# THE PICARO

Volume 32 Issue 7

November 25, 1996

http://chebucto.ns.ca/Media/Picaro/



Leanne Rooke as Romeo, left, tries to steal a kiss from Terri-Marie Roberts in a scene from The Compleat Works of WLLM SHKSPR (Abridged). See story page 13.

# Budget Boo-Boos SU approves wrong budget

BY SUSAN GIFFIN

Student Union recently approved a miscalculated budget. The balanced budget presented to council showed a deficit nearly \$90,000 off the mark.

"We are in a lot better position than we originally assumed," claims Juanita Dominey, Student Union's Vice-President of Finance. The closing budget of \$114,484 was originally thought to be correct until Dominey gave it a second look. "I don't know why it didn't catch my eye sooner."

The problem is that the accumulated \$89,377 deficit for the summer of 1996 was added twice in the overall deficit. No executive member noticed the error as they overlooked the figures prior to it first being tabled on November 8th.

The budget was dealt with as in-camera business. No nonvoting member was permitted to listen to discussions concerning the issue in meeting periods. These sessions allowed councilors to freely express their views without feeling threatened by media coverage. Blair Williams from Concordia

University wrote a negative research paper in 1976, about government's in-camera business. He does not believe such conduct is credible.

"Elected legislators must not only represent but must be seen to represent," Williams notes. The student body votes for councillors in hopes that they will be adequately represented, with in-camera operations students are unaware of what their councillor is doing for them.

Reyn Grey, Student Union Internal Vice-President states that though the union operates like a business, all members are students, "We all make mistakes and Juanita is still learning." Dominey is a fourth-year accounting student.

Grey remarks she is somewhat happy that it happened, "I am glad the deficit is not as big as we originally thought; it's a relief."

This particular budget deals with the allocation of student fees obtained. Any revenue made by the campus corner store or Vinnie's are not

continued on page 3

#### What's Inside:

Fight the good fight. Petty squabbles gotten in the way of the most important issues effecting students today. Should students check their priorities?

See editorial page5.

Say what?
With the term at an end Wally takes the opportunity to review the philosophical thoughts conveyed on Wednesday nights.
Sobber up on page 7

December 6th.
A sad moment in
Canadian history is
marked as we
remember the
Montreal Massacre.
Are women safer
now in a society
that should not see
gender differences?
See pages 8-9.

Mel! Mel! Mel!
Mr. Gibsons is featured in the
Blockbuster
Ransom. See the
man, feel the intensity, good guys and
bad guys abound.
See story page 12.

#### Escape from Exams!

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# VINNIE'S PUB

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Breton

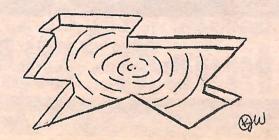


**Labatt**Good things brewing.



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PLUNGE





5TH ANNUAL
POLAR BEAR SWIM

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CHRISTMAS DADDIES
FRIDAY, NOVEMBER 29, 1996
4 PM
KEARNEY LAKE

PLEDGE SHEETS AND MORE INFORMATION CAN BE OBTAINED AT THE STUDENT UNION

continued from page 1

considered to be resources in this account.

Gray received \$5,000 to distribute among campus societies. Each society that felt the need for funding submitted a draft budget to the union. Dominey and Gray examined what they were given, and decided what was appropriate. Society membership, and past budgets were considered.

"Any society noting that they wanted assistance for pub crawls or concerts, did not receive money for those events," notes Gray.

Prior to the budget's official acceptence on

Prior to the budget's official acceptence on November 15, societies received their cheques. Councillors were not informed. Gray states that societies needed funds to operate, and they could no longer wait. There were 30 societies in operation last year, and as of now, 27 this year.

"As far as controversy over societies being given personal expenditures before the budget was passed, it is not a main problem," claims Gray.

Only 60 per cent of the \$5,000 was allocated, leaving \$2,000 remaining for societies yet to come on board, or for future crisis situations.

Allocation of	of money	to
campus	socities	

<b>公司的东西地名</b> 第160年	
Ace	\$100
Black Students	\$120
Business	\$325
Child & Youth	\$170
DNSA	\$325
Education	\$250
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MCF	\$200
PDCC	\$170
Psychology	\$140
Public Relations	\$325
Residence	\$50
Science	\$140
SAA	\$325
Nutrition	\$255
Tourism	\$150

This is the last Picaro for 1996, we will see you agian in '97.

First deadline is January 6th, 1997.

Our first issue comes out January 13th!

Good luck on your exams and happy holidays!

News

#### **Bouchard draws fire**

#### Protestors throw eggs, burn effigy

BY DAVID GAMBRILL

MONTREAL (CUP) -- A cordon of 30 police officers in full riot gear watched hundreds of protestors burn an effigy of Premier Lucien Bouchard in front of the Sheraton hotel at the opening of the second provincial socioeconomic summit in Montreal.

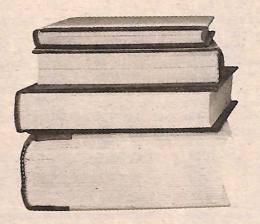
The meeting brought together 450 of the province's most influential business, union, and government leaders to discuss job creation.

It also brought together a fractious coalition of people from over 30 grassroots organizations, some of whom tore down the barriers in front of the Sheraton and threw eggs at police officers guarding the

entrance.

Most of the anger centred on recent government funding cuts to education, health, public housing, and social security. The cuts are part of a government plan, conceived during the government's first economic summit in March, to eliminate the provincial deficit by 2000.

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News

#### Mount students to plunge in **November waters**

BY SUSAN GIFFIN

Mount students will plunge into cool waters on Friday, November 29, as they take a quick dip in Kearney Lake to support Christmas Daddies.

Those participating are canvassing for pledges. Reyn Grey, Student Union Internal Vice-President notes that she is expecting a considerable turnout.

"A lot of people are talking about it," says Grey. "I think there will be more daring students this year."

Seven souls dipped into the ocean at Blackrock Beach last year during February's Winter Carnival activities, with funds directed towards IWK~Grace Health Center for Children, Women & Families. "We're not having it during

winter carnival this year, for we think there will be a better response now," states Grey. Grey thinks the polar bear dip was overshadowed with all of the other carnival festivities.

To draw even more students, Grey has chosen to have the dip on Friday at 4 p.m., instead of on Saturday like past years. "The whole thing may last 10 minutes, so for some it's inconvenient to venture in for just a short period of time," says.

One aspect of the affair will be taken care of differently this time around. Monies collected will be handled with more caution. Student Union cannot be sure to this day what actually happened to funds raised last year. Approximately \$600, raised through various

fund raising events last year, was stolen while in the union's

"I had the money in my desk and somebody simply stole it. It is a shame the money was stolen because it was for a good cause," explains Grey. No evidence has been found indi-cating the identity of the thief as

In an attempt to replace funds, student union was given the fees raised by a Wednesday night at Vinnie's. In the end only \$50 was collected for the

As soon as Grey has a hold of any money, it will directly go to the VP of Finance Juanita

"When I get it, it will immediately go to the right people," says Grey.

#### **NEWS BRIEFS**

#### Viva Vinnie's

BY MARK DARROW

An all expenses paid trip to Cancun, Mexico could be yours

courtesy of Labatt's and the Bank of Nova Scotia.

The contest, which has been running for several weeks, will be drawn for at Midnight, November 28 in Vinnie's Pub. Anyone who buys a Labatt's product on Thursday nights between 7:00 p.m. and closing, will be given a Labatt's ballot to enter into the draw. To make things exciting, a group of 10 semi-finalists will be picked from the ballot box. The lucky winner will be chosen in a "draw down," and then it's off to Cancun for fun in the sun.

The ballots will be accepted until 11:45 on November 28, so

there is only one more Thursday night left to be eligible for the draw

#### PR co-op admission to become tighter

BY SUSAN GIFFIN

Co-op admission criteria for future Bachelor of Public Relations students at the Mount has risen from a completed five to seven and a half units. This will be put into effect for the 1997-98 academic year.

