

Wednesday, March 11, 1987

the *Picaro*

The University Archives

Vol. 22, No. 21

mount saint vincent university halifax, n.s.

Women's Week 1987



March 9-12

Sermon on the Mount

Don't you hate getting a sermon? I mean, don't you just hate having to sit and listen to someone bitch? I do. As this is my last chance to preach in the Pic, I'm not going to bitch. Instead, I'm going to humbly give thanks. Thanks to everyone on the Pic, this year and years gone by, as well as all our faithful readers, for giving Art and I a home.

While I get paroled this spring (moving from the corner store line to the breadline) Art has been asked back for one more year at MSVU. I haven't got the heart to tell the little fella that unless the spring referendum passes, there may not be a Picaro to come back to.

So even if you don't care, get out and vote yes for Art's sake. There. I blew it. I gave a sermon in the last bloody line. Some things never change.

P.S. I still think parking meters on campus suck.

by Steve Jennex

Election disappointment

Dear Editor:

For those who have missed or forgotten about the recent nominations for elected positions—time is up and nominations have closed. All but one position in approximately twenty remains uncontested, the position of External Vice-President. Where are all those student leaders whose names should have been on all those unused nomination forms?

It is unfortunate that with a school filled with so many gifted students more have not come forward. I do, however, congratulate those few who have enough nerve to forward their names.

To say the very least, I am extremely disappointed.

Jeff Whitman
Board of Governors Rep

Nairobi pen pal

Dear editor,

I am a 26-year-old Kenyan and I wish to correspond with the University students of Mount St. Vincent University. May all interested students write to me at

the address below.

Yours faithfully,
Mr. Vincent O'Augustino
P.O. Box 40539
Nairobi, Kenya

The Picaro is looking for prospects for next year's editorial staff. The following positions are available for the 1987/88 school year:

Editor(s)
News Editor
Sports Editor
Entertainment Editor
Business Manager
Advertising Manager
Office Manager
Distribution Manager
Production Manager
Assistant Production Manager

So, if you have an ability to pass along writing skills, have a knowledge of copy editing, an understanding of layout and design, an ability to work well with people, handle budgets and understand the philosophy of the student press—Come on down!

Nominations will be open until Mar. 23, 1987 at 11 a.m. For more information, contact the Picaro office, 443-4450, ext. 195.

Hyde Park Corner

by B.J. A'ssaff

The other day while I was standing at the bus stop, I watched two children quarrel over a silly red balloon. This is how it went:

"Can I hold the balloon?"

"No, you might burst it."

"Oh yeah, well I think it's stupid."

"Then you can't play with it."

"So, my mom will get me one."

"Oh yeah?"

"Yeah!"

They went their separate ways. About five minutes later, they had dismissed the whole issue. And as if the argument didn't even take place, they were playing together. There were no wounded egos, no bringing up the past, and no name calling. All was forgiven after that brief exchange of anger and even briefer cooling-off period.

Perhaps there's a lesson for adults to be learned here. Why do we become so sensitive? Why do our egos become so fragile and our nature so unforgiving? When in the process of growing up do we become such skilled arguers with an unsubstantiated sense of right and wrong?

I'm not condemning adulthood and I'm not suggesting that the world be run by kids either. But after noticing so many failing relationships and communication breakdowns, I'm convinced that it would be better if people were more childlike. People who insist on winning every argument, and when they don't they sulk for days and plot revenge, are the initiators of everything from family feuds to world wars.

I don't mean that children have special insights about love and forgiveness that adults don't have. It's just that we complicate things. It is inspiring to see life through children's less complex views and to remind ourselves that life can be simple because life isn't complicated—we are.

Letters to the editor

Mount teams not given chance

To the sports editor:

We would like to express our disgust at the lack of coverage on MSVU sports teams week after week. The sports page is filled with coverage of professional teams. There are no stories, scores, or profiles on the Mount. Last week's sports section consisted of an entire page devoted to the NHL! If students wanted to know about the NHL they can read the Chronicle-Her-

ald. A university paper is for students to be aware of what is going on at the university.

A recent survey published by The Picaro indicates the sports page was the least read. Somehow that doesn't surprise us.

MSVU Womens' Volleyball Team
MSVU Womens' Basketball Team
MSVU Mens' Basketball Team

Fashion Production '87

Dear editor,

I'm here to apologize. I'd like to say I'm sorry to all those hard-working people involved in the Fashion Production '87. They were probably waiting for an article in The Picaro and found photographs alone. Due to a mix-up on my part, The Picaro never received my article.

I'd also like to apologize to The Picaro staff who probably had a heart attack when they couldn't find my story. Sorry

about that guys!

Finally, I'd like to say that the fashion show was successful from all sides. The designs, the models and the actual production were of a very high calibre and all those involved in the show should be proud of themselves.

Catherine Dorais
(Hopefully still a Picaro staff reporter)

Clothing drive help appreciated

Dear Editor,

A special thanks to those who contributed to the Home Ec. Society's "Clothing Drive." Many

of the needy women and children in our community will appreciate your help. Thanks again.

the Picaro

Once upon a time, Picaro was a little man who tore through the Spanish countryside proclaiming the news to the people. Today, it is the student newspaper of Mount Saint Vincent University, published weekly by the Student Union. The Picaro is a member of Canadian University Press, and subscribes to its statement of principles.

The Picaro staff positions are open to all Mount students, and contributions are welcome. All copy and/or graphics must be submitted by Friday noon, the week preceding publication. Please type all copy double-spaced. Letters to the Editor and Hyde Park Corner must be signed, but names can be withheld by request. The Picaro staff reserves the right to edit all copy for length or legality. We regret that copy cannot be returned.

The Picaro office is tucked away on the fourth floor, Rosario Centre, in room 403. Drop by to contribute to the paper, or bring us coffee.

Newspaper meetings are held every Monday at noon.

STAFF

Editor: Shelley Murphy

Production Manager: Katrina Aburrow

Assistant-Production Manager: Jeff Mann

News editors: Steve Jennex and Scott Verret

Entertainment Editor: Robert Caume

Sports Editor: Jeff Mann

Graphics: Steve Jennex

Photos: Photopool

Business Manager: Lisa Bugden

Office Manager: Cindy Coffin

Distribution Manager: Alex Dow

And this week...

Shona Ross
Dave Stewart
Paul Paquet
Sandra Fisher
Jo-anne MacDonald
Catherine Dorais
Michèle Maillet
Sharon Rose



What the hell?

I just might win

PIC FOR ACADEMIC V.P.

Decreasing candidates leave room

Council nominations leave openings for fall candidates

by Katrina Aburrow

Last year's voting turnout set a record high, and the amount of last year's candidates could have set a record low, until this year. Last year there were 18 contestants vying for 14 of 20 positions.

This number is well under half this year with seven contestants running for six positions. Last year there were four contested positions while there is only one contested position this year.

Despite the numerous posters throughout campus, a Picaro advertisement, and word-of-mouth informing students of the available positions, only seven nomination forms were handed in by 4:30 p.m. Tuesday, March 3.

The one contested position is for external vice-president with Paul Card, Full-Time Senate Representative competing against Elizabeth Rogo, International Students Representative.

Jan Thomas, entertainment director, who is running uncontested for the presidential position was surprised by her lack of competition.

"I thought there would be at least three people running for

the position of president because I heard through the grapevine that there were so many people running," said Thomas. "I went up to Council and was ready to meet whoever was running against me."

Others were not as surprised by the nomination results. According to Melissa Sparks, the Chief Returning Officer, "People just don't want to get involved. Although part of it could have been the time of year, the way the events are going this year shows that people aren't interested."

Elections without much competition are not as heated with only a yes/no vote and will leave spaces in Council over the summer. "I'm glad that I'm running against someone because it makes things a lot more interesting," said external vice-president candidate Card.

Thomas, the presidential candidate is worried by the lack of competition, but offers some optimism. "Well, we have to work with what we have. If elected, I know that it will be hard. But if we work through the summer months together we can build a strong council," commented Thomas.



Dr. Naomi Hersom presented chef Rene with a framed Shrove Tuesday poster last Tuesday as a thank-you for his help with the Flip for Lunch. The luncheon helped raise money for the alumnae's annual fund drive.

photo by Kevin Fraser

"I'm hoping that we'll have a full council in the fall and that more people run for the appointed positions." Thomas then stressed her point, "we need people to run for the appointed positions!"

Exotic dancers found at Senior Frog's

by Elizabeth Rigney

Tony the Torch, Cowboy Michael Wayne and associates have no problem attracting women. Actually, women watch every move they make. These guys wouldn't have it any other way since they're exotic dancers at a local bar.

"The girls go crazy. They love it," says Tim Wile, a bartender at Senior Frog's on Argyle Street. Wile said they have been getting a good response since the show began five weeks ago.

Between 8 and 10 p.m. every Thursday night, three to four

male dancers take their turns entertaining the female audience with exotic movements, at one point stripping down to only a G-string. "They are not allowed to strip any further than a G-string," said Wile, as this is the legal limit in Halifax. But legal limits don't spoil the fun, for this point very little is left to the imagination.

"Women are a lot crazier than guys for this kind of thing," said Wile. He says all the women have fun although some get more involved than others. Women can go up to the roped-off stage to 'tip' their favorite dancer by placing a bill in his G-string.

Most of the women attending the performances are between the ages of 20 and 30. "We occasionally get older women," said Wile.

Whatever the age, the men only dance for females. "Guys aren't allowed in to the show," he said. How will guys discover what keeps the women coming back if the show is restricted to females? "They're just going to have to live with it," said Wile. The only other option is to become an exotic dancer and discover the secret first hand—unless, of course, you don't own a G-string.

Mount Saint Vincent University

BAZAAR AND RUMMAGE

a two-act play about agoraphobia, the fear of open or public places, by British playwright Sue Townsend

8:00 p.m.
March 20, 21, 22
Multi-Purpose Room, Rosaria Centre
Mount Saint Vincent University

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directed by Caitlyn Colquhoun; produced by the Department of Speech and Drama, Mount Saint Vincent University

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POLTERFOGG TOWER



Price hike allows Student Union to serve in dual role

by Angela Vecchio-Ozmon

Are you reading this sentence? It is in print because of your Student Union fee. **The Picaro** is one of many services that is financially supported by the student union.

Although each student pays \$78 a year to fund its activities, many students do not understand the complexities and hard work that go into making a successful, well-run union.

One student that knows better is Robyn McIsaac. "I didn't think the Student Union did anything for me as an individual or as part of the student body," says the second-year BA student and union volunteer. "After being involved with an active committee and working directly with the councillors I found out that they really have the students in mind."

Susan Smith, president of the Student Union, says the union serves the students in two ways. It provides many services such as a health plan, Vinnies Pub and the corner store. It also politically represents the student body. Politics, both internal and external, play a big role in the lives of the union representatives. There are approximately eight out of the 34 members whose jobs are to represent stu-

dents on the Mount's senate and the board of governors.

The senate approves new academic programs and changes in programs already in place. It makes and enforces academic regulations. The board of governors supervises the university's financial accounts, hires and dismisses university employees and provides the financial and physical resources necessary to maintain and promote the university's academic and social activities.

The external political bodies are the Canadian Federation of Students (CFS) and the Students' Union of Nova Scotia (SUNS). Part of the CFS mission statement is, "CFS represents your concerns at the national level on issues like student aid, youth unemployment and government funding of education." SUNS represents students to government, media and the community on a provincial level. Both of these groups hold conferences and Mount union members attend to air complaints and to look for answers to common problems of students.

