

THE PICARO

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JAMES TILLEY

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MONTREAL MASSACRE

BY ALICIA DOYLE

We will remember you.

December 6 is a day to mourn the victims of Marc Lepine's hatred of women. The Montreal massacre as it is commonly known today, was probably the most shocking event in Canadian history. Things like that don't happen here.

In the aftermath of the Montreal massacre there was a lot of soul searching and a lot of denial. Some saw Marc Lepine as an isolated madman whose action was unrelated to the society he lived in. While others had a dramatically other opinion. They saw him as the most violent expression of the sexism which exists in our society today.

Whichever view one holds what is undeniable is that the abuse and murder of women by men continues.

Unlike the 14 women who were

gunned down that cold December day in 1989, most women suffer violence by people they know and often reluctantly love. Violence against women is not always committed on the cold, dark urban streets, but in living rooms and kitchens in our own homes.

"How many Canadian women have to die before society says enough is enough?" asks Mount Saint Vincent woman's studies student Judi Gavin. "Tragedies like the Montreal massacre could be avoided if 'men' like Marc Levine would just grow up."

It is thoughts and phrases like these which begin to come to mind just about every year at this time at a predominately woman's university like Mount Saint Vincent. We can see everyone, women and men alike adorning the memorial purple

ribbons around the school, but can we really say that things have changed?

It is every year at this time that we also gather for memorial services to take time out of our busy schedules to pause and stop to remember those young students who had their futures taken away without remorse that cold day in Montreal.

Mount Saint Vincent is planning such a memorial to be held Saturday, December 6 at 12:30 PM. The memorial will begin in the Art Gallery and will end with a tribute to each woman. The service will include speeches by representatives of the Mount Saint Vincent community including faculty, student body and administration.

"If we come together as a solid group to resist this kind of violence, we will send a really strong message to government, our communities and to ourselves that we are

not alone in a society that seems to be overwhelmed with violence," Mount Saint Vincent Status of Women Officer Janne Cleveland said. "It gives us a chance to come together as a community and feel part of a network that is resisting the social condoning of this type of violence."

Other schools will also stop to remember those women who died after Lepine roamed the hallways of the Polytechnique, spraying bullets and ranting that feminists had destroyed his life. As we all cram for finals and enjoy Christmas at home, try not to forget. Try to remember there are women who experience violence every hour of everyday. Let's not forget their pain until the violence stops.

See page 11 for another view on the topic

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News

Government Looks into Accessibility to Education

BY MARK DARROW

The Maritime Provinces Higher Education Commission (MPHEC) has released a document detailing the accessibility of post-secondary education to students.

The October 1997 report suggests that the rising costs of education and the mounting debt load of students may be placing post-secondary education out of reach. In particular this affects students who come from lower income families who must rely on student aid to attend university.

"This is what student groups have been saying for years," remarked Rhonda Coleman, the Mount's Student Union President. "Since they removed the bursary from the Student Loan Program, and now we have the figures from a government body to prove it." The bursary program was discontinued in 1993, causing a correlating rise in student debt load.

The report was presented by MPHEC to student groups from across the Maritimes before it was released to Provincial governments. "The student debt load issues was put on the table by student leaders in a very forceful way," explained Ray Ivaney, Chair of the Steering Committee for MPHEC. "The Commission decided to undertake a study because there was significant information gaps of what was actually known about the debt load issue." This study was compiled by the Angus Reid Group in a series of 19 focus groups and a telephone survey of 1,002 students and 495 parents from across the Maritimes.

"I think that the study is important in several ways," said Ivaney. "The most alarming data set provided related to the number of students that have high debt loads." The report showed that in

1992-93 there were 71 students with debt loads over \$25,000, this number rose to 1750 students in 1996-97.

"Students cannot take on 100% responsibility," said Coleman. "The systems that we have in place are adequate at this point, but in four years there's not going to be enough to combat the debt." The projected debt load for students in 2002 would be \$34,012 in Nova Scotia.

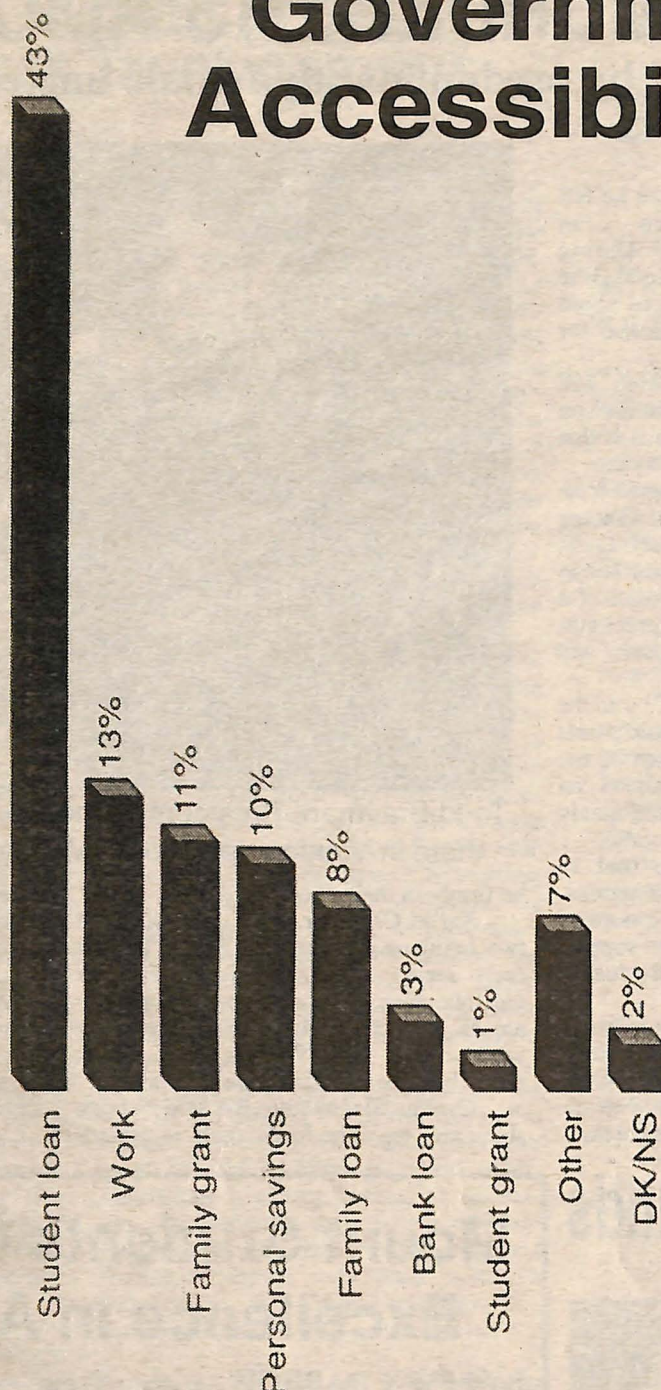
Ivaney concurred with Coleman in that the report has uncovered "a serious warning sign." The highest debt load will be undertaken by the students coming from the lowest income levels. This would highly curtail the chances of lower income students attending university.

"It is those students who come from the least financially advantaged backgrounds," said Ivaney, "where government needs to be concerned about their access to higher education."

The report did not cite any recommendations to Federal and Provincial levels of government in order to alleviate the debt load among students. It was instituted merely to bring the attention of Government to the problem of the rising debt loads of students.

"In reality the options are limited," explained Ivaney. "You're either going to reintroduce bursaries or you're going to have a more aggressive loan remission program." The current loan remission allows students to cancel 25% of their yearly loan over \$7,000.

The study was to be presented at a National Meeting of Student Aid Officers on November 17, 1997. There has, as yet, been no formal report on the conclusion of that meeting.



Main income source of students while attending school

SOURCE: MARITIME PROVINCES HIGHER EDUCATION COMMISSION

The Picaro

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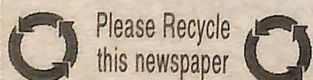
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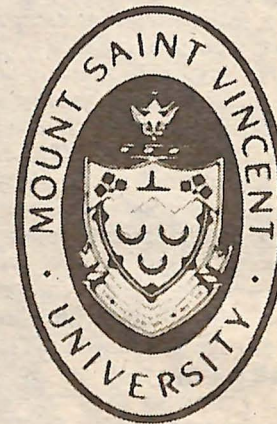
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News

"THERE ARE NO AXE MURDERERS AMONGST US"**The Boys Club recognized by predominantly female university**

BY LANA LARDER

The Boys Club was recognized as a chartered society at Mount Saint Vincent on November 7, 1997. Heather Standing, Registrar's office, said, 83 per cent of the population at the Mount was female during the period 1996-1997.

The Boys Club (TBC) applied for this charter through the Internal Vice President of Student Council and student council members voted and accepted it. The rules for admission are as per the constitution; any member of the student population part-time or full-time can be a member of the club.

"There is a running joke concerning the requirements; an individual must have a Y chromosome or the ability to answer a manly skill testing question," said Todd Brayman, BBA, crew chief of TBC.

According to Brayman, an example of a manly skill testing question is: "What is the weight capacity of the hopper in a 37,000 BTU (British Thermal Unit), of a Whitfield pellet stove?" A British thermal unit is a measurement of heat. The club is officially recognized, is permitted to request funding, and is included in all campus activities.

Brayman said a number of men established TBC because they felt there was a need to get together and socialize, and have a man's role in a women's university.

"It is a statement of solidarity for men to be heard, we have heard the evil that we do. But who do you see as members of TBC; fathers, brothers, uncles, students and friends. There are no axe murderers

amongst us," said Brayman.

Brayman gave an example where he felt men were not given an opinion at the Mount. During October, Women's Herstory Month, the Picaro had published "discussions about feminism," and men were not asked for their opinion.

TBC members hope this club will develop into a permanent voice for men on the campus. One of their concerns is that there is no residence available for men.

The structure of TBC is adopted from the NASCAR, national association racing organization. There is a chief crew, Brayman, 1st in command, pit boss, 2nd in charge and a pit crew which consist of a communication director and an entertainment director in charge of popcorn and beer.

Pat O'Rourke, member TBC, said the running joke concerning the requirements is done to secure men being part of the group only. "It does not mean women can not join but they must answer the manly skill testing question," said O'Rourke.

"I find it disheartening to find so many negative views about this organization because there are so many groups to support women, but very little to support men to help them develop as individuals," said O'Rourke.

Peter Schwenger, English professor, said "Until this group defines more clearly what their mandate is, it is difficult to have a reaction. From their title to the skill testing question their tongue seems to



Todd Brayman, President of the Boys Club, invites you to join them in Vinnies next week. Meeting at 2:00pm Thursdays.

be firmly in their cheek."

Karlie Chandler, BSc, said she had two opinions concerning TBC. "The pit crew seems abundantly juvenile, their meeting place, Vinnie's Pub is inappropriate as a meeting place for a university society." She asks, "What is the mandate, three beer before 5:00, on Thursdays?"

Cynthia Slaunwhite, BA said "I hope these men have the forethought to consid-

er what their productive mandate will be or else they stand a possibility of legitimizing unflattering male stereo types."

There are fifteen people in the TBC and they meet regularly on Thursday afternoons at 2:00 p.m. at the clubhouse, Vinnie's Pub. "As per TBC's constitution, anybody can be part of it and women are more than welcome," Brayman said.

Future Mount students graze grounds

BY SUSAN GIFFIN

One hundred students from high schools across the province scanned Mount grounds last Friday as part of a one-day Open House.

"I was really impressed with the turn-out," says Crista Stone, President of the Student Alumnae Association (SAA). "It's nice to know that people are considering our school to further their education."

The conference was a result of a combined effort from the university's SAA and the Athletic Recreation Society. The duo prepared a full agenda consisting of campus tours, guest speakers and society displays. The theory behind the event was to promote all aspects of university life.

A Cape Breton Cabot High School student taking advantage of the Open House departed from campus at day's end with a clear future focus. "I am sure that this school will meet my needs. It obviously has a small dynamic student body."

All students in attendance listened to four presentations. Presentations were practical and well enjoyed. David McKeage from metro's human resource firm, Robertson-Surrette, broadly discussed today's prospective job market. He informed the audience as to what's hot and what's not in the business world. McKeage's optimism started off the day on a positive note.

Following Surrette, students were moved from Vinnie's Pub to Rosaria's Multi-Purpose Room to hear from a panel of professors and students on the importance of computers. Academic Dean Advisor Teresa Francis, Information Management Professor Barbara Casey



CHRIS MOONEY

and science Professor Dr. Tina Harriott shared their knowledge on the fit of computer studies in the market.

For a third presentation, advantages of a liberal arts degree were made apparent to all with speeches from English Professor Dr. Susan Drain, Dr. Jane Gordon, Dr. Anne Krane and career placement officer Jill Curley.

Finally to kick off the day, Public Speaking Professor Adele McSorley gave an interactive presentation on public speaking anxiety. McSorley commented that in a 1994 United States study, respondents ranked the act of public speaking as their second greatest fear after the actual act of dying.

SAA and the Athletic Recreation Society are now focusing on the 1998 High School Leadership conference scheduled for January 31. Both societies are open to new membership. Anyone wanting to help in any events we have planned are more than welcome to stop by our SAA office on the second floor of Evaristus, next to Alumnae Officer Tracy Tuttle, room 228.

Mount Students Get Nod For Excellence in Advertising

BY MARK DARROW

Four Mount students were sent to Toronto to attend a Black Tie affair honouring excellence in advertising.

The Canadian Direct Marketing Association (CDMA), which holds an annual Awards Banquet, have invited four Business Administration students to attend in honour of their work in advertising. Wendy Simms, Cathy Pace, Jessica Evans and Natasha Turnbull attended the Banquet on November 21.

"Out of the fifteen entries that were made, we placed somewhere in the top three," said Wendy Simms. The entries were made by students from across the country.

The team from the Mount was given a personal home security product and asked to implement a direct marketing strategy. They then had to identify a target market and devise a direct mail package in order to market their product. A time line for distribution of the package was also incorporated into their marketing plan.

"There is probably about 1500 people at the black tie affair," remarked Cathy Pace, "for Advertising Executives and about \$200 per seat if you were to buy tickets."

The CDMA will be providing transportation, accommodations and providing the dinner to the four nominees to the prestigious award banquet.

Art Gallery to Showcase Mount Talent

BY MARK DARROW

The Mount Art Gallery will be holding the 23rd Annual Mount Community Show from 26 November to 10 December.

The title of the show is "Reflected Lives" and features the talents of Mount students, staff, faculty, alumnae and spouses. Exhibits will be on hand for paintings, photos, and sculptures, as well as musical performances and baking done by local talent.

"We get painting and quiltings," said Traci Scanlon. "Pretty much any hobby that anyone at the university has." The yearly event has attracted a wide variety of talents from the Mount community from domino displays to singing and poetry readings.

This year's event is no exception. There have been many entries donated to the exhibit. "The response has been really good this year," said Scanlon. "We usually get between twenty and fifty individuals who submit work." This year there were twenty-five people who had submitted fifty-five entries to the exhibit.

The deadline for entries is past due, however, this is an annual event, so there is always next year.

National News

Comments at drag pageant spark furor at Trent campus

SOURCE: THE ARTHUR

BY KATE ARCHIBALD-CROSS

PETERBOROUGH (CUP) - Comments made at a student fall festival event at Trent University are causing an uproar on campus. The comments were made at the Miss Harvest Weekend Pageant, which is part of the Fall College Weekend, hosted by the university's Champlain College. The event took place earlier this month.

The pageant is a drag show which is an annual part of the weekend — men dress up as women and compete for the title of Miss Harvest Weekend. Each contestant, or group of contestants, writes a biography that is read out to the crowd as an introduction, and portions of these biographies have caused a great deal of concern.

