

MECENED RECEIVES

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# classifieds

University Painters need Interior/
Exterior painters. Training starts in April and work starts in May.
Application deadline is Wednesday, April 1, 1992. For more information, contact CEC on campus.

Toshiba of Canada Limited needs a Secretary Receptionist in Dartmouth from April to August. Must have excellent knowledge of WordPerfect 5.1, working knowledge of Lotus, excellent communication and interpersonal skills and some office experience.

Application deadline is Thursday, March 5, 1992. For more information, contact the CEC on campus.

Service For Sexual Assault Victims is presenting two day-long workshops and a public forum on Multiple Personality: An Outcome of Child Abuse on Tuesday, March 31, 1992 and Treating Survivors of Ritual Abuse on Wednesday, April 1, Abuse on Wednesday, April 1, 1992 at the Holiday Inn, Halifax, N.S., 9:00 a.m. - 4:00 p.m. Cost is \$25 each day OR \$40 for both days. Pre-registration necessary. Contact Service For Sexual Assault Victims to register or for more information 455-4240.

The Halifax YWCA on 1239

Barrington Street:
is offering Wen-Do, a self defense course for women. Enhance your self-confidence and ability to defend yourself in threatening situations.

is offering social dance classes under the instruction of Mair Davies. Social foxtrot, jive, waltz, samba, polka, and chacha. Intermediate adds steps and sequences to all the above dances as well as the rhumba and tango.

is offering a Masters Swim Program. This program provides swim training for people 20 years and over in an effort to develop and encourage men and women to swim on a regular basis.

offers a wide variety of fitness memberships. All fitness packages, excluding step, are 1/2 price. We also offer individual, family, senior, and corporate rates. For more information on Halifax YWCA membership packages call for our free brochure.

is offering Red Cross learn-toswim programs for preschoolers, children, youth, and adults throughout the winter. Lessons are held during weekends and weekdays. Our next session begins soon. Register today!

FOR MORE INFORMATION PLEASE CALL 423-6162.

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To the Concor We think you would love to n the Pub. J & S

Royal Trust ( Canada located in inces and Eastern Southern Ontaric Trust & Sales and tion Investments, F ice, Product Sales, a Administration. Mu

or Spring 1992 Graduates of Bachelor of Business Administration, Bachelor of Arts (Major: Economics), Bachelor of Public Relations (Interest in Marketing). Deadline: Thurs., Nov. 14th, 1991. Interviews: Thurs., Nov. 28th, 1991.

Planning a party or group function?

Please call our campus representative

ANTHONY

at

835 - 0323

To those mystical Gringos that we read about every week. We love you with all our hearts and souls. Please say you'll be ours (especially "Wingo")

Love and kisses
L'na and S'rah

On Thursday, March 5, from 7:30 p.m. to 9:30 p.m. at the Fall River Recreation Centre the N.S. Arthritis Society is sponsoring "The Athlete and Arthritis - Playing with Pain" panel discussion.

COLOGO ESSION EXPRESS 118 HB

#### Federal Budget Tough on Students

by Monique Beaudin

OTTAWA (CUP) -- Federal Finance Minister Don Mazankowski laced up his budget shoes Tuesday and stomped on university faculty and students.

In his first budget, Mazankowski shut down several government advisory bodies, the six-month interest free period on student loans and killed any hopes of a national child care program.

"What this budget said was what you give with one hand you massively take away with another," said Donald Savage, the executive director of the Canadian Association of University Teach-

The Science Council of Canada, a government advisory body in place since 1966, was shut down, and the Social Sciences and Humanities Research Council will be merged into the Canada Council.

Savage said shutting down the Science Council "probably had more to do with its independence than saving any money."

He said that merging SSHRC with the Canada Council would cause bureaucratic nightmares, and delays in dispersing grants for research.

The Tories also proposed lifting the three per cent tax on student loans, but replaced it by ending the six-month interest free

period on Canada student loans.

While the Canadian Federation of Students claimed the three per cent tax lift as a victory, Liberal education critic Ron Duhamel panned it, saying it was merely a political gesture.

"Some clever person with a pencil figured the government could afford to eliminate the three per cent tax," he said, adding that the money the government makes from the interest on student loans will make up for any lost revenue from the three per cent tax.

The new interest arrangement will begin with students negotiating loans for the 1992-93 academic year.

In the 1989-90 academic year, almost 234,000 full-time and 900 part-time students were issued loans under the Canada Student Loan program.

And child care workers say university students looking for more accessible child care lost out in this budget.

There was no money allotted for creating extra spaces in child care centres, or increasing the subsidies made available to people seeking child care.

Mohammed said extra spaces and more subsidies could have been created through a national child care program.

The Mulroney government promised the creation of national child care program in March, 1987.

### Students Summer Job **Prospects Lessen**

by Dawn Mitchell

HALIFAX (CUP) -- The Nova Scotia government has slashed its summer jobs program by 16 per cent, leaving students angry and uncertain about employment prospects.

Eight hundred jobs have been axed, leaving only 5,100 for students to compete over.

result in a lower standard of living for students.

"There will be more students on student aid, some won't be able to attend university, and some who will attend but will face incredible stress from having to work during the semester to foot the bill for university," he said.

"If I didn't get a summer job, I would have lost my apartment, moved in with relatives, and relied on the generosity of family members," said Cathy Watters, a graduating journalism student at King's College in Halifax.

During her studies, Wat-Scott McCrossin, chair of ters found summer jobs but rethe Students' Union of Nova lied on student loans and a part-Scotia, said this setback would time job to get her through school.

> McCrossin said there is no social safety net for students unless they go on welfare and non-traditional students will be hardest hit by these cuts.

"People can't keep quiet about it. We have to put pressure on elected representatives or else students will continue to be knocked down," he said.

## NEWS

### Mount Part of Green Tour

By Janet Allen

The Mount community will have the opportunity to sign a huge environmental postcard when a recycled Volkswagen van painted to look like our planet makes a stop at the campus on Thursday.

Two environmentalists, carpenter Mario Houle and artist Patrice Boyer, are on the last leg of a cross-Canada tour called Green Light to Rio '92.

The tour intends to raise awareness about the United Nations Conference on Environand Development (UNCED) which will be held in Rio de Janeiro, Brazil this June.

Boyer painted the 8 by 12 foot mural of a foetus attached by the umbilical cord to the earth from an outer space perspective,

from Mario Houle's original idea. Boyer and Houle feel because art is a universal language it is a good vehicle for students to record their environmental concerns on.

"It is believed that the university students are the ones who can have an immediate impact on society to make the changes needed," said Mario Houle in a press package. Houle and Boyer have visited about 62 universities from Victoria, B.C., to St. John's, Nfld., in the last two months.

"They're coming to the Mount on Thursday and are going to be here all day in the foyer of Seton," said Nick Hill, chair of the Mount's environmental committee. "They were in Halifax last Thursday and are now in St. John's. But they will come back this Thursday especially to stop at the Mount."

