

Folia Montana



Folia Montana

Mount Saint Vincent Academy
Halifax, Nova Scotia



1955





ACADEMY MOUNT SAINT VINCENT THE FACULTY

Sister Miriam Vincent, Principal

| History, Mathematics |
|-----------------------------------|
| Grades Five and Six |
| Latin, Biology, Chemistry |
| Grades Seven and Eight |
| Grades One and Two |
| English, History, Latin |
| Mathematics, Latin |
| French, Social Studies |
| Commercial, Economics |
| English, History, Social Problems |
| Grades Three and Four |
| Home Economics, Biology |
| Public Speaking, Dramatics |
| Art |
| Organ, Piano, Theory of Music |
| Vocal, Piano |
| Piano |
| |

In addition to the above schedule, each class teacher is responsible for Religion in her own room.

Ad Jesum per Mariam

To The Graduates

Dear Graduates:

As you stand at the parting of the ways, about to bid fare-well to your school and companions, your hearts are filled with varied emotions. And we who watch you depart, realize that never again will you all be sheltered within these walls or roam these grounds as "the Class of '55". Truly, this is a time of sadness as well as joy.

As Graduates of Mount Saint Vincent Academy, you assume certain responsibilities toward life. You have the right attitude toward the personal responsibility which your future will unfold. Nowadays, the idea of personal responsibility seems to have almost vanished from the world. Many people feel no obligation to any person, and follow only the whim of the moment.

Some of you are fitted by nature for positions of trust, while others will be happier without such responsibility. If you belong in the former class, do not shirk your duty, but shoulder the burdens inevitably involved. Remember that criticism is the lot of those in authority. If you are not among the number of those who must lead the way for others, at least support those who do. Never join the malcontents who start "rocking the boat".

May your Mount school days, dear Graduates, ever be to you a sanctuary of memories, holding all the happy dreams and experiences which this *Folia* in part records. You depart with the determination to succeed wherever your lot be cast. May you, with God's help and blessing, achieve that which you desire, even to your final goal — Heaven.

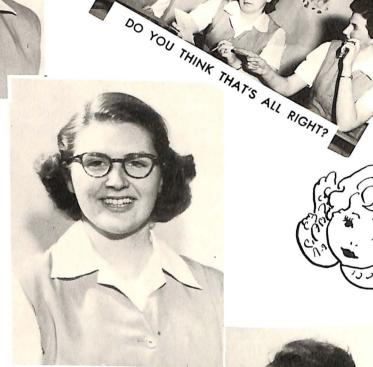
Mistress General.

Sister Miriam, Vinceuly

Year Book Staff



BARBARA DELVALLET Assistant Editor



PATRICIA EATON Editor-in-Chief



ARTISTS
SHOWING
OFF THEIR
WORK



SANDRA LEVINE Assistant Editor

Editorial

"What is so rare as a day in June," sang the poet - - and what is so precious as the passing from youthful high school days to the interesting paths that wind from the present June into the Future.

Although delighted with our plans for the years to come, we cannot help taking a backward glance over the past that we are bidding good-bye.

In the Fall of 1954, as Graduates, we returned to the Academy for the last time - - some of us to take Grade XII, and others to learn the art of shorthand and typing. As the Autumn leaves scurried across the ground, and the trees stood bare, the days grew colder and snow began to fall. Autumn had merged into Winter. And as the seasons changed, so did we.

All of us were learning to make adjustments in our own daily life, to suffer disappointments, however small, that were making each of us "more alive to tenderness". We were learning the art of living with people and we were becoming women.

January snows, February thaws, and March winds are things of the past. With the gloriousness of the Springtime, and on the eve of Summer, we are standing on the threshhold of life. We have been trained to make our decisions wisely, and it is with glad hearts and gratitude to our superiors that we are facing our future and what it holds in store for us.

It will always be with a bit of nostalgia that we will look back on our Academy days. In the Springtime some of us, perhaps will even think of the bicycle path in the glow of her Spring attire, or in the Fall of the hikes to the Lakes.

It was here at the Mount that we established strong friendships, that we became better people, and it was here that we passed from Girlhood into Womanhood.

PATRICIA EATON



WINSOME BARBARA AT SEVEN

My Education at Mount St. Vincent Academy

No one can describe Christian Education better than Cardinal Newman has done in his motto, "Education is the preparation of the soul for God". That is what my life at Mount Saint Vincent Academy has been — a preparation for the place I must take in life, and ultimately, my preparation for Heaven and for God.

From the first day that I came to Mount Saint Vincent Academy as a small child of five years, I have been enjoying the most wondrous and beautiful gift - - the gift of a fine Christian education. At

that early age I joined my "big" sister, Jeanie, who was then in Grade Two. Although I was too young then to realize the wonderful privilege that was mine to grow up in this fine Academy with its beautiful surroundings, marble corridor, exquisite paintings, magnificent Roman Chapel, and its splendid library with its massive shelves bearing numerous books, still I was greatly impressed by all that my wondering eyes beheld.