The executives and councillors who work for the union do so on their own time. The honoraria they receive are small considering the amount of hours they work. "In the fall I aver-

aged between 14 and 16 hours daily working in the office, seven days a week," says Smith. Since 1976, the president's monthly income has increased from \$210 to \$240. "They (students) think we get paid an annual salary up here," exclaims Smith. "Everyone is a volunteer."

Every second Sunday, the councillors meet to discuss problems of students. The meeting can last up to four hours with heated debates on many topics. When the threat of a Metro Transit strike came on the news, the union began to plan alternative means of transportation for students. The strike did not occur, but the union was ready. This is just one example of how the representatives help the student body.

Smith believes students should regard a Student Union as a business and a political structure. "The focus is on finances because you can't organize anything without a bottom line," she says. This year the union covered a \$30,000 debt that has been building up because of poor financial management over the past few years.

During the 1986/87 academic year, Student Union members have had many accomplish-

ments. Smith negotiated a health plan with the CFS and Mutual Life. It took four months and many price wars to come to a final price of \$10.56 a year for every full-time student. Smith says, "This was my biggest accomplishment of the year."

But Smith's most challenging project has just begun. A referendum to increase Student Union fees will be held in mid-March. Half of the student body has to vote in favor of the increase if the referendum is to pass. "The student union is going through a mid-life crisis,"

says Peter Murtagh, Nova Scotia Representative on the CFS National Executive. "Its structure is growing from small to mid-size because of the increase in student enrolment. Costs have to rise to maintain student services provided by the Student Union."

Remember, the next time you pick up **The Picaro**, walk into the Pub or buy a chocolate bar at the corner store, it is your Student Union fee and your union that are working to help keep the lives of students bearable.

Child Study Society walks for CAMR

by Natalie Bird

Grab your sneakers and join MSVU's Child Study Society on Sun., Mar. 22.

'Let's Walk Together,' a 3 km walk-a-thon, is being sponsored for the Canadian Association for the Mentally Retarded development preschool.

The preschool is a special school designed to help children with developmental delays. It offers integrated classes for handicapped and non-handicapped children.

"Last year the preschool ran into some financial problems and we are hoping to raise some money to help keep their program opened for the summer," says Teresa Carruthers, president of the Child Study Society.

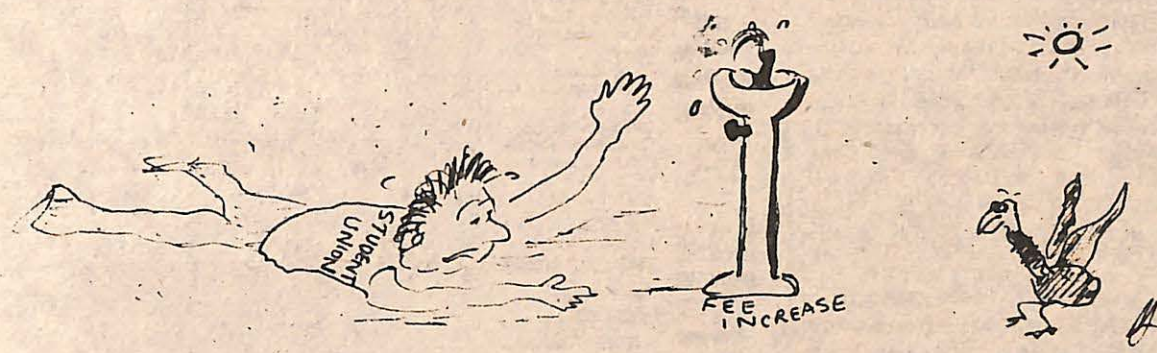
Last year the Child Study Society sponsored 'Little Ernie' and

successfully raised over \$2,000. Ernie Forsythe will go to New York in June for his operation after receiving a Child Study Society cheque at Sunday's 'Let's Walk Together.'

The event will start at 2 p.m., Sun., Mar. 22 in front of Seton Academic Centre. Sponsor sheets can be picked up at the Child Study board (4th floor of Seton), the athletic office or the Seton Academic Centre front desk.

"We are hoping a lot of students will come out and support our walk-a-thon," Carruthers said. "Last year we had about 50 participants and we are hoping for more this year."

A Child Study Society jacket will be given to the participant who raises the most money. So come to help raise money for the CAMR development preschool.



Public relations spring break spent in Toronto

by Joyce Van Zeumeren

While most students spent their break on the slopes or beaches or just relaxing at home not getting out of bed until noon, a group of public relations students combined their pleasure with some business.

With assistance from faculty, Mount Public Relations Society Co-Presidents Karen MacDonald and Stephen Masschaele put together a Toronto tour that consisted of visits to a wide range of corporations.

The group of 10 students visited such organizations as the Canada News Wire, Mobil Oil and the **Globe and Mail**.

"The focus of the discussions was public relations," said MacDonald, adding "most of them had a very healthy attitude and approach to the profession which was very stimulating."

First-year public relations student, Sandi Boutilier feels the trip was also beneficial for the public relations program at the Mount. "There was a lot of interest generated in the program

and a lot of understanding created."

Spending as much as three hours with busy executives, Boutilier feels the students' approach to the tour was very different from what the companies are used to. She says, "unlike most groups, we did not go to Molsons for a brewery tour, but we went to learn about public relations in the brewing industry."

The group also visited consulting firm, Continental Public Relations. A tour and overview of the agency was carried out by

Mount graduate Dana Dean, who was able to offer the students advice based on her own experiences.

Other firms visited were the Canadian Institute for Chartered Accountants, Gottschalk and Ash, the graphic design company noted for the design of the metric symbol. In addition, students were exposed to the world of lobbying at S.A. Murray Consulting, where President Susan Murray told them there is more to lobbying than arranging for a client to have dinner with a minister.

In the final days the students visited Mobil Oil, Coopers & Lybrand, Toronto Dominion and Martland Group, a full-service communications consulting company.

Although the days were hectic, Boutilier thinks it was worth every penny. "I've discovered more about the range of possibilities in the public relations profession, the variety of work in different organizations, and I've had exposure to new attitudes toward public relations. Now I know what is really available to a public relations professional."

Post partum depression changes the dream

by C. Lewis

The dream of having a cute, cuddly, content baby is one many people share, but when faced with the reality of a screaming child who doesn't sleep and demands 24-hour care, the dream turns into a nightmare.

"Pregnancy is a test of personality stability," said Dr. Pattie Pearce, psychiatrist at Camp Hill Hospital, to a group of people at an information session on post-partum depression last Tuesday at the Halifax city library.

Between 80-90 per cent of females experience post-partum depression, a depression that usually starts three to five days after giving birth. Crying uncontrollably, irritable, frustrated and forgetful are a few of the symptoms women experience a few days after the birth of a child, said Pearce.

The change in body shape,

rapid increases and decreases in body hormones, change in role from daughter to mother and the demands of a baby, are problems women have difficulty adapting to.

Feelings of frustration and inadequacy can lead to such severe depression that hospitalization and tranquillizers are necessary to help the mother.

The degrees of depression vary with every individual. Those most likely to suffer post-partum depression are women who are anxious, don't have adequate support and suffer from stress of life events, said Pearce.

With support and assurance from family members and medical officials, the woman's feelings of depression should last only two to three weeks. Without support from family members or psychiatrists, the depression could last longer.

The second stage of post-partum depression affects 10 per

cent of mothers and can last six to nine months. Psychotherapy is a form of treatment used to enable the mother to talk about her problems and ventilate her frustrations, said Pearce.

In more severe cases, tranquillizers and hospitalization are required to control the hallucinations, delusions and confusion the woman experiences.

Pearce said she is finding that more than 20 per cent of women, obtaining medical help, between the ages of 40 and 60, say they were "never quite right since the birth of their first or second child."

"I wasn't prepared to seek professional help," said Irene Smith, a mother who experienced post-partum "blues." "I wanted to meet someone else who went through this."

Mary Jo MacKintosh's doctor told her there was little risk of re-occurring psychosis, the rarest and most severe form of depression, she had with her first child.

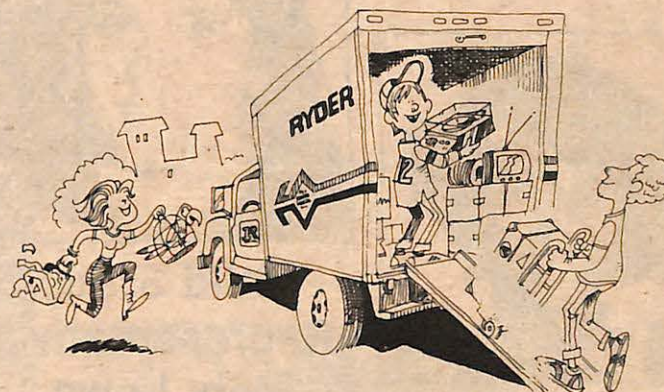
With the birth of her second child, MacKintosh was the one out of 1,000 women who experienced psychosis again. "I never talked with another person who experienced psychosis," said MacKintosh.

Self-help groups have formed in Vancouver to help people deal with post-partum depression. There are books published on the topic but no support groups in the Halifax area.

People attending the information session expressed a concern for better-educated health nurses and support groups who could offer suggestions on how to deal with post-partum problems.

Pearce agreed that with the organization of support groups, those suffering from post-partum depression would no longer have to suffer alone.

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Four women enjoy musical success Four the Moment

by B.J. A'ssaff

Four the Moment is an a cappella group of four Halifax women who are "the most vocally powerful collective of women to make noise around here for a long time," according to Chronicle-Herald music critic Peggy McDonald.

The group, whose members are Devlina and Kim Bernard, Andrea Currie and Debbie Jones, has been featured on such CBC programs as Morningside, Identities and the Erika Ritter Show. Having performed in Regina and Toronto, their last performances were at the Expo '86 Fate of the World Conference and at the National Arts Centre in Ottawa.

After five years of planning, writing and performing, the group has decided to produce its first album.

The \$8,000 they need has proven to be a struggle to raise. The Canada Council no longer provides grants for record production, and the bank has refused their loan application. So the group has had to rely on its own ingenuity.

Barkley, the group's manager and a previous performer, says the group has sent letters to several Canadian community groups, asking for support. They have received almost half the money they needed. "All we did was send that letter," explained Barkley. "People passed it on to other friends. We got letters and donations from people in com-

munities we never heard of before."

To raise the remainder, the group has used a different strategy. For every donation, each contributor's name will be printed on the album cover and for every donation of \$50, the contributor will receive a copy of the album or cassette. The money is held in trust in case the goal is not collected and the donations must be returned.

Since the group has raised over \$3,000, the members feel confident to pursue their recording plans, hoping to be in the studio by May of this year. They hope the album will be a community effort, reflecting the experiences they share among themselves, and with their fans. Something to show the learning, the conflict, the giving and taking that has been part of their struggles for peace, hope and justice.

"This album is very important to us," says Barkley. "It'll be a symbol of us getting together and if the group ever breaks up, we will have something concrete to show for it."

"The group started by accident back in 1981," recalls Barkley. It took its name in 1983 when CBC invited them to record for Music Maritimes. The studio wanted a temporary name—something for the moment. But Four The Moment became permanent.

Their music is a fusion of folk, gospel, blues and soul. It in-

cludes many of their own songs about the black experience in Nova Scotia. They perform extensively in Nova Scotia, for the black community and for youth and women's groups.

