THE PICARO

MOUNT SAINT VINCENT UNIVERSITY STUDENT NEWSPAPER Wednesday, October 12, 1983

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Universities and business— A collaborative relationship

by Beverly Jobe and Elizabeth Finck Staff reporters

Prominent members of the Halifax business community sat on a panel at the Mount on Thursday, October 6, to discuss the question, "Universities and the Business World: A Collaborative Relationship?". The panel discussion was part of National Universities Week.

Moderator of the panel, Vice-President of Administration for Dalhousie University, Robbie Shaw, said that there is not a collaborative relationship. Shaw said, "The general attitude of business vis à vis universities is that universities are ivory towers". Shaw also believes students do not learn the skills they require in the workplace and professors do not understand how the real world operates. He went on to say research programs are too isoterical. "The general attitude of universities towards business is that business is too bottom line oriented ... too conservative . . . business in Nova Scotia is dominated by two or three families and business does not support universities" said Shaw.

Shaw also stated part of the reason for these attitudes is too few forums in which business and universities meet. A few months ago, in an attempt to develop better dialogue between the two, the Corporate Higher Education Forum was imple-

Chairman and Chief Executive Officer of Maritime Tel and Tel, Struan Robertson said that managerial competence is less here than in the U.S. In some ways, said Robertson, formalized education programs for managers and administrators are an essential part of the business organization to secure the required personnel.

However, Robertson continued on to say, "The connection between formal education and managerial performance is difficult to assess but it certainly is something that there is a co-relation between".

Robertson said part of the problem is a stampede of students from other areas of study to schools of business administration and commerce in recent years. Some argue there may not have been a proper re-alignment of resources in universities to meet this stampede. Robertson feels the reason for this may be "because universities are still directed and operated by what some refer jokingly to as the Liberal Arts Mafia."

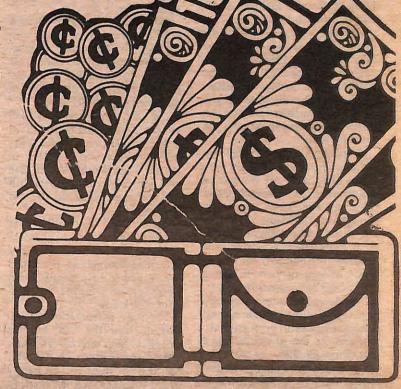
To exemplify this improper realignment of resources Robertson revealed that 51 percent of the students at Saint Mary's are enrolled in the Business Administration field and that only approximately 25 percent of the faculty are teaching business.

In referring to the problem of the non-collaborative relationship between universities and business, Robertson said that coop programs are not necessarily a remedy for all ills. "Although some businesses benefit from hiring co-op students," said Robertson, "other businesses take a co-op student only because they feel a corporate responsibility."

In conclusion Robertson said if organizations run on skill training alone, tunnel vision will eventually result. The broader theoretical view obtained through university education, he believes, provides the "basic underpinning for complete managerial education."

The second panel member, Hugh MacPherson, is the president of Seimac Ltd., an electronic engineering consultancy. MacPherson focused on the small business viewpoint and the future of "collaborative research" between universities, and business. "Professors and business people can exchange ideas and equipment," said MacPherson.

MacPherson also stated that collaboration provides faculty and students with "a window to what's going on in the outside world" and added that a collaborative relationship is not onesided. He concluded that business and universities working together can benefit each other and be strong in their ability to face new challenges. Seimac and Dalhousie have just concluded a five year agreement for transfer of information from university and industry.



The third member of the panel was Tim Taylor. Taylor is the Public Affairs Advisor for Imperial Oil in the Atlantic Region. Imperial, Canada's largest corporate contributer to universities, has a budget in excess of 3 million dollars for higher education. "On a per capita basis Atlantic Canada receives most of the funding," Taylor said.

Taylor outlined five ways in which corporations can support universities. They are, capitol funding, non-capitol funding (provision of buildings, equipment, etc.), university and research grants (in both social and physical sciences), graduate research fellowships and higher education awards.

Taylor said that in terms of specific "Imperial" objectives,

"they want to heip maximize efficiency of universities and conserve quality graduates to recruit into the Imperial ranks."

As the panel closed Robbie Shaw commented on the need for "program rationalization" between universities. As an example he cited the existence of 5 physical education programs in Nova Scotia and questioned the need for such an overlap.

Robertson added that he would like to see more resources devoted to Business Administration but said, "I think we are getting reasonably good value in terms of the quality of students. It just needs more resources put in."

The panel was sponsored by the Mount Saint Vincent Board of Governors.

Two standing ovations at president's assembly

by Christopher Williams Staff Reporter

An exhilarating speech and a musical performance both earned standing ovations last Wednesday at the annual President's Assembly in the Mount's Seton Auditorium.

Hosted by MSVU President Margaret Fulton, the 'get to know you' event featured a thought-provoking address by Futurist Ruben Nelson and a musical performance by the CFB Stadacona Band. Both guests received standing ovations.

Mostly full-time, first year students had gathered for the event. Many did not know what was in store.

Introductions were provided by Sister Patricia Mullins of the MSVU Corporation; Larry Hayes, Chairperson of the Board of Governors, and other members of the university communi-

While acknowledging the importance of these members, Fulton reminded the audience to view the new plaque of Mother Elizabeth Seton, unveiled last Tuesday in the Seton lobby.

Student Council President Mike MacLean made brief comments at the assembly emphasizing the availability of the Student Union. "Our doors are open to everybody," he said.

Progressing smoothly through the program, the MSVU choir managed to lead the assembly in the singing of Gaudeamus Igitur. The Stadacona Band accompanied the voices with a strong, fully orchestrated sound.

Nelson, a dark haired, devout professional in the field of analyzing social change, entranced the audience for over 20 minutes. He covered a wide range of topics which he acknowledged were highly pessimistic. However, Nelson dismissed a pessimist "as only an optimist with a good upbringing."

"If you haven't noticed that our future is in question, then you haven't been paying attention," Nelson stated, raising the question of nuclear annihilation. The audience seemed to draw a breath. "And what do we do if we don't blow ourselves up?" he asked.

This led him to the theme of 'We Have the Future in Minds', the slogan for National Universities Week. Nelson scoffed at the theme, saying it is only an advertising slogan to make more money for universities. He said the slogan was critically accurate but stated

nothing of the quality of our minds. "If our minds are disturbed and corrupt, so will our future be," Nelson said.

He used the pun "Mind Matters" to explain how our minds must become one with our flesh and he touched on the "overwhelming patterns of the mind which dominate today's culture. The shape of the human mind in our culture today has no future!" he said.

Some in the audience reacted positively by nodding their heads. Others may have held back objections to his radical philosophies which at times hovered near the boundaries of the Sex Pistols. Still the address continued.

Nelson criticized universities, particularly the Mount, as "not being intellectual enough." He challenged the university to truly take heed of the slogan. He asked those in the audience to improve the quality of their minds as well as prepare them for the future.

The standing ovation lasted over one minute. The Mount had accepted the challenge.

Fulton regained the microphone and was, almost, at a loss for words. She thanked Nelson for his "food for the mind."

The program continued with greetings from representatives of the federal and provincial governments, the latter speaker emphasizing that the future was happening now and that it's resources were seated in the room. Again the Stadacona band charged up the audience with "I'd Like to Teach the World to Sing" and the painfully traditional, "Consider Yourself."

Death and Dying workshop

A public talk and weekend workshop entitled "A Contemplative Approach to Death and Dying" will be held in the Faculty Lounge, 15th Floor, Tupper Medical Building, 5859 College Street, Halifax. The public talk will be at 8:00 p.m. Friday, October 14, and will be followed by a panel discussion. The workshop will be Saturday, October 15, from 9:00 a.m. to 4:00 p.m. and Sunday, October 16, from 9:00 a.m. to 1:00 p.m. All interested persons are welcome.

The speaker is Judith Lief, Dean of Naropa Institute, Boulder, Colorado. Mrs. Lief has taught courses on death and dying in the Naropa Institute Buddhist Studies and Psychology departments since 1976. She is also a well-known scholar and lecturer on the **Tibetan Book of the Dead**, a Buddhist text that describes one's experiences at the time of death.

Participating in the panel discussion on Friday night are Mary Caan, Hospice Nurse and Educator at the Victoria General Hospital and Rev. Dr. Avery Kempton, Dalhousie Chaplain for the United Church, a pastoral counsellor, educator, and minister well-known for his interest in helping persons facing death or other personal losses.

The program is sponsored by Amara, a multidisciplinary association of health professionals. The fee for the public talk and workshop is \$35, or \$25 for those who pre-register. The fee for the Friday night talk alone is \$5. For more information, contact Christine Sloan, Coordinator for Amara, 424-7052 (days).

A CUSO information meeting will be held on Thursday, Oct. 13 in Seton Annex No. 12 at 1:30 p.m. Anyone interested in becoming involved in a CUSO committee on campus is invited to attend.

The Picaro will be sponsoring a lecture by Corrie Douma and a short movie produced by Amnesty International in conjunction with Amnesty International's Prisoner of Conscience Week from the 16th to the 22nd of October. The movie and lecture will take place in Auditorium A on the 20th of October at 3.00 p.m. All those interested in learning more about the reality of political oppression and the denial of basic human rights in the world should plan to attend.

To all co-op students going out in January.

Meeting Friday October 14, 2-3:30.

Duet classroom Seton annex. Purpose: Resumé update and portfolio presentation.

Break the pattern of poverty

A slide presentation will be given in Auditorium "C", Seton Academic Centre, at 12 noon on October 18, 1983, by Raymond ven der Buhs, Managing Director of USC Canada. Mr. ven der Buhs is on a speaking tour of Nova Scotia.

He has participated in surveys of USC development projects in Bangladesh, Botswana, Indonesia, Lesotho and Swaziland. He is currently Chairman of the Canadian Steering Committee of the South Asia Partnership.

The USC was founded in 1945 by Dr. Lotta Hitschmanova in order to help people who were left homeless and helpless in Europe after World War II. She was particularly concerned with the orphaned children, the old and the sick.

Since then the USC has worked continuously to alleviate suffering and hardship in many countries throughout the Third World and to help people learn how they can improve the quality of their lives.

