

THE PICARO



MOUNT SAINT VINCENT UNIVERSITY STUDENT NEWSPAPER

Wednesday, October 17, 1984

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Halifax universities halt sexual harassment

HALIFAX (CUP)—Dalhousie University has finally set-up a sexual harassment grievance procedure, and across town at St. Mary's University administrators wish they were as prepared.

Dalhousie's sexual harassment grievance committee will "make people in the university community understand that everyone has a right to work or study without . . . incidents of sexual harassment," said chair Toni Laidlaw.

The 10 member committee will have 4 student representatives. The committee members must define sexual harassment, design grievance channels, educate people about the problem and train members in handling victims and offenders.

"People have not been educated to recognize sexual

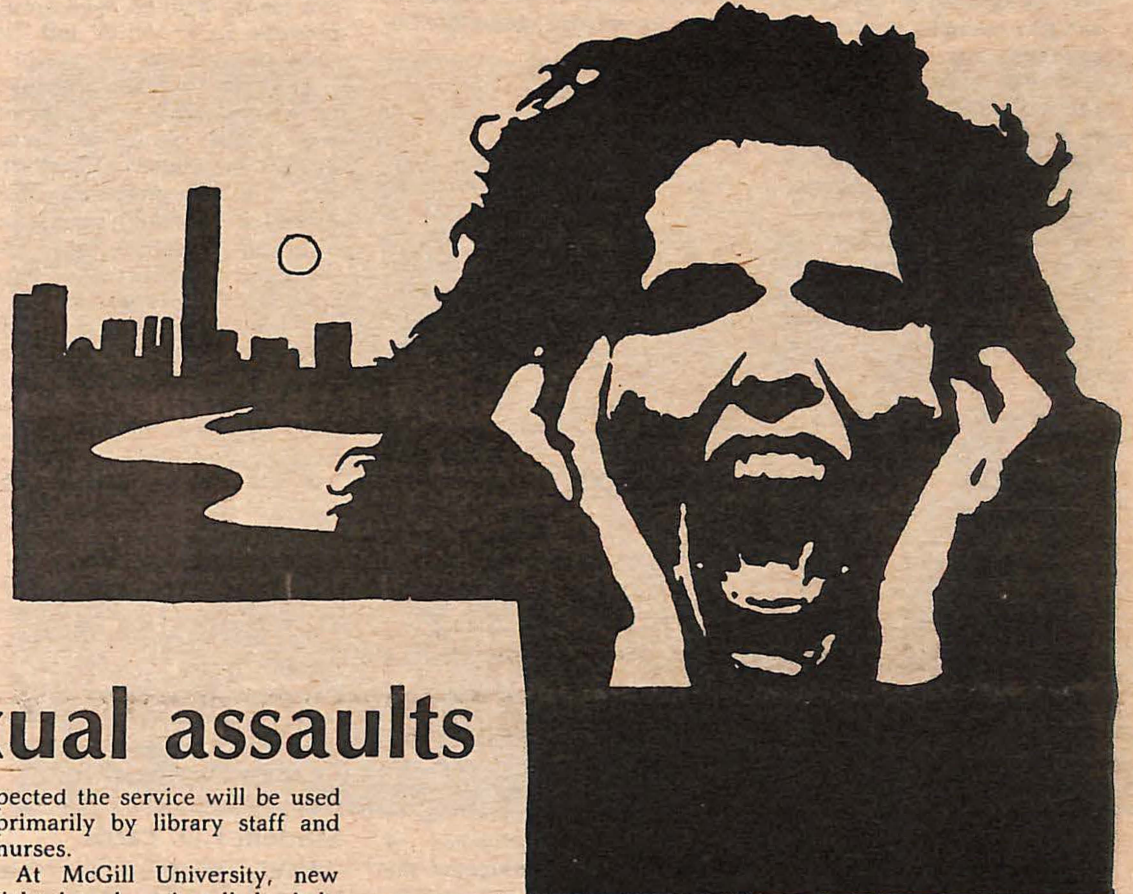
harassment as a serious problem until the last 10 years," said Laidlaw.

St. Mary's administration also recognizes the need for a sexual harassment committee as the university pursues charges of sexual harassment against philosophy professor Robert Ansell.

Ansell was dismissed after sexual harassment charges were filed against him this year. But he has appealed the decision because he held a tenured position.

A labor arbitration board heard testimony from Ansell and witnesses in late August, but has not reached a decision yet.

St. Mary's senate expressed concern over the lack of procedure for handling the case and has set up a committee to study the problem.



Coffin/Arthur 84

Escorts prevent sexual assaults

OTTAWA (CUP)—The rising number of sexual assaults and incidents of sexual harassment on Canadian campuses has forced many universities to offer women escort services and improve lighting.

Walk-home services are now offered at Carleton University in Ottawa and Wilfrid Laurier University in Waterloo. And McMaster University in Hamilton and the University of Western Ontario in London both offer drive-home services at night.

Residence students at Carleton have compiled a list of 25 men who are willing to walk women around the poorly lit campus. "The recent attack of a woman at the athletic centre

was the straw that broke the camel's back," says residence dweller Dianne Selt.

"What we're stressing is that common sense is the best preventative measure," she says. "That's where the walk-home service fits in."

At Wilfrid Laurier, students gather at a common meeting place and walk home together. The scheme has been operating since September.

The McMaster student council voted in September to spend \$6080 on a drive-home service for students who must stay on campus late at night. The van will have a two-way radio to ensure contact with campus security is maintained and it is ex-

pected the service will be used primarily by library staff and nurses.

At McGill University, new lights have been installed to help make the campus safer, but the physical plant manager says students must still realize McGill is not a safe place after dark.

"The important thing is to make people aware of the danger," says A.J. Rostaing. "Some people are naive and this is a big metropolis."

Carleton is not molestation-proof either, says walk-home organizer Marty O'Grady. "To improve safety on campus, we need better lighting. But the cost factor will cause problems."

Mount researchers study crippling bone disease

by Gina Connell

Since 1982, Dr. Susan Whiting of MSVU's Home Economics Department has been carrying out research of osteoporosis at the Mount. In 1983, two students Hannah Whitney and Anne Thurgood joined Whiting in her research.

Osteoporosis is a crippling disease which causes the bones to become so brittle they break easily. It was assumed to be a natural aging process but now seems influenced more by diet. Presently, some clinical investigation, and patient self-help programs have started to offer hope to its sufferers.

Whiting's research involves the use of animal mod-

els—rats—and looks at the dietary factors that affect the disease. High protein is the primary factor and caffeine seems to be secondary, says Whiting. They are studying why these factors affect people with osteoporosis.

There are two forms of osteoporosis. The first is aging bone loss, and it occurs in both men and women who are usually over 75 years of age. The second is called post-menopausal osteoporosis and affects women as early as the age of 55. Whiting says that small-boned people are more vulnerable since they lose bone tissue easily.

Advertisers seem to imply that calcium supplements are needed

to prevent osteoporosis, but Whiting says that this has not yet been proven. She recommends a healthy diet and a good calcium intake through milk and other foods, but believes that calcium supplements are not always necessary.

In most cases the disease is fairly non-traumatic, and usually involves broken hips and wrists in addition to spinal problems. Only complications from the breakages and not the disease itself (although it is obviously the indirect cause), can lead to death.

But osteoporosis should not be taken lightly. The disease is now the 12th leading cause of death in North America.

MSVU awarded museum studies grant

by Lisa Stutt

National Museums of Canada has awarded a \$22,000 grant to Mount Saint Vincent University for a six month research project on the distance education of museum studies in the Atlantic Provinces.

The grant was awarded based on two experimental shows last year.

The Mount's Art Gallery will be the home of researcher Peg Fraser, 28, who plans to travel through the Atlantic Provinces to determine what type of training is available to museum workers, its success rate, and the possibilities of DUET training.

The museum studies course has been taught through DUET by Mary Sparling for the last three years and people who have taken the course or have heard of it asked for more.

The major part of the research will be the showing of two classes from the DUET studio, live over ASN.

The first class will be Jan. 11, 1:30-3 p.m., and will deal with

Collections Management, how to display the items you have.

The second show on Feb. 22, 1:30-3 p.m., will be an Interpretation program, how to make the most of your collection through exhibits, tours and lectures.

The major tool for evaluation will be a questionnaire by Dr. Norman Uhl, education professor at MSVU, sent to all museum workers in the Atlantic Provinces to determine how people feel towards DUET and how well the ideas come across on this system.

"It is very much centred on individual museum work and that will affect our decision to go ahead with the program," said Fraser.

There are a number of universities in Canada that offer degrees in museum studies but there hasn't been one on a technological communications network.

On Oct. 23, 24 there will be a regional meeting for people from all the Atlantic Provinces to talk about the possibilities for DUET programming.

Women and Equality

A panel discussion **Women and Equality**—will the charter make a difference? will be held at Halifax Main Library, Spring Garden Road, Wed., Oct. 17 at 7:30 p.m.

Section 15 of the Canadian Charter of Rights, which provides an "equality clause" for women, comes into effect in April 1985. The provincial and federal governments have until that time to address the inequalities that are still in their respective legislations. After April 1985, the courts may be used to challenge the equality question.

Christine Boyle and Susan Ashley, professors at Dalhousie Law School, will discuss the general background of the charter and give examples of present inequalities that will need to be addressed. Linda Oliver, a member of the N.S. Advisory Council on the status of women will identify inequalities women face within the federal and provincial jurisdictions.

This program is free, all welcome. Co-sponsors for the program are the Public Legal Education Society of N.S. and Halifax City Regional Library.

Ritter discusses new book

Urban Scrawl is the subject of a public lecture by Canadian playwright and broadcaster, Erika Ritter, at 7:30 p.m. on Fri., Oct. 19, in Seton Academic Centre, Mount Saint Vincent University.

Ritter will talk about her new book, of the same title, which is a collection of 24 humorous pieces reflecting Canadian urban mores. Essay topics range from cellulite to a cat's guide to woman care, the state of being single to answering machines.

Known to CBC Stereo radio listeners from the "Adult Phenomena" weekly show, Ritter has also written fiction and non-fiction for national magazines and has published many plays including **Automatic Pilot** (winner of the Chalmers Canadian Play Award 1980), **The**

Passing Scene, The Splits and The Girl I Left Behind Me. A native of Saskatchewan, she is currently writer-in-residence at Concordia University.

Ritter's public lecture is being held in conjunction with the annual conference of Atlantic University Teachers of English. An estimated 75 registrants will be coming to the Mount campus from across the four Atlantic provinces, to discuss the general theme "Beyond the Canon: Innovation and Integration". The two-day conference will take new looks at topics which will be of interest to many academics in other disciplines, as well as English departments. Anyone interested in registering should contact conference chair, Dr. Susan Drain at the Mount as soon as possible, 443-4450, ext. 335.

At the Cohn

The **Ramsey Lewis Trio**, who topped the charts with such hits as "The In Crowd", "Wade in the Water", and "Hang on Sloopy" will perform at the **Rebecca Cohn Auditorium, Fri., Oct. 19 at 8 p.m.** For ticket information please call 424-2298.

Dalhousie Film Theatre will present the classic 60's film **"Easy Rider"**, Sun., Oct. 21 at 8 p.m. Directed by Dennis Hopper with Peter Fonda and Jack Nicholson, this enormously popular film seems to sum up many attitudes of and about the 1960's.

The **Lille National Orchestra** will bring the rich musical traditions of France to the **COHN AUDITORIUM Sat., Oct. 27 at 8 p.m.** The orchestra, on its first North American tour this fall, plays an active role in enhancing the influence of French Culture throughout the world.

DALHOUSIE FILM THEATRE presents **"Nosferatu"**—the film adaptation of Bram Stoker's **Dracula**, Sun., Oct. 28 at 8 p.m. Direction by Warner Herzog and portrayal by Klaus Kinski, creates a cinematic vision of horror.

Gala dinner for new art gallery

A gala dinner and art auction in support of the **Art Gallery of Nova Scotia Building Fund** will be held on Nov. 1 in the Commonwealth Room of the Nova Scotian Hotel. This special event, a first for AGNS, is being organized in conjunction with Visual Arts Nova Scotia (VANS). Funds raised will help to purchase bricks and mortar for a permanent new home for the Art Gallery of Nova Scotia on the historic Halifax waterfront.

To begin the festivities, there will be a reception at 5:30 p.m. when guests will be able to view the paintings and meet the artists. At 7 p.m. they will sit down to a candle-lit dinner with music provided by Frederick and the Continental Trio.

At 9 p.m. the auction of over 90 widely varied works of art will begin. Some of Nova Scotia's and Canada's finest artists will be represented. This event has a special meaning for artists in Nova Scotia who are willing to donate to the building fund half the proceeds raised in order to contribute to a permanent provincial art gallery. The present temporary quarters on Coburg Road severely restrict opportunities to display to the public its growing collection.

To date there has been an excellent response from such notable artists as Alex Colville, Ken Tolmie, Al Chaddock, Brian Porter, Tony Law, Geoff Butler, Sheila Cotton, Don Pentz, Don Curley and Marguerite Zwicker. Sending an oil painting all the way from Vancouver, Toni Onley says, "I am so pleased that you are making an effort to put on a quality show."

Student I.D. cards

MSVU students have one more chance to get Student Union I.D. Cards on Thurs., Oct. 18, in the Student Council office, from 6:30 p.m. - 7:30 p.m. Please bring proof of age and registration.

Dal skating rink

Remember the old skating rink? Twirling, racing, and cracking the whip? Turn your money into fun-filled Sunday afternoons at the Dalhousie Memorial Rink. The Dalhousie Alumni Association is sponsoring alumni Sunday Skates from 3 p.m.—4 p.m. beginning Oct. 21.

Admission is \$1.50 for a single; the family charge is \$3.00. Please bring your Dal Alumni Association Membership card.