Students can voice their concerns on the environmental postcard which will be presented to the mayor of Rio de Janeiro during the United Nations con-

Boyer and Houle feel the mural painted on the postcard made of three sheets of plywood will provide many messages. "The meaning of it can be manifold: Mother Earth, the Future Generation, or the Earth are as fragile as a foetus," Boyer and Houle said in their press package. "Ifwe don't take care of Mother Earth we will harm the future generation (or salelves) and the very close relation between humanity and nature which is as close as the one of a foetus in the womb of the mother."

### Women Centre Receives Rape Threats

VICTORIA (CUP) -- Posters demanding a safe campus for women at the University of Victoria drew rape threats and vandalism instead.

Last month, threats such as "Shut the f--- up or I'll rape your sorry ass! Asking for a rebate?!? F--- just for that women should pay double," were scribbled on posters designed by a group of women at the University of Victoria.

The posters, intended to draw attention to violence against women on campus, read "Tuition rebate for women only. U Vicis a dangerous place for women. At night the unsafe environment limits access to facilities and restricts their freedom. Are women not entitled to a tuition rebate?"

The Women's Centre received a number of direct responses. One letter said women should pay double tuition, and half the money should go to men so they can be funded to rape women.

"The [posters] were a tool to get people thinking," said Susanne Klausen, a member of the group that designed the posters. "It was the shock value that got people to stop and look. It gets them talking."

Klausen said though a more fundamental change must take place in the way people address the problem of violence against women, the tuition fee idea is a beginning.

The Women's Centre collective is taking the graffiti as a threat, said Nettie Hayter, a member of the collective.

"It was interesting to see how the [posters] were received," said Roshni Narain, a spokesperson for the poster committee. She said 200 posters were put up, and one week later the posters still up had messages on them.

"Violence against women is a real thing. Women do have something to fear," said Narain.

"When you see a poster that has been ripped in half or vandalized, it is scary to think about the anger and hate behind [the action]," said Narain.

Although sponsored by the Women's Centre and stamped by the student council, the poster project was privately funded. The posters were displayed only on public notice boards.

Klausen said women do not have equal access to university facilities. She pointed to a sign posted in the women's locker room that reads "Attention all female joggers. You are advised to refrain from running during nondaylight hours. This is in your best interest. Athletics and Recreation Services."

"If the U Vic experience was equal for women and men, then women would pay equal tuition," she said.



## => OP/ED

To the Editor:

### **Enough Is Enough**

policies, decisions or whatever why areyou writing to the editor of the curiosity! Picaro? Why don't you come and speculate what your reasons may be in perusing such a fruitless avenue, however, I would like to state that I have always operated problem with something, then you go to the source. How else in the a conflict resolved?

deal with the issue. (I hope he's supporting one another! taking advantage of the interget it there!)

- had she approached us she would have known that Tracy Tuttle has been working on trying to improve the system since August. Again, a student complained about talked to Kathy Shay directly -you would have gotten your questions answered much quicker!

And finally, in response to last week's letter to the editor concerning Keith Campbell's resignation:

rounding his resignation. Is it any respect. less appropriate for me, as his employer, to act in the same Sincerely, manner. For anyone who has any Karen Casey regard for employer/employee President relationships you will understand MSVU Student Union

I am writing in response to the why confidentiality is paramount many "Letters to the Editor" which and no, I'm sorry to disappoint relate to student council and our you it's not to attempt a cover-up -- it's because you're dealing with My question is if you have a people's lives and that's something complaint concerning our actions, which I perceive to be more important than satisfying people's

I think it's time that we try to ask me personally? I can only raise above some of the pettiness that's running rampid around here. It seems that more people are concerned with trying to find and /or create "smut" on the student on the premise that if you have a council rather than coming together as a group of students with common concerns. We have reworld would you expect to get the ceived a 0% increase in governkind of answers you want or have ment grants, suffered cutbacks in summer employment opportuni-For example, you might recall ties, have had to face lay-offs in the issue where a student wrote our part-time job opportunities, about my lack of responsiveness have been forced to receive inin dealing with the cancellation of adequate levels of student aid for the Dal Mount bus. Sure, he looked years and are about to face yet good and I looked bad, however, another tuition fee increase. Now, had he approached me directly, you tell me where the issues lie he would have known at the time and as students we will never of the issue's publication a Com- overcome any of those unless we mittee had already been struck to can get our act together and start

I would like to close by saying university bus because it took a in March you will be asked to vote lot of hard work on our behalf to for a new council. I fear how anyone could actually be inspired In another issue, a student to get involved after reading the complained about our ID system almost weekly "slams" that this year's council has had to endure. Please give them the support that they need to effectively act on your behalf.

Council should not be seen as our budget info -- why not have an adversary who are always out to meet their own self-serving interests. Is it so hard to believe that people get involved because they care enough about the issues to want to make changes?

The bottom line is that we are students secondly, human beings Jamie, you state your admiration first and whether you agree or of Mr. Campbell's professional- disagree on everything council does ism relating to information sur- -- as people, everyone deserves

The Real Issues

## Living Wills

by Carolyn McLaughlan NO

"In the event that my body is being kept alive merely on life support systems or I have entered a coma from which I am not expected to awake, I ask that all life support be terminated and my body be allowed to die." This is an example of a "living will". I do not believe "living wills" should be legally recognized for a great number of reasons. These wills can cause many unforeseen problems which outweigh their bene-

First of all, who decides when a person is "unsaveable"? We must ensure that a persons body has had a sufficient chance to heal itself and to make any unexpected recoveries.

Recognizing "living wills" may also lead to rushed decisions and corruption. The termination of your life support systems may be decided in quite a hurry if, for example, the hospital that you are staying in is experiencing a bed shortage. Hospitals, and even the rare uncaring family, may also recognize the money "living ills" and the termination of life support systems will save them. In these cases decisions regarding who will be "permitted" to die

may be the result of a purely financial and selfish decision, not a decision made in the best interests of the patient.

It is the opinion of many that they would prefer death to life as a "vegetable". How can we make this decision when we have no concept of what it is to be a "vegetable"? How do we know that their lives are empty? None of us can know what these people feel, think, or able to experience until we have, ourselves, actually been in the situation. I realize that having a loved one in a comatose state is excruciatingly difficult and prolonging this state only worsens the difficulties of the families and friends of the patient. It is arguable, however, if these difficulties outweigh the feelings of guilt one may feel after allowing a loved ones life support to be terminated. One might wonder for the rest of his or her life whether or not a loved one might have recovered had they been kept alive longer. If someone is kept alive on life support for as long as is possible at least you would feel as if you had done everything in your power for that person.

With the progress of medical science new cures and treatments are being discovered almost daily. If someone is kept

alive for as long as possible on life support there is always a chance that a cure for their ailment may become available. Admittedly, this is a long shot but if someone knew that a cure for their fatal disease might soon be discovered they just might change their minds about their "living will".

