

THE PICARO



MOUNT SAINT VINCENT UNIVERSITY STUDENT NEWSPAPER

Wednesday, February 8, 1984

Volume 19, Number 24

Students vote in referendum

by Heather Teal

On March 14, MSVU students will vote in a referendum to determine if the student union will join the Canadian Federation of Students (CFS). The Mount has been a prospective member of the organization for three years.

Mike MacLean, student council president and Nova Scotia board representative for CFS, intends to launch a pre-referendum campaign to inform students of the issues involved in joining the national organization.

MacLean says the campaign will be neutral, as opposed to a "vote yes" push.

The information campaign will include details on current

projects CFS is working on for its member universities. Some of these projects were discussed at the regular board meeting last week.

CFS proposes introduction of insurance policies for each university, based on a national program. The policies will vary between institutions to cover their varying needs and will include life insurance, comprehensive drug plans, and residence insurance.

A second proposal involves CFS acting as a wholesaler to member universities, buying in bulk at reduced rates to be able to offer students and administrations supplies at discount prices. Stock would include bar sup-

plies, campus supplies such as toilet paper and soap, as well as items such as calculators, albums and school supplies that would be available at periodical sales on each campus.

A third proposition is to host national trade fairs. Companies offering supplies needed by student unions, such as business machine companies, would exhibit their equipment and university representatives would be able to select the best deal possible.

In the referendum, students will be asked to weigh the pros and cons of the situation to decide whether to commit themselves to the national organization.

Student council elections soon

by Dale Rushton

Elections are here. Nominations opened on Monday, February 6 and will close on Friday, February 10, 4:30 p.m. A meeting of all candidates will follow at 5 p.m.

This year's elections are being held earlier to give incoming council members a chance to become familiar with their positions.

Reforms to the rules and regulations were made prior to the elections. Within these reforms

are specific requirements for the part-time students regarding their responsibilities in running for a representative.

Part-time representatives campaign responsibilities include: 1) campaigning (as stated in the note of rules and regulations) in areas visible to part-time students such as the Saceteria, part-time students lounge, and any other areas where part-time students may gather. 2) making at least two speeches to the part-time organizations, as well as at-

tend one of the regular speeches.

"From the feelings that have been going around over the past years, there has been much controversy over exactly what campaigning entails. It is now stated that campaigning is defined as: posters, pamphlets, and any other type of advertising and speeches. This will hopefully alleviate all flack that has been brought up previously," said Karen MacDonald, executive vice-president and chief returning officer.

Tourism degree for MSVU

by Margaret McCurdy

Mount Saint Vincent University may offer a four year degree program in tourism and hospitality management this fall.

Although the design of the program has been finalized, it has yet to be approved by the Maritime Provinces Higher Education Board (MPHE).

The program will consist mainly of business courses but will also include courses in languages, public relations and home economics.

When beginning this degree a student must follow a set course outline, but may specialize in later years. The program holds three different "streams" which a student may choose to specialize in. These specializations include tourism management, food and beverage management or lodging and institutional management.

Professor Jim MacAulay, organizer of the program, believes that this degree will be well re-

ceived by the industrial society. "There are many problems with people's interpretation of what tourism and hospitality management actually means," said MacAulay. "However, people in the industries recognize the name and are seeking professionals."

MPHE will be meeting February 6, 1984, to decide whether or not Mount Saint Vincent University will be offering this degree program in the fall.

Battle over exam boycott won

TORONTO (CUP)—A class of sociology students that boycotted its Christmas exam, recently won its battle with the University of Toronto Scarborough College administration to pass the course.

The students refused to write the exam as a matter of principle, to challenge the administration's control over their education.

A committee on academic standings granted the students full credit, without requiring they write the exam. The only hitch is their marks will not be calculated in their grade aver-

age.

The students celebrated at a victory party.

"To be honest, I didn't think they would decide in our favour," one student said. Others called it a victory against the system.

The students' action reflected their course content, concentrating on the oppression and powerlessness of the students and the unchallenged authority of the school system in what should be a democratic society.

The teacher, John Lee, said the boycott was the greatest compliment students could give him.

But the administration didn't look kindly on broken regulations. The first administrative committee to rule on the affair upheld the U of T regulation that students who miss an exam without just cause receive a "zero" grade. The class appealed the decision.

Some students expressed concern the incident would leave a "black mark" on their record that would haunt them later.

The celebration was topped off with two cakes, inscribed with "Question" and "Authority" respectively.



MSVU President E.M. Fulton, hopes the Royal Commission on Post Secondary Education will advise the province that education is as valuable to Nova Scotia as the off-shore oil industry.

Report to the Royal Commission on Post-Secondary Education

by Susan Brennan

Most maritime universities are telling the Royal Commission on Post-Secondary Education they need more money for research, for programs, and to hire more faculty; all of which the commission has heard numerous times before.

Dr. Margaret Fulton presented a brief to the commission on Friday, Feb. 3, on Mount Saint Vincent University's (MSVU) ability to perceive and respond to the post-secondary educational needs of its community. Other universities have been presenting similar reports to the commission. Two weeks ago, the Technical University of Nova Scotia revealed the unique position of their university in a presentation to the commission. The commission questioned this position stating that other universities were saying the same thing.

Fulton hopes the commission will recognize and advise the Province of Nova Scotia that education is as valuable to the province as the off-shore oil industry and deserves more funding.

Increased funding could probably be obtained from the government if the universities could directly show the commission the economic benefits by satisfy-

ing specific market requirements. MSVU feels they are satisfying these requirements by providing programs such as: DUET, Cooperative Education, Child Education, and Public Relations to name a few.

Dr. Pauline Jones, MSVU academic vice-president, chaired the committee that prepared the report on MSVU's unique role in providing post-secondary education to the province. The history, philosophy, financial condition, program development of MSVU and the emerging trends for education were outlined in the report.

In 1983, MSVU's average student grant, per full-time student, was the lowest among maritime universities—yet it had the largest increase in student enrollment since 1975.

A few of the recommendations presented in the report include: (1) rejection of the possibility of institutional amalgamation as a means of improving the quality of post-secondary education, (2) greater inter-institutional cooperation in an attempt to provide the best quality education at the lowest cost, and (3) recognition of grades by all universities, despite the fact that a particular course may be offered by one or all universities.

At the art gallery

Mount Saint Vincent University Art Gallery is inviting Nova Scotia clothing and fabric designers to submit examples of their work for an exhibit, "Rags", to be held March 15 to April 8.

Exhibitions Officer Sandy Miller, organizer of the exhibit, says "We have a small, growing fashion movement in Nova Scotia which complements and challenges both the craftsman and the industry. I would like this exhibition to highlight drawings, fabric and clothing by our local designers."

She is looking for exciting submissions both in style of clothing and fabric design, including screenprinting and fabric made by the artists, as well as fashion items made up from commercial prints.

At the YWCA

The Halifax YWCA is offering two Beginner's Typing courses in the winter term. The morning course will begin on Feb. 20th at 9:30 a.m. and the next one on March 19th at the same time.

This course provides a basic grounding in keyboard techniques for personal use or a preparation for computer or business use.

The Halifax YWCA is also offering a variety of Wednesday evening inexpensive workshops of particular interest to women.

On February 22 and 29th, the Women's Employment Outreach Service will present workshops on resumé writing and job search techniques for all women

who are not free to attend their daytime workshops.

Planned Parenthood Association will again present two workshops: one on the factors which contribute to the decision to become a parent on February 15th and one on menopause on March 17th.

