

**Saddam Hussein**

Allies capture more than 500, kill 30 Iraqis in Khafji clash

Jan. 15

Persian Gulf war

no news isn't good news [Oil]

**WAR**

NEWS!! I MUST HAVE NEWS!...

Deathly ballet of weaponry

Baghdad

**MISSILES**

Chemical-war threat heightens fear in gulf

ultimatum

**Iraq**

**Kuwait**

**WAR IN THE GULF**

war victims

hostages

This will not be another Vietnam

oil

Bush

Canadanerve-gas

Allies seize control of skies over Iraq





# CLASSIFIEDS

**TYPING:** Need your papers typed? Reasonable rates of \$1.50 per page. Daily pickup can be arranged. Work is done on a computer. Call 865-4648.

A 20-hour introductory course to MS-DOS, basic programming and software packages--including WordPerfect 5.1, Lotus 1-2-3 and dBase IV. Pre-registration required. Dates: Mon./Wed., Feb. 18 to March 20. Time: 7:30 p.m. to 9:30 p.m. Fee: \$165.

**NOVASCOTIA CANCER SOCIETY:** "Living with Cancer," an information and support group program for cancer patients, their families and friends, meet on the first Wednesday of each month from 7 p.m. to 8:30 p.m. at the Nova Scotia Cancer Treatment Foundation, Dixon Building, University Avenue, Halifax.

**THE WOMEN'S STUDIES SOCIETY:** holds a brown bag lunch each Friday from 12 - 2 p.m. at the Institute for the Study of Women (old Marillac). All welcome.

**HELP LINE OFFICE:** needs patient and dedicated volunteers to assist the hearing impaired community through a Message Relay Service. This service is vital to the hearing impaired community. For more information call 442-2048.

**METROPOLITAN IMMIGRANT SETTLEMENT ASSOCIATION:** is a non-profit organization which assists immigrants in the settlement process. We offer many volunteer opportunities through a variety of programs. As well translators/interpreters are needed on a casual basis. People who have a knowledge of English and a second language are invited to contact the Association. For more information call 423-3607.

Co-educational Summer Camp for Children ages 8 - 16) in Lake Placid, Haliburton, Ontario has various positions available. Application forms and company literature available at the Canada Employee Centre on Campus, Rosaria Rm. 111. Deadline April 5, 1991.

Totem Lodge, Sioux Narrows, Ontario has a variety of service-industry related positions available. Submit a resume by April 5, 1991. Application forms and company literature available at the Canada Employee Centre on Campus, Rosaria Rm. 111.

A course in Lotus 1-2-3. Learn the basics of this popular software program in a 20-hour course. Pre-registration required. Dates: Tues./Thurs., Feb. 19 - March 21. Time: 5:15 to 7:15 p.m. Fee: \$165.

A discussion on environmental law--protection laws, individual and community action when a threat to the environment occurs. Sponsored by the Public Legal Society of Nova Scotia. Pre-registration is required. Date: Wed., Feb. 13 Time: 12:15 p.m. to 1 p.m. Fee: no fee.

## SUMMER EMPLOYMENT:

Banff Lifts Limited (Operating Banff's Sulphur Mountain Gondola Lift) have various positions and housing available. Application forms and company literature available at the Canada Employee Centre on Campus, Rosaria Rm. 111. Deadline April 5, 1991.

Canadian Coast Guard, Search and Rescue/Emergency Operations Branch is looking for deckhands throughout the Maritimes. For more information contact the Canada Employee Centre on Campus, Rosaria Rm. 111.

The Nova Scotia Lifeguard Services requires one assistant coordinator-administration, four area supervisors, 15 beach captains, 32 lifeguards and 10 part-time lifeguards.

Nechako Reforestation Service Ltd. in Prince George, British Columbia is looking for tree planters.

The First Nations Resource Council, Indian Management Assistance Program in Alberta is looking for program consultants.

**Permanent:** McCair Foods Limited in Florenceville, New Brunswick is looking for a public relations officer.

For more information on the above employment opportunities contact the Canada Employment Centre on campus, Rosaria Centre Room 111.

**Athletics and Recreation** are offering a soft aerobics class for beginners and active older adults this winter on Tuesday and Thursdays from 2 to 3 p.m. in Rosaria Gym. For more information call 443-4450, ext. 420.

There will also be a morning aerobic fitness break weekdays from 9:30 to 10:30 a.m. There will be free babysitting provided with these classes. For more information call 443-4450, ext. 420.

**CITY OF HALIFAX:** The City of Halifax Leisure Department, Special Services section, is looking for volunteers for its Leisure Friends Program. Volunteers are matched with a person who has a disability and they will participate in a leisure or recreation activity of their choice. For more information call 421-2849.

**CANADIAN FOUNDATION FOR ILEITIS AND COLITIS, HALIFAX CHAPTER:** will hold a educational seminar on February 12 at 7:30 p.m. in Room 4074 Abbie J. Lane Building, Camp Hill Medical Centre. The topic will be diet and inflammatory bowel disease. For further information call 423-2309 or 422-5901.

**CHILDREN'S MARCH DAY CAMP:** Wants leaders for MSVU's March Day Camp held March 11 - 15, 1991. Must have experience working with children; preference given to Child Study and Education students. Working hours are flexible, depending on class schedules. Apply in person at the Athletics/Recreation Office, Room 223, Rosaria Centre.

**HERB-A-LIFE:** Interested in all natural doctor recommended diet? Call Anne at 453-4008.

**GERONTOLOGY DEPARTMENT:** is inviting applications for The McGrath-Baird Prize in Gerontology. The prize of \$100 is presented annually to a mature student, recently returned to studies in Gerontology and working towards a Certificate in Gerontology. Submit grades for all courses taken through December 1990 and a statement of career intent upon completion of the Certificate of Gerontology. Send applications to: Janice M. Keefe, Gerontology Department, Mount St. Vincent University, Halifax, Nova Scotia, B3M 2J6, 443-4450 ext. 466.

**VOICE OF WOMEN:** Journey to Baghdad: The Women's Gulf Peace Team will be the topic of a talk by Maude Barlow on Thursday, February 7, 1990, at 8 p.m. at the Henson Centre Auditorium on University Avenue. For more information call 423-3887.

**SCHIZOPHRENIA SOCIETY OF NOVA SCOTIA:** is a self-help group for friends and family of people with schizophrenia. The next general meeting is Wednesday, February 20, 1991, at 8 p.m. at Hancock Hall, Dalhousie University, corner of Coburg Road and Oxford Street. For more information call 464-3456 or 465-2601.

## WOMEN STUDIES Society Meeting

Thursday, February 7  
3:15 p.m.

The Institute for the Study of Women

In the Spanish literary tradition of the picaresque novel, a picaro was one who lived by his wits as he roamed from one place to another.

A keen observer of life's experiences, his satirical stories stripped off the rose colored glasses and laid naked the unpleasant reality of society.

It was from this crafty vagabond character that our MSVU student union newspaper adopted its name. Our small, energetic society provides essential information and the news which directly affects you.

The Picaro is a member paper of the Canadian University Press, the oldest student press organization in the world. Members are unified by a strong conviction to the Statement of Principles which identifies the student press as an agent of social change striving to advance human rights while working against social injustices such as sexism, racism and homophobia.

As a staff member of the Picaro, you would also be a member of CUP. Be part of life at MSVU. Be a picaro. You could possibly represent our paper at a regional or national conference and/or have your articles printed in papers throughout the country.

We need your input. We need a shipload of writers, photographers, production people, artists and typists. Don't miss the boat, we are in Room 403, Rosaria Centre.

**Picaro Office**  
Room 403,  
Rosaria Centre  
166 Bedford Highway  
Halifax, NS  
B3M 2J6

Advertising 445-3584

**Editor-in-Chief**  
John Jarvis

**News Editor**  
Simon Kennedy

**Entertainment Editor**  
Paula Kendrick

**Sports Editor**  
KellyAnne Beaton

**Classified Editor**  
Erica Colter

**CUP Editor**  
Nadine Decoste

**Typist**  
Tanya Davison

**Production Manager**  
Todd Bechard

**Production Staff**  
Jill Cooper  
Rob Hawgood

**Advertising Manager**  
Todd Bechard

**Distribution Manager**  
Richard Greenough

**Photopool Director**  
Heather Lawrence

**Photopool Staff**  
Jonah Samson  
Kira Nickerson

**Contributors**  
Ian Cowan  
Betsy Kitchen  
Lee Wilson  
Janet Allen  
Edgar Coote  
Jim & Greener  
Ptera Dactyl



## NEWS

## NATIVE DROPOUT RATE ALARMING

by Heidi Modro

MONTREAL (CUP) -- When Robert Berube finished grade school at age 13, he and a dozen of his friends were bussed from their small northern Quebec native reserve to the nearest high school.

But two years later, the 30-kilometre daily trips came to an end.

"I dropped out," Berube said. "I hated it: I hated the travelling, I hated the school, the teachers and the students. Everything. I never felt right being there."

Berube was one of thousands of Quebec native students who drop out of the province's high schools every year.

Native leaders point to the alarming 85 per cent high school drop-out rate in some native communities as proof that the school system which is largely controlled by non-natives does not suit their needs.

On average, two thirds of Quebec native students leave high-school before graduating, according to the First Nations Education Council. The Quebec Ministry of Education reports that only 19 per cent of the non-native population drops-out before getting their diploma.

Only one in 12 Native students in Quebec will get to the post-secondary level, while 25 per cent of non-native students will be able to go on to university.

Native leaders say many forces within the education system -- such as under funding and institutionalized racism -- are at the root of the crisis.

"It's a system built for whites," said Lise Bastien, president for the First Nations Education Council. "The curriculum, the teaching materials, all ignore the history of the first nations, their values, and their specific needs."

