



Prime Minister Brian Mulroney greets Protesters at Dalhousie University Tuesday. (Lee White photo)

PM's Visit Marred by Protests

by Simon Kennedy

Prime Minister Brian Mulroney's Tuesday visit to Dalhousie University was marred by protests both outside and inside the Weldon Law Building, where he spoke with students about the Meech Lake Accord and deficit reduction. Criticism was levelled at his government's proposed GST, handling of the fisheries crisis, bid for a NATO airbase in Labrador, as well funding cuts to women's groups and higher education.

Mulroney, arriving with his wife Mila by limousine at 3:45 p.m., was greeted by nearly 400 angry protesters, waving signs such as "NO GST" and "Buy one less home for a diplomat and restore Women's funding."

One vocal group protested the closure of National Sea Product's fish processing plant in Canso. "The (Conservative Government) could do a lot better job for the people," said Phyllis MacDonald, a Canso resident due to lose her plant job of 10 years.

Mount students and faculty were also on-hand to greet the Prime Minister, denouncing funding cuts to women's programs. "There are several things we're protesting," said student Jennifer James, standing behind a police barricade. "Cuts to funding for education and women's programs is one example. Such cuts means

that Second Story (a women's centre) has no more funding as of March."

Other protesters had no specific grievance: "It's just time the Canadian people rose up," said Al Arsenault of St. John, New Brunswick. "I used to want to beat (Mulroney) at the ballot box. Now I just want to beat him with the ballot box."

Even the Supernatural seemed to conspire against the Prime Minister. A man dressed as the Grim Reaper paraded silently in front of the Weldon Building, holding a sign saying "Let's do Lunch Brian -- It's time."

"Let's do Lunch Brian -- It's Time"

But much as the crowd wanted to talk to Mulroney, few people made it past his security. His limousine arrived accompanied by five unmarked security cars and three police cruisers. On site, Dalhousie students assisted Dal Security, the Halifax Police and the Prime Minister's own guards in screening those entering the building.

Such measures, however, didn't stop some critics from voicing their concerns inside. Two Dalhousie Law professors, Mary Ellen Turpel and Wayne MacKay, put up a sign saying "Faculty Members Against Mulroney" in the Weldon lobby. They were quickly asked to take it down by a prominent Dal official -- whose name was withheld by request -- who sympathetically added: "Hey, there's at least as many things I'd like to shove up his ass."

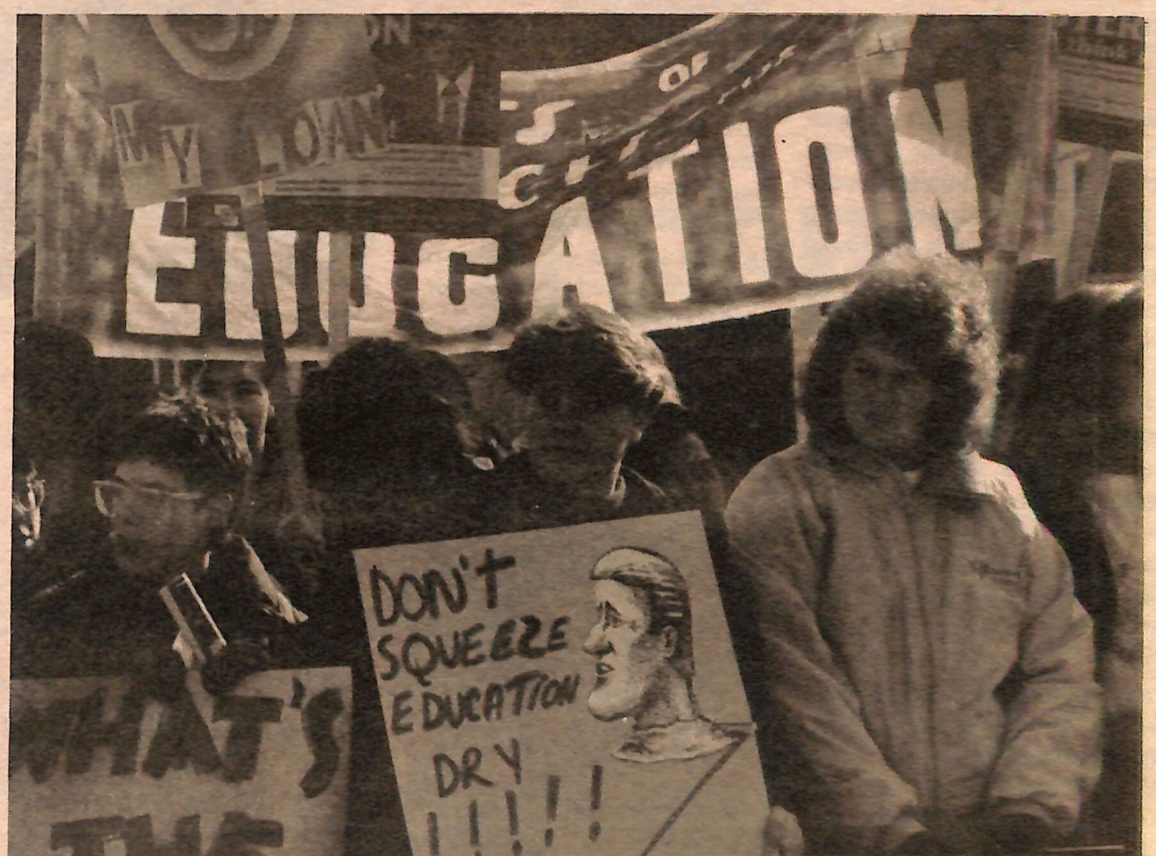
"Hey, There's at least as many things I'd like to shove up his ass"

