# the CONTRECTION Mount Saint Vincent University, Halifax, Nova Scotia



The Governor General's gold medal for the highest aggregate in the senior year went to Maire T. Murphy who graduated with a Bachelor of Arts with Distinction, majoring in economics. A mature student, Murphy is married with two young children and carried on a full-time program of studies in addition to her family responsibilities.

### "We are Proud of our Graduates"

Speaking with obvious pride in the Class of '82, President E. Margaret Fulton told the May 9 Convocation that Mount Saint Vincent University "makes a significant contribution toward creating an aware, self-reliant, resourceful and responsible citizenry.

"We know," she said, "that they will leaven the society wherever they settle and whatever role they seek. The rigours of the programs designed by a highly qualified Faculty have tested them out. Our students are not whiners or complainers, they are learners and creative workers.

"Through our Life Planning and Distance Education programs, we hope to continued on page 2

#### Convocation '82 Highlights

In Mount Saint Vincent University's biggest convocation to date, 422 graduates received certificates, diplomas and degrees in morning and afternoon sessions on Sunday. May 9.

Honorary Degrees of Doctor of Humane Letters were conferred by University Chancellor Archbishop James Hayes on four outstanding Canadian women: The Hon. Monique Bégin, Federal Minister of Health and Welfare; Dr. Mary Helen Creighton, world famous folklorist; Irene McQuillan Murphy (MSVU Class of '32), who has done so much for the school music programs in Nova Scotia, and Dr. Beryl Rowland, eminent English scholar.

The Mount graduated its first Cooperative Education students — Joanne Green, Nancy Burns and Shelley Rowan (all Bachelor of Public Relations) and Joy Miller (Bachelor of Home Economics). This program was introduced in 1979.

Nine out of ten Canadian provinces were represented by the graduates, with the majority coming from Nova Scotia. There were 19 students whose homes are outside Canada, including Bermuda, the Bahamas, Barbados, the USA, England and Australia.

The Governor General's Gold Medal was won by Maire Murphy (B.A. with Distinction) and Kappa Gamma Pi awards were presented by Dr. E. Margaret Fulton to Joanne Green (Bachelor of Public Relations) and Florence Miller (Bachelor of Arts).

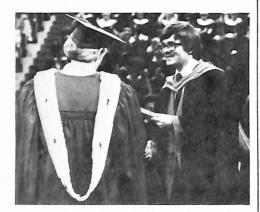
President's prizes went to graduates Caroline Goodfellow (Bachelor of Arts); Karen Stone (Bachelor of Public Relations) and Paul Healy (Bachelor of Education) for demonstrating "self-sacrifice and all round co-operation, continued loyalty to the university and service to the community".



Recipients of honorary degrees of Doctor of Humane Letters were English scholar Dr. Beryl Rowland, Toronto (third from right) and world renowned folklorist Dr. Helen Creighton, Dartmouth, (second from right).



Paul Healy (of Godspell fame!) was one of three graduates to receive a President's Award.



Dr. Charles Edmunds, who came to the Mount in 1975, received the award for Teaching Excellence. From 1976-81 he was Chairman of the Mathematics Department and since then has been an Associate Professor in Mathematics.

#### "We are Proud..."

continued from page 1

make higher education available to an even wider segment of adult and non-traditional learners who are, for one reason or another, denied the opportunity for traditional oncampus education immediately following high school graduation.

"In doing so we in no way lessen or diminish our academic standards or our belief in the essential role of a University—to legitimatize free intellectual enquiry.

"While recognizing the need for change and for familiarizing all our students with the new technologies, we remain committed to those programs rooted in traditional Arts and Science."

Dr. Fulton pointed out that the effectiveness of these programs is evident by the number of scholarship winners, and the numbers of students going on to professional schools and graduate studies.



An unusual and very effective touch was added to this year's Convocation when folk singer Clary Croft paid tribute to Dr. Helen Creighton with one of the songs she discovered. "Farewell to Nova Scotia."



Irene McQuillan Murphy (MSVU Class '32) was awarded an honorary degree of Doctor of Humane Letters for her pioneering work in the field of musical education in Nova Scotia.



A tree was planted in memory of Karen Lynn Graham during Convocation Week. Her parents, Mr. and Mrs. Kenneth Graham, and her grandmother, Mrs. Marjorie Kidd, were present for the ceremony. Mrs. Kidd is seen here putting the first shovel full of earth around the tree roots.



