

# Campus Connection

a newsletter for the Mount Saint Vincent University community

April 1991

## The Mount is going green!

On Wednesday, April 3, the university will start a paper recycling program. The program is being implemented on the recommendation of the Advisory Committee to the President on Environmental Issues, whose mandate is to explore ways of making the Mount more environmentally responsible. The committee consists of representatives from faculty, students, physical plant, maintenance, grounds, and computer services.

Offices will be equipped with boxes specially designated for recycling, and larger blue boxes will be placed in other strategic areas of the university. When the boxes are full they will be dumped into blue barrels located in main loading areas of the buildings. The barrels will be unloaded once a week by Hanna Paper Recycling Atlantic.

Paul Reyno, director of physical plant and environmental committee member, notes that "most office paper products, including bound catalogues, stapled paper and glossy paper, can be recycled. Exceptions include telephone books, newspapers and sticky window envelopes."

"There's so much support for recycling within the university community," says committee chair Dr. Nick Hill, biology department. "Committee members have all been united from the start in our goal of finding more ecologically sound methods for dealing with waste. It was important for us to get something going as soon as possible."

Dr. Hill notes that paper recycling is the first important step, and that the committee is looking into plans to tackle recycling of glass and cans in future.

The Advisory Committee on Environmental Issues (alias The Green

Team) is currently drafting an environmental policy statement for the university, which Dr. Hill says is aimed at establishing guidelines and goals for the sound ecological management of university affairs.

## The Green Team

(Advisory Committee to the President on Environmental Issues) invites you to a

### GREEN LUNCH

to launch our on-campus paper recycling project



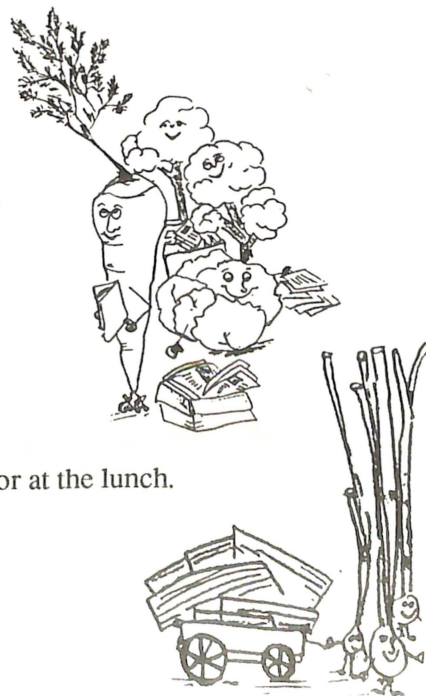
**Prizes!...Contests!**  
(including for the best paper airplane)

Wednesday, April 3, 12 noon to 1 p.m.,  
Rosaria Centre Lobby

Admission: \$2.00 + BYOUP\*

Tickets available in advance from  
Dr. Margaret James and Dr. Nick Hill, or at the lunch.

\*Bring Your Own Used office Paper  
(a sheet or a bunch!)





## Novel project designed "to listen to the people"

While on sabbatical and extended leave in India for two years, Dr. Joseph Tharamangalam directed the World Bank's — and the world's — largest ever qualitative assessment project. With a budget of \$1 million and a team of 30 researchers, the assessment is aimed at evaluating the country's national silk industry development program. Back at the Mount this academic year, the sociology department faculty member reflects on his recent experiences in India as "an exciting and very, very busy time!"

He explains that India is implementing a six-year, \$500 million (Canadian) National Sericulture (silk production) Project, funded primarily by the World Bank and the government of India. The project is attempting to double annual silk production to 16,000 tons (thus promoting India to the world's second largest silk producer, from its third), and create 5 million additional jobs, primarily for socially and economically weaker sectors of the population.

The project's evaluation component, which Dr. Tharamangalam directed, was designed to "listen to the people and to gauge how the development of the silk industry impacts on the lives of those involved in silk production," he explains.

The evaluation uses a new, "beneficiary assessment" approach, rather than more traditional economic and statistical assessments. "Large international agencies like the World Bank are becoming disillusioned with traditional quantitative methods of project evaluation and are now looking to more people-oriented field work," says Dr. Tharamangalam. "Beneficiary assessment, which is basically a qualitative approach to evaluation, focuses on the people themselves and how the industry affects their lives in terms of family, society, environment, health, gender relations, etc. Field workers actually live with the people."

The qualitative methodology, which he describes as "an eclectic blend of participant observation, conversational interviews, investiga-

tive journalism, and case studies", provides continuous feedback and an ongoing 'voice' to the people in the policies that affect their lives.

Dr. Tharamangalam became involved in the beneficiary assessment while serving a term as sociology/anthropology department chair at India's Institute for Social and Economic Change. The Institute, which offers doctoral programs in economics and social sciences, also carries out research projects. "The assessment project came to our department because in India qualitative methodology is associated with sociology and anthropology, and because of my own work using similar methodologies. As department chair it was my job to direct the project. I designed the assessment in consultation with the implementing agencies — the World Bank, the Swiss Development Corporation, and the national and state governments in India."

Dr. Tharamangalam's expertise is in rural development and rural labor. He has written a book (Agrarian Class Conflict) and published numerous papers on the subject, and has researched rural development and social change in India for many years. During this most recent trip to India, he carried out research projects on rural labor for both the Institute for Social and Economic Change and the National Commission on Rural Labor.

The beneficiary assessment has made some significant preliminary findings, particularly related to women in the sericulture industry. "Currently there are 4 million women employed in the industry, and this figure is expected to double by the project's end," says Dr. Tharamangalam. "Women represent 70 percent of those involved in rearing the silk worms and 80 percent of those involved in reeling (the silk threads from the cocoons) and weaving."

However, he says, "This new emphasis on sericulture growth and development has increased women's workload, which hasn't lessened in other areas. Women still bear the

brunt of child-rearing, domestic and farm duties. It isn't unusual for a woman silkworker to work from 5 o'clock in the morning to 10 o'clock at night — feeding the worms, picking mulberry leaves (which the worms eat), milking the cows, getting the children ready for school, preparing her husband's meals, doing housework, then feeding the worms again in the middle of the night."

Women, he says, complain of more health problems related to longer work hours. "Also, they're losing control of the industry. New technologies relating to the production of new varieties of worms and mulberry plants are being communicated by male extension workers to male heads of the household. Also men, not women, tend to go to the markets to sell cocoons and so have control of the money earned."

While he notes that the National Sericulture Project can't change age-old inequalities or culture, the beneficiary assessment can and does address social goals of development, including industry conditions for women. "Now there are female extension workers who make a point of talking to women in the households. Each sericulture state has appointed one female senior officer in charge of women's issues. Medical officers are being integrated to look into health problems. We've recommended that more women's co-operatives and training camps be set up, and that women's washrooms be installed in the cocoon markets."

The assessment, he says, has also highlighted bureaucratic bottlenecks. "We've found many policies which simply don't work because they weren't designed with people in mind. We are suggesting that there should be less government involvement, more involvement of the people working in the industry, more co-operatives developed and greater control given to non-government agencies." Government, he says, has been receptive.

Dr. Tharamangalam notes that because beneficiary assessment is

*Novel continued on page 12*

## Honorary degrees to four outstanding women this spring



Berit Ås

At Convocation ceremonies May 10, the Mount will award honorary degrees to four outstanding women:

Berit Ås is considered by many to be the "mother of feminist issues and social perspectives" in her native Norway. A professor of social psychology at the University of Oslo in Norway, she has lectured on women's studies at many universities around the world including the Mount, where she was a visiting professor in the women's studies department in 1983 and 1987. In her long-time campaign for women's rights, Prof. Ås was elected first leader of Norway's Democratic Socialist Party in 1975. She has also served as national leader of the International Federation of University Women (IFUW) and as a United Nations delegate.