Bastien said a restructuring of the education system would also have to educate non-natives about aboriginal issues.

Children will very often leave the grade school on their reserve well-prepared and full of confidence. But once they enter a non-native school, they'll go through a kind of culture shock, she said.

"It's the other students and even the teachers who will make that child ill at ease because they don't always understand that they must deal differently with someone who has a different cultural background and whose first language is often not French," she said.

It would help, she said, if course curriculum would put more emphasis on teaching about the history of Canada's native people. People end up knowing more about South-American Indians than about Canadian Indians," she said. "It doesn't make sense that many Canadians live close to a reserve without knowing what band lives there."

But fighting against the high drop-out rate requires not only taking on the education system.

Konrad Sioui, Quebec regional chief of the Assembly of First Nations, said poverty within native communities is still the biggest problem in the battle against high drop-out rates.

"Natives quite simply lack the material means to fight the racism and segregation that exists in schools," Sioui said.

Native children who leave their reserve to go to high school only get \$12 a month in allowance and \$150 a year bursary from the provincial government to buy supplies such as books.

Parents are expected to also contribute to a child's education, but if they're poor the children quickly fall on hard times.

"You can be sure that if a native student goes to school wearing an old dirty pair of pants and a pair running-shoes with

holes, s/he will automatically be excluded by the other students," he said.

"Native kids are ten times more sensitive to being excluded by other students because they're not living in their communities where they would normally feel more secure."

But native communities that run every aspect of their high school will have a greater success rate, said Gilbert Whiteduck, director of Education Services for the Maniwaki reserve.

In 1980 the reserve opened the doors to its native-run high school and has seen the number of graduates increase yearly. "We've come a long way in the last ten years," said Whiteduck. "We now do everything ourselves at our high school. We design our course curriculum, do our administration work and hire our own teachers."

Although the school is constantly adapting to the needs of its population with special basic literacy courses and career counselling sessions, one out of every three students still drops out before graduating.

"Our students only spend 14 per cent of their time in school," he said. "The impact that a student's family and his/her community is greater than that of the school very often."

Whiteduck said an unstable family life and poverty often make it impossible for students to pursue their studies.

"Some students just can't afford to go school because their family needs them at home to help out," he said.

Keep Smiling



CANADIAN DENTAL ASSOCIATION

## GULF WAR TEACH-IN

By Janet Allen

Understanding of the war in the Gulf is clouded by ambiguous, misleading and diversionary terminology, speakers agreed last Wednesday at a Mount teach-in.

The media's use of euphemisms such as "coalition", "armed" and "multi-national forces" bombards the public with confusing political jargon.

The three Mount professors who spoke to over 60 people about the historical background of the Middle East, the United Nation's role in the crisis and the media's interpretation of the events, hoped to increase students' understanding of the Gulf War.

Underestimating the United States' involvement in the war and power in the United Nations occurs because of this misleading terminology.

"We hear Allied forces--not American forces," said Camille Habib, a political studies professor who spent three months researching in the Middle East.

Habib explained how the

Americans have "championed the Arab cause to established a foothold in this part of the world."

Ambiguous terminology has also hampered the United Nations ability to solve international conflicts with diplomacy, instead of war.

The Security Council, responsible for determining acts of aggression that threaten international peace, waged their own war of interpretation.

The Security Council's resolution did not specify the use of military force to solve the Gulf crisis, explained Krishna Ahooja-Patel, a visiting professor of women's studies who has worked with the United Nations.

"Nowhere was it said that armed forces should be employed," said Ahooja-Patel, "therefore it was a war of interpretation where the (Security Council) members had the right to veto."

"The vocabulary (of the resolution), such as coalition, allies and multi-national forces, carries political authority to all member states to use armed forces to get Iraq to withdraw from

Kuwait," said Ahooja-Patel.

Media coverage of the Gulf War also uses ambiguous terminology that misleads the public and presents a confusing picture.

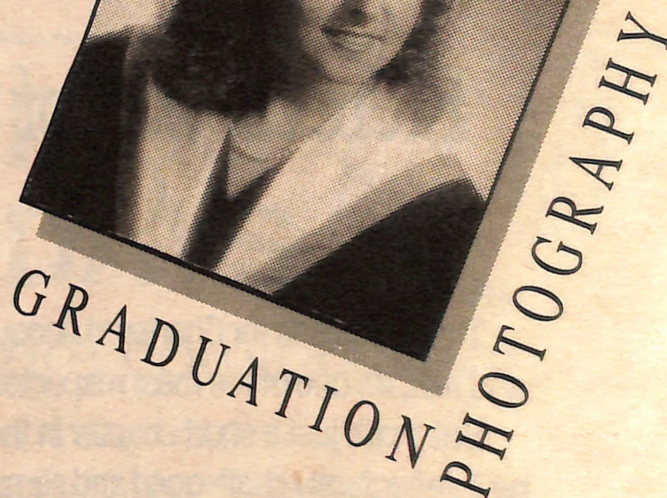
"For us to expect journalists to cover the war objectively is naive," said Judith Scrimger, a public relations professor at the Mount.

"The views of the media will reflect the environment they live in," said Scrimger. "You don't need censors when the media shares the values of the institutions they are supposed to cover."

Scrimger explained how tv coverage conditions an audience to accept war. "The technology and nature of tv supports this notion--tv is smaller than life."

"In a sense, we get a Nintendo war. We see trajectories and charts in newspapers," said Scrimger.

"Journalists are human which makes objectivity a myth in media coverage," said Scrimger. "The media can fuel feelings or anti-feeling of war--depending on who's controlling it," Scrimger said.



Your  
number one  
choice.

**gareypridham**  
photographer

1586 Argyle Street, Halifax, Nova Scotia  
422-9103



# LETTERS

To the Editor:

I was disturbed by the tone and language used by Eric Wilson during his lecture on "Witches, Women and Power" on Monday, January 28th. Several around me made murmurs of condemnation which I interpreted as questioning the lecturer's motivation. I felt there was a thinly disguised academic mask used to discredit feminist research and knowledge on the persecution of millions in the witch inquisitions.

Fortunately, or unfortunately, I only heard the last half of his speech and wished I had my dictionary on hand. Later, I asked how his use of the term "radical feminist" was to be interpreted by listeners. He replied "The Mary Daly Type." After a short discussion, I suggested that he should investigate the definition(s) of the labels he used for people he was undermining. His presenta-

tion appeared as a defense lobby for the male bias in the witch hunt era.

I also question the statement about children who were "included" in the witch burnings. The phrase to the effect "were inquisitors in fear of children..." lead me to wonder what point he was raising. Apparently, a number of male children who were heirs to unknown wealth were designated as witches and subsequently murdered. What better way to incite fear and pain in mothers than to use their children as "targets?"

I have for years been concerned about an air of apathy pervading the Mount and the anti-feminist tones and comments. I question the purpose of the MSVU History Department in inviting Mr. Wilson to a university whose mission is to promote advancement and education of

women.

Maxine Hampton  
BBA Student

To the Editor:

I would like enlightenment on the Picaro headlines of January 30th. The top headline, "Bar Manager Fired" is not a priority issue to students, but rather an internal Student Union administration problem. This "airing of dirty laundry" does not create favourable impressions for anyone.

The next headline, "MSVU Council Takes Position on Gulf War" is of grave concern, however, to most of us. Many of us wait in anxiety over the threat of nuclear war and environmental destruction. The timing of events--over the Christmas period and the public belief that Canada's role was to be a peacekeeping, defensive one--leaves much to question.

The top line of this article--or is it the "bottom line?"--states a position for preventing future money cuts to social programs. What is the relevance of the words, "Council's position is not related to support for any political party" or the advice, "set aside party differences while considering the issue"? What is vague about St. FX's resolution to condemn the use of violence? The article speaks a lot of words about creating awareness of Council's position and the War in the Gulf. How do you propose to make people aware of a position if there is none?

Another issue is the frustration in hunting for a spot to park with my \$65 permit. Full-time students pay the major portion, yet must spend time and gasoline in hunting. The many meters (often unused), I was informed, were placed for the part-time students. It must be inconvenient running out of a three-hour class to fill these meters or finding the specific coins. (I noticed a sign in the Sacetaria: "We do not make change!")

My third concern is the "lights out" in the parking area at the back, near the wooded area. The lights have been out for quite some time, and after night classes while running to find my car, I have flashbacks to some of the tragic events in the past. Tensions are high now, so let us have light--in the parking lots and in Council.

M. Hampton  
BBA

To the Editor:

Well once again you have failed to live up to your own maxims. On the inside page of the Picaro, you print (among other notes of interest) that you strive to work "against social injustices such as sexism, racism and homophobia." Yet, on Page 10 of your most recent issue, in a column entitled "The Real List of What's In What's Out For 1991," you refer to a hairstyle as bull-dyke. Correct me if I am wrong, but I believe bull-dyke is a homophobic slur, usually directed at lesbians.

As I see it, you owe this sector of the community an apology, as well as the rest of those who read your loosely-collected mishmash of badly written, often terribly edited articles that you try to pass off as news. Get your content and moral code to work together or do not bother writing at all. If you were looking for page filler (as this article could only be defined as such) print the weather. At least everyone who lives in Nova Scotia knows this is always contradictory.

Trevor Rostek  
3rd year BA

## Reply

We appreciate the views of Mr. Rostek and his literarily accurate summation of our treatment of a much persecuted sector of our society. For this and other offenses which we may have committed, we humbly offer a heartfelt apology.

However, if students would consider spending more time contributing to the Picaro instead of criticizing it, perhaps the Picaro could be the wonderfully constructed and edited chronicle of journalism we all want it to be. Perhaps with the contributions of students with concerns similar to those of Mr. Rostek, the Picaro can finally stop being a harbour for "mish mash."