Finishing touches.



Relief, or euphoria — call it what you like, but it's a great feeling to have all those exams behind you!

#### "Let One Woman Help Another"

Dr. Beryl Rowland's address to the graduates at the morning convocation sparked some lively discussions after the event was over.

Here are some excerpts from that address:

"As university graduates, you are among the most privileged people in the world, enjoying a relatively stable society, and possessing brains, health, as well as tremendous opportunities to both study and play. You have had a good education, and the learning process that you have acquired here does not have to stop unless you want it to.

"But it is your reducation that is to cause you a problem. You know well enough that you have a commitment to others as well as to yourselves. You may not be able to save a world that seems hell-bent on destruction either through over population or nuclear arms, but if your education is to have meaning, if you are to retain any faith in the future, you will want to inculcate the highest ideals into the generation that you will yourselves produce...

"We live in a violent society. Among the factors contributing to that violence is the subjection of women, the traditional image of women as the property of men. Domestic cruelty breeds cruelty on a world scale.

"Your sense of justice alone, whether you are a man or a woman, demands that you try to remedy the situation. The question is how do you do it: how can you give women the same rights and privileges as

"We make too much of the fact that a few women have become top executives. We are being lulled into thinking that the battle has been won. It has not. Women may easily lose the small advantages that they have gained for two reasons: the opposition of women who have not yet experienced much discrimination and do not realise that at forty years of age, even with updated skills, their commercial value may be less than it was at twenty; the opposition of many women who are not in the work force and think, not without justification, that they are being unfairly belittled. The effect of both these groups, when they join forces with the men, can be totally destructive...

destructive...
"What direction should women take
in order to succeed? They should not,
in my view, try to emulate the dog-eatdog system that prevails in the masculine world. It has been suggested that
women like men should form a network, a kind of Old Girls' Network.
"The trouble with this system is that

it promotes mediocrity. Members of such a group are not necessarily very intelligent or competent, and beause they do not have to struggle like other people they even tend to be complaent and lazy. We today are suffering from the results of our own Old Boys' network. Despite the lively brains that we encounter at the universities, despite the fact that we have as many

highly intelligent people in this country as elsewhere, our cultural performance in some areas is not outstanding...

"Let one woman help another. This should be our purpose but how is it best achieved? I think that one way of achieving it is through women's customary role. The future attitudes of both sexes are partly in the hands of the enlightened mother. If she treats her children alike and understands that few individuals can be regarded as exclusively male or exclusively female, she may contribute towards a happier and more just society.

"Women who marry — and most of them do — are putting their lives in immediate and continuous jeopardy. Marriage for a woman is a most hazardous profession. The married woman with children is but one husband away from the poverty line. Discarded, deserted, or widowed, she steps over that line.

"The message that we are now receiving is that marriage does not last, that it is natural in our sophisticated and materialistic society to discard the mate who has reared the family and to take a younger one. One hopes that the

present fashion is a temporary neurosis but the lesson for women is clear: *Provide, Provide!* Only by achieving some kind of financial independence can she prescribe the kind of world that she wants for herself and for her children.

"Chaucer's Wife of Bath arranged her marriage settlement at the church door before the wedding ceremony. Today's bridegroom usually brings as little to the marriage as the bride. In fact, the liberated woman will often work to put her man through college or pay off his debts instead of putting herself through college first. There are business matters in a marriage that should be arranged before the wedding. If the woman is to do the housekeeping she should settle on the sum to be paid for it; if she is to work, she should reach an agreement that will ensure that the couple conduct their financial affairs on an equal basis...Not every woman wishes to work outside the home, and my major argument is that the contribution of both married partners must be regarded as equal. Let one woman help another and let every woman have the freedom to choose her role...

"Those of us who are free spirits know that popular opinion is something that you must learn to despise; it is almost invariably wrong. You have to think independently, do what you think is right and refuse to be deviated by the opinions of others unless you feel certain that they are given from a point of view of superior knowledge and experience. At present you are treading a fine line. You have to feel confident yet you must have a certain continued on page 10



A mother and daughter graduating at the same time is not all that uncommon at the Mount, but still worthy of note. Rae Rowan (second from right) received a Diploma in Legal Secretarial Studies, and her daughter Shelley (right) graduated with a Bachelor of Public Relations.