"There is a message to get across to the audience," says Bernard. "Our songs are about black history, about women and women's rights, and about everything else that matters."

While leading personal lives, the group is committed to strengthening and broadening the content and artistry of their work. When all four are singing, their voices blend in perfect harmony. As each vocalist takes a different line, their individual talents jump out with new freshness. They are an important creative force. They are artists with something to say.





Home Economics Representative Heather Coffin

Hi. My name is Heather Coffin. I am a second-year family studies major in home economics. I have been involved with the Home Ec Society for the past two years, holding the position of secretary and public relations co-ordinator of 1986-87. I feel I could represent the home economic student body in a beneficial fashion on student council. I encourage you to vote March 17 and 18. Thank you.



President Jan Thomas

Working for the student body is an intricate part of my student activities at the Mount. I have been involved with the Student Union for the past three years and during this time I have held the positions of Chairperson for the Orientation Committee, Leadership Conference Committee, Alternative Programmer, Assistant Entertainment Director, and this year, Entertainment Director.

Through my years at the Mount, I have gained a lot of experience and have seen the Student Union go through many changes. With this hindsight, I feel I can avoid a lot of problems that could arise and run the council for the good of the students.

Some of the issues I wish to address are ones of internal nature which will be for the betterment of the union. Communication between the student body and councillors is essential in making the union work stronger for you. Council members are

for the students to reach out to and if there are problems then students have the right to approach the Student Union with them. This two-way communication will be the cornerstone of next year's Student Union.

This year's council laid ground work for its successor to act on if they desire. Student Union tends to run on a year-to-year basis. I would like to lay out a 5-year plan to see the completion of necessary projects that single councils could not handle. This future planning would not be binding to future councils, but only a framework on which to build.

This is a part of my basic concerns, and with your support I would like to realize the full potential of next year's Student Union. On March 17 and 18 remember to vote yes.

Sincerely yours,
Jan Thomas
Presidential Candidate



Child Study Representative Mary Lowe

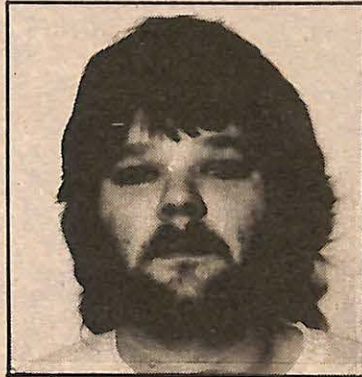
Hello! My name is Mary Lowe. I'm a second-year child study student and I'm running for the position of Child Study Representative. Being an active person at the Mount and being involved in various activities such as vice-president of Assisi Hall, a member of SOC and Winter Carnival Committee, I feel that I have the ability and enthusiasm to fill the position to the best of my abilities.

Participation and spirit adds excitement and life to a place. Where the Child Study Society is concerned, I would like to see it more active and visible in the university life. Acting as a liaison between the Child Study Society and Student Union, I will endeavor to keep communications between the two as productive as possible. Being child study students we are encouraged to be creative and enthusiastic. I would like to see these and other qualities more evident and predominant among society activities, competitions and fundraisers. I have a great deal of pride in our program and I am positive next year will be a suc-

cess for all concerned.

I encourage you all to exercise your right and vote.

Thank you,
Mary Lowe



External Vice-President Paul Card

Tired of inadequate student loans . . . ridiculous bursary requirements . . . the absence of bus passes . . . waiting for five minutes to cross the Bedford Hwy to catch a bus . . . ? Well, if you're like me—you are.

If elected to the position of External Vice-President, I will continue to fight for these and other concerns which Mount students share with students from across the province and country.

During the past year, I have represented the students of MSVU on The Picaro Publishing Board, MSVU senate, the entertainment committee, the non-traditional student review committee, and the elections committee.

The job of External Vice-President involves: acting as a liaison between the Mount, other student unions and community organizations; representing Mount students' concerns to the Students' Union of Nova Scotia (SUNS) and the Canadian Federation of Students (CFS); chairing the external affairs committee of the Student Union, and carrying out the assigned duties as an executive and council member.

I truly believe I can fulfill and surpass these requirements in a way which will benefit all Mount students. So, on March 17 and 18, I am asking for your support . . . Vote Paul Card for External Vice-President.



External Vice-President Liz Rogo



Residence Representative Sandra Ray

Hi, my name is Sandra Ray and I am running for the position of Residence Representative on the 1987-1988 student's council. For those of you who haven't met me, I was born on the tiny island of Bermuda. For the last couple of years, I have braved these wild Canadian winters in hopes of completing a BSc degree here at the Mount.

Without neglecting my studies, I enjoy being an active part of campus life. With previous experience as an MSA, a member of the SOC Committee and president of the Assisi Hall residence council, I feel that I will be competent in representing the residents of our campus and acting as their "voice." As a liaison between the resident members and the student's council, I will keep each residence informed on the current campus events, in hopes of constructing an open line of communication among the individual residences. Any concerns and ideas that residents have, I will promptly act upon. I encourage interhouse competitions, but I also would like to stress the importance of a strong support system among the residences. House spirit stems from the participation and enthusiasm of its residents. Help me to keep residence spirit active.

Together, with the cooperation of the residence councils, the residence assistants, the Dons, and the Housing Office, I'm looking forward to an enthusiastic and enjoyable year. Thanks for all of your support!!!



photo by Kevin Fraser

Full-Time Senate Representative Cheryl MacKenzie

The position of Full-Time Senate Representative is one of extreme importance and concern to the students. The person who fills this position will act as a liaison between the council, senate and students. The senate representative is one of five student votes on the senate and therefore must be vocal in the meetings of the senate to look out for the needs of the students.

It is for this reason that I ask for your support in electing me as one of the five voting members of the senate on March 17 and 18 of this year.

Since I am seeking a position on your student council I feel it is my responsibility to inform you of my past involvement with the Mount.

I am a third-year student enrolled in the bachelor of business administration program. Over the past year I have been involved with the council and held a position on the entertainment committee. In the past I have worked with the housing department as a residence assistant. I have also been a registered member of the Mount Business Society.

I am asking for your support on March 17 and 18 and hope that you will come out to the polls and show you are supporting your future student council. Remember: Vote YES for Cheryl MacKenzie as your representative.

Sincerely,
Senate Candidate,
Cheryl MacKenzie

Appointed positions-A challenge

Applications for appointed positions are presently available at the Student Union office, 4th floor Rosaria. The closing date for these applications is Mar. 20, 1987. Most of these are volunteer positions while some positions receive a small honoraria. Holding any position on council will result in extensive experience in leadership, organization and personnel management. Being on council is rewarding. It's a challenge.

If you are interested in applying for any position, you must have a 60% average.

These job descriptions listed are general. Job descriptions can be obtained at the MSVU Council office. Questions to be directed to Executive Vice-President 86/87.

*Because of space restrictions, not all appointed positions are listed.

Public Relations Technician

1. Shall produce print materials (i.e., posters, brochures, banners, etc.) to publicize Student Union events and activities, when directed by the Public Relations Manager.
2. Shall establish and chair the Communications Committee, whose members will assist with production as well as distribute publicity materials.
3. Shall assist Public Relations Manager and Student Union Secretary with production of weekly bulletin listing events and activities sponsored by the Student Union, student societies and groups. Bulletin will be distributed by the Communications Committee.

Co-operative Students' Representative

1. Shall represent co-operative education students to Student Council.
2. Shall act as a liaison between the Co-operative Education Society and Student Council.
3. Shall be a MSVU Co-operative Education student.
4. Shall take an active involvement and interest in activities, concerns and interests of MSVU co-operative education students. (e.g., possibly sit on Co-operative Education Senate Sub-Committee.)

Photopool Director

1. Shall implement and maintain an active photographic service catering to the needs of various clients, including the **Picaro** (school newspaper), the Yearbook, Council, and other societies and clubs on campus.
2. Shall ensure that all events of importance on campus are covered by a photographer and that there are pictures of these events available for the **Picaro** and the Yearbook.
3. Shall ensure that the dark-room is kept stocked with film, chemicals, and paper and that these are used properly and efficiently.

4. Shall be responsible for maintaining and/or replacing all Photopool equipment.

Public Relations Manager

1. Shall co-ordinate media relations for the Student Council.
2. Shall, in conjunction with the Student Union President, prepare public relations policy guidelines for all members of Council to follow.
3. Shall attend Executive meetings and advise Executive members, upon request by the Executive, on public relations policy and the impact of council decisions on specific publics within and outside the university and act as a resource person in these areas.
4. Shall establish and maintain contact with the university Public Relations Director and all student organizations to encourage them to submit information about activities and events for publication in a weekly bulletin.

5. Shall direct the Public Relations Technician to publicize Student Union-sponsored events.

Bar Manager

1. Shall be responsible for: the proper functioning of all bar operations under the control and/or direction of Student Union and V.S. Services; including hiring, training, and scheduling bar staff, and overseeing the stocking, and inventory for, and staffing of all events.
2. Shall maintain communications link between Council and V.S. Services on any matter involving the Pub or bar for Student functions.
3. Shall co-ordinate cash counting and submission of financial statements, pertaining to the Pub.

Corner Store Manager

1. Shall have control of the keys to the Corner Store. The manager shall receive one key and no more than three other keys to the store shall be in circulation.
2. Shall prepare the cash and make a deposit three times a week (Monday, Wednesday, and Friday), when applicable.
3. Shall purchase for resale only that amount of stock which can reasonably be foreseen as being sold.
4. Shall be responsible for Corner Store sales clerks. (i.e., hiring and training and/or dismissal of personnel.)
5. Shall pursue a profit-making pricing policy, yet still meet objective of a student-oriented service.
6. Shall complete light bookkeeping duties such as preparing cash reports, checking invoices, preparing and submitting payroll to the Student Union Bookkeeper. (The Student Union Treasurer and Bookkeeper will be responsible for all other bookkeeping duties.)

Orientation Chairperson

1. Shall be responsible for planning, organizing, and supervising the events for Student Orientation and Shinerama.
2. Shall establish and chair the Student Orientation/Shinerama Committee.
3. Shall, in conjunction with the Communications Officer, publicize and promote said events on campus.
4. Shall, in conjunction with the Entertainment Director and Alternative Programmer, plan the Student Orientation and Shinerama events and activities.
5. Shall report to Student Union Executive and Council once a month during the duration from May through to the end of July and weekly through the month of August to the beginning of Student Orientation.

Board of Governors Representative

1. Shall be appointed by the Student Council.
2. Shall be a communications link between the MSVU Board of Governors and the Union. In this capacity, the representative will present to the Board a Student Council report and all proposals deemed necessary by Council to go to the Board.
3. Shall be a voting member of the aforesaid Board and will comply with the duties of that position.
4. Shall ensure that she/he tries to keep informed on events affecting MSVU and in particular should focus on those events most important to students.

Alternative Programmer

1. Shall provide types of programming to the students of Mount Saint Vincent University that are not being offered through the portfolio of the Entertainment Director.
2. Shall plan and implement such activities as lectures, speakers, educational events, films, etc.
3. Shall solicit and supervise sufficient students to work said events.
4. Shall assist Chairperson of special theme events. (i.e., Women's Week, Alcohol Awareness Week, Winter Carnival, Orientation and Leadership Conference, etc.)
5. Shall, in conjunction with the Communications Officer, publicize and promote said activities.
6. Shall establish and chair the Alternative Programming Committee.