Everyone on the Picaro volunteers their time in an attempt to give something back to the student body. We all work as hard as we can amidst busy school schedules, and although our intentions are good, mistakes will happen.

Students, like Mr. Rostek, who feel the Picaro is "loosely collected", "badly written" and "poorly edited" are always welcome to improve the paper by contributing their articles or their time.

To the Editor:

"Give diplomacy a chance?"

How long must one wait for diplomacy to work? Do we apply strict embargoes and allow Iraqis to occupy an independent emirate while we wait and flex our economic muscle?

For many years South Africa has been subject to economic condemnation. Ironically, these sanctions have hurt most the people that they were trying to help. Invariably it is the poor who suffer most from such diplomatic tactics. By imposing sanctions upon Iraq, as you have remarked: "Many Iraqis are at risk of dying from lack of proper medications and materials needed for surgery." Does this constitute a more humane method of ending the occupation of a formerly independent country? Instead of hurting the military forces which invaded Kuwait, those affected most by sanctions are innocent Iraqi and Kuwaiti citizens. In using military force, the United Nations Coalition can directly affect those in charge for this occupation.

Sanctions were attempted and they have failed. Saddam Hussein's forces are still in Kuwait. New efforts had to be undertaken. Let us hope that they are successful.

N.H. and D.M.  
at Dalhousie

Today,  
the difference between  
"possibilities" and "opportunities"  
can depend on your letters of  
reference.

Here are two of the best.  
CA.

The CA stands for Chartered Accountant. Like medicine and law, it's one of the most respected professions around.

But that's just a short chapter in the story. As a CA you'll be intellectually challenged and stimulated. Enjoy higher earning power and a very rewarding lifestyle. With travel opportunities as well as a variety of career options from partnership in a CA firm to corporate management.

So consider being a CA. You'll be amazed how two little letters can make such a positive difference in your life.

CA

Nova Scotia's Chartered Accountants



## NEWS

## PAPERS PULL DND ADS

by Lesley Cornish  
and Andy Riga

OTTAWA (CUP) -- The Canadian Armed Forces have yanked their ads from campus newspapers.

But the decision to cancel ads in student newspapers has nothing to do with campus protests or the Persian Gulf war, said Maj. Daniel Tremblay, the Forces' advertising manager for recruitment.

Since the war broke out in the Middle East, recruiting centres and campus recruitment drives have been targeted by anti-war groups across the country.

The Forces are in "urgent need of technicians and technical personnel so we are going to target people coming out of technical schools," Tremblay said. The new advertising strategy includes the airing of radio spots aimed at

attracting a different kind of recruit.

"We're getting close to the end of our fiscal year (March 31) and we are realigning our advertising plan," Tremblay said. "It has nothing to do with what's going on at campuses, or the Gulf war."

The announced cutbacks come only months after the Forces intensified their campus recruiting effort.

In an interview last November, Capt. Bob Ascah, who's in charge of the Forces' advertising nationwide, said the Forces were planning on spending \$300,000 on advertising directed at students during the 1990-91 school year.

He attributed the 25 per cent increase over 89-90 to the Forces new emphasis on recruiting people with higher education.

Besides demonstrations, some student papers have also

been hampering Forces' recruitment efforts. At least 16 papers currently refuse to run recruitment ads -- and others are considering a boycott. Most of them, however, were already boycotting the Forces when the war broke out.

The latest paper to join the boycott is York University's Lexicon, which decided in December to ban the ads.

Lexicon editor Cindy Reeves said the paper was planning an anti-war issue and felt it was hypocritical to run the recruitment ads in the issue. She said the policy will be reviewed when the war ends.

Some were in favour of the boycott simply because the Forces are military, while others were in favour just because of the war, she said.

At Vanier College in Montreal, the staff of Phoenix is considering adding the Forces to the paper's boycott list.

Phoenix copy editor Jessika Diamond said some staff members are concerned that the boycott would be seen as a reaction to the Gulf war. They felt that if they were going to support the DND during peace, they should support it during war, or risk being hypocritical.

"We never really thought about it before, which is probably our fault," she said. "We find it objectionable because these are our friends who they're trying to recruit."

Campus Plus -- a national advertising representative owned by members of the Canadian University Press student newspaper cooperative -- will lose about \$20,000 during February, March and April because of the cancelled ads, said Wendy Fredricks, Campus Plus' executive director.

Fredricks said that although the DND still needs to recruit people, it is very sensitive to the

reaction it is getting from the campus press.

Some papers have taken pieces of its ads and used them to show the department in a bad light, she said.

"They'd rather pull back than add fuel to the fire," Fredricks said. But she said that because it is very politically sensitive, the department is used to the fact that a lot of schools boycott the ads.

Campus newspapers are not the only victims of the pull-out. The department has cancelled other advertising campaigns, Maj. Tremblay said. As well, other government agencies and departments have announced that they are cancelling ad campaigns because of budget constraints imposed by the war effort.

Tremblay said next year's advertising plan has not been finalized, and he didn't know if the ads would return to campus papers next year.

## EDUCATION: AN IMPOSSIBLE DREAM?

by Jeff Harrington

HALIFAX (CUP) -- A veritable posse of education ministers will ride into Ottawa Feb. 25, hoping to rescue Canada's badly wounded student aid system.

The Council of Ministers of Education will try to persuade Secretary of State Gerry Weiner that the Canada Student Loan Program (CSLP) is "in serious need of reform."

Major student lobby groups feel the federal Tory government is the bad guy, having let the CSLP stagnate to the point where it is of no use for many people and inadequate for others.

Our biggest fight right now is to keep the federal government involved in (funding) education at all," said Jane Arnold, chair of the Canadian Federation of Students (CFS).

CFS, which represents over 400,000 college and university students, has called for a national system of grants -- to be paid for with corporate taxes -- to ensure equal access regardless of economic background. But given the Tory record on post-secondary education, Arnold said she's "being realistic."

The CSLP, created in 1964 on the premise that "inadequate finances should not prohibit people from attending college or university," has been in a time

warp since the 1984-85 academic year. Despite inflation, allowable expenses such as rent, food and bus fare have remained frozen. A committee created by the government recommended in January 1989 that the program be revamped and allowances be increased. But the government ignored its suggestions and has hired a private firm to do an "independent study."

The Conservatives have also capped transfer payments to the provinces for two years, and plan to reduce them after that. These funds -- given to the provinces for health and education -- account for more than 50 per cent of university funding. New Democrat education critic Chris Axworthy has calculated that the payments will shrink to zero by the year 2004, taking inflation into account.

Arnold said that while presenting CFS's position on the cuts to a Senate committee last week, she was astounded by its tenuous grasp of the situation.

"One senator said there are too many students, and by cutting the number of students, we can cut down the crisis our universities are facing. What kind of attitude is that?" she said.

Meanwhile in Nova Scotia, an internal government report has backed up the grim assessment by the provinces and student groups of the CSLP.

The report, prepared by the province's advisory committee on student aid, uses data from Statistics Canada to suggest that for many students in Nova Scotia, a university education is an impossible dream.

"It backs up what we've been saying all along," said Jeff Phelps, chair of the Student Union of Nova Scotia (SUNS).

The report examines students in a variety of financial situations and concludes that attending university in Nova Scotia "requires significantly more funds than are available" through the province's bursary program, CSLP and family savings.

It notes that 57 per cent of families in Nova Scotia make less than \$40,000 and can't save money to contribute to their children's education. It points out in a "disturbing" case study that even a student from a family making \$45,000 would not be able to attend university using all available resources. Even if the student received the maximum loan and provincial bursary and could get a summer job, he or she would still face a shortfall of \$1,564 annually.

Another case study concludes that a single parent on social assistance with two children would face a \$6,088 annual shortfall: attending university would "obviously be an impossibility." And that estimate assumes

the student could get a subsidized daycare space.

"Daycare is the biggest problem for single parents. The situation is awful," said Lynn MacMichael, who chairs SUNS' child care committee.

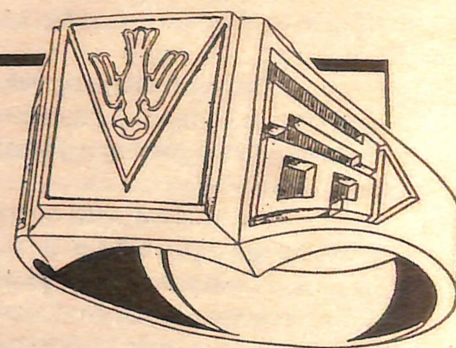
Nova Scotia advanced education minister Joel Mathe-

son said the report "is still under review," but noted there is a consensus among the education ministers.

"The federal government has to update its approach to student aid to the needs of today," he said.

# RING DAYS

are coming soon ....



February 11 & 12, 1991  
11 a.m. to 3 p.m.  
Rosaria Terrace

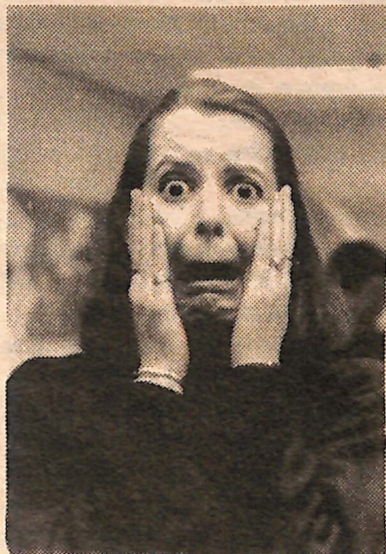
Save \$20.00 off regular prices on all graduation rings when you make your purchase during Ring Days. A \$75.00 deposit is required at the time of placing the order.

Drop in or call the Bookstore, Rosaria Centre at loc. 422 for more information.