Agnes Grossmann is a dynamic conductor and one of the few women in her field. Since 1986 she has been artistic director and conductor of Orchestre Metropolitain in Montreal. She is also artistic director of the Chamber Players of Toronto, and the Orford Arts Centre, Quebec, and was the first female artistic director of the 150-year old Vienna Singkademie choir. She has been guest conductor in Canada, Austria and Japan, and last year travelled on the Chamber Players of Toronto's first European tour. Her career has included many awards and honors, including the Mozart Interpretation Prize in Vienna in 1972 and



Agnes Grossmann

being named Woman of the Year in the Arts in Montreal in 1987.

Ruth Johnson was born in Africville, a former Black community in Halifax's north end. A musician, artist and community leader, she is a descendant of one of the founding families of Africville, and is its unofficial archivist and historian. She has been president of the Black Cultural Society of Nova Scotia, receiving the society's award in 1990 for her service and contributions to the preservation of Black culture. In 1988 she received the prestigious Harry Jerome Merit Award, and was recognized for outstanding community service with the Black Professional Women's Group Award the following year. She is actively involved in the African United Baptist Association of Nova Scotia and has held many executive positions in the church. Johnson was instrumental in organizing the Africville: A Spirit that Lives On exhibition which opened at the Mount Art Gallery in 1989, and is now touring across Canada.

Michele Landsberg is a well-known columnist for the Toronto Star and an outspoken advocate for women and children. Her writing, which focuses on urban life, contemporary feminism, politics and education, has been applauded as being opinionated, witty and touching. Landsberg also reviews children's books for Entertainment Weekly (a New York



Ruth Johnson



Michele Landsberg

magazine), The Washington Post, and CBC Radio's Morningside. She is the author of several books, including Women and Children First (1982), the best-selling Michele Landsberg's Guide to Children's Books (1986), and "This is New York, Honey!" A Homage to Manhattan with Love and Rage (1989). Landsberg is the recipient of many awards, including the first National Newspaper Award for column writing (1981), the YWCA's Women of Distinction Award (1983), and the Robertine Barry Prize (1986) awarded by the Canadian Research Institute for the Advancement of Women for distinguished contribution to women through journalism.



## OF INTEREST

The Society for Teaching and Learning in Higher Education invites proposals for presentations at its Eleventh Annual Conference, June 15-18 at Dalhousie University. Presentations should focus on developing teaching and learning in post-secondary education. Submissions are welcomed from faculty and anyone else interested in the advancement and enhancement of higher education. For more information, or to register for the conference, contact the Office of Instructional Development and Technology, Dalhousie University, tel. 494-1622, FAX 494-2319.

\* \* \*

The Northern Bursary Program with the Ontario government offers financial assistance to post-secondary students pursuing careers in psychology, speech pathology, social work, and social services, as well as to persons of native ancestry interested in working in Northern Ontario. Doctoral students are required to work in the North for two years per year of funding. Other graduates must return one year of service for each bursary year. For more information contact the Ministry of Community and Social Services, Northern Regional Office, 473 Queen Street East, Suite 202, Sault Ste. Marie, Ontario, P6A 1Z5. Tel. (705) 949-8052.

Applications must be received by June 7, 1991.

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The Overseas Development Associates Program (ODAP) provides work experience for young professionals interested in a career in international development but who lack experience

in the field. The program, funded by the Canadian International Development Agency, promotes access by young Canadian graduates to positions of responsibility directly related to development projects run by various Canadian institutions and corporations. For more information contact the Institute for International Development and Co-operation, University of Ottawa, 25 University, Ottawa, Ontario, K1N 6N5. Tel. (613) 564-4910. The deadline for application is April 30, 1991, with selections in May.

\* \* \*

Camp Hill Medical Centre is accepting applications for anyone interested in training as Palliative Care Volunteers. Members of the palliative care team supplement other hospital services in meeting the needs of patients and their families, who are facing limited life expectancy. For registration and information call Karen Newton during business hours at 428-3119.

\* \* \*

The Nova Scotia Hospital is looking for volunteers in various capacities: to visit patients and to help with individual and group programming, social gatherings and recreational activities, in the gift shop, operating the hospital's Tel-Med Health Information Line, and fund-raising activities. The hospital provides volunteers with orientation, training programs, on-the-job supervision and an opportunity to work with health care professionals. For more information call the hospital's department of community relations at 464-3013.

\* \* \*

The Clean Nova Scotia Foundation is looking for volunteers to co-ordinate the annual Beach Sweep coastal clean-up program, June 2-8. If you're interested, call the Foundation at 424-5245.

\* \* \*

The Ontario University Employment and Educational Equity Network (QUEEN) is an association of university employment equity practitioners. The association's aim is to provide opportunities for the development of knowledge, skills and strategies in the promotion of employment and educational equity within the university environment.

In response to the urgent need to address issues and challenges specific to the academic environment, QUEEN has organized a conference for all university faculty and administrative and technical staff. Through panel discussions and seminars, conference participants will explore equity, diversity, and organizational change in the context of university culture. Key speakers tentatively scheduled include Elaine Ziembra, Ontario Minister of Citizenship and Responsibility for Human Rights; and Juanita Westmoreland Traore, newly-appointed Ontario Employment Equity Commissioner.

The conference will be held Monday and Tuesday, May 6 and 7 at the Skyline Hotel in Ottawa. The registration deadline is April 15. For more information contact Florence Redman, Conference Co-ordinator, Tel: (613) 596-6818. FAX (613) 596-3881.

## Budget Committee calls on Mount community for ideas

Recently, the Mount's Budget Committee held three meetings for the general university community, as a forum for suggestions and ideas to assist in achieving a balanced budget for the 1991-92 fiscal year. The preliminary draft operating budget for the coming fiscal year, presented at the March 7 meeting of the Board of Governors Finance Committee, projected a \$700,000 deficit for 91-92, and included increases to the library

acquisitions and research budgets. The Board has a stated objective of a balanced operating budget for this fiscal year.

An outline of the budget process and key assumptions made in the preliminary draft budget were presented at the meetings. Ideas for increasing revenue and cutting costs were generated, and a list of the ideas has been circulated to the university community.

The Budget Committee then proceeded to consider and cost some of the ideas, before presenting the balanced budget to the Board's Finance Committee.

Final confirmation of the university's operating budget for 1991-92 must await the announcement of provincial government grants, expected in June.

## ART GALLERY NEWS

Two new exhibits open Friday, April 5 at the Art Gallery. The work of feminist artist Mary Scott of Calgary is the subject of In You, More than You, downstairs. Scott's work, recently exhibited in the Edmonton Art Gallery, was described in the catalogue essay as evoking women's writing and psychoanalytic and feminist theory.

Mother, May I?, an installation by Halifax artist Teresa MacPhee, will be featured in the upstairs gallery. Of this work, MacPhee says, "Constructed out of cement and cast bronze, three distinct pieces will create a sculptural narrative based on a creation myth of my people, the Micmac. Native North American people refer to the Earth as Great Turtle Island, a gift of life from the Woman-who-fell-from-the-sky. In celebration and

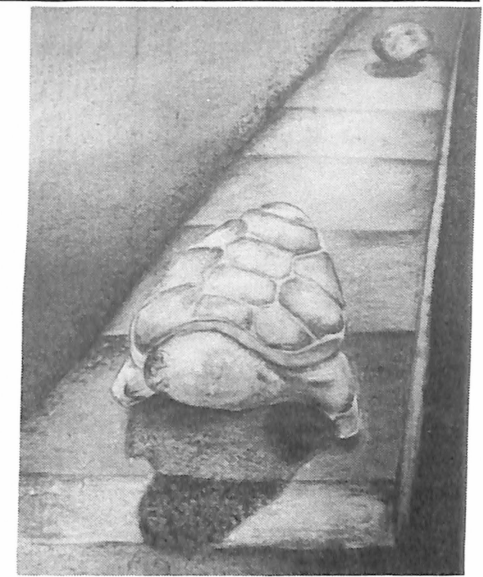
recognition of this gift, one's first lesson is to learn how to walk on this Earth."

