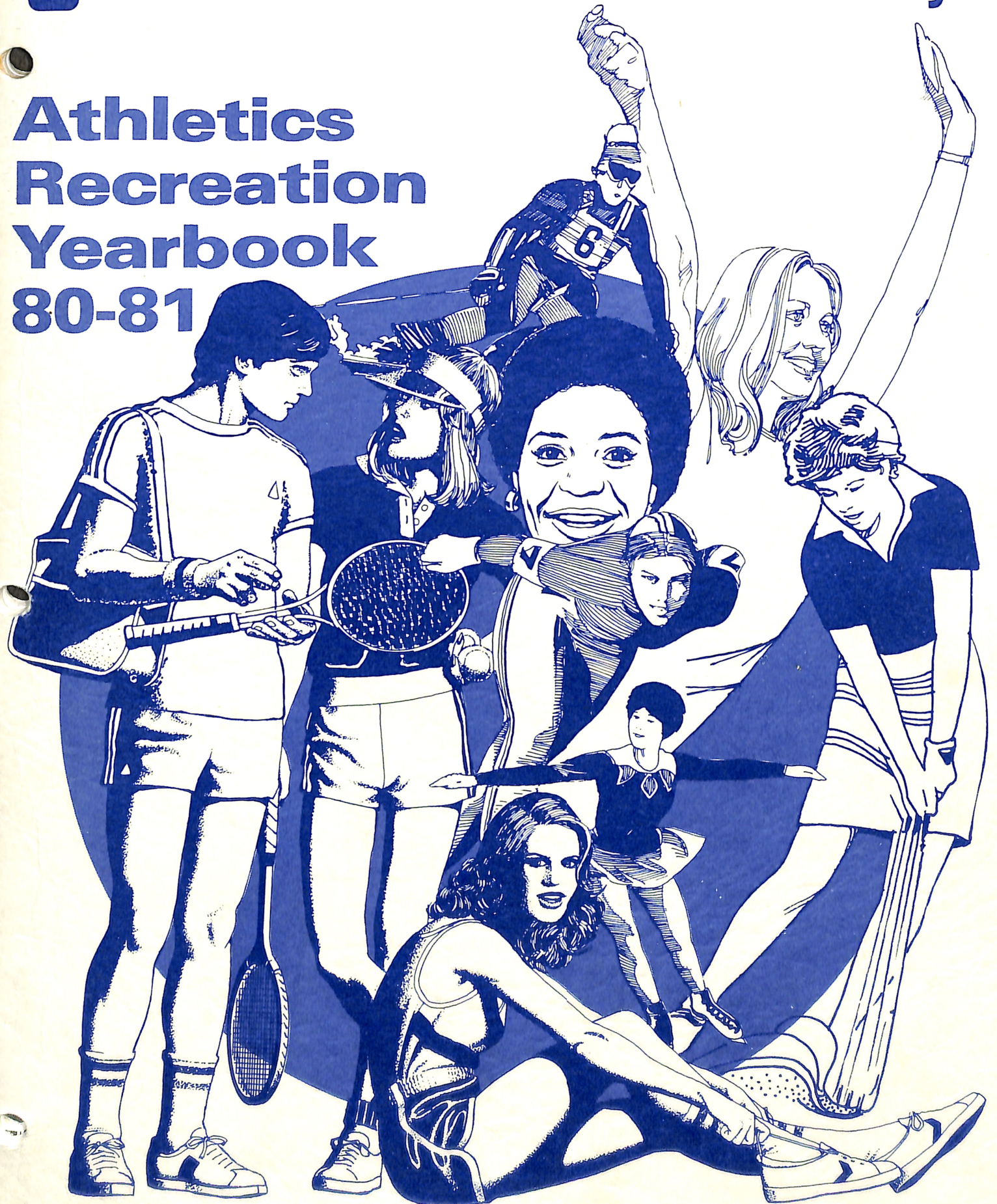


**Athletics
Recreation
Yearbook
80-81**





President's Message

For the first time in the over one-hundred-year tradition of this educational institution, we are able to provide at Mount Saint Vincent University, athletics and recreational facilities that truly meet the needs, not only of our students, but of our faculty, staff, and surrounding community neighbours. In opening our new Rosaria Centre, we are providing the facilities necessary to develop real physical fitness and recreational interests.

The goal of Mount Saint Vincent University is to graduate students who are sound in mind, body, and spirit. Athletics and recreation are as much a necessity in the development of a whole person as intellectual, moral, and ethical training; for the conduct of persons in their sports and social lives is a very real test of character. At the Mount we hope to provide the leadership which encourages all to participate, since it is involvement that matters, not winning. Competitive sports certainly have a place, but much more important than playing for the sake of winning, is playing for the sake of well-being.

Mount Saint Vincent University, then, attempts to provide a variety of opportunities to develop health and physical fitness in line with emotional stability, intellectual alertness, and professional training. It is my hope that every student at the Mount can get into the true spirit of holistic living.