Student Union Treasurer

1. Shall be co-signer with the President of the Student Union for all Student Union finances.
2. Shall be Chairperson of the Finance Committee and Fund Raising Committee.

3. Shall be responsible for the financial administration of the activities of the Student Union.
4. Shall pay all expenses authorized under the existing financial system in consultation with the Union's Bookkeeper.
5. Shall receive and account for all monies belonging to the Student Union.
6. Shall, at request of Council, report to Council within one week on the current financial status of the Student Union.
7. Shall present quarterly financial statements of the Student Union to the students' Council.
8. Shall prepare financial reports and statements for the fiscal year and arrange for the auditing of the books within one month after the end of the fiscal year, in consultation with the Bookkeeper.
9. Shall be responsible, with the Finance Committee, for the formulation of the annual budget, and any revisions of said budget throughout her/his term of office. This budget should be prepared in consultation with the Student Union Bookkeeper.
10. Shall be a member of the MSVU Student Union Executive.

Entertainment Director

1. Shall co-ordinate and organize entertainment events sponsored by the Student Union. (i.e., Pub nights, Student Union dances, etc.)
2. Shall solicit and supervise sufficient students to work said events.
3. Shall assist chairpersons of special theme events. (i.e., Women's Week, Winter Carnival, Orientation, Leadership Conference, etc.)
4. Shall, in conjunction with the Communications Officer, publicize and promote said events.
5. Shall consolidate bookings in advance and co-sign Student Union-sponsored entertainment contracts with President of the Student Union.
6. Shall establish and chair the Entertainment Committee.
7. Shall oversee the performance of the Student Union Disc Jockey/Technician.

Winter Carnival Chairperson

1. Shall be responsible for planning, organizing and supervising the events for Winter Carnival Week.
2. Shall establish and chair the Winter Carnival Committee.
3. Shall, in conjunction with Communications Officer, publicize and promote said events on campus.

Corner Store Assistant Manager

1. Shall assist Corner Store Manager with preparation of cash and make a deposit

three times a week (Monday, Wednesday and Friday).

2. Shall assist Corner Store Manager with purchase, for resale only, of that amount of stock which can reasonably be foreseen as being sold within the academic year.
3. Shall assist Corner Store Manager with management of Corner Store sales clerks. (i.e., hiring and training and/or dismissal of personnel.)
4. Shall, in conjunction with Corner Store Manager, pursue a profit-making pricing policy, yet still meet objective of a student-oriented service.
5. Shall assist Corner Store Manager with light bookkeeping duties such as preparing and submitting payroll to the Student Union Bookkeeper. (The Student Union will be responsible for all other bookkeeping duties.)

Assistant Bar Manager

1. Shall under the supervision of Bar Manager assist with: the proper functioning of all bar operations under the control and/or direction of the Student Union, including hiring, training, and scheduling bar staff, and overseeing the stocking, and inventory for, and staffing of all events.
2. Shall maintain communications link between Council and V.S. Services on any matter involving the Pub or bar for student functions.
3. Shall assist with cash counting and submission of financial statements.

Yearbook Editor

1. Shall establish and chair the Yearbook Committee which deals with the following functions:
 - layout
 - photography
 - collection of graduation pictures
 - artwork
 - text editing
 - advertising
 - any other areas as necessary.
2. Shall plan a timetable to meet publisher's deadlines.
3. Shall arrange workshops on production techniques for Yearbook Committee members.
4. Shall be responsible for distribution of the Yearbook.

Student Union Disc Jockey/Technician

1. Shall be responsible for the audio equipment in the DJ booth and usage of the DJ booth.
2. Shall be responsible for the video equipment in the Pub.
3. (a) Shall be responsible for the records and tapes (classifying, care, etc.) belonging to Student Union.
(b) Shall be responsible for purchasing of records and tapes in consultation with Entertainment Director.

It was a cold January night, eight days before her 15th birthday. She was exhausted. All through gymnastics class, Elizabeth kept thinking how good it would feel to go home, finish her homework, and fall into bed. She said goodbye to her gym coach and started walking to the bus stop.

She soon heard footsteps behind her and immediately tensed up. Glancing back, she noticed someone quite a distance behind her. She tried to rationalize, telling herself other people used this path in the evening.

Then, he jumped her, knocking her to the ground. For a fraction of a second, she was petrified. Then she realized she had to try to get away, her attacker was trying to unzip her pants.

He was punching her face and sticking his fingers into her eyes, but she didn't even feel the pain. She pulled one of her mittens off by using her knees. She grabbed a handful of his hair and pulled with all her might until she felt him loosening his hold on her.

She tore away leaving him holding a handful of her hair.

She ran back into the school, afraid he'd run after her. Her knees felt like jelly; she felt she was barely moving. And she kept wondering why nobody came to help her.

The whole incident lasted only two or three minutes, but to Elizabeth it seemed like hours. In some ways, the incident has lasted for years.

"When I ran back into the school, I told the security guard what had happened," she said. "He called the police. Then I tried calling home, but I was shaking so hard I couldn't even dial the number. The police came and asked me a whole bunch of questions. Then they went with me to get my bag and drove me home."

Sexual assault is not motivated by sexual desire. Classifying a rape as a sexual offence merely shifts the blame from the attacker to the victim. Rape victims range in age from six months to over 90 years. One woman who worked as a volunteer with the disabled said two girls she counselled had been raped. Obviously, their inability to defend themselves made them "good" victims.

Cindy was assaulted walking through a park in Waterloo, Ontario last year. "I was wearing a big yellow raincoat and trudging through the mud," she says. "It was about five o'clock, still light, but just sort of beginning to get dark." She heard somebody running up behind her. Like Elizabeth she tried to rationalize by telling herself it was only a jogger, when the man suddenly grabbed her.

While most assault victims are between the ages of 15 and 25, they cannot be accused of leading the assailants on. One study found nearly 75 per cent of assaults are planned. About 25 per cent of rapes occur after the as-

Assault—Every woman

sailant has made initial contact with the victim by asking a question or posing as a serviceman.

Only about one-third of victims are raped by strangers. Very often, the rapist is a friend or acquaintance. In a study conducted on American campuses by *Ms* magazine, approximately half of the rapes disclosed were 'date rapes.' Victims of date rape are usually in high school or university.

This type of experience can be more devastating than other forms of assault. Karen was a victim of date rape when she was 17, and for three years afterward had trouble admitting to herself she had actually been raped. She was confused by what happened to her; nobody had ever warned her of this.

"It was one of our earlier dates. We went to dinner and then we drove to a dark spot to neck. He just didn't stop when I said no. I was confused because he wasn't behaving the way I expected him to. I cared for him and now he wasn't listening to me. I went home as if nothing had happened, and I didn't tell anyone for years. I just repressed the entire thing. It was too awful, too unbelievable—he was my friend."

After being assaulted, a victim generally goes through rape-trauma syndrome. The first, or acute stage is characterized by shock, disbelief, anger, fear, anxiety, self-blame, insomnia, headaches, eating problems, depression, loss of temper, and menstrual irregularities.

"The sense of self-worth is affected," says Jack Williams, director of Counselling Services at the University of Waterloo. "Some women feel they're less worthy; it's the idea 'I'm dirty because this has happened'."

"There is guilt at an emotional level, even if it is rationalized away. There's still that doubt or wondering 'was it my fault?' This is probably partly due to society," Williams says.

"I felt it had somehow been my fault," says Elizabeth. "My mother didn't help any. She said I should quit gymnastics and shouldn't wear tight clothes."

"The worst of it was that I didn't have anyone to talk to about it. I mentioned the incident to a couple of friends, but they just couldn't relate to it. I guess at 14 and 15 it's just hard to. To them, rape and assault was something that happened to other people, not to anyone you knew. They just couldn't handle the thought that maybe it could have been them."

"I felt guilty for a long time afterward. About two and a half years after the incident, I was talking to a good friend who is a psychologist. I mentioned what had happened, and he sensed I still blamed myself for it."

"What did you do to lead him on?" he asked after I had told him the story. "Well, I was just

Women should

walking to the bus stop when... I started explaining again. "That's not what I asked," he interrupted. "What did you do to lead him on?" I looked at him puzzled, not quite sure what he meant. "Nothing," I said. "Don't ever forget that," he said. "It was he who did something wrong, not you." And you know, that was my first step from blaming myself for what had happened."

During the long-term process of recovery, some women move and change phone numbers. Some take trips or experience nightmares in which they relive the experience. "The worst thing is that it's not something that just happens once; it happens over and over. It's something I relive in my mind," said Karen.

Assault also affects women in their relationships with men, although "it is not predictable as to how," says Williams, who has counselled a number of assault victims.

Some women do adjust sexually, while others don't. Some have trouble getting into relationships. In some of the cases Williams has dealt with, the rape victims have become overly dependent on their boyfriends. He says once the woman has found someone she can trust, she may be afraid of trying to relate to others who may not be as trustworthy.

"Has it affected my relationship? Definitely!" says Karen. "Even if I'm with someone I care about, I get flashbacks of fear and I'll just freeze. Maybe it would have been easier if I had had positive relationships before, but I was a virgin at the time. After the rape, I think I became sexually active because I wanted some positive experiences. I look for a man who's sensitive and won't pressure me sexually, and it's made me more cautious. The first time I go out with someone, I watch very carefully for his reaction when I say no to something sexual. If his attitude is 'I want you now,' no matter how I feel, I'll never see him again."

"Since I've remembered what happened, I haven't dated anyone for more than six months, but I think that might be because of the people I've been meeting rather than because of the rape. I'm not as trusting as I'd like to be, though. I never totally let my guard down until I know the person quite well. The first sexual experience with a new partner is always frightening; I have a really hard time relaxing."

"For six or seven months after I was attacked, I couldn't look at

a guy and see him as a potential rapist. Even not sure of the extent the incident has affected someone, a new aspect. All I know is that I have been able to have the kind of ship I'd like to have, and fear is a strong element. Sometimes I almost get the set myself up for failure to avoid confronting some impacts of the assault."

To a large extent, especially date rape, is the result of socialization and stereotyping. Men are taught to be aggressive—to feel that they must 'score' with the opposite sex. When their attempts are frustrated, they may re-



nightmare but today's reality

rationalize their fear

physical force. Rapists are really an extreme version of the macho role model men are taught to live up to.

In a 1969 study by E.J. Kanin, about 25 per cent of a sample of 300 male university students had tried to force at least one partner into sex.

A 1970 study conducted by D.J. Mosher found 36 per cent of college males endorsed the statement 'you have to fuck some women before they know who's boss.' It is not uncommon for men to believe that if a woman resists, it is because she doesn't want to appear easy—she's just being coy, but she really wants to have sex.

Karen says her rapist went through an intense period of remorse. "Afterward, he asked me if I had enjoyed it, and when he saw how hysterical I was, he was really upset. He had really believed I would like it, and when I didn't he was confused. He had grown up believing that women liked to be raped, that she'd enjoy it in the end, and he was devastated to find it wasn't true. Years later, I spoke to him about it, and he told me he would feel bad about what had happened for the rest of his life."

While men are socialized to be aggressive and competitive, women are taught to be passive, cooperative and submissive. When confronted with a physical attack, they don't know how to react or fight back. Elizabeth recalls being told on several occasions how lucky she was to get away. She credits this to fighting with her older brother as a child.