The exhibitions continue until Sunday, April 28. Both artists will attend the opening reception April 5 at 8 p.m.

Exhibits change on May 3. Work by painter Suzanne Funnell, Nova Scotia College of Art and Design faculty member, will be highlighted downstairs, with Here We Go Round the Prickly Pear, assemblages by Nova Scotia artist Randy Engelbert, upstairs.

Starting June 7, the gallery will feature The Artist: Career and Careerism, a group show organized by exhibitions officer James Graham.

The progression of various artists will be explored through a sampling of their work and autobiographical texts.



*Drawing (1990) by Teresa MacPhee, suggests the first tentative steps from the safety of the shell to the outside world — a theme running through Mother, May I?*

## Mount faculty receive NSERC awards

Congratulations to the following Mount faculty who were awarded Natural Sciences and Engineering Research Council of Canada (NSERC) grants for the 1991-92 academic year:

Dr. Frank Bennett, mathematics department, received \$12,000 as the first installment of a three-year grant for his project, The spectra of a variety of combinatorial designs, Latin squares and quasigroups; Dr. Katherine Darvish, chemistry and physics department, received \$10,000 as the first installment of a two-year grant for Ab initio treatment of relativistic effects; Dr. Janice Doull,

biology department, received \$15,000 as the first installment of a three-year grant for Global regulatory networks in streptomyces venezuelae; Dr. Charles Edmunds, mathematics and computer sciences department, received \$5,000 as the first installment of a three-year grant for Equations in groups; Dr. David Furrow, psychology department, received \$11,020 as the second installment of a three-year grant for Non-segmental aspects of child vocalizations; Dr. Fred Harrington, psychology department, received a \$15,000, one-year grant for

Behavioural ecology of barren-ground black bears and caribou in Labrador; Dr. Nick Hill, biology department, received \$24,900 as the first installment of a three-year grant for Factors affecting Atlantic coastal plain wetland communities; Dr. Suzanne Seager, mathematics and computer studies department, received \$9,000 as the second installment of a three-year grant for On some applications of edge clique coverings; and Dr. Deming Zhuang, mathematics and computer studies department, received \$12,000 as the second installment of a three-year grant for Optimization and applied analysis.

## From the Chronicle of Higher Education

Concluding paragraphs of the minutes of a meeting at a college that we, being charitable, will not identify:

"8. Announcement by Carpenter thanking us for a good job in getting mid-term grades in was never made. Therefore, the preceding statement should not be in the minutes so ignore it.

"The meeting never was adjourned. It merely dwindled away into nothingness about 6:30."

\* \* \*

Notice circulated at Loyola University of Chicago:

"If you have retired, transferred, died, or if you know anyone who fits these descriptions, please contact the Human Resources Office at ext. 56175...."

\* \* \*

Notice at Kent State University's College of Business Administration:

"Ernst & Young will be interviewing for summer interns on February 20 for students interested in locating in Cleveland upon graduation...."

"The students selected to interview will be posted on my door Monday afternoon."

Tacked? Nailed? Taped?



## Philosophy with children? Definitely, says Mount professor

*Is Donald Duck real or not real?*

The question fired an animated discussion among six and seven year olds in Sharon Palermo's grade one philosophy group. "He's only a costume and somebody is in the costume," one student stated, recalling his encounter with a 'real-life' Donald Duck at Walt Disney World. "But the costume is both real and not real, in different ways," ventured another student. The tone was set for exploring the differences between fantasy and reality.

"Philosophy is dialogue, exchange of ideas, a search for evidence," notes Palermo, a public school teacher who, as an undergraduate, majored in philosophy. "I have a philosophical bent of mind, which has always affected my view of how we should be with kids. I've always believed that kids can, and should, formulate their own opinions." Yet, she admits, "I was amazed at how seriously grade one students took philosophical discussion."

Palermo notes that her experiences and beliefs about children's capabilities were reinforced when she took two courses from Dr. John Portelli of the Mount's education department. Dr. Portelli is a strong advocate of doing philosophy with children. He has expounded on its benefits in many published papers, in a book he's co-authored (*Philosophy of Education: Introductory readings*), in his teaching and through inservices.

Dr. Portelli explains that doing philosophy with children is a relatively new concept in elementary school education. The approach engages groups of children in philosophical discussion of issues sparked by books, cartoons, television programs, and everyday life.

"Children, even very young children, who 'do' philosophy can express many of the same views expressed by philosophers, but without the philosophical jargon," says Dr. Portelli. "At this stage, children don't need to study the history of philosophy or the thought of specific philoso-

phers; neither do we need to introduce labels such as 'metaphysical' or 'epistemological'."

Similarly, while themes for discussion are drawn from philosophical tradition, they are introduced through topics familiar to the students. In fact, students themselves choose topics and identify leading issues or ideas. So, "The Ugly Duckling" fairytale might offer a context for exploring the nature of beauty; or children might examine the nature of responsibility, in the process of discussing drug abuse.

Philosophy with children, says Dr. Portelli, aims at helping students to develop their own thinking by encouraging them to explore issues with an inquiring mind, to arrive at conclusions based on appropriate 'evidence', and to develop a community of inquiry. "Philosophy can help students to realize the aims inherent in public education, namely, 'to provide a school environment that enables students to develop the ability to think clearly, communicate effectively, make sound judgements, and discriminate among values'."

Yet, he says, "Parents and teachers are sometimes concerned about children becoming 'critical'. We stress constructive, gentle criticism which builds, not destroys. Also, when we talk of 'open-mindedness' people sometimes assume 'empty-headedness' or 'anything goes'. To quote my colleague Dr. William Hare at Dalhousie University, 'open-mindedness is a willingness to form and revise one's views as impartially as possible.'"

Admittedly, says Dr. Portelli, the notion of doing philosophy with young children may seem far-fetched. When he first encountered philosophy with children, as a graduate student in philosophy at McGill University, he was skeptical himself. But after sitting in on a philosophy group of fifth and sixth graders, he changed his mind.

"I was amazed by the clarity of the students' ideas. They were using ordinary words, not philosophical jargon. They were engaged in serious discussion about issues, for about 50 minutes, and the teacher did very little of the talking," Dr. Portelli recalls. "Even beyond that I saw what could happen if we give children a proper environment that allows them to identify issues of their own and deal with them philosophically."

A 'proper environment', explains Dr. Portelli, is caring, supportive, co-operative and trusting. Students must come to know that their opinions are valued by peers and teachers.

"There's a long tradition where students haven't been asked what interests them, so they are suspicious at first. Building a good environment for philosophy takes time."

Positive feedback from children participating in philosophy groups indicates that the effort is worth it. On an evaluation, one grade eight student writes, "I liked philosophy. I liked that I could voice my opinion and people would listen because at my age — 14 — not many people will listen or take notice of you."

Sharon Palermo says, "We should start doing philosophy as early as possible with kids so that they will know from the start that their ideas are being taken seriously. My feeling is, if we build a good community of trust from the start, they will always believe that what they have to say is valued."

The teacher, she says, plays a key role in establishing a positive environment. "In addition to helping students to identify their questions and clarifying ideas, the teacher must model a spirit of respect and open-minded enquiry, and insist on those qualities from students."