"The change in the requirements for future BPR co-op students was to make it more accessible and more of an option for students directly from high school," remarks Shani Pearson, director of the Mount's PR co-op program.

Presently, the department permits a first-year student carrying a full course load of five units maintaining at least a B- average in BPRL 1100 and BPRL 1112 or 2212 to apply for one of three workplace terms in the initial fall semester. Students who meet requirements are accepted in January for summer employment.

'Right now, many new students don't have the opportunity to enjoy their first year of university, but with this new plan they won't feel such a burden," says Pearson.

The business and information management programs already follow these guidelines.

"Students will obtain a better foundation with the added experience gained prior to entering into their first co-op," claims Pearson.

#### The Christmas spirit

BY SUSAN GIFFIN

Residence students will be asked to give to a charitable cause

Lori Anne Jones, Student Union's Status of Women Officer, proposed last week to the 12 floors of Assisi and the five townhouse Birches to play Santa Claus for women residing in the Young Women's (YW) Christian shelter on Barrington Street, Halifax.

"The majority of the women living in the building have no access to other support systems and will be spending the holidays with no family. It would be nice if each floor adopted a resident there,

and supplied a small gift with their names," says Jones.

The ages of YW women range from 17 to 55 and, according to Jones, at least 17 women will be at remaining at the house over

#### Upcoming meeting an educational experience

BY SUSAN GIFFIN

Student Unions of Nova Scotia (SUNS) will gather at the Mount for their Semi-Annual General Meeting for the weekend of

Delegates from eight respective universities are to be in attendance: UCCB, TUNS, Acadia, SMU, NSAC, Kings, NSCAD, St. FX and MSVU executive members. The main mission of the meeting is to discuss prevalent student issues that affect post-secondary educa-

"I feel that these meetings are crucial," says Rhonda Coleman, Student Union External Vice-President. "These sessions allow us to maintain open-communication with other institutions within Nova

Topics on the agenda include educational matters such as student aid, quality assurance and affordability of academic programs.

This meeting will prove beneficial in obtaining input."

#### Canada eases environmental rules to sell nuclear reactors

BY SAMER MUSCATI

OTTAWA (CUP) -- The federal government is watering-down its environmental rules to ensure the sale of two Canadian nuclear reactors to China.

The Liberal cabinet plans amend the Canadian Environmental Assessment Act to exempt the \$4 billion Candu reactor sale from full environmental scrutiny. Prime Minister Jean Chretien is expected to finalize the sale when he visits China later this month.

Environment and Human Rights groups are outraged that the government is flouting its

own rules to sell reactors to a country with one of the worst human rights records in the world. They are also worried that nuclear aid is being provided to a country known for exporting weapons technology to Third World countries.

But Trade Minister Arthur Eggleton told the House of Commons, that countries should not impose their environmental laws on other countries. He also said that 100 Canadian companies will profit from the deal, and would create the equivalent of 27,000 jobs a

year for Canada. Environment

Sergio Marchi added that the 700-megawatt Candu reactors are extremely safe and are less environmentally detrimental than the coal plants China currently uses for most of it's energy needs. He says that if China doesn't but the nuclear technology from Canada, they will buy it from other countries that might be less concerned with the environment.

Minister

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#### Opinion

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taining the students of MSVU, and to provide them with a

edit or reject any material, paticsexist, or homophobic nature. editors.

held every Tuesday and

The Picaro Rosaria Centre Room 114 166 Bedford Highway Halifax, NS B3M 2J6 (902) 445-3584 fax- (902) 457-0444 email-picaro@chebucto.ns.ca

#### Volume 32 Issue 7

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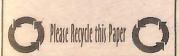
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The Picaro is dedicated to informing, challenging and enterforum to air their views.

The Picaro reserves the right to ularly material of libelous, racist, The views expressed are not necessarily those of the Picaro or its

The Picaro is not responsible for or may not share the views of any of the advertisements printed in this paper.

Staff meetings of the Picaro are Wednesday at noon.



#### Fight the good fight



It's time for the collective of students at this institution to look themselves in the mirror and ask themselves, "What are our priorities?'

For over a month now there has been continuous whining and complaining over the policy concerning pubcrawls. Fighting for a perceived right to have Student Union approve ads for pubcrawls is petty. Plain and simple! Yet, people seem infuriated with this, showing the will of a people under siege to fight this oppression. Meanwhile our student body seems quite willing to allow the government to fondle our pockets down to the lint. So, I respectfully ask you this: Where in the hell have our priorities gone?!?

The social content of university is important. During our years here we should be making strong connections with people which will last a life time. But, do you need

student union to regulate that? Is this pubcrawl policy really something worth fighting? Reality check for Mount students: your tuition went up, your fees went up, your student loans are going down, the ease of getting one is disappearing, programs are disappearing yearly, and students are defaulting on loans daily. Maybe you all have thought of this and its driven you to drink. Is that it?

As things stand now, in twenty years time the students at The Mount won't care about pubcrawls. They, after all, will have been able to pay tuition, and no doubt will spend their off time hopping from private club to private club. Meanwhile, you can share your fond memories of campus life with your children, who probably won't have a hope in hell of affording a similar educa-

Recently, a study showed that it was cheaper for many Canadian students to do post secondary study in the United States. This adds to the trend of the best of the Canadian talent pool ending up south of the border for financial reasons. The Canadian economy will continue to suffer from sending

potential earners elsewhere to live. Again, this is happening now, to us, but the alarm bells don't seem to be ringing loud enough for government. So what I'm asking is, if

you want to blow off some steam, if you want a fight, if you want to make a difference now that will help all students that follow our path to the Mount, fight the good fight, not the easy one. Otherwise, the government will continue to think we as students are content to build an unmanageable debt in the name of education.

If you want to be heard here are a few addresses you might send your thoughts too. You can also contact Rhonda Coleman at 457-6123 for more information on sending a clear message to government.

Robbie Harrison Nova Scotia Department Education & Culture P.O. Box 578 2021 Brunswick Street, Suite 402 Halifax, N.S. **B3J2S9** (write Robbie, I heard he loves hearing from students)

Action Canada Network 804-125 Laurier Avenue West Ottawa ON K1P 5J6 Phone: (613) 233 1764 email: actcan@web.apc.org

Don't Tax Reading Coalition 250 Merton Street 2nd Floor Toronto, Ontario M2S 1B1 Phone (416) 322 7011 E-mail david\_hunt@canbook.org

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SUNS 501-1888 Brunswick St. Halifax, NS: **B3J3J8** 

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House of Assembly Nova Scotia NDP Caucus Office Suite 422 1657 Barrington St. Hal NS **B3J2A1** 

#### Elizabeth Glaser: Gone but not forgotten

BY WALLY NOWLAN

Since December 6 is a day of rememberance for the women killed in the Montreal massacre, I would also like to remember another woman who should not be forgotten. Elizabeth Glaser died on this date in 1994, as a result of complications from AIDS. This woman almost single-handedly set up the Pediatric AIDS Foundation, which collected millions of dollars for research and aid for children diagnosed with HIV. She also raised people's awareness that AIDS can affect everyone and that we all must join the fight against HIV to help adults and children who live with it every day. I just want her to know that she is not forgotten. In memory of Elizabeth Glaser and the women who died in the Montreal mas-

> Farewell! I did not know thy worth! But thou art gone, and now 'tis prized, So angels walked unknown on earth, But when they flew were recognized.