Joseph Howe cup debate

The Atlantic Debating Association and Mount St. Vincent University will be hosting the Atlantic Debating Championships for the prestigious **Joseph Howe Cup** on Sat., Oct. 20 from 9 to 5 p.m. to Sun., Oct. 21 from 9 until 4 p.m. The debates will be held on the fifth floor of the Seton Academic Centre. The general public is invited to attend.

Gay Line

Information counselling and referrals for lesbians and gay men. All calls kept confidential. Thurs., Fri. and Sat., 7 p.m.—10 p.m., 423-1389.

Business Conference

Atlantic Canada Resources Management: Issues and Answers, is the theme of the 14th Annual Atlantic Schools of Business Conference to be hosted by Mount Saint Vincent University, Oct. 26 and 27.

The Honorable Joel R. Matheson, Q.C., Minister of Mines and Energy for the Province of Nova Scotia, will be guest speaker at the conference's Friday luncheon, to be held at Chateau Halifax. He will stress the financial, economic and physical resources, while Mount Dean of Human and Professional Development, Dr. Susan Clark, will address the human resources aspect at the dinner that evening.

The Friday morning session will be a research symposium on the theme **Business Research Needs and Priorities in Atlantic Canada**, with moderator Mount Business Administration Department Chair, Dr. Erdener Kaynak. Panel members are Drs. Colin Dodds and Paul Dixon, Saint Mary's University; Dr. Stan Reid, University of New Brunswick; Dr. Jack Duffy, Dalhousie University; Dr. Alan Conway, Acadia University; and conference co-chair John Pli-niussen, Memorial University.

Papers will be presented in Friday afternoon and Saturday morning sessions, in accounting and finance, production and operations management, marketing, MIS and computer systems, general management and policy, and human resource management. An award will be given for the best paper in each category, and all papers will be published as proceedings of the conference.

Anyone interested in registering for the conference should contact Ann MacGillivray, Mount Saint Vincent University, 443-4450 extension 328, as soon as possible.

Life is a Cabaret

Neptune Theatre launches its 1984-85 season with the brilliant Broadway musical **Cabaret**. Hailed as one of the most belauded musicals of the century.

CABARET will open Oct. 12 and runs until Nov. 11, 1984. Ticket prices are \$13.00, \$12.00 and \$9.00—for ticket reservations call Neptune Theatre Box Office at 429-7070.

National disarmament week

National Disarmament Week is Oct. 29—Nov. 2. Among the many events taking place on the Mount Campus that week will be an Ecumenical Prayer Service for Peace, on Mon., Oct. 29, 12:10—12:30 p.m. in Evaristus Chapel—Everyone welcome.

Battle of ego

Battle of Ego, a 5-week public class will begin on Thurs., Oct. 11, at 7:30 p.m. at Karma Dzong Buddhist Meditation and Study Center, 1649 Barrington St., Halifax. Beginning with an introduction to meditation practice, the class will explore Buddhist insights into mind's confusion. Cost \$15.00. For more information call 429-2033.

Bookstore buys used texts

Do you have any used text books cluttering your bookcase? If so, now is your chance to cash them in.

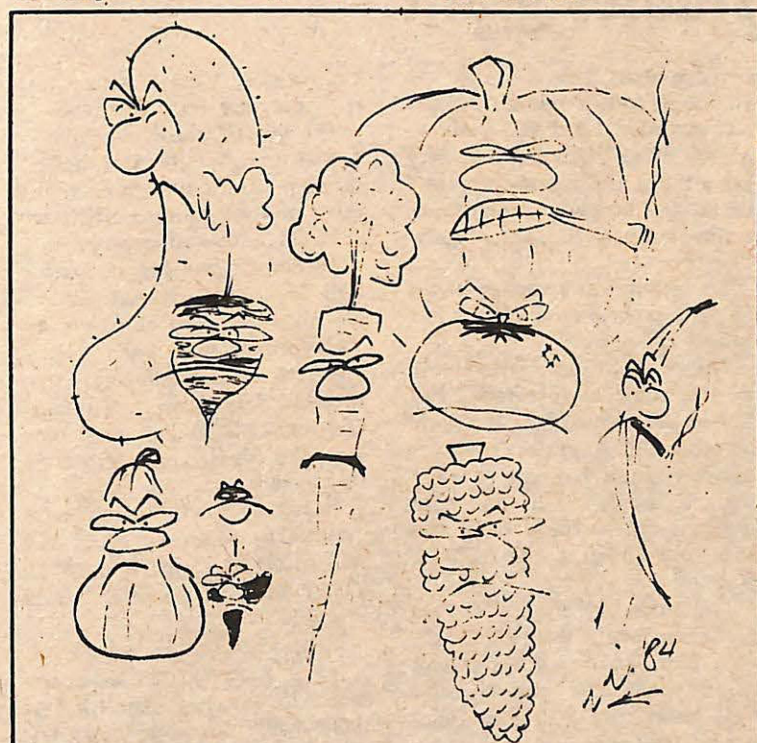
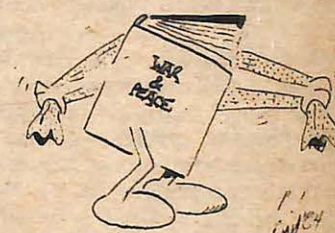
On Fri., Oct. 19, the Follet College Book Company will be at the Mount's Campus Bookstore.

From 9 a.m. to 4 p.m. this company will be buying soft or hard covered text books. Most marked, highlighted or damaged current edition text books that will not be superseded can be sold.

As well, if any firm orders have been placed for January by an instructor, for a specific text, that book will be bought for the Bookstore at half the current Bookstore price.

Jean McKay, manager of the Campus Bookstore, said that this is the second time the Bookstore has handled used books.

McKay emphasized that the Bookstore does not buy used books at any other time throughout the year.



"We don't work for the PICARO because we're vegetables."

"What's your excuse?"

Departmental Tidbits

Soc/Anth

by Tanya Levy

After the dramatic movie on Monday, **The Burning Bed**, many of you may be wondering about the relationship between alcoholism and the family. You may have many questions concerning this subject. Well, the Sociology/Anthropology Society is planning an evening of speakers and discussion of alcoholism and its effects on the family on **Wed., Oct. 24, 1984 at 7 p.m. in Auditorium "A"**, Seton to alleviate these questions.

Several members of Alcoholics Anonymous, Alanon and Alateen will be present to discuss their personal experiences of living with alcoholism. A movie, **The Family Trap**, which examines how the attitudes of an alco-

holic are passed on to other members will be shown. A discussion followed by coffee and tea will be provided. Everyone is welcome.

Also, the society is ordering sweatshirts with a crest of our mascot, the goat, emblazoned on them. The sweatshirts will approximately cost \$18 and are only available to society members. A list for name, size, colour and choice will be posted in the 5th floor glass case in Seton.

Remember, the Sociology/Anthropology society is for anyone interested in sociology or anthropology. So, please come to our next meeting on Fri., Oct. 19, at noon in Seton 504.

For more information contact **Tanya Levy at 443-2515.**

Mount home economists support 3rd world nutrition centre

by Helene Gauthier

Knowledge is meant to be shared and the Home Economics department at the Mount is doing just that at a nutrition centre in Bani, a small community on the south east coast of the Dominican Republic.

In the 1970's the Mount was searching for ways to help people outside the local community. The Dominican Republic, where 50% of the children born do not survive to their fifth birthday, seemed a good place to start. The Sisters of Charity had been there since the early 1970's and knew how badly nutritional care was needed.

In 1978 work on the project got underway with a \$77,000 grant from the Canadian International Development Agency. A small centre was built at Bani and two full-time home economists were appointed. An additional \$12,000 CIDA grant made possible the purchase of a van to service the area outside Bani.

Professor Alleyne Murphy, chairperson of the Home Ec. department at the Mount said, "Our first goal was to keep the family alive. We had to teach the family how to feed their children with the available foods and still reach their nutritional needs."

Mothers of children brought to the centre must be willing to work there one day a week. The average child needs three months to recover from the effects of malnutrition during which time the mother is able to learn twelve lessons. The lessons deal with basic hygiene, such as cleaning and storing food, and how to boil water.

Murphy doesn't call the centre a charity. "The idea is to learn by doing," says Murphy. "The local women decide what is taught, work one day a week and pay if possible. They feel they're involved."

Teachers at the centre are local women who are taught by the two full-time home economists. This makes the mothers more comfortable and gives them the feeling that they have more control.

"You can't just repair their (children's) bad health and send them back to the same situation," said Murphy. "You have to teach the mothers how to treat their children."

The services in the Dominican Republic have grown. Today there are two nutrition centres. At the Bani centre, the women grow their own vegetables and have started a co-op store where they sell necessities such as bowls and clothing.

The women at the centres have also grown. They give seminars and entertain visiting ambassadors who are interested in the project.

Murphy feels the services can only expand. She would like to see a child development program from the Mount put into effect. The mothers have no knowledge of the stage between baby and adult and when the children are old enough to begin school they are underdeveloped.

But so far the project has received nothing but praise. As one woman from the Dominican Republic said to Murphy while comparing the services at the nutrition centre with those of the local hospital, "We out doctor the doctors!"



Canadian/Caribbean conference

More than sixty experts on international trade and political, economic, and social development issues from across Canada and throughout the Caribbean will meet Oct. 25-28, 1984 for a four-day conference at Saint Mary's University. They will discuss critical development trends and concerns in their respective areas and examine various initiatives in theory and policy which could lead to economic improvement for both regions.

The conference entitled **Rethinking Development In The 1980's: Perspectives From The Caribbean and Atlantic Canada**, will feature a series of keynote presentations and workshops led by Canadian and Caribbean representatives of government, industry, labour, banking and investment interests, research institutes, social development organizations, and political parties.

There are a number of compelling reasons why this urgent task of rethinking the problems and paths of development should bring together groups of researchers and architects of public policy in both the Caribbean and Canada. Both in the past and present crossroads of history, the people in both regions have encountered similar problems and benefited from a comparison of their experiences.

Arrangements are being made for the editing and eventual publication of the formal papers and exchanges presented at the conference. The organizers fully expect that this conference will make a substantial contribution to scholarship and development planning in both Canada and the Caribbean.

Registration for the weekend begins Oct. 25 at 4 p.m. in the Burke Education Building, Saint Mary's University.

Critical overviews of development will be presented in two plenary sessions on Fri., Oct. 26. Session titles are **Development Models and Theories: An Assessment and Regional Development, Issues and Resources**. That evening at 7 p.m., the Nova Scotia Department of Development will host a banquet with Professor Rex Nettelford of Jamaica as keynote speaker. The banquet will be followed by an exciting Carib-

bean dance at 9:30 p.m.

The highlight of the entire conference will be a major address by The Honourable Mr. Michael Manley, former prime minister of Jamaica, on Saturday evening. He will speak at the Theatre Auditorium, McNally Building, Saint Mary's University from 7 p.m. A reception featuring Maritime and international entertainment will be held later that evening.

The conference will end on Sun., Oct. 28, with plenary addresses by experts from governments in the Caribbean and Atlantic Canada on local development initiatives. These will be followed by open forum round table discussions on a variety of issues. Experts will be on hand to further develop on the themes raised during the weekend and answer questions.

You
invited!

Fall election results

	YES	NO	Abstained	Spoiled
Academic Vice-President				
Alice Sandall	187	6	8	47
Full-time Senate Rep				
Janice Sipprell	182	3	9	38
Part-time Senate Rep				
Carol Brennan	21	1	0	3
Part-time Student Rep				
Shirley Brown	17	1	1	6
Residence Rep				
Susan McGinn	85	5	6	9
Home Economics Rep				
Wendy Kinney	24	1	0	4
Education Rep				
James King	21	0	1	10



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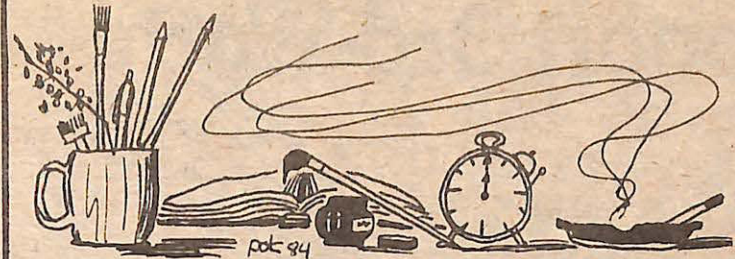
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Canada

Editor's Corner



Segregation deprives insight

This week's feature section, *On Top of the Mount*, portrays MSVU president, Margaret Fulton's aspirations for women educated at the Mount. Fulton hopes the Mount's emphasis on women's studies will indoctrinate a new generation of women into the working world, guided by ideas of feminism. She believes segregating women in a specially designed institution will provide encouragement and transform submissive females into feminists. Thus, women will be strong enough to dismantle male power structures and build a new society.

Although the Mount has integrated 17% males, it still maintains its "higher education for women" status which emphasizes women need segregation to break traditional ways of thinking. I believe segregation helps transform women's attitudes, but how well does it prepare them for the real world?

In my opinion, women educated separately from males are deprived of invaluable lessons that teach women to cope in a traditionally male-dominated society. They are sheltered from male prejudices and denied the insight necessary to fight for equal rights in the business world. Women need the opportunity to prove they are intelligent and strong enough to break male power structures.

Women in co-ed universities have already integrated into positions of authority and can be proud of their achievements. In Halifax, Dalhousie and St. Mary's University newspapers have women editors. Yet, Fulton feels the Mount offers more opportunity for the shy and unassertive women to obtain such positions. With only a 17% male enrollment, the odds are obviously in a woman's favour, however, it's a small victory for feminists.

Fulton mentioned that a University of Alberta sociologist noted women constantly achieved higher marks than men in all subjects. The problem is eliminating the male prejudices. One way to alleviate these prejudices is to work side by side with men and prove we have equal competence.