A workshop and discussion of incest will be presented on February 22nd by the Women's Information, Resource and Referral Service.

All workshops will be held at the Halifax YWCA, 1239 Barrington St. Registration is limited for some workshops, please register by February 10th.

For further details please call 423-6162.

Assertiveness training

The Halifax YWCA is presenting an eight week assertiveness training program for women. This program will explore communication behavior and develop confidence through techniques to become a more assertive woman.

This program begins on February 7th at 7:00 p.m.

For further details please call 423-6162.

Bursary funds

APPLICATIONS AND/OR INFORMATION ON A NUMBER OF PROGRAMS ARE AVAILABLE AT THE FINANCIAL AID OFFICE, ROSARIA 119.

DROP IN TO SEE US IF YOU ARE INTERESTED IN ANY OF THE FOLLOWING:

MOUNT SAINT VINCENT CONTINUING EDUCATION

SCHOLARSHIP—awarded yearly to a woman over thirty years of age who is enrolled in any program except education. The award is based on involvement in student and community organizations and class participation. The student's average must be above 70 percent. The award will not be based on financial need except in the case of a tie. **DEADLINE FOR APPLICATIONS—MARCH 1, 1984.**

MOUNT SAINT VINCENT UNIVERSITY CAMPUS ASSOCIATION OF PART-TIME UNIVERSITY STUDENTS—The Association will award a credit voucher for the value of a full unit course to a part-time student who has already completed five units of credit in a degree program. This award is based primarily on financial need, but scholastic achievement will also be considered. **DEADLINE FOR APPLICATIONS MARCH 31, 1984.**

Quebec City via Montreal - two tickets - \$140 each (cheap). Round trip - departing Feb. 17, returning Feb. 24. Ph. 429-7858 or 422-7381 ext. 122.

Library events

The Woodlawn Mall Branch of the Dartmouth Regional Library invites you to join us for our **Morning Break** on Tuesday, February 14 at 10:00 a.m.

This week the program will feature an informal discussion on **Menopause** with Dr. Lorna Carter of the Dartmouth Medical Centre. For many people menopause can be a difficult time in their lives.

Dr. Carter will be on hand to tell you what to expect during menopause and how to handle this period of your life. In addition, she will answer any questions you might have regarding menopause.

This program is free of charge and pre-registration is not required.

Coffee will be served.

The Woodlawn Mall Branch of the Dartmouth Regional Library will also present a program on **Preparing Your Personal Income Tax** on Wednesday, February 29 at 7:30 p.m.

Registrar's notes

Final notice regarding submitting Intent to Graduate form for May convocation. Deadline for applications is February 15!

At Marillac

Marillac, Mount Saint Vincent's French residence, will be presenting the French-Canadian film, **J.A. Martin, Photograph** Tuesday, Feb. 14 at 8:00 pm. All are welcome.

First aid courses

St. John Ambulance will be conducting a four hour C.P.R. "Heartsaver" Programme at Findlay Community Centre, Elliot Street, Dartmouth, February 9, 1984 from 6:30 to 10:30 p.m. The fee for the course is \$15.00 per person.

In addition, St. John Ambulance will be conducting an emergency first aid course at the Eastern Passage Junior High School. Classes are held from 7:00 p.m. to 9:00 p.m. on March 20, 27 and April 3, 10.

For more information and registration please call 454-5826.

Focus on Casgrain

Dr. Susan Trofimenkoff, professor of Canadian history at the University of Ottawa, will give a public lecture, "Thérèse Casgrain and the C.C.F. in Quebec", 8 p.m. on Wednesday, February 15 at Mount Saint Vincent University, Seton Academic Centre, Auditorium A.

Thérèse Casgrain, who received an honorary degree from the Mount in 1977, dominated the feminist movement in Quebec from 1928 to 1967 in the days when women teachers were paid starvation wages and women in the civil service were not allowed to receive more than \$1,500 a year. Married women had the legal status of minors and were completely under the authority of their husbands.

Mme. Casgrain, first a Liberal, later joined the C.C.F. in 1946. She travelled extensively throughout Canada and the world and was named to the Senate during the 1970's. She was made a Companion of the Order of Canada in 1974 and in 1981 the bishops of Quebec honoured her as a pioneer in the field of social justice. She died in November of that year, at the age of 85, after a lifetime dedicated to the rights of women.

Dr. Trofimenkoff, whose lecture features this great Canadian activist, is making a special study of Mme. Casgrain. She is the author of numerous publications and several books, including **Stanley Knowles: Man from Winnipeg North Centre, The Dream of Nation**, and was co-editor of **The Neglected Majority—a History of Canadian Women**.

Writing the end

Mount Saint Vincent University's English Department will be offering a special seminar begin-

ning September 1984, on the subject of "Writing the End".

The first half of his seminar will include what he calls "apocalyptic literature" such as the writings of St. John, The Book of Revelations, John Donne, William Blake, Mary Shelley, and many others down to the work of Edgar Allan Poe. The second half incorporates modern writers such as John Hersey, Neville Shute, Walter M. Miller and Bernard Malamud, bringing students up to the present day.

Research at the IWK

Drs. Joseph Byrne and Cynthia Miller were recently awarded a two-year research grant from Health and Welfare Canada totalling \$103,975. Dr. Byrne is a Development Psychologist in the Department of Psychology in the Izaak Walton Killam Hospital for Children, Halifax, Nova Scotia, and a member of the Department of Pediatrics at Dalhousie University. Dr. Miller is a Development Psychologist in the Department of Psychology at the University of Western Ontario.

They will examine the abilities of young infants to detect and process temporal organizational features of auditory and visual stimuli. Deficits in this area may impair the infant at higher levels of information processing, and reflect underlying neurological functioning.

"Through these studies we may add to our understanding of early information-processing abilities and their possible relationship to later intellectual functioning. This research also may assist in the development of alternative or additional methods to provide a more complete clinical profile of young infants", said Dr. Byrne.

About 200 infants will be tested at the I.W.K. at 3, 6 and 12 months of age.

"Of those contacted, more than 95 percent of parents agreed to have their babies participate. This is very encouraging and reflects well on the generosity and interest of the community", said Dr. Byrne. The research is scheduled to begin in March 1984.

Student Rights? STUDENT RIGHTS?

On March 29, 1982, the Senate of Mount Saint Vincent University approved the Student Judicial System for non-academic infractions. The success of this system depends on the support and cooperation of the entire University Community.

THE STUDENT AFFAIRS COMMITTEE IS REQUESTING NOMINATIONS FOR STUDENTS TO SERVE ON 1. THE STUDENT JUDICIAL COMMITTEE

2. THE DISCIPLINE APPEALS COMMITTEE

Many of the issues will be value-laden and the appointed student members may have to withstand considerable peer pressure if the system is not to become ineffective. Therefore keep in mind responsibility and maturity when nominating individuals to serve on the two committees.

The system is meant to reflect the educational mission and goals of the institution while protecting the rights of individual students. The system fosters and encourages individual responsibility in so far as it affords students the opportunity to hear and respond to charges and appeal decisions. **A complete copy of the Student Judicial System for Non-Academic Infractions is available in the Student Handbook.**

If you know of any students who would be able to serve responsibly on these committees, would you please submit your nominations to

Dr. Carol Hill

Director of Student Services and Counselling

Rosaria 116

Extension 359

Due date: February 28, 1984

Graduation Portraits

by

J. A. Martin

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WIRRS helps women

by Margo Turpin

"WIRRS is documenting an increase in the number of women who are coming forward with problems related to incestuous relationships which took place in their earlier lives," says Carol Wambolt, Coordinator of

WIRRS (pronounced 'wires'), the Women's Information Resource and Referral Service of Halifax.