A group of contestants, including residence don Kevin Robinson, stated in their biography that one of their pet peeves was "men who don't understand that no means yes, yes, yes." Another contestant stated in his introduction that Zack Hanson, age 11, from the band Hanson, could "beat [his] drum anytime." At the beginning of the pageant, the master of ceremonies, a residence don at Champlain College, told the audience that the contestants had been drinking and had "lost their inhibitions and [were] horny as hell."

The event has sparked an angry response from both students and administrators at Trent. "Joking about sexual assault is not funny [and] joking about child abuse is definitely not funny," Theresa McDonald, a student who attended the event, said. Concerns have also been expressed that the pageant made a mockery of drag shows and demonstrated a lack of understanding about queer culture.

David Smith, acting president of Trent University, says the activities at the pageant were thoroughly unacceptable. "[I]t is in the very nature of the university that there should be respect... for all members of the university [and these] events are not consistent with that. Martin Boyne, acting master of the college, says the comments were inexcusable and he plans to take some form of action.

The fact that dons were participating is particularly concerning, says Patti Strong, Trent's human rights advisor. She adds, however, that she does not necessarily feel that what happened was the result of malicious intent, but instead came about because of ignorance.

Dan Gunn and Alex Thompson, co-chairs of the fall festival, defended the pageant in a written response to the Arthur. "The intent of the [pageant] is to satirize sexual stereotypes and beauty pageants by placing it on a stage and holding it up for ridicule. It is not to endorse the obviously unacceptable. "At the time we found [the comments] humorous; however, when taken out of context, we can see how it would be offensive. Perhaps we gave university students too much credit, but we assumed they understood this was intended as humour, just as the organizers of this event assumed for the last 10 years."

Andrea Norquay, co-coordinator of the Trent Women's Centre, says the women she has spoken with since the event took place have expressed anger, disgust and a general feeling of discomfort. She adds that people must not lose sight of the fact that the Miss Harvest Weekend Pageant took place within a broader context and that problems like sexism are present on a larger level.

Deal with corporate sector drives Goodwill youth jobs program

BY RACHEL FUREY

SOURCE: ONTARIO BUREAU

TORONTO (CUP) — Getting a job never had so many strings attached. Graduates of a new Goodwill youth employment program being run in Toronto are guaranteed work, but critics say the price of success is simply too high. The Goodwill youth training program, which started in March, is a 16-week program for disadvantaged youth. After their training, the young people are placed in call centres where they work for one of the programs' corporate partners.

Corporate partner employers for the programs' most recent round of graduates include the Royal Bank, Scotiabank, Rogers Cantel and Universal Telereponse. "We are confident we'll get a great return on our investment," Shirley Fudge, Scotiabank's senior vice-president of human resources services, said at a ceremony for the program's 13 newest graduates held at the Goodwill Community Youth Centre.

The program's partners choose their own youth employees from hundreds of applications, essentially determining who participates in the program. They are also able to influence the design of the training component.

While the tears of joy in the eyes of Goodwill organizers at last week's graduation made it clear they are pleased with the program's results, others who work on poverty and employment issues say the Goodwill's deal with banks and corporations is highly questionable.

"When corporations move into the traditional area of social services, that should be a signal of some danger," Sue Collis, an organizer for the Ontario Coalition Against Poverty, said. "These good will philanthropists are trying to get a piece of the media without really doing much for anyone. Their profits alone make it clear who they're serving."

Royal Bank and Scotiabank have reported record profits this year. Both banks recorded yearly earnings of over \$1-billion. The two banks are also members of the Business Council on National Issues, a lobby group consisting of Canada's 150 top corporations whose combined assets total over \$1.2 trillion. The Council lobbies for less government involvement in social programs and privatization of government services.

Goodwill staffers say their corporate partners are genuinely committed to solving the problem of youth unemployment. "You can see how committed the partners are by the fact that two banks have put aside any normal competitive value and joined in a partnership to make this program a success, that in itself speaks volumes," Sharon Campbell, a Goodwill employee and one of the program's organizers, said.

In the meantime, the Goodwill youth employment program's corporate partners have chosen their second group of youth employees and classes start this month for the program's third run.

UBC forestry faculty considers laptop requirement

BY CHRIS NUTTALL-SMITH

SOURCE: THE UBYSSY

VANCOUVER (CUP) — The Faculty of Forestry at the University of British Columbia is looking into a deal with IBM which could see every student leasing a computer from the corporate giant. IBM wants the faculty, which has approximately 600 students, to sign on with its corporation. The program typically requires students to lease an IBM ThinkPad laptop computer from their university. Every year they get a new model with current software, but students don't get to keep the computers when they graduate. The program is already in place at one Canadian school. Beginning last September at Acadia University, first year students must lease an IBM laptop from the university. The cost is \$1,500 per year, and by September 2000, every Acadia undergraduate will be leasing an IBM laptop.

Students in the forestry faculty use computers for much course material. In addition, the new Forestry Sciences Centre, where the faculty will move when it's completed this spring, was planned with computers in mind. It is wired for computer hook-up. Ron Turner, a UBC forestry computer specialist, says computer availability at the faculty needs to be improved. "(Computer to student ratio is presently) 1 to 10, but that's all we can

fund currently," he said. "We just don't have the line-item in our budget to replace the computers every three years." Forestry's most current computer lab has 21 machines with Pentium processors.

Chad Croft, a fourth year forestry student who uses the lab, says having a laptop would be useful. But given the choice between paying for a laptop or using the free labs, Croft says he'll pick the lab any day. "For most people this is going to be brutal," he said. "That's way too expensive."

Michelle Scott, an IBM spokesperson, says students can write off the computer lease when filling out their tax return by including it as part of their tuition cost. "Students typically go 'Oh my God, oh my God, it's going to cost.' But that isn't really the case," she said.

Corporate-university partnerships of this sort have come under fire for contributing to the commercialization of Canada's campuses. UBC is no stranger to these kinds of partnerships. In 1995, both the administration and the student union signed lucrative contracts with Coca-Cola making it the exclusive cold beverage supplier on campus. The UBC administration is refusing to release how much it made from that particular deal.

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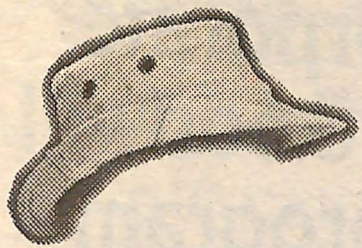
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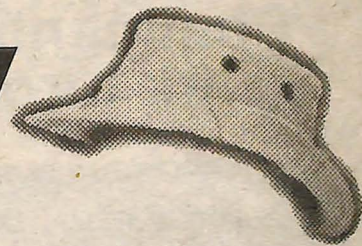
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Opinion



Hats Eye View

*a look back at first term*

BY JAMES TILLEY

I was asked to do a cartoon this week, but I haven't felt inspired. Or let me rephrase that, I have felt inspired but I couldn't do what I wanted to do in good conscience. My mass communications professor would say that I am self-editing myself. Well, he's probably right. So I won't do a cartoon, but if a picture is worth a thousand words... then I should have at least have at the end of my piece.

I am writing this in the middle of my week from hell to end a term which was actually not too bad. First half of the week was school work; second half is extra-curricular and paid work. But I digress from the topic at hand: a term in review. I would call it a year in review but I don't remember much before the stats class in the summer.

September rolled in and a new crop of fresh faces made an appearance on the MSVU scene. Most were very eager to get started, and to start to party ... I mean work, yeah, school work. By the end of Frosh Week, everyone did start to know each others names. All of the returning students now a year wiser, are finally getting the hang of this thing we like to call academia. As soon as I kick this procrastination habit I'll be well on my way also.

The residence society had their thinking caps on for their very cool and creative "Mightiest Tongue" contest was one of the most innovative activities I have ever seen. Speaking of residence, one big change was the residence rule involving male visitation. Maybe we are entering the 90s after all. But the other societies were also in full force this term: PR had its first "creative networking event" also known as a PUB CRAWL (snuck that one in didn't they). Business is constantly looking for money, peddling their shirts and Business Dinner (tickets should be on sale at some point soon). Student Alumnae is still doing their touring thing and exam survival kits and all the other wonderful stuff that they do. The other societies which I am not really a part of have done various activities from shaving the security chief's even balder, to bake sales, to movie nights, to one wicked Halloween party.

This lack of school spirit stuff is nonsense. The basketball game last Wednesday was packed. Volleyball on Thursdays is always swamped with people last I heard they may have over 50 people. And curses on fate; because of work schedule and this damn Picaro I am rarely free on Thursday nights. The Run for a Cure, in case you missed my article, had over 140 Mount student in attendance.

But it has not been the pristine year I am making it out to be. We have had some speed bumps on our perfect road of life. The MANUS / Student Union feud which has been going on and off probably since the first day that MANUS was created. Heated up again, then cooled off, then heated, then cooled off. All I have to say is "Why can't we all just get along" and work as a team to do what both Student Council and MANUS was designed to do — to help the students. The rumors I have range from MANUS is working with student union to dissolve MANUS and create a executive spot for non-traditional students, to it is being funded by a specific University Department, to absolutely nothing is going on and everyone is too busy or they are just ignoring each other. But if you read Todd's article (next page) it may clear things up.

Then there is the Student Council. Doing a wonderful job considering that only two (well three if you count Gin) have done this before. There was big reform promised during speeches last year. Some things I have seen, some I haven't but other issues have come up and that is understandable. There has been a crackdown on following the constitution, which has caused immense problems for a lot of unofficial changes have occurred since the latest drafting.

On the plus side the student union has given more money to the individual societies which received their charter. The Social Awareness Programmer has done a great job in promoting the issues affecting students. The Corner Store is offering more and more selection of items. The info desk, though understaffed, is trying its damndest to keep thing running. The pub stopped serving food, but it now serves Iced Tea on tap, a wonderful product that everyone should become addicted to.

On the down side we have lost SUNS, our only provincial representation. And we are trying to get out of CFS, our only federal representation. That's it, show them who's boss, we don't need any of those other schools to back us in the one time that we need to show an unified strength. The other schools will not help us show the government how much rationalization and other federal cuts are damaging university standards especially in the Maritimes. And I got to make the history books as being the first person that has volunteered their time to become a councillor, as a Board of Governors Representative, that has been rejected. Just think about it, the Student Union

Executive has always preached about getting students involved, but they didn't want someone who has been a councillor at least a year before any of them even ran for a union spot; someone who has been constantly doing volunteer work for the union; someone who was at more meetings last year then the majority of the councillors (who wasn't even a councillor). Maybe the executive vice president just wanted the extra workload. I am however very relieved that this very bad precedent has stopped with me (knock on wood) for a Professional Studies Representative was appointed just a few weeks ago. But don't worry, I am not bitter. In fact I am sort of glad I didn't get because I recently got a part-time job, and school work all of a sudden seemed important. That school comes first thing is just a phase that will probably pass now that the week of hell is over. I am still disappointed that there will not be a full students council, I invite any student to go to the Student Union and find out how they can get involved. According to my interpretation of the constitution there are six councillor positions available.

I do not want to leave on a sour note about the student union though. So I'll change the topic and talk about the school's new state-of-the-art (early renaissance expressionist I think) computer labs. They are overbooked, over used, never working at 100% efficiency, under staffed, they are using machines trying to do what a computer 100 times faster are designed to do and I don't fit, my legs are too long. I would like to clarify that it is probably not the fault of any of the staff in Computer services, it is the archaic equipment that they are using (or at least trying to use). If you want a reliable computer buy one, or go to the library. They may not be the fanciest and newest and fastest but they will not crash as much. And they are usually not being used.

Well that is it, I have overreached my thousand words so I would like to finish by saying that despite all of its idiosyncrasies the Mount is still simply, the best school there is. And I am glad to be going here and I will be proud to wear my 1999 (or 2000?) graduation ring. Just take it all in stride look at school, both the academic and extracurricular aspects, as an educational experience that you will take with you the rest of your lives. Even though it does not seem like it now but but time is slipping by faster than you think. Soon you will be leaving, so cherish the moment, don't let the opportunities pass you by. "Mind what you have learned. Save you it can." ~ Yoda

The Picaro would like to wish everyone good luck on the exams and we hope that everyone has a fun and safe winter holiday. Thank you to all of the writers and contributors for one of the best term of issues in many years. Don't forget that 1998 mean a new year and another five issue (including two double issues and the Sicaro, a parody issue). If you are interested in writing you are invited to visit the office anytime.

Opinion

A Mature Student's Perspective

BY: TODD BRAYMAN

As I come to the end of my time at Mount Saint Vincent as a student, I think back to all that I have learned and experienced. As a proud member of the Alumnae, I look forward to continued involvement in this proud community. As I make this transition, I do so with great unease. Yes, things like the funding formula concern me, but I'll trust my union, and my university to fight that fight. The source of my unease is a little bit more personal. My unease has grown out of the situation between MANUS and the Student Union, or in this case MANUS and the Mount community.

MANUS is an organization with real importance in the Mount community. MANUS represents, or has represented many a mature student at MSVU. I use the term "has represented" as it is this mature student's perspective that the organization we call MANUS has ceased to represent but a few bitter and confused individuals. Do they represent 65% of the university population? Of course not! With a registered membership of less than 10% of the student body, MANUS falls short of their claims. In reality, the Business Society and PR Society alone actively represent more of our population than MANUS. So what of this feud we find ourselves in now? It pains me to say it is about something quite simple, MONEY. Our friends in the lounge requested \$15,000 of our hard earned dollars to be given to MANUS out of our Student Union fees. To keep this in context, approximately \$7000 dollars was distributed to the 28 or 29 other student organizations who I might add, do represent the majority of the students on this campus. When faced with only the possibility of a \$7000 dollar budget, MANUS still did not come onboard as a partner in the student leaders spoke out against this unjust policy of funds distribution. With student support, the Union broke this cycle of inequity and offered MANUS a \$1700 budget, despite the fact that the most any other society received was around \$700 dollars. To this generous and equitable offer, MANUS withdrew their charter and their representative from the Student Union Council and in effect, the student community. With one simple action, the MANUS Executive drew a line in the sand. This leads me to my unease.

Who represents Todd Brayman, the mature student, in my Student Union? Who will represents all of the mature students on the Student Council now and in the future? The answer I believe is nobody, and this has made me very angry. To the members of the MANUS Executive, the Student Union, and the University Administration I offer you these quotes from the MANUS Constitution:

BY-LAW 1:
PREAMBLE-AIMS OF THE ASSOCIATION

Para 4. To ensure representation of Non-Traditional students on Student Council, on the University's Senate, the board of Governors, and other university committees.

BY-LAW 4:
DUTIES OF THE EXECUTIVE

1. President
-The Non Traditional student representative of MSVU Student Union, if not elected or appointed by the MANUS Executive.

- 2. Vice President I
 - liaison with Student Union Internal Vice President
 - liaison with student societies on campus
 - liaison with Student Union Academic Vice President
 - works in cooperation with the Student Union Academic Vice President to ensure representation for adult learners on academic committees.
- 3. Vice President II
 - liaison with the Student Union External Vice President
- 4. MSVUSU MANUS Representative presents and votes on, the concerns of Non-traditional Students in the MSVU Student Union Council.

Unless something has developed on campus in the last week, the MANUS Executive refuses to do any of these things. So again I ask, who represents me, us? Unfortunately, the answer is nobody. My next question is how did this come about? The simple version is that the MANUS Executive decided, independent of those who they say they represent, to pull out of the student community and hide behind the walls of their lounge. I'm not sure if they checked lately, but they are not doing what MANUS was intended to do, they are doing the opposite! I should think that this action, pulling out of the Union and breaking completely from the laws of the MANUS Constitution quoted in this letter, is nothing less than illegal and a clear sign of the misguided leadership that exists in MANUS. How can the MANUS Executive break with their own constitution without constitutional change? How can they alter the path of an organization without the true consent of all who they say they represent? How can they say they represent me when in reality they isolate me? How can they?

