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The University Archives



the
Picaro

Oct. 16, 1987

Vol. 23, #5

mount saint vincent university halifax, n.s.

Hyde Park corner

by Paul Paquet

A year from today, Americans will be in the process of electing Ronald Reagan's successor. Whatever its shortcomings, the Reagan Administration has had a profound impact on the American 'socialscape'. With Reagan's final term, the time is coming when we will be able to evaluate his eight years in office and the effect they have had on North American society and history.

Hegel defines a great man as one who "can put into words the will of his age, tell his age what its will is, and accomplish it." If any one man epitomizes the 80's, for good or ill, it is Ronald Wilson Reagan.

The much-touted Reagan Revolution is, of course, mythic. The man elected on a promise to duel the Evil Empire is negotiating treaties with it. The man who campaigned against big government and fiscal irresponsibility has racked up the biggest deficit in the world. Even the celebrated "War on Drugs" is little more than his Administration's attempt to take credit for trends already in evidence.

Reagan has often been accused of not having a vision. This seems to carry with it the unfair assumption that the only valid vision one can have involves the use of more and more government power and more and more government money to accomplish vague, self-righteous ends. In fighting back against East Coast elites and urban intellectuals, "TV Reagan" (as opposed to "White House Reagan") brought the values of Middle America back to the helm. His government was the culmination of a decade of growing conservatism, in part as the hedonistic baby-boomers began to age, and in part as previous presidential "visions" began producing the economic, political, and moral chaos of the 70's.

The departure of key intellectuals in Reagan's Administration, particularly David Stockman, marked a subtle shift from ideology to the image of ideology. "White House Reagan" was running a clearly different government, with a mandate more oriented to positive press than sound, or even coherent, public policy.

What Reagan did do was devastate the Left, who for the first time, had to acknowledge that the very working classes in whose name they pretended to act, had slowly been deserting them. After fifty years of worship at the altar of state planning, it was the Walter Mondale Left that found itself the anachronism.

The Right was also beginning to tread on traditionally left-leaning turf. It was slowly developing a credible intellectual alternative, and was beginning to take grassroots organization very seriously.

The Reagan Administration even managed some qualified success. Despite a bitter recession, Reaganomics has managed to produce greater wealth for most Americans. (The usual retort that Reagan also widened the gap between rich and poor depends on a great deal of statistical chicanery, including the redefinition of poverty. In Canada, for example, 23 percent of the "poor" own VCR's.)

The response from the Left was either unabashed hysteria or absolute demoralization. Gary Trudeau, creator of *Doonesbury*, managed to do both. He quit his innovative comic strip for several months, only to bring his characters back as cynical yuppies. The humor in *Doonesbury* has of late been decidedly preachy and strained.

Right-wing, anti-statist imagery even began making its way into the mass media. The same people who had fought against political interference on the sets of *The Day After* and *Cagney and Lacey* were now up in arms against *Rambo* and *Amerika*. The hypocrisy should have been self-evident.

Hypocrisy is epidemic in the 80's. Everyone will tell you that jobs are sacred, unless they interfere with free trade or market forces, peace or the environment. The African National Congress and the Contras are equally vicious. Picking out the terrorist from the freedom fighter depends on your politics. Everyone wants to keep Canada Canadian. But does that mean keeping out those nasty Americans or those dirty foreigners? One man's nationalism is another's racism.

This naked self-interest, which in a sense has always been a part of politics on both sides of the spectrum, seems to have become much more pronounced in the 80's with the increase in the numbers of intransigent, narrow-minded special interest groups.

Yet despite all this self-interest, the 80's are not the decade of the individual. Conformity and materialism have produced a kind of numb anomie, even the idealism of extravaganzas such as "We Are The World" seemed tainted with commercialism. Art has produced no heroes, no Jack Kerouacs, who can point to some kind of self-liberation from

Sermon on the Mount

Fate can be unkind, more cruel to some than to others. For some, gender, age or political affiliation alone can guarantee a life of pain, repression or terror.

In North America, we are not spared this reality. Every eight minutes a woman is battered, raped every 17. Ninety-seven percent of women experience sexual harassment at work or school.

You don't need to thank me for reminding you of these grim statistics. I'm sure this is just what you need to hear amidst other weighty concerns which we all have. I know when I heard these numbers on the radio this morning, I was standing in my bathroom, wondering which eyeshadow to put on. Rough way to start the day.


The radio continued to talk at me while I pawed through my wardrobe, which, between laundry days, lives primarily on the floor. The announcer and her guest were discussing October ninth's 'Take Back the Night' march in Halifax.

The guest, Sue Mackay from Patchwork Women's Centre, was explaining how the annual march began in the States after a gang rape in a bar. The event galvanized women to band and march together to protest conditions which made it unsafe for us to be outside, alone, at night.

I was impressed that someone out there was doing something about one of those frustrating, dangerous injustices we've all endured throughout our lives. I should say I was impressed that someone else was out there demonstrating. I wasn't impressed with myself, because I had made alternate plans even though the date of the march was well publicized.

I took solace in the fact that there would be enough other, dedicated people there, lending their voices and their support. It wouldn't make any difference if one person didn't show up, didn't show her support.

Sometimes women's issues are like hearing a child cry or a faucet drip when you're in bed. You know when you get up to do something about them your feet are going to get cold.



Sharon Rose
Co-editor

the faceless angst that seems to be increasingly marring our corner of the world. Instead, artists in the 80's are mired in the very meaninglessness from which they should be escaping.

Not all this is Reagan's fault, of course. Every day the 20th century seems haunted by some new spectre threatening its destruction. Nor have the 80's been completely negative. Bands like U2, the Green Movement, and glasnost all suggest some kind of framework on which compromise and hope can be built into the 90's.

And somewhere out there, the "great man" of the 90's is waiting to emerge. We wish him the best of luck.

the Picaro

Once upon a time, Picaro was a little man who tore through the Spanish countryside proclaiming the news to the people. Today, it is the student newspaper of Mount Saint Vincent University, published weekly by the Student Union. The Picaro is a member of Canadian University Press, and subscribes to its statement of principles.

The Picaro staff positions are open to all Mount students, and contributions are welcome. All copy and/or graphics must be submitted by Friday noon, the week preceding publication. Please type all copy double-spaced. Letters to the Editor and Hyde Park Corner must be signed, but names can be withheld by request. The Picaro staff reserves the right to edit all copy for length or legality. We regret that copy cannot be returned.

The Picaro office is tucked away on the fourth floor, Rosaria Centre, in room 403. Drop by to contribute to the paper, or bring us coffee.

Newspaper meetings are every Monday at noon.

Staff:

Co-Editors:
Jeffrey G. Mann
Sharon Rose

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Paul Paquet

Entertainment Editor:
Robert Caume

Sports Editor:
Claudine Fougere

Office Manager:
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Graphics Manager:
Ross Edison Bowness

Business Manager:
Alex Dow

The cover photo of Vol. 23, #3, was taken by Picaro staff member Michele Maillet. The cover photo of Vol. 23, #4 was taken by Jeffrey G. Mann.

And special thanks to:
Mark DeWolf



Letters to the editors

Art's Pond reaches 50,

To the Editors:

This is a letter of gratitude. It's not a gripe about smoking in the Saceteria, parking on campus (or lack thereof), or Student Union fees. This is a letter of thanks from a former student to the student population, the Picaro, and in particular Jeff Mann and Robert Caume.

For over two-and-a-half years,

week-in and week-out, I have drawn Art's Pond for the Picaro. Unless I'm mistaken, I believe this week's is the 50th issue Art has had the pleasure of appearing in. Along the way there have been posters and sweatshirts, and last year's very successful fundraiser—the Art's Pond Christmas Daddies Collection.

Thanks mainly to the support

of Jeff and Robert, I was persuaded to cartoon again this year, even though I'm no longer a student. Art will hopefully be moving to bigger and better things next year, but the good ol' Pic will always be home. Thanks, guys. It's been a fun 50.

Steve Jennex



Parking at the Mount, good luck!

Dear Editors:

My name is Ross Bowness and I am a first-year student BA student. My gripe concerns parking here at spacious MSVU. Not only is it difficult to get a space after nine o'clock, when a spot is found it usually involves a great amount of skill and dexterity to fit the car in there. Now then, I drive a Chevette and it's hard to find a place for it. On more than one occasion I've had to park in places that are considered ticketing zones. A question I'd like this paper to pose is this: Why are there more permits than the campus has room for? This seemed to have been answered in the last Picaro by Ann Eade but it's hard to understand it. I paid my \$55 fee on the understanding that there

was going to be room for all the vehicles. How wrong I was. Not a day goes by without seeing many cars/trucks parked in no-parking zones around Seton. Security does a great job of ticketing these cars, as well as the cars that simply do not have permits, and that is their job. A great many students criticize these people but it is not

Security's fault. This whole mess is only going to get worse with the upcoming construction as the over-abundance of permit holders and the scarcity of parking are going to clash hard and the only winner will be the people collecting the money off those damn tickets.