Keeping someone alive on life support can prove to be costly, and one does not wish to be a burden to others, but as logical as this argument sounds I can, in no way, sympathize with it. A life is the most precious thing we have and it should be preserved and protected at all costs. Money is not an issue that I would weigh against the life of someone I loved.

My biggest objection against recognizing "living wills" legally comes from the old cliche. "You can't judge a man until you've walked a mile in his shoes." You may feel certain in stating at the present moment that you would want your life support terminated but once you were actually put in the situation it is very plausible that you might change your mind. But then it would be far too late.

A "living will" should not be recognized legally. A life, any life, is something which is far too precious to take any chances with.

by Lesley Butt

YES

Imagine, if you will, that you are lying prostrate, unable to move or communicate with your loved ones. There is no way for you to tell them what your wishes are. Life passes on, day after day, while you are being kept alive by a life support system. This is how you will spend your time until death is finally in your grasp. You suffer long years in a hospital bed, gradually being forgotten by family and friends. Your sole existence is dependent upon a machine, obstructing your life from taking its natural course. A hypothetical situation, but a terrifying one nonetheless. A solution to this possible medical nightmare is a living will.

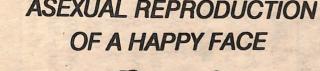
Living wills are a type of will that you write indicating what you want done if you are ever in the situation that you cannot speak for yourself. I believe that they should be considered legal, because if a person wants specific things done, it is the only way to ensure that your wishes will be carried through.

Entrusting your care to your family is not a wise thing to do in most situations. How do you know if they know your wishes, and that they will carry them out if the need ever arises? If you wish all efforts be made to keep you alive, that can also be stated in a living will. This will insure that your wishes be fulfilled. Just as you may not be able to trust your family to end your life, you may not be able to trust them to keep you alive. A living will is necessary to state what you want done. Some say you never know how you feel once it happens to you. This may be true, but you can speculate. It is not unimaginable to think of what you will want if the situation ever occurs. And living wills are not compulsory, however, for those of us who would think of it as an extra security, they should be considered valid. It is our fundamental right to live, but shouldn't it also be our fundamental right to end artificial life? For without life support systems, you would not be living? What kind of life is that? If I don't want to be kept alive by machines, isn't it my basic right as a human being, part of this earth, to die naturally? I believe so.

Money is not an issue in this argument. The issue is our right to die naturally if we so wish. Why should this right be denied to us? It is not the same as being treated by drugs, for they help you lead a "normal" life. You have reasons for living, because at least with medicine you are able to LIVE. Life support systems offer an agonizing existence with nothing to do but be kept

This kind of existence is also unbearable for the families. They must watch as their loved one's life is held suspended, un-

Continued on page 5















### Blah Blah Blah!

#### Voting process changed

by Mike Isenor

This column was originally supposed to be about the upcoming elections and the apathy that usually surrounds this auspicious event. Rather boring stuff, when you get right down to it ... but important stuff! You see, every Spring and Fall, the Student Union not only allows you to decide who's going to spend your Student Union fees, but they also allow you to decide whether or not you would like to be one of those doing the spending.

Pretty neat, huh!

Now ordinarily, at this point, I would start talking about how important it is that each student exercise his or her God given right tion day arrives, the voters take a to vote in this democratic process. I'd probably say something to the effect that if you don't show your concern by voting, then you really have no right to bitch about how these individuals run the show. Maybe I would even try to stress the fact that these elected representatives are answerable to the students, but if the students don't give a damn - then why should the student politicians. Yep, I should say all those things (and a lot more!!), but instead maybe week, I'd just like to mention that I'll talk about the election proc- there is a fantastic show going on ess itself.

Now I'm no Poli-Sci major, but I always thought it was the responsibility of the organization running a democratic election to make it as easy as possible for the constituents to vote. By the looks Grab a coffee and pop down to

Saint Vincent Student Union, this may not be the case. I'm referring to the decision by Rhonda Bursey (Internal V.P. and C.R.O. for the Spring elections) to alphabetize the voting procedure, thereby complicating a procedure which should be made as simple as possible. When I asked Bursey who had made this decision, she replied "I made a unilateral decision." According to the constitution, such decisions are to be made by the Elections Committee and then taken to council for ratification. This was not done. A committee of one is not the way to get things done, this is why we have committee members. Or is it??

I truly hope that when elechard look at the candidates and choose wisely before they cast their ballots. Get to know who the candidates are, ask them questions, challenge their beliefs ... its your responsibility as a member of the Student Union to elect the right person for the job. If people won't vote or take an interest in student politics, then I guess we deserve whatever we

Before I leave you for this in the Art Gallery this week. "Making the News: A photographic investigation into television media" by Bruce Johnson is a wonderful visual experience that must be seen to be appreciated. of things being done by the Mount see it, I highly recommend it!!

Continued from page 4

aware of what is going on around them. For any of us who have watched a relative slowly die, while we must stand by and watch, helpless, we know that it is sheer anguish.

Some argue that life is too precious to waste. I agree, but isn't it a waste to let someone die a little day by day, their only means of life being a machine? Just as some people believe that abortion prevents the natural course of life, doesn't also life support impede the same course?

Living wills are a means for people to dictate their wishes, if they are unable to do so. If someone wants such a will, he or she should be able to have it acknowledged legally. A living will is able

to prevent unwanted prolonging of your life if you should ever be unfortunate enough to have to be put on life support. It would also relieve the family of making a decision that may haunt them the rest of their lives. If we are able to spare our loved ones such torment, shouldn't we do so? However you look at it, these wills should be legalized so that no one will ever have to go through the pain of deciding what to do with another person. If we allow living wills to be illegal, can we live with ourselves knowing that we are causing both patient and their loved ones undue misery? Let people have the right to make these wills. Let people control this element of their lives, for life is a terrible thing to waste.



## Mount Student Receives Scholarship

by Charmaine Gaudet

Receiving a scholarship from the Council for the Advancement and Support of Education (CASE) has sold Catherine Doucette on a career in fundrais-

Doucette, a fourth year public relations student at Mount Saint Vincent University, recently attended the annual CASE District One Conference in Boston on a CASE Student Scholarship. The native of Quispamsis, N.B. and a graduate of St. Vincent High School in Saint John, Doucette was one of only two Canadians selected for the scholarship which CASE awards to promising young people interested in careers in institutional advancement. She is the third Mount public relations student to receive the CASE scholarship in the past three years.

"I was very impressed by the enthusiasm and ideas at the conference in Boston," says Doucette. "Americans take fundraising very seriously! Student alumnae associations at American universities are actively involved in telemarketing and other fundraising activities. When students begin at university, they're told that the reputation of their degree is only as good as their school. They're expected to sup port the university both as volunteer fundraisers and later as donors."

