

The Mount Saint Vincent University Athletics/ Recreation Office - Department of Student Affairs would like to thank all students, staff, faculty and community members for making our year such a great success.

Mount Saint Vincent University's Athletics & Recreation division continued to be a very popular spot on campus with the students and the community. The number of participants in our facility reflect the quality and diversity of our instructional classes, instructors and our equipment. Pilates, Yoga, Learn to Run Clinics, Karate, Tae Kwon Do, Salsa Dance, Women's Self Defence, First Aid, Babysitting Courses and Children's Day Camps continue to be well received. The fitness room improved this year with the purchase of two pieces of new equipment. An abductor/adductor (inner and outer thigh) machine and an Atlantis weight machine compliment an already active weight room. The MSVU weight room and fitness studio is now the place to be if you wish to achieve your fitness and health goals.

MSVU students were very active this year with a wide range of on and off campus activities. This winter saw the beginning of the "Keith's Cup Challenge." This residence challenge had the on campus students competing in a Dance-a-thon, University Idol, Karaoke, The Amazing Race and a number of other fun competitions. Residences' received points for taking part in planned events and for attending varsity games. With the addition of a new 150 bed residence, the residence challenge will continue to grow next year. The Recreation team is already hard at work organizing exciting events and getting ready to rally the residences for another great year!

Mount Saint Vincent Varsity Athletes won many individual honours this season. Ten Mount Saint Vincent varsity players were chosen All-Conference and three were named All-Canadian. Nicole Meldrum was ACAA soccer MVP and All-Canadian, Kim Fralick was ACAA women's basketball MVP and All-Canadian and Rob Turnbull

received an All-Canadian for the men's basketball team. Mount Athletes also received two prestigious league awards. Sarah Allt won the Gerry Leblanc Award for Soccer and Kim Fralick received the Rod Shoveller Award for basketball. Johnathyn Williams was also an award winner this year, winning the ACAA Rookie of the Year for men's basketball.

Our annual Athletic Initiatives Dinner and Silent Auction takes place on April 5th and we encourage all members of our alumnae, staff, faculty, parents

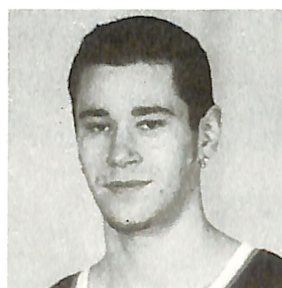
and friends of the Mount to help support our varsity programs. This year's event will be filled with excitement, surprises, great food and good company. Only with your support can we remain one of the most competitive and successful intercollegiate programs in the ACAA.

Thank you once again for making our year such a success, we look forward to meeting all your health, fitness and recreational needs in the future.

Lucky #7...



#7 - KIM FRALICK
ACAA MVP Women's Basketball & named to the CCAA All-Canadian team.
Kim also received the prestigious Rod Shoveller Award



#7 - ROB TURNBULL
ACAA All Conference Team & CCAA All-Canadian team member
Congratulations Rob & Kim!



SARAH ALLT
Gerry Leblanc Award for Women's Soccer



NICOLE MELDRUM
ACAA MVP Women's Soccer & CCAA All-Canadian

Continued on back page...



2002 - 2003 WOMEN'S BASKETBALL

Back Row (l-r): Dyrick McDermott (Head Coach), Kim Fralick, Jolene Titus, Jennifer Kinsella, Kerry Curtis, Brianna Taker, Tanya Phillips (Asst. Coach), Nadia MacDonald (Asst. Coach).
Front Row (l-r): Amanda Irving, Erin Pelham, Megan Stockall, Leslie Hoskins, Wendy Mills. **Missing:** Tamara Stephens (Asst. Coach)

After finishing the season with a 16-5 record the women entered the playoffs with a single minded focus, to win the ACAA title. All-Canadian Kim Fralick and starters Erin Pelham, Amanda Irving and Jen Kinsella led the team to a semi-final victory over rival Mount Allison and a convincing final win over the heavily favored St Thomas Tommies. This was the Mount's first ACAA title since 1997-1998. The team went on to represent the Conference at the National Championships hosted by Nova Scotia Agricultural College in Truro.

The team would like to thank Seniors Erin Pelham and Jolene Titus for all their efforts.

Congratulations to a very deserving MSVU Women's Basketball Team.