Dr. Portelli defines his own role as helping teachers to "look at the possibilities, then to help them link those possibilities with their own

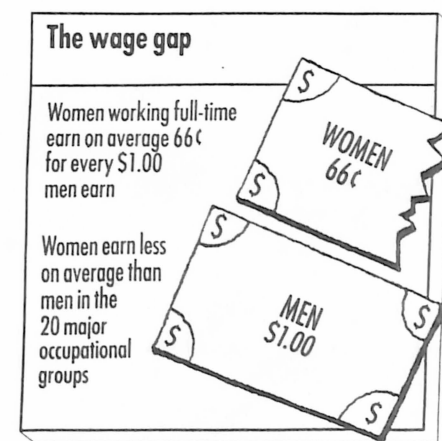
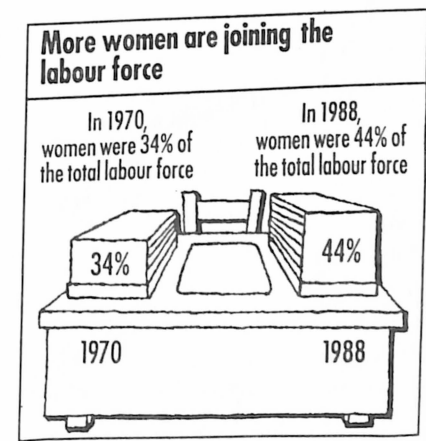
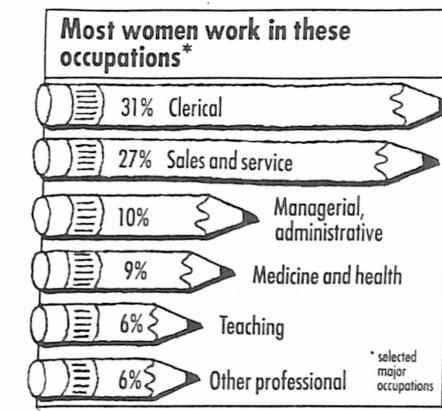
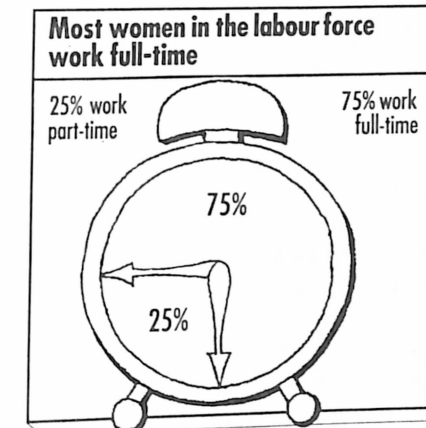
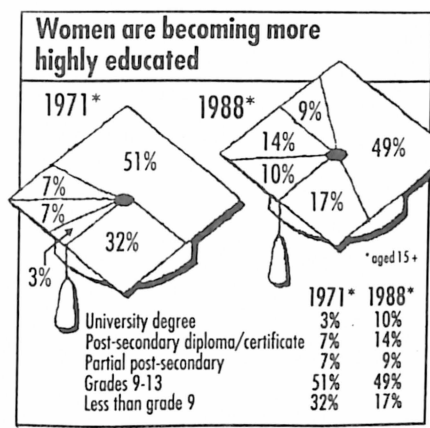
*Philosophy continued on page 10*

## WOMEN IN CANADA

Did You Know . . .



Status of Women Canada Condition féminine Canada



## Power-packed weekend yields Mount three titles!

The second weekend in March will go down in Mount athletics history. Mount Mystics won both the women's and men's basketball crowns and also took top honors in women's volleyball, yielding Mount Saint Vincent University three of the four major Nova Scotia Colleges Athletic Association titles.

As Campus Connection goes to press, the basketball teams are advancing to the national championships in Kamloops, B.C., and the volleyball team to the championships in Quebec City.

Judy MacLean and Wanda Skinner each pumped in 11 points to

lead the Mount to a 58-56 overtime win over the Nova Scotia Teachers College (NSTC) in the women's basketball final. The men's team got 11 points each from Mark Forward and Derek Johnston to topple NSTC 44-39. The volleyball Mystics downed the University College of Cape Breton 16-14, 15-11 and 15-10 to claim the women's semifinal title.

"It was one of our big weekends of all time, and certainly not something that happens every year," comments June Lumsden, athletics/recreation co-ordinator, who describes this season in general as "a banner year".

Lumsden says that the wins are "a reflection of the excellent coaching our players received and the dedication of our student athletes."

At the Canadian Colleges Athletic Association (CCAA) All-Canadian banquet in Kamloops, Mark Forward is being presented with a CCAA All-Canadian Award, while Mount coach Anne Lindsay receives the CCAA Excellence Award for women's basketball.



## Promoting peace and conflict studies at the Mount

"We're a small, informal, ad hoc, makeshift, non-empire building, self-education kind of group," says Dr. Larry Fisk of the Mount's Peace and Conflict Studies Committee, which he chairs.

The Peace and Conflict Studies Committee has been around since 1985. It's a vehicle for faculty members and others interested in peace and conflict resolution to discuss issues and concerns and plan educational strategies. "One reason we came together," explains Dr. Fisk, "was because many of us were concerned with things like the revival of the Cold War, the Regan administration, and Star Wars."

The committee tries to address changing issues. It responded to the recent Gulf crisis, for example, with two teach-ins. The first, aimed at helping students, faculty and others to better understand media coverage of the war, launched the committee into the national media spotlight. "I ask myself why and how I did 13 interviews in 24 hours," Dr. Fisk groans. "I guess it's because I take pride in the committee. I think the teach-in was successful, and that we did a useful thing." The second teach-in focused on religions and the Gulf war.

Dr. Fisk is particularly proud of the interdisciplinary peace and conflict studies courses which the committee has developed under a directed studies umbrella within the political studies department. There have been four so far, comprised of lectures by committee faculty members focusing on their own peace and conflict-related research interests. "I wish more faculty members had a chance to sit and watch 10 or so of their colleagues do their thing in an area they're really interested in. It's exciting!"

The committee has brought to campus many guest speakers to talk about issues relating to peace and conflict. With university funding, military analyst Gwynne Dyer and filmmaker Tina Viljoen were invited in 1988. The committee has organized special events like Graffiti for Peace on year on Caritas Day. "We got

permission from the university to write peace messages on the construction fence around the (E. Margaret Fulton) Communications centre. We provide art supplies, and everyone was invited to participate," says Dr.

Frances Early explains. "I had taught a half-credit course on peace movements in America that first semester. But at the end of the semester students wanted to continue our discussions, so we met once a week over lunch through the second semester. I invited Larry (Fisk) and his students to join us, and it grew from there."

Meanwhile several other faculty members were either teaching or considering courses with a peace and conflict component. The next academic year, they collectively formed the Peace and Conflict Studies Committee. "We came together for self-education," explains Dr. Fisk. "The committee remains a good forum for sharing concerns and learning together."

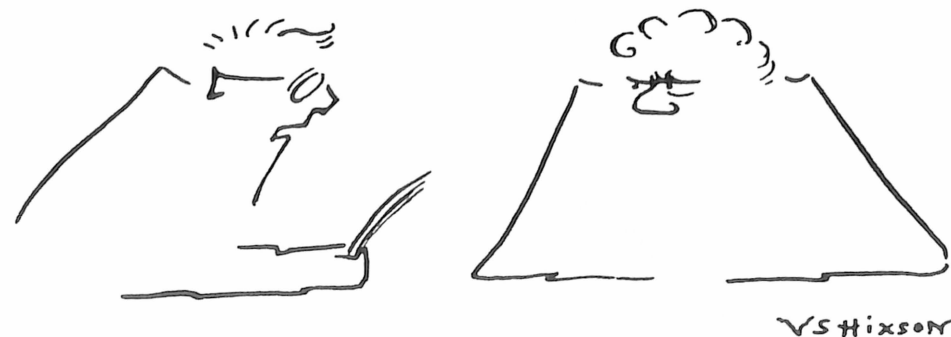
Religious studies department chair Dr. Jacques Goulet, another original member, agrees. "The committee has helped me to develop an understanding of the importance of peace dynamics and positive ways to resolve conflict. The perspectives of my colleagues on the committee have been invaluable. For example, Frances Early has helped me to recognize sexism within our own society and

ourselves. Jaromir Cekota, from the economics department, showed how much we spend on war and how little on peace initiatives. Peter Schwenger shared his views on the literature of the holocaust. Renate Usmiani pointed out the celebration of violence in classical literature. Joyce Kennedy, showed how much of children's literature celebrates war and war heroes."