> > Thomas Hood "To An Absentee"

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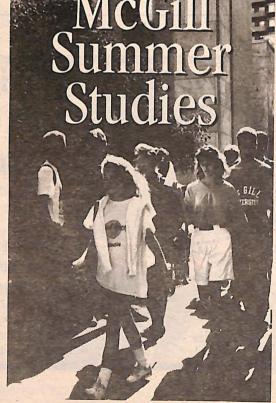
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UNIVERSITY/COLLEGE

#### Opinion

#### How much does it cost?

#### BY KIM LAFFIN

What is one word that can be associated with a student? DEBT, perhaps? A large percentage of students attending university rely on some type of student loan to help them pay for the cost of their education. By the time most students reach their final year in a post secondary education institution, you can bet that they have encountered debts ranging any where from \$10,000 to \$40,000, or more.

When making a budget, students usually take into consideration the following expenses: Tuition, residence and meal plan fees or room and board fees, books, transportation, bills (ie. phone, utilities, etc.), and entertainment. Once these expenses are incorporated into a student's budget, there isn't usually much money left over to "play around" with. That is, if there is any left at all. Of course some "emergency" money should always be set aside, just in case.

So, what happens when "unnecessary" and "unexpected" costs start popping up? Students could very easily find themselves digging deep into their empty pockets to somehow come up with the money to pay for: Transcript fees which can range any where from \$3 to \$33. Three dollars for "currently enrolled students", \$5 for "previously enrolled students", rush fees are an additional \$5, faxes are an additional \$10 (for local

areas only), \$15 additional for areas within the rest of Canada, and hold on to your seats, an additional \$30 for any where in the U.S. How much does it actually cost the university to print up a copy of your tran-script and ship it off if necessary?

Challenge exam fees, A.K.A. "paying the university to LET you write an exam." are \$65 per half unit.

Academic appeal procedures cost \$25. Do you get a refund if the result of the appeal turns out to be the university's mistake, not your's?

Intention to graduate fees, \$50 to pass in a form to the registrar's office to let them know that you intend to gradu-

Late registration fees, \$30/per course if you are a full time student and \$20/per course if you are a part time student. Students could find themselves in a sticky situation when wanting to switch or pick up courses.

(Refer to pages 38-44 of the 1996-97 Mount Saint Vincent University Calendar for a complete list of fees.)

It is not being suggested that these fees be completely cut out, rather, made more reasonable. One would think that the University would, and should be more sympathetic to the enormous costs that students incur to become educat-

#### Letter to Editor Nov. 25

We are writing in response to three different articles which have been witten about student union's decision to ban pub crawls - two of which were written by Picaro Editor-in-Chief Brian Kerrigan and the other by Susan Griffin, News Editor of the Picaro. We have some serious concerns about these articles which should be addressed.

First of all, each of these pieces contained false information. One article by Mr. Kerrigan titled "Pub Crawl Ads Banned on Campus" appeared in the Oct. 28 edition of the Daily News and stated, "Earlier this month, signs and T-shirts promoted a PR Drunkfest. The Drunkfest signs were stamped by the student union but were removed a few days later." In actuality, the PR Society abided by all the student union's guidelines concerning pub crawls as listed in the Society Handbook. No signs were posted advertising the event, let alone ones that said "pub crawl" or "PR Drunkfest". This being the case, student union did not have to approve or rip down any such signage. The event was promoted only by word of mouth and by in-class annaouncements made by PR professors.

Another article by Mr. Kerrigan in the Oct. 28 edition

of the Picaro quoted Student Union President Sheri Moore as saying, "With this particular pub crawl, we notified the chair of the department to tell her what was happening." PR chair Patricia Parsons informed us that she spoke to no one concerning this issue. Someone left an unclear message on her machine. When she returned the call, she had to leave a message and no one followed

up with her.

"Booze Fight Brewing" by Susan Griffin appeared in the Nov. 13 edition of the Picaro. This article stated that Pat O'Rourke, president of the Single Parent Society, "notes that no rules were formed for the PR Drunkfest held on Oct. 27". First of all, the event was held on Oct. 18not the 27th. Secondly, had Mr. O'Rourke, or anyone else for that matter, taken the time to ask, they would have discovered that in planning the event the PR Society executive did set some rules. For example, there were designated sober members to oversee everything and keep the group together.

Furthermore, the title "PR Drunkfest" was chosen somewhat jokingly as a creative way of getting around the rule of not being able to call it a "pub crawl". Let it be known that the intention was not to encourage excessive drinking.

In fact, the group met at 6:00 p.m. That evening at a local restaurant for supper so that even those under 19 could enjoy part of the event. PR Drunkfest '96 was a responsibly organized and executed social function designed to give students a chance to mix and mingle outside of the classroom setting. No more. No less.

In addition to all of the misinformation, we are equally concerned about the fact that no member of the PR Society executive was contact. ed for any of the stories. Considering the fact that the PR pub crawl was a major focus in this fabricated scandal an objective story would require contacting the organizers of the event at the very

We do not intend to point fingers or offend anyone with this letter. We would also like to inform everyone that we are very accessible and are more than willing to discuss PR Society functions with anyone who has questions or concerns.

Jacinta Noonan Andrea Baldwin Christopher Newell PR Society executive and Drunkfest organizers.

#### Reflections on Remembrance Day

#### BY CHRIS MOONEY

Following another Remembrance Day, I have been given cause to stop and reflect on what November 11 actually means.

This year, I slept in. I crawled out of bed at 9:30, and convinced myself that I didn't have time to get ready. So, while my father was standing at the cenotaph, I was sitting at the table eating breakfast. I observed my mandatory one minute of silence at the appropriate time, then resumed life as usual.

This year, in fact, I never actually did get around to wearing a poppy. It was not that I didn't want to; I certainly was intending to. I simply didn't have time. The problem here is that I didn't feel terribly guilty or out of place. Very few people around me were wearing that universal symbol of remembrance and respect,

Have we forgotten? Has the novelty of spending a day in remembrance of those who ensured that we would have something to remember, finally given way to lethargy and presumption? Perhaps most importantly, what will it take to make us remember or understand, the value of the sacrifices of so many men and women -- for us?

Caught up in the rush to meet all-important term paper deadlines, the importance of passively thinking about a series of events that occurred over 50 years ago seemed important, but not pressing "I can stop and ponder history any time, but I really need to get this essay done...

The great flaw in the logic, the fly in the ointment, is that Remembrance Day has nothing to do with 'passively thinking

about' those hellish wastes called wars, and everything to do with looking forward. Our veterans do not ask for remembrance out of self-indulgent pride. Witnessing the suffering and horror that of war is sufficient incentive for doing everything possible to ensure that it never happens again, and it is for our sakes that we must remember their sacrifices. A speech at a Legion banquet I attended on the eleventh drove the point home to me.

To say anything more is to waste words on my part; for years we have been fed information about the horrors of war, and each year, fewer listen. One question seems evident, though: what will happen when no veterans of war - war in its true, terrible form-

speak?

I will be wearing a poppy at next year's service.

My Christmas gift to the Student Union • Gin Hing Yee • **Board of Governors** Representative James Tilley

> The Picaro is looking for a Community Page Editor to start in January. Interested persons drop off a resume at the office Rm. 114 Rosaria. We are also looking for people interested in layout for next year. Desktop publishing experience an asset but not necessary. We will train!! Stop on by the office!

Features

#### BACKLASH

#### BY MARK DARROW

Recently, the Student Union decided to stop endorsing society pub crawls.

At first, I was indifferent about this topic, but after a little consideration, I came to the conclusion that I support the Student Union's decision. Pub crawls, by their very nature, have the potential for a legal nightmare. When a large group of people get together for a night of overindulgence in alcohol, the sky's the limit for mishaps. With the Student Union's endorsement of a pub crawl, legal liability could lie squarely with the Union.

Personally, I have been on pub crawls and I don't find much of a difference between them and any other night downtown (probably why I was, at first, indifferent). Some people find pub crawls very enjoyable and good way to socialize with people in an organization. However, alcohol being the way it is, has the potential to turn a fun-filled evening into a tragedy. With the Student Union endorsement emblazoned on posters, shirts or what have you, it is easy to see who may become the scapegoat in a legal battle.