E. Margaret Fulton,
President

1980-81 — A Success



The goals of Athletics at Mount Saint Vincent University are to provide the opportunity for students to compete, to make new acquaintances, to develop their various proficiencies in sports and to experience the unique satisfaction of achievement through team play. When these goals are met, they cause a favorable improvement in campus spirit and lifestyle as well as the health and fitness of the actual competitors. This past year was a success.

The women's volleyball and field hockey teams were conference champions and all-star players were selected from each team. Mount Saint Vincent was admitted into the Nova Scotia College Conference league. New sports to the Mount were introduced, the most successful of which were the women's soccer and men's ice hockey teams. We experienced an increase in participation and interest in virtually all areas of activity.

These and other achievements were preceded by the sincere interest and hard work of all concerned, be they players, managers or coaches. This has left us with a solid base on which to build future programs. Thank you all.

Next year we are hoping to gain admittance to the Canadian Colleges Athletic Association and with the use of Rosaria Centre for the full academic term, we expect to have a "banner year". Let's look forward to it!

Deborah Denny

Deborah Denny,
Athletics Officer

The Place To Be



The new gymnasium in Rosaria Centre is finally open and within a few short weeks it has become THE place to be in the University. Here one can have a good time, meet new friends, and, at the same time develop a sound and healthy body.

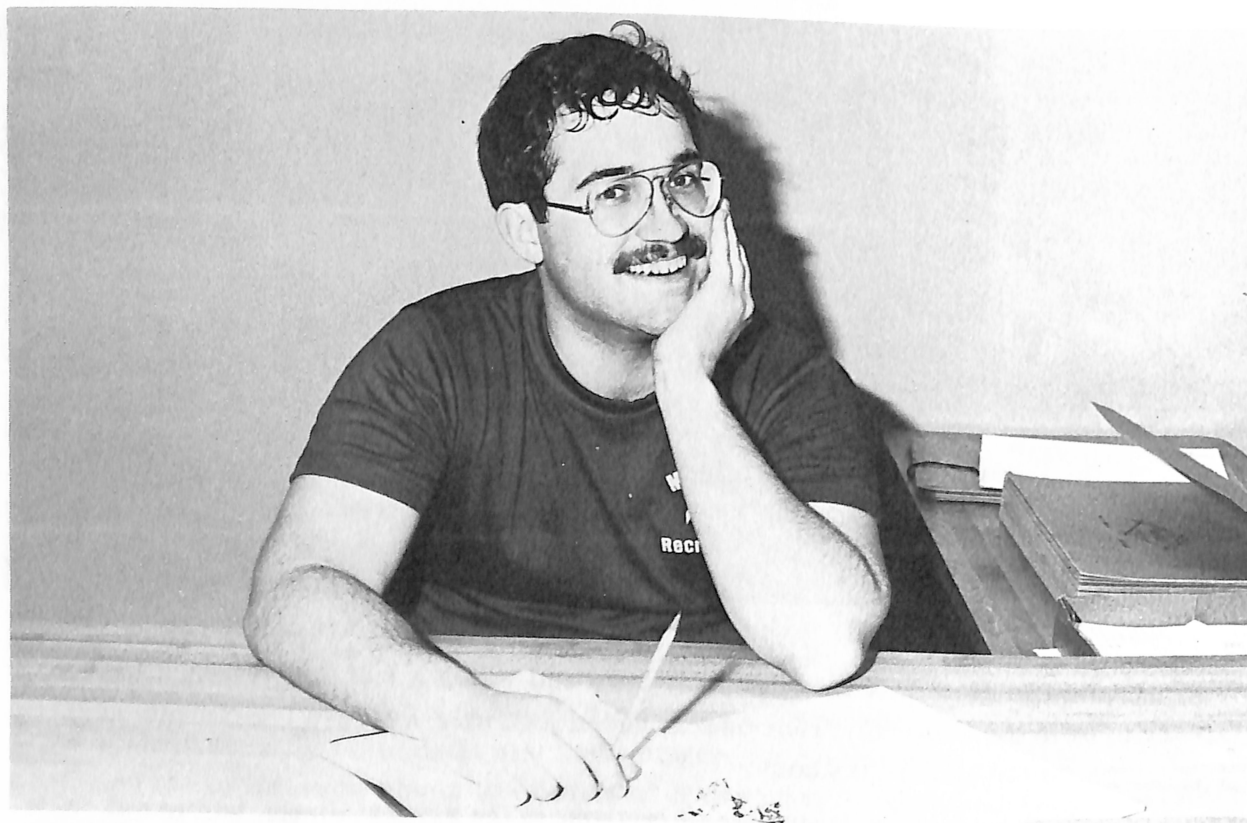
At the Mount, we believe in the participation of everyone in the physical fitness, intramural, and recreation programs. Free time is available in the gym for students, faculty, and staff to enjoy activities of their own choosing. Some recreational programs that are arranged are exercise classes, instructional classes, recreational badminton, and co-ed intramural leagues in several sports, such as, tennis, floor hockey, and volleyball, and basketball, where the competition is friendly but keen.

