

# THE P<sup>IC</sup>ARO

WEDNESDAY, MARCH 13, 1991

MOUNT SAINT VINCENT UNIVERSITY

VOL 26. NO. 19

## THREE TIMES A WINNER

by Todd Bechard and John Jarvis

March 9 and 10, 1991 can probably be considered the most successful two days in MSVU athletics. The Mount has competed in the Nova Scotia Colleges Athletic Association (formerly the Nova Scotia College Conference) for 11 years, but the success of last weekend sets new standards.

Provincial titles in women's volleyball, women's basketball and men's basketball highlighted the weekend. Individual awards went to Elaine Collins, Julie Roberge and Paula Ingarfield for volleyball, Jocelyn Maclean, Andrea Drake and Alex Taylor in women's basketball and Mark Forward and Tony Ross in men's b-ball. Coaches Anne Lindsay and Rick Plato were also rewarded for their efforts.

The women's volleyball team captured their tenth title in the last 11 years defeating UCCB in straight sets. After defeating Kings College in the semifinals, MSVU swept the Capers by scores of 16-14, 15-11 and 15-10. UCCB had defeated the Mount in their three previous meetings, but home court advantage spurred the Mystics to victory. Collins, Roberge and Ingarfield were named to the All-Conference team.

The team will be leaving March 20 for Quebec City to compete in the Canadian Colleges Athletic Association (CCAA) National Championships.

The women's basketball team won a second consecutive title, defeating the Nova Scotia Teachers College (NSTC) in an extremely close game. The championship game, held at the Agricultural College, went to overtime before the Mount pulled out a 58-56 victory. Jocelyn Maclean and Gail MacDonald led MSVU players with 11 points each.

continued on Page 12...



*Can ya dig it?*

Kelby Beaton



# CLASSIFIEDS

**THE EDUCATION SOCIETY:** One and all are invited to come and share in the fun and entertainment of the Education Society's Talent no-Talent Show. The event will take place in Vinnie's Pub on March 19, 1991, starting at 8 p.m. So drop on by and support the Education Society.

**SPRING GRAD CLASS:** The Spring 1991 Grad Class is offering a Family Walk-A-About. The guided tour will be of the MSVU buildings and grounds on Saturday, March 23, 1991. Bring your children--bring your parents. The tours will leave Seton (front entrance) at 9, 10, and 11 a.m. The cost is approximately \$2 per person or \$10 per family. The duration of the tour is about 1.5 hours. All are welcome. Wear your walking shoes. Snacks and juice is included.

**THE NOVA SCOTIA MUSEUM:** March Break activities at the Nova Scotia Museum will take place each afternoon from 1:30 to 3:00, March 11-15. Children can make paper baskets with ribbon design based on Micmac traditional style. Small children will need help. Call 429-4610 for more information.

**SCHIZOPHRENIA SOCIETY OF NOVA SCOTIA:** This self-help group for friends and relatives affected by schizophrenia will have their next general meeting on Wednesday, March 20, 1991, at 8 p.m. in Hancock Hall, Dalhousie University, Corner of Coburg Road and Oxford Street. For more info call 464-3456 or 465-2601.

**APARTMENT TO SUBLET:** Three bedroom with two baths. Furnished with an indoor pool, sauna, tennis courts. Security building within walking distance to the Mount. On major bus routes. May to August with the option to renew. \$800 per month. Room for four people. Call 443-5624.

**HOUSE FOR RENT:** Available now, a three bedroom house, fully finished basement, 2 baths, recreation room, all appliances, including a washer and drier for \$750/month, does not include utilities or heat. Located at 83 Sami Drive, Lower Sackville. To view call 865-5892.

**PART-TIME STUDENTS:** Are you a part-time student? Do you have any concerns or issues? Call your Senate Representative on Student Council, Anne Marie Driscoll at the Student Union Office, 443-4224.

**HERB-A-LIFE:** Interested in all natural doctor recommended diet? Call Anne at 453-4008.

**THE YWCA:** Is offering the following courses:

DBase IV, WordPerfect 5.1 and Lotus 1-2-3 on Mon/Wed, March 25 - April 29, from 5:15 to 7:15 p.m. Fee \$165.

MS-DOS, Basic programming and WordPerfect 5.1, Lotus 1-2-3 and DBase IV. Pre-registration required. On Tues/Thurs from March 26 to April 25, from 5:15 to 7:15 p.m. Fee \$165.

A course on car repairs--basic maintenance procedures. On Tuesdays from March 26 - April 16 from 7 to 9 p.m. The fee is \$35. For any further information on these courses call 423-6162.

**CANADA HOSTELLING ASSOCIATION - NOVA SCOTIA:** There will be a 1.5 hour seminar for women travellers on Thursday, March 21, 1991, at 7:30 p.m. at the Maritime Museum of the Atlantic, Lower Water Street. For more information call 425-5450.

**THE SACRED HEART SCHOOL:** 5820 Spring Garden Road is having an openhouse on Sunday, April 7, 1991, from 1:30 to 4:30 p.m. Everyone is welcome. For further information call 422-4459.

**MSVU PARKING BULLETIN:** Athletics and Recreation will be having a March Break Day Camp March 11 - 15, inclusive. Because of this event, the Rosaria Centre parking lots will be busy between 8:15 and 9:30 a.m. and between 4:30 and 5:15 p.m. while children are being dropped off and picked up. There should not be any long-term disruption to the parking lots. Parking tickets will be issued to any vehicle parked illegally, this includes but is not limited to: parking in fire lanes, roadways, no parking areas, on hash marks (lined out areas) or expired meters.

#### SUMMER EMPLOYMENT:

Banff Lifts Limited (Operating Banff's Sulphur Mountain Gondola Lift) have various positions and housing available. Application forms and company literature available at the Canada Employee Centre on Campus, Rosaria Rm. 111. Deadline April 5, 1991.

**JOB OPPORTUNITY:** The ultimate business opportunity for students. Start now part time and work into a full time summer job. Call today: 457-2960 or 1-800-565-2960.

**TYPING:** Need your papers typed? Reasonable rates of \$1.50 per page. Daily pickup can be arranged. Work is done on a computer. Call 865-4648.

## SOCIETIES CORNER

### CHILD STUDY SOCIETY Volleyball Tournament

Friday, March 22  
1:30 - 4:00p.m.  
Rosaria Gym  
All Welcome!

## EDUCATION SOCIETY

Talent NoTalent Night  
Tuesday, March 19  
8:00p.m.

at VINNIE'S

Submissions for Society Corner due Friday 5:00p.m.