Doucette's qualifications for selection by CASE included her experience with non-profit organizations. A co-operative education student, she was the 1990 recipient of the Air Canada Fellowship which sponsors fourmonth workterms with non-profit agencies. Doucette spent her fellowship at Veith House, a community organization serving the needs of low-income people in the Halifax area, where she continues to volunteer her services in communications and fundraising.

She has also completed a directed study course in the future role of fundraising in Canadian hospitals, and is a telemarketing volunteer with Mount Saint Vincent University's Learning and Leading capital campaign.

"I have two goals," notes Doucette. "I want to pursue a career in fundraising with a university or hospital, and I want to volunteer as a fundraiser for a non-profit women's organization."

### Child Study Program Expands

by Charmaine Gaudet

In recent years the field of child care has expanded from the two traditional streams of residential child care and day care to include a broad range of interrelated but clearly identifiable areas of practice. Mount Saint Vincent University has developed an expanded degree program to reflect these changes.

The Bachelor of Applied Arts (Child and Youth Study) represents arestructuring of the university's Bachelor of Child Study degree program. Curriculum changes were effective Sept. 1991, and the program's name change is effective Sept. 1992. The program is the only one of its kind in the Maritimes.

The degree program has expanded rather than changed its focus. Students may still elect to specialize in the areas which have always been offered within the department, such as Early Childhood Education/Childcare (formerly called Program Development and Administration) and Special Needs (formerly called Developmental Disabilities). They also still have the opportunity to apply to complete the degree in the Department of Education at Mount Saint Vincent or Acadia university and

licenses. However, there are now more options and a new area of emphasis, Child and Youth Care--for students who wish to focus on a wider or older age range and take on professional roles in areas of child and youth care which were not explicitly covered in the previous program.

qualify for Nova Scotia teachers'

Graduates of the revised program, depending upon their fourth year specialization, will be prepared to enter careers in a wide range of programs and services for children, youth and fami-



#### Your ticket to the 21st Century

The Information Management Department, Mount Saint Vincent University, offers a Bachelor of Applied Arts (Information Management) which provides education in information management and integrated office systems. The 20-unit degree has a co-op option.

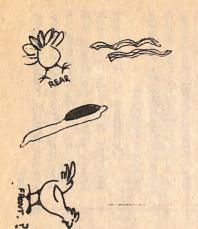
Prepare for careers such as:

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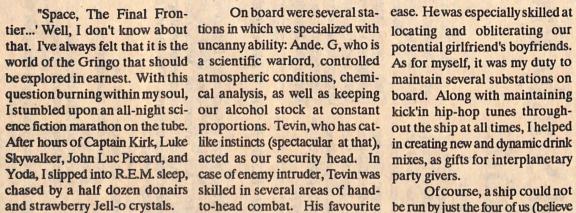
**Mount Saint Vincent University** Halifax, Nova Scotia B3M 2J6



### Chickens are...

## Entertainment

#### The Space Odyssey **GRINGOS:**



pany of some familiar faces, his, 'tongue of death'. In case of other entities from past cam-Gringo faces: Tevin, Ande. G, and infiltration, Tevin simply allowed Oko. We seemed to be on some his immense tongue to confront Peaches were acting Henson. kind of vessel. I walked over and subsequently overpower the Weeble, Nybee, Casper and 'D' towards a huge window. On the intruder. After seeing Tevin's were ship's experts at detecting Port Bow read, U.S.S. Gringo. tongue, even the strongest of foreign and or alien party rituals. The on board computer informed warriors fell to their knees in Nothing was too diverse for the us that we had one directive: to horror. Oko, was our weapons/ 'Sackvillites' to uncover. Along seek out and contribute greatly tactical officer. With precise with this impressive group, were to any party situations, where accuracy, my fellow Gringo could new individuals yet to be introever they may be in the galaxy. hit the smallest of targets with duced in this medium. Benetton,

tier...' Well, I don't know about tions in which we specialized with locating and obliterating our that. I've always felt that it is the uncanny ability: Ande. G, who is potential girlfriend's boyfriends. world of the Gringo that should a scientific warlord, controlled question burning within my soul, cal analysis, as well as keeping board. Along with maintaining Istumbled upon an all-night sci- our alcohol stock at constant kick'in hip-hop tunes throughence fiction marathon on the tube. proportions. Tevin, who has cat-out the ship at all times, I helped After hours of Captain Kirk, Luke like instincts (spectacular at that), in creating new and dynamic drink to-head combat. His favourite be run by just the four of us (believe I found myself in the com- technique was simply known as it?). Along with ourselves, were

On board were several sta- ease. He was especially skilled at As for myself, it was my duty to

Of course, a ship could not paigns. Hyper, Smirnoff, and dog, and Wrigley mixed humour and music knowledge to strengthen the ship's continuity. Could any ship have any more talent? Yes! As my faithful readers know from my last instalment, Johnny Mosh is a soulful and dynamic entity in which we Gringos admire greatly. On board the U.S.S. gringo, Mosh was our resident dance maniac. He acted as entertainer and instructor to the thousands of those on board. You never know when a creative dance move will come in handy, especially when our main directive was to seek out any and all party situations.

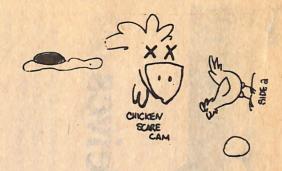
What new and Gringoy space adventures would we encounter? Only time, and a shot of Vodka with Lime could answer that perplexing question. On many occasions, the inner-core

Cathy (Tevin's soulmate), Bull- of Gringos would meet at the Ship's MacDonald's to discuss that very question in detail over a sixpack of McNuggets and a McChicken sandwich. On the 110-inch monitor at McD's, episodes of Cheers, Night Court, Letterman, and Murphy Brown are required to be viewed by all Gringo personal at least ten hours a day to keep humour instilled in our minds at all times.

On Stardate G-19920303, our communications officer, Smirnoff, ordered us to the Bridge. Since this was our maiden voyage, we didn't know what to expect. When we arrived, the bridge crew gave us our ceremonial Hail Gringo. Later

Smirnoff showed us a glitch on the computer. With a soulful remix of LB.B.D. (I thought it was me) playing, we became quite excited. As we came closer to

whatever the glitch was, we knew that a party was waiting for us. After hours of anticipation, we came close enough to see that we were coming towards a ship of some kind. We turned on the main viewer just as Right Said Fred's (R.S.F.), I'm Too Sexy came on. The ship was about the same size as our own. When we could read the name of the vessel, we only could stare at each other in astonishment: the name of the other ship was the U.S.S. Gringo II, The Lost Band of Gringos from Halifax West! At that moment, we heard the following from the ship's hailing over our klipch speakers (their kick'in speakers by the way) fellow Gringos, Welcome! To find out what happened next, return to this article next week. Until the next words are spoken...



















