

Students protest concerns at Province House

by Michelle Cormier

History was made in Halifax on Wed., Jan 16, as almost 1,000 Dalhousie and King's students paraded to Province House to protest underfunding. Citing underfunding as the root of the tensions between the Dalhousie Faculty Association (DFA) and the Dalhousie Board of Governors, the students chose Wednesday because it marked the date of the DFA's one-day strike. Beth Olly of the Canadian Fed-

eration of Students addressed the crowd with supportive telegrams from Mount Saint Vincent and the University of Sask. Both expressed concerns about underfunding and the unfortunate position of Dalhousie's students. As the students waited for the Minister of Education, Terry Donahue, outside of Province House, they waved their placards and chanted, "It's getting scary Terry!" Mr. Donahue did not appear, but the crowd was addressed by the President of Dalhousie Student Union, Alex Gigeroff. Gigeroff-read a letter from Dalhousie University President, Dr. Andrew MacKay, who declined an invitation to join the crowd.

Immediately after the rally, Gigeroff, Donahue, the vicepresident of Dalhousie Student Union, Rusty James and the President of King's Student Union, Mark MacKenzie all met to discuss the issue of underfunding. Donahue refrained from supporting underfunding as a major issue but James is pleased that "concern was shown".

James maintained that "the march was a success". He admits that the student union has plans to implement before Jan. 28, the date marking an indefinite walkout by the DFA. James indicated that a public debate may be next on the agenda. He said they are "waiting for the right timing and the right pressure points".



Dalhousie students march downtown to protest cuts in education funding that they say is the cause of labour troubles at Dal. Photo: Carlos.

Students ignore Career Week

by Karen Hope

Students ignored 3,000 posters displayed on campus to advertise the Mount's fourth annual Career Week workshops.

Jointly sponsored by the Student Services and Counselling, Canada Employment Centre On Campus and the Co-operative Education office, Career Week only attracted an average of six -15 students to each workshop.

Ann Wetmore-Foshay, counsellor student services and counselling said they feel completely at a loss over the lack of participation in the workshops.

"Over 500 dollars was spent to organize workshops on job skill building and self-analysis," she said. "One workshop had six people of which three were faculty members." Foshay asked Student Union President Teresa Francis why she thought students evaded the career workshops. Francis and Foshay both felt many students think the job market is hopeless and do not want to face job searching. "If students think about job

"If students think about job searching, they are making a conscious effort to face the world," Foshay said. "Maybe students don't want to take that step forward."

Bruna Caracristi, manager and counsellor for Canada Employment Centre, said she shares Foshay's opinion that students are discouraged about today's job market. She has recognized an overall trend in the decrease of applications and the quality of those received at the employment centre.

"Students are not coming to the office until they've been unemployed for a few months," Caracristi said. "My biggest file contains names of alumnae members seeking employment."

Caracristi explains alumnae members are not as successful finding employment when competing against new graduates.

"Unemployed people become depressed with themselves and employers question what they've been doing," she said. "If students acquired job searching skills, they would have a better chance of finding employment earlier."

Caracristi said she thought more students would attend workshops because they were in tune with today's employment issues. She said workshops discussed the hidden job market, making the most of your first job and effective resumé writing. More students in their graduating year should have been interested, she commented.

Caracristi says today's job market is tight, however, points out many students with job search training skills find jobs within the first month or so. All Career Week organizers hope more students will recognize the significance of job searching skills and attend any related workshops and seminars offered on campus.

"There are a lot of worthwhile things to participate in on campus," said Caracristi. "A lot of time and expense goes into organizing them for students."

Profs furious over survey

MONTREAL (CUP)—Professors are furious and considering legal action against The Paper, the student newspaper at Marianopolis College after it published a course evaluation based on interviews with eight per cent of students.

Tom Nowers, Marianopolis student services co-ordinator, said some teachers were very upset about the published course evaluations done by students and that he thought it was a ''statistical sham''.

"One teacher sought legal advice," Nowers said. "The Paper could be charged with libel based on character defamation."

Marianopolis humanities professor Gordon Cadenhead said faculty should "consider some action" to get input on future course evaluations. "I'm trying to get the faculty off their rear and get them to be very organized," he said.

To do the evaluation, a Marianopolis student compiled statistics in 15 areas, including whether students like a teacher, whether there is much reading, and whether marks are taken off for attendance. But because only 103 students answered the questionnaire, many evaluations were based on interviews with only one or two students. The evaluation noted that few responses on a course meant that evaluation was not representative.

No formal course evaluation procedure exists at Marianopolis.

lis. "Students need to know which teachers are good and which are not," Paper editor Jennifer Lonergan said. "This evaluation is better than nothing."

The Paper's managerial board, set up after the newspaper called the Pope a "comfy, wellfed clergyman" in a front-page story last fall, and which includes faculty, student services, and student congress members, met after the evaluation came out, and some members recoma mended that The Paper print a retraction.

The Paper printed a short note, saying it "re-emphasized once again the inconclusiveness of the data presented in the course evaluation."



While the Saceteria was full at lunch time, many seats remained unoccupied during Career Week's workshop seminars held in the Seton auditorium.

Attention 1985 Grads

Have you submitted your yellow Intention to Graduate form to the Registrar's Office? Only students who submit these forms are considered to be potential graduates. The deadline is Feb. 15 for those intending to graduate this May.

Annual International Night

The International Students Association is holding its Annual International Night Celebrations on Fri., Jan. 25 in the Multi-Purpose Room from 7 p.m. - 1 a.m. The Association promises a colourful cultural show and exhibition accompanied by the International Supper and music. The price is 4 dollars for students (with i.d.) and 6 dollars for nonstudents. For more information call:

Elaine: 422-7598, Ingrid: 443-5667 or Christine: 443-9918.

Chinese New Year Banquet

The Chinese Students' Association of Saint Mary's University will hold their Chinese New Year Banquet 7:30 p.m., Sat., Feb. 23 in the Multipurpose Room at SMU.

There will be many interesting programs like the Lion Dance, Traditional Chinese Dances, Martial Arts, Kung Fu, etc. An oriental Chinese dinner will be served and a disco party will follow.

Tickets will be sold at the Loyola Colonnade Information lobby Mon. to Fri., 11:30 a.m. to 3 p.m. at \$12 each.

Do join us on this auspicious occasion. You can be sure it's worth every penny! For more information call 423-9660, 423-8607 or 423-6708.

Residence applications

Residence applications for 1985-86 are now available at the Housing Office, Rosaria.

Students interested in the specialty residences—Marillac (French residence) and Health & Fitness Residence must complete two applications and return them to the Housing Office by Fri., Feb. 8, 1985.

Individual interviews will be held in order to select candidates for the specialty residences. Interviews will take place from Feb. 11 to Feb. 22, 1985. Selected candidates will be announced on Wed., Mar. 6, 1985. A 45 dollar (non-refundable) room deposit must be paid to hold the room by Fri., Mar. 8, 1985.

Returning resident students interested in other residence space must complete an application and return it along with their 45 dollar (non-refundable) room deposit to the Housing Office by Fri., Mar. 8, 1985, in order to participate in room draw for 1985-86. Room draw dates will be Mar. 11, 12 and 13.

Off-campus students interested in residence accommodation for 1985-86 must complete an application and return it to the Housing Office. Residence space will be assigned during the summer months as to the

date the application is received. Resident assistant applications for 1985-86 are now available at the Canada Employment Centre, Rosaria.

Berger's idea of Canada

The Honorable Thomas Berger, a man known to almost every Canadian for his work as Commissioner on the Mackenzie Valley Pipeline Inquiry, will give a public lecture at Mount Saint Vincent University entitled **My Idea of Canada** on Thurs., Feb. 14 in the Seton Academic Centre, Auditorium B, at 1:30 p.m.

A professor of law at the University of British Columbia, the Honorable Thomas Berger was a Judge of the Supreme Court of British Columbia from 1971 to 1983.

He was Chairman of the Royal Commission on Family and Children's Law from 1973 to 1974; Commissioner of the Mackenzie Valley Pipeline Inquiry from 1974 to 1977; and Commissioner for the Indian and Inuit Health Consultation from 1979 to 1980. He was an MLA (New Democratic Party) for Vancouver-Burrard from 1966 to 1969.

