THE PICARO

November 1, 1999

Volume 35 Issue 5

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Weird Al Rocks the Metro Centre

..page 23

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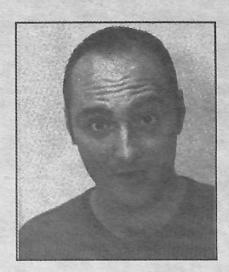
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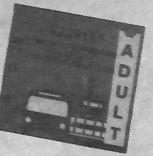
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12pm-9pm

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her office at Rosaria 118E.

THE PICARO

Volume 35 Issue 5

Editor-in-Chief Charity Baker

Managing Editor Crista Stone

Layout Editor Ryan MacNeil

News Editor Leslie Cheeseman

Features Editor Melissa Melanson

Art & Entertainment Nicola Hanson

Classifieds Editor Wendy Walters

> **Sports Editor Angie Elsinga**

Copy Editor Rhonda Simser

Photo Editor Tricia Doubleday

Online Editor Jennifer Henderson

> **CUP** Editor James Tilley

Distribution Manager Christine Kennedy

Contributors

Mike Allen **CUP Newswire** Laura Hepditch Michelle LeBlanc Amber Miller Sabrina Samson Erin Silver Jackie Thornhill Tyson White

The Picaro is dedicated to informing, challenging and entertaining the students of MSVU, and to provide them with a forum to air their views.

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The Picaro

Rosaria Centre Room 114 166 Bedford Highway Halifax, NS **B3M 2J6** (902) 457-6386 fax- (902) 457-0444 email- picaro@msvu.ca

online- http://www.picaro.ns.ca

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Jeffrey O'Connell gives his Valedictory Address



Anne S. Derrick, honourary degree recipient

Congratulations graduates

By Leslie Cheeseman

At this year's Fall Convocation, Mount Saint Vincent University awarded more than 280 degrees, 149 at the Master's level—the largest number of graduates ever at a MSVU fall ceremony. It also involved 115 graduates who earned master's degrees through distance learning, several of whom visited the campus for the very first time in order to attend their convocation.

Degrees were Honourary awarded to Anne Derrick, a widely

respected feminist lawyer and human rights activist, and Dorothy E. Smith, one of the most influential contributors to the field of feminist sociology. Valedictorian for the ceremony was Jeffrey O'Connell, a graduate of the Bachelor of Public Relations program.

Graduates, while congratulated on their academic achievements, were also encouraged to use their knowledge and education to make a difference in the community.

"We are not visitors, we live here," said Derrick in a moving address to students. "We have shared responsibilities to each other. Those of us who have privilege-of race, of literacy and education, of gender, of affluence, of health, of community and connection, have a profound obligation to contribute to change for those who are excluded. There are opportunities waiting for you to use the gifts that have been given to make that contribution."

MSVU professor speaks at national and international conferences

By Leslie Cheeseman



Dr. Randi Warne, chair of the Religious Studies department has had a very busy week. From October 14th to 16th, she was a moderator and facilitator for "Global Perspectives on Personhood: Rights and

Responsibilities" at the University of Calgary, Alberta. Then, from October 18th to 20th, she was invited to act as a moderator again—this time for a conference called "Faith and Public Life" at Queen's University in Kingston, Ontario.

The "Global Perspectives on Personhood" conference was held in celebration of the 70th anniversary of the Persons' Case in Canadian history, whereby Canadian women were recognized as "persons" in matters of rights and privileges, and not only in matters of pains and penalties. Many prominent women from around the world gave keynote speeches designed to shed light on the status of women as persons in their home countries. Particularly memorable

was a speech by Naina Kapur, Director of SASHKI, a violence intervention centre in New Delhi, India. She spoke of the shift in the way society must treat women in instances of sexual abuse or rape, urging people to move beyond legal concerns and also think about a woman's right to sexual integrity.

"It was very powerful," says Dr. Warne. "It was an opportunity to explore personhood, and what this means, in a multicultural, global setting."

"Faith and Public Life" examined the public role of religion in a changing Canada. Dr. Warne moderated a session that explored principles of faith in the practice of politics.

"I think it's very important for academics to engage the local community and be active contributors to public life," she says. conferences allowed academics, community workers, politicians and religious leaders to talk of important matters while being open to the public."

What's up with that???

News for the very common man, by the very lazy man

At the cafeteria a spoonful of peas is 80 cents. At IGA a whole can only costs 49 cents. What's up with that?

What's up with the new pub prices-\$5 is too much!

What's up with that big, blue thing on the top of the EMF building, it looks like it's giving Rosaria the finger.

What's up with that dude from the Halifax Bible Church?

The guys from the Birches look really good as women. What's up with that?

News Writing Students attending MSVU: 150 News writers at the Picaro: 0 What's up with that?

Congratulations to Team MSVU! The 180-member team raised more than \$12,000 and won the post-secondary challenge in this fall's Run for the Cure. Crista Stone Photo

Distinguished educator honoured

Dr. Cynthia Mathieson, Associate Professor, Department of Psychology and Director of Research and International Liaison Officer at MSVU is the winner of the Association of Atlantic Universities' Distinguished Teacher Award. The award recognizes outstanding teaching over a number Dr. Mathieson was of vears. nominated by the University, after receiving both the 1998 Alumnae Award for teaching Excellence and the Award for Research Excellence, and the prestigious Progress Club's Women of Excellence Award in the field of education and research. Dr. Mathieson's dedication to teaching extends beyond the classroom, through her extensive involvement in curriculum development Psychology and in a wide variety of and inter-university university committees, including University's Senate Committee on

WRITERS WRITERS WRITERS WE NEED WRITERS THE PICARO

Royal Bank doesn't want your money

By Leslie Cheeseman

Mount students, who are clients of Royal Bank, may have noticed that they can no longer deposit money into the banking machine in the Rosaria Student Centre.

"It's so annoying," says Ryan MacNeil, a first year business student. "This is the most convenient banking machine for me to use. It's a hassle to have to go all the way downtown, or to Clayton Park, to deposit money."

According to a spokesperson for Royal Bank, the decision to limit services at this location was made by staff at Mount Saint Vincent University. However, MSVU Director of Finance and Administration says that this is not the case.

"It was decision made by Royal Bank," says Davis. "It was determined that the volume of deposits made at the machine was not enough to justify a full service machine."

Apparently, since student loan cheques can be directly deposited into accounts and students have been turning to other forms of banking—by

telephone or the Internet—deposits to banking machines have decreased substantially. But, many students are angry about the loss of this service on campus.

"We're customers," says
MacNeil. "We have student loans
with Royal Bank. It must be making
enough money from our business to
cover the cost of one banking
machine. Royal Bank's name is even
splashed all over a part of our campus
(the Royal Bank Link), it should be
offering us extra services, not less.

Computer update

By Melissa Melanson

As we approach the millenium, Mount Saint Vincent University is taking measures to avoid any Y2K related problems, but the students are more concerned with the immediate computer problem. Overbooked computer labs have been leaving students frustrated, and the problem is not going away anytime soon, says Student Union Academic Vice President, Brenda Harvey.

Since the beginning of the year, students have been complaining that the computer labs on campus have not been available to them. For example, on Mondays Seton 315 A/B is booked from 12:30-6:00, with an hour free between 2:00 and 3:00.

"Yes we have these wonderful computers, but we have minimal access to them," said Harvey in council last Friday. The Registrar's office and Conference Room are responsible for booking the computer labs. These two groups, as well as Information Technology & Services, are aware of the problem. Contrary to what students might think, the full computer labs are not a sign that the Mount is not keeping up.

"It's not a bad thing," says Harvey. "The reason that the computer labs are booked, is that we are growing. More students are getting hands-on experience and learning through technology."

The best solution that Harvey can offer students at this time is for them to be aware of the situation and to plan ahead. "Don't go to Seton 315 expecting to print in five minutes," warns Harvey. Because of class schedules and other

students competing for equipment, a student would be better off going to the help desk, located in the basement of the library.

Although there are no immediate plans to increase the number of campus computers, steps are being taken to improve the situation. A class schedule will be posted outside of Seton 315 to inform students when the labs are available, and beginning October 30, computer lab hours will be extended.

If students continue to have problems, they must communicate their position to the appropriate people.

"If you're having difficulty, talk to the people who can initiate change, such as the Registrar's office, the Conference office, ITS and your Students' Union," says Harvey.

New rules for research

By Leslie Cheeseman

University students are quite familiar with research. It seems to be a requirement of almost any course in any degree program at any university all across Canada. But, thanks to the Tri-Council Policy Statement on Ethical Conduct for Research Involving Human Research, completing a research paper may never be the same.

The new policy covers all research involving humans—from experiments involving human tissue to information gained through one-on-one interviews. It requires that a student follow an ethical code of conduct, prescribed by their department, while planning and carrying out research.

"This policy is not meant to change assignment requirements, increase a student's workload or to squash student research," says Dr. Cynthia Mathieson, MSVU Director of Research. "It is meant to protect participants—to make sure that a study is minimal risk, that it has respect for human dignity and that it does not violate a person's rights."

While students understand the reasoning behind the new policy, they are concerned about the effect it will have on their course work. Rumours of lengthy proposal papers and transcribing interview notes have created some stress on campus.

"This will really increase our workload," argues Rhonda Simser, a fourth-year arts student. "We have enough work to do, we don't need anything else."

"I think it's ridiculous," says
Dave Roddis, a fourth-year business
student. "According to one of my
professors even casual comments and
conversations can be considered
research. How can this type of
information, in a simple term paper
that is never going to be published, be
considered research?"

At the Mount, there are three levels of ethical screening. The highest level, research conducted by faculty, is monitored by the University through a senate-appointed committee. At the second level, research for a graduate student's thesis, the Graduate Studies Committee is responsible for review.

Finally, for undergraduates, screening requirements are set by their department.

"The policy does not prescribe a methodology for ethical screening," says Dr. Mathieson. "At the undergraduate level it is the responsibility of a department to decide the screening mechanisms for its students, and it is up to professors to make students aware of what is required of them."

It is the requirements for undergraduate research that have caused the most concern for Mount students. Many programs, such as the physical and social sciences, public relations and business, require a lot of research involving humans. The main problem is that although the policy came into effect as of September 30th, most departments are still phasing in screening methods and most students are not even aware that the new policy exists.

"It doesn't make sense," says Simser. "We're expected to follow this new policy, but our professors haven't told us about it and haven't even decided what is expected of us." This student is trying to win a car.





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Olympic spirit: alive and well

By Christine Kennedy

The fifth annual Sports Celebrities Festival Dinner and Auction was a huge success. The event, which is the prime fund-raising activity in support of Nova Scotia Special Olympics (NSSO), was held at the World Trade and Convention Centre in Halifax on October 21st, 1999.

The evening began with a reception, where everyone attending was able to view the many donated items that they would be given a chance to bid on later. The majority of these items would be part of a silent auction and ten of the higher end items, including gift certificates, weekend getaway packages, Special Olympic Millennium Beanie Babies and a five month lease for a Toyota Rav 4, would be part of a live auction to take place at the conclusion of the event.

With nearly five hundred people in attendance, including numerous Special Olympic Athletes and special guests, there was a definite level of support. With guest speakers Brian Etherington, cofounder of the Sports Celebrities Festival and past Chairperson of Canadian Special Olympics and Pat Gillick, former pitcher for the Toronto Blue Jays and the Balitmore Orioles and the current General Manager of the later. Special Olympic

Athlete. Also in attendance was Jackie Barrett, a 25 year old Halifax resident who represented Team Nova Scotia in the 1999 World Games, bringing home three gold medals from the powerlifting events. These events included lifting 517 lbs. in the deadlift, 330 lbs. in the bench, a total of 847 lbs. for the combination. Jackie and his father touched the hearts and inspired all, bringing tears to the eyes of many people in the audience.

The event benefits more than 1500 NSSO athletes like Jackie. 1999 in particular, is a special year for the organization. It marks the 20th anniversary of NSSO and the 30th anniversary of

Canadian Special Olympics. Volunteers, coaches and sponsors have made this success a reality over the years.

Overall the evening was spectacular, raising \$44,000 in support of Special Olympians in Nova Scotia. For more information or to get involved with the Nova Scotia Special Olympics Society, visit them online at www3.ns.sympatico.ca/sniper2/ or phone Louis Brill, General Manager of NSSO, at (902) 429-2266. "Let me win, but if I cannot win, let me be brave in my attempt." - Athlete Oath.

Y2K won't stop student travellers

Source: The Fulcrum (University of Ottawa) By Vanessa Lee

OTTAWA (CUP) - If you're thinking of going somewhere this holiday season you'd better book now, or you might miss out on both your flight and student fare

"There are already certain days, such as December 22, that are already sold out for student fares," said Ursula Bollinger, a travel agent in Ottawa. "Even between Ottawa and Toronto that have hourly flights."

Since most students don't yet know their exam schedule, Travel Cuts - the national student travel company owned by the Canadian Federation of Students - is willing to help.

If you book your flight between now and mid-November, they will allow you to change the outgoing flight date.

Of course, this applies only to student tickets and is subject to seating availability.

"Student fares for the East Coast are already almost sold out," said Bollinger. "Forget it if don't get your ticket soon."

Although Christmas is normally a busy time of year for travel, travel agents are finding this year particularly hectic.

Part of this is due to the arrival

of the new millennium, which has prompted many people to make plans to ring in the New Year a little differently or in an exotic setting.

Bollinger, who has been a travel agent for three years, is already overwhelmed by the number of bookings.

"I would say that the craziness just started earlier this year," she said.

Sarah Lloyd, a fourth-

year student at Mount Allison University in New Brunswick who lives in Ottawa, is one of the travellers giving Bollinger headaches.

"I'll be in Puerto Vallarta with my boyfriend for New Year's," she said. "I can't wait."

Those travelling around the millennium may also notice an increase in air travel prices, partially because some airlines have added a 'millennium surcharge' to tickets.

"They know they can fill the seats so some are adding as much as \$200 each way," said Bollinger. Popular destinations to ring in

Popular destinations to ring in the New Year include Australia, New Zealand and the South Pacific.

Last week, Bollinger found only four or five business-class seats going to Sydney between Dec. 20 and 29.

The tickets are selling at \$8,000 return from Ottawa. During low season, such a ticket would be \$1,700.

"A lot have people just waited too long," said Bollinger. "Fares are getting incredibly expensive."

