

THE PICARO



MOUNT SAINT VINCENT UNIVERSITY STUDENT NEWSPAPER

Wednesday, September 5, 1984

Volume 20, Number 1

The Halifax university network— Mount students benefit from affiliation

by Hugh Marshall

"One thing a new student at the Mount should realize is that there are several other universities in Halifax," stated Teresa Francis, Mount Saint Vincent University (MSVU) student union president, when asked what advice she would give to a new Mount student. "All of the universities have numerous resources and facilities that are literally at our fingertips, and we, as students, should take advantage of this."

The inter-university library service is one of these resources. With a Mount library card a full or part-time student has access to Saint Mary's University, University of Kings' College, Tech-

nical University of Nova Scotia, College of Art and Design, and Dalhousie University libraries.

The Health Science, and MacDonald specialized libraries, part of the Dalhousie Killam Library system, are also accessible to Mount students.

To have access to the Dalhousie library system, though, you must first obtain a bar code sticker, available from the return desk at the Dalhousie Killam Library. This sticker, which should be affixed to the back of your Mount library card, gives you access to the CSLI system.

The CSLI system works similarly to the computerized bar coding system which exists in most of Metro's major food su-

permarkets. An electronic scanner is run over the bar code and feeds the information into a computer. With the CSLI system, the data is not the price of the food, of course, but the name and call number of the book, and the name and address of the student. Once you are part of the CSLI system, you then have access to the millions of resource materials to be found in the Halifax area.

Other library services a Mount student has access to, according to Terry Paris, Mount Public Service-Reference Librarian, is the delivery and return service and inter-library loan service for universities outside of the Halifax area. "If a book (periodical etc.)

cannot be found here in Halifax it can be borrowed from other universities across Canada."

"One thing to keep in mind, though," says Paris, "is that if you borrow something from another library you fall under their lending policy." This means you must conform to the rules of that university and the penalties they have for loss, damage or lateness of return.

Another advantage of attending a Halifax university is the flexibility a student has academically in course selection. Presently, both written and unwritten agreements among the Halifax universities exist which make cooperation among the individual registrars easier.

According to Dianne Morris, Mount Registrar, students can exchange courses among the Halifax universities with a letter of permission from the university where the student is registered. "We will honour our own students' registrations if what they are planning to take at another university is approved."

Honours programs at the Mount have been reinstated and students in these programs can take advantage of the exchange agreements. A student now has the choice of taking a purely Mount Honours program or joint Dal/Mount Honours.

The initial impetus for these agreements among the Halifax universities was for the primary reason of cooperation. What that means, as far as students are concerned, according to Morris, is that, "it gives students the potential to broaden their program and take advantage of what other universities have to offer."

Unfortunately, cooperation among the athletic departments is not as well defined. This statement, though, has to be qualified; the fact being the Mount belongs to a different conference than the other Halifax universities, with the exception of Kings' and TUNS.

Wayne MacDonald, Dalhousie University Athletics Director, explains why cooperation on an athletic level is difficult. According to MacDonald there are three levels of athletic competition: varsity, clubs, and intramural. "Our eligibility is restricted to full-time Dalhousie students for our varsity teams," he clarifies, "but students from other universities, like the Mount, can compete on the other two levels."

This does not mean, however, that a Mount student with the ability to compete on a national level is ineligible because of the classification of the Mount as a

Small College Conference competitor. According to MacDonald, a Mount student can compete as an open competitor, but could not represent the Mount or any other university.

Dalhousie and Saint Mary's Universities are members of the Canadian Inter-University Athletics Association (CIAU) and the Atlantic University Athletics Association (AUA), which is the provincial association within the AUA. On the other hand, the Mount is a member of the Canadian College Athletic Association (CCAA) and its provincial counterpart, the Nova Scotia College Conference (NSCC).

June Lumsden, MSVU's Athletics Officer, feels the only real cooperation existing athletically is with Dalhousie University, and only on an intramural level. "Cooperation on an intramural level has been good for us because it allows our athletics to develop on the same level as the Dal intramural athletes." Currently our men's hockey and basketball teams play in the Dalhousie intramural league.

Although Lumsden feels it is unfortunate competent athletes cannot compete on a higher level of competition under the MSVU banner, she believes for the most part there are many opportunities right here on campus. "There are several women's teams which have quite a high calibre of competition here at the Mount," she said, "and there is also an excellent aerobics program."

For those who would like to take further advantage of Dalhousie athletic facilities there is Dalplex. Dalplex is a recreational/athletic complex located on the Dalhousie campus, complete with olympic size swimming pool, basketball, racquetball, track, tennis and many other facilities. Full-time Mount students are eligible for a reduced membership rate of \$100 per year.

Other advantages of the cooperation agreements among the universities are social functions, student union and newspaper working arrangements and the transit system.

Applicable to Mount students, as far as transit goes, is the Dal/Mount Special. Beginning Sept. 10, the Dal/Mount Special will leave Seton Academic Center hourly every Mon. through Sat., for the month of Sept. (A schedule for the academic year has not yet been finalized but will be published when made available.) The Dal/Mount Special will not run Sept. 14 and 15.



Registration lineups may seem harrowing but it is the perfect opportunity to meet new friends. Arriving early for registration will ensure a better selection of courses and sections. Craig Photo

Housing and parking potential problems

by Gina Connell

The number of students attending the Mount this year is approximately the same as last year. It is certainly not dropping, says Diane Morris, Registrar's Office.

There are two main changes in registration from last year. Thurs., Sept. 6 is being put aside as a day for academic advising for new students only, and no registration will be held on that day. Also, there will be special orientation programs for new part-time students on that date.

Two programs which are more in demand this year than others are the Bachelor of Arts and the Bachelor of Science programs. "There's a real swing back to 'traditional' fields", says Morris. As well, there are more Arts and Science students in the honors

program this year, reflecting steady increase in the past three years. The biggest jump in enrollment in the honors program is in psychology.

