PICARO Africville



Thursday, November 2, 1989 Volume 7

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Photo from the Bob Brooks Collection. Courtesy of the Public Archives of Nova Scotia.

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PICARO

Editorial-Money Up In Smoke

so.

By Jean Sloan

No More Export A's, Rothman's or Peter Jackson's. No more Player's. No more advertisers. The surgeon general may warn of the hazards of smoking but he doesn't mention the hazards of no cigarette advertising.

Sports organizations have certainly felt the pressure and are breathing a little heavier, racing to replace the smoky dollars. It is not necessary however to look farther than our campus to feel the strain.

Ad placements and promotion in university papers may not be critical to the survival of multimillion dollar companies but the same may not be said for small campus papers.

In the past it was common to see cigarette advertising splashed across the back page of papers. Not only is a half or full page ad very expensive but the luxury of back page advertising is even more

Large ads are convenient and useful. They are easy to layout and they provide nice, often colorful, packaging for the paper. The bottom line however, even for journalist, is the almighty budget. Student papers do not endeavour to make a profit but merely fight to stay out of the red. This task is more easily accomplished with the aid of black nicotine cash.

The ripple affect is causing repercussions to which university papers are not invulnerable. Although a smoke free society may be desirable, it has problems. What companies will provide the new clean money need to keep paper afloat.dget. Student papers do not endeavour to make a profit but merely fight to stay out of the red. This task is more easily accomplished with the aid of black nicotine cash.



In the Spanish literary tradition of the picaresque novel, a picaro was one who lived by his wits as he roamed from one place to another.

A keen observer of lifes experiences, his satirical stories stripped off the rose colored glasses and layed naked the unpleasant reality of society.

It was from this crafty vagabond character that our MSVU student union newspaper adopted its name. Our small, energetic society provides essential information and the news which directly affects you

The Picaro is a member paper of the Canadian University Press, the oldest student press organization in the world. Founded in 1937, 46 nespapers are celebrating the 53rd anniversary of the co-operatiave. Members are unified by a strong conviction to the Statement of Principles which identifies the student press as an agent of social change striving to addvance human rights while working against social injustices such as sexism, racism, and homophobia.

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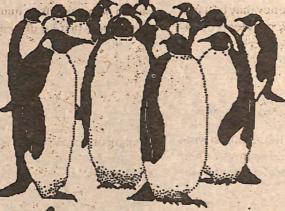
IVENTER STATE VI be next numb

One Small Step

Starting in early January, 1990, a new policy regarding male visitors will be implemented on a trial basis. Currently, a male guest visiting a female friend in residence must be signed in and then is only allowed to be entertained in a lounge, sometimes full of other people doing the same.

Thanks mostly to the tireless efforts of last year's Student Union President, Paul Card, a new and much more modern approach will be put into effect. Male guests will be allowed to visit in the privacy of the girls rooms, until 1 a.m., providing they are signed in.

I applaud this long overdue change at an institution where change comes slow. After all, we are big boys and girls now. At the university level one should be responsible enough to make one's own decisions. The Mount is definitely behind the other schools such as Dal, and St. Mary's with regard to such matters, but this new rule is a good sign of things to come, and is a clear indicator that old and worn-out ideas and beliefs are finally starting to succumb to a more contemporary thought. This whole experiment I feel is a small concession, but is a solid step in the right direction. I must once again commend Paul Card for working very hard last year in support of this positive



Picaro Office Room 403, Rosaria Centre 166 Bedford Highway Halifax, N.S. B3M 2J6 Ph# 445-3584

Please Join Us

SASKATOON (CUP) -- The University of Saskatchewan students council has halted plans for a new building after underestimating the cost of the building by \$6 million.

The council planned to hold a referendum to ask students approval to raise annual student society fees by \$50 to \$78 to pay for construction to begin before December.

Council president Steve Rush said last year's council didn't account for inflation when they made their calculations.

"We need at least \$6-\$8 million, rather than the \$1.5 million we have, to begin construction," Rush said. "Our chances are now completely unrealistic and I can't justify it to students. The financial realities say that this project cannot be done at this time."



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Thursday, November 2, 1989



No Smoking May 1st

by Jean Sloan

As of May 1, 1990 Mount Saint Vincent University will be a smoke free campus. The first phase of the two phase non-smoking policy implemented by administration November 1 prohibits smoking in campus buildings except for a few designated areas.

"This policy is a concern for the over all health risk to nonsmokers due to secondary smoke," said Lois Dyer-Mann, vice-president, administration. "We are working toward the May date when there will be no smoking." Dyer-Mann said this policy has strong support from faculty and staff however there is some dis-

Chef Renee of Versa Services said, "If they stopped Winston Churchill from smoking cigars we would have lost the bloody war."

Mark Conran, Student Union treasurer, voiced more serious opposition. Conran is concerned

for next year's Student Union. "As of May 1 the pub will be designated as a non-smoking area. How will we generate revenue? How can we attract people to Vinnies?"

Dyer-Mann does not believe there will be a loss of revenue due to the new policy and says that Vinnies is in an ideal location because it is within easy reach to outdoors.

Although money may be a major concern the problems of enforcing the rules in the Pub may prove difficult. "How do you control 150 people or more, who have had a few drinks, from smoking or tell them in December that they have to go outside." Conran urges all students to write Dyer-Mann and express their feelings in a professional man-

Marie Kelly, coordinator of physical plant, does not believe there will be any active rebellion against the policy but has some

reservations. "I saw people taking coffee breaks today that haven't taken them in years." She is concerned that some employees will no longer come to work in the evenings of stay late because they are not permitted to smoke in there offices. Kelly believes there may be indirect negative repercussions.

In Dyer-Mann's memo detailing the non-smoking policy, she writes that the Occupational Health and Safety Committee favoured a policy allowing designated smoking areas. The President's Advisory Committee however favoured a gradual approach to the total prohibition of smoking on campus. "This committee believes there is a strong mandate in the community toward developing and implementing a non-smoking policy, concessionary to start, but leading toward a smoke-free environment."

The Conference Office however, under special circumstances, can "modify the policy to accommodate external groups, where a facility is being uses for other than its normal use."

In her memo, Dyer-Mann writes that the Mount is interested in helping smokers quit and recommends that a staff member of student services be trained to provide a smoking cessation pro-

Sympathy for smokers was voiced also. "I approve of there being a no-smoking policy for all common or open areas. It is one thing to choose to put smoke in your lungs but it's another not to have any choice. But, there really ought to be a place for students and faculty to go and smoke because it is an addiction," said Mary Spurr, a Mount student.