A trip to Cancun, for example, would normally cost around \$1,000 during Spring Break. Fares are now approaching double that amount, especially if travellers want to stay in Cancun itself rather than in one of the surrounding areas.

Bollinger says people are divided about Y2K superstitions and whether or not the Millennium Bug will affect airline computers on Jan. 1.

She says most people are either not giving it a second thought or totally paranoid about it.

Some are even travelling for the sake of travelling.

"I have a guy who booked on January 1, 2000 just so he could say that he travelled that day," she said.

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Breaking the sweat

Source: The Varsity (University of Toronto)
By Nicola Luksic

TORONTO (CUP) - The University of Toronto is considering a code of conduct that would ensure all university merchandise is sweatshop-free.

Over half-a-year ago Students Against Sweatshops, a U of T student group, started lobbying their administration to adopt a policy that would bar any university merchandise from being made in a sweatshop.

"Most people we come across are surprised to find out that we have no code [of conduct]," said Genny Santos, a U of T student and SAS member.

Santos has been on a task force for developing a code of conduct for U of T trademark licensing since last spring.

She was hoping to see a proposal presented at the university's Governing Council's next meeting on November 4th. But the code's implementation will now likely have to wait until early next year.

"Decision making in big institutions is very frustrating," said Barbara Dick, assistant director of alumni relations, who is also on the task force. "We have to make sure we go through the right channels and cross all our T's and dot the I's."

The code will demand complete disclosure of manufacturers using U of T insignia. Companies will be obligated to say exactly where their merchandise is made and under what conditions.

Dick emphasizes that the university did not bend to student pressure, but says

the SAS influence is appreciated.

"I don't think it's entirely accurate to call this a student initiative," said Dick. "By the time the students formally approached us we were already in the process of developing a code."

It's not only U of T students who await the code's final draft and approval. Across Ontario students hope to use the Toronto example as a springboard for action on their own campuses.

"U of T started the ball rolling in Canada," said U of T SAS member Sonia Singh, pointing out that the Toronto group was inspired by students at Duke University in the United States, where a code has been in place for the last few years.

"You guys [at U of T] are so far ahead," said Jose Martinez of the University of Waterloo, "When U of T passes their code, it will really help us out."

Over 100 simultaneous actions targeting university involvement in sweatshops took place on campuses across North America last week, according to U of T's SAS.

"It's one of the more popular issues for students to support-there is no reason not to support it," said Leslie Norville, York University's full-time Ontario Public Interest Research Group co-ordinator. "It isn't a boycott campaign, but rather one that demands disclosure so consumers can make informed decisions."

Proposed Divorce Act amendment could affect students

Source: Ottawa Bureau Chief By Chris Bodnar

OTTAWA (CUP) - A proposed amendment to the Divorce Act may affect students whose parents have divorced.

In the next few weeks, Liberal MP Roger Gallaway plans to table a private members bill in the House of Commons that will stop the power of courts to increase support payments when a child begins their post-secondary education.

Currently, married parents have no obligation to pay for their children's university or college education, although student loan eligibility is based on parents' incomes.

Parents who are divorced, however, can have their child support payments increased by a court order when their child turns 18, in order to cover the costs of post-secondary education.

"To me this is not a difficult issue. It's just an issue where some fairness enters into the equation," said Gallaway. "The courts treat divorced people radically different than they do those whose marriages are intact."

Although he doesn't know how many students could be affected by the proposed changes, Gallaway says the bill only serves to point out one of the problems with the current law governing divorce procedure.

Last year, Gallaway co-chaired a joint House and Senate committee that recommended numerous changes to the Divorce Act that would ensure divorced parents weren't burdened

with obligations from which married couples are exempt.

While Gallaway says he believes the Liberal caucus will support his bill, he says there are many other groups across Canada who support this change.

Danny Guspie, executive director of the Fathers' Resources International, is one of those supporters.

Guspie says any attempt to make the Divorce Act easier to understand and to use is welcomed by his group.

In addition, he says all parents, married or divorced, should have equal and fair financial obligations towards their children.

"This can be a huge issue," said Guspie. "Picture that you're a father and you get this order and you even agree with it initially but then all of a sudden you find yourself in a position where you're unemployed."

Although there are opportunities for parents paying child support to have legal adjustments to their obligations when they can no longer afford it, or if their children are not using the finances properly at school, parents often cannot afford legal representation to have the changes made.

"The bureaucracy is set up for the convenience of everyone except the jurisdiction of the parent," said Guspie. "The only winners are those in the legal profession."

Bacteria might save lives

Source: The Gateway (University of Alberta)
By Cynthia Lambertson

EDMONTON (CUP) - The toxins formed by Escheria coli, a bacterium found in the human intestine, could help fight cancer.

Doctors Linda Pilarski and Andrew Belch of the University of Alberta are collaborating with a doctor in Toronto to research the toxins from E. coli that purge cancer cells from bone marrow and mobilized blood.

If successful the new treatment could help fight some breast cancers, leukemia, non-Hodgkins lymphoma and multiple myeloma.

This past June, the project won a competition in the Terry Fox New Frontiers Initiative for transnational research.

According to Pilarski, this unique concept has "caught everyone's imagination."

Pilarski describes the process: cancer patients, after aggressive therapy, require stem cell transplants. Stem cells are the building blocks of red and white blood cells.

Transplants from other donors, however, are dangerous because it is often difficult to find a perfect match. The patient's own cells are already perfectly matched, but must be purged of any residual cancer.

With the new treatment, a graft is collected before chemotherapy and cleansed outside of the body. Cancer cells in the graft selectively take up the toxin from E. coli, and this toxin kills cancer cells while preserving the stem cells.

These stem cells are then reinfused back into the patient.

The project focuses on Mylemona because it has a sensitive molecular tag that researchers can If successful the new treatment could help fight some breast cancers, leukemia, non-Hodgkins lymphoma and multiple myeloma.

track, and clinical trials with five Multiple Myeloma patients are starting soon at the Cross Cancer Institute, said Pilarski.

According to a source in Dr. Belch's office, the Institute has been flooded with calls regarding the trials.

But the researchers main concern now is safety.

Pilarski wants to ensure there are "no problems with the residual toxin.

Levels have to be low and safe, and trials will confirm safety."

Pilarski says the amount of attention this research has brought the

University of Alberta and the Cross Cancer Institute is "overwhelming and exciting."

Already, she has appeared on the cover of the Globe and Mail, and has done various interviews with Portuguese, U.S. and British radios.

This publicity "can only be good" for research at the University of Alberta, said Pilarski.

After the trials, Pilarski hopes to "carry forward and develop different forms of the toxin as well as different models for improving treatment in patient cells," and continue in the ongoing battle against cancer.

40.000.000.00

US Governor signs death warrant on dissident journalist

Source: The Gradzette (University of Manitoba) By Krishna Lalbiharie

WINNIPEG (CUP) - The signing of a death warrant for the execution of political dissident and journalist Mumia Abu-Jamal by Governor Ridge of Pennsylvania is an attempt to win political points, says Amnesty International.

"Governor Ridge took action in the full knowledge that Mumia Abu-Jamal has yet to file the federal appeals available to him," AI Secretary General Pierre Sane said earlier this month.

"This death warrant serves no purpose except to put Mumia on death watch,' causing him unnecessary suffering. This is playing politics with a man's life."

Abu-Jamal, a founding member of the radical Black Panther Party, was arrested and convicted of first degree murder in the 1981 shooting death of Philadelphia police officer Daniel Faulkner

The officer was allegedly shot after stopping Abu-Jamal's brother for driving the wrong way down a Philadelphia street.

Abu-Jamal was arrested at the scene.

Since his arrest, Abu-Jamal's writings regarding the United States justice system have attracted the

ADVANCED SHUTTLE

support of foreign political leaders, as well as death penalty opponents.

"The United States is a racist colonial power that doesn't like to be threatened, " said Kandis Cindi-Ly of the Winnipeg branch of the Free Mumia Coalition. "In order to remove that threat the state has to kill people. They want him dead because he exposes the system for what it is."

adds Cindi-Ly Pennsylvania has the largest record of death sentences in the United States, most prescribed for African Americans.

Abu-Jamal's attorneys maintain former Black Panther was improperly removed of his right to represent himself - as demonstrated by the trial judge's ruling that he had to allow the court, or his supporting counsel, conduct questioning of remaining prospective jurors.

Prosecutors reply by saying Abu-Jamal had been properly

removed from parts of the trail by attempting to disrupt proceedings. They maintain he was not entitled to relief from his own wilful misconduct.

The group Justice

4 Police Officer Daniel Faulkner, established in support of Faulkner's family, agrees with the prosecution.

'Our motivation is to see justice done and to prevent people from profiting off the murder of a police officer," the group said in a released statement, issued shortly after Abu-Jamal's death warrant signing. "This is a victory after so many years."

Cindy-Ly disagrees.

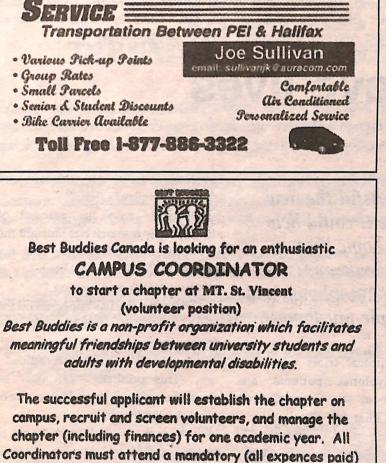
"Regardless of what you think of this man's politics, or whether you believe he is guilty or innocent," said Cindy-Ly, "it's our obligation as citizens of the global community to protect each other and to fight for each other and our right not to be executed."

Both the Free Mumia Coalition and Amnesty International are currently petitioning Pennsylvanian authorities to rescind Ridge's Abu-

THE PICARO



Jamal's death warrant. We're five Issues in... That only gives you seven more issues that you can contribute to. The deadlines for those issues are: **NOVEMBER 17 JANUARY 12 JANUARY 26 FEBRUARY 9** MARCH 1 MARCH 15 MARCH 29



training conference in Toronto

August 2000.

Interested volunteers should contact Stacie Lobzun at:

1-888-779-0061 or best.buddles@sympatico.ca

Alcohol, the wonder drug. Students seem to think that that is what liquor is. Sometimes it does seem to be. We drink, we go out and we have a great time. The thing is...what is so great about being drunk. You go out, get drunk and the next day, well... you feel like shit. That's the only way to say it. Maybe you puked all night, maybe you went home with someone and you've woken up somewhere that you just don't want to be, maybe you drove home after having a "few too many", maybe you even did something that is just not within your moral standards.

We regret these things, it doesn't seem to matter who you are, when you drink to get drunk, you end up regretting something. Take a look around, you would be surprised with the number of people around you that have a drinking problem. Alcoholism can destroy your life. As young adults drinking seems to be the "cool thing" to do. You know what though...it's not. Sure, it can be fun, but so can many other things. There are people out there, we all know them, that just don't drink. We often make fun of them, say things like, "you're such a loser" or "come on...drink", you all know what I'm talking about, a lot of us have done it ourselves.

Drinking can be alright, when it is in moderation...most of us just don't moderate. Social drinking has the potential to be a positive experience. It's like that commercial, you know the one, the little girl is talking about the party she went to and how she had sooo much to drink and she's sooo hungover, well, you get the picture. My problem is that at the end it says something to the effect, why does the story sound so great when you tell it? It's really terrible to hear such a little girl talk like that, but we all have our "famous drinking story".

What's my point? I just want people to be aware of the reality of drinking, to know the consequences.

Concerned Student

If it ain't broke, say it is, so you can get new stuff....

By Charity "Superstar" Baker

So, it's Friday morning, EARLY Friday morning. We're talking just a few seconds past midnight here. And where am I? Not at home in bed, and not in the pub (because no one's in the pub). No, I'm here in the office trying to get my editorial done. It should have been in a few hours ago. So, what the hell is my problem? Procrastination? A little. Lack of ideas? Yeah, a little bit of that too. But the biggest problem was I had no where to work. That's right, in an office of 13 people, I couldn't find a computer. Unlike Student's Union (SU), we didn't get all new computers. In fact, the one I have finally managed to grab tends to freeze and shut down on its own every so often. So, what's the deal? Why am I fighting to find a computer to work on when SU has more than they can handle? When do we get a little piece of the computer pie?

So, as I'm typing on this computer which seems more like a glorified calculator then anything else, I am wondering why SU managed to snag some pretty sweet computers while I am pounding away on this piece of junk. Is this to deter theft? Because I certainly wouldn't be taking any of these computers by choice. So now I'm forced to ask just why we weren't invited to the computer free-

for-all that SU got to go to.

I've heard that SU "needed" new computers because their old ones weren't Y2K compliant. Well, that's a half decent reason, so sure, get them some new CPUs. That's all they need, right? But wait, if they only needed new CPUs, then why do they have brand new EVERYTHINGs? Hmmm, it's a mystery. So, let me get this straight, this whole Y2K thing affects your monitor, your printer AND your scanner? That's a nasty problem. Now it makes sense that SU needed brand new, top of the line equipment. It also explains why we aren't getting a Caritas Day this year in order to make up for the extra time we have off after this horrible Y2K thing hits. Somebody get me to a bombshelter, all hell's going to break loose on January 1st. But that's beside the point, and it is getting me off track.

Anyway, here I am, seeing all these old computers being discarded, and I am thinking that it would be great if we could get some for the office. I mean, if SU has to get rid of them so desperately, they can't be worth that much, so you can just donate them to the local university



paper. Makes sense to me, how about you? But, and this is the funny part, honest, SU tells us that they can't give us the computers until they figure out if they are Y2K compliant or not. Did you get the joke? C'mon, laugh with Ha ha ha...ha...ha... So, SU gets new computers because they're broken, but they have to check to see if they're broken before they can give us any? Is anyone else confused? I know I am, but I'm also a little biased. Because I am still typing on the same computer Fred Flintstone used, and I know there is a little hamster inside this thing, just writing the letters as I type. Sooner or later that hamster is going to get tired, or die, and then I'm screwed. But at least I have the knowledge that my computer won't be the victim of this sneaky Y2K problem. I say sneaky because it has to be a little cunning to only be evident when they are checking to see if they get new stuff. Most computer glitches hang around and make themselves known. In SU's old computers it appears, and then hides. And then comes back again...maybe.

