

# THE SENTINEL

## The Grad Issue

### Meet Morgan, A Young, Dedicated Artist

By ANNA SUUTARLA

Morgan ties back her red hair as she sits on the couch eager to begin the interview. Like any artist she is ready to express herself.

Morgan is graduating from the University of Nova Scotia College of Art and Design with a degree in Fine Arts. She chose to concentrate her studies in sculpture as she can express herself the best in three dimensional forms. "I consider myself a conceptual artist. The idea and message behind the piece are just as important as the look of the piece," she explains.

The four horses that Morgan crafted for her final piece are breathtaking. The piece makes a biblical reference to the four horses of Apocalypse found in the book of Revelations. Each one of the huge horses represents one of the four curses that God will put upon the world.

The first horse represents Anti-Christ. The horse gazes up, refusing to look the viewer in the eye. This is

symbolic of the Anti-Christ as untrustworthy.

The Anti-Christ brings forth war. The second horse is charging. "The red shade of the horse symbolizes blood spilled on battle fields," Morgan reveals.

War brings forth starvation. The third horse is weak and limp.

Starvation brings forth death. The fourth horse looks pathetic. It is pale and sickly. The greenish shade represents sickness and decay.

"My piece is not meant to be preachy," Morgan stresses, "instead it urges the viewer to take some time and think. To try and resolve something and have an opinion." The piece doesn't offer a resolution; instead it leaves the viewer with a question.

"Art offers questions. There is no end to art because the questions don't have one right answer," Morgan explains. "You can apply any issue going on in the world today to my

piece. By this I mean any economic, social, or environmental disaster. Most issues follow the four stages represented by the horses," she clarifies.

So what is next for Morgan? "I am going into public art. I want to make large sculptures to be displayed outside for the general public to view."

"I get my inspiration by observing society and participating in it," Morgan says, "I hope to create art that everyone can relate to so that everyone can walk away with an idea or question." In this way Morgan hopes to connect society back to art.


We all get caught up in our daily lives and fail to see the bigger picture. Instead of addressing disasters we are distracting ourselves with entertainment. With poles stuck through them the horses also

represent a carousel. This encourages the viewer to think "What makes the world go round?"

Is it freedom and equality? Or media and money?



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2007

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## MSVU Student Looks to the Skies

By ALLANAH MCCORMACK

A full lunar eclipse took place on March 3, 2007. The eclipse time was approximately 6:45pm. Here in Nova Scotia we had one of the best views in North America of this rare occurrence. I was fortunate to have one of my pictures displayed on the BBC website, which was viewed around the world. Gilles Arsenault of the Royal Astronomical Society of Canada, Halifax Chapter allowed me to take some close-ups via his telescope. The website for the Royal Astronomical Society is <http://halifax.rasc.ca>. Check out their information and see about their upcoming events. Please enjoy the lunar eclipse again through some of my photographs.



### CONGRATULATIONS!

Coming to the Mount  
this September...

### U-PASS

**Why?** Because MSVU Students' said "yes" to the referendum held last year

**When?** Starting September 2007

**Who?** All Full-time Undergraduate Students will be added to the program and receive the U-Pass

**How Much?** The U-Pass fee of \$120 will be added to your Student Account in September

### How can I learn more about this program?

Contact Your Students' Union or check out the Metro Transit website:

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# Student Refugee to Study at MSVU September 2007 Wish Day a Success

By AMY EATON

On March 26<sup>th</sup> and 27<sup>th</sup>, MSVU's local WUSC committee teamed up with the Students' Union to hold a referendum that would decide if the Mount would become one of several universities across Canada to take part in WUSC's Student Refugee Program. Thanks to the overwhelming "YES!" vote from students, MSVU will welcome its first student refugee in September 2008.

The Student Refugee Program, offered through the World University Service of Canada, is the only one of its kind in Canada. The SRP offers refugees the opportunity to pursue post-secondary education and to build a life in a place free of violence and fear. Currently, the SRP brings roughly 45 student refugees to universities across Canada. After their first year of studies, these students will obtain landed immigrant

status and become permanent residents of Canada. The refugees are selected by WUSC from refugee camps across the world and are sponsored by the local WUSC committees at the universities they attend. Student refugees that are selected are prepared for post-secondary education because they have finished prep school or have already begun post-secondary education in their own country but have had to flee because of the threat of violence.

MSVU's local WUSC committee, which was initiated in Fall 2005, has worked diligently towards bringing the SRP to the Mount. Shortly after forming, our local WUSC chapter committed to the development of the SRP at MSVU and, step-by-step they are succeeding. The committee approached the University and convinced them to waive tuition and

residence fees for the student refugee; the next step was to ask for the students' help. The student refugee would also need money for clothes, books, health insurance, emergency money and personal expenses. WUSC proposed that each student pay an additional \$0.90 per credit to help fund the Mount's SRP and asked for the students' support by holding a referendum. The vote was undoubtedly in favor of the SRP with 93% of students who voted supporting WUSC's proposal. WUSC's hard work and determination has paid off. MSVU will become home to a new student refugee each year beginning next fall.

WUSC is still looking for donations of clothes, winter apparel, items for the student refugee's room, and more. If you are interested in donating, please contact the International Student Advisor at 457-6130.

By LESLIE EARLE

Students, staff, and faculty joined forces with the MSVU Housing Team on March 16 from 8am to 12 midnight to make the 4<sup>th</sup> Annual Wish Day a huge success!