To Mount Saint Vincent University's Administration and Student Union, recognize the crisis situation that exists for the mature students of our proud institution. Recognize the deliberate and irresponsible action of the MANUS Executive in dividing our student body even more. Recognize that this organization has ceased to represent the mature student population within our community. Recognize that turning a blind eye to this reckless chain of events has long term effects. Tear down this institution that sits sneering in the face of every Mount student that is not welcome in "the lounge." Mount Saint Vincent should be a place where we explore diversity based on equality, not privilege. Break open those walls and create a centre for social interaction amongst ALL students. After all, was not the original idea of MANUS to integrate mature students, not segregate them? The Mount has had twenty years of repetitive problems with the present structure of MANUS. It's time for change.

In the new year I will call myself Alumnae of the most unique university in the country. In the new year, I will wonder what has become of my Alma Mater. I will wonder if my feeling of unease, and if my plea for intervention fell on deaf ears and complacency. I will wonder if another committee was formed to study a problem that demands action. I will wonder....

Surfing, it ain't
Editor's Notes

BY CERI YOUNG

I've been watching a disturbing social trend lately. Well, I've been watching this particular disturbing trend since I started University, but it's escalating. It's not a particularly harmful trend, but it's a pretty darned annoying one. Nope, I'm not talking about the Spice Girls (disturbing as they may be). I'm talking about THE INTERNET.

In fact, it's not even the internet that bothers me. I quite like the internet. What's been bothering me is the terminology that goes along with the internet. And the assumption that saying the word "internet" makes something "hip" - particularly in television commercials.

"Are you surfing the 'net?'" a relative asks behind me as I check my e-mail.

"Umm, well, no not really." I reply. "I'm checking my e-mail."

"Show me the internet." They lean over me.

I sigh heavily. The words "show me the internet" are roughly the equivalent of "show me school". A lot of things constitute school: classes, teachers, homework, extracurricular activities. A lot of things constitute what people commonly call "the internet": e-mail, the world wide web, newsgroups, chat rooms. The fact is, all of the terminology surrounding "the internet" boils down to blanket terms and catch-phrases. Take, for example, the words "surfing the 'net'" Now, I really, truly, object to this. In fact, I think the words should be stricken from the english language. The term is only used because sitting in front of a computer screen "gathering information on the 'net'", or "reading a web page" just doesn't sound as cool. "Surfing the net"? Now, that sounds like you're doing something worthwhile. And, given the media attention that "the Internet" has been given, it's worked.

It's all quite silly, when you think about it. Especially since a lot of news programs seem to have latched on to the internet as a wonderful way of complimenting their stories. I even watched one news program that had a specific time set aside for "The internet". They went to different web sites, waited for them to load, made some inane commentary like "this is a link to the latest story on Hurricane X. Here, you can see its (pause while they wait for yet another page to load) maximum velocity and current position (another long pause)...etc. Not exactly a great addition to every show. So why did they include it? It's the internet. It's cool.

Advertisers, too are taking every possible advantage from the 'net's popularity. "Where do you want to go today?" demands Microsoft, giving the impression that the internet can take you anywhere. And the public eats it up. "Solutions for a small planet" proclaims IBM, as if they sell the Internet itself, instead of just computers. Seeming to tell everyone that if only you switch on an IBM, you'll find the internet waiting.

People just don't seem to understand that it's not as simple as all that. Sure, the internet is a great source of information, sure it can be a lot of fun; it can be interesting and thought-provoking. But it's not a fast-paced thrill ride. You don't type in one word and have all the information in the world at your fingertips. Yeah, it may look that way from the commercials. But they're commercials. IBM and Microsoft and Sympatico and everyone else have a vested interest in making their products look cool, and easy to use. As for the news programs, they want to keep up with the times and interest viewers - and what's more up-to-date and interesting than the 'net?

The Internet may be the way of the future, but it's not all it's cracked up to be. What it can turn into is just another way to look and sound important. Don't be fooled by the hype.

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Features

Discussions about Feminism....

COMPILED BY ANDREA BALDWIN, HEATHER DONALD-REAGH, JUDI GAVIN, LINDA DAVIES, KAREN HENNEBERRY, & TERRI ROBERTS.

In our fourth discussion about feminism, we asked students what they thought about the portrayal of women in the media

"They focus a lot on thin, beautiful women, it's more of an ideal - not the norm. It doesn't bother me, but I guess it bothers some people."

Ameta

"I think it's still pretty biased. In the movies women are still portrayed in the stereotypical way that men perceive them. They are still being portrayed as blond bombshells like Daisy in the Dukes of Hazard. Women aren't portrayed as normal women. If they're at all chunky on TV, people make cracks about their weight."

Tina

"I haven't really thought about it... I see them in movies and magazines and it bothers me because it's not what we really look like. And there's so many teens and children out there who are struggling right now because they are trying to be like that."

Jennifer

"Not realistically - glamorized and portrayed the way males and females would like them to be."

Nancy

"Women are portrayed idealistically, shown for their looks and for their traditional roles."

Sharlene

"Women are portrayed falsely. Women's beauty depends on what they have inside - not what they have outside. You can be big and beautiful just as you can be small and beautiful. I don't know why they (media) do it; it's just the way it's always been done."

Karla

"Women are depicted negatively with images that are impossible to live up to. Women are sexualized, objectified, exploited, and degraded by the media."

Kelly

"Shown for their outward appearance."

Sonya

"Female representation within mainstream media consists mainly of images of the benign grandmother, the (hetero)sexually available young beauty, and the ever self-sacrificing Disney sanctioned mom. It would be a breath of fresh air to see a broader diversity of women in a variety of roles. I don't hold my breath though for the day a short, fat, spectacled woman is rendered as a positive, powerful role model."

Janne

The students' comments generated another stimulating conversation in our group:

I think it is important to note that all of the women that I interviewed realized that women are not portrayed realistically in the media.

- Linda

Although women realize that these images are unrealistic, it didn't seem to bother them a lot. Women are told that there is nothing wrong with buying into these images and by working towards these images they can find happiness.

- Andrea

I believe that women want what men want them to be.

- Linda

I don't think it's the way men want women to look but what we are being sold by patriarchy.

- Andrea

I don't entirely believe women are accepting these images wholeheartedly. For instance, I believe anorexia and other so called image disorders are expressions of rage at a patriarchal social order. As well, I believe that women are not simply passive recipients of media images of women and are active participants trying to survive in a hostile culture.

- Karen

I think that anorexia has a lot to do with what women are presented as the ideal; they are addicted to that ideology, and the only control they have is over the body is what they eat or don't eat.

- Andrea

While I think that on a conscious level women do reveal their body through socially accepted images, I believe on an unconscious level women are expressing hate and anger at patriarchy through eating disorders.

- Karen

With the popular culture and the capitalism within it, not only does the media put this stuff out there... "supposedly beautiful women," but eventually leads young girls down the road to anorexia. But then we put them in the hospital and doctors and pharmacists make money to cure them. It feeds more money into the cycle.

- Terri

I do not know a woman who does not have an issue with food through compulsive eating or controlling and limiting their intake of food.

- Andrea

A major focus in our culture is an obsession with weight. In social situations with family and friends, it always comes back to weight.

- Terri

It's because of the images...what we've been FED.

- Andrea

I think we have to move beyond the topic of weight. Some people think we are too thin or too fat. We need to get to a level where that doesn't exist.

- Karen

But society does emphasize weight and looks and being hired for a job often depends on these factors.

- Terri

But we've got to stop editorializing about it.

- Andrea

Standards are different for women and men. Men don't get offended as women do.

- Andrea

Men can do anything they want and get away with it. They are not the object of the gaze. We are. They are the givers of the gaze. They can be what they want.

- Linda

Want to respond to something you read in this column? Contact us c/o The Picaro.

The opinions expressed in this column are not necessarily those of the Picaro or its editors.

BANG

GRANT MCDANIEL

A few weeks ago, Denise Miller's "Citizen Arcane" ran on the Comedy Network. The sixty minute monologue was funny, funny enough for me to tape it the next time it was on. I particularly cared for Miller's take on daytime talk-shows: Springer, Montel, Sally Jessy Raphael, plus a few others. I forget his exact wording, but Miller said something to the effect that T.V. ought to "be the Skinner box handing out electric shocks rather than corn kernels." He went on to call the Springer show "thunder dome for chicklet brains", while the Montel show was "ring two on the anomaly circuit". Miller passed out a few other zingers toward those in the business, but I forget his remarks and since taped over his show. I couldn't miss Monday Night Raw.

What Miller said, although in a comedic way, holds a lot of weight. I flat out hate those shows and their hosts, Ricki Lake straight through to Montel. Ten minutes of watching Sally Jessy Raphael literally turns my stomach. But I'm not saddling some sort of moral high horse, condemning the desire to watch people raise their voice, scream at one another, slap one another, pull hair, and snap their fingers while calling out 'Whatever'. I do watch Raw,

after all.

The solution to my beef, as advocates of daytime talk would quickly point out, is simply to not watch the programs. Those opposed to what I'm saying would suggest that I'm a bit of a hypocrite, I suppose. How different is the WWF from, for example, the Sally Jessy Raphael show? Both are violent (or potentially), deal in the melodramatic, thrive on conflict. How do I get out of this corner I painted myself into?


Real simple. The WWF is free from any sort of pretense. They're one step removed from running a disclaimer before their broadcast saying: this is all fake, this is all meant to make us money and entertain you. The viewers of Raw or the WCW's Nitro come to the table knowing that at the end of the show, the 'show' ends. The character 'Bret Hart' is left in the dressing room and the real Bret Hart drives home.

Daytime talk cannot say the same. And if you disagree, just think about the gay man who ended up shot to death for making an advance on some guy on the Jenny Jones show. There are some very unstable people in this world, just waiting for the flood lights, the roaring crowds, and a wrong question to


set them off. I once saw a panel member on the Geraldo show—an executive from some tabloid magazine—say that Princess Diana was not killed by paparazzis but rather a drunk driver. Isn't that precious? The drunk driver was a part of that scene, no doubt. But the public's finger really ought to be pointed at the garbage photographers. The middle finger, preferably, straight up.

What really turns my stomach about daytime talk is the phenomenal pretense that a Ricki Lake or a Geraldo brings to the airwaves. Geraldo, for instance, might as well be throwing punches in the air whenever someone mentions child molestation. And, yes, child abuse is wrong (thanks for connecting those dots, Geraldo). But, while those indignant rants sound great, Geraldo is making his money from exploiting the thugs he condemns and the victims crying on his shoulder. And he isn't the only one. Everyone in that business lines his or her pocket book with money made from condemning slime balls. How moral is it—to make your money by feeding on the lowest common denominators in all humankind?

What would Bret Hart think?



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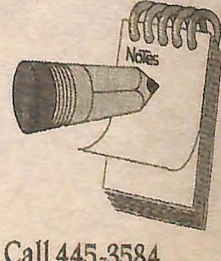
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Features

The Exhilaration of Victory

BY GAY DECKER

After Brad DeLorey tied one on in Montreal a few years ago, he woke up the next morning and started looking for more than just aspirin. His leg was nowhere to be found.

"We got a little carried away, I guess, and I came home without a leg," he says. "Usually it's at the foot of my bed; it's the first thing I see when I wake up."

Unruffled, Brad headed back to the bar where he and his friends had been socializing the night before and found his leg hanging from the overhead fan.

"I walked in, actually, I hopped in and they said, 'bet we know what you're here for,'" says Brad.

Brad has more than one story to tell about living with an artificial leg and has a knack for laughing at what must sometimes be trying experiences.

He also has a knack for getting things done, especially for other people. He is the recipient of the 1992 MooseJaw Citizen of the Year, the 1994 Saskatchewan citizen of the year, the 1994 Terry Fox Humanitarian of the year and the 1996 YTV Terry Fox Youth Achievement Award.

These awards are in recognition of Brad's longstanding contribution to various charities in his community. All told, he has done 10 years of fundraising, organizing events for the Cancer Society, the Moosejaw Warriors (Hockey) Association, the United Way, the Vanier Charitable Fundraising Committee, and the annual Terry Fox Run in which he participates faithfully.

Brad says he started getting involved in the community when he was 12 and sports were getting really competitive. It became his extracurricular activity and he would spend hours at school after classes were finished.

But the long hours were worth it. While working with the Vanier Charitable Fundraising Committee he enjoyed the focus they put on individuals and being able to see where the money went. In one case, for example, they raised money to buy tools so that a girl who had been paralysed could use a computer.

"The biggest reward was being able to put a smile on someone's face...the families are going through so much," says Brad.

Asked if his own disability drove him in his commitment to help others and get involved in his community, Brad says he has never been able to come up with an answer to this question.

"I don't know. People couldn't believe how different I was, the way I would stay late at school. I'm sure its made me more sensitive to issues," he says.

Born with parts of his upper and lower extremities missing, Brad says that his particular case is the only one of its kind and doctors still can not explain what happened. He says that people often mistake him for a thalidomide child, an unlikely possibility for someone his age.

He calls this mystery the big question mark in his life and says he still wrestles with the fact that there is no clear answer.

"That's a big thing that I've had to overcome. Everyone likes to be able to have that defined answer," he says. "It's been difficult at times too. I won't deny it still bothers me. There's some days when I think why me? Why did this happen? Why is there not a solution?"

But in general Brad says he does not spend too much time dwelling on his personal mystery and just gets on with the business of everyday life. He maintains a very normal lifestyle and credits his parents for his attitude and his abilities, explaining that when he was growing up they treated him exactly like his sister and his brother.

So even though he may have to spend more time learning or practising, he is able to do things that may seem beyond his capabilities. One of his favorite activities, for example, is skating.

"My balance is unbelievable," he says.

He also enjoys, cycling, basketball, volleyball, and football. This is particularly impressive considering that every time Brad gets a new leg, he has to relearn how to walk.

But Brad says that now he is used to adapting. Before he undertakes something new, he visually maps it out so he can figure out where he might face some challenges. Though he tries not to limit himself, he is aware that, physically, he is only capable of so much.

On the recent public relations downtown social, for example, he found out how far each bar was from the next so he would have an idea of what to expect.

In general, Brad sees challenges rather than obstacles and gets a tremendous amount of satisfaction from doing what he sets out to do.

"Life is full of challenges and you have to have the courage to face these challenges in order to experience the exhilaration of victory," he says.

One challenge that Brad constantly confronts is the reaction he gets from strangers. He says he has had people actually follow him around to try and figure out how

he works, or sit across from him and openly stare. When he used to go swimming with his friends people would examine his leg on the pool deck or swim up behind him to take a look at his smaller right foot. After a while he decided that swimming in public pools was not worth the hassle.

"It didn't bother me that people were curious, what bothered me was that I couldn't enjoy myself around the people I wanted to be with," he says.

In fact, he says he would prefer it if people came over and talk to him and loves the way children will ask him direct questions. He understands that they may be frightened sometimes because what he has is not the same as what they have. He feels it is important that they know what the truth is so they can learn from it.