Overall, however, the crowd assembled for the talk -- mainly law students -- was receptive of Mulroney, loudly applauding his stand on the Meech Lake Accord and the need for deficit reduction. During a brief question period, he responded to concerns about cost-cutting by saying provincial transfer payments had not been cut, nor had funding for education or native people. As for his critics, the Prime Minister jokingly said, "It's hard to believe there are any."

For the most part, however, he remained evasive when questioned. When asked why he didn't

responded to a letter sent to him by 28 Dalhousie faculty members, he joked about the Post Office. Another, more demanding student -- who accused the Prime Minister of giving vague answers -- received a nastier response: "You (say you) stumbled into a room full of platitudes. Then you opened up your mouth and confirmed it."

But though the Prime Minister successfully avoided any serious confrontation with critics during his visit, protesters reminded him just who has the last laugh: "Make a break for it Brian," cried one man as the limousine pulled up and the Prime Minister prepared to leave. "You can't outrun the next election."



Protesters at Dalhousie University Tuesday. (Lee White photo)



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ELECTION 1990



Being president of any organization requires commitment, hard work and dedication. A candidate must be willing to offer this not only during a campaign, but ensure this is carried on throughout the year.

My name is Karen Casey and I would like to represent all Mount students as your President in 1990/91.

Over my past two years at Mount Saint Vincent, I have taken the initiative to get involved in the Student Union. In 1988/89 I served as Academic Vice President and this past year I represented students as your Executive Vice President. I also attended Acadia University for three years prior to attending the Mount where I gained extensive experience in residence life as well as the Student Union.

My past experience has given me a true understanding of how the University operates and more importantly, exactly how the Student Union fits into this. There are internal and external issues affecting Mount students that I feel must be addressed by the Student Council.

Externally, students across the country have taken a real beating from both the provincial and federal governments. Cutbacks in funding, cutbacks in summer grants, raising tuition fees and a 3 per cent administrative fee on student loans are only to name a few. Students need strong voices representing their needs, I am willing to provide this kind of representation.

There are also internal issues affecting Mount students. I would like to see the speaker lecture series restored next year where we can invite people within the community to bring more alternative programming on campus, i.e. coffee houses. Daily lunches should be provided in the pub. I'm sure this would appeal particularly to those affected by the new non-smoking policy.

We must see that the Bedford Highway has crosswalks allowing students to safely cross while not having to worry about getting to class before getting hit by a car! This will involve lobbying the administration, the municipal government and the provin-

cial government.

I would like to see scholarship and bursary funds set up next year which would be available to all students.

These are just a few of my ideas that I'd like to see happen. It's so important that you as students give your input. The best way to start is by voting...March 13 and 14th Karen for President!



Sandra Bochner (Sam)

Candidate for Executive Vice President

I am entering my third year in the Business Administration program.

I will be continuing my education at Dalhousie Law School I have always taken an active role in events on Campus

Being a mature student, I have 10 years experience in the business community.

Main Concerns:

With developing better communication between student body and Student Union.

Commitment to providing affordable and accessible child care for students.

The need for peer council groups on campus has become more and more evident and the Student Union should be actively involved. Investigate the possibility of adding dental and eye care coverage to our Health Plan.

If elected I will do my best to maintain and improve the services provided over the years.



Naomi Martin: Candidate for External Vice President

My name is Naomi Martin I'm a third year Political Science major. I am re-offering for the position of External Vice-President. As External V.P., you are responsible for representing the Union in organizations such as the Students Unions of Nova Scotia (SUNS) and the Canadian Federation of Students (CFS). This coming year it is very important that Mount students participate in both of these organizations, especially in light of recent decreases in the transfer payments to the provinces under the Established Programs Financing Act (EPF) which finances Post-secondary Education and Health, and the cut to the Challenge program which provides many students with much needed summer jobs. We have to fight these funding cuts which will lead to higher tuition fees. This combined with the Canada Student Loans Programs archaic criteria, makes it more difficult for all students to receive an accessible quality Post-secondary education. In order for the Student Union, CFS and SUNS to effectively lobby in these areas and many more--we need students to get involved. Whether it is your first or your last year make getting involved in the Student Union a priority--you just might like it! Order for the Student Union, CFS and SUNS to effectively lobby in these areas and many more



Mike Isenor: Candidate for Academic Vice President

-Bachelor of Arts Student (English Major)

-Part-time Student Representative (89'-90')

-Began studying at the Mount in 1986 and intend to graduate Spring of '91.

