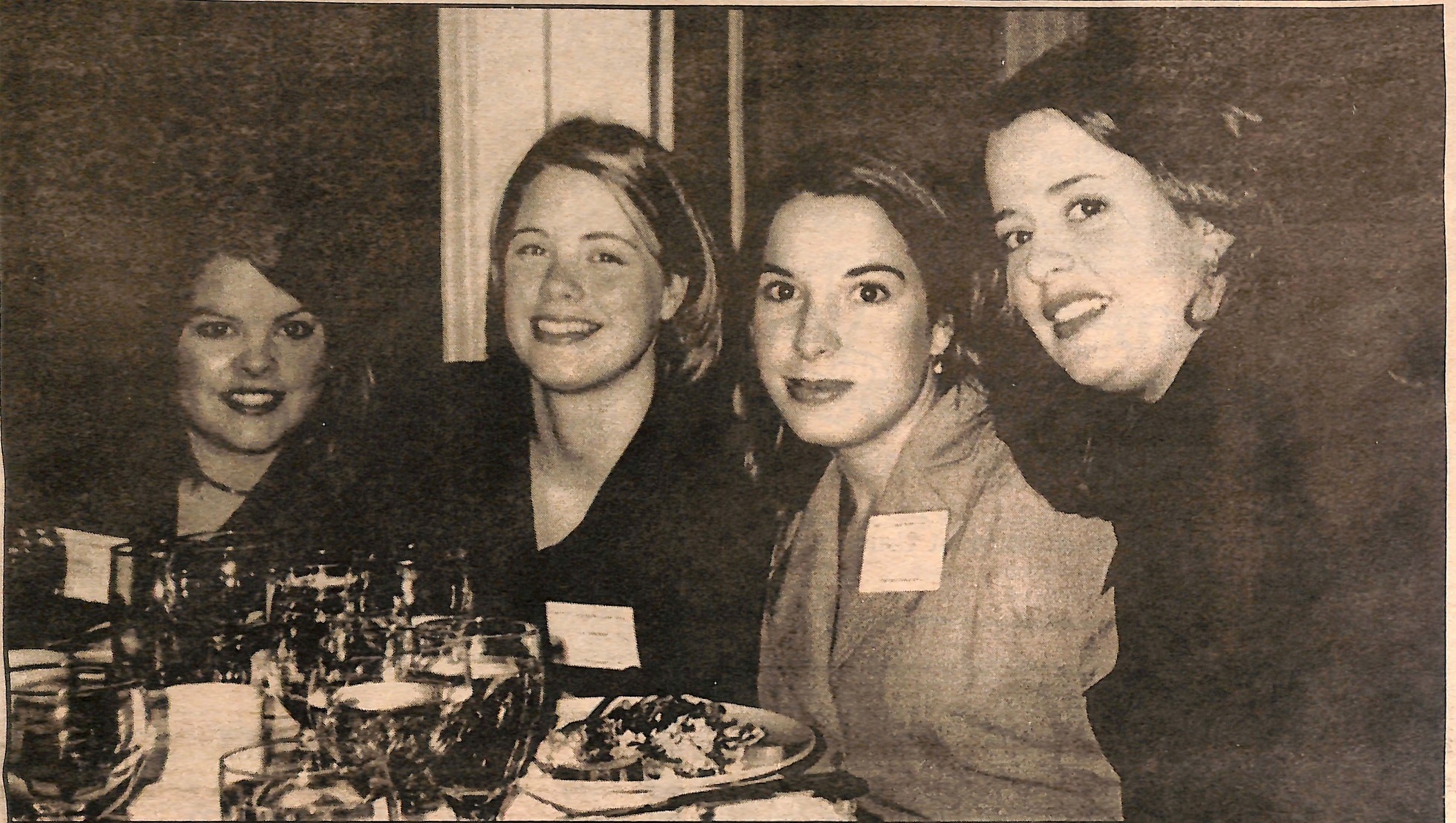


THE PICARO

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(left to right) Murika Jordan, Beth Mitchell, Kelly Corday and Lori Flynn all attended the 25th annual business society dinner last week. The 150 students, faculty and members of the business community in attendance schmoozed the night away. See the full story on page 7

Sign on the dotted line, please...

SU withholding funding from *Pic* until accountability contract signed

By Mark Sitter

Student union is withholding the *Picaro's* funding until both parties sign an agreement making the newspaper more accountable for its finances and actions.

"Right now, the *Picaro* has no structure or board to monitor its operations and hold the editors and staff accountable for their actions," said student

union president Sheldon Miller. "[SU] just gives them money to do whatever they want with.

"[SU] wants to make sure there is a measure of accountability in place, ensuring that students' money is spent judiciously. We're looking out for the best interests of students, who fund the union to

fund the *Picaro*."

The contract currently being negotiated stipulates the *Picaro* would have to be financially audited each year; SU and the paper would work together to establish an advisory board to deal with any grievances students have with the *Picaro*; and SU couldn't arbitrarily withhold

future funding.

Tim Boudreau, the *Picaro's* editor-in-chief, feels withholding funds gives SU an unfair bargaining advantage over the bi-weekly.

"Right now, the paper has very little money in the bank," he said. "There's a sense of urgency to sign the agreement. Money is being held over our

heads. That makes it difficult for negotiations to be in good faith."

SU recently agreed to give the *Picaro* enough money to pay off recent expenses and print the upcoming issue, but won't transfer any other funds until the contract is signed.

Last weekend, student council passed

a motion stating the *Picaro* and SU must finalize the contract for approval at the next council meeting at the end of the month.

Boudreau feels negotiations are going well, but worries signing the agreement—which would come into effect next year—would compromise the

Continued on page 3

What's Inside...



First tourists then reporters lined up to get into a small lighthouse community. Get the story from someone who experienced the unimaginable.

... page 11



Do you know anyone who has crossed the deadly line between healthy diet and eating disorder?

... pages 12 & 13



As the song goes: "War, what is it good for? ...

Absolutely nothing!" Find out for yourself all you need to do is cross the thin red line

... page 19

Consitution Changes

Changes are being proposed to the Student Union Consitution. Council will be considering the question on Feburary 5th at 3:00p.m. in the Student Union area (Rosaria Rm 106). All studsents are invited to attend.

The proposed Constitution will be available to view at the Student Union Information Desk and other locations around campus. Voting days for these changes will be held in conjunction with the Spring General Elections on March 17 & 18. Contact Alison Druhan at Student Union for more details.

FOUNTAIN PLAY CENTRE NEEDS VOLUNTEERS

If you have a few hours to give to some very cute kids, volunteer at the Fountain Play Centre. See Patricia Carter at the Centre, leave her a message at the Student Union Information Desk or call 457-6554.



Student Union is a resource for students. Visit our offices on the first floor of Rosaria.

The information desk is open daily until 5pm. Or contact us by phone at 457-6123.

Sheldon Miller, President
Alison Druhan, Executive VP
James Tilley, Internal VP
Margaret Ann MacIntosh, External VP
Ron Pottle, Academic VP
Janne Cleveland, Status of Women

Caritis Motherhouse Tour

In honor of Caritis Day, The Sisters of Charity and Student Union are hosting a tour of the Motherhouse for all interested members of the Mount community.

The tour will begin at 1p.m. on January 27th and end just after 2p.m. with tea and sweets with the sisters. Participants are asked to meet in the front lobby of the Motherhouse just before 1p.m.



J D jacket giveaway

Visit Vinnie's and fill out a ballot to win a Jack Daniels jacket on display at the pub. Draw will be held on February 18th.

**SOUND
Explosion**
Battle of the Bands

Vinnie's Pub
Feb 3rd - 8 pm

Pick up your Application Package at the Information Desk - Rosaria Centre.

The winner from each school moves on to the Regionals March 13th at Dalhousie University and Regional Winner gets a spot at the COCA Showcase in June

Logos: UPEI, UPE, UCCB, MT.A, MSVU, UNB, ST.FX, DAL, ISU, ACADIA, SMU, etc.

Volume 34 Issue 8

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The Picaro is dedicated to informing, challenging and entertaining the students of MSVU, and to provide them with a forum to air their views.

The Picaro reserves the right to edit or reject any material, particularly material of libelous, racist, sexist, or homophobic nature. The views expressed are not necessarily those of the Picaro or its editors.

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Page three has been brought to you by the number three, James Tilley, Penny Giles and all the delegates at the Canadian Student Alumni Associations Networking Conference (CSAAN '99) at the University of Saskatchewan in Saskatoon.

The times, they are a-mending —for the constitution

Student union looking to amend role of status of women officer

By Shannon McPhee

For the first time in 10 years, student union (SU) is revising its constitution.

The constitution policy and planning committee is proposing an amendment to change the status of women officer (SoWO) from an appointed position to an elected one.

This amendment would also change the officer's title to status of women vice-president of SU, and give her the right to vote and raise motions.

"Presently, the status of women officer is in support of women's issues, but has no voice to affect change," said Janne Cleveland, SU's current SoWO. "Without a vote she is just another voiceless woman among many."

Alison Druhan, SU executive vice-president and chair of the constitution policy and planning committee, says the change would give the position more

credibility, allowing it to represent its constituents—female students at the Mount—more effectively.

"That's why it's so important to amend

concerns of women [on campus]."

Other students, however, feel the SoWO shouldn't have a vote on council because she has a specific political agenda.

"Without a vote she is just another voiceless woman among many."

the constitution so the status of women officer will have the right to vote as an elected official," she said.

Some Mount students share that sentiment.

Craig Sampson, a fourth-year psychology student, says the new and improved position would be an asset to the Mount.

"As Canada's only remaining Women's university, it's important to preserve that distinction," he said. "The status of women officer . . . [is an important] representative of the

Vanessa Turner, arts and science representative on student council, thinks the position is needed, but shouldn't have voting rights.

"She's representing a majority, but no one's representing the male minority, so it would be discriminatory to give the vote to women and not men."

"She's politically affiliated," said Turner. "She's representing a majority, but no one's

representing the male minority, so it would be discriminatory to give the vote to women and not men."

Cleveland disagrees with that notion.

"The next elected officer may have a separate political agenda," she said. "So may the next president or vice-presidents. They all want what they perceive to be for the good of the school."

Many other Canadian universities—which have a more even breakdown of men and

just to represent a minority.

Dalhousie's student union doesn't have a SoWO on executive, but a Women's Center Representative sits on council and has full voting rights, says Brian Kellow, DSU vice-president executive. He says women's issues are addressed through the student advocacy executive.

Nevertheless, Patricia Thompson, director of Dalhousie Women's Center, questions the need for a SoWO at the Mount.

"In the ideal situation, since the university has a women's focus, it should reflect a lot of feminist ideals and feminist philosophies," she said. "In the ideal situation, the position shouldn't be needed."

There will be a debate on the constitution on Feb. 5 at 2:30 p.m. in Rosaria. All students are welcome to attend.

Continued from page 1

editorial autonomy of Picaro staff.

"Sometimes I feel a little rushed," he said. "I don't want to jump into anything that would sell out the power of future editors."

Neither does Miller.

"The contract is about the self-preservation and freedom of the Picaro," he said. "One of the clauses stipulates that SU must fund the paper, but cannot govern it. The document should ensure the Picaro is around 20 years from

now."

SU presented the contract to the Picaro last November, but Boudreau says the newspaper had its reasons for not jumping to the bargaining table at that time.

"Last fall, I felt [SU] had been treating

us very poorly and unprofessionally in other meetings we had with them, regarding a controversial article we printed," he said. "I didn't feel like bending over backwards to accommodate the union's requests."

"And [SU] never once told us we had to

sign the contract to receive funding. I just found that out after Christmas."

Miller says he thought the Picaro understood that receiving funding was contingent on signing the contract. He apologizes for not making that clearer.

Ya schmooze or ya loose

'Communication' main theme at this year's business society dinner

By James Tilley

"You have two ears and one mouth. That's why you're supposed to talk half as much as you listen."

Communication was the focus of Kent Groves' key note speech at this year's business society dinner at the Westin.

The Maritime Trading Company executive addressed about 150 Mount students and faculty, as well as members of Halifax's business community.

His message zeroed in on the importance of building strong relationships with customers, who, according to Groves, range from employees to consumers.

"The speaker was very captivating," said Mark Sitter, a fourth-year public-relations student who attended

the dinner. "The entire evening was all about communication. My elbows are still pretty worn from hobnobbing."

The event, which was the business society's 25th annual dinner, began with drinks in the receiving room, where attendees had an hour to socialize, swap business cards and make contacts. Everyone then sat down and was greeted with an opening address from business prof. Ned Kelleher.

The seating arrangements mixed students, professors and professionals, placing people with like backgrounds together.



After dinner, Groves spoke, door prizes were drawn, then Mark Cooper, president of the business society, wrapped the evening

up with a series of thank-yous and presented his fellow members of the society executive with roses of thanks.

An interesting

point in the evening occurred when prof. Kelleher, in his opening remarks, alluded to the creation of a school of business at the Mount in the very near future.

The business society dinner is a yearly event that helps create ties between the Mount and the local business community.

African Heritage Month

February '99 will have one eye on the past, the other on the future

By Trina Roache

Education. Self-awareness. Celebration. These are what African Heritage Month (AHM) will focus on this February as it celebrates its 15th anniversary.

A 300-year history defined by slavery, oppression, racism and the destruction of Africville is also marked by a vibrant culture and celebrated African-Canadian Nova Scotians—such as Richard Preston, Portia White, James Robinson Johnston and Laura Howe.

The main theme of AHM—reflecting on the past: enlightening the future—emphasizes the continuity between this past journey and finding one's footing in the future.

Henry Bishop of the Black Cultural Centre for Nova Scotia says AHM is a good way to "raise consciousness . . . and

create racial awareness."

The month is also about respecting different lifestyles, he adds; it's important to recognize the cultural diversity in the province.

are "separate and distinct," providing enough variety to fulfil everyone's needs.

AHM is as much about breaking down barriers with the larger society as it is about strengthening the

Henry Bishop of the Black Cultural Centre for Nova Scotia says AHM is a good way to "raise consciousness . . . and create racial awareness."

This diversity has been evident in past AHM celebrations, as events were able to draw crowds from various cultural backgrounds. The Black community itself is heterogeneous, including indigenous African-Canadians and more recent immigrants from both Africa and the Caribbean.

Bishop says each of the 160 events throughout the month

African-Canadian community.

Bishop notes that while AHM—which was previously Black History Month—originated at a grassroots level, the interrelationships involved in its planning now include corporations and government, allowing for a high degree of networking.

And he says an equal number of Blacks and Whites constitute

the planning committee, which works towards the goal of education; exposing people to both the hardships and richness of African-Canadian cultural heritage.

Michelle Shortte, a Caribbean student in child and youth studies, is "pleasantly surprised by most people's [racial] attitudes," but still encounters ignorance and believes the Mount could do more—both inside and out of the classroom—to inform

The works of three Black women artists with Nova Scotian ties—Buseje Bailey, Jan Crick and Rebecca Simone Fisk—are currently on display in the Mount Art Gallery until Feb. 7.

Through different mediums the exhibits depict definitions of beauty, as well as the harsh impact of Eurocentric ideology on Black identity and feelings of self-worth, says a representative from the Art Gallery.