"My brother was physically stronger than I was, so I learned how to fight dirty. While he would be using his fists, I'd be pulling hair and biting. And that's how I got away, by pulling the guy's hair. Actually, I was lucky to get away; the police told me there had been three women raped in the area by what appears to be the same person."

Perhaps the real root of the problem is a lack of communication between the sexes. "Rape won't stop happening until men and women realize they can choose their roles," says Karen. "I have hope for the children of today; women are beginning to talk about it (rape) and they're becoming more aware. These women are the ones who are bringing up children."

Elizabeth thinks the problem has to be combatted at its root—men must be educated not to rape. "Sure you can take measures to decrease your chances of assault, but as long as attitudes persist, rape will go on. Safety tips just keep victims off the street, not the rapists. It's the potential rapists that have to be educated. I'm not talking about the few maniacs; you'll always have some of those around and there's not much you can do about that except maybe have harsher penalties. But so many rapes result from poor communication and false beliefs. That's what has to change."

Karen says she wishes more people were aware of the issue. "I wish I had been more aware," she says. "I wish that in high school, as people are starting to date they had talked about date rape and sex roles. That way I might have had the resources to deal with it."

Unfortunately, the vast majority of assaults go unreported. It is estimated that four out of five victims do not disclose the incident to anybody, while only about one in 10 report it to the police.

One of the reasons for low reporting of rape is the low conviction rate. Despite recent changes to the law, rape victims are still viewed as guilty. A woman's sexual history should not affect her right to choose, yet in the eyes of society, it does.

Under the new laws governing sexual assault, sexual history cannot be brought in unless judged relevant. However, there are no hard fast rules for determining relevance. Yet the fact remains that most rapists escape conviction, often because their word is given more weight than the victims'. This is especially true if the rapist is someone in good standing in society, and helps explain why reporting of rapes by university students is even lower than that of the general population.

But it is close to impossible to ascertain just how much of a problem assault and rape is on Canadian university campuses. Seventy per cent of the women polled on one university campus in 1977 had been assaulted at some point since beginning college. The category included forced kissing, forced fondling of breasts or genitals, and attempted rape. Other studies indicate one in five female college students is raped.

Cindy has an additional concern regarding the legal system. Although there is strong evidence her assailant was involved in two assaults reported near Waterloo Square recently, the police have refused to release a composite sketch of the suspect because he is probably a minor. Cindy says she thinks it is unjust he is protected at the cost of safety for women. Three assaults have been reported; if only one in 10 assaults are reported, he may well have attacked some 30 women so far, she says.

While assault victims never forget the incident, "they can learn to come to terms with it," says Williams.

Karen is still angry about what happened. "I've tried to learn from the experience without becoming bitter," she says. "Anger can be productive; bitterness never is. What really makes me angry is that I have to live with this fear, that I have to see every man as a potential rapist, that women have to live with this fear. I think if another guy was to attack me like that, I'd kill him. I don't ever want to stop caring about the issues; if I let go of my anger, it would be as if I didn't care anymore."

Although she will always carry the pain and anger of rape inside her, Karen says it helped sensitize her to the issue. "I've learned to defend myself, and it has made me more independent. I'm a stronger person now."



Outstanding alumnae

Mary Madden Casey

A native of Glace Bay, Mary Madden Casey graduated from Mount Saint Vincent College in 1946 with a B.A. degree.

After graduating from Dalhousie Law School she was admitted to the Bar of Nova Scotia in 1971. A Charter member of the Federal Advisory Council on the Status of Women, Casey was involved in the drafting of the Sexual Assault amendments to the Criminal Code of Canada.

Dedicated to the rights of women and children, she ran for federal office in 1972. She developed and taught the first course in Legal Status Based on Sex at Dalhousie Law School. In 1977 she was appointed to the National Parole Board, in 1980 becoming the Senior Parole Board Member for Atlantic Canada. In 1985 she was named Chair of the Appeal Division, National Parole Board of Canada, and resides in Ottawa.

Sister Margaret Young

A dedicated, involved and successful teacher, Sister Margaret Young has brought music into the lives of thousands of grade school and secondary school students in the Halifax/Dartmouth school system.

As Assistant Professor with Mount Saint Vincent University's Child Study Department, she is involved in new approaches to developing pre-school children's musical awareness.

Sister Margaret graduated from Mount Saint Vincent Academy in 1940 and received a Bachelor of Music from Mount Saint Vincent College in 1944. She obtained a master's degree in music from Boston University in 1963.

Initiator of a Fine Arts program at the Mount, she brought together faculty from the Nova Scotia College of Art and Design and the Mount so that a concentration on Fine Arts would be available to students at both institutions.

Dr. Isabel Janet MacNeill

A concern for women in the penal system in Canada highlights the career of Dr. Isabel Janet MacNeill, Mill Village, Nova Scotia, who helped to pioneer temporary absence and pre-lease programs while she was superintendent of the Federal Prison for Women in 1960.



She was awarded the Order of the British Empire in 1944 and appointed Staff Officer WRENS to the Commanding Officer Atlantic Coast in 1945.

In 1971 Dr. MacNeill was created an Officer of the Order of Canada. She holds honorary degrees from Queens and Dalhousie universities.

Jane Thorup Hannan

A tireless worker in the fight against heart ailments for many years, Jane Thorup Hannan was awarded the Distinguished Volunteer Service Award for the American Heart Association by Mrs. Lyndon B. Johnson in a ceremony at the White House in recognition for her work. Six of her nine children were born with heart defects.

In spite of suffering from a degenerative condition similar to multiple sclerosis for more than 30 years, Hannan has been involved in many community projects including the American Cancer Society, Red Cross Volunteers, Community Chest and the Women's Board of the Washington Heart Association.

She graduated from Mount Saint Vincent Academy in 1933 and from Mount Saint Vincent College in 1936 with a Bachelor of Home Economics degree.

Amadita Oland Stanbury

A lifetime of community involvement characterizes Amadita Oland Stanbury as one of Halifax's outstanding volunteer workers.

During World War Two she was a member of the Atlantic War Fund Club. She has worked for 30 years for the United Way Appeal, is a charter member and supporter of the Canadian Mar-



In celebration of Women's Week at the Mount, The Picaro would like to acknowledge the following outstanding alumnae. These women were selected by the Alumnae Association as the first recipients of the Alumnae Jubilee Award of Distinction. They were chosen from hundreds of nominations from many parts of the world. The awards were established to commemorate the 60th anniversary of the Mount as a degree-granting institution. The following was reprinted with permission from the public relations office.

tyrs Parish; a member of the Apostleship of Prayer; assisted with fundraising for the Halifax Grammar School for seven years and was Honorary Chairperson of Project One, Futures for Women, Mount Saint Vincent University's first major campaign for funds. She was also active in the Well Baby Clinic established by the Junior League of Halifax.

Cecilia MacDonald

Cecilia MacDonald, Halifax, has combined a distinguished teaching career in the city's schools with contributions to local politics, church and community activities.

Noteworthy among her professional accomplishments was being named the first female vice-principal in the city, a post she held at St. Thomas Aquinas School.

MacDonald worked tirelessly for her students during her 35-year teaching career, and before the days of special education routinely gave up her lunch hours and free time to work with children with learning disabilities or special needs. Many of her former students attribute their professional or personal achievements to her dedication.

Sister Marion Sheridan

During the 1960's she was involved in public welfare agencies in Halifax, Antigonish and Sydney and established Cape Breton's first detoxification centre. She also contributed to the establishment of family courts in Nova Scotia to provide a less formidable forum for settling family disputes.

Sister Marion has served as Superior of Christ the King Convent in Trenton and for the past decade on the General Council of the Sisters of St. Martha.

A member of the Congregation of the Sisters of St. Martha, Antigonish, since 1960, Sister Marion Sheridan has devoted her professional life to improving the quality and range of social services both in Nova Scotia and in the United States.

She is, at present, Supervisor of the Family Services Agency of Pictou County.

After graduation from Mount Saint Vincent College with a Bachelor of Arts degree in 1957, she obtained a Master of Social Work from the Maritime School of Social Work and went on to

Boston University for a one-year internship.

Margaret Wyman Brown

Margaret Wyman Brown's first involvement with the Canadian Association for the Mentally Retarded began 13 years ago when she joined the Dartmouth branch to make use of a specialized service needed for her son. She and her husband, John, have five children, two of whom are mentally handicapped.

By the time Brown had completed a Bachelor of Arts in Honours Psychology at Mount Saint Vincent University in 1979, she had become involved with CAMR at the provincial level and was its vice-president. In the midst of raising her family she completed a Masters degree in Special Education from the University of Saskatchewan and on her return to the Maritimes became a part-time faculty member in the Special Education Department at Acadia University.

Dr. Dorothy Green Wills

Teacher, administrator, leader and creative thinker, Dr. Dorothy Green Wills was a founding member of the National Black Coalition of Canada.

Among her many community contributions, Dr. Wills was a representative for the First Federal Government Conference on Multiculturalism in 1971; was the first black member on the Board of Directors, Federation of Catholic Community Services in 1969; a delegate from Montreal to the Sixth Pan African Congress (1973) and research associate, House of Commons Parliamentary Committee on the Participation of Visible Minorities in Canadian Society in 1983-84.



Ida Shofer Zifkin

As a public health nurse and volunteer Ida Shofer Zifkin has contributed to the health of Nova Scotians for more than 45 years. After graduating from Mount Saint Vincent University with a B.Sc. in Home Economics, she graduated from the Halifax Infirmary School of Nursing as a Registered Nurse in 1941.

Throughout her professional life she has contributed to a myriad of health and community-oriented programs including the supervision of the March of Dimes Free Polio Clinic in 1953 in the City of Halifax when she assisted in the establishment of 66 clinics where more than 18,000 people received polio inoculations.

Sister Zelma LeBlanc

One of the first pastoral agents missioned to Peru in 1968 by the congregation of the Sisters of Charity Saint Vincent de Paul, Halifax, Sister Zelma LeBlanc has worked with the poor in areas of extreme deprivation where the infant mortality rate is three in every ten babies.

While on sabbatical in 1974, Sister Zelma completed her Bachelor of Arts degree at the Mount and also studied at Concordia University, Montreal.

In 1983, she was reassigned to a new mission in Cajamarca, Peru, where she continues to teach and encourage the community.

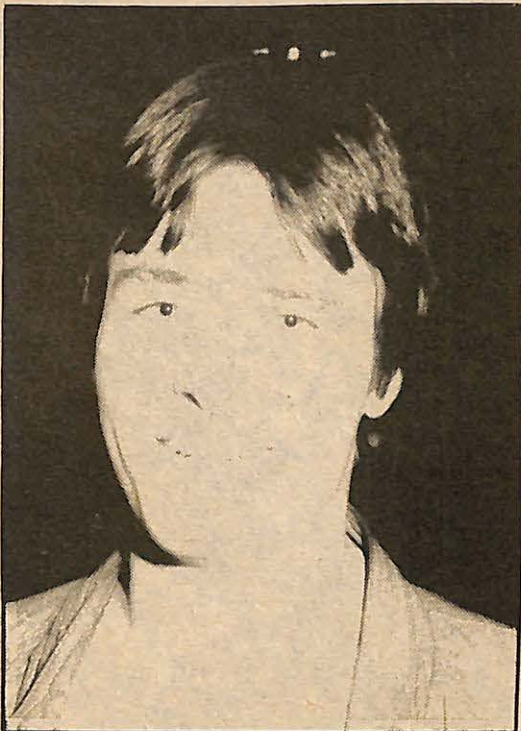
Sister Nuala Kenny, M.D.