Joanne Green, Bachelor of Public Relations, was awarded a Kappa Gamma Pi prize for "high scholastic standing and a promise of academic leadership in the future."

# Award Time is Family Time, too



Karen Stone, Bachelor of Public Relations, received a President's Prize. Karen was president of the Student Union for 1981-82 and under her good management the year ended with a surplus in the Student Union account.



Caroline Goodfellow, a part-time, mature student, who graduated with a Bachelor of Arts degree, received a President's Prize for "best fulfilling the university's ideals of self-sacrifice and all round cooperation."



Maire Murphy's mother (right) flew all the way from Ireland to see her daughter graduate and receive the Governor General's Gold Medal. Maire's husband and two children were there, too.



Florence Miller, Bachelor of Arts, was a Kappa Gamma Pi prizewinner, another of the Mount's mature students.

#### Honorary Degrees and Citations

#### A Life in Folklore

In 1928 Helen Creighton found what she termed her path of destiny, just a few miles from her front door - the Eastern Passage road at the entrance to Halifax Harbour. This, after a career which included driving for the Royal Flying Corps in Toronto in WWI and for the Red Cross in Cape Breton several years later, teaching in Mexico, broadcasting children's stories over CHNS in Halifax and publishing articles and stories in all the major Canadian magazines. But it was to be a chance encounter when she was nearly thirty with a villager from Eastern Passage that resulted in the life in folklore for which we honor her today.

This seemingly delicate, dimunitive, lady has walked down countless lanes, in the early years trundling a melodian on a wheelbarrow, to record folk songs and tales cherished by people who kept the oral tradition alive in the secluded farms and fishing villages of the Maritimes.

Since 1943, thanks to grants from the Rockefeller Foundation and the Canada Council, she has recorded more than 4000 folk songs, folk tales, games, dances, instrumental music and samples of dialect for the National Museum of Man in Ottawa and the United States Library of Congress in Washington. An opportunist and an unremitting optimist, she has alerted the world to the richness of our folk heritage whether it be Scottish, Irish, Acadian, English, Black or Micmac. She once chastised Pete Seeger for his neglect of N.S. folk songs whereupon they became great friends.

She has taken herself and our folklore around the world. Her many publications include Songs and Ballads from Nova Scotia, Folklore of Lunenburg County; Maritime Folk Songs; Bluenose Ghosts; Bluenose Magic; and her spirited autobiography, A Life in Folklore. An opera, a ballet and several symphonies have been based on music from her works and her own life was the subject of a musical The Collector developed by John Frederick Brown and first presented here at Mount Saint Vincent University in 1980. Soon to be published is her most recent volume of Acadian Folk Songs on which she worked with Irmine D'Entrement, one of the Sisters of Charity from the Mount Saint Vincent Motherhouse.

Helen Creighton has been the recipient of many national and international titles and honors, among them: National President, Canadian Author's Association; President, Women's Canadian Club, Halifax; Charter President, Zonta Club, Halifax; Fellow, American Folklore Society; Fellow,

Royal Nova Scotia Historical Society; 1979 Citizen of the Year, Dartmouth; President, Dartmouth Museum Society; she received the Centennial Medal in 1967, The Order of Canada in 1976 and the Queen's Jubilee Medal in 1978; and for 1981 was declared by the Canadian Folklore Studies Association its Distinguished Canadian Folklorist.

None of this can measure her unending vivacity, deep faith and generosity. A friend to young and old, she is a spendthrift in the gift of her time and energy. After an early discouraging battle with ill health and personal disappointment a doctor told her "Find some occupation you enjoy and work at it. When you get tired, stop and rest, then get up and go at it again." She's been going at it ever since.

### Worthy of her Place in Time

Beryl Rowland is wife, scholar, and university professor. Under all these titles and throughout a distinguished academic career, Professor Rowland has upheld the standard of excellence during a period that has seen a powerful expansion of university life in Canada.

It is not everyone who finds the period of history she deserves. Some women and men have been far worthier than the generation that saw their birth. History proves that every species of good does not always triumph. Saint Francis ousted by the community he founded; Lincoln with his "malice toward none" destroyed by a bullet; Hopkins, dying before any of his poems were published; Jesus with His prayer, "Father forgive them..."