At an upcoming

the Mount could do more—both inside and out of the classroom—to inform students about African-Canadian culture.

students about African-Canadian culture.

So far, the Mount has two concrete AHM events for early February, but nothing yet for the rest of the month.

lecture event, Dr. Frances Early will speak on Children of Enslavement: The Antebellum U.S. South. This lecture will take place in Seton room 530-531 on Feb. 3, 9:00

a.m. and again at 11:00 a.m.

Janne Cleveland, status of women officer and student union representative in charge of organizing AHM at the Mount, says many events are still being worked out and welcomes any new ideas and suggestions, which can be directed to her at the student union info desk in Rosaria.

Shortte hopes students support AHM events at the Mount, noting that often the turnout for speakers is low. She would also like to see students venture to off-campus AHM activities.

Bishop says people can contact the North Branch Library at (902) 490-5723 for details regarding events in February. And anyone interested in volunteering his or her time and talent can call the above number to get involved.

Living in the world, living as women

Dr. Margrit Eichler talks about sustainability and gender

By Trina Roache

Are we hurtling towards extinction? Are we already in the midst of an ecological crisis that could prove to be an apocalypse of our own making? Dr. Margrit Eichler thinks so.

As part of the lecture series to commemorate the Mount's 125 anniversary, Dr. Eichler, a professor of sociology and equity studies at University of Toronto, discussed the relationship between sustainable development, gender equity and the need for social and economic change.

The former holder of the Nancy's Chair in Women's Studies at the Mount believes environmental concern can't be directed solely at problems "in our own backyard," but

must extend to include global issues.

"Sustainable development is not somebody else's problem," says Dr. Eichler. "We are all affected. The problem is not one we can ignore."

She points to an incredible imbalance in the distribution of global wealth, mentioning how the assets of the world's three richest people are more than the combined GDP of the 48 poorest countries.

And in Canada, our "ecological footprint," or the amount of resources we use, far exceeds our population needs.

She says any time she asks whether anyone thinks the current economic system of production is sustainable, no one ever agrees.

Dr. Eichler also

believes global capitalism and militarism are primary causes of both ecological deterioration and the oppression of women.

She draws

says.

Although enacting change on the global, political and economic scene seems a bit daunting, Dr. Eichler notes the women's movement

Are we hurtling towards extinction? Are we already in the midst of an ecological crisis that could prove to be an apocalypse of our own making? Dr. Margrit Eichler thinks so.

parallels between the devaluation of women's unpaid labour and the lack of respect for the regeneration of the earth's resources.

"Reducing gender inequity and unlearning unsustainable patterns of living are intertwined goals," she

has produced many social changes since she began her career 30 years ago as the only woman in her department, and the only feminist on faculty.

Small groups that challenge the status quo can gain momentum, she believes. The result can

be a "paradigmatic shift" in which the torch passes from "the old guard" to a new one.

"That's why you put hope in students," she says, "to make it their own, which will change it, of course."

When asked what students at the Mount could do to start their own process of working for change and looking at ways to tackle unsustainability, she suggests students conduct an environmental audit of the university. Actively grappling with developmental issues at the university level is "something you take with you as an experience" which can have positive implications on your future career, she adds.

Dr. Eichler's academic career has focused on diverse, yet interrelated, research

areas, such as feminist studies, sociology, the family, and non-sexist methodology.

Appalled and motivated by the smog-filled air at a conference in Toronto ten years ago, she has since woven an ecological perspective into her work. It's a direction she's found difficult, yet necessary, to take, admitting one can become "numbed by the complexity of the problem."

Her work includes over 41 research grants, 18 books and monographs, 62 book chapters and bibliographies, and over 200 paper presentations. Dr. Pat Baker, prof. of sociology and women's studies, describes Dr. Eichler as "one of the foremost proponents of feminism within Canadian sociology."

Master's program on the horizon for child and youth studies

By Tim Boudreau

In May 1999 Mount Saint Vincent University will offer a program unlike any other in Atlantic Canada.

The child and youth studies department (CYS) currently offers a bachelor of applied arts, but in May it will introduce a master's program.

The new MA program will involve co-operation between different departments at the Mount and other universities, as well.

The program is specifically designed for graduates who have acquired some practical work experience in the field.

CYS department chair, Mary Lyon, says an increased demand for further education in the field of

child and youth comes directly from graduates of the bachelor's program.

"Our graduates working in the field deal with some very complex social problems," she said. "There really is a need

"Our graduates working in the field deal with some very complex problems," explained Dr. Lyon. "There really is a need for further education."

for further education." Lyon also stated that a master's program has been in the works for the past 10 years. A big part of realizing the new program involved selling it to the

Maritime Provinces Higher Education Commission (MPHEC).

"The MPHEC was highly supportive of the program," said Lyon. "But [it was] worried about our resources." Full-time faculty, for example, is

one area in which CYS is in short supply. That's one reason the program will only admit part-time students.

But that's not the only reason. Since the MA program is

designed for people already working in the field, making it full time wouldn't be the best way to facilitate those students' needs.

"Our graduates work in a wide range of fields," explained Lyon. "They are not typically in the kind of jobs that will let them go to take a full course load."

Lyon also says the program will only accept 10 students in its first year.

"In order to offer a high-quality program, we wanted to start small," she said.

For more information on the master of arts in child and youth studies, contact the admissions office at 457-6498, or visit its website at www.msvu.ca.

Lewd, harassing male caught red handed on SMU campus

By Mark Sitter

Police have arrested a male who engaged in lewd behaviour in the presence of female Mount students last week.

The young man as apprehended at St. Mary's University, where security caught him

licentious behaviour numerous times in front of students at the Mount and St. Mary's. Victims from both universities were quick to notify the police as well as campus security.

Chief of security at the

security will increase its rounds to help ensure all students feel safer on campus.

in the act of exposing himself to females.

During the week of Jan. 18, the perpetrator engrossed himself in

Mount, Glenn Holett, says security will increase its rounds to help ensure all students feel safer on campus.

Universities in Alta., Ont. and N.B. get slick donation from Imperial Oil

By Derek Chezzi and Karen Foster, The exalibur and The Gateway

TORONTO (CUP)—A Canadian oil giant will donate \$3.25 million to four universities across the country in a move that's being met with both gratitude and harsh criticism.

The Imperial Oil Charitable Foundation will distribute the cash over the next five years for projects that improve math, technology and science curriculums at the schools.

The University of Toronto, the University of Alberta and York University will each receive \$1 million. The remaining \$250,000 will go to the University of New Brunswick.

Barbara Haduke, president of the foundation, says half of its donations are geared towards education.

"Math, science and technology appeared as a real need and that was a good fit with Imperial Oil," said Haduke. "We recruit from these kinds of disciplines, and in general for our country, we are going to need people with these skills more in this global marketplace."

Officials from each of the four universities said they were pleased by the news.

"Because it's focused, I think it's going to have a great impact in the long run," said Dr. Larry Beauchamp, dean of the faculty of education at the University of Alberta, of the donation.

University officials were also quick to point out that the donation comes with no suspect obligations.

"We just don't take a donation from any company with strings attached," said Stan Shapson, associate vice president of York University's strategic academic initiative.

"They didn't put strings attached. We think it goes to a good education purpose."

Representatives of the other recipient universities agreed accepting Imperial Oil's money doesn't compromise their integrity.

"It's obviously fabulous because there are really no strings attached," said Michael Fullan, dean of the Ontario Institute for Studies in Education at the University of Toronto.

But student groups aren't convinced the universities won't have to give something up in return for the cash. They say large donations like the one from Imperial Oil are

Oil for the money instead of lobbying for more government dollars.

All four universities approached Imperial Oil separately in 1998.

"The fact that the universities approached the Imperial Oil foundation means our infrastructure is putting money into finding money," said Naugler.

"We could be spending that same money to find money by approaching governments as well and trying to change the tide at the same time."

Still, Naugler says she understands why the universities approached Imperial Oil in the face of

Imperial Oil's management will sit on the centre's executive decision-making board.

But director David Blades says the centre's goal is not to provide Imperial Oil with employees, although he can understand the company's interest in it.

"We do not exist to promote skills for the oil sector, but people do want to hire students with basic science skills," he said.

Haduke is also adamant that Imperial Oil will have no direct influence on the centre's projects despite the representation it will have on the board.

"It [will keep] us in touch with what they want to see in the centre," she said.

At the University of Toronto, Imperial Oil's donation will be put toward developing a clearing house of teaching materials and establishing the first Canadian journal of education in science, math and technology.

Through York's new Imperial Oil Science Education Program, the donation will go toward facilitating the Internet component of the Pan-Canadian Science Curriculum Project.

Moved to York last September from Industry Canada in Ottawa, the project was created by the Council of Ministers of Education to develop national education standards.

York also plans to use the funds to establish a York-Seneca Institute for Sciences, Technology and Education and monitor the performance of students in elementary and secondary schools. New fee added to blank CDs, tapes to compensate for lost royalties

A member of

Acadia looking to set up shop on the Rock

By Amanda Labonte, The Muse

GRAND FALLS-WINDSOR, Nfld. (CUP)—Acadia University could open a campus in central Newfoundland as early as next September, says the mayor of Grand Falls-Windsor.

The Central Newfoundland Education Committee recently approved funding for Acadia University to study the feasibility of a university education centre here.

The study will investigate impediments to the university centre's success, including the availability of suitable sites, affordable high-speed network links and major operational costs.

Grand Falls-Windsor Mayor Walwyn Blackmore says the university and town are moving into the planning phase of the project.

"We are confident right now that the ball is rolling and that our original intention was to have some presence here in September '99 and right now I don't see any reason to change that date," he said.

Blackmore says the town has been trying to expand its university presence even though Memorial University offers distance education courses and a transfer program with the College of the North Atlantic.

Last summer, Blackmore said the town had been fighting for a university presence since the provincial government shut down six regional first-year campuses in 1996, including the one in Grand Falls-Windsor.

"We had a lot of discussion with Memorial and Memorial didn't seem to have very much interest," said Blackmore. "So then we approached Acadia University. Ever since the early part of this year we've had meetings and correspondence with them."

Blackmore says the proposed campus would initially focus on first-year courses but other courses could be phased in at a later time.

Acadia would offer more than just distance education courses, but also classrooms, offices and on-site instructors.

In a prepared statement, Acadia described the possible campus as a "technology-rich, world-class university education centre."

Nancy Van Wagoner, director of Acadia's division of continuing and distance education, says the project could have implications for more than just Grand Falls-Windsor and Acadia.

"The project has the potential to provide information that will benefit all Canadian universities as they face the challenges of extending their resources far beyond the walls of their campuses," she said in a prepared statement.

For now, Blackmore says the town is considering asking private companies to help fund the project because the former minister of education indicated the province would be unable to help fund the campus.

"They didn't put strings attached. We think it goes to a good education purpose."

an indication of corporate influence on universities.

"These deals are really dangerous," said York Federation of Students president Dawn Palin. "They allow corporations to have control over what will be the best-funded programs at university."

She and other student leaders argue that as more university programs become funded by private dollars, the government will become less committed to funding post-secondary education.

Diane Naugler, president of York's Graduate Student Association, also criticized the universities for approaching Imperial

significant government cutbacks to post-secondary education.

"I can appreciate the bind the university is in," she said. "I think that they need to be careful that they don't singularly focus on industry to rectify the funding crisis."

The University of Alberta will use the money to fund its centre for the sciences, which it plans to rename the Imperial Oil National Centre for Mathematics, Science and Technology Education. It will operate as a linking agency similar bodies across Canada and continue to develop new programs for Alberta's elementary and high school teachers.

Editor's Notes

Tim Boudreau
Editor-In-Chief



Is child pornography wrong? A moral dilemma

I'm a pretty open-minded kinda guy. Sure I have my beliefs about morality, just like everybody else, but I try to maintain a live-and-let-live sort of policy. People do some pretty crazy things for pleasure I don't understand, but I try not to be too self-righteous by judging these people. It's just the way I am: I don't want somebody telling me what I do for fun is wrong, so I pay others the same respect. However, even a lenient individual like myself must draw the line somewhere. And I believe that the Supreme Court of British Columbia has helped me to become a little clearer on where, in fact, that line of mine is drawn.

Two weeks ago in BC, a Supreme Court judge decided it was okay for 65-year-old

Robin Sharpe to possess a rather large collection of child pornography. I had to do a serious double take when I read the story in *The Globe and Mail* on January 18th. Trying to take away Mr. Sharpe's dirty books, apparently, is a violation of Canada's Charter of Rights and Freedoms. I think there must be some serious loopholes in the Charter that need closing...fast.

Attempting to be a rational and logical person I'm obligated to think this issue through. I'm forced to ask myself the rather awkward question: "Is child pornography really a bad thing?" The answer may seem self-explanatory to you, but we can't just dismiss the question that easily. If an individual with as much sway as a Supreme Court judge can decide child

pornography is somehow acceptable I think we seriously need to rethink the issue.

The fact is child pornography involves abuse. The two are inseparable, whereas other forms of porn may be consensual, and

incapable of giving proper consent. Without proper consent, there is exploitation, plain and simple. There is no magical age when people suddenly understand sexuality, but there are some very

*People do some pretty crazy things
for pleasure I don't understand,
but I try not to be too self-
righteous by judging these people.*

even mutually beneficial for the individuals taking part. Pornography featuring adults may still be a source of abuse for those it centres on, but not as clearly as with child pornography is. The children being used to create sexualized images are not old enough to understand exactly what they are doing, and therefore are

clear cases where children are simply too young; they haven't had the time to collect the necessary experience.

Mr. Sharpe is quoted in *The Globe and Mail* as saying "For something to be banned there has to be an implication of harm." I believe the implication-if not the absolute certainty-of harm is definitely

present in child pornography. I'm not going to get into over sentimentalized arguments about stealing a child's innocence, I think it's enough to say doing something to someone without his or her prior consent constitutes a harmful relationship. And possession of child pornography supports an industry based on this exploitative arrangement.

Is it a violation of rights to ban child pornography? I think it's your right to do anything you like, provided it causes no harm to anyone else. When an act clearly harms someone else I don't believe it is a violation of rights to deny said act. This is the reason why you aren't free to kill someone, even if you believed it to be lots of fun.

Apparently free speech advocates are pleased with the Supreme Court's decision regarding child porn. I consider myself an advocate of free speech, but I cannot comprehend how anyone could see this decision as a good one. Advocates of free speech should realize that in child pornography the voice of the children is not heard, it's squelched. These children are not free to formulate their own opinions because they are being thrown into a world they cannot understand. In order for freedom of expression to be truly upheld children must be given the time and freedom, to develop enough experience to have an opinion about sexuality, instead of being thrust headfirst into it.

View from a Fishbowl

By Mark Darrow

Weekly meetings are great things. Most of us will experience them at least once in our respective careers. On a weekly basis we huddle into a stuffy board room and doze off to sleep under the constant droning of some "time-wasting moron" (as Scott Adams of Dilbert fame would say). That is not to say they are a complete waste of time.

Case in point, the weekly meeting of the Picaro revealed a suspicious action on the part of our beloved Student Union. Shortly after the Stephen Brown debacle earlier this year, the Student Union miraculously produced a contract. Meandering through the ubiquitous "whereases" and "heretofors" the meat of the contract wishes to place a board of two students, two faculty members and a professional journalist as a governing body of the Pic.