Dedicated hockey players, volunteers, entertainers, head shavers, and members of the Mount community embraced the chilly weather to help raise over \$6000 in support of the Children's Wish Foundation Nova Scotia Chapter.

Opening ceremonies began at noon featuring Wish Kid Mason and a showcase of his ballroom dancing talent. Mason also did the official puck drop after a special presentation from the MSVU boys' basketball team. Several Mystics presented Mason with an autographed jersey to thank him for participating in the day's event. Monty the Mountain Lion was also on hand for the festivities.

The silent auction was a hit too, with many amazing items going to lucky bidders. Booster Juice also added a little kick to the day, selling two flavours of their famous beverages during the afternoon portion and giving half its total revenues to Wish Day. As well live entertainment garnered lots of excitement. Much appreciation goes out to all those who offered up their talents. Head shaving was also a crowd drawer. Several students came out in full force to shed their locks in return for donations. To all those who shaved their heads in support of the Children's Wish Foundation, we appreciate your brave efforts.

The newest addition to Wish Day began at 8pm. A Casino Night was held in the Multi Purpose Room where students took part in several games of chance. At the end of the evening the students in attendance had an opportunity to bid on lots of cool prizes ranging from gift baskets to a night at a hotel. Thanks to Tyler Deacon for his hard work and dedication to Casino Night!

Yes, Wish Day was jam packed with fun all in support of a spectacular cause. A special thank you goes out to all those who donated or helped out in any way. We couldn't have done it without you.

## Fountain Play Centre: a Review and a Thank You

By LISA HARIETHA

As the end of the school year fast approaches, I look back on my time as a Fountain Play Centre manager. It has been a wonderful year! The centre has had a number of adorable, beautiful children come in for care, over sixty dedicated hard working volunteers, very fun events, and many laughs.

It was last April when I saw the ad for Operations Manager on a wall in Seton. I did not hesitate to apply for the job. I had been working in the field of Early Childhood Education for a few years and I always wanted to try more of an administration role—but alas I was too chicken. I had volunteered at the centre years before (in the nineties—yup, I am that old) and I knew I loved the atmosphere and the concept that the service was there for students that may not be able to afford child care while attending school. I had a series of interviews and after a week or so I received the call that I was accepted for the position. I was quite excited for my new quest. The year has brought much joy and it has certainly been a blessing. I have learned behind the scenes of a daycare program, supervising others and fostering

parent/teacher relationships. I have enjoyed being part of the Students' Union and meeting so many people. If anyone is thinking of applying for a Students' Union service position, I would say do it. This is one of the first jobs I have had where I have loved every aspect. I have not gone home stressed and I have grown in confidence and other skills.

This year was filled with events for the children as well as the volunteers. We hosted many events including volunteer suppers and movie nights as well as a few staff meetings throughout the year. The children's events included a Halloween party, a Holiday party with Santa Claus and gifts for the children, Kids Carnival, a pyjama and movie day, and a teddy bear picnic. Meghan and I are now planning the Baby Grad. The events proved to be successful as we had a number of smiling parents, children, and adults. Meghan and I would like to take this opportunity to thank all the volunteers who have helped us out on weekends and in the evenings and the parents who came out after a busy week.

The program would not run without our amazing volunteers. There is no way that Meghan and I could do it

alone. Therefore we would like to take this opportunity to thank each and everyone one of them for thier caring ways, sharing thier time and talents, and bringing joy to the centre. We are students too so we know how hard it is to do those extra things. Many volunteers have been there week to week and even day to day help us out. We hope that they enjoyed thier time at the centre, gained valuable experience, felt comfortable in their surroundings, and most of all HAD FUN!

We would also like to thank the families who chose the Fountain Play Centre as their primary caregiver outside the home for the 2006-2007 school year. The children this year were wonderful and a joy to have around. A number of the volunteers who plan to return next year are truly hoping we have some returning faces. I hope you all enjoyed your time at the centre and felt that your children received quality care.

So that is it in a nutshell! Thank you all for a wonderful year and I hope next year will bring even bigger and better things for the Fountain Play Centre.



# MSVU Elections 2007

By David Porter

Unbelievable isn't it? The school year always goes by so quickly. Most of us would just love to yell stop and actually have the world at least slow down. Then perhaps you could read all those posters around school that inform you of what is going on. Getting information across and making the connection between students is a most difficult task. That difficulty of this task has been very evident in this year's elections.

How to get students involved in

activities or at least know what is going on has been the foundation of many a campaign. This year is no different. Every candidate expressed this concern, as they should. It is a difficult task though and by no means a one-way street. All the posters in the world are only effective if the people walking by are interested. Every year the Students' Union tries very hard to reach out to get everyone involved.

For some reason this year has been one of the hardest to get students involved. Just how to get over this

problem has been a conundrum. The current slate of representatives that will deal with the communication issue next year is:

Scott Macdonald, Councilor at Large  
Noelle Peach, Off Campus Representative  
Daniel Mackeigan, Science Representative  
Kyle Rodgers, Resident Representative  
Kerri Manning, Professional Studies Representative  
Geoff Macarvery, Graduate Studies Representative

# New SU Pres.



**AMBER DALEY**

President

Year

Fifth and final

Program

Canadian Studies, Double minor in Psych and Political Studies

**Personal Soundtrack**

"Girls Just Wanna Have Fun" would be a good song for me. As for artists well I would say a Rap artist of any kind and Beyonce.

**Personal Motto**

Make the Best of It!