"That's not to say that the incidents of incest are increasing, just that women are coming forward more to talk about a prob-

lem that has always existed," says Wambolt.

Incest, child abuse, health care problems, human rights, and housing, are a few of the issues the paid and volunteer staff at WIRRS deal with daily. WIRRS functions as a resource centre that supplies women with information and referrals to other agencies and services.

The centre also offers counselling services for women. Social workers volunteer their time and offer the service at no charge.

WIRRS also helps many of its clients by phone, with the help of trained volunteers who operate the phones daily. In addition to the three paid staff (two full-time and one part-time) and so-

cial workers, WIRRS' volunteers bring the total number of participants in the agency to about 30.

"In 1983, we handled 2025 women who requested help of all kinds: emergency baby-sitting, battering, etc. Information, or a referral to another service or group, is what they want.

"Our clients range from 16 to 60 years old, and a woman in need is the only criteria of women who come to us," says Wambolt who has worked with women's groups and centres in Halifax, and is currently studying social work.

"What we don't know, we find out. It's very rare that we have to turn anyone away because we don't know how to help them," Wambolt says.

The office walls of Dresden Row, downtown Halifax are cluttered with phone numbers, contact names, and brochures on such things as legal aid, metro area tenants union, community clinics, government services, family services, emergency housing, employment outreach, and countless other services.

"Getting back to the incest issue," says Wambolt, "we not only document the incidents, but we try to help women deal with the problem. That's what we're all about."

WIRRS was established in January, 1982 and is funded by the city of Halifax. The office is located at 1593 Dresden Row.

President's holiday

by Peter Halley

On Feb. 1, 1984, the MSVU students celebrated the President's Holiday.

Did you know why we celebrated this holiday?

Many students, happy for the day off, kept their mouths shut and gladly took what they were given without realizing the reason given for this special occasion.

Dr. E. Margaret Fulton's predecessor, Sr. Mary Albertus, who was president of the Mount from 1974 to 1978, held the

President's Holiday on the Friday before Winter Carnival Week. However, she cancelled this holiday when several students asked for the following Monday as well.

Since then, this holiday was given only at the president's discretion. For many people not knowing if or when the next holiday would be celebrated, was inconvenient.

This year, at a recent senate meeting, President Fulton decided there would again be a President's Holiday. It was

stated at the meeting, "The President's Holiday will be held on Wednesday, Feb. 1, 1984, and on the Wednesday closest to Jan. 31 in subsequent years."

Jan. 31 is historically significant, because on this date in 1951, the Mount was totally destroyed by a fire. The Sisters of Charity decided to immediately rebuild the school. It is because of this decision that we are all students at the Mount today. It is certainly cause for celebration—don't you think?



Craig Photo

Rehearsal preview of a scene from "Top Girls" an upcoming MSVU feature performance held in the gallery last week. Written by Caryl Churchill and directed by Barrie Dunn, the play will run March 9-11 at Seton Academic Centre.

Women's speech contest

by Krista Eisener
Staff reporter

There is a great opportunity being offered for women aged 20-28 to participate in a speech contest which will be held in March. The participants will spend about ten minutes speaking on the topic, "Coping with Technicolor Change Affecting My Career", and on March 13, speeches of the five finalists can be heard in the Atkins Room in the Public Archives building. Marla Hillier feels that some experience in business would be beneficial for dealing with the

topic.

The winner of this contest will receive \$75 and the runners-up will receive consolation prizes. The first prize winner will get a chance to participate in the provincial championships and then may go on to the nationals.

Hillier says this contest is a good thing for a person to enter because it is a "great opportunity to meet people in the business and professional world".

Those interested can receive an application and more information from Marla Hillier by calling 477-2405.

Councillors speak out

Yes, it's back to work now that winter carnival is over. A good time was had by all and I hope everyone survived with only minor permanent damage! Hats off to Darlene Braunmiller and her committee for a job well done.

And now for something completely different . . .

As Karen mentioned last week, elections are approaching so get involved and run for a position. Election nominations must be in by Feb. 10. Also, come up to the Student Union office and nominate a friend for a Council Award to be presented at the Awards Banquet on March 31. We hope to see everyone at this year's banquet and we are doing our best to have the price even lower than in previous years. Remember award nominations close on March 2.

I also want to mention that we will be running a

referendum on March 14 concerning our membership in the Canadian Federation of Students (CFS). This is actually our External VP, Glen Smith's turf so I won't go into details. Just watch for upcoming information concerning this vote and be informed.

On that note, I will end with a request for your input concerning your student council. If you have any movies you would like to see or would like to offer us suggestions about anything that involves you, the students, please drop by the office and let us know. So sit tight and wait for next week's installment, same time, same place.

Heather McLean
Academic Vice-President
M.S.V.U. Student Union

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All the Wile

by David Wile



"No, they're not ear-muffs. It's a mink Walkman set."

It's me, the income tax computer . . . I never sleep, I don't catnap, I don't even blink . . .

Reminiscent of "Big brother's watching you", these are just a few of many intimidating lines from Revenue Canada's latest and short-broadcast last week on The Journal (CBC Jan. 30). The film's condescending and authoritative flavour seemed to reflect recent criticisms by opposition MPs and many Canadian citizens that tax department practices are unjust and that the whole operation must be reformed. Realizing the department has enough image problems, Taxation Minister Pierre Bussieres wisely recalled the film.

The scare tactics of the film, like those of Revenue's auditors, represented the digression of tax collecting practices. Recent reports of imposed quotas causing auditors to arbitrarily hike assessments against taxpayers have hit the House of Commons. Another allegation is that "points" are awarded to Revenue officials for putting supposed tax delinquents into bankruptcy just to collect on assets. Furthermore, the Revenue department is suspected of trying to access municipal computer systems to investigate citizen's affairs.

Indeed, as the film proceeded, the antagonizing computer voice revealed all of its investigative powers that eventually reveal the tax violator: "If they've been oversighting, then it's no more Mr. Nice Guy . . . I always find them, I mean, what do they think I am anyway? . . . a pocket calculator."

Yes, Minister Bussieres, we can certainly do without that type of sneering attitude. Although as Revenue Canada gears up to receive its annual 60 million in tax dollars and as tax packages reach the local postal stations, no doubt the doomed flick would have at least been a timely release. Since 1917, when the federal government first introduced income taxes to cover the cost of World War I, Canadians expect and receive increasing amounts of government services and payments which require public revenue.

However, in an income tax system that depends on self-assessment and voluntary compliance, a better Revenue Canada public relations film cannot replace revised and more democratic techniques.

The private review of Revenue Canada's operations instituted by Minister Bussieres, and the Tory MPs' decision to travel across the country to discover taxpayers' problems is reassuring, but the true resolution of the problems must be faced by Parliament now. This should include on-going surveillance of the present tax practices, until the review results are available. In the meantime, Canadians will file their returns and hope for the best.

B.A.J.

To the editor:

Do you ever feel alone and in the dark? Did it ever occur to you that this is a common experience? Are there times that you wish someone could give honest listening and really care?

When I was in need there was that yearning in my heart. It kept control of me and I didn't know that it was God calling me. Did you know that God can be there?

He had been working with me and eventually he guided me to church. He watches me as I stumble and sometimes I fall, but he still loves me and that is the greatest feeling of all. Once Christ becomes part of your life

you receive truth within yourself.