The Editor-in-Chief would effectively be answerable to this board and creative control over the Picaro could be taken out of the hands of the editors.

When I first heard of this contract in November I was vehemently opposed to such an idea. We voted on ratifying this contract and were in agreement that such a proposal was out of the question. End of story, right? Wrong. In the last meeting it came to our attention that Student Union is withholding funding of the Picaro unless a contract is agreed upon. Now I don't want to accuse the Student Union of blackmail but this seems very much like strongarm tactics indeed. I'm not sure that depriving a University of its newspaper is a step the Student Union should want to take. The Picaro is a forum for the ideas of all students and is also a chance for some to gain valuable experience in the workings of a newspaper.

To deprive students of a newspaper is to degrade the university experience.

Many people have their criticisms of the Picaro. Some even call it a good substitute for toilet paper. But it is after all our newspaper - each and every one in the Mount community. It is researched, collected, layed out and printed by students for students. That is to say amateurs, that's right amateurs. Mistakes are made and bad decisions forwarded, but it is all a learning experience. It is for these reasons that I am opposed to the creative control taken from the students who volunteer their time and effort into presenting this paper - warts and all.

So at the next weekly meeting, while I am quietly nodding off to sleep, I will wake up long enough to shout "NO!" at such a proposal and quickly resume my catatonic state.

Hat's Eye View

By James Tilley

Have you ever had moments of doubt?

All of a sudden you start to think about what the hell is going on in the world around you. Sooner than you think the inevitable life decisions have to start being made. School is ending. For some you, myself included, we have done nothing but school for the last 18 years of our lives.

I don't know about you but that scares me to death sometimes. OK I am ahead of the game I have a job lined up but is it truly what I want to do? Maybe I am just subconsciously finding reasons to stay with what I know best, school.

Then there are others who can't wait to get out of school and into the real world. To start making money to pay off the student loans. Vicious cycle don't you think? We borrow money to get an education so we can get a good job which pays for our newly acquired debts, but that is another debate.

Whether you will miss school or not depends on the type of person you are and how your educational experience has been. Sure if you have stuck your nose in a book and done nothing but stress over assignments and GPAs then you may be sick of school. But if you have gotten involved over the years you get satisfaction from what you do. You make new friends, learn new skills, get an opportunity to make a difference, even if it is a small one.

I am not trying to convert everyone into freaks like me who get too involved. I want everyone to try just one thing; to get involved at least just once before they leave for the real world. Live a little go to a sports game, write for the paper, sing at Karaoke on Friday the 29 in Vinnie's, whatever it is, just do something.

So when you leave the Mount you will have gotten something more than a 20 thousand dollar piece of paper to be hung on your wall. You have come out a better person not only ready to face the world because you know the 4 Ps of marketing. But because you have some experiences to prepare you for the unknown.

So with a little luck this won't be the last paper and you can start now on getting involved. Read the next few papers to find out what events are going on around campus.

Department of redundancy department*

"The moral at the end of that story is this: 'Men are jerks. Women are psychotic.'"
-Kurt Vonnegut, from the book *Timequake*

By Greg Jackson

Kee-ripes, gender issues sure can cause a big stink between people. Really. I'm not kidding, folks. It's true. This saddens me to no end. I don't think true equality will ever happen. I really don't. What I'd like to see, though is a mutual understanding of these differences, and possibly, before I die, some sort of acceptance. Is that too much to ask? No, I didn't think so. Hey guys, listen: I've been privy to some interesting information. According to my source, women have to ability to carry out conversations in public washrooms!! Can you believe that? That's why they go together. According to my

source, women fail to see the logic in postponing conversation just another person. Eye contact should be avoided at all possible costs.

These rules are only observable under sober conditions. Once liquor's on the scene they go out the window...to a point.

because they feel the need to pee. WOW!!!! That's pretty weird, huh? Well, listen to this Female Reader. I've decided to expand your knowledge of the behaviour of the male of the species. Here's our public facility etiquette. Shhhh...don't tell anyone else!

2. SILENCE IS GOLDEN. I've often thought that sound should be measured in degrees of men's rooms. For example: the sound of a nuclear explosion is 16 billion times the sound of a men's room. To hell with weirdo decibels crap. Seriously. These places are eerily QUIET.

3. When standing to do

your thing, one stares directly ahead or down to see how things are going. One must never stare to the side, unless alone of the room is populated with stall inhabitants only.

4. When taking a urinal or stall, use the one farthest away from another person. To ignore this may be seen as unconventional and therefore, something to be feared.

Side note: I think these last two points are forms of scrutiny evasion. Think about it. You'd be standing and you look elsewhere, other than forward and YIPES!! You start thinking "Boy Jim, that's a pretty small penis you got there." Of course you could never say that out loud (see point two). And he could

be thinking the same thing. You know, nobody likes to be judged.

5. This is a tough one. Never giggle at a fart unless you are the only person there, or you are only accompanied by a friend. This, by the way, is the only time point number two may be overlooked...to a point.

6. If all the urinals are taken, use a stall see point four). Remember though, toilet bowls amplify sound a great deal (Possibly to 10 times the sound of a men's room!). So, try to aim for the side. If there's absolutely nothing available wait (see point one, sentence two).

7. When leaving, after hands are thoroughly washed and dried, take

a quick look in the mirror, not too long so as not to seem too preoccupied with one's appearance. Remember, one must remain cool in such a place of vulnerability.

8. Exit staring at the door. Never, ever look back. Okay, now let's get one thing perfectly clear, before we go: These rules are only observable under sober conditions. Once liquor's on the scene they go out the window...to a point. Also, I'm certainly not going to explain *why* these things go on. I have no idea. I'll leave that up to you, Intelligent Reader.

**The proceeding may or may not have happened*

Libraries: Not so quiet anymore

By Rhonda Simser

Recently, I had a Saturday off from my part-time job and decided to take advantage of the time by catching up on some school work. I got myself ready to go to the Alderney Gate Library.

You would think that a library, would be relatively quiet...WRONG!!!!

I moved around three times to find a quiet place and miserably. Wherever I moved, noise seemed to follow me. At one table, there were two highschool kids doing an assignment for math class, trying to figure out what half of 25 was. They seemed to think it was 15. I had to move so I wouldn't yell at them for being stupid.

I sat down at a new table thinking I would be safe for a while. There were only two other people

around who were immersed in their books. No sooner had I moved and gotten settled when a woman sat down at the table facing me. She decided it would be fun to clip coupons and hum while doing it. We are not talking about under your breath humming here, we are talking as loud as you can humming. I gave the look signifying I was not impressed, and she stopped humming. Her husband eventually joined her and she started pointing out the jobs to him, and did it loudly. Stress!

After I tried plugging my ears I decided to give up and read anyway. I wasn't absorbing much, but I could try. I was doing fine until this little girl thought she was auditioning for the vacant Spice Girls position. She sang every chorus to

every Spice Girls song she knew. She was singing them at the top of her lungs. Her father yelled at her, and she threw the tantrum of all temper tantrums.

Not only were small children singing, but there was a dog barking in the library too! A dog is something that should not be in a library.

So, how's that for a day at the library? Avoid public libraries as much as you can, stick to our fine university library...at least there aren't any small kids...ladies cutting coupons...or dogs!!!

Oh, yeah, I bet you are wondering if I got any work done. No, I didn't. I spent most of the time writing this bitter article and moving around. Damn those noisy people!!!!

Just when complaining became the trend of the day...

By Charity Baker

It seems lately that everyone has taken on the task of complaining. Now, I have to admit that complaining is one of the more enjoyable things in life, but there are times when it gets a little out of hand. Now the complaints seem to focus on university and everything that comes with it. If it isn't student loan problems, it's demanding professors and work overload. In fact, complaining is the only easy part of university. With the Royal Bank threatening to take off, and students wondering how they are going to pay for school next year, it's no wonder that people need to complain. But maybe it's time to step back and see just what we are complaining about.

So, university is a major stress issue. That is a reason to complain, but not if we take it in a different light. We should be thankful that we even get to go to university. In many

countries higher education is not even considered. Yes, we may have increasing student debt, and we may be under a lot of pressure in school, but those are things that we should look at with appreciation. In India, women do not attend university, in fact many of them aren't allowed to attend school. In some countries children don't even live long enough to think about university. The next time you want to complain about that paper that you only had two weeks to work on, think about the child that only had two weeks to live. They may not have to deal with aggravating student loans, but there is a lot of things they don't get to deal with... like life. It may seem that we never have enough money to afford the better things in life, but at the end of the day, most of us will eat a good supper, and sleep in a comfortable bed. We may have to put up with that annoying professor,

but we don't have to watch our families die. Work may seem oppressing, but at least we are free to take on that work.

A university education, although it costs a great deal, (both mentally and financially), is something that helps keep Canadians alive. We may want to complain, and we are probably going to, but we should also be thankful. It could come down to education being something that we wish for, not whine about.

So the next time you feel like bashing the system, and crying about the evils of education, remember the people out there who have nothing to complain about. Remind yourself how lucky they are not to have to deal with banks and financial officers. Think about the laid back life they lead without assignments and exams. And be thankful that your life is so rough.

The Semi-Naked City

By Anthony Cushing

Halifax... the semi-naked city. There are over 300,000 stories to be told, but have you ever thought to listen?

Over the Christmas break I came to a startling revelation: I'm not the only person in the world with problems. I know this may surprise many of our gentle readers, but it's true, I'm not unique.

One night before my significant other and I had finished our shopping, we stopped to rest on a park bench on Spring Garden Road. Shortly after we sat down to let our tired feet rest, a dishevelled street person approached us and inquired if we

good deal if you ask me," the man slurred gently. I thought to myself that a bottle of wine for \$11.95 would probably be strong enough to strip paint. But I digress... I allowed the man to continue on his story. It was quite obvious that he wanted to talk to someone and have someone actually listen to him. Since I was in no hurry to get anywhere, I humoured him and listened to what he had to say.

He was from St. John's, Newfoundland but left home when his Dad remarried and kicked him out of the house. He went to Toronto to find employment as a

tire iron and then hit his arm. I sat in utter disbelief while this story was being told, not because I was sorry for him, but because I thought he was stretching the truth a bit.

It wasn't until the man turned around and parted his hair that I believed what he said. The back of his scalp was covered with dried blood that had emanated from a gash in his head. He then showed me the bruises on his arm. I sat in disbelief, this time because I couldn't believe someone could do something like this to another human being. I mentioned that maybe it would be a good idea to go to the hospital, you know when one has a big gash like that on one's head, it does get a trifle sore, if not infected. He rejected that idea before I got it out of my mouth. "I can't go to the hospital, then everyone would know I'm weak. They would come and finish me off!" I never figured out who "they" was, but it sounded ominous so I didn't ask.

The conversation went in circles for a little while before the man left once again. He must have been climbing out of the stupor from his last bottle of twelve dollar wine because he was walking in figure eights. He was gone again.

The man re-appeared after a brief time, only this time he was accompanied by another man in a wool overcoat and toque. His friend's name was Miguel, he was from Venezuela and was now living next door to the other fellow. After our introduction they started conversing in Spanish and the Venezuelan extended his hand to me with an appreciative smile on his face. Apparently he was told that I was a

sympathetic listener. I was stunned by the fact that our drunken friend could speak both English and Spanish, later on in that brief conversation I also learned that the fellow also speak fluently in French, German and Russian. This street person was fluent in no less than FIVE languages.

Both men started their own conversation and weaved their way to Dresden Row to purchase their wine. After they were out of earshot I exclaimed to

my significant other, who had gone quite pale in the face, how thought-provoking that encounter had been. He appeared to be a seemingly dysfunctional man who lived from one bottle of cheap booze to the next, but underneath it all, he was a very articulate and well spoken person. This person had seen it all and was now just another face in the crowd. But he's not the only one.

When you walk down any street and

see dozens of people pass you, do you ever take time to consider that you aren't the only one in the world who has problems, that perhaps someone out there might dare to have a life? All of those people, despite outward appearances, aren't just drones created to replenish the species. Everyone has a story or two, or maybe even more. Just imagine a world with millions, billions or even trillions of stories. Hmm... Imagine that.

Everyone has a story or two, or maybe even more. Just imagine a world with millions, billions or even trillions of stories.

could spare a quarter for a poor Newfoundlander. Well, I have no grudges against newbies, but I had absolutely no change on me at all (If I can't pay for something with my debit card, I don't need it). I said that I had no money and I wished him luck. He bid us a good evening and was on his way.

Five minutes later the same fellow sauntered by again. This time he didn't ask us for money. He just wanted to know the time. It was fifteen minutes to eight. He said that he had to find another 45 cents so he could go to the Liquor Commission on Dresden Row to get another bottle of wine before it closed. "A bottle of wine there is only \$11.95. It's a pretty

construction worker and also to start a family of his own. he stayed there for 10 years until he lost his job, could not support his family and started on the slippery slope of alcohol abuse. He found his way to Halifax because he heard it was an OK place to live if you were a street person.

He lives in a boarding house in the very North-end of Dartmouth (an area not noted for its low crime rate) and is subjected to threats of violence on a regular basis from his neighbours for various and sundry reasons. Only two days before he was awoken in the middle of the night by a pounding at his door. When he opened the door he was confronted by a man who beat him over the head with a

What's Your Problem, Anyway?

The Picaro equivalent to Dear Abby. So if you have any burning questions you want answered by our experts you (or a friend) has to drop off your question to the Picaro. you can come to the office or leave it at the Student Union info desk. Make sure to label it for the "What's Your Problem, Anyway?"

Q: I am a 21 year-old and I am supposed to be at my sexual peak, but everytime I try to be intimate with myself or someone else, I just can't get it up. This is so depressing - what can I do?

-Lake Flacid

A: We feel that in a situation like this, the problem may be physical or emotional. To get to the core of the problem, go see a medical doctor. If all the equipment seems to be working properly, then the problem is of a psychological nature.

When you are intimate with yourself (is this true intimacy?) or with someone else, how do you feel? Anxious? Angry? Scared? GUILTY??? The reason we have so clearly stressed guilt is because with North Americans frigidity, guilt and intimacy seem to go hand in hand. If this is the case, ask yourself - what can I do to create

a more relaxed atmosphere? The fact that you are experiencing this problem when you are alone, tells us that your partner is not the problem. You need to establish where these feelings of guilt originate. Could it be that your family values are infringing on your sexual development? Whatever you decide, we recommend that you see a counsellor because you need help and you can't afford us. Good luck!

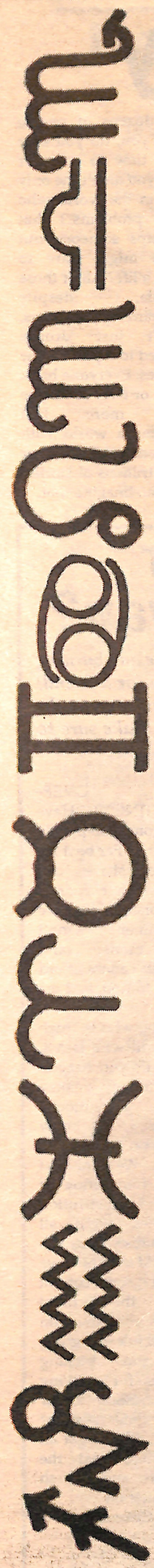
-Love, Ruth & Sue

Q: I am a full-time student at the Mount and I've been thinking about the corporate sponsorship issue that I have decided that multi-national corporations should have no influence in education - I do not want to be a Nike clone! I'm leaving the school system to join a commune. My parents think I'm over-reacting. What do you think?