-If elected, main priority will be to see that the concerns of my fellow students are well represented in academic matters.

-Will also be available to any and all students through the Student Union; since my job is to represent the student's I would prefer to have input from them.

-I do not see much point in making campaign promises but I will attempt to represent all students in all matters, to the best of my ability.



Tracy Tuttle: Candidate for Internal Vice President

Hi! I'm Tracy Tuttle, and I am running for Internal Vice President. I'm a second year BBA and after being on six societies and holding three executive positions, I realize that MSVU societies play an important role in campus life. University is both an educational and socially aware environment. I hope you'll not only get involved, but help me to get everyone involved for next year.



Lisa Brenton: Candidate for Full Time Student Senate Rep

Hi! My name is Lisa Brenton and I'm running for full-time Senate Representative. I'm a second year B.A. student here at the Mount. I believe I can represent you in the Senate body because I believe in the students concerns. You need a strong voice to raise interests and concerns during Senate meetings and I know I can do this. Vote for me on March 13 and 14 at the polls. Thank You.



Kim Griffin: Public Relations Representative

"Trends, niches and publics..... does that sound familiar..... maybe we do have our own language, but it works. Some, I think misunderstand us, thinking that we're just tough, cut-throat, over-ambitious go-getters. Are we? Maybe, but deep down, generally, we're nice people. "Hi! I'm Kim Griffin and I want to be your Student Union PR rep for 1990-91. Why you ask? I want to show the Mount what a great bunch we are. Qualifications? I have many such as working in the development office at the Queen Elizabeth Hospital on P.E.I. and writing for the Liberal newsletter, to name just a couple. Presently, I'm the Assisi House President and I work for Labatts in Halifax. For next year I want to work closely with the PR Society and I will work hard to represent the "PR people" properly at the Student Union. For events.... I want to see lots!!!! I want to see "packed to the rafters activities" and I want to see us have a successful year both academically and of course, socially!!!!"



Lynne Isenor: Candidate for Non-Residence Representative

-Current Director of the SPACC Nursery

-SUNS Child Care Committee Chair

-Part-time Student Senate Representative

-External Affairs Committee (89'-90')

-Bachelor of Arts Student

-As your Non-Residence Representative, I will be representing all students who live off campus. One of the concerns that falls my way is the Dal-Mount shuttle which is instrumental in transporting students off and on campus. Child care for students is another concern of mine, as well as the Cans for Care project.

-I'll be working closely with the Housing Department, the External Affairs Committee and the Student Orientation.

-But my main concern, is that I hear from the Student's. Unless you tell me your concerns, I will not be able to represent them.



Colleen Nelson: Candidate for Arts Representative

Hi! My name is Colleen Nelson and I am running for the elected position of Arts Representative. Officially, what this position means is I will act as a liaison between the Bachelor of Arts Academic Divisions, academic societies, and the Student Union. I will also be responsible for forming societies, if none exist, and attend all Arts society meetings and represent the academic interests of students. What this position means to me is that if I am elected I will act as a liaison between you, the people, and the Student Union. This includes all students, full time or part-time, and all students on and off cam-

pus. Basically, what this position means, if I am elected, I will be a representative of the people for the people. If you have any questions, please don't hesitate to contact me anytime through Student Union. Thank-You.



Heather Hatcher: Candidate for Business Representative

Hi! My name is Heather Hatcher and I am running for Business Representative. I am a second year business student here at the Mount. As business representative I will act as a liaison between the business society and the Student Union. This year I was on the executive of the business society and will remain active with the society next year. So, on March 13 and 14th please go to the polls and vote.

Poop for Potential Grads

Tuesday, March 20 - Graduate services Bazaar. It's a trade show with numerous businesses of metro universities. Drop by and have a peak at what's there.

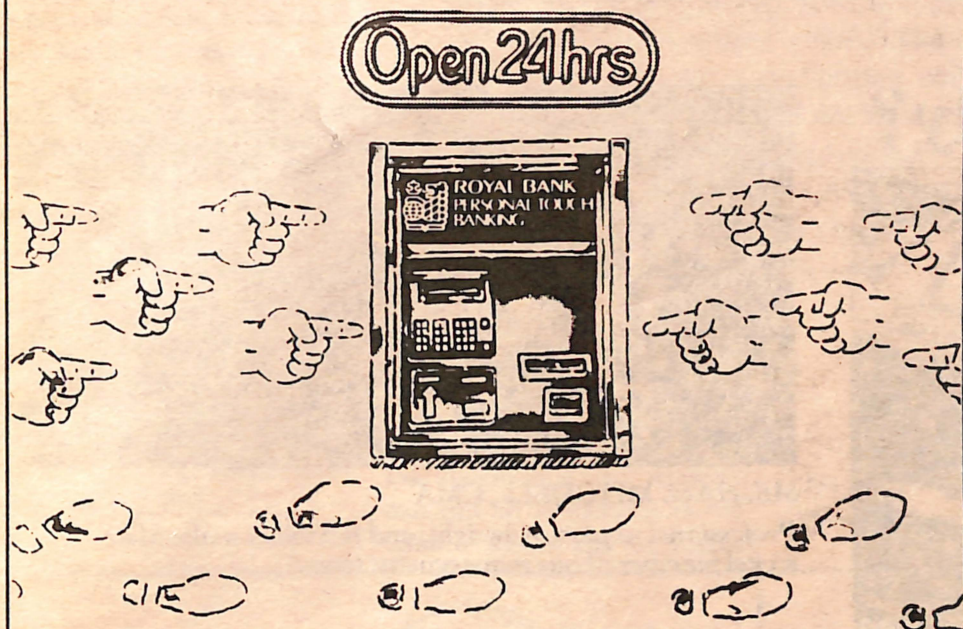
Wednesday, March 21 - The grad class will hold an amazing extravaganza in Vinnie's. The place is hot and the fluids are cold. (Come and celebrate with your fellow grads. Also during this pub will be the year's event to end all events. Six to eight men and women will compete in the Graduate Services Auction. Bring your money, compete for a prize and help the MSVU class of 1990.