I think the Mount should retain its emphasis on women's studies because they do need encouragement and inspiration for life in a changing world. However, segregating females in separate schools only reinforces traditional ways of thinking. If we want to be equal we must learn to grow and work alongside men.

Educating women and men separately is like teaching one to row a boat forwards and another backwards. Put them in the same boat, they go nowhere. Teach a man and woman to row one way together, you get the stronger half pulling the boat to one side. When the weaker side gains strength and becomes equal, the boat goes straight.

Ko Ho

Ever Wonder?
by Patrick Coffin

- what your face looked like before your parents were born?
- why most UFO sightings are reported by the most ignorant of backwoods-type mountain men?
- who actually buys Prince albums?
- if the Royal Bank pays its employees *not* to show up during peak hours at the Rosaria branch?
- about the seemingly insuperable coincidences between singer Tina Turner and British Prime Minister Margaret Thatcher? See illustration and be amazed, as I was. (Sorry—Turner is on the left.)



Nancy Moar (right) and Valerie Eddy, senior class co-presidents, push for unity of the senior class this year.

Introducing . . . new co-presidents

by Nancy Moar/Valerie Eddy

We would like to take this opportunity to introduce ourselves to the senior class of MSVU, 1985. We are Valerie Eddy and Nancy Moar, senior class co-presidents.

Senior year is a special year; after all, it's our last big splash before we enter THE REAL WORLD! Traditionally, our job would be to plan and organize Senior Week; however, we feel that activities should take place all year long. This would be done in order to make the senior

class more united. We want to meet as many of you as possible and we'd like you to meet each other too!

This is your year. We know that you're trying to get your marks up but, we all know what happened to Jack when he did all work and no play! We really want your suggestions and your participation is vital. Let's make our final year at MSVU our best yet! We can be contacted through the Student Union. Be watching for senior class meeting announcements.

Student Council by-elections

Voting for Arts, Science, and Public Relations Representatives

Tuesday,
October 23
Wednesday,
October 24

6:30 p.m. to 8:30 p.m.
1st floor Seton
11 a.m. to 1:30 p.m.
1st floor Seton and
Rosaria Cafeteria

Bring MSVU 1984/1985 Student Union I.D. Card!!!!

Women feel, Men do

by Patti Sinclair

"How many girlfriends/boyfriends do you have?" Remember when we blew out birthday candles and counted the ones that remained lit to determine how many boyfriends or girlfriends we had? Perhaps this was the beginning of our formulation of ideas about the opposite sex.

Since that commonly shared experience we, the boys and girls of yesterday, have discovered commonalities and differences. The questions in my mind are: What are some of the fundamental differences and to what degree are they understood?

Marge Piercy, writer and speaker at the first of the Killam Lecture series says, "Women are socialized to feel and men are socialized to do." This articulate statement perhaps answers the question why many men do not understand "women's issues". Given these social issues are labelled "women's issues", may be the reason some men fail to respond or become enlightened. Perhaps "people's issues" would be more accurate. I like to think so, however, I recognize it to be a complex issue.

I believe a basic goal is not to keep men on the perimeters, which heightens any confusion experienced by men. Women may say, "Not another responsibility, but we must positively utilize our socialization of 'feeling' in order to encourage males to voluntarily seek out a clearer understanding. Thus, eventually for both men and women, a more satisfying balance of 'feeling' and 'doing'."

We desire to be equals in building a world in which we can become something new together. Writing on the breaking of feminine myths, Madonna Kolkenschlag offers: "Our conversion to feminism is an unfinished, incomplete experience unless it leads to your liberation."

"What can I as an individual do to contribute to my liberation?" I would suggest attending a lecture, reading a book and reading my next Podium. Assuming you are from the culture that blew out birthday candles, you should be able to relate."

THE
PICARO

In ancient Spanish times, Picaro was a little man who ran throughout the Spanish countryside proclaiming the news.

Now, the Picaro is the student newspaper at Mount Saint Vincent University and is published weekly by the MSVU Student Union. The Picaro is a member of Canadian University Press and subscribers to its statement of principles.

Deadline for all copy is Friday noon, the week preceding publication. All copy should be submitted typed, double spaced. Letters to the Editor and Podium pieces are welcomed for publication, but we ask that all submissions be signed. Names may, however, be withheld by request. The Picaro staff reserve the right to edit all copy for reasons of length or legality. Please refrain from sending letters exceeding 200 words in length. Local Advertisers—You can reach us by phone or mail.

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Student drinking leads to death

SASKATOON (CUP)—The death of an 18-year-old man following a rowdy university residence party has prompted the administration at the University of Saskatchewan to crack down on student drinking.

Administrators, shocked by the death of Shawn Reineke, have refused to issue any more liquor permits at the university for an undetermined period of time. Reineke's body was found Sept. 29 in a residence garbage bin after having been dropped seven storeys down a garbage disposal chute.

Reineke, a native of Hodgeville, Sask., was discovered in the early morning following a Sept. 28 party and died at the university hospital shortly before noon. Some residents say the body was covered in

mustard, whipped cream and residue from a fire extinguisher.

Saskatoon police confirmed that the body was covered in a "white foamy substance" and say they suspect foul play. Alcohol played a large part in the man's death, according to police. They have questioned numerous people already.

"I'm sure somebody knows something but we haven't talked to anyone who does yet," police inspector Grabowski said.

Residence manager Neil Nickel said Reineke did not likely fall into the garbage chute, leading police to suspect he was shoved. "These are standard garbage chutes," said Nickel. "We are amazed that someone could in fact get in there—if that is the case." He refused to elaborate.

Grabowski said although no

one has been arrested yet, the charges could range from death by criminal negligence to murder.

Roland Muir, assistant to U of S administration president Leo Kristjanson, said he also suspects liquor played a part in the man's death.

"There is strong evidence that there was liquor involved in the tragic accident," he said.

Muir said no permits will be approved until the university's current policy of granting liquor licenses is reviewed. He suggested the university may change its license requirements and stiffen security.

Nickel added: "We are considering what we can do to have better control over outside people while keeping in mind that this is home to quite a few stu-

dents who have rights to have outside visitors."

Ian Wagner, U of S student council vice-president, said the council plans to fight against the suspension of liquor permits. "They can't do this forever. I think this is just a quick reaction."

Reineke was neither a resident of the university residence in which he was found dead nor a U of S student.

He was not the only student to have died this year in circumstances where alcohol was involved. A first year student at the University of Guelph

And 17-year-old Jeff NeMarsh drowned after he fell off a ferry Wouter Van Stralen, was killed by an impaired driver who was being pursued by police Sept. 16.

into Lake Ontario Sept. 5. He was taking part in a Ryerson Polytechnical Institute frosh picnic, and police say alcohol consumption contributed to his death.

In Canada, an alcohol-related accident occurs on average every 17 minutes and results in 57 deaths each week.

At the University of B.C., housing officials are thinking of restricting the consumption of alcohol and number of parties on campus. They have already presented the proposals to the administration, but students are circulating a petition opposing the move.

Law students help

HALIFAX (CUP)—Dalhousie University students who think their term papers have been marked unfairly or that they have been wrongly penalized for missing exams will now have the help of law students in their appeals.

Dalhousie law students have pledged for the first time to help other students deal with complicated appeal procedures. Now students who lost previous cases because they could not afford lawyers will have a greater chance of winning their appeals.

Student council president Alex Gigeroff said the expense of hiring a lawyer to deal with appeal procedures was "costly" and "needless" and should not have been borne by students.

He said the law students will advise and instruct students on how to win their appeals. He hopes students make use of the service because he says it will save them hundreds of dollars.

Dean of students E.T. Marriot said she thinks many students will use the service because it is neutral. "It doesn't contain the trappings of the administration," she said.

Memorial restricts flow of alcohol

ST. JOHN'S, NFLD.(CUP)—Fed up with complaints about late-night parties and smuggling of beer into residences, housing officials at Memorial University are making every effort to restrict the flow of alcohol on campus.

In a letter to Newfoundland's breweries, Carson Leonard, Memorial's manager of liquor services, says all liquor transactions must now be handled through his office and all deliveries of beer into residences must immediately cease.

Leonard told the general managers of Labatt's, Molson and Carling-O'Keefe and the secretary-treasurer of Newfoundland's Brewery Association he was aware that the breweries and students were breaking liquor laws governing bootlegging. He said students were

smuggling beer into residences at all hours of the night, including Sundays and holidays.

Brian Johnson, student housing and food services director, said all social activities in residence involving liquor must now end at 1 a.m. and lobby parties can only be held from Thursday to Saturday. Any violation of the new housing regulations means residences will not be able to hold any social events at all.

"The university in general, and this office in particular, have become concerned about the misuse and abuse of alcohol in residence," Johnson said in a letter to all students in residence.

The new regulations, however, have made student leaders uneasy. At a recent meeting, stu-

dent council members expressed concern about the impact the new regulations would have on students' recreation.

Danny Crummell, Memorial student vice-president executive, said he thinks students will not be able to enjoy themselves as much outside academic life. He added that housing officials were not willing to listen to the students' side of the story.

Council later passed a motion urging housing officials to review their policy on bar licences in residence and consider the possibility of allowing Wednesday night social events in residence to continue. Council plans to support any action on the part of students in residence to fight the moves.

At the other universities, administrators are also cracking

down on student drinking in residence. At the University of B.C., housing officials have presented proposals to the university administration asking for the number of parties on campus and the consumption of alcohol to be restricted. Students there are circulating a petition opposing the move.

At the University of Saskatchewan, the recent death of an 18-year-old man has prompted administrators to refuse to allow any more liquor permits on campus for an undetermined period of time. The man's body was found the day after a university residence party and was covered with mustard, whipped cream and residue from a fire extinguisher. He had fallen seven storeys down a garbage chute, and police suspect foul play.

Jean Busters hit campus

by Charlotte Martin

The Jean Busters hit campus last week. Their mission: to offer quality clothing at low prices.

Jean Busters is a family business that sells a variety of canvas and denim goods. All merchandise is bought from the manufacturer and at prices lower than retailers. "We're trying to give a bargain and make a profit," says Greg Kotlowski, one of the family owners.

Jean Busters co-owner, Ron Simmons, says students can't afford to buy clothing at retail prices. He hopes Jean Busters is offering students a viable alternative. "It's not a difference between \$25 and \$45, it's a matter of getting them or not getting them," says Simmons.

Simmons says they are commonly asked "What's wrong with them?" Jean Busters, however, carries no clearings or seconds. Their low costs are made possible because the company has a small overhead. Without a permanent retail location, Jean



Locally-owned denim business, Jean Busters, set up in Multi-purpose room.

Busters only costs are the transportation of goods and renting of university space.

The month-old Jean Busters has a full schedule. Locally

owned, they plan to set up shop in all the Atlantic universities.

Jean Busters will be at Saint Mary's University Oct. 31 to Nov. 3.

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East meets West as caravans roll on hill

OTTAWA (CUP)—East will meet West in Canada's capital Oct. 20, when two carloads of weary peace activists travelling from opposite ends of the country roll onto Parliament Hill with peace petitions in hand.

This meeting will mark the first time that Canada's peace movement has launched a national campaign, complete with petitions that have been circulating around the country for eight months.

The Peace Petition Caravan Campaign, which kicked off March 15, will culminate in a rally on Parliament Hill Oct. 20. Peace activists in Ottawa will form two lines along the entrance to the House of Commons to welcome the two caravans which left Vancouver, B.C., and St. John's, Newfoundland, Sept. 29.

As the eternal flame burns in the distance, bundles of petitions will be hauled up to the House of Commons steps. Speakers will call out the name of the riding each bundle represents and later on, will read each name on the hundreds of petitions.

"We want to let the government know that a quarter of a million are opposed to the cruise missile and want Canada's position on the nuclear arms race changed," said Beverlee Bell-Armstrong, one of two campaign coordinators.

"We want to let them know the peace movement is not going to go away, it's here to stay. Disarmament is an issue that is not going to die," Bell-Armstrong

said.

The peace activists plan to hold a "vigil of sorts" on Parliament Hill for two days. Bell-Armstrong estimates it will take that long for all the names to be read aloud.

Organizers have planned to meet with the leaders of the three federal parties, Brian Mulroney, John Turner and Ed Broadbent, Oct. 22, and will ask them to make disarmament a high priority on the parliamentary agenda.

When Parliament opens Nov. 5, the activists will drag the bundles of petitions into the House. The petitions demand a halt to the testing of the cruise missile in Canada, that Canada be declared a nuclear free zone and that funding of the arms race be diverted to socially useful purposes.

Local activists will photocopy the petitions and present them to as many of the 282 MPs as possible. Bell-Armstrong said petition canvassers have passed through almost all 282 federal ridings.

"We're working through the democratic process and saying to MPs, 'Lookit, a majority of your constituents don't like Canada's role in the arms race,'" Bell-Armstrong said.

More than 250 organizations, including women's, church and peace groups, have been circulating the petitions. As the two caravans wound their way through the country, the activists picked up some of the petitions and encouraged people to sign their own.

Although only about two people from Newfoundland and five from B.C. will arrive in cars in Ottawa, Bell-Armstrong said hundreds of people across the country have been involved. She

said local groups, many in rural areas, have started as a result of the campaign.

"The campaign has given people a focus to set up local peace groups and to continue to work

on disarmament. In areas where there weren't local groups, they have sprouted up," she said.

"It shows there is a wide range of support for disarmament."



O'Connell excuses government of dollars game

Eileen O'Connell, New Democratic Party candidate in Halifax Citadel, has accused the Conservative government of being irresponsible in its handling of education dollars.

"The Buchanan government is perfectly willing to pay for monuments at our universities. It has just give \$3 million to build a new fitness and recreation centre at St. Mary's and it will probably pour more capital funds into Dalhousie during its fundraiser kickoff on Saturday," Ms. O'Connell said. "Yet, it continues to underfund vital operating expenditures at all levels—primary, secondary, and post-secondary."