See you in the line up.
Ross Bowness

'Where's the meat?'

To the Editors:

After looking at the cover of the Picaro and then glancing through the paper, I wanted to know "where's the meat?" It's no wonder you have no reader response, yawn! The paper is too

nice, too conservative, too "on the fence." Be daring, take a stand, at least there would be a response. Isn't that what university press is all about?
Derek Martin
student

Errata

Last week's article "Pornography: An Idea With Many Definitions" should have been included "with files from CUP" below the byline. The Picaro thanks Ellen Reynolds of the Gazette for her assistance.

Give us something to think about

To the Editors:

Today I read, well no actually I flipped through, the most recent issue of Picaro. Although "Pornography" was the obvious title, there was but one article relating to the issue. It was a good article but why not a

follow-up? Why not write articles supporting and/or condemning the topic. Give us the facts and the arguments and let us form our own opinions. Give us something to think about. We (the students) want to read the Picaro for informative

and interesting articles. Be daring and print what you might receive flack for, it might just mean fewer issues remaining at the university and more making it all the way home.

Janice Gallant, BSc.

What would you like to be when you grow up?

ALIVE!

unicef canada

Art's Pond

by Steve Jennex



Is Co-op for you?

by Gerralyn Kerr

As the Nov. 15 deadline for Co-operative Education applications draws near, many Mount students are making the decision to enlist or stay out of Co-op.

Co-op combines university education with work experience, the two most important factors in today's job market. This optional program gives students the opportunity to gain work experience related to the field of study by alternating four months of academic study with four months of work.

"For students, the work-term is a reality test of academic theory," says Susan Roberts, co-operative education coordi-

nator for dietetics and home economics. Students receive hands-on experience in actual work environments. Home economics students working in a hospital, for example, will see a meal for 100 people planned, prepared, and served. Classroom theory shows only how the meal is planned.

Work experience is not the only reason some students choose co-op. It gives students the chance to decide if they like their chosen line of work. Mary Kingston, a third year public relations student, says she has experienced a variety of duties through her three work terms. She has been involved in promotional work, television interviews, media relations, and

preparing written material. She feels that this will help her get a permanent job afterwards for which she is well suited.

Co-op students also learn the techniques of writing resumes

and handling job interviews. Students often go through up to fifty interviews by the time they graduate.

Transfer students also have to consider the added time that

a co-op distinction will take. Transfer public relations student Kelly Gallant says that she doesn't look at it as another year of school, but as a year of work experience."

Equipment shortages detract from education

by Heather Selwyn-Smith

Barry Deturbide, a third-year public relations student at the Mount, totes his own typewriter to class. Why, "It seems like there's something wrong with every typewriter," he explains, referring to the machines in the PR typing room. "I also make a lot of mistakes," he admits, pointing out the absence of a correcting device on any of the typewriters.

When it comes to lack of equipment, the PR department in particular has several grievances. "The PR program is behind all other universities across Canada in communication technology," said Judith Scrimger, assistant professor of PR, citing computers as the obvious example. The department relies on the generosity of Computer Services. Sixteen terminals, however, is not an adequate number for students who should be learning desktop publishing skills on computers.

The department of modern languages is also helpful in granting students time to use au-

dio equipment in the language lab, but even the co-operation between departments is not enough to allow students the in-

dividual attention they require.

Adequate audio-visual equipment is not available within the PR department either. Ninety-six students share five portable video recording units and one video editing unit.

Public Relations is not the only department in need of sufficient, up-to-date equipment. The shortage is being felt by administration, researchers, and students alike.

It boils down to the fact that MSVU is not so well funded as other Canadian universities and, as a result, lacks ample, modern equipment.

"You can't spend what you don't have," said Paul Reyno, director of the Physical Plant. He added the university is "attempting to quickly recover ground" on the issue of shortages.

While it is unrealistic to expect an immediate solution, steps are being taken to alleviate the most pressing shortages. For instance, the new communications centre will provide study carrels, computer terminals, and a lounge-like area of quiet relaxation presently unavailable to Mount students.

"The problem is not being ignored," said Reyno.



Corner store hours cut

by Tracey Campbell

The Mount's Corner Store in Rosaria Centre has changed its hours of operation. The changes come after a study revealed that business during the evenings is not sufficient to cover operating costs. As a result, the store is now open from 9 a.m. to 5 p.m. on, Monday to Friday, and from 11 a.m. to 3 p.m. on Saturday and Sunday. All evening hours have been eliminated.

Cheryl MacKenzie, student council senate representative, says it is a matter of whether the store should be run strictly as a business, or if it should double as a student service as well. "If the student body is going to profit from the store it must be run as a business," she says.

Former Corner Store manager

Joyce Kiley agrees. "It's a fine line when student council wants the store to be a student service and a business at the same time," she says. But with the wide variety of products which the store now stocks, Kiley saw it as becoming more business oriented.

With this in mind, Kiley initiated a study to find out how the store could be making more money than it was. As she expected, results showed that on weeknights from 5 to 8 p.m. the store was either losing money or making very little. The same was true for Saturday and Sunday evenings between 8:30 and 10 p.m.. MacKenzie agrees. "The amount of money the corner store was losing at these times was enough to cut into the prof-

its."

The change in hours does not seem to be affecting most students, however. Sandra Ray, residence council representative, says students in residence are adapting well to the new corner store hours. "A lot of the girls in residence are frosh so the change doesn't bother them, and the older girls seem to accept the change without any questions," she says.

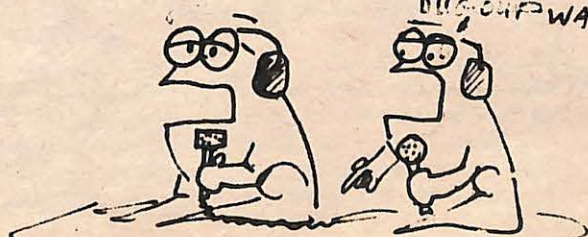
So with its new hours now in place MacKenzie is confident that the store will be able to continue serving students' needs while being more cost efficient at the same time. "We want to have a reasonable profit margin and still keep the store as a service to the students," she says.

Art's Pond

by Steve Jennex

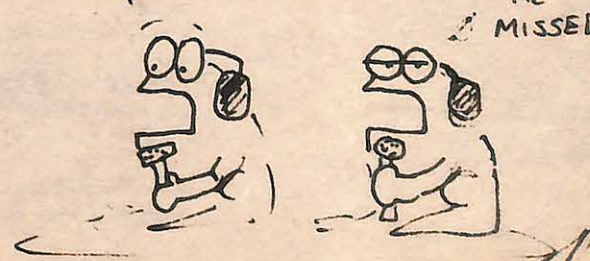
WELL, CERTAINLY A DEJECTED BLUE JAYS BALL CLUB HERE IN DETROIT....

... ESPECIALLY JESSE ARMFIELD! HE JUST TRIED TO SMASH HIS BAT AGAINST THE DUG-OUT WALL!!



OH MY GOSH! WHAT HAPPENED?

NOTHING. HE MISSED.



University mothers left to find their own child care facilities

by Allana Blatch

What happens when mom wants to go back to university but the kids are too young for school?

Nancy Rodgerson, a full-time BA student, found a solution — her three-year-old daughter goes with her. While Rodgerson attends class, her daughter goes to the MSVU Child Study Centre.

"The Centre is very convenient," says Rodgerson. "The care and the teaching programs

are excellent."

Full and part-time programs are offered for children aged two to five years. Based on space and teacher/child ratios, the Centre is licensed to handle a maximum of 40 children at a time. Program schedules allow a total enrollment of 75. Five full-time teachers plan and run the day-to-day programs.

The Centre, located behind Seton Annex, is open to the community. "Less than half of the children attending (the Centre) are of the university's facul-

ty or students," says Virginia O'Connell, supervisor of the Child Study Centre. Enrollment is limited, and waiting lists can be as long as six months. O'Connell has already received applications for 1989.

"Every fall when classes start up again, there are some mothers who bring their children with them, expecting to drop them off at the Centre while they are in class. We're just not a drop-in babysitting service," says O'Connell.

Kim Kienapple, chair of the child study department, conducted a study in 1985 to assess the need for an on-campus, drop-in child-care service. The report revealed a need for more flexible service in terms of hours and age groups. This type of service would allow parents to attend more evening classes and do research.

"The issue is whether or not there would be enough children to warrant it," says Kienapple. The 1985 survey of evening classes showed that about 10 children needed evening child-care service. Kienapple says this figure would vary since most parents have other child-care arrangements that are more reli-

able than those on campus. Kienapple feels the drop-in service would be used only when the need arose.

Other considerations for a drop-in child-care service include: licensing, liability insurance, staffing, fees, hours of operation, and a suitable location.

With more women returning to upgrade their education, the issue of flexible child care on campus is growing. "It is definitely not a situation unique to the Mount," says Kienapple.