Dr. Early believes that diverse expertise provides the committee with a balanced, multi-disciplinary perspective on peace and conflict resolution. "For my part, I believe it's critical to bring gender into how we analyze war and peace and how we ultimately work co-operatively toward peace. We can no longer say that peace is a 'women's issue' only."

Currently the committee is preparing a proposal for a minor in peace and conflict studies. Faculty members teach at least eight courses with the peace and conflict resolution component, says Dr. Fisk. "The great number of courses suggests the feasibility of a minor."

Dr. Fisk notes that the Peace and Conflict Studies Committee "will continue to do the kinds of things we've always done." As long as war is with us, he says, so will the need to educate ourselves in the politics of peace. The committee's role, then, seems assured for a long time to come.



THE CHRONICLE OF HIGHER EDUCATION

"My analysis of the election results indicates a strong mood of anti-incumbency by an even stronger mood of alienation — i.e., nobody voted, and all the incumbents resigned."



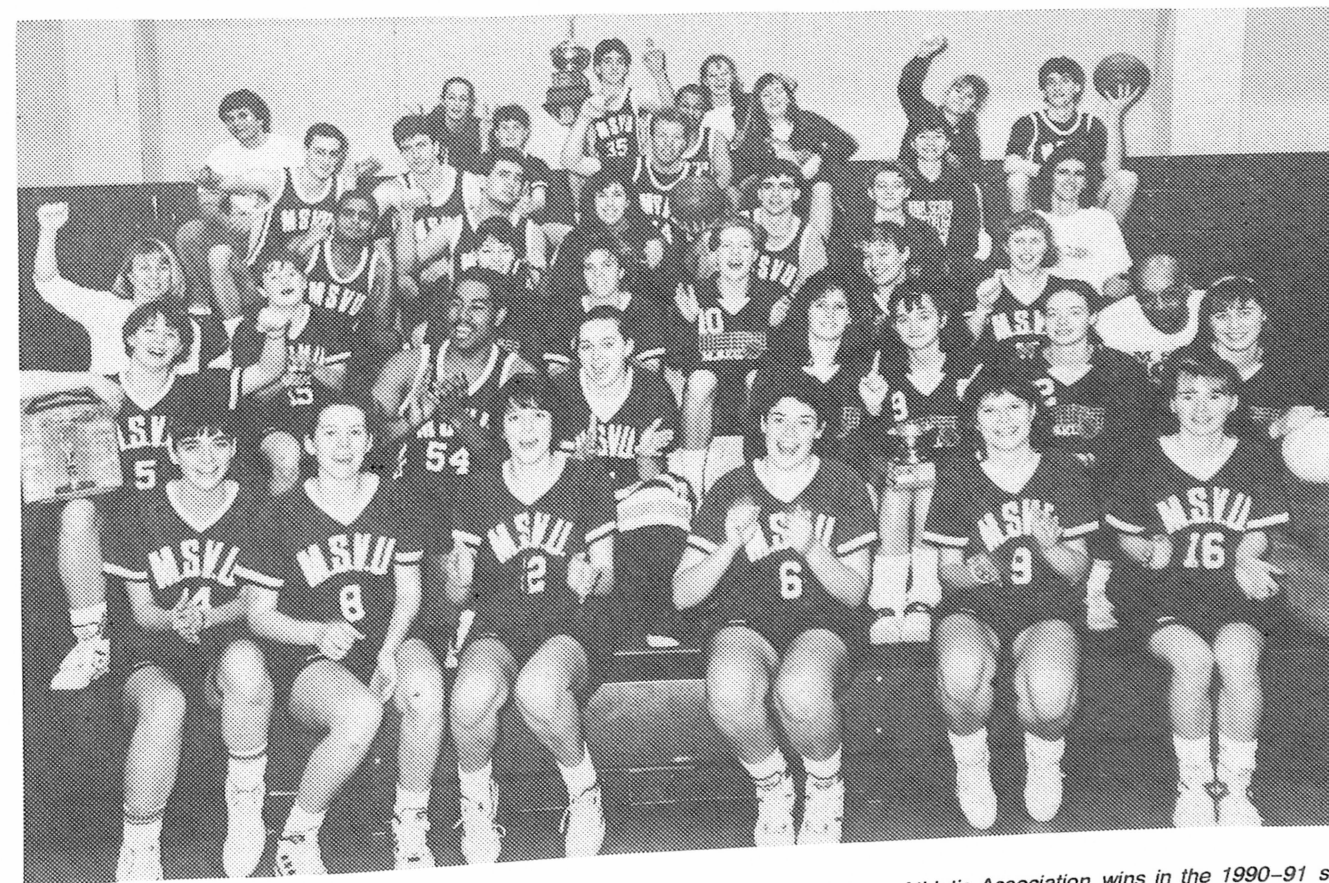
Mount Saint Vincent University

## ATHLETICS/RECREATION REVIEW

Special Supplement to **Campus Connection**

April, 1991

### NSCAA Championship Titles for Mount Athletics Teams Pinacle a Decade of Excellence



Athletes and coaches cheer and flash their trophies in celebration of Nova Scotia College Athletic Association wins in the 1990-91 season. Pictured are members of Women's and Men's Basketball teams and the Women's Volleyball team.

February, 1991, marked the tenth anniversary of the opening of Rosaria Centre and its athletics facilities. To celebrate the occasion, Mount Alumnae Athletes were invited to play once again during a Saturday

of Alumnae Games. Many athletes returned to say hello and show their stuff in friendly competition. While we are proud of the accomplishments of our athletes down the years, we're especially

happy to acknowledge this year's Mount team players.

Three of seven Mount teams took 1991 championship titles in Nova Scotia Colleges Athletic Association competition (formerly the NSCC).

Review continued on page A-4



### Women's Basketball

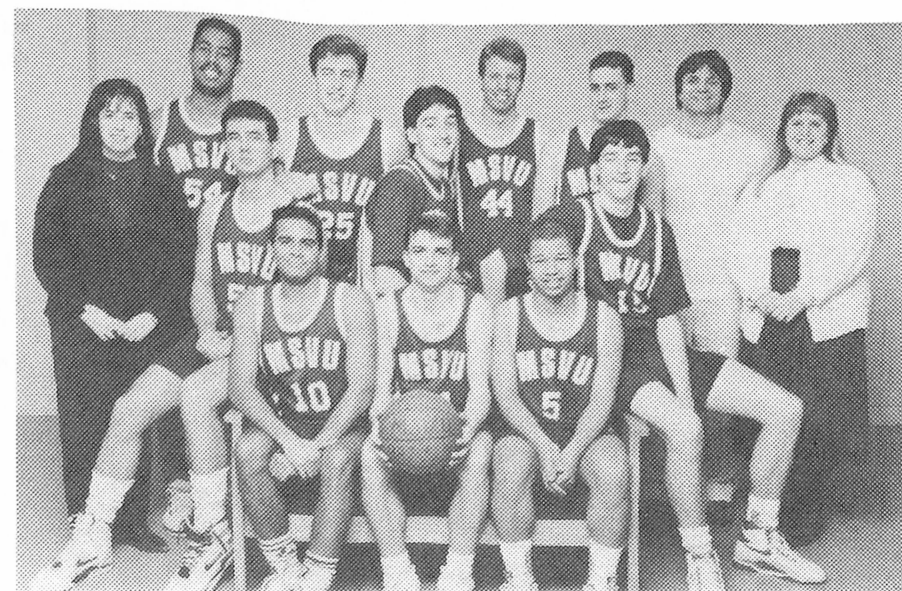
The women's basketball team successfully defended their NSCAA championship, winning twelve of sixteen games. Matched against a team from Saint Thomas University in the semi-final, the Mount women emerged as victors by a score of 57-50. Pitted against the Nova Scotia Teachers College team in the final, regulation play ended in a 54-54 tie. The Mount team broke the deadlock in five minutes of overtime play, taking the game 58-56. The Mount team won the NSCAA crown and the right to travel to the CCAA Nationals in British Columbia. Selected to the All Conference team were Alex Taylor, Andrea Drake and Jocelyn MacLean. Coach Anne Lindsay was named NSCAA Coach of the Year and was honored with the CCAA Coaching Excellence Award for her contributions to the sport.



