



The Picaro

Mount Saint Vincent University

March 18, 1996
Volume 31
Number 12

MOORE WINS BY ONE VOTE! 113 CLATTENBURG VOTES DECLARED SPOILED

by Peggy MacKinnon

Sheri Moore has been elected as Mount Saint Vincent University's Student Union President for 1996-97. It was a close call — Moore garnered a total of 170 votes, with Alanna Mason running a close second with a tally of 169. The third candidate, Andrew Clattenburg, was disqualified for what Marina Harris, Chief Returning Officer, describes as "breaking election campaign regulations." Harris declined to elaborate further on the details of Clattenburg's disqualification, but said that 113 of the 115 spoiled votes were for Clattenburg.

Moore served as Executive Vice President in 1994-95 and 1995-96, and her experience includes serving on nine university committees. She identifies her mandate as twofold: First, to establish a consultation process to deal with the rationalization issue, and second, to develop a system

of internal communication, laying the groundwork for a more open relationship with societies, organizations, and those who, up until now, have "not been able to be part of the consultative process," she said.

Sheri characterizes the past few years in her work with Student Council as a time of setting up a system. Now, she said, is the time to determine "how we define ourselves and our goals." Moore plans to gather the executive and work on goals for organization, so that they can function in a structured system.

A third and more immediate task facing Moore will be her work as student representative on the Search Committee to select a new University President, as a result of the resignation of Elizabeth Parr-Johnson. As of July 1st, the University President's position will be vacant, and Moore "would not feel comfortable with that." Her past experience serving on the Board of Governors

gives Moore the confidence that she can adequately fulfill her responsibility of "making sure the students are consulted."

When asked about her feelings about achieving a one-vote victory, Moore said that this proves not only that "really strong candidates, really good people got involved this year," but also the fact that every student's vote counts. "Their vote does make a difference," Moore said. Finally, she downplays the significance of the narrow margin of victory, saying that the office of President is the "least important of all the jobs — you've got to have a really good and strong team."

Our incoming Academic Vice-President is Sarah Clarke, with 227 votes. Her rival for the position, Karen White, earned 177 votes. Clarke's previous experience includes serving on the Board of Governors during 1995-96. Clarke states that her man-

continued on page 3

"No Comment"



Kermit the Frog reacts to questions about student elections while on tour at the Mount promoting recent movie (see review pg.13)

POLLS CLOSE, CANDIDATE AXED

by Robin Boudreau

Andrew Clattenburg was disqualified just moments before the ballots were counted in last week's Student Union General Elections.

Chief Returning Officer, Marina Harris said there are three witnesses, whose names she would not reveal, that overheard Clattenburg actively campaigning during the time in which it wasn't allowed. An emergency meeting was then called to deal with the situation. However, only the testimony of one witness was heard at the meeting.

"At our meeting," Harris said, "the Elections Committee decided that, as far as we're concerned, he breached election

campaign regulations, therefore had to be disqualified."

However, Clattenburg said he didn't say anything about his campaign platform after the time he wasn't supposed to.

"Why would I?" he said. "I knew Student Union was watching me. During the two election days, when I wasn't allowed to campaign, people came up to me and told me they voted for me. So I said, 'thank you.' What was I supposed to say, 'Get lost'?"

In any case, Clattenburg said that when he was notified that afternoon about his possible disqualification, he was told the witnesses would be at the meeting and have a written testimony.

"I haven't seen anything in writing," Clattenburg said, "and

I don't even know who these people are...Marina said they'd be at the meeting, but they weren't there."

Harris denies saying the witness would be there. She said there is no written submission, but they will be getting a copy.

However, the principal witness requests that her name be kept anonymous.

"We can understand that," Harris said. "And, although the other two didn't request anonymity, it's just better for those involved if they're not named....The decision is up to us (the elections committee), no one else needs to know who the witnesses are."

However, after meeting with the first witness, then

Clattenburg, their (elections committee) decision was unanimous, Harris said.

"We notified Andrew, then counted the ballots," she said.

The 113 votes Clattenburg did receive were deemed spoiled.

"He was no longer a candidate," Harris said. "So, the committee considered this the best way to deal with the ballots. This was the only category we could put them under at that point."

For some, this is a problem as one student says how unfair it is to those voting students.

Kathy Young, Arts Rep on Council said, "I was disappointed with the Clattenburg disqualification. His votes should count. It is not fair to the voters, because they thought they were voting for a legitimate candidate; their votes were wasted. This puts the other candidates in a precarious position, as it throws the whole election into dispute."

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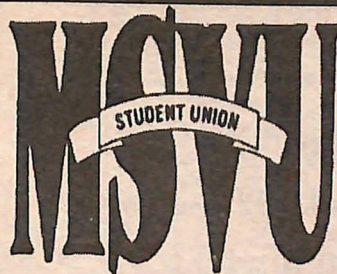
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The HOMEPAGE

1996

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Damhnait Doyle

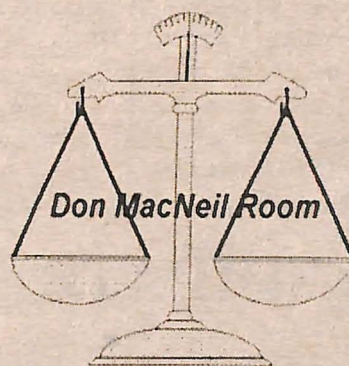
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MOORE continued from page 1
date is to inform all students about changes that will occur as a result of Rationalization, and to make sure that information reaches the students through the societies, and with the help of Councillors and other Student

Union Representatives. She wants students to be well-prepared for the changes resulting from Rationalization, and plans to hold more information forums such as the one held in February. Initially, these forums will be oriented on a student-to-student ba-

sis, with the gradual introduction of administrative representatives.

Clarke indicates that she voted against ending MSVU's affiliation with the Canadian Federation of Students, but indicates that she was "torn" between a Yes or No vote. Her concern is that, while in the past, the Canadian Federation of Students has not been an active presence on the MSVU campus, it should perhaps be "given another chance," she said, in the face of the potential obstacles posed to this university by Rationalization. She is apprehensive about whether Mount Saint Vincent as a university will have a voice with the Government, without CFS acting as its lobby group. Clarke plans to make herself as accessible as possible to students at the Mount, and indicates that questions or concerns are welcome: "I'll be there for them."

The position of Internal Vice-President has been won by Reyn Gray (258 votes), over James Tilley (164 votes). Charles Williams, the only candidate for Executive Vice-President, received 344 votes accepting him for the position. Rhonda Coleman has attained the position of External Vice-President, with 366 voting in favor of her holding the office. Our new Board of Governors Representatives are Robert Batherson, with 331 votes in his favor, and Gin Hing Yee at 342 votes. Tracy Ward won the position of Business Representative (77 votes).

On the referendum question, "Do you, as a member of the Mount Saint Vincent University Student Union, wish to terminate your affiliation with the Canadian Federation of Students (CFS) as a full time member?" the voting population of the University presented a strong "No" vote, with 279 voting no, and 103 registering a "Yes."

A random poll of the student body resulted in the conclusion that an overwhelming majority of students did not vote, and were not aware of the results of the election. Many students felt that, as this is the most work-intensive part of the academic year, the elections are held at the wrong time. Given the close margin of victory, and echoing our incoming President's thoughts, we are reminded of the power that we wield when we choose to exercise our democratic rights.

CFS referendum overturned for voting violations

SOURCE: Atlantic Bureau, Panther Prints
by DAVID COCHRANE and AMY GALLAN,

(ARCUP) — Controversy over voting procedures has resulted in the overturning of a referendum at the University of Prince Edward Island.

In the last weekend of January students at the University of Prince Edward Island (UPEI) voted to leave the Canadian Federation of Students (CFS).

The results of the referendum were eventually overturned by the UPEI Student Union when it was discovered that an old voters list was used and some students' names were excluded from those eligible to vote.

The CFS has written a letter to the UPEI Student Union refusing to recognize the referendum results and threatening a lawsuit if the de-federation mandate was accepted.

Guy Caron, national chair of the CFS said the CFS is not opposed to UPEI holding another membership referendum, but he wants to see a proper voting process followed.

On March 8 the Student Union submitted their six month notice to the CFS and will hold another referendum in October. After overturning the referendum the UPEI Student Union adopted the PEI Elections Act to as a guide to ensure that the same mistakes do not happen again.

Election Results:

Out of almost 4,000 students, here's how 473 of you voted

President (total:473)

Spoiled: 115	24.3%
Alana Mason: 169	35.7%
Sheri Moore: 170	35.9%
Abstain: 19	4.0%

Academic V.P. (total: 468)

Sarah Clarke: 227	48.5%
Karen White: 177	37.8%
Abstain: 64	17.7%

Internal V.P. (total: 471)

Reyn Gray: 258	54.8%
James Tilley: 164	34.8%
Abstain: 49	10.4%

Executive V.P. (total: 470)

Chuck Williams	
Yes: 344	73.2%
No: 51	10.9%
Abstain: 73	15.5%
Spoiled: 2	0.4%

External V.P. (total: 471)

Rhonda Coleman	
Yes: 366	77.7%
No: 31	6.6%
Abstain: 74	15.7%

B.O.G. Rep (Total: 472)

Robert Batherson	
Yes: 331	70.1%
No: 39	8.3%
Abstain: 96	20.3%
Spoiled: 6	1.3%

B.O.G. Rep (Total: 460)

Gin Hing Yee	
Yes: 342	74.3%
No: 35	7.6%
Abstain: 80	17.4%
Spoiled: 3	0.7%

Business Rep (Total: 96 votes)

Tracy Ward	
Yes: 77	80.2%
No: 4	4.2%
Abstain: 14	14.6%

THE NEXT ISSUE IS
THE SICARO,
WANTED: FUNNY, SICK,
UNREALISTIC STORIES.