-Granola Crunch

A: OVER-REACTING!!!! Have you gone completely nut-bar?? Far be it for us to share our opinion on corporate sponsorship, but if the government won't give money and students cannot afford to pay tuition, and the Royal Bank is deciding who is "high risk" and who is not, where do you suggest the money come from? The moon? 'Cause we all know the moon is made of cheese. We think that if the foundation of this institution crumbles, we'll all need money (and lots of it). At least now we can exert some control over the fiscal donors... Do you really think that going out and picking oranges for a living will contribute to our educational system? Stay in school, get an education, beat the system and crush them later on.

-Love, Coke & Pepsi



Your horoscope

By Charity Baker

Pisces: 2/20 to 3/20

As a water sign, it's time for you to clean up your act. If you are wondering why people are avoiding you it's because you stink. The fish sign truly applies to you. In case you haven't heard, they invented something called a shower, you should try it.

Aries: 3/21 to 4/20

You'll finally have the party you've wanted to throw. I'd like to say no one will show up, but there will be guests. Like the police and your parents. All I want to say is have fun in prison, and make lots of friends. Hey, maybe you could have another party there!

Taurus: 4/21 to 5/21

You know, the Leo's told me to ignore you. I'm into peer pressure, sorry.

Gemini: 5/22 to 6/21

It's time you changed your attitude. You take things too seriously. You need to make fun of more people. Obscenities were invented for a reason, use them. It should really change your attitude. That and the beating you will get.

Cancer: 6/22 to 7/23

Luck will follow you wherever you go. Your sparkling personality will finally get you just what you deserve. Now you have to decide if you really want what's coming. If everything that is going to happen to you in the near future is based on your personality, will you be safe? Is your personality that good? Or are you in for one hell of a shock? I guess you'll have to wait and see.

Leo: 7/24 to 8/23

It's time for you to forgive the people who have let you down. Their actions seemed funny to them at the time. As a Leo you have to get past your stubborn nature. Besides, if you hold a grudge too long a person may decide to go back to their old ways and that is the last thing you want. Trust me. If you are one of those Leo's who aren't too troubled by simple jokes, you know, the ones who aren't chronic whiners, then I have some news for you too. Things are going to occur in the near

future that may make you question everything you've ever known. You'll even wonder if this is your true horoscope. It doesn't look good, which means you'll probably join the group of crybabies upset over some little thing someone did as a joke. Great, just great.

Virgo: 8/24 to 9/23

Wow, I see one hell of a party in your future. Everyone is having a blast. And happy, they're smiling and laughing up a storm. Funny thing is, I can't seem to find you. You must be the host or the guest of honour because everyone is talking about you. Wait, what's that, there's something in the middle of the room. Oh, I am so sorry, it's you, in a casket, this is your funeral, and ohhh, all those people are happy you're gone. Well now this is depressing. You might want to be nice to everyone in the next couple of days. They are your last after all.

Libra: 9/24 to 10/23

It's time to make a few new friends. Actually, it's time to make a few friends period. Do you have some sort of problem with people? I mean, why are you always alone. Well, I suppose I should know, but it just doesn't make sense. What you need to do is get out there and have some fun. Try talking to people, but don't tell them about any of your obsessions, or your hobby of stalking people. That may be what's turning a lot of people away.

Scorpio: 10/24 to 11/22

Ha Ha Ha! I just heard the greatest joke. You might not find it so funny, seeing as it was about you. But I think it's hilarious. Someone told me you were actually thinking of taking over my job. That's insane, and one of the best jokes I've heard in awhile. But seriously, if this is the truth, I just want to tell you there is a curse on this job. Whoever takes it is cursed with the inability to be kind. Your heart shrinks 2 sizes, and you become very cynical. The only reason I do this is because I rather like being mean. And now that I think about it, the other things people say about you suggests you'd be perfect for this job too. Maybe I'll hire you as an assistant. Do you mind working for free?

Sagittarius: 11/23 to 12/21

It's time once again to evaluate what you've done with your life. Are you trying to be the role model for slackers everywhere? Once you take the time to

get off your butt you can get a lot done. Problem is you aren't motivated enough. I'd tell you that sitting around too much can make your butt huge and flat, but I think I'm too late. Which reminds me, I need to pick up pancake mix. You know, looking ahead, I see it's not a good idea for you to get up. At least sitting down you can't hurt yourself and your behind is hidden. Yeah, it's better this way, now you can't scare people as much. Now if only we could find something to do with your face.

Capricorn: 12/22 to 1/20

Wow, what have you been up to? Your future looks great. Hey, take a lot of risks, you're going to get through everything with flying colours. I think you should try bungee jumping, or maybe sky diving. Ever swim with sharks? You might want to try it. Go on, get out there and have a blast! It's your time to party! Okay, now let's get serious, you are actually in a lot of danger. Just walking down the street is a cause for concern. For those of you who read all of this before going out and risking your life, good for you. For those who never quite learnt to read all the information before acting, well, good for us because that is just a few less morons in the world. Maybe now everyone will be a little more careful.

Aquarius: 1/21 to 2/19

Well, your future looks great too. However, your future really is looking good. I don't think it's fair you always have a bright horoscope. It seems wrong to me somehow. But, if that's the way the stars plan it, then that is how it is meant to be. It's not like I'm making these up as I write them down. What would be the point in that? And why would I always give Aquarians the good ones. In fact, you guys are the only one's to ever get good predictions. For this one, I just have to tell you, you can do nothing wrong. If people disagree with you, it just shows how stupid they are. Whatever you do, never think you may be wrong, because you are never, never, never wrong. It's great being perfect isn't it?

Do not take these messages seriously. They are meant purely for entertainment. And that is about the only pure thing about them. The writer is not an astrologist; in fact, she knows nothing about astrology. Besides, even if she did, she wouldn't go to the trouble of figuring out your "real" horoscope anyhow. Hope you enjoy.



Reflections on a co-op student's summer at Peggy's Cove Before and after Swissair

By Marcy Graves

As a co-op student working for a whale-watching company in Peggy's Cove this past summer, I learned a lot—but nothing that could be taught in the classroom.

In May, after proving myself seaworthy, most of my days were spent working on a vessel alongside many whale and bird watchers. Over the course of the summer, I learned the "in's" and "out's" of the company. I began to appreciate the wide variety of marine and bird life in St. Margaret's Bay and I became familiar with the local area and residents.

Everyday, rain or shine, thousands of people visited Peggy's Cove. Photographers and artists were often the first to arrive in hopes of catching the early morning light of the sunrise and a landscape free of people. Those traveling by bus, motorhome, car, motorcycle and bicycle quickly followed behind. Throughout the day, the two-lane road would shrink to one as people traveled by foot to the small shops and galleries that line the water's edge.

Each evening, as if there were a posted closing time, the Cove would fall quiet. Just as sure as the sun would rise, I was certain that the next day would bring a new group of visitors.

On the evening of Sept. 2, I joined some friends in Halifax for dinner and a movie. After driving forty-five minutes back to Indian Harbour, I retired to

could tell that the aircraft was circling the small island where I lived several times while scouring the water's edge. Thinking that a fisher may have become lost at sea, I quickly turned on the radio and became informed of the Swissair plane that plummeted into the waters off of Peggy's Cove. Like many other people around the

Cove did not become cluttered with visiting tourists but instead became a forum for reporters and their crews, who were scanning the ocean with diminishing hopes of a happy ending.

The poor weather following the plane crash resulted in rough and shifting seas. Debris began to wash up on the shorelines and something had to be done. Responsibility for collecting this important debris was appointed to the province's ground search and rescue teams.

On Sept. 4, I received a call informing me that the boat on which I worked was being chartered by the RCMP to take these teams to the various islands in the Bay. Trained as a first mate, I agreed to help out. The things I saw during the next few days became detailed images in my mind; images I do not know if I will ever forget; and perhaps images I never want to forget.

In some unexplainable way, each disturbing image that I gathered in my mind while out on the water became matched

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bed. The tranquil sounds of the ocean heard through the screen door, put me to sleep. However, this sleep was broken in the early hours of the morning.

The sound of helicopter blades cutting through the air and the blinding white lights of search lamps flooded into my room. Coming to my senses, I

world, I became glued to the television set for the next several hours.

It was so strange to watch what was going on in the Cove when I was just a four-minute drive away. I watched the familiar boats leave the Cove filled with rescue and police personnel instead of the usual fishers and passengers. As the day wore on, the



with a good image. Images that I gathered from viewing the selfless actions displayed by the local residents, by people from neighboring communities and by people from across the province and beyond. In fact, these good images began to outweigh the disturbing ones. It is for this reason that I feel so very proud to

have had the opportunity to live and interact in a community who came together in a time of tragedy.

I feel as though we as Nova Scotians, with the help of many others, did the best we could to help begin the healing process for the family members and friends of those who died in the crash of Swissair flight 111.



FACTS ON ANOREXIA AND BULIMIA

- Anorexia and bulimia affect about 5% of young Canadian women. Another 10 - 20% have many of the symptoms of these problems.
- Approximately 95% of those who develop eating disorders are women.
- The development of eating problems is strongly linked to socio-cultural pressures.
- Thinness is erroneously associated with beauty, happiness and success.
- 90% of women have some degree of dissatisfaction with their bodies.
- To avoid an increased incidence of eating disorders and food and weight preoccupation, there is a need for more public awareness on the factors that contribute to their development.

Crista Stone and Anthony Cushing

I'm sitting in the cafeteria talking to Jillian, a 19 year-old suffering from bulimia nervosa. She sits delicately on one of the hard wooden chairs and nurses a bottle of water. I ask her a question and she raises her eyes. It's difficult for her to answer these questions, but it's something she wants to do. When she heard that the *Picaro* was interested in doing an article on Eating Disorder Awareness Week she volunteered to tell her story.

She started her story at the very beginning.

In grade five, a boy told Jillian she was "fat and ugly", at the time she was 4'9 weighing 85lbs. (average for a 10 year-old girl). He said that if she lost weight then maybe she'd be pretty. It didn't bother her that he said it, because she knew he was right. She thought she was fat and ugly.

She immediately tried to change the attributes that she did not like, but the more she tried to change, the more she disliked herself. Throughout elementary and junior high the comments she received about her appearance started to add up. "After you hear something often enough you eventually start to believe it," she said weakly. Once in high

school she began to be more aware of the foods she ate. She eliminated certain foods from her diet: no chocolate, no potato chips, nothing with more than 5 grams of fat. In addition she started going to the gym every other day. Soon Jillian started losing weight and people commented on how good she looked. She felt good about herself, she enjoyed the attention. This process

regained the 20lbs. that she painstakingly lost during high school. All Christmas break Jillian obsessed over the weight she had gained. More importantly she vowed to lose the unwanted pounds. After Christmas dinner, Jillian went to the bathroom and, for the first time in her life, threw up everything she had eaten. Instead of enjoying Christmas evening she

and increased her gym time to an hour everyday. It was obvious that Jillian's situation was worsening. Soon Jillian realized she might have a problem but was too concerned with losing weight to care. That summer she continued limiting her calorie intake to 500 calories a day. Some days the only things she would consume would be an apple and water. Her exercise regimen was increased to an hour long jog every morning before work and a two-hour gym workout after work. The mirror reflected only a fat, bloated image of herself. Jillian's parents were on to her new tricks. They questioned her dieting practices often but she would shrug it off saying she'd eaten at work, or she was going out to eat with friends. The same excuse was used to conceal her gym vigil - an outing with friends.

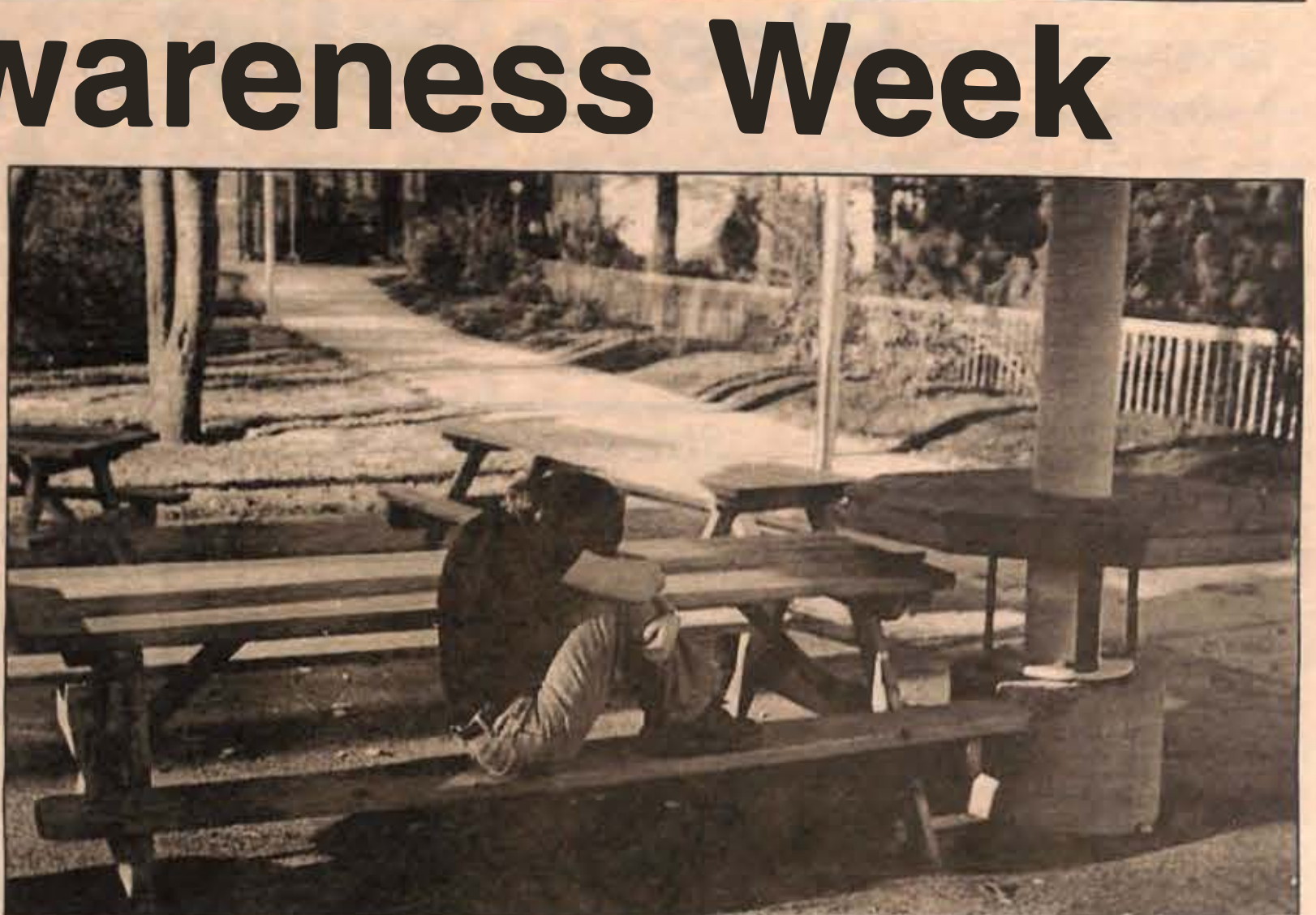
When Jillian went back to school next Fall, her friends told her that she looked great, that she had lost weight. Her self-confidence soared, but only briefly. Jillian's busy schedule no longer allowed a vigorous exercise routine as before, on top of that she felt herself tempted to eat more. "I started to question myself. The girls said I looked good, but did I

really lose weight? I looked in the mirror and saw the same flabby, ugly girl that I had seen before." The girls in residence soon started questioning Jillian about her eating habits. She started to feel stressed because her lies were becoming increasingly difficult to cover.