## NEED EXTRA CASH?

We need Pollworkers  
for the SU elections.

\$4.50/hr

Contact Sam at the  
Student Union Office  
(4th Floor, Rosaria)  
or call 443-4224



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**News Editor**  
Simon Kennedy (& mom)

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## NEWS

## Senate Decision Victory For Women

By Janet Allen

The recent defeat of Bill C43 in the Senate is a victory for women and the women's movement, said Judy Rebick, the president of the National Action Committee on the Status of Women.

Bill C43 made doctor's criminally liable for performing abortions. Because of this, the bill would have severely limited women's access to abortions, said Rebick yesterday during a speech to over 50 people at Mount Saint Vincent University.

"The defeat in the Senate wasn't just a quirk," said Rebick. "It was because women fought for 20 years and convinced the

public that we have a right to control our own bodies."

The freedom of choice for women is a culmination of years of political and legal battles, said Rebick. "When we started...nobody thought we could win. But we fought back, we organized and because a majority of people support choice--we won."

Although women now have the legal right to make decisions about their own bodies, Rebick said there is still room for improvement. "Now abortion is 100 per cent legal, but the reality is that access is very limited across the country." Access to abortion is poor because clinics are only located in major centres, Rebick said. "Theoretically there is ac-

cess, but in reality, access is very limited outside Halifax--for example."

The struggle for greater access to abortion should take place at both the provincial and federal levels of government, Rebick said. "On a federal level we need legislation to ensure the universality of medicare. Included in this should be access to abortion because it is a health service."

"Now the fight has moved to the provincial level. We must fight in the same way as we did at the federal level," Rebick said. Women can lobby and legally challenge provincial governments to make abortions more accessible.

"We must make it clear in

elections, that we as a women's movement, are not going to vote for someone who is anti-choice," said Rebick. "We're not going to give up this right that we fought so hard for."

However, Rebick doubts any government will bring in an anti-abortion law in the next generation. "More than 75 per cent of the population believe a woman should be able to do what she wants with her body. It's something that is between her and her doctor," Rebick said. Politicians know the majority of people support choice.

Although one barrier to greater accessibility to abortion is getting government to change, Rebick said women must not underestimate their own strength.

"So often we get discouraged and think we can't win. The women's movement is very powerful and broad. It is very inspiring for me, as a feminist, to see the strength of the women's movement. Whatever we set our minds to...we can win."

Rebick, the president of the National Action Committee (NAC) since last May, has been active for years as a pro-choice advocate and as spokesman for Dr. Henry Morgentaler's Toronto abortion clinic. Besides leading Canada's largest women's organization, Rebick is also the director of special projects for the Canadian Hearing Society. She is involved in human rights work with deaf and hard of hearing groups.

## Laurier Paper Shut Down Over Sex Article

by Becky Fong

TORONTO (CUP) -- Campus cops threw the editors of Wilfred Laurier University's student paper out of their offices March 4, after the student council effectively shut the paper down.

The council's move came three days after The Cord ran a controversial safer sex guide for gay men.

The council board of directors accused The Cord of sloppy journalism, and complained about the safer sex article, which was originally published by the student newspaper at Memorial University in St. John's, The Muse.

Council president Stuart Lewis said the safer sex article offended many students. "Because the union acts on the behalf of the students," Lewis said, "we have the obligation to encourage something we can be proud of and not support something that puts us in a negative light."

Cord editor Tony Burke defended the paper's decision to run the article, which uses explicit language and erotic scenarios to discuss safe sex.

He felt the article was inter-

esting, and when he asked other staff members about it, none were "violently" against running it, although some had concerns about the article's wording.

"The language was explicit but the intent was good," Burke said.

According to the council, there are other reasons why The Cord should be shut down. "The Cord has published some poorly researched news stories and potentially libellous editorials," he said. "There has been a pattern of problems over a long period of time and an isolated incident did not cause this."

The Cord is currently embroiled in two lawsuits stemming from an editorial printed last year. Burke doesn't think they should have to pay the mistakes of last year's staff, since the paper has a high staff turnover rate.

"This year's staff is being held accountable for last year's mistake that some of the new people didn't even know about."

"The student union has been trying to shut us down throughout the year and now, we're barred from the office."

If staff try to enter the Cord office, Burke said they can be charged with trespassing.

Work is well underway for  
Grad Week '91, May 6 to 10

A tentative schedule and other  
info will be in next week's PICARO

### IMPORTANT MEETING ....

The university Budget Committee invites you to attend one of three important meetings for the university community (students, faculty, staff):

Friday, March 15	2 - 3:30 p.m.
Monday, March 18	3 - 4:30 p.m.
Tuesday, March 19	10 - 11:30 a.m.

All sessions will be held in Seton Academic Centre, Auditorium D.

The purpose of the meetings is to invite creative ideas and suggestions for cutting costs and/or increasing revenues, in order to assist in achieving a balanced budget for the fiscal year 1991-92.

All of us will be affected. The Budget Committee wants to ensure that all possible options are being considered. Your participation is valuable.

Please bring any suggestions to one of the above meetings, or pass them on in writing to the Office of the Vice-President, Administration, Evaristus 210.



Mount Saint Vincent University



# LETTERS

To the Editor:

After reading the letter addressed to Ms. Karen Casey regarding MSVU 1990 yearbook, I feel it (the yearbook) deserves a reply as a form of defense.

"Hell hath no fury like a woman scorned." These are the first presentable words that came to my mind which I can be allowed to print that would not offend anyone. When I first read the letter, I was so irate and at the same time saddened by the fact that there are women out there who feel this way. I cannot help but wonder WHY someone or some people would sit down and actually pick apart a university yearbook (which by the way is published and put together by voluntary people who take great pride and care into organizing the past events of their school years) in order to support a cause which has nothing to do with a "bunch of pictures" which are all in fun.

You state in your letter that between pages 2 - 11, 75 women and 52 men were shown. Well how about if we look at the total number of pictures in general. How about these statistics:

Total # of pictures  
50 -- 100%  
Total # of women only pictures  
27 -- 54%  
Total # of men only pictures  
2 -- 4%  
Total # of women and men pictures  
15 -- 30%  
Total # of scenery pictures  
6 -- 12%

Do you realize that last year's yearbook was put together by five women who would never intentionally misrepresent anyone, let alone their own sex. Where were all the volunteers from the Women's Studies Society when we asked for help, any form of

help anyone had to offer would have been appreciated. Where were you when we spent our nights and weekends just trying to meet the book's deadlines. Did you ever think that if you felt strongly enough about a certain cause that you should do everything in your power to make sure that your views are heard. Maybe by volunteering sometime to the yearbook, you could have alleviated these such "misrepresentations" which you said occurred.