**Prior Involvement**

Well, I was Vinnie's Pub Staff for two years, Vinnies Pub Manager for a year, and VP Student Life for a year to name a few!

**Goals for the Upcoming Year**

Create grants for students, crosswalk safety campaigns, make the school more environmentally friendly, continue to lobby the government for tuition fee reduction, enhance student life on campus, and the list goes on.

**Favorite MSVU Events/Activities**

Mardi Gras, Mr. Mount, watching our varsity teams play, Shinerama, Kumoniwanaleiya, there are so many!

**How Will You Communicate News, Awareness and Information To The Student Body This Year?**

Well, I think having info tables set up, using the LCD Screens, website, and message boards. I want to use as little paper as possible this upcoming year.

**Advice for New Students**

Get involved! Your University experience is what you make of it!

**Final Words of Wisdom or Comments**

Live everyday to the fullest!

**MITOSIS: (cell division)**

Interphase → Prophase → Metaphase → Anaphase → Telophase → daughter cells

**T.S. Eliot's Rhapsody on a Windy Night is on my computer.**

**STUDENTS FOR LITERACY**

**THE HOMEWORK CLUB**

Tutored kids in math & science

I like Chess. And Havarti.

**COMPASSION:**

Not being able to know what to say but being able to know how to listen.

Dr. Matthew Lukwija: Ugandan doctor who confronted Ebola.

I'm a visual learner.

I boil my textbooks down to 10 pages.

**WORLD YOUTH DAY MEDICAL TEAM**

I'm raising \$ for Language Line - a phone translation service for immigrant patients.

I'm taking Cellular & Molecular Biology.

**MAYA ROSE MALIAKKAL**

Millennium Excellence Award Recipient

Hematologist? Gastroenterologist? Psychiatrist? Cardiologist?

I always carry my agenda. It's my brain.

All I've done I wouldn't have thought I could.

**Centenary Health Centre Youth Advisory Council.**

**STUFF TO GET FOR LAB:**

- acrylamide
- agarose
- ethidium bromide
- loading dye
- 100 bp ladder

**IF YOU'RE WAY TOO BUSY TO APPLY FOR THIS SCHOLARSHIP, WE REALLY THINK YOU SHOULD APPLY FOR THIS SCHOLARSHIP.**

You'd swear she were two people. How else could Maya juggle the million things she does, from molecular biology exams to helping make the world a better place? Maybe you see yourself in her, which makes you a great candidate for the Millennium Excellence Award. It's a scholarship worth up to \$10,000 plus unique learning opportunities for students who are not only academic achievers, but also leaders and innovators in their communities. So if you're as driven to lead as you are to learn, let us know.

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# Meet the New Students' Union Executive Team



## AMY EATON

Vice President Academic

### Year

Entering fourth year

### Program

Child and Youth Studies

**Hometown:** Bridgetown, NS

### Personal Soundtrack

"Don't Worry, Be Happy" by Bobby McFerrin! Nah, I'd have to be more realistic and say something by Foo Fighters or Pearl Jam.

### Personal Motto

Be who you are and be proud to be an individual. In other words, don't conform.

### Prior Involvement

Info Desk staff (2004-2005), MSVU SU Information Services Manager (2005-2007)

### Goals for the Upcoming Year

Strengthen the tutor bank through recruitment fairs, develop a task force for awareness campaigns, have more awareness campaigns, work with Tyler to break the record of most money raised for Shinerama, be a strong advocate for students on university senate and other committees, and more.

### Favorite MSVU Events/Activities

Mr. Mount has got to be my favorite. I also love Multicultural night, Mardi Gras, and Wish Day.

### How Will You Communicate News, Awareness and Information To The Student Body This Year?

I think the most important thing when communicating with the students is to be visible and approachable.

### Advice for New Students

Prioritize! Not everything needs to be right away or at all. If you try to thoroughly go through every single reading, read every single word in every chapter of every text book, you will lose your mind! Try not to get overwhelmed. If you do, come see me.

### Final Words of Wisdom or Comments

This is my message to all students: get involved. There's more to learn here than what is taught in classrooms!



## BRUNO PERRON

Vice President Executive

### Year

4th

### Program

Peace and Conflict

**Hometown**

Air Force Brat so all over, but Montreal is good enough!

### Personal Soundtrack

Supertramp

### Personal Motto

Vive le Quebec libre?

### Prior Involvement

POLS SCI Society (Events Coor), External Affairs Committee, FUNK Tuition Fees, Conference: Atlantic Canada: East of East, Rock the Vote N.S., PACS Society (Events Coor), SOA Society.

### Goals for the Upcoming Year

Conceive an environmental policy for the MSVU SU, incorporate some of these policies in our cooperative work with the administration, the creation of a MSVU SU long term strategy, provide leadership, volunteer and activism workshops.

### Favorite MSVU Events/Activities

Those that include good drinks and good tunes.

### How Will You Communicate News, Awareness and Information To The Student Body This Year?

An executive Newsletter, look into the creation of a student web radio.

### Advice for New Students

Find something you care about! Get involved! Stay involved!

### Final Words of Wisdom or Comments

Bring the Cup back to Canada!



## TYLER DEACON

Vice President Student Life

### Year

4th

### Program

Canadian Studies

**Hometown**

Ottawa, Ontario

### Personal Soundtrack

Jack Johnson, "Banana Pancakes"

### Personal Motto

Happiness is like peeing your pants; everyone can see it but only you can feel the warmth.