For now, things will stay the same. Women combining motherhood and university will have to fill their own child-care needs.

Better study skills spell less stress

by Therese MacNeil

With the pressures of university, good study habits are essential. The Mount's Student Services now has two programs to help students improve their study skills.

The Study Skills program is designed to help students develop more effective and efficient study habits. The free program is divided into seven one-hour sessions and focuses on concentration, time scheduling, lecture note taking, reading text books, writing papers, exams and motivation. The group sessions use videotapes and follow-up exercises to explain and review each area.

Counsellor Peggy O'Hara is one of the program's two instructors. "Students will be able to incorporate the methods and suggestions given in each

session into their daily study habits," says O'Hara. Other benefits of the program include better time management, better marks and in O'Hara's own words "more time for social events without losing on the academic side."

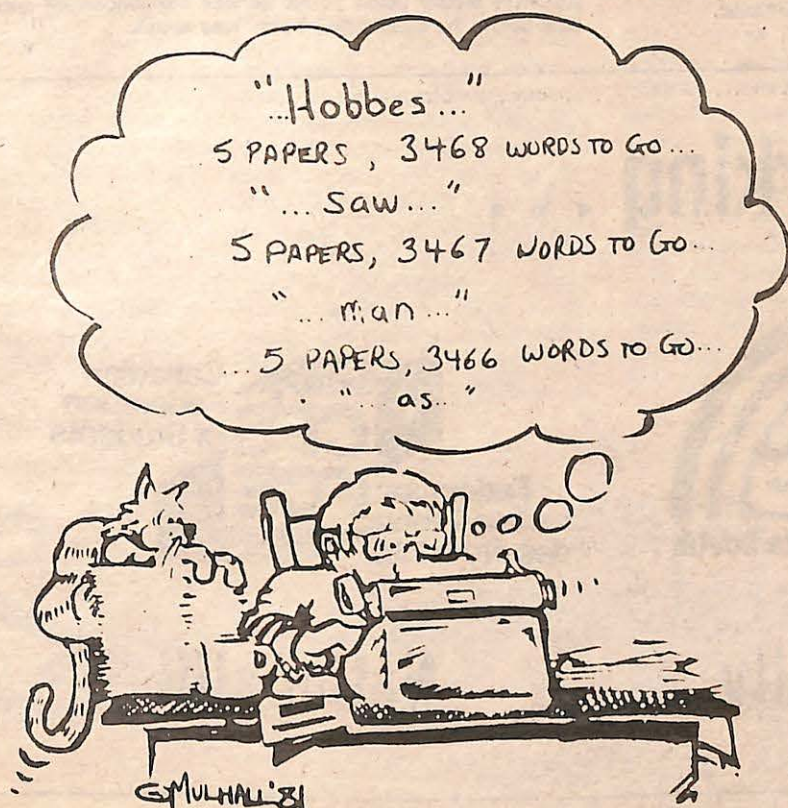
The first session of the Study Skills program is almost finished. Student Services usually offer the program twice in the fall term and once in the winter term. Both O'Hara and fellow counsellor, Ann Wetmore Foshay are preparing for the next session, scheduled for November. Foshay will be starting a skills program for people whose study habits are rusty. O'Hara urges interested students to register now as 20 is the maximum for the program.

Another option open to students is CASSIP (Computer Assistance Study Skills Improve-

ment Program). CASSIP is new this year and the Mount may be the first university in Canada to use this software package.

Before using CASSIP, students fill out a questionnaire which analyzes their present study habits — their strengths and weaknesses. Students then book appointments and work through the ten-module package on a computer. Like the Study Skills program, CASSIP covers time management, motivation, and exam writing, in addition to oral presentations. After each module, students discuss their questions with a counsellor.

Student Services want people to take advantage of these two programs and additional Study Skills programs will be scheduled according to demand. As O'Hara says, students with better study habits "will generally feel less stress."



GRAPHIC/VARSITY

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Chippett brings experience to VP Finance

by Leslie Freeman

Lisa Chippett, vice president (VP) finance for the Mount's Student Union, has a goal she wants to achieve: "I want to create awareness in the university community of the student union and of our magnitude as a business."

And she's just the person for the job. Not only does she have the energy to achieve her goal but she also has the experience. A fourth year business administration student, she has worked for the Department of National Defense, as an accounting clerk; Coopers & Lybrand, as an accounting clerk for receiving and bankruptcy; and, Thorne Riddell, as an auditor. Chippett was also treasurer of the student union at Sir Wilfred Grenfell College, a division of the Memorial University of Newfoundland, for a

year.

Although it is hard to tell, this is Chippett's first year on council at the Mount. She has gained her fellow councillors' support. Karen Seaboyer, entertainment director says, "she fits in great and in a short time she has caught on to the way things work in the office."

However, the 23-year-old Newfoundland native is not all business. Last year she was a Residence Assistant (RA) in Vincent Hall. Her reasons for doing so were all the right ones: "I wanted to work with first year students who were new to Halifax and new to the university, because I know how it feels to be in a new environment and be expected to know everything instantly."

Messages being slid under her door and the systematic ringing of the phone are common in her Rosaria Centre office. "VP Fi-

nance is a position where everybody wants everything either now or yesterday," says Chippett.

Between the position of VP Finance and being a full-time student, (she is carrying five courses each term until her graduation in May '88), Chippett puts in about 18 hours a day. She feels that her social life has changed somewhat. "I love to party and socialize, I'm a real Newf, but there are restrictions."

But such restrictions certainly don't change her objectives as a student union councillor and she emphasizes that she wants students to know that the student union is there for them. "We want to be visible so they (the students) know who we are."

The position of VP Finance is a demanding one with serious responsibilities and without support it would be a difficult one to fill. "One of the things

that helps me to do my job well," says Chippett, "is having a qualified Certified Management Accountant with 30 years experience as bookkeeper and as a friend to the student union. Keith Campbell is one of our biggest assets."

With plans of her own to become a chartered accountant, Chippett is tackling her responsibilities adeptly and professionally. She's already fulfilling her objective to be known to students. She should, after all, she signs the cheques.



Strike looms

reprint from the
Dalhousie Gazette

by Geoff Stone

A strike at the Nova Scotia College of Art and Design has been averted, for the time being at least.

The NSCAD faculty union and the board of governors are going before a conciliation board set up by the province in order to settle negotiations that have been going on since the summer.

The conciliation board will hear reports from the union and administration and then make a non-binding report of recommendations. "There's no guaran-

tee a settlement will be reached," said Alvin Comiter, past president of the faculty union.

The faculty has been in a legal strike position since August, and held a strike vote before the conciliation board was set. "We felt the road was lost (to reach conciliation), so we worked on a strike," said Bob Rogers, president of the faculty union.

The faculty gave unanimous support for a strike at the time, but with the conciliation board set up, the two parties have agreed to no strikes or lockouts until a week after the board reports.

Rogers said the unanimous decision by the faculty shows an

agreement with the union executives' position. "We thought that having won a strike vote was a clear indication the membership supported the union's proposal," Rogers said.

Margaret Boyle, NSCAD student union president, said the student union is presently setting up a strike awareness committee in order to deal with a possible strike, and to inform students about recent negotiation developments.

Alvin Comiter said he feels the union has a very strong case to present to the conciliation board. "We are hopeful the conciliation board will examine the evidence," Comiter said.

TO STUDENTS OF THE NOVA SCOTIA COLLEGE OF ART AND DESIGN

The Faculty Union of the Nova Scotia College of Art and Design wishes to advise students that courses may be interrupted this fall should current contract negotiations fail to result in a satisfactory agreement.

NSCAD's faculty union public service announcement published some time before the conciliation board was struck.

Mount Students Working . . .