Need For 10 pm Shuttle

by Charmaine Pope

Due to cuts in the number of runs of the Dal-Mount shuttle students who take night classes at the Mount have to wait for almost an hour after class for a bus into Halifax.

Night classes at MSVU end at 9:35 p.m. The next number 16 or 80 bus does not pass by the Mount until approximately 10:30 p.m. In previous years, the Dal-Mount's last run from campus would be at

Many programs require courses which can only be taken at night. Leaving class earlier to catch the bus is one option open to students but Debra King, a secondyear arts students says this also creates a disadvantage to students.

"Often times a lecture is summed up in the last few minutes, so you are missing the real jest of a lecture to go and catch a bus," says King. The university faced an almost 50 per cent increase in expenses to operate the service which it funds independently. In order to keep costs within the range of last year's budget cuts had to be made.

According to Student Union

President, Cheryl MacKenzie, Paul Reyno, director of physical plant, made the cuts by choosing times he believed would least affect students. Service now stops at 9:00 p.m. on week nights and weekend service has been

Naomi Martin, External Vice-President of the Student Union and Mike Isenor, Part-time Student Representative have been meeting with Reyno to get the 10:00 p.m. run reinstated. The number of students using the shuttle is approximated by Seton receptionists who count the people stepping on and off the bus but riders getting on at Evaristus and Vincent Hall are not

Martin said Reyno has been very willing to work with them and believes their chances of adding a run to serve students taking night classes. Other changes may have to be made to the bus service in order to accommodate the addition of this run. No changes will be made to the service until January at the earliest.

Come Vote, Win a Trip to Florida

by Heidi Modro

MONTREAL (CUP) -- Voters in next year's campus elections at Concordia University could win a trip to New York or Fort Lauderdale if Robert Douglas has

Douglas, the chief returning officer for Concordia's student council said the prize is part of a voting incentives package he wants the council to fund.

He said students who go to candidate debates should get a chance to win a trip to New York, and anyone who casts a ballot should be eligible to win a trip to Fort Lauderdale Florida.

"Although you can say that a move like this might sound unethical, something has to be done at Concordia about getting more people involved in voting," Douglas said.

Concordia has a history of low voter turnout. Students at last year's poll stayed away in droves, with only 1402 students voting out of a possible 20,000.

Douglas wants at least 15,000 Concordia students to vote this

He hopes the New York trip will be sponsored by Travel Cuts, a subsidiary of the Canadian Federation of Students.

The Fort Lauderdale trip will come out of the \$2,000 elections advertising budget, he said.

"It's a lot more effective to offer a \$400 free trip to Fort

Lauderdale to motivate people to vote than to use that money to buy more ad space in the newspapers and put more posters up."

Douglas also wants to host a huge bash at the campus centre on the night when the elections results come in.

"We'll have everything booze, beer and even bets on who's going

Concordia student council has yet to approve the plan.



A University Community Memorial Service is planned for Wed nesday, Nov. 8, at 7:30 p.m. in Our Lady of Wisdom Chapel, Evaristus Hall. Please inform the campus ministry, by the end of October, of recent deaths of any members of the Mount community or their immediate families so that these people may be remembered in the memorial service. The service is organized by the campus ministry office, in collaboration with the alumnae



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news



Thursday, November 2, 1989

The Names Project

by Danielle Comeau Canadian University Press

Washington -- A crisp wind is sending a chill through the thousands of people already milling around Washington's capital area. Monumental buildings surround us, glowing an eerie white in the bright morning sunlight. The White House, the Lincoln memorial, the Capital building -- seen so often on television -- look unreal close up.

Beneath the looming Lincoln memorial, people are gathering for the largest demonstration of homeless people ever. By the end of the day, more than 150,000 people will pass by the monument, a stark reminder that in George Bush's 'gentler, kinder nation', millions of people live on the streets.

Across from the memorial is a huge oval-shaped lawn, called the Ellipse. It sits directly in front of the White House. The size of several football fields, it takes several minutes just to walk across. All around the Ellipse there is activity -- volunteers, tourists, and curiosity seekers are waiting for the unfurling of the AIDS quilt.

Suddenly, hundreds of people wearing white "Names Project" sweatshirts move onto the Ellipse and start unfolding the largest quilt ever made. More than 10,000 individual panels, roughly the size of a grave and each representing someone who has died of AIDS, stretch across the field, with 49 miles of walkway weaving in between. The panels are made by the lovers, family or friends of someone who died of AIDS

Seeing the quilt in its entirety leaves one with an overwhelming feeling of grief at the enormity of loss -- so many people, young and in the prime of their lives. Statistics are dry and abstract: 60,000 dead of AIDS in the U.S., more than 100,000 reported AIDS cases. The numbers do not give any sense of the human face of this virus: real people die of AIDS, people we know, people we love. The quilt compels one to become emotionally involved.

At a podium nearby, beside the National Christmas tree, names of the dead are read throughout the three days of the quilt's showing. One after the other the names flow, read out by mothers, brothers, aunts, and lovers of the dead. Ouietly they line up behind the podium, waiting to publicly share their grief, voice anger at government inaction over AIDS funding, and drive home the senselessness of these deaths.

Thousands of people quietly wind their way through the quilt. Despite the size of the crowd, a silence hangs over the Ellipse. The reading of names and the roar of jets flying overhead from RFK Airport are the only sounds. Hundreds stand around the podium, watching the readers come up, one after the other. Most people weep openly. It is a scene of incredible grief, yet it is strangely empowering because of the strength of their commitment to not let us forget.

"As a recent PWA (person with AIDS)," says one reader, "I just want them (his dead friends) to know that I'm trying to hold up the strength in their memory." Another reader asks us to "remember my dear friend and roommate Michael Pitkin. Please say hello to him at panel 0914."

A young woman walks up to the microphone. Her voice breaking with emotion, she wants "to remember the most courageous person I've ever known -- my brother Barry Nelson Roberts." Phrases such as, "my dear lover of 18 years," and "my precious only son," and "the best friend I ever had," stream out all day. The sense of loss is profound -- these people are too young, much too young to be dying of this disease.

