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Athletics - Recreation Becket

April, 2002

The Mount Saint Vincent University Athletics/ Recreation Office - Department of Student Affairs would like to thank all students, staff, faculty and community members for making our year such a great success.

This year, we continued to offer the programs most requested by our Mount Community. Pilates, yoga, fitness leaders courses, step workshops, karate, tae kwon do, swing & salsa dance, women's self defence, golf lessons, first aid, Saint John's Ambulance courses and a wide variety of fitness classes and weight room instruction sessions were popular and well received.



KIM FRALICK
ACAA MVP Women's Basketball & named to the CCAA All-Canadian team. Kim was also a CCAA Academic All-Canadian.



ACAA All-Conference first team member and named to the CCAA All-Canadian team

The strength of our division was tested early with the events of September 11th. With 400 passengers stranded and needing a place to stay, Mount Saint Vincent University quickly offered our campus The Athletics/ Recreation staff and students were amongst the volunteers who helped our guests with hostel arrangements and with activities to help make their unscheduled stay more pleasant. After their departure, the Athletics and Recreation Division continued on with the term and hosted an array of special events throughout the year for students, staff, and members of the community. Peggy's Cove bus tours, sports nights, TGIF sports days, ski trips, Mooseheads hockey games, karaoke nights and tobogganing are a few of the activities enjoyed by our students. Intramural and monthly coed tournaments continue to be popular and help maintain our strong school spirit.

Our varsity teams had strong seasons, with all teams making it to playoffs and the women's soccer team winning the ACAA Women's Soccer Championship title. Mount Saint Vincent had ten athletes chosen as All-Conference players. Nicole Meldrum was ACAA

Rookie of the Year, Kim Fralick and Allan Williams were chosen CCAA All-Canadians. CCAAAcademic All-Canadian honours went to Kim Fralick and Kate Swetnam. The university hosted the 2002 ACAA Coed Badminton Championships and the ACAA Women's & Men's Basketball Championships. Support was strong for the home team as the basketball squads played before a capacity crowd.

Our annual Athletic Initiatives Dinner and Silent Auction takes place April 6th and we ask all of our alumnae, supporters and friends of the Mount to help support our varsity program. This year, our guest of honour will be John Hancock of CBC Sports. Only with your support can we continue to remain one of the most competitive and successful intercollegiate programs in the country.

Thank you once again for making our year such a success, we look forward to meeting all your health, fitness and recreational needs in the future.

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2001 - 2002 WOMEN'S BASKETBALL

Back Row (l-r): Dyrick McDermott (Head Coach), Trish Ryan (Asst. Coach), Nadia MacDonald, Stephanie Hale, Lora Harvey, Kim Fralick, Melissa MacKinnon, Sara Armstrong, Jolene Titus, Alison Moore (Trainer)
 Front Row (l-r): Leslie Hoskins, Janice Hunt, Erin Pelham, Amanda Irving, Allison Osmond, Jennifer Kinsella.
 Missing: Tanya Phillips (Asst. Coach), Nicole Phipps (Asst. Coach)

The women's basketball team had an incredible season finishing 18-3 in league play and 24-5 overall. Seniors Stephanie Hurley, Nadia MacDonald and Lora Harvey helped bring twelve individuals together to form a close team who played for each other. CCAA All-Canadian Kim Fralick and first team All-Conference Lora Harvey led the team to a 16 point win over St Thomas University in the league's semi-final. In the finals. NSAC defeated the Mystics by nine to win the ACAA championship title. Although the team lost, the team was able to show the fans their true character. With ten minutes left in the game and trailing by 19, the Mount rallied with a 19-3 run, cutting the lead to 3 with one minute remaining. Unfortunately, it was too little too late. The coaching staff would like to thank their three seniors for all their hard work and wish them all the best in future endeavours.



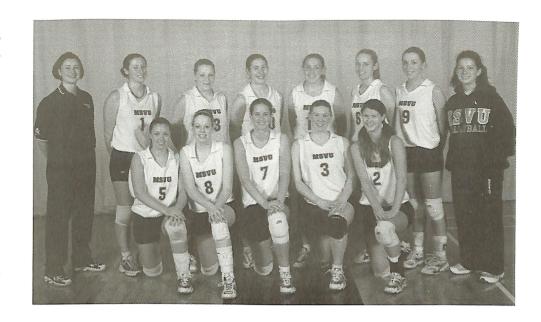
2001 - 2002 MEN'S BASKETBALL

Back Row (I-r): Alison Moore (Trainer), Mark Forward (Asst. Coach),
Andrew MacIntosh, Denzel McRae, Brendan Hickey, Jahmal Scott, Jonathon Hall,
Dylan Miesner, Patrick Havard, Jayson Taker, Rick Plato (Head Coach).

Front Row (I-r): Sean Fleming, Ryan Hasler, Colin Brien, Robert Turnbull,
Alan Williams, Chris DeWolfe, Casey Higgins, Troy MacKenzie.