**Women's Basketball** (l-r) back row: Heather Nicholson, Judy Blackwood, Audrey Norman, Alex Taylor, Nancy Carson; middle row: Gail MacDonald, Jocelyn MacLean, Wanda Skinner, Jeannie Glynn, Carolanne Coon; front row: Danielle Weatherbe, manager Denice Clark, Andrea Drake. Missing are coach Patsy Pyke and coach Anne Lindsay.

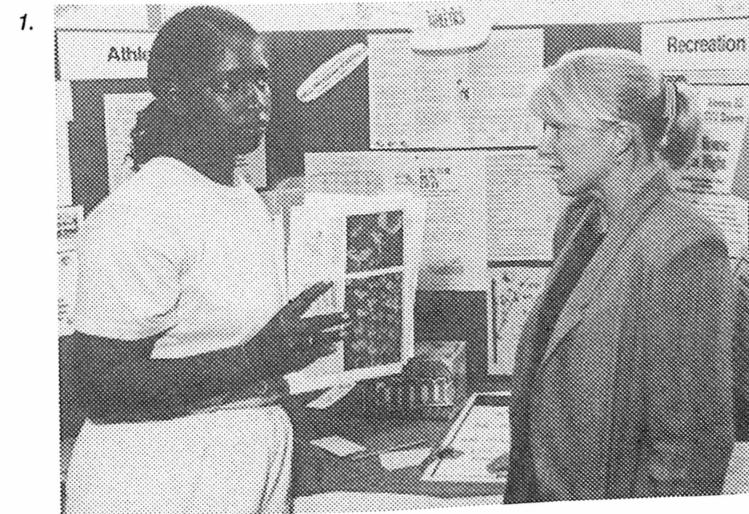
### Men's Basketball

The strongest team to date in any men's sport at the Mount, the men's basketball team finished the regular season with seventeen wins in twenty games. They eliminated the University of Kings College Blue Devils in their first championship game and trounced the Nova Scotia Teachers College 44-39 in the final. With the win, they earned the right to travel to Kamloops, B.C. for CCAA National Basketball Championship competition. Tony Ross and Mark Forward were selected to the All Conference team. Ross was named Rookie of the Year and Forward was chosen Canadian College Athlete Association All Canadian. Coach Rick Plato was selected NSCAA Coach of the Year.



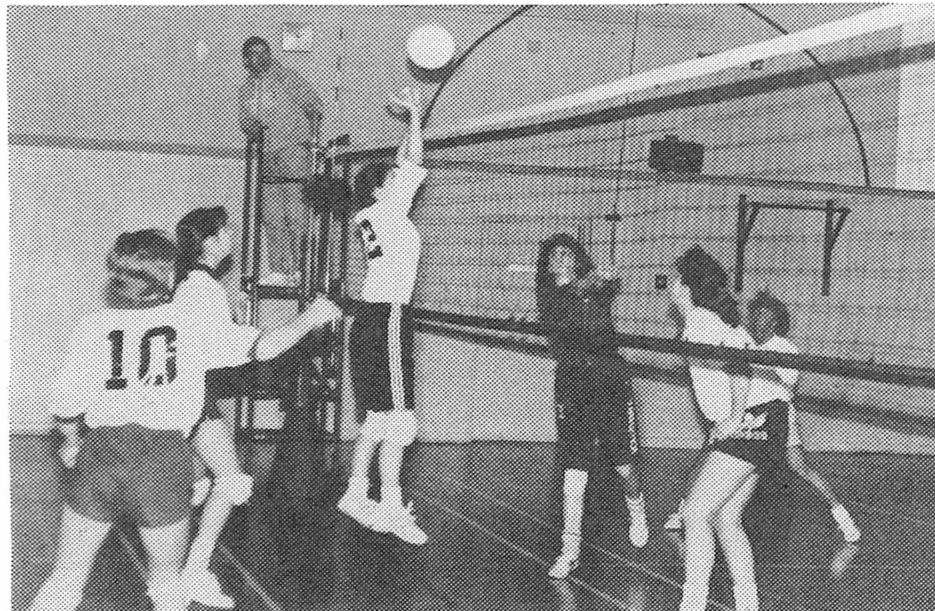
**Men's Basketball** (l-r) back row: Ray Adekayode, Jonathan Phillips, Wayne Keddy, Derek Johnston, coach Rick Plato; middle row: manager Nadine Hines, Dyrick McDermott, Anthony McNeil, Andrew McNeil, manager Andrea Plato; front row: Garnet Wright, Mark Forward, Anthony Ross.

## Throughout the year....



1. June Lumsden, co-ordinator of Athletics/Recreation, talks to a student about Athletics/Recreation facilities and services during the Information Fair, Orientation week, September, 1990.
2. Along with athletics/recreation events, intramural sports and NSCAA team competition in many sports, the athletics/recreation office offers many fitness programs and facilities.
3. The annual For the Run of It fun run in support of Adsum House drew many participants from the Mount community in October, 1990.





*Athletics/Alumnae returned to the Mount in March for friendly competition and to celebrate Rosaria Centre's tenth anniversary and a Decade of Excellence for Mount athletes.*

*Review continued from A-1*

After taking the championship from UCCB, our women's volleyball team travelled this month to the CCAA competition in Quebec City. This is an unprecedented ninth time in ten years that our players have taken part in the nationals.

In basketball, the Mount's women's team successfully defended their NSCAA title, which was first for them in 1989-90. As 1991 winners, they continued to the national finals in Kamloops, B.C.

The men's basketball team's NSCAA win marks a new page in Mount athletic history. After finishing first in regular season play, they defeated the Nova Scotia Teachers College for the NSCAA crown, and advanced to the national championships in British Columbia.

Several Mount athletes took their place on All Conference teams in soccer, volleyball, and men's and women's basketball.

None of these successes would be possible without the expertise and dedication of team coaches. Coach Anne Lindsay, women's basketball,

and Coach Rick Plato, men's basketball, were named Coaches of the year in their sport. Lindsay was also honored with the CCAA Coaching Excellence Award for her contributions to the sport. She has coached at the Mount for five years and was instrumental in developing the Mount's women's basketball program. Badminton Coach Rob MacKenzie was selected to travel with the NSCAA badminton team to the CCAA national tournament in Kingston, Ontario.

Along with organizing teams for College Conference competition, athletics/recreation continues to provide the whole Mount community with sport, fitness and recreation programs. New this year was the Active Living Resource Centre, focusing on providing educational resource information on health and fitness.

Whether woman or man, child or senior, all ages and descriptions walked through our doors. This year, intramural sports like volleyball, ball-hockey, badminton and

basketball drew up to fifty participants on any given night. Instructional classes in T'ai Chi and Jazz Dance were very popular. The weight room averaged 225 users per week, a 25% increase over last year. A roster of 22 fitness classes drew an average of 20 participants per class.

A Student Recreation Council assisted Athletics/Recreation throughout the year. A special note of thanks goes to them for organizing recreational events and keeping the Mount's student body up-to-date on all activities.

With superior athletes, dedicated coaches, and support from the co-ordinator and staff of the Athletics/Recreation office, the Mount's teams have continued to be successful. But it is the support of the university as a whole which really gives them the winning edge. Athletics/Recreation extends thanks to all in the Mount community who supported teams and programs, attended games, competed for the Mount or participated in athletic and recreational events.



*Women's Volleyball (l-r) back row: Elaine Collins, Justin Turpin, Verity Turpin, Tracy Karlik, Paula Ingarfield, Krista Naugler, Lore Megetto; middle row: coach June Lumsden; front row: Tessie Marryatt, Julie Roberge, Andrea Faulkner, Callie Davison. Inset: coach Howard Jackson.*

## Women's Volleyball

Winning seventeen of twenty-two matches this season, the women's volleyball team trounced University of Kings College in three straight games in the semi-finals. Pitted against the University College of Cape Breton in the final, the Mount team defeated UCCB in three straight games to take the Nova Scotia Colleges Athletic Association Championships for the ninth time in ten years. Julie Roberge, Elaine Collins and Paula Ingarfield were named to the All Conference Team. The team represented the NSCAA in the CCAA Nationals in Quebec City.