William Hibbs is talking energetically with a CBS news reporter at the Names Project's media centre. An AIDS activist with the Dr. James F. Holleran Memorial National AIDS Bereavement Centre, Hibbs has spent a gruelling day as the official spokesperson for the Names Project. "He's supposed to be sick," says one of the centre's staff, "but he's been going like this all day."

In the last two years, Hibbs has been hospitalized 16 times and suffered seven heart attacks. At age 39, he's dying of AIDS and has six months to live. "Yet, I'm one of the lucky ones," he says, because he has medical insurance and a support network helping him through his crisis. With medical bills of more than \$200,000, and \$1,500 in monthly prescriptions, AIDS is as crip-

cally.

"What happens to the individuals who fall through the crack?

They're treated like lepers, and this is the sad thing -- the loss of dignity. That's what the quilt is all about. You see the dignity in

pling financially as it is physi-

and also the tears."

Soft spoken and charming,
Hibbs is passionate about the
Names Project and its role in the
AIDS crisis. The quilt forces
people to confront the reality that
people in the prime of their lives
are being killed by this disease.

those quilts. You see the love,

"It's so vivid. It's like Sunday

in the park, only the park is a cemetery." Hibbs hopes people come away from the quilt ready to be more responsible by practicing safe sex.

"If you have sex without using a condom or dental dam, you're playing Russian roulette," says Hibbs. "And I'm telling you one of those barrels is going to be loaded, and it's going to explode on you."

The quilt is an educational tool, drawing attention to the need for people to change their sexual practices. It also puts pressure on government officials to increase funding to AIDS programmes. Hibbs credits the Names Project and other activist groupswith the continuing rise in funding levels over the past three years. Hibbs travels all over the world speaking about AIDS, even though his health is precarious at best. "If someone can hear my voice and then go back and think about what they've heard, and from that go out and do something positive like hug an AIDS person, then it's worth it."

A San Francisco man named Cleve Jones, the executive director of the Names Project, first came up with the idea of the quilt in 1986. It was unveiled in 1987 in Washington to coincide with a huge march in support of lesbian and gay rights which drew nearly one million people. That year, there were 2,000 panels in the quilt. The following year, the quilt had grown to 8,200 panels, and this year the number is at more than 10,000. Yet this represents only a fraction of the people who have died of AIDS.

Jones says the quilt initially began as the lesbian and gay community's response to its devastation by AIDS, but it now by the epidemic. Earlier this year, sections of the quilt toured through 19 North American cities, including Montreal last June, in conjunction with the International Conference on AIDS.

It is a critical time in the AIDS crisis, according to Jones, and this year government leaders have been urged to come view the quilt. "Decisions about AIDS made in the coming months will help decide whether the ultimate death toll from the pandemic is measured in tens of thousands or tens of millions," says Jones.

"It is imperative that those decisions be made with compassion, and we know that seeing the quilt opens people's hearts and minds to the reality of this epidemic and the need for an immediate and compassionate response."

Thousands of people from the Housing Now demo, perhaps tired of listening to speeches or to the Jefferson Airplane, make their way from the Capital Mall to the Ellipse. Walking through the quilt, one sees names we all know: Rock Hudson, Perry Ellis, Klaus Nomi, Robert Mapplethorpe. But sadder are the anonymous panels, or the ones with only first names or initials, such as "Baby Jessica", "Father Tom -- you were a damn good priest", and "Goodbye Dad".

"You've got to remember that every person with AIDS is some-body's child and that we're not the stereotype's at all," says Hibbs. "You've seen actors out there (on the quilt), politicians, babies, young mothers, IV drug users... AIDS is the only thing that I've ever seen in my whole life that does not discriminate."

Bar Doesn't Like It When Women Kiss

By Mary Frances Hill
MONTREAL (CUP) -- The jazz
pianist sang "Thank heaven for
little girls, they grow up in the
most delightful ways..." while the
tune outside a Montreal restaurant was "Down with homopho-

bia!"

Last Tuesday night, two women were kicked out of Upstairs, a popular restaurant near Concordia University's downtown campus, "persisting in showing affection in an offensive way," according to its owner, Chris Gore.

Shira Spector and Jen Dt and about 10 members of the Con-

cordia Women's Collective had gathered for a regular meeting at the restaurant.

Concordia student Charlene Nero, a member of the collective said Spector and Dt had their arms around each other.

Gore asked the women to leave the bar. They shouted back "Homophobic asshole."

"At Upstairs, men don't hug or hold hands with men; And women don't hug or hold hands with women," he told the women.

On Wednesday police cars lined Bishop Street as more than

fifty women and men chanted "It's a straight bar after all", "If you're gay and you know it, kiss your friend" and shouted "Boycott Upstairs."

Members of the collective also distributed flyers asking customers and passers-by to boycott the restaurant.

Gore said he's not homophobic. "I've come to accept homosexuality totally in society. It's a way of life, it's great, I'm all for it," he said.

Homophobia is the irrational fear and hatred of homosexuals.

"Upstairs is a nice quiet cafe," he said. "We don't like to see it disrupted by people who like to cause a scene and draw attention to themselves."

"Upstairs is a haven for people of all sorts, and we welcome all types to visit the place as long as they maintain a certain sense of decorum," said Gore.

In his three years as the club owner, Gore said he has asked people to leave on only two or three occasions. He has never asked a straight couple to leave for openly displaying affection.

"This should go before the Human Rights Commission," said Carolyn Gammon, a member of Concordia's Lesbian Studies
Coalition. "Heterosexuals can
practically make out (there)
without comment."

"This type of blatant discrimination against any group, be it racial minorities, gays or lesbians -- we can't let any individual instances go by without commenting."

Gore seemed composed during the demonstration. "I'll just wait till it blows over," he said. "I've been through things like this before and I know that they just fizzle out after a few days."



Africville

MARLA CRANSTON

For the past four years, I've spent countless hours standing in front of the Mount, waiting for buses. When the view wasn't blocked by trains, I'd gaze out beyond the traffic to the Bedford Basin, its calm waters dancing with ribbons of reflected light. Not once did I think of the many people who had been baptised in these very same waters years ago.

My eyes passed over the vast grassy patch between the bridge and the container pier, a space now known as Seaview Park. Not once did I think of the community that once thrived there. It wasn't my fault; I just didn't know. I'd only heard the rumours.

Now that I've seen "Africville: A Spirit That Lives On" at the Mount Art Gallery, the history of that empty place fills my thoughts each time I wait for the bus. Now'I think of the hundreds of former Africville residents who flock to that grassy patch every July to celebrate what's left of their community - its spirit.