Other Notes: Grad photos must be submitted by April 20 to the SU. Include your name, program and hometown.

The grad fee this year is \$40.00 per student. It must be paid by April 13, to the registrar's office. They will accept cheques only. The business office will take the hard currency.

Special note: each student is entitled to three invitations for the graduation ceremonies. - If you want to volunteer call the SU and give your name and phone number.

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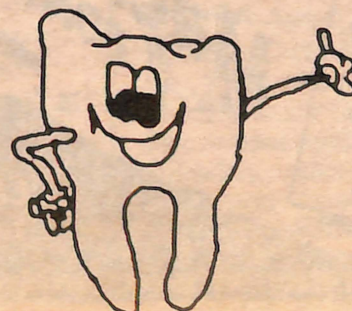
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To the Editor:

I was saddened to read in the Picaro that the solution to the spread of AIDS being offered to the students of MSVU (and no doubt to the students on every other campus across Canada) is the mighty condom. If the condoms was the panacea for all of our problems, AIDS would be fast disappearing, abortion would never be an issue, and we wouldn't have 500,000 teens (using U.S. statistics), some as young as 12 years old, having babies. The solution to our problems is not the mighty condom (which children will never use, because sex is a moment of passion), but it is living a good life. When I refer to a good life I mean a life where men and women have respect for each others bodies, and do not use or abuse them for each others own selfish pleasures, without any consideration of what the consequences might be. Its a life that sets a good example for children who are around us (which the TV and movies dont do these

days), and a life that treats sex as sacred and special--not to be entered upon, nor taken in hand, unadvisedly, lightly, or wantonly, to use the words of a well known book of prayer (BCP), but reverently and discreetly, just as we should do with marriage. We should save our bodies for that one special person with whom we hope to spend the rest of our lives. I know how anachronistic that statement sounds today, with so many broken marriages around us, but there are some things that never change and sexual morality is one of them. We are walking in the dark without a light if we think it has. History is proof of that!

Yes, you need to protect yourselves from AIDS. But do it in the best way possible--be chaste (pure in heart and conduct) and be safe--presenting your bodies a living sacrifice, holy and acceptable unto God, which is your reasonable service. (Romans 12:1)

Bernice Logan

To the Editor:

We are writing this letter in reference to the Personals of the Picaro, February 9, 1990. A friend has brought it to my attention that the messages being contributed to the personals column in the Picaro are being altered by your staff. I have knowledge that two ads in particular has been spiced up in such a way that the two contributors have been degraded through those revisions. This disturbs me greatly. Picaro staff have no right to take such liberties with contributions to the personals column. We believe this matter should be looked into. Moreover, if your editorial policy is at all ethical, you will also print a public apology in your next issue.

Sincerely,

Rachel Malenfant
Pat Cosgrove
Heather Mullin
Jane D. Entermont
S. Hancock
M. McMutt
Jamie (signature unintelligible)

cc: Cheryl MacKenzie, President
Student Union

To the Editor:

The Personals Editors resent the accusation that classifieds submitted by the public have been altered by staff in a malicious manner. Occasionally the ads submitted are difficult to decipher, and any "changes" are simply our interpretation of the submitters' hand-writing. To avoid any further controversy, we respectfully suggest that further personals be typed and a contact phone number included in case of confusion. Confidentiality is assured. If any embarrassment has been caused in past issues we sympathize, but it was not a deliberate act. We take no "liberties" with submissions, and we take the Personals very seriously.

Regards,
P. Kendrick
S. Gay



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Simon Kennedy

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Shirley Gay

Sports Editor

John Jarvis

Classified Editor

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Sonnets Satirical, Sentimental, Sublime

The English Societys Valentines Day Sonnet Contest attracted a large number of entries, and we would like to thank all those who felt inspired to immortalize the objects of their affection (or contempt) in verse. In general, it seemed that satire inspired more successful entries than did sentiment--a reflection, no doubt, of the harsh and cynical era in which we live...