In this book we have tried to reflect the many activities we have participated in and enjoyed this year. I hope it will provide pleasure to the readers and encourage everyone to take advantage of the program we offer in the future.

Pat DeMont

Pat DeMont

With a Little Bit of Help



Mike Edwards: Equipment Custodian

With the assistance from "outside" instructors and coaches the Mount has been able to round out its athletics/recreation program during the year. This increased activity has attracted a lively response from the entire university community.

Instructors — Coaches

Field Hockey Coach - Kim Robson

- Deborah Denny

Badminton Coach - Pat Demont

Basketball Coach - Kim Robson

- Butch Slaunwhite

Volleyball Coach - Brian Carlton

Tennis Coach - Pat Demont

Soccer Coach - Neil Blanche

Ice Hockey Coach - Tim McClusky

Jazz Dance Instructor - Mary Turnbull

Ballet Instructor - Mary Turnbull

Yoga Instructor - Barbara Jannasch

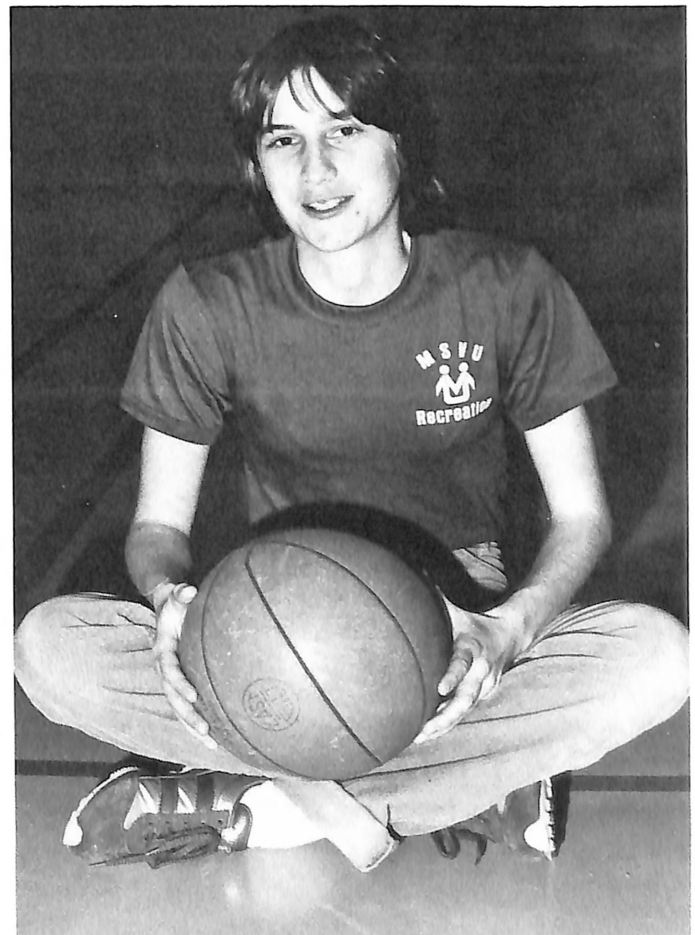
Sports Editor - Joanne Bower

Equipment Custodian - Michael Edwards

Athletics/Recreation Secretary - Joan Richardson



Joan Richardson



Joanne Bower



Mount Saint Vincent University

Activity Extravaganza

March 2nd to 6th
Rosaria Centre



Page 7, The Picaro.

Sports

Volleyball team takes second tournament

by Joanne Bower
Sports Reporter

Last weekend the Mount Volleyball team traveled to the College of Cape Breton to capture another win in their second tournament of the season.

The Mount played first in round robin play by successfully defeating Kings and fully defeating Cape Breton, who advanced them to the final game of the day. The final game of the day was a conference tournament championship by whipping the C.C.B. team: 15-3, 17-3 and 15-8.

According to coach Brian Carlton, they were some key players who excelled throughout the entire tournament. One of these players was Julianna Elings who maintained a 96 per cent offensive points and a 96 per cent serving average. While Colleen Hourigan displayed some excellent setting which made 9 offensive points which is very good for a setter. LeBlanc also noted two 100 per cent performances from Betty MacDonald who had 100 per cent serving, and Catherine MacDonell with a 100 per cent serve reception.

With the teams current record of two wins in two tournaments, it is quite conceivable that they may be on

their way to claiming the second college conference championship for the Mount. So let's get out there and give them the support they deserve. The next invitational tournament for the team is the Scoopblades tournament held in Shearwater on September 13.

to maintain this unique spirit by continuing to intru-

Sports

Mount team sweep college tournament

by Sandra King

MSVU's volleyball team brought home the Nova Scotia College Conference (NSCC) title on Saturday, March 7. The College of Cape Breton in Dalrymple, was a two day battle for the trophy. The team was able to bring it home for the first time. The team was undefeated in the Round Robin and beat Truro's Teachers College in the final match 3-0. In the first two games of the final match, MSVU downed the third of the best of five games, Truro was leading 10-2. But the Mount made a remarkable comeback with both Jac-

giving the team four aces (unreturned serves) and good points to the Mount's score. This spurred the team to win a truly exciting game 17-15 and capture the provincial championship. Earlier in the Round Robin, MSVU crushed King's College 15-4, 15-3. Early Saturday

morning the Mount beat College of Cape Breton 15-7, 15-8. And at noon it was MSVU over Truro's Teachers College 15-9, 15-10.