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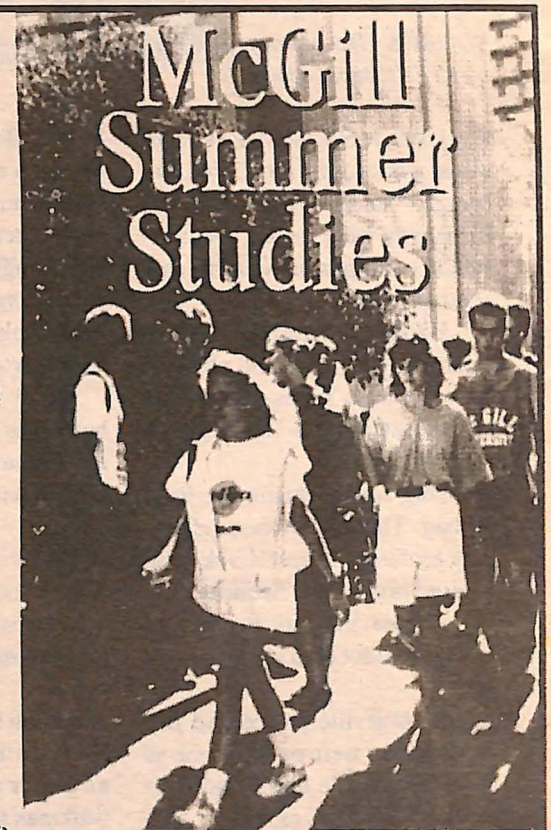
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Alumni Donations Go Sky High!

by Brian Kerrigan

"WOW!" That's what the sign says on the Alumni office door. It's also the best way to describe the results of their recent Phone-a-thon.

A total of \$25,498.25 was raised over eight days, roughly 2.5 times the goal set for this year.

"We got 163 new donors, several of those were students," says Mary Barker, Manager of Development at the Alumni Office. "I think what really pleases me more than anything else is the willingness on the part of students to commit and say, 'I'll go without a coffee for two days' because they realize how important it is when you go after the big dollars."

Those big dollars come from corporate sponsors. Most corporate sponsorship plans are based on the number of donors, not the amount each donates. Increasing

the donor base was one of the three goals of the phone-a-thon, along with updating alumni records, and increasing funding.

The Phone-a-thon was organized by two Alumni, Pat Whitman, a graduate of both the Academy and the University, and Susan Gray, a BPR grad.

A group of 84 volunteers, comprised of students, faculty, staff, and alumni worked the Phone-a-thon. Logistics for the fundraising worked around freeing phone lines normally used by the Open Learning Program. As well, volunteers patiently went through training to deal with things like confidentiality and to learn background on the use of the funds.

Money raised by the Phone-a-thon will be used toward scholarships, bursaries, special programs and other areas of the Mount's work.

Acadia bomb scare forces evacuation

SOURCE: *The Athenaeum*
by STEVE MacDONALD

Wolfville, N.S. (ARCUP) — Students working in the Elliot and Huggins Science Halls at Acadia University were forced to evacuate the buildings on March 8 due to a bomb scare.

Exchange student Gareth Thomas, a business and chemistry major from Wales, had just set his knapsack on a lounge table when he noticed a ticking sound emanating from the bag. Thomas contacted chemistry professor Ernest Zinck, who advised him to call Security.

Acadia Security decided to evacuate Elliot Hall to ensure student safety. Wolfville police and fire departments were on the scene as soon as possible and decided to evacuate Huggins as well.

A call was placed to the

RCMP Bomb Squad from Halifax, who arrived approximately one and a half hours later. The bomb squad entered Huggins through the backdoor using a remote control robot which had been used in an earlier Wolfville bombing.

The ticking Thomas had heard was eventually attributed to a walkman inside his backpack. Once it was determined that there was no threat to students, the buildings were re-occupied.

Thomas was surprised that the walkman would make such a noise. Although he knew he had left the device in the bag, he felt there was no power available to enable the walkman to "tick."

New Awards Recognize Students

by Picaro staff

On March 26, one MSVU student is going to be given \$1,000.

The new award, recognizing a student for his/her community volunteer work, is one of two new prizes honouring students at the annual Awards Night 1996.

The other, the Student Union Women's Recognition Award, will be presented to a female student involved with the university community and women's issues on campus. Nominations for these awards are open until March 20.

But these are just two of the awards to be handed out. Students will also receive prizes for their roles in academics, student affairs, alumanae, athletics and Student Union.

Sheri Moore, Student Union Executive VP, is excited about the new awards. The \$1,000 community service award, donated by Scotia Bank, must go to a student not in a Student Union position.

"We try to acknowledge someone who's not recognized as a student leader, but obviously is through their work," said Moore. She welcomes all students to nominate candidates for the award and to attend the banquet.

"We don't want to see the same faces - we want to see a real diverse group of people get out. It's open to the whole university community to nominate other students."

For more information about nominations, see the Student Union office. Tickets for the annual Awards Night Banquet are \$15 and are available at the Corner Store.

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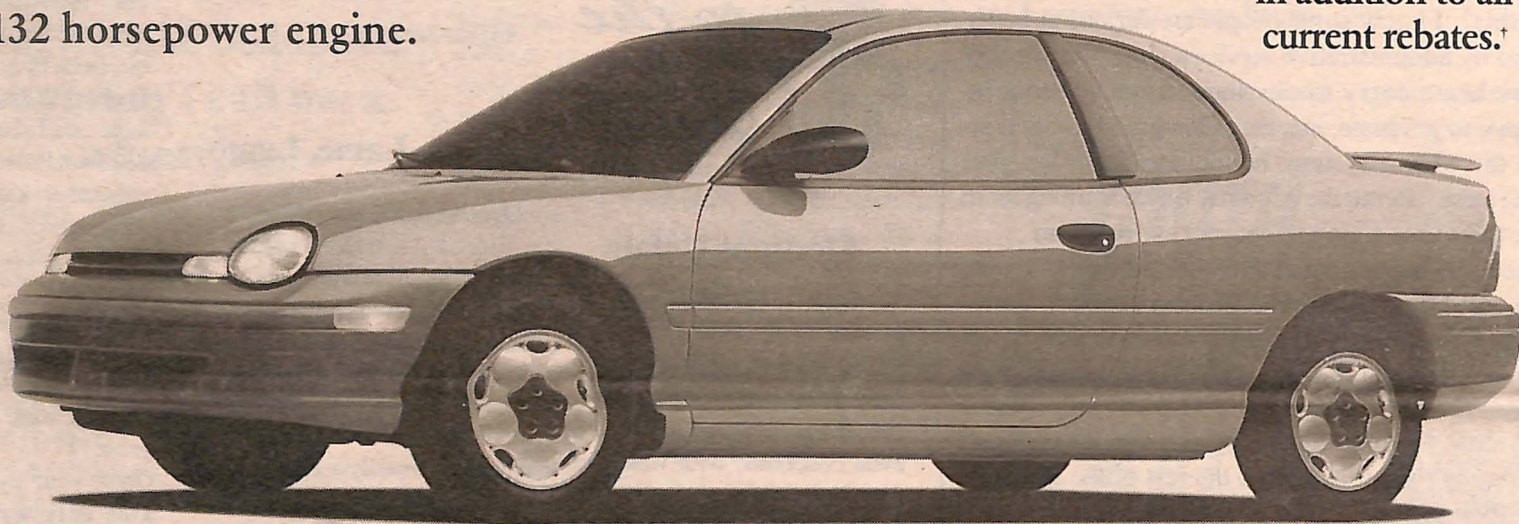
*Valid until April 31.

**ONLY ONE MORE ISSUE
OF THE PICARO LEFT!
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OPINION

Editorial

Hello, is anybody out there?

There's something very strange at the Mount, something noticeably absent - school spirit. Is anybody here because they want to be?

In just a few short weeks I'll be writing my final exam here at the Mount. Three years, another chapter of my life over. I don't think I'll be feeling too much nostalgia.

Few people seem to be proud to be part of the Mount community. To some, it's almost an embarrassment to admit this is the university we attend. This really hit home the other day while I was in class. My prof had noticed the posters advertising the Public Relations sweatshirts. She wondered why the design had included "Public Relations, 1996," but didn't mention the Mount. One of my classmates, an active member of the PR society, piped up. She said there were several students who said they would refuse to buy the sweatshirts if "Mount Saint Vincent University" was on them. So much for being proud of your school.

Why is this? I know some people are furious at being jerked around by administrative services. Just over the last few days, I've heard angry stories about financial services, the \$50 we pay to graduate, etc, etc. One grad I know is so fed up with the Mount system, he included with his grad information a terse letter to the Alumnae office warning them not to waste their time trying to get money from him.

I can't see this happening at another university. I went to Mount A and loved it. Would I recommend it? Absolutely. But last week when high school students shyly followed Mount student guides around campus, I had to fight back the urge to warn them away. There is no cohesion here. The Mount isn't one big happy school. It's different groups, alienating themselves from the rest of the students, working for themselves.

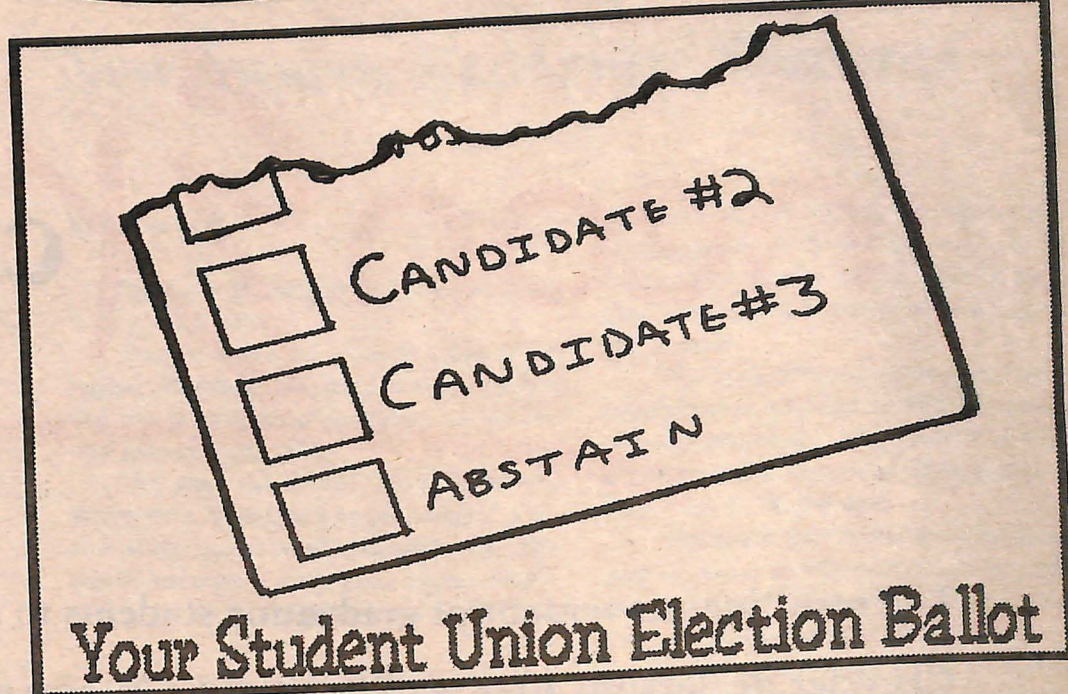
Recent events haven't helped much. The Student Union elections have highlighted what I hate most about university. Other students feel the same - a general feeling among grads I know is "thank god I'm getting out of here." In case you hadn't heard, one of the presidential candidates, Andrew Clattenburg, was disqualified from the elections just after the polls closed by the elections committee. Supposedly, he was actively campaigning, but there doesn't seem to be much proof and Andrew wasn't given a chance to defend himself. So much for "innocent until proven guilty." To me, this another example of groups at the Mount working for themselves, not for the good of everyone.

