious, responsible individual and have an outgoing personality contact the Employment Center on campus. Application deadline March 3, 1989.

Paddling Coaches required for the 1989 season. Salary Negotiable. Send resume to Mic Mac A.A.C. P.O. Box 841, Dartmouth, NS. B2Y 3Z5. Attn. Paddling Committee by February 28, 1989.

Teaching Positions- Labrador West Integrated School Board has positions open from kindergarten to grade 12. Applications deadline February 20, 1989. See Employment Centre on campus.

VOLUNTEER

Volunteers wanted for a "Walk on Campus" service. For one hour per month between 9:15 and 10:15 pm, Monday to Thursday, you would walk a lady to her car, bus, or on campus residence. Sign up at the Student Union Office.

Volunteer tutors are needed to help adults learn to read and write. For more info. call Janet Doyle at the Halifax North Branch Library at 421-6987.

If you love children, volunteer to be a child's reading partner. Call Terry Symonds at the Halifax Library at 421-6987 or 421-8766.

Help welcome a government sponsored refugee to Halifax/ Dartmouth. Join the Metropolitan Immigrant Settlement Association Host or Tutor Programs. For more info contact Nancy O'Donnell or Gary MacDonald at M.I.S.A. 423-3607.

HOUSING

Rooms for Rent: West End Mall area. \$75.00 per week and \$80.00 per week, furnished. Call 455-0300.

Private room in a home with one working person. In the Wedgewood area - call Karen at 423-6002 or 443-4924.

Sublet Roomy bachelor suit close to Dal and SMU. \$430 includes heat and cable. Phone Stephanie at 421-2121 or 429 9908.

STUFF FOR SALE

Books: BUS308 Prod. and Operations Mgt., BUS316 Organizational Behaviour, BUS255. Call Becky at 443-5900 before 10 pm.

Wanted: Book "Dimensions" by Christine Fry. Please call 826-2514.

Books: Child Studies- Play and Early Development; Foundations of Early Childhood Education; Psychology- Development Psychology; Children's Thinking. Call Tricia at 455-8003.

Personals

Mr. Boyler, ever heard the term "media relation"? Some people think there's one going on. But since you're a budding thespian, it wouldn't make sense anymore. Good thing you're in entertainment.

Happy Belated Mr. Pacquet- guess you're not old enough yet to let them go by ignored. Em

TB. Come back soon! I miss you. LG.

To Cindi. Always remember you can put frozen bread in the toaster. Heloise

ETC...

Spaces are available at the new nursery school at Dalhousie University. The facility is open for children aged 3-5 years. For more info. call Eve Wright at 424-7001 or 423-6902.

Ski Week at Mt. Ste. Anne, Quebec from \$329.00. For more info. call Travel Cuts at 424-2054 or Kevin M. at 425-5987.

Researcher interested in talking to students with eating disorders. Anonymity guaranteed. Please call Catherine at 443-9986, 443-9964 or 443-9954.

Last call for entries for the Mount's 15 Annual Community Show. Entries can be submitted to the Gallery until Monday, February 6. Exhibition opens February 9 to the 19.

Word Processing Services - term papers, resumes, or any other word processing. Call 466-5954 between 8am - 9pm.

LOST: a gold bracelet on January 27 between Evaristus and the Child Study Centre. Sentimental value. Please call 443-6902.

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Lordy Lordy
look who's
22!



CALENDAR OF EVENTS

Friday, February 3

"A Portrait of Life on the Port-au-Port Peninsula" in Newfoundland will open at the Art Gallery of Nova Scotia. More info is available at 424-7542.

MSVU International Women's Day Planning Committee will hold planning sessions in Evaristus Alumnae Office at 12 noon. Any interested women are welcome.

Saturday, February 4

Dal-Mount Caribbean Society Ski Trip (tentative, depending on weather).

Sunday, February 5

Last day for the display "saskatchewan Art: Tradition and Diversity" and "Les Acadiens de Memecook" in the Mount Saint Vincent Art Gallery.

Monday, February 6

"A Fish Called Wanda" will be shown at 8pm in the MPR. \$2. advance and \$3 at the door. Bring a friend. Wet/Dry.

Tuesday, February 7

Art Gallery of Nova Scotia will hold a workshop for parents on the exhibition "The Way I See It" at 7:30pm. For more info call Jean Addison at 424-7542 or 424-2903.

Wednesday, February 8

Meeting for all interested in joining the Mount Student Assistants at 8am in the Don MacNeil Rm. For more info contact Karen at 445-3618.

Thursday, February 9

St. Mary's University Blood Donor Clinic. Multipurpose room, L230, from 2-4:30pm and 6:30-8:30pm.

The 15th Annual MSVU Community Show opens at 12 noon and continues until the 19 of February. For more info call 443-4450

Friday, February 10

Dal-Mount Caribbean Society General Meeting and Movie Night at 5:30pm. Quinpool Towers Apt.

Saturday, February 11

Mount-TUNS International Students Association Multicultural night at TUNS Gymnasium. For more info call Juliette Lashley at 443-9918.