Morris says one thing new and returning students should watch out for are the classes with limited enrollment. You should be early or on time for registration, otherwise you may not get any choice of times in which to schedule your classes. There is a special symbol on the timetable indicating limited enrollment classes.

Even the evening classes are full, and another problem may be parking. Morris, also cautions students to make sure they visit the business office and open an account, otherwise you will get charged with late fees.

More students seem to be

coming from Newfoundland this year, and this may be due to a visit paid by university representatives, says Susan Tanner, admissions officer. The visit was the first one done in a number of years. Tanner also said it is difficult to encourage students from outside Canada because when they arrive they may find the facilities are not sufficient and they may be left without housing.

At this time there is not enough housing for incoming students, says Maureen Coady, housing officer for the Mount. There are 150 students on the waiting list. The housing office is also assisting male students in finding off-campus accommodations by giving them information and placing advertisements in the newspapers for them.

Make a difference this year

Can you believe summer is over?! It has been an eventful one, however, and I think I speak for many people when I say getting back to the Mount will be a relaxing change. Whatever your state of mind upon return, I would like to say "Hello and welcome" to new students (Freshies) and "It is nice to see you again," to old friends—I've missed you all!

Summer, for me, and I suppose for many, has been a time for planning and reflection. From this I would like to offer a few thoughts for the coming year.

The first deals with student involvement—I know—an old and worn topic, but one which I feel warrants repetition. By involvement I do not mean offering to run for class president or becoming the captain of the basketball team, although those options are open to all who are so inclined. What I am referring to is mental involvement. Students hold much power in their ranks, power which can be channeled in many directions for positive results. We, as students, are constantly facing challenges—pressure from government-imposed, rising tuition fees, questioning of our principles and ideals by those who see them as frail or unrealistic, and the pressures of decisions about life directions, whether philosophical, financial, or domestic. It is my hope we use the resources available to us—our courses, the institution itself, our elders, the many organizations available to us—to help fulfill our potential as influential powers.

It is also my hope, however, that we young people are able to choose wisely between the "forces that be", to use our resources in a positive way; in a manner which will be beneficial to our fellows. Much has been said recently about world peace, international hunger, political crises both locally and worldwide, and the proverbial "loss of universal idealism". We as students, and moreover as energetic, young adults, with our lives in the offing, can make a difference, and I feel it is our obligation to do so.

We are truly fortunate to have the opportunity to attend university—an exercise in mental, cultural, social, emotional, and intellectual growth—and we are, I feel, obligated to reciprocate our good fortune by, in some way, bettering the world we live in. We do not have to be martyrs, but if each of us expanded on the energy and resources available to us, we could make a difference in the future, but more importantly, **now**.

I hate to sound so serious so soon, but what better time for us to make decisions and commitments on the direction of our energies than now while we are fresh and keen! The fulfillment gained from worthwhile involvements offers new energy and enjoyment!

Have fun this year and **make a difference**.

S.J.A.

Picaro Staff Positions 1984 - 85

Applications are being accepted for most editorial positions. These challenging opportunities include:

Editor
Production Manager
Business Manager
Advertising Manager
Entertainment Editor
Office Manager
News Editor
Distribution Manager

These positions pay monthly honorariums.

Anyone interested in these positions, or requiring more information, please feel free to drop by our office at 403 Rosaria, or call 443-4450, extension 195. Applications close September 21, 1984 at 3:00 p.m.

Writers, reporters, layout staff, and photographers are also required. There is a place for everyone on the staff of the **Picaro**

LEARN NEWSWRITING, EDITING, PHOTOGRAPHY, PRINT MEDIAL PRODUCTION, FINANCIAL AND PEOPLE MANAGEMENT, AND MUCH MORE!
JOIN OUR STAFF, SEE YOUR EFFORTS REALIZED WEEKLY, AND HAVE FUN!

President's welcome



Experience MSVU



It gives me pleasure to welcome all students to Mount Saint Vincent University for the academic year 1984-85.

In welcoming all students to Mount Saint Vincent University in 1984, I cannot help but think that for those of you who have read George Orwell's book the year has an ominous ring to it. It is true that some of Orwell's dire predictions have been, in less overt ways than he described so graphically, fulfilled. As returning or new students, however, I need to emphasize here only one of Orwell's ideas because not only is this one point of immediate concern to every one of you but it demands from you conscious counteraction.

I refer to the pressure that is put on everyone to think alike, a challenge at his or her peril the actions of those who govern. Certainly you are unlikely to be thrown into jail, but you are nevertheless being persuaded by the media to accept unquestioningly their perspective on world and local events, their views on what constitutes right conduct. At Mount Saint Vincent University we try to educate you to think for yourselves. While much of your attention is of necessity focused on specific courses, you should not miss the opportunity which participation in extra-curricular and Student Council activities affords to consider all aspects of living. Question the accepted mores; examine carefully any publicity material, radio or television shows, the daily newspapers, to see whether an attempt is being made to manipulate you. Remember, the popular view is rarely the right view. Dare to be your own person, astute, watchful, and able to detect "Newspeak" when you see it. Only by participating can you develop your own person, and learn to organize your time positively.

At the Mount, we try to create an ambience of learning that makes you responsible for knowing. Part of that knowing is the sense that you belong to an interconnected world of ideas and people. As Mount students, I hope you will carry away with you at the end of your university years more than just academic knowledge. Develop a sense of what the total Mount experience is by getting involved. That sense will give you the courage to be discriminating as Orwell suggested. It will also give you the courage to challenge, to endure and to transcend whatever trials the future may hold for you.

Welcome to the Mount and may your years here prove creative and productive ones for each one of you.

E. Margaret Fulton

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President



THE PICARO

The Picaro is the student newspaper at Mount Saint Vincent University and is published weekly by the MSVU Student Union. The Picaro is a member of Canadian University Press and subscribes to its statement of principles.