#### **Mystery Date**

Carolyn: This movie was great! It is a hilarious action packed love story about a sweet (and extremely good looking) guy (Tom) and his criminal (and also good looking) brother (Craig). The fun starts when Craig, very nicely, sets up a date for Tom and his dream girl. No matter where the two love birds go Tom is mistaken for Craig, who is being chased by the Chinese mob, a barrage of ex-lovers and a nutty flower deliveryman. I guess it really didn't matter that the two brothers looked nothing alike. Ethan Hawke (of Dead

Lesley:

Hmmmmm....what is there to say about this film? It's a comedy with splashes of action and romance added in for fun. Ethan Hawke stars as Tom McQue, who, while on a first date with a dream girl, gets mistaken for his older brother, who also happens to be a criminal. I haven't got a clue for why this mistaken identity occurs, because the two look nothing alike. Other than that, this movie is a lighthearted, entertaining film well worth seeing. And watch out for the flower delivery boy - he is definitely the funniest character.

RATING: !!!

Tales From the

plot that was almost laughable. The best part of the entire movie was the drooling ability of the little girl who played the demonically possessed Mary Jane. As for the rest of the movie, it could be prescribed as a sleeping aid. So, if you've really got a thing for complete duliness, utter boredom and gross salivation go ahead and rent it otherwise stay home and

> IIII Just Rent It !!! Mildly Amusing !! Better Than A Poke In ! Makes PMS Look Fun

watch the Home Shopping Net

ries, however, they weren't short enough for me! The acting was laughable and the only scary thing about this movie was that it ever got released. The highlight of this film was definitely the credits. If you want to be bored out of your skull, rent this video. Avoid it if you want to stay awake (I barely did!).

RATING: !

#### **Terminator 2**

Another sequel... Yahoo! This movie was definitely viothe young man who plays John O'Conner. This young man is very talented and I'll be looking for him in the future. As for Arnold - Hasta La Vista Baby!!

RATING: !!!

Lesley:

Attention all Arnie fans: this movie is his best yet! This is an explosive action-packed movie that grabs hold of you and doesn't let go until the final credits are rolling. The special effects are fabulous, and the scenes are captivating. The chemistry among the actors adds a little something to the film, and the character of John Connor is well acted (look





was definitely the movies highlight. Not only is this guy incredibly gorgeous but he's really talented to! (BONUS!) If you're in the mood for laughter, action or romance pick up Mystery Date. Just pick it up ok!!

RATING: !!!!

Tales From the

Dark Side (2)

Carolyn:

Well, well....this movie was, for lack of a better term, pathetic. Tales From the Dark Side is a collection of five "terrifying" short stories, all with a non-existent

watch the Home Shopping Net-WOIK.

RATING:!

Lesley:

How did they find people to "act" in this pathetic excuse for a movie? I guess some people will do anything for money. This film consisted of five short stolent. Not only did the usual shooting off of heads and splattering of guts occur but we get to see the entire world fry to a crisp because of a nuclear disaster of the worst sort. The movie's plot was interesting and exciting and for all my whining this movie is worth seeing if only to watch Arnold Schwarzenegger (my hero and

Hollywood). Linda Hamilton plays his mother, quite the assertive woman who could give the Terminator competition. All this movie leaves me asking is, will there be a Terminator 3? If so, save me a ticket!

RATING: !!!!













## Top 10 Roles that Never Were

by Carolyn and Lesley

10. Sylvester Stallone as Hamlet

YO! Like, to be or not to be, duh, is that a question?

9. Clint Eastwood as Captain Kirk

Go ahead punk - engage

8. Andrew Dice Clay as Ghandi

Can you see this guy in a toga?

7. Roseanne Barr Arnold as Princess Leigha

Luke would you get off your butt and do some work around this ship!!

6. Cujo as Benji

Man's best friend... NOTI

5. Ed Grimly as Rambo

I really must say... surrender or I'll blow you apart, you know.

4. Pee Wee Herman as the Terminator

Today's secret word is ... DEATH

3. John Candy as Superman

It's a bird, it's a plane! NO it's the Goodyear blimp!

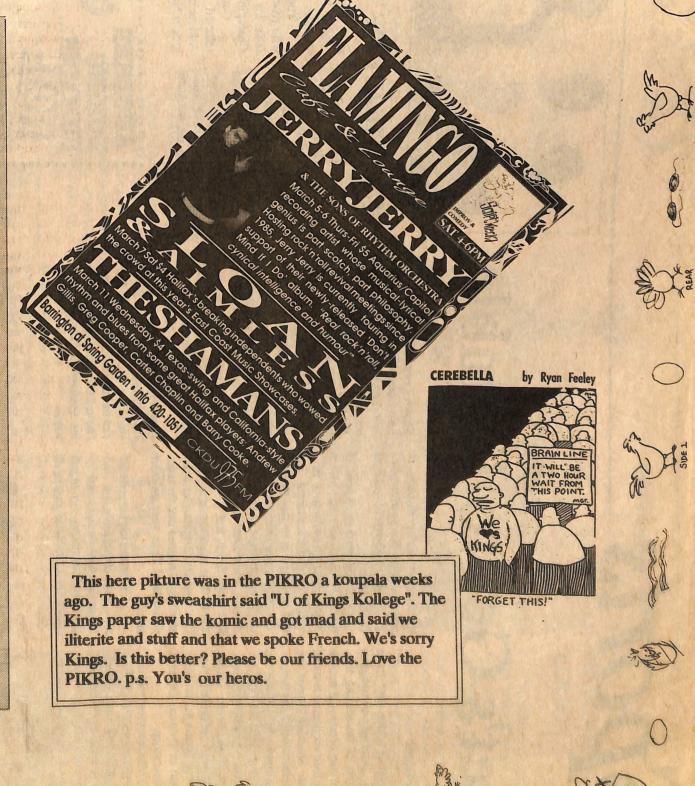
2. Arnold Schwarzenegger as Peter Pan

Hasta la vista HOOKII

1. Jason as Mr. Rogers

Now boys and girls let's take our outside goalie mask off and put our inside goalie mask on.

Now... can you say BLOODY AXE MURDERER?!! I knew you could

























## Sports

## Let's Get to Rumble

Marco Tejada

Bolts of white shot from the blue. Interspersed between the sounds of thundering barrages, the cries of men and women straining their every muscle could be heard. Shuttles littered the floor. Sweat flowed in rivulets. This past Sunday MSVU was the host for the 1991-92 NSCAA badminton championships. Competition was fierce. Only a select few would advance to represent Nova Scotia at Nationals to be held in Ottawa, Ontario. This is their story.

The Mount wrested two first place finishes in men's singles and in men's doubles. In men's singles, a superlative effort by Corey Beals left his opponents both confused and dismayed. His final matches

were breathtaking displays of power and grace as he triumphed 17-15 and 15-12 over David Best of St. Anne's.