The task of the judges was considerably simplified by the fact that they were able to disqualify nearly a third of the entries straight off on the grounds that they had been composed by the judges themselves. A further submission, by a senior member of the English Department, was eliminated on the grounds that it only contained twelve lines! (Shame...) Out of the surviving entries, the first prize of a tacky box of Valentines chocolates went to Tracy Ernst, for her eloquent lines on her lovers face, while second prize was shared by Robert Fiander, for his sonnet about the tragic troubadour who serenades his love with an electric organ equipped with a particularly lengthy extension cord, and John Morgenstern, who, as befits an English professor, chose as the objects of his love the text itself.

Among the honourable mentions we should single out Anna Smol, who invented an entirely new sonnet form--the Canadian Sonnet, with the unique rhyme scheme of eh A A A eh A A A eh A A A A eh, which was accompanied by an extended critical essay extolling its merits; David Monaghan, for his mean-spirited attack on a fellow member of the English Department, and Tracey McWaggs for her passionate address to Dr. Schwenger. And, for all those we dont have space to mention: many thanks, and better luck in 1991.

The Winner

*My love is not expressed in words of lace,
I do not speak with eloquence or grace.
My love stems from a fairly common place:
My source of inspiration is your face.
I have often watched your face from afar,
In my mind I have kissed that little scar
You have from crushing beercans in the bar,
And every time I see a shooting star,
I wish your face was by me, in a jar.
For you see, while Im pining for your face,
I really find the rest of you too base.
Your bodys odd; your minds in outer space;
All in all, youre an absolute disgrace.
So, if youll accept me on these terms,
Give me your face, and leave the rest for worms.*

By Tracey Lynn Ernst

True Patriot Love (A Canadian Sonnet)

*So like, Id like to be your girlfriend, eh?
Like, youre real neat, right cute, some hunk, so hey
Like, dont you think we could, we might, we may
Like...go out? But wait! Dont tell me -- your gay?
Oh phew! My love is now a-rising eh
Like the rushing tides of big Fundys Bay.
My Magnetic Hill, you wont let me stay--
Im drawn, like crowds at a Green Gables play.
My loves een bigger! Like Canada, eh?
On by my Saddledome! Ill ride all day!
Ill be your Mount Royal, and there Ill lay
Awaiting my CN Tower - okay?
If you dont go for this, what can I say --
A hoser you must be, so take off eh!*

By Anna Smol

Due to shortage of space, we regret that not all runners-up in the Sonnet Contest can be printed

this week, but look for them in subsequent issues!



The Picaro apologizes to Sarah Jackson, artist-in-residence at TUNS, for not accrediting her

print, "Mother and Daughter," which appeared on page 10 of the Women's Issue.

THE PICARO

I would like to thank members of the Women Studies Society and other contributors for their participation in the annual Women's Issue. Without your hard work, the issue would not have come to print.

Thanks,
Jean

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Decibel Level Rises at Cohn

By Dean Bradshaw

Music, like any form of communication, involves a sender, message and receiver, and may involve noise during its transmission. At last weeks concert given by Symphony Nova Scotia, listeners took a more active part in the communication process than usual. (There was also plenty of noise, most of it glorious!)

The featured work was Tchaikovsky's well-known Piano Concerto #1. The audience stirred (very audibly) upon recognizing the opening Tonight We Love theme, though its unlikely performers could hear them, especially with pianist Arthur Ozolins requisite crashing through the opening chords. His playing was marked by steely, brittle power; in the outer movements, passage work and even arpeggiated figures were deliberately articulated. However

extroverted Ozolins approach was in bravura sections, the slow movements poetic opening was lyrical (while not delicate or introspective), and the Neapolitan waltz episode was appropriately playful but not light-weight. In all, Ozolins powerhouse approach and consistency of tone and style made this an exciting and memorable performance.

The audience response (apart from too much coughing during the slow movement) was enthusiastic applause; perhaps this message will ensure Mr. Ozolins return another season, perhaps in Tchaikovsky's second concerto, or one by Rachmaninoff.

It was unfortunate that the man sitting in front of me did not shout, Bravo for this performance as he had for the opening work, Sibelius monumental Seventh Symphony. The depth and concentration of its material

into a mere twenty minutes makes the Seventh a difficult opening work, and as such, some of its significance was lost. While Maestro Tintner brought unity to the work by limiting the range of speeds, the performance would have benefited has the slow sections been more broad; Sibelius tends to linger over his sonorities, and his motions tend to be more elephantine than dance like. Although some of the characteristic Sibelius sound was sacrificed, Tintner achieved clarity and balance in some very dense writing.

Why didnt more audience members shout bravo for the stunning performance of Hindemiths Mathis der Mahler Symphony, which closed the program? Or give it the standing ovation they half-heartedly attempted to give Ozolins? This rarely played work (which Tintner claims is one of the greatest of the century) fascinated listen-

ers with its colourful instrumental writing, rhythmic drive, and contrapuntal interest. None of the arid meandering, for which Hindemiths music is often criticized seemed present here; under Tinters baton, Mathis was a riveting musical experience. Perhaps the most impressive section was the opening of the finale; the jagged and seemingly improvisatory unison writing was appropriately rugged, yet perfectly controlled.