The ACAA men's basketball league was very competitive this season with five outstanding teams vying for a spot in the playoffs. The Mount finished league play in second place with a 16-5 record. In semi-final play MSVU lost a hard fought game to St Thomas University, dashing their hopes for a National Championship birth. Allan Williams and Dylan Meisner were named ACAA first team All-Conference and Jayson Taker second team All-Conference. Allan Williams was also named CCAA All-Canadian. Coaches Rick Plato and Mark Forward would like to thank our seniors: Colin Brien, Jayson Taker and Allan Williams for their contribution to the MSVU men's basketball program..

The Volleyball team had an exciting season, finishing in third place with a 12-8 record. Their season included wins over the first place and eventual repeat champions, the St Thomas Tommies and second place Universite Sainte Anne. Although the team lost a heart breaker to the host. Universite Sainte Anne in the conference semi-finals, the coaches were very proud of the team's efforts. The coaches would like to thank seniors Sarah Gillis, Amanda Lindsay and Leanne Whiting for their leadership and commitment to the team. With ACAA first team All-Conference Kate Swetnam, and second team All-Conference Joni Hirtle and Kristen Middleton returning, the 2002-03 season looks promising.



2001 - 2002 WOMEN'S VOLLEYBALL

Back Row (l-r): Judi Burges (Head Coach), Kate Swetnam, Joni Hirtle, Chelsea Whitehead, Sarah Gillis, Lori Matheson, Kelly Savary, Kate Morrison (Asst. Coach) Front Row (l-r) Amanda Lindsay, Kristen Middleton, Devon Day, Leanne Whiting, Carolyn Carter

Congratulations! The MSVU women's soccer team captured the ACAA championship title that had eluded them in recent years. Coaches Jacques Boudreau and Chris Roper helped the team to a 7-3 record and a win over St Thomas in the league semi-final. In the finals, the Mystics had to defeat a talented UNBSJ team on their home field. Sarah Gillis scored the game winner in the second half to win the ACAA banner. ACAA All-Conference players Lori MacDonald, Krista Taylor, Sarah Gillis, Julia Champniss and ACAA rookie of the year Nicole Meldrum enjoyed the trip to Medicine Hat, Alberta for the CCAA Women's Soccer National Championships. They are already making plans to defend their title and make a run at a National Championship title next year!



2001 - 2002 WOMEN'S SOCCER

Back Row (I-r): Chris Roper (Assist. Coach), Andrea Doucette,
Sara Power, Krista Taylor, Sarah Allt, Robyn Chisholm, Winnie Van Theilan,
Jill Boudreau, Jessica Dutton, Sarah Gillis, Leslie Beaton,
Jenna Clarke, Jacques Boudreau (Head Coach)

Front Row (I-r): Nicole Meldrum, Julia Champniss, Janine Forsey,
Lori MacDonald, Meghan Pitts, Jacqueline Gallagher

The Badminton team was once again on the hunt for a league championship title. The men's doubles team of Mark Chaisson and Jon Elliot were consistently one of the top teams in the ACAA. They lost in the finals 2-1 in one of the best played matches of the season. Although this year's team was not able to advance to nationals, coach Michael Hingston is optimistic about the teams future. Rookies Travis Anderson, Vanessa Payne, Drew Dunphy and Joanne Hewitt will return with seniors Erin Joudrey, Jon Elliott and Mark Ross. This strong group of players will return with another year of experience under their belt, and be ready to make a run at the league champions Universite de Moncton. Coach Hingston, would like to thank his team for their dedication and time



2001 - 2002 GOED BAD

(l-r): Mike Hington (Head Coach), Melanie Hoddinott, Erin Joudrey, Mark Chaisson, Jon Elliot, Travis Anderson, Vanessa Payne, Drew Dunphy Missing: Mark Ross, Joanne Hewitt

Campus Recreation had another eventful year. This year's special events included horseback riding. McNab's Island tour, Martock ski trip, halloween party, christmas skate, movie nights, tobogganing, and a year end karaoke party.

Educational training was offered in: St John Ambulance first aid and CPR. Canadian Intramural Recreation Association Student Leadership Development, and Rape Self Awareness and Defense.

Coed volleyball remained the most popular intramural event and lunch time badminton continued to attract many faculty and staff members. Monthly TGIF events included: tournaments, indoor soccer, basketball and volleyball.

Many thanks to the ARFA staff members, instructors and the Ath/Rec Society for their help in planning and running the many successful programs and events offered this year!



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Back Row (I-r): Sonia Farraz, Shannon McEvenue, Lisa Raoul, Renee Elliott, Christina Millette, Joanne Burns-Theriault (Recreation Officer) Front Row (I-r): Sherri Finlay, Holly Barrett, Jayson Russell, Sara Power, Alyson (Sunny) Patch

Missing: Elizabeth Sencabaugh, Stacy Parsons, Jennifer Kinsella