### Prior Involvement

Frosh leader for 2 years, Wishday fundraiser, Academic Appeals committee, and millions of other events

### Goals for the Upcoming Year

1. Create MSVUSU long-term plan
2. Have more Student involvement at SU events
3. Have more highly advertised SU events
4. Have higher involvement in SU elections
5. Have the best Frosh Week ever

### Favorite MSVU Events/Activities

Wishday, Merrimac Concerts, Kumoniwanlaya and many more

### How Will You Communicate News, Awareness and Information To The Student Body This Year?

Student Radio this year, more advertised events down in Seton link, talk to people and get the information out there.

### Advice for New Students

Find your passion and follow it because being involved is the most important thing.

### Final Words of Wisdom or comments

Common sense is not that common and when all else fails, read the instructions.



## MORRIS MACLEOD

Chief Financial Officer

### Year

Third

### Program

Bachelor of Business Administration, Accounting and Finance

**Hometown**

Baddeck, Cape Breton

### Personal Soundtrack

"Summer of 69," Bryan Adams

### Personal Motto

Hey now, that's personal!

### Prior Involvement

Bouncer/bartender Vinnie's Pub, Assistant Manager at Vinnie's Pub

### Goals for the Upcoming Year

Expand the general knowledge among students on the Students' Union's spending

### Favorite MSVU Events/Activities

Frosh week, Frost week, Superbowl Sunday, Wish Day

### How Will You Communicate News, Awareness and Information To The Student Body This Year?

Through personal interaction with student at the pub during long and deep incapacitated conversations.

### Advice for New Students

Work hard, study hard, and the rest, and you will have no regrets.

### Final Words of Wisdom or comments

No thank you; no wisdom here.



## Mount Cup Comes to a Close



The Winners from Birch 2



2nd Place from Assisi 9 & 10



3rd Place from Birch 4



4th Place from Assisi 5 & 6

On Sunday March 18 the top four residence teams competed for the annual Mount Cup title. After nearly five hours of competition, Birch 2 emerged as the winners, narrowly beating the Assisi 9 & 10 team and upsetting front runners Birch 4 who had dominated the first place position for the better part of the past six months. Birch 2 will celebrate their victory at their winners' party on Saturday March 31 at Vinnie's Pub.



# 2006 GRADUATES!

## Your Yearbooks Are In

**Pick Them Up Today At The Rosaria Info Desk**  
**Contact Amber Daley @ 457 - 6108 For More Information**



FOR MYSTICS SPORTS SEE  
 BACK PAGE



# Mardi Gras Super Pub Another Success

By AMBER DALEY

The 3<sup>rd</sup> annual Mardi Gras Super pub took place on March 9<sup>th</sup>, hosting more than 450 patrons. The pub night was held in the Rosaria Student Centre and it was once again a major success. The MSVU Students' Union, Vinnie's Pub, and Athletics and Recreation came together with many volunteers including the Ath/Rec Society to host the event that created a buzz on campus. Vinnie's Pub for one night extended out to the hallway and into the lobby of Rosaria. This

year's Mardi Gras included two dance floors, three bars, a games room, giveaways, and the Cornerstore even extended their hours to be part of the action for the third year running. The event is one that attracts students not only from MSVU but from other campuses as well. Mardi Gras is a growing event that proves to only get bigger and better every year, and this year was no exception. The crowd that filled the student centre wore bright colors, many beads, and had

the building hopping till 2am. Rosaria Student Centre was decorated with masks, bands of colors, lights, and balloons to top it off. Patrons were turned away at the door once again this year as maximum capacity was quickly reached. Remember next year to get your tickets in advance so you don't miss the massive pub night that everyone keeps talking about. With many surprises and something new every year, I am excited to see what Mardi Gras 2008 will have in store.

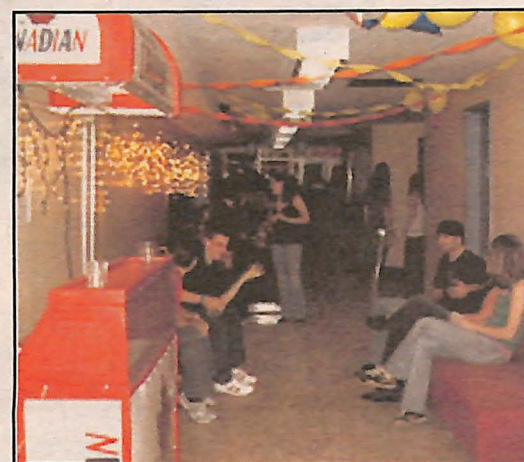
To see more pictures from Mardi Gras keep your eyes on [www.mountstudents.ca](http://www.mountstudents.ca) at our picture gallery. For all of you who attended I hope you had a great time, and for those of you who missed it, don't miss out next year!