The Mount's men's doubles team of Troy Locke and Marco Tejada were conductors in a symphony of cork and catgut. This duo smashed their way through the opposition in a cacophonic display of strength and speed. St. Anne's, their final hurdle to a first place finish, fell 15-4, 15-0 before their relentless onslaught. One awestruck bystander commented, "It seemed that the thunderbolts of Zeus were on their side."

Unfortunately the gods did not look favourably on the Mount's mixed doubles and ladies' doubles teams. In mixed action Gail Nash and an unwell Shawn Leeman succumbed to a fortuitous team from St. Anne's and finished in a respectable second place. Wendy Skeard and Karrie MacDonald who constitute MSVU's ladies doubles team valiantly played two highly emotional matches but gave up a close decision to a flagging team from NSAC.

The St. Anne's team placed first in this highly touted event. MSVU came in a close second, followed by NSAC in third and St. Thomas in fourth.

Thanks are in order to coaches Mike Hingston for direction and Carl Lingley for inspiration, nachos and beer. Special thanks to the brave few who cheered their team on and to June for hosting the banquet afterwards.



#### PEPSI ATHLETE OF THE WEEK

This week's Pepsi Athlete of the Week is being shared by three members of the Badminton team after they captured NSCAA Badminton crowns over the weekend at the NSCAA Badminton Championships held at the Mount this weekend. Corey

at the Mount this weekend. Corey Beals captured the Men's Singles championship on the weekend and Troy Locke and partner Marco Tejada took the Men's Doubles championship.

They will all travel along with coach Karl Lingley to Ottawa for the CCAA National Championships.

Congratulations for being selected as this week's Pepsi Athlete of the Week and good luck at Nationals.



Karl Lingley (coach), Corey Beals, Dennis Sheen, Wendy Skeard, Shawn Leamon, Marco Tejada, Troy Locke Missing Carrie MacDonald, Gail Nash

THE OMEGA PI SORORITY
PRESENTS



Tuesday, March 17, 1992

6:30 - 7:30 pm R 7:30 - 10:00 pm 9

Reception Formal Dinner

The Halifax Hilton, 1181 Hollis Street Halifax, Nova Scotia

> -Individual Seating \$40.00-Seating of Eight \$300.00

For General Information or Ticket Information, please call Check In Nova Scotia, Reservations and Information at 425-5781 Tickets may be purchased from any Halifax or Dartmouth <u>Island Beach Company</u> HUMAN ECOLOGY DEPARTMENT

OPEN HOUSE

FRIDAY, MARCH 6, 1992

for students who are interested in pursuing a career in human service and education fields, including nutrition science, dietetics, food service management, food retailing, apparel merchandising, managing facilities and programs for youth, the elderly, family services, among many others.

Visitors are invited to sit in on a class, view project work, use a computer program to analyze food intake or apparel design, plan an office or home space, or complete a self-directed learning package.

Students and faculty are cordially invited to visit the department in Evaristus South Wing between 10:00 and 16:00 on Friday, March 6th.



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Pick up from the External V.P.

## Sports

## Women Place Second

With one game remaining, the Mystics women's basketball team is currently in second place behind Nova Scotia Teachers College.

The Mystics defeated teachers College before the break 49-45 to give them one win and three losses to TC in season's play.

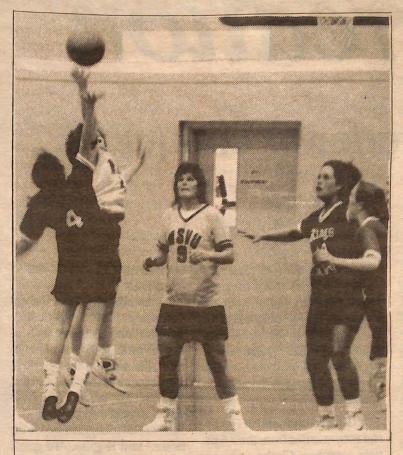
On the past weekend, the Mystics lost to University of Kings

College in what Assistant Coach Patsy Pyke described as "not one of our best performances." She added "at this time of the year it is hard not to look to playoffs and wonder just who you will be playing once you get there. Since we are assured a spot in the playoffs, I think sometimes we get ahead of ourselves. When we should be concentrating on the game at hand we're probably thinking to next weekend instead. We have one

\* M.S.R.P.

game left in Truro against NSAC and then we will prepare for the finals."

At this time it looks like the Mystics will be facing the team from Kings in the first round of the playoffs scheduled for Saturday March 7. The final game for the championship will be played Sunday March 8 at 2pm in Truro at the Nova Scotia Agricultural College. The winner of the NSCAA Championships will travel to Toronto to represent the NSCAA at the CCAA National Championships. Final game for the championship will be played Sunday March 8 at 2pm in Truro at the Nova Scotia Agricultural College. The winner of the NSCAA Championships will travel to Toronto to represent the NSCAA at the CCAA National Championships.



Womens' basketball action, Wednesday night

#### NEW NSCAA LOGO

There is a new logo for the Nova Scotia College Athletics Association. The association has been working on it all year and has come up with this new logo. Now that the new logo has been decided on, the Mount will receive it's three 1991 provincial championship banners for women's volleyball, women's basketball and men's



### Men Lose Two

by Nadine Hines

The men's basketball team struggled through last week's games, winning one out of three. For the first time in three years, the team lost two back-to-back games.

The Mystics first and only win, was Wednesday night, when they hosted their cross-town rivals Kings College. It was close throughout the whole game, but the Mount inched by with a win, with a score of 69-68.

Top scorers were Derek Johnston 18, Andrew MacNeil 14, Tony Ross 11, and Anthony MacNeil 10.

The team's next game at TUNS, was a repetition of last year.

The last time these two teams met for their final game against each other, the Mount was defeated, Last Friday night the same thing happened. TUNS won 59-51

Top scorers were Andrew MacNeil 18, Mark Forward 12, Tony Ross 9, and Ray Adekayode

The Mount's last game of the week, was once again against Kings College. This time with home-court advantage, the Blue Devils de ted the Mystics 58-

Coach Plato has been patient with his team and has confidence in them, "He's not going to give up just because of two losses." stated the team's co-captain, Mark Forward who also stated the team's main problem was, "getting the ball in the basket". When asked about both games against Kings this pass week, Forward added, "Kings took advantage of key turnovers, we didn't".

With provincials this weekend in Truro, the team is now hungrier than ever. "it's better we did our mistakes now, then at play-offs" said Forward, "We are going there as a team and we are going to win as a team."

"Fans make the difference, they might not realize it but they really do." said Forward. So if you don't have a drive to Truro, it's not to late to buy a bus ticket from Athletics!



-Member of 1991 NSCAA Provincial Championship Team(3rd yr.)

-Most Valuable Player (3rd yr.)
-NSCAA 1st All-Conference

(3rd yr.)
-All Canadian (3rd yr.)
- MSVII Male Ath

-First MSVU Male Athlete of the Year (3rd yr.)