## FEATURE

## ECLECTIC CORNER: AAAAAAAARGH!!!



by Betsy Kitchen

Picture it. Your palms are sweaty, you wring your hands incessantly as your breath gets short and shallow. Yes, you're hyper-ventilating. You are in desperate need of a paper bag but there's none to be found (and even if there was one you're in the library and it would probably rustle too loudly and the librarian would shoot you dirty looks).

Meanwhile you're still hyper-ventilating and the stacks of books that surround your cramped desk begin to close in on you - tighter and tighter, closer and closer until you reach ultimate panic. If you don't get out of here fast you'll surely suffocate!

You stuff your books into your bag at a furious rate, crumpling papers and bending bindings. You grab your jacket, shoving a trembling hand through the inside-out sleeve as you race past the sea of blurry faces out the door. You run and run and run and run until the library is but an insignificant speck on the horizon behind you as you collapse to the cold ground in a heap of desperate exhaustion.

You're a freshman student and you've just experienced the first in a long and frustrating series of mental breakdowns triggered by a disorder known as "Acute Mid-termstressitis".

As a student with one painful degree under my belt let me give you a bit of advice - GET USED TO IT. This is not to say that the type of stress a freshman faces won't be eventually resolved. It will. But the fact remains that it will be replaced by Sophomore Stress, then Junior Stress and, (God forbid), Senior Stress (a.k.a. Nodontmakeleaveuniversityandgooutintotheheartlessjobmarket Syndrome). In other words, just as it seems you've learned to cope with one type of stress you're thrown into a new situation requiring different stress reduction skills in order to maintain your sanity.

THUS - as mid-term time quickly and mercilessly descends upon us I, the self-proclaimed Queen of Stressing Out, have decided to share one of my favorite home remedies for coping with the urge to throw yourself (and/or your prof) over the A. Murray MacKay Bridge.

1- Take several deep (I mean really DEEP) breaths, holding them in for 10 seconds and then letting them out slowly. While this may sound elementary it's definitely a good place to start. (Besides, how can you fully appreciate the rest of these suggestions if no oxygen is getting to your brain and your face is turning purple?!?)

2- DO NOT, I repeat DO NOT look in your "Daily Planner" at all costs. The damage caused from seeing the endless lists of what has to be completed before you go

home for the so-called Reading Break could be irreparable. Save this uplifting task until you've received a clean bill of mental health...(which could be never but think of the grief you will have saved yourself!)

3- Go to your local video store and pick out a movie. That's right, a movie. You are probably so stressed right now that engaging in a couple of hours of serious escapism will help you relax and come to grips with the fact that, in reality, the world doesn't revolve around that term paper due in six days...(your prof would dispute this of course, but hey - that's their job).

Remember to choose a flick that will help, not hinder, your fragile mental state (eg. "Dead Ringers" and "Clockwork Orange" are probably not the best choices right now).

4- On your way home from the video store be sure to stop by your neighborhood Toulany's Grocery and pick up a few "comfort nibbles." My personal favourites include Sour Soothers, Ruffles Regular with Herb & Spice dip, Rosebuds and a couple of good-sized Gobstoppers to round things out. In fact, any type of candy that reminds you of your carefree childhood proves therapeutic in times of stress. Heck, why not go all out and buy a pouch of Big League Chew and see how much of it you can fit in your mouth at one time? (If nothing else you'll crack up at how silly you look with that much gum overflowing out of your mouth.)

5- By the way, I should mention that if you don't have a VCR you should probably skip step number three - arriving home with movie in hand to the grim realization that you don't in fact have a VCR to play it on will most likely depress you further. Instead, go directly to the candy store or, if possible, to the home of your nearest friend who does have a VCR! Tell them you've been meaning to spend some quality time with them and it just so happens that you have 106 minutes (or however long the movie is) of free time.

6- Next, sit back, put your feet up, relax and become absorbed in the flick while pigging out on your favorite

glucose-laden goodies. While this doesn't facilitate the immediate completion of your mountain of work, chances are that when you DO sit back down at your desk, your head will be a little clearer and you can focus on what needs to be done instead of wasting precious time (and brain cells) banging your head against the wall.

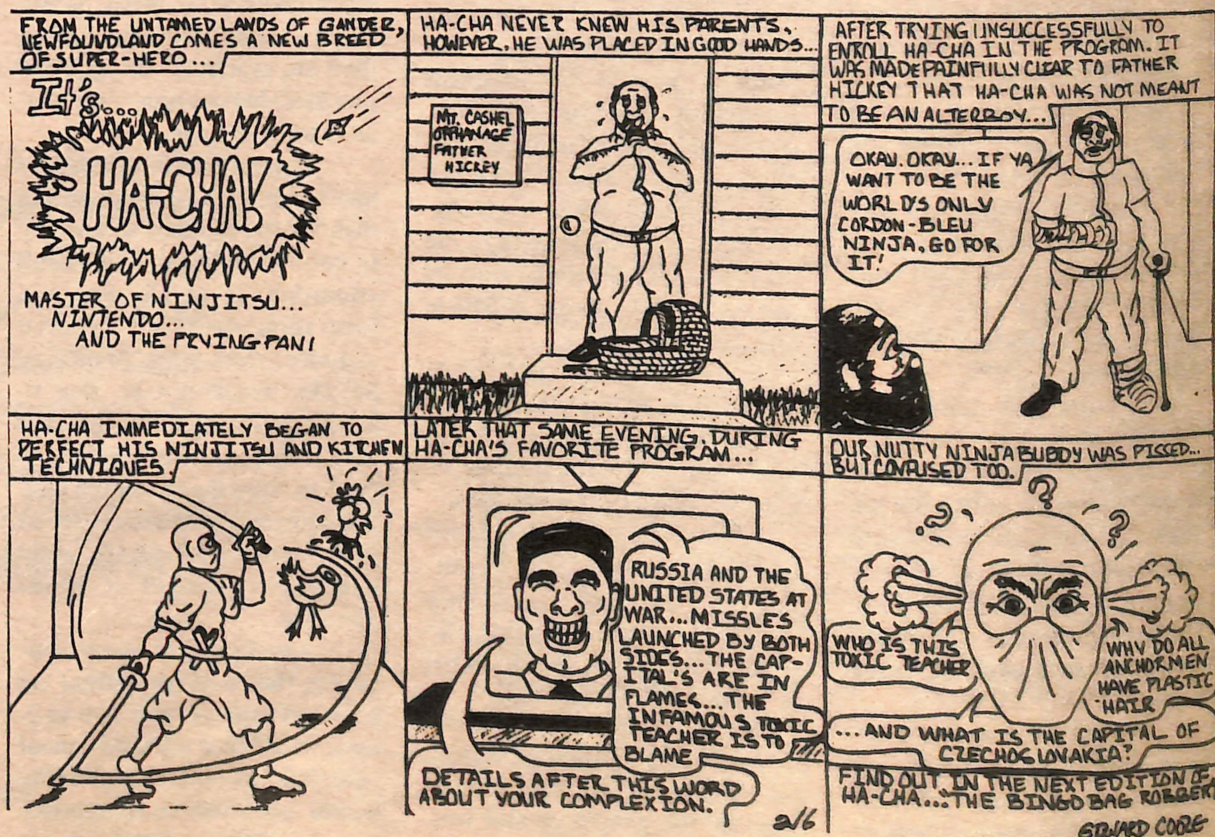
7- Later, if you feel a panic attack resurfacing, nip it in the bud by jumping up, putting your loudest and most obnoxious music on the stereo as you flail around the room doing your personalized version of Jane Fonda on LSD. Not only will this "exorcise" the panic right out of you but it will also help burn off the 6,000 calories you consumed during the movie.

8- Now return to your desk and plough through some more work. Later, as a treat for your efforts, go call a friend for some giggle and gossip therapy. (Avoid calling others in your class lest they too are stressing and freak you out back to step one.) Sinful long-distance gabs on parental calling cards have been known to be particularly satisfying in this situations like these.

9- Just before bed, run yourself a long, hot bubble bath. (For those in residence a lukewarm dribbly shower will have to do.) Take in a textbook if you must or a partner if you can...either way place special emphasis on relaxing (one may facilitate this objective a little easier than the other).

10- Finally, climb into bed clean, warm and ready for a deep, restful sleep. Slowly drift off knowing that all around the academic world are students just like you struggling to keep it all together and maintain their sanity at the same time. (Misery loves company). Above all, remember you're only human, there are only 24 hours in a day, what's done is done, tomorrow is another day and whatever other cliches work for you.

Besides, if all other methods of therapy fail, you can always write a column in THE PICARO.





## FEATURE

## VIDEO VIOLENCE ABOUND!!!

by Mike Adler  
Canadian University Press

Buzz hits the leather-clad woman again and again, enveloping her head in a haze of blood. The screaming crowd pushes her back into the ring, waving money and pumping fists. She hits back, kicks with her high-heeled boots, but Buzz stabs her with a knife until she collapses and turns a pale grey -- dead.

Cut to the next scene: Buzz is raised on a forklift while fanatical followers rave in the background. As money piles at his feet, he receives a "brutality bonus" for his latest match. Welcome to the world of Pit-Fighter, a video game at a Carleton University arcade.

As digital sound and digitized pictures increase realism, video games Canadian students play are becoming more violent -- especially towards women. Games have been removed from Carleton and other universities across the country, and at least one student government now has a strong policy against violent games. How did we get from Space Invaders and Asteroids to fighting with knives and bludgeoning with iron pipes?

"That's the culture of the kids these days, that's what they're into," says Mary Fujihara, a public relations officer for Atari Games in Sunnyvale, Calif., the company which makes Pit-Fighter. "We don't emphasize it (in our games), but if you look at any arcade, you'll see a good percentage of them being kick-punch, hand-to-hand combat games."

Karate Champ, the first of these "hand-to-hand" games, was an unqualified success several years ago, Fujihara says. On its screen, identical human figures use standard karate movements to score points, which are announced by a short, cartoonish judge with a fan. Winning players are visited at the end of a match by a small female figure with a heart over-head.