Nanette Elings showed tremendous offensive effort supported by excellent setting by Hourigan and Elings. This com-

the bench was strong and important to the team's morale. Carlton added: "The experience of playing in Montreal with such high caliber volleyball, showed us that we have the capability of playing competitively against strong teams." Also, it unified the team members as they got to know each other on a more personal basis. "We now have the attitude that if we play well, we can win," said Carlton. The "can win" team banked their

Tennis Women Fourth

On Oct. 25 and 26 the M.S.V.U. Tennis Team: Jerry Shea, Bruce Croft, Anne Dunlop, Mary Moran and Donna LaVette travelled to Moncton to play in an invitational tournament. Our men placed 9th out of ten while our women came home 4th out of seven.

All of the team standings were: MEN 1st Dal. 2 Ude M. 3 Acadia 4 U.N.B.S.J. 8 King's S.M.U. 7 U.N.B.S.J. 10 S.T.U. (9 M.S.V.U.) 10 S.T.U. WOMEN 1st U.N.B.S.J. 2 Ude M. 3 M.U.N. 4 M.S.V.U. 5

Dal. 6 U.N.B. 7 S.T.U. According to coach Pat De no a terrific time was had by all and the team enjoyed some super hospitality from Mrs. Moran when they stopped in Truro.

Assisi Hall dominated the Tennis intramurals this year when three of their residents took the final standings. They were 1st Sue Gordon, 2nd Carolyn Bugden and 3rd Maureen Connolly. Congratulations girls and to Assisi Hall

Activity extravaganza a success

by Barb Woodroffe

With the success of last year's Activity Extravaganza, the Athletics department is introducing a rousing introduction to the Mount's new Pat Demont and Deborah students. Demont and Deborah were pleased with the late afternoon and evening events. "I think it's been over-drawn the biggest crowd," she said. "If they were pleased with the new gym facilities both Demont and Denny said they certainly were. "Of course, you can always ask

for more," laughed Denny. They feel the building has created a lot of enthusiasm and believe that interest in Mount sports will increase. Unlike the old Vincent gym, there is a lot to do with it. "People can now watch the teams play and they don't even have to go outside to get here," said Demont referring to residence students.

Demont and Denny had been planning the event since November. While P.P. students Sheila Butler, along with Lynn McCully and Joanne Bower, tackled the publicity. "The students really pitched in," says Demont. "and once they got to work the enthusiasm was there." The only major roadblock in the planning was the delay in

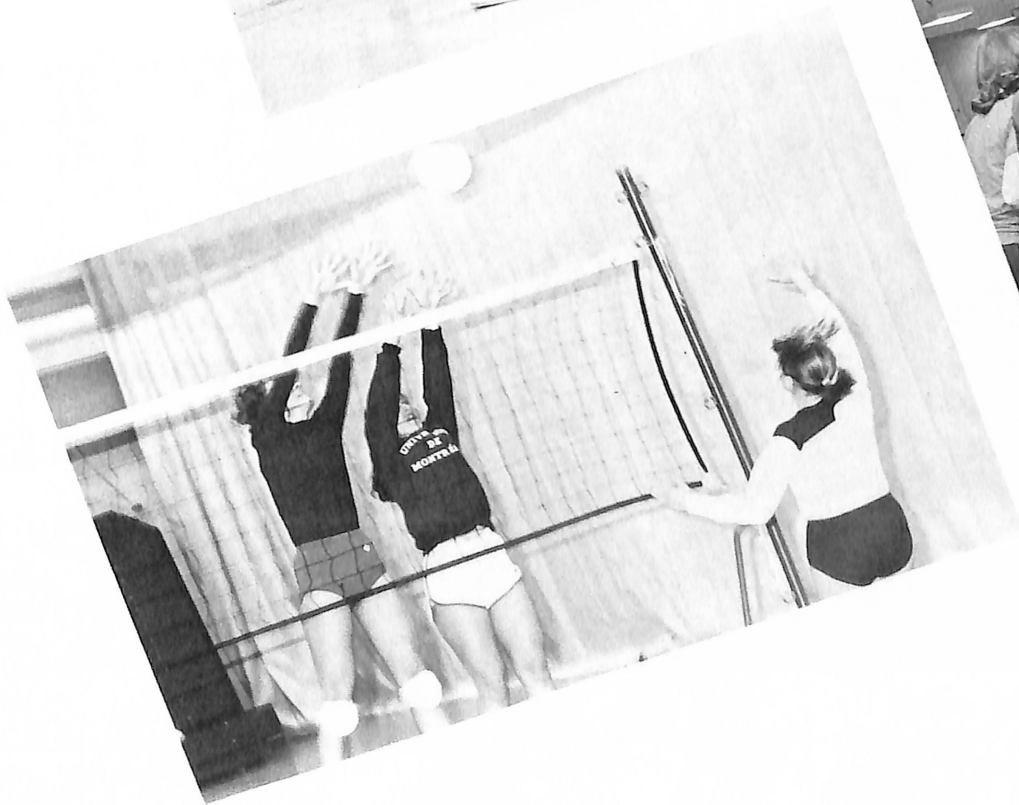
the gym opening, but "every one kept their spirits up," Deborah Denny didn't seem to have any problems that might have occurred. "It's like to become an annual event," she said.