So, if we can't get the old computers because they might be broken, then maybe we should get a piece of the new computer pie. We could use a few new ones. We'll even keep the old ones, because we don't know what could be wrong with them. But, as it looks, if we want new computers, or even old ones, we're going to have to pay for them ourselves. Which we can't do, because no one came to karaoke.

The opinions given in these articles are those of the writer, not necessarily the Picaro or its editorial staff.

In the Hot Seat

By Melissa Melanson

In our university there are certain people who, in times of conflict, have to answer the big questions. These people include—but are not limited to— the Student Union executive and council, the editorial staff of the Picaro, head of security and numerous other faculty members. Because I am a student and am therefore primarily concerned with students, I will be commenting on the plight of the two former groups.

At some point during my university career I've been a member of both of these groups, and I'd be the last one to tell you that these groups have never pissed me off. So consider this an article written by a student, who is as unbiased as she can be.

Being a member of Student Union is a big responsibility. Despite what people think, they actually can make a difference in our day to day lives. They have at their disposal all those fees that people whine about. And it is up to their superior judgment (which we granted them by voting them in) to figure out how this money would best serve the students.

For the most part, Student Union does act in the very best interest of the students. They're not working in my best interest, you may be telling yourself. But how on earth are they supposed to know what you, the student, needs, if you don't tell them? Like just about everyone, they are doing the best that they can with the little that they have to work with.

And on that note I will switch gears and begin my commentary on the student newspaper, the Picaro. If you've ever stopped by Rosaria 114, you probably get the impression that the Picaro staff is a bunch of jokers who hold bizarre office hours and sleep far too little. All this may be true, but as the student newspaper, the staff has a certain responsibility to the university. No, responsibility is much too positive; I would say that accountability would be more appropriate.

These two student groups sometimes seen as non-permeable entities that exist outside of student life. They're there, I'm here, they have nothing to do with me, right? Wrong. Who do you think supplies the money to allow these two groups to exist? That's right-you. So in effect, the Student Union and the Picaro work for you.

But don't let all this power go to your head, because as a responsible employer you must ensure that these two groups are operating in a manner that you see fit to best help the organization. When you're screwing around at work, does your boss just sit and whine about it? No. Most likely they'll find out what the problem is and get in there and fix it. After all, if his or her employees are not doing their job, then the entire

organization will suffer.

If something is bothering you about how your money is being spent-do something. Did you know that every student has the right to observe council meetings? Contrary to popular belief, it is not some topsecret society. And everyone knows that they can go to Picaro meetings,

In case I have not made it apparent, I have no respect for people who give 100% criticism and 0% solutions. People whine because the students who run for student union don't represent them, they're the same people that do everything on campus. These are the people that ran and they are the people that you elected. Should I even bother bringing up the fact that you probably didn't vote?

As students we need to take a more proactive approach to change. If you don't feel that your voice in being heard in council, then talk to your representative. More than likely, they will be happy to hear your concerns. And if your constituency is not being represented, then talk to the executive to ensure that your concerns are addressed. There are still a number of positions on council that have yet to be filled.

You may have noticed that many of the articles in the Picaro have been written by a small group of people. This is because these are the people that are submitting articles. Since the beginning of the year, I have approached lots of people about writing for the paper. Most people are indifferent, don't have the time or don't know what to write about. If you have ideas, the Picaro would love to talk to you.

Remember that these people who sit in the hot seat are students just like you. They have classes, families, outside responsibilities and they too have troubles. Undoubtedly they have their off days, and sometimes screw up. It is for these reasons that they desperately need

You may feel that as one student you have no power, but the power to make change is within you. Sitting around whining and complaining will not accomplish anything. When you were a small child (at least I hope you were a small child) and someone hurt your feelings, you would call them a mean name. It didn't accomplish anything more than making you both feel bad. Hopefully you've learned that when something disagrees with you, hurting others will not solve anything. You have to get up and change something.

I encourage all of you to exercise your privilege to make a difference. You may have different opinions, but without them, we would never have

come to where we are today.

Matchbox 20 plays at the pub

By Wendy Walters

Ok everyone...I am pissed off and ready to rant! Today I was walking back from the cafeteria and I stopped by the Student Union table. That's right folks, our Student's Union has decided to bring us some quality entertainment via Vinnies Pub. Yefreakin'-hoo! I looked at our list...Signal Hill, Sons of Maxwell, Arlibido and Ivana Santelli. Who is excited? I, most certainly, am not.

I am not trying to undermine, or underestimate, the talent of these musicians. However, I just can't get excited to go see the first three bands. I can see these people downtown any given weekend for \$3 and proper ID. One funny coincidence is that all of the names, except Ivana Who??, are all under the Talent Source promotions company (a.k.a Cheap-Entertainment Source).

OK, now comes the finger pointing. The Mount Student body has been exercising apathy at a level so large that we should be offering a degree program for it. To say the least, the events hosted at the pub, or anywhere else in this school really do not get a large turnout. But, ask Student Union how often they get suggestions on what the students want. Or again, how often do they address these suggestions? But, I guess a polling booth for a couple hours outside the cafeteria is a suffient way to include the whole student body's opinion!

Planning activities for the Mount has become a burden and a groan. Why bother! Remember that time we got the Indie Band Showcase, Halifax's best talent. Who came? Lost money. Great event. Then we had Fly Jimmy Swift; great band, No people. Who would Mount Studnets come see?? I am sure that Arlibido will pack the pub and make up in lost revenues for the poor turnouts of the previous events. At least the overplayed Signill Hill might bring in a few old fathfuls. Sons of Maxwell...well, maybe my parents will fly up and see their CMT favorite.

But, maybe we all should ask ourselves what makes a Vinnies special event, special? I think that a band that you can't walk into any downtown bar and see on any given weekend would be a good start. After all, where would you rather see a band? I know that Vinnies is not on my top ten list of venues! I am not quite as negative about Vinnies as many, and even I would rather go downtown where I can guarantee an audience to share the fun and enjoyment of actually watching a band.

But, just try suggesting a band that doesn't play Halifax so often that we are sick of reading their names in the Coast. SU does have a budget of \$20, 000 to bring in good bands. Wouldn't one really good band that brought a good turnout and made it a "special event" be better than having a dozen bands that no one came out to see!

If you ask SU for a band that actually has a song on the top 40, a familiar name, and a CD in every room of Assisi hall, you can guarantee a fit of laughter. The idea of Sloan, Melanie Doane, or Prozzac would definatly bring the idea of going to the pub a little more interesting. Just try it. These are all great Canadian bands, some are even local. Is it that rare for a University to want to have a great band play in their pub? DAL, ST. F.X, SMU &

MUN are all great examples of schools that seem to



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(cont. 11)

(cont. from 10)

not have a problem with this.

But, this is the Mount. We are too small. Bullshit. There are enough people at Vinnies on some Thursday nights to make an opportunity like this fly. Other small schools get big bands. Have a look around. Do you see Signal Hill playing at Mount Allison this weekend?? weekend?

We, as Mount students, should start giving a shit about our student life. Why settle for this week's Split Crow matinee while our peer universities are bringing in all the big bands? Why do we have to go across town to their schools to see their bands. Our students love music. Why else would we go go across town and humble ourselves to another school's special event?

I'd like to end this article with a quote..."If you book them [good bands], they [the students] will

Letters to the editor should be no more than 200 words. Opinion pieces should be no more than 500 words. All submissions must arrive the Wednesday before publication, by 5:00pm (the next deadline is November 17). All submissions must include the author's full name, student number, and phone number. All submissions are subject to editing.

Words...

By Rhonda Simser

Well, here it is 2 o'clock in the morning...actually, more like 3 in the morning, and I am in the office "copy editing". To be honest, I just left the Pub about forty five minutes ago, and I have been sitting here, wondering what to write for my editorial this week. I had an idea at the beginning of the week, and for about 200 words, it was going great. But then in the fashion of most things I write, it lost steam, and the editorial died.

Deadline has passed, but because there isn't anyone here to stop me, I am still trying to finish this editorial. I am staring at the computer screen, (well, now I am, before Î was riding in the hallways on a chair), and I am hoping it will just start typing on it's own. Guess what? It isn't doing it. You would think that because I am here all by myself, with no one to bug me, I would be a fountain of ideas...WRONG!

I have been thinking lately, well in the last two or three weeks, that sometimes people say things that they don't mean. Not only that, they say things, that at the time seem insignificant, but in the long run are very significant. It may seem like a passing comment, or a joke, but there are times when words can hurt someone, and the person saying it might not even realize it until it is too late. Especially when it comes in the form of a paper, and which has wide circulation.

A lot of people know that the Picaro has a column in the paper called Potty Talk and other Stall Tales, and that what it is, is a forum for people to write funny, inside jokes to their friends, and have a little laugh.

But what happens when someone abuses the anonymity of the column, and uses it to hurt someone? Should it be overlooked, as most people wouldn't know what it meant? What if someone's name was used, like it wasn't supposed to be? Should that be overlooked?

The answer to both of these

questions is no, it should not be overlooked, which is why I am writing this editorial. I am responsible for hurting someone in Potty Talk. I was hurt by something someone said to me, and I used this column to get him back, to hurt him. At the time, I didn't think anything of it, I never thought it would hurt him like it did. But I was wrong.

You never know the power of words until it is too late. Once the words are out of your mouth, or in print, it is so hard to take them back. No matter how many times you apologize, or have someone try to make things right, you can not ever take back the words that hurt someone.

Which is where I am right now, trying to figure out how to do the impossible: take back the words that hurt someone. I have always prided myself in being someone who would never hurt anyone intentionally... but what I did was intentional, and I swore I wouldn't feel guilty about it. That feeling lasted for about two seconds after the last issue of the Picaro came out. When it was brought to my attention that I had hurt someone with my words, I first said, "Good, now he knows how I felt." But as the minutes went by, (and I do mean minutes), I began to feel more and more guilty about what I had said.

All I want to say is, watch what you say to people. You never know until it is too late that what you say might hurt someone. In the world we live in, life is too short to let hurtful words clutter the days. Always be careful of what you say, people are a lot more sensitive then they let on, and you should always have respect for people's feelings.

I learned this one the hard way. And to the person I have said a few hurtful things to ... I am sorry. I never knew five little words could hurt so much.

Lonely at the top

By Leslie Cheeseman

It takes me one minute and eighteen seconds to walk from Seton-where all my classes are held—to the Rosaria Students' Centre. I'll admit, it is a painful walk up an impossibly steep little hill and it does take me an extra two minutes to stop panting once I get there. So, three minutes and eighteen seconds is the total. This isn't really a huge drain on my energy and time. Especially when you consider that some of the best things at the Mount are at the top of that hill.

The Rosaria Students' Centre houses all of the services that our university and Student Union provides for our benefit. This is where you can find the only banking machine on campus, the book store, The Corner Store, the gym, Vinnie's, the Fountain Play Centre, the main cafeteria, and the Picaro.

But most Mount students rarely make the trek to Rosaria. Last Tuesday afternoon I sat near the building's main entrance for about an hour. Only 21 students passed by, and if you subtract the people who were just going to work—at Vinnie's or Student Union-and the people who were merely passing through on their way to residence or Evaristus, the number becomes much smaller. There were only four people in the gym, two in the weight room, three in the pub, six students sitting in the halls and no customers in the Corner Store at all. The place was deserted. This isn't considered a slow day. This is normal.

Why are there no students in the Rosaria Students' Centre? Why is it so quiet here, when Student Union Buildings on other campuses seem so busy and noisy and fun? Why do talented bands perform at Vinnie's for crowds of 14 people? Why don't the students of Mount Saint Vincent University take advantage of the services that are provided for their benefit? Why, why, why?

I'll confess. During the year after I moved out of residence and before I started working at the Picaro, I rarely entered this building. No Vinnie's, no Corner Store and certainly no gym-this last item is probably unfortunate in my case. I think that maybe I walked up there a couple times to buy books or to use the banking machine. I'm not sure why. Maybe because nobody is ever up there and who really wants to sit around all alone?

I realize that the Mount is a little lacking in the school spirit department. But this stuff is free. University students are supposed to love free stuff. Wait, I take that back. These services are not free. Their costs are included as part of our tuition and student fees. When we don't take advantage of them, we're throwing our money away-it's kind of like skipping a class. In four years, more or less, we will be graduates and we will have paid dearly for every moment that we spent pursuing a higher education. I say that we owe it to ourselves to go to the gym, write for the Picaro, keep tabs on Student Union and find time to relax at Vinnie's. Let's all leave here in awesome shape and with lots of great memories, as well as a

eople suck: the sequel

By James Tilley & Melissa Melanson

People Suck because they didn't go to Karaoke.

People Suck because they leave broken eggs in the multi-purpose room so that clumsy people can trip on them.

People Suck because they complain about being fat, all of the time.

People Suck because they say that they are unable to do the littlest task because they are too busy, and then they expect you to help them at the drop of a hat.

People Suck because they don't all write for the Picaro. Yet they have no problem using the office for their own

People Suck because they think drinking alcohol is the be all and end all of the universe.

People Suck because they complain about things without trying to change things themselves.

People Suck because they assume they are busier than everyone else.

People Suck because they put foreign objects into people's food.

People Suck because they don't like 80's music.

People Suck because they commit to something then drop out at the last minute.

People Suck because they laugh at people while they are trying to sing Britney Spears (the key word here is "trying")

People Suck because they are afraid of dark places.

People Suck because they are dressed in drag, yet they look better than the opposite sex.

People Suck because they think that our hair is sacred and that we shouldn't cut it off. (But James did HA HA HA)

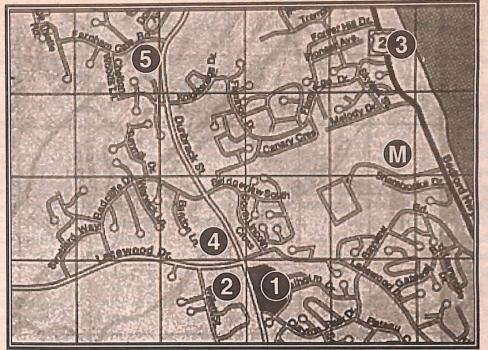
People Suck because they haven't given us any good material for this column.

People Suck because they always take things out of context.

We suck because we have committed most of these appalling acts... Except for the 80's music one of course.