What I marveled at most were the wonderful times we "Juniors" had; I found life away from home could be very happy. Our devoted Mistresses made our days at M. S. V. A. very happy ones. We were happy in class, too, although during my first days class hours were not very long, and after dinner I usually was sent to rest for a while.

I was just completing Grammar School, my eighth year of all that went to make up my school life - - daily Mass and Holy Communion, classes well taught, supervised study that helped so much towards success in studies, recreations which included sports, hikes, picnics, and close association with the Sisters and with girls from many different provinces and countries. I was looking forward to High School and to four more years at the lovely Mount Saint Vincent Academy.

Little did I realize that there would be a great change. High School would follow and at Mount Saint Vincent Academy, but not in the beautiful building that had become my second home. On the night of January 31 - - we were awakened by what we believed was the familiar "air-raid warning" as we had come to call the fire alarm when we had fire drills at night. In perfect order and silence we put on our slippers and house coats and followed the line to our "shelter" - - the Recreation Hall, where a little red light burned before our enthroned picture of the Sacred Heart. Only there did we learn that in a remote part of the building fire had broken out and that we would have to put on our outdoor clothes and leave the building. From St. Mary's Cottage on the campus we watched our beloved Mount rapidly blaze up and come crashing down. When we passed on our way to the City we had our last glimpse of this great fire; when we returned again, it was to the grounds, cleared of the charred remains.

But while the building was gone the spirit and the Academy was not. Classes for us Junior Boarders were resumed shortly after at the Gainsborough Hotel in Hubbards. Here were enjoyed the luxury of private rooms and I found myself in a \$12 room! Here in this delightful vacation spot we enjoyed life immensely. After school there would be games, hikes to new spots, and occasional yacht rides.

The Fall, however, found us back to the original Mount again for a new Academy has risen from the ashes; not a five-storey structure, but an attractive two-storey, rambling building with everything brand new and convenient in many ways. The Girls showed a fine pioneer spirit and adapted themselves very nicely to our new set up. Like the camel moving into the tent, we took over the building gradually, so the year brought many moves and changes, with never a dull moment. How well I remember carrying water, the unfinished and unfurnished classrooms, and our daily walks to the "White House" for meals, and taking our turns attending Mass in our small Chapel at Marillac. With the Sisters we watched the Academy reach completion and the day that Our Lord first came into our Chapel, March 21, 1952, was the day that He first came into the heart of one of our little boarders.

Then came the last three years of final preparation for life with Mary our Mother for Model. As a Sodalist I was taught to meditate on her life and virtues and to seek her help. I was taught that piety is not to be based on sentiment, but on the truths of our religion. I know that I will please God and His Blessed Mother if I act according to their ideals. We were also taught to put first things first and to acquire not only learning, but the qualities of leadership that would make us loyal, dependable, and good Catholics and citizens, for a good Catholic is synonymous with a good citizen.

Here we learned to appreciate what was ours - - membership in Christ's true fold, living in the same house with the Blessed Sacrament, and our religion to study, and then to live. I came to realize that I had much to thank God for: my wonderful parents, who strove to give to each of us, all that was humanly possible; my sweet brothers and sisters whose unselfish love I shared; my lovely home where true love, faith, loyalty, and devotion were found. Yes, here at the Mount, I learned to count my blessings and to be thankful for them.

Now, I have finished by years here, and I, like my sister, Jean, will don the white cap and gown of a graduate of this fine Academy. I, too am ready to take upon myself the responsibilities of life, and to accept the inevitable difficulties with love and cheerfulness, knowing that they, too, are gifts from God, chastening and strengthening gifts. I have finished my training and will take up a position after a brief vacation, which will be but a stepping stone to my real career in life. May I be true to the trust that my parents and Mount Saint Vincent Academy have placed in me; true to the graces God has lavished on me.

BARBARA DELVALLET



Campus Views



Our Lady's Grotto overlooking



The Science Department



Marillac House Students' Residence

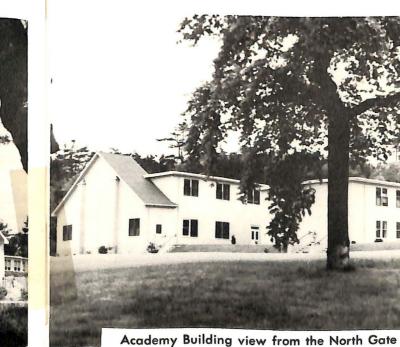


St. Mary's Cottage Art Studio and Library

Academy Building view from South Gate



South Gate





The Rose Arbor on the Bicycle Path

A Model Family



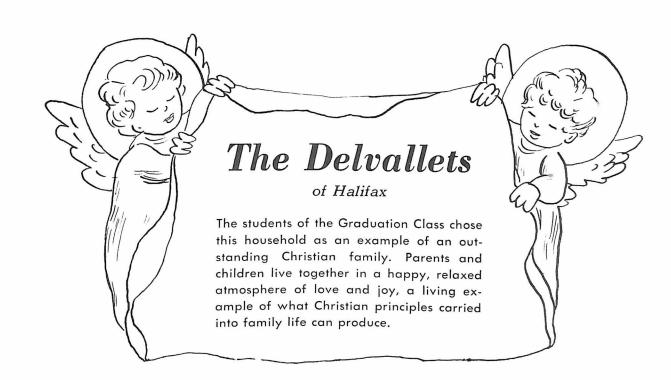
THE DELVALLET FAMILY

Seated: Left to Right:

Thomas, 9; Mrs. Delvallet; Carol, 6; Mr. Delvallet.