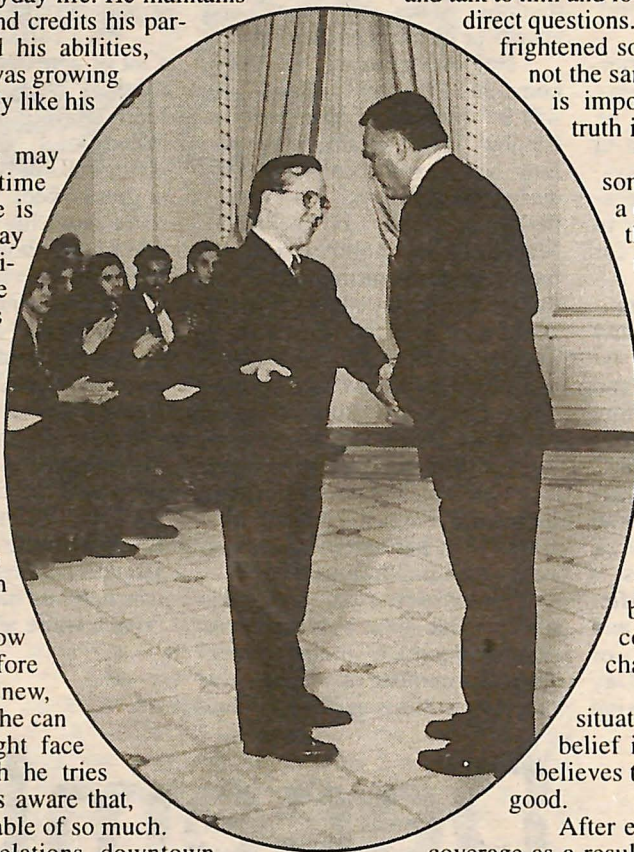
Brad says that people have some definite ideas on what having a disability means. It has to be something physical and something noticeable. He says that he has had some people question his use of the wheelchair parking space because they can not tell that he has a disability.

"When I fly my car into the wheelchair parking space...people see this young guy in a red car...they have come over and told me I can't use that spot because I'm not disabled," he says. "They think you have to be in a wheelchair, but there are people with heart conditions who aren't in wheelchairs."

But these kinds of awkward situations have not dampened Brad's belief in human goodness. He says he believes that every one has the drive to do good.

After experiencing quite a bit of media coverage as a result of his awards, he believes that he does some good by showing people what we are all capable of. He says that in many ways he has defied the odds because no one knew how well he was going to function. He feels he has proved that he can function as normally as anybody else.

"I hope people realize that no matter what it is, you can get through it. It takes time and it takes a lot of energy, but you have to be very focussed and not back down from anything because if it's truly what you want and you work at it, you're going to get it," he says.



Learning in a foreign land

BY MELIS CAHA

I am an international student from Turkey. This is my second year at the Mount and in Canada. It has been a fascinating experience to come to a new country and meet people who speak different languages and have different ways of thinking and expressing themselves.

Turkey, because of its geography, is a bridge between the Western and Eastern worlds. This unique situation helps Turks to understand both Eastern culture, which is sometimes hard for Westerners to understand, and Western culture, which may often conflict with Eastern belief systems.

Since I have left home, I have become more aware of my lifestyle in Turkey. I've realized that it is easy to take things for granted and not to think about how daily activities may be different in other parts of the world.

Turkey, with its 60 million people, is a developing and dynamic country. Many Europeans enjoy their summer vacations along its Aegean and Mediterranean coasts, and Turkish people are famous for their hospitality. Turkey also has an interesting cuisine that makes extensive use of spices. It is similar to Greek cuisine and has other Mediterranean influences.

Turkey is a relatively young democracy. The Republic of Turkey was established in 1923 after destroying the autocracy. This may be an advantage in some ways. The founders of the republic had the chance to analyze other countries which had had democracy for quite some time and to devise a political system based on the most suitable principle for Turkish people. However, modern Turkey is still a young country and we are still learning from our faults.

In Turkey, the university system is different from what I've experienced here in Canada. There is a bi-level entrance exam for university. There are one and a half million people who take the exam every year and only one student out of three are successful and get in to university. In recent years, there have been more universities, both public and private opening up and giving more people the chance to attend post-secondary studies.

I also want to talk about the city I was born in and in which I have lived all my life—Istanbul. It is one of the most important and well-known cities in Turkey, with its 12 million people. Istanbul was the capital of the Byzantine Empire 1500 years ago and is the centre for art and culture in Turkey today. There are festivals and concerts held several times throughout the year. Besides the palaces which were

built by the Ottoman emperors, you can also find restaurants which serve foods from different parts of the world and exquisite stores selling clothes by famous designers. There is also an active night life with bars and clubs to suit everyone's tastes.

In spite of Canada's beauty and the peoples' friendliness, I still miss my country. I've faced many difficulties since I've come to Canada. However, I'm glad to learn about a country which is different than mine. In these past two years, I have become more mature and have gained the ability to take care of myself. I am more active and social now. In the age of globalization, I believe everyone should learn about the rest of the world and have an idea about cultures that are different from their own.

Features

Christmas, International Style

DIANE VANASSE

Amidst the chaos that surrounds most of our lives at this time of year there is one thought that keeps most students sane...Christmas. We look forward to going home, spending time with our family and friends, and enjoying the traditions that are special to each of us.

For the 42 international students at the Mount their holiday traditions are slightly different than most of ours. Each country of the world has their own customs that make the season special. But, the feeling of home, comfort and family is one we all look forward to.

For example, Marcia Johnson, a third-year business administration student will be going back to Pembroke West in Bermuda for the holidays. Enjoying a slightly more hospitable climate than December in Nova Scotia, the emphasis for Marcia will be on her family.

"The tradition with my family is to get together at my Granny's house with all of her sisters, nieces, nephews and cousins," said Marcia. "Before we go to church we have a turkey or ham cooked and a cassava pie." Cassava pie, also called Farine pie, is made from a starchy root and can be either savory or sweet.

The day after Christmas is also special to Bermudans. After working on Christmas Eve and enjoying the festivities of Christmas day, Boxing Day allows an opportunity to unwind

in a more low-key way. On Boxing day most Bermudans go to the championship football (soccer) game. This is a chance for people to visit with friends and neighbors, and exchange holiday greetings.

After the football game, in the late afternoon and early evening, Bermudans enjoy watching the gombey men dancing in the street. This is a tradition that only occurs on Boxing Day. The men are in costume and wear masks, and their dancing is a mixture of African and East Indian rhythms. They carry bows and arrows or hatchets as they dance.

Not everyone will be going home this Christmas. Melis Caha will be thinking of her family in Istanbul, Turkey as she enjoys visiting her aunt in New York City during the holidays. In Turkey the population is primarily Muslim so the holiday does not have the same spiritual emphasis that it enjoys in most Christian nations. This means that in Turkey, a lot of the emphasis is put on New Year's celebrations when people exchange presents. All of the stores in Turkey decorate for the New Year celebration.

"In Turkey, people might have a tree but that's it for decorations," said the second year business administration student. "When I was here last year, it was unbelievable to me how all the people decorate their homes." Even the number of presents that North Americans exchange seems

incredible to Melis.

"Last year was the first time I realized how important presents are here. My brother was here and he was so surprised that people bought him gifts," said Melis, who was staying with her aunt. "My nieces woke up at 7:00, rushed up and opened their presents. It was so different for me."

Although they are Christian, even for Melis' family Christmas does not hold as much importance as it does for many North Americans. Because they are Orthodox, Easter is the most important religious day for them.

It's a Turkish tradition to have a lot of appetizers when a special meal is being eaten. One of Melis's favourite dishes is a pastry called borek, which looks like a spring roll but is filled with cheese or ground beef. Her family would serve this with turkey and rice as part of their holiday meal.

You don't have to be an international student to have an appreciation for the different traditions that are a part of Christmas worldwide. Even in Canada each region has holiday traditions that are unique to particular areas. It doesn't matter how faraway we are, at this time of year our thoughts always seem to turn towards home and the holidays. Hopefully those pleasant images can help us make it through the crunch we're all feeling now.

Did you know?

•Saint Nicholas (Santa Claus), is believed to have been born in the western part of Turkey.

•Christmas Day is called Children's Day in Congo

•Worldwide Saint Nicholas is known as the patron saint of children, brewers, people who lose lawsuits, scholars and clock workers.

•Christmas is celebrated on January 6 in Cyprus and Ethiopia. In Cyprus the holiday is called Epiphany Day.

•The change of the celebration of Christmas from January 6 to December 25 was instituted in the mid-fourth century in the western Christian church. This gave rise to the "Twelve days of Christmas".

•Christmas is celebrated on December 6 in Belgium which is St. Nicholas' feast day.

•Danish children do not have Santa Claus. Instead they have a Christmas brownie, Nisson, who lives under the ground and brings them presents.

•When playing cards were first introduced in England they were looked upon as a purely Christmas pastime.

•In 1840, for the first time, Queen Victoria and Prince Albert had a Christmas tree and started a fashion in England.

•Since Pilgrims and Puritans considered Christmas to be a pagan ritual, there was a law forbidding anyone to celebrate Christmas in Massachusetts during colonial times.

•Christmas is ushered in early in the morning in the Philippines by ringing the bells for hours.

•In Puerto Rico some children put boxes on the roofs instead of hanging stockings, for Santa to put their gifts in.

•Babuska (grandmother) is the dispenser of gifts at Christmas time in Russia.

•Dutch children receive their gifts in wooden shoes left out for Saint Nick, on his birthday, December 6, carrots are left in the shoes for his horse.

December 6th: just a bad day in history

BY JAMES TILLEY

December 6th, as you probably know is a day of remembrance for the victims of the Montreal Massacre. But it is also very important to the city of Halifax. For on December 6, 1917 two ships collided and created the largest man-made explosion prior to the nuclear age.

It was the middle of WWI, and Halifax was the staging point for many convoys to Europe. At about 8 am on that Thursday 80 years ago the Imo, a Belgium relief ship, was leaving the Bedford Basin. A second ship the Mont Blanc from France, was heading into port to dock waiting for a convoy to escort it across the ocean. The two ships were passing through the narrows of the Halifax Harbour. The first and faster ship, the Imo, was signalling that they were going to go on the Dartmouth side, when it was the same direction that the slower and less manoeuvrable, Mont Blanc was headed. They argued who had right of way until at the last minute both ships suddenly headed towards Halifax to allow the other to pass.

When they collided, the full force of the blow from the Imo ripped a huge gash into the hull of the Mont Blanc. Sparks lit the cargo and the blazing ship started to drift towards Halifax. The crew jumped ship and rowed as fast as they could to Dartmouth. When they hit land they continued to run screaming warning, for they

knew what was on board the Mont Blanc. The blazing ship had rested against the piers and the Haligonian fire fighters were preparing to battle the blaze. Word had spread and many people, including children ran to the pier to see the burning ship.

This incident may have gone unnoticed in history books if it were not for the cargo the Mont Blanc was carrying. This ship bound for Europe was bringing munitions. To be specific: 35 tons of benzol, 300 rounds of ammunition, 10 tons of gun cotton, 2,300 tons of picric acid (used in explosives), and 400,000 pounds of TNT. At exactly 9:05 am the fire spread to the TNT and ship and half the city exploded in a blinding flash of white light which was the largest explosion until Hiroshima.

The Mont Blanc was destroyed with bits of it flying in all directions. A more



NS ARCHIVES

that half ton anchor was hurled two mile from the explosion site. Windows were shattered for a 50 mile radius. The shock wave was felt in Sydney Cape Breton, approximately 270 miles away. Most of the city was flattened. 1,900 were killed immediately and that rose to 2,000 dead and 9,000 more people injured.

Any building that was standing turned into a hospital, shelter or morgue, many of which are still standing today. There are plaques and mass graves scattered all over Halifax.

These makeshift hospitals could not handle the wounded. The lack of space, the lack of staff and the overflowing number of injured compounded the problem.

Then as if Haligonians had not suffered enough, the day after on December 7th as the survivors tried to pick their way

through the rubble, Halifax was hit with a blizzard which laid down a 16 inch thick blanket of snow. When all hope seemed lost the help arrived. Relief came from all corners of the globe as far as China and New Zealand. Canada gave \$18 million, \$5 million from Britain. The most memorable is the \$750,000 from the state of Massachusetts. Halifax still sends a Christmas tree to Boston every year.

Within 7 weeks 3,000 homes had been built and temporary apartments were going up at about one every hour! The city recovered, many of the new building ended up using more revolutionary designs, and the houses along Young, Agricola, Duffus and Gottingen Streets are still some of the nicest in the city.

On the 75th anniversary a monument was constructed to commemorate the fire fighters who died attempting to battle the initial blaze prior to the explosion.

If you wish to learn more, most local libraries have a large section on the explosion. But the best place to go is the Maritime Museum of the Atlantic, they have an excellent exhibit.

You are all part of Halifax's community and this was one of the defining moments in history. The people in Halifax crawled out of the snowcovered ashes to rebuild this great city.

Features



Genevieve Bergeron



Hélène Colgan



Nathalie Croteau



Barbara Daigneault



Anne-Marie Edward



Maud Haviernick



Maryse Leclair



Anne-Marie Lemay



Michèle Richard



Annie St-Arneault



Annette Turcotte

Reflecting on Violence

BY JANNE CLEVELAND

ILLUSTRATIONS BY JAMES TILLEY

THE NAMES ARE THE 14 VICTIMS

Nobody needs to be told how stressed and busy we all are at this time of year. Everyone within the Mount community experiences an escalation of work and anxiety. So in the midst of all our frantic activities comes The Week of Reflection. Many people shake their heads and mutter, "Who has time to reflect on anything?" It seems like one more thing we don't have time for.

The Week of Reflection began after the Montreal Massacre in 1989 when 14 women in an engineering class at L'Ecole Polytechnique were ruthlessly gunned down. This year, MSVU will be commemorating the Week of Reflection on November 24-28. Now, all across Canada people use the Week of Reflection to consider how violence affects our lives, and how constructive activities can make a positive impact to lessen the incidents. It is a time to consider how our actions either contribute to changing violent social attitudes or how they endorse them, either by active participation or failure to speak out against the violence that surrounds us.

So, you think violence doesn't affect your life? So, the Week of Reflection has nothing to do with you? Do you lock the doors of your apartment, home, or car? Do you park in well-lit areas at night? Do you walk in groups after dark? Then you are affected by violence, as we all are. No one is free from the threat of violence.

The Week of Reflection is a time to give ourselves some breathing space in which to consider our options with regard to whether we will be controlled by violence within our culture. Awareness is the first step. To that end, Dr. Cathy James is inviting all to attend her class, Women's Studies 1100 in Seton 305, where she will be showing the film "After the Montreal Massacre" on Monday, November 24 at 12:30 and Tuesday, November 25 at 2:00 in the same location. Also of interest will be an Information Fair presented by Dr. James' class

on Wednesday, November 26, 12:30-2:00, and Thursday, November 27, 1:30-3:00 on the second floor of Rosaria.

As well, the Purple Ribbon Campaign is here to remind us of our commitment to resist violence. Ribbons are available in the Library, at the Information Desk in Rosaria, the Corner Store, and the ISW Reading Room. Donations will be collected in support of the Women's Coalition of Nova Scotia, providing aid to transition houses for women and children seeking refuge from abusive situations. Show your support. Wear a ribbon.

There will be a special lecture/workshop presented in Auditorium B, Wednesday, November 26, 11:00 A.M. Professional speaker Cathleen Fillmore, recently arrived from Toronto, will lead this discussion on how to recognize abusive relationships, and make decisions that enable us to make better choices. The Anthropology/Sociology, Psychology, History, and Women's Studies Departments are supporting this event. The lecture/workshop is open to everyone. All are invited to attend. This is a positive step we can take to give ourselves the power to demand an end to violence in our lives.

As we take a short respite from our extraordinarily busy lives to reflect on the conditions of our lives, it is important that we remember those who have fallen victim to violence in our culture. December 6th, 12:30 p.m. in the Art Gallery will mark the 8th gathering of students, staff, faculty and administrators to remember the loss of 14 women at another academic institution. Violence continues to be a social problem that affects every one of us. We all need to be aware of the impact of violence in our lives, and remember those who have been the victims. Take the time to resist violence. Reflect on other options we have to make our lives better, and let's remember those who no longer have the choice.