Now I ask you, by using three pictures which contain at least 40 of the 52 men you stated appeared in pages 2 - 11 (and by the way, which have women in them as well) as your basis for your "misrepresentation" do you feel like your sample is just a little bit biased? What about the coverage of the fashion show; some men at the Mount might feel that this is very unimportant to them, in fact some might find that a bit biased. As far as your concern about the Male Beauty Pageant, unfortunately you were not in attendance because those that did enjoyed themselves immensely, and some of these people were even women. Even if you were in attendance and did not enjoy the event, well, nobody can force you to stay and watch the remainder.

But, I am not going to continue to disprove your accusations. I would like to make a strong point on how I feel. Not only do I feel personally attacked, because of my position on the 1990 Yearbook Committee, but I also feel that I, myself am misrepresented. As a past graduate of Mount Saint Vincent University, I find it very disturbing that people in the Women's Study Society voice their opinion as that for all women at the Mount. I have never been a feminist, nor have I ever been against them. I believe that everyone has a right to their own opinion and I also

believe that there are truly injustices done toward women. But I would not call the amount of pictures in a university yearbook an injustice nor a misrepresentation.

What about the injustice done to the women in Kuwait during the Gulf War, or how about the injustice done to the women who are beaten everyday emotionally, physically, and mentally, by their husbands. If you want to pronounce injustice or misrepresentation, I suggest these are much more serious topics that you should be addressing. I also believe in equal pay for equal work, whether it be for a women executive or a male housekeeper.

So many people these days who believe in causes to extremes to try and better their situation, but realistically don't you think that time spent devoted to more important issues (like those mentioned above) would do your cause more good. People these days have little patience for "people who cry wolf."

I strongly urge you to reconsider your motives and focus your energy on such instances that are truly of greater concern to the public eye for all men and women.

Yours truly,

Suzanne Laframboise

To the Editor:

In response to the Women's Studies society letter last week, I can only shake my head.

The time that the society spent meticulously counting the faces in each picture could have been put to better use. I am sure that the 1990 yearbook staff (of which I was not even a member) would have appreciated some contribution on your part through pictures or with the production of the book.

Other societies - HESA, Child Study and POAS - to name a few, have been very generous and supportive. It's funny though, because I've yet to meet anyone from Women's Studies who has offered any assistance or encouragement. I guess it's easy to pass judgement when one doesn't now what is involved.

My question is "Why were only pages 2 - 11 counted?" If you had noticed, pages 4-5 were filled with copies of the university logo and passages about the Mount's history and mission. Do these not reflect the philosophy and views of this university. Also, page 8 was a depiction of the words of Al Stewart's song, "Time Passages", which effectively illustrates the theme of 1990 yearbook. So, we're only talking about seven pages here. Now, I ask you,

"Do you think that referring to seven pages is a true representation of the overall content of the yearbook?" I don't.

While you may choose to ignore the fact that there are men who attend the Mount and contribute to campus life, it is only fair that they are depicted in the yearbook as well. I can tell you now, that there will be pictures of men in the 1991 yearbook--whether you like it or not. I, as well as the rest of the yearbook committee, work hard and mind our own business. I would not be so presumptuous as to tell any society how to run things as I am sure it is a lot of work and I am ignorant of all that is involved. I would appreciate the same courtesy.

I have no intention of shunning the Women's Studies society with regard to the yearbook's production because I believe in and support many of their goals. Please accept my invitation to come in (with pictures) and offer a little more than baseless criticism.

I believe that everyone has a right to an opinion. However, I tend to have more respect for those that are well-founded. Your comments are not only silly but annoying because they mean that I have to take the time that could have been spent on something more productive to reply to them.

Liz Kingston  
Yearbook Editor 1991

To Mr. Ian Cowan:

The reality of the situation, regarding poor attendance at the Pretenders/Counting Zero show, is that people would much rather see good quality, big name acts, than low budget bar bands. In the last seven months the Mount has offered, by way of entertainment, no one special, while Dal has offered, for free, such top notch acts as The Leslie Spit Treco, Skydiggers, Blackpool. Most recently the Tragically Hip played and even at ten dollars a head, it was still a great deal.

When one is faced with the decision of patronage, it would appear that the choice would be obvious. Bringing the Pretenders or any other band to Vinnie's, is not unique or exciting. At best it saves a trip to the Misty Moon. Another problem might be the lack of promotional material. I can honestly say the only time I heard that the aforementioned bands were playing on campus, was when it became news in light of poor attendance. I still would not have gone if I did see some information, but I am sure that there are some people who would. The reality is if you get a

no-name, generic top forty cover bands, when every other campus, like St. FX, gets Blue Rodeo, you get no crowd. People would come and spend money on bands they normally would not see, and the Mount has seen this time and time again! 54\*40, Chalk Circle and Allanah Myles have played here and were greeted with mass approval.

My advice to the Entertainment Committee is adopt the maxim "think before your book." It will save us slugs from having to take so much heat.

Trevor Rostek  
3rd year BA  
and generally apathetic,  
but unapologetic slug

To the Editor:

I have been attending the Mount for five years. Overall, I have had a good opinion of my fellow students; that is until yesterday (March 7). I was working at my carrel in the library when a woman approached me asking for the definition of ledger. (She must have noticed my accounting texts). At the same time, she asked me for three expenses associated with retailing enterprise. I gave her the information she wanted. We found the definition that she required in my green dictionary and thesaurus. Today (March 8) I reached up to get the dictionary and notice I no longer have the book. The woman had borrowed the book to write down the definition and had not given it back. Needless to say, I am furious.

Because of that one person, I will no longer loan anything to anyone I do not know in this school. No wonder nobody trusts anyone anymore.

Jeanett M. Miller  
Carrel #68

P.S. To the woman who stole my book! Please return it to myself or turn it in at the circulation desk.

## Keep Smiling



CANADIAN DENTAL ASSOCIATION

## WIN/LOSE or DRAW TOURNAMENT

Thursday, March 21

3:00 - 8:00 p.m.

Vinnie's

\$5/team (3 people), \$2 individual  
Everyone Welcome!

Proceeds to Grad Class '91



## FEATURE

# 12 Steps To Curing Alcoholism: Al-Anon

## Support Groups Help Families

By Rejean Courneyer

"God grant me the serenity to accept things I cannot change, the courage to change the things I can, and the wisdom to know the difference."