It doesn't matter what religion you are or what church you attend. Most churches that I have attended I have found warm and loving friends. Although it would be nice, you can't find a perfect person to love because the only one is the son, Jesus. No person on this earth should ever be ashamed of or afraid to speak about God. With all the hard knocks that life can bring, it is better to learn and know how to deal and learn to accept. After all, the greatest thing in the world today is to have honest, and loving friends.

Tina Joudrey

EDUCATIONAL OPPORTUNITY

Orthoptics is the clinical science of ocular motility and binocular vision, and related disorders of the eyes. An orthoptist is an eye muscle specialist who works under the supervision of an ophthalmologist (eye physician and surgeon). In addition to diagnosis and treatment, the orthoptist assists the ophthalmologist with other professional ophthalmic tasks.

In July, 1984, the I.W.K. hospital for Children will commence a twenty-four (24) month training program leading to a Certificate of Orthoptics. Applicants are now being accepted from individuals at least 18 years of age, who have completed a minimum of two years of post-secondary education, with some emphasis in the sciences. Work/volunteer experience in the health care field will be considered an asset. Candidates should possess sound judgment, emotional maturity and a demonstrated ability to relate well with small children and adults.

Financial assistance may be available to qualified candidates. Deadline for application is April 15, 1984.

For further information please write:

Orthoptic Clinic
I.W.K. Hospital for Children
P.O. Box 3070
Halifax, Nova Scotia
B3J 3G9

CUTS FROM COUNCIL

Bake Sale for Video

A bake sale, to help support the new video machine in Vinnie's will take place on February 13, from 11 to 1 on the 2nd Floor Rosaria Centre. Your support will be greatly appreciated!

Wednesday Night at Vinnie's

Come out and party with the Vinnie's crowd this Wednesday night. Play darts or shuffleboard or just sit back with friends and have a good time. This week, SMU men get in free. See you there!

Elections

The Spring '84 Student Union Elections are now underway. Positions open are: President, Executive VP, Academic VP, External VP, Arts Rep., Business Rep., Child Study Rep., Home Ec. Rep., Non-residence Rep., Part-time Senate Rep., Part-time Students Rep., Public Relations Rep., Residence Rep., Science Rep., Secretarial Rep., Senate Rep., Senate Rep., Student Affairs Rep. Nominations open on Feb. 6 and run until Feb. 10 at 4:30 p.m. Campaigning is from Feb. 13 to March 5. Elections take place on Tuesday, March 6, from 6:30 to 8:30 p.m.; and Wednesday, March 7, from 9 a.m. to 5 p.m. This is your big opportunity to get involved in the MSVU Student Council! For more information, contact the Student Union Office.

Trivial Pursuit

The next Trivial Pursuit night is March 1 at 7:30 p.m. Come out and support your team's final endeavor.

Student Council is sponsoring a celebration rally for International Women's Day on March 8. Guest speaker is the Honourable Judy Erola, Minister responsible for the Status of Women. The theme of the Rally and Women's Week is WOMEN FACE THE FUTURE. More information on the activities of the week will be provided in the next Communique or from Leslie MacDonald Student Council Office, 443-4224.

Bruce Chisholm, Communications Officer

Weekly Gross Indignity

for the Chatterbox

She's had ten sets of dentures. She doesn't lose them . . . she wears them out!



POSITIONS OPEN:

President
Executive Vice-president
Academic Vice-president
External Vice-president
Arts Rep.
Business Rep.
Child Study Rep.

Home Ec Rep.
Non-residence Rep.

Part-time Senate Rep.
Part-time Students Rep.
Public Relations Rep.
Residence Rep.
Science Rep.
Secretarial Rep.
Senate Rep.
Senate Rep.
Student Affairs Rep.

NOMINATIONS
FEB. 6-10 at
4:30

ELECTIONS
Tue. March 6
6:30-8:30
Wed. Mar. 7
9-5

CAMPAIGNING
Feb. 13-March 5
at 12:01 am

CONTACT STUDENT COUNCIL FOR MORE INFO.



THE PICARO

The Picaro is the student newspaper at Mount Saint Vincent University and is published weekly by the MSVU Student Union. The Picaro is a member of Canadian University Press and subscribes to its statement of principles.

Deadline for all copy is Friday noon, the week preceding publication. All copy should be submitted typed, double spaced. Letters to the Editor and Podium pieces are welcomed for publication, but we ask that all submissions be signed. Names may, however, be withheld by request. The Picaro staff reserve the right to edit all copy for reasons of length or legality. Please refrain from sending letters exceeding 200 words in length. Local Advertisers—You can reach us by phone or mail. Our address is:

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Canadian
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MEMBER



Bonnie Billings: "Yes, actually I've never gone to her for assistance but I'm supposed to meet her for co-op soon."



Kim MacDonald: "Yes, I do know who she is and I plan to see her very soon."



Martina Murphy: "Yes, I've gone to her for assistance and it was a help."

Campus Comment

Craig Photo

Question: Do you know who your faculty advisor is and if so have you ever gone to him/her for assistance?

by Elizabeth Finck and Glenn Craig



Karen Mason: "Yes, I go and get her approval for my course list."

Graduate scholarships in housing

CMHC Scholarships are for graduate studies in architecture, business and public administration, economics, engineering, law, environmental studies and behavioural sciences. Personal stipend of \$9,348 plus travel allowance, tuition fees and \$1,494 for each dependant.

If you intend to apply for a graduate scholarship in the field of housing, submit your application through the university by March 16, 1984.

Application forms may be obtained from the office of Graduate Studies at the university, regional offices of CMHC and also by writing to the Administrator, Scholarship Program, National Office, CMHC in Ottawa.

Apply now, as applications with supporting documents must be sent to CMHC by the university not later than April 6.

CMHC

Canada's Housing Agency



Canada Mortgage and Housing Corporation

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Death by degrees—The worst of times for Nova Scotia

by Rick Janson
Atlantic Bureau Chief
Canadian University Press

Dalhousie University's Arts and Administration building stands at the end of Halifax's University Avenue like a sentinel. Its enduring columns represent an earlier time when education was seen as a priority, a symbol of Nova Scotia's faith in its future. It rises up above the rest of the sprawling campus on a small hill, witnessing the struggles of one of Canada's oldest educational institutions.

Down the hill the university's student union building is crowded to capacity with the lunch time crowd. The cleaners do their best to cope with pools of water developing in the foyer from the melting snow tracked in on the shoes of the students.

Long line-ups wrap around the cafeteria while a P.A. system asks students who have finished their lunch to leave the cafeteria to make room for others.

Like Nova Scotia's other institutions, Dalhousie is filling up with the refugees of a poor economy—people who would rather be in school than collecting unemployment cheques.

Over the past four years enrollment at Maritime institutions increased by 25 per cent, or by 8,000 full-time students. Conversely, funding has not only failed to keep up, but has actually decreased by 15 per cent after inflation.

The disparity between rising enrolment and decreasing funds has created a delicate situation on the campuses. Administrators, with a host of internal committees, battle governments for adequate funding. As the money gets scarcer, the battles become internal—it's inevitable someone will get hurt.

The cuts are usually politically calculated and take place in budget line-items where the blow is intangible. Rather than cut entire departments, universities have opted for slightly larger class sizes, fewer acquisitions for the library, slower replacement of technological equipment, and other low profile moves.

Because government funding makes up more than 80 per cent of university budgets in the Maritimes, the battle for that support is crucial. And right now—especially in Nova Scotia—the academics are losing badly.

In 1974, the Council of Maritime Premiers created a higher education commission to recommend realistic funding levels for post-secondary education. Until recently, governments generally accepted the commission's recommendations, although academics often considered the allotment too low.