"For three years there was nothing but kung fu fighter games," says Fujihara, "and then hand-to-hand went on to become street fighting."

The last fighting game to become especially successful, she says, was Taito's Double Dragon, introduced three years ago.

Double Dragon begins with a man viciously punching a woman in the stomach and carrying her off. To "get her back", players use

their figures, Hammer and Spike, to punch and kick their way through an army of men and women. Both sides can use assorted weapons -- knives, barrels, baseball bats, and hooks. If two players are left alive after killing the woman's abductors, they must pummel each other to be the sole recipient of her love, while she remains bound, suspended from the ceiling of a room, by a rope.

The game was banned from a college pub at the University of Toronto in 1988, after student councillors responded to complaints that it was sexist and needlessly violent. It seems very popular at Carleton, however -- judging from its year-long stay at the residence arcade -- and it has recently been joined by Capcom USA's Final Fight, a newer and even more violent cousin.

In almost every video game in Carleton's arcades, women are either victims to be retrieved or amazons to be slaughtered. In contrast, the images players control are usually male.

Fujihara defends the use of "Angel," the female opponent in Pit-Fighter, saying it is part of the game's fantasy of "underground fighting" and no one has complained to Atari about it.

"She's just another character," says Trevor Ydreos, a first-year arts student who claims to have defeated all his imaginary opponents in Pit-Fighter. He added he doesn't feel differently about the woman than any other character in the game.

"We put (her) in there because we've heard kids say that they need to fight girls, or (to) be a girl and fight guys or other girls," Fujihara says. "It's not a sexist thing to them. They see (the woman) as a fighter, but they almost think it's funny that it's a lady, and she's fighting them."

Other, similar representations of women in video games aren't hard to find.

Players of Golden Axe must hack at blonde amazons to reach their goal. If they die, the amazons fall over with a groan. If they kill a player, they stand and laugh, breasts shaking above tightly-laced corsets.

Before firing a replica gun at as many of the "enemy" as possible in Operation Wolf, players watch non-combatants, such as crying women and nurses with stretchers, parade out and ask not to be shot. If they are shot, however, it makes no real difference to the player's main objec-

tive, which is to get as far as possible through the game's sequence.

Crime Fighters pits players against the usual assortment of inner-city goons and whip-wielding, leather-clad women. Their goal is to kill a man who is a kidnapper or pimp. What is unclear is whether the group of women behind bars in the game's final sequence are free to go, or if they are now prisoners of the players.

Most games now accept extra quarters to extend play after a player has been defeated, leaving a task unfinished. In Toki, a woman appears and pleads for life as a clock runs out, choking back animated tears running down her face.

"If you don't keep playing, I'll be killed," her speech balloon reads. Players who respond by quickly inserting a quarter can continue their game; those who do not, condemn the woman to death.

Character background and storyline are receiving more attention in fighting games, Fujihara says, because players who watch action movies want similar characters and goals.

Final Fight features a lengthy prologue, complete with personal profiles of its three male "heroes," Cody, Guy, and Mike Haggar, and their justification for a rampage -- to rescue their sweetheart or friend or daughter, and to make an army of thugs "pay."

Even the thugs have names, including one who strongly resembles professional wrestler Andre the Giant.

Pit-Fighter is preceded by digitized sequences showing characters Buzz, Ty, and Kato doing things such as performing Tai Chi on a mountaintop and knocking other men's heads together before fighting to the death for money.

"The graphics are better (than those in Double Dragon)," Ydreos says of Pit-Fighter. "It's more like a movie."

Despite the vigilante role often encouraged for the players, the games do not seem to communicate a greater respect for personal property than they do for human life.

Players of Final Fight are encouraged to get bonus points in one sequence by demolishing a car with an iron pipe, seemingly for the sheer destructive joy of it.

Video games are a multi-billion dollar industry these days. They are tremendously popular and very profitable, attractive to

students and cash-starved student governments alike.

There is at least one student government, however, which has a policy barring violent video games from its campus. The University of Winnipeg student council effectively banned all video games last month, "for which players commit violence against human images, (or) which include sexist, racist, or demeaning connotations."

The policy allows games already on the campus to be "phased out" over a one-year period.

"The promotion of violence doesn't really belong in an intellectual setting (like a university)," says U of W council president Kyle Briggs, who doesn't think the association should "be making money off of violence." If students still want the violent games, he added, they can go to off-campus arcades instead.

Kelley Castle, coordinator of Carleton's Women's Centre, agrees with the University of Winnipeg ban, arguing that video games are getting more violent because people want them that way.

"I think it's obvious that not only do we get desensitized to whatever forms of violence we start off with and we want more, but also there is the increasing prevalence of women being the object of the violence," she says.

Castle says this violence will worsen as women make advances in education and non-traditional jobs and men feel their "privileges" are being threatened. Carleton's student governments don't have policies dealing with video games, according to council administration vice-president Miranda Lawrence, who doesn't think the U of W council policy is practical enough to work at Carleton. It's difficult to find a pre-

cise definition of which games are offensive, she says, but agreed games with graphic violence or violence against women should be removed. Currently, decisions to remove individual video games under the council's jurisdiction can only be made by the president.

During the last year, Carleton's council acted to remove games twice after people complained -- once from the association's Unicentre Arcade, and once from the machine was reported to be a "good earner," complaints from women who found it offensive convinced the council president that it was not worth having. It also does not allow the sale of Playboy Magazine in its Unicentre Store.

Lawrence says she is convinced the portrayal of women in many of the games reinforces gender stereotypes and may lead to harassment of women or actual violence.

"I would feel a lot safer not having to walk by the arcade and hear men hoot at these games," she added.

"I don't agree that a good argument for not (implementing a policy) is that it will be difficult," Castle says. "Of course it will be difficult but...we have to make some kind of effort, and I don't think it's impossible."

Castle argues that the student council must already have criteria in mind for deciding whether a game should be removed, and more can be found by asking knowledgeable women what is sexist, and women of color what is racist.

"I think it's really easy to try and tell whether there is violence involved in (a video game)," she says. "If you're killing something or if you're shooting something, then that's violence."

## PR SOCIETY

## GENERAL MEETING

FRIDAY, FEBRUARY 8

3:00 - 4:00 P.M.

DON MACNEIL ROOM



# FEATURE

## SUICIDE IS NOT THE ANSWER

By Lee Wilson

Susan is sitting at her desk in residence. It is eight o'clock and she has a paper due. Susan is unable to concentrate on her assignment because she is worried about how she will pay her tuition.

Susan has a bottle of pills and has just taken the last one.

Susan wants to die.

Susan is not alone. Suicide has become the second leading cause of death among university students, according to Statistics Canada.

"University students in particular, are dealing with a number of pressures that they may not have had to face before," says Candace Powell, program co-ordinator for Help Line, a 24-hour telephone service that pro-

vides suicide counselling. "For many, it is the first time they have lived away from home. Mounting pressures caused by concerns about marks, financial problems, deadlines and new relationships are often enough to make students feel that the only light at the end of the tunnel is death."

Overwhelming pressures may lead a student to consider suicide as a means of escape from a situation that he or she feels powerless to change, says Powell. A feeling of helplessness, a loss of self-esteem, and a fear of failure combine to cause a student to believe that suicide is a solution to their problems.

A study done by Statistics Canada in 1988 shows that while females in this age group are three times more likely to attempt suicide, males are more likely to complete the act. The

study indicates that males choose more violent means such as guns or knives, which result in immediate death. In contrast, women employ methods such as poisonous substances which do not have an immediate effect. This increases the possibility the individual will be discovered by someone and taken for help.

University counselling programs are vital support systems to the suicidal student. Many universities have professional staff available to work with individuals considering suicide.

The Dalhousie University counselling service provides professional support for students in a crisis. Judy Hyashi, director of student counselling, said that it is often more difficult to help students who live off-campus as they may have few connections with the student community and

little contact with professors. Hyashi stated that friends and professors are often the first to notice suicidal behaviour and they play a very important role in recognizing that an individual needs help.

Students at Acadia University have taken their role as a support system for the campus community one step further by providing a peer counselling program to help students in crisis.

Shaleena Theophilus, co-ordinator of the Open Program says that people often feel more comfortable talking to their peers about their problems rather than a professional. The program presently provides a drop-in centre which is staffed by 28 student volunteers trained to deal with issues such as suicide. Theophilus says that the program will be

extended to include a confidential telephoneservice.

A person who is considering suicide does exhibit observable warning signs, says Powell. Behaviour changes such as a sudden withdrawal from friends or family, depression, a loss of weight or appetite, a pre-occupation with death and dying, and most importantly threats of suicide.

"Any threat should be taken seriously and should not be considered as an attempt to get attention," says Powell. "If someone appears to be considering suicide, support them and encourage them to seek help immediately. Listening is essential. A threat of suicide needs to be treated seriously in order to be taken seriously."

Susan and many others like her, need the support of friends, professors and family to help her deal with the pressures of university so that a bottle of pills doesn't become the solution to her problems.

## WE'RE ALL WINNERS!

We're all winners with students like these. Mount Saint Vincent University would like to congratulate our scholarship recipients, and to gratefully acknowledge the contribution of all those who support the university's scholarship and bursary program.