-Member of 1991 C.C.A.A. National All- Tournament Team (3rd yr.)

OTHER: -Halifax Intermediate "A" Basketball League



RUSSIAN PRINCE IS A REGISTERED TRADEMARK



## Recreation

## Mount students conquer Vincent Hill

by Katie Robson

An energetic group of students gathered on

Friday afternoon - and conquered the Mount! Conditions were perfect, with the sun shining, plenty of snow, fast to-boggans, and a gutsy bunch of mountain-riding students with heavy jackets to outsmart the cold.

"I was pleased," said Joanne Burns-Theriault of the Athletics/Recreation Council. "Lots of different people turned up for the event, and it was a great day for getting outside."

Tobogganing was a new experience for some students from Bermuda, who were giving it a go for the first time ever. Mitzi Clarke, from Bermuda, likened the new experience to 'table-top street sliding' when she was young.

"We would take tabletops (made from an older material called formica) and one person would watch for cars, while we would go down the street of a hill," said Clarke. "The street was really hot, and we'd almost burn a hole right through the tabletop sometimes."

Despite the cold on Friday and sore muscles from their first time sledding, Clarke and the other Bermudian students enjoyed the afternoon and their new found tobogganing talents.

"Going up the hill after sledding down, I was so excited I couldn't feel the cold," said Clarke with a laugh. "On my first time down, I thought I was going to die! Then we started falling and when we finally stopped, I found it didn't hurt too much at all,

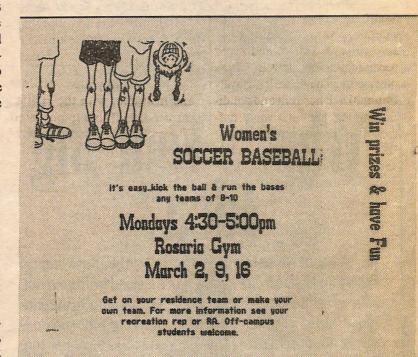
because of the snow. It was so much fun!"

Jennifer Higgins of Vincent Hall was another energetic sledder on Friday. Higgins is a seasoned garbage bag mountainrider, like many of the people in residence at the Mount, and had a great time on the real sleds which were provided.

""The toboggans were a lot faster," said Higgins. "I'd go all the time if I could!"

A fun time was had by everyone, and there were much appreciated munchies and delicious hot chocolate afterwards in the Vincent Hall lounge. The Athletics/Recreation Council hopes to arrange another 'Conquer the Mount' event soon, so pray for lots of snow and come out and join the crazies on the Hill!





## BASKETBALL FAN BUS TO PROVINCIALS

by Katie Robson

Come one, come all and cheer for your Mount Mystics at the basketball championships in Truro this weekend. Let's make some noise! Brace yourself for a blast of a good time on the biggest, best and most brilliant b-ball fan bus to ever burst on to the sports scene at the Mount.

"The number of students going up with the team has been snowballing," says Joanne Burns-Theriault of the Athletics Recreation Council. "This is the event of the year, and it promises to be great fun for everyone who comes out to support the teams."

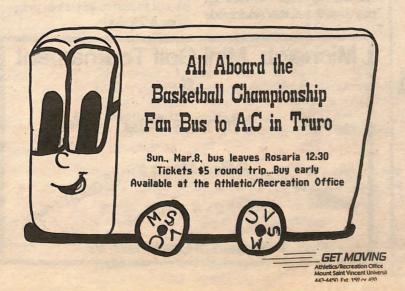
Any Mount students with strong throats, pots and pans, and lots of spunk and energy are welcome, and the Athletics Council hopes to fill the fan bus with enthusiasm.

At the championship last year, where both men and women won the coveted titles of provincial college champs, the Mount fans were the loudest, says Burns-Theriault.

"We were the noisiest there by far," says Burns-Theriault. "We even out-noised the home team! It was a great rush when both teams won and we were there to see it"

All screamers, pot-bangers and all students wanting to boost the spirits of our strong teams should meet the b-ball bus on Sunday, March 8, at the front door of Rosaria in time for a 12:30 departure. To ensure a seat on the bodacious b-ball bus, get your \$5 tickets in advance at the Athletics/Recreation office around the corner from the gym in Rosaria.

And some encouragement to a fan from last year, Alanna Mason - let's hope your faithful pot will last another championship!



## CHECK YOUR WAIST TO HIP RATIO

The waist to hip ratio (WHR) compares fat stores in the upper body with those in the lower body. You'll need a tape measure and a calculator to figure out if your future is a healthy one. Your percentage body fat, your height and weight all work together to indicate your health and general fitness. If two people are the same height and weight, the person who exceeds the recommended WHR will have greater risk for diabetes and cardiovascular disease than the person within his or her WHR guidelines. A woman's WHR should be .80 or under and a man's

.95 or less.

To determine your WHR, measure your waist at it's smallest point (just above your belly button) and your hips at their widest (around the largest part of your buttocks). Then divide your waist measurement by your hip measurement. For example, a woman with a 26 inch waist and a 37 inch hips has a WHR of .70 (26 divided by 37 equals .702) well within the recommended guidelines. You can decrease your WHR by reducing the fat in your diet and adding a fitness regiment to your daily routine.

## Feature

An only child, Andrea McIntyre had no experience "rough housing" with siblings. She hadn't learned how to defend herself. Recently, an old man approached her asking the time. Being a helpful sort, she was happy to help. As she moved her arm to check her watch, he grabbed her wrist, and forced her hand towards his crotch. But MacIntyre had other plans. No longer the defenceless little girl of her youth, now she was ready for anything. Calmly, confidently and in the blink of an eye, she slipped out of his grasp and was gone.

Although one might think she'd at least be a bit shaken up, she recalls the incident with a sense of humour. With a giggle that masks her amazement, she recalls: "Before I knew it, I was alone on the other side of the street. I still don't know exactly what I did." Something about Ms. MacIntyre had changed.

Where other women might be left the unfortunate victims of assault, MacIntyre was able to take control and avoid becoming another statistic. Where other women might be left gravely traumatized, her skill and conditioning left her relatively unaffected by the old man's stunt: "Before, I would have been really scared by that and walked around paranoid afterwards. But in that case, I wasn't frightened. I was only concerned for other kids on the street with that pervert hanging around."

She may not know exactly how it happened, but she does know why. For the last five years, MacIntyre, a research assistant atthe Mount's Institute for the Study of Women, has been practising the ancient Chinese martial art of tai chi. The tai chi form comprises a series of slow, graceful, mime-like movements, each reflecting principles of balance and fluidity.

Performed daily by hundreds of millions in China and around the world, tai chi is arguably the most popular, as well as one of the oldest, systems of exercise in the world. Enthusiasts are seen practising in city parks and fields, oblivious to the world around them and its countless stares. In their concentration and lithe motions, they resemble so many devoted followers of The Karate Kid.