Andrew said a few weeks ago, "If you have good ideas and run an honest campaign, you can win the election." Yeah, well, sorry, Andrew, sometimes, in some places, you don't get the chance. This wasn't the first time the election powers that be had tried to get Andrew out of the race. But despite the rollercoaster the elections, Andrew is forgiving, kind and most surprisingly of all, not bitter. He is philosophical about the whole experience.

Maybe if more people at this school had the same spirit as Andrew, the same desire to make everything alright, more people would be proud to be a member of the Mount community. Maybe instead of fighting against each other, we'd be glad to be together.

Andrea Bannister

Editor's note - Some readers are confused over what is a news article and what is an opinion piece. If it says "Opinion" at the top of the page, that's what it is, someone's opinion - not a news story.



Letter to the Editor

Elections Unfair

To Whom it may concern:

I am a fourth year science student here at the mount. In that time I haven't been involved or even concerned with what Student Union does. However due to recent events I felt I had to say something. The problem - this years Student Union Elections. What are the problems that I'm talking about? For starters, the lack of nomination posters stating which positions were open or when the deadline for nominations were. The second problem, the treatment of Andrew Clattenburg throughout the campaign week. What I am talking about you might be asking yourselves. Well the fact that his Picaro ad was approved by the CRO (Chief Returning Officer) on Friday, but claimed illegal on Monday afternoon. Also the fact that he was disqualified as of 7:30 p.m. on Wednesday March 13th, for allegedly campaigning after the polls opened. I'd like to know when this occurred or who "supposedly" heard him.

If your going to be disqualifying people, why not Alanna Mason who was seen sitting at the polling station on the morning of the 12th, talking to the CRO. Alanna technically had no business being near any polling station except to vote. In conclusion I would also like to add that Joe Strolz had no business monitoring a polling station is this not a conflict of interest for him. I'm

sorry I feel that this whole election was a joke and a waste of my \$100 Student Union funds.

Angela Jarvis

Lame, Lame, Lame

Open Letter to the Editor:

I remember coming to school on Monday and seeing the graffiti on our stairway, and remarking to my girlfriend at how it was new. I kind of thought to myself how refreshing to see a bit of decadence in what is usually a very dull and rigid campus. After doing minimal tasks in our library, I was amused to find that sandblasters had been called in to remove this "eyesore" promptly. The only thing I could think of after witnessing this was how lame this school really this is.

The lameness didn't end, however. What made me even more depressed about this breeding ground for mediocracy and devil's advocate is that the Picaro, in its relentless pursuit for any trivial news to fill its pages, printed not one, but two articles on the "Bomb Squad." This latest fixation on overtly boring and irrelevant "news" has simply helped to culminate another monotonous year; thanks in part to C man's ineloquent rambling about how gays "aren't as bad as criminals," and The Picaro's pathetic reoccurring focus on how SMU beat us in the incredibly important MacLean's (sic) university issue, I have come to believe that the dreary bulk of The Picaro's publishing reflects Mount campus life in general. I think that if the Pic truly wants to represent the Mount student body and its concerns, it would cease to exist as there is no collective body.

Lastly, in response to Hebert's article entitled "What or

Who is the 'Bomb Squad'???", I would just like to remind all the lovers of our campus that before our "beautiful school" existed, there thrived a very beautiful forest, field, bog, or some other ecosystem. I know this may seem lame, but I shall close with a few Ten Foot Pole lyrics (as best I can remember) that I feel are somewhat appropriate:

They say it is ugly, they say it's an eyesore.
Remember they're the ones who build department stores,
They put ads in every window,
Asphalt were the grass used to grow.
Open your eyes, your fighting kids only want to make their mark,
Everything else you took away, left them in the dark.
Open your eyes.
Your war is not about beauty, it's about rights and choice,
Speech isn't free;
It's only for those who can afford to raise their voice.

Caley MacLennan

French Profs Speak

Dear Editor,

We are writing to respond to the anonymous letter to the editor which appeared in The Picaro of March 4, 1996, "Never a Discouraging Word - Not!"

This letter contains inaccuracies, slanderous remarks and vague, unsubstantiated accusations.

The student claims that she has been "discouraged at every turn" and blames the whole French program, which she purports to be familiar with. Discouraging people is not our intention, but the letter gives us no way to understand what form this discouragement took. Low grades?

OPINION

The Death of Canadian Culture at the Mount

Todd Brayman

The morning was cold as I rushed for the arena doors. Hockey, you see, was a big thing where I grew up. Even the early morning arrival was no deterrent for my mother's attendance. In a great rush to get into the dressing room, I brushed by my Mom going into the main doors of the rink. What was to happen next was a lesson I would never forget. Half way through the door, I felt a

Call me conservative, call me old fashioned, but don't call me a chauvinist

strong tug on my ear. A combination of the cold and pain, I quickly turned to find out who was the giver of this unwanted gesture. It was my Dad. Although the emotion of the day seems so far away to me, my father's words still mean a great deal. "Todd, be a gentleman, be polite and hold the door open for your mother." Polite, proper, respect, all words that my parents taught me were important to a person's character. I would hope that my parents and friends see those characteristics in me today.

The morning was cold as I rushed for the university doors. In a great rush to get in the doors to the library, I felt a tingle in my ear. It was Dad's message coming back to me. "Todd, be a gentleman..." As I looked around, sure enough, there was a young lady walking behind me. As I held the door for her, I felt a sense of pride that I remembered the lesson I was taught so long ago.

The letter only mentions material from French 214/215, a grammar course which includes readings, the first course in the major program. We are therefore assuming that "every turn" does not include courses beyond the introductory level, courses in Francophone Women's Literature, Quebec Literature, French Poetry, Drama and all the rest. The Modern Languages Department's grades are in keeping with the Mount average, so if the discouragement came in the form of low grades, perceived as unfair,

Very quickly though, my dad's pride in me was forgotten as I was shocked to hear the young lady say "What's wrong, don't you think I can open the door for myself?" As I stood there in shock, the girl waited for a second, opened the door opposite me for herself and walked in. An isolated incident maybe, but this was the day that part of Canadian culture died for me.

Call me conservative, call me old fashioned, but don't call me a chauvinist or what I hate most, "a typical man." Somehow I think that if the typical man opened doors for ladies and was polite, proper and respectful, that would be a good thing.

So my thought for this week is quite simple. For the rest of my life (my dad would be proud), I will continue to hold doors open for my wife, I will continue to open car doors for my wife, and I will continue to walk on the outside of the sidewalk. Not as a sign of dominance, not as a means of control and not as a method of identifying our positions in life. These gestures are merely a sign of respect and concern. I would hope that those whose these gestures as something more than they were intended would stop, say thank you and walk through the doors being opened for them all over the world.

the student should take advantage of the appeal process at the Mount.

Nowhere in the letter does the anonymous sender state that she has been doing good work, however unrecognized. The letter states: "if a student should have an opinion other than that of their professor, well, the marks quickly disappear." Grades do then seem to be at the root of the complaint and, by publishing the letter, *The Picaro* has printed a serious charge of unfair discrimination. We would suggest that a student who feels herself to be a vic-

Tracy Ward

How many of you know that Mount Saint Vincent University no longer produces an annual yearbook? Probably not very many. I know because I asked some older members of the Student Union. I was promptly told that they stopped printing the books in the early 1990's because of the lack of interest. I thought that was outrageous! No interest - hah! That was until I heard the facts.

In the last three years of the yearbooks' life the cost of producing the books was in the area of \$20,00 for approximately 400 yearbooks. Well, I thought to myself, the graduating students

must have picked up theirs, after all, they're FREE! Again, I got the facts.

In 1991 there were about 15 books picked up. If you work that out, it cost us students about \$1,500 a book (a little hefty, don't you think?). There was too few people on the yearbook committee and too little time. The Stu-

If you work that out, it cost us students about \$1,500 a book

dent Union of the day saw no other alternative, they shut the process down.

But, then a few of my friends and I came along, since I'm on

the Student Union, I was nominated to bring up the yearbook thing. So I did.

I presented the Student Union with a yearbook plan and the Union decided it was worth looking into. There is now a newly formed ad hoc committee (chaired by me) to see if we can get the yearbook presses again (figuratively, of course). Call me optimistic, but I think it'll happen! So if any of you out in reader-land would like to help or have a say one way or the other, drop a message off at Student Union for me.

Oh, by the way, if any of the Mount graduates of the past years are interested in picking up their copy, there are a couple of thousand yearbook's in Joe's old office. I'm sure he'd be glad to see the books with their rightful owners.

tim of such discrimination take her work to the department head, and ultimately to the Appeals Committee. However, until there is proof to the contrary, this accusation is clearly libellous and we are seeking advice on pursuing the matter further. It appears to us that "name-withheld-upon-request" has failed to provide a specific enough charge for the person or persons accused to defend their reputation.

The student makes an apparently forceful criticism of the course material, yet shows a poor knowledge of said material. The student claims that she has been forced to read "pages and pages of racism and sexism". We recognized the one short story referred to in the article as "Le petit homme", by a Quebec author of the 1960s, Jean Hamelin. This, like most of the stories in this course, comes from an anthology of works of fantasy also used frequently at other metro universities, with no problems to our knowledge. The short stories introduce the students to various cultural perspectives from all over the francophone world.