Scholarships for the 1990-91 academic year were awarded to:

Colleen Anne Arnold, Tantallon, Continuing Education Scholarship  
 Patricia Ann Axworthy, Sydney, Agnes Foley MacDonald Jubilee Scholarship and Canada Scholarship  
 Elizabeth Ann Bellefontaine, Dartmouth, Assisium and Merit Scholarships  
 Terrine Benham, Halifax, John (Dewey) Squires Scholarship  
 Denise Marie Bourque, Tusket, C.A. Fowler and Merit Scholarships  
 Trudy Lynn Breen, Mulgrave, Hon. Walter O Hearn Jubilee and Merit Scholarships  
 Susan Elizabeth Buffett, Glace Bay, Ruth Goldbloom Jubilee and Merit Scholarships  
 Lawrence Charles Buhagiar, Halifax, Merit Scholarship  
 Kathryn Tracy Burns, Sherbrooke, Merit Scholarship  
 Jennifer Castagna, Porter's Lake, Helen Patton Jubilee Scholarship  
 Sylvia Anne Chevarie, Black Harbours, N.B., Alice Egan Hagen Jubilee Scholarship  
 Mary Sylvia Chisholm, Dartmouth, Merit Scholarship  
 Christina Cohoon, Kentville, Merit Scholarship  
 Nicole Pamela Comeau, Edmonton, Alta., T.C. Gorman and Merit Scholarships  
 Kim Eleanor Cooper, Halifax, Merit Scholarship  
 Christine Cotaras, Dartmouth, Merit Scholarship  
 Valerie Louise Creelman, Porter's Lake, Sr. Marie Agnes White Jubilee Scholarship  
 Margo Michelle Curley, Summerside, P.E.I., Merit Scholarship  
 Donna Jean Curtis, Truro, Marial Mosher Scholarship  
 Carla Cushing, Brooklyn, Canada Scholarship  
 Joelle D'Entremont, Lower West Pubnico, Merit Scholarship  
 Colleen Marie Donahue, Sydney, Muriel Donahoe Duxbury Jubilee Scholarship  
 Kimberley Doucet, Placentia Bay, Nfld., Canada Scholarship  
 Melissa Ann Doucet, Halifax, Anne Hinton Memorial and Merit Scholarships  
 Monique Yvette Doucette, L'Ardoise, Louyse Drouin Kennedy Jubilee Scholarship  
 Ellen Anne Dugas, Bedford, Avon Canada Jubilee and Merit Scholarships  
 Tracey Lynn Dunn, Riverview, N.B., Nickle Family Foundation Scholarship and Canada Scholarship  
 Joanne Duplessis, Halifax, Merit Scholarship  
 Anne Dwyer, Grand Falls, Nfld., Diamond Jubilee Presidential Scholars Awards  
 Tracey Lynn Ernst, Halifax, Paul McIsaac Scholarship  
 Carol Faber, Gaetz Brook, Floyd Campbell Memorial Scholarship  
 Shauna Fenton, New Glasgow, Sisters of Charity Scholarship  
 Alison Dawn Gillespie, Eureka, Margaret Oland Jubilee Scholarship  
 Sherry E. Gillis, Souris, P.E.I., Diamond Jubilee Presidential Scholars Awards  
 Sylvia Elizabeth Gillis, Dartmouth, Sister Irene Marie Scholarship  
 Catherine Reid Green, Windsor Junction, Merit Scholarship  
 Brooke Greig, Halifax, Canada Scholarship  
 Julie Hamilton, Berwick, Canada Scholarship  
 Linda Hill, Halifax, Royal Canadian Air Force (Women's Division) and Merit Scholarships  
 Jennifer Mary James, Halifax, Merit Scholarship  
 Joan Catherine Jewers, Dartmouth, Merit Scholarship  
 Mary L. Johnson, Dartmouth, Merit Scholarship  
 Ramona Joseph-Ball, Herring Cove, Leslie V. Sansom Continuing Education Scholarship  
 Simon Kennedy, Halifax, Kenneth Butler and Merit Scholarships  
 Alanna Michele Keough-MacVittie, Victoria, P.E.I., Sr. Marie Olga McKenna Jubilee Scholarship  
 Teri Lynn Kervin, Halifax, Albertus Magnus, Floyd Campbell Memorial and Merit Scholarships  
 Kimberley Paige Lake, Truro, Merit Scholarship  
 Robert Vincent Landry, Halifax, George Cheong and Sons Memorial Scholarship  
 Rosanne LaPierre, Halifax, Merit Scholarship  
 Denise (Emma) LeBlanc, Halifax, Merit Scholarship  
 Kimberley Anne Little, Lower Sackville, Merit Scholarship  
 Lauraine Gale Logan, Truro, Leslie V. Sansom Continuing Education Scholarship  
 Cheryl Lowe, Moncton, N.B., MacNichol-Scrimger, Memorial and Merit Scholarships  
 Palmyra Ethel Lucia, Port Hawkesbury, Sr. Margaret Young Jubilee Scholarship  
 Andrea McAllister, Falmouth, Canada Scholarship  
 Christine MacDonald, Dartmouth, Merit Scholarship  
 Suzanne Marie MacDougall, Mabou, Merit Scholarship  
 Karen Lynn MacLean, New Waterford, M. Eileen Finnegan Hayes Jubilee Scholarship



Many students who received scholarships this year attended a recent reception in their honor. Donor representatives were also present.

Martin Thane MacLennan, Dartmouth, Merit Scholarship  
 Sandra Phyllis MacLeod, Halifax, Catholic Women's League Alice Egan Hagen Memorial Scholarship  
 Deanne MacLeod, Amherst, Diamond Jubilee Presidential Scholars Award  
 Lorna MacPhee, Dartmouth, Merit Scholarship  
 Judith B. MacPhee, Bedford, Coopers and Lybrand Jubilee and Merit Scholarships  
 Frederick Madore, Malagash, Nova Scotia Teachers College Scholarship  
 Angela Dawn Martell, Lawrencetown, Maureen Martin Johnson Jubilee Scholarship  
 Tina Marie McCarty, Fredericton, N.B., Merit Scholarship  
 Jeannine McQuaid, Charlottetown, P.E.I., Senator W.H. Dennis Jubilee Scholarship  
 Judith Lynn Miller, Armdale, Linda Oland Scholarship  
 Mary Anne Moore, Dartmouth, Merit Scholarship  
 Carrie Anne Muise, Yarmouth, Merit Scholarship  
 Barbara Mary Mulloy, St. John's, Nfld., Merit Scholarship  
 Patricia North, Halifax, Dorothy Neath and Merit Scholarships  
 Erin Lynn Parker, Dartmouth, Noel Levasseur Memorial Scholarship In Tourism and Hospitality Management  
 Tracey Arlene Parnell, Cranbrook, B.C., Sr. Lua Scholarship  
 Catherine Joanne Paw, Saint John, N.B., Honoria Conway Jubilee Scholarship  
 David Poirier, Moncton, N.B., Merit Scholarship  
 Florence Power, Burin, Nfld., Nancy Logan and Merit Scholarships  
 Lynn Victoria Prime, Weymouth, Sr. Katherine Meagher (Office Administration) and Merit Scholarships  
 Jennifer Elizabeth Quartermain, Cambridge Station, Merit Scholarship & Canada Scholarship  
 Donna Lee Redmond, Halifax, St. Patrick's High School Alumnae and Merit Scholarships  
 Christopher Rowland, Halifax, Merit Scholarship  
 Lana Kelly Sheppard, Deer Lake, Nfld., Nancy R. Jackman Jubilee & Merit Scholarships  
 Loralee W. Shupe, Armdale, Merit Scholarship  
 Wendy Skeard, Port aux Basques, Nfld., Canada Scholarship  
 Kathryn Faye Smith, Halifax, Merit Scholarship  
 Susan Beryl Roberta Smith, Halifax, Merit Scholarship  
 Kathleen Coughlan Smith, Truro, Merit Scholarship  
 Elizabeth J. Van Norden, Halifax, Merit Scholarship  
 Tracey Lisabeth Weatherbe, Dartmouth, Merit Scholarship  
 Janice Margaret White, Bathurst, N.B., Margaret Reardon Brown Jubilee and Merit Scholarships  
 Deanna Willcott, Halifax, Merit Scholarship  
 Mary Sheena Williams, Guysborough, Merit Scholarship

Mount Saint Vincent University

## PICARO STAFF

(as of February 6)

Kelly Beaton  
 Todd Bechard  
 Erica Colter  
 Jill Cooper  
 Ian Cowan  
 Nadine DeCoste  
 Rich Greenough  
 Nadine Hines  
 John Jarvis  
 Paula Kendrick  
 Simon Kennedy  
 Betsy Kitchen  
 Heather Lawrence  
 Kira Nickerson  
 Amy Perritt  
 Jonah Samson  
 Gillian Schultze  
 Jannine Shave

A staff member is anyone who has contributed to 3 of the last 10 issues of the paper. There are several people who are very close to qualifying as staff. Please come check at the PICARO office by Friday if you think you are close to qualifying.



# SPORTS

## FIT TIPS: FEBRUARY IS HEART MONTH

The month of February is Heart Month in Canada. During this month, health care agencies and health care professionals make a special effort to educate the population on the how and why of good cardiovascular health. Nova Scotians have one of the highest rates of cardiovascular disease in the country. We need to take a serious look at the lifestyle habits that contribute to the high incidence of heart disease in Nova Scotia.

One of the lifestyle areas that effects the health of our hearts, is eating habits. Studies have time and again shown that diets high in fat and salt contrib-

ute to cardiovascular disease. If those are the mainstays of your diet, you need to make the lifestyle change to healthier eating habits. This means lean meats, fish, chicken, fresh fruits and vegetables, and complex carbohydrates like whole grain breads or starchy vegetables like potatoes.

Another lifestyle area we need to examine is our emotional/mental well-being. Do we have constant stress in our lives? Do we possess the skills necessary to deal and cope with the stress?

Learning how to cope with any stressors in our lives is connected to a third aspect of devel-

oping good cardiovascular health ... our physical lifestyle habits. Is physical activity a regular part of our lifestyle? Studies have linked regular physical activity to reduced incidence of cardiovascular disease. Physical activity also plays a role in stress management; it serves as an outlet for the stressors we have to deal with in our everyday life.