But in honouring Doctor Beryl Rowland,

we are honouring one who has been found worthy of her place in time. As a professor, she is honoured for her extraordinary gifts as a teacher whose students, nourished on the common-sense wisdom of Geoffrey Chaucer, might well be her greatest contribution to the humanization of society. She is honoured for the penetrating ideas she has infused into medieval scholarship: her Companion to Chaucer Studies, her Blind Beasts, her Animals with Human Faces (for which she received the prestigious Chicago University Presses Book Award in 1974) — all attest to her abilities as a researcher with keen critical faculties.

But what makes Professor Beryl Rowland so particularly worthy of her place in time is her recognition that excellence in scholarship is not the exclusive preserve of men. Her career has demonstrated that women, too, can achieve high standards of performance within those limits assigned them. She is the first woman to have received a doctoral degree in English Literature from the University of British Columbia; also the author of the Medieval Woman's Guide to Health: The First English Gynecological Handbook. What is more, her career has fostered a conception of excellence which can be applied to each sex, every race, and to any socially accepted activity. We need excellent female doctors every bit as much as we need excellent male doctors, we need excellent Ethiopian farmers as much as we need excellent Canadian wheat growers. We need excellent first-grade teachers perhaps even more than we need excellent university professors. The tone and fiber of any society depends upon a pervasive striving for good performance.

Reviewing the flourishing colonies of Canadian academics, and recognizing a talented, spirited woman, with high academic goals which merited her life-long effort and commitment, Mount Saint Vincent has chosen to honour at this 1982 Spring Convocation, that pursuit of excellence so clearly epitomized by Dr. Beryl Rowland.



dent, Canadian Authors and Club, Halifax; dent, Women's Canadian Club, Halifax; Charter President, Zonta Club, Halifax; M.A., Ph.D. (presenter): Dr Beryl Rowland Ph D D Lit D Hum L Dr Helen Creighton, Fellow, American Folklore Society: Fellow, C.M., LL.D., D es L. D C L. D Hum L and Mary Sparling M A (presenter)

#### **Honorary Degrees and Citations**

#### A Protector of Rights

If it is a politician's privilege to be selfconfident, this is not limited to man for we have the example of the Honorable Monique Bégin who, in 1972, was the first woman from the province of Ouébec to sit in the House of Commons.

Et pourtant elle n'avait pas choisi la politique, c'est la politique qui l'a choisie. Lorsqu'en 1971. Marc Lalonde lui proposa de descendre dans l'arêne, elle refusa lui demandant s'il était fou. Mais l'année suivante, elle finit par accepter. A partir de ce moment-là sa carrière s'affirma tandis qu'elle affrontait une lutte sociale après l'autre. Elle allait devenir la championne des causes perdues, la voix énergique des déshérités, celle dont un proche dira: "Monique Bégin, ca n'est pas qu'un coeur tendre, c'est une machoire forte."

Her fierce desire to improve the condition of the more vulnerable in our society and her strong will to succeed come from her difficult childhood. Instead of playing with dolls, she grew up escaping bombs. For the Bégin family, forced to join the flood of refugees escaping the Nazi invasion of France, the journey ended in Lisbon three years later. Monique walked alongside, while her parents carried the two younger sisters. A baby brother born during "la débacle" was killed before their eyes in a German air attack, and Monique spent six months in hospital in the south west of France, suffering from malnutrition and impetigo, the result of unsanitary living conditions. The family returned to Montréal where they experienced poverty and severe restraints.

Après avoir achevé ses études à l'Ecole

préparant le soir un Baccalauréat ès Art. Puis, elle obtint une Maîtrise en sociologie a l'Université de Montréal et se rendit à Paris pour faire sa scolarité de Doctorat. Le jour où elle arriva à la Sorbonne, des policiers tuèrent un étudiant sous ses yeux. La France était alors déchirée par la guerre d'Algérie et, tandis qu'éclataient des bombes près de l'appartement où elle vivait: elle étudiait.

Rentrée au Canada, elle travailla dans le secteur privé, dans le domaine de la recherche appliquée en sciences sociales. Elle participa à la fondation de la Fédération des Femmes du Ouébec dont elle fut la première Vice-Présidente et, en 1967, fut nommée Secrétaire Générale de la Commission Royale d'Enquête sur la situation de la femme au Canada. De 1965 à 1967, elle fut membre de la Fondation Canadienne des Droits de l'Homme. Then she met Marc Lalonde and politics. She was first elected to the House of Commons in 1972 and was re-elected in 1974. In 1975, she was named Parliamentary Secretary of State for External Affairs. In 1976, she became Minister of National Revenue and was sworn into Privy Council. In 1977, she was appointed Minister of National Health and Welfare. She held this portfolio until 1979 and was reappointed in 1980 when the Liberals were re-elected

Au cours de ses deux mandats de Ministre de la Santé Nationale et du Bien Etre Social, l'Honorable Monique Bégin a attiré l'attention du gouvernment et de l'électorat sur le sort des enfants, des femmes, des personnes âgées, des pauvres, des autochtones, des handicapés, en un mot, de tous ceux qui sont les plus défavorisés.

