

The Picaro

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MOUNT SAINT VINCENT
UNIVERSITY

JANUARY 22, 1980



Moran Photo

Provincial Education Minister Terrence Donahoe addressed about 60 Mount students yesterday. Discussing topics such as the costs of education, government funding, and the recent Atlantic Association of Universities' public opinion study, Donahoe fielded a number of questions. See Picaro story, page 7.

CHILD STUDY CHANGES COMING

By Janet Mrenica
and Jennette White
Staff Reporters

There have been a number of changes within the Child Study Department since the open forum last November.

The number of full time staff has increased by two. Although there has been one new faculty member added, one has had her status changed from part time to full time. The result is that the other three members of the staff have had a substantial relief in workload.

"Two of the three faculty members were on overload last semester," said Dr. Shelton, the Academic Vice President. "They were paid over and above their salary for that work. We will continue to do so, if the overload occurs".

The newest faculty member is more than qualified for his position. Dr. Mulawka, a graduate of OISE, has specialized in early childhood education and educational anthropology.

"There is a lack of regional and national objectives," said Mulawka. "The programs in Canada are not well developed. They are floundering".

This reinforces Shelton's statement that "Students may or may not be able to take practicum in the metro area in the future. If not, they may have to do them elsewhere in the Maritime region. For the rest of the country, we'll have to be as flexible as we can".

There is no definite agreement across the country as to which direction the

program should be heading towards.

The students felt that Mulawka is "not typical of Mount professors. He is a real teacher. He is not telling them things, but posing questions".

The students feel that they are receiving a human approach to the program. Mulawka hopes that he "can make a contribution to the growth and personal development to the students at the Mount".

Future plans for the department include the hiring of new staff members for the Fall semester. The second open forum is to be held on January 31, and it is hoped that some definite answers will be given to concerns of the students enrolled in the program.

RESIDENT STUDENTS DEMONSTRATE

by Francis Moran
News Editor

Although not on the agenda of the January 17 joint meeting of the Board of Governors and Senate of Mount Saint Vincent University, the question of granting residence visiting privileges to males was not far from the minds of those attending the meeting. Ruth Goldbloom, Chairman of the Board, said before joining her colleagues at dinner last Thursday night.

Perhaps the reason why it was not far from the minds of those attending was the fact that the Senators and Governors were greeted by about 50 residence students as they arrived at Rosaria Hall for their dinner and meeting. The

students, upset because the question had not been put on the agenda of the meeting, distributed copies of the January 15 Picaro editorial to the administrators.

Goldbloom said she was not surprised at the welcome awaiting her. "I am very sympathetic to their (the students') needs and sensitive to it all and I guess I'm not totally surprised."

Goldbloom said the item was not included on the agenda because this special, joint meeting had been in the planning stages for quite some time. "Enormous work and thought have gone into this (meeting)," she said.

Goldbloom maintained that the Board was actually showing

fairness to the students by not discussing the question until the February meeting "where there will be more time to deal with it properly."

She said she did not feel that the absence of Student Union President Paul McNair from the February meeting would be detrimental to the students' concerns. "The concern is so genuine on the part of the board that the students will get full representation."

McNair, who had been planning a trip at the time of the February meeting (which falls during the spring study session) has since informed the Picaro that he will be present. However, he said, his trip was not cancelled "specifically because of the meeting."

When asked what she felt the outcome of the February meeting of the Board was likely to be, Goldbloom declined to offer any conjecture. "I can't predict as to what their decision will be," she said. "I'm a chairman and I'll go for open discussion."

She added "I don't want you to think that even though it's not on the agenda that it's not being looked into. Changes have started."