During Heart Health Month, why not make some healthy lifestyle changes for your heart. Make a move to healthy eating; get on the move ... start exercising regularly. Not only will your heart feel better, but physically and mentally, you will

feel better.

To encourage you to make the move, the Athletics/Recreation Office will host "Have a Heart Week" from February 11-15. During that week, a display table will be set up outside the gym with informational flyers on how to take good care of your heart.

On February 14th, we'll have special fitness classes with T-shirt draws in each class. So if you already come to fitness classes, bring a friend along on that day, or if you haven't stepped inside the gym yet, drop by for a free class on February 14th, and get yourself moving!

## A Decade Of Excellence

On Friday, February 8, and Saturday, February 9, Rosaria Centre will be alive with memories, story telling and a gym full of former Mount Athletes.

This gathering is in celebration of the 10th year Anniversary of the opening of Rosaria Centre.

Rosaria Centre which was officially opened in March of 1981 was a welcomed and much needed addition to student life on campus. It now houses the Registrar's Office, Admissions, Student

Affairs, Campus Bookstore, Information, Security, Cafeteria, Cornerstore, Vinnie's Lounge, Student Union, Athletics/Recreation Office and Rosaria Gymnasium.

Friday night's festivities include a Monte Carlo night in Vinnie's Lounge. Saturday will see former athletes and present teams compete in some friendly competition all day in the gym.

Drop by, you might see a face or two you recognize.

## MOUNT WINS AT STU

The Mount Basketball teams took on the "Tommies" from Saint Thomas University, Fredericton on Sunday and were victorious in both games.

The first game saw the Mount women's team explode in the first few minutes of the game. The team from STU wasn't prepared to give it up though and persisted throughout the game closing the gap several times. The score at the final buzzer...54-50 for the Mount.

"We defeated the STU team early in the season in Fredericton," said Assistant Coach Patsy Pyke. "They have really improved. They tend to be able to come on

strong at the end of the game when a lot of other teams are tired. They defeated Kings on Saturday by two points by pressing them late in the game. We are able to handle full court pressure, but at the end of a game it can wear a team down."

One of the accomplishments the STU team has to their credit this year is that the Mount team would like to share is a two game advantage on NSTC. The STU team was able to defeat NSTC twice in Fredericton. Thus far this season, the Mount has lost to NSTC three times.

Scorers in the STU game for the Mount were Andrea Drake 16, Alex Taylor 14, Jocelyn

MacLean 9, Gail MacDonald 8, Heather Nicholson 3, Carolann Coon 2, Audrey Norman 2.

In the men's game the Mount was successful in taking the game from STU by a score of 82-72. "The key to this game," said Head Coach Rick Plato, "was strong shooting and good team 'D' in the second half." Plato gave STU their regards by saying, "Despite their record, I feel STU is one of the top teams in the league and never stop hustling."

Scoring for then Mount were Anthony McNeil 19, Mark Forward 18, Andrew McNeil 13, Garnet Wright 8, Ray Adekayode 8, Tony Ross 7, Derek Johnston 6, Dyrick McDermott 3.

## REVENGE ON TUNS

The Mount were successful in taking revenge on the team from TUNS for the loss they suffered two weeks ago.

The Mount defeated TUNS on the weekend by a score of 74-69.

Head Coach Rick Plato credits the win to "...A fine team effort especially the offensive boards." Although TUNS has been improving greatly as the season goes on, Plato still feels "...T.C. is the teams to beat because of their size and experience."

Top scorers for the Mount were Mark Forward 18, Derek Johnston 14, Dyrick McDermott

12, Andrew McNeil 11.

The Mount will host NSTC

on Feb 13 at 8 p.m. following the women's game at 6 p.m.

## ATHLETIC SCHEDULE

### BASKETBALL

**Wednesday, February 6**  
NSAC at MSVU  
6 p.m. & 8 p.m.

**Sunday, February 10**  
MSVU at KINGS  
2 p.m. & 4 p.m.

**Wednesday, February 13**  
NSTC at MSVU  
6:30 p.m. & 8:30 p.m.

**Thursday, February 14**  
MSVU at TUNS  
6 p.m.

### VOLLEYBALL

**Wednesday, February 6**  
MSVU at KINGS  
6 p.m.

**Sunday, February 10**  
NSCAA Tournament at NSTC

**Thursday, February 14**  
MSVU at TUNS  
8 p.m.

Where did everyone go?

## MSVU EVENTS

Wed. Feb. 6

Intramural Coed Indoor Soccer  
3 - 4 p.m.  
Rosaria Gym

MSVU Basketball  
NSAC vs MSVU  
6:30 p.m. & 8:30 p.m.

Thurs. Feb. 7

Intramural Coed Volleyball  
8 - 10 p.m.  
Rosaria Gym

Fri. Feb. 8

Pictionary Tournament  
2 - 4 p.m.  
Vinnies Lounge

Intramural Coed Basketball  
2 - 3:30 p.m.  
Rosaria Gym

A Decade of Excellence  
Reception 8:00 p.m.  
Monte Carlo 8:30 p.m.  
Vinnies Lounge

Sat. Feb. 9

Alumnae Games  
Rosaria Gym 12 noon - 6:30 p.m.

Sun. Feb. 10

Intramural Coed Ball Hockey  
5 - 7 p.m.  
Rosaria Gym

Intramural Coed Volleyball  
8 - 10 p.m. Rosaria Gym

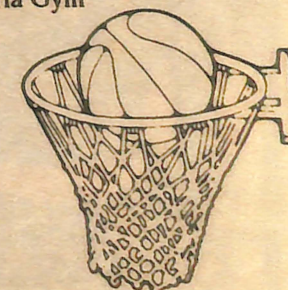
Mon. Feb. 11

Intramural Women's Gym Night  
6:30 p.m. - 8 p.m.  
Rosaria Gym

Tues. Feb. 12  
Intramural Coed Badminton  
7:30 p.m. - 10:30 p.m.

Wed. Feb. 13  
Intramural Coed Soccer  
3 - 4 p.m.  
Rosaria Gym

MSVU Basketball  
NSTC at MSVU  
6 p.m. & 8 p.m.  
Rosaria Gym



## KEEP SMILING



Nova Scotia  
Dental  
Association



# ENTERTAINMENT

Halifax Nightlife: Running Amok

## THE MINIMALIST JUGBAND AND COFFEE IN MADRID

By Ian Cowan

Last Tuesday I was down at the Flamingo killing three birds with one stone. There was two acts that I could review and an interview that I had to do.

The first act was performance theatre of the old style. Alan Mader is definitely one of a kind. He recites a monologue/melody commenting on various issues that affect the pop music industry. In between his lyrics he has the lyrics of other songs that back up the point he is trying to make. It is analogous to a verbal essay with the other lyrics as "quotes".

He is tone deaf so his presentation is like that of Tiny Tim, from the old Rowan and Martin's Laugh In. He plays a wash tub base, wheezes on a harmonica, and makes fart sounds with his armpits. All in all a very interesting if not down right scary show, but he can make you laugh and still give you something to think about. Coffee in Madrid consists of three young men whose main goal in life is to "try not to be boring". An admirable objective for Lukas Pearse, bass; Bob Keeler, guitar and vocals; Ben Ross on drums.

"Our songs are intensely personal," says Keeler, "I write about how I feel at that particular moment about an issue of importance." Their music is anything but boring. It puts me in mind of corrupted elevator music, I know that sounds weird

but I have yet to come up with a better description.

Coffee in Madrid is a good local band and worth going to see. They lack the polish of an older band, but they have got skill and intensity. The rest will come with experience and time to hone their style.

One of the biggest movers and shakers of the Halifax music industry is Peter Rowan. He and Nick Holmes are the co-sponsors of the Two Buck Tuesdays at the Pub Flamingo. The two self proclaimed advocates of new and up coming bands in the Halifax area are trying to provide a venue for local talent.

As owner of DTK (Dressed to Kill) Records and manager of Atlantica Records (a local distributing company); it is in Rowan's best interests to attract new artists. He started out in Fredericton running his own independent label, but after a few years he realized that the resources of a larger city were needed. So a year and half ago he moved to Halifax.

"Music is going to happen and it will gather where the greatest amount of resources are. Unfortunately that is why there is such a large number of Maritimers packing up and heading for Toronto." I once heard that the two greatest exports from Atlantic Canada are brains and talent," said Rowan, "I would like to try to stem the flow. If Halifax could compete with Toronto as a

music centre, one day it would be terrific."

DTK's latest promo is coming up March 12. It is a cassette single release party at the Flamingo. The group is DOWN BY LAW, a local rap group, and they will be performing with Black Season another local rap group.

As I ended my interview

with Rowan I asked him where he would like to be in five years?

"Successful, sort of, I'd like to be working with good bands and music. I don't really care about the money, otherwise I would have been long gone. I just hope that the investment I make with bands today pays off in the future."

## Music: Whether You Like it or Not STING - THE SOUL CAGES

Ian Cowan

This week I was asked to check out Sting's latest release; and seeing as how I had received no other suggestions, I figured what the heck!

His third album is an excellent piece of work. However, it is nothing new. If you go out to buy it because you like Sting's music you won't be disappointed. It's not bad, but it's not new, different or innovative.

"Island of Souls" is a despairingly depressing song, chock full of hopelessness. It's well done, but so damn depressing.

The rest of the songs fall somewhere in between. They are all good, and the use of classical

wind and wood instruments is consistent with Sting's own personal style. It's a good album and if you expect something similar to his previous work, you'll be very happy.

The two big themes of the tape are the ocean and religion. There are references to all bodies of water. Not as dominant are the religious references: souls, angels, kingdom of Heaven and all that holy stuff. His song "All This Time" is getting lots of air play on the radio and on Much Music. "Mad About You" is the requisite love song that so many pop artists seem to include on their albums.