Barbara Marie Kleuzuick



Maryse Leganière



Sonia Pelletier

Lecture & Workshop "Cautionary Tales" by Cathleen Fillmore

November 26, 11:00 am Auditorium B

- The warning signs of abusive relationships •
- How to recognize the signs •
- How to create healthy, positive relationships •

For more information contact:
Janne Cleveland at the Student Union 457-6123

A&E

Men are from Earth, Women are from Earth

Larry's Party—Carol Shields
Random House Canada \$31.00

BY TIM BOUDREAU

Before I went out and bought her latest novel, *Larry's Party*, I listened to an interview with author Carol Shields on CBC stereo one afternoon. One particular thing that Shields mentioned in her interview that struck me as particularly interesting, was that she felt males, in many novels, had not been represented very realistically, or at least in their portrayal they only displayed one component from a wide range of human personalities. An interesting insight, I thought, and one which I wanted to learn more about. I was intrigued to find out what was wrong with the way men are represented in novels, and I was interested in seeing how Shields was going to help resolve that problem. I found myself

agreeing with Shields in her observations about male characters in literature; they often come off as macho tough guys, with very little range of emotion. There is certainly a stereotypical male being portrayed in popular novels out there, just pick up something by John Grisham, or Tom Clancey for clarification. So how can a female novelist contribute to a more accurate portrayal of men in literature? This was the question that I was left with after the radio interview, and one I sought an answer to by reading *Larry's Party*.

"The San Diego Tribune called *The Stone Diaries* 'a universal study of what makes women tick.' Now Carol Shields has done the same for men." This is a segment from the dust jacket, that part of the book where the flattering spiel about the novel is inserted which will make you feel compelled to buy it. Certainly a lofty claim, I remember thinking about the above mentioned statement. We shall have to see if Shields really knows what makes men tick. After having read the book, and sharing the experiences with Shields' main character, Larry, I wouldn't say that she has written a definitive guide on men with *Larry's Party*, but she has managed to portray a truly likable, multi-faceted, and at least a more accurate male character than has been seen by this avid reader before.

Larry's Party is what I would call a novel of ongoing characterization. The main character is never

clearly defined for us; instead the story is more focused on leading the reader through the many changes that the main character, Larry Weller, experiences in the course of his life. As a male character, Larry shows an enormous range of personality traits, from the typically male, to the traditionally female, to the completely unclassifiable. Larry, as well as most of the other characters in the book, are not flat portrayals of stock gender defined characters, making them worlds more interesting not to mention more realistic. The line drawn in the past in literature between typically male and female behaviour patterns becomes a little fuzzy throughout the course of *Larry's Party* and anyone who buys into the Men are

from Mars, Women are from Venus school of thought may find their ideas of gender specific thinking seriously questioned.

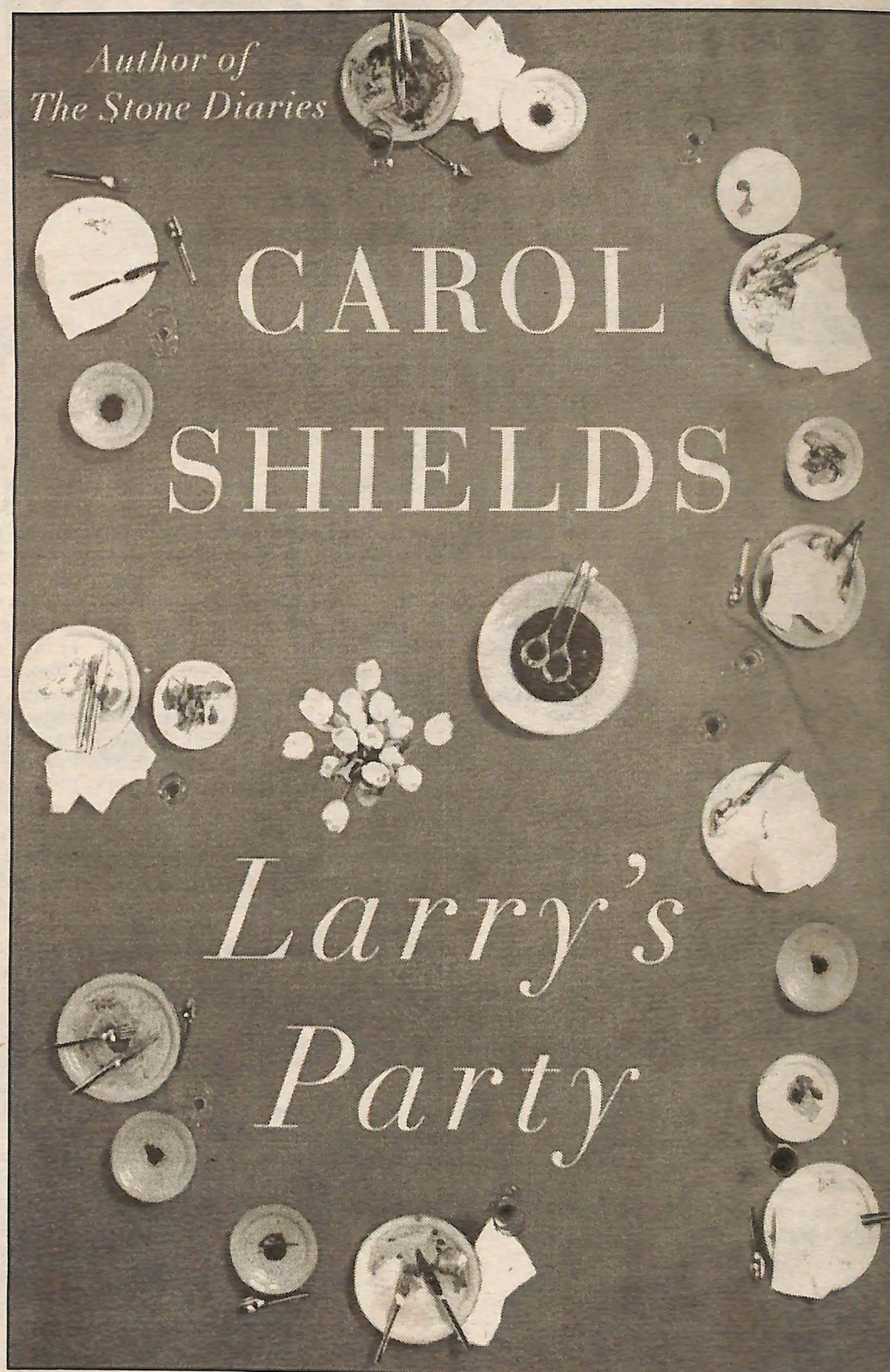
This is the first time really that I have read a novel when I have found myself focusing more on one of the book's characters than I do on the plot or theme. But in many ways the character of Larry serves both

as the plot, and theme of the book. It is his development that we follow, and it is his enigmatic growth as a human being which serves as the medium for Shields' theme to be expressed. To the best of my understanding, the theme of *Larry's Party* is that men in the twentieth century contain a great deal more depth than we have been led to believe in the past. Shields has done a brilliant job of characterization that shows that the differences between men and women may not be as pronounced as we have been led to believe, and that the varieties of individual personalities are much more prominent than any gender distinctions.

So to answer my earlier question, "How can a female novelist contribute to a more accurate portrayal of men in literature?" I would have to say that Carol Shields understands a great deal about men because she understands a great deal about people, and this is portrayed through *Larry's Party*. Shields doesn't write about men who are from Mars, and women who are from Venus, she writes about people from Earth.



Everyone has to grow up



Did you finally get to go to that movie, concert, play or performance that you wanted to? Was one of your christmas gifts the best damn CD, video or book you have ever received? Why not tell the world about it? Write a review on it! The next deadline is Monday January 12th at 5pm. Or just drop by anytime.

Starship Troopers

*They're hip, They're cool,
and They're Killin' Bugs*

BY MARK DARROW

I promised myself something before I went to see the latest Paul Verhoeven movie, *Starship Troopers*. I would not compare this movie to the book of the same name by Robert A. Heinlein.

When I say the book of the same name, I mean that this movie is vaguely reminiscent of the book. Well, I couldn't keep this promise after about an hour into this reprehensible attempt at filmmaking. It dawned on me that if Mr. Heinlein were alive today, he would probably have choked to death on his popcorn while viewing this "adaptation" of his novel.

Writer Ed Neumeier (of *Robocop* fame) must have been reading many an Archie comic when he came up with this so-called script. Picture the future, a semi-fascist state controls the world, where the only way you can get to vote is to serve two years in the military. Enter Riverdale High School where, Archie, Veronica, Betty, Jughead and the rest of the gang sign up for military service.

Actually the story centres around Johnny Rico, a young high school graduate from Buenos Aires. He is portrayed by unknown Casper Van Dien, who has all the acting range of a cardboard box. Anyway, Johnny (Archie) has a girlfriend Carmen Ibanez (Veronica) who is signing up for military service as a starship pilot. Johnny's hormones compel him to follow his high school sweetheart into the military as a soldier in the mobile infantry. Enter Dizzy Flores (Betty) who has an enormous crush on Johnnie, but this is a sad tale of unrequited love. . . Sigh. What possible reason Neumeier had to place this contrived plot into this movie could be anybody's guess. Apparently the original plot from the book wasn't good enough for the likes of Verhoeven and Neumeier, but coming from the director of *Showgirls*, it's pretty typical.

Verhoeven seems to be Hollywood's equivalent of the adolescent male let loose with a camera. There is a co-ed shower scene while the recruits are going through basic training. What is the purpose of this scene, you might ask? Maybe, it is a view of the future, where nudity is not considered a taboo. But I suspect that Verhoeven wanted some way to insert a nude scene into the movie in order to "showcase" the beautiful people cast in the film. There was no real purpose to this scene, other than some form of cinematic voyeurism.

However, the main purpose of this movie seems to be nonstop action, as alien bugs destroy Johnnie's hometown of Buenos Aires. Well, now Johnnie's pissed, although you wouldn't know it from Van Dien's lack of emotion. From then on it becomes a slugfest as the Mobile Infantry invades the bugs' home planet. I must admit that the special effects are absolutely breathtaking, but this movie seems to rely heavily on the effects and less on plot and character development. This seems to be a disturbing trend in Hollywood, turning out too many movies for the audience to switch off their brains. The special effects are the only thing that could possibly save this badly limping movie. So, the cinematic experience becomes nothing more than watching a video game for two hours.

If you are a fan of special effects driven movies, than this is the one for you. Otherwise, don't expect a deep involved plot or academy award winning performances out of this dog. Any true fan of Science Fiction would be better off to read the book and avoid this "roller coaster ride" altogether.



It's a mad, mad, mad, mad, movie

BY TIM BOUDREAU

I don't know how many of you have heard about the new movie, starring Dustin Hoffman and John Travolta, *Mad City*, because, as far as I am concerned, there has not been an incredible amount of hype surrounding it. I suppose you may have viewed a trailer for *Mad City* if you have been to the movie theatres in the past couple of months, but barring that I don't think there was a lot of publicity for the movie in the form of articles, and TV commercials. Chances are you have not yet heard of *Mad City*.

This is unfortunate, really. *Mad City* is one of the best movies I have seen this year, despite the fact that it is a movie which features the boxy facial features of John Travolta yet again. How many movies within the space of a year does that boy have to make before we get the picture that he has made his big comeback?

I guess the reason I was so looking forward to *Mad City* was because I felt that it applied to myself quite directly. Being in the media, and wanting to make a career out of it, a movie which treats the sensationalism of journalism as its major theme is certainly of interest to me. Of course all movie goers should be interested in such a movie as this as well because of the impact that media has on most people in society. In many ways the media, especially in television format, helps shape our opinions, and influences the way we see the world. If you don't agree with the previous statement just think for a second: how do you find out about what is currently happening in the world, especially in foreign countries? We must rely, not entirely but greatly, on what the media tells us. Since the media is so influential a movie which critically evaluates the motives and ethics of those within the media should be of interest to everybody. *Mad City* is just such a film.

The film centres on the character of Max Brackett (brilliantly rendered by Dustin Hoffman), a frustrated journalist who has fallen from the graces of

network television to plod his way through the front lines of the local TV news scene. The initial glimpses of Brackett's character makes one wonder whether he really cares about the objective reporting of facts as much as he cares about personal promotion. Brackett's journalistic ethics are questionable to say the least as he obviously is just waiting for a juicy story to come along with which he can sink his teeth in and restore his lofty status on the TV media scene.

Enter Sam Baily, a disgruntled ex-museum security guard who wants to frighten his former boss into restoring his employment. In order to do this, Baily enters the museum with an ugly looking shotgun, and an even uglier demeanor, which results in a hostage situation involving several children. Brackett just happens to be on the scene with a film crew, and finds himself trapped in the bathroom as Baily begins brandishing his rifle at his former boss, and begins to cover the story. Brackett and his news station soar to fame as they get the scoop on this late breaking story, placing the hostage situation on the air even before the police get wind of it.

The only problem, Brackett learns, is that Sam Baily is not the ruthless terrorist he initially believes him to be. Sam, like many red blooded Americans, feels helpless and belittled in a world which seems to care little about him and his family. Baily also is not a violent man (the children he has taken hostage actually befriend him) but his tendency to be a little slow (he is kinda like a belligerent *Forest Gump*) causes him to act irrationally (hence the brilliant shotgun idea). Brackett realizes that he has placed Sam at the mercy of an unethical media, and a fickle viewing public; not good masters to be at the mercy of. While attempting to protect his own restored fame (of course) Brackett attempts to "dictate" the terms of the situation in order to create a resolution which is conducive to Sam and his family. Thus, the prime

time ballet ensues.

Director Costa-Gavras has done a remarkable job in portraying the media in the worst light possible. In several shots featuring a large mob of reporters the surging mass of media almost appears like one large parasitic amorphous organism, with prying microphone limbs, and pulsating flash bulb eyes. The only problem I had with this film would be the unconvincing flavour of some of the characters. The only characters who displayed believable development are those of Hoffman and Travolta, all the other movie persona seem more like representative stock characters with no real depth.

The most visible example of a flat character in *Mad City* would be Brackett's plucky photographer, Julie. At the beginning of the film Julie operates with some scruples when she refuses to keep the camera rolling on a man who has been shot. Rapidly, and for no real apparent reason other than the fact that she has been offered a promotion, Julie's character declines until she becomes little more than a network lackey who epitomizes the sensational journalist. I realize that Julie's transition is probably meant to be symbolic; It is Costa-Gavras's attempt to show us that the lure of fame and fortune of broadcast journalism can turn responsible journalists into sensational ones. It is a good point, and well taken, but it seems that great pains were taken to make the character of Julie so innocent, and good natured and the beginning of the film, it seems silly then all of a sudden she is the anti-christ of the media community.

Despite this slight flaw in characterization, *Mad City* is a really good movie with an extremely important theme. In a time of sensational, "investigative" news shows, and ruthless paparazzi I think it is about time that film makers begin speaking out how abominably the media can behave at times. So I urge you to go see *Mad City*; it is an important film for our multimedia era.