His lecture is sponsored by the Association for Canadian Studies through funds allocated by the Department of Secretary of State and is part of the Mount's Public Lecture Series. Admission is free.

ECKANKAR talk

ECKANKAR is holding a free introductory talk titled "ECKANKAR the ancient Science of Soul Travel". This talk will be held at the Nova Scotia Archives, 6016 University Ave. (corner Robie St.), Halifax on Tues., Feb. 5 at 7:30 p.m.

Subjects include: Soul Travel, the easy way; Karma and Reincarnation and the importance of a living ECK Master in the life of the seeker. This talk is open to the public. For more information phone 435-1002.

National Ski Week

A torchlight parade in the Laurentians, a head to head dual telemark slalom in central Ontario, hot air balloon races in the Maritimes and a "Pray for Snow" festival in British Columbia are just a few of the hundreds of events that are being planned by Canada's ski industry to celebrate National Ski Week, January 19-27, 1985.

In addition to celebrity challenges, competitive races and family fun days across the country, ski area operators and retailers in all provinces will be offering special discount beginner packages to encourage Canadians to learn to ski. Free lessons, vans full of equipment at special crowd events and special student ski outings are also planned.

The purpose of National Ski Week is to focus public attention on skiing and to initiate new skiers to the sport. This year's theme is "Ski . . . for the fun of it!"

For more information, contact: Public & Industrial Relations Limited.

Badminton club

The Badminton Club meets every Tues. and Thurs. evening from 7:30 to 10:30 p.m.

It is a non-competitive club and everyone is welcome to drop in any time. If you haven't played in years this is a great opportunity for you to come out and sharpen up your skills. If there is enough interest, small games, tournaments, and clinics will be held from time to time.

Come any time you like. It's a great way to take a break from your studying and have some fun. SEE YOU THERE!

Scorekeepers needed

The Athletics Department is looking for people who are interested in watching basketball and picking up a bit of extra cash at the same time. We need people to keep score and work the clock at the women's home games and at the men's league games.

The women's games are on various days of the week while all of the men's games are on Sunday afternoons. If you are interested, please contact Peggy Boudreau at 443-4450 (ext 381) or come down to the A/R office.

Wall office hours

Office hours for Shari Wall, Student Council Executive Vice-President are Mondays 1 to 3 p.m. and Thursdays, 3 to 4:20 p.m. or by appointment. Student Union Office - 4th floor Rosaria (404), 443-4224 or 443-4450 ext. 123.

P.R. Society meeting

The Public Relations Society will meet in Seton, Thurs., Jan. 24 at 12 noon in Room 304 to plan for 1985. The Committees are looking for new members. All Public Relations Students including non-members are urged to attend. If you want to help direct the future of the Public Relations Society, please attend. The Society values your input!

Entre'acte musical

Entr'acte, Halifax's newest theatre company, is proud to announce the first production of its inaugural season. The musical **Working** previews Thurs., Jan. 24, running through to Sun., Jan. 27.

Based on Stud Terkel's bestselling book, **Working**, examines the lives of working class men and women, and their feelings about their jobs.

Performers range in age from twelve to thirty years, and include students, a school teacher, journalist, secretary, and armed forces personnel. Entr'acte's production is directed by Ron Wheatley, set design by Sean Kelly.

Working will be presented at the Department of Culture, Recreation, and Fitness Performance Studio, third floor Catholic Pastoral Centre, 1531 Grafton Street.

Shows are at 8 p.m. Thurs. and Fri., and 2 p.m. Sat. and Sun. Tickets are available at the door or by calling 455-9063.

Stage and Social dance classes

The Mount Recreation Department offers both stage and social dance classes at noon hour.

These classes are a great physical workout, and offer chances to learn from veteran performer Mary Turnbull.

Turnbull, a Fellow of the National Association of Teacher's of Dance, is qualified to teach students dancing. Her last professional role before turning to her studies in Education, was as Lydia the Tatooed Lady, in the 1980 production of Meet the Navy. Her last full-time teaching position (dance), was as the director and principal teacher of the Special Students Program for Gifted Children at Halifax Dance Co-op (now Dance Association).

On Tuesday, Turnbull offers a beginner elementary ballet class aimed to develop grace, poise and to prepare people for stage work. The Thursday class complements Tuesdays, but focuses on Afro-Caribbean style Jazz dancing.

Wednesdays, there is a special class which the recreation department calls "Dancin". Here is a chance to learn a variety of social dances both old and new from east and west. Dances such as the Jive, Charleston, Waltz, Foxtrot and even a class in belly dancing will be featured.

Participants can drop into classes from time to time, and not feel behind, as each week features a new dance.

The recreation office knows what dance will be featured each week. Keep in touch. Also, keep on the lookout for possible late spring workshops. If there is sufficient interest, the department may have a belly dance special for the pre-bikini season!



Alumnae notes Memorial mass

Memorial Mass for deceased alumnae to be held Sun., Feb. 3 at Evaristus Chapel at 6:30 p.m. All are welcome to attend and join alumnae and guests after Mass in Vinnies Pub for music and refreshments.

Health program

Close-Up On Your Health, a confidential, computer-based program, is now available at the health office, student services. To determine your health risk factors and learn how to improve them, contact the health office for an appointment.

Classified Ads

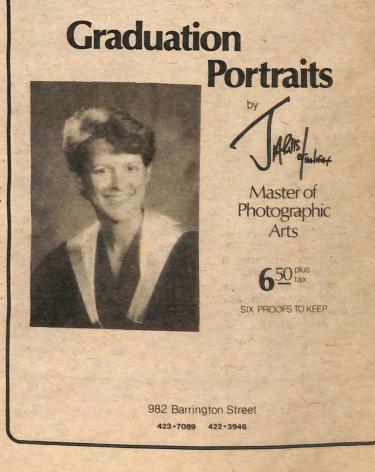
This is a serious ad. I'm an honest to God Hermit. I live so far into the mountains that I cannot pick up radio signals.

I'm bored stiff with my music. Send me a cassette of something different or jazzy and I'll do my best to reciprocate. Send to,

Bob Box 103 Likely, B.C. VOL INO

Electric typewriter for sale. Smith Corona Enterprise II Coronomatic. Two years old but rarely used. \$200. Call Shelah evenings at 443-2504 or inquire at the Picaro office.

Rates: students with valid I.D. cards \$1.50; non-students \$3.00: businesses \$9.00. Limit 30 words, 40 for businesses. Ads must be received in Picaro office by Monday Noon previous to desired publication date, with payment.



NEWS

CFS field worker moves into council office

by Gina Connell

As of Dec. 10, 1984, Mount Saint Vincent Union Office will be home base for Canadian Federation of Students (CFS) Atlantic Field Worker, Judy Guthrie.

Tern

Guthrie, who replaced a New Brunswick field worker, was in search of office space and accepted MSVU's Student Union offer. She will be a field worker for the Atlantic Region, and does a fair amount of travelling so the office will be used primarily for messages and mail.

Guthrie's duties include presentations on the Student Work Abroad Program (SWAP), finding out what people are working on and helping with constitutions. Guthrie goes to student associations to organize schools, talks at council meetings, and acts as CFS information representative.

Each province has a National Executive Representative who is

stationed at a university and is elected by CFS members.

CFS provides students with programs such as SWAP, Travel Cuts, and the Canadian Programming Service. The programming service is similar to speaker's bureau and allows block booking of interesting speakers at cheaper rates.

CFS also provides the Student Saver Program which offers discounts to students for a variety of products and services in Canada, the United States, and Europe.

The CFS Information Resource Service employs two fulltime researchers in Ottawa to study the affects of government decisions and programs on students. The researchers look at the affects of budget cuts by the federal government, and decide what approaches might make the government reconsider.

CFS has two general meetings

per year. In the spring, the location of the meeting is alternated between the east and west and in the fall, the meeting is always held in Ottawa. During these meetings CFS decides on future research projects, and how they can react to decisions of the federal and provincial governments.

Beth Olley, chairperson of CFS, visited Guthrie in her new office. As the Chairperson, Olley goes to each institution to answer any questions about CFS.

Mount supports Dal student march

by Katrina Aburrow

On Wed., Jan. 16 representative students from MSVU walked to the Province House with approximately 700 Dalhousie and King's students, to demonstrate their support of the Student Walkout.