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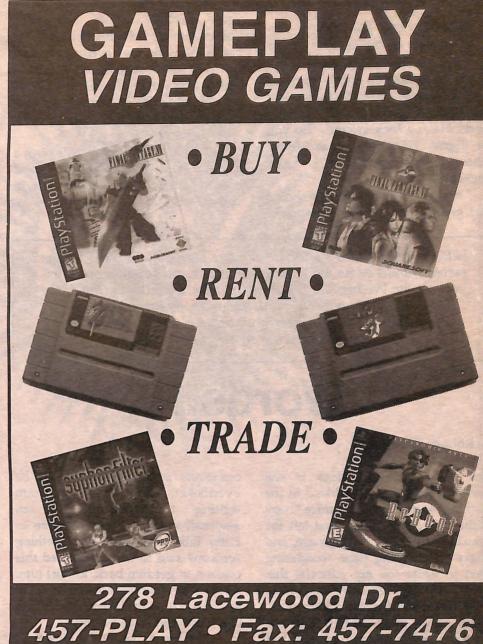


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PRESCRIPTIONS

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SPIRITUALLY SPEAKING...

By Martha Martin, MSVU Chaplain

Question: Why doesn't God answer my prayers?

I am reminded (I'm showing my age now ...) of the old Rolling Stone song "You can't always get what you want, but if you try sometimes, you just might find, you get what you need ..." Often our prayers do seem unanswered, when the reality is that they have been answered in ways other than those for which we have prayed. Tom Harper, in his book Prayer, the Hidden Fire, suggests that people look at all the prayers that were initially thought to be unanswered, but in hindsight turned out to be answers as good as or better than those originally sought. However, in times of tragedy and trial, it is almost instinctive to pray, to take the pain away, to heal the sick, to bring about the miracle. Even Jesus, in the Garden of Gethsemane, prayed to be spared his terrible fate. But, as we now know, this was not to be.

This question assumes that we have the answers to our lives, indeed to the lives of others and the world, and petitioning God with our own solutions will bring about the results that we want. It reflects a child-like understanding of God and the world, reminiscent of the bedside prayers of our childhood. While this is an important stage in faith development, to understand God as protector and comforter, ever-present friend and help, a more mature faith moves beyond this understanding.

Instead of understanding God as an omnipotent, omnipresent being in control of the world, many understand the presence of God to be in and through the world, acting in partnership with its inhabitants through space and time. In this way, prayer is not only talking to God, but listening to God as well, opening our hearts to the mystery of the Divine presence in our lives. Prayer is not only conversation, but discernment, and can take place in many ways and places. I'm not convinced that many of us in the Western world have nurtured this understanding of prayer as listening, of quieting one's heart, of meditation, in order to connect with a deeper and holy place within ourselves. When we pray in this way, we know that even though we face trials and tragedy, we are not alone, the Divine presence is with us as strength, comfort, and support.

In Prayer, The Hidden Fire, Harper says about prayer (p.42) "I believe that prayer is an attempt to align oneself or one's community with the cosmic will of the Supreme Intelligence; that it projects subtle information - light and healing energy - towards the one or the many being prayed for. Ultimately, all being, animate and inanimate, is held and enfolded by various kinds of consciousness and information. Prayer, I believe, taps into that and releases it in our own lives and those of the ones for whom we pray."

So, why doesn't God answer my prayers? Sometimes I think I'm talking too loudly to hear the answers - perhaps I need to "... try sometimes [to listen??], I just might find, I get what I need."

The Chaplain welcomes your comments and questions; call 457-6446, or email Martha.Martin@MSVU.ca.

Upcoming programs: Interfaith Discussions (brown bag lunch in Evaristus Chapel, 12:15 pm) November 5 - Paganism December 3 - Buddhism

Also. Women's Spirituality Discussion Group; 4:00 pm, Evaristus Chapel November 9 - Beauty: Mirror, Mirror on the Wall November 23 - Power December 7 - Food, Glorious Food

Vox Populi

If your life was a movie what would it be titled and why? What rating would you give it?



The Older Sister Starring Carrie Barnhill, BBA Debert, NS "because everyone asks me if I'm Christa's older sister." Rated: PG

Snow Globes Starring Catherine McAllister, Human Ecology Milford, NS "because sometimes things get all mixed up and then settle again and sometimes it looks nice and other times it looks cheesy." Rated: A

Stupid, Stupid, Stupid Starring Jackie Thornhill, BA Halifax NS "because I'm an Arts students and I'm taking Economics just because I'm stupid, stupid, stupid." Rated: PG13

Work, Work, and more Work Starring Stephanie Lordly, BSc New Germany, NS "because that's all I do." Rated: G

Starring Mohammed Felfel AKA Mozzy-Tone, IT Palestine "because I like to get things on Rated: R



Ah Shit! I've Fallen and I can't get up. Starring Chrissie MacEachern,

CHYS Judique, Cape Breton, NS "because I'm a clutz." Rated: H for Hilarious

One Hour, One Beer Starring Olivia Coffin, Dietetics

Port Aux Basques, NFLD "because I say I am going to the Pub for one hour and one beer and I come back hours later and drunk."

Rated: OMB for One More Beer

The Story of Me: an Unauthorized Biography

Starring Holly Barrett, Dietetics Carbonear, NFLD "just because man, just because." Rated: XXX

The Many Adventures of Viola

Starring Viola Selk, BBA Ontario

"because I have many adventures and will have many more." Rated: G but wishes it was XXX

Livin' la vida Newfoundland

Starring Sherri Lomond, BTHM Marystown, NFLD "because we are all crazy Newfies." Rated: PG13



Alcoholics Anonymous Starring Pam Parsons, CHYS Spaniard's Bay, NFLD "because drinking is part of my culture, Dammit." Rated: XXX

And the continues of the second

Dumb and Dumber Starring Julie Gathercole, BPR

and Betsy Meade, BBA Moncton, NB "isn't it obvious" Rated: PG13

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Erin Silver



Horrorscopes: With a little effort your life can be half decent too!

By Charity Baker

Rather than tell you everything that is going to go wrong over the next few weeks, I have decided to give you a glimpse of the things that can make life better. If you can follow what the stars think you should do, then everything will be fine. Good luck!

Scorpio: 10/24 to 11/22

Kiss a purple spider on the lips. Share a celery flavoured milkshake with a man who has walked around the world. Make a film about bananas and sell it to George Lucas; call it "Peel Wars." Jump out of an airplane without a parachute. These tasks are laid before you to show you the way to success, otherwise you're

Sagittarius: 11/23 to 12/21

Talk to a duck by reading his lips. Make friends with a blind chipmunk who wears a tutu. Make Jello. Dress up in your Sunday best and play in the jello. Drink a whole tub full of chocolate milk and burp the national anthem. Drive to the beach and go skinny dipping with your clothes on. Sleep on the bus and wake up in a different country, married to a one-armed rabbi. These tasks are laid before you to show you the way to success, otherwise you're screwed.

Capricorn: 12/22 to 01/09

Ride behind a bus on a skateboard in your underwear. Dye your hair purple and call yourself Barney. Take a trip on an orange flying hippo. Bake a cake in the fridge and turn the lights on with your mind. Scale a glass wall and jump down. Call your boss a monkey and pick the bugs off their head. Eat some worms and sing the Alphabet Song in the middle of the street. These tasks are laid before you to show you the way to success,

otherwise you're screwed.

Aquarius: 01/20 to 02/18
Just wake up each day. You really don't have to do anything else.
Because your life is pretty good as it is. But you already knew that didn't you?

Pisces: 02/19 to 03/20

Grow a foot taller and make sleeping a legal profession. Drive away in a police car with Elvis strapped to the roof. Listen to Kenny G for 50 hours straight and come away sane. Write a letter to Santa and address it to the Prime Minister. Give your class a strip tease and ask your professor for an A. Talk incessantly about your hernia and become friends with a vertically challenged giraffe. These tasks are laid before you to show you the way to success, otherwise you're

Aries: 03/21 to 04/19

Eat a marshmallow cloud and dance with the stars. Steal the gum from a 90 year old nun. Fly a plane into a tree and see if you can scare the birds. Chase a train across the country...on rollerblades. Stick a pencil up your nose and write on your brain. Give yourself a tattoo of a horse...on your butt. These tasks are laid before you to show you the way to success, otherwise you're screwed.

Taurus: 4/21 to 5/21

Shave your head and paint it yellow. Pluck your eyelashes and make a wig. Be productive at work. Make fun of the big man on the bus. Learn to fly by flapping your arms. Get up on stage and sing "Beautiful Dreamer" while wearing sexy lingerie. Lip-sync to Milli Vanilli and make sense out of life. Take a bath in orange crush and roll around on an anthill. Paint your fingernails blue and green and steal the flag. Oh, and find me some more lyrics to use for your prediction. These tasks are laid before you to show you the way to success, otherwise you're screwed.

Gemini: 5/22 to 6/21

Start sleeping with all your friends. Adopt a baby seal and keep it in one of those turtle kiddie pools. Find a leprechaun and teach it to play Old Maid. Talk to a ghost. Watch Titanic and be surprised by the ending. Take a rubber band and try to shoot a lion with it. Run screaming from anyone who says the word "yes." Eat oranges with the peels on, and spit out the seeds. Catch a purple fish from a puddle and cook it for dinner. These tasks are laid before you to show you the way to success, otherwise you're

Cancer: 6/22 to 7/23

All you have to do is figure out what this says: shifkoej ahfk fisdkhja fisjf tuiewu sehiryn tgjieurtuw. Etjkojhvnjd hdhfhkdf jrgjijho rfjihjsk fdnjji erfkjgre e eregjiirhje vghjh. Then sjfjjfg fjkhn a whfhrf fdgjnkojh sjfklk. Erhjika fhhr gljsjfo schjfjhrf sfjifg jksejgf djgkrj vgmksigs. These tasks are laid before you to show you the way to success, otherwise you're screwed.

Leo: 7/24 to 8/23

Join a convent of sex loving nuns. Cut your hair to look like Neve Campbell. Stop whining about everything. Win the award for best invisible man look-a-like. Draw an exact replica of the Mona Lisa. Read every book that has the letter A on the cover. Only sleep on days without a Y. Create a new language and

alphabet and convince the world leaders to adopt it. Communicate with the skeleton of a dinosaur and learn the mysteries of the past. These tasks are laid before you to show you the way to success, otherwise you're screwed.

Virgo: 8/24 to 9/23

Create a new country just for yourself. Populate it with extinct animals and truly happy people.

Make the trees spread their roots in the sky while the fish swim in the dirt. Make malls that don't attract teenagers. Shop in your housecoat and laugh at all the people who didn't think of doing it. Cram 50 sheep into a Beetle and drive to the sheep into a Beetle and drive to the circus. Become what you truly want to be, a cow. Paint the town red, then realize you forgot the primer, and start all over again. Sit on every chair that exists. These tasks are laid before you to show you the way to success, otherwise you're screwed.

Libra: 9/23 to 10/23

Give yourself multiple papercuts and endure the pain with a smile on your face. Take a cold shower every five minutes. Clone your younger brother and send the first one to a foreign country. Sing at karaoke like tonight is your last night on the planet. Take a trip to the moon and back in a minivan. Argue that you are the genius behind Disney, and win. Make the entire world believe that two plus two really is three, and that two wrongs do make a right. Learn to speak Chinese and philosophize about the world with a three-legged platypus. These tasks are laid before you to show you the way to success, otherwise you're screwed.

A day to remember

By Amber Miller

There is one special day of the year that seems to be forgotten or overlooked by many people today. This day is Remembrance Day and for quite some time it has been greatly neglected. Sure, we've developed into a busy culture and taking time out for such a trivial reason seems impossible. Have you ever sat down to think about what this day means to our country and to everyone collectively?

Many of our forefathers fought for our freedom and for our country, many of them dying in the process. You might ask, what does this have to do with us now? We have our freedom, so their mission was not in vain. My question for you is, do you really think that it is too much to ask to take a small fraction of your day to honour those brave men who

protected what we take for granted?

Remembrance Day has now become a day that has been forgotten. ... It wasn't for pleasure, it wasn't a fling.

Stores stay open, and there are fewer people every year who go to the cenotaph to pay homage to those who paid such a valuable price for our freedom. A friend of mine who was in the military expressed to me his feelings on the matter: "I feel that it should be a statutory holiday. I've even seen people who have driven their cars through the Remembrance Day parade." An anonymous relative of mine wrote a poem on the matter and I would like to share it with everyone:

Remembrance

There once was a need for Remembrance Day, To remember our forefathers, who's life they

They all were victims of barbarous force, They all died for freedom, for the future of

Although we have glorified this terrible thing. It was done out of duty, out of fear, out of love, It was done for our freedom, which they held

But now it's a holiday, not remembered by all, A time to go hunting, or shopping in fall. Less businesses close, and ask what's the cause,

We all have our freedom, so why should we pause?

Their numbers are smaller, as their friends pass

But still they remember, and homage they pay. A day in November is all that they ask, We all have our freedom, a gift from the past.

Remembrance Day has always been a holiday that I have held dear to my heart. I find it amazing that so many people from different cultures and countries could band together to save everything good in our world. War is a terrible experience for everyone, its enough to make a mechanic out of a princess. It's a shame that it took a war to bring people together but that is just another reason why Remembrance Day should never be forgotten. It is a day for all of us, once again, to band together to thank the men who fought for us, for our freedom.

I admit, I don't always find time to go to a cenotaph for the service, but I do make sure that on the eleventh hour, the eleventh day of November that I stand at attention and take my moment of silence, and I remember. For all the men who fought and died

for me, I see that as the least I can do.
I hope that I have inspired at least one person to join me in my task to make Remembrance Day a day to be remembered. We all have to set an example so that their sacrifice doesn't end up as just another fact in the history books. Lest we forget all that has been done for us.



Boutilier's Point

Historical Sites: St. James Anglican

approximately 300

Government Wharf

Lots of water

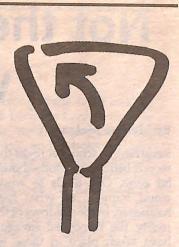
Fishing boats

Church est. 1846

Population:

Things to see:

the hell is that??



Meet my town: Boutilier's Point, Nova Scotia

By Christine Kennedy

Have you ever seen a shooting star? I saw one tonight...the second one of my entire life. Seeing a natural phenomena like that just puts life into perspective. And on that note, so does living in Boutilier's Point.