Deadline for all copy is Friday noon, the week preceding publication. All copy should be submitted typed, double spaced. Letters to the Editor and Podium pieces are welcomed for publication, but we ask that all submissions be signed. Names may, however, be withheld by request. The Picaro staff reserve the right to edit all copy for reasons of length or legality. Please refrain from sending letters exceeding 200 words in length. Local Advertisers—You can reach us by phone or mail. Our address is:

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Business Manager: Robert Gillis
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Canadian
University
Press

MEMBER

Student services: A goldmine for Frosh

by Caroline O'Connell

A new academic year is upon us. In no department is this quite so obvious as Student Services. The facility, located on the main floor of Rosaria Centre, is the umbrella headquarters for Athletics and Recreation, Chaplaincy, Counselling, Housing and Financial Aid, Health Services, and the Canada Employment Centre on Campus. As Stu-

dent Services prepares itself for the upcoming year, it would benefit all students, Frosh in particular, to acquaint themselves with its facilities.

The Athletics and Recreation Office, just off the gymnasium, promotes the physical well-being of the university community. It offers many activities, including aerobic exercise and dance classes, yoga, badminton

and much more. The Health Office provides the expertise of a medical doctor and a registered nurse. In conjunction, a nutritionist is available to provide consultation for students concerning healthy eating habits, allergies, eating disorders, and therapeutic diets.

The services of the counsellors are numerous and diverse. Qualified counsellors will lend an ear

to those with personal or academic problems. Their aim is to provide students with the skills necessary to cope with the university environment. As well as individual counselling, group sessions in study skills, assertiveness training, exam anxiety and career planning are offered. These sessions are of use to all, but in particular to new students or those returning to university after a lengthy absence.

The Chaplaincy is a service from which students may gain valuable emotional and spiritual support. The chaplains are available for counselling and friendship. The Chaplaincy also provides educational programs which foster awareness of local and global concerns.

The Housing and Financial Aid office is another facility indispensable to most students. The housing office provides on-campus accommodation and administers the residence assistants and dons. The office also maintains a current listing of off-campus housing, available to

students. Information and applications for financial aid are available through this office as is a listing of scholarships, bursaries and fellowships.

The Canada Employment Centre on Campus is one final stop on the voyage through Student Services. The placement officer will assist students in finding summer jobs and permanent positions upon graduation. Available through Student Services is a joint presentation of the counsellors and the Canada Employment Centre on Campus concerning résumés, the job hunt, and the job interview.

Each of these departments, while providing distinct services, has the same goal of promoting the physical, emotional and academic well-being of students. Together they offer a network of support which will enrich the campus life of those who use them. The message is clear—wend your way to Student Services and stay awhile—you won't be sorry!

Young New Democrats seek society status

New and returning students to Mount Saint Vincent will find new forum for political discussions on campus.

The Young New Democrats (YND), the youth wing of the New Democratic Party, have made application to the Student Union for ratification as a society at the first meeting of council. Following the granting of society status, they will be signing up members as part of a youth organizing drive. The Mount, which already has Young Liberal and Young Progressive Conservative groups, will be the second campus to have a YND organization. The first started last year at Dalhousie/Kings.

NDP Provincial Secretary, Gayle Cromwell, says the expansion of YND to Mount Saint Vincent is the result of requests

from students at the Mount who presently attend YND meetings at Dalhousie. Cromwell says she expects there will also be YND's established this year at Saint Mary's, Acadia, St. F.X., and the College of Cape Breton.

"YND challenges the special energies of young Nova Scotians and their need to change the way things are," said Cromwell. "It provides youth with a forum to discuss issues of importance to young people, to develop policy that reflects a young person's point of view and to work together in a political movement that offers solutions."

"The Young New Democrats are committed to creating a new kind of society," said Cromwell. "They are working on the specific problems of students and youth: nuclear disarmament,

universal access to education and health care, opportunities for meaningful work at decent wages, women's rights, and the environment."

Last year speakers at YND meetings at Dalhousie included Alexa McDonough—Leader of the provincial NDP, Mike Bradford—noted Dalhousie economist, Dr. Peter Canfield—Physicians for Social Responsibility and Eileen O'Connell—Participation of Women representative to the Federal NDP. YND members participated in the organizing and canvassing of two provincial by-elections and the Federal election.

The first meeting of the Mount Saint Vincent YND will be October 1st, at 7:30 p.m. Guest speaker will be Alexa McDonough.

Exciting fall exhibits at art gallery

by Lori Ryan

Hi! and welcome to Mount Saint Vincent University. Registration week can be hectic and tiring for both new and returning students, but there is a convenient remedy for that. MSVU's Art Gallery, located in Seton Academic Centre, is gearing up for an exciting fall exhibitions series. In fact, all summer they have been providing the university community with an interesting variety of art exhibitions. In keeping with this university's dedication to the study and edition of women, the art gallery, under the direction of Mary Sparling promotes the same in its shows, special events, and through the Slide Registry of Nova Scotian Women Artists. This celebration of the spirit of women is not exclusive to male artists who are well represented in upcoming exhibits. Included are Robert Harris,

Fred Varley and others in **The Hand Holding the Brush - Self Portraits by Canadian Artists**, Sept. 21 - Oct. 14, Andy James' **Mack Truck**, Oct. 17 and David Haigh's **Paintings** Oct. 19 - Nov. 11.

Currently, and until Sept. 16, you can experience the innovative artistry of Dawn MacNutt. Her kindred spirits, woven of sea grass and copper wire fabric, are hauntingly reminiscent of the metamorphosis we are going through in becoming ourselves. In the Upstairs Gallery **Cancelled Icons** is artist Pamela Ritchie's concept of aesthetic value in jewelry. Crafted from cancelled postage stamps, plastic, paper, and wood, Ritchie creates striking contemporary, wearable jewelry. These exhibitions are but two of the examples of the remarkable wealth of talent possessed by Nova Scotian women.