The slide presentation will illustrate how the USC teaches people to help themselves break out of the pattern of poverty. Mr. ven der Buhs will be happy to answer questions in regard to the agency's work.

For more information contact Chaplaincy Office, Rosaria Centre, Rm 118, Ext. 354.

Our world in the 80's

Our World in the Eighties, a discussion series about Central America, will focus on Honduras. The speaker will be Father Hugh MacNeill, priest in Honduras for seven years. The program takes place at the Main Library, 5381 Spring Garden Road on Thursday, October 20 at 12 noon. All welcome.

Our World in the Eighties—a discussion series about Central America will focus on Nicaragua with Judy Mills, Medical student and participant in the 1983 study tour of medical facilities. The program takes place at the Main Library, 5381 Spring Garden Road on Thursday, October 27 at 12 noon. All welcome.

Arms Race Lecture

Alternative Roles for Canada will be the topic of the lecture/discussion series The Arms Race—Who's Winning? at the Main Library, 5381 Spring Garden Road on Wednesday, November 2 at 7:30 p.m. The program will be in the form of a panel discussion, panelists will include C.G. Gifford, Chairman and Co-Founder of Veterans for Multilateral Disarmament and Arthur Andrew, former Canadian Ambassador to Greece.

The program will be moderated by Dr. Michael Cross, Associate Dean of Arts and Science, Dalhousie University. This program will be the last in the series which has been sponsored by Dalhousie University, Part-time Studies and Extensions, Halifax City Regional Library, Mount Saint Vincent University, Centre for Continuing Education, Saint Mary's University, Division of Continuing Education and Saint Mary's University, International Education Centre with financial assistance from Disarmament Division, Department of External Affairs-Canada.

The Arms Race—Who's Winning?, a lecture series at the Main Library, 5381 Spring Garden Road will continue on Wednesday, October 19 at 7:30 p.m. with a talk entitled Canada's Role in the East/West Confrontation. The speaker will be Vice-Admiral J.A. Fulton, C.M.M. (retired). Everyone is welcome.

A recent gallup poll commissioned by the Ecology Center in September, showed 61 percent of Nova Scotians were opposed the use of 2-4D, and 2-4-5-T herbicide spraying in Nova Scotia forests, as opposed to 16 percent in their favour.

Environment minister Greg Kerr has been downplaying the province wide opposition to the herbicide spraying, by questioning the validity of this well respected poll.

The Dal-Kings Young New Democrats encourage you to write to your MLA and state your position against herbicide use and for responsible forest management.

On Sunday, October 16, 1983 there will be a general meeting of the Dal-Kings Young New Democrats in the SUB building room 100 at Dalhousie.

Elizabeth Mao will speak on herbicide spraying in our forests. All interested persons are welcome.

ce First aid courses

St. John Ambulance will conduct three C.P.R. courses in October at their Provincial Headquarters, 5516 Spring Garden Road:

1) The basic course called the "Heartsaver" will be held twice, October 5 from 6:00 p.m. to 10:00 p.m. and October 26 from 6:00 p.m. to 10:00 p.m.

2) The advanced course called "Basic Cardiac Life Support" on October 21 from 7:00 p.m. to 10:00 p.m. and continuing October 22 from 8:15 a.m. to 4:30 p.m.

A five-day Method of Instruction Course will be held October 17 to October 21 from 8:15 a.m. to 4:30 p.m. each day.

St. John Ambulance will conduct two one-day Emergency First Aid Courses at their Provincial Headquarters, 5516 Spring Garden Road:

1) October 5, 1983, 8:15 a.m. to 4:30 p.m.

2) October 25, 1983, 8:15 a.m. to 4:30 p.m.

For more information and registration, please call 454-5826.

The Centre for Art Tapes in presenting the 1983 Whitney Biennial Video Exhibition which will run from October 3 through to November 11. This week opens on Monday, October 10 at 8:00 p.m. with the following selection of tapes; Meta Mayan II by Edin Velez, U.S Sweat by Shalom Gorewitz and After Laughter by Stan Vanderbeek. The Centre is located at 2156 Brunswick St. For more info call 429-6399.

St. John Ambulance will offer its first "Health Care for Seniors" course every Monday, 1:30 p.m. to 3:00 p.m. from October 17 to December 5 at the Senior Citizen Activity Centre, 5596 Morris Street, Halifax.

The first session, on October 17, will be an introduction to the health promotion program and registration.

Anyone over 55 who is interested in this course, should phone Louise Lalonde, Health Care for Seniors Co-ordinator, St. John Ambulance at 454-5826.

St. John Ambulance will conduct two two-day Standard First Aid courses at their Provincial Headquarters, 5516 Spring Garden Road:

1) October 15 and 16 8:15 a.m. to 4:30 p.m. each day

2) October 26 and 27 8:15 a.m. to 4:30 p.m. each

For more information and registration, please call 454-5826.

A special open class for the general public is being offered by the Home Economics Department at Mount Saint Vincent University during National Consumers' Week (October 22-29).

The class will consist of a talk by Margaret Holgate, of the Home Economics faculty, entitled "Buying a Home and Choosing a Mortgage", which ties in with the week's theme: "Housing—Shelter in the 80's".

It takes place in Auditorium D, Seton Academic Centre, 7-9 p.m. on Wednesday, October 26. Everyone is welcome.



Dr. Ernie Regehr, Director of Research for Project Ploughshares, University of Waterico Jean Brown-Hicks, Coordinator, Community Servic Halifax City Regional Library Halifax City Regional Library October 12 East/West Relations - Super Power Rivalries George Gruca, Operations Research Analyst, Maritimo Command Dr. Joyce Kennedy, Assistant Director, Centre for Continuing Education, Mount Saint Vincent University Halifax City Regional Library October 19 Canada's Role in the East/West Confrontation Vice-Admiral J. A. Fulton C.M.M., C.F. (retired Dr. Guy Chauvin, Chairperson of Political Scie Department, Saint Mary's University Halifax City Regional Library October 22 The Arms Race and the Nuclear Question Dr. Rosalie Bertell, American cancer research ecientist, member of the Grey Nuns of the Secred Heart Mount Saint Vincent University, Seton Academic Centre (Sponsored by the Staters of Charity, Social Saturday October 26 **Disarmament and Development** Or. Inga Thorsson. Former Undersecretary of State for Disarmament in the Government of Sweden, presently Ambassador at Large, Sweden Seint Mary's University, McNally Administration Building Theatre Auditorium **Alternative Roles for Canada** November 2 C G. Gifford, Chairman and Co-Founder of Veterans for Multilateral Discornament Marion Kerans, Member of Voice of Wernen and Project Arthur Andrew, Former Canadian Ambassador to Greec Dr. Michael Cross, Associate Deen of Arts and Science, Delhousto University Halifax City Regional Library Dathousie University, Part-time Studies and Extension: Halifax City Regional Library: Mount Saint Vincent University, Centre for Continuing Education. Saint Mary's University. Division of Continuing Education. Saint Mary's University, International Education Centre.

LECTURE/VIDEO
THE PICARO
presents
Corrie Douma of Amnesty
International & the video
My Neighbors Son: The making
of a torturer
Oct, 20th 3:00 Aud. A

Liberal youth: "Grass roots political mechanism"

by Barrie Dunn **Staff Reporter**

Imagine the clamour of three million voices collectively aimed at the political system of Canada. If effectively mobilized, these individuals would present an awesome force in the political battleground.

These three million represent the "forty per cent of the electorate who will be under the age of 30 in the next federal election," explains Dennis James, president of the Nova Scotia Liberal Youth Commission. "We're trying to reach that group."

James spoke to the Mount St. Vincent Liberal Youth Club last Wednesday evening in a primary attempt to reach that very group. In an effort to revive the club which has been dormant on campus for the past two years, 14 students assembled for the club's first meeting. Organized by Gerard Bodell, a Religious Studies student attending the Mount, the organization's immediate plans are to elect an executive of four officers. The nominations and elections meeting is scheduled for Monday, October

There are potential problems with the elections procedure of which Bodell is well aware. As the club's constitution now provides, any student on campus (under 25) is eligible to vote for candidates. Conceivably, a candidate could assemble a large group of friends, ostensibly Young Liberal supporters, but in reality, to attempt to stockpile votes for the candidate. This is the smaller scale version of the problem that befell the delegate voting procedure of the Federal Progressive Conservatives at their leadership convention last June. To prevent that from happening with the Liberal Youth elections, Bodell said, "This will have to be corrected in the constitution." The constitution, however, cannot be amended until after the new executive has been elected. "One of the priorities of the club will be to decide specific criteria about voting privileges," said Sonia Dudka, Youth Co-ordinator of the Nova Scotia Liberal Association.

The constitutional problem of exactly who can or cannot vote is of special interest to the organization, particularly if a nationleadership convention is called by the Federal Liberals.

"This club will grow fast the day Trudeau resigns," said Dudka. "There are paper Liberals who will just want to go to the convention." Amid constant speculation, but with no definite word from Prime Minister Trudeau, Liberals are planning for a convention just in case. Liberal party spokespersons have been noticeably reticent about whether party members want a convention. Others have not. Said Bodell, "There will probably be, and hopefully be, a national leadership convention." However James predicted, "If Trudeau doesn't resign by January '84, he'll run in the next election."

In the meantime James believes there is enough to be concerned with on the provincial level. "We're reading things

from various MLAs that a provincial election will be called next spring," he reported.
"There have been nomination meetings for Liberal candidates in Cape Breton and Annapolis already." One of the functions of the MSVU Liberal Youth Club, according to James, will be for them to get involved with the "grass roots political mecha-

An objective of the MSVU Liberal Youth Club as outlined in the manifesto is to provide a dialogue between young Canadians and the national Liberal Party. The National Liberal Youth Commission sees this objective as a major priority. That is why they have been lobbying for the creation of a new government portfolio; namely the Ministry of Youth. Although this idea has been discussed within the Liberal Cabinet, Dudka stated that there are no immediate plans to establish a ministry of this nature. "We actively support this development," she said, "even though it looks like it won't happen until after the next federal election."