## Art Gallery

The 17th Annual University Community Art, Craft, Baking and Talent Show will take place in the Mount Art Gallery from February 7 to 17.

The exhibit consists of the works and talents of Mount Saint Vincent University alumnae, students, faculty, and staff. Photos, paintings, wall hangings and pieces of private collections will be among the items showcased.

The Gallery has also asked the Mount faculty for the loan of any books they've published as the result of research. A wide range of books will be on display: everything from a book on wolf howls to a dictionary of West Coast Indian phrases. The show will feature a display on the Class of 1966.

Live performances are also part of this year's exhibit, including a trio and a jazz pianist.

The University community Art, Craft, Baking, Hobby, and talent show opens on Thursday, February 7, 1991, at 12:15. A program of events and performances will be available at the opening.

## Keep Smiling



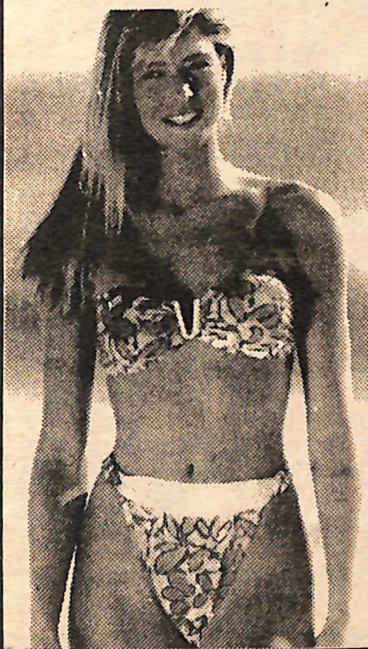
CANADIAN DENTAL ASSOCIATION

**DO YOU KNOW  
WHAT TIME IT IS?**  
When was the  
last time you  
brushed your teeth?



Nova Scotia  
Dental  
Association

## TRAVEL BARGAINS



## WOMEN'S SWIMWEAR

BEAUTIFUL NEW  
SPRING '91 STYLES

PLUS

HUNDREDS OF SUITS  
25% to 75% Off

MARITIME CAMPUS STORE



6238 Quinpool Road, Halifax

423-6523

## Professional Office Administration Society

"Dress for Success" Fashion Show  
February 7, 1991  
at Vinnie's Pub  
Reception at 7 p.m.  
Show at 8 p.m.

Admission:

Members - \$3.00

Non-members - \$4.00

Sponsored by:

D'Aillard's, Smart Set, Town & Country  
Just Petites, Fairweather, City Girl Fashions,  
Ricki's, Kettle Creek, Suzi Shier, City Streets  
and Chef Rene

Door Prizes!



## ENTERTAINMENT

## PERSUADERS - COUNTING ZERO

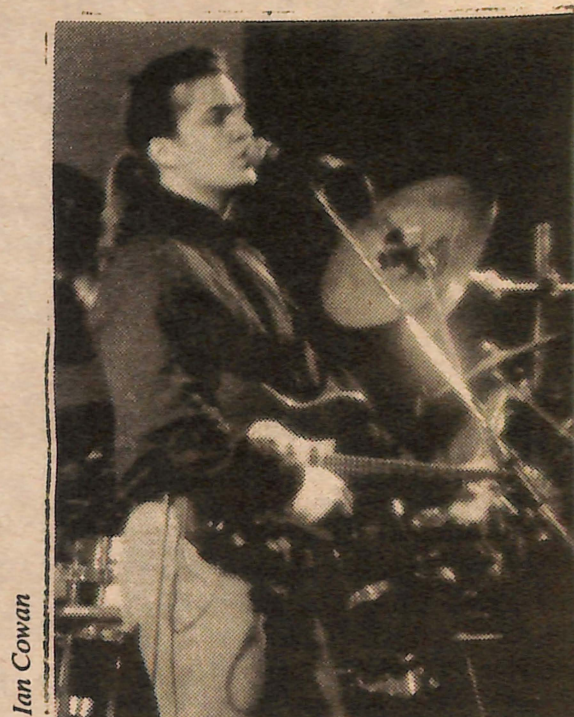
By Ian Cowan

Last Thursday night the Mount hosted two really good bands. The Persuaders and Counting Zero were part of the entertainment for Winter Carnival.

The Entertainment Committee put a lot of work into the show and it cost the Student Union (i.e. the student body) \$3,200. Despite the fact that it was advertised (although not extravagantly) and free tickets were given away, only 23, yes 23 people showed up. Some of them were not Mount students and some bought their tickets at the door.

Both Tracy Cann and Lynda McLoughlin were appalled by the lack of participation. I was at first inclined to blame the poor turnout on the apathy of the students, but I don't think that this is wholly the problem. I have decided to ask the students for some reasons.

If you have any ideas as to why there was such a poor turnout, please send something to the Picaro office. We are on the fourth floor of Rosaria next to the Student Union Office.



Ian Cowan

*The PERSUADERS and COUNTING ZERO played to a crowd of 23 last Thursday!*

## PSYCH SOCIETY SPONSORS VOLUNTEERING DISCUSSIONS

About once a week I park my car beneath the Camp Hill Medical Centre, and take the elevator up to the fourth or fifth floor to begin volunteering. School is hectic this year, and often on the way to the hospital, I wonder why I made this commitment. I rarely have all required readings finished before class, and I think I probably should be home studying.

I'm part of a volunteer palliative care team, which takes turns being with sick patients who are close to death.

Sometimes these are people without families, who just need to know that somebody is there. The team does what it can to comfort, to listen, and help in whatever small ways may be possible. It's very rewarding, and

always on the way home I recognize that this is undoubtedly the most significant thing I've done all week.

It's surprising how many students at the Mount take time to volunteer. Perhaps it's because in the midst of the theories which are lectured, studies--and which make us dizzy--we long for some tangible way to do something meaningful.

Psychology Society members thought they would like to know more about volunteering opportunities. Thus a series of noontime discussions is scheduled to begin on February 14th with speakers from various organizations.

Someone from Bryony House, the metro shelter for battered women, has promised

to speak about her organization and the opportunities which exist there for student involvement. Other agencies will also be represented--keep your eyes peeled for notices with further details.

The Psychology Society is already looking ahead to next year. Since this is the fledgling year of the revitalized Psych Society, it was decided to elect the executive for 1991-92 somewhat early, to give them a chance to learn the ropes and provide some continuity into the next year.

To this end, nominations are now being collected for the positions of president, vice-president, secretary and treasurer. Scratch your nomination on paper and drop it in the suggestion box in the Psych lab, or mention your suggestion to someone from this

year's executive, or show up at the next meeting!

The last bit of news we have is a couple of changes in this year's executive. Trudy Landry has resigned as co-president, and Wallace Robinson is the new vice-president.

Trudy has been a tireless, enthusiastic and dedicated force behind the events which have made this society one of the best on campus. Trudy is finishing her thesis plus numerous other responsibilities, and felt that if she couldn't give the society her all she ought to step down. Thanks for all your efforts Trudy. You succeeded in doing more than was humanly possible to make the Mount Psych Society a great one!

## ASK ALICE

Dear Alice:

I am a third year university student and I'm not happy. Do you have any information on how to become a shepherd?  
Hans

Dear Hans:

Check the classified for a sheep sale and go from there. Good luck!



Dear Alice:

I sort of had a one night thing with a guy and I haven't felt very good about myself lately. I had a boyfriend at the time. I know this sounds slut-like, and I feel kinda of crummy inside. My question is what is the square root of 792 and am I a whore?

Confused and mathematically inept.

Dear Inept:

The only person who knows if you're a whore or not is you. Try to think about why you feel badly. Is it because you think you hurt your old boyfriend or is it because your feel like a slut? Maybe when you figure these things out, you'll be able to discover the square root of 792.



Dear Alice:

I am obsessed with dead people. Is this normal? Did you ever notice that a lot of people who

died young and tragically in the 1960's or were famous then have names that start with the letter J? Like John F. Kennedy, Janis Joplin, Jimi Hendrix, John Lennon and James Dean, get it? Weird eh?

P.S. What's your real name and should I worry?

Jeremiah Jessome

Dear Jeremiah Jessome:

Since all these people you've mentioned were famous, you have nothing to worry about. Forget the life insurance for now.

GRAD CLASS '91  
ORGANIZATIONAL MEETING  
AND ELECTION OF OFFICERS

Thursday, February 7

12p.m.

AUDITORIUM A

If you can't make the meeting contact **Mark Conran** at the Students Union office or call 443-4224!



# PICARO STAFF 1991-92

## (WE WANT YOU TO WORK FOR US)



Nominations open February 4 for the following positions:

EDITOR-IN-CHIEF  
NEWS EDITOR  
SPORTS EDITOR  
CLASSIFIEDS EDITOR  
ENTERTAINMENT EDITOR  
CUP (Canadian University Press) EDITOR  
PRODUCTION MANAGER  
BUSINESS MANAGER  
ADVERTISING MANAGER  
DISTRIBUTION MANAGER



These positions are open to any student of MSVU who will be returning to school at the Mount next year.

Nominations close at 12 noon, Wednesday, February 13, 1991. Elections take place on Wednesday, February 13 at 4pm in the PICARO office. Voting is open to all staff members (anyone who has contributed to 3 of the last 10 issues). An updated staff list will be published in the February 6 and February 13 issues of the PICARO.



## Class of 1991 Graduation Portraits

Nova Scotia's Award Winning Portrait Photographer

### BRUCE BERRY

Master of Photographic Arts



Grad sittings taking place until February 15  
Book your time **NOW** at the Student Union office,  
4th Floor, Rosaria Centre or call 443-4224

**The Berry-Hill Home of Fine Photography**  
**47 Inglis Place, Truro, N.S. Phone 895-4627**