By now the eating disorder was starting to take its toll on Jillian. She was constantly depressed and listless. She withdrew from social activity so not to draw any attention to herself. This continued until just before midterms.

One night after supper Jillian returned to her residence and went to the bathroom to throw up. Jillian's roommate heard her walking in the hallway and decided to check it out. The roommate discovered Jillian's problem by overhearing what went on. Jillian still denied she had a problem, but later talked to her roommate, and decided to seek counseling "I was sick of the lies, of feeling sick all of the time, and most of all I was scared of what was happening to my body."

Now Jillian recognizes she has a problem and she is on the way to dealing with it. When she looks at pictures of herself from



previous years she can see that she was not fat or ugly, but normal. Jillian is returning to a healthy diet and she still continues to exercise, but in moderation. She says that even though her life may not be completely back to normal, she is doing better.

Jillian is a fictitious person but the actual details of her story are compiled from real experiences. Eating disorders (ED) affect up to seven per cent of the population, a further 10 per cent display symptoms of eating disorders. The most common age for people with EDs are 14 to 25 and the ratio of women to men affected by an ED is 10 to 1. An eating disorder is an extreme expression of a range of weight and food issues. EDs are commonly manifested through Anorexia Nervosa and Bulimia Nervosa.

Anorexia Nervosa is identified by a drastic weight loss through dieting and/or extreme amounts of exercising. Most individuals with this disorder don't recognize how underweight they are. Even when they appear emaciated, they may still "feel fat."

Bulimia Nervosa is identified by frequent weight changes and periods of uncontrolled excessive eating followed by some form of purging to get rid of "unnecessary" calories. Purging is done through self-induced vomiting, abuse of laxatives or diuretics, excessive exercise or periods of fasting. People with bulimia may lose some weight but they usually gain it all back due to the ineffectiveness of purging. Bulimia is a vicious circle ing: binge - guilt - purging.

These problems can adversely affect university students. While at home, sufferers have to keep their "problem" a secret by hiding their fasting and purging from suspicious parents. At school the old skills do not work as effectively as at home. Most often there are other people around so the person has to be more skillful at hiding their behavior.

Support for those suffering with eating disorders is available on campus. There are personal counsellors available to talk with and there is also a weekly support group arranged through the counselling office. The counsellors can be reached at 457-6567 and there is no charge for students to talk with the counsellors. There is also a health office located on second floor Assisi Hall where students can seek medical attention from doctors, an appointment can be made by calling 457-6354. In addition to the resources available on campus there is also an eating disorder clinic at the Queen Elizabeth II Health and Science Centre which can be reached at 473 6282.

WARNING SIGNS OF ANOREXIA

- Abnormal weight loss of 25% or more with no known medical illness accounting for the loss.
- Reduction in food intake, denial of hunger and decrease in consumption of fat-containing foods.
- Prolonged exercising despite fatigue and weakness.
- Intense fear of gaining weight.
- Peculiar patterns of handling food.
- Amenorrhea in women.
- Some exhibit bulimic episodes of binge eating followed by vomiting or laxative abuse.
- Turn away from food to cope
- Introverted
- Avoids intimacy
- Negates feminine role
- Maintains rigid control
- Body distortions
- Denies illness
- Significant weight loss

WARNING SIGNS OF BULIMIA

- Exhibit concern about their weight and make attempts to control weight by diet, vomiting or laxative and diuretic abuse.
- Eating pattern may alternate between binges and fasts
- Most are secretive about binges and vomiting
- Food consumed during a binge has a high caloric content
- Majority of individuals are within a normal weight, some may be slightly underweight or overweight.
- Depressive moods may occur.
- Turns to food to cope
- Extroverted
- Seeks intimacy
- Aspires to the feminine role
- Loses control
- Infrequent body distortions
- Recognizes illness
- Within 10-15 lbs of normal body weight

DISPELLING SOME MYTHS

- Eating disorders affect women of all ages, classes, ethnic backgrounds and abilities.
- 95% of people who diet will regain any lost weight.
- Many researchers now believe weight like height, is inherited. This inherited weight range is called your "set point" weight.
- Thinness will not guarantee happiness and success.
- Dieting perpetuates food and weight preoccupation. Food and weight problems are not because of an "addiction" to food.
- Eating disorders don't "go away" and aren't a matter of willpower. Experienced help is needed to overcome an eating disorder.

HOW CAN YOU HELP?

- Let her know you are concerned and there to help
- Find out where she can go for help and support and encourage her to seek it.
- Read as much as possible about eating disorders and the dangers of dieting - the more you know, the more you can help.
- Provide her with information to help her understand the dangers of anorexia, bulimia and dieting.
- Be patient; overcoming an eating problem takes time.
- DON'T force/temp her to eat.
- DON'T focus on her appearance.

POSSIBLE MEDICAL COMPLICATIONS OF COMMONLY USED WEIGHT-REGULATION WEIGHT LOSS METHODS

VOMITING	DIURETIC ABUSE	LAXATIVE ABUSE
<ul style="list-style-type: none">• Parotid gland enlargement (neck area)• Erosion of tooth enamel and increased cavities• Tears in esophagus• Chronic esophagus• Chronic sore throats• Difficult swallowing• Stomach cramps• Digestive problems• Anemia• Electrolyte imbalance	<ul style="list-style-type: none">• Hypokalemia (low potassium): fatigue, diminished reflexes; if severe, possible cardiac arrhythmia; if chronic, serious kidney damage• Fluid loss: dehydration, lightheadedness, thirst	<ul style="list-style-type: none">• Non-specific abdominal complaints (cramping, constipation)• Sluggish bowel functioning ("calhantic colon")• Malabsorption of fat, protein, and calcium

INFORMATION SOURCES:

- Eating Disorder Awareness week pamphlet distributed by the National Eating Disorder Information Center
- Quick Facts on Anorexia Nervosa and Bulimia Nervosa pamphlet distributed by the National Eating Disorder Information Center.
- An overview of Eating Disorders published by the National Anorexia Aid Society, Inc.

Stress relief

By Charity Baker

Stress is a common factor of life. Every active that people participate in can contribute to the amount of stress they place on themselves both physically and mentally. Stress can be healthy. It motivates and exhilarates the adrenaline. Many people will claim they work best under pressure. Most of the time they are just procrastinators who have discovered the perfect excuse, but some actually do become more creative when they are forced into working. Stress also has its downside. It can cause the body to go through many difficulties. Stress and pressure can lead to minor problems such as backache and irritability and to more serious problems such as breakdowns and heart attacks. It is something that needs to be handled with

moderation. Like Bryl Cream, a little dab'll do ya.

For many students, high stress occurs during exam season. This is when students begin to worry about how well they are doing in their courses. It also seems to be the time that professors start to pile on the assignments. During December holiday pressures such as part time jobs and looming poverty also surround exams. This stress may lead to more intense studying but it can also lead to illness and poor grades. A student who suddenly finds they are drowning in a sea of work and worries is likely to suffer under the pressure. Poor eating and sleeping habits emerge and the student may finally collapse from it all. A student will have trouble doing well in a course if they pass out

during the exam. For those students who find themselves under stress all the time there are certain ways to control the amount of stress they encounter. Those who are lucky enough to avoid stress except for exam time,

note anything that you feel will be important later on. If you get assignments for papers that all seem to be due on the same day, start them as soon as possible. Not only will this help you avoid an overload later on, it

procrastination and in a way are. However, if it is getting near to crunch time and you feel yourself wavering take a break. A little time away from the books is actually good for you. Go for coffee with some friends. The coffee may frazzle the nerves, but the time with friends will help you get your mind back on track and you can start over with a new outlook when you get back. Doing things you enjoy also helps. If shopping is one of your favourite past times, hit the mall. The colours you wear and the scents surrounding you also have an effect on how productive you can be without crumbling. Try calming colours like blue or happy colours like yellow. Avoid dreary shades such as grey and black. While studying, burn scented candles or incense. Music also helps keep

the stress away. A little bit of your favourite artist, or artists can really help calm you down and improve your concentration.

If you find yourself still quite stressed out after all this there are always counsellors and academic advisors you can talk to in order to figure out just what is making your life so anxiety stricken.

Stress is out there, waiting to strike at any moment. And it will, it definitely will. When it does attack, it helps to be prepared. By knowing how to handle the pressure a person can avoid the serious problems and get through the minor ones. Hopefully some of these suggestions will help people get through the rough spots so they can start enjoying the pressures of university once again.

Stress comes from trying to do too much in too little time.

just cut this out and keep it until you need it.

Stress comes from trying to do too much in too little time. To avoid it, you need to start acting ahead of time. Rather than leaving all of your reviewing until the last minute, start now. After you go over a section in class, go through it on your own time and highlight or

will also improve the quality of the papers you finally hand in. Professors can tell the difference between a well-researched paper and one that was started and completed the day it is due. Time management is the key to taking control of the stress you encounter.

Not all stress managers rely on thinking ahead though. Some actually seem like

Vox Populi *What should you never do on a first date?*

compiled by Matte Stevenson



Tara Crosby, 1st year, BBA,
Neil Jordan ITI, Hammonds
Plains, NS

Neil "Make her pay."
Tara "Have sex."



Phil Silver, Cafeteria staff,
Fairview

"Don't close your eyes when you kiss - you might get her nose or eye or something."



Jennifer Walker, 3rd year,
BTHM, Dartmouth, NS

"Don't be late."



Fionna Milligan, 1st year, BSc,
Holland

"Have dirty teeth."



Laura MacKenzie, 2nd year,
BA, Sackville, NS

"Beat him at his own sport."



Kelly Garmen, 1st year,
BTHM, Waverly, NS

"Fart!!" (true story)



Robbie Chopra, 1st year,
BTHM, Fall River, NS

"Pick your nose and try to hide it."



Pat O'Rourke, Comp. Services,
5th year, BA, Halifax, NS

"Ask her what her favourite position is."

Bad ways to deal with stress

By Charity Baker

Although these may be the first plans to come to mind, they aren't necessarily the best. A lot of them have consequences that may only add to the stress. It is suggested to use these methods only as last resorts.

1. Throwing the computer: although it may seem like a great idea at the time, tossing the machine will likely make life harder later on. Especially if its flight path includes a second storey window.

2. Procrastinating: Yes, a little break now and then is good for the soul, but continually putting the work off will only lead to more stress, which could eventually lead to more drastic stress management actions.

3. Quitting school: sure, it works, but it is just about the biggest waste of money there is.

4. Killing someone: this is generally pointed at professors who will certainly not give good marks to the person who tried to kill them. Murder also tends to effect where you spend the rest of your life. Prison may sound nice, but the lack of freedom will soon get to you.

5. Mass destruction: fun, relieving, helpful, but sadly enough, illegal. People tend to frown on bombs, fire or just basic smashing and bashing. If you don't get caught it may work, but the police tend to look for the calmest person around and that is their prime suspect. I recommend another form of relief and entertainment.



Kari McGee, 3rd year, BA, Tantallon, NS
"Ask her what her weight is."



Teri Roberts, 4th year, BA, Glace Bay, NS
"Date? What's a date??"



Mohamed Hussein, 2nd year, BA, Palestine
"Say I love you."



Peter Turnbull, 3rd year, BA, Dartmouth, NS
"Watch wrestling."

Summer employment programs available for mount students

by Kim Boudreau, Career Resource Assistant

Each year, students face the ominous task of finding summer employment to help fund their university education. Often, it is difficult, frustrating and can be time consuming. To help alleviate some of the problems students encounter in their job searches, various programs have been initiated. Of particular interest to students are two programs that focus on providing career-related experience as well as valuable job searching and transferrable skills. These programs are the "Partners in the Labour Market Program", and the "Student Loan Employment Program".

The Department of Economic Development and Tourism in conjunction with Mount Saint Vincent University and private sector applicants have formed a partnership for the second year in a row, to help ease some of the potential problems with finding summer employment. The program is called "Partners in the Labour Market" and is designed to provide career-related summer employment for students who are in the Liberal Arts and Science disciplines which do not offer any cooperative education program or any practical work experience.

The goal of the program is to employ a maximum of 15 students with a maximum term of 14 weeks, 40 hours a week. The positions will begin in May. In order to qualify for the program, students will have to fulfil the following requirements; be a full-time student and returning to university in the fall; be in good academic standing;

have a financial need and must have already completed 2 years of study in one of the previously mentioned programs. Students have the potential of making up to \$10.00 an hour and a portion of the wages are withheld as a tuition deduction.

Students must demonstrate such skills as problem solving, the ability to think critically, personal management and a team work attitude. Students can inquire about the program by visiting the Career Placement Centre. Applications for the program will be available during the first week of February. The ultimate objective of the program is to enable students to gain valuable work experience that will be viewed as an enhancement to the student's academic training.

The Student Loan Employment Program is designed to help students develop initiative and job search skills; gain career-related experience which will help with job finding in that particular field upon graduation and to help save money for their university education.

Undergraduate students who have been in university for less than five years are eligible to apply. As well, students had to have received a Nova Scotia Student Loan for the 1998/99 year and are planning to return to continue their education in the fall. Students that apply should also have little or no career-related work experience.

Because the objective of the program is to enhance job search skills, once accepted in the program students must locate and contact an eligible employer and

develop a work placement that will provide relevant career experience.

In addition, participants in the program must attend career counselling and job search workshops provided by the Career Placement Centre at MSVU. At least 60 percent of the student's wages will be withheld until the end of August and must be used to pay for tuition or repayment of your Nova Scotia Student Loan. The deadline for this program is February 19. Applications are available in the Career Placement Centre.

If you feel you may qualify for either of the programs discussed in this issue, or have any questions about these or other employment programs, please drop by the Career Placement Centre, Evaristus Room 218. We also have job postings for full, part-time and summer positions. Some of the deadlines for these positions are approaching fast so if you haven't already done so, you may want to consider beginning your job searching now. Don't miss a deadline by putting off your job search!

Summer Camp Jobs in the U.S.A.

Visas Arranged

Lakeside Residential Girls Camp in Maine

Counselors. Combined child care/teaching. Gymnastics, tennis, swim, sail, canoe, water ski, arts (including stained glass, sewing, jewelry, wood, photo), dance, music, theater, archery, wilderness trips, field sports, equestrian. Visas available to all qualified applicants.

Service workers. Maintenance, driver, office, kitchen (including assist. chef). Visas restricted to students enrolled in university for fall '99.