A&E

You've heard the CDs now listen to the real thing

The Gandharvas/ Headstones live at the Grawood

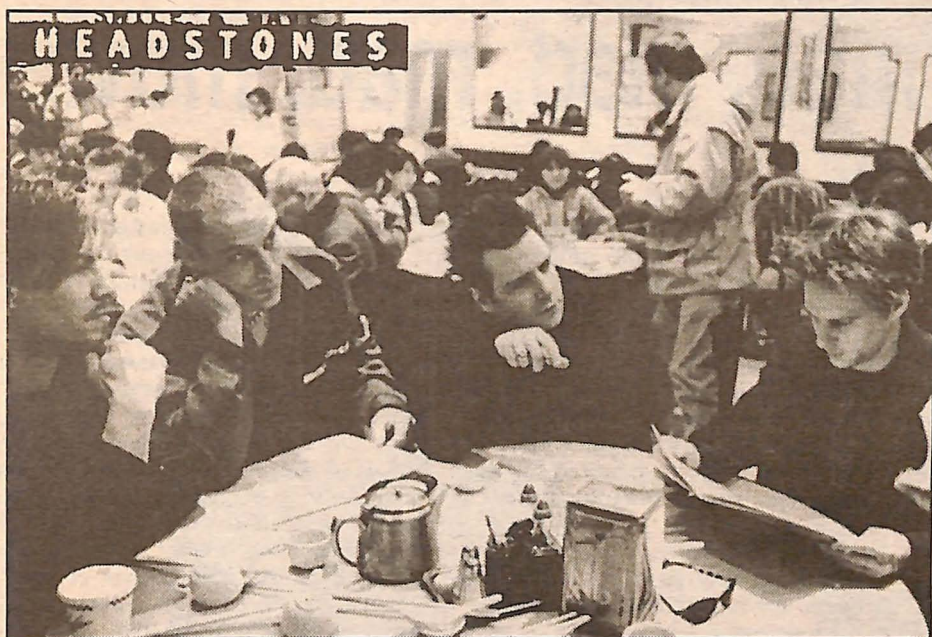
BY DAVID POUND

I was really psyched to find out the Gandharvas were opening for the Headstone's Grawood show, because they have been one of my favourite Canadian bands since they released "a soap bubble and inertia" back in '83. I always liked the fact that they were so diverse and had a very trippy sound, but with their new album they changed directions and went in a more indie rock vein. This being my third time seeing them, I was interested to see how the style change affected them live.

Well, lead singer Paul Jango acted like he had had a total personality change. The last two times I saw him, he had a very introverted stage presence, but this time he looked almost cocky and very self assured. Gone was almost all the trippiness that I loved, replaced by a more guitar oriented sound. They only played two older songs, "hollow you out" and "the

first day of spring", which used to be a very melancholy atmospheric song, but now sounded like something Thrush Hermit should be doing. I was not impressed with the reworking of the song at all. I understand that their old sound may have been a little too out there for the general public and they have often been criticized for being too flighty, but I think their style change was a big mistake.

The newer songs were far from bad, but they just didn't seem as daring. A definite highlight was that Paul still had his homemade instrument made of cans that he has been using since the first album and they did an awesome jam using this unique instrument. Their show was above average, but I found they failed to reach the heights they once seemed to reach so effortlessly. I really hope their new musical direction was 100% their decision and not some record company's, but with a



album title like "sold for a smile", you gotta wonder.

Headstones came on and the crowd went crazy. Move over Gord Downie, it seems Hugh Dillan is fast becoming Canada's greatest rock icon. His look and attitude epitomize rock almost to a point of being a caricature and the fans loved every bit of it. He was in command from the moment they took the stage and would yell or pretend to shoot everyone that was not getting into the show. Unlike most bands that usually stick to the new material, Hugh asked for request right off the top. Because of this, a good mixture of songs were played, everything from "It's all over" to new tunes like "Smile and wave".

Hugh was very appreciative of the audience, who had to have been the most responsive crowd I've seen this year. The dance floor was a frenzied mosh pit, except for the few times the band slowed things down. "Cubically Contained", their first single off the new album, was one of these times, which Hugh said was a song they were playing for themselves. I think he may have felt a little guilty for slowing things down.

They did a great encore, and finally played "Cemetery", which I think was the most requested song of the night. It was great seeing the Headstones in a bar once again, because I'm sure the next time they are through town, it will be in a much bigger venue.

With exams coming up you were thinking that you knew too little ...

BY: TIM BOUDREAU

I'm a Bill Murray fan, I'll admit it. I appreciate his slack-jawed, layed back, sarcastic, apathetic sort of comedy style. One thing I usually get a kick out of when I watch Murray in action is the total sense of disdain he seems to hold toward the other characters he comes into contact with. Murray makes fun of everyone, much to the delight of the audience, normally without the victim even being aware that he or she has been the brunt of one of Murray's subtle wise ass remarks. In his latest film, *The Man Who Knew Too Little*, Murray decides to cast off the role of the subtly sarcastic jokster in favour of a Forrest Gump persona. The end result certainly is entertaining enough, but unfortunately just not Bill Murray kind of funny.

Murray's character, Wallace Ritchie, has always wanted to be an actor, but has never been able to rise to the ranks of a professional thespian. Instead Ritchie bides his time working at Blockbuster Video, but he has never lost his passion for the performance arts. We quickly learn that the reason Ritchie has never become an actor is because he is incredibly stupid. Which leaves the plot wide open for a great deal of slapstick high jinx. Upon a surprise visit to his pretentious brother, James (played by

Peter Gallagher) in England, Ritchie is enrolled in a live action drama show designed to let regular Joes play the part of a hero involved in an action/intrigue plot.

Surprisingly enough, Ritchie inadvertently gets involved in a very real government conspiracy, set up by rogue agents in British Intelligence, and the KGB, and he is too stupid to realise that he is no longer playing make believe. Apparently the world is full of people who are equally as stupid as Wallace because everyone believes that he actually is a double agent, not just some poor sap who thinks he is doing a really good acting job. Wallace intercepts a top secret communique, which he believes to be his cue, on a payphone. After following the directions of the grainy British voice on the end of the line, Wallace runs into the beautiful, and dangerous Lorilei Jones (Joanne Whalley) whom he is instructed to "flush". Deciding that he doesn't have the heart to go through with the hit, Wallace decides to do a bit of ad lib and become a "good guy" so that he can help the pretty girl out. Gosh, what a plot twist.

Despite the annoying premise for the plot, *The Man Who Knew Too Little* ends up being a fairly funny movie. I found myself chuckling in spite of myself as Wallace

successfully bumbles his way through the various hit men and agents sent to eliminate him. Multiple comic misunderstandings in the dialogue allow Wallace to continue to believe he is acting, while keeping the bad guys duped. For example: Wallace's brother, James, says that they will smoke a couple of ambassador cigars as soon as Wallace gets home. When Wallace is speaking with the bad guys he mentions that "he knows a couple of guys waiting to light up a couple of ambassadors." This makes the bad guys think that Wallace is on to their secret plans to assassinate a pair of foreign ambassadors. The result is quite hilarious.

The misunderstandings, albeit quite funny, get stretched over the course of the entire movie; nobody ever clues in to the fact that Wallace is not a secret agent. The resulting stretch in believability seems to take away from the movie a little bit, I think.

So I can't say that I recommend that you go see this movie in the theatre, I think it is a definite renter. If you are a big fan of Bill Murray you may want to check it out, but don't expect to see the same Bill Murray that you know and love.

A&E

Spice Girls - Spiceworld

BY CARRIE WARNER

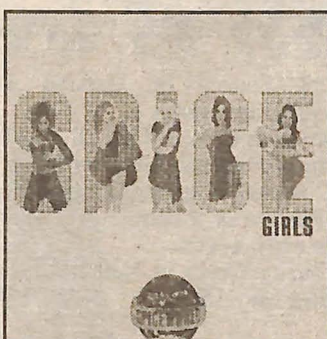
Just when the world was starting to make sense, the Spice Girls have put out another album. It's less than 40 minutes long, and has more of the same annoying bubble gum that their last album did, but the strangest thing of all is that I actually found myself "bopping" to the bubble gum while listening. It may be mindless pop, but it still has a cutesy beat to dance to. Too bad that can't save it.

Their first release off this album is "Spice Up Your Life". While there is no value to the lyrics, it is lively. I doubt I would ever actively search out the song, but if it came on in a dance bar, I'd enjoy it. They've also released a video for this song which is on Much Music constantly.

The biggest surprise on the album was the inclusion of the song the girls sing in the new Pepsi ads. Whether the song was written for Pepsi, or was just used by them, I don't think the Spice Girls needed it on

the album. While listening to it I feel the same way that I do when commercials come on before movies: like I've paid to watch/hear the commercial. And while I didn't pay for this album, I still brought it home into my CD player. It also reinforces that the Spice Girls should not have put out another record so quickly. Without the song (which is called "Move Over") the CD would have probably clocked in at a rousing 30 minutes.

Spiceworld hasn't been doing as well as those involved had hoped, selling over just over 200,000 copies in three weeks. That figure has been compared to the latest Oasis CD, which racked up 300,000 sales in three days. With this slow going, and a recent incident in Spain where the Spice Girls were booed off the stage, could this mean the demise of our favourite band to hate? God I can only hope so.



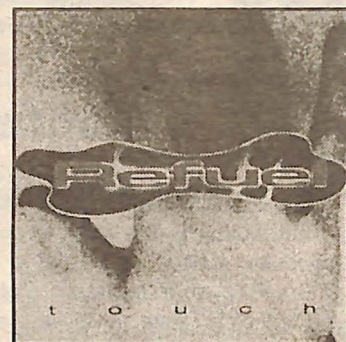
CD Reviews

BY SEAN HAMILTON

When I heard the name "Refuel" the first thing I thought was, "Who?" So I popped in the CD and for a first album I've got to say, I'm impressed. This 4 piece band from Quebec has released a great album of original music entitled "Touch".

"Touch," the title track, is easily one of the best songs on the CD. With the powerful vocals from Jeff Reno we are reminded of a OLP vocal, yet not musical style. It has some great electric tunes with a touch of techno. The last song "Veronica's Veil" is an acoustic song that is great to just sit back and listen to. It is also a great song to put on an album dominated by the electric sound that Refuel has.

I only have two problems with this album: Why didn't I know about it earlier, and how come I can't stop listening to it? The lyrics are interesting. (Yes, the CD comes with the lyrics. A definite bonus in my books!) 6 out of the 11 tracks start with the word "I", and I can't help wondering if the album is somewhat autobiographical. Overall, it is a great album. With its catchy tunes you'll end up wondering why no one knows about these guys and how come they don't get any radio play.



Refuel - Touch

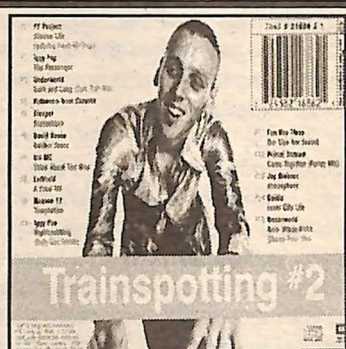
BY JAMES TILLEY

I am not sure why I liked the movie Trainspotting. The idea of drugs, especially with needles, never seemed that exciting. I have never been much for grungy looking movies. In fact when I first went I had no idea at all about the movie, except that it was about bunch of Scottish drug addicts and their "wacky" adventures. Maybe it is because I am part Scottish that it struck a chord deep down in my psyche... oh well.

But while watching and afterwards I thought to myself, wow, what great background music! That's a quirky thing about me, most of the CDs I own come from movies - so Hollywood sucked me in. The first soundtrack was absolutely great, and I am not just saying that because I have never given a bad review.

So I figure the second soundtrack should get a shot also. "Why put out another album anyway?" I thought as I put the CD into the machine. But after glancing over the cover only two or three tracks were actually remixes of original songs. The other stuff included songs that the director wanted on the movie, some that were in the movie and newer releases by the same people who were on last album.

But it is a good CD to buy, especially if you liked the first one, or the movie, which is for sale if anyone is interested. So go out and buy it already.



Trainspotting 2

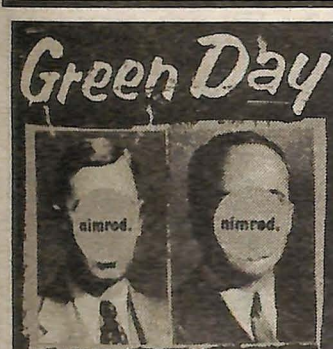
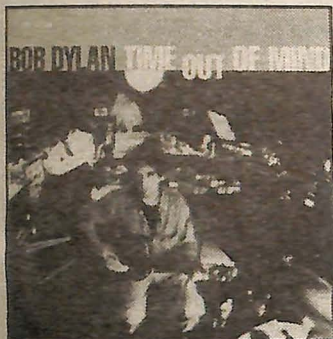
Bob Dylan - Time Out of Mind

BY: GLENN HARRINGTON

The best performance in the city of Halifax last year was the Bob Dylan concert. With an amazing list of hits ranging from the sixties to the present day, Dylan returns with another album with a new sound not classified as traditional Dylan; "Time Out of Mind" is classic Dylan. I also label this as contemporary blues as Dylan poetically explains tremendous heart break.

"Time Out of Mind" has eleven songs and a total running time of seventy-two minutes and fifty seconds. That roughly averages six minutes per song. I do not expect this CD to receive any radio play or endorsement. The truth is that not very many artists make music of this calibre.

Bob Dylan plays acoustic guitar, electric guitar, rhythm and lead, harmonica, piano and sings vocals. Dylan's creative level is astounding. "Time Out of Mind" is a landmark victory in Dylan's long career in music. For Dylan fans and anyone with true musical appreciation, "Time Out of Mind" is a great pick.

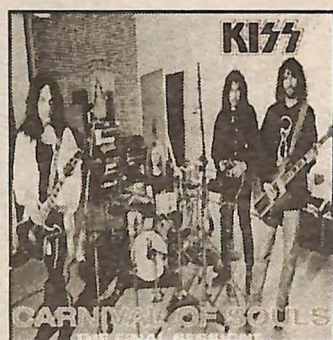


BY: CORY WEBB

Green Day is back again with their 5th CD that

sounds, for the most part, just like the first four. Most of the 18 tracks are pretty fast and pretty short, which is typical of Green Day. However they did throw in 4 or 5 songs which sound a bit different. One is "Good Riddance (time of your life)" which is actually slower and sounds a bit like a short ballad.

If you're a fan of Green Day this CD is well worth it to buy, and is a good addition to your collection. For a fan it is 18 new tracks of really good Green Day. But if you didn't like any of the other CDs and think they suck, you won't find much different here.



BY DAVID POUND

Kiss and musical integrity are two words that you don't usually see together. Though have been together for almost 25 years and have made some great party music, they are first and foremost business men. Over their career they have changed musically styles more then they have changed costumes, usually following what was trendy and sellable at the time. In the late 70's they released "Dynasty" which was Kiss doing disco. The early 80's saw Kiss doing the heavier sound being made popular by the early wave of heavy metal. In the late 80's they went through their worst phase of all, the Bon Jovi phase. They even wrote a song with Michael Bolton.

Well "Carnival Of Souls" is their grunge phase. If you listen to the album, you would swear you were listening to Soundgarden or Alice in Chains. The album is actually pretty good if you like this style of music, but it's hard to get by the fact that it is a carbon copy of another band's sound. You may be wondering why they would release the album now, since grunge is suppose to be a dead trend, but the album was actually written in 95 and shelved. I think the Kiss frenzy from the reunion tour may have been the spark that got the record company to release it. If your looking for the party style of early 70's Kiss, by far the best material of their career, then you should probably wait until the "reunited classic 70's lineup" release the anxiously awaited reunion album next year.

KISS - Carnival of Souls - the final sessions

Green Day - Nimrod

Classifieds

CAREER

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Please visit the Career Placement Centre for more job positions and details of the following jobs.