The walkout gathered Dalhousie faculty and students to achieve four main objectives. Participants hoped faculty and administrators to reach a fast resolution; to have a mediator appointed by the provincial government; to have pressure exerted on the administration to settle by the provincial government, and to have underfunding acknowledged by administration as the central cause of the situation. "As soon as we (student council) found out about the Dalhousie and King's student march we began discussion," said Teresa Francis, president of the MSVU student union. Council made an unanimous decision to support Dal and King's students in their efforts to speed up a reconciliation.

"The Dalhousie Student Union (DSU) is not taking any sides and the Mount remains neutral," stated Francis. "We want to support the students because they aren't the cause of the problem. They can't resolve the problem, yet they are stuck in the middle and will ultimately pay the consequences."

Francis said a full strike could

affect Mount Saint Vincent students taking courses at Dalhousie.

At the beginning of the march, Rusty James, DSU vice-president, read telegrams of support from across Canada. Mount Saint Vincent Student Union sent a telegram that read:

"The Mount Saint Vincent University Student Union wholeheartedly supports you in your efforts to encourage Dalhousie Faculty and Administration to meet to resolve this situation. We hope for a speedy resolution so that students will not be the innocent victims of circumstances."

Other telegrams of support

came from the University of Ottawa, the University of Saskatchewan, Laurentian University, and the Ontario Federation of Students who also face similar problems with education.

At Province House underfunding was discussed as a cause of the current situation by NDP education critic, John Holme, who says his party is trying to work against the problem which is particularly bad in Nova Scotia. Other speakers included Alex Gigeroff, DSU president, Mark Mackenzie, student union president of King's and Beth Olley, chairman of CFS.

Underfunding is a problem in universities across Canada, yet it is difficult to get the government's attention needed to address the problem.

"I don't think anyone can deny that universities are underfunded, however, the government doesn't always acknowledge it," explains Francis. "I think the universities themselves are proof they are underfunded."



Yippie and Yuppie just yap

by Barbara Flewwelling

If you think today's campuses are as exciting as hospital food, then you probably would have sided with Abbie Hoffman. If you aspire to be a Young Urban Professional (Yuppie), then you might have felt yourself leaning towards Jerry Rubin's way of thinking. The debate was entitled "Yippie versus Yuppie" and sponsored by the Dalhousie Student Union. These two, once militant activists, addressed a capacity crowd in Dalhousie's McInnes Room last Thurs., Jan. 17.

Hoffman and Rubin were members of the infamous Chicago Seven and assume responsibility for running Richard Nixon out of office. Hoffman brags about being arrested 41 times and Rubin was in there like a dirty shirt in 1967 when 100,000 people stormed the Pentagon in protest of the Vietnam war.

Hoffman still says "It's better to be active today than radioactive tomorrow", but he's managed to stay out of jail lately. Hoffman has not put down his protest sign by any means, but his energies seem to be directed towards more concrete tasks. Hoffman will be spending next summer with the Peace Corp rebuilding houses and schools in

Nicaragua. Rubin is a different story all together. He is the founder of the Yuppie culture and is now a successful New York City stock broker. Rubin proudly displayed his American Express card which, by the way, was green not gold.

These 1960's legends are crossing the country with their debate to speak to the youth of the 1980's. Hoffman—with the hopes of breaking our "culture of silence", Rubin—hoping to spread the word of the Yuppies.

Hoffman then went on to attack Rubin's new-found lifestyle accusing Rubin's world as being "as narrow as his tie". Rubin's rebuttal was strong. Rubin professes that soon a Yuppie-oriented leader will be running the U.S. Government, making necessary policy changes from the inside.

"Rubin is a sellout," was Hoffman's comeback, adding that Yuppies make their money the old-fashioned way, by screwing the poor.

The bantering lasted for over three hours, including questions from the floor. As debates go, this one was worth the 4 dollars (the general public coughed up 10 dollars) even just to see these enigmas in person. Hoffman's wit won the applause, but I couldn't help feeling that Rubin offered sound solutions to controlling the arms race.

If nothing else, I think I acquired enough information to answer a few more Trivial Pursuit questions.

All the Wile



"It doesn't seem fair, but I brought a dack blind."

EDITORIAL



Voice of the third party

January 28 could mark doomsday for Dalhousie University's ten thousand students. If Dal faculty strikes until administrators meet their demands, students' education will be put on hold.

A strike is a legal and legitimate means for resolving a labour dispute. The Dalhousie Faculty Association wants all money paid into the pension fund to be used only for pension benefits. The Board of Administration wants to use the surplus pension money to help pay off Dal's 13 million dollar debt . . . Faculty wants a salary increase that will keep up with inflation by including a 4.9 per cent cost of living increase . . . Administration will give Faculty a 2.88 per cent increase.

Unfortunately, a strike would not resolve the dispute between faculty and administration without hurting a third party: the entire student population of Dalhousie University and King's College, and some students from Mount Saint Vincent and Saint Mary's who take courses at Dal.

By far, the third party outnumbers the disputing parties, but in a strike situation, this is irrelevant. There is a recurring pattern in any strike where the quickest way to action is to make the third party suffer. Metro Transit wouldn't bother to strike in the summer, when more people rely on the bus system in winter. Even Canada Post waits until Christmas when it is the best time to inconvenience people.

Students are the pawns in the Dalhousie strike situation. Both faculty and administration know students' educations are at the mercy, of their decisions. The real issues may be pensions and salary increases, but a summer strike for the same purposes just wouldn't be as effective. Their bargaining power would be on vacation. By striking now, faculty and administration could have a great game of "Monkey in the Middle" with students' education.

Granted, neither faculty nor administration want to see students lose part of their education. In fact, many professors will open their homes and continue to teach their students. But if the strike occurs, and is prolonged, home-teaching may not compensate for missed lab time or designated hours some students are required to spend in the confines of a classroom.

Also, the completion of degrees for graduating students and those qualifying for other programs may take days, or weeks longer than originally planned. Students will have to make up lost time to graduate or finish credits. This lost time will be an added expense for any out-of-town students who will have to fork over additional money for rent and food. And, those planning to work this summer may have to forfeit a few weeks pay.

Money doesn't grow on trees and the government certainly won't be handing out more student loans on a silver platter. Let's hope good'ol Mom and Dad can come through in a crunch!

Of course, now there's the question about tuition: To pay or not to pay? If students still owe the second \$750 of tuition, who can guarantee that they'll get their money's worth? Students could probably look forward to a tuition hike in the fall, especially if administration cannot solve its funding problems.

In the event of a strike, students cannot judge who is right or wrong, who mismanages funds or who is underfunding the university. The issue of concern for students is education.

No compromise is easy when both sides have to give up something. But, there is hope now that faculty and administration have gone back to the bargaining tables. The longer the compromise takes after Jan. 28, the more ten thousand students have to lose. If both faculty and administration have good consciences or sound business minds, they won't let their demands jeopardize the education of their major source of funding. K.E.

What is Caritas Day?

by Katrina Aburrow

On Wed., Jan. 30, Mount Saint Vincent University students will have a holiday from classes. Caritas Day, formerly called the President's Holiday, has been declared by President Margaret Fulton, to stress community volunteer work by the students, faculty and administration.

It is hoped that there will be an increase in university spirit, an increased awareness of the Mount's philosophy and objectives, and a retention of the ties with the Sisters of Charity. The Mount wants students to be aware of its heritage and its involvement in the education of women.

The Caritas Day holiday began two years ago on Jan. 31. "The reason Jan. 31 was chosen, is because on that day in 1951, a fire destroyed the Motherhouse Complex," said Teresa Francis, president of the MSVU student union. "It is now held on the nearest Wednesday to Jan. 31 because of a motion passed by the senate in 1983."

Death of a Rusk

by Tuna Turner Webster's dictionary defines a rusk as a light, airy non-caloric carbohydrate. Weighing in at one calorie per, this puffed, melba toastlike substance is better known in dieting circles as air with crust.

Once upon a time there lived a rusk. He was a sad rusk. He knew he was no dessert, but a main course for some dieter lurking in the shadows, hiding from the dreaded calorie. What made his fate worse was the scary knowledge that he would be soon smothered in unsweetened pineapple juice in preparation for the ravenous fangs of the dieter.