Non-smokers. June 19 to Aug 26. Send resume (C.V.): Kippawa, Box 340, Westwood, Massachusetts 02090-0340 U.S.A.; kippawa@tiac.net; voice (781) 723-4291; fax (781) 255-7157.

A listening ear, and a comfy chair

By Tim Boudreau

Do you need someone to talk to? Do you need someone to help you find your way? There are times in one's life that are rife with questions, where answers seem rarely forthcoming. Sometimes you need help and it becomes necessary to seek out other people for assistance. Who do you turn to? Who has the wisdom that you need to make it through the trying times or just help you make it through the day? Put simply, university life is a period that produces stress, demands personal growth and adaptation, and can leave an individual reeling in the midst of a personal crisis. Where to turn to can be a pertinent question for a student trying to cope, but the Mount community offers various services which may be just what the over stressed student is looking for.

The Department of Student Affairs of Mount Saint Vincent University is a good place to turn when day to day pressures begin to become overwhelming. The services offered by Student Affairs are open and free, to all registered students of Mount Saint Vincent and they can act as a source of support for personal growth. Trained professionals are ready, able and more than willing to help students in academic as well as personal affairs.

Joanne Mills is one of these trained counsellors working for the Student Affairs Department, and she believes it's important for students to take advantage of the personal counselling services as soon, and as much as possible. "University is a very stressful time," Ms. Mills stated, "It's a time of change and adaptation." Mills believes one of the

biggest sources of university stress comes from the increased pressure to make major life decisions and lifestyle alterations. "University, by its very nature, is a time of change. For a new student it's their first step towards adulthood. Mature students, like single mothers for example, have to cope with the notion of entering, or re-entering, university life, or they may even be making a career change."

In order to be successful in this tumultuous time, Mills believes that students must learn proper coping skills, and the way to do that is actually quite simple: talking about what ails you. "We deal with people who suffer from a variety of personal problems on a daily basis," said Mills, "some of the more common being relationship issues, depression, anxiety related problems, eating disorders, motivational problems, learning problems.



friends then they probably don't need our help," said Mills. "The best support comes from family and friends, but not everybody has that, or they don't know how to access it. And sometimes you need a neutral, trained professional, there are problems which fall outside the realm

offer the same service here for free," said Mills. "It's best to get started early to learn coping skills and save yourself a lot of money later in life."

The Student Affairs Department offers several services other than personal counselling. They also offer career counselling which helps students in making decisions about career exploration, and job searches. There is a Writing Resource Centre which offers professional writing advice, and there is even a Chaplaincy which offers pastoral counselling. For more information regarding the Department of Student Affairs see the accompanying sidebar.

Joanne Mills wants to assure all students that the counsellors at the Mount "are very open, honest, friendly, and down to earth individuals. We are used to helping people, we try to make it easy, it's what we do." The Department of Student Affairs offers a much needed ear for listening, a nurturing environment in which to vent your woes and they have very comfy chairs.

"People have to realise it's okay to ask for help to get through this time of their lives."

Students need to learn coping skills. They need to get the negative emotions out so that they don't get bottled up. Talking about issues before they become a crisis is very important."

Of course the best source of personal support comes from one's close friends and family, but for some people it's not an option. "If people have close family and

where friends and family can help."

Most importantly, Mills would like to stress that it's necessary to seek support from someone, "People have to realise it's okay to ask for help to get through this time of their lives." Also, on a more financial note, Mills pointed out that seeing a counsellor outside of university can cost anywhere between \$75-\$100 per hour. "We

Services on Campus

Personal Counselling - Student Affairs have personal counsellors available to help students attain their maximum academic and personal development. They are located in Evaristus, room 218 and calling 457-6567.

Career Counselling - Career Counsellors are available to assist students in their career exploration and career decision making process, as well as with their job search process. Calling 457-6567 can make appointments with a career counsellor.

Career Resource Centre - Located in Evaristus Room 217, the Career Resource Centre provides students with summer, part-time and full-time employment postings, a library of career-related resource material, and two computer work stations for internet job searching.

Writing Resource Centre - Professional writing advice free for all students. Individual tutorials and group workshops on getting started on your essay, using source documentation and quotations, avoiding plagiarism and grammar refreshers. Book appointments by calling 457-6567 or drop in at Evaristus room 219E.

Chaplaincy - Pastoral counselling is available to help students reflect on some of life's mysteries or to respond to troubling questions. The University Chaplain responds to the spiritual needs of the university community, and may be reached at 45-6446 or Evaristus room 219A.

Financial Aid - The Financial Aid office, located in Evaristus room 219B, provides assistance with student loan appeals, grants, small short-term emergency loans, a bursary program, as well as information on external scholarships. They can be reached at 457-6356.

Health Office - Health services on campus for all students, including physical examinations, first aid, screening for STDs, Immunizations, medical referrals, prenatal care, and assessment and treatment of all types of medical problems. The Health Office is located in Rosaria 223 and an appointment can be made by calling 457-6400.

Academic Advising - Students are encouraged to confer regularly with members of the academic community regarding their academic plans and progress. The Assistant to the Deans for Academic Advising is the academic advisor to all general Arts and Science students. A faculty member from their department is assigned as the advisor when a student has declared a major or is in a professional faculty. The Assistant to the Dean for Academic Advising is located in Seton 302 and can be contacted for an appointment by calling 457-6400.



(left to right) Jon Edwards, Simon Anderson, Ken Faloon and Steve Anderson. Expense of Spirit will be performing at Vinnie's this semester.

Expense of Spirit

Social crusaders with a diverse sound

By Mark Sitter

As I closed my eyes, sipped my beer and pricked up my ears, the aural mise en scene of the Seahorse dissolved into an outdoor stage shared by Neil Young and the Tragically Hip . . . or was it Bob Dylan and B.B. King? . . . nah, for sure it was Bruce Springsteen and David Bowie. Ah nuts. Discombobulated and defeated, I took a last swallow, paused and opened my eyes.

I began to enjoy Expense of Spirit's diverse sound, without trying to categorize and confine it. The music was left alone, cutting loose before me like a mischievous student just released from the principal's office. That's what Rock 'n' Roll High School's all about, baby.

In its repertoire of over 40 original songs, EOS—which plays the Seahorse every

Monday and Tuesday—incorporates blues, hard rock, folk, alternative sound and even a little flamenco-sounding-guitar action into its sound.

"We stick to original music," said lead vocalist Ken Faloon during a quick interview between sets at the Seahorse. "I know Halifax is a small market for original bands, but we're professionals hoping to sign a contract. At 65, I'd love to be able to collect a royalty cheque every quarter."

Some of EOS's songs, like "Badman," embody Youngian folk music, while other hard-edged numbers, such as "G-7," have Kiss-like guitar rifts and throaty lyrics. One of the band's latest cuts, "The Gap," is even able to take listeners to a level of Nirvana—Unplugged,

of course.

The band's lyrical preoccupations are also quite diverse, touching on a variety of gripping issues regarding love, family, life, growth and death.

"We're all about survival and struggle," said a smiling Faloon, who physically

which can't be neatly boxed into any one mainstream genre.

Faloon feels the band's wide-ranging sound can be accredited to its diverse influences.

"Many musicians have affected my music—Bowie, Peter Gabriel, the

Anderson—Simon's brother—prefers the Police, Radiohead and Pink Floyd. And bassist/vocalist Jon Edwards is influenced by Primus, Rush, "and about everything I've ever listened to," he added.

Regardless of their different musical tastes, these four musicians, who have been playing together for over a year and a half, are committed to working in harmony to sharpen their music.

"We want to do everything we can to take it as far as we can go," said Edwards, EOS's newest member.

Faloon feels the band's easy-going personality is the glue keeping everyone together. "We're a total democracy," he explained. "Everything's a 100 per cent vote. In the last set Steve didn't want to do

a song because he felt the previous song sounded just like it. So, we didn't do it. No problem. There's never any bullying. That's why we get along so well—professionally and socially."

The only bullying that went on that night involved the beating EOS's sound waves gave to the Seahorse's walls. Entertaining a crowd of over 40 listeners, EOS played two sets of its eclectic sound.

Walter Greazley, a patron who spent most of the evening cutting a rug in front of the stage, proclaimed: "This is one of the best bands I've heard in the last five years."

With diversity and talent at EOS's disposal, over the next five years more people should be echoing Greazley's sentiment.

"This is one of the best bands I've heard in the last five years."

resembles Springsteen, but sounds more like Willie Nelson. "We're just trying to be social crusaders."

Aside from the occasional spell of cacophony, the band's talent successfully brings together the musical mosaic of its sound and lyrics into a gutsy, original package,

Wallflowers, Soul Asylum and even James Brown," said the lead vocalist and rhythm guitarist.

In fact, every member of EOS has distinctive influences. Lead guitarist Simon Anderson likes the Beatles, Iron Maiden and the Stone Temple Pilots. Drummer Steve



Yes this really is Gowan holding a Picaro from when he was here a few years ago.

Gowan: The interview that wasn't

By Greg Jackson

A memo came across my desk. On it was a warning. It said that I had to "broaden my journalistic horizons" or face a reduction in pay. Can you believe that? No, Loyal Reader, I couldn't either. It said I had to do some sort of interview, or I should forget about that Picaro funded road trip to Vegas with my secretary I was promised. "This is sheer madness!!" I hollered and got my high-priced lawyers on the phone. Sadly, it was true. Apparently the contract I signed at the beginning of the year had a road trip/interviewing clause. I tried to think of ways to get out of it but to no avail. So, I got on the phone again, to see who the poor sucker was who had to endure my less than, shall we say, "acceptable" interviewing skills. It was to be rock star Lawrence Gowan, the man who wrote the hit Criminal Mind (which I own on a 45 single) and the subsequent spooky video. Who, by

the way, is playing live at Vinnie's on January 26th...FOR FREE!!

"What's he done to deserve this?" I wondered. As far as I could see, all he did was schedule a live show at Vinnie's on January 26th...FOR FREE!! What to do? What to do? I got my people to call his people so we could do lunch, but no luck. His people didn't call back. I was stumped. How could I go to Vegas and still get an interview piece written? I was in a quandary.

Then I realized something. This guy's been around the Canadian music scene for almost twenty years. He's toured in Bosnia playing for UN peacekeepers, he's done festivals like the Ottawa Folk Festival. And he's even played with Orchestra London as part of their "Jeans and Classics" series. So, what could I ask him that he hasn't answered a million times before. Those same tired, generic questions like: "So Mr. Gowan, why did you feel like playing live at

vinnie's on January 26th...FOR FREE!!?" And so on, ad nauseam. I mean really, who are we kidding? I've read tonnes of celebrity interviews and the only thing that really changes are the names, the places and the product they're trying to plug. Everybody knows the questions that'll be asked and everybody knows the answers that will follow.

Now, luckily Mr. Gowan's people sent me a press kit with a lot of newspaper clippings. Here are some probable answers to questions I would have asked too. Such as "You're music has changed in the time between now and say, 1985, when your album Strange Animal was released. Why do you feel it was necessary?" To which Mr. Gowan would give a response much like the one he gave in Owen Sound, Ontario's *Sun Times*. "Any musicians who tried to continue the sound they discovered in the mid '80's died. Their music died

because it was no longer relevant."

To which I would most likely ask: "You've scaled down your live performances quite a lot. Do you enjoy that?" I'm sure he would say something similar to this: "It's a different way to hear my music...It's more the way the music was conceived, the way I heard it when I first wrote it...and the audience can relate directly...With this concept I'm finding the whole motivation of the piece coming back to me purely in a songwriting sense." Which is what he said in Halifax's own *Daily News*.

Then we would exchange pleasantries and the interview would be finished. Much like this article, except I would probably think of another way of mentioning that Gowan will be playing live at Vinnie's on January 26th...FOR FREE!!

How's that for a loophole, kids? Viva Las Vegas!!



Stepmom: Christmas Cheer?

By Odette Boudreau

As I went to get my Kiddie Combo, I made sure my friend Sarah grabbed extra napkins before we went into the movie theatre. The movie had been advertised as a tear-jerker, so I wanted to be prepared. Surprisingly, I did not shed any tears... until the end of the movie.

Stepmom stars Susan Sarandon as the June-Clever-with-attitude mom who struggles to protect her children from the newer, younger and prettier stepmom, Julia Roberts. Sarandon's role as the strong and stubborn "Jackie" comes as no surprise to most avid movie-goers. We've seen her perform similar roles in *Thelma & Louise* and *Dead Man Walking*. As for Roberts, she plays the cutting-edge photographer for a major New York advertising firm trying to play Mom to Jackie's two children, and lover to Jackie's ex-husband Luke (Ed Harris). Although Roberts does a great job in portraying the kind-hearted "Isabel," her character is similar to her character in *Pretty Woman*. In both movies, Roberts

plays a woman who struggles to fit into a new life. In *Pretty Woman* she was the prostitute struggling to fit into a rich man's world; in *Stepmom* we see Roberts trying to fit into a divorced man's world. In any case, the movie focuses on the relationship between the two women and how their fighting is affecting the children.

The situation becomes tense when Luke proposes to Isabel and Jackie decides not to tell Luke that she is in the advanced stages of cancer. Although the acting was well done (especially the performance by the two young children in the family), I am biased towards another family-where-mom-has-cancer movie called *One True Thing*. Glenn Close gave a very real performance. When I watched this movie in the theatre, I didn't just cry - I sobbed (hey, at least I didn't start wailing). Nevertheless, I think *Stepmom* will strike a cord (and some tears) with many people so guys, a word of advice - bring lots of Kleenex!!

The Metaphysics of War

A Look at The Thin Red Line

by Mark Darrow

The second of recent series of World War II movies was just released on January 15 — *The Thin Red Line*. Based on the book of the same title by James Jones, *The Thin Red Line* is a rather introspective view of the soldiers who fought, and died, at Guadalcanal in 1942.

Director Terrence Mallick's first movie in twenty years is an interesting departure from the typical war movie. Rather than viewing the camaraderie of soldiers, Mallick takes us on a journey into their thoughts and desires. Set in the background of the bloody battle against the Japanese for the island of Guadalcanal in the South Pacific, Mallick charts a rather philosophical approach to war. Through voice overs of the various characters, the viewer gets a glimpse of the fears and moral dilemmas faced by the

soldiers who fought the battle. Even a half-buried face of a dead Japanese soldier seems to speak to his killer of his life away from the hell of combat.

The powerful cast with Nick Nolte, as the driven Lieutenant Colonel Tall, and Elias Koteas, as the fatherly Captain Staros, help drive the story. The action sequences and suspense during the first two hours of the movie help convey the anxiety and fear of the soldiers involved. Mallick also uses long shots of natural settings to convey a sort of hell in paradise feel to the movie.