Gerry Shea, co-ordinator of the Supervisors, was disappointed with the amount of money that was raised. "Overall I was disappointed with those who saw only Betty along with Betty, Juliana and Neil Blanche. The organizing committee saw only a part in the run, an obstacle in the way."

"We're trying to do it again," she said. "The winners of the stars event were Bruce and Maryfay Woolway. The week's happenings were topped off by an afternoon Beer Bash in the multi-purpose room."



Rosaria Centre Makes a Difference



Curling



The Mount's curling team participated in the Atlantic Universities Athletics Association's curling sports tournament held at the University of Moncton during March.

Other teams participating were from Dalhousie, Acadia, U.N.B., Mount "A", U. de M., Holland College and Memorial.

Entered the A.U.A.A. Invitational Sport Tournament

Front Row: Heather Boulter, Judy Britain.

Back Row: Denise Johnston, Faith Tregunno, Margie Knickle (coach).

(Faith Tregunno was not on the team)

Volleyball



Nova Scotia College Conference Champions

Second in the Senior "A" Champions (N.S.)

Front Row: Susan Carlton (manager), GERALYN George, Juliana Elsinga, Colleen Hourigan. **Back Row:** Brian Carlton (coach), Shelly Withers, Catherine LeBlanc, Nanette Elsinga, Betty MacDonnell, Jacquie Melanson, Sandra King.

Basketball



BASKETBALL TEAM

Front Row: Sherry Weatherbie, Ann Dunlop, Oonagh Enright, Rhonda Bellefontaine, Myfanway Woolway. **Back Row:** Ruth Mills (manager), Kelly Bruce, Cindy McInnis, Marion MacDonald, Sheri McKillop, Kim Robson (coach)*.

* There was a change over in February from Kim Robson as coach to Maurice (Butch) Slaunwhite as coach.

Injuries and a change of coach saw the Mount squad off to a poor start, but following Christmas, the team improved rapidly and hosted the Nova Scotia College Women's Basketball Champions on the weekend of the opening of Rosaria Centre.

Badminton



BADMINTON TEAM

Front Row: Sheri McKillop, Donna LeVatte, Mary Moran, Anita Sundaram. **Back Row:** Bruce Croft, Mark Leadlay, Earl Williams, Jerry Shea, Gary Tang.

N.S.C.C. Men's Singles Champion - Bruce Croft

This was the first year the Mount had a full team to enter the Nova Scotia College Conference Badminton Invitational Tournaments held at Sydney, Truro and Halifax, The Mount won these tournaments overall.

Field Hockey



FIELD HOCKEY

Front Row: Susan Richardson, Nelda Dalziel, Oonagh Enright, Kristen Earley, Angela Joell. **Back Row:** Kim Robson (coach), Joanne Bower, Eden Earley, Heather Ronalds, Ann Martin, Sherry Weatherbie, Myfanwy Woolway, Deborah Denny (coach).

They were the N.S.C.C. Champions

Four All-Conference people were picked from our team:

Oonagh Enright, Ann Martin, Joanne Bower and Kristen Earley.

Soccer



SOCCER TEAM

Front Row: Rachael Bachman, Kathy Teasdale, Karen Murnahan, Treva Reeves. **Back Row:** Neil Blanche (coach), Janet Porter, Rosemary Scholten, Kelly Chandler, Dianne Shaw, Nancy McDermid, Charlene Whittier.

Nova Scotia College Conference Champions. Four all-stars were chosen from the Mount team. The tournament was hosted by the Mount on the Halifax Commons.

Soccer is a growing sport throughout Nova Scotia. The Mount had 27 players involved in intercollegiate games.

The Mount's First Men's Hockey Team



MEN'S HOCKEY TEAM 1980-81

Front Row: Tim McCluskey, Glen Cronk, John McDade, Gerald Denison, Kevin Mugford, Orlando DiMattia, Chris Holland, Steve Dearing, Steve Hall (manager). **Back Row:** Terry Kelly, Don Shewfelt, Joe Mason, John Boudreau, Chuck Clarke, Mark Leadley. **Missing:** Harry Mattinson, Gordie Power, Mike McLean, Chris Mauder.