Apparently a Ministry of Youth has not been established because of apprehensions that its creation would add further to government bureaucracy. According to Dudka, such a ministry would eliminate bureaucracy by bringing various departmental youth programs under one

Perhaps the underlying reluctance to establish such a portfolio stems from the fear politicians have of unifying such a potentially powerful group of voters. Some of these voters may have reason to be more vocal than others. According to figures released last Friday by Statistics Canada, in the under 25 age group of the labour force, there is 17.8 per cent unemployment.

"If you have something to say," said Dudka, "age is insignificant." In this segment of youth there are indications that they indeed have something to

Supplemental exams abolished

by Rachel Bachman Staff reporter

Supplemental exams are no longer an option for faculty or students at the Mount. On January 31, 1983, a motion was passed by the Senate of the University abolishing supplemental examinations for all courses taken after May 1, 1983.

"It's not as if students are left out in the cold on this", says Dr. Rosemary Sampson. Dr. Sampson, a Senator and professor at the Mount, said that "a student can always appeal a mark". The proper procedure for appeals is available from the registrar's of-

She also said that "no one had a right to a sup" as the professor's discretion was used in giving an FS, which is the notation to signify eligibility for writing a supplemental. There had been quite a number of limitations on writing the exams as well. Students on academic probation, for example, were not eligible to write. Students also had to pay to write the supplemental and were only permitted to write 1 per semester.

Before the motion to abolish the exams was passed, Dr. Susan Clark, Dean of Human and Professional Development, cited several reasons why the recommendation was made. She said that most students entitled to write the supplementals don't, and that those who do, usually only pass marginally.

A supplemental exam is of no use in determining eligibility to register for a "B" course which has a pre-requisite because it can only be written after the registration deadline for "B" courses. Dr. Clark also stated that some faculty did not seem to take the task of setting a supplemental too seriously because of all the work involved and often the student didn't show.

Although the grade FS is no longer given, the notation INC (incomplete) is still in use. An incomplete is not a grade but it is used to indicate that the student and faculty member may come to an agreement on work to be done before a grade will be

The 1983-84 university calendar retains a section on supplementals exams but a notice to students telling of the change can be found in the registrar's office and was to be included in all mail-outs to students during

This notice was also sent to all faculty and administrators through the campus mail and was on the various faculty desks during registration.

Jon White, Chairman of the Public Relations Department, who was away on sabbatical last year, admitted that he was not aware of the Senate decision. He is in agreement with the decision, however, stating that he was "not in favor of giving supplementals".

Jewish students encouraged to meet

by Cheryl McCarron Staff reporter

The Atlantic Provinces Jewish Student Federation (APISF) encourages Jewish students from the Atlantic provinces to meet on a non-religious basis.

The Federation was formed three years ago in Halifax in affiliation with the national network in Toronto. This year the group consists of 100 members from Halifax and Dartmouth and for the first time has representatives from each of the Universities in the Atlantic prov-

Lawrence Chippin, president of the APJSF, reports that this years activities began on October 1, with a harbour sail on the Mar II and continued on October 6, with the first in a series of lectures. Erol Araf presented a video entitled "NBC in Lebanon"-"A Study of Media Misrepresentation" at the Dal Sub. This was followed by a discussion.

On November 11, Chippin says, the group leaders hope to have a seminar in Windsor at which time plans can be made for the upcoming year. A seminar in New York will be held on Christmas day for members from across Canada and throughout the United States. The agenda has not yet been released.

Any student wishing to join the APISF should call or drop by the main office at 1515 South

Chippin said the federation operates solely on a donation basis and this year a budget of \$2,700 has been received from their main sponsor; the Atlantic Jewish Council. He feels \$2,700 is a substantial amount and is confident that the upcoming year will be a success.

Pension Plan discriminates

HALIFAX (CUP)-Women are facing economic hardship because of an archaic Canada Pension Plan, according to Ottawa lawyer Louise Delude.

Delude, speaking at a Halifax

conference on discrimination against women homemakers Sept. 30, said unfair pension benefits contribute to the poverty of many elderly women.

A 65-year-old widow receiving maximum survivor's benefits from the CPP in 1982 was only entitled to \$6,800 a year, including their old age security and guaranteed income supplement. The poverty line for a large city is \$8,000 a year according to Stats Canada.

Homemakers are the least recognized, least paid workers in our society," said Delude.

Pension reform is a priority for the National Action Committee on the status of women, said De-

Suggestions include pegging homemaker's pensions to the wages of paid housekeepers. At present paid housekeepers earn rape problem an average of \$9,200 a year.

At the Art Gallery

by Shelah Allen Staff reporter

The works of Maxwell Bates and Joleen Gordon will be featured when the Mount Art Gallery hosts its next opening and reception, Friday October 21, at

Bates, an important Western artist, is noted for his work in formulating a Canadian brand of early modernism. The exhibit, to be located on the ground floor, is entitled Landscapes 1948-1978.

Joleen Gordon's basketry display combines the MicMac, Black, and European traditional styles with her own non-traditional forms. The show, located upstairs, is accompanied by a

In conjunction with this display, workshops in the art of basket weaving will be held on October 25 and 29. For further information about these and other up and coming events, see the "What's Happening" column or drop by the gallery.

UNB fails to acknowledge

FREDERICTON (CUP)-Five rapes and two sexual assaults occurred at the University of New Brunswick in September alone, says Lisa Bamford of the Fredericton Rape Crisis Centre.

Bamford said the number of attacks is not unusual. The only difference, she says, is more people are talking about it and there is more media coverage.

Hazel Lahey, dean of women at one of the residences, said

women on campus are upset by the incidents.

But despite the number of attacks, UNB officials and city police are reluctant to acknowledge the problem.

UNB president James Downey said "the figures seem high to me but I won't argue with them simply because I have no basis to do so."

"I don't see it reaching crisis proportion," Downey said.

A Fredericton police spokesperson said two rape cases on campus are currently under investigation.

"We can't point a finger at the campus and say there is our major problem area because the infrequency of the reports coming to us would not indicate a problem there," he said

Thatcher's propaganda crusade

by Nick Hamblin Staff Reporter

"Not peace at any price, but peace with justice and freedom." This was perhaps the most rhetorical slogan coined by Britain's Prime Minister Margaret Thatcher last week while on a North American tour termed by some as "Thatcher's Cold War Crusade". Prime Minister Thatcher came to North America last week spouting her brand of Conservatism. Her message was pro free enterprise and anti-communist.

Does the phrase "peace, freedom and justice" in consideration of her anti-communist statements mean that the communist/socialist governed countries are trying to bring about oppression, war and injustice? Is it impossible to have two truths, two brands of freedom and a contrasting ideal of justice?

The philosophy which ultimately underlies communist policy is the great works of Marx. Marx felt the oppression of the great capitalist and free enterprise colonial exploits of the recent past. His followers are driven to revolution after revolution, civil war after civil war. It has been the major cause for numerous conflicts in varied political and geographical climates.

It is obvious that peoples are still oppressed and treated injustly by countries following or leading a right wing philosophy. Perhaps Thatcher and other hardline western capitalist leaders have a jaded sense after dealing with a degenerate Soviet system and leadership. This is not to say that the philosophy is wrong or unjust, it simply says the Soviet method in trying to attain the philosophy may be out of step.

Has Thatcher already forgotten the days when British naval and military strength acquired great wealth and power via the use of force? Has she forgotten how British and Western philosophy condoned slavery and native genocide in its colonies in order to strengthen and expand its mercantile economy and political philosophy? I am sure she has not forgotten the oppression, injustice, and means used to reach the end but did she have these circumstances in mind when she said the Soviets are willing to resort to force regardless of human consequence?

Are the freedoms mentioned in Mrs. Thatcher's rhetoric those which were gained by western colonial and capitalist philosophical, economic and military expansionism? Can we (the "West") ethically, morally and legally claim that a philosophy strengthened and disseminated by Western expansion), which affords us our basic freedoms, rights and wealthy standard of living, is any more free, just or peace loving than another. The question is are we oppressive and grossly unjust in our quest of a freedom and justice maintaining our wealth and power through exploitation and oppression of economically and politically unstable countries in the past and present?



»MSVU STUDENT UNION ELECTIONS«

POSITIONS:

SENATE REPS.

PUBLIC RELATIONS REP.

EDUCATION REP.

NON-RESIDENCE REP.

CHILD STUDY REP.

SCIENCE REP.

PART-TIME REP.

voting dates/times tues nite 6:30-8:30 wed. 9:00-5:00

Letters

To the editor:

We the MEN at the Mount do not appreciate all the publicity that the gay population is getting in your newspaper. The reputation of the male population at the Mount is bad enough as it is. All your articles did was to reaffirm other schools' opinions of the male population at the Mount. If people want to be gay that's up to them. Keep it in the closet where it belongs.

Name withheld by request.

Your point about the coverage the Picaro has recently given to the gay population at the Mount is well taken and your right to voice it is respected. You must understand, though, that a university is a place of social change and is to be used by all students as a forum to bring about eventual change if they so desire. The gay population has just as much right to come out of the closet and wear red, satin pajamas if it turns them on. You have the choice of course to wear your cloudy Foster Grants to hide the appalling view.

I am sorry that you feel the way you do about your fellow human beings. If you are unwilling to open your mind and accept that which exists around you, you will undoubtedly remain one of the thousands of confused.

The Editor

ENGINEERS

Unevolved is hardly an appropriate word to use in the behavior we commonly ascribe do engineers. History traces a parallel exclusion of women when and if men make social advances. Increased opportunity and level of education has produced a culture literally knee-deep' in anit-women, exclusionist imagery. The degradation of women has occurred for time immemorial; 30 years of consciousness raising has eluded most engineers whose animalistic rituals bear no relation to intellect and in fact mime sluttish behavior we ascribe to women. Be grateful you are not a woman amongst them but have the 'exclusive' right to belong to a university that 'publicly' in print, welcomes males. The welcomes males. Engineering newspaper in Toronto, 3 years ago was virtually banned by the Human Rights Commission for degrading women and propogating women hating and racism.

A. Needham

A. Needham

I would like to thank you for replying to the article Enter the Coliseum of Degradation. It appears that you have researched a topic that I have just recently recognized as an actual social issue. More dialogue on the subject would be invited if you feel inclined to do so.