However, Goldbloom was referring to changes in the lounge space in the residences. Enlargements and renovations of the lounges have been started. When informed that the students present were most concerned about visiting rights, Goldbloom replied

"We're talking about two separate issues. I'm talking.

see demonstration

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EDUCATION HIGH PRIORITY

by Matt Adamson of Canadian
University Press

HALIFAX (CUP)—Almost 80 per cent of Maritimers are opposed to cutting back public funds spent on education, according to a survey of public attitudes commissioned by the Association of Atlantic Universities.

About 75 per cent said their province benefits from a system of publicly supported

colleges and universities.

The survey, compiled by the Atlantic Institute of Education, is the first large scale survey of public attitudes towards education to be done in the Maritimes or Canada, said the author of the report and the institute's acting director, Dr. Andrew Hughes.

More than 1,100 people were interviewed for the survey during July and August of

1979.

The report said only a small minority, 3.6 per cent, said tuition costs were too little. 34.4 per cent said they were about right, while 40 per cent said they were too much.

Since a considerable proportion deems tuition levels to be too high and only a minority believed tuition should be raised, "any endeavor to raise tuition levels would clearly be

out of step with general public opinion," the report said.

Maritimers rated government funding of public schooling, health and medical care, and job creation programmes as more important than post-secondary education.

see AAU study

page three

WHAT'S HAPPENING

WHAT'S UP

NEPTUNE: How The Other Half Loves Jan. 18 - Feb. 10

MSVU ART GALLERY: Hand and Machine: Craft 1860 - 1930. Slide Lecture by Jean Weir Tues. Jan. 22, 8:15 p.m.

Sixth Annual University Community Show Jan. 31 - Feb. 10

REBECCA COHN: CAMERATA (Chamber Ensemble) Wed., Jan. 23, 8:30 p.m.

Dan Hill Concert Fri., Feb. 1, Sat., Feb. 2

DANCE IN SETON AUDITORIUM: Judy Jarvis Dance Company Performance (with a

workshop afterwards) Fri., Feb. 8, 3 p.m. Free Admission.

If you have an entry or any questions contact: Debra Meeks at Student Services, ext. 150.

The following non-credit courses are being offered this term at the Mount. For more detailed information about each course contact the Centre for Continuing Education at 443-4450 extension 243.

Photography for beginners: Mondays January 21-February 18, 7:30-9:30 p.m.

Systematic Training for Effective Parenting (STEP): Mondays January 21-April 14, 1:30-3:30 p.m.

Small Business Management: Wednesdays January 23-April 9, 7:30-9:30 p.m.

Free to be ME (Assertiveness Training): Tuesdays January 22-March 11, 7:30-9:30 p.m.

Assertiveness Weekend for Women: January 25-27.

The following half credit courses are being offered this term at the Mount. For more detailed information on each course contact the Home Economics Department at 443-4450 extension 279.

Housing and People: Tuesdays 7-9:30 p.m., starting January 8.

Current Issues in Food Sciences: Mondays January 7 to April 21, 7-9:30 p.m.

Psychology of the Family: Mondays 4:30-7 p.m., starting January 7.

History of Costume: Tuesdays January 8 to April 22, 7-9:30 p.m.

Law and the Family: Mondays January 7 to April 21, 7-9:30 p.m.

Food and Nutrition in Action for the Elderly: Saturdays January 12-April 22, 9:30 a.m.-12 noon.

Food Committee

Meeting

January 22

4 p.m.

Small Dining

Room

Open to any

Interested

Student

HOW THE OTHER HALF LOVES

by Nancy Burns

The third production of the 1979/80 season at the Neptune Theatre premiered last Friday evening. This play entitled, "How the Other Half Loves" met with widespread appreciation from the audience. Described as a

thinking man's comedy, this comical farce by Alan Ayckbourn is very similar in style and plot to a Neil Simon production. The story involves three couples whose lives become hopelessly entangled because two of the characters involved are trying to cover up the tracks of their illicit love affair. The play has so many

...cross-purposes it boggles the mind. . . and will leave you sorting out the cross-threads of humor and irony long after."