While the listeners applause for the performance wasnt as ear-splitting as Mathis der Mahlers concluding pages, it was sufficient evidence that Symphony Nova Scotias audience enjoys the music of our century.

Lets hope that message came through loud and clear!

Glory Enough for All

By Shirley Gay

Its not often a film comes along where every scene is riveting, where at some point the viewer isnt a trifle bored. When such a movie is released, it becomes noteworthy. Glory, with Matthew Broderick and Morgan Freeman is an amazing motion picture; one that shouldnt be missed.

Set during the American Civil War, the film centres on the Massachusetts 54th Regiment, the first all-black regiment of the American Army. Led by Col. Robert Shaw (Broderick), the 54th grows from an untrained, unskilled group of black fieldworkers to a dedicated group of soldier with one desire—to fight the rebel confederates with all their might. The determination of these men (Freeman, Denzel Washington, and others) is inspiring from their first scene to their glorious assault on Fort Wagner.

Brodericks portrayal of Bostonian Shaw, the white commander of the 54th is perhaps his best work yet. Shaw is a man dedicated to his army career and confused by his men. The only black people he has known before his post are servants and educated freemen. He knows nothing of the mindset or culture of the escaped slaves that comprised his regiment.

Glory is not just another racial conflict movie. Although the differences between white and black soldiers make up a great deal of the film, there are several other levels of conflict involved as well, making it a complex and compelling film. The cinematography and costuming alone are worth the admission price.

Glory has gained five Academy Award nominations—for good reason. It is truly a wonderfully moving film.

Nightbreed Worth the Money

The TDR

From the man who brought you Hellraiser... That didnt exactly fit my taste, as Hellraiser was a very visual movie. However, Clive Barker is an excellent English horror novelist. His latest film effort is based on one of his novels call Cabal, and I saw Nightbreed on the basis of his reputation. Having read and enjoyed the novel, I was pleasantly surprised at its adherence to the book, showing only a few minor changes.

The story concerns itself with a man named Boone and his girlfriend Lori. Boone has been charged with the murder of a series of families in Alberta. Pursued by the police and his psychiatrist (David Cronenberg, director of The Fly), Boone flees to the mythical city of Midian. Midian is where the monsters go, and that is exactly what he finds. A porcupine woman, a two-faced

man, a devil, a lizard-like man and a man with a head shaped like a crescent moon. Are all members of Midians population. Boone becomes Midians saviour in an ironic twist that portrays the monsters as the goodguys and man as the real monsters.

The film only takes the occasional moment for a breather; there is almost always something happening. Its more of an adventure film than a horror. Danny Elfman (Batman, Beetlejuice) gives us an excellent musical score which heightens the feel of the movie. My only problem was with one scene, Lori is walking through Midian, and Elfman uses almost comical music, it spoils the tone.

I saw this movie on a cheap night for \$3.50, so I came out ahead of the game, because even at \$7, you probably feel like you got your moneys worth.

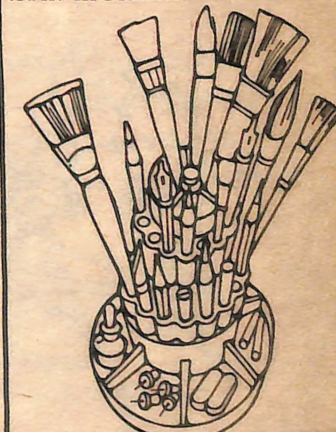
Gallery Glimpses

Press Release

Design, painting and installation art are featured at the Anna Leonowens Gallery of the Nova Scotia College of Art and Design from March 6 to 12.

In Gallery 1, Andrew Hunter presents 20 Paintings, using the writings of Jorge Luis Borges Dreamtigers as his source. Borges was fascinated by the striped, Asiatic tiger during his own childhood, and Hunter, feeling a kinship to this type of fascination writes, As Borges cause the tiger, I have conjured up the duck. Hunter, who expects to graduate from the College with a BFA this spring, also studied at McMaster University and the Dundas Valley School of Art. Prior to 20 Paintings, Hunter participated in numerous group and solo exhibitions in the Hamilton area.

In Gallery 3, Joy LeDrew presents her most recent installation. For the past year I have been working on and off with different materials whose natural properties limit the life expectancy of the work, compared to more durable materials such as stone, plaster, metal or even wood. The rate of decomposition is quite fast, and my most recent work involves the transformation of material from a fluid flexible substance to a shrunken dried form, and finally to a point where the work completely disappears, explains LeDrew. There is a performance element to LeDrews work as she will be interacting with the installation each day for a short period of time. LeDrew previously studied at the Craft School in St. Johns, Newfoundland, and has participated in numerous group exhibitions in Halifax and St. Johns.



Poetry Contest Deadline Announced

The deadline for entering the American Poetry Associations contest is March 31. The contest is open to the public and entry is free.

Prizes worth \$11,000 will be awarded to the best 152 poems. The grand prize is \$1,000, and

the first prize \$500.