Then came the economic crunch and Nova Scotia, which has the lion's share of institutions, stopped accepting the commission's proposals. They went lower.

This year is no different. In January the commission called for only a 7.5 per cent increase, while the Association of Atlantic Universities had earlier called for an 11.9 per cent increase.

Then, two days after the commission released its report, Nova Scotia education minister Terrence Donahoe said the universities can expect to receive considerably less.

Donahoe said when items are not covered by the commission are worked in, "they are really recommending close to 9.6 per cent."

"As I have said and as the premier has said to many organizations, we're unfortunately not living in a 9.6 per cent world anymore. We're in a four, five, or maybe six per cent world."

For the universities that means big trouble.

St. Mary's University president Kenneth Ozmon said the commission's allotment was low, but thought his institution would be able to "keep its head above water."

But now Ozmon is gurgling.

"I don't see how we can do other than retrench on that kind of diet," says Ozmon. "It means a further squeeze on facilities, crowded classrooms, profs teaching more, longer lines—how long can you do that, be efficient, and maintain staff morale?"

Dalhousie president Andrew Mackay echoes Ozmon's concerns.

"I think if the commission's recommendations could be accepted by the government we'd be able to sustain and be a little better off. It wouldn't do a great deal in moving us forward to have students working with the most up-to-date equipment," he says. "An increase of only 4 to 5 per cent would mean very severe restraints for Dalhousie. It means we won't be replacing a number of people who are leaving. It means no money for equipment and renovations. It means larger classes."

The province's post secondary institutions are already choked with students and will have difficulty accommodating a projected 6.5 per cent enrolment increase next year. At the University College of Cape

Breton, president William Reid is expecting increase enrolment of 25 per cent.

UCCB is in a particularly difficult position. Having changed from college to university status two years ago, it is experiencing rapid growth but not receiving corresponding funding. Over the past three years UCCB's enrolment has expanded by 70 per cent. The overcrowding is noticeable in the school's cafeteria, where long line-ups exist and temporary tables are wheeled out into the corridors to accommodate the lunchtime crush.

"Our classes are filled to 90 per cent capacity every hour of the day," says Reid. "Two accommodate more we'd have to start looking at scheduling classes on Saturdays—and that wouldn't be very popular, would it?"

This is the first time in four years the commission has recommended an increase in funding to cope with huge enrolment increases. It was reluctant to do this in the past because it expected enrolments to decrease. But the allotment this year—only two per cent—is likely to be lost in Nova Scotia anyway.

Hard times are also beginning to change the nature of universities themselves. Students have shifted from the traditional academic core of arts and sciences into more expensive job oriented programs. While enrolment in Maritime arts and science programs decreased by 26 and 15 per cent respectively since 1975-76, engineering increased by 75 per cent, and business administration by 72 per cent. Computer Science expanded from 186 students in 1975 to 1,246 students in 1982.

Since 1974, 180 new programs have either been introduced, modified or adapted in the universities. About 40 per cent of these are professional or job skills oriented and have been funded by reallocating university resources.

Feds seek \$380 million cut

OTTAWA (CUP)—Topped off by a federal government plan to chop \$380 million from post-secondary education, January was an especially cruel month for Canadian colleges and universities.

The Liberals introduced their proposed amendment to tie Established Programs Financing to the six-and-five restraint program Jan. 27. The proposal is now before the House of Commons finance committee, and will spend some time in the bureaucratic jungle before it actually becomes law.

Ottawa wasn't the only source of post-secondary destruction.

In Ontario, education minister Bette Stephenson declared all-out war on the education system by striking a three-member commission to radically restructure the entire post-secondary system. Stephenson wants institutions to become more specialized and provide students with more marketable job skills.

She also wants the commission to reconsider Ontario's long-standing policy of broad access to university education.

The Ontario Confederation of University Faculty Associations has since demanded Stephenson's resignation. And at Ryerson Polytechnical Institute, faculty association president Brian Segal was forced to resign after he wrote a letter to the Globe and Mail supporting Stephenson's moves.

In B.C., a six per cent reduction for next year's

Ozmon says he is disturbed by the trend, and thinks the education commission should underscore the importance of maintaining arts and science program quality, the base of a good education.

But commission chair John Terry says the universities are just responding to pressures from the students. "Students are responding to what they see as opportunities for them," he says. "That's freedom of choice."

Unfortunately, the trend toward job oriented programs creates the danger of a rigidly trained society that lacks the adaptability a broader academic background has to offer.

Robert Evans, an "executive head-hunter" states in an October 1982 article in *Toronto Life*; "those who opt for job training rather than a basic university education are actually running the greatest risks, not only because our projections of what jobs will be in demand in the future are notoriously wrong, but the pace of industrial change virtually guarantees they will have to retrain themselves in the future regardless of what happens."

Some analysts predict university grads will have to retrain themselves as many as five times during their lifetime.

Funding cutbacks don't offer the universities many options for survival. "It's too early to say what tuition fees will be next year," says Dalhousie president Mackay, but if government grants do not exceed 4 or 5 per cent "I will be urging that fees will be increasing 10 to 12 per cent." Nova Scotia already has the highest tuition fees in the country.

"It's inevitable that more of our funding is going to have to be found in the private sector," says Mackay. But private sector funding has always played a minimal role in Canadian university funding, unlike

university budgets is leaving a distinct mark. The University of B.C. just announced a 33 per cent tuition fee increase for next year, plus plans to introduce higher tuition fees for international students in two years. UBC will also limit first year enrolment next year. B.C.'s other two universities are expected to follow suit in upcoming months.

In B.C.'s interior, the entire Nelson-based David Thompson University Centre will be closed at the end of this term due to government restraint.

Massive tuition fee increases can be expected in the Maritimes, where the higher education commission just recommended only a 7.5 per cent increase in funding for post-secondary education, although administrations said they needed 11.9 per cent increases.

The news is even worse in Nova Scotia, where education minister Terry Donahoe said the increase would be limited between four and six per cent.

At Dalhousie University in Halifax, the arts and science program was told to accept an \$800,000 funding cut.

In Winnipeg, where the NDP government has announced a three per cent ceiling on funding to post-secondary education, students expect massive tuition fee increases. In Saskatchewan, a government report recommends 15 to 20 per cent tuition fee increases.

At the University of Alberta it's likely new programs will only be introduced at the expense of existing programs.

Nova Scotia deals severe blow to education

HALIFAX (CUP)—Nova Scotia's universities and colleges face massive restraint next fall if education minister Terrence Donahoe has his way.

Two days after the release of the Maritime Provinces Higher Education financial plan, Donahoe said the commission's request for "sustenance" funding for the province's post-secondary educational institutions was too high.

Donahoe wants to give post-secondary education a four to six per cent increase.

For schools like Dalhousie University, the announcement almost certainly means another significant hike in tuition fees next year.

Dalhousie president Andrew Mackay said fees could go up as much as 10-12 per cent as a result. The MPHEC recommends a 5.5 per cent increase in fees.

The Association of Atlantic Universities had originally recommended an 11.9 per cent increase in government funding.

"I don't see how we can do other than retrench on

that kind of diet," said Kenneth Ozmon, president of St. Mary's University. "It means a further squeeze on facilities, crowded classrooms, profs teaching more, longer lines—how long can you do that, be efficient, and maintain staff morale?"

The MPHEC report also calls for the establishment of an office of distance education, a central application processing centre, and a review of existing programmes.

The report warns that "excessive application of restraint measures will have long-term detrimental effects."