Part-time Positions

Junior Technician
DeskTop Cleaning Services
Call Lorna Pilling, DeskTop Cleaning Services,
457-4555

Night Cleaner
Holiday Inn Express
Contact: Paula Hebert, Housekeeping
Manager, 445-1100

Check out the yellow binder at the Career Placement Centre for CareGiver Positions

Permanent Positions

Various Positions and locations
YMCA
Visit the Career Placement Centre, Evaristus
217 for details

Environmental Related Internships
Canadian Council for Human Resources
Visit website www.chatsubo.com/cchrei/ or
call 1-800-962-9562

Summer Positions

Student Work Experience Program (FSWEP)
FSWEP gives full-time university students access to temporary, full-time or part-time student jobs offered by the Federal Public Service. Students hired under this program learn about the federal government and gain valuable experience while developing and improving their employability skills.

There is no deadline for applying to the general deadline but some departments have established application deadlines or have specified dates when they will start accessing the inventory.

Applications are available at the Career Placement Centre, Evaristus 217
Departmental Programs Deadline

*Rideau Hall's Visitor Services & Interpretation Program January 15

*Defense Research Assistant Program as early as Oct. 28

*Geological Survey of Canada Student Assistants Program March 2

*Law Program as early as Oct. 28

*Audit Trainee Program February 6

*Student Customs Program as early as Oct. 28

*Human Resources Centres of Canada for Students as early as Oct.

*Young Canada Works in National Parks and Historic Sites May 15

Resume Writing*Are you Ready?*

BY TIFFANY MANNING, CAREER RESOURCE ASSISTANT, STUDENT AFFAIRS

Having trouble with your resume? Why not drop it off at the Career Placement Centre so our friendly staff can help you. We will be happy to critique your resume and go over it with you during an appointment within 2 days of dropping it off. We also have material available to help you get started writing your curriculum vitae as well as career and educational planning and job search information. In addition, the department of Student Affairs offers resume writing workshops, to find out more information or to sign up call 457-6567. Don't wait till the last minute! Plan ahead so that you can make an appointment or leave your resume with us. Give us a call at 457-6272 or visit Evaristus 218. Our hours are from 9:00-5:00, Monday to Friday. Drop by anytime!

Career Tip*How long should your resume be?*

- 85.2% of employers prefer a two-page resume.
- You don't need to write everything you have ever done; be selective with your content. Relevance of material is more important.
- An effective resume takes time to create, but it's a necessary self-marketing tool that will help guide in the right direction towards a successful job search!

Be sure to visit our new website WorkLink which has many more job postings for across Canada and Overseas!!! Only accessible at the Career Placement Centre!!

A Career in Orthoptics/Ophthalmic Medical Technology

Orthoptics is the clinical science of ocular motility and binocular vision, and related disorders of the eyes. An Orthoptist is an allied health professional who works with ophthalmologists, (eye physicians and surgeons) analysing and treating patients unable to use both eyes together because of an eye muscle or sensory abnormality. An Ophthalmic Medical Technologist assists the ophthalmologist with a wide range of diagnostic tests and procedures requiring a great deal of technical expertise.

In July 1998, the IWK - Grace Health Science Centre will commence an accredited twenty-four (24) month training program leading to a Certificate of Orthoptics and Ophthalmic Medical Technology. Applications are now being accepted from individuals holding a baccalaureate degree with courses in any of the following areas: psychology, physiology, biology, anatomy, physics, statistics, research methodology. Work/volunteer experience in the health care field will be considered an asset. Candidates should possess good communication skills, sound judgement, emotional maturity and a demonstrated ability to relate well to small children and to adults.

Financial assistance may be available to qualified students.

Deadline for application is February 28, 1998.

For further information regarding a challenging, interesting and rewarding career in the health care field, please write:

School of Orthoptics/Ophthalmic Medical Technology
IWK - Grace Health Centre
P.O. Box 3070 Halifax, Nova Scotia, B3J 3G9

**IWK~GRACE
HEALTH CENTRE**

*The Isaac Walton Killam-Grace Health Centre
for Children, Women & Families*

M.A.R.S.

the Mount Alternative recreation Society is preparing for a Holiday Charity Event for:

Bryony House

Please donate clothing, toys and books (non violent please), school supplies, personal items, kitchen supplies and food, or gift certificates. New or used (and in good condition) and unwrapped. Everything is useful and greatly appreciated. Help make the winter holidays fun and happy for many women and children who have fled their homes with little more than the clothes on their back.

Please call Terri at 443-5260 or Leslie at 462-1538 to arrange for pick-up of donations. MARS will also supply a card for your gift. You can still remain anonymous or sign your: name, society, department of simply MSVU student/faculty/staff. Donations need to be received ASAP.

NOW HIRING

THE STUDENT UNION IS NOW

ACCEPTING APPLICATIONS

FOR

CORNER STORE MANAGER

RESUMES MUST BE SUBMITTED NO LATER THAN
NOVEMBER 28, 1997 AT 12:00 NOON TO:

Susan Dumasque
MSVU Student Union
Executive Vice President

BREAKERS
Where you call the shots

Breakers in Bedford (Mill Cove Plaza, next to the 24 hr. Sobey's).
Bartenders and Floor Staff Required

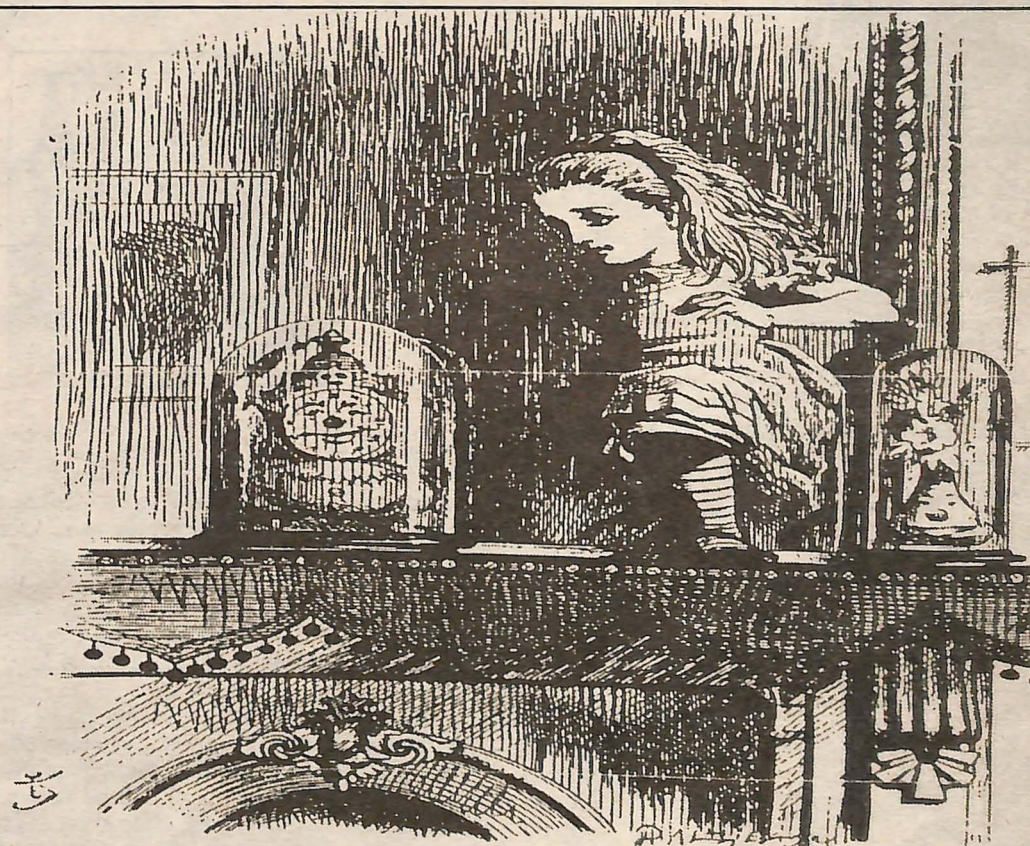
Experience in the food and beverage industry a must, 1 year or more.

We are looking for individuals who possess the following:

• Honesty • Friendly • Outgoing • Caring •

Please specify what position (Bartender or Server). Bartenders must be experienced in sales, mixing drinks, and the efficient running of the bar. Servers must be experienced in sales selling food and beverage. We need people who meet the above criteria.

Contact: Mr. Robert Beauchamp at Breakers: 832-8003

**Reflective Lives**

23rd Annual Mount Community Show
Organized by Mount Saint Vincent University Art Gallery

November 26 - December 10 1997

Opening November 26 at noon

Classifieds

VOLUNTEER OPPORTUNITIES - OFF CAMPUS:

Volunteering is a great way to gain practical experience while contributing to our community. The Volunteer Resource Centre matches people interested in volunteer work with non-profit agencies looking for help. Listed below is a sample of the current available opportunities. For more information, please call their office at 423-1368.

SALES/PUBLIC RELATIONS

A child and youth organization is seeking volunteers for three afternoons per week to sell tickets and promote the club's importance in the community.

VISITOR/COMPANION

An agency in Dartmouth is looking for volunteers to be friendly visitors to individuals who have mental health problems

in a group home setting. This agency also requires a companion volunteer to visit, go for walks and chat with a senior lady in Halifax. Training and orientation is provided. Time commitment is mostly in the evening for four hours per week.

COMPUTER TECHNICIAN

Use your expertise in the area of computer software and hardware by helping this agency to keep their computer system free from glitches. You will assist with software installation and repair computer hardware. Time commitment is flexible for only two hours during the week or weekend.

RECORDING SECRETARY

This position offers the opportunity to enhance your minute taking skills. As the

recording secretary for the planning committee of this agency, you will attend meetings held the 1st Thursday of every month.

PROGRAM SUPPORT STAFF

An agency in Cole Harbour is in need of program support staff. If you have recent CPR and first aid training and have worked with children, you can bring some energy and creativity to their program. This is a perfect opportunity for a recreation and/or early childhood education student. Time commitment is 3 to 6 hours per week during the day.

PROGRAM ASSISTANTS

Orientation and training is provided by this Metro organization to the interested candidates looking for experience in being

program assistants. This position entails working with the Director to assist in meeting program objectives and involving others to help achieve them. Time commitment is 3-9 hours per week over a short term.

CHRISTMAS PAGEANT ASSISTANT

An agency in Dartmouth is looking for someone to help out with an upcoming Christmas pageant. You'll teach children Christmas songs, as well as help out with organizing the event. So if you enjoy working with kids and enjoy the holiday season, give us a call. Your help is needed for a few hours, one or two days per week.

DONATIONS PROCESSOR

Are you comfortable working with numbers? A Halifax agency needs a volunteer to help process donations in preparation for an upcoming fundraising campaign. References are required for security reasons. You'll receive a letter of reference for the time spent helping out.

RESPITE WORKER

Here's a very special opportunity. A metro agency is looking for respite workers to help provide support for families of people with Alzheimer's disease. This position does not ask for nursing or homecare duties, but rather asks someone with excellent communication skills, a sense of humor, problem-solving skills, and a true desire to help to lend support to those who need it. A general knowledge of the disease is preferred. This is a great opportunity for those entering the healthcare field. Long-term commitment.

FUNDRAISER

A metro agency is looking for some friendly, energetic people to help out with their upcoming fundraising campaign. You'll assist by contacting metro lottery booths to set up fundraising ticket placement. This is a good chance to use or develop your marketing and communication skills, and make contacts in the volunteer community. Short-term commitment.

TELECARE PROGRAM WORKER

A Halifax agency needs volunteers to help out with their telecare program. You'll assist in keeping track of the whereabouts and safety of elderly telecare participants. This is a good opportunity for experience in both home healthcare and communications. It's a position that requires only a few hours a day, usually one day per week.

RECEPTIONIST

Here are two opportunities for you to use your reception/administrative skills. A Halifax agency is looking for someone to help out with telephone answering, taking messages, handling mail, etc. A Dartmouth agency needs someone to assist with general office duties and in developing all aspects of the organization. The ability to work with children is also required for this opportunity. Both require good communication skills and an ability to work with the public.

This Year's Picaro is Rockin'



Man you should be a part of it!

We have Meetings Mondays and Wednesday at 2 pm, in the Picaro Office on the main floor of Rosaria Center (near the games room).

**You would be amazed
who reads the Picaro!**

The Halifax Campus of Nova Scotia Community College will be holding an Open House at 1825 Bell Road on Wednesday, November 26, 1997 from 3:30 pm to 8:00 pm. There will be program information available as well as financial information, guided tours, demonstrations, displays, door prizes and refreshments. Please Come and Explore the Opportunities! For more information, please call 424-7999.

Calendar of Events

Monday, November 24th

Week of Reflection

12:10-12:45 pm, Lunch-time Intramural Program Rosaria Gym

2:00 pm, Picaro Staff Meeting Rosaria Centre, Room 114

3:00 - 4:30 pm, Pick-up Indoor Soccer Rosaria Gym Free for students & gym members

Tuesday, November 25th

12:00 pm - 1:00 pm, MSVU Saints Band Practice Don MacNeil Room, 4th Floor Rosaria Centre

2:30 - 4:30 pm, Afternoon Alpha Evaristus Hall, Room 108 Sponsored by Mount Christian Fellowship

Wednesday, November 26th

Bookfair (until Nov 28th)

12:00 pm, Reflected Lives 23rd Annual Mount Community Show Art Gallery (Until Dec 10)

12:10-12:45 pm, Lunch-time Intramural Program Rosaria Gym

2:00 pm, Picaro Staff Meeting Rosaria Centre, Room 114

2:00 pm, History Society Meeting Seton Academic Centre, Room 552

2:00 pm, MARS - Mount Alternative Recreation Society Meeting Vinnie's Pub, Rosaria Centre

2:00 - 3:00 pm, Nurture Group Sponsored by the Mount Christian Fellowship Seton Academic Centre Room 504

3:00 - 4:30 pm, Pick-up Indoor Soccer Rosaria Gym Free for students & gym members

4:00 - 6:00 pm, BEd Program Information Session Public Archives Building 6016 University Avenue, Halifax

6:00 pm, Women's Basketball NSCC @ MSVU

6:30 pm - 8:30 pm, Career Night - Business Society Career areas: marketing, finance, human resources, telecommunications and management Seton Auditorium A

8:00 pm, Men's Basketball NSCC @ MSVU

Thursday, November 27th

Talent Show hosted by the Student Union Vinnie's Pub, Rosaria Centre All proceeds go to Christmas Daddies

12:00 - 1:00 pm, Nurture Group Sponsored by the Mount Christian Fellowship Seton Academic Centre, Room 504

Friday, November 28th

12:00 pm, Student Alumnae Association Meeting Evaristus Hall, Room 108

3:15 - 5:00 pm, Coed Volleyball Tournament Teams of 6 or more may register at Rosaria Gym Teams must have 2 females on the court at all times Cost is \$2/player

Saturday, November 29th

10:05 am, Poetry Reading by Carol Langille Faculty Lounge, Seton Academic Centre Room 404

3:30 pm, Women's Volleyball Game STU @ MSVU

6:00 pm, Women's Basketball Game STU @ MSVU

8:00 pm, Men's Basketball Game STU @ MSVU

Sunday, November 30th

MSVU Skate at Metro Centre FREE!!