The Student Union is merely absolving themselves of any legal action. They are putting themselves at arms length from any possible trouble. In effect, they are protecting their own interests. Besides, would the Student Union really want to be endorsing an event called the "Drunkfest"? I guess the Public Relations society is practicing truth in advertising

Pub crawls are not an essential part of university life. Students who think they are should really question why they are in university in the first place. Granted, pub crawls can be a good time, but there are alternatives. It just takes a little more imagination and planning to come up with an enjoyable substitute.

#### BY LESLIE REED

By now, everyone knows about Student Union's decision about pub crawls. They will no longer endorse advertisements for pub crawls put on by societies. They are worried about legal problems which could arise by promoting a pub crawl. This is pathetic.

could arise by promoting a pub crawl. This is pathetic.

Pub crawls are part of university life on campuses everywhere...

except the Mount. By the time we reach university, we should be considered responsible adults. We have already made mature decisions about our future: why can't we make our own choices about drinking?

If something happens to a student while on a pub crawl, the

If something happens to a student while on a pub crawl, the Student Union shouldn't be held responsible. Whatever happens could happen if the student went downtown with a couple of friends. We are adults. We are responsible for our own actions. Nobody is forcing us to drink, it is a choice. Whether or not I choose to drink is my decision and I can't blame anyone for my actions.

When I finally graduate from here, and get a job with my business degree, I will probably make some mistakes at my job. Maybe I should blame the Mount. After all, my degree will have the name of this university on it. So they would be responsible since I did not get enough training to prepare me for the problems I may face. Or better yet, let's blame my high school for encouraging me to go into university. Or maybe my parents for bringing me into this world. Yeah, right!

Let's be serious. I alone am responsible for my actions and no one else can be blamed for what I do. Wake up Student Union, pub crawls are part of university life.

#### **VAX This!**

#### BY CARRIE WARNER

Well, now that you can send mail to your friends near and far, there are some features available to you that you should know about. Finger is a useful tool for tracking somebody down.

about. Finger is a useful tool for tracking somebody down.

If you have a friend you are trying to contact, there is a way to see if she is logged into her account. This feature is called "Fingering". At the \$ prompt, type finger, followed by the address of the person you are trying to reach

of the person you are trying to reach.

For example, to reach Molly Munn, here at the Mount, whose address is MMSV8567, go to the \$ prompt. Once there, type finger MMSV8567. A message will come up on the screen telling you the last time Molly was logged into her account. If she is logged in when you use the finger command, and is using goldmail, the screen will say:

MMSV8567 Molly Munn GOLDMAIL Af78484/PORT35 (Or some other collection of letters and numbers).

If Mandy (Molly's sister) is attending another school, like Dalhousie, her address may be mmunn@is2.dal.ca. In this case, go to the \$ prompt, and type finger mmunn@is2.dal.ca. Dalhousie's student accounts don't tell you the last time the user was logged in, but if they are logged in at the time you finger them, it will say, for example, On since 3:08. Some places (St. Mary's, Acadia) won't allow finger requests. A message will come up on the screen telling you that your connection has been refused. You can use the finger command on anyone in the world, as long as their server is set up to receive finger requests. Just type finger and their full address,



#### Wally's Lists BY WALLY NOWLAN

Ugh, exam time already! Seems as though the semesters get shorter every year. I've heard a lot of interesting and crazy things spoken at Vinnie's this year. I thought I might share some of the more crazy comments mentioned on Wednesday nights. So here they are:

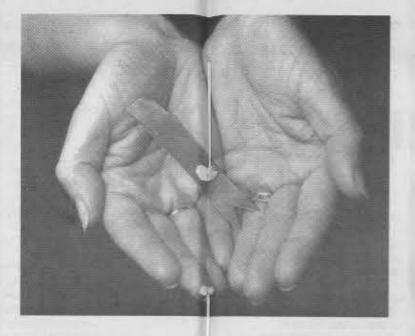
- 1. "Can you help me, I got my liquor I.D. stuck in the bank machine?" (This one is true...Really!)
- 2. "Please, will you play the Macarena just one more time?" (My question is, why play it in the first place?)
- 3. I overheard this around a pool table while a game was in progress. "Hey, get your hands off my balls!" (I don't interpret what I hear, I just report it.)
- 4. Two Student Union reps who shall remain nameless, were overheard to say "Okay, I got those one-way tickets to Columbia, now what is the code to our Swiss Bank Account?" (I know more but I can't repeat it for fear that I may go missing in the middle of the night, if you know what I mean)
- 5. And lastly, "Welcome to Vinnie's Pub, my name is Jazz, please feel free to direct your complaints to me" This sentence is often followed by the sound of a bell being rung, some faint whimpers and crying, and someone telling Jazz to "Let go before you hurt him!"

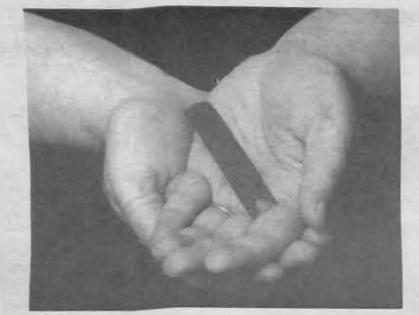
Well, that's all I have for this year. I hope everyone has a wonderful Christmas break and a happy new year. Remember to behave.
Santa Claus is watching.

Later (Ho Ho Ho)

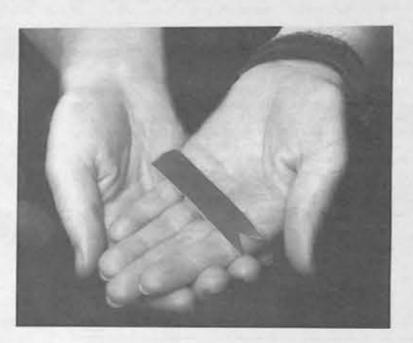












#### Remembering Montreal

BY CERI YOUNG

On December 6, 1989, a man by the name of Marc Lepine walked into the Ecole Polytechnique in Montreal. Shouting "You're all a bunch of feminists," he opened fire. That day, he killed 14 women. Then, he

December 6 has now become a day for rememberance, a day to fight violence against women. We wear purple rib-bons, to represent the suffering not only of the women killed in the massacre, but all women killed violently. Memorial services will be held across Canada, including one here at the

services will be held across Canada, including one here at the Mount. Fourteen purple ribbons will be tied to the tree outside of Seton, one for each of the women killed.

I was in grade nine when all of this happened, and I don't remember much of it. It was probably my first experience with sexism, and violence against women.

Going back and looking at what was written in the days following the massacre, I become conscious of different emotions. I feel sorrow for all of the families that lost loved ones, and also for the parents who sat in the auditorium of the Ecole Polytechnique the evening of the 6th, waiting to find out if their daughter was among the dead. I feel anger against any society that would allow a person to believe that they are superior, simply because of their sex. It was this feeling of "superiority" that caused the death of these 14 women, and causes the death of more women every year. causes the death of more women every year.

It is not only the massacre that we are remembering when we put on the purple ribbons. We are remembering that everywhere, every day, women are abused or murdered, sometimes by the people that "love" them. And not only spousal abuse, but date rape and rape in general are still a huge problem in our society. According to a Statistics Canada report, 10% of women 18 years and over have experienced violence in the past 12 months alone. That amounts to over 1 million women.

Violence against women does not happen just one day a year. It can happen out in the open, as in the Montreal Massacre, and behind closed doors in spousal abuse, and many rape cases. By wearing a ribbon we show that we do not want any more violence, not only on December 6, but on any other day, hidden or in the open.

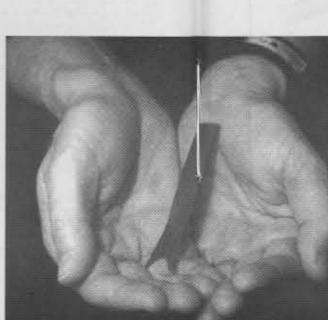
It must be stopped. Not one more woman.