Jan 84 CUP

Scotia's universities

schools in the U.S. which receive on average 20 per cent of their funding from alumni alone. The University of Toronto received a total of \$1.4 million from alumni in 1981—a token sum in a \$300 million budget.

Private sector funding in Canada will most likely take the form of direct university ties to business and industry—further endangering the autonomy of post-secondary institutions.

"I think the system has been irreparably harmed," says Dalhousie student union president Tim Hill. "We're going to see damage that's going to take many years to repair."

Hill believes the education commission has an important role to play, but is being undermined by the Nova Scotia government.

"I'm not questioning the abilities of Mr. Terry, but

if I was the chair of the commission I would have resigned a long time ago. The government has no confidence in it," says Hill.

"Our universities are going to be denuded of scholars. The best ones are not going to be in Nova Scotia."

The question is, with underfunding of universities

a national problem—where do the students go?

A tourist bus slowly makes its way through the Dalhousie campus. It looks out of place—like a guided tour through the remains of a battlefield. Some of the soldiers are still out there kicking and screaming, but for the most part, in Nova Scotia the universities are resigned to their slow demise.





Carnival mascot Flakey, MSVU president E.M. Fulton, and Student Council President Mike Maclean open Winter Carnival '84 on Monday, Jan. 30 at the Cafeteria, Rosaria Centre.

winter carnival '84



"Why can't Carnival last all year-round," mascot Flakey exclaimed as the events drew to a close on the weekend. Sorry, Flakey, but you'll just have to store that haute couture fur for another year!

An evening to feel Gilty

by Kelliann Evans and Shelah Allen
Staff reporters

Gilt exploded last Tuesday night in the multipurpose room to kick off winter carnival '84.

The band entertained about 500 people, not only from the stage, but from table tops, the laps of girls in the audience, and the middle of the dance floor.

Guitarist Mark Delahanty said the band's endless supply of energy comes "from Woolworth's". Vocalist Shane Moore added, "—in the energy department—right beside sporting goods!" And the kidding never seems to stop on or off stage.

The audience responded to this energy & personality with enthusiasm; the audience's enthusiasm was the ultimate source of the band's energy. Mark said communication with their audience is also enhanced by their makeup, tasteful but not bizarre. "Why do girls wear makeup?" he said. "To look good! This is rock and roll—Mick Jagger has been wearing makeup for years!"

Gilt toured the Maritime College circuit during winter carnival week. The band enjoyed playing for MSVU because of the positive response from the female majority. Mark said the band's performance at the Mount was "the best one so far."

The Montreal-based band consists of: Mark Delahanty (guitar), Shane Moore (vocals), Kim Moore (drums), Buzz Gangemi (bass) and Berkeley Taylor (keyboard). The band has been together for five years and



Gilt's Mark Delahanty, vocals and guitar, rocked the MPR last Tuesday... "Shut up and dance..."

although they describe their music as "contemporary pop" Mark said, "What we've done already has come out a lot heavier than expected". Songs such as "So Skinny and She's My Little Robot" reflect the result of the band's collaborative writing efforts; diverse yet always danceable. "Making records is lots of fun," said Mark, "but it's much more complex

than people imagine it to be." As well, we might even see Gilt in their own video before the release of the album.

Gilt is currently working on their first album, due for release next fall. The package will include all original material.

Gilt is a small band with big potential and could soon be an important part of the Canadian music industry.



Henry Moulton, Entertainment Director,



Able-bodied MSVUites grabbed the rope at high-noon last Thursday to compete for the coveted Carnival Tug-o-War crown. Shown in action are the victors (L-R): Tony Weeks, Glen Smith, Jeff Hen nigar, Orlando DiMittia.

Craig Photos

The Spoons start university tour

by Karen Toupin

The Spoons, one of Canada's hottest bands, played to enthusiastic fans in Halifax last week. Their Atlantic University tour began at the Palace.

The Spoons thrilled the Palace crowds with their tight music and smooth vocals. "The crowds on Monday and Tuesday night were comparable to a Friday," said Randy McCall of the Palace. "The response was very good—fabulous actually."

The band played songs from **Stick Figure Neighborhood**, **Arias and Symphonies**, and their newly released album, **Talkback**.

The audience was surprised when the Spoons' new members, Peter Eichenberg on trumpet and Phil Poppa on saxophone, joined the band on stage. "I think we add a lot to the visual effect of the band," said Peter, who has only been with the Spoons a month and a half.

Although they have only been with the band a short time (Phil less than two weeks), they really

complete the band's full sound. "They're a great addition," said the rhythmic drummer, Derrick Ross.

The Burlington, Ontario-based band first played together at their high school in 1979. At that time the members were Gordon Deppe, Sandy Horne and Derrick Ross. Gordon writes lyrics and plays guitar and has a voice that mixes beautifully with Sandy's, the five-foot bass player who keeps men in awe. It is apparent that Kate Bush has influenced her music.

Rob Preuss, the 18-year-old keyboard wonder, has 13 years of music training. He joined the Spoons in 1980, when he was only 15.

The popularity of the band took off with the release of the E.P. of **Nova Heart** and soared, especially in the East, with the release of the **Old Emotions** video. "It has really helped us, especially here," said Derrick, "our song went from something like number 20 to number 5—in a week, from what I've heard".



More videos are now in the making; some off "Talkback", as well as other albums, but the band was unable to comment on which ones. "It will be a big surprise for everyone," said Derrick.

Future plans for the band include working on a new album and touring with the Culture

Club in April. The Spoons toured with them last year in the United States and the response was great. This was largely due to **Nova Heart** being released there.

The **Talkback** album, which is almost gold in Canada, is soon to be released in the U.S. and England.

Spring tour to Britain

by Lisa Courtney
Staff reporter

Want to tour the house where Princess Diana grew up or the house where Winston Churchill lived? A three-week tour of the stately homes of Britain including gardens, spas, villages, cathedrals and universities is open to all students, faculty, administration and the general public. It is organized by N.S. Heritage Trust in conjunction with MSVU's Continuing Education.

The trip, starting May 1, costs

\$2,000 and includes bed, breakfast, dinner and plane fare. London, Bath, Oxford and Northampton are the main bases.

From these cities, the group will travel daily, by private bus, to tourist attractions that offer a cross section from late medieval to nineteenth century architecture.

Such attractions include the home of Jane Austen, Florence Nightingale and General Wolfe. The unique Knole House will

also be toured. As the style changed, the eccentric Knole family closed one wing of the house and moved to another where they decorated it in the fashion of that time. The house features architecture from the sixteenth to the nineteenth century.

Before the tour, a series of lectures will be held in the Nova Scotia Museum. Each will deal with a different section of architecture providing a background

for the trip. Also, each evening during the tour, an outline of the next day's sites will be given. This will provide background information and ensure full appreciation of the sites.

For more information, contact Dr. J.N. Konczacki, SAC 521, or Jean Frost, the history department's secretary. Also, outlines of the trip are available at the Picaro office, the library, the circulation desk, the SAC information desk and the switchboard in Evaristus.

MSVU talents featured at gallery

by Lori Ryan

The Tenth Annual University Community Art, Craft, Baking, Hobby and Talent Show was opened Feb. 2 by Dr. Pauline Jones, Academic Vice-President.

The show, which runs until Feb. 12, features the splendid artistic talents of students, faculty, staff, alumnae, and their partners.

An impressive collection of paintings, fibre, arts, ceramics,

carpentry and photography is on display. Ivan Blake, MSVU co-op program director, selected the winners in each category.