The cast consists of Fiona and Frank Foster, [played by Joan Gregson and Eric House.] Frank is the head of the department in which the other two men in the cast work. Fiona, his wife, is having an affair with one of the afore mentioned men, Bob Phillips. Phillips and his wife Teresa are played by Nicola Lipman and Barrie Dunn. The final two who become inextricably involved in this ill-starred menage-a-six are the Featherstones, played by

Keith Dinicol and Miriam Newhouse.

Without giving too much of the story away, the basic storyline is something like this: Bob Phillips and Fiona Foster are having an affair which is on the verge of being discovered in both households. The two adulterers cover their tracks by claiming to their spouses that they were each with one of the Featherstones. The plot thickens when the unsuspecting Featherstones attend each household for dinner parties. The fun begins when a few truths come to light. However, instead of clearing the situation, it becomes more muddled, as Frank jumps to the wrong conclusion, and poor Mrs. Featherstone just happens to be at the wrong place at the wrong time. Enough said about the storyline; it may be the primary ingredient but it's the dialogue that contains all the spice. Ayckbourn shows double-edged irony at its best in a few choice scenes.

In one particular scene, Frank Foster is swiping around a broken toothbrush, ineptly trying to fix it, and that basically sums up his position as an unknowingly cuckolded husband. House is brilliant in this role in the way he catches the old gentleman's meticulous and irritating attention to trivial details. His wife is always the upper-class lady adept in all the social graces as she desperately tries to save her own skin from a social embarrassment. The Phillips are a young married couple whose arguments extend considerably beyond the verbal stage. The two provided very good characterizations, though Dunn tended to lose his British accent every so often. The funniest pair of all was the Featherstones. The two had their odd quirks and mannerisms down pat and succeeded in evoking much laughter from the audience.

Perhaps the most interesting facet of all in this production was the staging. Director Leslie Yeo used the setting of one livingroom

simultaneously for both the Foster and Phillips families. After the first few minutes it was quite simple to ascertain in whose house the action was taking place. Yeo took this concept one step further by juxtaposing the two dinner parties at the two households at the same time. One moment depicted the stifled atmosphere the Fosters and the next piece of action came in the form of an all-out brawl at the Phillips'. This innovation kept the play flowing at a swift pace, leaving members of the audience little time to catch a few of the more devastating bits of comic irony.

"How the Other Half Loves" was a pleasing diversion for the evening, however its similarity to the Neil Simon type of production occasionally tended to expose some of the obvious dialogue set-ups and a few of the funny lines fell a little flat. The play runs until February 22, "The Master Builder" will be appearing at the Neptune, guest-directed by Tony Randall.

A student rally at the Mount? The dickens you say! This is it! Thursday, January 24 at 12:00 noon—bring your lunch to Auditorium A & D and be entertained by fellow students.

Topics highlighting the rally will include our Winter Carnival (Jan. 30 - Feb. 2), resident issues, student council elections and more.

Following the rally, there will be a reception in the Art Gallery. Cookies and punch will be served.

EVERY DAY
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A little mahem. Marital style Photo by: Anthony Monsarrat

COUNCIL: ABSENTEEISM A CONCERN

by Janet Mrenica
and Francis Moran
Staff Reporters

Problems with absenteeism and an apparent lack of dedication on the part of members of Students Council has got Council Chairman Maggie During upset. The problem

came to a head Sunday when the regular council meeting, which had struggled along with bare quorum, was adjourned with several items still to be discussed when two Councillors had to leave and quorum was lost.

"It is my responsibility to call the council meeting and if

the individual representatives don't show up, that is their responsibility. They ran for office", said During after the adjournment of the meeting.

The chairman expressed concerns about having a meeting only once every two weeks and not being able to complete the agenda due to the limited time that councillors are willing to set aside to attend the meetings.

She proposed that meetings be held every Friday at 3:00, so that shorter agendas would be had and, as a result, a lesser amount of time would be needed for one meeting.