The short story in question presents, in our opinion, a mildly nationalist Quebec perspective, which was carefully placed in context by both professors who teach this course: we can only wonder if the student was present at the class where that contextualization occurred.

We are disappointed that *The Picaro* agreed to publish such a misleading article.

The French Faculty of the Modern Languages Department

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FEATURES

Table for Two



Restaurant Reviews

Cafe Chianti

by Leanne Mosher

If you are looking for great Italian food and a unique atmosphere, then do yourself a favour and stop by Cafe Chianti located at 5165 South Street (corner of South and Hollis, across from the train station at the old Nova Scotia Hotel [Halifax Hilton] - phone: 423-7471, on the local Metro Transit bus route). It is in the basement of an old building (where the old Gondola restaurant used to be many years ago). The decor is not much to talk about but it is clean and inviting. The restaurant consists of rooms that open up into each other so you can have some privacy if you are with a large group of 'party people' or you can sit near a connecting room and watch the activity going on in a couple of rooms at once. Their speciality is Italian food but they serve a number of other delicious dishes. The prices are great, especially their 'daily specials'. Even students can afford to eat there.

When you enter the restaurant, you are immediately aware of the warm and cosy atmosphere. The lighting is really dim but as soon as you are welcomed

and then seated as the waiter/waitress lights the candle on your table. Their wine menu is great and you can relax and talk while you are waiting for your food order to be taken. Once your food order is taken, the waiter/waitress places a basketful of bread and a dish of whipped butter on your table. It is worth checking this place out just for the delicious bread they serve - I guarantee that it's among the best served anywhere. Their service is terrific - they even replenish the bread basket when it gets low!

In my own true fashion, I ordered - yes, you guessed it - a chicken dish, "chicken and vegetable stir fry" which was served on a bed of rice. I was served a really generous plateful and it was absolutely delicious! (I made a mental note of all the vegetables in it and later in the week I made my own 'chicken and vegetable stir fry' on a bed of rice - and it was really tasty but it didn't come close to Cafe Chianti.)

If you still have room for something sweet, there is always the dessert selection which is mouth-watering and includes cheesecake that is heavenly! We ordered a few selections and took of coffee before going back out into the 'real world'.

The staff are super nice and they are always near when you want something yet at the same time they don't bug you by hovering over your table. Another thing that makes Cafe Chianti a nice place to go is that there seems to be lots of available parking. There are numerous parking meters in the area, or if you prefer, there is lots of parking on the side streets.

Tales from the Beach!!

by Jason Wingo

Pondering the thought of soft, warm sunshine cascading down on this poor soul of winter and mirth [resident of Halifax, Nova Scotia], this writer was enveloped in supernatural like bliss. On Feb. 16/1996, a dream...and a streak was realized when this gringo first stepped onto the heavenly train thrills bound for it's spring break destination...Daytona Beach!

You see, for the past seven years, this bench mark of better things to come in the future for me has been this exalted journey to that small hunk of land in Florida where thousands of would be party crazed maniacs surface together. It is here that the phrase, "hell on earth" is aptly named and deserved. Yes my friends...oh God yes! With a hardy band of swashbucklers, mental patients, and escapees from an alcohol refinery determined to "research" their current mode of employment, we hopped on the sun bandwagon.

As a gringo of strength and

guile, my purpose was to maintain the gringo traditions passed down throughout the ages: brazen, sassy fun! Accompanying myself, Wingo, was other notable gringos such as Buddha the Great, Digit the daft, Kish the tootsie roll, Julie the generous, and Wandl the love crazed [whatcha whatcha want] goofie. After an intense, not to mention tiring as hell, 40 hour exertion down the eastern seaboard [combination train/bus ride], we arrived at our destination. Fraught with anticipation, we took our first steps to greatness on Sunday afternoon, 2:07pm/34sec.

The week itself consisted of a number of mind numbing experiences too explicit to mention in this rather uptight school forum, so I will simply say that everything that you are imagining in your collective, devious minds right now happened on a regular basis. The bars [which could be christened silicon valley], had their perks for both genders to enjoy themselves. The beaches were filled with much the same, as were the ho-



tels. For seven days and nights we, your fellow Mount friends and comrades had the kind of fun that only the Gringo Gods could conger up for us. On that final grave Saturday morning [9:45am/21sec], when we had to depart our sanctuary of bliss and newly found happiness, many things were streaming down: tears, sunshine, and the results of one last night of crazy fun all over the bus floors and streets in front of our hotel...the Fountain Beach Resort [which should have been renamed the stupid pathetic worthless piece of crap place of Now I am back at Mount St. Vincent to complete my degree in Public Relations and leave this place which prevents me from returning to the sunshine state for a much needed return 8th visit to Valhalla. For those who did not have the opportunity to go on Spring Break this year...well there's always next year[and travel brochures!] Until the next words are spoken.....

NOTEBOOK DOODLINGS

by Jeff Marginson



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FEATURES



March is Nutrition Month

by Jill Tokach

March is a great month to recognize the benefits of good nutrition. During this time of year, university life can become very stressful and this is one reason why good nutrition is vital. Your body needs the proper input to obtain maximum output and the best fuel is nutritious food.

Healthy eating is a way to provide you with essential nutrients and reduce your risk of diseases, such as heart disease, cancer and excessive body weight. It is important to have a positive attitude about food, because it enables you to enjoy good health. It also promotes general well-being.

Some guidelines to remember when you practice smart eating are:

- enjoy a variety of food
- eat fresh fruits and vegetables
- choose lower fat foods and leaner meats
- snack on oranges, bananas and apples
- choose whole grain breads and cereals

Muffins can be part of a well-balanced lunch, or just a tasty snack when studying. This is a quick and easy recipe.

Oat Bran Raisin Muffins

1 cup	oat bran
1 cup	whole wheat flour
1/4 cup	packed brown sugar
2 tsp	baking powder
1/2 cup	raisins
1 1/4 cup	milk
1	egg
1/4 cup	molasses or liquid honey
2 tbsp	vegetable oil
1 tsp	grated orange rind

In a large bowl, combine oat bran, whole wheat flour, sugar, baking powder, and raisins. Add Milk, egg, molasses or honey, oil, and orange rind; stir just until combined. Spoon batter into nonstick or paper-lined muffin tins. Bake in 400 F (200 C) oven for 20 minutes or until firm to the touch. Makes 12 muffins.

* Source: Lighthearted Everyday Cooking - Anne Lindsay

Nowhere but now

by Marco Tejada

Unsung

Marty was tired and it looked like rain coming. He peddled faster, tucked his chin low against the biting March wind, cursed it. Twenty minutes and seven blocks late for his shift at the gas station his chances of keeping the job were slim. He couldn't think of one reason to go besides the fact he needed the money; and that made it worse.

He wheeled to the head of a line of cars idling in front of the CBC building, peeking through their windows as he slowed. The people inside didn't look warm and satisfied like he'd imagined. Some lit smokes, others sipped coffee from ridiculously large plastic mugs, most stared blankly ahead. Marty was surprised at how bored they looked. Bored and somehow vacant.

The stench of smoke, stale ale, three messages greeted him. He punched the button on the answering machine and started clearing bottles and ashtrays off the table. The machine whirred and clicked, the bottles chimed in his hands as rain strummed against the west wall.

"Hello, Marty? Bill here. Ah, listen, Marty, I'm sorry but we're gonna have to let you go. You can't say I didn't warn you about this. It's your ninth time late, son and I've got people who'd give anything to have this job..." Marty found a bottle with some left, took a pull, grimaced. Waited for the next beep.

"Hey Marty, wicked time last night, man. Uh, sorry about the window. Anyways, I'm missing a bag of...stuff so make sure you don't throw anything out 'cause I'm not sure where I hid it." Marty heard him drag on a cigarette. Whoever he was. "Christ it's early! I'll be by around six tonight and oh yeah, you better talk to Erin man, she was real pissed last night. Ok I'm outta here." Another beep. It was Erin.

"I took most of my stuff while you were passed out. I couldn't find my gloves but I don't care, keep 'em." A pause. "I can't deal with it anymore! - we're finished, it's really over this time, Marty! We're through."

The machine beeped whirred and clicked, resetting itself, eager for more bad news. Marty toasted its efficiency, drained the bottle, threw it against the wall.

Oh well, he figured, no job,

no booze, no woman - I've been here before. He surveyed his realm: rain pouring through a broken window, gouges in the table, burns in the carpet, broken glass everywhere and hello, a note by the door. It wasn't there this morning. He skimmed through it.

"...excessive noise and numerous complaints...in violation of Tenant Act...forced to call the police...we have no alternative...vacate the premise by the date indicated below...we will be forced to take legal action..."

Great. Just F__ing wonderful. Sure it was a hole, but it was his. Damn! He cleared the futon, noticed Erin's gloves tangled in the dirty sheets, cast the pile to the floor. "Crazy bitch," he muttered, struggling to remember what he did to piss her off this time. He recalled yelling at someone last night, possibly a woman, screaming, "Get the fuck out! Get the Fuck out of here!" Maybe that was it. Tough. He didn't discriminate, he treated everyone, including himself the same way: poorly.

He scanned for the phone. It was a black hand-held portable unit. He found it under the table, punched in one of three numbers he knew by memory. One was for his newly defunct girlfriend, one was for his mother and the other was for-

"Morgan! Hi it's Marty."

"Marty! Where you been buddy? I haven't seen you at school in a dog year."

"I think I just got kicked out of my pad Morgan. Any chance I could stay with you for a few days until I find a new place?"

"No problem, but only for a few days. You know how it is."

"Tell me about it. I'll let you know when I'm coming by."

"Sure. See you then."

He bought this phone in particular so he could talk while sitting on the crapper. It was always going missing. This time someone'd misplaced the base. He imagined an eternity of Thursday mornings hung-over looking for stuff in his demolished one bedroom and was almost glad to be evicted. But the rain bouncing off the windowsill and the puddle forming around his stereo put a kibosh on the feeling.

He moved it from underneath the window waterfall. And that's where he found the phone's base. And behind that was the missing bag of weed.

By the time Marty dug up rolling papers the rain had stopped. Matches weren't a problem.

To be continued...