Also judged were a variety of foods ranging from muffins and

cookies to liver paté and homemade wine. Nutrition major students Monica Hammond, Wanda Monette and Mary Cross were the taste testers.

"It's a top notch experience for all the senses," said Dr. Jones as she announced the winners who received handmade mugs by Jane Donovan of Nova Scotia Pottery.

A wealth of artistic talent that exists within our university community demonstrated by the rehearsal/preview of a scene from "Top Girls" by Caryl Churchill. Directed by Barrie Dunn, the play will run March 9, 10 and 11 and has a cast of seven MSVU students.

"To put it very simply, the play is about a young woman's attempts to be successful in running an employment agency," said Caitlyn Colquhoun, assistant director, who introduced the scene.

Intense human emotion enacted by the players touched the audience seated close to and all around the small portable stage. Cast members involved in this entertaining preview included Alena Alberani as Marlene, Karen Toupin as Mrs. Kidd, and Pat Goyeche as Angie. DON'T MISS IT!

The staff at the Art Gallery welcome visitors, especially students, to see, feel, touch and listen to the art of our peers.



Shown above are the winners of the Tenth Annual University Community Art, Craft, Baking, Hobby and Talent Show: (L-R) Robin MacInnis, Connie Shepard Conrad, Harold Pearse, Joan Howlitt and Terry Pearse.

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P.R. Societynews

by Charlotte Martin

Public Relations students and alumnae are reminded of the P.R. Society Alumnae Luncheon to be held on March 23, in the Don McNeil room at Rosaria Centre.

Congratulations to the P.R. Pub Crawl team who drank its way to victory during winter carnival week.

The society is having a night ski trip to Martock. All those interested are asked to see a representative about tickets. The price is \$16 per person, which includes transportation and rental fees.

P.R. students are reminded that meetings are held every Monday at 4:30 p.m. in Seton, room 304. All are welcome.

CAYPL

The Canadian Association of Young Political Leaders (CAYPL) is hosting a seminar on "Canada's Position in the Nuclear Arms Race". The seminar will take place at the Nova Scotia Museum Auditorium on February 15, 1984 at 7:30 p.m.

The seminar will be highlighted by comments from three leading authorities on Canadian policy concerning nuclear arms. Vice-Admiral Andrew Fulton, RCN (Retired) who recently resigned as Commander of the Maritime Command and who has strong viewpoints on Canadian military policy will be offering his opinion. C.G. Gifford, Chairman and Co-founder of Veterans for Mutual Nuclear Disarmament will be sharing the perceptions of his organization, while Ron Purver, a Research Associate at the Centre for Foreign Policy Studies at Dalhousie University and a contributor to "Soviet Armed Forces Review Annual" will be offering his analysis of the situation.

In light of recent arms escalation and Prime Minister Trudeau's peace initiative, the members of CAYPL are offering this seminar to give the people of Nova Scotia an opportunity to understand the position of Canada on an issue that will affect all of us.

CAYPL is a Canadian Association of young people who want to provide politically involved young people with opportunities to increase their knowledge of outstanding issues, international issues and their effects on Canadians. CAYPL has been in existence since 1977.

Today, young Canadians are asking some tough questions.



"How will I know if my skills will still be in demand when I graduate?"

"I don't even know what I'd be good at, what kind of job should I be looking for?"

"I hear the government has some new training and employment programs, where can I find out if any of them are for me?"



"If nobody wants to give me a job because I've got no experience, how am I supposed to get started?"

"Everyone keeps asking for a resume, how do I write one?"



"I'm looking for a summer job that will help me prepare for a career. Where can I find one?"

Now, there's a new book which answers these questions, and more. It's called "Opening Doors to Jobs" and it contains information on all the programs and services for youth, available at your local Canada Employment Centre, or Canada Employment Centre on Campus. Get a copy, and let us help open some doors for you.



Employment and
Immigration Canada
John Roberts, Minister

Emploi et
Immigration Canada
John Roberts, Ministre

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Athlete of the Week



KATHY NAUGLER

Craig Photo

Against AC and Kings over the past week, the basketball Mystics' Kathy Naugler put in two strong performances. Although not the tallest player on the court at anytime, she hauls in her share of rebounds and works hard on defence. Kathy is one of the team leaders and has a strong desire to perform well.

Sports Shorts

by Dan Chamberlain
Staff reporter

The Mystics played King's College and the University of Cape Breton in women's basketball action last week.

King's College won 77-55 on Wednesday. Susan Caldwell scored 27 points to lead the Blue Devils attack. Judy MacNeil scored 21 points for the Mystics.

The University of Cape Breton scored an impressive victory, 93-35 on Saturday. UCCB led 44-19 at halftime. Mount turnovers and a strong defence gave UCCB the lead they enjoyed through-

out the game.

Four Capers hit double figures: Velvet Charters—18 points, Kathy MacCormack—18 points, Michele Peters—16 points, Janice Peters—15 points.

Others scorers for UCCB were: Kim Gardiner with nine points, Brenda Orr and Karen MacVicar contributed six points each. Marie McCarron rounded out the scoring with five points.

Camilla Doyle led all Mount scorers with 14 points. She was followed by Kathleen Heron—eight points, Andrea Brinton—six points, Kathy Naug-

ler—four points, Judy MacNeil—two points and Kristie Acker—one point.

The Mystics next home game is Friday, Feb. 10. The Nova Scotia Agricultural College will be the opposition.

Team American Marketing System (AMS) nipped the UCCB Capers men's basketball team 81-78, Saturday. The Capers led by four with less than three minutes remaining in the game.

Team AMS tied the game up with 54 seconds to play. The AMS team won the game with a late basket.

A/R program update

by Marthe Boissonnault

Wondering whether a certain program is being offered again? Asking yourself what were the dates of that clinic you were planning to attend? Read on and your questions will be answered.

Wendo, the popular self-defense program for women will be offered again starting Thursday, March 1 between 7 - 9 p.m. The fee is \$15.00 for students and \$25.00 for other participants. It is a seven week program. If you missed out on signing up for the program the first time, here's your second chance. Register with the Athletics and Recreation office.

Jump Rope For Heart; don't

forget to give from the heart on Feb. 14. You can sponsor someone or jump rope yourself. There is no specific time to skip. It's on a drop in basis all day long. Remember to pick up your sponsorship forms at the Athletics and Recreation office. Help us top or better our amount of last year.

The 'Freedom From Smoking In 20 Days' clinic, scheduled for Feb. 8 and 9, has been postponed. We will let you know when it will be rescheduled at a later date.

For more information on the programs and the clinics offered, contact the Athletics and Recreation office.

Gymnastics club having fun

by Lisa Courtney
Staff reporter

Jump on the trampoline or swing on the bars—join the gymnastics club held in the gym Thursdays, 3-4:40 p.m.

Emphasis is on fun, not expertise, says Patricia (Trish) Cameron, director of the club. The aim is not to give a vigorous workout. It is set up for people to come and release some of their energy in a fun way.

Mats, beams, bars and the vault are all in use and instruction is available for each piece of apparatus.

"The main idea is to have fun," says Cameron.

Cameron graduated from ST.F.X. with a BSC in Physical Education and since then she has coached gymnastics at the high school and university levels.

Upcoming game schedule

Women's Basketball

Feb. 10, NSTC at MSVU, 7 p.m.
Feb. 14, MSVU at NSTC, 7 p.m.

Badminton

Feb. 11, NSCC Tournament 10, a.m.

Women's Volleyball

Feb. 12, NSCC Tournament, 9:30 a.m.
Feb. 14, NSTC at MSVU, 7 p.m.
Feb. 16, Kings at MSVU, 7 p.m.