#### Who Gets Hurt in Just One Year

Number of women 18 y ars and over who have experienced violence in the past 12 months.

	Total female population 10,498,00	women victimized (past 12 months)	
Total		1,016,000	10%
Age Group			
18-24	1,315,000	353,000	27%
25-34	2,338,000	331,000	14%
35-44	2,256,000	191,000	8%
45-54	1,628,000	91,000	6%
55 and over	2,961.000	49,000	2%
Household Incor	ne		
Less than \$15,000	1,324,000	166,000	13%
\$15,000-\$29,999	1,860.000	198,000	11%
\$30,000-\$59,999	3,580.000	312,000	9%
\$60,000 or more	2,036.000	197,000	10%
Not stated/Don't know	1.698.000	142,000	8%
Education			
Less than high school			
diploma	2,747,000	207,000	8%
High school diploma	2,805,000	260,000	9%
Some post secondary	A		
education	3,299 000	401,000	12%
University degree	1,628 000	148,000 -	9%
Source: Statistics Canad	la		

Each photograph is the hands of a woman on campus holding one purple ribbon in memory of the 14 women killed on December 6, 1989. Concept and photography by Brian Kerrigan



#### Reflections from a **Christian feminist**

BY MARTHA MARTIN

As a woman active in the Christian church, and as a woman studying to become a Diaconal Minister within the United Church of Canada, I have an ongoing struggle with the sins of patriarchy, power and abuse inherent in the struc-tures of the Christian church. These sins are both historic and contemporary. As we pause each year during the first week in December to reflect on issues of volience against women, and to re-commit ourselves to work for change, I

allow my own frustrations and rage to surface.

I find myself wondering how to reconcile the great damage done in the name of Christianity with my own radically different view of what the church can be. Fortunately, I find hope in the determination of many feminists within the church who continue to challenge the status quo and work for change. I have found kindred souls within the tradition today, but also with those who lived hundreds, even thousands of years are

sands of years ago.

Marion Kirkwood, in a United Church publication
"women's concerns" (Fall 1990), reviews the book
Christianity, Patriarchy and Abuse: A Feminist Critique, a
collection of essays by women theologians and scholars
Kirkwood says that "This is a distrubing book - disturbing
because it challenges fundamental and deeply held Christian
beliefs. It is an honest book, naming the inherent links
between Christianity, patriarchy and violence against women
and children. It is a challenging book, which requires the
reader to seriously consider the question: 'Is it possible to be
a feminist and retain some attachment to the Christian tradition?' (xiii)" Kirkwood goes on to say that most of the essays
offer optimism and hope at the end, with a vision of a radically transformed Christianity, with structures that "...affirm cally transformed Christianity, with structures that "...affirm just and mutually empowering relationships between women

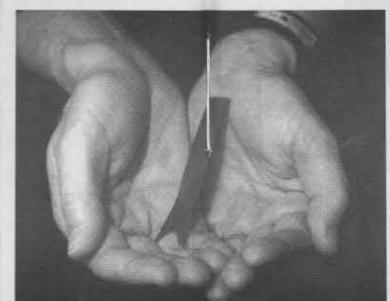
Sometimes this vision feels like a long way away, although many would argue that this, in fact, was the intent of the man who started it all - if we look to the actions of Jesus, it is clear that his intent was to heal, dignify and release women from their oppressive surroundings. Maybe it's not such a new vision after all.













A&E

## Naked and Famous with the Holiday

-REVISIONIST HISTORY BY A DISGRUNTLED POSTAL WORKER

I step into Cafe...no, I can't say it. What am I doing here? Cafe Ole. There. I said it. But then I remember the object of my mission: The Holiday Snaps, temporarily renamed Buck Naked and the Bare Ass Boys. Oh, what lay in store for a weary indie tripper?

So I go in. The Snaps are the last of three bands playing tonight, but I am late and only catch the last few minutes of the second band. The locale is, as usual, stuffy, the crowd is apathetic, and the sound guy continues his personal war against audible vocals. But the band is good, playing, among other things, a cover of 'Greased Lightening' from the Grease soundtrack.

Then Buck and his garment-impaired buddies take the stage. As the first temporal strains stretch lithe fingers to embrace my psyche, I begin to ponder. Hmmm...just what is this? As I stand a-contemplating, the scene around me is changed to an amusement park. The Holiday Snaps lead me to the roller coaster, and I, unsuspecting innocent that I am, naively enter. The ride swings me from my feet, climbing slowly from Oasis-style pop to a peak reminding me suspicously of the Dead Milkmen. Then I am completely unprepared as the ride drops into a tune I can only consider to be ska.

The ride continues, and after a while I am able to reaquire a bit of my objectivity.

I ask myself, "how can one band induce flashbacks of so many others, yet consistantly show their own musical flavour?" But the questions soon passed, as the tunes grew in style in style and complexity and I realized who I was listening to: The Holiday Snaps.

Consisting of former
Mount student Darcy Spidle
and his hometown compatriots
Aldin Huskins, Casey Spidle,
and Greg Fry, the Snaps had a
bit of an up-and-down stage
show. A few amazing spurts of
energy were offset by a few

guitar problems and the apparent lead drawers of one (unnamable) band member. And one of the Spidle brothers kept mysteriously disappearing

But the show was definately worth the typical Cafe Ole five bones, and I plan to follow up a bit-by the time this comes out there will have been another show at the Bird. So look them up. Or, in the words of one of the band members, "we'll beat you with large manure-caked sticks".

# The Long Trip Down....

BY DAVID POUND

Moncton heavies Earth A.D. opened the recent Elevator To Hell Show at the Birdland. The band's sound was not what I expected. They had a very heavy hardcore, almost metal type sound, bringing early Helmet to mind. Their strong riffs and a tight rhythm section made for a very cool show. They certainly aren't easy listening, but if you could get into the intensity if it, you would have seen the charm of the band. Although too heavy for many Elevator fans, I thought they were a very good choice for this diverse

The Rome Plowes were up next and proved once again that they are one of Halifax's best new bands. Some call their style math rock, some call it indie jazz art rock, but whatever it is, it is certainly uncompromising. I found the sound wasn't as good as their show for the Halifax On Music Festival, but I blame this more on the sound people than anything else. Elevator To Hell seemed to have sound prob lems as well. The voices seemed lost in the mix.Other than that, the show was excellent. The musicianship in this band is top notch, but I found myself paying attention to the drummer more than anyone who is certainly one of the best drummers in town. I don't see much commercial appeal with this band, but there is so much more to them than just throw away pop music. I really hope they get the recognition they

Finally Elevator to Hell came on and the floor immediately filled up. A fair sized crowd, but nothing compared to what Eric's Trip used to pull in. I asked Rick, Elevator and former Eric's Trip singer and guitarist, how the response is for Elevator to Hell and he told me that they were finding it hard to get people to accept the new band. He said that everyone still wants to talk about Eric's Trip, but he just wants to move on. A few moshers were jumping around, but Elevator has more of a trance-like raw, hazy vibe and the audience seemed to pick up on this. Personally, I think they are better than Eric's Trip, maybe not as commercial, but more interesting. Rick is such an interesting person to watch play, he is so into his music and really draws you into his world. All the material was Elevator material, mostly form their last album, leaving some die hard Trip fans disappointed, I think they were expecting a few Eric's Trip tunes. Eric's Trip were on the verge of hitting it big, they opened for the Tragically Hip and you don't get much bigger than the Hip in Canada, but internal problems seemed to destroy the band. The publicly known break up of Rick and Julie, Eric's Trip's bassist, a topic of many of Eric's Trip songs, was a contributing factor. I wonder if Elevator will be able to find the recognition that Eric's Trip found and may reach the next level of success.

