

The Review

Athletics • Recreation

April 1999



Mount Saint Vincent University

Department of Student Affairs

The Athletics and Recreation Department had another exceptional year in its quest to provide a healthy and happy experience for the students and staff of Mount Saint Vincent University and its surrounding communities. We were very pleased to have had more than 900 full-time Mount students register and use the Athletics/Recreation facility this past year. That's approximately one third of the student body! With students, staff and community members creating such a diverse group, we offer a variety of programs suitable for all ages and activity levels. Programs and schedules are constantly being revamped to meet the needs of all our members, and to welcome new members. New activities this year included Jazz and Swing Dance as well as Tae Kwan Do and Indoor Golf lessons.

Our popular day camps for children provide structured learning and activities for children during March Break, in-service days, and the summer holiday. An exciting new program being offered this summer, in coordination with the Centre for Women in Business, is a Children's Business Camp.

As a member of the Atlantic Conference Athletic Association, in which our varsity teams compete, we had the privilege of hosting the 1999 ACAA Basketball Championships at the Mount this year. We also successfully organized and hosted the Atlantic Coast Classic, a new basketball tournament involving eight teams from Nova Scotia, Quebec,

and Maine. Besides varsity sports, we also run a number of organized athletic leagues throughout the year for the community, such as spring and summer basketball leagues, and women's and coed volleyball leagues.

The Athletics/Recreation Department strives to provide quality events and services for all of our clients. Please drop in to the Athletics Office anytime with any suggestions, or just to say hello. The door is always open.



Moosehead Breweries Ltd. and MSVU Athletics would like to congratulate our leaders:

Front Row (l-r) Gillian Costello (Basketball/Soccer), Tera Kinch (Basketball/Soccer), Hoa Haggarty (Badminton), Suzanne Fougere (Volleyball), Tracey Cochrane, (Volleyball), Back Row (l-r) Ken McCormick, Danny O'Hearn, (Moosehead Reps) Craig Sampson (Basketball), Jennifer Hardie (Volleyball) and Lisa Patterson (Volleyball)

Missing: Leanne O'Hanley (Soccer) & Jennifer Hutchinson (Soccer)

This year, Mount Saint Vincent Athletics was pleased to have Moosehead Breweries Ltd. onboard as a major sponsor. The company gave 10 "Moosehead Leadership Awards"

to recognize the contribution student athletes make to university life. The purpose of this award is to provide financial assistance to student athletes who, on the recommendation of the department of Athletics/Recreation, have demonstrated to be in good academic standing, exhibit leadership skills and commitment to their team.



Lisa Patterson, Women's Volleyball Team CCAA Academic All Canadian

Women's Basketball



1998-99 Women's Basketball Team

Back Row (l-r) Tara Kinch, Pam Brennan, Vicki Veinotte, Shannon Fraser, Stephanie Hurley, Angie McLeod (Coach)
 Front Row (l-r) Erin Meisner, Nadia MacDonald, Erin Pelham, Monette Pasher, Gillian Costelo, Laura MacKenzie.
 Missing: Melissa Marshall (Asst. Coach)

During the 1998-99 season the women's basketball team had only five returning players from last year's championship team and struggled for consistency. The team was able to hold the highest scoring teams in the league to well below-average scores, but were themselves unable to finish at the offensive end. The squad had many close games throughout the season, but finished one win shy of a berth in the playoffs. With no graduating seniors, the team is already looking forward to practising hard over the summer to win the first championship of the millennium next year! Congratulations to Tara Kinch, who was chosen as a first team All Conference player.

Men's Basketball



1998-99 Men's Basketball

Back Row (l-r) David Wilson (Asst. Coach), Jeff Sponagle, Jayson Taker, Scott Delaney, Mike Stewart, Jason Bruce, Darren Gray
 Front Row (l-r) Sean Flemming, Andy Semple, Peter Turnbull, Colin Brien, Ian McRae, Craig Sampson
 Missing: Rick Plato (Head Coach), Ray Pierce (Asst. Coach), Malik Adams (Asst. Coach) Andrea Plato (Manager)

During the 1998-99 season, the Men's Basketball team continued its winning tradition by earning another ACAA Championship banner. The men's league was extremely tight this year, but the Mount managed to finish in first place going into the playoffs. Hosting the championships in their own gym, the team had great fan support during the weekend. A hard-fought win over DalTech in the semi-final led to the re-match of last year's final with St. Thomas. The Mystics shut down the Tommies scoring machine and had a great offensive game of their own to clinch a 91-79 victory.