10:00 am, Women's Volleyball Game STU @ MSVU

12:00 pm, Women's Basketball Game STU @ MSVU

2:30 pm, Men's Basketball Game STU @ MSVU

Monday, December 1st

Christmas Door Decorating Contest Prizes will be awarded Call 457-6369 to register your door

12:10-12:45 pm, Lunch-time Intramural Program Rosaria Gym

3:00 - 4:30 pm, Pick-up Indoor Soccer Rosaria Gym Free for students & gym members

Tuesday, December 2nd

Classes End

10:30 - 1:30 pm, Societies' Christmas Bake, Craft & Second Time Around Fair Rosaria Terrace

12:00 pm - 1:00 pm, MSVU Saints Band Practice Don MacNeil Room, 4th Floor Rosaria Centre

2:30 - 4:30 pm, Afternoon Alpha Evaristus Hall, Room 108 Sponsored by Mount Christian Fellowship

Wednesday, December 3rd

Violence Against Women Week

NO CLASSES - Reading Day

Thursday, December 4th

Exams Begin

AIDS Awareness - A Day Without Art

Friday, December 5th

Memorial to the victims of the Montreal Massacre

Saturday, December 6th

9:30 am, Open House Workout In support of Bryony House

Friday, December 12th

3:00 pm, Student Council Meeting Rosaria Centre, Room 106

Saturday, December 13th

4:30 pm, Exams End

4:30 pm, Residences closes

6:00 pm, Cafeteria closes

Sunday, December 14th

MSVU Annual Family Christmas Skate Dalplex

Friday, January 2nd

University re-opens

Saturday, January 3rd

12:00 pm, Residence opens

Monday, January 5th

Classes resume

12:10-12:45 pm, Lunch-time Intramural Program Rosaria Gym

2:00 pm, Picaro Staff Meeting Rosaria Centre, Room 114

3:00 - 4:30 pm, Pick-up Indoor Soccer Rosaria Gym Free for students & gym members

Tuesday, January 6th

12:00 pm - 1:00 pm, MSVU Saints Band Practice Don MacNeil Room, 4th Floor Rosaria Centre

2:30 - 4:30 pm, Afternoon Alpha Evaristus Hall, Room 108 Sponsored by Mount Christian Fellowship

Wednesday, January 7th

12:10-12:45 pm, Lunch-time Intramural Program Rosaria Gym

2:00 pm, Picaro Staff Meeting Rosaria Centre, Room 114

2:00 pm, History Society Meeting Seton Academic Centre, Room 552

2:00 pm, MARS - Mount Alternative Recreation Society Meeting Vinnie's Pub, Rosaria Centre

2:00 - 3:00 pm, Nurture Group Sponsored by the Mount Christian Fellowship Seton Academic Centre Room 504

3:00 - 4:30 pm, Pick-up Indoor Soccer Rosaria Gym Free for students & gym members

Thursday, January 8th

12:00 - 1:00 pm, Nurture Group Sponsored by the Mount Christian Fellowship Seton Academic Centre, Room 504

Friday, January 9th

12:00 pm, Student Alumnae Association Meeting Evaristus Hall, Room 108

3:00 pm, Student Council Meeting Rosaria Centre, Room 106

Last day to register for Winter courses

Last day to drop winter courses without Financial Penalty

Sunday, January 11th

12:00 pm, Volleyball Game MSVU @ U St. A

1:00 pm, Men's Basketball Game MSVU @ TUNS

2:00 pm, Volleyball Game MSVU @ U St. A

3:00 pm, Women's Basketball Game MSVU @ TUNS

Monday, January 13th

12:10-12:45 pm, Lunch-time Intramural Program Rosaria Gym

2:00 pm, Picaro Staff Meeting Rosaria Centre, Room 114

3:00 - 4:30 pm, Pick-up Indoor Soccer Rosaria Gym Free for students & gym members

Tuesday, January 14th

12:00 pm - 1:00 pm, MSVU Saints Band Practice Don MacNeil Room, 4th Floor Rosaria Centre

2:30 - 4:30 pm, Afternoon Alpha Evaristus Hall, Room 108 Sponsored by Mount Christian Fellowship

Wednesday, January 14th

12:10-12:45 pm, Lunch-time Intramural Program Rosaria Gym

2:00 pm, Picaro Staff Meeting Rosaria Centre, Room 114

2:00 pm, History Society Meeting Seton Academic Centre, Room 552

2:00 pm, Picaro Staff Meeting Rosaria Centre, Room 114

2:00 - 3:00 pm, Nurture Group Sponsored by the Mount Christian Fellowship Seton Academic Centre Room 504

3:00 - 4:30 pm, Pick-up Indoor Soccer Rosaria Gym Free for students & gym members

6:00 pm, Women's Basketball Game MSVU @ NSCC

7:30 pm, Volleyball Game NSCC @ MSVU

8:00 pm, Men's Basketball Game MSVU @ NSCC

Thursday, January 16th

12:00 - 1:00 pm, Nurture Group Sponsored by the Mount Christian Fellowship Seton Academic Centre, Room 504

3:00 - 5:00 pm, Recreation Volleyball Tournament

Friday, January 17th

12:00 pm, Student Alumnae Association Meeting Evaristus Hall, Room 108

Last day to drop full term courses without academic penalty

Saturday, January 17th

10:00 am, Badminton Game MSVU @ MTA

8:00 pm, Volleyball Game UNBSJ @ MSVU

Sunday, January 18th

11:00 am, Badminton Game UNBSJ @ MSVU

1:00 pm, Men's Badminton Game UNBSJ @ MSVU

3:30 pm, Women's Volleyball Game UNBSJ @ MSVU

Monday, January 20th

12:10-12:45 pm, Lunch-time Intramural Program Rosaria Gym

2:00 pm, Picaro Staff Meeting Rosaria Centre, Room 114

3:00 - 4:30 pm, Pick-up Indoor Soccer Rosaria Gym Free for students & gym members

Spring Break - Daytona Beach

February 19 - March 1

\$369 for bus and hotel
\$139 for hotel only

7 night accommodation at
one of our Beach Front Hotel

to book: contact Sarah @ 457-4130

Breakaway
Tours

Sports

MYSTICS BASKETBALL SWEEPS KINGS

BY MELANIE GAGNON

None of the fans who came out to cheer on the Mystics on their first booster night went home disappointed as the Mystics played a tight game all the way until the final minutes when they pulled away from their opponent to win both of their games against Kings.

The first game of the evening started off slowly with both of the women's teams playing great defensively. The Mystics pulled away with the lead early on in the game but Kings came right back to lead 23 to 20 at the half. The Mystics fought back to tie the game at 25-25 with fourteen minutes remaining as Kings tried to reply unsuccessfully until the last two minutes when they gave the Mystics a scare by reducing their lead to 42-39. Sheila Murphy relieved the crowd and her teammates by landing a three point shot with a minute and a half left in the game. The Mystics went on from there to win by a final score of 51-42.

The men's team struggled defensively in the first half of their game by being down early 11-4 in the opening 5 minutes. The

Mount's first lead came with only four minutes left in the half by an outside shot from Dylan Meisner. Kings capitalized on their bonus status to surpass the Mystics 29-28 by the end of the first half. The Mystics greatly improved defensively at the start of the second half to tie the game 31-31 only to be down by 7 points three minutes later which lead to the substitution of all of the Mount's players who were on the court at that time. The Mystics attempted to reduce their opponents lead but created two costly turnovers which gave Kings their biggest lead of the game 45-35. The Mystics' first lead of the second half (51-49) came at the ten minute mark when Steeve Harris was fouled which put the Mystics in a bonus situation. The Mystics doubled teamed Kings to keep their lead but Kings replied with a 3 pointer to lead 64-62 with three minutes remaining in the game, then the Mystics took the lead with two quick scoring opportunities by Peter Turnbull. The Mystics won by a score of 74-66.



MARK CAMPBELL



MARK CAMPBELL

ATHLETICS/RECREATION FITNESS Q&A

Q: DOES EXERCISE SUPPRESS YOUR APPETITE?

A: The majority of studies conducted demonstrate that caloric intake is usually unchanged or slightly increased in response to long-term training. Your energy intake level, however, is usually increased below the increase in your energy output. This results in a negative energy balance and consequently a loss of body weight and body fat. Some evidence exists that if you exercise vigorously before you eat, you will actually eat less because of an increase in body temperature and an alteration in hormone levels. The centres for the thermoregulatory system, appetite and sleep lie next to each other in the brain stem. Generally speaking, when you affect one, you affect the others.

(Suggested reference: The College of Sports Medicine 1995, Fitness & Sports Medicine: An Introduction 1990)

Got a question about fitness?

Submit it to the Ath/Rec office for a response in the next PICARO?



MARK CAMPBELL

Badminton Team

BY MELANIE GAGNON

The badminton team travelled to St. Anne on November 14 to play in their first tournament of the year. This tournament was a learning experience as many new players faced competition for the first time. Chris White and Grace Kinney; the mixed double team who went to the nationals last year, came in first place. Twelve players are currently on the team but only eight players are allowed to participate at every tournament. Those who did not have a chance to play will have their first action on January 17th when the team travels to Mount Allison.



MARK CAMPBELL

Halftime isn't just a break between games, it is an adventure!

Athletics Recreation Notices

STUDENT XMAS SPECIAL:

Unlimited Fitness from
December 15-4 January only \$15.

Need a XMAS gift idea?

Why not purchase a Fitness Gift
Certificate from the Ath/Rec. Office?

The Winter Fitness Schedule begins
on January 5, 1998. Try a one month
Unlimited Fitness Membership for as
low as \$20. New times and activities
being offered - check the Ath/Rec.
Bulletin Boards for information.

Co-ed Volleyball Tournament

Friday, November 28, 3:15-5:00pm
Teams of 6 or more Must have at least
two females on the court at all times
Individuals and teams may sign up at
Rosaria Gym. Cost \$2/player

Want to begin an exercise program but not
sure what to do? Contact the Ath/Rec
office 457-6420 for a One-on-One pro-
gram designed for you. Only \$10.

MSVU Annual Christmas Fair

Tuesday, December 2
10:30am-1:30pm
Rosaia Terrace

Featuring the
MSVU Saints Band
and

Lots of goodies, gifts and treats

Spaces are still available for
Societies and members of the
University to book a table free
of charge. Contact Joanne at
457-6369.

Everyone Welcome !

Scoreboard

BASKETBALL**NOVEMBER 12 :**

MSVU WON AGAINST KINGS 51-42 women
MSVU WON AGAINST KINGS 74-66 men

NOVEMBER 15 :

MSVU LOST AGAINST MTA women
MSVU LOST AGAINST MTA 82-68 men

NOVEMBER 19 :

MSVU WON AGAINST NSAC 63-30 women
MSVU WON AGAINST NSAC 78-59 men

MEN'S RANKINGS (as of NOV. 16)

rank	team	games	w	l	points
1	STU	2	2	0	4
2	Kings	4	2	2	4
3	MTA	4	2	2	4
4	MSVU	2	1	1	2
5	NSAC	1	1	0	2
6	DalTech	1	0	1	0
7	UNBSJ	2	0	2	0

WOMEN'S RANKINGS (as of NOV. 9)

rank	team	games	w	l	points
1	Kings	3	2	1	4
2	STU	2	1	1	2
3	MSVU	2	1	1	2
4	MTA	1	1	0	2
5	NSAC	1	1	0	2
6	DalTech	1	0	1	0
7	UNBSJ	2	0	2	0

VOLLEYBALL**NOVEMBER 12 :**

MSVU WON 3-1 AGAINST NSCC
Scores: 15-10, 7-15, 15-6, 15-10

NOVEMBER 16 :

MSVU LOST 3-1 AGAINST KINGS
Scores: 15-12, 15-4, 14-16, 15-6

WOMEN'S RANKING (NOV. 16)

rank	team	mp	mw	ml
1	STU	4	4	0
2	Kings	5	4	1
3	UstAnne	3	3	0
4	MSVU	2	1	1
5	NSAC	4	1	3
6	UNBSJ	3	0	3
7	NSCC	4	0	4

UPCOMING VARSITY GAMES**VOLLEYBALL**

NOVEMBER 29 : STU at MSVU 3:30PM

NOVEMBER 30 : STU at MSVU 10AM

JANUARY 11 : MSVU at STE ANNE 12 AND 2PM

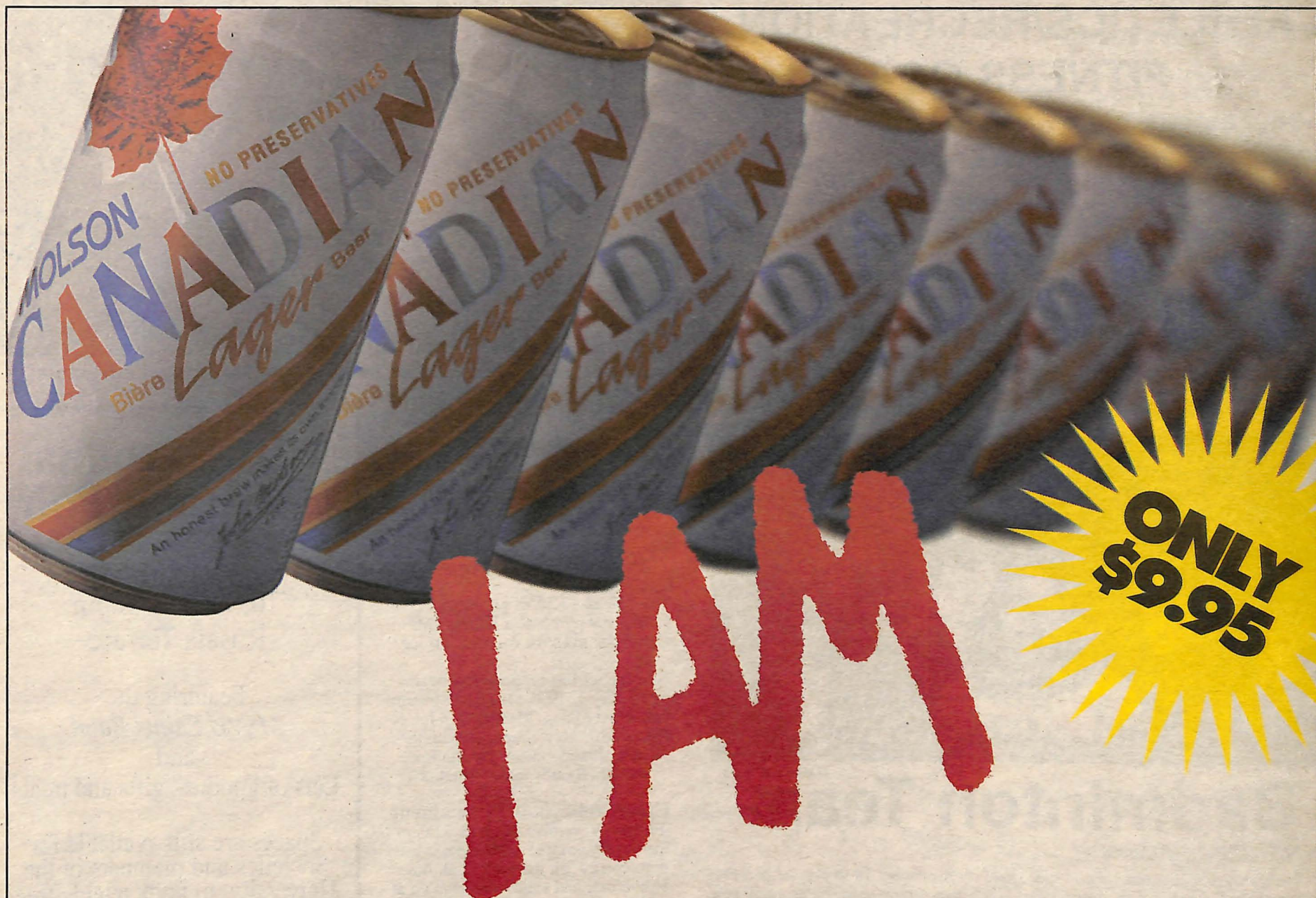
BASKETBALL

NOVEMBER 26 : NSCC at MSVU women 6pm • men 8pm

NOVEMBER 29 : STU at MSVU women 6pm • men 8pm

NOVEMBER 30 : STU at MSVU women 12:30pm • men 2:30pm

JANUARY 11 : MSVU at TUNS women 3pm • men 1pm



...NOW AVAILABLE IN 8 PACK CANS