As a third year Family Studies major I have discovered the Art Gallery to be a very special place on campus. I go there to look, listen, touch, talk, think and feel. The Art Gallery is an experience. It's usually very peaceful, but, at other times such as show openings, it is a place of amicable activity. Always, the Art Gallery is a source of inspiration—a place to "recharge my batteries". The energy to be found there is largely due to the enthusiasm of the gallery staff. Headed by Mary Sparling, director, the friendly team consists of Debra Cameron, office manager, Betty Shatford, curator, and Cliff Eyland, exhibitions officer. They extend a warm invitation to new and returning students to visit the Art Gallery and share with them impressions and opinions of the culture found there.

Follow That Bird

"Sesame Street Presents: Follow That Bird", a motion picture described as a comedy adventure with music, is in production here for 1985 theatrical release.

It is the first film adaptation of the world-famous children's television series which has been seen weekdays and weekends for the past 15 years on the CBC network.

The series, which has won 22 Emmys, enjoys the largest audience of any children's TV pro-

gram with viewers in 15 million households. Its following is not limited to children. A.C. Nielsen studies report viewers in more than 2 million homes without any children. Overseas, tens of millions of youngsters and their parents watch the program in 70 countries.

Sesame Street Presents: Follow That Bird is being produced under license from the Children's Television Workshop, creators of the TV series.

Want a new drug?

by Alison McEachern

Want a new drug? Well you've come to the right university.

Mount Saint Vincent, in conjunction with Buckley's Pharmacy, provides Mount students with prescription drugs at no cost. All prescription drugs, other than certain acne medication

and birth control devices, will be supplied and delivered free of charge to full-time Mount students from Sept. 10, 1984 to April 30, 1985.

The Drug Plan is funded by a \$10.50 portion of each student's total Student Union Fee.

Why a student fee?

by Alison McEachern

Are you wondering where that hard-earned \$78 Student Union Fee is going? You probably are, so here is the breakdown: \$10 of the total fee goes to Mount's Project 1, a fund raising drive which aims to improve programs and

scholarships; \$10.50 supports the Mount's Drug Plan; the remainder covers Picaro production costs, society funding, rent of Student Union, Picaro, and Corner Store space, honoraria, entertainment, yearbook, CFS and SUNS fees, and Photo Pool.

FOR GOOD TIMES THIS WEEK . . . EVERY WEEK . . .



Wednesday
Thursday

Friday
Saturday
Monday
Tuesday
Wednesday

Folk Night, 7 P.M.
Movie Night featuring
Class Reunion and
Special Brew, 7:30 P.M.
Reverse Pub, 9 P.M.
Games Night, 9 P.M.
Closed—Time to
recuperate
Bring a friend for a drink
Double Decker 9 P.M.

PRIME TYME

9 - 10 P.M. Wednesday
3:30 - 5 P.M. Friday

STEAK AND FRIES

3:30 - 5 P.M. Friday
\$2.99

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Orientation '84

Wednesday, September 5

French placement tests will be held today: 7 p.m. in Rosaria boardroom, Rosaria Centre 309. For all new students and students wishing to take French and second year students who have taken a summer immersion course.

- 5 p.m. **Presidents' Dinner**
Cafeteria, Rosaria Centre
Hosted by President of M.S.V.U.,
President of the Student Union and
President of M.S.V. Alumnae
Association
No charge for meal plan students
Other students can purchase tickets
\$4.55 each, outside Cafeteria, 12 noon
- 2 p.m.
- 6:30 - 9 p.m. **Registration for returning part-time students**
Gym, Rosaria Centre
See Registrar's Notes
- 7:30 p.m. **Welcome aboard coffee house/cabaret**
Cafeteria, Rosaria Centre
Featuring talent from all over the
university—students, staff, faculty and
alumnae. Fun evening of music and
drama! Followed by free corn and
cider



Craig Photo

This could be you after just a few short months at the Mount! Actually, these young ladies were participants in just one of the many cultural activities staged last year at the Mount.

Thursday, September 6

French placement tests will be held today: 9:30 a.m., 10:30 a.m., 1 p.m., 2:30 p.m., 4 p.m., 7 p.m. in Rosaria Boardroom, Rosaria Centre 309. For all new students wishing to take French and second-year students who have taken a summer immersion course.

All day—faculty advising/information sessions for all students. Check Registrar's Notes for times and locations.

- 8:45 a.m. - 12 noon **Orientation for part-time and mature students**
Vinnie's Pub, Rosaria Centre
Sponsored by Student Services,
Continuing Education and C.A.P.U.S.
- 12 noon **Barbecue**
Assisi Courtyard, Rosaria Centre
No charge for meal-plan students
Other students purchase tickets \$3.50
each in Student Services Department,
Room 116, Rosaria Centre
- 6:30 - 9 p.m. **Registration for new part-time students**
Gym, Rosaria Centre
See Registrar's Notes for details
- 7:30 - 12 a.m. **Movie Night**
Vinnie's Pub, Rosaria Centre
Sponsored by Student Union
Movies: **Special Brew** starring the
MacKenzie Brothers and National
Lampoon's **Class Reunion** starring
John Belushi

Friday, September 7

English placement tests will be held today at 1:30 p.m. in Auditorium A & D, Seton Academic Centre. See Registrar's Notes for details.

- 9 a.m. - 12 noon **Registration for new students**
Gym, Rosaria Centre
See Registrar's Notes for details
- 2 - 5 p.m. **Registration for new students (cont.)** Gym, Rosaria Centre
- 2 - 5:30 p.m. **Frosh wash for Terry Fox fund**
Annual Frosh Car Wash
Assisi Parking Lot
- 5 - 6:15 p.m. **Reverse Dinner**
Cafeteria, Rosaria Centre
Served by members of Student
Council
- 9 - 12 a.m. **Reverse pub**
DJ dance at Vinnie's Pub
Sponsored by Student Union



Welcome to

The fun begins!