Millions of people are affected by the excessive drinking of someone else. Be it an alcoholic parent, sibling, child or friend, watching a loved one suffer from alcoholism can leave serious emotional scars.

The Al-Anon Family Groups are a fellowship of friends and family of alcoholics who share their experiences and feelings in hopes of overcoming the common problems they face. By following the 12 steps and traditions of the Alcoholics Anonymous program itself, Al-Anon members are able to ease their emotional burdens, and move on to help others gain an understanding of alcoholism.

Bev, whose family name will be withheld because of Al-Anon's firm belief in anonymity, has been attending Al-Anon Family Groups for the last five years. Along with patience and determination, Bev has been able to rid herself of the guilt and the

anger which has built up inside of her while growing up with an alcoholic father.

"In sharing your experiences, and from hearing other people's experiences," said Bev, "you realize that the burdens you carry from being affected by alcoholism are also carried by other people."

Perhaps the most appealing thing about the Al-Anon organization is the sense of acceptance and understanding within the groups. People from all walks of life attend Al-Anon meetings; all are different, yet all share a common thread. For Bev, realising that she wasn't alone was the first big step to feeling better about herself.

"When you first start attending Al-Anon," Bev said, "you listen to people you've never met in your life, and they're telling you your whole life story as far as your feelings and your way of thinking go...it's so helpful."

Bev has been busy for the last few months working with an Al-ateen group which she helped to start. The Al-ateen groups are very similar to Al-Anon, you give teens the opportunity to meet with members of their own peer group. Bev says that it would be unfair to teenagers in expecting

them to "open up" to adult.

"We help one another by talking and listening. Most teens feel more comfortable with others of their own age group."

Alcoholism is a family disease. When one member drinks too much, the entire family suffers. Children who have grown up in homes with an alcoholic are profoundly affected by it, even in adulthood.

Ann, 23, also grew up with an alcoholic father. Ann loves her father very much, but says he was someone who hurt her and scared her during her whole life. Because of Al-Anon, Ann has been able to begin to understand why she is the way she is. Like why, for instance, all her relationships have been with men with drinking problems.

"When a girl grows up with a 'Jeckel & Hyde' father as I did," Ann said, "she gets mixed up ideas of what a man or a husband is supposed to be. What she grows up with is what she ends up accepting in a relationship."

"I grew up loving my father. I never wanted a different man for my father, I just wanted my father to be a different man."

Ann is a firm believer in the Al-Anon Family Groups. She joined approximately two months

ago, and now asks herself why she had always denied the fact that it would help her.

What you live, you learn; what you learn, you practice; what you practice, you become. This is the cycle of life so many people affected by alcoholism are trying to break. This is what the Al-Anon Family groups help them do. By offering comfort, hope, and friendship to the families and friends of compulsive drinkers, Al-Anon helps people deal with the disease of alcoholism.

Do you worry about how much someone else drinks? Do you think that if the drinker

stopped, your other problems would be solved? Do you have money problems because of someone else's drinking? Are you afraid of upsetting someone for fear that it would set off a drinking bout? If so, chances are that Al-Anon could help you.

You can contact Al-Anon or Al-ateen by looking in your local telephone directory or by writing to:

Metro Institution Committee

#4 - 53 Portland St.  
Dartmouth, N.S., B2J 1H1  
Phone: 466-7077

## March Is Nutrition Month

March is Nutrition Month in Nova Scotia, and the Nova Scotia Diabetic Association wants you to focus on healthy grocery shopping. Though you may pig out sometimes, it's good to know what to look for when you want to be more healthy.

Besides making a grocery list, there are many things to think about when buying. Looking through the newspaper for food specials is helpful. Combine this with a menu plan that includes choices from the basic food groups, and a healthy understanding of the need to reduce fat and refined sugars and increase fibre in our diet and you are on your way.


At the grocery store choose fresh or frozen fruit and vegetables; lean, yet economical cuts of meat and poultry, and look for generic labelling of non-perishable products (those offer quality at lower cost). Taking time to read labels has become a common consumer pastime, especially for those who are looking to avoid excess fat, sugar, and salt in foods. Watch out for artificial flavours and colours as they can cause allergies for some individuals. It is helpful as well, to check the best before date on foods and packages so that they don't spoil before you can use them.

Pre-cooked meals are becoming very popular in this fast food world. Again, check labels

for nutritional quality as well as amounts of salt and sugar in these products. There are labelling standards that protect consumers, so do not be afraid to return products when you feel the label has been misleading.

It can be difficult to make nutritious choices for snacks, especially if you shop when you are hungry! Add healthy snacks like fruit, crackers, cheese, popcorn to your daily menu and grocery list before you go shopping. It will help you resist the empty calorie foods on the shelves.

Remember, your choice at the grocery store counts towards good nutrition, good health, good looks, good feelings--these might all be in store for you.



GRADUATION PHOTOGRAPHY

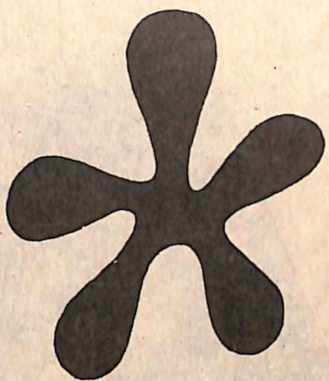
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1586 Argyle Street, Halifax, Nova Scotia  
422-9103



# FASHION SHOW





# FASHION SHOW

by Jonah Samson

Retro eyelashes blinked and beehive hairdos created a buzz as models strutted their stuff in Mount Saint Vincent's fashion production '91.

Co-ordinators, Cynthia MacDonald and Annette Vidito, chose "Kaleidoscope" as the name for this production, because they believe it depicts the eclectic nature of fashion in the nineties. Their design for the show was a pattern for success.

On Thursday, March 7, the Mount's clothing and textile students combined their original designs with those of professional designers in the Halifax area to create a show full of originality and class.

Three male and 14 female models from the Mount, as well as others from outside, spun and posed to moves stitched together by choreographer, Helen MacMillan.

Student designs consisted of wedding dresses and lingerie, but the highlight of the show had to be a collection of paper dresses. The Fashion Fantastics sewed (glued?) the models into creations patched together from newspaper, sewing patterns, tissue paper, and shopping bags.

Jazz beebopped in the background as the paper-clad models foxtrotted down the runway with a fistful of helium balloons which floated to the ceiling at the end of the show.

Now what could be in higher style?





# 1991 SPRING ELECTIONS

## Health Plan Referendum

**ADDITIONS TO EXISTING HEALTH PLAN** Question to be put forth  
March 19 & 20

There will be a referendum on two additions to the existing Health Plan during the Spring Election, March 19, & 20, 1991.