Nicholas Hamblin

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In response to the 'behavior' of engineers I would like to offer some factual information that might 'end the confusion'. 83% of all college males read pornography. Pornography, rooted in hostility, employs cartoon

conditioning to espouse men as reasonably, pleasantly exploitive of women. It negates and ridicules the family and dehumanizes women. It also debases birth. Cartoons construct attitudes which make real-life depictions more acceptable. Incest has become a colloquialism of the porn culture by establishing a sexually preco-cious, eroticized child as the willing victim of a sexually ex-ploitive father. Oral venereal disease amongst children under 5 is a recent phenononem in North America involving new laws and organized medical effort. Porn could probably be the contributory stimulus with Penthouse and Playboy advocating is as beneficial. Within an elec-tronic, media-employed instant gratification and alienated environment pornographic media programmed female identity is being forged. Symbolism is the basis of identity; where corrupted, civilization is threatened. If the socially acceptable pornographic genre continues to thrive and its philosophy continues to spread, the future of society could be altered significantly. This 'factual' in-formation is from an excellent article by Judith Reisman in which she also states in very clear terms the status of women in this regard: 'American women are like inhabitants of an occupied country . . . compelled to accept values and standards alien to their deepest nature. A society in which a man, out of a common stock of dollars takes his wife to see a woman undressing is a society in which he has imposed completely, his values. Women are compelled to appear as the reflection of a man's immature, half-childish, half-adolescent fantasies and

G. Peters Halifax

Dear Peters,

It seems that I have touched upon a subject about which you are neither confused or uninformed. Perhaps I should have asked you for source material. I find it hard to believe that our Student Union, who recently ran an anti-pornography campaign, didn't include nearly the material depth of your short letter.

The issues mentioned in your letter are, or should be, of significant importance to the student body of Mount Saint Vincent. I would like to encourage you to continue this dialogue and feel free to submit articles for publication.

Nicholas Hamblin

To the staff of the Picaro:

We, the Vincent Hall Council appreciate you publishing the results of the elections held last Friday, the 30th, September 1983.

Our only slight complaint is about the mis-spellings of the

names of a few of those voted.

Their correct names are as

Thank-you for your coopera-

Désirée Ward, Vice-President Barbara Asselin, 1400 wing representative.

> Tina Murphy Secretary



THE

The Picaro is the student newspaper at Mount Saint Vincent University and is published weekly by the MSVU Student Union. The Picaro is a member of Canadian University Press and subscribes to its statement of principles.

Deadline for all copy is Friday noon, the week preceding publication. All copy should be submitted typed, double spaced. Letters to the Editor and Podium pieces are welcomed for publication, but we ask that all submissions be signed. Names may, however, be withheld by request. The Picaro staff reserve the right to edit all copy for reasons of length or legality. Please refrain from sending letters exceeding 200 words in length. Local Advertisers—You can reach us by phone or mail.

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Editorial Positions: Editor: Hugh Marshall Production Manager: Nick Hamblin

Photo Editor: Frank Zinck Entertainment Editor: Dave Cushing

Don't Forget those hard to chase down stories, those prize winning photos, the long hours spent on layout, the long hours spent chasing down local advertisers are all worth it in the end. Join the Picaro staff.



Group tries to stop establishment of emergency shelter

FREDERICTON (CUP)-A group of Fredericton residents are trying to stop the establishment of an emergency shelter in their neighbourhood.

The Fredericton Action Group approached city council to stop the project, claiming patrons of the shelter would increase the level of crime and lower property values in their area.

James Christie, a spokesperson for the group, said there have been complaints of disturbances and violence surrounding a community kitchen already established in the area.

'People are afraid here," said Christie. "A 78-year-old woman called me and said a bum asked

her for five bucks. She told him she didn't keep money in the house."

Christie said senior citizens have earned the right to live in

Father Frank Wagner of the emergency shelter group, says similar projects in other cities have not brought an increase in

crime or vandalism to their neighbourhoods.

Wagner says the area would be frequently patrolled by the police and residents would avoid disturbing the peace for fear of not having a place to turn to if the shelter fails.

Casildra Arsenault, a nearby resident, says Christie's group is not representative in the neighbourhood. Arsenault polled 30 residents in her apartment finding 80 per cent in favour of the

"I wouldn't want to sleep outside on these nights," said Arsenault.

Most Popular Books Dartmouth Regional Library

FICTION

- 1. The Little Drummer Girl - John Le Carre
- 2. Crossings Danielle Steel 3. The Whip - Catherine
- Cookson
- 4. Voice of the Heart -Barbara Bradford-Taylor
- Icebreaker John Gardner
- Death in Zanzibar M.M. Kaye
- 7. Valley of Horses Jean Auel
- 8. Ascent into Hell -Andrew Greeley
- 9. Thurston House -Danielle Steel
- Master of the Game -Sidney Sheldon

NON-FICTION

- 1. Jane Fonda's Workout Book - Jane Fonda (613.7F)
- 2. Color Me Beautiful -Carole Jackson (646.72J)
- 3. Royal Service Stephen

- Barry (921B)
 4. The F-Plan Diet Audrey Fyton (613.2E)
- The Other Mrs. Diefenbaker - Simma Holt
- The Thunder and the Sunshine - Jeffrey Brock
- The Expos Inside Out -Dan Turner (796.357T)
- 8. The Queen Ann Morrow (921E)
- The Last Lion William Manchester (921 Churchill)
- 10. The Company Store -John Miller (331.89M)

UP AND COMING TITLES Marie: A True Story - Peter

Maas (364.13 Maa) Julie Andrews - Robert Windeler (921A) Archangel - Keith Korman The London Embassy - Paul Theroux

Actors donate film fest award

The Maritime Performers' Guild of the Alliance of Canadian Cinema, Television and Radio Artists (ACTRA) is pleased to announce the creation of a new award for the Atlantic Film and Video Festival.

The Thespis Award will be given annually for the best performance by an actor or actress

in an Atlantic Canadian film. It is in the form of a plate, incorporating the logo of the film festival, and has been designed by Pam Birdsall and Tim Worthington, potters, of Mahone Bay.

In announcing the award, Joan Gregson, national director of the 89-member Guild, pointed out that this represents the first time that acting has been recognized by the film festival. It is also the first award being provided by a professional association.

"This award is significant and illustrates the long-standing cooperation between ACTRA and the film industry," said Gregson. "We look forward to working in closer co-operation with the emerging film industry in Atlantic Canada."

The Maritime Performers' Guild has members in Nova Scotia, New Brunswick and P.E.I.

these individuals that taking one

bad experience and applying it

to a group of people with the

same characteristics is unfair

and racist.

Landlords discriminate against students

FREDERICTON (CUP)-International students are finding it difficult to find housing in Fredericton because of the racist attitudes of some landlords.

Roy Brostowski, housing director at the University of New Brunswick, said some landlords are reluctant to rent to international students because they find the attitudes and practices

generated by their social and cultural differences offensive.

New Brunswick human rights commissioner Noel Kinsella said "each individual responds in a way based upon his past experience; the difficulty for the human rights office is convincing

Marillac a présenté par Nicole Coderre Marillac

Ca y est, la balle est partie! Marillac a présenté son premier film français de la saison le 3 octobre dernier. Ce fut un énorme succès! Le film intitulé La femme aux bottes rouges, met en vedette Catherine Deneuve. Sa mise en scène a su garder l'attention de la majorité de ses auditeurs du début jusqu'à la fin. Une seule personne sur les douze présentes s'est endormie

discriminate they should get out of the business."

pendant la présentation. C'est

Brostowski said "if landlords

un record, bravo Marillac! Donc, si vous êtes intéressés au cinéma et si vous aimez le français, notez notre prochain film. Le 15 novembre: Lola met en vedette Anouck Aimée. Nous comptons sur votre présence pour cette soirée inoubliable.

En plus du cinéma, Marillac vous invite cette année, à compter du 20 octobre, tous les jeudis entre 14:00 et 16:00 à notre Café Français. Bienvenue à tous!

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Arrangements should be made through your Student Placement Office prior to Oct. 21.



Mount student experiences the Thrill of a Lifetime

by Hugh Marshall Staff Reporter

A nervous girl in her early 20's leans back into a comfy armchair. Looking at her reflection in a brightly lit make-up mirror, she glides a brush through her just washed hair with careful, delicate strokes. As she reaches for a cigarette to calm her nerves, the door to the small but comfortable dressing room at CFTO Television in Toronto, clicks open.

Her heart racing wildly, she turns and tries to mouth an answer to the question just posed. "Are you nervous dear?", a calm voice says. A backstage person from CTV's Thrill of a Lifetime tries to reassure her that there is nothing to worry about.

They leave together and head down through what appears to be a large warehouse towards the set. A bright light eminating from between two large curtains hung from the lofty ceiling seems to guide them through the maze of props that clutter the parkinglot size storage area.

As she steps through the ominous opening. Tara Aimey from Halifax, is sure she will experience a thrill never to be forgotten.

She is introduced as the computer romantic from Mobil Oil in Halifax to the studio audience who are present for the taping. The story of how she met Pete, a computer operator, from Mobil Oil in Calgary is then unfolded.

Tara sits down behind a computer similar to the one in the accounting department in Halifax and logs in. "Hello Pete, this is Tara," she punches in and waits for a response. Seconds later, it comes. and is displayed on the screen.

For what seems hours she communicates via the terminal to Pete, whom as far as she thinks has been asked to come into the Calgary office on Saturday to participate in the thrill. But the joke is on her. Those pre-programmed responses, used to convince her of a 2,000 mile separation, comprise the intricate piece of a puzzle planned by the show just to capture the expression of complete shock when Pete walks out onto the stage.

"I suppose you think Calgary is far away" said Terry Paulson one of the shows co-hosts. "Well Pete's not in Calgary. Pete's right here."

Through the same opening he comes. His long dark hair and deep brown eyes are outdone only by his long eyelashes. Because he is quite thin, he looks a lot taller than his actual 6'1" height and as he walked Tara could detect a hint of insanity in his eyes.

Tara could detect a hint of insanity in his eyes.

"That's how I met Pete" said Tara, in recounting the incident that happened earlier this year." I was on my first co-op work term with Mobil Oil, and that's how it all started.

Tara worked in the accounting department of Mobil located on the 9th floor of the Bank of Commerce building in downtown Halifax. Her job was to process invoices, fuel reconciliations and drill bit reports, accessing all of this data into the main computer bank.