Elle a fait adopter le crédit d'impôtenfant, formule de redistribution du revenu qui profite aux familles à revenu Normale, Madame Bégin enseigna tout en | faible et moyen. Elle a fait aussi adopter

à deux reprises des mesures législatives augmentant le Supplément de Revenu garanti des pensionnés désavantagés.

She has also shown constant support for medical research et, en 1979, la Société Canadienne de Recherches Cliniques lui décerna le prix "du mérite exceptionnel", titre qui s'ajouta au Doctorat Honorifique que lui avait accordé en 1977 Saint-Thomas University, New Brunswick, for her work in the field of human rights.

To protect those rights, to alleviate human suffering, the Honorable Monique Bégin will go on fighting. But, she will also remind us that "despite heredity, conditioning and determinism, there is individual participation in our fate, participation...which we must ensure meets our own personal requirement for human dignity without which our life is that of a soulless animal."

#### A Mover and a Shaker

Irene McQuillan Murphy's pioneer work in the musical education of students in the Halifax school system has made her one of our most respected professionals.

Back in the days of the depression, when fuel was scarce in the homes of many of the boys she taught at Saint Patrick's School, the children used to stay after school hours just to keep warm. To cheer them and to occupy their time she organized singing groups which through constant practice soon began taking prizes in music festivals. In 1942 she became Assistant Supervisor of Music for the Halifax City Schools. A year later she became Super-

For a quarter of a century Irene Mc-Quillan Murphy was a mover and a shaker on the Halifax music scene. During that time music education expanded not only within the classroom but also in extracurricular activities. Mrs. Murphy was a producer, co-ordinator, director of three major CBC broadcasts which featured the voices of Nova Scotia children, and were regular features on the CBC regional network and went on to receive international

Under her direction the Saint Patrick's Girls' Choir was chosen by CBC International to represent Canada in an annual broadcast to all nations of the world.

In total she directed more than a thousand CBC broadcasts, 325 stage shows in schools, 500 glee clubs and school choirs, and perhaps one of the most significant statistics — she conducted 13 musical productions a year in 13 schools for 25 years.

Under her guidance the school chorus section of the Halifax Music Festival developed in size to include 250 classroom choirs in a single year — the greatest numcontinued on page 10

The Hon. Monique Bégin told graduates at the afternoon convocation that politics is not something you simply think about — it's something you do. This edited version of her speech points up her own special philosophy towards

"An Unremitting Effort of the Reflective Mind"

"There's nothing separate or special about the political sphere. It involves you as much as it does me. Without the participation of the citizens as well as the professionals, democracies such as ours have no chance of seeing it through these difficult times.

"The fact is that things are changing very rapidly, whether we like it or not. The long and honourable tradition of state social intervention is changing. It has been a giant step forward, as much the product of humanistic liberalism as of economics. It has extended the protection of the state to the weakest and most marginal members of our society.

"But now there are signs that the days of the omnipresent benevolent state are numbered. On one hand there is an authentic movement against the allembracing state. It is marked by a fear of totalitarianism and bureaucratic suffocation and the wish for greater autonomy. It is the product of respect for human dignity. On the other, there is the primitive and unfeeling individualism put forward by the present regime in the United States, which results in making the rich richer and the strong stronger and is undoing the poor and weak. Some of the slogans of the two movements may sound similar, but there is a great difference between them.

"There are also rumblings against the dominant theory behind social advances in the western world. Utilitarianism has been a source of inspiration for social reformers since it was formulated in 19th century England by Jeremy Bentham and John Stuart Mill.

"It is impossible to overestimate the influence of utilitarianism. It has dominated social criticism and planning through the western world for more than a century. Today it informs virtually all social planning in and out of government. It is the para-

mount ideology of all voluntary organizations and of the social planning of all levels of government. It has been the inspiration for many great and good works.