Standing: Left to Right:

Robert, 13; Madeline, 15; Diane, 16; Barbara, 18; Jean, 19; Louis, 12.

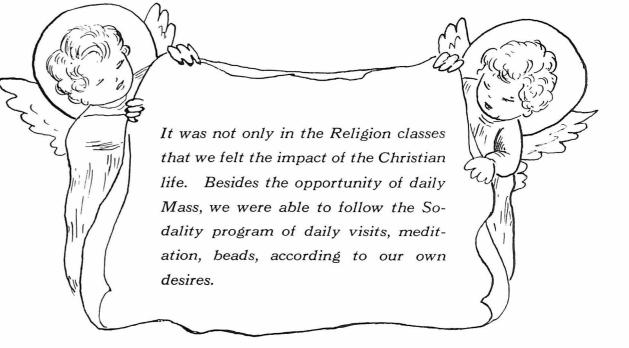




Student Body 1954-1955

O My God, I Love You



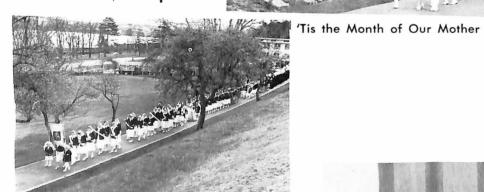






Rev. Father Quinn, O.M.I., Smiles for the Camera After His Inspiring Retreat





A View of the Whole Procession







Benediction in the Courtyard



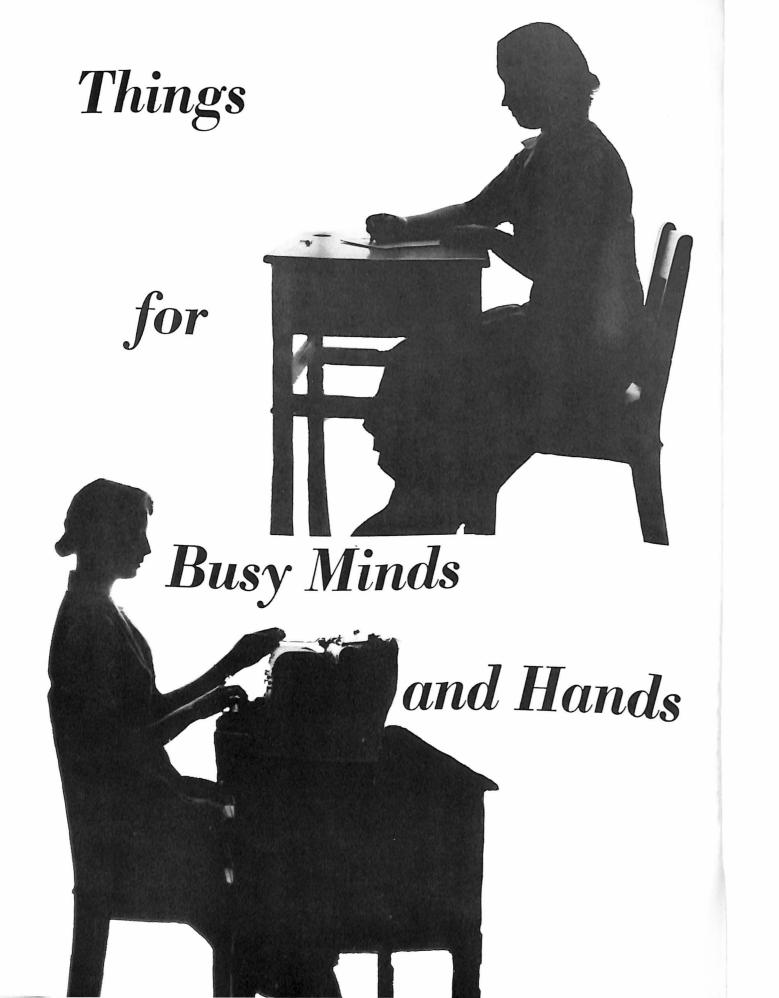
Escorting the Blessed Sacrament

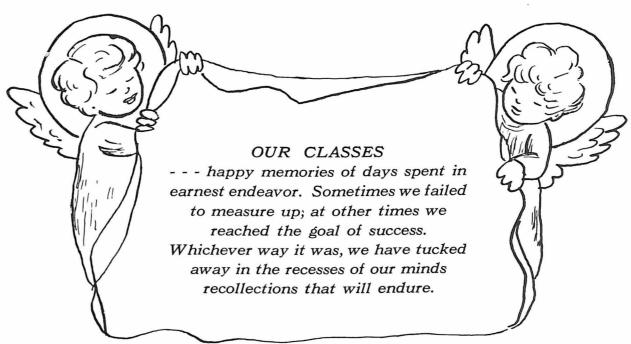
to the Lourdes Grotto

What Shall My Future Be?