Locally



Provincially

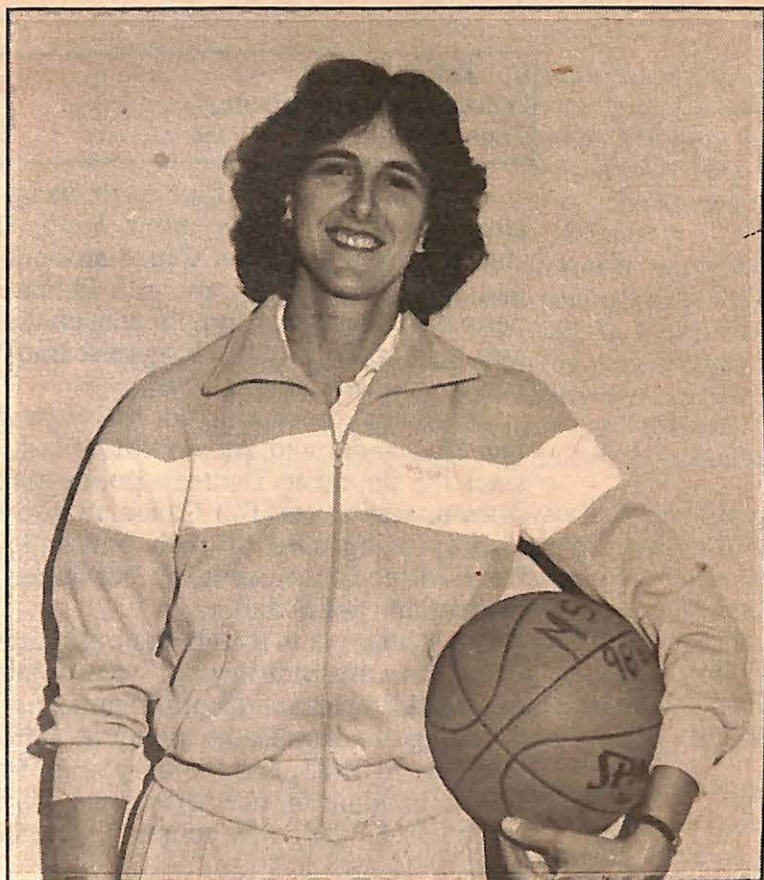


Nationally

Anne Lindsay — Coach of the Year

by Alison Sarty

Standing on the sidelines, Anne Lindsay, the women's basketball coach here at the Mount, looks critically at the girls dur-



ing tryouts for this year's team. Lindsay, who is entering her third year as coach, never looks forward to this time of year. As she describes it, "I wish I didn't have to cut anyone from the

team. The whole process kind of reminds me of pulling teeth."

Lindsay grew up in Avon, Connecticut. She spent most of her summers in Chester, Nova Scotia at her parents' cottage. When it came time for university she chose Dalhousie. She explains, "I loved Nova Scotia and it was cheaper to go to school here, so I thought, why not?"

The basketball coach at Dalhousie had never heard of Anne Lindsay. She was what they call a 'walk-on'. However, six years later, that was not the case. For three years she was an Atlantic University Athletic Association (AUAA) all-star and an All-Canadian all-star for one year. She also managed to get her Bachelor and Masters Degrees in Physical Education.

Lindsay coached at King's College and at Acadia University before coming to the Mount. June Lumsden, athletic director at the Mount, says, "Anne is a super person to work with. She wants to share her experiences as a player with her team."

Her first year at the Mount was a little frustrating. The team lost a lot of close games and didn't make the playoffs. Last year however, the team finished second to Teacher's College. Lindsay received the women's basketball Coach of the Year award

in the Nova Scotia College Conference (NSCC) and Coach of the Year at the Mount.

Along with coaching, Lindsay teaches full-time at Cole Harbour High School. She also plays senior ladies basketball, softball during the summer and loves to ski. Second-year player, Nancie Gatchell said, "I don't know how she does it but I'm glad she does. I've learned a lot from her."

Lindsay enjoys coaching here at the Mount and hopes to be doing it for at least another couple of years. She has definitely helped make the women's basketball team competitive in the NSCC — so competitive that the team may have a shot at the nationals this year. If that does happen, it will be greatly due to the coaching of Anne Lindsay.

specials

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Corner store

Cross-country season opens

The MSVU cross-country team opened its season with a win on Oct. 4, when they travelled to Nova Scotia Teacher's College in Truro to compete in a demanding 3.7 mile course.

All three competitors were returning runners from last year's provincial championship team, and their performances certainly lived up to their previous success. Margaret Kenney was the overall women's winner while Melanie Claude and Patti Strole placed third and fourth respectively. Each girl improved her time from last year's NSTC meet by at least two minutes.

The Mount team placed first overall with a total point score of eight. Nova Scotia Agricultural College placed second with a total of 18 points while Coast Guard College placed third with a total of 20 points.

The men's side of the meet saw Nova Scotia Agricultural College place first with a total of 9 points, while Teacher's College placed second with 16 points and Coast Guard College came third

with 20 points.

The next Nova Scotia College Conference Cross-Country Meet will be held on Sunday, October 18, as part of the Mount Athletics' For The Run of It.

Choose comfort for workouts

Clothing is an important component in your fitness program. Here are some tips to help you choose your workout wear.

Try to choose clothing that is loose and comfortable. Your fitness attire may range anywhere from leotards and tights, to T-shirts and shorts, or sweat pants and sweat shirts. Use your imagination and put any combination together. Remember — your choice is fine as long as it doesn't restrict your movements. "Comfort" is the key word!

Footwear is also important to

consider. When participating in a fitness program, it is important to choose a sneaker that fits properly, provides stability and support, along with enough cushion to absorb the shock of impact. The sneaker is a crucial consideration as it can help prevent athletic injuries and therefore make your fitness classes more enjoyable.

At the Mount's fitness classes you will feel great if you choose quality clothing and footwear that help you to reach your fitness goals.



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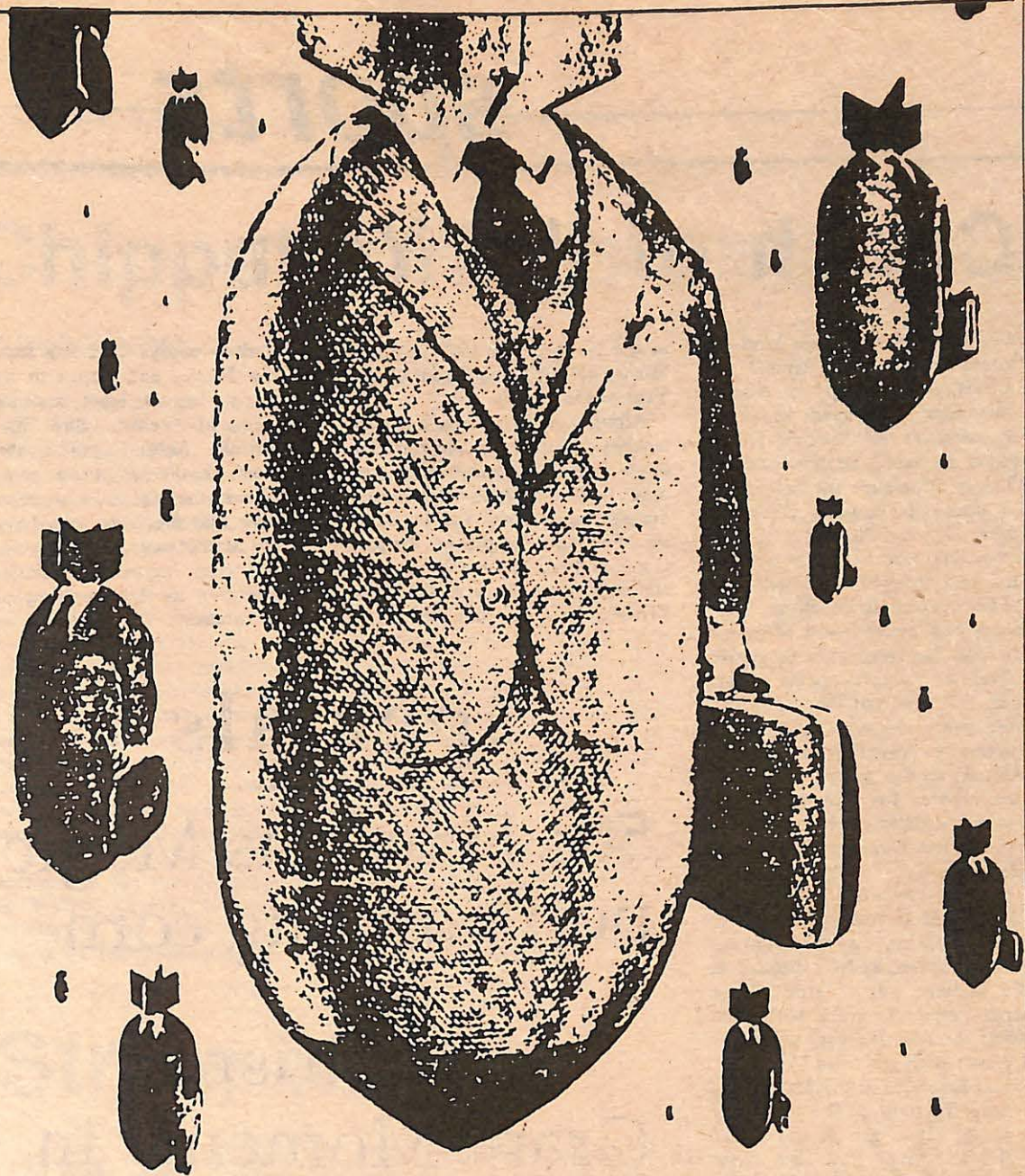
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Canada's Arms Industry: Can death be good business?

by James Young
Peace Issues Coordinator
Canadian University Press

As the Iran-Contra affair made daily headlines in the United States in November 1986, Canadians were shocked by reports that Canadian-built helicopter engine components had been shipped to Iran, with Ottawa's defence experts saying the engine components could be used in military helicopters in the war against Iraq, a conflict that had already left 500,000 dead.