A native of New York, Sister Nuala Kenny entered the Sisters of Charity in Halifax in 1962 and graduated from Mount Saint Vincent University in 1967 with a Bachelor of Arts degree, magna cum laude.

In 1972 she received a medical degree from Dalhousie University together with two awards from the Izaak Walton Killam Hospital for Children Department of Surgery and the hospital's Board of Management.

As a physician, hospital administrator and teacher of medicine, her community involvements and speaking engagements in child and family health issues, nutrition, child abuse, death and bereavement cover a wide range of concerns in the overall health of the community.





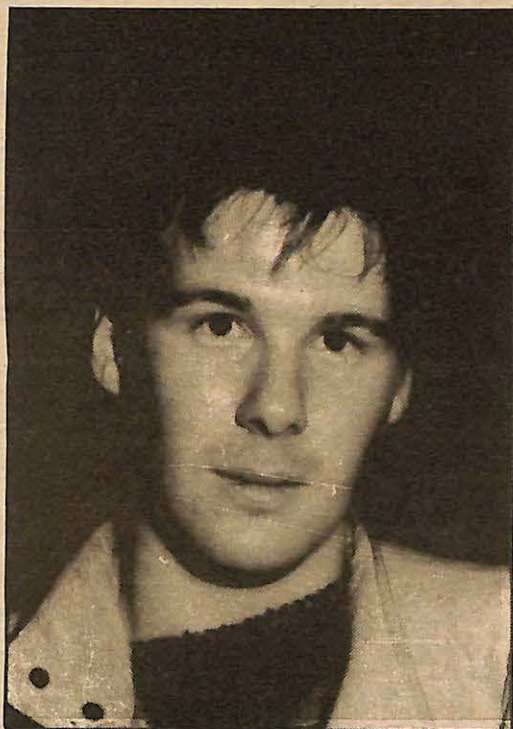
Steve Jennex, 4th-year BPR—It's a rough time of year. Nobody really cares. Everyone is concerned about exams.

by Paul Paquet

Question: Why do you think most of the student council positions are uncontested?



Chris Pennell, 3rd-year BSc—Lack of interest and support.



James Symington, 3rd-year BA—Lack of school spirit or interest.



Heather Selwyn-Smith 2nd-year BPR—Because of the general apathy at the Mount.



Margot Blakeburn, 3rd-year BSc—Probably because not too many people are aware of the positions available.

photo by Kevin Fraser

Mannequin is to be seen but not believed

by Jeffrey G. Mann

Some movies are able to survive on ridiculously stupid ideas. "Mannequin," starring Andrew McCarthy and Kim Cattrall is one such flick.

McCarthy plays Jonathan Switcher, an artist struggling with his creativity. Switcher moves from one third-rate job to the next, each time being fired for being too creative (like making a face out of tomatoes on a pizza).

At one point, Switcher is employed in a mannequin fabrication plant. After two weeks, he finishes his first mannequin, then loses his job for working too slow. There is something special about Switcher's creation however, and the plot is based around this idea.

Emmy, played by Cattrall, is a discontent Egyptian in the time of the Pharaohs. The gods take pity on her, and send her ahead in time. Emmy has the ability to stop the trip whenever she

wants. After a rendez-vous with Christopher Columbus and other historical figures, Emmy comes alive in Switcher's mannequin.

Switcher and Emmy spend the show creating breathtaking window scenes in the front of a major department store. This is logical enough, however, there is one minor twist. Emmy can only come alive in front of Switcher. When others approach, Emmy immediately becomes firewood, shaped like a lady. Yes, I agree it's a fairly stupid idea, but it's entertaining.

Meshach Taylor adds comedy to the show in his supporting role as a homosexual mannequin dresser named Hollywood. He befriends Switcher and adds color to the screen with his flamboyant clothes and care-free attitude.

G.W. Bailey plays Felix, a paranoid night watchman at the department store where Switcher works. Felix's constant companion is Rambo, a cowardly bull-

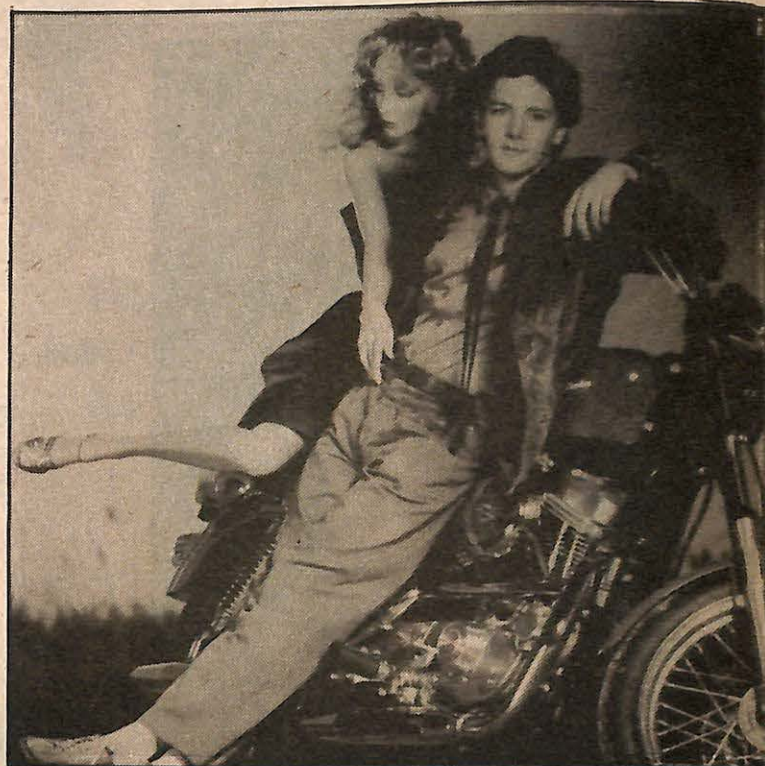
dog. It is the constant duty of Felix and Rambo to tail Switcher and learn the secret behind his success.

The department store owner Claire Timkin (Estelle Getty from the Golden Girls) offers Switcher the job as window dresser early in the film, and when the curtains close, she has promoted him to vice-president and treats him like a son.

Michael Gottlieb directs Mannequin. He also co-wrote the original screenplay along with Edward Rugoff.

Mannequin is a contemporary comedy that's worth seeing if you enjoy movies like Survivors, Police Academy and Bachelor Party. If you have nothing better to do on a Tuesday night, it's a good movie to see.

McCarthy's performance earns Mannequin a rating of a medium Coke (watered down as usual), and a large popcorn. Enjoy!



Andrew McCarthy as Jonathan and the mannequin who comes to life in the movie Mannequin.

Musical clones with original lyrics

by Dena Ellery

What do you get when you mix equal portions of the Cult, Echo and the Bunnymen, Sisters of Mercy, and David Bowie, adding a quadruple portion of Simple Minds? You get The Mission.

Wayne Hussey, lead singer/songwriter and guitarist of The Mission says, "I think we're very individual. We're just ourselves. There's absolutely no pretensions and we laugh at ourselves all the time." Perhaps

they're laughing at the fact that they've duped the independent markets into thinking they really are very individual. Because they're not.

The Mission's album, *God's Own Medicine* sounds like a collection of track rejects from the Simple Minds' *Sparkle in the Rain* album. I dare anyone to listen to the cut "Severina" and deny that the first refrain doesn't resemble a hodge-podge of standard Simple Minds' riffs.

Certainly, The Mission can't

help but sound like shades of Sisters of Mercy and Dead or Alive. Hussey had been a member of both bands, for two-and-a-half and two years, respectively.

Although The Mission is a group of clones, at least their lyrics are worthwhile—yet reminiscent of the early, somewhat somber David Bowie. Hussey prefaces "Wasteland" with the lone vocal, "I still believe in God, but God no longer believes in me." No wonder! If you don't believe in yourself enough to challenge your creative ability,

how can anyone else believe in you?

So if you like Simple Minds, with a raw, Cultish edge, you'll like The Mission. Your favourite tracks will probably be "Wasteland" and "Stay With Me"; the first for its compelling lyrics and danceability, the second, because of the cutesy, catchy swaying chorus.

If you like Andy Summers' "Mother" (from the Police's album *Synchronicity*), you'll enjoy the wailing "Bridges Burning."

The cut "The Garden of Delight" is an attempt to reveal a sensual, beckoning Hussey (how apropos) against the classical melody of string instruments. This is probably the only song on the album that verges on true creativity.

The Mission's lyrics are worth the price of the album, but if it's music you're after, put on *Sparkle in the Rain* and turn your bass and treble up a few extra notches.

WHAT'S A NICE ARACHNID LIKE
YOU DOING IN A PLACE LIKE THIS?



Black Widow leads to genuine surprise

by Steve Jennex

Ever get surprised in a theatre? I don't mean having the little kid behind you dump his Coke on your head, but being genuinely surprised at what's on the screen. You know what I mean, going to a Stallone picture and hearing words of more than two syllables, or seeing a James Bond flick and really understanding the plot the first time around. "Black Widow," Debra Winger's latest movie, is indeed a surprise—a lousy one.

Billed as a "psychological thriller," the movie is a siesta in celluloid. Winger and the supporting cast do the best with what they've got. It's the dull plot and heavy-handed direction that step on this spider. No thrilling chases, no tense moments, no nothing. Even the murders are boring.

The plot revolves around Winger and her co-star, Theresa Russell. Winger is a federal agent bent on apprehending Russell, the murderer. Sound simple? Well that's about as complicated as it gets. Great scenery and shots in Hawaii though.

Don't go if you're a fan of Dennis Hopper of "Easy Rider" fame. While the veteran star is on a great comeback, he only appears in "Black Widow" for about five minutes. One stray glance into your Famous Players Litter Bag and you may miss him.

Russell, who will no doubt have a successful career, is full of acting talent. "Black Widow" is her first movie with a starring role, and she does a good job. Unfortunately, casting her as the murderer doesn't come off well. She's too cutesy. It's like watch-

ing a Care Bear stab an Ewok.

Overall, "Black Widow" is a good movie for videocassette. When we go to the theatre we expect a theatre-style movie. Don't bother seeing it unless it's either that or "Over the Top." Wait for the videocassette.

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A tribute to Danny Kaye

Court jester to the world

by Sherry Hassanali

Earlier this week, (Mar. 3) the world lost the last of its great entertainers. Danny Kaye passed away, leaving behind him a legacy that no other entertainer can ever touch.

Born in 1913 in Brooklyn, New York of Polish immigrant parents, David Daniel Kaminski had originally planned to become a doctor. But, because he was a tall (6'1") lanky, redhead with the great knack for making people laugh, it was quite natural for him to pursue a career in comedy.

During his teens he joined a dancing and singing trio that toured the Orient. This encounter with the Far East began his life-long love of Oriental cooking and it also taught him how to communicate, by using gestures, to those who weren't able to speak English.

His first big break came in the form of the Broadway musical *Lady in the Dark*. Danny was able to rattle off the names of 50 Russian composers in a dizzying 38 seconds. After this success, Hollywood called on him to make his film debut.

His first film in 1944 was a lively military service-type film. "Up in Arms," was an instant

landed the 1947 title role of the day-dreamer in "Secret Life of Walter Mitty," that his true acting abilities came to life.

His 1952 film "Hans Christian Andersen," was a huge success especially with those in the younger audiences. Kaye played a lovable story-teller who delighted children in the film with tales and songs. From this film came a string of songs; "The Ugly Duckling," "Thumbelina" and "Inch Worm."