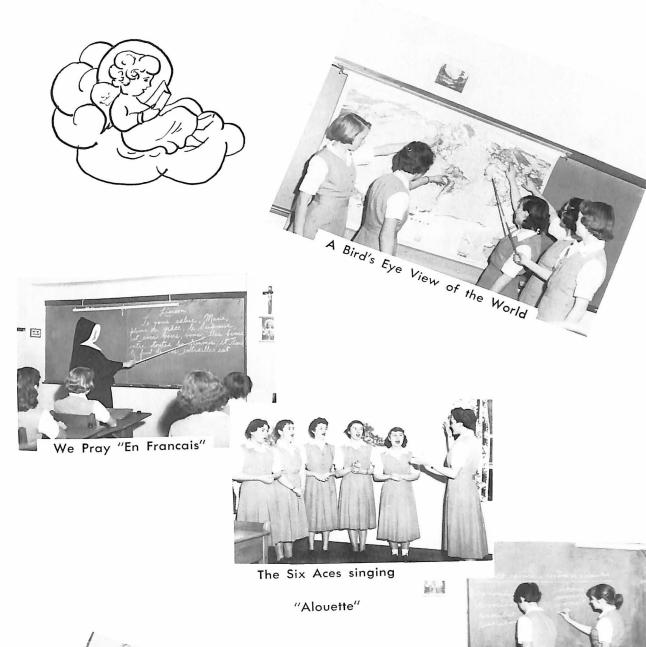


A Eucharistic Devotion Forty Hours

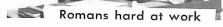














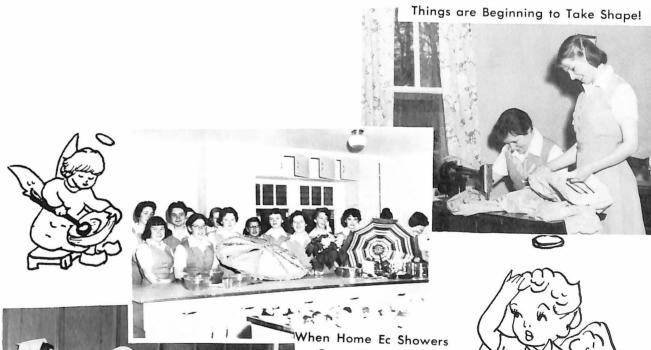






Our "Model B's"





Come Your Way!



The Use We Have Made of Thy Gifts



Music, singing, dramatics lessons, public speaking How can we forget those subjects that were so much a part of our education, that added so much color to our school life, and gave us that something extra to take away with us.

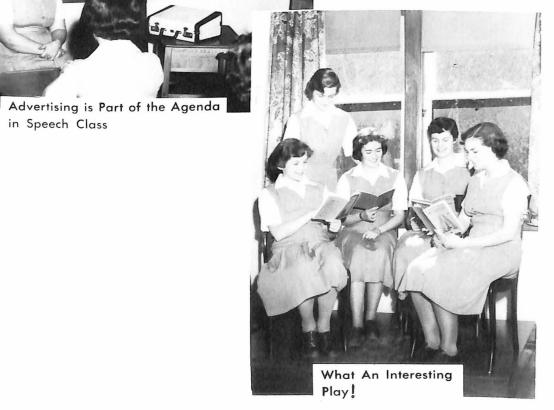


Our Graduate in Dramatics - - Barbara Delvallet





We Deserve An Encore





Gordon MacPherson Entertains Us



Future Violin Teacher



One-Two, One-Two, Do I

"This Looks Easy"





Winners

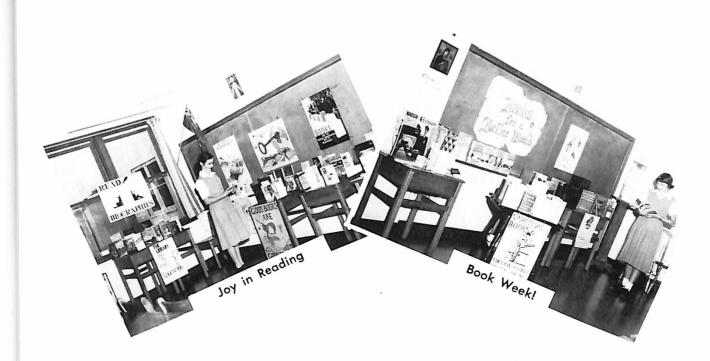


Fernande Arsenault deserves special congratulations for having come third in the finals, in her first year on the radio programme "Your Children Sing".