The Bus Hatred Continues...

by Renee Fournier

It's great that Halifax has a bus system, but there's nothing great about the buses themselves. As soon as you walk on, you feel like an alien with all these strange faces looking up from whatever they're doing, to see if they know you. You may get lucky by scanning the seats and finding someone you know that you can sit next to. If there's no one you know, you look for an empty seat. The seats usually go by two, so everyone takes up both seats until the bus starts getting full.

So, you sit at the back and watch what other people are doing. Some may be looking out the window or reading a book. You can hear acquaintances chatting loudly (above the roaring engine) so the rest of the bus can hear them. They talk about the weather, the latest news, their workplace, or about other people. You notice a few people listening to Walkmans, including the guy in front of you. His is so loud you can hear which song he's listening to.

The smell of coffee hits you in the face as though you just walked into Tim Horton's. It's amazing how many coffees and muffins you see people eating,

even though there's no food allowed on the bus. Mixed with the smell of coffee is perfume, cologne, and the occasional body odour which, all together, makes you want to get off even more.

You see the familiar Coke and Juicy Fruit ads, along with the same old genital herpes as that's been there for six months. You'd think that Metro Transit would change the posters once in a while to put some thrill and variety in our daily, dull commute.

At the end of the day, a handful of people fall asleep from a long and tiring day of work or school. You wonder how they can fall asleep above all the racket. The sound of coins dropping, the squeaking of the opening and closing door, and the constant dinging sound from people pulling the cord to let the driver know they want to get off.

Maybe it's the hard plastic seats or maybe it's the vibrating, jerking movements that make you feel like you're on an amusement park ride. Whatever it is, it makes people grey and lifeless. But it seems like these zombie-like creatures change back to humans once they step off the bus. It's like a blast of refreshing air hit them in the face and they're glad to be off that horrid machine they call transportation.



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Grand Opening

April 1st



Green Eggs and Beer?

The History of St. Patrick's Day

by Shelley O'Manderville

On March 17th many of us will be celebrating St. Patrick's Day with different types of folklore. Besides wearing green and having special parties at Irish pubs on this day, Canadians celebrate by having an annual parade in Montreal. Surprisingly enough, many Canadians do not know the significance of this day. Many do not even realize who St. Patrick was, why celebrations are held in his honour, or how it is celebrated in different parts of the world.

Jennifer Jardine, a dental assistant from Newcastle, New Brunswick describes how she will be celebrating:

"My boss will greet me in his festive shamrock covered vest and my husband will suggest that we go to the local tavern for a night full of green draft and friends whom I haven't seen since Christmas."

St. Patrick, who's real name is Magonus Sucatus, is the patron saint of Ireland. He was born around 390 in Britain, and at the age of 16 was kidnapped by Irish raiders and made a slave. However, six years later he escaped and proceeded to spend the next 15 years as a monk. He was consecrated a bishop and returned to Ireland to bring Christianity to the land of his captors.

St. Patrick was the founder of many schools and churches. He has the reputation of being the man who rid Ireland of its snakes by praying to God to turn them to stone. He used the three leaves of the shamrock to ex-

plain the Trinity to his followers, this is why it is now associated with this saint. This may explain why green is worn on St. Patrick's Day, yet some believe other tales.

A group of St. Patrick's followers were put into a house made of dry wood. The followers of another Protestant leader were imprisoned in a house made of green wood. Both the houses were set on fire. However, St. Patrick's followers were the only ones who survived. So, as a celebration of this event people wore green.

It is also said that on the 17th of March, St. Patrick removes the cold from the air. After this day, farmers can start preparing their fields for planting. Thus beginning the start of a new planting season and the expectancy of green potato leaves. People around the world have worn green on St. Patrick's Day because of such tales.

Traditionally, St. Patrick's Day has been considered a holy day. In Newfoundland, where many people are of Irish decent, this holy day is considered a big event. Geri-Lynn Devereaux from St. John's recalls how she celebrated when she was in elementary school:

"It was a day full of Irish-type activities. The school was always decorated in green with leprechauns pasted over the walls. We would always have a concert where each class would sing an Irish song. At dinner there was always Irish stew and green jello. The day would always finish with a dance!"

Considering Ireland's link with this saint, one would think that their celebrations would be more elaborate. However, they are much the same as those here in Canada. They have a St. Patrick's Day feast consisting of corn beef and cabbage which is washed down with green beer. One major difference between the two countries is that Ireland considers this holy day as having a more religious significance. People celebrate by going to a special church service, having parades, holding special dances, attending family gatherings, and the majority of people can be seen wearing shamrocks. Later in the year, many Irishmen travel to this patron's mountain which is located in central Ireland.

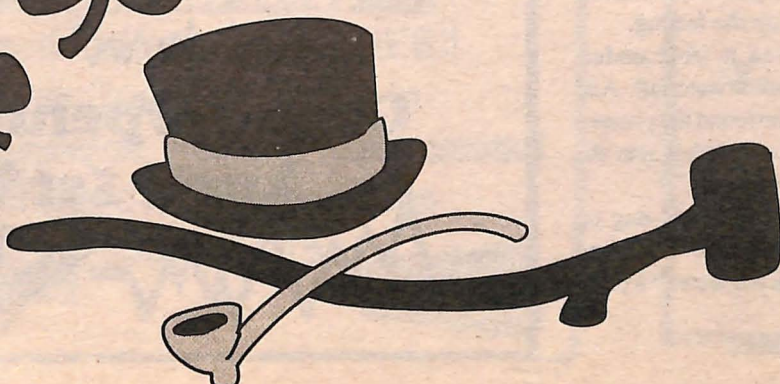
In New York, they also celebrate with a parade, but one of great standing that

dates back nearly two centuries. Sources approximate that around 130,000 people participate in the celebrations.

Bermudians partake in this day by wearing green clothes to work. They celebrate at the end of the day at one of the many local pubs says Tracey Cochrane, an international student at M.S.V.U.

"The pubs will be festively decorated and traditional Irish food like corn beef stew will be served. My Irish friends really enjoy this day because it makes them feel closer to home."

As you celebrate St. Patrick's Day this March 17th, share your new found knowledge with a friend over a green drink.



Blackhole Anonymous

Like a newborn baby being
torn from its mother
The umbilical cord ripped
with a dramatic rainbow of
blood.

Like getting in a car and driv-
ing
far far away
away from loved ones
The mental bond being
stretched and ripped
in a dramatic chorus of
screams.

Distance distance
Tearing yourself away from
my arms.

distance, time, space
mental space

Where are you going, it's dark
and you can't see
you're desperate to see
you're grasping the air
and turning circles
and waving your arms

and running towards an
end you cannot see

a room becomes a dark tunnel

The further away from the
room you run
the more darkness gets put be-
tween us.

Towards what end?

Loneliness
You feel a door
Out of the tunnel
Shut the door
shut me out
take a breath
look up. You're free...
what do you see?

More darkness.

Fighting For My Soul by Julie S.

Quietly I come before you.
No words are spoken of my
presence, but inevitably
I leave my mark upon
sandy shores.

Closing my eyes, I hez.
speak
to me,
Tempting words of your self-
indulgence
consume me
as I stand immobilized.

With one touch
my pain
can be washed away and my
captive soul can be released.
Should I sacrifice my soul for
tantalizing words of paradise?
I try to decide.

Can you offer me solace or de-
spair?

Waves of emotions begin to
drown my logic;
suffocating from confusion I
reach out to you.

Again,
those tempting words call me
to you.

I can feel your powerful
strength creeping upon me
as I become your prey.

Victorious, you drive out my
soul and now the waters
are tranquil in the moonlit-
night.

Washing up on shore, you
erase my footprints
and my existence.

Soothing the sand you si-
lently wait for another to
surrender

to your shimmering waters.
Finally,
I have surrendered to the sea
and my soul is gone
forevermore.

Rain Dance by B. Schatz

I seek Eros
With a thunderbolt in one hand
And lightning in the other
But Eros has not shared with
me

The summer thunder
Nor has he flashed lightning
Since the Fall

The electrical storm
Passed me by this Winter
The warm rains and cold snow
Have not fallen

On my exposed and willing
body

When the thunder refuses to
strike

And the thunder refuses to
strike

And the +friction wanes
Causing the flashes of light to
falter

I see an ungenerous Eros at a
distance

Although I have within my-
self

The power of the Rain Dance
He is far away and refuses to
share

As a true Ludic Lover
I pang for shared fun
The funnel-shaped clouds of
a tornado
The changes of seasons

When my passion is not re-
ceived
Only returned as frozen ice
I can not play in snow

Nor can I dance in the rain

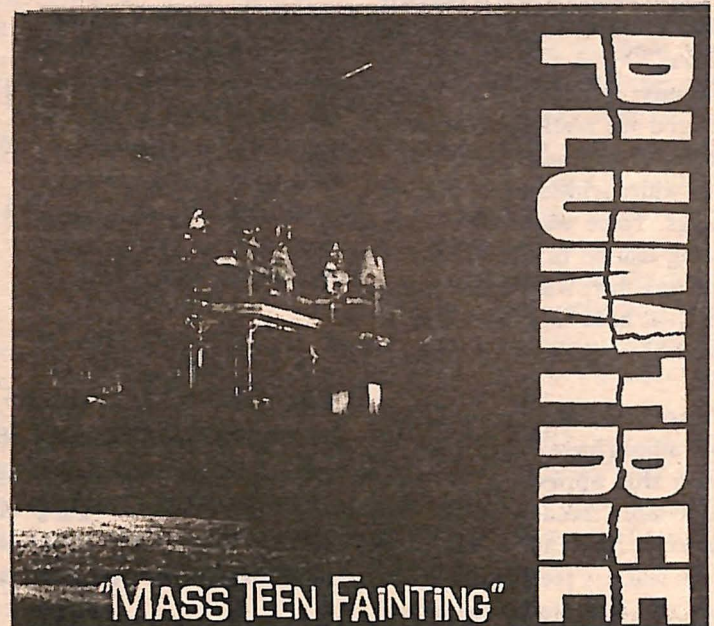
When Autumn's ludic-erotic
fun goes
And Winter gives way to
Spring
I am released from the chill

And I flow to the lowlands
Where the warm sun calls me
...I become the gentle
spring showers

Good Fruit Grows in Halifax

By Geoff Petley-Jones & Sara Hawker

As the lights dimmed at the Birdland Cabaret last Thursday (March 14), you could tell the crowd was waiting for the big moment. That was the moment that the Halifax band, Plumtree, took the stage at their new CD release party.