Ben Hunter and Allison Saunders oversee the decorations



Kristy McNutt helps get Rosaria ready



Students enjoy some hallway conversation



Students relax and have some fun in the games lounge



Students hit the bar



Mardi Gras gets underway



Kristin McNeill and Gill Kelly in Mardi Gras attire



The Rosaria lobby dance floor fills up



Mardi Gras 2007 is another success



# Recognizing Excellence at the Mount: This Year's Award Recipients

## Academic Awards

Information Technology Outstanding Full-Time Student of the Year  
James Delaney

Information Technology Outstanding Part-Time Student of the Year  
Wendy Cox

Co-Op Student of the Year Public Relations  
Megan Tompkins & Leslie Earle

Co-Op Student of the Year Business Administration  
Ahmed Dalloul

Co-Op Student of the Year Information Technology  
Jianghong (Sunny) Zhang

Co-Op Student of the Year Tourism & Hospitality  
Claire Sullivan

Women's Studies Award  
Magan Polichuk

Swiss Ambassador's Prize in French  
Isabelle Gratton

The Alliance Francaise Prize  
Brigitte Spavold

French Embassy Award  
Natasha Buchanan

The Danny Weston Memorial Prize in French  
Mallory Deserres

Spanish Embassy Award  
Lois Oyuko

Instituto Cervantes Prize in Spanish  
Rebecca Costello & Marlinda Zunic

Swiss Ambassador's Prize in German  
Jenny Farbstein

German Embassy Award  
Lynne Evans

Mrs. Angus L. MacDonald Literary Prize in History  
Lauren Oostveen & Enid Schaller

Sister Francis d'Assisi Prize in History  
Vicki Gesner

Sister Rose Celestine Prize for French  
Crystal Vaughn

Alumnae - Students' Union Leadership Award  
Jeremy Neilsen

Murray Pottie Award in Journalism  
Ashley Dawe

Student Affairs Award  
Angelah Kusero

Patricia Butler Prize  
Krissy Arbuckle

## Athletic & Recreation Awards

Margaret Ellison Award for Outstanding Student Leadership  
Allison Saunders & Caitlin Sheasgreen

Women's Volleyball  
Most Improved Player  
Carla Smith  
Most Valuable Player  
Allison Saunders

Women's Soccer Awards  
Most Improved Player  
Sara Edsall  
Most Valuable Player  
Deirdre Gormley

Men's Soccer Awards  
Most Improved Player  
Patrick Johnston  
Most Valuable Player  
Mark Harnish

Men's Basketball  
Most Improved Player  
Steve Morris  
Most Valuable Player  
Damian Gay

Women's Basketball  
Most Improved Player  
Shelagh Abriel  
Most Valuable Player  
Jenna Dunn

Windsor Flash Trophy  
Allison Saunders

The Sheila & Stephanie Allt Memorial Award  
Danielle Decoff

CCAA Academic All Canadian  
Brendon Arnold & Allison Saunders

Male Athlete of the Year  
Damien Gay

Female Athlete of the Year  
Jenna Dunn

## Students' Union Awards

Society of the Year  
Mount Christian Fellowship

Shineramam Sun Shine Award  
Danielle Lipton

Frosh Leader of the Year  
Jeremy Martell

Frosh of the Year  
Brad Reid

Student Initiative Awards  
Eric Atkinson & Ashley Pelley

Women's Recognition Award  
Loni MacLean \* Krissy Arbuckle

Cornerstore  
Outstanding Customer Service Award  
Mark Theriault  
Cornerstore Managers Award  
Kristin McCurdy

Fountain Play Centre

Volunteers of the Year

Vinnie's Pub  
The Danny Weston Memorial Award For Outstanding Contribution to Security  
Matt Haley  
Responsible Service Award  
Kristin McNeill  
Pub Staff of the Year  
Morris MacLeod

Information Services  
Customer Service Award  
Lauren Saunders  
Managers Award  
Niki Toomey

Student Resource Centre  
Volunteers of the Year  
John Bowes, Ashley Gallant & Christine Richey  
General Manager's Award  
Ben Hunter & Lisa Templin

Councilor of the Year  
Kerri Manning

Honorary Student Council Member  
Paul reyno, Dir. MSVU Physical Plant

President's Recognition Award  
Jaret Burbine & Andrew Maher

President's Award  
Scott MacDonald

## I know why the caged bird sings

by Maya Angelou

A free bird leaps on the back of the wind and floats downstream till the current ends and dips his wing in the orange suns rays and dares to claim the sky.

But a bird that stalks down his narrow cage can seldom see through his bars of rage his wings are clipped and his feet are tied so he opens his throat to sing.

The caged bird sings with a fearful trill of things unknown but longed for still and his tune is heard on the distant hill for the caged bird sings of freedom.

The free bird thinks of another breeze and the trade winds soft through the sighing trees and the fat worms waiting on a dawn-bright lawn and he names the sky his own.

But a caged bird stands on the grave of dreams his shadow shouts on a nightmare scream his wings are clipped and his feet are tied so he opens his throat to sing.

The caged bird sings with a fearful trill of things unknown but longed for still and his tune is heard on the distant hill for the caged bird sings of freedom.

## A Night in Paris

By AMBER DALEY

The annual Student Awards Banquet is a night at which Mount students are recognized for their efforts in many aspects of University life. Every year various students are rewarded for their excellence and hard work. This year's theme was A Night in Paris. The Rosaria Student Centre's Multi Purpose Room was host to approximately three hundred people for the event. The room was decorated as an evening in Paris and included French food, street lanterns, and of course a mini replica of the Eiffel Tower which stood in the corner of the room, lit up for all to enjoy. Awards night included a welcome from our MSVU President and Vice Chancellor Kathryn Laurin, a meal catered by Aramark, and was followed by three categories of awards. The three categories are Academics, Athletics, and Students' Union awards. This year's host Matt Haley kept the audience smiling and the show running smoothly. He himself won an award for his efforts as Vinnie's Pub Security of the year. Many students were recognized for their academic achievements, leadership, work ethic, athletic abilities, and much more. The ceremony was followed by an after party that was held in Vinnie's Pub. Congratulations to all students who were recognized this year and thank you to all the student leaders who continue to, year after year, make student life, athletics, and academic integrity a forever-growing part of Mount Saint Vincent University.