We Are Proud of Our High School Choral









Just the Right Color!

Charm In Every Pose



Our parties were always fun.

Each class sponsored a party for the year and played hostess to the rest of the school. Initiation, Hallowe'en, Christmastime, Valentine's Day, St. Patrick's Day were special days of merrymaking. Outdoor suppers and hikes are also part of this memory.



The Future Foretold

Initiation

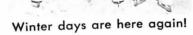






Christmas





Brrrr - - - it's cold!





Winter Fun

the gang's all here



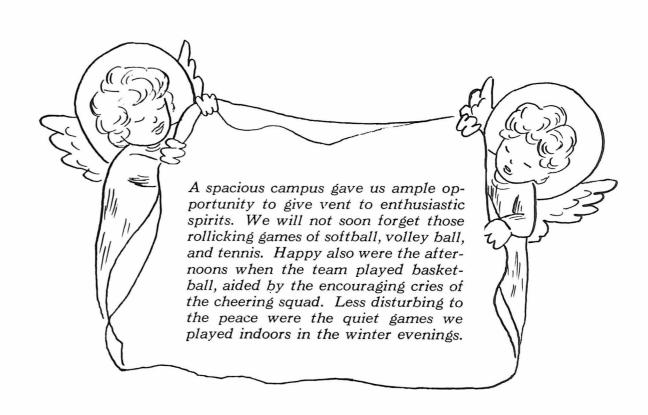


How Do You Fresh Up?

Gay Days For

Active Bodies



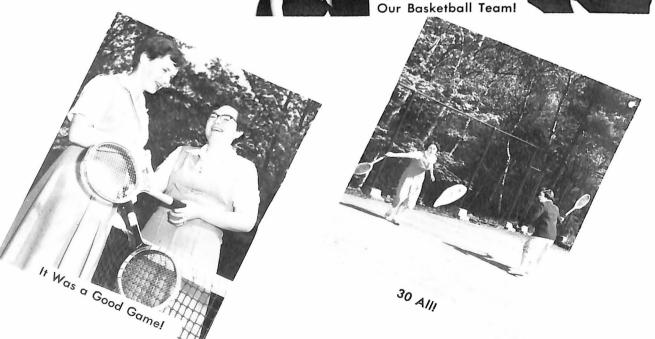




Let's Have Some Fun!

















Among

Our Souvenirs



Certain days of the year stand out in our memory. We call them "red letter days" because they have a significance unlike any others. The close of the Marian Year was one, the visits of the Apostolic Delegate and of our Archbishop were others, while the feast of our Mistress General remains always a pleasant recollection.

Marian **Tableaux**



The Sistine Madonna . . Raphael



Murillo



The Annunciation Fra Angelico



Egypt . . . Gerard David



Kings . . . Tiarini

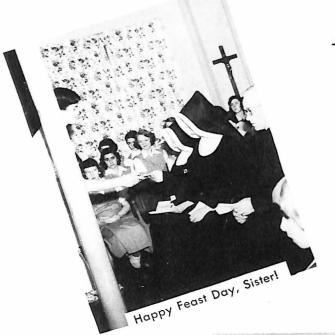


December eleventh Our Archbishop, Most Reverend J. Gerald Berry, surprised us with a brief but interesting visit.

Two Distinguished Visitors

The visit of the Apostolic Delegate, Most Reverend Giovanni Panico was a great honor for Mount Saint Vincent. We remember him with pleasure and with gratitude for his generous gift of two holidays.





Mistress General's Feast Day

February eleventh was a lovely day of joy and feasting in honor of our Mistress General, Sister Miriam Vincent. We honored Sister with our prayers and greetings and enjoyed the day's events right down to the eating of the feast day cake.









Left to Right: Ferne Carr, Sylvia Pelrine

Festival Winners

DUET

"A good team - - you must have learned it very well to be able to say it at such a fast tempo. You deserve a certificate."

Adjudicator: Gordon Clinton



Grades 3-4-5-6

"A very happy atmosphere - - good word phrasing, good effects of light and shade - - octave jumps well done."

Adjudicator: Brian Boydell

Junior Folk Song Chorus 7-8-9

"A most polished and finished performance with very effective and imaginative touches, good variety of tone, fine treatment of words - - most enjoyable - - a perfect ending for the festival day." — Adjudicator: Brian Boydell.

Twelve of these girls won the ensemble.

"A very lovely sustained tone and some excellent thought went intot the breaths. The tasteful expression in the last two bars was really beautiful."