Students have written some of our finest winning poems, said Robert Nelson, publisher for the association. They are just the kind of undiscovered poets we are looking for, so we can give them the recogni-

tion they deserve.

Poets may send up to six poems, each no more than 20 lines, name and address on each page, to American Poetry Association, Dept. C)-40, 250-A Potrero Street, P.O. Box 1803, Santa Cruz, CA, 95061. Poems post-

marked by March 31 are eligible to win. A new contest open April 1.

Each poem is also considered for publication in the American Poetry Anthology, a leading collection of contemporary verse. Every poet receives a copy

of the Poets Guide to Getting Published, a four-page booklet of useful information.

In the last eight years the association has run 36 contests and awarded \$180,000 in prizes to 3,300 winning poets.



PICARO

Conference Finals this Weekend

As the season winds down, the Mount Saint Vincent University Basketball, Volleyball and Badminton teams have their sights set on the conference finals and NSCC Championship titles.

The Womens Basketball is currently ranked second in the conference behind Kings and NSTC who are tied for first place. Logistically there is no way for the team to finish in sole possession of first place. There is a possibility of the team finishing in a three way tie for first place with Kings and NSTC, in which

case, the tie would be broken by calculating the point spread between the three teams.

The playoffs begin Thursday March 8 at the Nova Scotia Agricultural College with the Championship game set for 2pm on March 10. The winner of the Nova Scotia College Conference Womens Basketball Championship will then travel to John Abbott College in Montreal to compete in the Canadian College Athletic Association National Championship.

The Mens Basketball team

is presently in fourth place behind UCCB, NSTC and Kings. The Mount team has defeated both UCCB and Kings in previous seasons play.

The mens playoffs are also being held at NSAC and begin on Friday March 9 at 6 and 8pm. The championship game is set for 4pm on Saturday March 10 at 4pm.

Saturday March 9 at 7pm the Nova Scotia College Conference will hold their Annual Basketball Banquet hosted by NSAC. At that time the All Conference

teams will be announced.

The Womens Volleyball team is currently holding first place. The NSCC Volleyball playoffs are set for the weekend of March 9 & 10pm at UCCB. This will be the tenth year the Mount has played for the NSCC Championship. The team has set an unprecedented record of nine straight years as NSCC Champion. Thus the Mount is no stranger to the CCAA National scene which is to be staged at Durham College in Oshawa, Ontario.

The Mount Badminton team finished second overall at the NSCC Badminton Championship held at the Mount last weekend. Karrie MacDonald won the Womens Singles event and will compete at the CCAA Nationals in Burnaby, B.C. along with teammates Lynn Amirault and Gail Ingarfield who captured the Ladies Doubles Event.

Good luck to all our teams!

Badminton Championships

By John Jarvis

The 1990 Nova Scotia College Conference Badminton Championships were held March 4 at MSVU.

The Mount finished in a second place tie for the overall team standings with 29 points. TUNS captured first place with an impressive total of 36 points. The Ladies Singles title was won by Karrie MacDonald from

MSVU and the Mount duo of Lynn Amirault and Gail Ingarfield laid claim to the Ladies Double Crown.

Mens Singles was won by Angus Pyke of UCCB and Allan Pyke teamed up with Troy Locke to give the Capers the Mens Doubles title. Mixed Doubles was also a UCCB affair as Lisa Doucet and Stuart Colborne

joined forces to edge out Gail Nash and J.P. Dowdall of MSVU.

The CCAA Badminton Championships are being held in Burnaby, B.C., and MSVU will be represented by Karrie, Lynn and Gail. Congratulations to them on their provincial victories and we wish them the best of luck in Burnaby.

ONGOING EVENTS

Friday Mar 9
Intramural Coed Basketball
2-4:30pm
Rosaria Gym

Sunday Mar 11
Intramural Mens
Ball Hockey
5-7pm
Rosaria Gym

Intramural Coed Volleyball
8-10pm
Rosaria Gym

Monday Mar 12
Intramural Womens
Sockey-Hockey
4:30-5:30pm
Rosaria Gym

Tuesday Mar 13
Badminton Club
7:30-10:30pm
Rosaria Gym

Thursday Mar 15
Intramural Coed Badminton
3:30-4:30pm
Rosaria Gym

JUST A REMINDER ...

All Fitness Programs are

now being offered at half

the original price!

Come down and check it out..

Rosaria Gymnasium.



WOMENS VOLLEYBALL

The Mount Saint Vincent University Womens Volleyball team is currently tied for first place with UCCB. Both teams have eleven wins to their credit.

Their only true opposition in the conference is UCCB. In the five times these two teams have met, the Mount has lost to UCCB three times and defeated them twice. The team from the University College Cape Breton will finish the league in first place and the Mount will finish in second.

The volleyball championships will be played in Cape Breton March 9 and 10.

Winners of the Nova Scotia College Conference will travel to Durham College in Oshawa Ontario to compete in the Canadian College Athletic Association National Championships.

FIT TIP: EAT WELL, LIVE WELL

by Lisa Boudreau

The month of March is Nutrition Month in Canada. Its a good time for us to assess our eating habits. How is your body weight? Are we eating a balanced diet? Do we attempt to limit fat intake? These are just a few of the questions we should ask ourselves.