Driving down the St. Margaret's Bay Road on a cold and frosty morning, it can be difficult to fully appreciate the beautiful view of the ocean. You cannot escape the water

though, it seems to surround you with a blanket of calm. If you look to the Bay you will see numerous islands, one of which is of particular importance to my family, Croucher's Island. This island is only about one mile in

circumference and is no longer inhabited. However, there was one family that did live on the island. Nearly 50 years ago this family was no longer allowed to remain in their home on the island. They were the lighthouse keepers of the island and the government had taken their jobs away and replaced them with automated lighthouses. The charm

and mystique that people associate with lighthouses was lost for many of the community members. It was just not the same. You may wonder why this island is important to me, well, the lighthouse keepers were my great grandparents.

Proceeding down the road you quickly enter Boutilier's Point. Be careful though, you might miss it if you blink. It is a small rural community located approximately ? kms outside of Halifax. It is considered a choice place to retire, to visit for relaxation or just to unwind or maybe to live when you need a break from the hectic city life. It is a beautiful, serene community, perfect for that dream cottage. At one point in time it was known as, or rather nicknamed, Jackie's Point. There were many different branches of the Boutilier

family tree living in the surrounding area. It just happened that the main family in Boutilier's Point was the John (Jackie) Boutilier family.

There isn't a lot to do out

here. However it is ideally located along the Bay allowing for many water-orientated activities during the summer months. As for the winter, the water is the last place you want to be. The best place to spend time in the winter is in your house in front of the fireplace, otherwise you'll freeze your butt off. There is just one store, a convenience/used clothing store

which closes by nine every night. If you hadn't already figured it out, Boutilier's Point is not a very happening place. With regards to tourist attractions, well unless you think a now closed down lobster store to be attractive, then there really isn't anything here. I guess I am exaggerating, you can drive down the Kennedy Road, where my parents lived at one time, until it seems that you can drive no more. But you can. If you continue just a little further you will find yourself on the shore of the Bay where the old fishing wharfs still remain intact.

The members of the community were on their toes during the after math of the Flight 111 crash in St. Margaret's Bay. Since Boutilier's Point is located just around the Bay from Peggy's Cove, the residents made it their duty to prepare meals for all involved in the crisis. A member of the St James Anglican Church parish gave of her time to aid the victim's relatives and

search crews in dealing with the emotional damage associated with the tragedy. The community is also willing to help out in

many other ways. For instance, members of the community combine their efforts to prepare meals for those that are less fortunate. When need be, Boutilier's Point residents are ready and willing to help.

By the time you read this I won't live here anymore. I am moving into town this weekend. Being a city girl, the commute every day is just too much. Being reformed into a morning person, having to get up two hours before classes, isn't exactly my ideal way of life. Needless to say, Boutilier's Point will always hold a special place in my heart. It is my "home", it holds so much of my family history, I couldn't escape it even if I wanted to.

Boutilier's Point is my hidden treasure, for when I am asked where I live, most people haven't got a clue. It is a little known place with a lot of character. Somehow the sky just seems bigger out here.





Not the Blair Witch woods *

By Melissa Melanson

Returning to school at night through the woods behind the Motherhouse can be a bit eerie. One tends to wonder what could happen, or what has already happened, in the shadows of the trees. In reality, the rumoured savage acts that have taken place in these woods are nothing more than fabrications.

In the 17 years that Glenn Hollett has been at Mount Saint Vincent University, there have been no reported cases of rape, assault or theft in the

wooded area behind the Motherhouse. The Chief of Security knows of no such incidents ever occurring

campus.
"There has been nothing reported this year," says Hollett. The last reported incident in that area was a flasher last summer. The flasher incident was not Hollett first, the explains.

One particular event that stands out in Hollett's mind is a

flasher who struck in the middle of a snowstorm. Apparently the snowstorm creates a kind of shield on either side of the woods, and the limited visibility keeps the flasher hidden until the last minute.

To his knowledge, there have been only two incidents on campus that made headlines. Many years ago, a female student claimed to have been beaten up in Evaristus North (site of the old library). This caused a panic to ripple through residence. However, the story turned out to be untrue.

A few years later, another student reported that she was beaten up on campus but was not specific about the location of her attack. The hype built in the media about this incident also turned out to be for nothing, as the story was apparently just that—a story.

Despite the Mount's track

record, student's still seem to fear the woods. "It's because of the Blair Witch Project movie," says Pam Parsons, a first year residence student. The recently released movie that takes place in the woods has left some people reluctant to enter the woods.

Part of the reluctance to go through the woods could be a result of the large number of students from Newfoundland and Newfoundland folk tale about fairies. A topic that non-newfies know very little about, the fairy story seems to have a profound effect on those who hear it.

The legend of the fairies tells of the little creatures taking people through the woods, putting them in a hypnotic trance and leading them astray. People could be lost for days as a result of the fairies.

you talked to my grandmother, you would never go in the woods again," said one believer. But not to worry, because contrary to what the outsider might think, fairies

can not fly. "You don't have to worry about fairies here, because they're all Newfoundland." Apparently, fairies move through the woods by hopping around.

One sceptical New Brunswicker, Amber Miller, isn't altogether sold on the idea. "What if the fairies hopped on the ferry?" asked Miller. "They could end up in Cape Breton and who knows where they could go from there."

Whether it's legends, scary



movies or paranoia that keeps you out of the woods alone at night, it is in your best interest to be safe.

We are a relatively safe campus, but we still like our students to have a certain level of awareness," says Hollett. He strongly recommends using the "buddy system" when walking around campus at night.

As long as students use their heads, there is no reason to be fearful on campus. "We're still separate from the city," says Hollett. "You have to deliberately come on our campus."
Hollett says that our slight isolation protects us to a degree, as we are not in the middle of the city like other Halifax universities.

But don't let your guard down. "We don't want people to have the attitude that nothing can happen to us." Being a predominantly female university, one would think that we would be a target for psychos and weirdos.

"There have been fewer flashings since there have been an increase of males on campus and particularly in residence," says Hollett. But security still wants people to be aware of what could happen if they are not taking the proper precautions.

Mount Saint Vincent University property ends at the Meadows, but security does occasionaly patrol the roadways around motherhouse. Hollett stresses that they only do this occasionaly. It should also be noted that security will not escort people to a wooded area.

Hollett feels that the safety of the campus is a co-operative effort. Security and students all have a responsibility. "We are as safe as we keep ourselves," says Hollett.

So whatever it is that keeps you out of the woods, or any other risky area at night, be aware of the real dangers out there. And look out for those fairies.

Things that go bump in the night

By Nicola Hanson

Ok, Ok, I know that when the paper comes out it will already be after Halloween, but I wanted everyone who dressed up on All Hallow's Eve to know what they were celebrating.

Halloween is the modern equivalent of the ancient Celtic fire festival called Samhain (pronounced "sow-in" with sow rhyming with cow). The Irish-English dictionary published by the Irish Texts Society defines Samhain as "All Hallowtide", the feast of the dead in Pagan and Christian times. The feast celebrates the close of harvest and the beginning of the winter season. This time of year was significant to the Celts because their lives would change radically at this point. The cattle were brought from their summer pastures and people gathered in their houses for long winter nights of story telling. It was a New Year's festival for the Celts. Masked and costumed villagers representing the souls of the dead paraded to the outskirts of town leading the ghosts away.

Ironically, Samhain is not a deity. The Celtic gods of the dead were Gwynn, Nudd for the British and Arawn for the Welch. The Irish do not have a lord of death. The Celts did not have demons and devils in their beliefs. However, fairies were often considered hostile and dangerous to humans because they resented humans for taking over their land. On THIS evening, the fairies would trick humans in to getting lost in the fairy mounds where they would be trapped forever.

Halloween is a high and holy night. It is a celebration of rebirth, that happens when the dead come back to life. People dressing in costume, transforming themselves for a night, demonstrate this. It is in this way that All Hallows Eve continues to be a night to bring to life people who have

Many humans were abroad on this night causing mischief. Celtic folk believed that chaos reigned, and people would play practical jokes and engage in horseplay. On this night, people would act as fairies and go to houses in the village and ask for

treats. Those who failed to supply a treat would have a practical joke played on them.

These Celtic practices came to North America when the potato crops in Ireland failed, and many modern day descendants of the Celts immigrated, bringing with them their traditions.

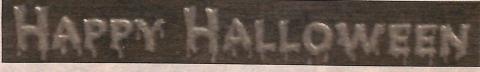
Halloween was also a religious festival. The Celtic religion is tied to the earth. Some of their great legends momentous centred on happenings that took place around Samhain. Many great battles and legends of kings and heroes take place on this night.

followers of Pagan Many religions, such as Wiccans and Druids, observe this day as a religious festival as well. They view it as a memorial day for their dead friends. Wicca is rooted in ancient religious belief. Central to its nature is a reverence for all life and a realization of the oneness of the universe.

As with any ancient rituals and festivals, there were animals killed at this time of year. This was a time to "cull" from the herds those animals that were not good for breeding the following year. Some of these killings may have been performed in a ceremonial or ritualistic manner. However, absolutely no blood sacrifice (animal or human) was practiced as part of Samhain.

As for jack-o'-lanterns, they came from an old Irish tale of a man named Jack who tricked the devil into swearing he would never go after his soul. When Jack died, he was turned away from heaven because he was mean. He was turned away from hell because the devil promised never to take his soul. The devil threw a live coal at Jack as he was turned away from hell. Jack was eating a turnip at the time and he put the coal inside the turnip to light his way back to earth. Ever since, he has been travelling over the earth with his jack-o'-lantern searching for a place of rest.

That is the skinny on Halloween and related traditions. Hope you had a happy one.





Not in the news

By Tyson White

Warning: This article is intended for entertainment purposes only.

Absolutely none of the "facts" contained

herein may be taken as fact. If you have any complaints, please send them to me and I will be happy to ignore them.

I would like to bring to the attention of the student body of Mount Saint Vincent University that there is a person on campus who is thinking about doing the worst possible thing she could ever do. If, dear reader, you happen to know of whom I am speaking, you will understand very shortly what I mean. If, on the other hand, you don't, be advised that you should meet this person if only to get a glimpse of what I'm talking about.

This person has decided that she wants to cut her hair. Now, before you turn the page, hear me out. The hair to which I am referring is the most beautiful, soft, curly hair that has ever graced the face of this planet. Just to look upon this hair can haul your day from the depths of despair to the glittering heights of happiness.

But a point was made recently, and a very good one at that. "What do you get from my hair, What gain can you possibly receive from my not getting my hair cut," This gave me a start for a moment. "What, indeed", said I to myself. And I set to wondering why her hair should not be cut; and if it were cut, why I should feel such an investment in her hair would actually disappointed. Then it came to me; I just liked to look at her hair. Looking at her hair is like looking at a work of art; the artist is often critical of their own piece, but everybody else sees the immaculate beauty of it right away. And if you hang the masterpiece over the mantle, and some years later sell it; even though you may have rarely looked at it directly, the sense of loss still lingers when it's gone.

She's also stated that she

would feel wrong if she were to keep her hair just because everybody else wants her to. And I don't think she should. I think and wholeheartedly believe that it is her God-given right to do whatever she so wishes with her hair. If it is her choice to have it short so that she can save time in the morning for preparation, then power to her. If she feels that she can't maintain the costs of supporting the shampoo manufacturers, then please, be my guest. And if she feels that she can live without her long, amazing hair for the time it will take for it to grow back, I'm behind her 100%. But I'd still hate to see it go.



Staff profile: Joanne Burnes-Theriault

By Jackie Thornhill

I walked into a usual day in the life of Joanne Burnes-Theriault recently. The head of the Athletics/ Recreation Department, Joanne works hand in hand with her co-workers, students and the community to create a proactive and energetic approach to life at the Mount. Most recently, she has been the coordinator of several activities, which she likes to describe as "extreme sports" These include sea kayaking, climbing and horse back riding.

Joanne was born in Halifax into a family of six kids. She attended St.Stephen Elementary School in the End and participated gymnastics and figure skating during her time at St. Patricks High School. She took an extreme interest in theatre during high school and aided in the performances of several school productions. "I always loved school", she says, and this carries on into her experiences at the Mount, where she is not only taking on the role of staff but she is also a student. Joanne has a recreation degree from Dalhousie and is currently working on her Masters in Adult Education. She is also involved



Joanne Burnes-Theriault

in long-distance cycling, hiking, and she recently took a wilderness survival leadership course. Adding to her "superwoman" status, Joanne is a mother of two young children, which may surprise you considering how much energy she puts in her days at the Mount.

"I love my job, it's the best job on campus", she expresses during our interview. It is obviously this positive attitude and enthusiasm that helps Ath/Rec be such a major influence in the school community. Along with her coworkers, there are many activities co-ordinated by this department that are beneficial to the students including the Ath/Rec Society, intramurals, the Outdoors Club, fitness classes, yoga, karate, tae kwon doe and swing dance. These are just a few of the many services provided and organized by Ath/Rec.
"I think it is important for the students to be involved in campus life, take

the time to discover who they are, make friends and have fun." expresses that student input and involvement are the two keys to successfully organizing events. If any students have any ideas, they are free to drop in and see her anytime in the Althletics Recreation Department.

hristine's Cuisine

By Christine Kennedy

Sweet treats...we all love them, and they really are easy to make. Whether it is cookies, cakes, brownies, chocolate of any kind...well, you get the picture. How can we possibly resist? These sinful sweets are delicious and just plain good. So, if you have some free time on your hands or just don't feel like studying, here's a couple of fun and "bad for you" yummies.

Mini Chip Butter Crisps and Peanut Butter Balls are on the menu and here's how to

serve them up!

Mini Chip Butter Crisps

21/4 cups all purpose flour 1/2 tsp 11/2 cups salt butter or margarine 11/4 cups icing sugar vanilla

11/2 cups mini chocolate chips (regular ones will do)



1. Stir together the flour and salt.

Cream butter. Gradually beat in sugar and vanilla.

3. Add dry mixture (flour and salt) to creamed mixture, a little at a time until smoothly combined. 4. Stir in chocolate chips.

5. Form dough into 2.5 cm (1-inch) balls.
6. Place one dozen (balls) on a greased cookie sheet.

7. Flatten the balls with the bottom of a drinking glass that has been dipped in flour until they are about 5 cm (2-inches) in diameter.