Options include VISION CARE BENEFITS and ORAL CONTRACEPTIVES.

The second option includes 80% of the cost of Oral Contraceptives. Additional premiums per month will be \$1.87 or \$22.44 per year, for a total cost of \$89.28 per year.

The third option includes both Vision Care and Oral Contraceptives. Additional Premiums per month will be \$5.55 or \$66.60 per year, for a total cost of \$133.44.

The existing rates are \$4.34 per month or \$53.00 per year. The renewal rates for the upcoming year will be \$5.57/month or \$66.84 per year, an increase of \$1.23 per month or \$13.84 per year. This is the first increase in the Health Plan in three years.

The Alternative Plan has three options, the first reimburses the user \$80.00 for the purchase of eye glasses or contact lenses in

a 24 month period. Additional premiums per month will be \$3.68 or \$44.16 per year. For a total cost of \$111.00 per year.

The Following Questions shall appear on all full - time students ballots.

Do you wish to have VISION CARE included in the already existing Health Plan? YES ☐ NO ☐

Do you wish to have ORAL CONTRACEPTIVES included in the already existing Health Plan? YES ☐ NO ☐

Do you wish to have VISION CARE and ORAL CONTRACEPTIVES included in the already existing Health Plan? YES ☐ NO ☐



Being President of any organization requires a tremendous amount of hard work, dedication and commitment. My name is Karen Casey and if re-elected for President I am willing to offer those qualities and more.

I have been involved in the Mount Student Union for the past three years. After graduating from Acadia in 1988, I enrolled at the Mount and immediately became involved in the Student Union as Academic Vice President. In 1989/90 I served as Executive Vice President and finally, this past year, as President.

I believe that the 1990/91 Council has provided excellent representation on behalf of Mount students. We have made solid commitments and achievements in relation to child care, alcohol awareness, women's issues, MANUS support, establishing a scholarship and bursary fund ... and the list goes on. Overall, I feel that we have created a sense of responsibility and respect throughout the university community. If re-elected President, there are many more things that I would like to see accomplished. We all recognize that communications is top priority. We have to somehow bridge that Seton/Rosaria gap - what I mean by this is to ensure that you as students know what we as Student Council are doing and more importantly, making sure that we have an effective two way street going. Council recently established a Residence Task Force to study ways of increasing communications and participation by residence students. I would like to ensure that the recommendations this year are carried out next year.

Services are the most tangible thing that Council can provide to students and if re-elected, I would like to see more services created. An atrium on the Pub is something that I would like to see as a reality. I would also like a feasibility study on the possibility of a Student Union "Used Book Store" and "Print Shop". Both of these would directly benefit students as services as well as being a means of creating more student employment on campus.

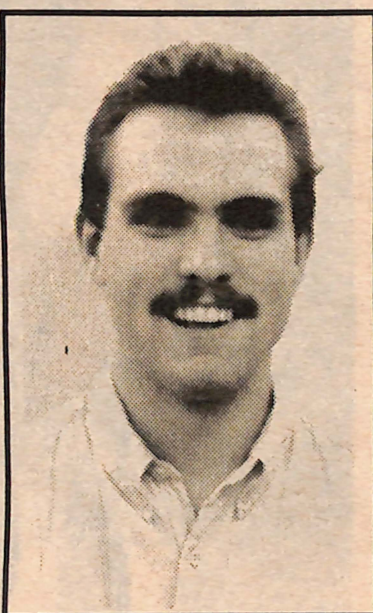
While all of these sound like very positive challenges, there are many other challenges facing students today. I believe that post-secondary education is at a critical point. Every year while tuition fees, residence and incidental fees are on the increase; the quality of education is on the decrease. Faculty are given far too few resources to effectively teach and research, buildings become more and more decrepitated and overall the entire quality of campus life decreases.

Both the provincial and federal governments are guilty of chronic under funding to universities. Both are also guilty of failing to provide students with adequate funding, either by way of student aid or summer grants; accessibility is becoming more and more limited. Students need someone who knows the issues and can effectively represent their best interests; this is something I can do.

It is you, as students, who will ultimately decide the future and priorities of the Student Union. Please remember that it is you who Council represents; make sure that you voice your concerns and exercise your right to vote. And please, "make experience mean something" by re-electing Karen Casey for President on March 19th & 20th.

Sincerely,

Karen Casey



Hi, my name is Jeff Dwyer and I hope to represent MSVU students in 1991-92 as president of our Student Union.

This is my third year at the Mount as a B.B.A. student and these three years have motivated me to get more involved and work for positive changes in student life.

Students are vocalizing a need for greater focus on unity and communication. We need to pay attention to the simple things and everything else will follow.

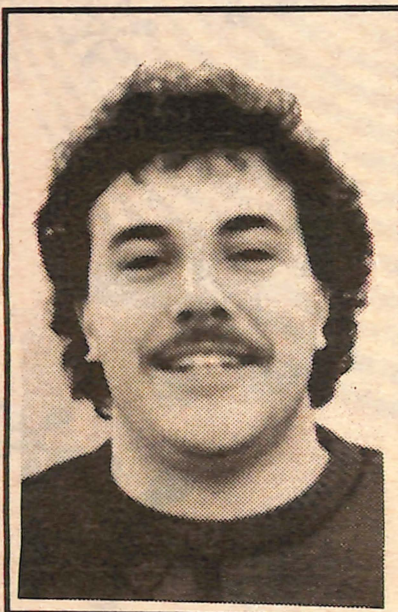
We need to find ways to improve communication between council and students. This will give us the strength we require to impress upon our administration and faculty the needs and opinions of students in all areas of concern.

I intend to work toward achieving greater participation of all students in university activities and decision making. We have the mind power available in our diverse student body to strengthen our voice.

I have the TIME and WILL to devote to this position. The presidency requires a responsible yet simple approach. Planning and preparation will become my number one personal goal to achieve success.

The distinct nature of our student population can be a great opportunity; let us use it!

I am asking you to vote for Jeff Dwyer to fill the position of president during the 1991-92 academic year. I can assure that we as a group can make things happen. A vote for Dwyer is a vote for yourself; use your vote to make a difference; get involved; please vote!



Who should be the academic vice president? Before you decide, consider this: an academic vice president should promote student participation in academic matters; should ensure academic welfare of the members of the student union; must have the dedication, interest, and time to ensure that all of these duties are properly fulfilled.

Scott Amyoony is that person! Scott knows the responsibilities of this position. He has the dedication, the interest and the time to give the required attention to these duties. Your support for Scott Amyoony will ensure fair representation for all students at M.S.V.U. for 1991-1992.