Tennis

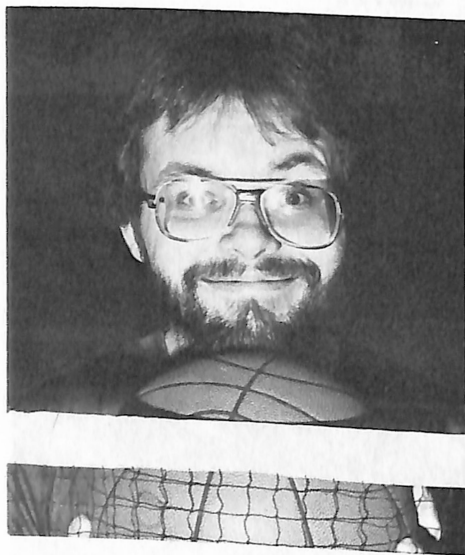


TENNIS TEAM

Front Row: Ann Dunlop, Mary Moran, Jane Dunlop, Donna LeVatte. **Back Row:** Bruce Croft, Jerry Shea.

Under the coaching of recreation officer Pat Demont, the Mount's tennis team travelled to Moncton to participate in the Atlantic Universities Athletic Association Tournament. This was the first year men came out for the team.

Recreation



Jerry Shea



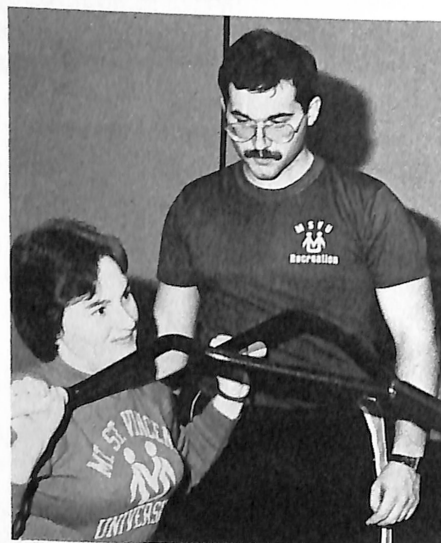
Juilanna Elsinga, Betty MacDonnell



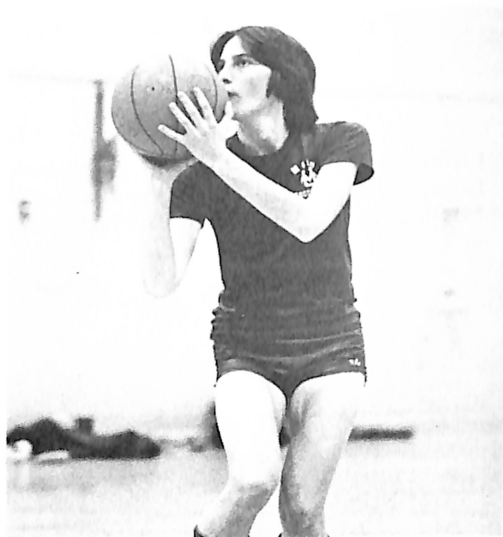
Dr. William Hunter



Bruce Chisholm



Kathy Teasdale



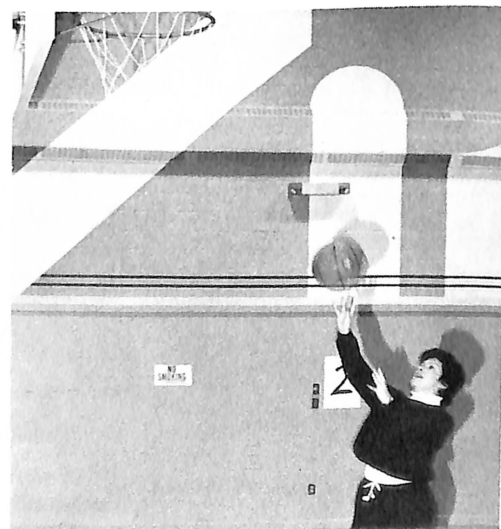
Joanne Bower



Bruce Croft



Barbara Jannasch



Linda Carson



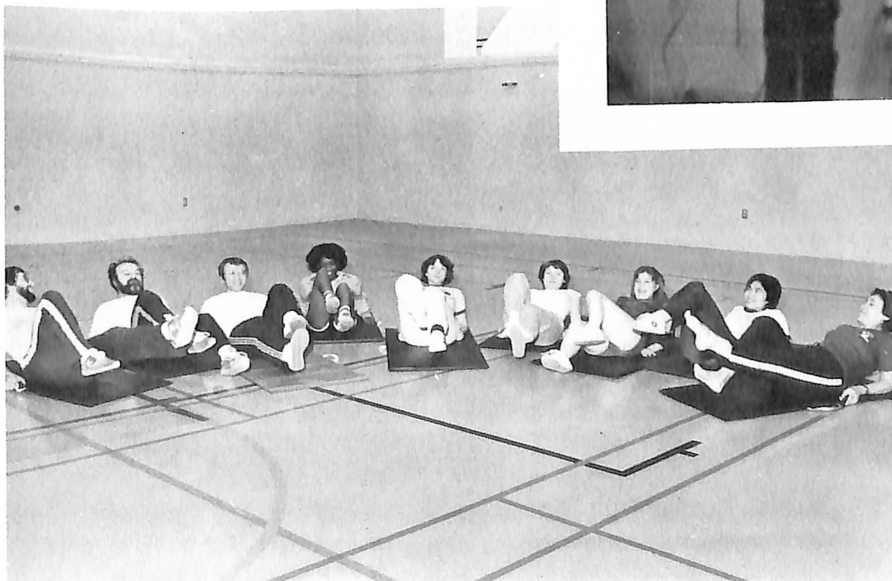
Bruce Croft, Michael Haynes



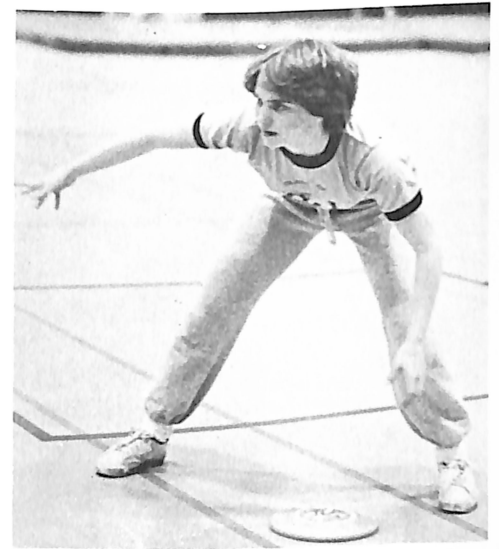
Dawn Elderkin



Juilanna Elsinga



(L to R): Latham Olmstead, Len Poirier, Bruce Taylor, Karen Alexander, Beth Jarrett, Kathy Bell, Jane Mosley, Alice Lam, Pat DeMont.