With no previous computer experience, added to the absence of a trained operator, Tara quickly fell into some problems. Her only route of action if a problem arose was to call the Calgary Console operator and that's exactly what happened.

"I was working on a drill bit report when I accidently hit the job select button." In doing so, Tara logged off the system in Nova Scotia but remained on line in Calgary where the main computer was located. Her only choice of action to correct the mistake was to place that fateful call.

"That's how I met Pete Hamill" she said while gazing off into space, obviously thinking of him and the strange sequence of events that led to their initial encounter." I asked him to log me off and he started talking about the weather. I asked him if it would take long and he asked me what my name was."

At first, Tara admitted, she thought he was weird but once the conversation progressed she realized he was just a friendly guy that liked to talk. He quickly found out that Tara was a Business student from the Mount and a co-op student, in the 45 minute phone call.

Later on that day Tara had to call him again and he asked if they could be pen pals. "Get out, guys don't write I said to him" but nevertheless she gave her name, address and phone number. "I didn't expect to hear two words from him, but he did write . . . two pages and we talked on the phone every night after that."

Of course Mobil picked up the bill for the romantic

escapade. Fortunately they have a WATS line and such excursions cost only pennies a call. The mistakes continued to occur and so did the calls.

Later that week a bouquet of yellow, sweetheart roses arrived at front desk Evaristus where Tara was staying during her term. A small white card peeping up between the baby's breath read—Now you can't say no one ever sent you flowers, Your favorite 270 operator. A friendship ring was the next to arrive.

"I really just thought I had a nice friend out in Calgary to talk to once in a while." That once in a while quickly turned into once or even twice a day. The percentage of business talk slowly gave way to almost total personal conversations.

"How our romance got on Thrill of a Lifetime is just as nutty" she explained. Tara had since finished her Mobil Co-op and was on another term at the Victoria General Hospital, also in Halifax. During this time she bappened to watch Thrill of a Lifetime and decided she would write a letter as a joke and bring it into work to show the girls for a laugh.

"But one of the girls pulled a joke on me" she said; a smile coming to her face. "One of the girls took the thing and mailed it without me knowing."

A week later Tara's mum received a phone call from CFTO. Another couple of weeks and Tara was on her way to Toronto.

"It was really a lot of fun and I'd do it again if I could" explains Tara. "Are we going to get married? Probably, but you know the neat thing about the whole experience? . . . I really don't think I would have given him a second look if I saw him on the street but because of what happened I have learned how important it is to know the inner person."

Tara admits that her and Pete are both nuts but at least "we both know it".

Prevention, the only strategy...

Reprinted by permission of Common Cause, August 1982. by H. Jack Geiger

To calculate the consequences of a thermonuclear attack on an American city is to try to describe and understand an event without precedent in human experience. Hiroshima and Nagasaki do not serve. The weapons used on those cities approximated 13 kilotons of explosive force. At one megaton—a small weapon by contemporary standards—we are trying to imagine 80 simultaneous Hiroshima explosions.

At 20 megatons we are trying to imagine 1,600 Hiroshima bombs detonated at the same time in the same place.

At the time of Hiroshima, there was one nuclear power and the world's total arsenal comprised two or three weapons. Today there are at least six nuclear powers and the total arsenal—conservatively estimated—exceeds 50,000 warheads.

But most important, Hiroshima and Nagasaki were isolated, limited disasters. They could, in time, be saved and reconstructed with help from the outside. In any full-scale nuclear exchange today there would be no 'outside' that we could rely on for aid. In a population-targeted attack, every community in the United States with a population of 25,000 or more might be destroyed. The same is true, of course, of all the communities in the Soviet Union, Great Britain and Europe . . . There are so many warheads that there is a shortage of targets.

During the last 20 years, the consequences of nuclear attack have been calculated in exquisite detail in hundreds of scientific journals, books and government publications.

It is relatively easy, in scientific and medical terms, to predict the effects of overwhelming blast forces, searing heat and intense radiation on human beings and their environments. It is the imagination that fails, because we are so unfamiliar with the scale and magnitude of these forces. For example: a large conventional bomb explosion creates a heat of about 9,000 degrees Fahrenheit; a thermonuclear explosion creates a heat of 27 million degrees. Or again: If we were able to divide the combined American and Soviet arsenals into Hiroshima-size bombs, and we were to explode one such bomb every minute—60 Hiroshima bombs an hours, 1,440 a day—we would have to do that for two years and three months before we exhausted the arsenals.

Since we cannot imagine a full-scale nuclear war, in order to comprehend the consequences of thermonuclear weapons we must consider the case of a single weapon and a single city—a one-megaton warhead, let us say, the equivalent of one million tons of TNT. That's enough TNT to fill a freight train more than 200 miles long; the actual bomb is about the size of a suitcase.

To calculate the effects, we need to know only the size of the weapon, the nature of the attack (air burst or ground burst, single or multiple strike), the nature of the terrain, the time of year, the day of the week and the time of day, and the prevailing weather conditions, especially the wind direction and velocity. A single one-megaton air burst over the New York City metropolitan area, for example, would—according to the calculations of the U.S. Arms Control and Disarmament Agency—kill 1,667,000 people and pro-

toundly injure 2,838,000.

A single 20-megaton air burst would kill 7,698,000 and seriously injure 3,874,000.

These numbers, so large as to be almost beyond comprehension, are seriously understatements, however. Assuming something quite probable—that the attack would occur on a weekday when more people would be working in the central city, near ground zero—and something quite certain—that the nuclear explosion would create a Hiroshima-type firestorm burning for days at 1,800 degrees Fahrenheit, turning every bomb shelter into a crematorium—the casualty count would increase 25 percent.

Taking these factors into account, a one-megaton air burst would kill 2,000,400 and severely injure 3,405,600 for a total of 5,406,000, or 33 percent of the New York City metropolitan area.

Again, taking the same factors into account, a 20-megaton air burst would kill 9.2 million and severely injure 4.6 million for a total of 13.8 million, or 85 percent of all the people in the New York City metropolitan area.

Hundreds of thousands of "survivors" would suffer crushing injuries of the chest, abdomen and limbs; skull fractures; spinal cord injuries; and multiple lacerations, hemorrhage and shock. Many would have these injuries in conjunction with burns and acute radiation sickness. A moderate number would have ruptured lungs and eardrums from blast pressures, in addition to their other injuries. Many would be blind, because as far as 35 miles from ground zero, a reflex glance at the nuclear fireball would produce severe retinal burns.

Assuming a one-megaton air burst, one physician would survive for every 1,000 severely injured persons in New York City. Working 20 hours a day, it would take eight days for every critically injured "survivor" to be seen once by a physican—for about 10 minutes. Another factor is that there would be no hospitals, no ambulances, no lab equipment, X-rays, blood, plasma or drugs. In short, there would be no medical care at all, as we commonly understand it. What would be left of the buildings would be lying in what would be left of the streets; bridges would be down; subways and tunnels would be crushed.

But these are the consequences of just one weapon—a single one-megaton or 20-megaton device used in one strike. In the real event, as many as 30 or 40 megatons could hit the New York metropolitan area, with strikes occurring over days or weeks. In the real event, there could be 7,000 or 10,000 megatons dropped on the United States—and a similar or even larger number on the Soviet Union. Deaths would occur everywhere, not just in the target areas, as radioactive contamination spread and as epidemic disease and starvation followed. There is no defense; civil defense is at best an illusion, at worst a fraud.

The only true meaning of "survival" is social, not biological. Simply to tally those who are still alive, or alive and uninjured, is to make a biological body count that has little social meaning. The biological "survivors," in all probability, merely have postponed their deaths. Life in the interim would bear no resemblance to life before a nuclear attack.

From a medical standpoint, the danger of nuclear war is a public health problem of unprecedented magnitude. There is no coherent response, no cure. Only one medical (and social) strategy remains: prevention

Confessions of a Co-op Veteran

by Angela Murray Staff Reporter

Do I want to make a career out of this gobbledygook I've been ingesting? Do I want to leave the security of home and/or Halifax while I lay the ground work for that career? These are just a few of the questions one might ask oneself before making a commitment to the mystical magical world of Cooperative Education. But, if you don't like surprises, and would like to remain on this side of the great edge, don't stop asking questions there.

Don't get me wrong, after four fantastic workterms, which are going to be invaluable to me when I hit the job market, I still consider myself stable and on the right side of that great edge even though I often find myself wondering what city I'm in, who these people are, and what season we are in.

I just wish that someone had let me in on the intricate, unpublished details that creep in and take over the conscious mind of a co-op student, before I had signed on the dotted line.

Consequently, this piece may be read as: A) Angela Murray's one and only hope of getting her name in print B) a poor excuse for a "how I spent my summer vacation" story, or C) just a little advice from someone who's been there.

First are the questions off the top. After graduation do you want to work in the field that you are studying? If yes is the answer then there is no better way to prepare yourself for that field than through the co-operative education program. The program will place you in jobs similar to those held by people in your field. In these positions you will have the opportunity to apply some textbook theory while being supervised in such a way that you won't be afraid of making a few mistakes.

Through this experience you will be able to make contacts that may lead you to a permanent position after graduation, or you may be able to firmly say that you despise the field and everything it stands for. Either way, you will gain from your experience, and may be able to change your direction before it's too late.

The second question is whether to leave Halifax and/or home. The truth of the matter is that co-op students have very little control over where they are going to be living while on work terms. So, you had better accept the fact that you may be sent anywhere in this country on as little as a few days notice. The reasons why students do not want to leave home or Halifax are as individual as they are, but three reasons in particular seem to be popular; these include personal relationships, finances,

My personal opinion is that if you're willing to tailor your life to a relationship that you are afraid won't survive four months while you're getting your career on the road then your priorities and goals are much different than mine.

The dollars question is also different for each individual, but

on the whole most jobs that take you out of the province will pay more, and in a lot of cases the employer will pay travel ex-

This brings us to the question of stuff. Stuff in my dictionary includes everything from apartments and furniture to clothing and canaries. Unless you are a bag lady with a very big bag or have a friend with a very big basement and heart this is something you will have to work.