Hi! My name is Ancel Langille and I am running for the position of external vice president.

For the past year, I have been representing students on the university Senate and the External Affairs Committee. I have also participated in a SUNS Conference and a Leadership Conference.

As external vice president of the Student Union, it will be my job to ensure that there is communication between Student Union and other universities and educational institutions. I will also represent Student Union nationally with the Canadian Federation of Students (CFS/FCE) and provincially with the Students' Union of Nova Scotia (SUNS). This enables us to lobby both the federal and provincial governments to ensure that all students have access to a high-quality post-secondary education.

If you have any questions, please feel free to approach me at the Student Union office anytime.

Externally yours,

Ancel Langille

## Vote on March 19 and 20



# 1991 SPRING ELECTIONS



Hi, my name is Tracey Tuttle. I am a third year business student and it is my objective to "look out for you in 91/92" as executive vice president. I have been involved in a variety of societies, events and was internal vice president this year. I have thoroughly enjoyed my years in Student Union and at the Mount, and I have tons of ideas for next year. I want to work for you and I am willing to give the sacrifice. I hope you'll let me work for you and bridge the gap between students and the Union. Talk to me, that is the way we can all work together!

Tracey Tuttle



Hi! My name is Rhonda Bursey and I'm running for internal vice president. I'm going into my third year of the Bachelor of Science program.

I am willing to work hard at this position and try to make 1991-92 a great year. At the Student Union we work together as a team to make students happy and satisfied with this school. I'm willing to work hard as part of the team to put something together for everyone. I want to get many societies together and give them a great year and something to look back on and be proud of.

Internally yours,

Rhonda



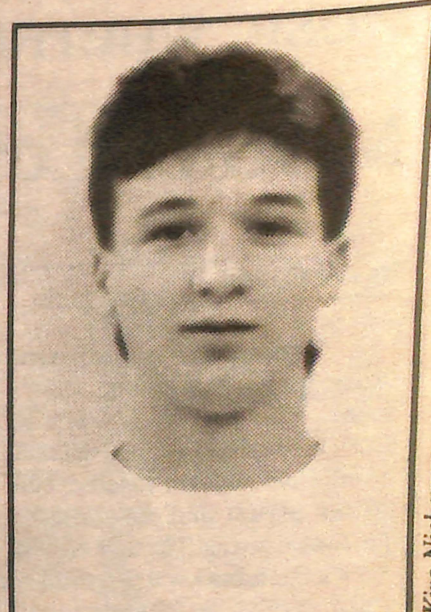
Hi, my name is Cheyenne Montgomery and I am a first year student at the Mount, currently in the B.A. program. During my first year, I have been active in Residence Council as president of Evaristus Residence Council. I am running for Internal Vice President of Mount St. Vincent University's Student Union. I believe I can bring the needed enthusiasm and insight to this vital position. As a student, I feel I have the experience to carry out the duties of internal vice president to their fullest. I am fully aware of most student concerns and would always be willing to take the necessary time to listen to others.

I would enjoy the opportunity to make 91/92 a great year for both on and off campus students, and all campus societies. Each student has my personal guarantee that I will do my very best to fulfil this position to the best of my ability. Thank you for your attention.

Cheyenne Montgomery



Hi, My name is Cynthia Sturk. I am a third year Bachelor of Public Relations student. During my three years at the Mount, I have been a member of the Public Relations Society, as well as an executive member of the Co-op Society. With your support, I feel that I can make an effective contribution to the Mount and Student Council as a Board of Governors Representative.



My, name is Stuart Hawker and I am running for full-time senate representative. I am going into my second year of a BBA.

I am willing to work hard and represent students on the university Senate. For the past year I have been helping out and joining committees in Student Union, and I feel that I have the necessary qualifications to fulfil the requirement of this position.

Yours truly,  
Stuart Hawker

## VOTE

## MARCH

## 19 and 20

### what kind of leadership do you want?

There will be a

## CANDIDATES DEBATE

for the upcoming Student Council elections.

### Friday, March 15, 12:00 p.m.

### Seton Academic Centre, Auditorium C



# ENTERTAINMENT

## MUSIC WHETHER YOU LIKE IT OR NOT

### Mother Love Bone and David Ash

By Ian Cowan

This week I have two more tapes for your listening enjoyment. The first is MOTHER LOVE BONE, a now defunct band. Five guys get together and cut an album that has critics in the States raving. The tape is titled APPLE, and is a rough hybrid of Faith No More, Metallica, and the Jellyfish. The music is hard and overpowering, but the lyrics are out of a bad acid trip. Don't ask me how I know about bad acid trips, there are some stories I'll never write.

Anyways, with songs titled: STARDOG CHAMPION, SHANGRA LA, or BONE CHINA, I was a little leery about

getting in to this tape. Their attitude makes me think of QUEEN, when they were all trying to ride their bicycles.

I haven't quite figured out the ideas behind their songs, it seems to be a mix of hate, hope, fear, and loneliness. This approach to their music seems to make a sad kind of sense in light of the events just prior to their rave reviews.

Their lead singer O.D.ed on cocaine two days after their album hit the stores. This is what I mean when I say that they are defunct; if they do decide to stay together, their sound will never be quite the same.

On a happier note, all of the people that helped David Ash put together his new solo effort,

COMING DOWN, are still alive. Yes this David Ash is the one from Love N Rockets, and on this tape it is not hard to tell. When I first heard David J's solo effort I did not think that he was from Love N Rockets, I didn't have that problem with Ash.

Lots of synthesizers, that is the first thing that hits me after listening to the tape. The surprise track on the tape is ME AND MY SHADOW, you must hear it to believe it. The title track is also an excellent song, two other tracks that are worthy of note are DAY TRIPPER and THIS LOVE. It is very similar to Love N Rocket's music and after listening to COMING DOWN, it is very easy to hear Ash's influence in the band.

## HALIFAX NIGHTLIFE: RUNNING AMOK

### Singing The Blues



By Ian Cowan

No! I did not go to see Trooper! I spent my weekend at more enjoyable pursuits. Despite the fact that most people at the Mount think that I don't play with a full deck, I do know good music when I hear it. The Blues are what I'm talking about. The Ma and Pa of rock and roll.

Saturday night was a real treat cause I got to see a good

local blues band, and I got to see Pinetop Perkins down at the Flamingo.

The local band was a group called Jackpot, and they were at Cheers Thursday, Friday, Saturday night. Jackpot does cover songs, 'cause right now they are going through a change. Basically they're all going their own way. Even so they do a wicked job of the Blues. Saturday night was really good even though they have played better.