Canadians' shock was not really justified, indeed scandal and embarrassment on Parliament Hill since the shipments flouted a policy to refuse arms sales to war zones. But Canadian aircraft and equipment already being used by both Iran and Iraq, "transformed" into military equipment in Switzerland and Brazil.

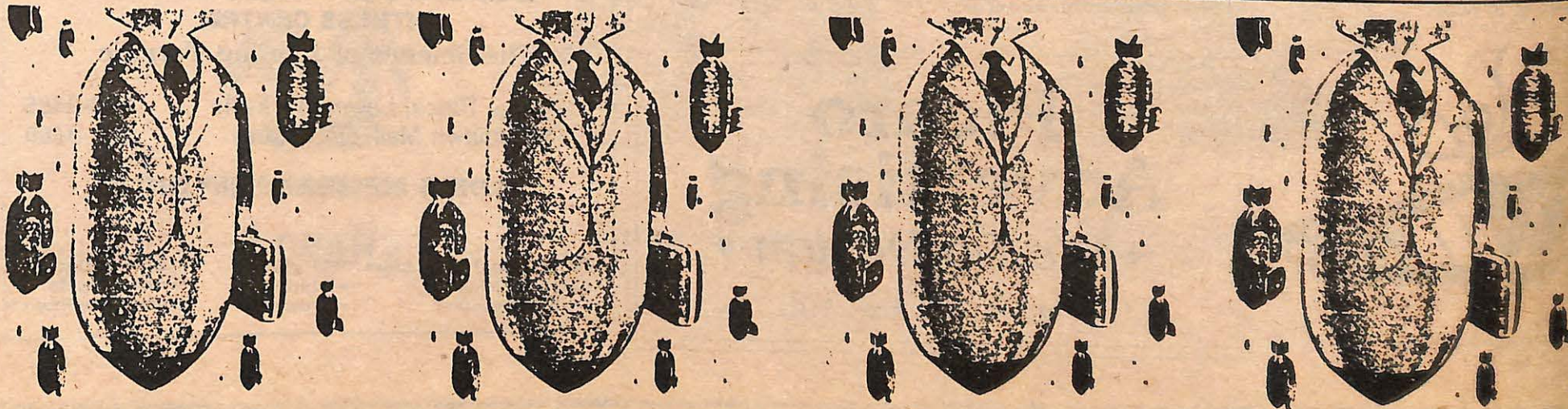
The Iranian parts are not the exception to the rule. Canadian arms industry has been involved in the world's current trouble spots, including the bombing of Libya in the spring of 1986, the invasion of Grenada in 1983, and the on-going civil war in El Salvador. In addition, Canadian arms manufacturers have played a large part in the construction of American missile silos.

This information, accompanied by a weapons inventory, is provided by Ernie Regehr, in his book *Arms Canada: The Deadly Business of Arms Exports*. "Canadians are reluctant to include weapons merchant in their self-definition," says Regehr, research director for Project Ploughshares at the University of Waterloo.

But Canada's arms export industry is worth \$1 billion annually. Eighty-five percent of the exports go to the U.S. but there are further direct sales to at least 45 countries, including such brutal human rights violators as Chile, Guatemala, Pakistan and

"Canada's production of military commodities has tripled within the past six years," Regehr says.

With 20 million casualties in the 100 years



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YES ☐ Let's have a nuclear war.
I'm sick of waiting.

NO ☐ I'd rather wait a little longer.

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Graphic/The McGill Daily

world since 1945, and Canada producing about one per cent of the weapons and components exported there, Regehr implies that our country has been responsible for 200,000 deaths abroad. The estimate may not be verifiable, but it makes a point — Canadians are unwitting participants in international violence.

Researching *Arms Canada* was not easy, says Regehr, thanks to government secrecy and the so-called Access to Information Act. In November 1985, after requesting information on the permits which accompany military exports, Regehr received a sample from External Affairs, with the explanation that "you will note that considerable information will probably be exempted."

Regehr calls that note "a remarkable example of understatement". The sample permit was essentially a blank piece of paper. The accompanying letter went on to say that the rest of the documents would cost \$3,000, the price of censoring them. But Regehr feels confident his own research is accurate. "I've been told that External Affairs had intended to really tear strips off it (the book) if they found errors," he says. "In fact, they haven't found

those errors, and so they've been very, very silent."

Overall, Regehr says the Mulroney government has continued the disturbing long-term trend of supporting the arms industry as a commercial venture, instead of one designed to meet legitimate Canadian defence needs. He points to a structural weakness within External Affairs, as the department includes both programs to restrain military exports and to promote them.

The Defence Programs Bureau, for example, publishes a glossy catalog of military products, offering foreign buyers wares ranging from plastic watercans to jet aircraft and clothing for protection from nuclear, chemical or biological warfare. The bureau also arranges trade fairs — which exclude the public — for promoting military products.

Another federal project, the Defence Industries Productivity Program, has given out hundreds of millions of dollars in subsidies since its creation in 1959. "The really high flying arms dealers are not sheiks and soldiers of

fortune, but middle level bureaucrats in drab, middle-level government offices," says Regehr.

But Regehr also criticizes External Affairs Minister, Joe Clark, who went to Saudi Arabia to hawk a fleet of light armoured vehicles to the royal family in 1986. By doing so, Clark gave high-profile support to sales of active combat equipment in a militarily sensitive area, to a government which supplies arms to Iraq and favours the Palestine Liberation Organization.

In the rest of *Arms Canada*, Regehr examines the economic delusions behind the arms industry as a job creator, and points out how relying on American markets can undermine Canadian independence in foreign policy. In the final chapter, Regehr proposes ten alternative export policies the federal government could adopt. The most essential is to realize "all Canadian military production should grow out of Canadian-defined military needs" instead of viewing the arms industry as a commercial enterprise. Countering entrepreneurial rhetoric, Regehr argues that no one has a "right" to manufacture and market weapons.

The ultimate entrepreneurial irony was perhaps when British troops in the Falklands were attacked by British-made weapons.

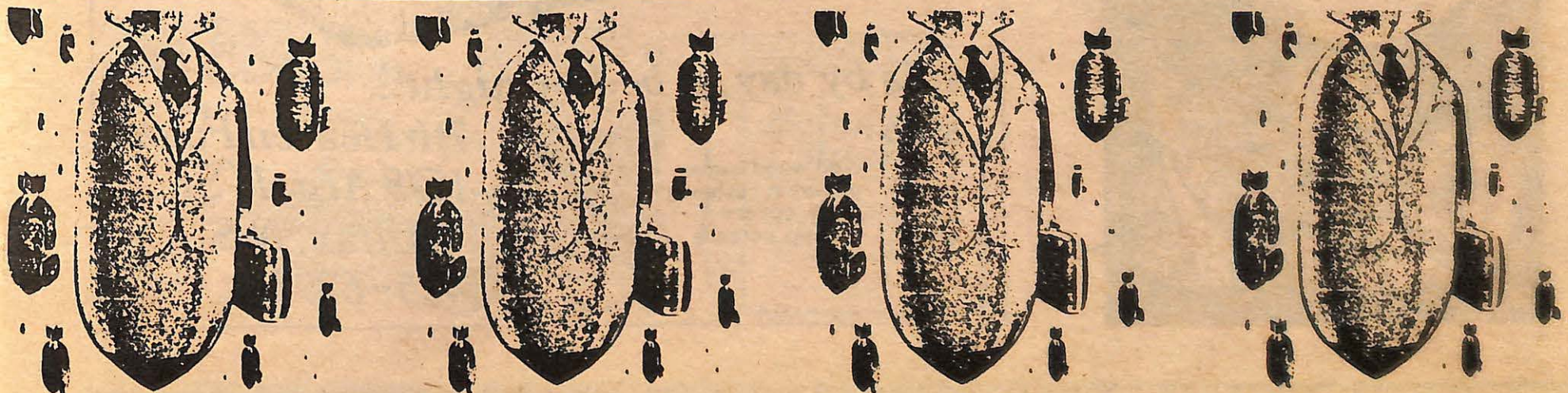
Moreover, arms exports should be undertaken only on a government-to-government basis, consistent with Cana-

dian foreign policy objectives promoting international stability.

Canada also needs more effective control over the final destination of military goods and must refuse them to human rights violators. There should also be a full annual public disclosure and review of exports.

"Canadians are not without choices," says Regehr. "On the one hand, this country has the technical and financial resources to become a strong competitor in the race to make the weapons of war widely available in an unrestrained global arms bazaar."

"On the other hand, it has the political and moral resources to resist dealing in weapons for the economic fun of it."



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You've had a hard day and want a chance to revitalize yourself or perhaps you need a break from studying, why not join Linda MacLeod Tuesday and Thursday evenings from 7 - 8 p.m. at Vincent Gym. This class will be a combination of low and high impact aerobics—a great way to spend your evening.