This spirit still binds them to this day, even though "progress" destroyed Africville twenty years ago. This is the thrust of the gallery's exhibition. It doesn't dwell on the bitterness and frustration. It is a celebration of the spirit that is still alive, with undercurrents of warning to similar communities.

Running until November 19 at the Mount, the exhibition is designed to keep telling its story. In 1990, it embarks on a national tour before ending up at its final resting place, the Black Cultural Centre of Nova Scotia.

Gallery Director Mary
Sparling feels that the rest of
Canada should see this exhibition so there will be no more
Africvilles.

"It was something that happened that shouldn't have but did," she said. "One of the lessons from it can be that a community is important. It's unlikely that sort of thing will happen again but if it did, people could turn to that episode and say NO! Development has got to take account of the people who live in a place."

This idea will be discussed at an upcoming conference: "The Africville Experience
-Lessons for the Future". It takes place at the Mount November 17 at 8 p.m. and November 18 from 10 a.m. to 3 p.m.



Photo Courtesy of the Halifax Police Department Museum.

At the Mount auditorium this Saturday at 8 p.m., there will be a performance night featuring Four the Moment and The Gospel Heirs. Adding to this celebration of spirit will be dramatized readings of plays and poetry arising from the Africville experience.

Music was an integral part of community life in Africville, as were sports, school, work and family. However, the heartbeat of Africville was at the Seaview African United Baptist Church.

You can still take a stroll through the church, along Bar-

rington Street, through the school or even through someone's private kitchen. It's all there in the art gallery.

History is brought to life in a setting created by theatre designer Stephen Osler. Genuine photographs and memorabilia, news clippings, art and audiovisual material take visitors back to another time, before the bull-dozers came along.

The long, plaintiff cry of a train whistle sounds as you watch a grinning young boy crossing the tracks on his way to school. See photos of Duke Ellington in an Africville living room during

one of his stops through Halifax. Watch people hiking water up from the well but don't forget to read the sign warning you to boil the water before using it. The city wouldn't provide water service. Take a peek through the window of an Africville kitchen.

Once you feel like you're a part of the community, then you're ready to see how the city took it away in the name of urban renewal and social planning. You can watch the smoldering flames at the dump as dismantled homes were burned.

Listen to the voices of the people, telling you how their

belongings were carted away to their new neighbourhoods in garbage trucks. See the look of anguish on Pa Carvery's face as he left his house in January of 1970. He was the last to go. His house was surrounded by the rubble of his destroyed community.

Before you get too depressed, walk down to the tent where the reunion is still happening. Africville may be gone, but the people remember. The pulpit is set up and former Africville pastor Reverend Donald B. Skier is sharing some inspirational words.



Photo from the Bob Brooks Collection. Courtesy of the Public Archives of Nova Scotia.

"When the last house in Africville was demolished on January 6, 1970 a chapter closed in the lives of some 80 black families numbering about 400 individuals. With the closing down of the settlement, it could be argued that what happened stands without comparison with any other black community in the annals of the history of Nova Scotia. For all its uniqueness, and for all the special lessons derived from it, the story of Africville is an integral part of the black experience in this province. 4

Bridglal Pachai, acting executive director, Nova Scotia
Human Rights Commission,
from Africville exhibition catalogue essay

"A Spirit That Lives On"



Thursday, November 2, 1989





A Conference

the Africville Experience-Lessons for the Future opening with a panel discussion Friday, November 17 at 8:00 p.m. chaired by Carolyn Thomas, moderator of the African United Baptist Association. This panel will reunite some of the key players in the decisions taken in the 1960s: Alan Borovoy, a civil rights lawyer; Allan O'Brien, mayor of Halifax, 1966-71; Gus Wedderburn, former president of the Nova Scotia Association for the Advancement of Coloured People;

and the Reverend Charles Coleman, a former pastor in Africville. There will be two more major panels on Saturday, one at 10 a.m. with members of the Africville community chaired by Reverend Donald B. Skeir, and the other at 1:30 p.m. chaired by Reverend Charles Coleman with people from the larger black community and others with a stake in the Future. The conference is free to all. Lunch is available for \$3.00.

Ruth Johnson Church Scene, Africville 1949

"Residents, descendants of Africville, lift your heads high," he urges. "Don't be ashamed from whence you have come. When people ask you where you were born and where were your forefathers, tell them. We were born in Africville! We are proud of Africville!"

The annual reunions show that the story is far from ever. The city couldn't just bury 20 years of community life under a new bridge and acres of sod.

Anyone attending opening night on October 20 knows that Africville is still alive, in the hearts of former residents and their descendants. Many of them were at the gallery that night and their spirit was infectious.

The evening began at the Cornwallis Baptist Church with a public service in memory of the life and times of Africville. Everyone then made the trek along Barrington Street past Seaview Park to the Mount.

Organizers of the exhibition had a chance to introduce it with speeches in the auditorium. Several groups had collaborated on Africville-- A Spirit That Lives On, including the gallery, the Africville Genealogical Society, The Black Cultural Centre for Nova Scotia and the National Film Board, Atlantic Centre.

Sparling estimated that 500 people attended the opening and many more have come through since, especially school groups.

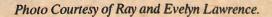
The exhibition had grown to be much bigger than Sparling had originally anticipated. It required two years of hard work to put it all together, but Sparling said the effort was well worth it.

"The deeper we got into this subject," she said, " the more we realized it was probably the richest material that we would ever find."

It's hard to imagine so much history taking place on that quiet, grassy spot within viewing will never be the same again. You may never be the same again.

range of the Mount. Do yourselves a favour. Go to the gallery and take a stroll through the spirit of Africville. Waiting for the bus







arts & entertainment

PICARO

Thursday, November 2, 1989

The Ultimate Road Trip

by Shirley Gay

Some people thought we were insane. My mother wanted the four of us institutionalized. Why on earth would anyone want to drive down to New York City and back just to spend a day in Manhattan?

Two reasons.

One: Why not? New York is loaded with things to do.

Two: Joe Montana...I mean, the San Francisco 49ers (who played at the Meadowlands last Sunday.)



The drive south was long, but we barely noticed. We slept and planned and anticipated our way through New England, doing warp speed the entire time. Still, by the time we reached East Rutherford, New Jersey (we stayed at a Meadowlands hotel to be good and close to Joe...I mean, the stadium) some seventeen hours later, we were looking forward to stretching out on a real bed, enjoying a hot shower and changing clothes.