Kaye had a successive line of movies starting with; "Up in Arms" (1944), "Wonder Man" (1945), "The Kid from Brooklyn" (1946), "The Secret Life of Walter Mitty" (1947), "The Inspector General" (1949), "Knock on Wood" (1953), "White Christmas" (1954), and "The Court Jester" (1956). He won a special Academy Award in 1954, for service to the movie industry and other achievements.

Earlier in his career he detoured to radio and made a name with "The Danny Kaye Show,"

which had a weekly spot on CBS. His movie career tapered off in the late 1950s but he had a very successful weekly television variety show in the 60s.

During those 20 years, Kaye made intermittent guest appearances, mostly for charity, and conducting orchestras, leading them through comedy and musical routines.

His most outstanding role was with his work for UNICEF and the needy children around the world. His involvement with the UN Children Fund began in the 1950s and took him countless thousands of miles around the globe. His unique sense of humour won the confidence of the adults and the hearts of the children. His ability to make people laugh was in itself a healer for the sick children of the Third World.

Danny Kaye was indeed a very special man. He gave himself to the children for over 35 years. He gave himself to the world for over four decades. He was truly an unselfish man.

Kaye was an actor, singer, dancer, comic, mimic, or humanitarian. He was in the true sense of the word—an entertainer.

I can say that I'm proud that my life crossed paths with Mr. Kaye's for one brief moment four years ago, here in Halifax. Kaye was being honoured by Unicef Nova Scotia for his 30 years of service. When I think of him, my heart fills with such pride, respect and admiration; I could just burst.

The world was made a better place when the kindness and comedy of Danny Kaye was abundant. Now that he is gone, the memory of his work still lingers, his films still make us laugh and his smile still makes us warm.

He will be missed.

Message in a Bottle

My Generation

We grew up on Star... (whatever),
and Indiana Jones, the sequel.
The beauty of age is lost.
We drive Porsches instead of
the ghost of a 57 Chev.
And Gretsky, the new generation;
Rocket Richard minus guts.
But hey, we're not Woodstock,
just the followers.
Picture Motley Crue with
Simon and Garfunkel, birds of a nucleic feather.
My father, he went to school,
he learned and grew.
But I can only ask questions of a stagnant nature.
My friends fight war not wars.
Please, tell me again I'm the future.
"Some day, you will run this nation."
but what's left for us to run.
Lennon was 20 years ahead of his time,
Shakespeare, a mere 500 or more.
Just read "the Merchant of Venice,"
he wrote our law books

We are all scared:
Hijacking, Nuclear Holocaust
Cabbage patch kids.
But my generation, we are free,
look at Apartheid
"Hey nigger, how does it feel to be sub-human"
Please Ron—don't evaporate us,
give us a chance to make our own mistakes.
You may find that we can rule our own destinies.
My generation wants to be free,
just ask the drunk drivers or the athletes
from the politically marred previous two olympics.
Yes, my generation only wants to be free.

Jeff Mann

My Father—the boy

Father,
I'm flesh of your flesh
Not completely known to you
But as I was there at the store, too.
You were merely a child...
(I loved when you smiled!)
Face of freckles, tousled hair,
Walking a dusty road barefoot.
The youngest of brothers,
But strong and brave.
I wanted to hold you hand
And look into your eyes
To smile at my protector...

Rather,
I had not yet been born
But I know I was there:
I saw the store through you.
A boy young and wild
(Never beguiled)
You stood firmly your ground
And none could knock you down.
I loved you even then; did you know?
How could you, though
For only half my form you had
But my soul watched you grow.
I still love you so.

Louann

Sport takes centre stage in Hoosiers

by Jeffrey G. Mann

There are places in the world where sport becomes a religion.

Carter de Haven and Angelo Pizzo depict the faith of basketball in small town Indiana, in their production of the motion picture *Hoosiers*.

Gene Hackman is convincing as coach Norman Dale, a one-time controversial but successful university basketball coach who joins the army when he is forced to resign from coaching. Coach Dale is given one more chance by his old friend Cletus (Sheb Wooley) who is the principal of Hickory High School in Indiana.

From the opening credits, one can see *Hoosiers* is another rags-to-riches, boy-gets-girl, David-and-Goliath-type movie, but director David Anspaugh adds enough twists that the predictable plot remains exciting.

Dennis Hopper plays an old drunk named Shooter who lives for Hickory High basketball. His son plays for Hickory and, predictably, coach Dale feels sorry for Shooter and starts him on the road to health while making him assistant coach.

The sub-plots are the film's savior. Coach Dale, as if he wasn't busy enough dodging errant pitch-forks, is forced to deal with the hostility of anti-athletic school teacher Myra Fleener (Barbra Hershey). What do you suppose happens by the end of the film? You guessed it, boy-gets-girl, or in this case, old jock gets anti-jock.

Hoosiers, in all of its predictability, is actually a comment on rural America. The frustrated township of Hickory has only one emotional release—high school basketball. Hershey puts it best by saying: "It's sure easy to become a hero these days. All

you have to do is throw a rubber ball through a metal hoop." The problem with being a hero in Hickory, is when you finish high school, you join the ranks of the frustrated at the local pub and talk about your glory days in high school.

Eventually, Hickory High advances to the state championships. It's funny how they win all their games by one point in the dying seconds. I won't tell you who wins because it doesn't matter. Hickory goes into the game fighting for all the small schools that never had the chance to get to the finals. It's that old universal symbol of hope. (Speaking of symbols, the title *Hoosiers* is derived from the Indiana State University athletic teams who are nicknamed the *Hoosiers*.)

Hoosiers is definitely worth your \$5.50 and that huge tub of popcorn that you always end up spilling before you finish.

Mount badminton does well in NSCC

by Jeffrey G. Mann

Last Sunday the NSCC badminton championships were hosted by the Mount in the Rosaria Gym, and as a team, the Mystics fared well.

Eric Boucher, a member of the Mystic men's doubles team, was impressed with the tournament

organization. "It was well run, June (Lumsden) and especially Bruce (Croft) did a lot of work."

The men's singles title match pitted Peek G. Liao of TUNS against Dwane Dunphy from UCCB. Liao came out on top. Ray Bourque from the Mount, was not happy with his play in the singles division. He lost all of

his matches including the opener to Dunphy 15-10, 15-12, 15-8. "I played great in the first match," said Bourque. "After that I sucked. I was dead tired after my second game with Dunphy which wasn't much of an excuse, but I was."

The women's singles division was captured by Wat Tang Ooi

from TUNS. She defeated Jean Ballie from NSAC.

According to Boucher, TUNS and UCCB were the class of the men's doubles competition. Scott McLelland and Gerard MacDougall of UCCB stopped Bradley MacDonald and Stephen Hooper from TUNS in the final. Boucher, along with his partner

Rob MacKenzie from the Mount finished fourth. "We had our work cut out for us," said Boucher. "We would have liked to beat AC, because they've beaten us in close matches all year, but we played our hardest, and came up short."

For the Mystics, the highlight of the tournament came when Debbie MacDonald and Kari Mitchell defeated Glenda Hunter and Jennie Gilmore from NSAC to capture the women's championship. MacDonald and Mitchell will travel to the Northern Alberta Institute of Technology in Edmonton for the CCAA championships next weekend.

Paul Card and Gail Ingerfield of the Mount finished second in the mixed-doubles category. They lost to Nancy Barnes and John Suidegeest of NSAC in two straight games.

Marla Cranston, a student at the Mount went to the tournament to watch her boyfriend play, and ended up being the Mount's entry in the women's singles division. The Mount collected a point toward the team standing for Cranston's efforts. Boucher said, "It took a lot of guts for her to do that because she doesn't play a lot. Not too many other people would have played. The team is grateful."

At a banquet following the tournament, Dave Ritcey of UCCB was named coach of the year.

The final team standings had NSAC in first with 32 points, followed by TUNS with 30, MSVU with 25, and UCCB with 22.



The 1986/87 MSVU badminton team. Left to right, back row—Rob MacKenzie, Gail Ingerfield, Kari Mitchell, Bruce Croft (coach), Debbie MacDonald, Eric Boucher. Front row—Ray Bourque, Paul Card and Wendy Cameron.

Lavers Photos

Mount Women's Volleyball has a fighting chance

by Heather Selwyn-Smith

MSVU women's volleyball team has won seven provincial championships in the Nova Scotia College Conference since 1975.

Hopes are being raised for an eighth provincial championship this Saturday, March 14, in the MSVU gym when the Mystics vie with four team leagues for the provincial championship title.

For seven years the Mystics have always been strong, but they have turned into something of a legacy in the past three years by not losing a single match in league play.

Coach June Lumsden is satisfied with the level of play her young team has reached saying, "I'm very proud of my girls and what they've accomplished so

far. They've come a long way considering we were faced with a rebuilding year."

Howie Jackson, assistant coach, agrees with Lumsden. "We're a lot farther ahead now than we thought we'd be," he says, remembering his initial evaluation of the team last fall.

Although the women are first in their league and rank eighth in the country, they are reluctant to speculate on the trip to the nationals.

"I think it's a basic fear of being over-confident," explained Lumsden. "We take it one step at a time but we never lose sight of our goal to play the best that we can."

After six years of going to national competitions (one year they had to forfeit due to lack of funding) Lumsden knows what

to expect. "If we do go, we would have a chance at the bronze," she said. The Ontario and Quebec teams are usually pretty tough competitors."

The 13 women play because they are dedicated to the game. "We play our best," said team captain Debbie Murray. "We strive for excellence on the court at all times."

If the Mystics win the provincial championship this weekend

against King's, UCCB, and TUNS, they will advance to the Canadian College Athletic Association nationals in Red Deer, Alberta, March 27-29. Games are at 1:30 and 3 p.m. with finals at 4:30 p.m.

Determination has been the key to success for this team and it's determination that will keep the trophy in the display case where it has made itself at home for seven years.

Ongoing Events

Nova Scotia College Conference Provincial Women's Volleyball Championships will be held at MSVU on Saturday, March 14, 1987. Our women's team finished 1st in regular season play—come watch them compete for the title. Games start at 1 p.m. in Rosaria Gym.

NSCC Provincial Basketball Championships will be held on March 14, 15 in Truro. The Women's Championship will be at NSCC while the Men's will be at NSAC. Game times are Saturday 11, 1, 3 and 5; Sunday 1 and 3.

Intramural Co-ed Volleyball: Mondays 4:30-5:30 p.m. Everyone welcome!

Picaro Players of the Week

by Jeff Mann

The Picaro Players of the Week are Debbie MacDonald and Kari Mitchell, the women's doubles badminton team at the Mount.

Last Sunday, the Mount hosted NSCC badminton championships, Mitchell and MacDonald captured the women's doubles event by beating Glenda Hunter and Jennie Gilmore of the Nova Scotia Agricultural College team.

With their victory, the women earned the right to fly to the Northern Alberta Institute of Technology to play in the Canadian College Athletics Association championships against the best college teams in the country.

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KICK-OFF DAYS: MARCH 11 & 12, 9 A.M. - 7 P.M. LOCATION: 3RD FLOOR SEITON (near printshop and mailroom)

Staff Works

Staff Works, the annual exhibition of work by the Nova Scotia College of Art and Design staff will be on display at the Anna Leonowens Gallery of the Nova Scotia College of Art and Design March 3-14.