Saturday, September 8

- 10 a.m. **Halifax walking tour**
Sponsored by MSA's and RA's
- 7 - 9 p.m. **Frosh retaliation**
Multi-purpose Room, Rosaria Centre
- 9 - 12 a.m. **Games Night and wind-down**
Vinnie's Pub, Rosaria Centre

Sunday, September 9

- 11 a.m. **Mass**
Celebrated in Evaristus Chapel
- 2 p.m. **City bus tour**
Sponsored by Alumnae Association
Meet at front desk, Evaristus Hall
Space is limited—sign up during
Registration or at Alumnae Office,
Room 215, Evaristus
- 3 p.m. **Reception and exhibits**
Art Gallery, Seton Academic Centre
Artists will be present to give
consecutive 1/2 hour illustrated
presentations on their work. Dawn
McNutt, Dartmouth 'Woven Forms',
Pamela Ritchie, Halifax 'Cancelled
Icons'
- 7 p.m. **Roller skating**
Wheelies' Roller Disco, Sackville
Transportation and admission
sponsored by Admissions and
Alumnae

Monday, September 10

- 7:15 a.m. **Sunrise service**
Meet in front of the Motherhouse
- 7:30 a.m. **President's walk and jog**
Start at Motherhouse
- 8 - 9 a.m. **Pancake breakfast**
Cafeteria, Rosaria Centre
- 9 a.m. **Classes Begin**

Tuesday, September 11

- 7 - 9 p.m. **Harbour cruise on the Haligonian**
Meet at Historic Properties
(downtown)
Sponsored by Student Union

Wednesday, September 12

- 9 - 1 a.m. **Double Decker dance**
Rosaria Centre
Sponsored by Student Union

New part-time and mature students

Thursday, September 6

- 9 a.m. - **Vinnies Pub**
12 noon **Rosaria Centre**
- 8:45 a.m. **"Sign in", coffee and video presentation**
- 9 a.m. **Introductions**
- 9:10 a.m. **"Who Am I"—get acquainted exercise**
- 9:30 a.m. **Campus Association of Part-Time University Students—your association**
- 9:45 a.m. **Informal panel on university services for part-time and mature students**
- 10:15 a.m. **Coffee and juice break**
- 10:30 a.m. **Film, Opening Doors, followed by discussion**
- 11:20 a.m. **"Mini workshop" on study skills**
- 11:40 a.m. **Fitness break**
- 11:50 a.m. **Greetings**
—Dr. E. Margaret Fulton, MSVU President
- 12 noon **Barbeque!! \$3.50 per person**
- Registration materials will be available in the gym.

Luba
and
Michael Fury
featured in the
Orientation Double Decker,
Wednesday, September 12 at 9 p.m.



Scholarship

Active Beta Sigma Phi members, or daughters, sons, or husbands of active members, who have achieved scholarship standing of minimum 80 percent average and faculty nomination in full or part-time study or at Mount Saint Vincent University are encouraged to apply for this \$150.00 scholarship no later than Sept. 27, 1984.

Academically qualified applicants must submit certification of membership or relationship to member from The Appropriate Chapter of Beta Sigma Phi. The letter of certification constitutes application and must be received by the Registrar's Office by Sept. 27, 1984.

The Committee of Admissions and Scholarships will make the award in early October.

Snoopy

Snoopy, a musical based on the comic strip **Peanuts**, by Charles M. Schultz, will be the first offering of the Speech and Drama Department this year. If you think you can sing, dance, act, stage manage, costume, etc. and would like to help, plan to attend the auditions next week on Wed. and Thurs. (Sept. 12 and 13). For additional information see **The Picaro** next week or contact Dr. Patrick O'Neill in Seton 326.

Canadian Music Show

The second annual Canadian Music Show will be held November 8-11, 1984 at the Queen Elizabeth Building, Exhibition Place, Toronto. The Show will consist of exhibits of music-related products and services,

seminars, and concerts by some of Canada's top recording artists. The Show's first day will feature a spotlight on music education with additional attendance by students and teachers from high schools, colleges and universities across Ontario.

Last year's show was attended by almost 20,000 music enthusiasts and was well received by the Music Industry. With expansion for 1984, this year's Show will prove to be an even more significant musical event.

For more information, contact:
David Hazan
Norris Publications
832 Mount Pleasant Road
Toronto, Ontario M4P 2L3
(416) 485-8284



First aid courses

St. John Ambulance will be conducting the following courses in September at their provincial headquarters at 5516 Spring Garden Road in Halifax.

Course—Heartsaver (CPR)
Date—Sept. 5, 1984
Time—6 p.m.

Course—Emergency First Aid
Date—Sept. 6, 1984
Time—8:15 a.m. - 4:30 p.m.

Course—Standard First Aid
Date—Sept. 8-9, 1984
Time—8:15 a.m. - 4:30 p.m.

Course—Standard First Aid
Date—Sept. 10-11, 1984
Time—8:15 a.m. - 4:30 p.m.

Course—Basic Cardiac Life Support (CPR)
Date—Sept. 21-22, 1984

Time—7-9 p.m. on Sept. 21, 1984, continues Sept. 22, 8:15 a.m. - 4:30 p.m.

For more information or registration please call 454-5826.

Maritime Conservatory of Music registration

Registration for the fall term of the Maritime Conservatory of Music will take place on Sept. 6, 7 and 8. Private lessons available by qualified Teachers in piano, violin, cello, voice, clarinet, flute, recorder, trumpet, french horn, trombone, guitar, theory and voice.

Term starts the week of Sept. 10. For further information please telephone 423-6995.

Art gallery

An introductory course in portraiture in oil will be offered Sept. 25 - Nov. 13, Tues. evenings, 7 - 9 p.m. at the Mount Art Gallery. Students will work primarily from photographs and use the exhibit **The Hand Holding the Brush**, featuring portraits by Canadian artists.