Adjudicator: Brian Boydell



Closing

Leona Delvallet

Princess" Grades 7—8

And



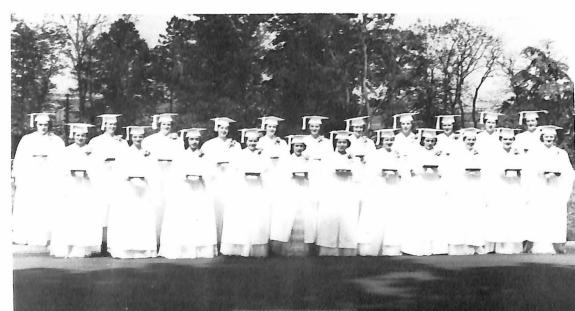
Grades 1-2

Graduation





Fairy Shoemaker" Grades 3–6



Grads of 1955









The Prom at the

Nova Scotian



Mr. and Mrs. W. H. Bryan do the Crowning Honors



Paying Homage to the Royal Couple



The evening is just beginning



Two Charming





The Night





A Smiling Couple



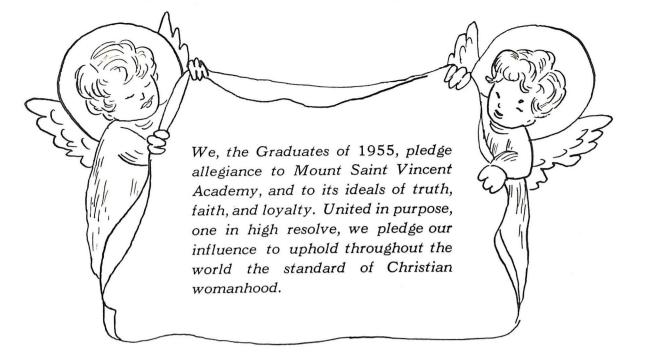
The Dance is Nearly Over



Language is no Barrier

Goal Achieved





Margaret Rich

"And still they gazed, and still their wonder grew, that one small head could carry all she knew."

Alias: "Maggie"

Hometown: Moncton, N. B.

Hobby: Basketball
Pet Peeve: Studying



Mary Parisotto

Bubbling with energy, eager to go wherever there's merriment; she's there all aglow!

Alias: "Topsy"

Hometown: Prince's Lodge

Hobby: Dancing

Pet Peeve: Being roused from "slumber"





Victoria Martinez Bea

"She is tiny but she is wise, She is a terror for her size."

Alias: "Vicki"

Hometown: Caracas, Venezuela

Hobby: Dancing Pet Peeve: Studying

Violette Berube

"Beneath her silence there's kindness and sincerity."

Alias: "Fanny" Hometown: Campbellton Hobby: Art

Pet Peeve: Cracking Knuckles



Joy Bryan

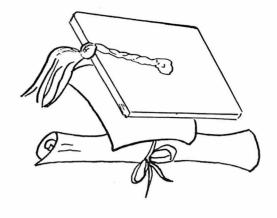
"Laughing brown eyes and a gay warm smile she won our hearts in a little while."

Alias: "Jo'

Hometown: Halifax

Hobby: Dancing, and U.N.T.D.'s.





Norma Conrod

"True to her word, her works, her friends."

Alias: "Winnie"

Home Town: Head Chezzetcook

Hobby: Sports

Pet Peeve: Western Music



Margaret Ann Coughlan

"Her winning smile wins everybody's heart."

Alias: "Mac"

Home Town: Bridgewater Hobby: Writing Letters

Pet Peeve: Jokes





Donna Cribby

"She is just what she is, what better report, a girl, a student, a friend, a good sport."

Alias: "Crib"

Hometown: Halifax Hobby: Sleeping

Pet Peeve: Getting up in the morning

Barbara Delvallet

"Your lovely eyes and trembling smile, proclaim to all a friend worth while."

Alias: "Rosie" Hometown: Halifax

Hobby: Typing

Pet Peeve: Coming back from weekends



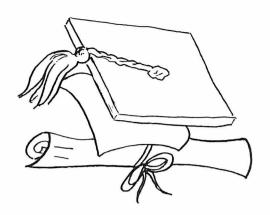
Marilyn DeMont

"To see her is to love her".

Alias: "Lynn" Hometown: Gold River Hobby: Art

Pet Peeve: Homework





Patricia Elizabeth Eaton

"Nothing is impossible to a willing heart."

Alias: "Pat"

Hometown: Walton

Hobby: Making phone calls

Pet Peeve: Parties



Hazel Ruth Hamshaw

"A better friend no man hath."

Alias: "Haze"

Hometown: Rockingham

Hobby: Dancing
Pet Peeve: School





Barbara Hopkins

"Bubbling with energy, eager to go, wherever there's merriment, she's there all aglow."

Alias: "Hoppy" Home Town: Halifax Hobby: Piano Playing

Pet Peeve: Cowboy Recordings

Ann Louise LeBlanc

"Where's there's a will there's a way."