Unfortunately, it was only 10 a.m. We couldn't check in until one in the afternoon. Obviously, it was time for lunch, some shopping (lots of factory outlet stores in East Rutherford!) and a nap.

Later, after we had finally checked in and refreshed ourselves, we were set to hit the big city. We wanted to see as much as we could Saturday night, knowing Sunday we'd be pressed for time before going to see Joe...I mean, the game at four.

Garnering a map and some advice from our friendly bellboy and concierge ("Stay away from the subway!") we set out to conquer Manhattan. We parked in a public garage (not the one recommended to us, but then, we like to live on the edge.) Catching a cab to the Hard Rock Cafe, we were faced with a 45-minute wait for a table. We put our names on the reservation list and left. (When you've got twentyfour hours to spend in the City That Never Sleeps, forty-five minutes would be a sacrifice!)





Instead, we explored all of the terrific streets and trendy areas like West 57th, 42nd and Broadway, Avenue of the Americas and Fifth Avenue. We went to Rockefeller Center, saw Trump Tower and the U.N. Building, and encountered a rowdy group of St. Lawrence University students in a 40-foot stretch limo screaming "God Bless Canada!" to some very amused natives. Who says New Yorkers don't have a sense of humour! We had a great

supper in an Italian deli off Broadway, strolled through discount stores with amazing deals on stereo equipment and jewellery (this stuff was a real steal!) and haggled with nervous street salesmen carrying Gucci watches in briefcases. It was a busy night!



Finally, we headed back to the car--taking a cab ride, the ultimate tourist attraction! Weaving in and out of traffic, we sped back to the parking garage, praying that the car would be intact (it was!) Back to the hotel we went to rest up for Joe...I mean, the next day.

I have to mention the diner lady in Secaucus--we went for a midnight snack and she was adorable--typical grandmotherly type with a Jersey accent. She called me 'honey' a lot... I like that in grandmotherly types!

Sunday--Joe... I mean, Game Day--was spent mostly in Greenwich Village, shopping on Broadway, and of course a visit toMadison Square. We avoided the Statue of Liberty, but we did see the Empire State (we just looked up!) At about three, we

headed back to the car to make our way to Joe...I mean, the game, which started at four. Changing in the car from village black to 49ers red was tricky, but I managed. I was all set for J...you know what I mean. Then...it happened. Manhattan in rush hour traffic. Trying not to panic, we waited and waited and had our windshield washed (twice) by enterprising young men. An hour later, we got to the Meadowlands--almost at halftime. Two of us went into the game, the other two napped in the car (they probably would have sent me in alone, as I am the only 49ers fan, but I think my friends were afraid I wouldn't come back.)

The game was great. Joe didn't play...in fact, as a certain Picaro sports editor made a point of telling me, the 49ers had to resort to using their third-string quarterback. Still, Joe was there, and with the help of binoculars borrowed from one of the 60,000 Jets fans around me, I did see him.

cisco--23, New York--10.

New York was an unbelievable city. As much as we saw, there was so much we missed. I can't wait to go back.

Who's free next weekend?

Sunsplash Star Sugar Minott

by F. Owen Keith

Fitting the spirit of our glorious indian summer, reggae fever seduced Halifax audiences last weekend to the beat of Sugar Minott and His Abasanti Reggae Band, direct from Kingston, Jamaica to the stage of the Pub Flamingo. They headlined this summer's Reggae Sunsplash Tour 89 across North America and are one of Europe's top drawing and selling acts. This was Sugar's first visit to Halifax, and I wouldn't hesitate to deem his the best reggae act to play Halifax since the Wailers' show a few years back at the Club Flamingo on Gottingen

Sugar Minott's sound is classic reggae in a smooth vein of what Sugar call "lovers rock" mixed with rub-a-dub and faster rhythms, all very danceable and all topped with Sugar's enthralling professional vocals. His Halifax audience on Friday night did not discriminate between the heartfelt crooning of his lovers rock and the engaging and energetic style of his roots-style riddims when it came to appreciation. And audience appreciation in the reggae end of the music industry in measured in large-scale rhythmic movement. In short, Sugar and his band set the whole club asway or abop from his "Hello, How Are You" opening number right through to his encore.

With over twenty albums to his credit, Sugar Minott is a landmark in the reggae scene, and it doesn't look like he's about to retire, so if you see his name again, don't miss him--it's not often that we get a taste of Jamaica in Halifax, and Sugar is a sweet bellyful.

Sugar Minott and His Absanti Reggae Band Grooving at the Flamingo Last Weekend



That's EntertainMount!

ART GALLERY: The one thing no one should miss is the exhibit entitled Africville: The Spirit Lives On. It is the first public reminiscence of the community of Africville, and it is an important reminder of a significant time in our local history. The exhibit runs through November. Also, a celebratory concert will be held this Saturday. Call the gallery for more details (443-4450.)

VINNIES: There will be no live entertainment in the lounge this Friday afternoon, because staff is gearing up for the great show that night. Exclusive to the Mount, hot Canadian band 54-40 will be playiny. Local favorites Black Pool will open. The doors open at 9 p.m...this is one show you dont want to miss! Tickets are \$6 in advance, \$8 at the door.

PR SOCIETY: The textbook drive in support of the University of West Indies is under way! It runs until November 15, so gather up as many textbooks as you can to help out the University of West Indies whose library facilities were destroyed by Hurricane Gilbert over a year ago. There are two drop-off locations for the textbooks: one on the second floor in Rosaria, the other in the lobby of the Seton Academic Centre. Don't forget that' for every textbook you drop off, you will get a ballot and a chance to win prize.

ATTENTION SPRING GRADS: There is a meeting in Auditorium D on Friday, November 3 between noon and 1 p.m. for all potential graduates.



Keith Davi

arts & entertainmer



Movietalk: "Fat Man and Little Boy"

by Jason Reindorp

I'm impressed. Having just seen "Fat Man and Little Boy", I would have to recommend it as a mustsee. Not because of a great plot or its actors' strong performances (although they were strong) but because this movie recounts a chapter in the world's history that was, and still is, pivotal to the future of our world.

Following the atomic bomb from its conception right through to its birth is no small job for a producer or writer to take on. This movie, however, handles it extremely well. I mean sure, the movie's long and in places slightly drawn out but there were also parts of this film which sent chills through me. We are given the chance to see, through the eyes of its creators, the internal conflict, personal challenges and complicated emotions that this project incurred for all of the people involved.