Now that we have considered the obvious, let's look at some of the finer details. Let's consider the fact that being a co-op student on the "four months in, four months out," program means your life is bundled into four month packages. This situation can be exciting to some while it can be the end for others. Unless you are a loner, these on-again, off-again, work terms can mean an on-again, offagain, social life. For the most part your short stay will mean short-term friendships and affairs. You may find that you become a regular at the Halifax International Airport and deserve an Oscar for the "here's looking at you kid" lines.

But for some the going is easy and the coming back is what's difficult. The Mount may have attracted you because of its 'smaller than most' size, which allows you to get to know the people in your faculty. This is not possible for most co-op students. You may meet a number of people and make many friends while in first year, but if you're on the four work term plan you will not see these people for any more than four months until you are in final year. At this point your clique membership may have expired.

If you enjoy organized sports or are a born leader you should also be aware of a few drawbacks. Varsity sports, no matter how good an athlete you are, become a bit difficult to play if you're physically on the other side of the country. And of course this distance makes it also impossible to fill a student council position or society presidency for a full academic year.

On a closing note the University's administration also has a few hidden, but not so happy, surprises. Don't expect to find your name on the Dean's list even with your 80+ average. For some reason co-op students just never seem to be considered. The same appears to be true for scholarships, although maybe you'll be lucky.

Education society news

by Elaine Perry MSVU Education Society

After a year's absence from campus, the Mount Saint Vincent Education Society has been revived. Elections to the Society Executive took place on September 30, 1983. The results were:

President: Elaine Perry
Vice-President: Derek Carter
Secretary: Lee-Anne Carroll

Treasurer: Cindy Antonio Elementary Representative: Anne Gallagher

Secondary Representative: Shelley Drosbeck

The society's purpose is threefold: to organize events for students in order to help them achieve their academic goals, to provide social events for the members, and to represent the education students in dealings with other University organizations. We plan to fulfill this purpose by organizing a conference, having several workshops and social events, as well as other interesting events throughout the year.

Sociology/Anthropology society

MSVU Sociology Anthropology Society by Ken Coolen

The first society meeting took place on October 7, 1983. Members got to know a few new faces while we discussed our plans for the year. We had five prize draws of items the members could use during their student teaching. All who are currently enrolled in any education course, both full-time and part-time, are invited to join the society.

Fit tips from Trish

When dressing for aerobic fitness classes, remember the three "C's"; clean, comfy and cool. Be particular about what you wear on your feet. Joggers are for jogging and aerobic sneakers are for aerobics. Sneakers made for aerobics have specially designed insoles so as to protect the dancers arches.

They also have cushioning to prevent shin splints which often occur from such strenuous exercising. When choosing a sneaker for aerobics make sure they have thick soles and white bottoms so that they won't mark up the gym floor.

Clothing for the rest of the

body should also follow the rule of the three "C's". If a person is comfortable in shorts and a T-shirt then they should wear shorts and a T-shirt. If another person feels comfortable in a bodysuit and leotards, then that's what they should wear.

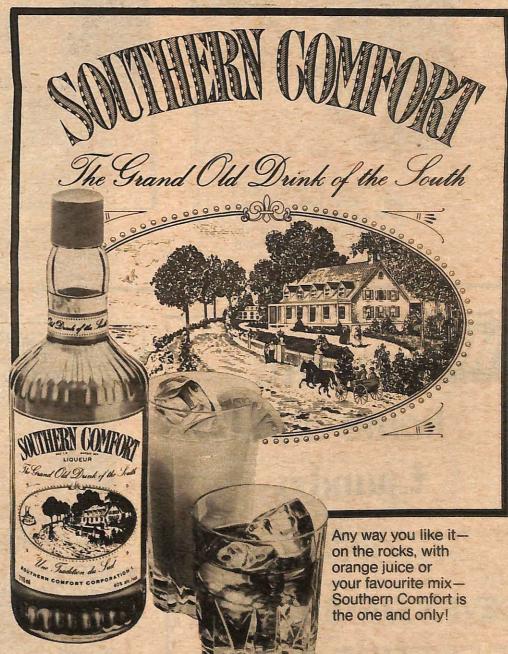
Don't try to cover up your entire body with a sweat shirt and sweat pants. These tend to make a person sweat too much, which is very uncomfortable as well as being dangerous to one's health.

Did you know that an average 20 year old female burns off up to 500 calories per hour of aerobic dancing? Members, who are in fourth year education, are preparing to go out in the school system from October 17 to November 10 for their first session of student teaching. Upon return, the society will begin its' role on campus in full force. We hope that you will join us at that time; as Derek says, "Be dedicated to your profession!" Watch for further news in November.

On Wednesday, 12 of October the Sociology/Anthropology Society will be meeting in room 533 in the Seton Academic Center at 12:00. We would like to encourage anyone interested in either of these fields to come out and join us even if you are not a major.

Upcoming events are: A speaker from the Maritime School of Social Work, going on a trip (the place in mind is Louisburg), and entering a team in the Trivial Pursuit Tournament.





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Campus comment

by Hugh Marshall and Meg Morash Staff Reporters

Marshall Photo

Question: Do you think there exists a quest for truth, freedom and justice in both eastern and western philosophies?



Sylvianne Roberge: "No I don't believe there exists any particular quest in communism, they only want to enrich the state. In a democracy it is more for the benefit of the people."



Marianne MacLeod: "No, both societies have different philosophies but their aims are the same."



Ronalda Morris: "I don't know if they really are, but I think they should be."



Brian Bradbury: "In philosophy yes, in action no."



Joanne White: "Yes I agree both are striving for the same end but are taking different, not necessarily correct procedures."



SEVEN DAYS A WEEK BEDFORD PLACE 835-9493

ALL TRIE WOLE

BY DAVID WILE

WHY DON'T YOU JUST MAKE
AN ANONY MOUS PHONE CALL?



I'M SO MAD! I WANT TO PHONE UP
THE EDITOR OF THAT PAPER AND TELL
HIM OFF, BUT I'M AFRAID THAT HE'LL
PRINT MY NAME!



HELLO? THIS IS JOHN
MILLIAMS OF 703 MAPLE
STREET AND I JUST WANT....

Chapman offers a

Chapman Oct. 7/83

Graham Chapman, the erstwhile member of Monty Python's Flying Circus, offered a "fireside chat" rather than a formal lecture to a capacity crowd at the McInnes Room of the Dalhousie Student Union Building, Wednesday night. His entertaining and informative talk was devoid of any structure. The two hours and twenty minutes was comprised of an effective question-answer format which was divided into thirds by film clips of some of Chapman's appearances in the Monty Python television series.

Chapman, a certified medical doctor, dispelled any formalities by the simple virtue of his attire. Clad in only a cropped-sleeved T-shirt, faded jeans and high-cut sneakers, he presented the audience with an immediately informal atmosphere. To augment this, he situated his bean pole frame beside the speaker's podium rather than hiding behind it. Smoking his pipe on a stool, he quickly whipped the mood from merely informal to silly as he loosened the audience up by asking for "three minutes of good abuse" to which he was amply obliged. From then on, Chapman's only problem was to select questions from the numerous waving arms.

Chapman obviously had certain goals for his American college tour (Halifax was his only Canadian stop): 1) to promote

his book A Liar's Autobiography, 2) to plug his movie Yellowbeard, 3) to discuss his experiences with alcoholism and, 4) to talk about his homosexuality. Fortunately, he was not so vehemently committed to these goals that he forced them into his dialogue with the audience who were educated enough, anyway, to bring up most of these topics through questions.

It was interesting that although Chapman's fans wanted to talk about his creative endeavours as well as his alcoholism the only reference to his homosexuality was, "Are you a poufdah?" to which he dryly answered, "Yes." It seems as though the frenetic Python fans were willing to accept that their idol was an alcoholic but not that he was gay

that he was gay.

Chapman, who was sipping Tab throughout the discourse, was amazingly frank about his former addiction of alcohol, and his friendship with the late Keith Moon of the rock band The Who, also an alcoholic.

"We used to drink monstrous quantities. We were appalling. During the filming of **The Holy Grail** I was drinking 60 fluid ounces of gin a day.

"I realized that I couldn't last much longer at that pace when we were doing a scene one morning on the side of a mountain in Scotland. We were 25 miles from the nearest town and I realized that there was no way I could get my gin. I started experiencing D.T.'s and I was

shaking so bad that we had to stop filming for a while. It was then that I had to admit that it wasn't fair to the others and to

myself. And when I admitted that I realized that I was admitting that I was an alcoholic. So I stayed moderately drunk for the remainder of the filming of the movie and, when I found a few free months, I dried out."

Chapman was able to be quite humourous in his description of his "firm but liquid friendship" with Keith Moon. His stories, however, of Moon jumping out of an apartment to steal gin for him, and of David Bowie driving him in a jeep on the sidewalks of some small Mediterranean town only served to romanticize alcoholism and did nothing to address the seriousness of the issue.

Chapman offered a brief account of his humble beginning:
"I came from a little town in the middle of England called Leicester, which is dull. Astonishingly dull. In fact, I wouldn't advise anyone to go there."

Chapman studied medicine at Cambridge University and at St. Swithin's Hospital in London, but came to the realization that he did not want to practice medicine.

"I saw my life mapped out. I saw what I would be doing at 50 or 60. I felt that chances were that I would only have one life to live, and that I wanted to do something that was not so predictable.

"At first my parents were not

keen when I forsook medicine for such flippant endeavours, but now they don't mind. They get to travel to places they normally wouldn't have and Mum has something to talk about at the butcher's. Medicine has now become a hobby."

become a hobby."

At Cambridge, Chapman entered an elite theatrical troupe, the Footlights Club, where he met John Cleese and Eric Idle. From there, the three were recruited by David Frost to write with 20 others for The Frost Report. It was there that they met Micheal Palin and Terry Iones.

"The five of us got together and, brash as we were, we came to think that we were better than the other 18. We would write skits, John and I, and Eric, and Micheal, and Terry would write hilarious gags. Then the producers of The Frost Report would laugh at it and then say that they couldn't do it. Later, when we were waiting for the Python T.V. series, our only criterion was whether or not it made us laugh. If it didn't, we wouldn't use it."

Terry Gilliam, an American draft dodger, was eventually introduced to the group by Palin and Jones and the six individuals that were to eventually become Monty Python's Flying Circus petitioned to BBC to attain their own weekly half-hour series.