Regular tai chi practice trains the body to be aware of and respond automatically to, its environment. With its trademarks of grace and precision, it has been called "meditation in motion." It has also been described as a combination of yoga and karate. The names of the various movements - like Grasp Sparrow's Tail, Part Wild Horse's Mane and Golden Cock Stands On One Leg -- evoke wondrous images of nature's harmony and further underscore the elegance of the ancient Chinese culture.

the mountains. Tradition has it that, while there, he was instructed by heaven through a dream, to combine aspects of Taoist and Shaolin training into what he called "the long boxing." Over time, this became known as tai chi.

For those interested in taking lessons, there are two schools of thought as to training -- those of the traditional Chinese and Taoist Society styles.

Choosing which one is right for you depends on your personal needs and training refound the society's sense of com munity more appealing. The difference between Taoist and traditional schools of tai chi seems to pivot on the issue of approach to teaching.

"By practising tai chi regularly," says Deming Zhuang, assistant professor of mathematics at the Mount who also teaches an intermediate-level of traditional tai chi, "you will improve your strength significantly and know how to control your balance and use your body in the right way while improving your

tality department and one of Zhuang's two, patient, tai chi pupils feels empathy for his teacher:

I can sense [Zhuang's] frustration in having to deal with North Americans. It's challenging for them to grasp a new idea like tai chi. They're losing out by refusing to acknowledge another way of doing things - and that goes quite deep. Most people won't understand that a simple exercise has all these things and that the moves are the learning, not the words.

Witt was introduced to tai chi at the society: "I got involved [with the society] due to curiosity and it seemed a sensible, well-balanced exercise routine with a reputation for improving healthand balance. When I was with them, some of the moves pushed me into flexibility and control."

Later, he switched to Zhuang's class at the Mount as it was closer, but he continues to study under Zhuang for another reason:

I prefer [Zhuang's class] by far - there's more depth. He teaches at the highest level and expects you to come to him, unlike the society. It's much more challenging than the society's style which is a lot gentler [his wife prefers it] and simpler in movement and theory. Many things are easy to achieve but in Deming's class it will take me a few years before I am even close to knowing the basics.

Witt says that, as a result of Zhuang's classes, his sense of balance has become sensitized and he feels healthier.

McIntyre agrees that the society's teaching style is westernized but reasons that this approach is necessary to assure its acceptance and growth in the west. It seems to have worked as there are over 60 Taoist Tai Chi Society locations around the western world. "It's the evolution of tai chi," she says with a smile.

Whether Taoist or traditional, when tai chi is practised regularly and diligently, the reported benefits of good health, serenity of mind and self confidence appear equal. Says McIntyre, "I can't imagine life without it, now."

# TAI CHI The Ancient Chinese Martial Art

by C. Michael Dunn

MacIntyre is a student and instructor with the Halifax chapter of the Taoist (pronounced "Dowist") Tai Chi Society of Canada. According to John Panter, the society's atlantic regional chief instructor and president, tai chi is:

a Chinese exercise system that encompasses three areas of interest: physical and mental health and self-defence. The important thing about tai chi is not that it covers thesethree areas but that it does them all in the same course of training, at the same time, with the three elements reinforcing each other.

Panter says practice trains the body so that the movements become second nature, like breathing. "Tai chi," he says, "literally means 'Grand Ultimate' or 'Great Endpoint.' It's that round [black and white] symbol with the two 'fish' on it. of which Yin and Yang are two halves, and is shorthand for a thousand volumes of Taoist philosophy."

According to legend, tai chi's roots go back almost 800 years to the Shaolin religion and a monk called Cheung San-Feng (pronounced "She-yung Sun Fung"). Cheung left Shaolin training and joined a Taoist group in

quirements. The society's style, which some instructors outside the society also use, consists of teaching all the movements first, then fine tuning them with each successive skill level.

The society's system was designed this century by its founder, the Taoist priest, L.S. Moy. It was designed to approximate westerntraining structures found in such sports as swimming, where gradation of skill level sets enthusiasts apart. This was done to make it more appealing to westerners.

On the other hand, the traditional Chinese method initially focuses on very few movements and the beginner may not learn the complete form for years. This method forces self-discipline on its students, making them focus on achieving competence in one motion before learning another. As a result, they must tame their bodies through taming their minds, and vice versa.

More western students drop out of traditional than Taoist Society-style classes, presumably because the rewards are held back longer.

McIntyre, for example, first took lessons in the traditional style but left because she

reaction speed."

Zhuang, born and raised in Nanching, China, and trained by a traditional tai chi master, recalls an experience he had at the Ontario Science Centre: "They had this device to test people's reflex speed and I was really surprised to see mine - it measured 'extraordinary.' I think that is a credit to regular practice of tai chi.

"Of course," he emphasizes," you don't get this [ability] over night or several weeks. It is the result of a long time spent in regular, rigorous exercise. Most importantly, by practising taichi, you turn your mind into a very quiet, serene situation, you achieve inner peace. There's no need for drugs or alcohol."

Zhuang teaches what he feels is unadulterated, traditional tai chi. However, he finds his expectations are unacceptable to most western minds. Learning from him requires a will to postpone one's gratification indefinitely: "Anyone who wants to learn, I'll be happy to teach. But lots of students are in my classes and don't want to learn - that's frustrating."

Paul Witt, a lecturer for the Mount's tourism and hospi-

### VOX POPULI-

## In What Context Do You Prefer To Use Poultry?



"At my parole hearing."
Joel Simourd,
Fourth Year, BSc Honours,
Biology



"As a floatation device for life guarding." Pa Lemon, Second B.A. Psychology



"In cooking." Stephen Nickerson, Fifth year BSc, Math



"To knock noisy upper fourth floor residents over the head." Andrea Mailman, Third year, Human Ecology



"To use as my opening act in the muppet show." Stephanie Atkinson, First year, B.A.



Blah Blah Blah! Mike Isenor, Sorry Mike

### ACADIMIC ACADIMIC FREEDOM CATALYST FOR DEVELOPMENT

Ciscurse of universities, killings, deportations, disappearances and detention of academies out students, conscratig, financial restrictions, discriminatory practices, detailed presention, constrain of regulations, restrictions on freedom of association and expression - how do those velations josperiize the presens of rational and chilari global development?



March 5, 1992

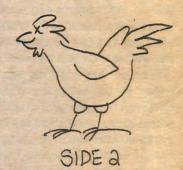
Council Chambers, Student Union Building Dalhousie University

10:30 am - 11:30 am Round Table 12 noon - 1:30 pm Faculty/Student Open Forum 2:30 pm - 4:00 pm Seminar

#### March 5, 1992

Private Dining Room, Loyola Building Saint Mary's University

7:00 pm - 9:00 pm Lecture Dr. Hema Goonatilake Mr. Sehoai Santho



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