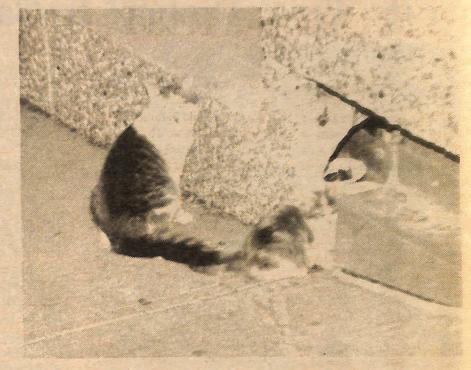
Fat Man is basically a history lesson with a bit of flowering around the edges. This flowering comes to us in the form of rela-st-You're probably saying "So... How tionships. Little love stories that quite frankly annoyed me at first. I initially felt that they were making light of the whole issue until they were so effectively woven into the plot near the conclusion. It is here where the effects that the bomb will have on society are

personalized. We're able to relate through emotion.

Usually I would comment on the performances of the main actors but I think that the strength of their performances is obvious by the fact that we don't even consider them. (Isn't that the role of the actor, to become the people and get the story across) They seemed to fit their roles perfectly. Paul Newman, the general in charge of the whole project constantly dealing with Dwight Schultz who has the difficult role of the head scientist who has to give direction to the young scientists involved. John Cusack, whose role, although seemingly unimportant in the beginning, serves to personalize the whole issue towards the conclusion.

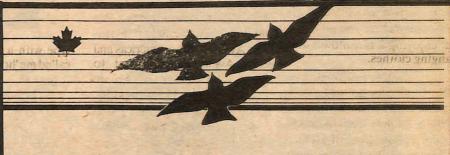
The conclusion is the next thing I feel I should mention. We would typically expect the classic mushroom cloud to bring down the curtain but instead the ending is handled in a different way. A more effective way.

does it end?" but that's something that you're going to have to find out for yourself. I will say however, that you should expect a period of intense silence during the last few minutes. Then, as people begin to move with the credits, you'll start to think.



Picaro mascots outside Rosaria





A FRIEND

A friend is someone who goes out of their way, To make you feel happy from day to day.

A friend enjoys just being with you, For they bring happiness no matter what we do. When we have problems or when we're in doubt,

They're always there to help straighten things out.

A friend takes us for just what we are, Not for our money or fancy car.

They don't care how we are dressed, Or whether we have more than them or less.

But they do care a lot about how we feel, When they make us happy it means a great deal.

A true friend is worth more than all the world's gold, For friendship cannot be bought or sold.

John Thomas Proctor



Doober's Going to 54-40!







campus recreation

PICARO

Tips: Dieting-It Can Be Dangerous

By Lisa Boudreau

For millions of Canadians. weight loss and weight control has become major pre-occupation in their lives. According to a Health and Welfare survey, 45 per cent of Canadians over the age of 20 say they want to lose weight. For women, the preoccupation is much more ingrained...70 per cent of the women surveyed said they wanted to lose weight. Societal beliefs of what is deemed "body attractive" has created a mad obsession with trying to fit into the perfect slim and trim body.

To reach this so called perfect physique, people turn to the fast growing diet industry. We consume mass amounts of "diet" or "lite" products. In fact, they accounted for over 800 million in sales in food stores between August 1988, and August 1989. (MacLean's, October 9, 1989). We also find ourselves participating in the proliferation of "fad" diets on the market. As the diet industry grows in leaps and bounds, so does the amount of information that indicates that these quick loss fad diets just don't

The problem with diets that encourage rapid weight loss is that once the diet ends, the tendency is to regain the lost weight and then some. Many health experts are now saying that many methods of weight loss may be doing more harm than good. When an overweight person attempts to restrict their calorie intake, the body's internal mecha-

nisms recognize it as a loss of fuel. It compensates for this reduced fuel intake by lowering or slowing down the body's metabolic rate, so it can survive this perceived loss of fuel. It is extremely difficult if not impossible to maintain diets that grossly restrict calorie intake. So, when the person goes off the diet, the metabolism remains in its protective mode, and as a result the lost weight, and more is gained by the dieter. It is a frustrating battle that many a dieter finds himself caught up in. Health experts are now saying that there is a better, more sensible way to get a handle on weight loss.

Instead of taking the restrictive diet route, more and more health experts are advocating exercise and good, sound eating habits. Regular exercise plays a major role in burning the calories consumed with food intake. It also seems to play a role in temporarily increasing the metabolic rate of the body. So, even at rest, the body's ability to burn calories improves. Calories are burned more effectively with moderate exercise. That means keeping exercise heart rate in the lower range of the Target Heart Rate Zone (55-70% maximum intensity). In addition to the burning/metabolic calorie changes that exercise produces, it is also responsible for producing mental benefits. It gives the exerciser a sense of control and commitment, a feeling that can have a carry-over effect in other

areas of their life such as weight control and self-esteem.

The thing to remember about weight loss and control, is that the weight was gained over a long period of time; therefore, to sensibly lose the weight, a similar time period will be needed to achieve long lasting results.

Check out how your diet rates by answering the quiz below. If it indicates that your diet sense needs some adjusting, it's time to look at making lifestyle changes that fall in line with the growing body of knowledge that suggests healthy bodies need healthy foods and healthy exer-

Mount Alpines Undefeated

By Todd Bechard

The MSVU ice hockey team beat Dal Chemistry 2-0 last week (Wednesday, October 25) to remain undefeated in the Dalhousie league.

The game was scoreless until the final minute when Dean Hansen picked the top corner with a 15-foot wrist shot. Phil Hahn rounded out the scoring on a breakaway in the dying seconds. Scott Cherry, with some exceptional goaltending, earned the shutout. The Alpines tied Dal Geology 3-3, in their first

The Alpines are selling 50/ 50 tickets to help finance the team. Please support them by buying a ticket from any team member.





Pepsi Athlete of the Week

This week the Pepsi Athlete of the Week is Cory Dykes. Cory is a second year BBA student and a member of the women's soccer team.

Cory was selected to the Nova Scotia College Conference All Conference Team on the weekend at the NSCC playoffs. She has been an offensive threat all season scoring and setting up

HOW GOOD IS YOUR DIET?