Alias: "Spencer" Hometown: Sydney, Nova Scotia Hobby: Driving the Firefly Pet Peeve: "Asparagus"



Sandra Lee Levine

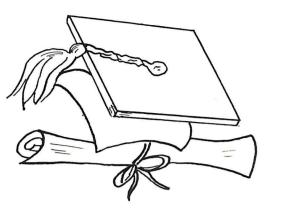
"Gentle in manner, good natured and kind, a pattern so noble will be hard to find."

Alias: "Belle"

Hometown: Moncton, N. B.

Hobby: Dancing Pet Peeve: Cats





Bernadette Mary Pelrine

"Her pleasing manner, her charming way Will win her friends through life's long way."

Alias: "Frenchie" Hometown: Rockingham Hobby: Dancing and Buddy Pet Peeve: School



Helen Ross

"A winning smile, a happy face In all hearts she found a place."

Alias: "Helena" Hometown: Halifax Hobby: Writing to her 47 pen-pals Pet Peeve: Buying Stamps





Barbara Marie Trainor

"Wherever there is mischief, she is behind it."

Alias: "Barb", "Curly" Hometown: Halifax Hobby: Figure Skating Pet Peeve: Early Rising

Rose Marie Tricco

"Overbrim and overflow, if your own heart you would know."

Alias "Trixie" Hometown: Dalhousie, N. B. Hobby: Collecting Rings Pet Peeve: Early Rising Hours

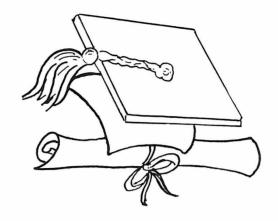


Joanne Catherine Webb

"A better friend we never knew.
As good and kind as she is true."

Alias "Jo" Hometown: Halifax Hobby: "Hick" Pet Peeve: Oxfords





Irene Theresa Whitman

"I like to work I really do, but I like a little nonsense too."

Alias: "Witty"

Hometown: Prince's Lodge

Hobby: Collecting pictures, talking on phone

Pet Peeve: Worrying



Cecilia Agnes Yanagida

"She came to us a stranger, but by a charming blend of sweetness, wit, vivacity we now all call her "friend."

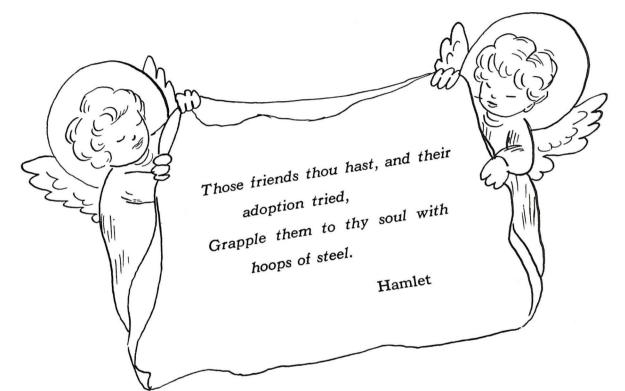
Alias: "Kyoko"

Hometown: Nagoya, Japan Hobby: Playing the Piano Pet Peeve: Early Rising



Loyal Alumnae Friends





Alumnae Notes

Our Brides:

Margaret Hessian is now married to Barry Smith, Halifax; Mrs. Jim Houlihan, Ernie Lancaster, is living in Halifax; Mary Jane Oland is married to Michael Nagle and is living in Dartmouth; Marie Grady is married to Mr. Ove Jessen and is building a new home in Rockingham; Alice Hayes, now Mrs. Gordon Hilchie, is living in Ottawa.

Our Business Women:

Connie Veniot has a secretarial position in Bathurst. She visited the Academy in September. Margaret Ann Fleck is working for the Royal Bank in Dalhousie, N. B. Serena Buck, a secretarial graduate from the College, is working in Montreal. Ruth Pellerin is on the secretarial staff of Saint Mary's University. Verna Phelan has returned from Montreal and is working at accounting. Mary Haskell is teaching near Truro. Eileen Clifford is working in Halifax. Dana Duggan took the Commercial Course at the Academy and is working for the Department of Agriculture. Phyllis Hamshaw took a business machines course in Toronto and is now working in Montreal. Etta Frioult works with the Income Tax Department in Sydney. She went to Florida in July to be her sister's bridesmaid. Marie Elizabeth O'Brien has a secretarial position with a law firm in Saint John; Irene Pelrine is with a law firm in Halifax. Etta, Marie, and Irene were donors of prizes to the Commercial Class of '55 and their generous loyalty is very much appreciated. Helen Mahoney is working for the Federal Civil Service at Bedford and Betty Lively is working at Simpson's. Others holding secretarial positions in Halifax are Helen Dee, Beryle Ernst, Anna Gould, Norma Hiltz, Shirley Douglas and Faye Trider. Michaela McClusky is working for her father in Grand Falls, N. B., and Anna Feetham is working in Toronto.