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A&F

# All I Want For Christmas...

BY CARRIE WARNER

Arnold Schwarzenegger can be a very funny guy, and he proves it in his latest movie, "Jingle All the Way". In the film, Howard Langston (Schwarzenegger) is desperately trying to get his hands on a Turbo Man action figure for his son, Jamie. But because he left this deed until the last minute, Christmas Eve to be exact, there is not a Turbo Man to be found.

For the next hour and a half, Howard runs to every toy store in town looking for a Turbo Man, only to be laughed at by the store employees who know the toy has been sold out for weeks. Along the way he meets up with a crazy mail carrier named Myron (Sinbad) who is on a similar mission to get the toy for his son. The two engage in a hilarious competition that has them terrorizing a radio DJ and fighting off other crazed parents who are



also in search of the coveted

As a subplot, Howard's next door neighbor, Ted, has been moving in on Howard's territory by baking cookies for his wife Liz (Rita Wilson), and

taking it upon himself to decorate the Langston home with lights he had "lying around in his garage". Phil Hartman's Ted is so obnoxious that you really feel as though you want to hit him. But this adds to

the comic aspect of the movie.

There are some tender moments in the film. Howard is trying so hard to get Turbo Man for Jamie because he has missed out on so much lately. He's been working long hours, so Jamie feels neglected, especially when his father misses his Karate class, in which he receives his belt for the next level. Howard wants to get Turbo Man for Jamie to redeem himself as a father who cares.

This movie is really fun, but it may be closer to the truth than we may think. Anybody else out there remember Cabbage Patch Kids? I remember my Dad coming home with horror stories from the front lines, and it just wasn't pretty. The end of the movie is cheesy, but it's a good Christmas movie to take the kids to, and it's only about half as violent as the Home Alone movies, which were directed by the same man, Chris Columbus. It's a good release for a stressful exam time, and a good starting point to get in the Christmas spirit.



A&E

# Mel's The Man!

BY TIM BOUDREAU

I've always been a big fan Mel Gibson's work. Whether he is a gun toting, wise cracking cop in "Lethal Weapon", a clever card shark in "Maverick", or a sword wielding highlander in "Braveheart", Gibson always manages to stand apart from the rest with his characteristic charm and humour. In "Ransom", the new movie by director Ron Howard, Gibson displays his usual charisma and wit, but exhibits a whole new range of dramatic skills that I have never seen him display before.

The story of "Ransom" was fairly intense. The gist of it is that Gibson plays Tom Mullen, a successful business tycoon, who is constantly in the public eye. A person who seems to have it all, Mullen's world suddenly shatters upon the abduction of his beloved son. The audience experiences gripping emotional ups and downs as the movie takes them through the horrible, and not too unrealistic, notion of losing a child to a kidnapper. There is hardly an instant in this movie when you are not tensed for action, waiting to see what the desperate abductors will do next.

The story takes an interest-

ing turn after Mullen, much to the distress of his wife and the FBI team working diligently to get his son back, refuses to pay any ransom to the kidnappers of his son. This is the part I liked most about the movie. Not only does Mullen refuse to pay the ransom, but he engages in a game of hardball with the kidnappers as he turns the ransom money into a bounty for their capture. This is a nice twist on the otherwise familiar plot line, and is commendable on the part of the main character. In the face of tyranny, Gibson's character refuses to back down, simply because he believes there is no other way to get his son back alive. When everyone tells him he is crazy, when even his own wife tells him that he will be responsible for the death of their son, Mullen sticks to his guns. Mullen is really quite a noble hero in his firm stance to oppose terrorism. Macho tough-guy bullshit, you say? Perhaps, but I personally love to see someone refuse to yield to the demands of a bully.

The next notable portion of this dramatic experience is, most definitely, the performances of the actors who brought it to life. "Ransom"

contains some incredibly intense material, and required some impressive dramatic talent in order for it to really work Gibson, Renée on-screen. Russo (as Kate Mullen), Gary Sinise (as detective Jimmy Shaker), and even young Brawley Nolte (as Sean Mullen) performed superbly. The range and intensity of the emotion displayed by each of these actors was incredible, and really must be seen. But Gibson particularly stands out in my mind as being fantastic. The sheer anguish his character displays when he suspects his son has been killed, was so artfully rendered that tears come to my eyes just writing about it.

In conclusion, "Ransom" is a must see. You could wait until it is released on video I suppose, but you wouldn't get the Dolby Digital effects on your little screen at home. This sort of intense movie really should be seen in the theatre for the full experience. If you want a powerfully exciting movie, "Ransom" won't disappoint you. If you just love Mel, as I do, then your decision should be already made.

#### **SNFU** and Adrenalin live at the Birdland

"I mistook

punk for the

garbage being

released these

days..."

"You could

tell they

to take the

money and

run."

BY DAVID POUND

Last Sunday, on my way to the Birdland to see SNFU, I couldn't help think what an odd night for a punk rock show. I'm sure there would have been a

larger crowd on a

Saturday.

The place pretty was still pretty dead at eleven, and openers Adrenalin were holding off as long they could, in hopes that the crowd would get bigger.

They finally took to the stage about eleven thirty and the started coming. crowd Adrenalin has to be one of the most aggressive bands in Halifax, with the best stage presence of almost any band around. These guys really get into playing. Todd, their lead singer, is always entertaining with his unpredictable stage antics and Jake Evans on guitar, has got to be the most aggressive guitarist this city has to

offer. This packed with the amazingly heavy rhythm section of J.C. Foley and Nick Wombolt, make Halifax's best kept secret. hardcore Their set was much better than the last time I saw them with Grim Skunk. Their was a small but live-

ly crowd on the dance floor and there seemed to be an exchange of energy between the moshers and the band. I would love to see this band play to a packed house. Most of the songs were too new for fans to recognize, with two being only a week old. Adrenalin should have a new recording available soon, so keep a look out.

Next up were Canadian

punk legends SNFU. They hit the Birdland supporting their new Epitaph release, "FYULA-BA" . These guys have been around since the early 80's and

although I've heard a lot about them, this was my first time seeing them live. I must admit, I'm not the biggest punk fan, probably because I mistook punk for the garbage being released these days with the punk label.

Green Day are not punk, SNFU are punk and they made me see what all the fuss is about. Energy, humor, aggression and a never say die attitude, were all present here and the crowd ate it up. The floor was filled with die hard fans who seemed to know every word. Chi Pig, SNFU,s lead singer was constantly putting on masks or playing with stage props and was often found getting the fans to sing into his mike. There

seemed to be a real respect between band and audience that was really enjoyable. Adrenalin weren't there seemed the older songs got the biggest response, such as the humorous, "Buying a Futon" even though the band

keep asking the audience if they wanted to hear new songs. They encored with one of the longest encores I've seen in awhile. You could tell they loved playing and weren't there to take the money and run.

At the end of the evening I felt drained, but in a calm state of euphoria. This show really has shown me, what I didn't understand all along. Punk Rock Rules!

From all the staff at the Picaro, have a very happy holiday season! See you in '97!

A&E

# Get Thee To a Nunnery!

BY CARRIE WARNER

Shakespeare has never been so enjoyable as it was this weekend at Vinnie's Pub. Three aspiring thespians performed a two hour jaunt through literary history, highlighting every one of William Shakespeare's plays. Roy Dunphy, Terri-Marie Roberts, and Leanne Rooke starred in a Mount Saint Vincent University Speech and Drama Department presentation, called "The Compleat Works of Wllm Shkspr (abridged)", which was performed at Vinne's Pub on Friday, Saturday and Sunday night.

Under the direction of Patrick B. O'Neill, the three performers displayed their boundless energy and enthusiasm as they bounced across the stage, quoting lines from the plays. They took some dramatic license (a cooking show?) and had the crowd in stitches as they ran around the room, encouraging audience participation, while wearing lavishly outrageous costumes.