Have you indulged all weekend and want a chance to redeem yourself? Well, try a fitness class on Sunday night from 7 - 8 p.m. Susan Grant will be back with us this year to

finish off your weekend with a low impact fitness class.

Do you have back problems? Join Pat DeMont, Athletic/Recreation Coordinator every Tuesday and Thursday at noon from 12:10 - 12:40 p.m. She offers a special program for people with bad backs. This program offers a gentle warm-up and exercises to improve abdominals and posture and a

relaxing cool-down. This is a fun, educational way to learn to deal with back problems.

Join "Pace Makers" every Tuesday and Thursday morning from 9:30 to 10:30 a.m. This is a great way to walk into fitness. This class is conducted outdoors, by Lous Loots.

If anyone is interested in a noon walk every Wednesday

from 12 - 1 p.m. please contact Joan Richardson at 152.

Fitness is fun, and a great way to improve one's overall fitness. With our variety of classes and dynamic staff you should be able to find a class that will meet your present needs. Registration is ongoing at the Athletics Recreation office. It's never too late to join.

Attention fans

by Mike Beamish

TSN kicks off its most intensive college sports coverage in its four-year history with eight regular season and three playoff CIAU Football contests involving all four College Conferences.

On September 26, TSN covered the Acadia vs St. FX game at which John Wells, TSN sport director commented, "This is where the future CFL prospects will emerge and we want all of Canada to see some of our brightest stars."

"I look forward to covering CIAU football this season," says play-by-play broadcaster Michael

Landsberg. "It will be a pleasure to cover and call some of the best university football in the country."

TSN takes Canadians on the road to the Vanier Cup with playoff action on October 31 and November 7. The Western Bowl will be covered on November 14.

For the basketball fan, TSN has, for the first time, acquired total broadcast rights to the CIAU men's Basketball Championship. Peter Watts and Jack Donahue (Canadian Olympic Team Head Coach) will cover the action live on March 12 and 13 from the Metro Centre in Halifax.

Fitness and nutrition counselling available

Fitness Plus is a fitness and nutrition counselling program that is offered by the Athletics/Recreation office. This program is offered every Thursday from 4:15 p.m. to 5:30 p.m. Janet Plowman, our university nutritionist, will focus on weight control, proper eating habits, and counselling. Cathy Windsor and Lynn Kazamel, the Mount's fitness co-ordinators, will provide fitness assessments, weekly fitness activities and fitness counselling. This program is ideal for students who would like to learn how to incorporate proper nutrition and exercise into their lifestyles.

This program began September 17 but registration is ongoing

for interested students. The fee for full-time students is \$15.00 per session. Part-time students, faculty, staff and alumnae are

also welcome for a special fee.

For more information please contact Athletics/Recreation office, room 223, Rosaria Centre.

Ongoing events

The Nova Scotia College Conference Cross-Country Meet will be held on Sunday, October 18, 10 a.m. in conjunction with the annual MSVU For The Run of It. A women's soccer game is scheduled for Saturday, October 17, 1987 between MSVU and KINGS at 12 noon at Chebucto Heights. Come watch the action.

Come out again for women's soccer on Wednesday, October 21, 1987 between MSVU and

KINGS at 4 p.m. at Chebucto Heights. Come out and watch it!!

Want to earn some extra money? MSVU Athletics Dept. is looking for reliable people to keep score at all men's and women's basketball home games. If you enjoy basketball and want to keep track of how our teams are doing and you need some extra money, please apply to Peggy Boudreau in the A/R office.

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the public in their gardens
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and struggling helium balloons!

I can't arrange
those mindless ducks
in any vase known to man
nor pluck those flowers
that harness power
of the mind with matter
in order to please that passing nymph.
I couldn't read on that bench
touching the cobblestone
with antique iron legs
touching hundreds of legs
of the public, who file past
dressed in sweet smelling skin and cloth.
I couldn't find a potato or chip
or piece of corn
growing sacredly onto that ground
nor drink the water whose ripples
were lost in a fountain
on their way to a drowning man
I thought,
I know not when
the silence will begin
to follow my brothers home
to shut that gate
in the afternoon wait
for darkness and full moon.
So,
I slithered like a serpent
into a shaded shade.
I slept beneath a mushroom shaped tree,
it is good picking
for a giant whose belly
isn't too full of autumn leaves.

I awaken
and touch myself into the night air
it's late

and I can see some breath rising
around my head
that lies in my empty stomach
I wrap my home
tightly around this ghostly shape
and descend towards the scent of food asleep
without the public in those gardens
under a torchlight moon,
the earth's carpet comforts
my aching feet
as I march like a Berlin soldier
towards an overflowing lunchpail.
My mouth waters
and I swallow spit into hollow caverns
begging for mercy.
I am near to the pond when I pray
that my prey doesn't move.
I lower down onto my hands and knees
stirring through shrubs and flowers
to cat eye my awaiting feast.
I lay there silent, for a moment
into the sounds of singing leaves
but freedom didn't awake
that warm flesh asleep.

I then leapt
instinctively
wrapping my body around it
maneuvering it between my legs
squeezing life from its veins
my hands gripped its quivering neck
cracking it several times
without the public in their gardens to watch.
I placed its body in a plastic bag
and carried it down into the jungle.

It is here that I will share
this Thanksgiving meal
in fair exchange for a can of Lysol
to toast fresh meat
hurrying into my sunken stomach walls.
"Enjoy, enjoy the public gardens,"
I growled to those around the fire.

Jack Wall

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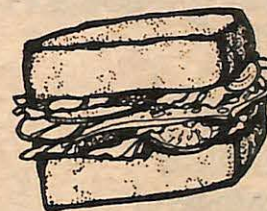
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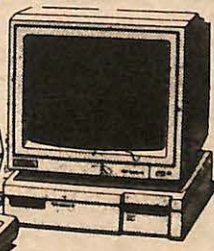
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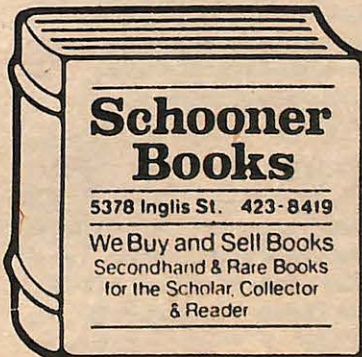


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Sherlock Holmes returns

by Paul Paquet

At the outset, I should admit that I am not in any way qualified to review theatre. I can't tell if the sets were "architecturally impressive," or if the scripting was "unusually insipid." I haven't even read many of the Holmes stories. If this were a movie, that'd be a whole other kettle of fish, but it seems hardly fair to judge a play by the same standards one uses for film.

I'm still new enough to theatre that the most prominent impres-

sion I'm left with after any play is wonderment. Towards the end of *Sherlock Holmes and the Curse of the Sign of Four*, Holmes talks about lifting the rooftops off every house in London to watch the undoubtedly fascinating proceedings within. Even without special effects and the other miracles of film, only live theatre can leave you with the sense that you are really there in 1887, watching Sherlock Holmes as he chases the villains down the misty river Thames.

This is so much the case that I sometimes found it hard to follow the somewhat wooden dialogue, and was instead transfixed by the smell of Holmes' pipe, the sound of his violin, or by the grainy 19th century photographs on his mantelpiece. Director Richard Ouzounian and his cast have recaptured all the magic of Sir Arthur Conan Doyle's campy superhero. The play comes with a certain self-parody and light-heartedness that helps compensate for what are often particularly incredulous plot devices. But where would a Sherlock Holmes yarn be without incredulous plot devices?

Michael Keating seems especially capable of conveying Holmes' unusually convoluted character. People in the know about these sort of things say that Holmes was a manic-depressive who sublimated his emotional energies into his work, who traded social awkwardness for intellectual acumen. Keating is able to capture the intensity such a profile should produce. Outwardly stoical, Holmes is frequently, but almost imperceptibly, agitated. Communicating this fact with body language, especially on stage, is quite difficult, and Keating is to be commended.

The play also includes all the trademarks one associates with Sherlock Holmes; the deerstalker hat, the cocaine, and lines like "The game's afoot!" and "Elementary, my dear Watson." Dedicated Holmes fanatics, and there are lots of them, will probably quibble over some arcane bits of trivia, but overall "The Curse of the Sign of Four" is two solid hours of entertainment for anyone who has ever been captivated by the Sherlock Holmes legend.



Graduation Portraits

by

J. Paquet

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Mellencamp : musician and teacher

by R.E. Bowness

John Cougar Mellencamp's latest production is titled *The Lonesome Jubilee* and can be described bluntly as thought provoking and enlightening.

There still exists the great musical blend of country and rock, as is Mellencamp's style, but the lyrics have gotten more serious. Record reviewers and D.J.'s cannot help but compare this work with his previous, *Scarecrow*, for its messages.

Although the topics of discussion have changed for Mellencamp, he still gives his all in trying to promote his point of

view.