*Women's Soccer (l-r) back row: Monica Jackson, Lindsay Jones, Audrey Norman; middle row: Kim Dauphinee, Michelle Michalak, Sonya Powell, Shelly Eichel, Janice Parker, Lesley Coolen; front row: coach Patsy Pyke, Renee Powell, Keri Sutherland, Maureen Ryan, Shelly Snair. Missing are Jennifer Ayotte, Darcie Moore, Jennifer Golding and Jennifer Shebib.*

## Women's Soccer

Regular play ended this season with six wins, one tie and one loss for the Mount's women's soccer team. Entering the playoffs in first place, the Mount team defeated the Nova Scotia Agricultural College team 3-2 in their first championship game, but lost the final to the University of Kings College team, 2-0. Named to the All Conference team were Jennifer Golding, Shelly Eichel and Shelly Snair. Eichel was chosen Most Valuable Player and Snair was honored as Rookie of the Year.



## Co-Ed Badminton

Competing in five tournaments this season, the team placed third of six teams in the NSCAA Provincial Championships. Karrie MacDonald and Wendy Skeard placed second in women's doubles competition, while Kevin Devan and Gail Nash lost a close match to place second in the mixed doubles. Coach Rob MacKenzie, who was named assistant coach to the NSCAA team, attended the nationals in Kingston, Ontario.



**Co-ed Badminton** (l-r) back row: manager Karl Lingley, Patricia Lemon, John Kenyan, coach Rob MacKenzie; front row: Wendy Skeard, Inga MacLaine, Gail Nash. Missing are Karrie MacDonald, Scott Ferris and Kevin Devan.

## Cross-Country Running

Members of the Mount's cross-country running team began their year with the annual **For the Run of It** fun run. J.J. Poidevin and Tony Roach finished first and second respectively in the event. Competing in three NSCAA races this season, the women finished the season in third place overall.



**Cross-Country Running** (l-r) Denise Fraser, Steve Quinn, Christine Pernette. Missing are Tony Roach, Margaret Kenney, J.J. Poidevin and coach Norm Tinkham.

## BPR reunion planned

Public relations alumnae are "building on a decade" with celebrations and a scholarship fund kickoff this April as the Mount's bachelor of public relations program marks its tenth year.

To celebrate the more than 300 public relations graduates and the growth of the program and the profession over the decade, a day of special events is planned for current students, as well as a reunion banquet.

On Friday, April 5, panel discussions and drop-in sessions featuring alumnae will offer students an insider's view of the public relations profession. The sessions will look at non-profit, corporate and government public relations, public relations consulting, and further studies in the field. Later, alumnae, faculty and students will have a chance to chat at Vinnie's Pub.

The following day, BPR alumnae will be given a tour of the campus and an opportunity to explore the technology available to today's public relations students. There will also be a display of memorabilia in Rosaria Centre. The "Building the Decade" reunion banquet is slated for that evening.

Tickets for the banquet are available through the alumnae office, for \$50 — \$20 of which is a tax-deductible donation to the Bachelor of



**WAY TO GO!** The Mount's slow pitch softball team pauses for a pose at a barbecue capping last year's fun-packed first season.

Interested in playing this year? Contact Judith "Lefty" Shiers, ext. 249.

Last year's all-star lineup included: (first row, seated, left to right) Ray Glennen, Sandra Shepard, Janet Stutt, "Lefty" Shiers, Graham "Coach Tuck" Lavers; (second row, standing, left to right): Ruth "Klutz" Jeppesen, Carolann Broome, John Moore, Sue "Flash" McIsaac, Tanya Buckler, Dorothy MacInnis, Sharon Skipper, Sandy Hollett, Glenn Hollett; (third row, left to right): Bruce Densmore, Doreen Densmore, Judy McCluskey; (fourth row): Elizabeth Simpson.

Missing from the photo: Ann "Lucky" Cherry, Debbie "Pooky" Gladstone, Joyce "Bo Sox" Kennedy, Marg Muise, Annette "Ace" Newton, Mary Sue "Hacker-Sue" Radford-Hakansson, Rick Walkden, and honorary members Dr. Naomi Hersom and Chef Rene.

Public Relations Alumnae Scholarship Fund. A committee, chaired by Janet (Thomson) MacMillan (BPR '81), will

continue efforts to build this scholarship fund to the \$15,000 required before an award can be made.

## Visiting prof gives workshop on narrative and story

Dr. Jean Clandinin of the University of Alberta's elementary education department was on campus recently to give a workshop on narrative and story in teacher education.

The workshop, Seeing New Possibilities through Telling our Stories, was attended by public school teachers and education department faculty. Dr. Clandinin, who has written widely on the importance of narrative inquiry as a learning process, focused on the role of narrative inquiry in teacher education.

"Narration is how humans make sense out of experience," she said. The telling and sharing of personal stories, she noted, enhances self-knowledge, establishes a common ground among student teachers, teachers, and university faculty who teach teachers, and encourages a continuing openness to new possibilities.

"We all come into teacher education with personal, practical knowledge," Dr. Clandinin commented. We are also learners, she

said, and as learners "we need to reinvent ourselves again and again in terms of our changing environment."

In addition to exploring issues related to narrative inquiry and teacher education, participants also told and shared stories of their own related to their own experiences as learners.

Dr. Clandinin is currently setting up a centre for research in teacher development, at the University of Alberta.



# ACTIVE LIVING

## Health and fitness for the 90s

by Lisa Boudreau, fitness co-ordinator, and  
Anne Bulley, health educator

### Breast care vs. breast cancer

A monthly breast examination, although a stressful undertaking for most women, is a good example of preventive health care. Learning to examine our breasts properly and to become familiar with our bodies is a positive step in health care.

Every year 9,000 Canadian women, or one in 12, develop breast cancer. Early detection is still the answer, and with a monthly self-exam, and annual mammography beginning at age 45, we can take some control in an area of health and disease that sometimes seems out of control.

Learning about our family history as it relates to breast cancer is helpful. People whose mother or sister has had breast cancer are at higher risk. Diet and fitness also seem to be factors. There is good evidence that maintaining a low fat, high fibre diet and avoiding obesity, especially after menopause, can help protect us from breast cancer.

Reading and talking about breast cancer and its repercussions can also help to make the disease seem less threatening. For more information on breast cancer and self-examination,

drop into the health office, Rosaria Centre.

### Stress and exercise

Ask anyone who exercises regularly if working out helps to reduce stress, and they'll answer with a definite "yes!". Research shows that people who exercise regularly report a lower level of stress than do their sedentary counterparts. Researchers theorize that exercise affects stress level in both psychological and physiological ways.

To understand how, we have to first take a look at how the body reacts to stress. Anxiety causes the sympathetic nervous system to release "stress hormones" (epinephrine, norepinephrine, and cortisol). The resulting physical tension is accompanied by an increase in blood pressure, pulse rate, and arousal of our senses.

These physical responses prepared our primitive ancestors to flee or fight in the face of danger. However, the stresses we face today are more likely to be emotional or mental. Because a physical reaction is not necessary, the stress-induced energy remains "trapped" in the body.

The best way to vent this energy is to use it the way it was meant to be used — physically. Even a good, brisk 15-minute walk will increase blood circulation, use up adrenaline, establish deep breathing and have a calming effect.

So help to keep your mind and body healthy. Exercise them!

**Q.:** When does the new fitness session start?

**A.:** The winter fitness program continues until April 10, and the spring fitness program begins April 22. Between the two programs a week of Stress Burner Fitness Classes will be offered and the weight room and gymnasium will be open.



### Philosophy continued from page 6

classrooms." He introduces teachers to philosophy by having them engage in philosophical discussions.