Webster's defines dieter as a maniacal human being who is actively searching the planet surface for the key to sveltness. (In diet lingo this means thin.) They will not attain happiness until someone stares at them and gasps.

"God, you are getting thin, you should eat something." "Bless you," says the svelte dieter.

Dieting has been around since ancient Egyptian times when Anthony had to shed 20 pounds to squeeze his body into a rolled up carpet to sneak into the palace of Cleopatra who was giving him the serious brush-off. His aides put him on a diet, petrified at the prospect of a slip disc as they hauled the rotund Tony on their shoulders incognito, to woo the indifferent Cleo.

Today, the battle of the bulge continues as dieters vie for a place in the sun in a bikini the size of a band-aid. For some, the mere mention of the word diet conjures up images of dry toast and half grapefruits, and rightly so. Eating is not condusive to weight loss.

The search for gauntness (more lingo, another common euphemism for thin) has led to erratic behaviour in many a dieter. Not many people are aware that some new, startling evidence has been uncovered in the case of the Jean Harris murder of diet guru Herman Tarnower. It was recently revealed that Harris did not pull the trigger in a jealous fit at all. She was on the diet for the sixth time and was sitting down on Black Wednesday (the day when you can eat water packed tuna as a main entree). She was in the act of squeezing lemon juice over the dietetic delight when the prospect of the bland tuna drove her into a homicidal rage.

The Scarsdale Diet was the vogue diet when it first emerged on the diet horizon. The words "all you can eat" added a joyful endnote to dishes such as broiled fish and skinless chicken. But one can only digest sooo much lean ground beef sans cheese or ketchup. The parallels between the burger and wet sawdust are alarmingly close. No wonder you lose weight.

The Carrot Diet revolutionized the sixties weight-loss scene. Not only would you shed pounds, but those eyeglasses could go in the dumper, gadzooks, what a concept, perfect vision and sveltness. One drawback was discovered. After being on the diet for a while, your skin color would change just a tad. But who minds being orange when you're thin?

The Carrot Diet, the Grapefruit Diet and the Stillman Water Diet fell into obsolescence as the trend towards a healthier attitude about food surfaced.

Today's fashion and health magazines are crowded with the vehement assurance that dieters can eat whatever they want in small quantities. The burning question is, who wants popcorn at the movies without double golden topping? A sliver of chocolate cheesecake is an obscenity.'Give me a slab or give me death!

If a weight loss of five pounds is a must, the Christine Ferrare five day Emergency Diet is a last ditch resort. A special concoction called carrot and curry soup will carry the dieter through the first three lunches.

Recent research has shown that only dieters with high stamina levels will finish this one. Most of them abandon ship from that sea of soup, screaming for a carb, any carb (more lingo for the dreaded carbohydrate).

The rusk is the only answer. As a member of the non-caloric set, the rusk is an unpleasant experience at best. Dieters search for them in vain, armed with that unsweetened pineapple juice, ready to make the whole experience more palatable. Life as a rusk ain't easy.

1985-1986

Applications are being accepted for most editorial positions. These challenging opportunities include: Editor

Production Manager Business Manager

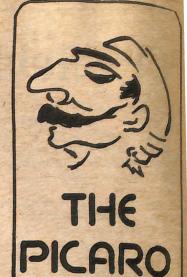
Advertising Manager Entertainment Editor

Office Manager

News Editor

Distribution Manager

Anyone interested in these positions, or requiring more information, please feel free to drop by our office at 403 Rosaria, or call 443-4450, extension 195. Applications close Jan. 25, 1985 at 3 p.m.



In ancient Spanish times, Picaro was a little man who ran throughout the Spanish countryside proclaiming the news.

Now, the Picaro is the student newspaper at Mount Saint Vincent University and is published weekly by the MSVU Student Union. The Picaro is a member of Canadian University Press and subscribers to its statement of principles.

Deadline for all copy is Friday noon, the week preceding publication. All copy should be submitted typed, double spaced. Letters to the Editor and Podium pieces are welcomed for publication, but we ask that all submissions be signed. Names may, however, be withheld by request. The Picaro staff reserve the right to edit all copy for reasons of length or legality. Please refrain from sending letters exceeding 200 words in length. Local Advertisers-You can reach us by phone or mail. Our address is:

The Picaro 4th floor Rosaria Centre Mount Saint Vincent University Halifax, Nova Scotia B3M 2J6

Phone: 443-4450 ext. 195 or 443-4224

STAFF

Editor: Karen Hope Kelliann Evans Production Manager: Shelah Allen News Editor: Joan Vickery Sports Editor: Lisa Courtney Photo Editor: Glenn Craig Rob Towler

Rebecca Kneen Business Manager: Elizabeth Skinner

Office Manager: Bonnie Billings Ad. Manager: Stamos Sotiropoulos Graphic Design: David Wile Patrick Coffin Chris Williams

Public Relations Rep: Rob Towler Reporters: Chris Williams, Hugh Marshall, Charlotte Martin, Frances Markee, Katrina Aburrow, Nick Hamblin, Helen Gauthier, Gina Connell, Karer Toupin, Sue Drapeau.

Lanadian

Inversity

Press

MEMBER

NEWS

Councillors speak out

armittent to an

How are ya? Sorry but I'm not going to say my name, you'll have to look to see who signed it at the bottom.

This is the week they said I could exercise my right to use that good ole freedom of the press via this column. If it appears tongue in cheek, slightly satirical, lest we say gossip, it's only because when they told me I was the Entertainment Director, I thought it meant I had to be entertaining. Could I possibly be the last person to ask you how your holidays were and bid you a Happy New Year?

First of all, I wanna say thanks to all the patrons that support Vinnie's and attend the bashes. To those who don't, you're encouraged to "come on down" so to speak, when you can.

The following list appears in no particular order: Seton, Johna, Marina, Brenda, he shoots he scores, Kent, Easy, Stu, Todd, Tracy, Melissa, Neita, Don, Ted, Frank, KoHo, Mark, Janet, Rene, Louise. Just a little of that "free press" I was talkin' about, you people.

Winter Carnival looks like a good time this year. Kathryn Dickson designed the logo for the Carnival, check it out. Also check out the schedules when they appear for the time and place of your event or party. Tuesday nite will be the bash nite, 'cause Wednesday is a University Holiday thanks to Dr. Fulton's efforts and generosity not to mention her keeping with tradition. Congratulations are in order for Dr. Fulton, as she has recently received the Order of Canada. Felicitations!

For those of you who know Harlequin was appearing that nite and for those of you who didn't, They're Not!

All other Tuesdays are movie nites and the bar is open. Every

second Monday nite is also movie nite and the bar is not open. Will you guys realize that there are movies on and keep it to a very low roar, others want to watch, ya know.

Hey Alice, here's your part: Q: whadda ya call a nun in a blender?

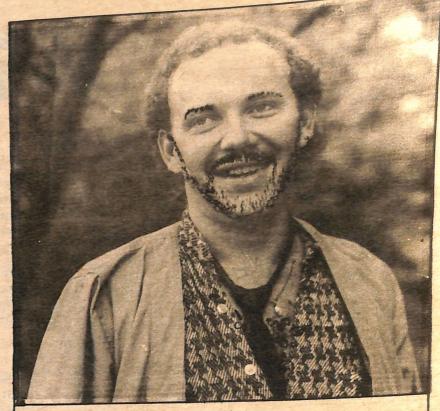
A: twisted sister!?

But seriously, the Awards Banquet is Mar. 30 and it should be a good one from what I hear. Last year I even had on a

three-piece suit. Maybe this year I'll say it's my birthday and wear that suit. How about that for a theme, Alice! Jean, Jean, are you listening?? Hockey

Final scoop! Team party. Vinnie's. Saturday. Be there.

Henry Moulton Entertainment Director



Henry Moulton, MSVU entertainment director.

Mount prepares for immersion students

by Steve Jennex

The Mount is preparing itself for a projected wave of French immersion students in 1989. However, preparation is difficult because the wave may be as small as a ripple.

The current influx of French immersion students is small to say the least. "We get some from New Brunswick and the odd few from Quebec," says professor Catherine Rubinger. Rubinger and her colleagues, however, are concerned that current students in Nova Scotia's immersion program will graduate and find no attractive courses at the Mount.

The first class of immersion students will graduate in four years. Although they are only in junior high, their futures are being considered and planned for by people they have never met.