Ms. O'Connell pointed out that for the past four years, the government has ignored recommendations by the Maritime Provinces Higher Education Council for funding at even bare subsistence levels.

"Universities have been forced to make difficult choices and to cut costs wherever possible," she added. "So we are seeing more staff layoffs, libraries that can't afford books and science labs with deteriorating equipment. Universities can't afford to maintain what they have now, without adding more buildings to the list."

Ms. O'Connell called on the Conservatives to "stop playing games with our education dollars" and "to start paying more

attention to the effects their policies are having on the quality of education in our schools."

Another problem is the lack of funding to students who want to further their studies. "The Minister of Education, Terrence Donahoe, claims there has been a significant increase in the provincial bursary component and has gone on record as saying there are no Nova Scotians who do not have access to our post-secondary institutions because of a lack of resources." But Ms. O'Connell said, "according to the Students Union of Nova Scotia, the present student aid system cannot pretend to meet

the needs of many Nova Scotia students."

"The New Democratic Party sees education as one of the key means of promoting social and economic equality. It's time for a change in the governments mentality and approach towards education before any further erosion of education in this province takes place."

Notice The Official Opening of Eileen O'Connell's Halifax Citadel NDP Headquarters will take place on Sat., Oct. 13/84, 2-5 p.m. at 6070 Quinpool Road, Halifax. Refreshments will be served. COME MEET THE CANDIDATE!!!

CPRS Review

by Charlotte Martin

Students had an opportunity to attend their first **Canadian Public Relations, (CPRS-NS)** luncheon of the school year last Wednesday.

Held in the Red Room at the Dalhousie Faculty Club, guest speakers discussed the most-watched local riding in the recent federal elections.

Peter Halpin, media relations organizer for Gerald Regan, said he found his job challenging. Halpin said Regan chose to spend a great deal of time in the riding, which was not always easy with his responsibilities in Ottawa. Regan ran his campaign on past successes and chose not to respond to other candidates.

Charles McGuire, media relations organizer for Stewart McInnis, said recognition was the first objective of the cam-

paign. McInnis was shown as an active, community-minded individual. "We were anxious for Stewart McInnis to say things," said McGuire.

McInnis's activities allowed his campaign personnel to place him in brochures in legitimate situations. McInnis was also linked with Brian Mulroney, whose personality caught on with the Canadian public.

Regan was originally coupled with Turner, but the two were separated when he started to fall in the national polls. A change in media approach was then implemented, but it was too late.

CPRS-NS luncheons take place every second Wednesday of the month. All student's are welcome to join the society. Applications are available from Public Relations Society representatives.

Councillors speak out

Hi! I'm Alice Sandall, your new Academic Vice-President on Council.

This is going to be a very busy year for me. I am sitting on the Academic Affairs Committee, Policy and Planning Sub-Committee and Senate. I am also the Chairperson for the Awards Banquet Committee.

Posters will be posted around campus when I start to look for Committee members.

Presently, I am involved in

trying to change valedictorian procedures that exist within the University. I would like the senior class members to be able to nominate individuals who are not dean list students. I hope to hear from Senior Class members on this subject.

For further information, I will be in the Student Union office on Mondays and Wednesdays from 2 p.m. to 3 p.m. and on Tuesdays from 1 p.m. to 4 p.m. or by appointment.

Young Liberals remain optimistic

OTTAWA (CUP)—Despite the devastating losses suffered by the Liberal party in the Sept. 4 federal election, the president of the Young Liberals remains an eternal optimist.

Richard Mahoney, a 25-year-old law student from the University of Ottawa, was elected to replace former president Bruce Ogilvie, who was killed in a recent car accident.

"Sept. 4 was a disaster politically, but it helped lay the groundwork for re-building," says Mahoney. "We feel there is a void to be filled and work to be done and there's no better time to join the party."

Mahoney's priorities are aggressive recruitment and re-examining why people join the party.

"The Liberals are only successful when they're an agent of

social change," he said.

Though Mahoney worked on John Roberts' campaign, he praises John Turner, and especially his commitment to youth.

"Turner realized we needed a massive insertion of young blood to make this a modern political party."

Mahoney says he is looking towards the future, a time when he thinks the party will strengthen itself.

"In a perverse way, the election was a relief. We couldn't go on the way we were in our shell of a government," he said. "This is the most exciting thing to happen to the party since the 1960s."

The Young Liberals receive \$60,000 annually from the Liberal Party, and remain a relatively autonomous body from the main party machinery.

Nova Scotia students to vote in election

HALIFAX (CUP)—Nova Scotia students will be eligible to vote en masse in the upcoming provincial election for the first time.

Students will not lose their franchise in November because of changes in the elections act in 1977. Students can now vote in their home riding or the riding they live in while attending school.

"When students are voting that is when student issues will become important," says Geoff Martin, the chair of the Stu-

dents' Union of Nova Scotia.

"We can be a voice and we can make it heard," he said.

Martin said students this year will be concentrated in one riding and will be able to make education issues prominent during the election campaign.

Previously students lost their franchise because they could not meet the residence requirements.

Students from other commonwealth countries can vote as well and international students, if they are classified as "ordinary residents". They must have a bank account in the province, rent a place and store their belongings in the province if they leave for work.

One student who will do more than vote in the election is Tim Hill, former student council president at Dalhousie and St. Mary's Universities. Hill will run for the NDP in the election.

Hill, who won the nomination of Halifax-Cornwallis with a show of hands, plans to focus on the city's housing crisis, youth unemployment and education. His riding has a high population of post-secondary students.

"It's up to us to get students to vote as ordinary citizens," Hill said.

"Now is the time. (The Liberals) are never going to get rid of the Tories."

Education minister Terry Donahue is Hill's Tory opponent.

Freed Pakistani returns to Carleton

OTTAWA (CUP)—A Carleton University graduate student is back at school after spending over two years in a Pakistani prison and credits the work of Canadian students for his release.

Tariq Ahsan returned to Carleton after a harrowing ordeal that brought him close to death. Dur-

ing his imprisonment, Carleton students lobbied Canadian and Pakistani officials for his release.

"It gives me a lot of faith in humanity," he said. "It shows that the concern for the violation of human rights is very much there."

"I felt very deeply touched by

what the Carleton community was doing to procure my release."

Ahsan is now finishing his PhD in political science. He left the programme in 1979 for health reasons and returned to his native Pakistan.

When he regained his health, he took a university teaching job

in his home country.

On Nov. 4, 1981 one of his colleagues was caught distributing a pamphlet entitled "Democratic Pakistan" and Ahsan was summoned to the police station.

For the next week, he was mentally tortured and not allowed to sleep. For the next year, Ahsan was dragged to the military court every two weeks. Each time he was given a two-day extension in prison, handcuffed and shoved back in his cell.

The government laid charges of distributing and publishing seditious materials against him in 1983. After a lengthy trial, he was found guilty, sentenced to two years in prison and fined \$1,000 Canadian.

Ahsan was relegated to C-class prisoner status, meaning he spent his time in a small dark cell where "sanitary conditions were extremely primitive."

Through friends and letters, he learned that Canadian students were applying political pressure to secure his release. He says this knowledge helped

to make the ordeal easier to endure.

Ahsan also learned the real reason for his imprisonment. Shortly before his arrest, a group of teachers, including himself, staged a nation-wide protest against the laws imposed in universities.

"Most of my colleagues think that this was the reason," he says, "and I think they are right."

Upon his release in January—two months into his two year sentence—Ahsan found it hard to believe he was free. "I had mentally prepared myself for completing the whole sentence," he said.

"When I got out of prison, the first thing I wanted to do was to go somewhere in an open field and just have the sensation of walking along as I liked."

Ahsan returned to this studies at Carleton quietly, hoping not to make a fuss.

He says he wants to return to Pakistan to teach but is going to wait—until the political situation improves.

Peace seekers complete cross-country bike trek

by Martha Muzychka
Canadian University Press

OTTAWA—Overcast skies and chilly winds don't dampen the enthusiasm of 24 pedalers for peace as they ride their bikes into the nation's capital. After an exhilarating 49-day journey, they hoot and whistle at their success.

On the front steps of city hall, a white paper banner lettered in bright blue welcomes the pedalers. A handful of local peace activists have gathered to greet them, and one steps out to accept some 2000 signatures on petitions collected by the motley group on their trek to Ottawa.

"It's been an inspiration knowing that you were out there," says Micheal Manolson, one of the two co-ordinators of the Peace Petition Caravan Campaign, launched in March to show the federal government that Canadians want their country's position on the arms race changed.

"We've heard from the communities you've stopped in, and the feedback has been positive," he says.

The anxious pedalers are led inside the hall, where they are given a chance to relax after their trip. Manolson says the pedalers are a good example of the variety of people striving for disarmament.

"People get tired of rallies, they want to express something more direct, more personal (about their wish for peace)," he says.

The pedalers range in age from one year to 53. Some are students, others are urban residents and some are rural workers. Yet they all lived and travelled together in search of a common cause.

"We've kept the Parliament buildings in sight for such a long time," says Jim Trueit, a resident of Galiano Island, B.C., and an organizer for pedalers for peace. "It was just a concept six months ago, and now it will be a memory."

Trueit says his group wanted to help the Peace Petition Caravan, which wraps up its campaign Oct. 22 when petitions with thousands of signatures will be presented to Parliament. The petitions demand a halt to the cruise missile testing in Canada, the declaration of Canada as a nuclear free zone and the diversion of military weapon funding to socially useful purposes.

Trueit says the pedalers wanted to attract a lot of media attention as they travelled from Van-



couver to Ottawa in two months, but did not want to harm the environment. He says bikes were the most appropriate means of transportation.

"They are non-pollutant, they're slower and we couldn't get a sense of our goal by driving to Ottawa (and by-passing smaller communities)," he says.

Trueit says while petitioners canvassed larger communities, smaller centres had never heard of the petition campaign. He says the communities welcomed the pedalers for peace and their efforts to raise awareness of the disarmament issue.

"I am amazed how well we've worked together. I think it's symbolic of what all nations could do, to reach out and work out a compromise (on peace)."

Another pedaler, Martina Griffiths, says she joined pedalers for peace because she wanted to cycle to Ottawa. Along the way, her own understanding of the issue deepened.

"I was aware but not that involved. I am more into it now," says Griffiths, who plans to help out with the campaign.

When Griffiths told what she planned to do with her fall, "a lot of people laughed." But she

doesn't regret the move.

"All in all, it was very successful. The people we met were just wonderful, especially the communities that were open and willing to listen."

After an hour in city hall, the pedalers for peace set off once again. Sporting multi-coloured shirts and waving cheerfully to passers-by, the groups pedaled to Parliament Hill. As they headed westward, the wind died down to a breeze, ruffling the brightly colored maple leaves and wild flowers decorating some of their bikes.

Nfld students want provincial organization

WOLFVILLE, N.S. (CUP)—Newfoundland students want to band together to fight the slipping quality of education and rising rate of youth unemployment in the province.

Ed Byrne, Memorial University student council president, said students want to form their own provincial organization and have already set up a tentative February date for the founding conference.

"Too often students just get together when there is a crisis. A

provincial organization will get students together in one place, one force," said Byrne.

At least 15 post-secondary institutions, including Memorial, Grenfell College, the Fisheries and Trades College, are expected to attend the conference.

The organization will target problems of unemployment, of which Newfoundland's is the highest in Canada, and will lobby the provincial and federal governments to improve the quality of education. Byrne said

he hopes to get a secretary of state grant to cover some of the conference's costs.

"Through constant lobbying—instead of a one-shot deal—we will be able to improve our education system," Byrne added.

Byrne said the idea of forming a Newfoundland student union has been "kicking around" for about five years. British Columbia, Ontario and Nova Scotia already have provincial student organizations.

Students campaign for suicide pills

by Joan Vickery

A battle is raging in the Halls of Academe. At Brown University, an Ivy League school in Providence Rhode Island, students are embroiled in a serious controversy. It is not about proliferation of nuclear weapons, nor does it bemoan the quality of education. Rather it is an almost militant protest over the school's refusal to stock suicide pills for use in the event of a nuclear holocaust.

Students waged a feisty campaign, distributing brochures, attending rallies and listening to emotional speeches putting down the establishment for squelching their democratic rights.

"It is our right to demand these pills... who wants to live through the terror of a nuclear war. We want access to cyanide pills to end it quickly."

Clips of this speech were broadcast across the nation on the evening news last week, diffusing into every household the mug of a crewcutted preppy lamenting the strictures of university.

It is rare that university issues reach nation-wide prominence, and last week, this young man became the archetype of all students. Our credibility plummeted in one night. Are there not more pertinent and timely issues for the bright minds of students to fight for.

This brings to mind the tragedy of Kent State in the 1960's when a student protest became the target for bullets of the National Guard.

It was in times like those when students were labelled as militant revolutionaries, but they were fighting for a cause far more weighty than the rights to commit suicide. To many, the words "Ivy League" denote tradition and dignity in education, words reserved for those educational institutions every student aspires to attend.

Last week's antics pushed Brown University dangerously close to the brink of losing their league status. It was unfortunate that of the few glimpses that the public has into university life, this one had to rear its ugly head.

On Fri., Oct. 12, the verdict came in. Brown will not stock cyanide on its drugstore shelves. They issued a staunch reply to the persistent campaign.

"We are in the business of furthering life... not in the business of death."

Top of the Mount

Margaret Fulton, president of Mount Saint Vincent University, determined to change the paternalistic world around her.

by Suzanne Zwarun
reprinted from City Woman Magazine

While she spoke, Margaret Fulton eyed the 300 women gathered to hear her at a Holiday Inn in Toronto. They were members of the Canadian Association of Women Executives and to Fulton's eye seemed a cross section of women in the corporate world: Some would be fast trackers, some would be caught temporarily on whatever rung of the ladder they'd reached. But whatever their successes or stalemates, they understood Fulton's impassioned argument that women need to be superbly educated if they are to break into male-dominated businesses and professions. When Fulton pleaded with them to help, the crowd surged toward her, pressing \$1 and \$5 bills into her hands.