Dunphy, Roberts and Rooke did an excellent job with this play. They had the right amount of chemistry between them that allowed them to breeze through the 37 plays with ease, and their acting was absolutely fantastic. While most of the plays were only touched on, or condensed into one play (all sixteen comedies were put together to make a completely hilarious and ridiculous play), there were a few plays that were explored further.

The Company opened with Romeo and Juliet. They included the most important things about the play, but made it much shorter. The rest of the plays were crammed in during the following two hours, and they ended with a version of Hamlet that would have had even Mel Gibson rolling in the isles. Especially when they performed it backwards. Now that's talent!

The Reduced Shakespeare Company's performances were a wonderful treat for those who attended on the weekend. Those who didn't attend certainly missed a great time, and an even better exam stress reducer. I haven't laughed that hard for a long time.

Roy Dunphy, right, as Hamlet with Yorick.
Photo by Brian Kerrigan

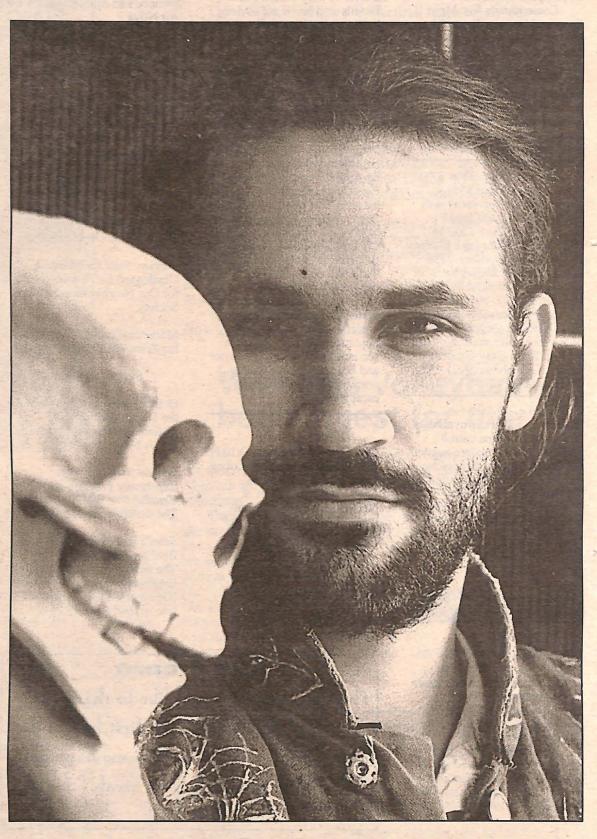
#### Zumpano- goin' through changes (SUB POP)

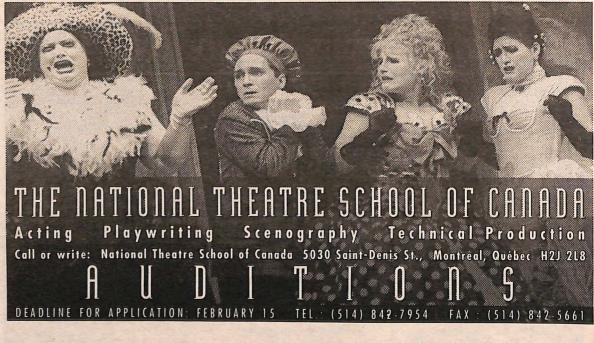


BY DAVID POUND

Vancouver based Zumpano are back with another classic pop album. Very much in tune with the sounds of such bands as local favorites Sloan, this 60's inspired album is miles ahead of the scene-jumpers, that are jumping on the new retro pop bandwagon. When grunge was all the rage, these guys were doing their thing

and did not really fit in, but now is the perfect time for them to hit big. The album, released on Sub Pop, is one of the catchiest albums I've heard in a while, intelligent pop is the best label I can think of . The addition of keyboards and piano really add a demention lacking in a lot of 90's pop. Highlights are The Millionaire Poets, Sylvia Hotel, The Ange with the Good News and the amazingly catchy Broca's Way, which quickly became my favorite song of the moment, but it's one of those albums, on which your favorite song will constantly be changing because they are all so good. If you're looking for a feel good album that has both well crafted songs and a sense of nostalgia, this is the album for you. Certainly the leaders of the current crop of Beatles-inspired bands.





#### Community

#### **University News**

The Campus Ministry Office would like to offer you an escape from exams!!

Come join us for: Mr. Bean and Looney Tunes films, snakes and ladders, coffee, tea, juice and cookies, comic book, card games and many other diversions in our CHILL OUT ROOM! We will be in SAC 307 on December 10,11, and 12 from 4:00-7:00 pm, so come join us for an... ESCAPE FROM EXAMS!

On November 30 at 3:00 p.m., students from Mount Saint Vincent University will be dashing through frigid waters of Kearney Lake to help raise fund through pledges for Christmas Daddies. The Mount Student Union has hosted a polar bear swim every year since 1992 to raise funds for various charitable causes. To register or pledge a student or for more information please contact Reyn Gray, Student Union. Telephone (902) 457-6123 or fax (902) 457-0444.

Need extra cash for Christmas? Work is available at the Athletic/Recreation Office. Babysitters are needed to care for infants & preschoolers while thier parents attend fitness classes. Monday-Saturday 9:15-10:45am, minimum wage. If you are interested please contact Joanne in the Ath/Rec Office, Rosaria Room 223 or call 457-6369.

#### **Society News**

The English Society People often wonder what the English Society does here at the Mount. Well, we certainly don't sit around playing Scrabble and drinking tea at our meetings-and we're far

This year, we've got plenty of activities planned spanning from the sublime to the ridiculous (to be cliche). On December 7, 1996, we're having a Christmas party-Cavendish style! Get inspired by your favorite Anne of Green Gables character and come help us celebrate the imminent arrival of jolly old St. Nick. Details will be on the society bulletin board in the English Corner on the fifth floor of

Don't forget the Poetry Like Poe contest deadline is January 17, 1997. Its pretty self-explanatory. Edgar Allen Poe's birthday is in January (yes, he's the guy who wrote "The Raven") and we're celebrating by inviting students to emulate the creative genius of Poe. Just submit your masterpiece to Lori MacDonald or Steven Bruhm by the deadline. You've got the entire Christmas break to create a little piece of poetic genius. Yes, there will be prizes, but we're not saying what just yet.

So, are you interested yet? Well, look for English Society posters to find out when the next meeting is. We love to see new members come on out and be a part of our wild and wacky English Society escapades!!

On Monday. December 2 10:00 am- 2:00 pm in Rosaria Lobby there will be a Societies' Christmas Bake, Craft & Second Time Around Fair. This fair will be both a fund raiser & a charity event for Mount Societies. All Societies may reserve a table to sell thier goods. Contact Reyn Grey at Student Union or Joanne Theriault at the Athletics/Recreation Dept.

#### Career Corner

#### **Permanent Positions**

Finance and Administration for Air Nova. Deadline is November 25.

Teaching English Overseas. The deadline is on-going.

Mangement Trainees for Enterprise Rent-a-car. Deadline on-going.

#### **Part Time Postions**

Receptionist/Typist for Wardour Business Centre.

Student Assistant (Speech Therapy) for Debbie Quigley.

Support Staff for Mentally Challenged Individuals for Our Neighborhood Living Society.

Marketing/Publication Sales for Frontier Communications.

#### **Summer Postions**

Defence Research Assistant for the Department of National Defence. The deadline is November 25th.

Federal Summer Work Experience Program (Gov't of Canada) The deadline varies.

Search and Rescue Inshore Boat program. The federal Summer Work Experience Program (Gov't of Canada) The deadline is Jan 15th.

The Picaro

The Picaro Staff would like to thank everyone who helped make the first half of the year possible and wish eveyone happiness and safety over the winter break. See you next year!

#### Writing Resource Centre

Advice on Writing Assignments at Student Affairs

The Resource Centre can help you with any stage of your paper on an indivdual basis; can answer questions about grammar, punctuation, and documentation; workshops on planning, researching, referencing, and revising your paper; workshops to help you improve your writing skills.