Rubinger is working to get current programs and courses converted to French, instead of starting new courses. So far, all of the Mount's departments have expressed interest in converting courses, and the Depart-

confirmed its willingness to convert. Problems arise when considering the conversion of courses from one language to another.

"We may be forced to duplicate sections," says Rubinger. "The real problem is the Mount's lack of high level French courses. We have to create French elective courses."

Current immersion students who are studying at the Mount, are offered little above the 200 level in French courses.

At the moment, all planning is tentative and long-range. No one really knows the exact number of immersion students who will eventually graduate but they are on their way.

Mount accommodates deaf students

by Dunbar

Doris Simons and Paula Rockett are both deaf but do not let their handicap stop them from attending their first year at Mount Saint Vincent.

"The work itself, I don't find difficult," says Paula. "But I have great difficulty in understanding what teachers want and expect from me."

The girls communicate by using sign language, pen and pa-

per, and facial expressions. Doris also reads lips and can speak very well. "My mother taught me how to speak. I used to watch her speak and then copy her," she explains.

Both like their programs and want to do well in class. However, they have different views of their first impressions of professors. Doris says, "All the professors were nervous about having a deaf student in their class, but

gradually got used to the idea. Now, they don't treat me any differently than hearing students.

ment of Religious Studies has

Paula disagrees, "I don't think the professors were nervous about having a deaf student in their class, but I do know that some of them felt guilty because they did not have extra time to spend with me.

Paula decided to attend the Mount because it was the only

university in the province to modify a program for her. Both students take three courses per semester.

"If handicapped students come to admissions beforehand, we will try to provide special services for them," said Susan Tanner, admissions officer. "If deaf students tell us in advance, we can make adjustments for them.

Doris and Paula enjoy univer-

sity life. "This is the first time I have gone to school with hearing students my own age," Paula says.

The problem of communication still exists and the students find people are still nervous around them. "They still aren't sure how to cope with a deaf person," said Doris.

Departmental tidbits Bowling team

sign-up

The Student Council is looking for MSVU students interested in forming one or two bowling teams of seven. Each team must be all men or all women. The teams will play at UCCB during their Winter Carnival on Feb. 9. For more information contact Shari or Melanie at the Student Union office before Jan. 25.

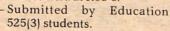
B.Ed's startling 1985 predictions

- All MSVU B.Ed students will graduate with distinction and
- However, 85 per cent will be employed in a small village in South America and live in
- The remaining 15 per cent

28929999999999999999999999999

- will snowshoe off to the Northwest Territories. - Spring rains will wash Seton
- windows. - Polaroid glasses will be distributed to all students in lieu
- of proposed colour changes in Seton Hallways. - Dr. Schoeneberger will be
- buried under a landslide of science kits. - Dal B.Ed students won't
- graduate . . . (strike lessons competition).
- Sister Paula's continuing re search will convince all B.Ed candidates to go integrated.
- SAC 406 will be given a leave of absence. - Pepsi will reappear in vend-
- ing machines. - Burial services will be held
- for stale doughnuts. - The Education Society will
- hold a successful 1985 conference. - There will be a 100 per cent
- attendance at the year-end

party funded by Sister Olga. - The 1995 class reunion (a swinging Tree House Tea) will be held at Rob's.



ANIMATION UNITS

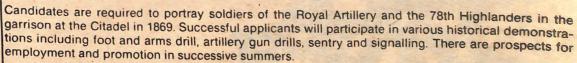
P.R. Society of the Month

The Public Relations Society was chosen as Society of the Month for November due to the speed and enthusiasm with which they reorganized last semester. There was not a society chosen for December.

A STUDENT EMPLOYMENT PROGRAM The Halifax Citadel * Royal Artillery



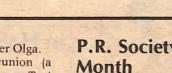
* 78th Highlanders



At 7 p.m. on Wed., Jan. 30 there will be a briefing session for all applicants in Rm. 224 of the Dal SUB. Conditions of employment, job duties, program objectives, and applicant questions will be discussed at this session.

Application forms and information brochures are available at your Canada Employment Centre on Campus. All applicants must register at one of these centres. Deadline for applications is February 1,

For additional information contact your Canada Employment Centre on Campus or phone the Halifax Citadel at 426-8485. -



SPOTLIGHT

Page 6, The Picaro, January 24, 1983

Winter Carnival

Monday

5:30 p.m.

TUNS/MSVU Ski Spree at 3:30 p.m. Martok-enjoy an afternoon of skiing on Martok's slopes. Transportation to and from the Mount and ski rental included in the ticket price.

> Winter Carnival opening in the Rosaria Cafeteria. Dr. Margaret Fulton will be officially opening this year's Winter Carnival.

From the opening, the Scaven-5:30 p.m. ger Hunt will begin. Get a group of your friends together (sign up in the Student Council office) and participate.

Coffee House in the Pub.

MSA Sno Biz Talent Show -Come and enjoy the Mount's amateur or budding entertainers or, if you like, participate (sign up in the Student Council office). Movie afterwards.

Tuesday

3 p.m.

6-7 p.m.

7 p.m. -

12 a.m.

- 12 noon If there is snow, try your hand at snow sculpting in front of Seton. Sign up in the Student Council office.
- 2-4 p.m. Moosehead Tour-Tickets available at the Student Council office.
 - Tug-of-War in front of Seton. Challenge your profs or another society to a test of strength.
- 7 p.m. Volleyball game with TUNS in the Gym. Come out and give your school support.

Scavenger Hunt ends. 6 p.m.

Double Decker at the Mount 9 p.m. featuring the Fanatics and Club 1 a.m. Med

Go surfing in Halifax

Grab your beachballs and surf boards and twist to the sound of Club Med. Halifax's musical beach bums will be playing at MSVU in Vinnies Pub on Jan. 29. Club Med specialize in surfer music cover songs but do original tunes as well. Don't miss them.

Wednesday

1-4 p.m.

2-4 p.m.

6 p.m.

If there is snow-snow sculp. 12 noon ting in front of Seton.

> Society/Residences VS Faculty Sports Extravaganza Volleyball Tournament-all interested will submit a team of 6 people. Please wear beach attire. Sign up in the Student Union office.

Moosehead Tour

King's Student Union VS Mount Student Union-a warm-up to a grudge match. King's won the last game by a THE FANATICS

Metro-based rockers. The Fanatics, will head



sno Biz

Jan. 28 - Feb. 1

few points and we're out to get even.

7 p.m.	Basketball game with King's
	in gym. Give the Mount team
	some support. Admission to
	Pub free if you attend the
	game. There is no charge for
	entrance to the game.

Page 6 Mar (Tutto Januar)

8 p.m. Booster Nite in the Pub-if you cheered on our team, admission free.

7:30 -Skating Party at the Forum 9:30 p.m. with TUNS. Bus leaves the Mount at 7:15 p.m. Tickets available at the Student Union

Tues. Jan. 29 8:30 p.m. to 1 a.m

ADM. \$5 W/D



MSVU's Winter Carnival Double Decker on Jan. 29.

office.

Thursda	y
12 noon	If snow-snow sculpting in front of Seton, and sledding or Vincent Hill-bring your own crazy carpet.
	Free fitness class in gym.
12:15 p.m.	Annual University Community Arts, Craft, and Talent Show opens in the Art Gallery.
2-4 p.m.	Moosehead Tour.
4-7 p.m.	Chef Rene's special: Hot Bee in the Pub.
3 p.m.	Tug-of-War in front of Setor
6 p.m.	Sleigh Ride.
7 p.m 12 a.m.	Après Ski Night in the Pub Wear your craziest scarf—you could win a prize! Movies after ward.
9 p.m.	TUNS Tech Review.

Friday

1

3

3 6

1 a.m.

- 1:30 a.m.	Dine and Dash.
12 p.m.	If snow, snow sculpting in front of Seton.
3 p.m.	Touch football outside on Vincent Hill. Get some of your friends together and get a little fresh air—sign up in the Stu- dent Council office.
3 p.m.	Pub Crawl.
6 p.m.	Prizes presented in Cafeteria.
9 p.m	TUNS-Terry Kelly.

TUNS-Terry Keny.