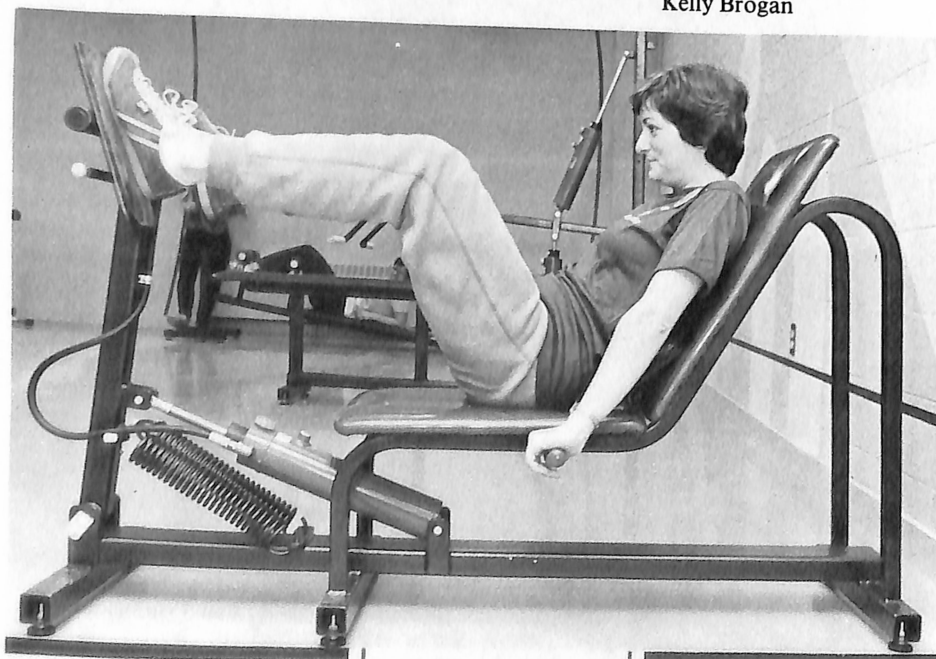
Dawn Elderkin



Kelly Brogan



Deborah Denny, Joan Richardson



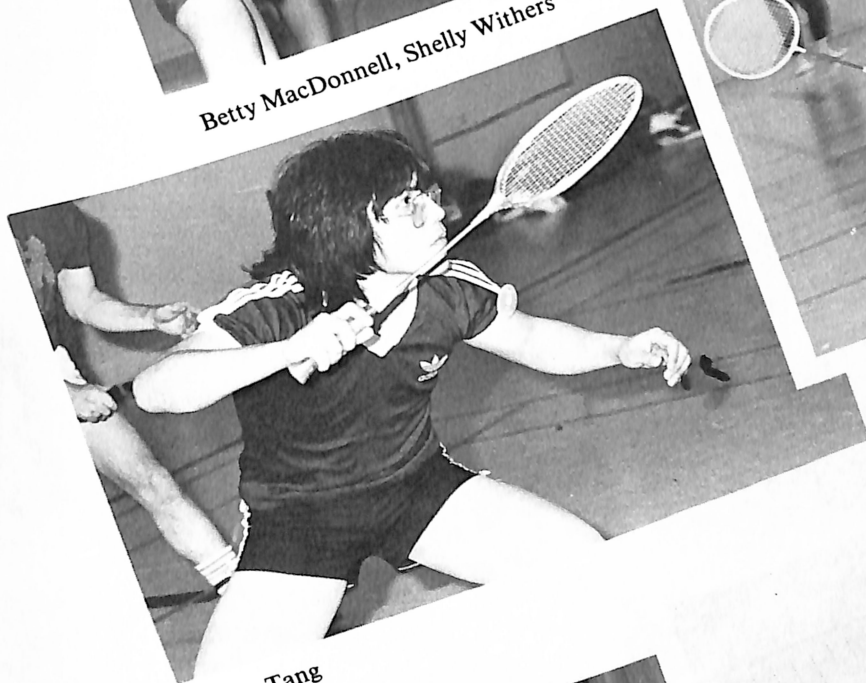
Sheila Bollivar



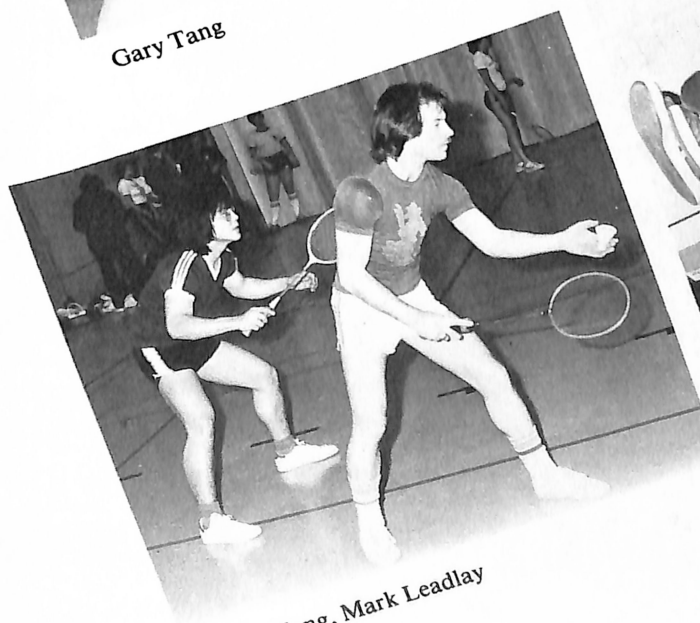
Alice MacKichan



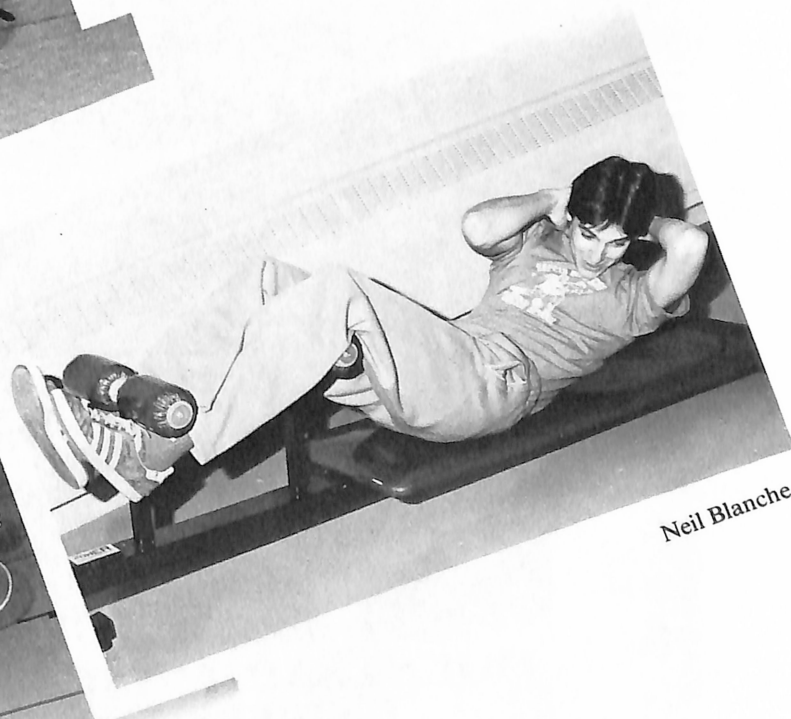
Betty MacDonnell, Shelly Withers



Gary Tang



Gary Tang, Mark Leadlay



Neil Blanche



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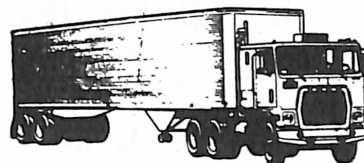
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