If you answer yes to any one of questions 1-7, or no to questions 8-10, think

- 1. Does the diet promise rapid weight loss? __
- 2. Does the diet claim a single food is the magic key?
- 3. Does the diet eliminate one food nutrient, such as carbohydrates?
- 4. Does the diet eliminate one or more of the basic four food groups?
- 5. Does the diet require you to skip meals? ___
- 6. Does the diet set a caloric limit below 1,000 calories a day without constant medical supervision? _
- 7. Does the diet have some product to sell and/or is it advertised in a nutritionally unreliable publication? __
- 8. Does the diet promote good eating habits? ___
- 9. Could you eat this diet for a lifetime?

Captures Tournament

- 10. Does the diet acknowledge the importance of exercise? _
- Source: Olivia Bennett Wood, M.P.H., R.D., Purdue University.

plays. During the playoffs she scored three goals in the MSVU 6-0 win over NSAC and again in the final 3-0 win over TUNS.

Congratulations Cory on being selected the Pepsi Athlete of the Week!

NOVA SCOTIA COLLEGE CONFERENCE STATISTICS REPORT

WOMEN'S SOCCER

	GP	W	L	T	GF	GA	PTS
MSVU	8	7	1	0	19	9	14*
KINGS	8	5	1	2	18	4	12*
TUNS	8	1	3	4	5	13	5*
NSAC	8	1	5	2	8	19	4*
NSTC	8	1	5	2	5	10	4*







This past weekend Mount Saint Vincent hosted a twelve team men's intermediate basket-

ball tournament. The tournament was held in our own gym and at TUNS. Twelve teams from Halifax, the Valley and New Brunswick competed in the three-day tourna-

In the Mount's first game Friday night against the Rockets, the Mount emerged victorious with a 98-88 win. Wayne Keddy was the leading scorer with 26 points.

In the second game of the round-robin section including the Mount, the team was once again victorious defeating the Celtics 76-67. Wayne Keddy again was high scorer for the Mount with 19 points.

This win put the men's team in the semi-final game against Truro McDonalds. MSVU beat Truro 72-41. Paul Forward scored 14 points for MSVU putting them in the final game against the Mount A. Mounties.

In the championship game Mount A outscored the Mount 81-54. Jesse Diepenveen was our high scorer with 14 points.

At the end of the tournament the all star selection was made which included Mount players Paul Forward and Jesse Diepenveen.

In an added attraction our own Jesse Diepenveen won the dunking contest, awing the crowd with some high flying.

All in all, men's coach Rick Plato was pleased with the play

Congratulations to all the players and to Rick and good luck this weekend as the team travels to Montreal to compete in the John Abbott Invitational Tournament.



sports



Thursday, November 2, 1989

PICARO

M S V U Wins 4th Consecutive Title

Mount Saint Vincent University women's soccer team captured their fourth consecutive Nova Scotia College Conference Women's Soccer title on the weekend by defeating the Technical University of Nova Scotia 3-0 in the final game. Teri Canning opened the scoring in the first half with Darcie Moore and Cory Dykes adding one a piece before the game was over.

The Mount reached the final game by defeating Nova Scotia Agricultural College 6-0 in the semi-final. Cory Dykes scored three goals before the game was over. Natasha Klefenz, Darcie Moore and Jocelyn MacLean each added one.

The Mount team was very well represented on the All Conference Team by placing five players on the squad. Jennifer Shebib playing in her first year at the Mount was selected All Conference Goalie, Leanne Tanner in her last year in a Mount uniform, was chosen All Conference Back along with rookie Shelly Eichel, wearing the "blue" for the first time. All conference for-

wards included Cory Dykes and Teri Canning who were the team's major point-getters throughout the season.

"We have so many good players on our team it's hard not to want them all to be chosen," said coach Patsy Pike. "We get so many things from different players. Karen Weatherson, a transfer student from Kings, added great depth on the wing playing very well with Jocelyn MacLean, who played nets for us last year, and did a heck of a job on the field this year. Darcie Moore a freshman from Sir John A. MacDonald High School added a number of crucial goals when we needed them to secure a win. Sonya Powell, Rhonda Rogers and Lori Martin gave us the kind of solid defense with the ability to move up on the play that the best well seasoned players can give to a team. Natasha Klefenz, also a rookie from Sir John A., has the longest "throw in" in the league without a doubt and carried the ball very well on her side of the field...well enough to score a goal in the semi-final game.

Danielle Gendron, another rookie for the Mount squad, improved in every game knowing what she had to do and doing it. Lindsay Jones playing fullback for the first time at the Mount was definitely an added asset to the team's defensive line delivering the ball solidly out of our defensive end and initiating many offensive challenges throughout the season. Good players make good teams as was the case with this year's Mount team.

Coach Patsy Pyke was very pleased with the play of the team over the weekend. "I think I can say the team played their very best soccer of the season this past weekend. That is what you tune your team for, the playoffs... that's what you aim for and our team put it all together for the final games. The game against NSAC was a game during which the players played intense, on the ball soccer. They jelled as a team at the right time of the season. I am very happy with the results of course but more so with the waythe team came together."





MSVU to Host Women's B-ball

This weekend will be a busy weekend for the Mount Athletics/ Recreation Office. Along with the Invitational Volleyball Tournament we will also be hosting an invitational women's basketball tournament.

Teams from Nova Scotia Agricultural College, St. Thomas (N.B.), UPEI Junior Varsity and the Mount Saint Vincent University women's basketball team will compete on Saturday night and Sunday.

Play gets under way Saturday night a 7 p.m. when MSVU hosts St. Thomas. At 9 p.m. NSAC plays UPEI.

This will be the first tournament of the year for these teams and as Assistant Coach Patsy Pyke says, "It will give us a chance to see our players in a game situation before the season starts. I guess all coaches are thinking the same thing at this time of the year. We have a lot of new players on the team this year and we are anxious to see how they will fit into our game plan."

Returning to the team this year are Heather Nicholson, Andrea Drake, Wanda Skinner, Jocelyn MacLean, and Julie Gidney. New to the team this year are Deanne MacLeod, Nicole Melanson, Lynn Ann Campbell, Jeannie Flynn, Dana Decoste, Maura Ryan and Alexandra Taylor.

"We have a really strong group of rookies this year," says assistant coach Pyke. "We are looking for good things from them."