- Annual Community Arts, All day Craft, and Talent Show.
- Prizes donated by: -Pinos Restaurant
- -Lawrence of Oregano
- -The Keg -The Old Spaghetti Factory -Neptune Theatre
- -Kelly's Stereo

CFS travel agency breaks law

OTTAWA (CUP)—Three travel agencies, including one owned by the Canadian Federation of Students, are allegedly breaking the law by allowing Ontario students and student councils to market spring break trips to Florida, the student newspaper at the University of Ottawa has learned.

An unclassified advertisement in The Fulcrum offering "valuable marketing experience while earning money" for "campus representatives" sparked an investigation into the travel agencies' practices.

Allowing student representatives to act on behalf of a travel agency—a practice used by the CFS owned and operated Canadian University Travel Services, the Chicago-based Campus Marketing Inc. and the Thunder Bay-based Travel by Christine—is illegal, according to John Buckley, assistant registrar for the Travel Industry Act of Ontario.

"As far as we're concerned, an

operation of this sort is totally in contravention of the regulations," said Buckley. He said student representatives are operating as branch agents, but without the permit required under Ontario law. They could be liable for a \$1,000 fine, a year in prison, or both.

Buckly said only the telephone number and address of the registered travel agent may be used on promotional material for the trips and "all monies have to be paid to a registered agent". At most Ontario universities, student representatives list their personal phone numbers and names on pamphlets and posters, and many student councils—such as that at the University of Ottawa—have cheques made out to them so they can take care of the deposit.

Buckley said writing a cheque to an unlicensed agent means a student who purchases the trip might lose his or her money because he or she would be ineligible for compensation under the

Travel Industry Act.

Toni Urbani, CUTS manager at Carleton University, expressed surprise when told student councils could not legally accept money on CUTS's behalf.

Christine Daskalas of Travel by Christine and Brad Nelson of Campus Marketing Inc. said they were also unaware of the regulations.

Nelson, who handled the last two spring break Florida trips from the U of O, questioned The Fulcrum's intentions in the investigation. He accused the paper of being in bed with council and trying to lure students away from his trips—which council no longer buys—and to their CUTSorganized trips. Fulcrum editor Dominique Roussel called Nelson's charges "absurd". Nelson, who sells wholesale

trips to Travel by Christine, said his arrangement is similar to that of CUTS and Designers of Travel, another American wholesaler from which CUTS buys spring break trips. CUTS uses the same marketing techniques as Campus Marketing Inc., but uses student councils as agents.

Though the agencies are not following regulations, no prosecution seems likely on the part of the Ontario government.

"Our main interest is to make the people getting involved aware they are in contravention of the law," says Buckley.

"If they persist, we will consider prosecution."

Short Story Contest sponsored by the Picaro and the Mount English Department

U.S. lobbyist discover Canada

NEW YORK (CUP)—The American lobby group which gave start-up money for conservative newspapers on Canadian college and university campuses just found out that Canada exists.

The Institute for Educational Affairs was caught off-guard by the publicity in the Canadian media of its funding for the McGill Magazine, the University of Toronto Magazine, and seven other conservative campus papers, the student relations co-ordinator said.

"Prior to the interest in the Canadian media, it didn't occur to us that they were Canadian universities." Ionathan Cohen said.

versities," Jonathan Cohen said. The institute, founded in 1979 by two prominent U.S. neo-conservatives, gave \$3,000 to the McGill Magazine last year, \$2,700 to the U of T Magazine this year, and \$2,000 to Francis Willers, a part-time McGill student, who used the money to publish seven campus papers in Ontario and Québec.

"A university is a university. A marketplace of ideas," Cohen said. "It's an environment where a free and vigorous exchange is meant to take place."

"We have not made any distinctions between Canadian and U.S. universities."

Cohen cited the Helsinki accords in defence of U.S. funding for Canadian campus papers. "The Helsinki accords (signed by both countries) guaranteed a free exchange of ideas," he said. "Universities are supposed to be free of geopolitical tensions."

He said the IEA would fund more Canadian conservative newspapers "if it's a worthwhile project."

Cohen denied the IEA funded Willers' seven ''clone'' papers, which appeared at Queen's University in Kingston, Bishop's University in Lennoxville, York and Ryerson in Toronto, and Carleton, University of Ottawa and Algonquin College in Ottawa. Cohn was unhappy about an article in the U.S. weekly The Nation which linked the IEA to the seven clone newspapers.

"Willers asked for a very modest grant to start a paper at Queen's. He became involved with a chain. We had no involvement with those papers. We did our best to sever our ties with Willers," Cohen said.

The papers, however, are virtually identical and Ryerson journalism school director Don Obe told Canadian Press: ''It's a fair bet they're getting funding from the same source.''

"They're obviously changing

the names of these rags from campus to campus to give the impression they are locally produced," Obe said.

Meanwhile, the McGill Tribune, the student government newspaper at McGill, reported Willers stole \$2,500 from the McGill Magazine bank account, which he used to help fund his chain.

Contacted by phone, Willers told a CUP reporter "You'll have to submit any questions to me in writing on official stationery" and hung up. He did not give his address.

of the second of three Bronco II's.

e: The author of the winning story will be awarded a choice of one pair of fashion boots from the **Factory Boot Outlet** and two **Neptune theatre** tickets for January's performance.

Attention:

Contest deadline has been extended to Feb. 7, 1985. Please submit your story to the Picaro office by 3:00 p.m. Stories must be between 800 to 1800 words. The English Department will select the vinning story for the **Feb. 21** issue of the Picaro. Please type your name, program, and phone number on a covering paper as judges will not be given author's names.



Entry forms and complete contest details are available in campus bookstores or by sending a stamped, self-addressed envelope to Telecom Canada, "Make Someone Happy" Contest Entries, 410 Laurier Ave. W., Room 950, Box 2410, Station D, Ottawa, Ontario KIP 6H5.

Askew's eyebrows and acappella amusing



Joy Askew, who last week played Metro's Odeon Ballroom, classifies her music as New Music or Consummate Pop which is nothing like a white label diet cola, a premature ejaculation or the motion Askew's eyebrows make.

by Christopher Williams

If you thought Joy Askew was one of those 'trying-to-be-eccentric' female vocalists with jumpy eyebrows and six decks of synthesizers to beat on, you're right! Askew is as predictable as they come. After years of musicmaking with big bands, punk bands and fusion bands, Askew, like many modern artists, has found her way into the limelight by playing programmable dance music and putting on a subtle fashion show with a cute seven piece band.

Originally from England, Askew plays keyboards, saxophone and sings all lead vocals. She's toured with Laurie Anderson and Cyndi Lauper, so naturally Askew sounds somewhat similar. She's appeared on Saturday Night Live, recorded with Joe Jackson and is currently "taking over New York City." Look out Halifax.

Metro's Odeon Ballroom Cabaret was the perfect place to house the group for their fourday stint last week. The new club boasts on their promotional postcards that it's "the source of the new wave".

So quickly, let's all run out to Le Chateau and purchase some neon suspenders and a Choose Life T-Shirt and bounce around to the best robotic rhythms the twentieth century has to offer! Everybody's doing it. Even local rock veteran Terry Hatty.

Hatty's new band, which opened each of Askew's shows, has also mounted the wave. He's recruited Sam Moon's old keyboard player and several other locals willing to sell their rock and roll souls for drum machines and monotonous modern melodies. Your feet tap, but you're left empty, unfulfilled, slightly dazed by the occasional percussive onslaught, but usually wishing for more material as strong as Hatty's original compositions.

After 45 minutes of some of the most mindless videos on the market, it was a pleasure to hear Askew's opening number. The professional acapella harmonies offered some promise, but within three songs, Askew's messages were lost in over-orchestrated technology which too often resorted to reggae beats that we've all grown tired of.

The Odeon Ballroom is spacious, clean and friendly. Many patrons danced fiercely on the stainless steel floor. But Joy's nice voice and eyebrows just weren't enough. This band needs some theatrics to hold seven hyperactive bodies together on the stage—something to make us watch, listen, learn and quench our thirst for tasty entertainment.



Club Med—Wee Willies Sam Moon—Icehouse Lounge

That's Dancing—A happy survey

by Patrick Coffin

"Oh, no! Not another movie about dancing! Help me! Naturally, these were my first revulsions upon discovering the promo for MGM's latest offering **That's Dancing**!. Surely our collective pain threshold for the glossy 'beat' movies of late has been crossed again and again. How can any film borne out of such an abused and tired genre redeem itself? **That's Dancing**! does so, and how.