**THE MOUNT FITNESS CENTRE**

**CONGRATULATIONS CLASS OF 2007**

A gift to all Spring 2007 Graduates  
Drop by the Fitness Centre  
& receive your  
**FREE Summer Membership**

Rosaria Student Centre  
Phone: 457-6420 | [www.msvu.ca/athletics](http://www.msvu.ca/athletics)



## Volunteer of the Year Awards from the Student Resource Centre

By JANE MCCORMACK

This year has been very productive in the Food Resource and Diversity Centres. We have had a great year with more services introduced and an increase in the volunteer base. Our volunteer count rose from 10 to 18, which is the highest in the history of the Centres.

The services would not run without the volunteers who give 45 hours a week of their time, and it is appropriate to give them all recognition for the hard work they have done. At this year's Student Awards Night all their hard work was recognised and celebrated by their peers, faculty, and staff.

Three Volunteer of the Year awards were given to Ashley Gallant, John Bowes, and Christine Ritchey. Each had taken on projects for the Centres and worked tirelessly. John and Christine worked on an HIV/Aids awareness campaign which they hosted in the Link. There was a rolling presentation and a plethora of information available along with red ribbons. This was well supported by students in the link.

Ashley has been the coordinator of the fundraising cookbook for the

centres, which will be on sale over the summer months and when school returns in September. Ashley used her knowledge and skills from her nutrition program to compile the book, so those purchasing a copy will be able to make informed choices on what they want to cook and eat.

Justin Haley, Leigh Fellows and Lesley Carson were given Recognition Awards for their commitment and dedication to diversity and food security. Over the next few days each of the volunteers will be given their Recognition Awards.

All of the volunteers deserve a mention for their hard work, dedication, and non-judgmental attitudes. Without them I could not have done my job. They are Michelle Mountain and Erica Savage, who have run the community kitchen on Thursdays this semester, Anneke Vink, Kate Buchan, Amber Moase, Vernon Wang, Kelly Marshall, Amy Marshall, Lori Kaulback, Jessi Filmore, Cheryl Watson, and Megan Steeves. The visitors to the services and I would like to thank all the volunteers for everything that they have done this year.

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## The Cornerstore: What We're All About

By KRISTIN MCCURDY

I don't know about you, but sometimes in those quiet moments when I am not studying for a test or writing yet another paper, I like to find a quiet space and ponder the greater meaning of it all. Is there such a thing as free will? What is the purest state of freedom? Why does the Students' Union have the Cornerstore? All of these questions are worth exploring, yet I have only been able to find a definitive answer to the last. Let me share with you my reveries so that you too may be enlightened.

The Cornerstore is part of the larger body of the Students' Union here at Mount Saint Vincent University. As such its primary function is the same

as that of the Executive or Pub, to help the students have the best experience at MSVU possible. There was a time, not too long ago, before the Cornerstore was established. During that time the cafeteria was the only source of what they liked to call "food." You had to pay their prices and eat what they served or go to the nearest restaurant or grocery store. There were days when some students, not all but some, did not delight in the cafeteria food yet could not afford to venture out into the world and seek other sources of sustenance. The Students' Union, with their finger forever on the pulse of the student body, recognized that there was an outcry for options. The students wanted reasonably priced food in a

convenient location. Leaping into action, the Students' Union made it happen.

Thus the Cornerstore was born. Over time the Cornerstore has evolved into the wonderfully efficient, student-oriented business that it is today. It offers a myriad of items to meet the many needs of the student on a budget. There is a Breakfast Corner, candy, chips, pop, lunches, laundry detergent, toothpaste, healthy snacks, phone cards, bus tickets... all right here in Rosaria. The prices are kept as low as humanly possible because the Cornerstore is not here to make a profit. Recently the Crows Nest, an extension of the Cornerstore, has even been outfitted with a 24 hour

computer lab for those all-nighters the library cannot accommodate. Further, the Cornerstore was not only established by students, it continues to be operated by students. This provides jobs for students who may otherwise not have time or the opportunity to work off-campus. Overall everything comes back to the students; they are the primary focus.

My musings have led me to one chief conclusion; the Students' Union has a Cornerstore because they want to help. If you stop by I think that you will find that I am right. The staff is always ready and willing to lend a hand, and the friendly atmosphere will make you want to come back.



## Imagine This

By AMY EATON

Imagine this, a world in which disease runs rampant. The world's coastal cities are taken over by the ocean, leaving nothing but an underwater ghost town. Catastrophic storms wreak havoc on the remaining cities. Entire species are being killed off. There is nothing left to eat because there is no fertile soil in which to grow food, and there is no meat because animals can no longer survive in the futile conditions. The population of the world slowly dies off... It sounds terrifying, doesn't it? Unfortunately the world just described is our world. If we, the human race, do not take action to stop the progression of global warming, the Earth will become uninhabitable and life here will cease to exist.