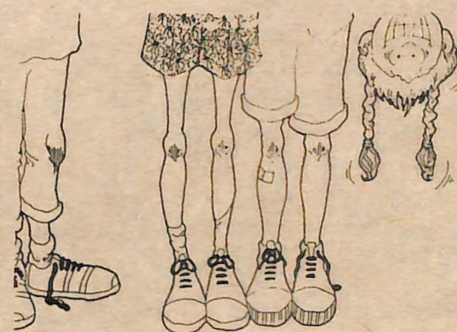
The majority of Canadians are not watching what they eat. Poor eating habits contribute to our biggest killer ... heart disease. If we can enhance the quality of our life, and indeed increase its longevity, shouldnt we pay more attention to what goes into our bodies?

A simple guide to follow is

Canadas Food Guide. It lays out the four basic food groups, and indicates daily requirements: two servings of milk or milk products; two servings meat, fish, poultry or alternate; three to five servings of bread or cereals; and four to five servings of fruit and vegetables.

Along with following these guidelines, we should also try to limit our intake of alcoholic beverages, high-fat and high-sugar foods.

By eating a well-balanced diet, your body and mind will feel better, improving the quality and longevity of your life. So choose to eat well, and live well!



**YEAR END
INTRAMURAL PARTY**

Vinnies' Pub
Thursday, March 15
8:00-1:00am
EVERYONE WELCOME

Intramural players free; all others \$2.00
PRIZES...GAMES...GIVE AWAYS...AWARDS



classifieds



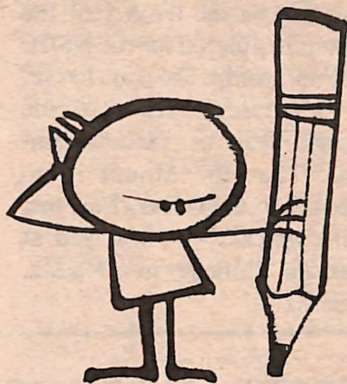
PICARO

MSVU: The Centre for Continuing Education is offering a certificate program in human development for early childhood education on Tuesday from 7 - 10 p.m. March 6 - May 15. The program is aimed at helping participants to meet the basic requirements for preschool teacher certification in Nova Scotia. For more information call 443-4450 Ext. 243.

FASHION PRODUCTION 1990: Will be presented by the MSVU Department of Home Economics on March 15 at 7:30 p.m. in Rosaria Centre. Tickets are on sale on the main floor of Seton and in Rosaria Centre.

TUNS: The TUNS International Student Association will be holding a Multicultural Night on Sat., March 10, from 7 p.m. to midnight. The event will be held in the F.H. Sexton Memorial Gymnasium at 1360 Barrington Street. Adult tickets: \$10 advance and \$12 at the door. Children under 12: \$6 advance and \$8 at the door. For more information call 420-7500, ext. 2520.

TESL NOVA SCOTIA: Will meet on Thursday, March 15, from 7 - 9 p.m. in the Loyla Building; SMU. The theme of the evening is the needs of students of English as a second language, as they identify them. For more information call Margaret at 422-2207.



MARITIME CONSERVATORY OF MUSIC: Applications must be in by April 1 for music and theory examinations to be held late May at the Maritime Conservatory of Music. Application forms for Piano, Theory, Voice, String and Wind instruments are available by calling 423-6995.

The YWCA is offering a seminar series. March's topic is Women and Wellness. The seminar takes place on Tuesday, March 13, from 12:10 to 1 p.m. in the YWCAs (1239 Barrington Street) Multipurpose Room. The fee is \$2. For more information call 423-6162.

CANADIAN RESEARCH INSTITUTE FOR THE ADVANCEMENT OF WOMEN: is holding a speakers evening on reproductive technologies on Friday, March 9, between 4 - 6 p.m. in the Multipurpose Room at the Public Archives of Nova Scotia. The topics are Community Resource Kit on New Reproductive Technologies and Reproductive Technology and Women: A Research Tool.

YWCA: The Halifax YWCA, 1239 Barrington Street is offering an introductory course to Microcomputers and Some Software Packages. Fee is \$150. Mondays and Wednesdays, March 19th to April 11 from 7:30 p.m. 9:30 p.m. For more information call 423-6162.

The YWCA is offering a course in word processing with Word Perfect 5.0. Fee: \$150. Mondays and Wednesdays, March 19th to April 11 from 5:15 to 7:15 p.m. For more information call 423-6162.

The YWCA is offering a course in Bedford Integrated Accounting. The fee is \$150. Tuesdays and Thursdays, March 20th to April 12 from 5:15 - 7:15 p.m. For more information call 423-6162.

personals

TO THE MAN IN BLACK
AT VINNIE'S:

Dancing with you last week was amazing!! Having you that close to me was only a small part of my fantasy. I'm hoping it can go further. When you smiled and thanked me, I thought I'd die. You are the best.

Signed,
THE LOVE BUNNY

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