The image of the president of Mount Saint Vincent University standing in a Toronto hotel scrambling to hold on to a slippery stack of small bills given her by female contemporaries illustrates both the notion of a sisterhood of working women and the economic state of women's education in Canada. Mount Saint Vincent—Canada's only women's university, established in Halifax by the Sisters of Charity more than a century ago—is moving to meet the expanding needs of women on the threshold of the 21st century. Like its American counterparts, tony women's universities such as Smith and Vassar, the Mount has experienced a population explosion as women, many of them ma-

ture students, discover the advantages of an education designed for women (the Mount opened its doors to men in 1969, but men make up only 15 percent of the 3,200 full- and part-time students). It's seeking from women everywhere the financial support necessary to bring together new technology and the feminist movement in a revolutionary effort to change the world.

However, high ideals are not always easily achieved. When the big Toronto and Montreal universities need money they confidently launch campaigns to collect \$40 million or \$50 million, and soon successfully complete them. Fulton launched the Mount's first fundraising drive just after she joined it in 1978; six years later, she is still plugging away at the \$3.5-million goal. "We're poor," she says flatly. "We don't have enough money to run the university. But it's not easy for women to get that kind of money. They don't have the Old Boys' networks. Men just make five or six telephone calls to friends and come up with remarkably large pledges. Most of the Mount's grads don't have the same top-level contacts."

Fulton considers unholy the alliance between women's poverty and their lack of influence and power. But to her mind, economic equality alone will not change the world.

Perhaps a 62-year-old president of a small Maritime university seems an unlikely candidate for a revolu-

tionary, but Fulton is determined to change the paternalistic world around her. Looking at western civilization, Fulton sees dominance, categorization and control as the essence of power, as created and defined by men. That might-is-right trinity is at the very opposite end of the spectrum from the nurturing values for which women have stood. Women might learn to better play the male power games but then nothing—from the arms race to starvation—would change. Fulton wants to dismantle the whole male power structure and build a new, nurturing society guided by the ideals of feminism. Her brave new world would be a better place for both men and women to live.

Fulton is fond of quoting from the writings of an academic friend, Beryl Rowland, an English professor at York University. Rowland regards the feminist movement of the 19th and 20th centuries as "a series of insurrections, all of which, until now, have been silenced through the opposition of women as well as men." Rowland labels them the "quiet antifeminists". Because of their subtle opposition, "all that women have gained up to the present time is the right to attend university, the right to vote and the right to go out, at their peril, into what is still called a man's world". Rowland found her solution when she discovered a handwritten gynecological treatise from the 15th century. It says, "let one woman help another," a creed Fulton has taken as her own. It's a rallying cry that became increasingly submerged over the centuries, reaching its depth in the 20th with the Queen Bee syndrome, the dragon lady who dealt herself into the male action and proved more overtly antagonistic to other women than any male chauvinist. Given her generation, Fulton might have gone that route. But both the woman and the university she heads are embodiments of the "let one woman help another" principle.

Her gravestone, Fulton says with a smile, should read: "Here lies a token woman." A farm girl raised to become a farmer's wife, she remained single when it wasn't sexy to do so. Settled in the spinster-respectable profession of school-teaching, she returned to university as one of the first mature female students and worked her way to a doctorate in Victorian literature. Once a cog in the female university administration ghetto, she went to the top as Canada's second female university president (apart, of course, from the Sisters of Charity who held the chair at the Mount). Through it all, she has drawn support from, and worked unceasingly for, other women. Now at Mount Saint Vincent, where Roman Catholic nuns a century ago set about helping other women, Fulton has the opportunity to create the miniworld of her vision. In the six years she's been president, she has turned the Mount into a microcosm of the nurturing society she strives to create in the larger world.

"I have always believed that education should be designed to help us contribute more significantly to our total society. And, in so contributing, we will live richer and fuller lives," she says. By her molding of a supportive university society, with such encouragements for mature female students as flexible hours and a new, hardheaded emphasis on expanded work skills for women, Fulton aims to turn out women who see themselves as equals. But her ultimate goal is not merely that they should earn equal pay and find personal work fulfillment. The ethical questions raised by the arms race coupled with hunger, poverty and illiteracy in most of the world have to be "the warp and the woof of our courses," the foundation for graduates able and willing to play their part in making the world a better place. "When women have greater interaction at the decision-making level, I'm certain we'll get rid of nuclear bombs."

UBC turned Fulton into a feminist. "I was grabbed to teach freshman English. That's when I began to realize the exploitation going on." There was a sudden increase in student population in the 1960s and the MAs were given small stipends to teach these undergraduates, and many women, some wives of men who were full professors, were hired part-time, a second labor force. The ranks of full professors, with their full salaries, grew all the while by the importation of "bright young men from the U.S." Fulton re-



turned to UBC in 1974 as dean of women and associate English professor, and set about amending the problem. During the next four years, she encouraged the expansion of counselling services for women, won equal pay for female professors and helped establish a women's academic association to fight the male hierarchy. She attracted the attention of the Halifax Sisters of Charity in 1978, when they were looking for someone committed to the concept of women's education to be the first secular president of the Mount.

Fulton found irresistible the opportunity to wield real power for change, however small the puddle. Sitting in her presidential office, where every surface is stacked high with books and papers, she dismisses as "patchwork" the gains for women she made at UBC. Not that being the female head of a female university counts for much in the male world, she notes briskly: "I get no marks for being president of this university." Fulton keenly feels her isolation amid the overwhelming maleness of the academic world. It was only a decade ago that Pauline Jewett, subsequently NDP MP for New Westminster-Coquitlam, became the first woman to win the presidency of a Canadian university when she assumed the chair at Simon Fraser in Vancouver. "And I think I know why she crept back to politics," says Fulton. "You burn out. You're so totally within male structures. You wonder if you're crazy or if the world is really out of balance."

The imbalance erodes the potential of women students, she feels. Taught the words of men, by men—English scholar Fulton now gags over Milton's sexism—women are being trained in the art of pleasing men and absorb the view of themselves as submissive to men. "Universities have traditionally seen their role as the researchers and preservers of the knowledge and culture of the past," says Fulton. "Our present school systems continue to reinforce those attitudes, which undermine the full potential of female students." Fulton, who spent one April Fool's Day in the university pub debating, and winning, the argument that a man gets more out of attending a female university than a woman gets out of a coed, male-dominated school, marshals her points again. "I strongly believe there is a place for a good quality women's institution that becomes an alternative for women. There are advantages, in particular, for the shy, unassertive woman. In mixed universities, they never open their mouths, they're treated paternalistically by male professors and they get locked into the image of themselves as protected by the men around them—their fathers, their classmates, their faculty. It keeps them from ever being equal partners. If they're segregated, they gain confidence. They get to chair student council, edit the school newspaper."

Fulton has never had any fear of doing for herself and other women. A hand-lettered placard abandoned in a corner of her office—"Have the courage to care"—amplifies her philosophy of women helping one another. Her public speeches are studded with urgings to care, to fight. "It is time to challenge and lay to rest the idea that only the female form should be seen hovering over the sick bed," she briskly informed the 1981 all-female nursing class of the Victoria General Hospital in Halifax. She went on to suggest that nurses shuck the brainwashing that deems salary disputes unfeminine and dispatched them into battle for better wages. Speaking later to a convention of Nova Scotia high-school mathematics teachers, she drew her hosts' attention to the fact that men workshop leaders outnumbered women three to one and commented: "The feminist perspective seems not as yet to have made itself felt in the math classes of Nova Scotia." And Fulton's tart tongue landed her in controversy when her musings on the earlier admission of men students to the Mount were "garbled and sensationalized" in Toronto headlines declaring, "Woman president frowns on men," when she merely said it was important to have an institution designed to give encouragement to women.

Tabloid headlines and tavern arguments—the 19th-century Sisters of Charity must be spinning in their graves over what their school has become. Critics of "the ecumenical movement run amok" (as an article in *Atlantic Insight* described the situation) expected as much when "a good Prairie Protestant" and feminist, an advocate of birth control and pensions for housewives, took over the post held by Catholic nuns for 105 years. The sisters were unperturbed by Fulton's United Church membership when they hired her. "We couldn't say we were looking for the best and then exclude someone on the basis of their religion," General Superior Sister Paule Cantin explained. "That would be a violation of human rights." More surprisingly, however, Fulton finds feminism in their ranks. Convents subscribed to the let-one-woman-

help-another creed, she says. "They represented an alternative to being sold in marriage. Some alternative, we say. But it was a challenge to the absolute patriarchy of the times. The sisters created a role for themselves—to educate young women. Of course, they needed educated novices to keep the convents strong, but they made a tremendous contribution to society. This one order educated the teachers, the nurses, the secretaries in the province. They had a commitment to."

Under Fulton, women's career paths have changed as radically as the fashions in the graduates' photos that line the walls at the Mount. The school that trained nurses who served from South Africa to Australia no longer has a school of nursing. Music and li-

Mount establishes first Chair of Women's Studies

by Pam McPhail

In March, Judy Erola, federal minister responsible for the status of women, announced that Mount Saint Vincent would be the first of five universities chosen regionally to receive a \$500,000 federal contribution to establish a chair of women's studies. "It is appropriate that Mount Saint Vincent should be the first," said Erola. "It has long been in the vanguard of women's education."

Margaret Fulton, president of the Mount, worked hard to convince the government to fund such a program. "We are absolutely delighted," she says. "It's a major breakthrough in terms of the government's commitment to women."

A women's studies program aims to raise the feminist consciousness of students through courses that cover women in politics, Canadian women in historical perspective, and the legal status of women, but its implications go beyond the halls of academia: Feminist scholars believe the fresh interpretations will change conventional perceptions of women and transform the thinking of future generations. However, the concept is not without controversy. Many academics view the idea with suspicion, disdain or indifference, often claiming that a course devoted to women emphasizes ideology and social change at the expense of scholastic achievement.

Fulton dismisses these views. "We will not reach a clear understanding of our cultural, political or social history until we examine all disciplines from a feminist perspective," she says. "Women's studies enable women to break out of male-dominated ways of thinking."

Regardless of the debate, most universities in the remaining regions (Quebec; Ontario; the Prairie provinces and the Northwest Territories; British Columbia and the Yukon) have submitted proposals for the chairs, which will be distributed over the next four years. "The universities must already offer a semblance of women's studies programs," says Lyse Blanchard, director of the secretary of state's women's program. They must also work with outside women's groups as well as make a financial commitment by contributing to the endowment fund and covering the costs associated with the chair.

brary science, other traditionally female areas of study, are gone. Believing that women have been advancing on too narrow an economic front, Fulton has increased the Mount's emphasis on applied sciences and management skills, but maintains the core arts and sciences, and is currently devoting her energies to building a communications centre, a model institution for research and the application of technology—with special emphasis on expanding women's opportunities—that will include the first chair in women's studies at a Canadian university (see sidebar). Once dismissed as being too small and too female to be of interest to businessmen, the Mount, under Fulton, has shattered the unwordly, cloistered reputation of girls schools and is emerging as the leader among Maritime universities in burying business notions of ivory tower academia.

"We must develop new ways of motivating (women) students to tackle difficult science and math courses," Fulton says, noting a study by University of Alberta sociologist Anne Marie Decore. Decore's re-

search shows that women consistently achieve higher marks in all subjects, including engineering, business and the physical sciences. The problem is to eliminate prejudices on both sides, those of women socialized to believe they can't do hard sciences and those of employers unwilling to accept women in these fields. One effort Fulton has introduced to the Mount is cooperative education, a program in which students spend part of their time in the classroom and part in the work force. Its advantage, she says, is that you can "get your women into firms with no tradition of hiring women. They'll take a temporary because they figure they won't be stuck with a woman." But to turn such tokens into a torrent, women must master the new technology, use it as a weapon to win control. "We're not here to train them in a single skill like word processing," says Fulton, who headed a federal task force on microelectronics and employment. "We're in the business of educating women to their highest potential so they can take charge, manage." With that kind of technological skill, women would be in a position to turn the prime goal of science away from conquering the world with missiles, chemical warfare, neutron bombs, genetic monsters and lethal bacteria. Peace, power of a different sort from that wielded by men, jobs and money are knitted together in Fulton's holistic view of education. Combined, they'll create the new, nurturing society. "Women won't have to stay home and raise families; fathers and mothers will split the work week and their family responsibilities. There will be new economic structures, new definitions of work, new ways of counting our gross national product. We simply have to envision for ourselves a more viable society."

In the meantime, Fulton has to finance her vision. The Mount's economic straits stem from its religious beginnings. The nuns who set out to educate women 100 years ago worked without salary, an operating method that still sees the Mount receiving less than the provincial grants of other Maritime universities. The Mount's student population has been increasing, paralleling the trend toward a population explosion among women's schools across the U.S. But because grants favor full-time students, the Mount's 45 percent part-time enrollment costs more to run than can be collected. More money must be found to fund everything.

Fund raising became Fulton's primary goal when she took over as president, and it remains a prime function. With former board of governors chairwoman Ruth Goldbloom, she began the quest in the nation's boardrooms. With just over \$3 million raised, Fulton changed tack, borrowing a page from Flora MacDonald's leadership campaign. "We were brainstorming and decided that surely in a country where half the population is women—more than 12 million—that we could find one million women to give us \$1 each." That project was launched in September 1982 before the Canadian Association of Women Executives in Toronto. The little stack of bills thrust into Fulton's hands that day foreshadowed a campaign that is still going on.

Back in the days when Fulton and Goldbloom were tackling top executives for money, they worked out a routine to introduce Canada's only university built by women for women, an institution unique in the Commonwealth. Goldbloom made the pitch for money, Fulton followed up with a sketch of the university and its many pioneering programs. If Goldbloom "saw the eyes of the prospective donor beginning to glaze over," she'd kick Fulton under the table and turn the conversation back to money. Goldbloom laughs about the executive who spotted the stage business and observed, "I think the little girl from Cape Breton would like to get back to talking about money."