The movie is not without its faults. The length (a whopping 3 hours, 3 minutes) could have been cut within the last hour of the movie. Besides a few

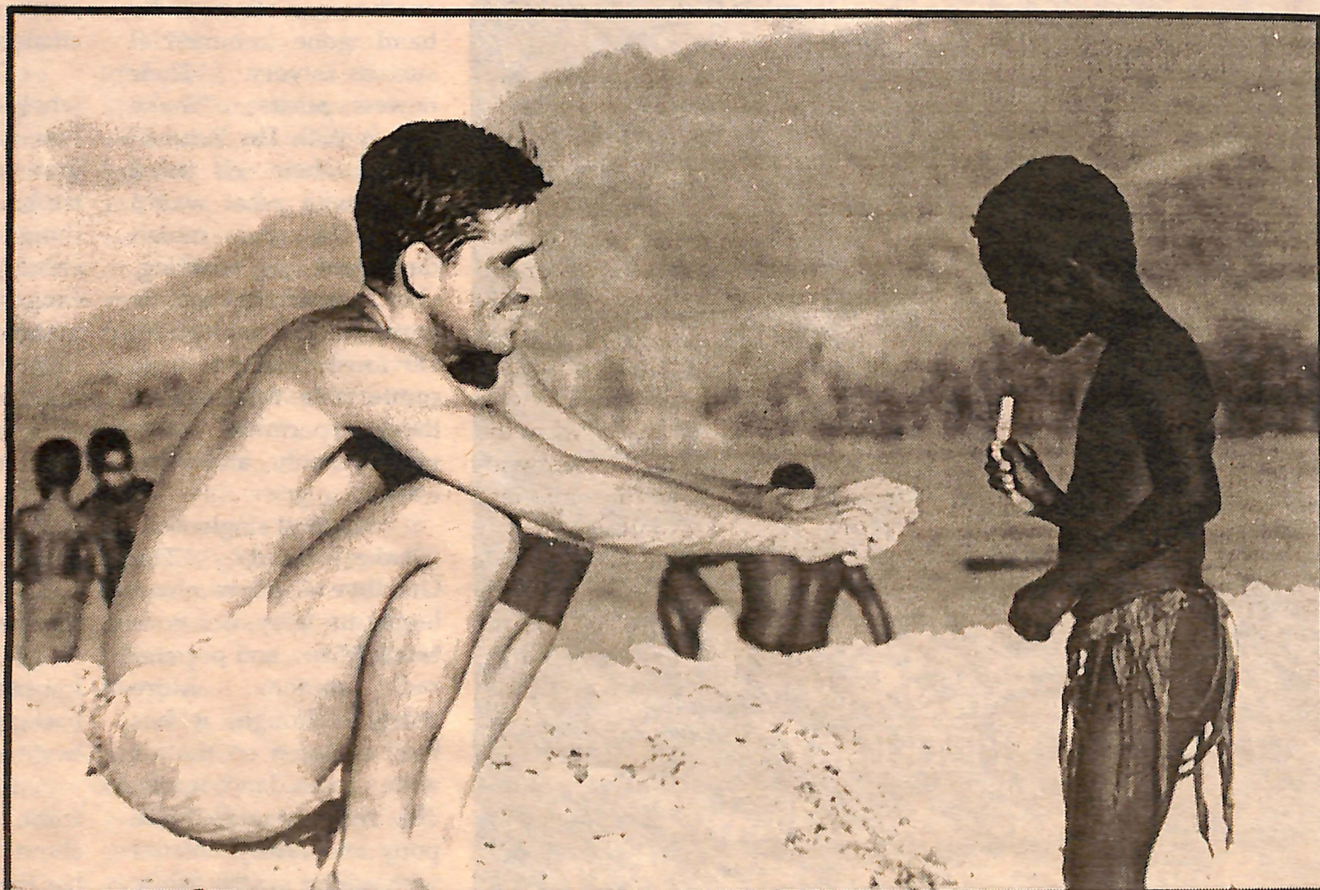
scenes within the last hour, most of the storyline and action occurs within the first two-thirds of the movie. The long shots and cinematography while at first are an excellent addition to the storyline, tend to

become tiresome by the end of the film. There is also a problem with the character development within the film. While we get a sense of the thoughts of the soldiers, they become lost within the action, leaving the

viewer unable to discern the various characters. This is a shame considering the great moral questions Mallick is trying to convey.

Overall, *The Thin Red Line* is a good picture with stunning

scenery, good acting and brilliant direction. For those of you looking for a shoot-em-up from start to finish I am afraid you are going to be sorely disappointed.



Hey Mister DJ!

With respect to DJ's, the request is long, but tempers are short.

By Mike Allen

If I had a dollar for every time I heard someone say, "That DJ is an asshole", I'd be rich. Another common phrase is, "The music sucked, he didn't play my song." Why do people say these things? Because they don't understand the job of DJs and how they go about it. Allow me to give you a glimpse of the life from the other side of the speakers.

To get a clear picture of what's going on, let's imagine The Palace on a Saturday night. Around 9pm, you'll hear some sitting around music which plays in the background-usually a rock CD or something of the sort. At this point, people are sitting around and drinking because the bar is not that busy. Up in the booth, Dave MacIssac (the head DJ) is pondering what he will play for the evening. However there are some restrictions on what he can play. He has to appeal to the majority of the crowd, and he has to play pop and dance music. After

1am, he has to play songs from top 30 charts, Cher, Britney Spears, etc. On the other side at Jerry's Pub (which is still part of the Palace for those who don't know), Tony has to play a lot of party rock, hip-hop, Celtic, and light dance music. For the most part, Tony will play dance music when the band comes on stage at the Palace. Given these restrictions, the music that can be played isn't a matter of free choice for those who want to make a request.

Now, as the bar gets an initial influx of people from 10-11pm, dance music is played progressively louder. Right about now...if you want to make a request for a birthday or what have you, you'll probably hear it. If the bar isn't that busy, there are only a few people to please, so requests are always welcome earlier in the night. However, as the bar gets busier, that quickly changes.

The basic idea, as business picks up, is to keep

the dance floor busy. As 1am approaches, we are getting into peak hours. Top 30 songs have to be played because they are the popular ones most people are willing to dance to. At this point, if you make a request, it will be a while before its played-if it gets played at all. DJ's always make an effort to get requests on, but there are variables involved that people don't understand.

1. The BPM, or beats per minute of your request. If you request a slow R&B song during a fast set of songs, it may be a while before you hear it. You might not even hear it at all. Sometimes, (as was the case on Hallowe'en 1998) everybody is full of energy and are willing to dance to fast music all night, so the DJ isn't about to break the mood over one persons request.

2. Are you appealing to the majority with your request? Some nights, the majority want to hear R&B and some nights they want to hear dance. It's not likely that you will hear Great Big Sea during an R&B night, (unless you are at Vinnies Pub at

MSVU, where Maritime music is somewhat of a tradition). If you realize you are alone in your choice of request, you should start saying "shitty crowd", instead of "asshole DJ".

3. Do the restrictions of the bar, as I outlined earlier, allow your request to be played? If you go up to Dave on the Palace side on a Saturday night, and ask for a party rock song, he'll say "Jerry's will play it- or I could play it for a large amount of cash, or a few shots!" At any rate knowing the music format at the bar you go to, is useful when considering a request.

Now about the temper of the DJ...Believe it our not, they are human. If you were faced with unruly drunk people, staggering towards you all night, slurring something at you as you listen to beats to line up, you'd be a little peeved too. In fact, it's like being a long haired dog in a tub full of fleas! Dave sums it up very well in saying that, "it's not like other areas of the service industry, such as Wendy's, when people get drunk, they get rude. If you can't handle your liquor, stay the F@#k

home!" Nuff Said!

Finally, how about some positive comments for the DJ? Forget it! There's a better chance of somebody surviving the Arctic Circle wearing a thong! Sure, you may hear a good mix of lyrics from one song being scratched into the song playing (and no, it's not part of the song, the DJ is doing it), or a good mix of two songs together, but how many people consider walking up to the DJ booth and saying, "Nice job?" The DJ appreciates a nice comment just as much as the shooter girl. (Incidentally, if you have ever seen the shooter girl, I guarantee you won't forget your manners.) At any rate, somebody saying something nice to the DJ isn't all that common.

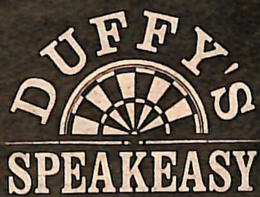
So that's basically what life is like for Dave, Tony, and the other DJ's around metro. Maybe now it has become a bit clearer for you to understand what to consider when you make a request or just who the "asshole" really is. Til next time...keep on jammin' and remember, "Bill Gates is a robot," right Dave? Have a good one!

...bored?



Come to the Speakeasy... we'll give you something to do.

Now you can enjoy free pool, all day, every day at Duffy's Speakeasy.



Upstairs at Ryan Duffy's
Spring Garden Place • 422-4959

Pluto: Renovate Your Soul

By Matte Stevenson

Pluto, with their second release in as many years, has truly succeeded in proving their not just another one album indie band gone commercial success story. Their newest release, "Shake Hands With The Future," follows their self titled debut with what would seem to be much developed song writing, chord structure, and a matured attitude. Obviously feeling more comfortable than before, they experiment with pianos, synths, and vocal effects.

The first single from "Shake Hand," "The Goodbye Girl" received large air play on both Much Music, and popular radio stations. More recently though, it has been replaced on the air with a catch dance remix. This remix is much more poppy and catchy, created with added synths, while

keeping the song and feeling the same. As one of my friends commented, "Ooo! Circus music!" Its synthy, yes, but no, not circus music!

Throughout the whole album, you can feel how much Plutos skill has grown, with added vocal tracks, audio layers, and thought into complex chord structure. A good example of any artists maturity, is their ability to turn down the amps a notch, and work with their vocals. Check out track number 10, "Sweet Sound," which focuses on lead singer Ian Jones's voice, with the opening lines "I think I want to stay naive, I think I want to still believe," with only lower accent chords in the background. Honestly the best song on the album.

On the inside of the front cover, like with about 100% of other CDs lies the insert. But on this

insert is the actual guitar chord and tablature for "Back to School," track number 6 on the album, which also a pretty rockin' track. The last track, coincidentally, is a remix of this song as well, just as catchy as the original, but with an added pop-dance feel.

Virgin Records has given Pluto the flexibility to add obscure audio snippets into songs, creating a much more produced feel to the album, but still keeping the intensity of good, pure, Power Pop.

As with any album, you truly have to listen to it to enjoy and understand what any of this means. So go out and buy it, or maybe you were lucky enough to get it for Christmas like myself. Open your doors, and hey, Shake hands with the future.



What's On at the Gallery

by Gillian Collyer

Charlotte Lindgren is interested in winter. She is also interested in Canadians. In the winter of 1995-96 Lindgren undertook a trans-Canadian rail journey in order to document private and public gardens. She travelled by train to observe changes in the landscape. The selection of sites was influenced by memories of places where she had lived and by her connections with friends and colleagues. The result is a series of photographs entitled *Winter Gardens* currently on exhibit in the MSVU Art Gallery.

Contrary to the prevailing view of winter as a dark and dreary time, Lindgren sees it as the most brilliant season, the absence of foliage allowing an openness to the sky unlike any other time of the year. In her words, winter reveals what the summer hides; the cold season exposes the

underlying structures. She chose the season because "the Canadian winter challenges the human imagination and spirit to confront and celebrate it by creating new kinds of gardens." She believes that, unlike any other season, winter defines Canadians.

In conversation with Charlotte Lindgren, she revealed that each time she photographed a garden for this series, the question she asked herself was, "Why was this garden made?" This question is rooted in her belief that gardens represent the fulfilment of a spiritual need on the part of its creator, the manifestation of an inner transformation or state of mind.

In Lindgren's view, winter is a time of quiet contemplation, presenting an opportunity to look intently, as the Japanese do, at the things that are revealed but are in fact hardest to see. She is

speaking here not of the spectacular blooms of summer, but of their underlying lines and structures - denuded tree branches reflected in a pool of water. Lindgren's close attention and documentation of the beauty in these overlooked details continues her ongoing investigation into the most understated season of all.

The exhibition continues until February 21.

Attention gardeners: in conjunction with *Winter Gardens*, Catherine Deveau, the Mount's Grounds Manager, will speak about the horticultural aspects of the exhibition, followed by a guided walking tour of the campus grounds. Bring your lunch. Coffee and muffins will be served in the Art Gallery (Room 209, Seton Building). The talk takes place at noon on Wednesday, 3 February.

The Best Little Boy in the World Turns 25

-Anthony Cushing

The classic fictional memoir that introduced the subject of homosexuality to millions has turned twenty-five years old. This milestone is marked with a re-release of the original book as well as a sequel, *The Best Little Boy in the World Grows Up*.

Andrew Tobias writes the book from the perspective of character, John Reid. Reid explains his growth and development as a child, teenager and then as an adult growing up with the stigma of being gay. Although the story was written so long ago, it has aged well. Many of the points are universal and timeless.

In the beginning of the book, Reid writes of various events from his childhood and adolescence in an

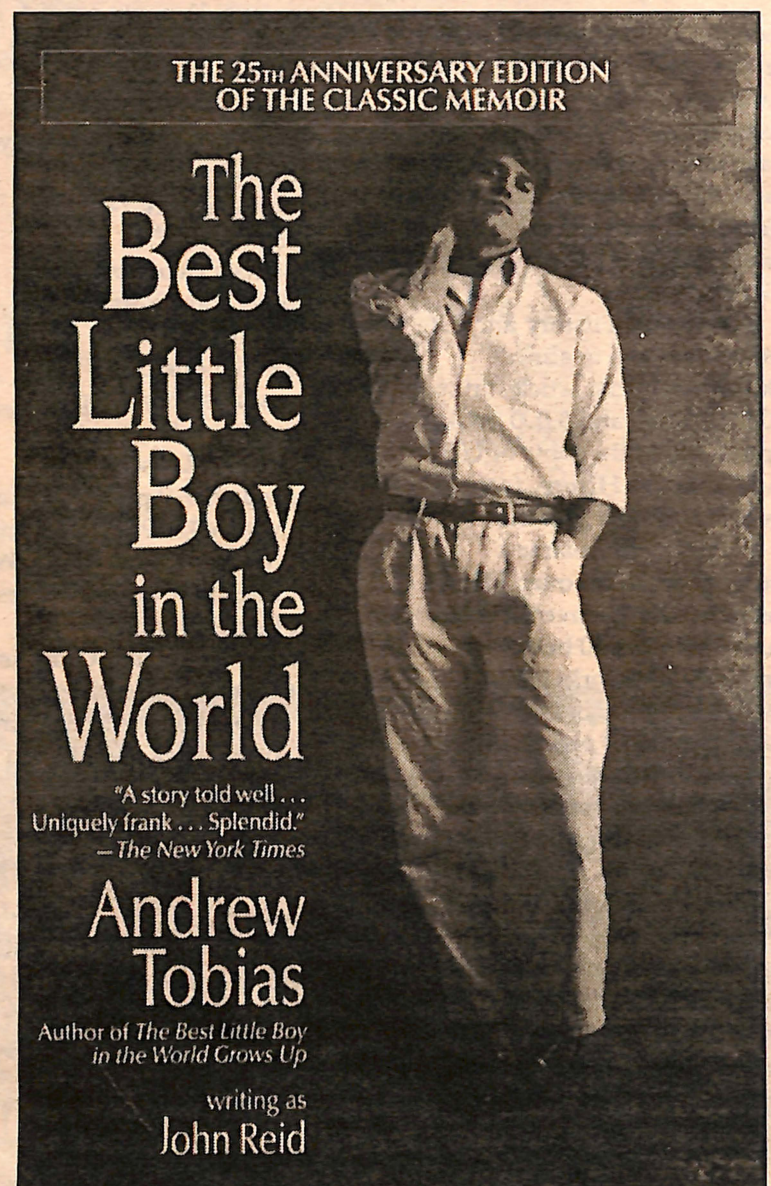
attempt to pinpoint the moment he became gay. Events listed include: Fooling around at summer camp; Having to date a really repulsive girl to ward off the suspicion of his ultra-straight friends and also the countless events during university when he would rent hotel rooms just so his friends would think he was out with a woman.