Men's Basketball

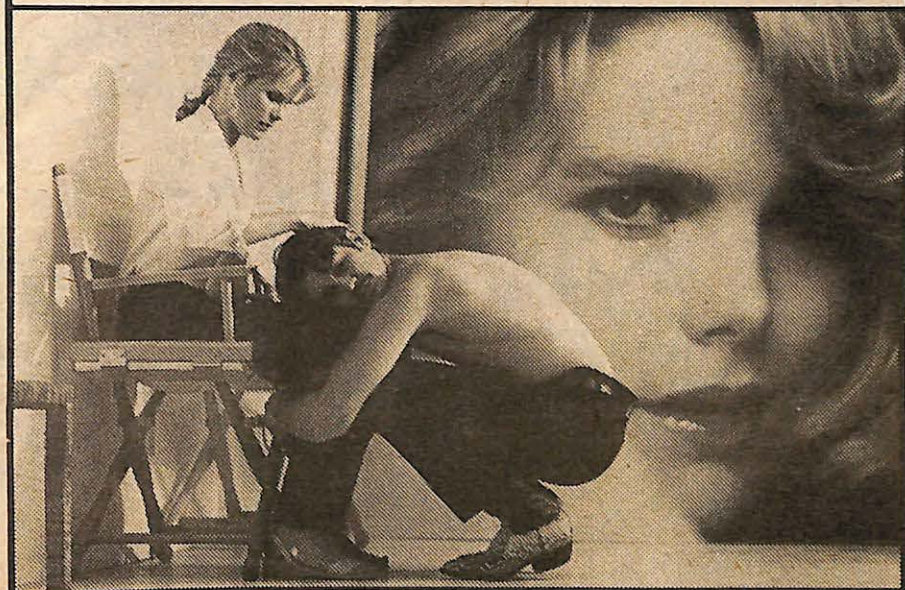
Feb. 12, MSVU vs Medicine A, 11:30 a.m.
Feb. 13, MSVU vs Commerce A, 8:30 a.m.

STAR 80

"One bruising blockbuster
of a motion picture.

Powerful, harrowing,
deeply affecting, shocking,
disturbing, unforgettable."

Rex Reed - New York Post



A BOB FOSSE FILM

STAR 80 STARRING MARIEL HEMINGWAY ERIC ROBERTS CLIFF ROBERTSON CARROLL BAKER ROGER REES
DAVID CLENNON MUSIC BY RALPH BURNS EDITED BY ALAN HEIM DIRECTOR OF PHOTOGRAPHY SVEN NYKVIST PRODUCED BY WOLFGANG GLATTES
AND KENNETH UTT WRITTEN AND DIRECTED BY BOB FOSSE

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Ask the nutritionist

Why is everyone insisting that I eat breakfast?

Breakfast has been called the most important meal of the day. If you try to run on empty, your reaction time and your performance level is decreased. You don't learn as much in class or remember what you have studied as well.

But I need to skip breakfast to lose weight?

It has been proven that if you skip breakfast, you are likely to snack more. You also are very hungry at lunch time and tend to eat a larger amount at this meal. Breakfast skippers' diets tend to be higher calorie but less nutritionally adequate.

Breakfast is so boring!

It doesn't have to be. Why do you have to have breakfast foods at breakfast? The only requirement is that it be about 300 calories and include a choice from each food group. For example:

cheese with crackers and orange

juice

fruit yogurt with granola and egg nog

mini pizzas

left over casserole

grilled cheese sandwich and apple juice

peanut butter muffin and an orange

I just don't have time for breakfast.

How long does it take to eat a slice of cheese with crackers and a glass of milk or a yogurt milk shake made with 1 cup plain yogurt, 1 cup orange juice, 1 ripe banana and 2 tbsp. honey? Peanut butter, crackers and an orange, if you are rushed is an adequate substitute for those on the run.

Remember, if you neglect breakfast, it will show on your hips, in your ability to perform and in your overall alertness.

Fit tips from Tricia

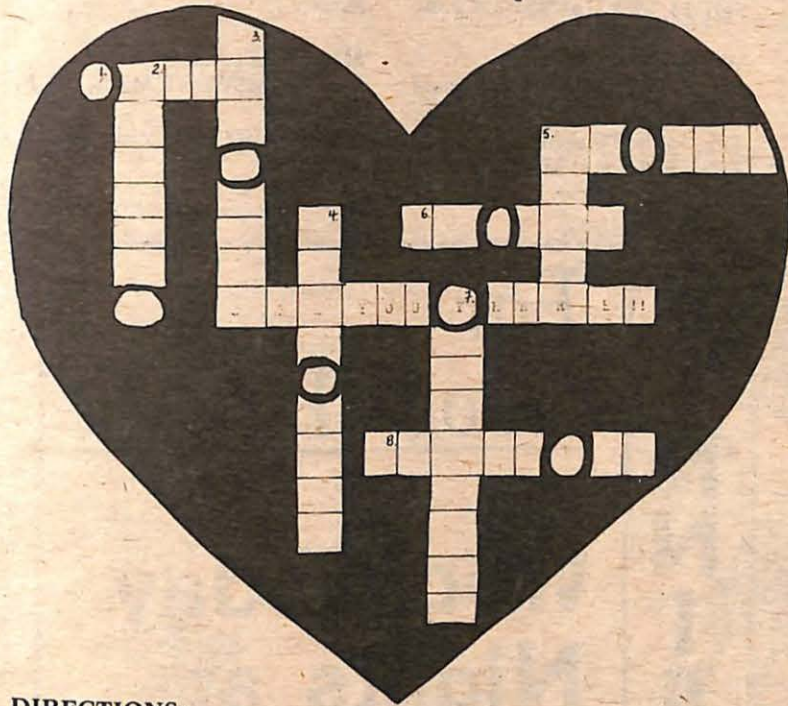
Have you ever thought of walking or skipping your way to fitness? Contrary to popular belief, jogging and aerobics are not the only means of getting into shape. Both walking and skipping are relatively cheap types of exercises and both can be great fun.

If you decide to take up walking, try it with a friend or relative. Talking as you walk, helps to pass the time and makes it more enjoyable. As you become used to a certain pace and distance, start challenging yourself by speeding up or travelling a longer distance.

Skipping is an excellent form of exercise no matter what kind of shape you are in. If you are a beginner, start out by doing two minutes of skipping followed by a minute of walking and then another two minutes of skipping. Gradually increase the length of time you skip or the number of rope rotations per minute. Cardiovascular-wise, skipping is about three times better than jogging.

Did you know a fast 20 minute walk each day for thirty-six days will take one pound off the average person's weight?

Le mot mystère . . . password



DIRECTIONS:

A) Trouvez le mot français pour/find the french word for the following words:

1. love
2. my friend (and she's a female!)
3. french
4. welcome!
5. (across) content, satisfied
6. (down) heart
7. a kiss
8. tenderness (some of us will need a dictionary for that one!)
9. the french residence on campus

B) Once you've completed the crossword puzzle, combine the circled letters—and voilà!! You'll have the PASSWORD!

C) Use this password to celebrate Valentine's Day in style, at Marillac! The girls are preparing for a special VALENTINE'S DAY CAFÉ—TUESDAY, FEBRUARY 14th, 2-4 p.m.

PSSST . . . see you there . . . and remember . . . the password!!!

BRUTE STRENGTH.



When you're talking big, brawny, full-bodied, robust, great tasting ale, you're talking Old Scotia.