8. Bake in 325 F (160 C) oven for 10-11 minutes.

9. Be sure to watch that these cookies do not burn, they will do so very quickly if left in the oven longer than necessary.

10. Remove from oven and allow to cool before attempting to take them off the cookie sheet.

Cookies can be wrapped well at this point and frozen for up to 2 months. This way you can save them for Christmas!!

*Makes approximately 3 dozen cookies. *

Peanut Butter Balls

11/2 cups peanut butter 1/4 cup butter or margarine 2 cups icing sugar 1 tsp vanilla 2 cups chocolate chips parowax, grated 2 tbsp

- 1. Mix the first 4 ingredients together.
- 2. Shape into 2.5 cm (1-inch) balls.
- 3. Melt chocolate chips and wax in a small heavy saucepan over low heat so as
- 4. Dip balls, drain and place on waxed paper.

Parowax sounds disgusting to add to your food. The reasoning behind it is that it ensures that the chocolate will stick to whatever you are dipping in it. Just consider all the chocolate bars that you have ever eaten...they all have wax in them!

Enjoy these sweet treats...just don't eat them all by yourself, trust me, you'll regret it!

EMI



Kim Stockwood 12 years old

"I believe in Kharma, Zen and Upside down tequila shots"-Puzzle Girl, track 11

By Wendy Walters

12 years old is the follow up to Kim Stockwood's first album, Bonavista. It is definitely a great way to re-enter the music scene after a three year

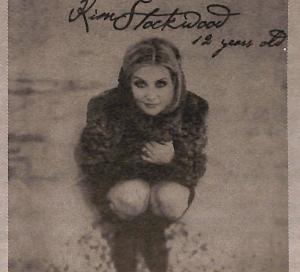
The album contains 12 tracks (plus one hidden Celtic Tune). It is a more mellow and slow album and contains the radio hits 12 years old (title track) and You and Me. My prediction for her next release will be Puzzle Girl, the song quoted above. This is a fun and insightful song that I feel sort of parallels my own life. The type you print and hang on your wall. It also has somewhat of a catchier tune than the other songs on the album.

One thing that I am impressed with is how Kim doesn't forget her Newfoundland roots on her albums. Although her sound is more mainstream pop/rock, her last song on both albums has been a song about her love for Newfoundland.

Kim has taken some time to mature in the past three years, this reflects on the CD. At the same time, she still has fun with this album. This album also demonstrates the art of some very great writers who joined Kim to pen this CD. Another interesting thing I noticed was the wide array of instruments used.

The album is a refresher Kim for Stockwood fans everywhere. I, for one, am impressed. It is the type of album you listen to a couple of times before you get your favorites.

To hear these new songs and more, check out Kim in concert at the club Saturday, November 6.



Taking stock with Stockwood!

By Wendy Walters

"It's my first time doing this, I'm a little nervous"

"That's OK, (devilish laugh) I'll be gentle"

Not everyone could ask for such a great interview opener. Not everyone could ask for such a gracious and humorous celebrity for their first interview. But, Kim Stockwood has a way with words and a unique Eastern charm that would set the world at ease.

Being a fan since the first single off her 1995 album, Bonavista, I was truly ecstatic when I found out that I would be interviewing Kim for this issue. Right up until the moment I talked to her, I was a ball of nerves and unsure of what I could say to someone who has been interviewed by everyone in the country, from Pamela Wallin to Mike Bullard.

Kim will be headlining the last show of her Atlantic tour at the Marquee on November 6. This will be her first time playing the Marquee and she says she can't wait. "This is the last show of our tour and we are all going to lose our freaking minds!" With the tour and the release of her new album "12 Years Old," Kim has been a very busy woman.

But Kim is no stranger to Halifax. Armed with a new band, she attacked the Canadian music scene and launched their first tour in 1995, right here at Vinnie's Pub. Kim says she tried to come back this year, but her schedule didn't allow for this. "Who knows, I still might get a chance to come back." She says that the pub has great vibes and she was very well recepted there. "My band still talks about that first night," she says with a laugh. They must've had a good time, because that year they returned to Vinnie's again.

In the past four years, Kim has done quite a large amount of growing. As an artist and as a person. She has done shows everywhere and played with some outstanding performers. She has written with world-famous artists such as Randy Bachman of BTO, who co-penned Will I Ever-- the hidden song on her new CD.

An amazing thing about Kim is that no matter how much she does, she maintains a very down to earth personality. On being a role model to teenagers and young women alike Kim says, "If I can do it, anyone can. People can do anything they want to, as long as they put their mind to it!" She still finds it flattering to know that a university student would have practically killed to get the opportunity to interview her

and even a little surprised that I already had her CD.

Kim claims that her career didn't happen overnight. "No one saw the tears I cried (trying to break into the industry)," she says while admitting that she only really started getting attention after Jerk was released on the first album. But, she also adds that it took two years to make that album.

Her hard work and down to earth personality comes shining through in her music. Her songs have a brutal honesty that lets you relate to her music. She says that she has no idea how to write music. In fact she hasn't been doing it very long. "I have great co-writers and I usually just begin with something honest, it goes from there," says Kim, describing how her biggest hits were written on the spur of the moment. She says that she tries to write lyrics that people can relate to. She jokes, "Some of my songs come from something so stupid."

Kim's shows are amazing to watch. She exerts total energy from the moment she gets on stage, until the last encore. Her humor and wit amuse the audience while her stories about growing up in Newfoundland and life experiences send the delightful crowd on their way with something to think about. Everyone who has saw her live can agree that her shows stay with you for a long time.

This stage life parallels Kims personal view on life. She loves her job and she loves performing on stage.
"This is my job, I want it to be fun. It's is my job to make it interesting. It is my job to keep it interesting for everyone, from the audience to the interviewer."

Kim has a great philosophy on life. Maybe this is what keeps her in such good public view. She is the same person for everyone: full of energy, fun and down to earth. These are the ingredients of a superstar, and that she is.

Unfortunately we end here. Due to her back to back schedule, we had to keep the interview short. Kim leaves us with some insight, "Be yourself, make yourself happy. If you aren't happy, do something about it!"

To capture more of Kim Stockwood's charm, check out her show at the Marquee on the 6th of November. Also, check out her new CD "12 Years Old," also reviewed in this edition of the Picaro.

www.beingjohnmalkovich.com

(LUB MUZIK PA



Top Ten

- 1. Mambo No. 5 Lou Bega (RCA/BMG)
- 2. Rendez-Vu Basement Jaxx (Select) 3. Makes Me Love You - Eclipse
- 4. What You Need Powerhouse (Tycoon)
- 5. Got The Grove SM Trax (SPG)
- 6. Heartbreaker Mariah Carey (Columbia/Sony)
- 7. Blue Eiffel 65 (Popular)
- 8. Arriba Joee (Popular)

(Numuzik)

- 9. Bodyrock Moby (BMG)
- 10. Unpretty TLC (Laface/BMG)



SAMPLESLA

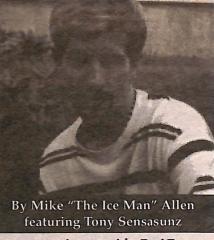
Salutations everyone! For those of you who love to shop for music there is a real treat for you if you haven't already heard, HMV has opened a new store in the Mic Mac Mall over in Dartmouth. The selection that can be found at HMV is first class, as well as the ability of the staff to help you find what you are looking for even if they have to order it in. I have a Paul vanDyk box set on the way from Europe through HMV as we speak. Anyway, check out the new HMV location when you get a chance. Any store that has a separate Underground section gets a thumbs up from The Klub Muzik Page!!

While we're on the topic of shopping, there are a number of releases out there to look for. The United World of Dance (UWD) has released 10 Underground albums such as, Ambient, Trance, House and Drum and Base. The world of Underground continues to grow and Music Avenue / UWD is giving these artists a chance to showcase some of their work. More information on these and other releases can be obtained by e-mailing: musicavenue@planetinternet.be

Other releases which may be of interest are Party Hard 2000 which features a variety of past party hits of mostly rock and dance music, as well as Euro Mix 5 which brings us some of the flavorful dance tracks that the European community is capable of delivering. DJ Power Pack '99 is another album to look for and it features

various full length remixes of club songs from earlier this

While you are busy making your shopping list, don't forget to check out this weeks reviews featuring commentary writer "Tony from guest Sensasunz!" (pronounced sensations) In addition, be sure



to take note of the Pool East top ten to see how your favorite songs are doing. Looking ahead on the calendar, the DJ spin-off is coming up at The New Palace on November 14th. Questions and comments are always well e-mail received via at: Michael.Allen@msvu.ca. next time, keep on jammin'!!

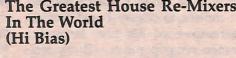
THE ICE MAN

AMBIENT (Music Avenue) Mike's Rating: 8.44



The Greatest House Re-Mixers In The World (Hi Bias)

TOMY SENS ASUNZ RATING: 85 (pronounced sensations)





"BLUE" - EIFFEL 65 (Popular) Mike's Rating 8.0



EURO HEAVEN 2000 (Popular) Mike's Rating: 8.0



RHYTHM FORMULA 2000 (Hi Bias / Attic) Mike's Rating: 8.74

This new release from the United World of Dance features one of the most creative categories from the Underground world: Ambient. For those people who enjoy the sophisticated nature of Ambient music this album will not be a disappointment. It is filled with an endless variety of capturing sounds, with different bass beats being gently morphed in and out as the songs build and decline. Each of the artists take you on a different adventure as they gradually build their songs to a peak and then slowly release you back to silence. The gentle flow of this album combined with the easy going blend of sounds, make it well suited for anyone who is in the mood to relax to timeless music.

"Thank God for geniuses in the music industry such as Frankie Knuckles and David Anthony, to name a couple. They took hits like "Disco's Revenge" and gave a "vocals lover" flavor to them. The Klubbheads and Soul Solution also get in on the action re-making the vibe catchers "Stronger" by Metta B and "The Lover That You Are" by Pulse. Creativity is well achieved on this Hi Bias Success Compilation. If you're a remix fanatic, than this album is definitely for you!" - Tony Sensasunz.

Here is a dance single that has had relative success on the charts recently. It is number 7 this week, having made a jump from 14 last week. On this single, there are 5 different mixes, which can please everyone from the mainstream dance crowd to the house oriented section of the progressive crowd. The variety of the mixes on this CD are creative and certainly keep this track from getting boring. Sample "Blue" next time you go shopping.

Europe has had an influence on modern dance music today and this new release from Popular records brings you the feel of Euro dance once more. This album features mainstream dance tracks with upbeat rhythms and a positive feel to them for the people who like "happy" music to dance to. Track 20 has the Porn Kings vs. DJ Supreme combining their top hits to create the remix entitled "Up to the Wildstyle" which is a floor mover if I've ever heard one! If you love mainstream dance with the famous "Euro" flavor then sample this album next time you're in the record store.

If you are looking for an album to paint a good picture of dance music recently than look no further. This Hi Bias compilation features some of the floor movers in our clubs such as "Put Your Hands UP" by the Black & White Brothers, and "Is it Love" by Chili Hifly. Although this is mostly an upbeat dance album there are several Urban tracks such as "What You Do" by Big Bass and "Ain't No Stoppin' Us Now" by Mystah Munroe, to give you some variety as well as a chance for Urban artists to showcase some of their work. Check out Rhythm Formula 2000 soon!

Bowie still brillant after all these years

David Bowie hours

By Charity Baker

They say that wine gets better with age, well the same can be said about Mr. Bowie. His latest album, titled 'hours...' is possibly one of his best albums. It's amazing how this man is still pumping out such brilliant lyrics.

I have to admit, when I first saw that he had a new album coming out, I wondered when he was finally going to retire. Then I listened to it and I realized that the new stars out there have nothing on Bowie. He has the experience



behind him to be able to really take a song and play with it.

The opening track, *Thursday's Child* marks the beginning of a fantastical music journey. The entire album is filled with new and different songs. Rather than sticking to one type of music, Bowie takes his freedom and runs with it in every note.

The best thing about this album is it reminds me of Labyrinth, which is always a wonderful thing to recall, (well, parts of it anyway). So, now I'm really glad that David Bowie has decided to continue his musical career, because you shouldn't stop a good thing, they only last so long.

In the end, I give this album 4 and a half spins out of five. Bowie is strong, and the album rocks. This is one artist that we can rely on to bring us some excellent music.



Garth does Gaines

Is Brooks setting trends or setting himself up for a fall?

By Jennifer Henderson

Garth Brooks is one smart man. Beneath the cowboy hat and the 'good ol boy" personna lurks a very saavy mind. Think Bill Gates meets Roy Rogers. Despite his 90 million plus record sales, Garth isn't a particularly talented artist. He lacks the dry wit of an Alan Jackson, the soulful emotion of a Vince Gill or the solid integrity of a George Strait. Garth's true gift is marketing and his image is the product. He makes himself and his music accesible to fans. Whether it is a self-parodying appearance on Saturday Night Live or a free concert in Central Park, Garth Brooks is not one to shy away from the limelight. His constant media exposure is the driving force behind his popularity. We see so much of Garth it must be okay to like him...right? People who often profess a hatred of country music make an exception for Garth Brooks. He's no hick, he's cool!

Not satisfied with being the unanimous king of country, Garth has set his sights on the world of pop. This in itself isn't a new phenomenon. The likes of Crystal Gayle, Kenny Rogers and Glenn Campbell popularized country pop in the seventies and more recently the omnipresent Shania Twain has achieved a cross-over coup of her own. Unlike, Shania, Garth Brooks isn't content to release bland fiddlefree remixes of his hits for easy digestion on pop radio. That's too simple for Garth. He hasn't made his music pop, he's made himself pop. Garth Brooks has run out an nabbed himself an alter-ego, one Chris

Garth knows what side his

bread is buttered on. His goldmine is country music, but bigger fame is to be had in the rock arena. Country fans are notorious fickle. A hint of scandal (adultery, drug use, running red lights) or betrayal of one's country roots is career suicide. Garth sidesteps his issue nicely- it's not him courting pop listeners, it's Chris Gaines!

Who exactly is Chris Gaines? According to the liner notes of his "Greatest Hits" cd, he's a naturalized Aussie who had a wildly successful debut album, suffered a debilitating car crash and is now on the comeback trail. If you go by cover art he resembles a slightly puffy Beatle. Think Paul McCartney with a nasty case of water retention. The album (alternately titled "Garth Brooks In the Life of Chris Gaines") is billed as a pre-soundtrack to "The Lamb" a movie based on the life of the fictious Gaines. Rumour has Garth is eyeing the leading role.