Now you're probably thinking, *maybe it is possible... but not in my lifetime.* That is true. However, global warming is already causing significant change. The sea temperatures are rising at a rate of 0.9 degrees Celsius, causing glaciers and

huge ice sheets in the Arctic and Antarctic to melt and sea levels to rise. The polar ice cap in the Arctic is decreasing each year by nine percent. Sea levels have increased ten to twenty centimeters because of the warming of the atmosphere and continue to rise each year. The ice cap on the top of Africa's Mount Kilimanjaro is nearly gone due to melting. North America is experiencing shorter winters and stronger storms. In the US in the last eighteen months, there have been catastrophic hurricanes, intense wildfires, and severe drought. Locally Nova Scotia has experienced Hurricane Juan and White Juan. Both extreme storms were made possible by warmer sea temperatures allowing the storms to maintain their intensity, when in the past they would have been weakened by colder waters. In many areas the accumulation of snow has lessened by sixty percent. Data obtained in 2003 has shown severe heat waves were responsible for the deaths of fifteen hundred people in India and twenty thousand people in Europe. The world cannot be in

denial any longer. Global warming is here, and the effects are intensifying.

Although the threat of global warming is real and looming, there is good news. The human race is responsible for ninety percent of the harmful carbon-dioxide gases that create the thermal atmospheric blanket that causes global warming. Why is this good news? If we are responsible for global warming, we can also be responsible for stopping it. The leading causes of the release of carbon-dioxide into the atmosphere are coal-burning power plants and the driving of vehicles. Politicians need to create laws enforcing the restriction and regulation of huge CO<sub>2</sub> contributors such as coal-burning power plants. As a population we need to voice our concerns about global warming loudly by sending letters to our local, provincial, and federal politicians to ensure these dramatic but necessary changes are made. There are also many changes that individuals can make to initiate a change in global warming. We cannot all afford to buy a hybrid car, but simply keeping your car tires inflated properly and car-pooling or using alternate methods of transportation whenever possible will save approximately one thousand pounds of CO<sub>2</sub> from being released into the

air each year. Recycling, using recycled goods whenever possible, and buying food with less packaging can also make a difference. Conserving energy by using fluorescent bulbs, unplugging electronics when they are not being used, turning lights out regularly, and putting on a sweater instead of cranking up the thermostat are other ways we can make a change. Using less water by taking shorter showers and only running the dishwasher when it is full also contribute to change. Not only will making small, simple changes help save the world from global warming, it will also save individuals hundreds of dollars each year.

Our world is beautiful. For anyone who has ever strolled along the waterfront of Halifax, imagine it under water as sea levels rise, or ravaged by a horrific storm. For anyone who has ever seen the Rocky Mountains, imagine what they would look like without their brilliant, snow-capped peaks. Imagine the Prairies, barren and desert. Imagine our grandchildren suffering from disease and heat waves. If we as a population do not make a drastic change, that will be the future. It is time to take responsibility. It is time to save the world.

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Contact the Maritime Student Loan Solutions Centre today.  
Call: 1-902-444-1378 or email:  
KJWhalen@mslsc.ca



## What Really Grinds My Gears

By LLOYD NASH

So apparently they are trying to take fighting out of hockey. What has happened to this game that Canada has so famously put on the map? Taking fighting out of hockey is like taking tackling out of football; it is like telling a pitcher that if you aim for that batter's head you are thrown out of the league. This is an absolute sham. I know that Don Cherry is losing his marbles over the possibility. However, his partner in crime is one of the loudest advocates for it. Yes, Ron MacLean wants fighting out of hockey!

Well let me tell you something Ron MacLean. Just because you were once upon a time a referee and a stopper of fights, you have no right to tell us hockey fans what is right for the game and for our entertainment!

*I get that the idea is trying to protect the players on the ice, but what is better than a little scrap to get the blood flowing? What happens on the ice stays on the ice. Don't you remember that MacLean? If you try to take fighting out of a game that was built on rough play and paying for your actions, you will massively lose*

ratings in the United States where the majority of people watch hockey for the sole purpose of seeing a little scrap. It will soon be time to take all the New York pussy lawyers out of control of "our" game. How can Gary Bettman, a New York lawyer, tell our hockey idols how to play the game when he has probably never played a full game of hockey in his life, not even shinny? So you can kiss his ass Ron MacLean, but I will never stand for this nonsense of taking fighting out of hockey. I don't agree with Don Cherry a lot but this is one time where I can really say that he is fighting to keep fighting in! Who will hold players accountable? Who will stand up for our stars like Crosby? Well if fighting goes I can say that here is one loyal fan that will go with it! It is bad enough we can't even see body checks any more! Get a grip NHLPA; if you want to solve the ratings problem, get rid of all those bureaucrats who don't give a rat's about our game, and get rid of washed up referees who think they know what is best for our beloved sport! Yeah I mean you MacLean. You have really let down the fans on this one.

## The View from the Info Desk

By LAURA AND BLAIR

Like *The Young and The Restless* and *As the World Turns*, MSVU has its own soap opera...

The Info Desk clerk hears the loud clicking of heels coming towards the desk. Chanelle emerges from the fitness center after picking Keith up from his daily routine. Laughing and talking, they make their way across the Rosaria floor as a gaggle of children from the Fountain Play Centre run past them.

"I can't wait for tonight," says Chanelle.

"Yea I know; my friend Avis told me that 300 was amazing She thought that you would like it too," Keith tells her. Just as the young couple walk past the Information Desk, Scarlet exits the Students' Union Offices.

"You \*\*\*\*!!" Scarlet exclaims, walking up to Keith and Chanelle. "I

saw you making dates with each other on Facebook. I'm tired of this school and all of this drama," she says, bursting into tears.

"Whatever Scarlet, you're just an attention seeker with no class," yells Chanelle. "You are the reason for all of the drama!"

"Chanelle! Don't be so..." stammers Keith, still breathless from his work out.