This "little girl" term is telling. The male establishment doesn't take the girls and their little project altogether seriously yet. But Fulton believes the tide to come will end such attitudes. Having put her private life on the back burner when she took the president's job, she devotes all her waking hours to molding a new generation of women with a dual commitment: to achieve equality for themselves and to use their equality to save the world from itself.

"That's what keeps me going: the hope that we can send out a new generation with new potential," she says. "I get angry and depressed, but if I'm a spearhead, if I can make it better for the next generation, I'm happy to do it." She pauses and the practical surfaces over the idealistic. "But in saying that, I'm echoing Nellie McClung half a century ago." She smiles, looking not at all daunted. The chain of women helping women has been reformed and the link from McClung to Fulton to the future is secure in her mind.

Cancer strikes daily diet

by Anthony Ucana
reprinted from the *Varsity*
by Canadian University Press

Soft butter on a slice of burnt Wonder bread with a side order of greasy bacon sounds like an ordinary breakfast to most of us. But nutritionists who are looking at the link between diet and cancer say this harmless sounding combination could lead to cancer.

While most researchers avoid naming specific foods, they generally agree you should avoid that "ordinary breakfast".

"It may seem unlikely, but diet can cause cancer," said Dr. A.V. Rao to the ninth International Congress of Dietetics held in Toronto last summer.

Rao said diet is a key source of cancer-preventing as well as cancer-causing agents, making it clear a proper diet can prevent cancer while an imprudent one can increase the risk.

He pointed to a study showing poor diet contributed to 35 per cent of preventable cancers, while smoking is estimated to be involved in only 30 per cent of such cancers.

Just as cancer development can be divided into stages of initiation and promotion, so can carcinogens be divided into initiators and promoters. For example, a rock chipping a car is an initiator for rust, whereas salt water is a promoter.

"We may all be carrying initiated cells," said Dr. Rao, "but that doesn't mean we will all get cancer."

Some common initiators are pesticides, fumigants, solvents, radiation and heavy metals such as cadmium and mercury.

The second step in carcinogenesis is promotion. "While the difference between initiators and promoters is important in the study of disease," said Rao, "the distinction is blurred because many initiators are promoters and vice-versa."

The major promoters of cancer in diet are fats. There are two kinds of fats in our everyday diet—saturated (from animals) and unsaturated (from vegetables).

"You can find equally emphatic arguments for and against both types of fats," explained Rao. "Saturated fats are suspected of being the culprit in cardiovascular disease, while high intakes of unsaturated fats are a cancer-risk because unsaturated fats are more likely to become rancid."

Any fatty food can become rancid if exposed to the air long enough, and is characterized by an off-flavour and smell.

"Many people don't refrigerate butter because they don't like the hard consistency that results," said Rao. "But butter oxidizes and becomes rancid, increasingly so in warm weather, with time and when exposed to light. Fats are not cancer promoting, but rancid fats are."

Rancidity, like the rusting of cars, is the eventual outcome of oxidation (essentially attack by oxygen). In the case of fats, it all begins with what is known as a free radical, which can be formed, for example, by radiation. Once formed, the free radical attacks the fat, then by a chain reaction, the fat itself becomes a free-radical, and so on. If this fat is then ingested, you're not dead yet, but you've increased your risk substantially.

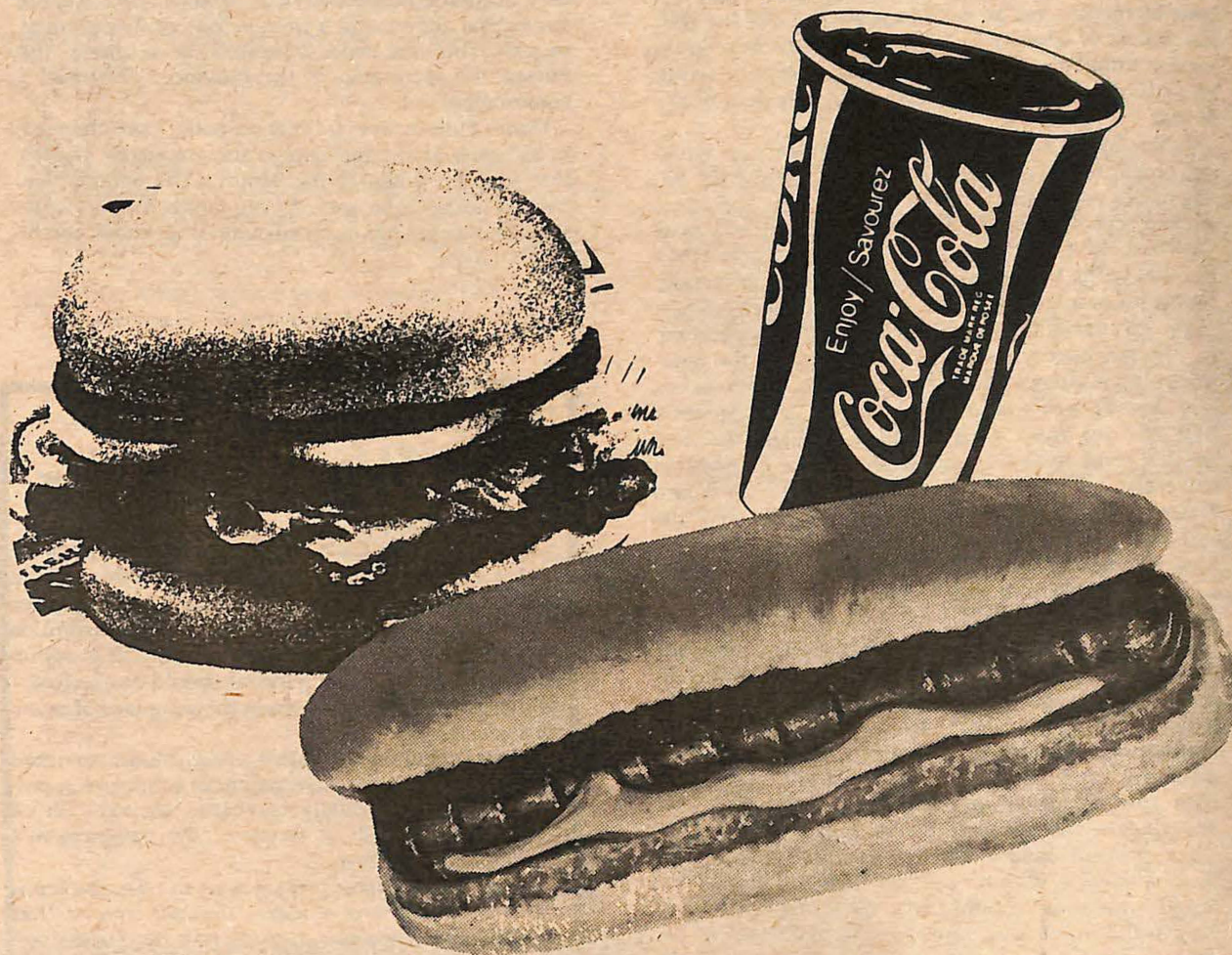
According to Dr. Sarma, a biochemist at the University of Toronto, "carcinogenesis does not necessarily proceed at this stage, but it may." In this case, the free radical can attack the nucleus which contains the genetic material DNA. It may do so directly, or indirectly by oxidizing the protective cell membrane.

"Once the DNA is attacked, it is changed irreversibly," says Sarma. "Under normal circumstances, the DNA should repair itself before the next round of duplication; if for some reason it does not, it progresses as an abnormal cell. At this point, it can selectively be promoted to cancer."

But cancer is by no means simple, he says, and is very slow to manifest itself in humans.

Some other known cancer promoters can be found in burnt bread and meats, and in any other smoked products.

What makes smoked foods a hazard is the chemical they are treated with to preserve them. Nitrites are found in salamis, pastramis, smoked meats, hot dogs, bacon and canned meats. They give prepared meats their rosy colour and unique flavour while fighting microbacteria. In combination with certain proteins in the acid medium of the stomach, nitrites form compounds called "nitrosamines". These nitrosamines are also found in cigarette smoke and are known to be potent cancer causing agents in humans.



In fact, the *Toronto Globe and Mail* reported on Sept. 17 that the American Meat Institute wants to voluntarily reduce the amount of nitrites in bacon by one-sixth. In 1978, there was pressure in both Canada and the U.S. to ban the use of nitrites.

They have not been banned, but not because they are any less dangerous. The threat of cancer must be balanced with the equally unappealing possibility of food poisoning by botulism. Even today, 70 per cent of pork eventually becomes nitrite laden meat.

The presence of cancer causing agents in our food does not mean we will all contract cancer. Many people unknowingly combat it by maintaining a diet high in cancer preventing agents called anti-oxidants.

Dr. Ranjana P. Bird of Toronto's Ludwig Institute of Cancer Research makes the distinction between natural anti-oxidants such as vitamins E, A and C, and synthetic ones.

"While the synthetic anti-oxidants can prevent chemically induced cancer," says Bird, "they don't achieve this by preventing oxidation per se, but rather by accelerating the body's ability to break down and excrete carcinogens. They do this by acting like a vaccine. Because they themselves are cyclic compounds, they prepare the liver for future exposure, therefore increasing the body's detoxification process."

Natural anti-oxidants such as Vitamin C work as free radical scavengers. Because the oxidized state of Vitamin C (dehydro-ascorbic acid) is harmless or even beneficial, it allows itself to become oxidized thus protecting the fats. This is analogous to a baseball player who sacrifice-hits in order to advance one of his teammates.

Bird says that according to studies done, Vitamin E is more likely to provide cancer defence by supporting the immune system than by any effect on free radicals, whereas Vitamin C may be doing both.

Synthetic anti-oxidants such as Butylated Hydroxy Anisole and Toluene are usually used in packaging materials such as the linings of cereal boxes. But because BHA and BHT are cyclic, they can be carcinogenic if taken in large doses and, as the theory goes, any compound that causes cancer when taken in large doses can also cause cancer if administered in small doses over a prolonged time.

"Because there are no carriers in the body for BHA and BHT, they accumulate in the cell," says Sarma. "Since the cell has not evolved to accommodate these chemicals, it (the cell) gets sick because they (the

chemicals) foul up the system. This doesn't happen with natural anti-oxidants because evolution has provided transport mechanisms for vitamins which limit their ability to stick around."

"That's why you can take a lot of vitamin E and it won't do you any good, but a comparable amount of BHT can kill you."

Rao says he is currently doing research on the anti-carcinogenic properties of plant components called saponins.

Another plant component, fibre, is also supposed to offer some protection against cancer of the colon, mainly by speeding the passage of food through the intestines and allowing less time for possible carcinogens to act on the colon.

Most researchers agree that short of eliminating all carcinogenic exposure, which is virtually impossible, the best way to bolster the body's anti-cancer mechanisms is to improve the diet.

But old habits die hard. Ironically, a recent discussion on nutrition at the U of T began with the serving of cookies, beer and coffee. Similarly, we know smoking causes cancer but somehow that is not a great deterrent.

Although Rao was reluctant while addressing the nutritionist conference to mention any specific foods to be avoided, he did admit later that, "Food by its very nature is good, but some foods are better than others."

"While visible fats such as those around meat should be minimized, so should invisible fats such as those carefully hidden in processed salad dressings, spreads and sauces," Rao says. Fat containing foods such as milk, cheese and yoghurt should not be avoided since they are good sources of anti-oxidants and other nutrients.

Rao also suggests eating more foods containing vitamins A, C, E and dietary fibre and to decrease the intake of unrefrigerated butter, cooking fat with an off-smell and cured meats containing nitrites.

But bacon lovers take heart. Better preserving techniques in the last few years have allowed a 25 per cent decrease in the amount of nitrites used to cure bacon. Also, Rao points out, a single glass of orange juice can render nitrosamines inactive, making a strong case for the saying, "A day without anti-oxidants is like a day without sunshine."

In the end, not all cars rust—not because they encounter any less rust, but because some of them have been rust-proofed.

New D.J. dances night away



by Kelliann Evans

Last Wednesday night, one of the songs played by Dave Cushing, Vinnies new disc jockey, was Billy Idol's **Dancing With Myself**. And he does too! In his own little world behind the D.J. booth, Dave mimes a drum solo with extended index fingers. With his headphones on, he seems oblivious to the conviviality on the dance floor.

Cushing was selected for the position of DJ based on auditions held in Vinnies Pub. Selection criteria included technical ability, mixing, order of songs played and feedback from people in the pub.

Cushing is a third year BA student at MSVU. He was a DJ for

eight months at the University of Alberta's CJSR radio station and for the past couple of years, he has played music for various functions at the Mount.

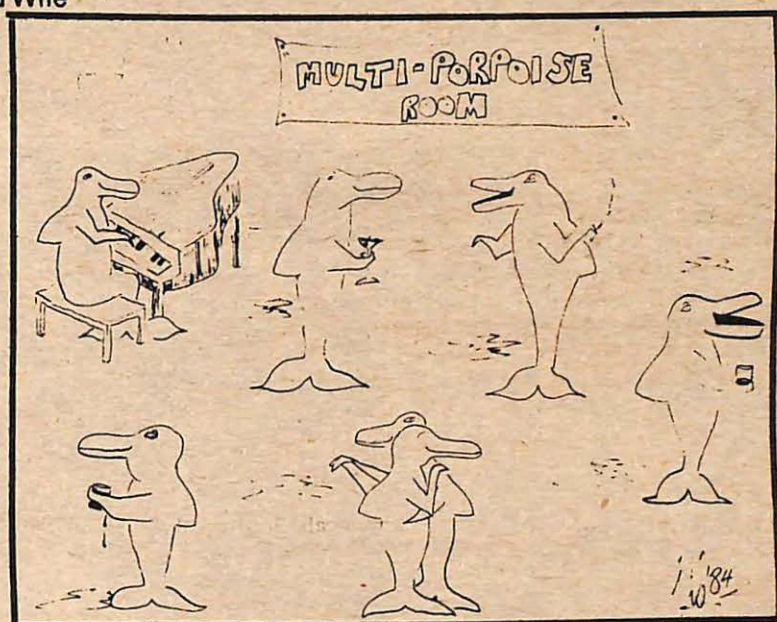
"I take requests," says Cushing, "but sometimes a song either can't be played right away or we may not have it."