A resignation from a council member would be welcomed rather than have the continuation of the present situation of stalling council meetings and having them terminate due to a loss of quorum said Paul McNair, Student Union President.

The problem becomes chronic when the Councillor has responsibilities to other bodies besides Council. Student Senate representative Elizabeth Murphy was served with official notice that a motion to remove her from her position will come before

Council in two weeks. McNair, who served the notice of motion, said that Murphy has missed the last three consecutive Senate meetings without sending her regrets.

When Council is lobbying for additional student representation on Senate the continued absence of one of the student senators is very detrimental, McNair said.

Prior to council's adjournment, they did have time to complete many items on the agenda which included the Graduate Students' constitution, entertainment policy, the valedictorian, and *The Picaro's* presentation.

Academic Affairs on Thursday, January 24 at 1:30 p.m. in the Seton Boardroom and the second Child Study Symposium, Thursday, January 31, at 12:30 p.m. in Auditorium A.

Council ratified the graduate students' constitution, which results in the formation of the Graduate Students' Association. This is the first time at the Mount that graduate students have organized themselves.

An entertainment policy was

passed by council that has only the non-paid council members permitted to attend events without paying. The events that are deemed special events by the entertainment director are the exception to this rule.

Council discussed at length the question of who would be eligible to serve as valedictorian. The final decision was that all graduating students are eligible to serve as valedictorian of their graduating class.

The Picaro staff made a presentation to Council which resulted in the ratification of the National Magazine Contract and a new Network Advertising Agreement. The two contracts, which will greatly benefit *The Picaro* over the next several years, were passed with little debate.

Council was reminded of several meetings of importance to the future quality of programs offered. These include the open meeting of the Senate Committee on Academic Affairs on Thursday, January 24 at 1:30 p.m. in the Seton Boardroom and the second Child Study Symposium, Thursday, January 31, at 12:30 p.m. in Auditorium A.

Demonstration

cont. from page one

about lounge space."

Kim Turner, residence representative on Students Council and a major organizer of the whole issue, commended the Board on its planned renovations to the lounges. "It's something we needed and it's something we're getting," she told the students gathered in Rosaria Hall.

But, she said, the real fight is still for visiting rights.

She expressed disappointment that more residents didn't turn out for the event.

"There are a lot of students who are afraid of being blackmailed in some way; that if they turn out they will get a black mark against them.

"That's why we didn't get a full turnout at the letter cam-

paign either. People were afraid to sign their name," Turner said.

About 200 residents sent letters of concern to Goldbloom over the Christmas holidays. Most have received a form reply from the Chairman expressing concern for the issue and stating that she has undertaken a tour of the lounge spaces in the residences.

"Whereas all the willingness to improve the lounge space is commendable, they (the Board) have really skirted the issue," Turner said. "Right here we're hoping to show that students have a continued interest in discussing the question of male visiting privileges in our residences."



Moran Photo

About sixty resident students turned Thursday to greet the university's Governors and Senators.

New Pub Hours

Wednesday
Disco 8-1

Rosaria Lounge

Thursday 7-12

Thursday, January 31 PUB will be moving back to its old location upstairs for Thursdays, Fridays and Saturdays. Discos will still be downstairs.

Friday 7-1

Saturday 8-1

VINCENT HALL \$ 1.50
HOUSE PARTY 8:00-12:00
Wed Jan. 23 Wet & dry
ROSARIA CAFETERIA

The Body Politic

support from Mount Saint Vincent

by our staff

At Sunday's Council meeting, a motion in support of the freedom of the national gay publication, *The Body Politic*, was made by Students Council and *Picaro* when Council passed a *Picaro* proposal that a financial donation be made to *The Body Politic Free The Press Fund*.