"At first, we couldn't agree on a title. We were more interested in the scripts than in the title of the program. We had considered such titles as The Owl-Stretching Time, The Toad Elevating Moment, and A Horse, A Bucket, and A Spoon. Eventually the producers simply wrote "Circus" on our film cans so we had to include that word in our title. We wanted to liven up the name so we added 'flying". Then we came up with the name Monty Python, because he sounded the bad theatrical agent that would have booked us to do this television series. So Monty Python's Flying Circus was

"The first series was great. BBC put us on at some ungodly hour and thought that no one would watch us. As a result they never bothered to censor us. At the end of the first thirteen shows they discovered that we had a following and had to renew us."

Today, the fans of Monty Python's Flying Circus are legion and still religiously watch reruns with cult-like loyalty. After the group terminated the BBC series they moved on to feature films such as The Holy Grail and The Life of Brian which, again, are rewatched by frenzied Python groupies and will probably be immortal classics.

Chapman, "a fervent agnostic who was confirmed but never convinced," staunchly defends. The Life of Brian satirizing the life of Christ against the many people who had thought that Monty Python had gone too far.

"Like Brian (played by Chapman) in the movie, someone else got betrayed and crucified for similarly stupid reasons."

In recent years the trend for the Pythons seems to be moving towards individual projects and away from the group, although The Meaning of Life was released last year. Chapman starred in Yellowbeard which featured Cleese and Idle in bit parts last year, but the movie was not a financial and, to Chapman, a creative success.

"The producers edited out the subtleties and kept in the shit jokes. I may reedit Yellowbeard and rerelease it."

Despite the individual projects, Chapman hints that there is the possibility of still another Python film. He says that Palin and Jones are currently working on the first drafts of a script.

"Of course, we would need a script that we all thought was funny. However, it seems that every time we do a movie we say, "That's it," but every four years we seem to do another one."

The Confident

Dear Confidant:

I am eighteen years old, and I live on campus. I am a first year student, and I really enjoy attending university, but I've got a problem. My room-mate, who I'll call M, doesn't shower very often, and the smell is offensive to my delicate nose. What should I do?

Just sign me:

Offended and Repulsed!
Dear O and R:

There is no easy solution to your dilemma, but here are a few suggestions: a) try dropping subtle hints, such as placing a can of Janitor in a Drum beneath her pillow. Even the simplest mind is bound to get the message, or b) you might purchase a gas mask, and wear it while in her presence, or c) join the Hari-Krishnas and stock up on jasmine scented incense, which you could place in various corners of your room to camouflage the smell. Lastly, if all else fails appeal to her on a one-to-one basis, and ask her to clean up her act. An added incentive might be holding your nose.

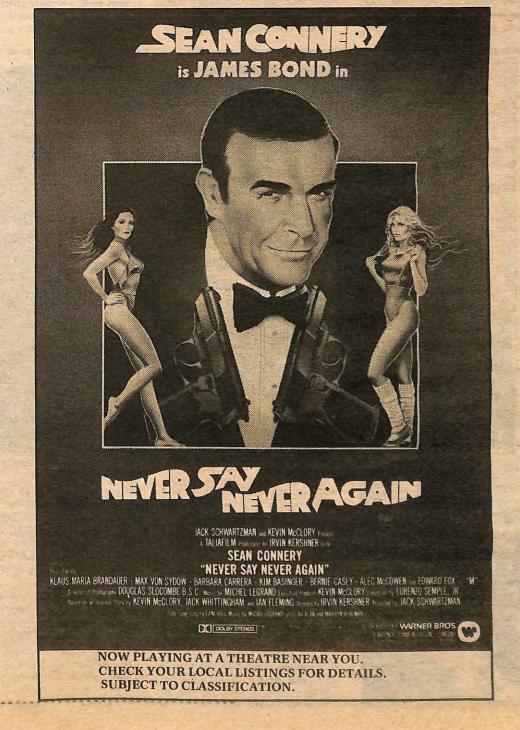
Sincerely, Confident

Entertainment survey

- Do you regularly attend or do you plan to attend the entertainment functions this year?
- 2. What functions are most attractive to you?
- 3. What suggestions do you have in the way of improving these functions?
- 4. Do you attend the pub nights frequently?
- What suggestions do you have for Pub improvements, ie, (a) entertainment, (b) decor, (c) themes for pub night on Wednesday nights?
- 6. What bands or acts would you like to have perform at the Mount this year?

It would be appreciated if everyone would answer the above questions and submit them to the Student Union Office, 4th Floor, Rosaria Centre, MSVU.

Thank you very much, Henry Moulton, Entertainment Director.



Electric Light Orchestra

"Secret Messages"
Jeff Lynne, ELO's brainchild, has a habit of releasing alternately good and bad albums every odd-numbered year. The double album classic Out of The Blue was released in 1977 and remains a paramount showcase of Lynne's abilities. In 1979, Discovery was released featuring such corny songs as "The Diary of Horace Wimp". Discovery seemed rushed and more a project of the wallet than a labour of the heart. Time, in 1981, was another classic record with a consistent theme of relationships in the 21st century.

Now it is 1983 and, guess what? That's right: Secret Messages. And ELO's starship is again grounded for repairs.

Secret Messages, like Discovery, is another product of Jeff Lynne's creative doldrums. I am specifically criticizing Lynne versus ELO as he is, for all practical purposes, Electric Light Orchestra: he writes all music and lyrics, produced the albums, supplies lead and backing vocals, and plays guitars, key-boards and synthesizers. Jeff Lynne's personal credits on the Out of The Blue album read like the index in the back of some electronics journal.

But simply that Lynne attempts to do everything on ELO's records is not necessarily tantamount to him doing it well. Jeff Lynne must have good intentions and genuinely care about his work but the truth is that he spreads his talents too thin and he is not totally adept at

all facets of his music. Lynne is an excellent musician and producer, and his brand of writing music is unique, but the balance of his musical endeavours are less than laudable.

Firstly, Jeff Lynne's lyrics are rarely inspired and tend to appear tacked onto the music. Generally his verses are trite and juvenile. In Secret Messages, Lynne employs many pre-teen shibboleths and it is embarrassing to read the lyrics on the inner sleeve unaccompanied by the music. The titles even of some of the songs are indicative of the lyrical quality of the album: "Danger Ahead", "Rock 'N' Roll Is King", and "Loser Gone Wild". Basically, Lynne's inferior lyrics follow a trend of employing the same phrases recycled. Someone should introduce him to some aspiring poet.

Marshall Photo

Another criticism is Jeff Lynne's voice. The impotence of his lungs were brought to the fore when he wrote and produced the soundtrack for the movie Xanadu. The title song featured Lynne's music and Olivia Newton-John's sparkling

vocals, and amplified the lack of range in Lynne's voice in regular ELO projects. His voice is usually buried beneath the waves of ELO's space-age symphonies, but the basic limitations of his voice are still discernible. Lynne often struggles to hold some notes and sometimes compromises his songs to accommodate his limited vocal range. Perhaps Lynne should look at altruists like Alan Parsons and Quincy Jones who are not too proud to have other vocalists sing their songs in the name of a better finished prod-

Secret Messages is still a fair album vis-à-vis the entire recording universe but in juxtaposition with ELO's aforementioned classics this recent effort pales.

There are, however, some songs on the album that stand out. "Letter From Spain" is my favourite song. (This is probably because it has the least lyrics.) Still, it effectively paints a vignette rather than presuming to tell an entire story, and its haunting European flavour enhances the sentimentality. After "Letter From Spain", though, the songs fall short of ELO's potential. "Take Me On And On" is a pleasant romantic (in the colloquial sense) little ballad. Its wispy lyrics and lulling tune are perfect for two with wine beside a fireplace. "Stranger" is a romantic (classical sense) song with an effectively hollow scenario and, again, no story but, instead, a slice of life.

It is interesting that these, the

only positive songs, are all unassuming non-typical ELO songs devoid of any grandiose electronic embellishments. Accordingly, the rest of the album's tracks are typical ELO fare which simply fall below the par set by their superior material of the past. In the space-type songs like "Loser Gone Wild" and the title song, the messages are not so much secret as just ill-conceived and vague. Also, every ELO record has a few "good ole rock 'n' roll" tunes by which Lynne pays homage to his roots. Secret Messages is, however, over-stocked with these "pounders" and the overall effect is plain redundance and corniness. "Four Little Diamonds", with its bathroom wall lyrics is only useful for cruising through backwoods in a Dodge half-ton, and is still not as bad as the commercial hit, "Rock 'N' Roll Is King" with a message, not secret, but instead with all the subtle nuances of a Greb workboot.

Perhaps I am unfairly criticizing Jeff Lynne's latest offering but it is only because I have enjoyed some of ELO's past work and I find it frustrating to listen to what appears to be a halfhearted effort. I am certain that Electric Light Orchestra can transcend the mainstream of popular music as they have in the past and incorporate their unique style into the basic rock format. It is like waiting two years to open a present and, whereas last time I got season tickets to the theatre, this time I get underwear. Oh well, 1985 is only another two years away.

by Margaret Morash Staff Reporter

The first major entertainment for the Mount this October was supplied by Madhash. This two member band provided an evening of music for a fair size crowd in the MPR.

Jim Ledgerwood, who plays keyboard and guitar, and Gary Stanhope on drums do not feel restricted by their size as they have been together for quite some time. Although they mostly play the Maritimes they did do a tour in Ontario. Madhash

Marshall Photo





Marshall Photo

has also recorded an album and Ledgerwood is presently working on a solo album.

The production of the band has been influenced by Alan Parsons but Ledgerwood feels Madhash possesses a sound of its own. Madhash is confident it will succeed but if not it is "back to the drawing boards"

The evening's dancing eventually got started with the Police's "Every Breath You Take". After this people did dance but not to any great extent. Madhash provided a variety of good music

but were unable to get the crowd very enthusiastic; possibly there were not enough people to create a relaxed atmosphere. The band did not have much of a stage show, although they did make use of lighting effects.

Henry Moulton, Entertainment Director for MSVU, was pleased with the turnout but feels that there is always room for a few more. Hopefully more will attend the event at Halloween which he expects to be "the real bash"

Swallow a tan

by Wanda Manette MSVU Home Economics

Tanning from the inside is a new idea for people who are too lazy to sunbathe. Now there is no need to spend long hot hours in the sun to obtain a tan. All you have to do is swallow a pill.

