



REVIEW...

1997-98 ANOTHER GREAT YEAR!

Yes, it's been another banner year for the Athletics/Recreation area. Over eight hundred students took advantage of their membership to the Facility. Several hundred more students took part in our many special events. Student participation was at an all time high and campus intramurals; fitness classes and our intercollegiate program were well attended and spirit was high. All programs are typically initiated by our Ath/Rec staff but often it is our student leaders that take on leadership roles and truly make things happen. Some examples of some of our very successful events were the Martock Ski Trip, Booster Nights, Halloween Pub, Coed Volleyball, Student Leadership Conference and Intramural Tournaments. We would like to recognize the fantastic work done by the many student leaders that are involved in our programs. Not only does the office run student activities but it also facilitates events and programs for our staff and off campus members. Our annual Christmas Skate, Badminton Clinic and February Break Barbeque are just a few of the successful events offered this year. We are also continually trying to meet the demands of the public with courses and events, such as Strength & Tone, Step Aerobics, Golf Lessons, Children's Day Camps, Sport Leagues and One-to-one Fitness Consulting.

Listening to our participants' needs is a big step toward running successful programs. Our staff keeps up on the latest developments by attending courses and conferences throughout the country. Our Fitness Coordinator, Pat Zwicker, is one of 18 people across Canada sponsored by a new Adidas "3 Stripes" Fitness Leaders program that helps Fitness Professionals plan special events in their area. Joanne-Burns-Therault, our Recreation Officer, is hosting the Canadian Intramural Recreation Association (CIRA) Conference at THE Mount in May. It has been another positive year for the Athletics/Recreation division. We are proud of our accomplishments and hope that our small contribution helps make an individual's time at the Mount a little more enjoyable, for it is certainly the case for us!

A special thanks to Pepsi Cola Canada Beverages for their continued support of Mount Athletics/Recreation and for helping make the Pepsi Weight/Conditioning Centre a reality.

*Thanks are also extended to: Cleve's Sporting Goods Limited
Moosehead Breweries
Thrifty Car Rentals*

"THE DYNAMIC DUO" *MSVU Badminton Teammates Win Silver Medal at CCAA Nationals!*



Chris White & Grace Kinney
*1998 Canadian Colleges National Silver Medalists
- Mixed Badminton*

*Hosted by Northern Alberta Institute of
Technology Edmonton, Alberta*

Chris White, 2nd year Business student from Parrsboro, NS and Grace Kinney 2nd year Child & Youth Studies student from Deep Brook, NS defeated Ontario in semi-final play 10-15, 15-12, 15-6 and won the silver medal losing to British Columbia 15-6, 15-7. This is the first ever Badminton medal won by a Mount Team and the highest placing ever made by an Atlantic Colleges Athletic Association Badminton Team. Congratulations Grace & Chris!

WOMEN'S BASKETBALL



WOMEN'S BASKETBALL 1997-98

front row (l-r): Angie McLeod (Coach), Monette Pasher, Rebecca MacDonald, Emily Murray, Amber Leahy

back row (l-r): Jennifer Lamy, Nicole Phipps, Shannon Fraser, Sheila Murphy, Erin Meisner, Laura MacKenzie, Tara Kinch

missing: Andrea Hill, Melissa Stevens (Asst. Coach)

WOMEN'S BASKETBALL

The 1997-98 season was not one the women's basketball team will soon forget. The team finished first in the league, and defeated St. Thomas by one in the playoff semi-final. This set up a dramatic final with Mount Allison. The Mystics trailed by two at half-time, but an inspired defensive effort led by unheralded Tara Kinch, helped the team pull away in the final few minutes for their first ACAA title since 1990-91. Erin Meisner was named to the All-Conference team, while Sheila Murphy was ACAA MVP and CCAA All Canadian. Angie McLeod was named ACAA Coach of the Year.

MEN'S BASKETBALL



MEN'S BASKETBALL 1997-98

front row (l-r): Ian MacRae, Art Lunn, Peter Turnbull, Andy Bartkus, Craig Sampson

back row (l-r): Ray Pierce (Asst. Coach), Jeff Sponagle, Dylan Meisner, Jason Brunt, Andy Semple, Jason Ernst, Steve Harris, Malik Adams (Asst. Coach)

missing: Rick Plato (Coach), Andrea Plato (Manager)

MEN'S BASKETBALL

The men's basketball team had many doubters during the pre-season. The three-time defending ACAA Champions had a big reputation to live up to, and a lot of rookies to try to do it. But, the hard work of Coach Rick Plato and his players paid off. The men finished third in the regular season, and proceeded to upset second-ranked NSAC in the play-off semi-final. However, the young squad could not defeat the sharp-shooting St. Thomas team, and lost 78-67 in the final. Craig Sampson and Jason Brunt were named to the All-Conference Team.