After Jackpot I went down to the Flamingo to check out Pinetop. The first words I heard after I entered were; "I am the Blues". That got me in the mood and ready for the Blues, and boy did Pinetop deliver. At 78 years old you don't expect him to be to energetic, yet he was working that piano like nothing I'd ever seen. Of course I am biased towards the Blues, but that's 'cause they are the best, the very soul of Rock N' Roll.

Neptune  
Theatre



By Paula Kendrick

On April Fool's Day, 1949, Newfoundland joined Confederation and became Canada's tenth province.

Canadian playwright David French uses this historical moment as the basis of his comedy-drama "1949", now on Neptune Theatre's main stage. It's a humorous (but sometimes sappy) story of the Mercers--a Newfoundland family living in Toronto on the eve of Confederation. Emotions are high and memories of the past are painfully relived as family and friends from "home" come together to mourn the death of their country.

The best of "1949's" talented cast are Florence Paterson as Rachel, Nicola Lipman as Mary Mercer and Richard Donat as Jacob Mercer. Everyone on stage gets a chance to show both serious and humorous sides to their characters. Most of the laughs are earned by John Beale as Ned--an intense young man who (in an attempt to impress a girl) gets himself caught in a string of lies. Ned's scenes with his love April (Melissa Mullen) are hilarious. Also comically outstanding is Joseph Rutton as Norman, the

Mercer's hard-of-hearing and nosey neighbour. "1949" is the fourth play in French's series on the Mercer family. In three previous plays--"Leaving Home", "Of the Fields Lately", and "Salt Water Moon"--French has followed the fortunes of this trouble-ridden Newfoundland family who have lived in Toronto since the Second World War.

With this play, however, David French seems unsure of whether he wants to give an in-depth history lesson or write the latest episode of "Another World".

"1949" high-energy beginning loses its steam as the play progresses. What starts as a story about national pride and shame, turns into a slow-paced mish-mash of romantic troubles, confessionals, and over emotional scenes. The multitude of plots become tiresome and their conclusions are unsatisfying. With the topic of Confederation seemingly pushed into the background during the second act, "1949" loses its point and impact it could--and should have.

But all intense critiques aside, "1949" is a lot of fun. Its got lots of great little surprises (the final resting place of Billy's extracted tonsils is the best!), and loads of laughs. It's worth seeing. "1949" runs until March 31, 1991.

DON'T  
LET THE  
SUGAR BUGS  
GETCHA!!

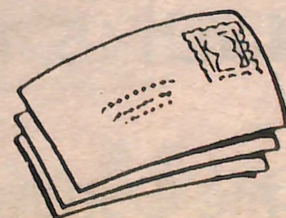
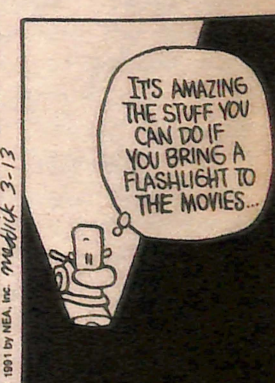
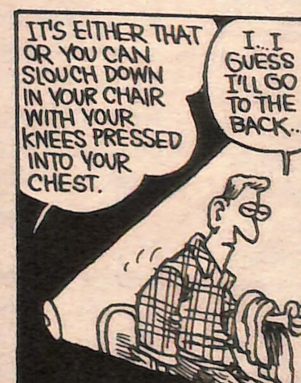
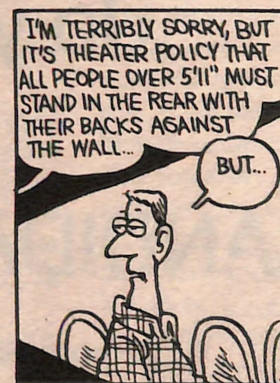


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# ENTERTAINMENT

## The "What's That Supposed to Mean?" Corner of Creativity

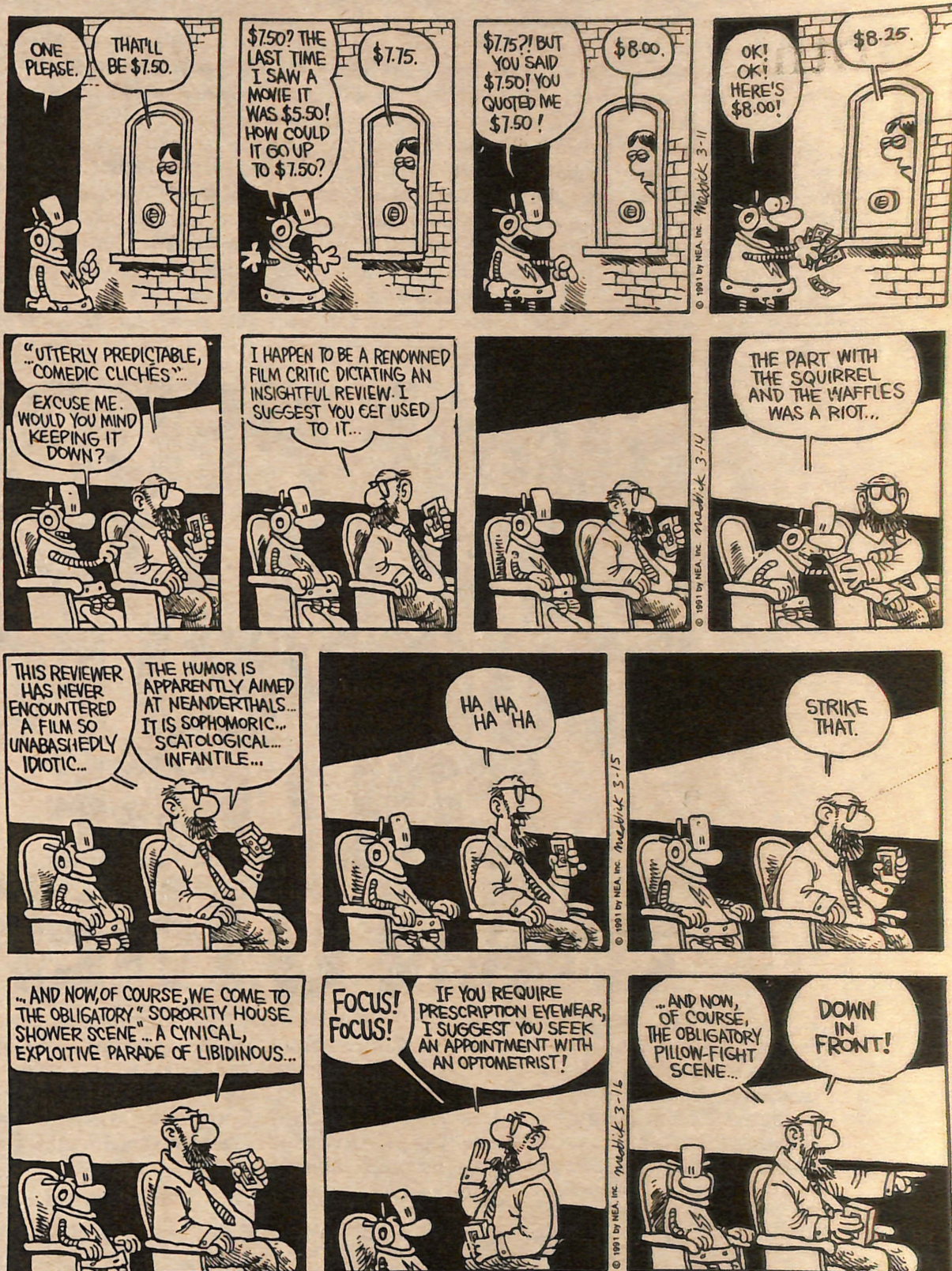
Who is this person  
With the most  
familiar face,  
What is the  
reason  
For her being  
in this  
Place?  
Who is she!  
What does she  
want from me;  
Is she loved  
Or have been...  
Why is she  
Crying?  
I feel her pain,  
It makes me sigh...  
She is confused  
Have been utterly  
abused,  
Yet strives to  
survive  
Hoping love  
draws nigh!  
Why is she sad...  
Why all the worry,  
Where are her friends  
Her lover...  
Her family?  
Oh dear Solemn One  
Where are you  
going  
What are your  
goals,  
Are you  
loved by me...  
Why aren't you  
answering?  
I want to help  
But know not  
what to do,  
I feel your  
pain  
Believe I am  
to blame...  
Yet  
I am not  
sure I  
Know you...