Sun tanning pills simply contain two food colorants called carotenoids. These widespread compounds are responsible for the yellow to red color of foods such as carrots, pumpkins and mushrooms. They can also be responsible for changing the color of your skin.

For this change to occur, the carotenoids, beta-carotene and canthaxanthin, must be consumed at twenty to thirty times the normal daily allowances. Since the body will excrete a buildup of the food colorants, two to four tanning pills must be taken daily to maintain the excessive stores.

When the pills are taken, the beta-carotene and canthaxanthin are absorbed from the gastro-intestinal tract and are stored in fat cells beneath the skin. This produces a brownish coloration which shows through the skin, imitating a tan.

Unlike a natural tan, there is no protection against the sun's ultra-violet rays. Therefore the tanning pills will not prevent sunburn. Another disadvantage is that the tan just does not look quite right. It has a distinct orange tinge, and the degree of orange coloration cannot be predicted.

Looking on the brighter side, researchers have proven that tanning pills have no toxic or carcinogenic effects. It is also a fast and convenient tan, taking only twenty days to develop.

There are no practical purposes for taking tanning pills but, there are no risks involved. So, if you want a quick and easy tan—swallow one!

Ask the nutritionist

by Jill Smith What is the F-Plan Diet?

The basis of the F-plan diet is a low calorie meal plan (1000 calories) supplemented with 35-50 gms of fiber per day.

What is Fiber?

Fiber is the component in food which is not digested by the body. It is the bulk in the diet.

What are the advantages?

There are several advantages to a high fiber diet. The fiber in the food is not digested so it is not converted to fat. You can eat it and not gain weight! Furthermore, the fiber keeps you full by absorbing water and adding bulk to your digestive system. As dieters know, constipation is often a problem on a low calorie diet. Fiber-rich foods also take more chewing so they take longer to eat. You are more likely to eat less before you feel full.

What are the disadvantages of the F-plan diet?

The diet is low in fat which is necessary for a healthy skin and complexion. Calcium could also be low on this diet which would lead to a depletion of the calcium stored in the bones and teeth and is necessary for many body functions. A high fiber diet may hinder nutrient absorption, especially iron, which is needed to bring oxygen to the blood cells. If you have not been taking a high fiber diet you may experience some flatulence (gas) and your initial weight loss might be slow as the fluids are retained in the body.

Where do I get fiber?

| dried beans & peas | |
|-----------------------|-----------|
| 1/2 cup | 7-9 gms |
| bran cereal | |
| 1/2 cup | 10.4 gms |
| dried fruit eg, dates | |
| 2 | 1.2 gms |
| raspberries | |
| 1/2 cup | 4.6 gms |
| corn kernels | |
| 1/2 | 5 gms |
| Whole wheat bread | |
| 2 slices | 5-9 gms |
| broccoli | |
| 1/2 cup | 4 gm |
| nuts | |
| 1 Tbsp. | 1-2.5 gms |
| greens | |
| 1/2 cup | 4-6.5 gms |
| | |

Smoking linked to vitamin deficiency

by Mary Cross MSVU Home Ec

Your vitamin C could be going up in smoke! Students indicate that smoking depletes vitamin C content. There are other factors that lower vitamin and mineral levels such as: oral contraceptives, alcohol, reducing diets and aspirin.

Meeting nutritional requirements is not as simple as it appears. Although nutritional deficiencies are not common in Canada and the United States, that does not mean a problem does not exist.

Fatigue, dry or pale skin, lifeless hair and decaying teeth are the body's way of communicating inadequate nutrient levels. However, we often attribute these conditions to other factors rather than diet.

To ensure that you are meeting your nutritional requirements, especially if you are taking drugs or the other items mentioned, see your doctor. He may suggest that you take a vitamin supplement or adjust your diet to increase its nutritional content.

Ideally you should eliminate the factor that is increasing your vitamin and mineral requirement. Smoking, for example, not only increases vitamin C requirements from 30 mg to 60 mg per day, but it also decreases stamina and is linked with cancer.

Eating habits are not only projected in the way you feel but in the way you look. When buying shampoos and other beauty products that promise that "healthy look" remember that what you consume is more beneficial than what you apply externally.

Café Français opens

by Nicole Coderre and Patti MacDonnell Marillac

There is soon going to be a new "in" spot on campus in

which to unwind, sip some coffee and chat with friends.

The café français in Marillac Residence will open its doors to customers on Thursday, October 20, from 1 to 3 p.m.

There will be freshly perked coffee and home-baked goodies—free of charge on opening day—and appropriate background "musique" to set the mood.

The café français, operated by residents of Marillac with the support of the French Department, is a first-time venture for the Mount's French residence on campus.

For this term, its hours of operation will be Thursdays, from 1 to 3 p.m.

Venez parler la langue!

You, Me and the English societeee

by Wanda Myars MSVU English Society

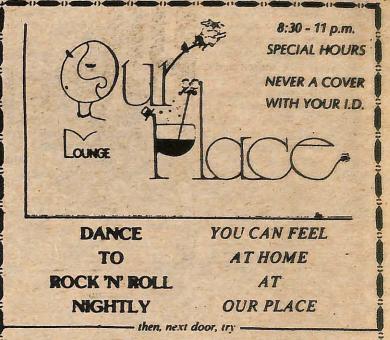
"Misery loves Company", so join the cronies in the English Corner and discover your talent for complaining. Lately, we've been playing games in anticipation of those horrible February blues—already hitting the great majority of us. Some of you enjoyed the Elephant Man's rendition of Romeo in those brief and most romantic moments. . . .

Whereas Dr. Olga Broomfield did not. She was heard to say, "This is enough to turn me off lunch".

Others have puzzled over inane literary lines which supposedly gave clues to the "Mingle at the Dingle" treasure hunt. While most dallied, Wendy and Sister Agnes Martha overcame the elusory witticisms to win the day and some very good books.

To further wet your fancy and forehead, we will be tackling a

new line of aerobics in October—"The Jane Austen Workout" with dance togs, and tea and crumpets. You will enjoy this Nineteenth Century mode of exercise (which will probably be as fun to watch as to do). So opt for the fifth floor Seton on October 21st. We are not choosey.



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Amnesty International
Prisoners of Conscience Week
17 - 23 October 1983

Human Rights Activists In Prison

Each year in mid-October. Amnesty International members around the world observe Prisoners of Conscience Week on behalf of people in prison for the non-violent expression of their opinions, the peaceful practice of their chosen religion, or for their colour, sex, ethnic origin or language.

This year. Prisoners of Conscience Week is being devoted to men and women who have been punished by their governments for their work in promoting human rights.

Some have been taken to clandestine centres and tortured. Others have been assassinated or have «disappeared». Still others have been sentenced to long prison terms in secret trials, or accused of «subversion» and held without charge or trial.

Their efforts and those of their supporters have been officially denounced. Their homes have been raided, their papers have been confiscated and their families intimidated.

During Prisoners of Conscience Week, widespread appeals are being organized on behalf of eleven people chosen to represent all human rights activists who have been imprisoned or otherwise suppressed for their work.

You can help by writing letters appealing for the release of these men and women. One of them is described on the reverse of this leaflet.

If you would like to know more about Amnesty International's work and how you can help, please write: Amnesty International Canadian Section (English Speaking), 294 Albert St., Suite 204, Ottawa, Ontario K1P 6E6

Demont pleased with program attendance

by Margaret Morash and Gina Connell Staff reporters

The Athletics/Recreation Centre of MSVU is offering a wide variety of programs this 1983/84 season. Exercise classes are held three times daily, intramurals can be attended every Monday, and instruction in yoga, karate, jazz, and tennis is given at regularly scheduled times.

Pat DeMont, Recreation Officer of MSVU, is pleased with the attendance of the programs. However, she does feel participation could be greater considering the number of classes held and the population of the university.

Fit start is one of the programs DeMont would like to see become more popular. Introduced this fall, fit start is designed for people with specific needs, including those who are overweight, out of shape, or older.

Flexibility, strength, and cardiovascular fitness can be tested through fitness assessments. These are given by appointment on Mondays and Tuesdays. A nutritionist is also available for advice.

There is a minimal charge for fitness assessment, karate, yoga, and some exercise classes. This fee is used to pay the instructor.

A recreation council meets every Thursday at noontime. This group of students decide what programs they would like to see offered by MSVU athletics and recreation. More students are welcome to attend the meeting or just offer their suggestions.

Team schedules

by Dan Chamberlain Staff Reporter Soccer

The Mystics will play the University College of Cape Breton on Oct. 15 at the Commons. Game time is 2 p.m.

Volleyball

The team practices on Monday from 5:30 to 7:30 p.m. and they practice from 4:30 - 6:30 on Tuesdays and Thursdays.

Womens Basketball

The squad will practice on Wednesdays, Oct. 19. The team practices from 4:30 p.m. to 6:30.

Mens and Womens Rugby

The Rugby Club will meet Mondays, Wednesdays and Fridays from 4:30 to 6:30 p.m. Tennis

The athletic/Recreation Dept. has a tennis club that meets every Tuesday and Thursday from 4:30 p.m. to 6:30 p.m.

Gymnastics

The Gymnastics Club will meet Thursday at 3:00. The meeting will be held in Rosaria Gym.

Co-Ed Volleyball

Co-Ed Volleyball will be held from 7:30 p.m. - 10:00 p.m. on Mondays.

Floor Hockey

The Floor Hockey Club meets on Mondays from 4:30 - 5:30 p.m.

Mount beats SMU 1-0

by Rachel Bachman
Staff reporter

The Mount Women's Soccer Team tested their cleats on the artificial turf at Saint Mary's University in an exhibition game October 6 against the SMU team.

The turf did pose problems but the Mystics came out on top of a 1-0 score. The first half was scoreless. The games only goal came in the second half from Lisa Courtney, who headed a cross from Kathy Naugler directly into the top corner of the net.

The Mystics found it difficult to adjust to the speed of the ball on the turf and control was lacking at times, but with a league game scheduled to be played at SMU later in the season the practice was appreciated. The teams were closely matched and plans are being made to schedule another contest.



Marshall Photo