"But now there is reason to think that the time for utilitarianism is coming to an end. Its shortcomings have been expressed by the British philosopher Stuart Hampshire, who says that it reduces morality to a kind of social engineering and that these days the desired states of mind might be brought about by behaviour training or even by chemical or medical techniques.

"There is no easy way out of the general welter of confusion and ambiguity. As Hannah Arendt has pointed out in her last book, The Life of the Mind, the most inspiring ideas and slogans can be used to promote evil. The tyrannies of our times have all been expert at exploiting ideas that seem valuable and humane, at least on the

"How can you tell the difference? Hannah Arendt's answer, to put it simply, is that you can only trust a constant process of moral reflection. You must be able to go home every night and face yourself in the mirror. We can see our way through only by unremitting effort of the reflecting





#### Studies and Full Time Jobs Often Go Together

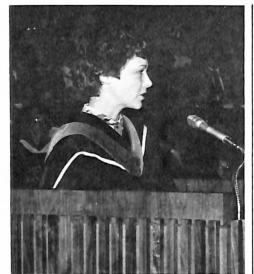
Three of our staff members received degrees this year. (Left) Carolyn Faulkner, of the Mount's Student Services, worked hard for her degree while holding down a full-time job and raising a family. Carolyn was awarded a Bachelor of Arts degree.

(Bottom left) Carol Boylan-Belliveau, who works in the university's Conference Office, received a Diploma in Legal Secretarial

(Below) Valerie Burkimsher, secretary to the Dean of Human and Professional Development, received a Bachelor of Arts degree with Distinction.



Honorary degree recipients and their presenters. (L to R) Josette Déléas, B.E.S.E., B.A., M.A., D.T.C. (presenter). II. Jones D.T.C. (presenter); Hon. Monique Bégin, P.C., M.P., M.A., Hon. Ph.D., D.Hum.L; Irene McQuillan Murphy, B.A., D.Hum.L; and Sr. Margaret Young, B.Mus., A.R.C.T., M.Mus.



Valedictorian Gina Walzak graduated with a Bachelor of Arts with Distinction.

#### "Unfold your True Self"

Valedictorian **Gina Walzak** had these words for her fellow graduates:

"During our years at the Mount, one theme has been paramount. How often we were told to use our abilities to their fullest so that we could achieve our potentials. In order to do this, we must recognize that we are unique individuals with varying talents and gifts.

"Dr. Leo Buscaglia is a professor of Education at the University of Southern California. I was exposed to his teachings during my first year here, but since then have had the good fortune to read a book he wrote called simply **Love**.

"I would like to share with you a thought that Buscaglia expresses in this book and by which I feel we should live. Our main function in living is to unfold our true selves and on that same plateau, we must help others to become strong and to perfect themselves as unique individuals. We must realize however, that our true selves will not be loved by all persons. This is the ideal. We may be one of the world's finest plums, but we must remember that there will be people who want bananas. In such situations, we have the choice to change and become bananas. However, be warned! If we make this choice, we will only be second rate bananas, but we can always be the best plums.

"We are today and forever, first rate individuals. We are each of us the best me in the entire world. But, inevitably, there will be people who will want us to be different from what we are; who will look for



A trip on Haligonian III around Halifax Harbour was a highlight for the graduates, and the weather couldn't have been better!

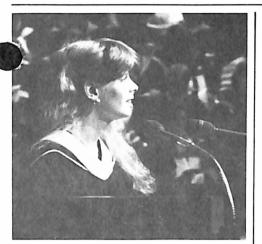


Part-time students form almost half the Mount's university population. During graduation week they held a delightful Part-timers Buffet Supper. During the event scholarships were awarded to (L to R) Sharon Freeman (Alumnae Scholarship for \$250); Sheila Walker and Shirley Baker (CAPUS scholarships for the cost of one credit).



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So many graduates wanted to attend the Baccalaureate Mass this year that it had to be moved from the Evaristus Chapel to the Motherhouse chapel. It was a beautiful and moving service attended by more than 800 graduates and their families, faculty and staff.



Valedictorian Kelly Ryan was awarded a Bachelor of Child Study degree, with Distinction.



Darlene Comeau received her ring and yellow rose at the special ceremony held for Home Economics graduates each year.