The public is cordially invited to attend the opening reception on Monday, March 2 at 8 p.m. at the Gallery, 1891 Granville Street. Regular gallery hours are Tuesday to Saturday 11 a.m. - 5 p.m. and Thursday evenings 5-9 p.m.

Attention all Picaro contributors! Prepare for Picaro year-book photography session on Monday, March 16.

Watch the birdie!

Business Society

The Business Society will host a Wine & Cheese get-together on Tues., Mar. 17. Four representatives from the following professional accounting associations have asked to meet with our students at this time (Certified General Accountants, Chartered Accountants, Certified Management Accountants, and the Internal Auditors). The event will take place in the MSVU Art Gallery from 4:30-7:30. Everyone is invited to come. Hors d'oeuvres will be served and their will be a cash bar.

SMU exhibitions

Jane Shaw: Watercolours 1937-1987, Feb. 17-March 22, 1987.

Drawings by Carol Fraser 1948-1986, April 1-May 15, 1987. Organized by the Beaverbrook Art Gallery. Opening: Wednesday, April 1 at 8 p.m. Artist's Talk: Thursday, April 9 at 8 p.m.

chamber musicians

Saint Mary's University Art Gallery will host its fourth and final concert of The Halifax Chamber Musicians: The Gallery Series for the 1986/1987 season on Sunday, March 15 at 8 p.m. Tickets are \$10.00 and available in the art gallery.

TUNS-Mount social

There will be a Social Night on Saturday, March 14 in Vinnies Pub from 7:00 p.m. to 1:00 a.m. for \$3. per person. Transportation is provided to and from the Mount. This event is co-sponsored by the Mount-TUNS International Student's Associations. All are welcome!

mini-trade show

The International Association of Business Communicators (IABC) will host a mini-trade show featuring field practitioners. Come, see and learn how audiovisuals, print materials, corporate identity strategies and advertising are created and used. Date: Thursday, March 12, 1987. Time: 7-9:30 p.m. Place: Don MacNeil Room. No admission fee. Public relations, business and tourism students are welcomed. Refreshments will be served.

POAS March dates

On Tuesday, March 10, 1987 the Professional Office Administration held their fourth general meeting.

During the month of March they are selling raffle tickets on an Easter Basket. The tickets are one for .50¢ or three for \$1. The draw for the basket will be April 1, 1987. The proceeds will be used to fund the annual year-end banquet and the POAS scholarship.

The annual year-end banquet will be held in the Bluenose Room in the Chateau Halifax. The event will take place on Monday, March 16, 1987, starting at 6 p.m. with a cocktail hour. The tickets for this event will go on sale Monday, March 9, 1987. The prices are \$12 for members and \$14 for non-members. All OAD students, faculty, and alumnae are invited to attend. The guest speaker is Ms. Alexa McDonough.

folksingers

On Thurs., Mar. 26, from 7:30 to 11:30 p.m., there will be local folk singers in Vinnies Pub. Sponsored by the Psychology Society, all proceeds go to Spencer House kitchen supplies, a senior centre.

Outreach tutoring

Veith House requires volunteer help for its Outreach Tutoring Programme. Tutoring takes place on a one-to-one basis with school-aged children between grades 1 and 12.

For more information please call 453-4320.

weight control

According to a recent survey, only 42 per cent of MSVU residence students are satisfied with their weight. Overweight is usually the result of two factors: Too much food (especially desserts, high-calorie snacks and fried foods) and not enough exercise.

Follow these six suggestions to get your weight under control:

1. Follow Canada's Food Guide—it offers balanced nutrition and a minimum of 1000 calories.
2. Eat breakfast—DO NOT SKIP MEALS!
3. Eat slowly—watch your portions!
4. Avoid high calorie snacks—avoid munching while you study.
5. Limit high calorie desserts and fried foods to occasional consumption.
6. EXERCISE 3 times each week—a brisk walk, an aerobic workout, swimming, jogging, etc.

Remember: FREE AEROBICS CLASSES MARCH 9-13.

BRING A FRIEND

EXTENDED Yearbook deadline FRIDAY, MARCH 27

Now includes all diploma and certificate graduates as well as Bachelor degree graduates. Needed: formal graduate photographs preferably black and white for best results, with name, program, and hometown printed legibly in pencil on the back.

Questions? Call Julia or Katrina 443-4450, extension 123.

Homonyms

The Mount Art Gallery presents jewellers Beth Biggs, Martha Glenny, Peter Lawrence and Joanne Poirier in a discussion of their work Sunday, March 22 at 3 p.m. Their jewellery is featured in **Homonyms**, at the gallery until April 5.

Edges is part of Paired Viewpoints

The Mount Art Gallery presents George Steeves, photographer and Susanne MacKay, painter in a discussion of their work Tuesday, March 31 at 8:15 p.m. Steeves and MacKay's photographs are featured in **Edges**, part of the exhibition **Paired Viewpoints**, on display until April 5.

Battle of the Brains

Just when you thought you had nothing more to look forward to this year except final exams, the Mount's Alumnae Office is offering all students a chance to participate in the fourth annual games night. Yes, the challenge has been issued, the date set and some of the more competitive types on campus are already plotting their strategies for this year's "Battle of the Brains." "We want to make it as fun as possible," says Alumnae Officer Dilly MacFarlane, "while at the same time reward those students who sacrifice eligibility for scholarships because they put their spare time into extra-curriculum activities."

This event has taken on different forms each year (last year's was a "Reach for the Top" evening) and was initiated in order to raise money for the Alumnae Student Union Leadership Award. Toward this purpose each team is asked to pay \$30. As MacFarlane says, "we have always raised money through an event which focuses on the fellowship among the various facets of the Mount community—students, staff, faculty and alumnae."

"Battle of the Brains" 1987 features five games—darts, Trivial Pursuit, Scrabble, Monopoly and cribbage. Therefore, each team of five will be expected to designate one player to each game. Since there will be two one-hour sessions people will have the opportunity to switch games for the second half of the night.

Prizes will be awarded to those who have accumulated the most points at the end of the night. So those who are free at 7:30 p.m. on Thurs., Mar. 26 and think they can cut the mustard should call the Student Union or Alumnae Office and sign up individually or as a team. The games night will be held in Vinnies Pub and the deadline for team entries is March 24.

Local photography

Eight photographs by Wayne Lowther will be on display in the Wormwood Photo Gallery, 1588 Barrington Street, from Sunday, March 1 - Monday, March 30.

Brazil

An overview of Brazil will be a talk by guest lecturer Marcos Alvarez at the Saint Mary's University Lunch and Learn Lecture at the Halifax Main Library on Spring Garden Road on Thurs., Mar. 12 from 12 noon to 2 p.m.

There will be an After School Bookclub for children ages eight to twelve, Halifax Main Library, Spring Garden Road from 4 p.m. to 5 p.m. on Thurs., Mar. 12.

A lawyer from the Public Legal Education Society will discuss how to draw up your own will at the North Branch of the Halifax City Regional Library on Gottingen Street, Thurs., Mar. 12 at 7:30 p.m.

coordinator

Canadian Student Pugwash is seeking a new National Coordinator for a two-year term, beginning July/August, 1987, when the term of the current National Coordinator expires. The National Coordinator is the Chief Executive Officer of Canadian Student Pugwash, and is responsible for a broad range of tasks. These include fund raising, the coordination of a network of local chapters at Canadian universities, the initiation of a national publicity campaign, the research, editing, publication and distribution of newsletters, conference proceedings and directories to information sources on issues of science and society, and the management of the National Office in Ottawa.

This position offers an opportunity to gain experience in the development of new educational programs and in the management of existing ones, to work with a large number of students, university professors, and top government and corporate representatives, and to explore the social and ethical implications of science and technology.

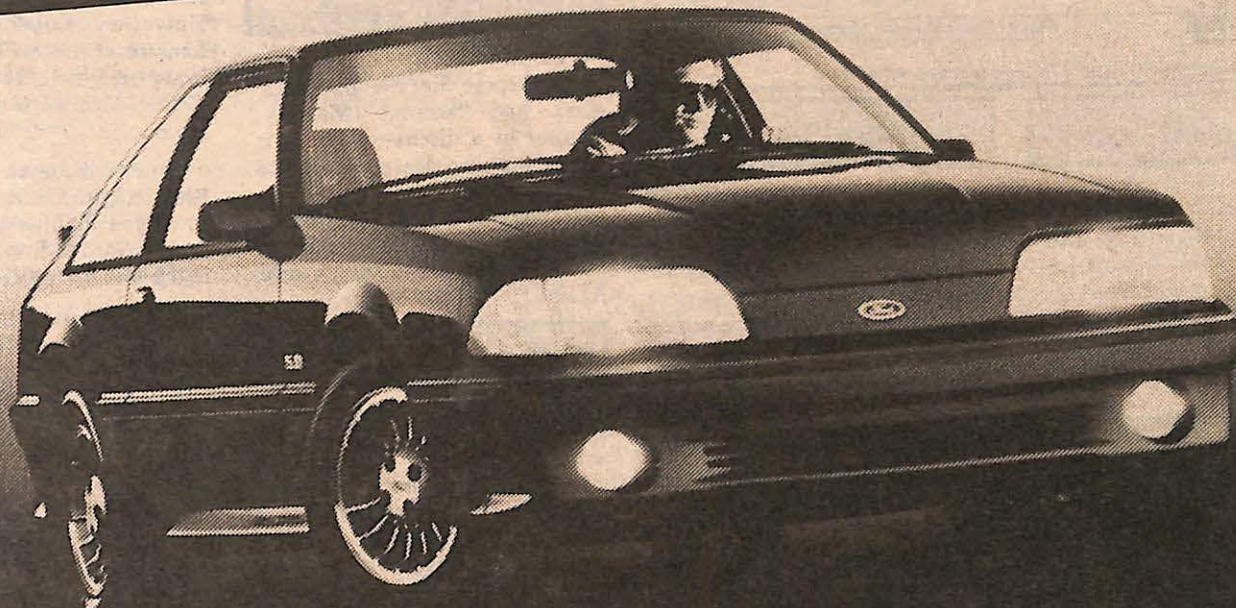
The National Coordinator must have leadership qualities, excellent organizational skills, an interest in the education of university students, and a concern for the role of science and technology in society. Excellent communication skills in the English language are essential; preference will be given to bilingual candidates.

Updated resumes must be sent to the National Office and postmarked no later than March 13, 1987.

Candidates selected for interviews will be notified by telephone March 28, 1987.

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MSA Introductions



June Lumsden

June Lumsden is a second-year Mount Student Assistant and staff co-ordinator for the MSA team. Her responsibilities include organizing, motivating, rallying and co-ordinating all twenty-two MSAs during both 7:30 a.m. meetings and all normal hour activities.

June's involvement at MSVU is extensive. She's busy with being Athletics Officer, coach of the MSVU women's volleyball team, member of an assortment of committees and a volunteer worker for various organizations in Halifax. To top it all off June can still call each of her 20 girls and two guys by name.



Colette Curran

Colette Curran is a part-time Mount Student Assistant. She juggles being a full-time student with her activities on student council, her responsibilities as a resident assistant, campus police member and an MSA.

Busy with all that, Colette still finds the time to enjoy strawberry cheesecake, jazz music and the scenery the Mount campus has to offer.

Colette is a Cape Bretoner through and through. She was born in Glace Bay, Nova Scotia and graduated from St. Michael Senior High and still claims Glace Bay as her hometown.

by Steve Jennex

Art's Pond