By Sandra A. Abbott

The "What's That Supposed to Mean?" Corner of Creativity accepts submissions of poetry or short prose (the worse, the better) from artists looking for a medium to express themselves (without the use of curse words, please).

Drop off submissions to:  
The Picaro  
Room 403, Rosaria Centre

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**Thursday, March 14**

**7:30 - 9:00 p.m.**

**Room 112, School of Business**

School of Business Administration, Dalhousie University  
6152 Coburg Road, Halifax, Nova Scotia B3H 1Z5 (902) 494-7080

MBA  
**25**  
1992

## ASK ALICE

Dear Alice:  
I want to meet Ian Cowan. I won't sleep until I can kiss him full on the lips.  
Set me up.

Miss X

Dear Poor, Misguided, Pathetic Reader:  
I'd set you up, but then you would want to press charges. A lawyer isn't in Alice's budget.

Dear Alice:  
I think I am man in a woman's body. Should I wear pantyhose; should I wear a Cup, or should I write for the Gazette?  
Signed  
A confused journalist

Dear Confused:  
Whatever you do, don't wear white after Labour Day.



# SPORTS

...continued from Page 1

Coach Anne Lindsay was named coach of the year. Maclean earned a spot on the first team All-Conference, while Andrea Drake and Alex Taylor made the second team. The CCAA championships will be held in Kamloops, B.C.

The men's basketball team also travelled to Truro for the provincial championships. They defeated Kings College in the semis and prevailed 44-39 over NSTC in the final. The tourna-

ment capped off a very successful year, for the men, who finished with 17 wins and only 3 losses in the regular season.

Rick Plato was named Coach-of-the-Year, Mark Forward received first team All-Conference and All-Canadian honours, and Anthony Ross was named Rookie-of-the-Year and second team All-Conference. The men will travel to Kamloops, B.C. for the national championships.

"I'm really pleased with the teams performances over the weekend," said Athletic Director

June Lumsden. "Credit must be given to the coaches and players for their hard work and dedication."

The teams receive little financial support and must raise the majority of the funds to compete in the nationals. Financing has become a greater problem with all the teams qualifying for the CCAA championships. Lumsden has approached both the University and the Student Union for financial support. The Students Union will be donating money for the teams'

expenses, but an exact amount has not yet been determined.

The Athletics Department is holding a 50/50 draw to help the fund raising. Tickets can be obtained from the Athletics Recreation office.

## VICTORY PUB

March 14, 1991, the Athletics Office will be holding a Victory Pub in Vinnie's Pub to celebrate a victorious year in Athletics as our three teams, women's and men's basketball and women's volleyball prepare to

travel to CCAA National Championships.

The women's volleyball team has won their ninth NSCAA Championship in ten years. The women's basketball team is celebrating their second NSCAA win in two years. The men's basketball team will be celebrating the first win by a men's team in the history of the school.

Come out with us and celebrate a great year in Mount Saint Vincent University Athletics.

Tickets are available from any Mount Athlete, the A/R Office or at the door.

Don't miss out on a great night!

# SOME PEOPLE ARE BETTER EQUIPPED FOR COLLEGE THAN OTHERS.

Ever wonder why some people struggle through their four years while others seem to breeze through theirs? Is it brains? Perhaps. Good study habits? Maybe. A Smith Corona typewriter? Absolutely.

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For more information on this product, write to Smith Corona Corporation, 65 Locust Avenue, New Canaan, CT 06840 or Smith Corona Canada, 440 Tapscott Road, Scarborough, Ontario, Canada M1B 1Y4.



## Ongoing Events

### Thurs. Mar. 14

Intramural Coed Volleyball  
8 - 10 p.m.  
Rosaria Gym

Win, Lose or Draw Tournament  
Vinnies Pub 7 - 9 p.m.

VICTORY PUB  
8 p.m. - 1 a.m.  
Vinnie's Pub

### Fri. Mar. 15

3 on 3 Basketball Tournament  
1 - 4 p.m.  
Rosaria Gym

### Sun. Mar. 17

Intramural Men's Ball Hockey  
5 - 7 p.m.  
Rosaria Gym

Intramural Coed Volleyball  
8 - 10 p.m.  
Rosaria Gym

Mon. Mar. 18  
Intramural Women's Gym Night  
6:30 - 7:30 p.m.  
Rosaria Gym

### Tues. Mar. 19

Intramural Coed Badminton  
7:30 - 10:30 p.m.  
Rosaria Gym

### Wed. Mar. 20

Intramural Coed Soccer  
3 - 4 p.m.  
Rosaria Gym