Plumtree opened with "Tropical", which happens to be the first song on the new CD *Mass Teen Fainting*. Plumtree stuck mostly to the songs from this album. They played such songs as Phil was "Always Here," "Shoot to Scoop" and "Good Time to Tell Me." The main exception was an amazing rendition of "I Love Rock and Roll". At the very end of the concert for the encore, new bassist Catriona Sturton did a kick-ass solo act with a harmonica that recieved a huge ovation from the crowd.

Plumtree consists of four women from the local metro area. They are Carla Gillis on guitar, Lynette Gillis on drums and vocals, Amanda Braden on guitar and vocals and Catriona Sturton on bass and vocals, replacing Nina Martin. Plumtree has an unique sound all their own. When many people think of the Halifax music scene, they automatically think of grunge/alternative. Plumtree is a nice change of pace. Their songs tend to sound poppy mixed in with a rock undertone. They have a sound that can be compared to Juliana Hatfield or Jill Sobule.

All in all, Plumtree is a great band, really worth listening to. We would encourage anybody who has the chance to take a look at this up and coming band on Halifax music scene. Plumtree's album *Mass Teen Fainting* can be found on the Cinnamon Toast label (they even served cinnamon toast while the band was playing).

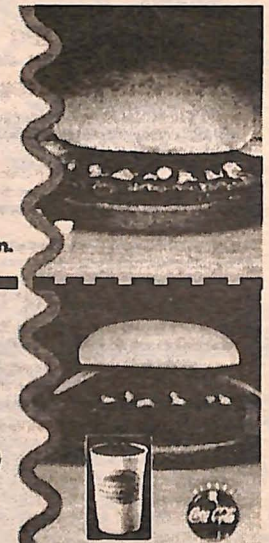
poetry from Pic readers

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ARTS & ENTERTAINMENT

Brand New Day with The Watchman

by David Pound

The Watchman's new album *Brand New Day* is set to be released and I had a chance to talk to Sammy, their drummer. The following is a phone conversation I did with him from Toronto, where they are currently shooting a video.

Picaro: Sammy, how is the new album different from *In The Trees*?

Sammy: I think that this time around we really pushed ourselves to do some experimentation with our instruments and our songs. There was hesitation in doing that on *In The Trees* and this time there wasn't and we sort of went head long into various musical territories.

Picaro: Did the success of the last album have anything to do with this approach; do you have more freedom now?

Sammy: Not really, it's not like there was any pressure on the last album. As far as the record label goes, they let us make the record we want and work with the producers we want.

Picaro: The tour for *In The Trees* was pretty extensive, did you guys experience any tour burn-out?

Sammy: Yah! We did. After a long stint of dates you go through a period where you want to put the band aside, but it's helpful to do that to balance things out. It's

also helpful to work yourself into oblivion sometimes, because you gather inspiration and song ideas along the way.

Picaro: Are you looking forward to playing the new songs live?

Sammy: We are, actually we did a video shoot yesterday for our third single "Zoom" and we worked through some of the new songs for the audience that was used for the video and I must say the songs were pretty damn rusty. It will be interesting to play the new tunes this summer on tour, it will be a challenge, because this is certainly some new musical territory we are exploring.

Fans of the Watchmen's last album, *In the Trees*, released in 1994, will be happy to hear they've got a new album out soon.

Picaro: Has there been any American interest yet?

Sammy: America is pretty non-existent right now. I'm not going to lie to you and say we are not eager to pursue it, because we want lots of people to hear our music and America is such a vast area that it is important to get in there musically. We're not re-

leased there yet though.

Picaro: What was the inspiration for the song "Shut Up" that was based on the story of Anne Frank?

Sammy: Well I didn't write the lyrics, Danny, our singer, did, but I helped out musically. I think the inspiration for the song

real contenders in the new bands doing the rock/alternative thing.

Picaro: How is the Winnipeg scene?

Sammy: Excellent! Phenomenal actually, I think it's the best in the county, if I do say so myself.

Picaro: See when I think of Winnipeg, I think of you guys, but I don't know any other bands from there.

Sammy: There are a lot of great unsigned bands like The Blue Meanies and The Ballroom Zombies.

Picaro: The Blue Meanies are actually playing the Birdland Cabaret here in town soon.

Sammy: Birdland? I think we are playing there this summer. Is that the best bar to play in town? We'll definitely be in Halifax this summer, we won't overlook it.

Picaro: What are you listening to lately?

Sammy: Well I fell guilty when I listen to too much dinosaur stuff. I can always rely on The Beatles and Neil Young and that will always be in my collection, but I try to keep up with what's happening. Of the new bands, the only thing that is really getting

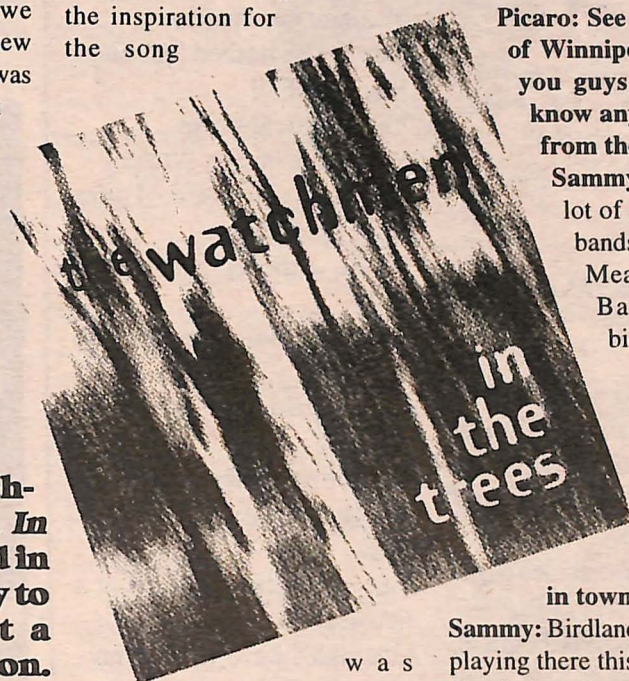
me off is Teenage Fanclub. I really like the new Radiohead album and I like what Oasis are doing, British rock is great. They all have the common thread, of no nonsense and good song writing, which is what I'm into.

Picaro: How does it feel to be an influence to new bands coming up? I know Scott from Sandox, since we grew up together in the same small town, and he often mentioned you guys.

Sammy: I was talking to Scott today. I know that he's a really big fan of the band. Their album is great and it's kind of funny because I hear some of us in their sound. We toured with Sandox and it was a great time. They are actually staying in the same hotel as we are this week. As for the influence, it's really cool, but it's kind of weird with the small body of work we have done so far.

Picaro: My final question is that although there are a lot of positive aspects to success, do you find any negative aspects as well?

Sammy: Well the road really takes a toll on you and the business side is a negative thing. We all have girlfriends so leaving them is hard. Also the guys in the band all sleep together, well not literally but you know, so it can get a little annoying.



was

when we were in Holland, we all went down to see the Anne Frank's Annex Museum and it inspired us and after a few months it developed into a song.

Picaro: What do you think of the current state of Canadian music?

Sammy: It couldn't be better. There's great things from the past like Neil Young and Gordon Lightfoot and there are also some

AMANDA MARSHALL'S ENERGY STRIKES HALIFAX!

by Barry O'Hearn



THE FOLLOWING TWO REVIEWS APPEREARED IN THE LAST ISSUE, BUT WERE INCOMPLETE. HERE ARE THE FULL STORIES...

Amanda Marshall opened for the Tom Cochrane concert on Saturday, Feb. 24, at the Halifax Metro Centre for a crowd of 4000 fans, most of whom were there to see Cochrane. I, however, was there to see Marshall and left after her performance. I've been a fan since her first single "Let It Rain" and became an even bigger fan after I bought the C.D. She surprised me by opening with a song that she hasn't even recorded, "I Can't Stand The Rain".

Although she exploded with energy on stage I was embarrassed to be a Haligonian after viewing the response of the audience. I think my friend and I and some guy waving his arms on the floor were the only people who showed any signs of life. I

felt like I was at a Perry Como concert. This has no reflection on Marshall's performance. She was a true rock performer that night, belting out seven songs from her ten track C.D. and showing the diversity of her music.

Amanda Marshall strutted across the stage with confidence and never once let her unaffected audience diminish her energy. Marshall has been performing in nightclubs in Toronto since she was 17 and has also toured with Jeff Healy and Tom Cochrane before she even had a recording contract. Now at 23 she has come into her own with an album so mature in quality that it's hard to believe it is her debut.

She also announced during the show that she lived in a sub-

urb of Halifax from the time she was 11 until she was 14. I didn't stay for Tom Cochrane because of previous bad experiences at his shows (he has a bad attitude with his audiences); every review I read said that he should take lessons from Amanda Marshall in energy because his show definitely lacked it. Apparently people were even leaving before he played "Life Is A Highway". I'm not surprised.

If you get a chance to catch Amanda Marshall's show somewhere else or if she ever plays Halifax again, I recommend checking her out. She's definitely a woman with a lot of potential and I don't think she'll be going away too soon. P.S. She also signed my C.D. !!!!!



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HEROIC DOSES of GLUELEG

by David Pound

Glueleg played the Birdland Cabaret for the second time this year to a very small audience. I don't know why Halifax audiences have not been supportive of this band, but they definitely missed out. Glueleg are a very unique and exciting band, with a saxophonist as the fourth member and the bass being replaced by some unknown, stick-type instrument played by the lead singer.

Their sound is similar to Faith No More, in that it is hard to categorize and touches on rap, metal, jazz, progressive and many other styles.

The show started with London, Ontario's Scratching Post. The last time this band was in Halifax was for last year's "Pop Explosion", where they won over the audience with their power pop/heavy metal sound. The audience was much smaller this time, but the reaction was still pretty receptive. The best way to describe their sound is a cross between Veruca Salt and Slayer. Pushing Up Daisies were up next, but I was not impressed with the band on their last Halifax trip and decided to skip their set.

Finally at about one, Glueleg took to the stage. They put on an amazing show even though there was little audience reaction, except for the occasional dancers. A lot of the songs were new

tunes that are going to be on the next album. The rest were off their last album Heroic Doses, except for the cover of Gary Numan's "Cars" which surprisingly came off quite well. The title song off of Heroic Doses got the best reaction, probably because it got the most play on MuchMusic. The saxophonist did some rapping and the guitarist shared some lead vocals. This lead to a very interesting and diverse set that never got repetitive, a problem with a lot of bands I've seen lately.