And what of the music? Would one man really remake himself as a tragically reclusive rock god only to release a mediocre album? Not intentionally, but in the case of Chris Gaines this is what happens. It isn't a bad album but it isn't "Rumors" or "Tapestry". Garth allows himself an artistic freedom with this album that wouldn't be condoned in country music. But somehow it is doubtful that the man Nashville insiders call "Garth Vader", created Chris Gaines for the purpose of spreading his musical wings. it's easy to surmise he had something a little more lucrative in mind.

Beneath the cowboy hat and the 'good ol boy" personna lurks a very saavy mind.

"Monique" named 1st Annual Miss(ter) Mount at pageant

By Ryan MacNeil & Rhonda Simser

The first annual Miss(ter) Mount Beauty Pageant was held October 20 in Vinnie's Pub. Competing for the crown were eight of the Mount's prettiest —men—women. The evening started with a glamourous promenade where the contestants were escorted onto the stage.

The talent portion began with Monique delivering a passionate dialogue about "Mustard Pickles." This was followed by moving performances from the various contestants. Talents included singing,

dancing, and guitar playing. The incredible **Brian**na presented a titilating striptease to the audience's delight.

The "ladies" then passed through an impromtu question session which was also well received by the audience.

At the end of the evening, Monique was crowned Miss(ter) Mount, the first ever "lady" to walk away with this coveted title.

The event was sponsored by the Birches Residence Council.





At the MSVU art gallery

By Michelle LeBlanc

So you could care less about what some stupid art gallery is showing, right? Well hearing this news, will change all of that. The cost to get a professional photo is what, lets say around twenty dollars and up. The art gallery in Your School is showing off some impressive backdrops hand painted in India and all around the world. This exhibit is called iFrom the Background to the Foreground: the photo Backdrop & Cultural Expression. It will cost a dollar for the Polaroid that you will be given. If you decided to bring your own camera the cost is free and you are recommended to use your flash. The people at the art gallery are not professional photographers. This art exhibit is set up as a workshop for children and high school students, starting on October 28 and running until November 21.

You can be transported to the moon, in a painting that has a freestanding moon with a backdrop of stars. All you have to do is strike a pose on the bench behind the moon and there you are sitting as if you are on top of the world. Don't want to see the world today, then you can go to the Titanic as well, ok it's the red staircase on the ship. This painting has a freestanding table with a vase of flowers in front of it making it look

like you are really in the picture, just try it. Do you just want to get away from it all? Grab your suitcases and hope in the car. This painting is of a big blue car with an airport in the distance, even suitcases are provided to add to the effect.

If you have no idea where the art gallery is, shame on you. It is on the first floor of Seton Academic Center. The gallery hours are Tuesday to Friday from 11am to 5pm and Saturday to Sunday from 1 to 5 and they are closed Mondays. The cost of admission is free! All you have to do is walk in and find an employee to take the picture or just take one yourself using a friend. Dress for the occasion, although the photos are meant to be fun it looks bad to wear jeans in the red stair case of the Titanic back drop, should that be your choice. Other backdrops like the moon you can wear anything and it will look great.

Now wouldn't your mom back home just love a nice photo of you? Or how about that photo with you and your boyfriend or girlfriend. You two would take a great picture sitting on the moon. A photo like this would be expensive anywhere else so what are you waiting for? You should go today. No I don't work for the art gallery but it seems to be working for me.

Denise Fujiwara is inspiring in Sumida River

By Nicola Hanson

The lights went down and the sounds of a forest penetrated the theatre. At one corner of the stage, a single light illuminated Fujiwara's hidden figure moving slowly across the floor. Slowly she revealed her character through a series of movements, that captured the essence of her tortured soul. Through dance, Fujiwara was able to capture the full range of human emotions many times, taking the audience along with her.

Sumida River is a fifteenth century Japanese Noh play. This play is as well known to Japanese audiences as Romeo and Juliet is to English audiences. The story is the universal theme of a mother's grief over losing her child. A merchant had kidnapped her son and was going to sell him into slavery. The boy died along the way. The mother is deranged with fear and grief during her prolonged search for her son. She arrives at the Sumida River, where she asks a boatman to ferry her across the river. She asks the boatman about the group of people gathered along the riverside. He tells her the story of the death of a boy, a stranger to the area, the year before. Soon the woman realizes the boy was her son and goes to the grave to join in the prayers. Her son's voice is heard chanting in the background. At once, she is reunited with his spirit and her madness is transformed into deep sorrow.

The narrative is a non-linear interpretation of the play. Natsu Nakajima's choreography displays a highly stylized form of dance. This dance involves drama, music, song and masked dance as a way to bring the story to life. Through a series of metaphors and visual cues, the audience is able to feel the pain almost as intensely as the mother in the story does.

Nakajima formed the Muteki-Sha Dance Company in 1969, acting



as a director, as well as independent choreographer and teacher. Her active workshops and performance career has taken her throughout North America, Australia, Asia and Europe.

Denise Fujiwara is a former Gymnast and has an Honours Fine Arts degree from York University. She has studied improvisation, ballet, modern technique, theatre, directing and choreography in Toronto, San Francisco and New York. 1999 marks her twenty-first year as a professional dance artist. Elizabeth Langley, who she has worked with for most of her career, introduced Fujiwara to Nakajima. Langley stated that after introducing the two, she left town immediately. Nakajima was a tough instructor, and Fujiwara stated that if she could not make it through Nakajima's teachings that she would give up dance entirely. After many grueling years, Sumida River premiered at the June 1994 Canada Dance Festival in Ottawa.

After the performance Elizabeth Langley, the rehearsal director treated the audience to a commentary after which we were permitted to ask questions. In describing the art of the Noh dance, Langley said, "you should not see the artist, you should see the art." Sumida River did and excellent job of portraying the art through several excellent artists

Badgers, we don't need no stinkin' badgers!

By Charity Baker and James Tilley

Long, long time ago, in a galaxy far away. Well, actually, it was only last week, and it was only at the Metro Centre, but it was just as epic. That's right, there was a Weird Al concert, and it rocked! Weird Al is one of the best live performers that this city has seen in awhile. We're happy, and that's all that matters.

Unlike most musicians (can Weird Al be called a musician?) he had a comic open for him. The guy was funny, to an extent, but he was no Weird Al. When it was finally time for Weird Al the audience was pumped. At the rear of the stage the video screen started up for the first time with a montage of Weird Alesque images. But you knew it was concert

time when the theme from his show started up.

The evening was a nonstop roller coaster of songs ranging the many albums that he has released. Al focused on his most recent release Running with Scissors, with songs like Pretty Fly for a Rabbi, It's all about the Pentium and Grapefruit Diet. Those in the audience who hadn't bought the recent album could still sing along with the older songs that he performed. Some of the better tunes like Gump, Beverly Hillbillies, and The Night Santa Went Crazy.

The concert was more than just singing it was a full experience. He changed costume often, matching the band that the song was making fun of.

His Fat, and Amish Paradise costumes matched their videos perfectly as did the Kurt Cobain outfit, for Smells Like Nirvana. Despite the frequent stops in the performance to make these changes the show went on.

The large screen was showing old clips from videos, his movie UHF and interviews from his "Al Music" specials from Much Music. This gave the band members time to take a breather between sets.

The best part of the show was the new material. He performed some short songs that haven't appeared on any of his albums or television specials. This starts with an ode to fast food restaurants, based on Alanis Morrisette's *Thank You*. This is followed by wonderful parody of Celine Dion's Titanic song, that is about pizza delivery.

He left after the "fat" song. And some of the foolish people left thinking it was all over. They were not thinking straight, he hadn't done two of his most infamous songs. His recent rendition of Star Wars First Episode. And one of his personal favourites "Yoda... Yo-Yo-Yo-Yo Yoda!"

This concert is a must see. Unfortunately he was only in the city for one night. But if you run very fast you might make it to his next venue before he does.

EVENTS AFFECTING YOU!!!

NOTE: To enter events/meetings/information in the Picaro contact Wendy on the Wednesday before each issue. You can e-mail me at wendy.walters@msvu.ca, telephone at 445-9974, 457-6386, or fax me at 457-0444.

MOUNT COMMUNITY

"DIGGING DEEP SESSION"

Journalism Conference

Metro Hall, Sunday November 7,
1999 at 1-4 PM

MSVU Conference Office presents...
"Christmas in November—Craft Fair"
Rosaria Multi-Purpose Room.
November 26, 27 & 28, 1999
Space is limited, reserve your table early.
Call Patricia at 457-6355.

Sports Notice

If anyone is interested in playing recreational ladies ball hockey on Wednesdays, please contact Wendy at 445-9974 (voice mail). It is a great way to de-stress and get a great workout! Sticks are provided.

Rugby Practice Tuesday and Thursday at 3:00 Saturday at 11:30 At Meadows

The 411 from the R.E.Z

"This is what we really learned in University" Residence Pub Crawl November 5, 1999 T-shirts on Sale this week of the Cafeteria

TGIF Residence Challenge Volleyball 3-5 PM Friday, November 5 Great Prizes to be won!

What's up with G.O.D

MY NEIGHBORS FAITH

Monthly inter-faith discussions with members of different faith communities within the university. Bring your own lunch... Refreshments & snacks are provided. Upcoming sessions:

Friday, November 5-Paganism Friday, December 3-Buddhism For more information contact Campus Ministry at 457-6446

The MSVU Student Musical Choir welcomes any musicians or singers to general get togethers on Thursdays at 6:30 PM. For more information contact Angela Matheson, 8th floor Assisi Hall.

Society News...and Olds...

MSVU Outdoors Society
Meetings Thursday 12:30-1:00 PM
Studio off the Rosaria Gym
For more information, contact Joanne
in Ath/Rec @ 457-6420

Ath/Rec Society
Meetings Wednesdays 4:30-5:00 PM
For Information, Contact Joanne at
457-6420

Women's Society Meetings on Thursdays Contact Terri Roberts @ 457-6123 in the Student Union

The Business Society is looking for volunteers to help prepare for this year's Business Dinner held January 27, 2000. If you are interested, contact Tracy Newman at 457-6541.

Family and Gerontology Society

Everyone interested is welcome to get involved and join us for fun filled and informative activities, meetings and special events. Meetings are held on the first Tuesday and Wednesday of each month to accomodate all students. The next meeting will be held on November 2 and 3 at noon in EVR 360D. For more information contact the society President, Shauna Lee Vincent, at 826-3164 or e-mail her at shaunalee.vincent@MSVU.ca — Hope to see you there!!

Events to look out for...

(cool stuff that you haven't missed yet)

November 3rd, Wednesday 9-12 Come on out and support the soccer team at the Pub!

This event is sponsored by Moosehead, come on down for some specials.

Blair will be DJ'ing. Door Prizes.

November 5th, THMC 3323 , 2-4 pm All tourism students...Come on down to your special event in the Pub!

Saturday, November 6th Canadian Catholic Students will be hosting an event in the pub. For more info contact Martha Martin at 457-6446

SPECTATORS WANTED!!!

Remember that Monday nights in November from 6-9 are pool tournament nights. Registration is already taking place. Come on down and watch or participate.

Vinnies will be having drink specials Wednesday, Thursday and Friday nights from 8-10. You heard it here first folks. Get on down for the discounts. Be early on Thursday nights for t-shirts and hats!!

Volunteer Opportunities

The Fountain Play Center is looking for volunteers. For more information contact Patricia Carter in Rosaria 113 or 457-6554.

The Salvation Army is looking for Volunteers.
Call 422-2363

The Canadain Mental Health Association, Halifax Branch, requires volunteers for their one-to-one social support program. Please call Margaret Murray at 455-5445 for more information.

OFF CAMPUS HOUSING

Looking for a mature, non-smoking female, to share 2 bedroom apartment in Fairview. On bus route. \$250/mo. plus half utilities. Heat, Hot Water and Parking included.

Please contact Carrle at 445-2943

Looking for a quality used color TV up to about \$100. Please call Richard at 431-2940

METRO COMMUNITY EVENTS

BACK TO SCHOOL KRAFT DINNER CHALLENGE

The Metro Food Bank will be having a Kraft Dinner Back to School Challenge. They challenge the community of HRM to raise 100, 000 boxes of Kraft Dinner to help re-stock from the summer months. To get your

group/school/society involved contact the food bank at 457-1900.

The Universal Shelter Association will be holding their fourth annual benefit on Saturday, November, 1999. It will be held at the McInnes Room in the DAL SUB. This event will feature live and silent auctions, delicious ethnic food, and a wonderful variety of entertainment. Performers will include the Chalmers Doan Trio, Birdie Num Num, Veronique MacKenzie-Bourne, Anthony Rissesco, and members of Script

Tickets are \$20 for adults and \$10 for students. They are available by calling 454-5459.

Are You Interested??

Are you interested in creating and encouraging student spirit? Developing life skills, such as networking, leadership and event organization? Providing opportunities, services and programs to Mount Saint Vincent University's visitors, students and alumnae? If you are, the Student Alumnae Association (SAA) is recruiting for the 1999-2000 year.

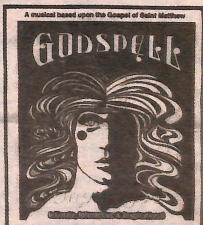
The Mount's SAA is a volunteer group of students who link students from the past present and future. They are dedicated in promoting and serving the needs of current and future alumnae. They also act Ambassadors for alumnae, parents and guests of the university, by attending and organizing receptions, campus tours and special events.

Ideal candidates should possess an interest in meeting and working with students; promoting the university and school spirit; and playing an active and important role in the university. SAA also provides skill development opportunities, such as planning, communication and public relations skills. But best of all ... it is a lot of fun!

If you are interested in becoming a member of the Student Alumnae Association, you can pick up a form at the admissions office, Evaristus 215. If you have any questions contact our advisor: Sheldon Miller at 457-6252, fax 457-6498 or email him at: Sheldon.Miller@msvu.ca or simply call 457-6433.