Metro-Goldwyn-Mayer along with United Artists has released this film as a kind of overdue pat on the back. It is really a TVstyle documentary on theatrical and motion picture dance pretending to be a film. But don't wait for it to reach your living room. 1984 marked for MGM its Diamond Jubilee, and Director Jack Haley Jr. has obviously pushed or has been pushed to the limit to bring us rare and electrifying footage of the stage and screen's most lauded hoofers. Footage of largerthan-life performers simply must be seen on a larger-thanlife screen.

After a gratuitous, rather goofy opening sequence which tries to show the primitive roots of dancing, the proverbial ball begins rolling. We see a still-dapper Gene Kelly strolling through an urban neighbourhood talking about the beginnings of the break dancing craze. (OK, OK-there was a short mention of breakin', but it was mercifully brieft.

Four other dance greats—Liza Minnelli, Ray Bolger, Mikhail Baryshnikov and, in his younger years, Sammy Davis Jr.—call to mind fireside chat—style, the elements which they experienced as influencing the shape of modern dance. All of this narration is overlayed with some never seen before clips, starting with films even your Mom wouldn't remember.

If I had to recall the Best Part of the Film For Me, it would have to be the sequences from choreographer/director Busby Berkeley. This 30's and 40's pioneer revolutionized the budding motion picture industry with his innovative top-view camera angles and intricate en masse tapdancing arrangements. Most films from this era, admittedly, were not very good. MGM, however, by displaying their involvement in the topic at hand, have gleaned only the finest performers. From Bill "Bojangles" Robinson (whose world record of running 100 yards backward in 13 seconds was only broken a few years ago), to Dartmouthborn Hollywood sweetheart Ruby Keeler, That's Dancing! is a happy survey and a tribute to those whose service to the entertainment industry is still making its presence known.

Compared to the immortals

we get a glimpse of, even Michael what's-his-name seems about third-rate. I must admit, I laughed the hardest at a clip from disco's Titan John Travolta struttin' his tacky stuff. Not because of the tackiness as such, but mostly because I can remember watching the very same scene from Saturday Night Fever eight year ago, and saying 'Yeah, alright Manero!''

OK, I'll give away one more nugget: a long lost, evidently edited dance number from The Wizard of Oz featuring a lithe Ray Bolger and our Dorothy and Toto. Unearthed, dusted-off gems such as this make That's Dancing! more than worth a peek.



Tony Quinn joked and sang his way into the hearts of students last Friday afternoon in a full Vinnies Pub.

New play in the works

by Lisa Stutt

"War is cyclical in human nature," said Barrie Dunn, director of Mount Saint Vincent University's upcoming theatrical production. "You get over one so you can prepare for the next." Dunn said the cyclical nature of war, is the theme his British play **Touched**, written by Stephen Lowe, portrays.

"It's a very difficult play to describe without giving a lot away," said Dunn. "But to put it in a word; isolation, psychological and physical isolation." Dunn says **Touched** is a play about war but the interesting thing is that it depicts the effects of war on women. "The central characters in the play have a desire to be touched, this includes the men. It's about how the human soul can reach great depths of despair because of isolation and human need" he said. "It's just beautiful."

The play is set in England between the victory in Europe in May, 1945 and the victory in Japan in Aug. 1945. Dunn said the play has undeniable modern relevance.

The play is expected to be pre-

sented in the middle of March and the cast of 10 includes; Pat Goyeche, Karen Toupin, Nancy Moar, Marc Neima, Nick Hamblin, Michael Corkum, Sharon Quigley, Maureen Banks, Belinda Trenholme and Rebecca Kneen. Dunn said, "I think the whole cast is very talented and will add quite a lovely balance in the play."

The script was discovered in England by Patrick O'Neill, professor of speech and drama, during a recent Christmas vacation.

NEWS

ST MAD

Local amnesty group seeks support

by Wendy Levy

Amnesty International's booth in Rosaria on Jan. 15, was a point of interest for both students and administration.

The purpose of the display was to inform the public of the organization and encourage attendance to a meeting in Rosaria later that evening. The meeting was held to discuss the possibility of the Bedford-Sackville and Halifax West area forming their own Amnesty International group.

Since its formation in 1974, the Halifax area group has grown from a membership of six to 140. Amnesty International was formed in Halifax after six concerned people wanted to help the victims of the bloody coup which occurred in Chile at that time.

Amnesty International is an independent worldwide movement. It plays a specific role in the international protection of human rights. Also its activities center on seeking release of prisoners unjustly jailed, gaining fair and prompt trials for political prisoners and opposing the death penalty and torture.

To achieve these goals each group adopts a prisoner who has

1 2

Local Amnesty International supporters set up a display booth in Rosaria Centre last week to educate people about their group.

been carefully researched. The members of the group send letters and telegrams on behalf of the prisoner to the appropriate government. The prisoner also receives hopeful letters from several Amnesty International members. Peggy Matthews, one of the founding members from the Halifax area says these letters to the prisoners are vital because they boost morale and let the victims know someone cares and is working for them.

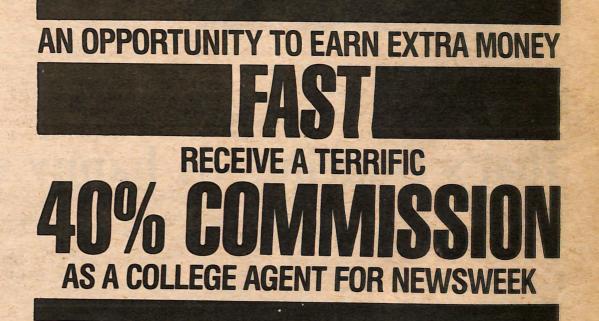
Halifax's Amnesty International is just part of the larger organization. However, their contribution was responsible for the release of a prisoner held in a Morrocan jail for nine years. The local group wrote letters for seven years until the unjustly jailed man was released.





Thurs., Feb. 14, 1985 9 p.m. to 1 a.m. with the C100 Video Show in the MPR Semi-Formal Tickets \$5 single \$9 couple

Hey girls, don't be shy! This is your chance to ask that guy To the MSA Valentine Sweetheart Dance. It's Sadie Hawkins So it's O.K. to ask But you'd better be quick Before someone else fills your task!



You can get monthly commission checks by working just a few hours a week. Profits are quick when you attract students to subscribe to Newsweek.

It's interesting work, and you'll feel proud as you promote this exciting newsweekly. Its award-winning editorial covers world and national events, people, business, technology, sports, entertainment. Students welcome the great ideas and insight that Newsweek brings.

You'll welcome all the extra dollars you can bring in, so contact us today:

Fund raising discussed at luncheon

by Christine Gross

Fund raising organizations are not tapping all available resources. This was the message of Andrew McMillin, fund raising organizer for the Izaak Walton Killam Hospital for Children, at the Wed., Jan. 9 luncheon of the Halifax Public Relations Society. He told the gathering that Public Relations professionals need to maintain a solid understanding of the dynamics of good development.

Comparing the public donations of Canadians and Americans, McMillin stated that according to a recent Gallop Poll Survey, Americans gave four dollars for every dollar given by a Canadian. The conservatism of Canadians means fund raisers will have to plan a strategy and analyze constituencies, says Mc-

"People are investors of the future," said McMillin. "The organization that states the best case for support will get money.''

According to McMillin, new changes in tax credits concerning donations are needed. Presently a lobbyist group is doing just that, and prospects look good in the next year. 'Charitable donations should

be treated like political contributions: a 50 per cent tax break," said McMillin. Presently the tax credit for donations is an automatic 100 dollars.

McMillin is also a member of the National Society of Fund **Raising Executives and annually** sees approximately 2 million non-profit dollars donated to the Children's Hospital.

Cuts from Council

Treasurer: Anne Marie Coolen has been appointed to the position of Treasurer. Anne Marie is in her 3rd year and will be assuming her responsibilities immediately.

Campus Police: The position of Chief of Campus Police has been filled by Melissa Sparks. Melissa, the former Assistant Chief, will be holding an election within the Campus Police Force to fill her old position.

Tickets: Tickets for Winter Carnival Activities will be going on sale soon. Please keep an eye out for posters or ask a Councillor for more information.