Even in his "feel good" song, *Rooty Toot Toot*, he speaks out against people trying too hard to get through life. Just because Mellencamp pushes his views, do not, for a moment, think that this is not a good album.

On the contrary, the album is something that teaches you of life while giving you great sounds.

Don't pass this up if you are a fan of J.C.M. or even if you are a fan of Bruce Springsteen. This is a heck of an entertaining lesson and something I will be listening to for a long time.

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A fun, prayer and community group has begun to gather on Wednesday nights, at 8:30 pm. For more information about the group, contact Lesley Hartman, Marillac, 443-9916 or Diana Vatamaniuck, 436-9790.

Crazy Nights

by R.E. Bowness

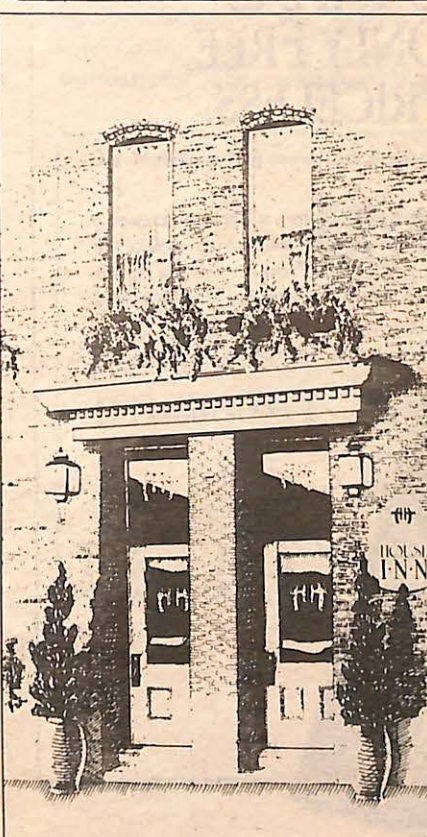
Welcome to commercial heavy metal ladies and gentlemen. First off, let me say no matter what I think about *Crazy Nights*, it is certified gold, probably platinum.

For music fans this will appeal to the louder-the-better audience. The lyrics are predictably suited to the males and the driving beat and extensive use of repetition—some might call it overkill—all add to the high sales figures.

The title track is a good, powerful cut and actually has the same rhythmic quality found in the rock-group *Heart*—overall a good song.

Doing a fast forward to side two, you'll discover some good songs. "When Your Walls Come Down", shows the repetitions effect, but don't let it discourage you, the other songs aren't that bad. A little slower and a lot better is "Reason To Live", a great song that has a purpose. Simply put, it says everyone has a dream that keeps them going.

Considering the wait between albums *KISS* has provided its hungry fans with a record worthy of previous albums. Personally, I prefer their early works when they still wore make-up to hide their identities—it was less painful that way.



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Valdy deserves solid reputation

by Katrina Aburrow

Valdy was everything that I expected and more. That may not sound like praise, but I expected a lot from a performer with such a solid reputation. And during his performance at the Cohn on Friday, October 9, he delivered the kind of warm entertainment that I had read about.

He sang with conviction and humour about issues that ranged from typical musical themes like love and its complexities to songs that explored touchy subjects such as nuclear energy, political performance (and I

mean performance in the case of Ollie North), and aging.

His presentation was simple and uncluttered with a minimum of stage equipment. Unfortunately the lighting was more of a distraction than anything else. Valdy did not need a purple background to catch the audience's attention. I know I would have liked watching him without the added fluorescent colours.

It was fascinating to watch the facial expressions and physical movements of Valdy. It seems that every cell of his body is concentrating on the lyrics he sings and music he plays.

From the waist up he is almost motionless. Somehow his feet move around a lot, and as a result Valdy looks a bit like a puppet with someone pulling his strings. At first it's amusing, but I find the muppets endearing as well.

Nothing compares to his voice which is soothing while making a difficult point easier to accept. He was accompanied by two very talented musicians: David Woodhead on bass and Al Cross on drums. Both players deserve the recognition that Valdy has given them. When acknowledged on stage, the audience gave them

the warm applause they had deserved.

I enjoyed his new songs. I also shared the sentiment of those people in the audience who waited for the more familiar material. In some songs like "Yes, I Can" and "The Simple Life: Ode to L.A.", you could feel that the applause had a different quality. It's as if you knew that people were thinking "Oh yeah, I really like this one!"

The new songs have the same wit, sense of humour and sensitivity that is part of Valdy's music. These are characteristics that everyone can enjoy in an audi-

ence with wide age and social differences. Young children and older people attended and enjoyed the show.

I'll be looking forward to his next album, due on record shelves in the spring. Now that I have heard some of the material that will be on it, I'd recommend it to anyone, even if they missed his performance.

There are a lot of good things in life that you can develop a taste for. And although Valdy is undeniably good, you won't have to work hard to acquire a taste for his music.

Mount band needs to strike up some cash

by Cheryl O'Connell

For the first time in the history of Mount Saint Vincent University, students on campus have taken the initiative to form a stage band. The band currently has 18 musicians and several vocalists. The instrumentation consists basically of brasses, woodwinds, and rhythm. Musically, the band's repertoire ranges from funk and blues to rock and jazz, from the 1920's to the 1980's.

Assistant Director Carol Jean Butts says, "Our main purpose is to provide music for the univer-

sity community." The band will operate on a non-profit basis, but may accept donations on occasion.

Currently, as the musical aspect of the band is going well, the main concern of the members is the financial support, or lack thereof. While the band has received a great deal of positive feedback and encouragement, the directors are meeting with difficulties regarding actual funding. Says Butts, "Although our first practice took place Sunday, Oct. 4, weeks of unsuccessful canvassing for funds preceded this meeting." Some of the costs the

band will incur are music scores, stands, instrument rental, advertising, and photocopying.

It is the hope of the directors that with an initial funding boost, the band will become, over time, economically self-sufficient. The directors would also like to provide a long-term source of inexpensive musical entertainment for the students, staff, and faculty of MSVU. With the initial support of the University's community, the band will set the stage for a continuing musical initiative at the Mount.

54.40 shows something new

by F. Owen Keith

The highly personal yet prolific and hard-working Canadian band 54.40 recently released their second LP, 'Show Me', on Warner Brothers records. The band works out of Vancouver, and consists of singer, lyricist and guitarist Neil Osborne, guitarist/vocalist Phil Comparelli, who also plays keyboards and trumpet, bassist/vocalist Brad Merritt, and

drummer/vocalist Matt Johnson.

The music can be described as surreal; often intense and almost mystical. If we must classify, it is alternative pop music, some of which actually takes more than a grade three intelligence to follow. (This last for you Madonna fans).

"Show Me" is a brilliant follow-up LP to their equally brilliant (and very popular) self-titled debut set.

The tone of the album shifts effortlessly from haunting sing-along tunes, such as 'Get Back Down' and 'One Gun', to howling, punchy three-chord songs like 'Stand in the Way' and 'Come Here'. 54.40 vocals, generally flat, are enhanced by well-executed harmonies. The live show at the Club Flamingo last June genuinely reproduced this sound with all the sincere professionalism of their recorded material. Buy it.

A backstage look at the original Saturday Night

by Chris Gallant

Jeff Weingrad, journalist and co-author of *A Backstage History of Saturday Night Live*, addressed a small but loyal gathering Wednesday evening at the McGinnis Room of Dalhousie University. Weingrad, laid back and casual, spoke as though he was quite close to the original characters of the show. He had interviewed many individuals to gather information for his book, part of which he revealed in the lecture.

Weingrad emphasized how Saturday Night Live was a defi-

nite turning point in North American television and an icon of pop culture, changing attitudes and standards. He talked about the creators and original greats, including John Belushi, Dan Ackroyd, Chevy Chase, Gilda Radner and Steve Martin. The best parts of the presentation were the short clips of everyone's all-time favorite Saturday Night Live skits and their off-the-wall humor; Cone Heads, Mr. Bill, Rosanne Rosannadana and Father Guido Sarducci.

Saturday Night Live was exactly what the audience wanted, its sardonic humor rocked the

establishment and outraged the censors. Jeff Weingrad also spoke of the internal conflicts between actors as well as increasing drug abuse. The musicians' dressing room had become the "departure lounge" as fame and fortune fell at their feet. All this, as well as the hounds from Hollywood, led to the eventual collapse of the original founders.

Although the new show is still considered good comedy, it will never have the same impact as the original Saturday Night Live had. For more insights pick up Jeff Weingrad's book; you might find it interesting reading.