"We're challenging the traditional roles of teachers and students, and it will take time before that really catches on," he notes. "Likewise, we're challenging the traditional role of teacher preparation since our approach emphasizes ongoing reflection on our practices and beliefs, which involves teachers working

closely with each other." To this end, Dr. Portelli has helped teachers to set up support groups where they can share experiences, information, and concerns.

"People, even very young people, can do philosophy," says Sharon Palermo. "It is not a case of the teacher 'putting out' and the students receiving. Together they create, and with time the students assume the greater creative role."

## Last regular issue of Campus Connection this year

This is the last regular issue of Campus Connection for this academic year. A Convocation issue will be published in the summer. Campus Connection will resume its regular monthly schedule in the new academic year.

## Caw Caw Caw-ling all crows!

by Amy Perritt, public relations student



Tree tops make good places to bed down for the night, as the Mount's large crow population returns to the campus each sunset to roost.

Ever wonder why so many crows flock to the Mount campus around sunset?

"It is the number of crows here that is the phenomenon," says Dr. Robert McDonald, a professor with the chemistry department and an avid bird watcher. Dr. McDonald has been keeping an eye on the crow population on campus for many years, and has noticed a marked increase in their numbers since 1975. Today an estimated 2,000-3,000 roost here.

They are punctual birds. They meet above the campus, in higher areas like the Motherhouse, one hour before sunset. They retreat to the middle levels of the campus 15 minutes to a half hour later. By dark, they reach their final roosting destination, the tree tops between Rosaria Centre and Seton Academic Centre.

Last year students Lorna Crawford and Tracey Parnell conducted crow surveys as assignments for one of Dr. Fred Harrington's psychol-

ogy classes. Their observations shed light on why the campus draws these birds.

"They like to stay around a forest but not one that is too dense, so the Mount is perfect," comments Crawford. She and Parnell surmised that plentiful food sources nearby add to the appeal. Early risers, the crows leave the campus around 6:15 each morning in groups of 50 to 500, and head inland and toward Bedford in search of food. They feed at the fish pounds in Bedford, garbage disposal

sites at shopping malls and fast food restaurants, around the Bedford Basin and in school yards.

After a day foraging, they flock to the campus again, piercing the air with their sharp "caw". Crawford and Parnell noted that the pattern of their movements from higher to lower ground is probably stimulated by instinct. The birds may congregate to the higher areas first because these are less shady and therefore, warmer during daylight. Also, visibility is better from higher ground. As evening progresses, the movement downhill may be prompted by the greater protection from predators offered by the lower regions, as well as more wind protection. Their loud communication with one another at the roost is believed to be about the food sites which they will visit the following day.

Crows, along with jays, magpies, and ravens, belong to the taxonomic family "Corvidae", which is characterized by omnivorous behavior and the use of a wide range of methods to obtain food. Crows are sociable birds, usually found in pairs or flocks. Some flocks are known to roost in one area for as long as 125 years.

## ON THE MOVE

Dr. Jacques Goulet, chair of the religious studies department, has been elected for a three-year term on the executive of the Canadian Society for the Study of Religion. Dr. Goulet has also been elected for a two-year term as president of the Atlantic Institute for Pastoral Training.

\* \* \*

Renate Usmiani, English department, has just published a new book, *The Theatre of Frustration*, with the

Garland Series in Comparative Literature: Garland Publishing Company, New York. Recently, Prof. Usmiani also gave a paper on The New Realism in Art and Theatre at the Comparative Drama Conference at the University of Florida in Gainesville, and travelled to Ottawa to attend a meeting of the Social Sciences and Humanities Research Council of Canada's Selection Committee for the Fine Arts.

\* \* \*

Carole Hartzman, modern languages department, is currently offering a six-week Spanish course on Culture and Society of the Dominican Republic. The credit course, offered through Saint Mary's University, will take place in the Dominican Republic. Prof. Hartzman will examine four broad aspects of culture and society in that country: Dominican society, politics, and economics; women in development; art and popular culture; and the popular church movement. Prof. Hartzman is currently on sabbatical leave from the Mount.



## The Mathematics Placement Test

The mathematics and computer studies department is offering Mathematics Placement Tests on the following dates:

Thursday, April 11 at 3 p.m.

Tuesday, April 23 at 10 a.m.

Thursday, May 9 at 3 p.m.

Monday, May 13 at 3 p.m.

Tests take place in Evaristus Room 108. The Mathematics Placement Test is required for entrance into 100-level courses and mathematics 203, except for students with the proper university prerequisites. Students must write the placement test before registering for their mathematics courses, but not necessarily in the same semester.

No pre-registration fee is required, and results are given at the time of writing. Maximum time for writing is two hours. No calculators are permitted. Please bring a pencil. Sample questions are displayed on the bulletin board, Evaristus Room 158.

For more details consult the university calendar. Please watch for notices of additional Mathematics Placement Tests during the week of pre-registration.

*Novel continued from page 2*

relatively new, "the stakes are higher to prove its worth." So far, he says, the implementing agencies are satisfied with the assessment project, and people involved in the industry are happy to have a say in affecting policies that impact on their daily lives. "The World Bank and the government of India are viewing this project as a sort of test case."

While Dr. Tharamangalam will continue his research interest in the beneficiary assessment project, The Institute for Social and Economic Change's new sociology/anthropology department chair will assume directorship. "The experience has been invaluable for my research and teaching. Eventually I would like to apply beneficiary assessment methodology to projects closer to home."

## Care for the Caregiver trains 30 peer counsellors

Last fall Anne Perry took part in a peer counsellor training workshop sponsored by the Mount's Care for the Caregiver project. Two workshops trained 30 participants from around the province to act as advisors to people who provide home care to their elderly spouses or parents, and to facilitate support groups. Since then, she and four other peer counsellor trainees from the Halifax area have been busy planning, and securing funding for, a series of caregiver workshops for this spring.

"At the peer counsellor workshops, those of us from the metro area agreed to work together to get something going. We felt that we couldn't waste time," says Perry, a retiree who is actively involved in projects with seniors.

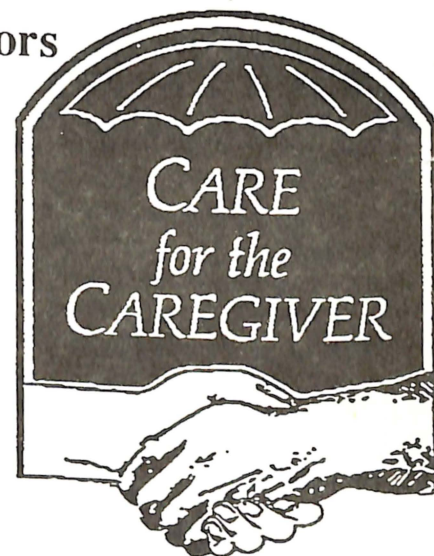
Care for the Caregiver director Roberta Way-Clark says that Perry and her group are putting into action what the peer counsellor workshops had intended — that, once armed with the the skills, trainees themselves would act as resource people for caregivers.

"We knew from the start of the Care for the Caregiver project that just

two of us couldn't fill the need by ourselves." While she and Learned have held several workshops around the province, she notes that "we can't hold workshops everywhere they're needed. And it's important to have a locally-available resource person."

Each training workshop, held over a two and a half day period, consisted of presentations by guest speakers, smaller group discussions, and role plays with simulated caregiver workshops. Presentation topics ranged from basic counselling skills and stress management to an overview of the aging process and psychological aspects of aging. "Peer counsellor training was one of the most difficult, expensive and time-consuming parts of the project, but was also one of the most valuable," explains Way-Clark. "Care for the Caregiver covered all expenses for participants. Plus we had to co-ordinate bringing in several guest speakers for each workshop."

Care for the Caregiver is sponsored by the Mount's gerontology department and Centre for Continuing Education, and is funded under Health and Welfare Canada's Seniors Independence Program.



## Campus Connection

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