Our Graduates from other High Schools and Colleges:

Vera Hicks received the degree of Bachelor of Education at the Mount this year. Moira Coughlan received the degree of Bachelor of Science at the Mount College this year where she is the first to receive it in pure science. Mary Inglis and Sheila Moore graduated from St. Patrick's High School in Halifax. Mary Frances Donnelly graduated from Springfield College, Springfield, Alabama.

Our Laboratory Technicians:

Joanne Dysart is going on for higher study in Haemotology; Eva Feetham is working for Dr. Laufer in Halifax.

Our Nurses:

Joanne Rice is nearing graduation at the Halifax Infirmary where Ruth Fawson, Catherine Rich, Jean Delvallet, and Betty Pelham are also students. Catherine Rich led the Maritimes in what the nurses term the "Junior R.N.'s". Frances McClusky is training in the St. John General with Judith Ann Sullivan. Doreen Taylor is training at St. Martha's Hospital in Antigonish and Monica Toner is planning to train in the Fall. Carol Lee Manson is a Records Librarian at the Halifax Infirmary.

Our Professed Religious:

Sister Anne Benedict (Gerry Lancaster) and Sister Maria (Joan Wiseman) were professed at Mount Saint Vincent at Easter.

Our Students at M. S. V. College:

Mary Napier, Clothilde Belliveau, Mimi Inglis, Carol Ann MacNeil, Marion Penny, Allana MacLeod, Betty O'Brien, Marguerite St. Amand, and Therese Moore are reflecting great credit on the Academy.

Our Loyal Correspondents living at home are Mary Ratchford, Cheticamp, and Maryse Girardin, of St. Pierre. Maryse's younger sister plans to come to the Academy.

The Academy Graduates of 1955 were entertained on June 9 by the Alumnae at a tea at the Sword and Anchor Inn. Miss Irene McQuillan, the President, was ill and in her place Miss Mona Williams received. Mrs. Vincent (Hilda) MacDonald poured. It was a very enjoyable occasion that the girls will not quickly forget.

On the Closing Day at the Academy, the students and their guests remained for a lobster supper. It was a great success and a most enjoyable feature was the music provided by our ever-loyal and generous Blanche Inglis, Madeline Fox, and Eileen Redmond.

Mary's

Day



Irene McQuillan, President of the Halifax Chapter, after crowning Our Lady. The crown was fashioned by Mrs. Marion Horner



TEA IS SERVED

Left to right:

Guests: Lillian Bates Rainey, Marguerite Keenan Morriscey, Irene McQuillan, Mona Williams, Patsy Mielke Flynn.



AT BENEDICTION - - where the Alumnae were too shy to "go forward"

Patrons

Mr. and Mrs. Louis F. Murphy Mr. and Mrs. Dismas Arsenault Mr. and Mrs. C. E. Bowes Mr. and Mrs. Norman Stanbury Mr. and Mrs. Thomas Cosgrove Mr. and Mrs. Pius Theriault Mrs. Rebecca Arron Mr. and Mrs. Thomas C. Grantmyre Mr. and Mrs. E. Sidaway Mr. E. A. Howitt Mr. and Mrs. Ronald Whitman Mr. and Mrs. J. L. Trainor Mr. and Mrs. Frank E. Kane Mr. and Mrs. A. S. Hamsaw Mr. and Mrs. John Foster Mr. and Mrs. W. H. Bryan Mr. and Mrs. D. J. MacEachern Mr. and Mrs. R. O. Boucher Mr. and Mrs. George I. Joudrey Mr. James G. McLaren Mrs. Mary A. Hope Mr. and Mrs. Paul Pelrine Mr. and Mrs. W. A. Draper Mr. and Mrs. W. J. Goodhew

Dr. Samuel Marcus Mr. Bernard A. Vatcher Mrs. Helen McCulloch Mrs. Sidney Oland Mr. and Mrs. James Beuree Mr. and Mrs. E. S. Allen Mr. and Mrs. F. Canovan Mr. and Mrs. Hanson McLean Mr. and Mrs. E. Carlyle Spicer Mr. and Mrs. L. J. Sagadore Mr. and Mrs. Charles Duggan Miss Katherine Healy Captain and Mrs. J. Talbot Mr. and Mrs. Harry Carr Mr. and Mrs. Nelson Conrod Mr. and Mrs. Victor Oland Mr. and Mrs. J. Killeen McKee Mr. and Mrs. D. R. Hopkins Mr. and Mrs. Malcolm McNeil Mrs. L. R. Davis Mr. and Mrs Albert Ryan Mr. and Mrs. Charles Pelrine Mr. and Mrs. Edward Hanna Mr. and Mrs. G. H. Webb

thank you!



MOUNT SAINT VINCENT ACADEMY

Students

Are proud to wear



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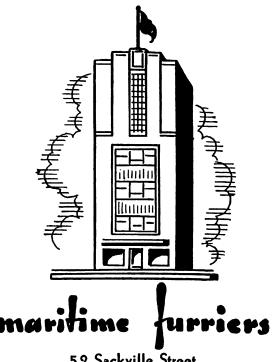
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