Reid's argument throughout the book is that the best little boy in the world didn't do gay things. He didn't masturbate in bed at night, he didn't peek at other boys in the shower room after gym class and he certainly didn't talk about sex, let alone do it. He didn't even learn to fart until he was 18 years old (Trust me on this one).

The main character, John Reid, tells us of his first real sexual experience with a man, an evening at a gay bar, his first real love and the process of coming out to friends and family.

Many of the raw emotions and thoughts put forth by the author have rung true with readers for years. Even though it is one person's story, it is a universal tale of coming to terms with being gay. The book doesn't employ any of the usual gay stereotypes to create a character, and it does not use many topical references that easily date the story.

The Best Little Boy in the World presents an emotionally candid and guiltless account of one person's development as a gay man, and as person.



Mount News

partially taken from the Mount Memo a campus wide electronic memo

ANNUAL FUND PHONATHON

from Cathy Pace, Development Office

The 1998/99 Annual Fund Phonathon begins January 18. The Annual Fund is a tele/mail program through which our alumnae are contacted and asked for their support of student needs such as scholarships and bursaries. Once again, the phonathon will be conducted from the call centre located in the Meadows. The centre will be supervised by Michael Dorman, a Mount co-op student, who will work with 20 other Mount students during the phonathon.

We are attempting to contact 12,000 alumnae through this phonathon. If you are an alum and are contacted by one of our student callers please take time to speak with her/him and feel free to ask questions. The generosity of our staff and alumnae who support scholarships and bursaries is very much appreciated by the University.

HISTORY INDEXES

from Terry Paris, Head Librarian

Faculty and students in History, Anthropology, Political Studies, Canadian Studies and related disciplines will be pleased to learn that the University now has a 30-day trial subscription to the web versions of the two leading abstracting services in History.

America: History and Life provides access to almost 400,000 abstracts, articles in over 2,000 journals and 6,000 books (annually) on the topic of U.S. and Canadian History from prehistory to the present.

Historical Abstracts provides access to over 500,000 abstracts, articles in over 2,000 journals and 3,000 books (annually) on world history (excluding the U.S. and Canada) from 1450 to the present.

For the duration of the trial, the databases may be searched from any computer on the Mount campus with access to the Internet. The address is: <http://serials.abc-clio.com> - no password is required. Please pass along your feedback to the library's reference staff. It will assist them greatly in evaluating this resource.

UPCOMING MYSTICS HOME GAMES

from Flo Wilson, Athletics/Recreation
Mount Saint Vincent will be hosting the Atlantic Colleges Basketball Championships. Be sure to mark March 6 and 7 on your calendar. Eight teams from the Atlantic region will be competing for the Atlantic Colleges Athletics Association Championship title. Watch for further details.

FUN THINGS TO DO IN THE WINTER

from Joanne Burns-Therriault, Athletics/Recreation
Annual MSVU Martock Ski Trip Caritas Day, Wednesday, January 27
Downhill, Cross-country, Snowboarding, and Skating
Open to all students, faculty, staff and friends Lessons and equipment available. Great rates, packages range from \$13-\$32 Tickets available at Athletics/Recreation in Rosaria Centre or call 457-6420.

Golf Lessons - 4 one hour sessions, only \$35. Beginner two classes/week: Tuesdays and Thursdays: 11-noon, noon-1, or 1-2 p.m. begins Jan. 19 or Feb. 16
- Beginner one class/wk: Mondays only 6:30-7:30 p.m. begins Feb. 22 Tuesdays only 6-7 p.m. begins March 16
Wednesdays only 7-8 p.m. begins March 17

- Advanced two classes/wk Tuesdays and Thursdays 1-2 p.m. begins Feb. 16
- Advanced one class/wk Wednesdays only 8-9 p.m. begins March 17

Squash Lessons
Wednesdays 7-9 p.m. from Jan. 20 to March 31 \$90 equipment provided (except eye wear) West Point Racquet Centre - Bayers Road Register at the Athletics/Recreation Office in Rosaria or call 457-6420

Also offered winter term: Yoga, Jazz Dance, Karate and Tae Kwon Do New students welcome until January 25.

FROM THE ART GALLERY

• Coffee Hour in the gallery
- February 3, 10:00 - 11:30 am
- Free coffee and muffins

• Walking Campus Tour
- by groundskeeper, Catherine

Deveau

- Wednesday, February 3, 12:00 noon

- In conjuncture with the exhibition "Winter Gardens"
- bring your lunch

FROM THE LIBRARY

• Multiple new acquisitions
- both videos and reference materials
- check out the Library for Details

• ABI Searchable from home
- check out
<http://pqdz39.umi.com:2000>
- User ID: W6HR2F6FTN
- there is no pass word

• Library Award
- Annual award of \$200
- need to have used the library for a research paper
- Deadline: January 31, 1999
- Ask Terry Paris, head librarian any questions

FROM THE ENGLISH SOCIETY

• 19th Annual Atlantic Undergraduate English Conference
- February 5 - 7
- Held at Mount Saint Vincent University
- Contact English Department for details

THE OUTDOORS CLUB

see Joanne at ath/rec for details

• Jan 27 - Ski Martock
• Fri. Feb 5 - Mooseheads Game
- 7pm vs. Bathurst purchase \$6.50 tickets from ath/rec
• Feb 7 or 14 - sledding/snowshoeing/skating
• March 7 - hike outside at Duncans Cove
• March 21 - horseback riding at Hatfields Farm
• Meetings every Friday from 12:00 to 12:30 in the studio (off the gym)

If you want to place your announcement in the Picaro Community page, just drop your notice off at the Picaro office, in Rosaria (we also have a mailbox in the Student Union) Attn: James Tilley

Career Corner

Position - Company/location - Deadline

Full-Time Positions

Various Positions - Public Service Commission - 02/12/99

General Manager Family & Child Serv. - YMCA Canada

Case Consultant - Summerside, PE - 102/05/99

Flight Attendants - Air Canada

Financial Planner - London Life

Teaching Positions - Catholic Education Ctr. Ontario - 02/12/99

Full/PT Teleservice Reps - Corporatel

Customer Service Rep & Trust Fund Admin. - Maritime Medical Care - 6 month term

Part-Time Positions

Administrative Assistant - NS Department of Environment

Accounting Major Student - Eisenhower Insurance

Bilingual Teacher's Assistant - Shearwater Children's Centre

Piano & Music Teacher - Dartmouth

Casual Support Workers - Metro Community Housing - 01/25/99

Sales Supervisors, Managers - Alea Retail Service - s02/01/99

Call Centre Duties - All Canadian Call Ctr

Promotions Reps Snowboarders - National Field Marketing

After School Programs - Future Shop Discount Superstores

Summer Positions

Visitor Information Centres - Economic Development - 01/29/99

Field Rep - Hewlett Packard

Various - Ooskipukwa - 02/26/99

Environmental Leadership Program - NS Dept. of Environment - 02/03/99

Summer Bursary Language Program - Management Trainee - 02/15/99

Various - Halifax Regional - Municipality

Student Loan Employment Program - Economic Development - 02/19/99

Tree Planting - Northern Ontario

Various - Camp Tidnish Amherst - 03/01/99

Camp Staff - Tim Horton Camps

See the story on summer employment for Mount Students on page 14

The Princess Bride

Midnight Movie at the Oxford Street Theatre

Saturday January 30th

Admission \$5

All proceeds go towards Veith House

Athlete Profiles



- Name: Ian McRae
- Astrological Sign: Pisces
- Hometown: Halifax, N.S.
- Graduated from: Queen Elizabeth High (QEH)
- Position: Small Forward
- Game Average: approximately 13 points/game
- Program/Year: Arts/2nd-year
- Marital Status: no comment
- Markings: one piercing - upper ear
- Favorite Song: Susie Q by C.C.R.
- Favorite Movie: BIG with Tom Hanks
- Likes: pickles ("the big ones"), triscuits, the Knicks
- Dislikes: joggers, Peter Turnbull, Tommies
- Notable achievements: McRae was the only player from our conference chosen at Christmas to play on an all-star team. He was later named "Player of the Game" twice during the round robin.
- Players Quote: "Compared to last year, our guard play has improved a lot and we've gelled as a team since the start of the season," Ian McRae.

Submitted by Jenn Parker



- Name: Nadia MacDonald
- Hometown: Halifax, NS
- Year and Program: 1st year, BBA
- Astrological Sign: Aries
- Marital Status: undecided
- Likes: chicken, funky messages on my answering machine, tanning
- Dislikes: when microwave dinners are still frozen in the middle, non-pickers
- Markings: tattoo of shooting star with rainbow and pierced belly button
- Favourite song: "When can I see you again?" Babyface
- Why people should come to the MSVU basketball games: "because guys play after and it's a great place to pick up"
- Why fans are so important: "they help teams come together and increase the intensity so players get excited and rise to the occasion"
- Words to live by: Don't take a no from anyone who is not in power to give you a yes in the first place!"

Submitted by Anya Lisowski

Women's Basketball

Wed Jan 27, MSVU @ KINGS, 6:00pm
 Wed Feb 3, DALTECH @ MSVU, 6:00pm
 Sat Feb 6, MSVU @ UNBSJ, 5:00pm
 Sun Feb 7, MSVU @ UNBSJ, 12:00pm
 Sat Feb 13, MTA @ MSVU, 2:00pm
 Wed Feb 17, NSAC @ MSVU, 6:00pm
 Tues Mar 2, MSVU @ KINGS, 6:00pm
 Mar 6 & 7, PLAYOFFS - Halifax

Men's Basketball

Wed Jan 27, MSVU @ KINGS, 8:00pm
 Wed Feb 3, DALTECH @ MSVU, 8:00pm
 Sat Feb 6, MSVU @ UNBSJ, 7:00pm
 Sun Feb 7, MSVU @ UNBSJ, 2:00pm
 Sat Feb 13, MTA @ MSVU, 4:00pm
 Wed Feb 17, NSAC @ MSVU, 8:00pm
 Tues Mar 2, MSVU @ KINGS, 8:00pm
 Mar 6 & 7, PLAYOFFS - Halifax

Badminton

Sat Jan 30, MSVU @ MTA, 10:00am
 Sun Feb 7, MTA @ MSVU, 9:30am
 Sat Feb 20, PLAYOFFS @ UNBSJ, 1:00pm
 Sun Feb 21, PLAYOFFS @ UNBSJ, 9:00am
 March 10-14 NATIONALS @ NSAC

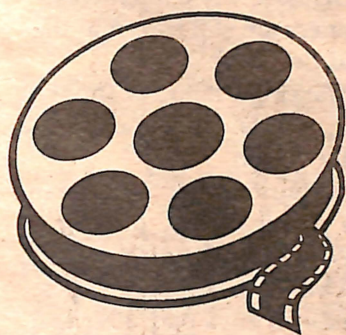
Women's Volleyball

Fri Jan 29, MSVU @ KINGS, 6:00pm
 Wed Feb 3, MSVU @ NSAC, 6:00pm
 Sat Feb 6, MSVU @ UNBSJ, 6:00pm
 Sun Feb 7, MSVU @ UNBSJ, 12:00pm
 Wed Feb 10, KINGS @ MSVU, 7:00pm
 Sun Feb 14, U STE @ MSVU, 1 & 3:00pm
 Sat Feb 20, PLAYOFFS @ NSAC
 Sun Feb 21, PLAYOFFS @ NSAC

Do you notice anything different about sports this week? . . .
 . . . There is something other than the standing and list of upcoming games. This is a good thing! If you want to help expand the Sports section even further contact the Picaro. We are always looking for writers for all of the sections. Everyone is welcome to our weekly meetings Mondays at 2pm in the Pic.

WINTER CARNIVAL '99

January 25 - 31. Look for Posters for more details



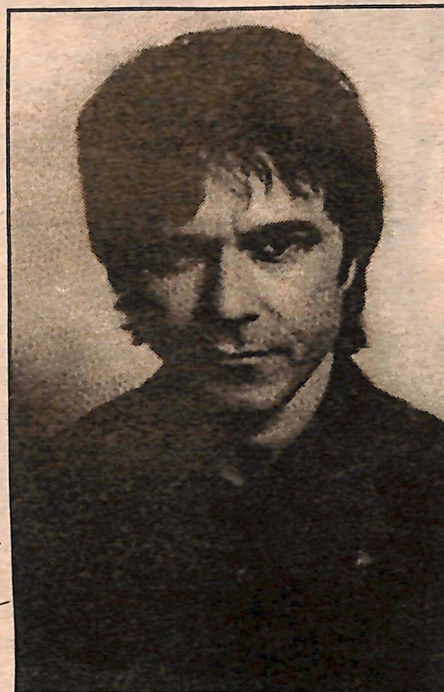
MONDAY

Fun with the Science Society

9:00 am - 12:00 pm in the Rosaria Multi Purpose Room
12:00 pm - 4:00 pm in The Rosaria Gym

Movies at Vinnie's Pub

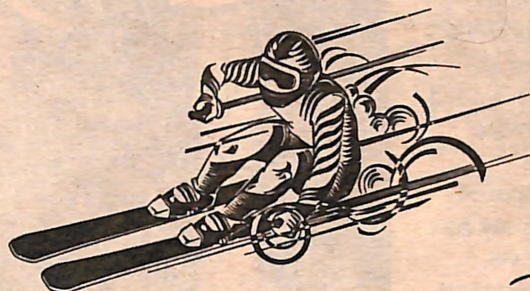
Starting at 8:00 pm



TUESDAY

Gowan Live

Vinnie's Pub 8:00 pm FREE



WEDNESDAY

Ski Trip

See Ath Rec for Detail

Gym Day

All day in the Gym

Motherhouse Tours

1:00 pm at the Motherhouse

Beach Party

Vinnie's Pub \$2 cover • 9:00 pm

THURSDAY

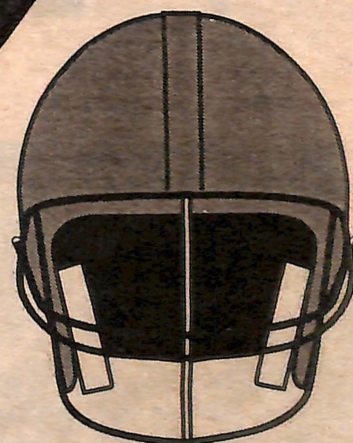
Pub Night

Vinnie's Pub 8:00 pm

FRIDAY

Karaoke

Vinnie's Pub 8:00 pm FREE



SATURDAY

Sleigh/Wagon Ride with Food

Hatfield Farms Starts 2:30pm
\$10 adults • \$5 children
Limited Space you need to sign up at the Student Union Information Desk in Rosaria



SUNDAY

Superbowl Party at Vinnie's