As well, self-portraiture drawing classes for 12 - 15 year olds begin Sept. 22 and run to Oct. 20, Sat. 10 a.m. - 12 p.m. at the Mount Art Gallery. The classes will also be in context with the exhibition **The Hand Holding the Brush**.

Registration in advance is necessary for both class sessions. Call 443-4450 for further details.

Two exhibitions continue at the Mount Art Gallery until September 16—**Woven Forms: Sculptural Figures** by Dawn MacNutt, Dartmouth and **Cancelled Icons**, jewelry by Pamela Ritchie, Halifax.

Gallery Hours

Mon. to Fri.—9 a.m. to 5 p.m.
Tues.—9 a.m. to 9 p.m.
Sat. & Sun.—1 - 5 p.m.
Admission is free.

Welcome
to
MSVU



Enter the Long Distance Contest

Enter often. Every 3 Long Distance calls you make gives you a chance to

WIN 1 OF 3

1985 FORD BRONCO II's

The sensational "go anywhere, do anything" 1985 Ford Bronco II, the V6 powered sporty utility vehicle with proven design features. Built Ford tough, it's a 4-wheeler that's at home on the open road as well as more tortuous off-road terrain. Any surface, any season, Bronco II is ready to work or play hard. It's the perfect "long distance" vehicle that's a sure bet to make someone happy.



3 LUCKY STUDENTS WILL EACH WIN A BRONCO!

FIRST DRAW DATE: OCTOBER 17, 1984 SECOND & THIRD DRAWS: NOVEMBER 28, 1984, FEBRUARY 20, 1985

PLEASE ENTER ME IN THE



LONG DISTANCE CONTEST

Clip out this entry form and keep it handy. Fill it in as you make your long distance calls. As soon as you have completed three calls, mail the form or send the required entry information (see rule #1) to: **MAKE SOMEONE HAPPY LONG DISTANCE CONTEST, BOX 1468, STATION A, TORONTO, ONTARIO M5W 2E8**

AREA CODE	NUMBER CALLED	DATE CALLED
1	<input type="text"/>	<input type="text"/>
2	<input type="text"/>	<input type="text"/>
3	<input type="text"/>	<input type="text"/>

Name

Address

City

Postal Code

College or University Attending

I have read the contest rules and agree to abide by them

Signature

1. To enter, print your name, address and telephone number on an official Telecom Canada entry form or a 3" x 5" plain piece of paper. Also, print telephone numbers (including area codes) and dates of three (3) Long Distance calls* completed between August 15, 1984 and February 20, 1985. Each group of three (3) completed Long Distance calls may be entered only once.

OR:

On an 8 1/2" x 11" piece of paper print your name, address and telephone number. Also print the numbers (including the area codes) of the three (3) Long Distance calls you would like to make and beside each, a hand written description of not less than 25 words stating why you would like to make the call. Only the original hand written copies will be acceptable. Any mechanically duplicated copies will be disqualified.

2. Enter as often as you can, however, be sure to mail your entry or entries bearing sufficient postage. NOTE: ONLY ONE ENTRY PER ENVELOPE. Entries should be mailed to: **MAKE SOMEONE HAPPY LONG DISTANCE CONTEST, BOX 1468 STATION A, TORONTO, ONTARIO M5W 2E8**.

3. There will be a total of three (3) prizes awarded (see Rule 4 for prize distribution). Each prize will consist of a 1985 Ford Standard Bronco II with all standard equipment plus the following options: H.D. battery, AM radio, tinted glass, automatic locking hubs, deluxe tu-tone paint, gauge package. Approximate retail value: \$13,245 each. Local delivery, provincial and municipal taxes as applicable, are included as part of the prize at no cost to the winner. Drivers permit, insurance and vehicle license will be the responsibility of each winner. Each vehicle will be delivered to the Ford dealer nearest the winner's residence in Canada. All prizes will be awarded. Only one prize per person. Prizes must be accepted as awarded; no substitutions. Prizes will be delivered to the winners as quickly as circumstances permit. Prizes may not be exactly as illustrated.

4. Random selections will be made from all entries received by the contest judging organization on October 17, 1984, November 28, 1984 and the contest closing date, February 20, 1985. Prizes will be awarded as follows: one (1) Bronco II will be awarded from all entries received by NOON October 17, November 28, 1984 and February 20, 1985 respectively. Entries other than the winning one in the October 17 draw will automatically be entered for the November 28, 1984 draw. Entries other than the winning one in the November 28, 1984 draw will automatically be entered for the final draw, February 20, 1985. Chances of winning are dependent upon the total number of entries received as of each draw. The drawn entrants, in order to win, will be required to first correctly answer an arithmetical, skill-testing question, within a pre-determined time limit. Decisions of the contest organization shall be final. By entering, winners agree to the use of their name, address and photograph for resulting publicity in connection with this contest. The winners will also be required to sign a legal document stating compliance with the contest rules. The names of the winners may be obtained by sending a stamped, self-addressed envelope to: Telecom Canada, 410 Laurier Ave. W., Room 950, Box 240, Station "D", Ottawa, Ontario, K1P 6H5.

5. This contest is open only to students of the age of majority in the province in which they reside who are registered full-time at any accredited Canadian University, College or Post-Secondary Institution. Employees of Telecom Canada, its member companies and their affiliates, their advertising and promotional agencies, the independent contest organization and their immediate families (mother, father, sisters, brothers, spouse and children) are not eligible. This contest is subject to all Federal, Provincial and Municipal laws.

6. Quebec Residents: All taxes eligible under the Loi sur les loteries, les courses, les concours publicitaires et les appareils d'amusement ont été payés. A complaint respecting the administration of this contest may be submitted to the Régie des loteries et courses du Québec.

* A long distance call is a completed call outside the entrant's designated free calling area.