Workshops are held at 4pm, you can register by phoning 457-6567 or individual tutorials by booking appointments by phoning

#### Week of Reflection: December 2-6

#### SCHEDULE OF EVENTS

MONDAY 7:30 p.m. "Men as allies to end violence" Peter Davison from 'Men for Change' Kings College A & A Rldg., Room #3

TUESDAY noon

Film showing and discussion: "The Vienna Tribunal" Lester Pearson International Institute,1321 Edward Street. 8:30 p.m. Reading: "Bullies and Other Heroes" by Cathleen Fillmore, Economy Shoe Shop, Argyle Steet

WEDNESDAY 10:30 a.m. Analysis and discussion with Cathleen Fillmore. 'Radio free Kansas', CKDU 92.7 FM 7 p.m.Family Violence Initiative of the Department of Justice. RaymondCusson, Program Director Dartmouth North Community Centre 134 Pinecrest Dive, Dartmouth.

FRIDAY 1 p.m.

Tree Dedication Technical University of Nova

2 p.m. Non-denomination prayer and moment of silence. Killam Libray Atrium, Dalhousie

5 p.m. Performance Night. Nova Scotia College of Art and Design, 5163 Duke Street. 7 p.m. Candle-lit walk to Dalhousie University Starting point at NSCAD, Saint Mary's University (Tower Road), and Wormwood's Cinema (2112 Gottingen Street) (Candles provided).

8 p.m. Anniversary of the Monteral Massacre Vigil.McInnis Room, Dalhousie University Student Union Building, University Avenue.

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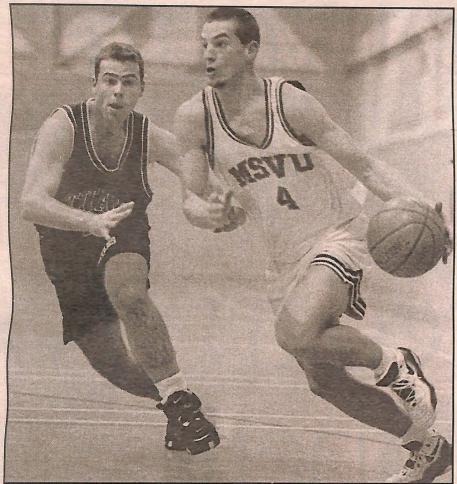
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#### Men's Basketball in First Place



GREG EULOTH

MSVU player Mark Clarke

#### BY MELANIE BEATON

It should be no surprise to anyone around the ACAA loop that the MSVU men's Basketball team are once again the class of the field. The men put on a workshop for the visiting NSCC Titans on Nov. 20, walking all over them by a score of 117-40.

The Mount came out of the blocks firing from all cylinders, building a 56-20 lead at the half and did not look back from there. The Mystics were undoubtedly too much for the Titans to handle.

This is the NSCC's the first year in the league after changing over from the former

NSTC. The team clearly lacked depth and found it nearly impossible to penetrate the strong Mystic defence, getting the majority of their points from the outside.

Scoring for the Mount was spread right across the board. Coach Rick Plato took advantage of the lopsided game to allow his bench to get some extra playing time in. Benji Hill had a game high 19 points for MSVU. Others replying for the Mount included Peter Turnbull with 14, Todd Hirtle with 13, Jason Brunt and David Wilson each had 12, and Craig Sampson with 11 points. The men looked good from the free throw line as well shooting

for 85%. Jeremy Edwards was the top scorer for the Titans with 12 points.

with 12 points.

There are a lot of new faces on the team this year with just six returning players. But, if the results of the season thus far is any indication of what to expect from the team, we should be in for an exciting winter.

The men have a perfect record of four wins and no losses and out matched their opponents in all games. The Mystics started the season off on a good note, taking the Bronze medal at a pre-season tournament in Montreal.

Their next home game is Wednesday Nov. 27, at 8pm.

# **Mystics Roll Over Titans**

BY MELANIE BEATON

The MSVU Women's Basketball team easily out played the visiting NSCC Titans on their way to a lopsided 87-40 victory, in ACAA Basketball action on Nov.

Clearly out matched by the Mystics, the Titans (former NSTC Hawks) trailed from the opening tip-off. The Mount was noticeably stronger than the NSCC. The Titans had a hard time keeping up with the speedy MSVI team.

Sheila Murphy led the Mount with a game high 16 points. Other notable scorers for MSVU were Amber Leahy and Pam McCulloch with 12 and 13 points respectively. Dana MacLean led the way for the Titans with 13 points.

With a record of two wins and two losses, the Mystics seem to have regained their bearings, after losing two close matches to open the season. "It is early and we have a long way to go, but we know what we are capable of." remarked coach Patsy Pyke on the Mystics season thus far.

The next home game for the Women is Wednesday Nov. 27th at 6pm against the Saint Thomas Tommies.

# Women's Volleyball begin quest for title

The MSVU Women's volleyball team have started off their 1996-97 campaign on a good note. The Mystics are 3-1 and own second place in the AAA standings.

Their first four games of the season have been on the road. I am sure they will be looking forward to playing on their home court. The Mystics lost their season opener to NSCC 15-5; 15-13; 15-9; 5-15. The Mount then travelled back to Truro on Nov. 16 to play the NSAC Rams, defeating them 9-15; 15-13; 7-15; 15-10; 15-13. They also played their cross town rivals, Kings, defeating them 14-16; 15-10; 15-11; 15-8. The women's volleyball team plays at home on November 23 and 24 against Saint Thomas. Don't miss it, exciting ACAA Volleyball!

#### **Are You Stress Resistant?**

#### BY RUTH VESTERBACK

Are your hurried lives, work demands, school demands, and financial pressures making you feel stretched like never before? That is a fact of living in the 90's. Ugh! So how you deal with it or cope can have a significant impact on your health.

Fitness is said to be stress reducing, yet for many individuals it becomes an added duty or another job; get in, get it done and rush off to the next task. If that is what fitness is in your life, then it may let off steam on occasion, but will not reduce your stress level. If attending a fitness class helps you to relax, then keep going. Some instructors will take time at the end of class to cue relax-

ation techniques. Stick around to listen to these tips, don't rush off to complete the next item on your endless to do list.

Some basic tips to relax are; enjoy life, take control of your life, commitment to living in the present and most of all breathing slowly and deeply enough to smell the roses!

It has been said that breathing is the key to relaxation. Slow, deep "belly" breathing can bring the body into balance. Deep breathing fully oxygenates the body and brain, releasing endorphin and slowing the brain wave pattern, creating an accepting and relaxed state of mind. Take a moment each day to let go of your thinking self and the ongoing chatter in your head. Ah...to breathe like a child,

easily, freely, deeply and with no thought of keeping the abdominal tight.

People will not magically relax, some people say that they are no good at relaxing. Relaxation takes practice! If sitting still feels too uncomfortable without a remote and popcorn, try taking a walk and breathing the fresh air or laying down and reading a book.

Consider your free time a gift, instead of space to fill with other activities or chores. Take time to focus on your relaxation needs. Try an alternative movement relaxation class, such as Yoga or T'ai Chi. For more information on relaxation techniques or class options, contact the Athletic/Recreation Department at 457-6420.

#### A Career in Orthoptics/Ophthalmic Medical Technology

Orthoptics is the clinical science of ocular motility and binocular vision, and related disorders of the eyes. An Orthoptist is an allied health professional who works with ophthamologists, (eye physicians and surgeons) analyzing and treating patients unable to use both eyes together because of an eye muscle or sensory abnormality. An Ophthalmic Medical Technologist assists the ophtalmologist with a wide range of diagnostic tests and proceedures requiring a great deal of technical expertise.

dures requiring a great deal of technical expertise.

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Deadline for application is February 28, 1997.

For further information regarding a challenging, interesting and rewarding career in the health care field, please write:

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