Peter Turnbull was a first team All-Conference selection this year. Congratulations, Peter.

The Mystics will miss graduating senior Craig Sampson, but will have another great year to look forward to next season.

The Women's Volleyball team showed marked improvement over the course of the 1998-99 season, largely due to the guidance of first-year coach, Sue Stevenson. The players worked extremely hard all year, and their skill and team play improved immensely. Highlights included winning the series against King's and a sweep against UNBSJ. However, inconsistencies early in the season meant the team missed playoffs by just two points. Lisa Patterson and Anna Rhymer were selected to the All-Conference team. A class act both on and off the court, this team gave Mount Saint Vincent fans a reason to be proud. The team will be gaining momentum in the next couple of years and should become a force in the league.



1998-99 Women's Volleyball Team

Back Row (l-r) Sue Stevenson (Coach), Melissa Cummings, Joanne Gillis, Lisa Patterson, Sarah Gillis, Kate Morrison, Suzanne Fougere
Front Row (l-r) Amanda Lindsay, Erin Campbell, Amanda Dwyer, Anna Rhymer, Jennifer Hardie, Tracey Cochrane

The Women's Soccer team finished first in the 1998-99 regular-season. In the ACAA Championships the Mystics met cross-town rivals King's College in one of the most exciting finals in recent memory. The game went into overtime, and became a thriller that saw great chances from each team go just wide, over, and everything but through the goal. After no score in extra time, the two teams went to penalty kicks, with King's coming out on top. Though suffering a heartbreaking loss to end the year, the Mystics will be a tough team to beat in the next couple of seasons, with only one player graduating. The Mount had four players on the All-Conference team: Co-Captains Leanne O'Hanley and Jazmine Hayden, along with first-year players Gillian Costelo and Meegan Lovett. Angie McLeod was named conference Coach of the Year.



1998-99 Women's Soccer

Back Row (l-r) Jan Coombs, Tara Kinch, Leanne O'Hanley, Amy Doyle, Meegan Lovette, Wanda Deveau, Jazmine Hayden, Erin Gray, Angie McLeod (Coach)
Front Row (l-r) Nikki Felderhof, Tara Molloy, Jennifer Hutchinson, Gillian Costelo, Sarah Gillis, Nicolle Champniss
Missing: Terri Read, Kate Evans (Asst. Coach)

Women's Volleyball

Women's Soccer

Coed Badminton



1998-99 Badminton Team

Back Row (l-r) Fred Carter, Chris White, Tyson Langille,
Mike Hingston (Coach)

Front Row (l-r) Patti Wile, Brenda Durkee, Grace Kinney, Hoa Haggarty
Missing: James Paisley, Steve Greer

Early in the 1998-99 season, the badminton team was filled with new faces, and was joined by a few familiar ones in January. Some new athletes came to the team and improved greatly under the guidance of Coach Mike Hingston. Fred Connors and Steve Greer placed third in the men's doubles event at the ACAA Championships. The "Dynamic Duo" of Chris White and Grace Kinney was reunited when Chris returned to the campus for the second semester. The pair successfully defended their ACAA Mixed Doubles title, and participated in the CCAA National Championship in Truro. The team had some great matches at Nationals and ended up in 4th place overall.

Ath/Rec Society



1998-99 Ath/Rec Society

Back Row (l-r) Amanda Swales, Wendy Walters, Lisa Cunningham,
Jennifer Falconer, Meaghan MacDonald, Melis Caha, Clare Jardine,
Joanne Burns-Therault

Front Row (l-r) Nancy Warford, Sunny Patch, Jennifer Carsons, Nancy White,
Danika Bean, Michelle Bona, (front center) Nicole Langton
Missing: Kate Stillwell, Gillian Russell, Kyla Jardine, Lexi Paley, Robyn Munroe.

Another great year for Ath/Rec!

The Ath/Rec Society kept students entertained with such events as, the annual Halloween and Christmas parties. They also played an essential role at all basketball home games and recently at the ACAA Basketball Provincials. During the Annual Christmas Fair and Metro Centre Christmas Skate, the Ath/Rec Society was busy helping out with the preparations, ensuring everyone had a good time.

The Outdoors Club trekked through the backwoods and rugged coastlines of Nova Scotia.

The year wraps up with the Annual Intramural Tournament of Champions Week. Then it's off to Acadia to participate in the Recreational Extramural Extravaganza.