# "What you were made for"

Valedictorian Kelly Ryan used a popular movie as an example of her philosophy when she said, "I don't know how many of you saw 'Chariots of Fire', but I'm sure you've heard much about it. At one point in the film Eric Liddel, the Olympic running champion, compares faith to running a race. As individuals there are two things which are important to have faith in. One is yourself, the other — the God who created you, Liddel says 'He made me fast, and when I run I feel His pleasure.' In the same way He made you good at P.R., and you good in chemistry. He gave you a talent for writing and you skills in the home ec. field. Rejoice in that gift and have faith in it; you have developed it within the university; have confidence that you will be able to use it when you leave here.

"You can thank God you've taken an opportunity to expand your mind and develop the incredible amount of discipline it takes to complete the requirements for any degree. And have faith that you can walk out there and prove to that 'real world' that you can use what you've learned here.

"You've got to have the light of the vision of what you were made for shining before you to take you to the finish. Your academic career is only one segment of the race and you've all won. Go on, finish the race with flying colors, and remember this day not as the end, but the beginning of showing that 'real world' who you are."



A proud and happy moment. Maureen Connolly, Bachelor of Science, one of the 422 graduates to receive degrees or diplomas at this year's Convocation.



Co-presidents for the Class of '82, Karen McDonald (L) who graduated with a Diploma in Child Development, and Karen Deprey, Bachelor of Science in Home Economics.



The Alumnae Association's Annual Dinner took place on May 6th when guest speaker Claudette Sapp (R) gave an interesting and well-researched history of the Association. Others in the picture are (L to R) Linda MacLellan (out-going president); Barbara Watt (president) and Barbara Shea (Board of Governor's representative).



Kim Raines (L) was awarded the Canadian Dietetic Association 'Economics Laboratory Graduates Award' at the Yellow Rose Ceremony. The award is worth \$750.

#### "Let One Woman . . . "

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humility to learn. You cannot learn if you think you know it all already. You need to probe, to test, to listen.

"To end on a positive note. At the present time, the most important person in your life should be yourself. You have to be a self-sufficient and happy person in order to fulfill both yourself and the needs of others throughout life. Consider carefully your goals and go for them. Make certain that they are not too low for your capabilities nor too high, and work to achieve them. Being yourself does not mean that you put yourself first in the small things of day-to-day living. Consideration for others, such courtesies as giving up one's seat in a bus to an elderly lady or holding open a door, are part of being civilized. But you are now at a crucial stage in your life, and nothing should be allowed to stand in the way of your goal. Caring for sick relatives, for example, may be admirable but you cannot at this point let your career slide away from you for reasons of self-sacrifice. You are not expected to be a martyr. Later on you may find to your surprise that you are not the most important person in your life. Husband, children or friends of many years standing become, almost before you realize it, so dear to you that there is no limit to the sacrifice you would make for them. But before you reach this stage, you will go through many experiences. In doing so, make use of what you have already learned here, be yourself and do not listen to the voices of reaction, the voices of the quiet antifeminists."



Ottawa's Fisher Park High School Band, which just happened to be visiting the Maritimes during Convocation Week, came to the rescue when Stadacona Band couldn't make it to the afternoon convocation at the Mount on May 9. They added a wonderful touch of colour in their smart red and white uniforms and provided the stirring music so necessary for the occasion.

#### "Unfold Your True Self"

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other qualities in us. We can try to change and meet their inappropriate expectations. But, in that case, we will be failures.

"On the other hand, we can face these situations and realize that even with our minor imperfections we are the best people we can be.

"We need not be afraid of the future. We have the abilities and the training to be-

come invaluable members of society. Our dedication to use these elements faithfully to their fullest extent is all that society asks. Not too big an order if we continually attempt to maintain the standards set for us here at Mount Saint Vincent."

#### A Mover...

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ber of school entries in any competitive festival in Canada.

Her constant efforts in aiding the students of Halifax have given her a larger than life family who remember her vitality and sacrifice with affection and appreciation. This larger family has achieved success in a wide variety of occupations. Mother of her own "inherited" family of five, children of her late husband Alban Murphy, Irene Murphy is still enjoying the music of children's voices — those of her nine grandchildren.



Graduation Ball — always a big event every year, was held at the Holiday Inn in Halifax.

## the **Connection**

The Connection, the Mount's bi-weekly newsletter, is pleased to send this special Convocation issue to all 1982 graduates (and other friends) in the hope that they will touch base with the Mount from time to time.

We can't keep in touch unless you keep in touch. Best regards and good luck.

Editor: Pat Copeland