The Body Politic, a gay liberation magazine published by the Pink Triangle Press, carried an article in its December issue entitled "Men Loving Boys Loving Men". They were subsequently raided by the Toronto Metropolitan

and Ontario Provincial Police and charged with using the mails to transmit "indecent, immoral and scurrilous material."

On February 14, 1979, *The Body Politic* was found not guilty of the charges by a court of law.

In March, 1979, Ontario Attorney-General Roy McMurtry filed an unprecedented appeal against the verdict. If successful, the appeal could result in a retrial or in a new verdict of guilty being handed down. *The Body Politic* viewed the decision to appeal as "an attack on the freedom of a minority to express their

views and stated that the procedure "challenges the freedom of the press."

In a 12th hour attempt to have the appeal dropped, the *Body Politic* will insert a full page advertisement in the *Toronto Globe and Mail* a week before the appeal date of February 7, 1980 with the names of all organizations and individuals who support their right to self-expression.

The contribution of \$20 on behalf of the MSVU Students Council and the *Picaro* towards the \$10,000 cost of the advertisement is a solid statement in support of a free and unoppressed press.

AAU Report

cont. from pg. one

Regional development and consumer protection were seen as having the same funding priority, while welfare programmes were rated as less important.

Respondents to the survey ranked health sciences, and agriculture and forestry, as the university and college programmes having the highest value to Maritime society.

"To the public these are obviously the areas where we should devote a great deal of our energy and resources," said Hughes.

Technical fields, teacher education, law, business administration, and physical sciences were clustered as the

second priority, said the report.

Social sciences, women's studies, humanities, and fine arts were the third priority.

While a large majority said society benefited from government assistance to higher education, "the public is generally ambivalent or, at best, only slightly positive in its assessment of the performance of our colleges and universities generally," the report said.

55.3 per cent of those surveyed said they were "somewhat satisfied" with the performance of their local higher education institutions. 20.3 per cent said they were "very satisfied". About 10 per cent said they were "not

satisfied".

Over half the people surveyed, 54 per cent, could not suggest ways performance could be improved and a large proportion could not comment on the importance of the functions of post-secondary institutions.

Hughes said, "there seems to be a general belief that higher education is a good thing, but when people are asked how well it is doing, people are not generally well informed about university."

John Keyston, director of the Association of Atlantic Universities, said the AAU will now have to decide if an information campaign to the general public will be done.

EDITORIAL

by francis moran
News Editor

The sixties revisited? Not quite. But the appearance of some 60 resident students at the front door of Rosaria Hall to greet the Governors and Senators of the University last Thursday night proved that student activism and a concern for rights is not a thing of the past at Mount Saint Vincent University.

But if the resident students are willing to accept the irresponsible excuses and cosmetic compromises put forth by the Chairman of the Board Ruth Goldbloom in the last week, the Last Post might as well be played on effective student activism.

In answer to students' demands and obvious concerns, the Board could only shallowly defend their decision not to discuss the question of male visiting rights in the university residences. The statement that the Thursday night joint meeting had been in the planning for a long time is not a tenable excuse for the blatant ignoring of students. If the Board felt, as Chairman Goldbloom indicates, that the question was one of priority and importance that required full discussion and immediate treatment, it was their sole responsibility to discuss that question Thursday night, rather than socializing with the Senate.

In fact, Goldbloom appears to be avoiding the question not only for the time being but for all time. Whenever she has

been questioned or probed on the issue, she has countered with the statement that lounge space is being enlarged and renovated. In some vague way, Goldbloom seems to honestly believe that an increase in public, open rooms is the answer to the resident's calls for privacy. Incomprehensible!

Goldbloom's entire attitude towards the students' concerns could be summed up in her own words: "We're talking about two separate issues. I'm talking about lounge space." She has consistently declined to talk about the students' issue—visiting rights.

As an aside, it is equally incomprehensible that, in these times of such fiscal restraint, the Board is more willing to find the funds necessary to supply a cosmetic compromise which does not solve the problem, rather than provide the only acceptable solution to the problem, which would not cost them a cent!