In support of the community based support/outreach to people tiving



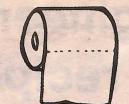


Starring Rick Gunn - Directed by Raquel Duffy

8:00 PM, November 5, 6 & 7, 1999 St. Matthew's United, 1479 Barrington St. \$10.00 ~ For Ticket Info. call 423-9209

Music Director: John Hudson, Accompanist: Shawn Whynot, Choreographer:

Potty Talk



and other stall tales

Feeling a little lonely on Thursday nights?? -Gorsebrook/Grawood

Multimedia slacker: You think I'm joking about the fantasy thing don't you? -8 foot giant

Aramark:

I'd like an Asian Wrap-hold the worms, please! -Residence students

Hat Guy: Nice to meet you. -Alcohol

Dog boy:

I'm sorry, but I think your instrument might be too big. Talk about a traumatic band camp experience. -Propandra McNasty

MSVU Students:

Hey, this section is for you, submit some stuff.

-Pic editor

To my email friend: Why spin with the big "dawgs" when I can spin from my ivory tower. -Mr. Music

Disgruntled drinkers: Good tips = Good service!!! - Pub staff

Smiley:

Try tipping..... It doesn't hurt! - Pub staff

Commander Thrust:

You're my hero of the week because you are such a great dancer.

- Rock & Jericho

Coffee boy:

Don't worry! We think you're great!!

-Your girls on 7th

Second Floor, Birch 3: We like it better on top. -Third Floor

You could have joined us at the Apple Barrel -Concert goers

Bar Boy:

Are we done being mad at each other yet? -Shaggy

Iournal:

Anytime. Anyplace. -Pic

Drunk Guy:

"Do you like Finance?" is not a good pick-up line. -Sober Girl

MSVUSU SRC:

Who do you have to sleep with to get a new computer around here anyway?

Pub Staff:

Did you guys like the donuts?

Potty Talk rules: because somethings are just too nasty for the stalls...

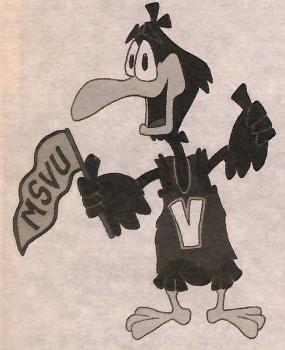
1. All submissions must include the sender's name and student number. Neither will be published, nor will

this information be released do other people.

2. No positive identifications will be published, ie: no first and last names together, no res room numbers and no student ids.

This is an open communication area, but the submission must remain within good taste. The final

judgement will be up to the editor.
Submissions can be dropped at the Picaro office, or at the Info Desk. You can also send your submissions to charitybaker@canada.com



Twin beaks

By the MSVU Student Alumni Association

Twin Beaks is the story of Vinnie the Crow and his adventures on the MSVU campus. This article is the eation of the MSVU Student Alumnae Association AA). We welcome new members to join our tings, they take place in Vinnie's Pub Fridays at ne members of the society bring in ideas and help to

It was slow that Thursday night at the campus Vinnie was standing behind the bar looking for his y Blue Jay. Jay said that he would come and keep

e company tonight because they knew it it would be a slow night. It was mid m time again and another hurricane was blowing by.

Then it happened, the small crowd

on the dance floor parted, like Moses parted the Red Sea, and there she was. She was a vision, she was what dreams were made of. Instantly Vinnie had fallen in love. But before he could compose himself she disappeared. Vinnie left the bar to search for his vision but she was nowhere to be found.

The next day Vinnie asked all of the pub workers who had been working the night before if they had seen his angel, or if they knew who she was. No one seemed to remember seeing her last night. Vinnie didn't know what to do, how could he find out who she was, when would he see her again. Vinnie racked his brain for a way to find out who she was but it was impossible.

Join SAA and help us write Twin Beaks. General meetings are on Fridays at noon and Executive meetings are on Wednesdays at 6:00 in EVAR 229. To join the society pick up an application off the SAA bulletin board in the hallway that joins the link to Seton Academic Center or call and leave us a message at 457-6433.

Corner

By Laura Hepditch **Career Placement Assistant**

Amongst the panic that is mid-term, one can often get to wondering, why am I putting myself through these horrors? Will learning how to find the GDP of a closed economy really be a useful tool when I finally make it to the end of my academic career? Will knowing the difference between kearning and tracking really make my life as Employee X at Y Company any easier? It is in this moment that you might begin to question the direction you have chosen for your academic path. But hey, so what?

When I finished high school, I had decided that I was

going to be a Marine Biologist. It was my calling - swimming with the dolphins, studying tortoises on the Galapagos Islands - the whole bit. After a year of university science courses I decided that maybe I had better think this whole thing through. Just as Richard Nelson Folles writes in his What Color is your Parachute?, I had to decide what it was I liked to do and then find a way to work this into my studies and later, into a career. While I had realized that Organic Chemistry was not for me, the thought of deciding my life before the faculty deadlines came up was slightly daunting. The great thing about choosing an academic path though, is that once you have given a certain area (such as Biology) a test drive, you can always change your mind and choose something else.

I know, you're thinking, "But is all of this really practical?" Of course, we have to be practical and forwardthinking when choosing our academic path; we all hope to have a career someday. There is little point however, in choosing an academic path which will get us a job we don't

even like.

Folles tells us to ask the question, "What is it in the world I'd love to do more than anything else?" (This is meant to help us focus on the long-term folks, so just forget that fantsay of being able to pass that mid-term without having read the textbook you were supposed to have purchased a month and a half ago.) If you can answer this question, you at least have a starting point from which to explore your options. From here you can check out occupational directories which give information on job descriptions, salaries, where and how to find jobs in your chosen field as well as a ton of other information. If nothing chosen field as well as a ton of other information. If nothing comes to mind in response to this question a good place to start is thinking about jobs you have held, volunteer experinces you have enjoyed and courses you have completed. Simply learning what interests you and what you are good at can help you focus on your long-term goals.

Take a look at these books, magazines and websites for help with choosing your academic path:

What Color is Your Parachute? By Richard Nelson Bolles Canada Career Directory Career Options Handbook National Occupational Classification
The Canadian Association of Career Educators &
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YOUR PRIDE YOUR FUTURE. YOUR MOVE

Badminton, engineering and cheesecake: a great recipe for a coach

By Angie Elsinga

Mike Hingston has a few claim-tofames: he has won 3 mixed doubles championships in badminton at the National level, he has played badminton at the North Pole, and he makes the best cheesecake ever (just ask his team members who tested his white chocolate blueberry cheesecake).

Mike is presently working as an environmental engineer with the Nova Scotia Department of Environment; but he actually got his degree in chemical engineering, from the former TUNS (where he was a badminton coach and player, and won three National Championships as a player). Then he studied for his Masters in Business Administration at SMU as a part-time student. Mike did part-time oceanic research while doing his MBA, and his work required him to be at sea for 3-4 months out of the year.

It was during his oceanic research that Mike played badminton at the North Pole. The ship carrying all of the researchers-including Mikewas headed for the most northern place in the world. While there Mike went for a real polar bear swim, and hit possibly the only badminton shuttle ever hit at the North Pole. He met Santa Claus too, but that is so another story. . .

After Mike graduated, there were very few jobs available in chemical engineering, so he taught badminton for a year full-time in Oakville, Ontario. Then Mike moved back to Halifax, and has helped out with Mount Saint Vincent's co-ed badminton team since 1991.

He became the head coach in

1993-94. This year's team has 4 women and 5 men, but ideally you'd like 6 and 6 to ensure you have a full team in the case of injury, or time constraints (with school or work) with the players. Also, Mike said it is nice to have 12 players so you can mix the players to try new doubles teams and figure out who works best together. His expectations for this year's team are very positive: the women have a shot for team champions in the conference; and the mixed doubles team have a shot for gold at the National level. The Nationals this year are in Vancouver, but Mike said that the only difference with Nationals in BC or here in Halifax would be the plane ride before and after they play. They do not stay to sight see, as Nationals are in March, and no one wants to miss classes before exams.

Last year's team did well too, besides the fact they were scrounging for female players. The mixed doubles team went to Nationals and placed fourth. Our mixed doubles team has been quite a success story. This is the fourth year that Grace Kinney and Chris White have played together. In the last three years, they have only lost ONE game while playing together, and have won 3 conference championships.

The Nationals in 1998 were Mike's most memorable to coach. He had day surgery on his knee the day Grace and Chris flew out to Edmonton, so he was flying out the next day. The night of his surgery, he got a phone call from an Edmonton number. He thought 'Oh no, what happened?,' and it was Chris saying

he was in the hospital in Edmonton, very sick with the flu. Mike went out the next day, and to his surprise, his mixed doubles team (with under-the-weather Chris) won the silver medal for the Mount!

Mike said that the game of badminton is quite different from the other varsity sports at the Mount because it is an independent sport, the coach cannot coach while his players are in a game, and you do not need the whole team for a practice. The team often gets into groups or pairs and practice around their school and work schedules. This is beneficial because it allows flexibility for the members on the team. Badminton is also a very social sport, so when there is a tournament the players all mingle about and do not stick to their bench.

When asked what he does with his free time, Mike said "What free time?" He

works full-time, coaches badminton at the Mount, and is preparing lectures for a business course he is teaching next term at SMU. He is also packing and getting ready for his December move into a house he just bought. It is easy to see what he meant: he really has no free time!

Every year on the night before the conference championships, the team gets together at Mike's house for a big dinner, where they get to try his third claim-to-fame: his famous

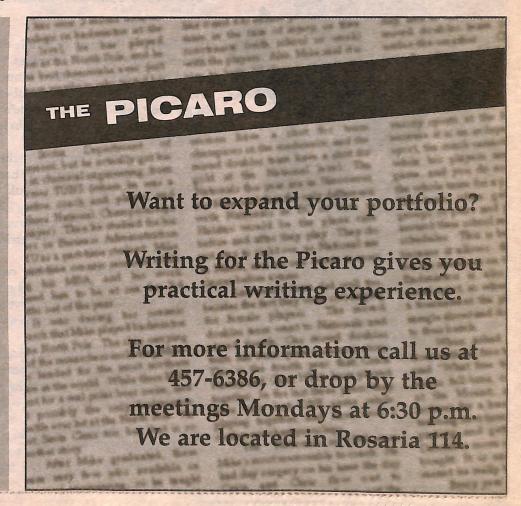
cheesecake. He provides all the food, inton and the players are delighted when

cheesecake. He provides all the food, and the players are delighted when dessert comes. So if you have a sweet tooth, this should convince you to come out and play—even if you haven't played in a while, or ever before. If you are interested, there is a badminton club on Tuesday nights (everyone is welcome), and the scheduled practice times are posted outside the Ath/Rec desk. The first game is on November 12th, so come on out and cheer them on!

The Outdoors Club

Hello, my name is Amy and I am president of the Outdoors Club this year here at the Mount. With a lot of help from Joanne Burns-Theriault (Recreation Officer), we plan a lot of great events for Mount students. So far this year we have gone rock climbing, sea kayaking, and horseback riding. Anyone is welcome, and you can bring your friends too. Check out our bulletin board beside the Student's Union Information Desk in Rosaria; leave your E-mail address and you can be added to the Outdoors Club distribution list. Our next event is hiking Cape Split, a 13.8 km hike located about 20 minutes from Wolfville, and Acadia University. If you have any questions, are interested in the hike or the club, call Joanne at 457-6369. Or come to our next meeting on November 3rd at 12:30 in the Studio off the gym. Hope to see you there!

Need some excitement in your life?? On November 7th, our fun Outdoors Club is going on a 13.8 km hike at Blomadin, located 20 minutes outside Wolfville. If you are interested, come to the meeting off the gym in the studio, on Nov 3rd at 12:30, or you can call Joanne at 457-6369. You should come & bring your friends too, it will be so fun...bring food & water! It will be an adventure!



ACAA results and league standings

Women's Soccer, as of Oct 24/99

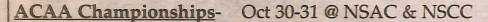
Game Results:

Oct 13	King's	defeated	DalTech	3-0
	MSVU	defeated	NSAC	1-0
Oct 15	MSVU	defeated	NSAC	3-0
Oct 16	King's	defeated	STU	2-0
Oct 17	DalTech	tied	STU	0-0
	MSVU	tied	King's	2-2
Oct 19	King's	defeated	NSAC	6-0
Oct 20	MSVU	defeated	DalTech	3-0
Oct 23	STU	defeated	UNB-SJ	2-0
Oct 24	MSVU	defeated	DalTech	4-0
	UNB-SJ	defeated	NSAC	3-0



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TEAM	GAMES	WINS	TIES	LOSSES	GF	GA	POINTS
MSVU	10	8	1	1	25	6	25
UNB-SJ	10	6	2	2	18	9	20
King's	10	5	2	3	20	10	17
STU	10	4	1	5	16	17	13
NSAC	10	2	1	7	7	26	7
DalTech	10	1	1	8	7	25	4



Date	Teams	Time	Field
Oct 30	MSVU vs. STU	12:00pm	NSCC
Oct 30	UNB-SJ vs. King's	2:00pm	NSCC
Oct 31	CHAMPIONSHIP GAME	12:00pm	NSAC

GO GIRLS GO!! GOOD LUCK!!







The MSVU Women's Soccer Team celebrates yet another victory

STEPHEN SHEPPARD HAS A JOB!



STEPHEN SHEPPARD BBA '98, CERTIFICATE IN INFORMATION TECHNOLOGY SOLUTIONS '99

"Many thanks to the instructors of the Information Technology Solutions program for imparting the knowledge required to succeed in getting that all important FULL-TIME JOB!"

"I graduated in May 1998 with a Bachelor of Commerce degree and wanted to enhance my overall computer knowledge and upgrade my familiarity with business applications. My interest in computer technology skyrocketed once I started the program! After completing the course, I began to look for jobs in different areas of computer technology such as database management, networking, help desk support and desktop publishing. One of my first job applications was for a part time position with MTT for PC sales and support in New Glasgow."

"I started talking with their technical person about Mpowered before the interview began...asking what type of connection Mpowered was (ISDN versus ADSL) etc.

During the interview he asked if I knew about DHCP. Thanks to Jeff Uebele, LAN instructor! I was able to talk knowledgeably about the topic. Result? I was hired for a full-time position in Halifax one week later."

"Hooray! Full-time job! I'm learning a lot and gaining valuable experience as I go! Who knows where this could lead?"

"And, I couldn't have done it without the knowledge I gained from the Information Technology Solutions Program."

"THANKS!"

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