At about 2:00 am the doors to the side bar Birdland were open and the audience grew in size, but most people were there for the dance music they play after the bands are over and where not there to see Glueleg. The lead singer told everyone not to worry and that they would be done soon so everyone could dance.

After the show I was talking to the lead singer and he gave me their Internet web site so people could access information on the band. The address is [Http://WWW.IO.ORS/~DIRT](http://WWW.IO.ORS/~DIRT). One of the tour personnel also told me that Glueleg were in the process of signing with the same people that dealt with Moist, so if this is the case, you may be seeing a lot more of Glueleg and will probably be sorry you missed them when they were small enough to play the local bars.

Damhnait Doyle *shadows wake me*



First of all, let's start with the name of "Atlantic Canada's latest musical gift to the world". Damhnait is pronounced like "Cabinet", only with a "D" and a "v". It is a Celtic word meaning "Little deer", as in fawn. I'm spending so much type on the name because you'll soon be hearing a lot about this St. John's native with a melodic style and a power lilt. Most of the songs on this album were written by Doyle herself and thus her intimately passionate intonations are all the much more heartfelt. Damhnait knows how to work the nerves of

a backbone with her vocalizations as she beckons the moon.

Although this is not an album of lush tranquility and peaceful ramblings, the mix of tempos and moods create a sense of reckless timelessness. Comparisons? Lisa Loeb, Sinéad O'Connor, and Sarah MacLaughlan reach the mind, but fail to depict. Trilling imagined and lived reality, Damhnait's sense of self intones all of the colours of a rainbow - gray-scale is absent from this album. With the Junos fast approaching, they air March 10, greater awareness will come to Canadian music.

Start a little bit early and lend your ear to the Cabinet voice. The first single is "A List of Things" and it should be at top of a number of lists right away. And remember, the sooner you know how to pronounce her name, the sooner you'll be able to impress your friends and family.

by Shawn Miner



REEL REVIEWS

It's Time To Start The Music... Muppet Treasure Island

by Carrie Warner

Who doesn't like the Muppets? I mean, if you grew up in the late 70's, early 80's, then your childhood was littered with furry friends like Kermit the Frog, Miss Piggy, Beaker, Gonzo, and the list goes on. The Muppet gang is no stranger to the world of film, and its latest adventure proves that the Henson team hasn't lost its touch!

Muppet Treasure Island gave me the best laugh I've had at a movie in a while. All the staple characters were there, including Kermit as Captain Smollet, and Miss Piggy as the queen of a tribe of not-so-wild boars. Fozzie Bear plays the bizarre son of a master shipbuilder, and has a little man living in his finger. That added humor, as

twisted as it may be, made the movie even better.

The movie is supposed to be based on the novel Treasure Island by Robert Louis Stevenson,

The latest adventure proves that the Henson team hasn't lost its touch

but sticks only slightly to the actual story. The Henson people added a few off the wall characters, including a whole group of rats who thought they were going on a cruise, and some musical numbers that were completely crazy. My favorite was "Cabin Fever".

The two main human roles in the film were played by Tim Curry and some annoying kid who's voice was shrill enough to stay with me for hours. He played Jim, the little boy who started the whole voyage. Curry played Long John Silver, the mean pirate who befriends Jim in order to get his mitts on the treasure map. He did a great job (as Curry tends to do) and he had chemistry with the Muppets, which was rather frightening.

Anyone who likes the Muppets even a little bit must see this movie. I think it's the best one yet, and will have everyone with a sense of humor rolling in the isles. So go, or find yourself subject to the wrath of Miss Piggy. Hiiiiiiiiii-yaaaaa!

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SPORTS

MYSTICS MEN'S BASKETBALL TEAM
FALL SHORT AT NATIONALS

The Mystics men's basketball team returned on the weekend from CCAA national play in Montreal. The team was competing at the CCAA Tournament after taking the ACAA by storm, finishing regular season play with 20 wins and only 1 loss. They then went on to win the ACAA Title with relative ease over St. Thomas University and University of New Brunswick at Saint John. Mark Clarke was selected MVP of the Conference and CCAA All Canadian. Head Coach Rick Plato was selected ACAA Coach of the Year.

At the national tournament



after having been ranked third in the country prior to the championships, they were dropped to seventh place overall and played second place Southern Alberta Institute of Technology, losing by 8 points. With the change in the tournament to a double knockout format, this put the team out of contention for a medal. In their next game, they played Sheridan College playing well but losing by 12. The team had a great season though. Amassing an unprecedented win loss record for a Mystic team. Congratulations!

MYSTICS
WOMEN'S
BASKETBALL
SEASON CUT
SHORT

The Mystic's season came to an abrupt end, failing to win the crucial game against King's College, that led up to the ACAA Championships. One of the most difficult things about the loss was the fact that the Mystics were hosting the ACAA Championships in their own gym the following weekend.

The team had a successful year though, apart from not making the playoffs. They turned around last year's record to 13 wins and 8 losses. They won the NSAC Tournament early in the season and were one of the only teams to defeat everybody at least once during the season. Pam McCulloch was selected MVP of the Conference along with NSTC's Kara Mason. Pam was also selected CCAA All-Canadian.

MYSTICS
BADMINTON
NARROWLY MISS
MEDAL ROUND

The Mystics badminton mixed doubles team of Lynn Amirault and Dwayne Costello have recently returned from Nanaimo, B.C., where they competed in the CCAA National Badminton Tournament. Lynn and Dwayne had a relatively easy time of it at the ACAA Qualifying Tournament winning all of their matches in only two games. They narrowly missed a chance at the Bronze medal losing 18-15 in their final game to the eventual medal winners. Lynn and Dwayne were also selected by the CCAA as Athletes of the month.

The Badminton Championships take on a little different look than the other ACAA Championships in that there are two tournaments. One is a qualifier and the other is the ACAA playoff for the conference title. At the ACAA Championships, Lynn Amirault teamed up with Mindee Walker to win the 1995-96 ACAA Women's Doubles Championship, while Dwayne paired up with Brian Doucet to take the Men's Doubles. In other action Patti Wile finished third in Women's Singles. The sister and brother team of Trudy and Brian Doucet finished third in mixed doubles and Richard Machaud finished fourth in Men's Singles.

The Mystics missed the team title by a mere 2 points to UNBSJ. The awards don't stop there as coach Mike Hingston was selected Coach of the Year by the ACAA and received the CCAA Coaching Excellence Award. Congratulations to the Mystics for a great showing!

YEAR END MOOSEHEAD
PARTY-

Volleyball and Pizza Pub
Friday March 29, 3:15-6 p.m.
Everyone is welcome! Cost is \$3/person and includes pizza 3:15-5 p.m. Volleyball Tournament. 6-8 players/team (minimum 2 females). Recreational and Competitive divisions. All are welcome. Individuals will be placed on a team.
5-6 p.m. Pizza and prizes in the pub. Awards will be given out. Societies wishing to give awards out may take the mic. Both serious and fun awards welcome. See Joanne in the Recreation Office for more info or to register for the event.

FIT FOR HEART &
SKIPPING WORKSHOP

Friday March 22, 3:15-5 p.m.
This is a fun event that will get people hopping. Help raise money for the Heart Fund. Earn points to buy great prizes. Learn great kids games. Have fun skipping. Hosted by the Mount Christian Fellowship. All welcome. Pick up a sponsor sheet at the Ath/Rec office.

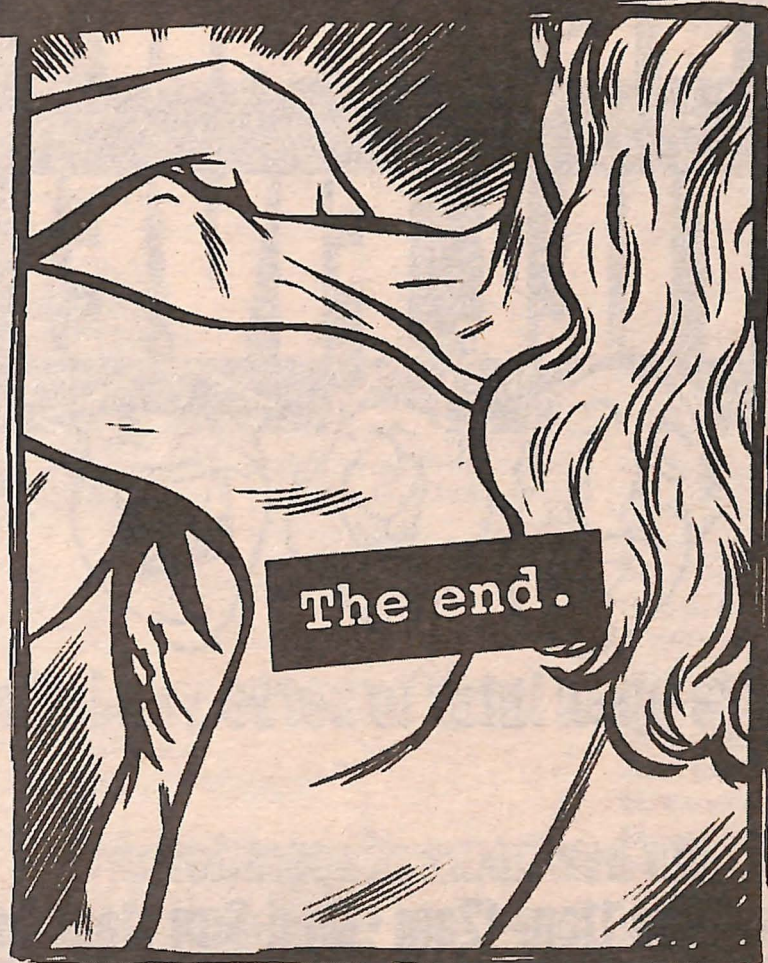
INTRAMURAL
TOURNAMENT OF
CHAMPIONS

Monday March 18-Friday March 22 in Rosaria Gym
Indoor Soccer: Monday 3-5 p.m.; 3-on-3 Basketball: Wednesday 7:30-10 p.m.; Floor Hockey: Thursday 3:30-5 p.m.; Badminton Mixed Doubles: Friday 12-2 p.m. All welcome: Sign up at the gym. All events are co-ed!