2002 - 2003 MEN'S BASKETBALL

Back Row (l-r): Colin MacPherson, Alison Moore (Trainer), Denzel MacRae (Asst. Coach), Danny O'Blenis, Courtney Dabney, Adam Smith, Nick Daboul, Jeremy Jeffries, Andrea Plato (Manager), Rick Plato (Head Coach).
Front Row (l-r): Morgan McWade, Jonathyn Williams, Mike Olsen, Robert Turnbull, Chris DeWolfe, Andrew Barnhill, Ryan Hasler, **Missing:** Mark Forward (Asst. Coach)

The men's team recovered from a 3-4 season start to finish the year with a 15-6 record. All-Canadian senior Rob Turnbull, second team All-Conference Courtney Dabney and ACAA Rookie of the Year Johnathyn Williams led a balanced MSVU offence into the ACAA Championships. Although the season ended with a hard fought semi-final loss to the host Mount Allison Mounties, the team can be proud of its efforts.

This very young team will remain a contender for the ACAA championship for years to come.

Special congratulations are extended to Rob Turnbull for a great four years at MSVU! Thank you!

The Volleyball team finished the regular season with a 12-8 record, which earned them third place in the ACAA - Atlantic Colleges Athletic Association. Head Coach, Susanne Dittmer, who joined the team in October, was pleased with how the team performed all season. First Team All-Conference player, Joni Hirtle and Second Team All-Conference members Devon Day and Kelly Savary led their team into their semi-final match with Universite Sainte Anne. Although the games were close, the Mystics lost the match in four games.

Congratulations on an incredible season!



2002 - 2003 WOMEN'S VOLLEYBALL

Back Row (l-r): Susanne Dittmer (Head Coach), Lori Matheson, Kelly Savary, Joni Hirtle, Chelsea Whitehead, Andrea Daniels

Front Row (l-r) Natalie Masluk, Carolyn Carter, Devon Day, Kristin Middleton, Robyn Thomas **Missing:** Kate Morrison (Asst. Coach)

On October 27th, the MSVU Women's Soccer Team captured its second consecutive ACAA Soccer Championship with a 1-0 win over the St. Thomas Tommies. Jacqueline Gallagher's goal on a free kick in the first half earned MSVU the right to play for a National Championship at Dawson College in Montreal. Although the Mystics lost three games at nationals, the experience will make the team stronger and more prepared to defend the conference title next season. Leslie Beaton was named to the ACAA All-Conference team, Nicole Meldrum was named ACAA Most Valuable Player, Julia Champriss was named Best Keeper, and Sarah Allt won the Gerry LeBlanc Award, which is presented to a female soccer player in the ACAA who best combines the qualities of leadership, sportsmanship, enthusiasm and ability both on and off the field. Congratulations to the entire team on a successful season



2002 - 2003 WOMEN'S SOCCER

Back Row (l-r): Jacques Boudreau (Head Coach), Wynne Van Thielen, Janine Forsey, Nicole Meldrum, Jessica Rose, Amy Doyle, Lori MacDonald,

Megan Ingram, Jenn Behan, Lynda Richardson

Front Row (l-r): Sarah Allt, Leslie Beaton, Krista Taylor, Sara Power, Julia Champriss, Abbey Green, Amy Longard, Meghan Pitts, Laura Allen
Missing: Jacqueline Gallagher, Chris Roper (Asst. Coach)

The Mount Saint Vincent University Badminton team had another competitive year. Although the team finished in 6th place at the ACAA-Atlantic Colleges Athletic Association Championships, the doubles team of Mark Ross and Jon Elliott captured second place and went on to represent the conference at the CCAA National Championships held at the University of New Brunswick - Saint John.

The badminton team is looking forward to another great season. With only one graduating senior, this year's young team has gathered crucial experience and will only make the team stronger and more competitive next season!



2002 - 2003 CO-ED BADMINTON

(l-r): Melanie Hoddinott, Drew Dunphy, Travis Anderson, Jon Elliott, Mark Ross, Vanessa Payne, Sharon Chandra
Missing: Mike Hington (Head Coach)

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This year the Recreation Society attempted to provide fun, exciting and entertaining events for the MSVU student body. Events included Campus Intramurals, Free Movie Nights, Survivor Night, Karaoke, outings to the Nutcracker Ballet, Imax Theatre and the Moosehead Hockey game. Our most successful event of the year was University Idol! This event drew a large crowd, and tremendous talent to Vinnie's Pub.

The Recreation Society worked closely with the Student Union to create the Keith's Resident Cup Challenge. The response has been terrific and has certainly increased resident spirit.

Many of our events would not have been possible without the support of the Student's Union, the participants, and they student body. Thank you for a great year!

2002 - 2003 RECREATION SOCIETY