Come out to Rosaria Gym on the weekend and support your Mount teams.n, Andrea Drake, Wanda Skinner, Jocelyn MacLean, and Julie Gidney. New to the team this year are Deanne MacLeod, Nicole Melanson, Lynn Ann Campbell, Jeannie Flynn, Dana Decoste, Maura Ryan and Alexandra Taylor.

Volleyball Tournament

On Saturday, November 4, the women's volleyball team will host a senior women's volleyball tournament in the Rosaria Gym.

Five teams from Halifax and Cape Breton will compete in the games which will start at 12:30.

MSVU women's volleyball coach, June Lumsden, says the tournament will give teams a chance to play a number of games, try out different play combinations in anticipation of the season play, which will be starting in the near future, and to see how

their teams react in game situations

Coach June Lumsden says, "...this kickoff to the season gives us a chance to work out the kinks."

Games start at 12:30 and continue at 1:30, 2:30, 3:30 and 4:30.

The Mount plays at 12:30 against the Classics, 1:30 against Village Gate, 2:30 against Dal Club and 4:30 against UCCB.

Come out to Rosaria Gym to watch the women's volleyball team kickoff their season.



Redeemable only at 278 Bedford Highway



classifieds

PICARO

MOUNT ART GALLERY: The Spirit of Africville, an evening of music and dramatized readings, takes place at MSVU Nov. 4th at 8 p.m. This performance is in conjunction with the exhibit Africville: A Spirit That Lives On which continues to November 19. Tickets, at \$8 and \$6, are available at the Mount Art Gallery, the National Film Board and the North Branch Library. For more information call the gallery at 443-4450.

MSVU: You are invited to attend an Ecumenical Memorial Service on Wednesday, Nov. 8, 1989, at 7:30 p.m. at Our Lady of Wisdom Chapel, Evaristus Hall, in memory of deceased members of the university community. A reception will follow. Co-sponsored by the Mount's campus ministry office and the Mount Saint Vincent Alumnae Association.

BEDFORD PRESBYTE-RIANCHURCH: Invites you to a film by Dr. James Dobson, Wednesday, November 8, The Heritage, in the Lion's Den 36 Holland Avenue in Bedford. scholarships: There are a number of scholarships available to students from off-campus organizations and companies. For further information contact one of the following: Housing and Financial Aid, Rosaria 119, or the Office of the Deans.

There are deadlines for all awards so don't delay if you feel you are eligible.

The Picaro staff wants to publish an Enviornmental Issue November 16, 1989. We welcome any relevant articles and/ or ideas. Please contact Jean at the Picaro Office, Rosaria 403.

YMCA: The Halifax YMCA, 1239 Barrington Street, is once again offering its popular course in car repairs on Nov. 6, 13, 20 and 27 from 7-9 p.m. Fee: \$35. For more information call 423-6162.

A film about The Great Wales will be shown in the Icehouse Theatre, Fisheries Museum of the Atlantic, Lunenburg, on Sunday, November 5 at 2:00 p.m. Admission is free.

MARITIME CONSERVA-TORY OF MUSIC: A new term of dance classes begins the week of Nov. 20th. Social, ballroom and jazz dance classes for adults. Ballet, creative movement and jazz classes for children. Register early. For information call 423-6995.



We need a typist. We need a typist! We really need a typist! Tanya the typist is going on holidays for a month and we need someone to fill her shoes. We're asking you to try. Please apply in person at the Picaro office before Friday, November 10, 1989.

EYE LEVEL GALLERY NEW DANCE SERIES 89-90: is pleased to present Montreal choreographer Dulcinea Langfelder in performance at the Sir James Dunn Theatre, Dalhousie Arts Centre on November 8 and 9, 1989, at 8 p.m. Langerfelder kicks off the eighth season of Eye Level's newdance series with the presentation of her new choreographic play "The Lady Next Door" and her critically acclaimed "Vicious Circle", which she performed in our series in January, 1988, to rave reviews from Leslie Smith of the Chronicle Herald/ Mail Star. Ticket prices are: adults \$12 (\$10 advance) and students/ seniors/members \$10 (\$8 ad-

A collection of Inuit sculptures collected by Larry Tonita of Yarmouth will be shown at the Firefighters Museum of Nova Scotia, Yarmouth Exhibit Centre in November and December. For more information call 429-4610.

NOVA SCOTIA MUSEUM: A collection of community quilts, both old and new, will be shown

at the exhibit centre, Sherbrooke Village during November and December. The centre is open 9:30-5 p.m. Monday to Friday.

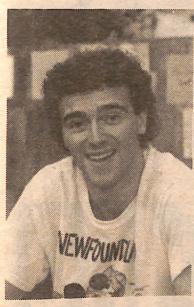
Thursday, November 2, 1989

EMPLOYMENT OPPORTU-NITY: The Athletics/Recreation Office is looking for individuals to work as minor officials for the Mount basketball games this year. These individuals would be responsible for running the main clock, the thirty second clock or keeping score in the score book. Experience would be nice but not mandatory. We can train you. The games pay \$5 per person. If you are interested, please come down to the Athletic/Recreation Office and fill out an application form. It's a good way to make a few extra dollars and you get a front row seat!

Learn about the November sky at the Halifax Planetarium located at the Sir James Dunn Building of Dalhousie University on Thursday, November 9 at 7:30 p.m. No groups or children under eight please. For more information call 429-4610.

Vox Populi

Kathy Shay and Wendy Munro



John Doody, 4th yr, BPR
"I don't feel men are treated differently or at least, from my perspective, I haven't been treated differently. I certainly don't feel that John Tillmann accurately represents the views of the male population at the Mount. The easy solution to the so-called "discrimination" problem is that if they don't like it here, why not go to another university."



Stephen Strum, 2nd yr, BTHM

"There is a noticeable degree of feminism at the Mount. But that's okay."



Rosie Poirier, 4th yr, BPR
"Of course men are treated
differently. They're treated like
royalty. Where else are men
constantly surrounded by hordes
of women."



"Do you think that men at the Mount are treated any differently?"

Antoinette Stutvut, 2nd yr, BTHM

"I haven't seen any cases where they have been treated any differently."



Carl Adema, 2nd yr, Special Student

"Not really, people are equally conversant in both genders."



Trudy Landry, 3rd year, BSC
"I think men and women are treated differently everywhere. To expect the Mount to be special is absurd. Historically, men and women have always been treated differently. I do not believe that men are treated any differently at the Mount then they are at any other university; but I'm sure willing to admit that my opinion may be slightly biased-I'm not a man."