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YEAR END VOLLEYBALL PARTY

**VOLLEYBALL TOURNAMENT
& PIZZA PUB
FRIDAY MARCH 29
\$3/person
3:15pm - 6:00pm**



3:15-5:00pm Volleyball Tournament
6-8 players (minimum 2 females)
Recreational & Competitive Divisions
All Welcome, individuals will be placed on a team

5:00-6:00pm Pizza Pub at Vinnie's
Awards and prizes will be given out.
Any Society wishing to give out awards may take the mic.
Both serious and fun awards welcome

Register in person at the Ath/Rec Office or call 457-6369

CLASSIFIEDS

VOLUNTEER OPPORTUNITIES

Volunteer to Participate in Research into Osteoporosis. We are looking for volunteers who are female, 30 years old and under, and who either attend classes or work at the Mount.

Participation would involve completing an interviewer-administered (about 45 minutes), and a self-administered three day food intake diary. For more information, please call Dr. Janette Taper, Dept. Of Human Ecology, at 457-6256. Participants will be entered in a draw for a \$50.00 gift certificate to a restaurant of the winners choice.

COMMUNITY EVENTS

The Epilepsy Association of N.S. Is presenting a Monte Carlo Night Sat., March 23 at the Halifax Curling Club, 948 South Bland St. At 7:30 pm. \$10 admission includes \$10,000 of "Funny Money" and refreshments. Meet celebrity dealers while playing your favorite games. Fabulous prizes to be won throughout the evening. For more info., call 429-2633.

Ward 5 Community Centre holds an Open Skate at Devonshire Arena every Thursday from 4:00pm till 5:00pm Admission \$1.00 per person. Children and Adults are welcome to join the fun. Call 454-0019 for more information.

The Saint Cecilia Concert Series presents, in cooperation with the Nova Scotia Choral Federation, Mendelssohn's great oratorio, Elijah. The concert will be held at the Rebecca Cohn Auditorium in the Dalhousie Arts Centre on University Avenue in Halifax, on Sunday, April 14th at 3:00 pm. Tickets are \$28 and are available from the Dalhousie Arts Centre Box Office. For more information please call 423-4688.

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Cashier - Needs in Bedford
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University First Class Painters,
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Halifax, Nova Scotia B3K 1H6

Head Coach - Bridgewater Barracudas Swim Club
Resume to Selection Committee,
BBSC, 43 Brook Street
Bridgewater, NS B4V 3S2

Assistant Coordinator
Entertainment Agent/Assistant
Eastern Talent International

Box 847, Station M
Halifax, NS B3J 2V2

Part Time:

Student Workers for Convocation
Contact Cathy Haller in Seton 302

Receptionist
Shannex Health Care Management Inc.
Resume to: Office Coordinator
Shannex Health Care Management Inc.
6080 Young Street, Suite 602
Halifax, N.S. B3K 5L2
Fax (902) 453 - 5412

Information Session:

Accounting Information
20th March - Rosaria

Careers Cape Breton
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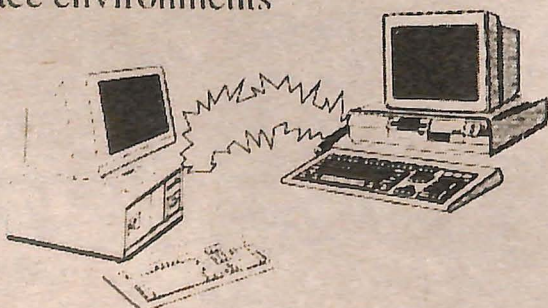
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SOCIETY PROFILE

Child & Youth Study Society

Hi! Let us introduce ourselves, we are Michelle Boudreau and Lyse Lefort. We are fourth year Child and Youth Study students and are currently co-presidents of the Child and Youth Study Society. Child and Youth Study students are actively involved in the community through work placements and volunteering. Our society displays the extent to which we are involved in supporting the community.

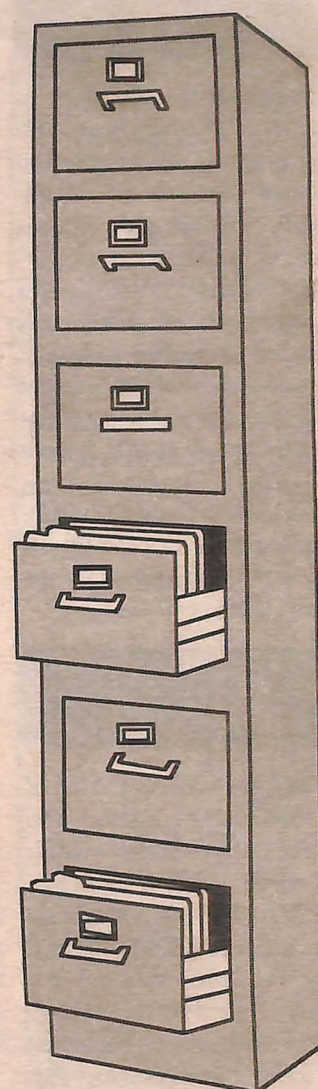
This year has been a very productive one for the Child and Youth Study Society as we have been involved in a variety of successful events. This year we have held several fundraising events including four bake sales (Halloween, Christmas, Valentines and St. Patrick's Day), and a scholastic book fair. From these fundraising events we were able to raise money to sponsor the community.

At Christmas time we adopted a family from the Metro Food Bank for whom we provided food, gifts and clothing. We have also donated children's books to the Curriculum Resource Library at MSVU, and still have many books left to be donated to various centres in the community. The society was also involved in the Phoenix House Penny Harvest and collected pennies to be donated to the group home for homeless youths.

As a society we have provided various services to our members. In January we sponsored eight members to attend the Child Care Connections conference in Dartmouth. We also participated in the Inter-society downtown social with fifty-five members in attendance. In February we provided a First Aid/CPR refresher course for Child and Youth Study students to update their certification. In the month of March we have offered a Resume'/Interview workshop to prepare our members for their future job search.

The one accomplishment that we are most proud of this year is our newly designed logo to represent the Bachelor of Child and Youth Study program. We have designed the logo for a professional pin to be available to all child and youth study students and faculty. This logo will also be used for our society clothing as it represents what the child and youth study program is all about people helping people!

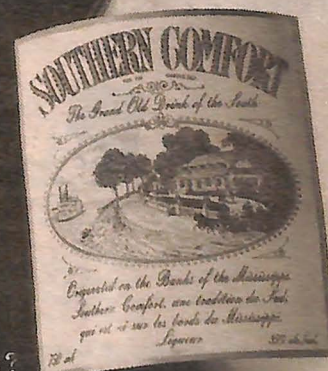
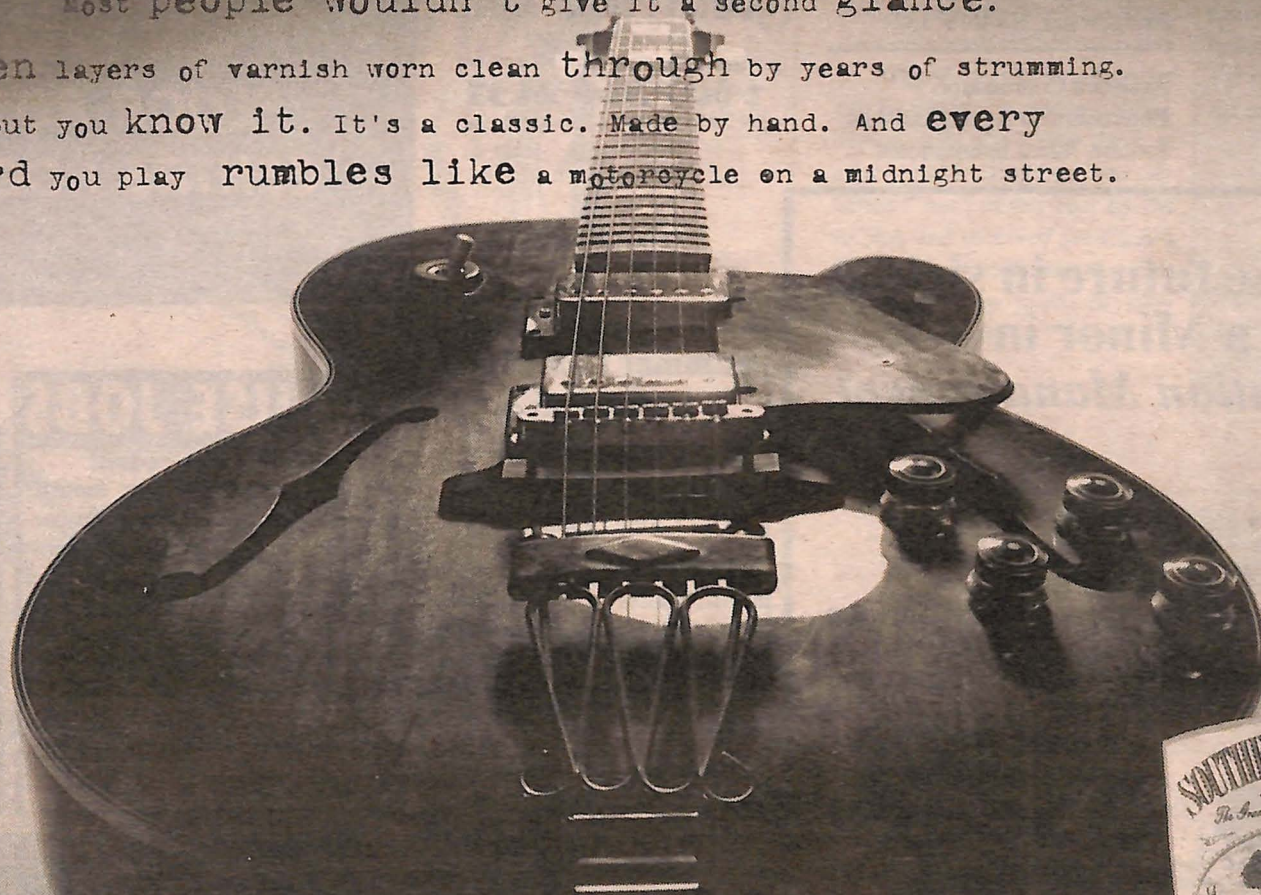
Elections for the 1996-97 year are coming up soon - get involved!



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