Cushing will also provide music for special functions held by other groups at the Mount. He assures, "I don't just play what I want. I have to talk to the group and find out what they want me to play."

Just don't be surprised if, regardless of the music, you see our new DJ dancing with himself!

All the Wile

by David Wile



"Hey! This place is great ever since they changed the name!"



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Campus Comment



Diane McArthur, 3rd year PR. No. Why kill people who kill people to teach people not to kill people?

Question: Do you think the death penalty should be reinstated in Canada?



Dave Quinton, 1st year BA. No. I don't think it should be re-instated. There are worse forms of punishment. A life sentence would give a person a lot of time to think about what they did. If the person was given the death sentence, it would only mean taking another life.



Robert Moffat, 2nd year BA. No, because it's the sign of a regressive society.



Robyn Freill, 2nd year PR. No, because it certainly won't make the situation any better. However, I do think we should make provisions to protect the people who protect us.



Roger Hamilton, 3rd year PR. Yes. I feel the death sentence would act as a deterrent. We all deserve an equal right for opportunity and safety, but by killing other human beings whether premeditated or temporarily insane, you lose those rights.

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Come to the cabaret

by Christopher Williams

It's 5:00 on a Saturday afternoon and you are sitting in the second row of the Neptune Theatre on Argyle Street. Out of nowhere a tall dark figure resembling a cross between Count Dracula and a game show host, appears in front of you. He's the Master of Ceremonies for **Cabaret**, one of the most popular musicals of the century.

Our Emcee, played by the dynamic **Maurice Godin**, one of the most electrifying performers in the show, is quick to bring on the **Kit Cat Dancers**. Scantly clad in sexy black glitter suits, the dancers swirl through smoke to the stagefront, gyrate their bodies and lick their lips.

At this point, about a dozen Brian Mulroney look-alikes and several other conservative members of the audience manage a cough or two and loosen their ties.

The stage is remarkable. One of the best ever for Neptune. It's a two-story stage, framed by imaginative lighting arrangements that compliment each new set as they are expertly spun on and off the stage or lowered from the ceiling.

The **Kit Kat Kittens band** are performing on level two, pumping out swinging renditions of the now classic songs which helped **Liza Minnelli** win an Oscar in 1972. Halifax's **John Alphonse** is wearing a wig as he shows off his drumming with the other Kittens.

The place is really rocking that's for sure—but what about the lead characters? It wouldn't be fair to compare them with other Cabaret casts (and I've never even seen the film version) so Clifford Bradshaw, played by **Bruce Clayton** and Sally Bowles, played by **Victoria Snow**, are new characters. But even without historical bias, these two just ain't all that hot.

Victoria Snow is going to get a lot of flack about her weak voice. It's not bad, she just doesn't belt out hard enough for her loud, eccentric role.

Clayton's face has only about three different expressions. He fails to absorb you in his love affair with Sally, the main theme of the show. Sally is fooled by the glamour of the Cabaret and decides to stay in Germany while Clifford leaves for Paris after being threatened by Nazis.

The script is fine, but these two just don't seem to keep it moving. The audience almost seems relieved when it is time for another steamy performance by the Kit Kat people.

Maurice Godin continues to delight the crowd with a role that probably comes easy for him, yet this actor adds more than bargained for. Godin played Mercutio in Romeo and Juliet last season. The man is natural. Off stage, he plays piano and trumpet, and often draws or paints.

Kim Coates is back again as well as many other familiar Neptune faces. **Donny Doherty**, who played in The Art of War this past summer, is strong again as Herr Schultz, a fruit shop owner who courts Fraulein Schneider, played by equally talented **Ellen Horst** who will appear in next month's Neptune production, **The Twelfth Night**.

The musical's strongest surge occurs at the end of the first act. The dancers, now overcome with the powers of Adolf Hitler, proudly wail out Tomorrow is Mine. The bright red Nazi flags are unfurled on cue, striking cold fear into the room. (The lady next to me began crying.)

The show is very sexy (even transexual) and it swings, but the lead characters and the musical's frosty ending cannot seem to meet the audience's expectations. Snow's performance of the title song is good and the set explodes once more, but when the curtain closes, the air is still cool.



Cabaret's Emcee, Maurice Godin, leads a dance scene in the latest Neptune Theatre production.

Women artists moving ahead

by Duncan MacDonnell

Mary Sparling, the amiable director of the Mount Saint Vincent University Art Gallery, chuckles as she recalls the arrival of **The Hand Holding the Brush—Self Portraits** by Canadian Artists. As the display, which ended Sunday, went up on the wall, she said, "I thought to myself there's certainly a point of view here."

The point of view is male, as only six of the 80 portraits are by female artists. She notes there was an equal number of men and women painters in Canada but, "Up until 15 years ago women were practically excluded from major galleries. As you move closer to the present all galleries show more emphasis on women."

The irony of the exhibit being shown at the Mount's Art gallery was not lost on Sparling, as one of the gallery's mandates is to exhibit work by women, whether they are Nova Scotian or from across the country.

Sparling said they feature the kind of art usually associated

with women—fibre, knitting, wall hangings, cloth. Men are included in the other two gallery categories which are the emerging regional artist and crafts.

Halifax artist, Andy James demonstrated self-portraiture at the gallery last week. Sparling considers him an emerging regional artist, "someone who is beginning to make a name". His life-size oil painting of a Mack truck will be on display on Wednesday.

Accompanying this will be a multi-media presentation of James' eight month creation of the painting. He says that the gallery is one of the best in Halifax because of Sparling.

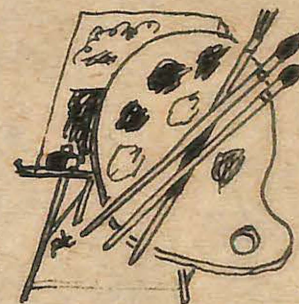
"She is willing to take chances and show things that aren't generally accepted. She is willing to do exhibits of work that is challenging; in one way or another, work that makes you think."

James noted "there may be a limited bias in favour of women but certainly not an unreasonable bias against men."

Sparling goes all out to pro-

mote the gallery. She says, "I'm not above putting on a sandwich board and walking into the cafeteria." She has also been known to attend fitness classes in a bunny suit and regularly drops off handfuls of gallery brochures at the city library.

Her commitment is to artists and the potential audience for their work. As she explains "Mount Saint Vincent wanted someone with a people background. When they hired me they knew they were getting someone who cares about people."



For Good Times This Week

Oct. 17	Dal Men Free
Oct. 18	Regular pub 4 p.m. - 12 p.m.
Oct. 19	Regular pub 3 p.m. - 12 p.m.
Oct. 20	Debating Tourney
Oct. 23	Movie Nite: Stripes and Meatballs
Oct. 24	SMU Men Free

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The Bay Boy: A sheltered upbringing

by Joan Vickery

In the *Bay Boy*, Director Dan Petrie has woven a tale of a boy's coming of age in depression-ridden Glace Bay, a small Nova Scotia mining town. Sixteen-year-old Donald Cameron, played by newcomer Kiefer Sutherland, is convincing as the dutiful son of an unemployed soft drink manufacturer (Peter Donat) and his European wife (Liv Ullmann). Cameron makes good marks in school, delivers his mother's baked goods to boost the family's sagging income, cares for his sick brother and is an altar boy at the local church.

He seems oblivious to the crumbling world around him, skating on weekends, cavorting with girls and playing pool at the local hall, when he has time. Then a homosexual priest (Mathieu Carrière), makes a pass at him, an event that Cameron seems to toss blithely aside.

The roles were well cast, their faces drawing the audience in. Ullmann is convincing in her familiar role of the anguished mother, wiping a flour covered

hand over her furrowed brow, facing one hardship after another. Donat, in his workshirt and gumboots, gives the role of the father quiet strength, his face etched indelibly with the strain of making ends meet.

It is a shame that this well selected cast were not given the chance to explore the scope of their characters. Petrie handles the movie with kid gloves, not allowing it to escape the realm of a nice, touching movie about growing up in a "town at the edge of the world".

He has said that the *Bay Boy* is partly autobiographical, a chance to tell a story about the hard times in his hometown of Glace Bay. His indulgence towards the characters might cost Petrie his success.

But he is rudely jolted out of his reverie when he is the only witness to the murder of an elderly Jewish couple by a local sergeant (Alan Scarfe). Suddenly his own life is in danger. Alas, these dilemmas are not paid much attention as the movie tends to reflect Petrie's childhood, instead of zeroing in on Cameron's anguish and fear.



Petrie has not pegged this film with a Canadian identity, it could be any small town. Only one minor character speaks with a Glace Bay twang, and it is too pretentious to be believable. In an effort to make the *Bay Boy* internationally appealing, he has sacrificed the local authenticity of the characters.

Petrie never forgets where he is though, the stunning cinematography does justice to Glace

Bay's craggy coast, one can almost feel the bite of the cold Atlantic winds. This story does not grab the audience, it gradually unfolds, telling a nice story without getting too involved.



Run wild this Halloween

by Kelliann Evans

Ever wanted to be someone you're not? Well, on Oct. 26, you can get an early start on Halloween and let your imagination run wild for the Mount's second double decker.

Eye Eye, an Ontario-based band, will play in the Multi-purpose room, but entertainment in Vinnies has not been finalized.

Eve Eye, is Toronto's "cream of the crop" this year. The five-piece band competed with top Ontario bands to win Toronto's "Home-Grown Championship". (Last year's winners were Honeymoon Suite).

Henry Moulton, the Mount's entertainment director, expects "good things" from Eye Eye. "They're going to be a blast!" he says.

The band mixes original material with top 40 which includes artists such as Psychedelic Furs, Steve Perry, Billy Idol, Prince, John Waite, Cars and more!

So, come and show your face (or someone else's) at the Halloween bash. It'll be more fun than humans deserve!



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Indonesian culture impresses Mount student

by Cathy McDonald

William Sovie chats eagerly about Indonesia.

A first year student at Mount Saint Vincent University, Sovie returned last March from three months living in a small Indonesian village, where he helped fix fences, install a clean water system, teach English, and in the process made a few Indonesian friends.

Sovie was a participant in Canada World Youth, an exchange program with Third World countries. He learned about a culture very different from his own.

"It's a much slower pace than Canada. You can live just as fulfilling or a more fulfilling way of life because your life is more simple."

"It's an Asian society, with a completely different way of thinking. You can't judge it with Western morals. That would be completely wrong," Sovie said.

Sovie said he noticed that distributors of foreign magazines in Indonesia voluntarily inked out what might be unflattering to the government. This included a movie review and an accompanying photograph in the international magazine *Asia Week*. The movie was *The Year of Living Dangerously*, a popular 1982 American film depicting Indonesia during the 1965 abortive coup.

In memory of that coup, which marked the beginning of the present regime, Sovie said a great monument was erected in the capital city Jakarta, of the seven murdered generals. Its in-

scription reads "Let it never happen again."

As shown in *The Year of Living Dangerously*, the attempted communist coup was quickly crushed by the military's right-wing. In the resulting anti-communist purge, half a million people were killed, according to Amnesty International, and more than three-quarters of a million people were arrested and detained.

Sovie appreciated the dilemmas for Western agencies and countries who wish to provide aid to Indonesia.

Canada World Youth has had a ten-year relationship with Indonesia, but as Sovie explained, that relationship has not always been easy.

Canadian participants must learn to be "culturally sensitive," which includes avoiding certain political subjects. Ill-considered remarks in a country where political expression is controlled in an iron grip, could jeopardize the Canada World Youth program, if higher authorities got word of it, Sovie said.

The Canadians couldn't ask direct political questions. Sovie said if someone mentioned the word *Fretelin*—the guerrilla resistance movement in Indonesia-occupied East Timor—all the Indonesians would clam up, and conversation would stop.

"But we still had lots to talk about," he said. And if enough trust was built up between friends, an Indonesian might open up on more controversial issues.

Funding for BC teams disappears

VANCOUVER (CUP)—Some sports teams at three B.C. post-secondary institutions are disbanding because they are no longer receiving enough funds.

The Okanagan College administration has eliminated the entire inter-collegiate athletics program, while Simon Fraser University and the University of B.C. cut funding for select varsity teams.

At the same time as Okanagan cut the competitive teams from its budget, last June, it fired athletics director Eidon Worobieff, who held the position since 1974. Worobieff said he was

worried that "an institute of higher learning is not providing extra-curricular activities as well as an effective intramural program."

At Simon Fraser, both men's and women's swim teams are being disbanded. SFU's athletics and recreation budget suffered a \$250,000 cut this year and swimming received the brunt of the cut because the teams had the second largest operating budget in the athletics department, about \$80,000 a year.

The cut shocked SFU swimming coach Paul Savage and team spokesperson Peggi Pea-

cock. "It must have been a big blow to him," Peacock said. "You spend 20 years of your life in the program and you get this?"

A 10 per cent budget cut in athletics at UBC has forced 13 varsity teams to disband. The remaining teams have begun to specialize and athletics director Bob Hindmarch said the result is "garbage".

But James Forbes, men's athletic committee faculty member, disagrees. "Our athletics programs have been underfunded for 10 years. We can starve

everybody or let some exist."

Women's athletics director Marilyn Pomfret said she is distressed that women's and men's teams were axed almost evenly. "Historically, sport opportunity for women has been very limited," she said, adding that now the proportion of women's teams will be even smaller.