"Don't defend her Keith, you know that rumor is a lie!" interrupts Chanelle, rolling her eyes and storming out of the building.

Keith turns to Scarlet, but before he has a chance to speak a word she runs for the stairs, leaving Keith alone and the Info Desk Clerk to wonder what rumor Chanelle was referring to.

Tune in next issue for more of The View From The Info Desk.

## MSVU PRIDE SUDOKU

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		P		R	V			U
	R			E	M			
M					I		D	
	D			I				E
	U		M		D		I	
V				P			R	
	V		I					M
			S	U			V	
U			V	M		P		

## Movie Review: 300

By JEREMY "DRAIN" NEILSON

Movie watching is an art, and on the day of March 9<sup>th</sup>, 2007 the movie gods painted a masterpiece in the form of 300. Now you all may assume that because I am a guy who happens to enjoy an action flick or two that my reaction is predictable. Well folks, let me lay it down for you. If you haven't seen this movie, and I mean men, women, and children (over 18 of course), you are truly missing out on something special. From the beginning to the end your senses are in complete overload. The cinematography is above par and has been said to be some of the best ever done. Its cult popularity is attracting followers and devoted Spartan wannabes unseen since *The Matrix*. Even those who may not sway in the

wind of classical music will find the soundtrack addictive and adrenaline pumping. Gerard Butler's performance as King Leonidas is as astounding as the workout plan he followed to get as jack as he is in the movie. And ladies if your thinking this wouldn't be the film for you, just think of it as 300 of the most ripped guys together in one place at one time on one screen. And fellas, the ladies aren't hard on the eyes either. I'd yield a sword against one million any day if it was in the honor of Queen Gorgo! Hot diggity! Either way I give 300 two thumbs with elaphantitis after working out at the gym for five hours! It's worth every penny and worth even more at the IMAX.



# MSVU SPORTS

## Mystics End Solid Season on High Note

### ATHLETICS AND RECREATION

#### Women's Volleyball:

This year's edition of the MSVU women's volleyball team enjoyed a solid season. Although the team carried seven first year players, they were still extremely competitive and gained valuable experience that will help them for years to come.

The Mystics finished in third place in the ACAA with a 16-8 record and lost a hard fought match in the ACAA semi finals to eventual league champions Mount Allison. Head Coach Susanne Dittmer was proud of her team for their efforts and looks forward to next season.

Congratulations to the entire team on a great season and to Senior Allison Saunders (ACAA 1st Team All Conference and CCAA Academic All Canadian) and first year player Jasna Toprek (ACAA Rookie of the Year and 2nd Team All Conference).

#### Women's Basketball

After a disappointing end to last season, the team achieved their goal of winning the conference and won the 2006-07 ACAA women's basketball title. This was the 3rd title

for the team in the past 5 seasons and certainly the most special. This season was the first time in MSVU history a women's basketball team went undefeated.

At 23-0, the team headed to Edmonton to represent the conference at the CCAA National Championship. The team lost their first game to eventual Gold medalists Vanier and their second game to Okanagan (the British Columbia Champions) 84-83 in double overtime, before defeating the 6th ranked hosts, Grant McEwan 60-56.

Congratulations to Jenn Kendrick (CCAA Second Team All Tournament), Jenna Dunn (first team all conference, ACAA MVP and CCAA All Canadian) Katherine Brien (first team all conference) and Shannon Labre (second team all conference) and Dyrick McDermott (ACAA and CCAA Coach of the Year).

#### Men's Basketball:

The men's basketball team also made MSVU history by becoming the first men's basketball team to go 23-0 in ACAA action. This was the Mystics 9th conference title and certainly their most impressive. The team capped

off a dominant regular season with impressive wins over UNBSJ in the semi finals and then a convincing 79-53 win over rival King's College in the championships game.

At the National Championships, the team continued with their winning ways by defeating the Alberta Champions Mount Royal College before falling to the top ranked Douglas College of B.C. in the National semifinal.

Congratulations to Jason Carlson (CCAA second team all tournament), Damian Gay (first team all conference, ACAA MVP and All Canadian) Steve Morris (second team all conference) and Brendon Arnold (second team all Conference and CCAA Academic All Canadian) and Rick Plato (ACAA Coach of the Year).

#### Women's Soccer:

Although the women's soccer did not repeat as conference champions, they did make it to the league finals with 12 first and second year players. Head Coach Jacques Boudreau is building a team that will be very competitive when MSVU hosts the 2007-08 CCAA National Championships.

This year's team finished with 5 wins, 3 losses and 4 ties (4th position in the ACAA) and a renewed focus to recapture the ACAA championship.

Congratulations to ACAA 1st Team All Conference winners Deirdre Gormley and Amy Fischer and ACAA 2nd Team All Conference winners Nicole Baxter and Kristina Van Eden.

#### Men's Soccer:

In only their third season, the men's soccer team was able to capture their first ACAA Championship. The team finished in first place in the ACAA regular season and defeated a talented STU team 3-1 to represent at National Championships in Burnaby British Columbia.

At CCAA Championships the team proved they belong with the best in the country and will be a force when MSVU hosts the 2007-08 CCAA Nationals season.

Congratulations to ACAA 1st Team All Conference winners Mark Harnish, Billy Connolly and Alex Lorente Viardell, ACAA 2nd Team All Conference winners Joe Frangie, Patrick Johnston, Stephan Sears, ACAA Rookie of the Year Billy Connolly and ACAA Coach of the Year James Sawler.