WOMEN'S VOLLEYBALL

A young women's volleyball team struggled for consistency, as fledgling teams usually do, but still finished a respectable fifth in the league. The Mystics even took a game off of eventual ACAA Champions Universite de Sainte Anne, which was a rarity this season. The team will miss the leadership of graduating players Tanya Diamond and Lisa Patterson. However, with only two players graduating, look for this team to be a dominant force in the next couple of years!



WOMEN'S VOLLEYBALL 1997-98

front row (l-r): Jackie Coyle (Coach), Tracey Cochrane, Tanya Diamond, Jennifer Hardie, Lisa Roach
back row (l-r): Sarah Gillis, Joanne Gillis, Giselle Boudreau, Lisa Patterson, Kate Morrison
missing: Angie Garner (Asst. Coach)

WOMEN'S SOCCER

The Mystics soccer team came a long way in their journey to the playoffs. The rookie-laden team didn't take long to show the league they were contenders and finished second during the regular season. However, in the playoffs the Mount lost to NSAC 3-2 in the semi-final. It was a bitter-sweet finish that saw the Mystics split games with the Rams during the season. Congratulations to Erin Atkinson and Jazmine Hayden on their selection to the ACAA All-Conference Team. Erin also received the Jerry LeBlanc Award, given to the ACAA soccer player who best combines qualities of leadership, sportsmanship, enthusiasm and ability, both on and off the field.



WOMEN'S SOCCER 1997-98

front row (l-r): Angie McLeod (Coach), Nikki Felderhof, Lisa Underwood, Gillian Petley-Jones, Sheila Murphy, Erin Atkinson, Sarah Gillis, Jennifer Hutchinson.
back row (l-r): Jennifer Chisholm, Terri Read, Jazmine Hayden, Kelly Naugler, Jennifer Brown, Robin Bent, Nicole Champriss, Wanda Deveau, Deidre Gallant, Leann O'Hanley.

WOMEN'S VOLLEYBALL

WOMEN'S SOCCER

CO-ED BADMINTON



CO-ED BADMINTON 1997-98

front row (l-r): Mike Hingston (Coach), Rob MacGowan, Kevin Wentzell, Fred Carter, Keith Wilde, Shawn Leamon (Coach)

back row (l-r): Melanie Gagnon, Hoa Haggerty, Mark Campbell, John LeBlanc, Chris White, Grace Kinney, Margo LaFosse

missing: Kevin LeTourneau

CO-ED BADMINTON

The "Dynamic Duo" of Chris White and Grace Kinney had an amazing season for the Badminton Team. They started by successfully defending their ACAA Mixed Doubles title and went on to win a silver medal at the CCAA National Championships! The pair along with Coach Mike Hingston, were instrumental in helping a young team improved so much over the course of the year. Congratulations to the badminton team for your hard work and tremendous efforts this year.

CAMPUS RECREATION

Mystic Approach to Campus Life, Student Leadership and School Spirit

Campus Recreation had a fantastic year. The Athletic/Recreation Society did an outstanding job leading the campus in school spirit. The various events they hosted at Vinnie's saw record numbers. Each event filled the Pub with an average of 250 students. The Halloween and Christmas Parties were excellent first term events. Second term kicked off with the "Battle of the Bands." The Battle saw ten talented bands perform to an audience of close to 250 people. The event was so popular that although there were only ten spots available for bands, eighteen bands submitted applications to perform.

The Blue Crew, a sub committee of the Athletics/Recreation Society, supported the Mount's Varsity Athletic program by hosting many fun Booster Nights. The events grew crowds of students, parents and friends to Rosaria Gym in support of Mount Athletes.

The Athletics/Recreation Society, lead by President Andrea May, has earned the respect of Mount students from across the campus. Their well attended events has shown the Mount's School Spirit at its best! They are repeat recipients of the Student Union "Society of the Month" award. Congratulations for showing great leadership!

Mystic Saints Band has been in the making for the past few years and this year they participated in their first public performances! Their regular weekly rehearsals were enjoyed by everyone who wandered through Rosaria on Tuesdays at lunch. The Band performed for the High School Students Open Campus Day, the Annual Christmas Craft Fair and for an evening social at the Motherhouse for the Sisters of Charity. The Mystic Band had a great year and the students are looking forward to bigger and better things next year.