Athletes affected by the cuts, however, are fighting back. Non-funded teams at UBC are searching for outside sponsors to continue their programs and swim teams at SFU have contacted alumni to help raise

funds.

But athletes at Okanagan College are not as lucky. Although the college board said it would endorse any team that independently organized and funded itself, athletes have not been able to set up a single team. Okanagan needs three to compete in the inter-collegiate league.

The administration is also placing further hurdles in the athletes' way. Former athletics director Worobieff, who is on salary until January, has been forbidden to associate himself with any of the athletes.

Basketball team prepares for college Conference

Tim Flinn, MSVU's new men's basketball coach, sees this year's basketball season as a stepping stone to joining the Nova Scotia College Conference.

The men's team has never been part of the conference, but played last year in the Dal intramural league and the Halifax city league. In preparation for next year, the Mount is starting up a league of its own and is planning exhibition games with a few of the teams from the conference.

Flinn commented that the calibre of the players is surprisingly high, and the Mount's team could be competitive with the other colleges.

Flinn didn't want to say who the strong players could be but commented, "All the positions are still open and no set starting five will be established until close to the end of the season". "Let's just say we have fifteen good players."

The coach, with his defense-oriented philosophy, will work on a funnel defense to start off with. This style involves forcing

the opposing team into the middle. The defense style the team keeps for the year will depend on how the players work together. Flinn feels the offense will come more naturally as the players get to know each other.

Tim's own background in basketball includes playing one year at Dal and the past two years at King's. He also coached the St. Agnes Juvenile team for one year. Flinn likes coaching because he feels he will probably be coaching longer than he plays.

A dedicated basketball fan, Tim still plays in the city league for the Office Senior Men's Team. When he plays he tries to absorb what he is being taught and takes note of different coaching techniques. "If you're going to be successful you have to take bits and pieces of others and incorporate the pieces into your own style."

As he jogged off to play 2-on-2 with some of his players, Flinn remarked, "They're a good bunch of guys!"



They're off and running! Eager members of the Mount community took part in the FUN RUN last Sat. morning. Don't let this picture fool you—for some of us, it was a fun walk.



Get Moving!

Athletics / Recreation Program

Step into wellness

by Pat DeMont

Have you tried in the past to improve your diet, initiate an exercise program, stop smoking and/or control your stresses? You have probably tried, and failed. Perhaps by now, you feel improvement in your wellness lifestyle is impossible to achieve.

As you begin to change negative habits, the important thing to remember is that you should not try to change everything at once. Confucius say, "The journey of a thousand miles begins with a single step". Think of your journey being the long term goal to improve your wellness lifestyle. Your short term goals are the single steps along the way—taken deliberately, one at a time.

The first step will be the identification of problem habits and to plan your individual wellness prescription. Fitness assessments which are being offered during the week of Oct. 29 to Nov. 2 can assist you in this process. An appointment is neces-

sary and may be made in The Athletics/Recreation Office. The fee for the assessment is \$5.00 for all members, students, faculty and staff.

For many of you an important step will be to quit the smoking habit. A program called "Freedom from Smoking in 20 Days" is being started **right now**. This program, designed by The American Lung Association, has a 90% success rate. Working with The Athletics/Recreation staff you will discover why you smoke, what triggers your urge to smoke, what reasons you have for wanting to quit, and finally, what system is best for you to break your smoking pattern.

Remember—you are responsible for your own healthy lifestyle. Your good health depends on you. Get started now taking your first steps to wellness. With a little help from your friends (The Athletics/Recreation staff) **You can be a winner!**

Sports Teasers

1. What world championship is called the Bermuda Bowl?
2. How many balls, apart from the cue ball, are used in snooker?
3. What's the horseshoe pitching equivalent of a bullseye?

(These questions were taken from the game, "Trivial Pursuit.")

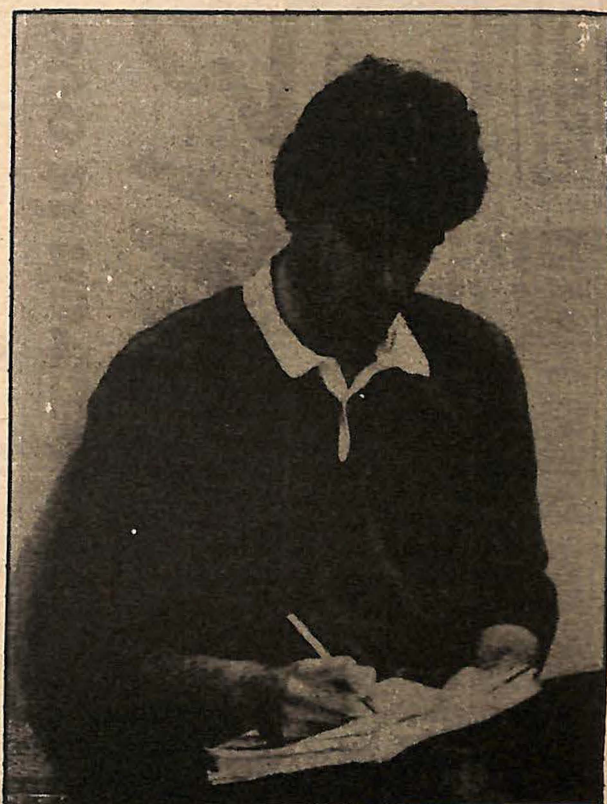
1. Bridge
2. Twenty-one
3. A ringer

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Tim Flinn, MSVU's new men's basketball coach will prepare the team for the NS College Conference.

The Mystics make history

by Lisa Courtney

The MSVU Women's Soccer Team went down in history Wed., Oct. 10 when they tied Nova Scotia Teacher's College (TC), 1-1. It was the first time the Mystics didn't lose to TC in several years said June Lumsden, athletics officer.

TC opened the scoring early in the game with a fast, low ball in a one-on-one situation with goalie, Johanne Arseneault, but the Mount hung in and Kathy Naugler pounded in a corner shot late in the first half resulting in a 1-1 deadlock.

Second half saw both teams keen on scoring but defense was strong and no goals were seen. "Great game you guys," shouted Peggy Boudreau, assistant coach, after the final whistle went.

With less than a minute in last Saturday's game against University College of Cape Breton, last year's champs, the Capers scored tying the game, 2-2. "We showed a lot of desire and that's what wins games," said coach Ray MacNeil. "We deserved to win."

The Capers were the first on the score board but Janice Croft headed in a cross from Naugler to make the score 1-1.

Both teams played tight de-

fense and offsides were common. At half time the score remained the same.

"We should have a lot more shots on goal. Hit the thing (ball) don't just tap it," said MacNeil. "Let's go girls, we deserve the game."

Even with the sun against them, the Mount's Croft hit in

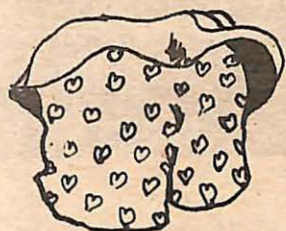
her second goal of the game during a scramble in front of the net upping the score 2-1.

The Mystics held their lead up until less than a minute remaining in the game, but with a final spurt of energy University College of Cape Breton scored, ending the game in a 2-2 tie. This makes the Mount's record 2-1-2.



MSVU's women's soccer team tied NS Teacher's College 1-1.

Sports Shorts



Campus programs

Athletic Loto

Winner of the Athletic Loto amounting to \$64 was Sandra MacLean

Instructional Classes

Wendo, a self-defence class for women and Dancin', a learn to dance class is ready to start as soon as more people show interest. At least 10 people are required to start up classes.

Volleyball Intramurals

The round-robin schedule begins Mon., Oct. 15, but it's never too late to join. If you are interested, come to the Athletics/Recreation Office to be put on a team.

Women's Hockey

If girls are interested in playing hockey, there will be a meeting Thurs., Oct. 18 at 4:30 p.m. in the Athletics/Recreation Office. If enough people are interested a league can be started.

Upcoming Soccer Games

Oct. 20 MSVU at NSTC 1 p.m.
Oct. 24 MSVU at Kings 4:30 p.m.

Freedom from smoking

Getting tired of being dependent on cigarettes? Do you want your food to taste better, and your clothes to smell fresher? Why not quit smoking? It's not too late.

The Athletics/Recreation Office is sponsoring the American Lung Association's **Freedom From Smoking** self-help program. It is an individualized program in which you learn your smoking pattern and then learn to change it.

The first meeting of the group was held Mon., Oct. 15 at 2:30 p.m. in the A/R office, but it is not too late to join. The first meeting can be made up later.

For more information contact Pat DeMont at the Athletics/Recreation Office.



Men's floor hockey

The Athletics/Recreation Office is anxious to start a men's floor hockey league. The league will give men a chance for fun, fitness and recreation. It is free to all male MSVU students and members.

Interested people can meet at the Rosaria Gym on Sundays, 6:30-8:30 p.m. Equipment is provided for all players. You do not have to have a team before coming. Individuals are more than welcome.

For further information contact: Andrew Pattison, or Shaun Castle, or the Athletics/Recreation Office, Room 223 Rosaria.

Recreational council

The Recreation Council is a body of students who meet on a regular basis to plan special events, and act as a liaison between the Athletics/Recreation Office and other students.

We organize skating and swimming outings, organize challenges between societies and residences, as well as a variety of other sporting and recreation events.

If you are interested in representing your residence or society or would just like to get involved, come to our next meeting: Tues., Oct. 23, 4-4:30 p.m. at the Athletics/Recreation Office, Room 223 Rosaria.

Cross country meet

On Oct. 21, the University of King's College will be hosting the Blue Devil's Invitational Cross Country Meet.

The meet is being held at Point Pleasant Park. The women's teams must have 3 or more runners, while the men's teams must have 4 or more. Individuals may compete without teams.

The 4 kilometer women's race begins at 11:45 a.m. The 8 kilometer men's race begins at 12:15 p.m. All runners must be on site one half hour before the start of the race to confirm team lists.

If anyone is interested in participating, please contact the Athletics/Recreation Office for further information.

What's your ideal weight?

by Jill Smith

How fat is too fat? How thin is "in"? Women and men at The Mount are constantly on diets, always seeking their ideal size. But what is this ideal size anyway?

There is no ideal size for all women or men, just as there is no ideal height. It seems strange to us that the ancient Chinese women would bind their feet, but society dictated that affluent women should have small feet so this was their answer. Often, though, we are doing the same thing with our bodies by constantly restricting calories to keep our clothing sizes the same as a friend who is two inches shorter.

We all need a fat layer on our bodies but too much fat is also dangerous. It puts a strain on the heart, back and all other body structures and organs. The only way to know exactly how much is too much or how little is too little is by a skin caliper test. The layers of fat are scientifically measured and your ideal body weight is calculated. The athletic department is offering this test for \$5.00 on October 29 to November 4.

If you want an idea of your proper weight range you can use this rule of thumb.

Women

Height _____ 100 pounds

First five feet

Each additional inch = inches x 5 lbs. = +

Men

Height _____ 110 pounds

First five feet

Each additional inch = inches x 5 lbs. = +

Ideal body weight =

If you have a small frame you can subtract 10%. If you have a large frame you can add 10%. Remember that this is only a weight range. If you go under it, you do not have adequate nutritional stores to live life to the fullest. However, if you go over your ideal weight by only 10%, there are very few adverse effects. If you keep your weight within this range, you will be at your "ideal weight".

Lose weight the MSVU way

by Jill Smith

"Oh, no, my jeans have shrunk. Funny, all my clothes seem a little snug. Perhaps I am gaining a little weight". Put a stop to it before it gets out of shape. If you gain five pounds every six weeks on campus, it won't be long before you don't have a thing to wear.

The prescription for weight control is easy to remember. It is the MSVU diet:

More is not better. Eat three small meals each day following Canada's Food Guide. Avoid between meal snacks.

S is for sugar and sweets. You can't eat them and still lose weight.

V is for vigorous exercise. You need to firm, flatten and burn calories.

Use your willpower. Don't allow yourself to be distracted from your goal.

What do you eat on this diet? 2 oz. meat or meat alternatives

For Breakfast 1 slice bread

1 cup unsweetened juice or fruit Green salad

1 toast or plain cereal or 1 egg 1 cup skim milk

1 cup skim milk **For Lunch**

Soup and six crackers

For Supper 3 oz meat or meat alternatives (not fried)

Green Salad 1 small potato or 1/3 cup rice or pasta

1 cup skim milk Vegetables

Fruit **OR** 1 cup skim milk

Have someone weigh you in regularly. Come to the Nutritionist's office any morning after 8:30 a.m. Don't be forced to buy a new wardrobe, you need only lose a few inches.

SPORTS COMMENT

"Pal Hal" has strange strategy

by Alex Hargrave

Harold Ballard, is Canada's answer to New York Yankee owner George Steinbrenner. Ballard and Steinbrenner are both known for their often bizarre and controversial decisions.

Ballard, once Canada's speed skating champion, is the majority owner of the National Hockey League's Toronto Maple Leafs and football's Hamilton Tiger Cats. "Pal Hal", a nickname given to Ballard by his adoring media friends, recently decided to publicly plead to boycott the football team's final home game against the Ottawa Rough Riders.

The Ticats, who have a 3-9-1 won-lost-tied record, trail the Riders, 4-9, by one point for the third and final playoff spot in

the Eastern Division of the Canadian Football League. Each team has three regular-season games left.

Is this any way for an owner to unite and rally a team who is fighting for a playoff position? Evidently, Ballard thinks so. Ballard's strategy is to create player and spectator hatred towards him. If this happens, Hamilton's Ivor Wynne Stadium will be packed with screaming, rabunious football fans. The players will be hostile over Ballard's comments and with the stadium's emotion, the Riders will be no competition for the new Ticats.

This must be Ballard's strategy for the owner has lost \$1.4 million from this season's football operations.