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Telecom Canada

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MSVU Student Union—An introduction

Craig Photo



Teresa J. Francis
President
4th year Home Economics



Shari Wall
Executive Vice-President
4th year Home Economics/Education



Anne Hanrahan
External Vice-President
3rd year Public Relations



James D. Grant
Treasurer
3rd year Bachelor of Business Administration



Henry Moulton
Entertainment Director



David Cushing
Off-Campus Representative
3rd year Bachelor of Public Relations



Janet MacBeth
Communications Officer
4th year Bachelor of Public Relations



Peter Murtagh
Senate Representative
3rd year Bachelor of Business Administration



Johanne Arseneault
Science Representative
3rd year Bachelor of Science



Carol Anne Ross
Office Administration Representative
3rd year Secretarial



Frank E. Demont
Board of Governors Representative
3rd year Bachelor of Arts



Johna Thorne
Child Study Representative
2nd year Bachelor of Child Study



James Hines
Business Representative
3rd year Bachelor of Business Administration

Dr. Robert Lake
Faculty Advisor
Associate Professor, Public Relations

Councillors speak out

It's hard to believe that summer disappeared so quickly but here we are, back at the Mount for another academic year. For those of you who are returning—welcome back—you look much different with a tan! For those of you who are new—WELCOME!—from me and the entire Student Council. Everything may seem a bit confusing this week, so we are here to answer your questions and help you out. You will find pictures of all student councillors in this issue of the **Picaro**. Be sure to watch for us—we're the ones wearing the bright (dare I say gaudy?) shirts.

As the year unfolds, you will learn more about both the university and the Student Union. The information in this Orientation edition of the **Picaro** will help to speed up the process. Be sure to check out the detailed Orientation schedule as well as information concerning the drug plan which you are entitled to as a full-time student.

Throughout the year, you will obtain much Council news through reading the **Picaro**. Each week a different Councillor will be featured in "Councillors speak out" and you will hear what is happening in the 4th Floor Rosaria offices. As well, look for the section entitled "Cuts from Council"—it will give you an overview of up-and-coming council events. Of course, the best way to learn about your Student Council is to come up and visit us—you are welcome at any time!

Each of you have received a Student Handbook which is filled with MSVU-related material. Please look through it carefully, as it contains a wide range of information. It describes the student fee breakdown, lists important phone numbers, outlines the campus societies, and, most important of all—explains where the nearest McDonalds is! The Handbook is useful—keep it nearby!

Enjoy yourself during this Orientation week. Orientation is meant to be fun, so make the most of it! You will meet many, many people and begin many new friendships.

The Student Council wishes you the best of luck as you begin your years at Mount Saint Vincent University. Have a terrific year, and remember, if you have any questions or concerns, bring them to us!

Have a great week!

Teresa Francis
President of the Student Union

Cuts from council

—**Council Orientation** events will continue through to Sept. 15. Check the Orientation schedule and posters for details.

—**Student Union I.D. Cards** will be taken in the Student Union Office at the following times:

WED., SEPT. 5— 1:30 p.m. to 5:30 p.m.
7 p.m. to 9:15 p.m.
THURS., SEPT. 6— 2 p.m. to 4 p.m.
7 p.m. to 9:15 p.m.
FRI., SEPT. 7— 9:30 a.m. to 12:30 p.m.
2 p.m. to 4 p.m.
MON., SEPT. 10— 10 a.m. to 12 p.m.

I.D.s will be taken monthly throughout the remainder of the year. Dates and times will be posted.

—**A Societies Day** will be held on Wed., Sept. 26, in the Multipurpose Room, from 1 p.m. to 7 p.m. All societies are welcome to set up a booth—Just let the Council Office know.

—**Fall Elections** will be held early in October. Positions still open include Academic Vice-President, Residence Representative, Public Relations Representative, Arts Representative, Home Economics Representative, Senate Representative, Part-time Student Senate Representative, Part-time Students Representative, and Education Representative. Appointed positions available are: CUSO Representative, Yearbook Editor, and Winter Carnival Chairperson. A meeting of the entire graduating class will be called with the purpose behind it being to choose Senior Class President.

HOPE YOU HAD A GREAT SUMMER AND ARE LOOKING FORWARD TO A GREAT YEAR!

Fun and fitness at the Mount

by Lisa Courtney

The fitness levels of Canadian teenagers deteriorates greatly through the high school years and physical activity is a vital part of a happy and healthy lifestyle, showed a Canada Fitness Survey. It promotes cardiovascular fitness, flexibility, strength, muscle tone, weight loss and an overall feeling of well-being.

Exercise and pain are not synonymous. A relaxing walk

around campus, a leisurely bike ride or a night of dancing at the Palace are fun and beneficial to the body.

Aerobics, jazz and karate are a few of the instructed activities offered at the Mount. Keeners will also want to test their skills at intramurals.

Those with a competitive spirit will itch to play for the Mystic sport teams—soccer, basketball, volleyball, hockey and badminton. Each team-coach is looking

for players to fill positions vacated last year.

The gym and weight room in Rosaria are open at designated times to students wishing to come in on their own to shape up their bodies. Equipment is available and can be signed out.

The Mount has a staff at the Athletic/Recreation office eager to get bodies back into working order after the "lazy, hazy days of summer". Come out and be a part of the participation team.



Athletic/Recreation programs

Office:

Rosaria Hall, Room 223
443-4450, extension 152

Office Hours:

Facility Hours:

Mon. - Fri., 9 a.m. - 5 p.m.
Mon. - Thurs., 9 a.m. - 10:30 p.m.
Fri., 9 a.m. - 7 p.m.
Sat., 9:30 a.m. - 4:30 p.m.
Sun., 6:30 p.m. - 10:30 p.m.

Facility Includes: gymnasium, games room, exercise and dance studio, outdoor fitness trail, locker rooms with showers and saunas, and free equipment rental.