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Anniversary**

the **CRAZY HORSE**
Cabaret

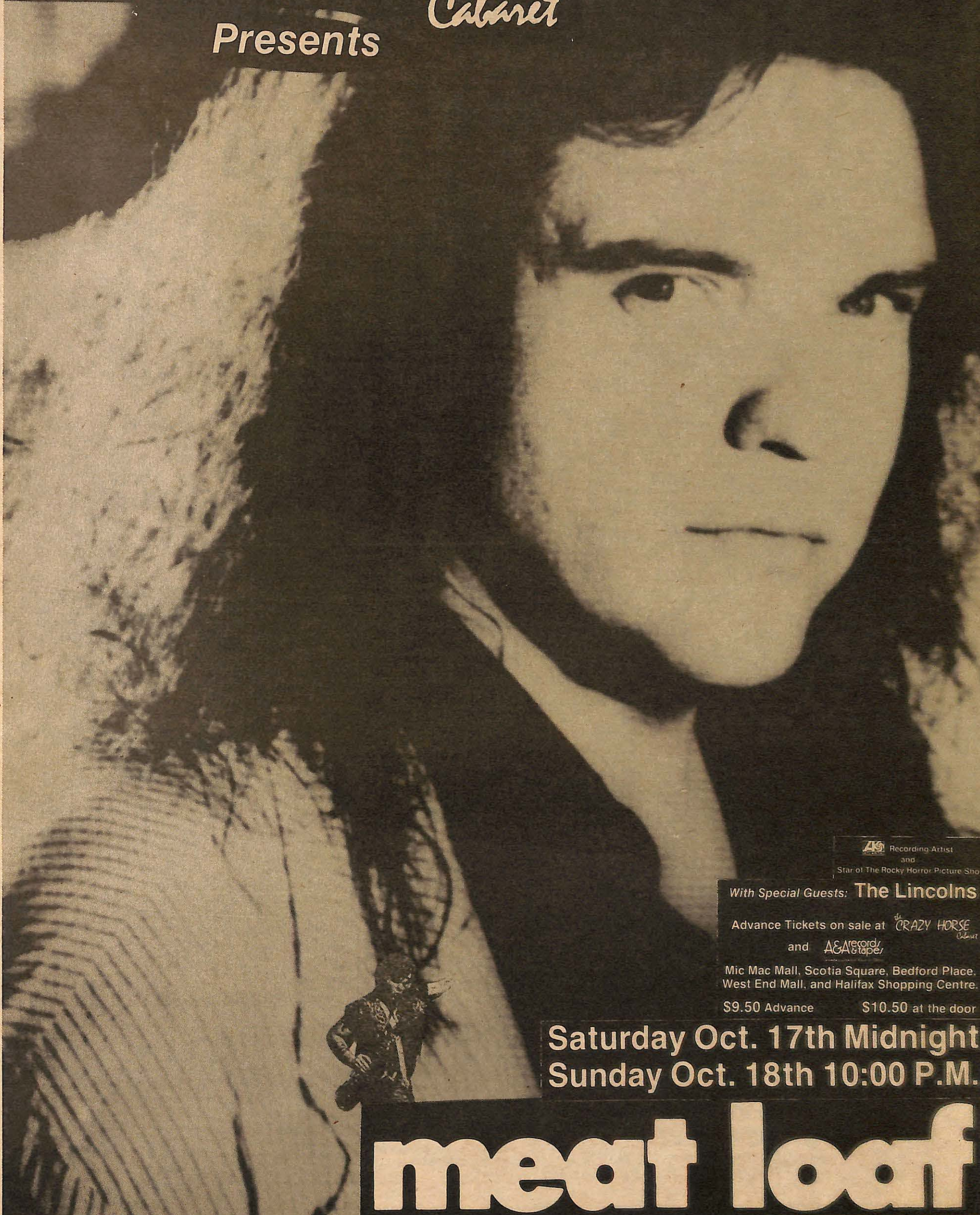
169 Wyse Rd.

465-7778
465-5556

meat loaf

the
CRAZY HORSE
Cabaret

Presents



AG Recording Artist
and
Star of The Rocky Horror Picture Show

With Special Guests: **The Lincolns**

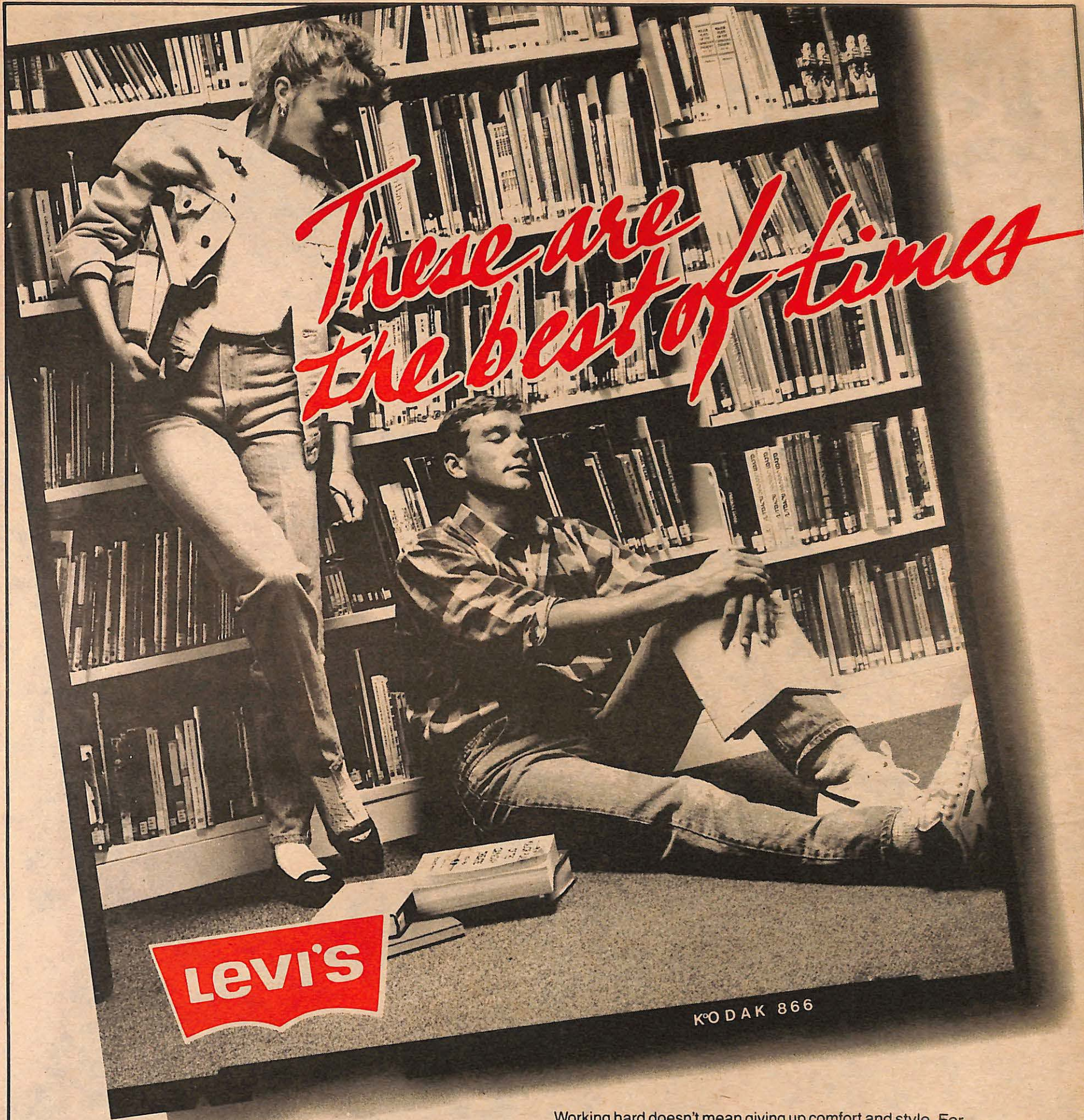
Advance Tickets on sale at **the CRAZY HORSE**
and **AG & A record & tape**

Mic Mac Mall, Scotia Square, Bedford Place,
West End Mall, and Halifax Shopping Centre.

\$9.50 Advance \$10.50 at the door

Saturday Oct. 17th Midnight
Sunday Oct. 18th 10:00 P.M.

meat loaf



*These are
the best of times*

Levi's

KODAK 866

Working hard doesn't mean giving up comfort and style. For the quality and fit you want, there's only one choice: Levi's Red Tabs. 501's for men, 531's for women. And they last as long as memories. Mark's Work Wearhouse carries Levi's Red Tabs in a full range of styles and sizes. And this semester, at any Mark's Work Wearhouse store, your student card lets you enter to win one of 20 \$1,000 scholarships* from Levi's and Mark's.

Levi's 501's for men. **\$44.95**

Levi's 531's for women. **\$39.95**

* No purchase necessary. See your local Mark's Work Wearhouse for details.

\$1,000 SCHOLARSHIP DRAW ENTRY FORM

To enter, drop this form off at any Mark's Work Wearhouse store prior to November 15, 1987.

Name _____

Address _____

Telephone _____

Student I.D. _____

University, College or
Technical Institute _____

Draw will be made December 15, 1987. Winners must correctly answer a time-limited skill testing question.

**W Mark's Work
Wearhouse**
More than just great workwear.