Awards Banquet Nominations: Nominations open February 1 for the Annual Awards Banquet. If you know someone who has contributed to university life, why not consider nominating them for an award. The Awards Banquet will be held on March 30.

Award for Teaching Excellence: Carol Anne Ross (Office Administration Rep.) and Garfield Hiscock (Arts Rep.) have volunteered to sit on the Committee for the Award of Teaching Excellence.

Trivial Pursuit: Don't forget the Trivial Pursuit Challenge game on Thurs., Jan. 24, 7:30 to 9:30 p.m. in the Pub.



Newsweek

Campus Network 444 Madison Avenue New York, New York 10022 Attn: Delores Pressley



SPORTS

New league for hockey team

by Alex Hargrave

Mount Saint Vincent University is the only official female university in Canada that has an allmale hockey team.

As men were gradually al-lowed to enroll at the university, interest for male sports teams increased. In 1979, after several attempts to start a male hockey team, it finally became an organized MSVU sports team.

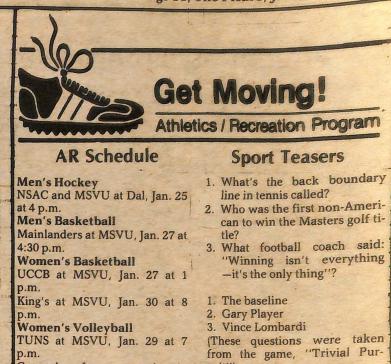
"A bunch of guys got together and tried to start a hockey team with help from the Athletic De-partment," said present coach, Orlando DiMattia.

The university athletic department has supported the hockey team by providing a 400 dollar budget and a complete set of hockey sweaters. This year, in addition, transportation is also provided. However, the hockey team requires a 1,600 dollar budget. The remaining cash flow is earned by the team through fund-raising events.

Presently, the hockey team consists of "a good blend of youth and experienced hockey players," said DiMattia. This year the promising MSVU hockey team will be playing in the Nova Scotia College Conference Hockey League (NSCCHL) in-stead of the Dalhousie intramural league. The teams that MSVU will be competing against are the University of King's College (King's), Nova Scotia Agriculture College (NSAC), and the Nova Scotia Teachers College, (NSTC). The University College of Cape Breton (UCCB) will not compete with these teams during the course of the season because of travelling expenses. However, the team with the most points after the regular NSCCHL schedule will then play UCCB for the NSCCHL championship.

The NSCCHL schedule commenced on Jan. 13, with MSVU defeating King's (7-4). During the season each team will play the other teams twice, for a total of six games each.

The next MSVU hockey game is scheduled against NSAC, Fri., Jan. 25 at the Dalhousie Memorial Arena.



Health and Habits go hand in hand

Health, fitness and enjoyment of life do not just happen any more than do illness, lethargy and dissatisfaction. In most people's lives, they are the result of habits based on choices the individual has made. The fact is, many illnesses and disabilities are self-induced. You are in control of most of the forces which shape how you feel!

Good nutrition is the foundation on which a healthy life is built. The best habit is a sensibly balanced intake of moderate amounts of food, balanced by moderate amounts of physical activity. The ideal is 3 meals a day at regular times with no snacking between meals. Avoid "junk food"-follow Canada's Food Guide: lean meat, poultry and fish, milk and other dairy products; wholegrain cereals and breads, vegetables and fruit. Do not rely on vitamins to provide essential nutrients. Only a

balanced diet of varied foods can do that.

The human body is built for action. To keep it at its best, the heart, circulation, muscles, skeleton and nervous system must be regularly exposed to some effort. Physical activity does not have to be a strenuous program of vigorous exercise. Instead, just increase your general daily activities. Increased walking, taking the stairs instead of the elevator is a good start.

Smoking is one of Canada's major presentable health problems. The Health & Welfare Canada warning on cigarette packages is meant to be taken seriously; the danger to health increases with the amount smoked. If you smoke a pack a day, you can almost certainly subtract 7 years from your normal life span.

Fifty percent of all motor vehi-

cle traffic fatalities are alcohol related. Thirty percent of all hospital admittances for whatever cause-heart ailments, kidney disease, liver disorders, accidents, family arguments-are caused in part by heavy use of alcohol. Alcohol is better not taken when you are physically or emotionally upset or alone. It is no substitute for another person. Its anesthetic effect will dull the pain of loneliness only

temporarily. Regular checkups by your family doctor are advisable. Make sure he/she checks your blood pressure. High blood pressure is a "silent killer", since it affects one in every ten over twenty-five years of age, half of these don't know that they have it. Have periodical checkups for early detection of curable cancers, especially a Pap test if you are a woman over 21, and perform a monthly breast self-ex-

amination.

p.m.

Sleep is restorative, both physically and mentally, but too. many people ignore the suggestion when the body indicates a need for rest. For the average person aged 20-55 about 7 hours of sleep per night is necessary.

TUNS at MSVU, Jan. 29 at 7

Come cheer for your team!

The way we overeat, smoke, exercise and drink effects the risk of our contracting many diseases. Many of the major health problems in Canada-coronary heart disease, car accidents, cancer of the lung-are 'diseases of choice'! Who, in his right mind, would choose to have an illness.

To find out your risk factor contact the health office. The Health Office has available a computer-based program called "close up on your health". The individual has an opportunity to answer the questions in privacy then speak to a health educator about ways to improve their risk

Scarsdale diet harmful

by Jill Smith

suit"

Your roommate tried the Scarsdale diet and she lost 20 pounds. She said it was the best diet she ever followed. Why shouldn't you follow the Scarsdale diet?

The first problem is that a lot of the weight lost on the Scarsdale diet plan is water. As soon as you start to eat normally again, much of the weight lost returns. You want to lose fat, not water when you diet. There is fat loss as well on this diet but it is equal to the number of calories you cut out, not to any secret properties of the diet,

Unfortunately, some of the pounds taken off can be attributed to muscle loss as well. The diet seems to alter body metabolism in such a way that when the body needs energy, it doesn't just burn fat tissue, it also burns muscles.

This state of ketosis produced by the Scarsdale diet can be very dangerous for your body. You can experience nausea, vomiting, weakness, apathy, dehydration, cardiac irregularity and a tendency to feel giddy or faint. If you have a family history of diabetes, you could severely tax your pancreas causing many problems. The decreased appetite produced by ketosis is a nice side effect but is it worth the risk?

If you really want to lose weight, there is no magic cure. Eat a low calorie-balanced diet and exercise more. Make an appointment to see the nutritionist or join the Physfood Challenge on Feb. 4. Your health is too important to take chances with



Fatigue and injury against MSVU

by Lisa Courtney

Fatigue and an injury worked against MSVU's men's basketball team Jan. 20, as they went down to the J.R.'s 75-65. Top scorer for the Mount was Tom Snidden with 21 points.

With only ten minutes left in the game, the Mount was up eight points but they were too tired to keep up the defensive press. Capitalizing on the opportunity, the J.R.'s scored several quick baskets ending the game 75-65.

"The press worked at the be-

ginning but we got tired. The team's not in good enough shape to play the press the whole game," said Bill Andrecyk, team member.

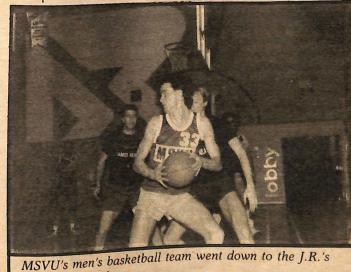
Late in the game, Steve Mac-Donald received an elbow in his eye which preoccupied the players' minds for the remainder of the game.

J.R.'s defence was tough and many of the Mount's shots were taken from outside the key but good rebounding by Andrecyk and consistent shooting by Snidden kept the Mount in the game.



The Mount Public Relations office is looking for volunteers to help organize the Mount's Diamond Jubilee Celebration. Volunteers will receive valuable experience.

For more information, please call 443-4450, Ext. 132, 249 or drop into Evaristus 215.



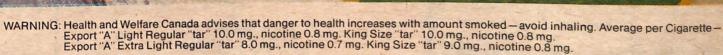
75-65 last Sunday.

factors Jubilee Celebration The

EXPORTA

PORT A 🖗

A taste for adventure



EXPORT A"

stere .