Recreation Program: Instructional classes in aerobics, jazz dance, karate, and wendo (self defense for women). Early registration for classes on Sept. 6 and 7, with classes beginning the week of Sept. 10.

- badminton, running, netball and gymnastic clubs
- intramural program
- fitness assessment
- free nutrition counselling
- recreation council

Athletics Programs: Team try-out dates

Soccer: Women's, Sept. 11
Volleyball: Women's, Oct. 9, Men's, Oct. 17
Basketball: Women's Oct. 11, Men's, Oct. 17
Badminton: Women's and Men's, Oct. 16
Hockey: Men's, T.B.A.

Memberships: A membership pass entitles individuals to the use of the facilities and free equipment rental. Members also receive discount rates on all instructional programs.

All full-time MSVU students automatically become members and only need to present their student I.D. to receive membership privileges. Membership fee for MSVU part-time students, faculty and staff is \$10.00.

Balance your lifestyle

The freshmen arriving at the Mount in 1980 were much like the freshmen in 1984. They came from near and far. They were young and old. They were tall, short, dark, light, big, little, scared, happy, They came with all sorts of hopes and goals for the future and with a variety of ideas and schemes to make their university days successful.

Some of these freshmen from 1980 believed success would depend on hours of hard work attending classes, preparing assignments, and burning the midnight oil studying and studying and studying.

Some believed success would be theirs if they were able to obtain their degrees by putting out the least amount of effort and avoiding all responsibility.

Some wanted only to socialize, make some friends, and party often.

Some wanted to play on teams and develop physical strength and fitness.

Some of the 1980 freshmen graduated in May of 1984—and some did not. Here are brief pro-

files of some of the successful 1984 graduates:

Rachel graduated in Public Relations with highest aggregate; valedictorian; captain and most valuable player on soccer team; badminton team, aerobic exercise and tennis; editor of yearbook.

Mary graduated in Arts; valedictorian, president of Student Christian Movement, actress, musician, fitness instructor.

Michele graduated in Business Administration with distinction; student assistant to Athletics/Recreation Office, fitness instructor.

Bruce graduated in Public Relations; Student Council; hockey team, intramurals, aerobic fitness.

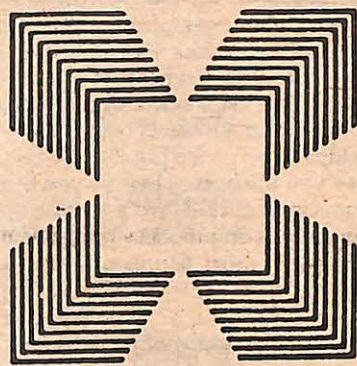
Nanette graduated with distinction in Child Studies, Captain and most valuable player of Volleyball Team, Canadian College Conference Volleyball All-Star.

These successful 1980 freshmen were ones who had a balanced lifestyle. They knew life must not be "all work and no play" or vice versa. They man-

aged their time so they could include a variety of activities which would help them grow and develop mentally, spiritually, socially and physically.

The Athletic/Recreation office can help the 1984 freshman to maximize her/his potential and attain a balanced, and healthy lifestyle. We offer a variety of recreational programs such as aerobic exercises, dance, self-defense, karate and tennis. Competitive activities are available in intramurals, and in intercollegiate sports.

Remember exercise combats fatigue by increasing your energy and your capacity for handling work. Exercise brings extra oxygen to your brain making you more alert by day. It makes you sleep well at night as it releases the day's tensions and makes you physically tired (rather than washed out, the way inactive people feel). It helps prevent depression and helps you cope with stress and it boosts your self-confidence. It makes you feel good and look good. Give it a try!!



TRAVEL CUTS

Going Your Way!

AIRLINE TICKETING

AMSTERDAM STUDENT FARES

CHRISTMAS CHARTERS

INTERNATIONAL STUDENT ID CARD

LONDON STUDENT CHARTERS

PARIS CULTURAL PROGRAM

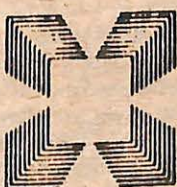
RAILPASSES

SKI PACKAGES

STUDENT WORK ABROAD PROGRAM

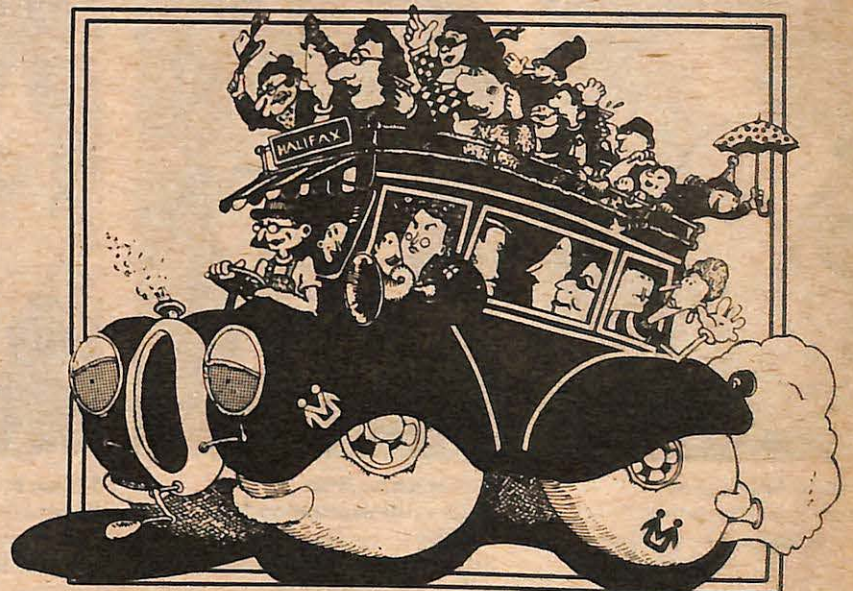
SUNSPOT VACATIONS

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Mount Saint Vincent Alumnae Association