Resident students of the Mount, through your collective efforts, you have forced the administrators of the university to wake up, get off their comfortable pedestals, and listen to a sector of the University to which they were previously deaf, namely the students.

You have forced them to listen to you. You can also force them to put down their knives and forks and act!

LETTERS

School Spirit??? HA, HA

To The Editor:

It is not much wonder that MSVU does not have any school spirit. How can you have school spirit when a function is closed down at 10:00 in the night. The function we are speaking of is the student pub.

Many students wish to do their studying during study hours, which are between 7 and 10 in most residence buildings. It is after this time that a student wishes to go out for a bit of relaxation—and

what a more convenient place than the student pub right on campus, with posted hours stating open til midnight.

Upon reaching the pub, a student just starts to enjoy the evening when they find that they have to leave. One night early this year, a group of girls decided to go down to the pub to give a going-away party for a friend, only to find the pub doors locked. The time was 10:15. Again, on the 10th of January, 1980, we arrived at the pub at 9:45 only to find out

that the pub was closing in 15 minutes, that is at 10:00.

We would like to ask if the security guards have the right to come into the pub and say that it must close two hours early. And so, we would like to leave you with this question: is it really the fault of the students that MOUNT SAINT VINCENT UNIVERSITY is lacking in spirit?

Sincerely,
B.M.
S.L.
S. McW.

Congrats in order !!!

To the Editor:

Congratulations on your new go-weekly policy, and good luck with its success. I have found your paper a consistently interesting one with a broad coverage of events on and off campus, and a fairness in representing different points of view.

We at the gallery would like to thank you for the interest you take in our activities, particularly the upcoming 6th annual University Community Art, Craft, Baking, Hobby and Talent Show.

We hope the opening, noon on Thursday, January 31 will

show everyone what an interesting bunch of exhibitors we have at this university—staff, faculty, students and alumnae.
Yours,

Mary Sparling
Art Gallery Director

English in good shape ???

To the Editor:

I would like to take this opportunity to reply to two letters published in the January 15th issue of the *Picaro*, one being from Dr. David Monaghan, and the second from Dr. J. Morganstern.

Dr. Monaghan presents several arguments regarding my article on the English Diagnostic tests, one of these being "The diagnostic tests and remedial courses are offered by the University as a service (my emphasis) to students..." If this "service"

is not wanted, how can it be of benefit to the students?

Dr. Monaghan states that perhaps "your writer would prefer it if we simply told students to go outside the University for help." No, I wouldn't. Instead I would like to see them put one of their half-credits to use by enrolling in the Functional Writing course. Not only have they already paid for the use of that credit, but they do receive a credit for it.

One small point I'd like to clarify—I did not "claim" that

the price of the course was \$60.00. I stated that it was "approximately \$60.00", and it is when you take into consideration the \$40.00 tuition and then the extra materials needed for the course.

I'm very pleased to note that the English Department is considering improving the test and setting a later date. My article was not striving to "get rid of all standards," was written to show that students are concerned about the issue, and a vast majority seem to agree with me on the unfairness of the test. As the last sentence states we are paying students of the Mount, and whether or not we want to be taken advantage of is entirely up to us.

Obviously, we have aroused some concern through this article. It is unfortunate, however, that it is so negative. We have now made our feelings known, though perhaps my lack of statistical information lent to the article's air of insignificance. However, I have to report what my sources reveal, and in this case, everyone I spoke to was very vague about the question.

Finally, I would like to offer my apologies to Dr. Morganstern for any headaches I may have caused him through my ambiguous and poorly constructed writing and leave you on this note—if my writing is

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The Mount Saint Vincent University *Picaro* is the weekly newspaper of the MSVU Student Union, and is a member of Canadian University Press.

The views and opinions expressed in *The Picaro* are not necessarily those of the MSVU Student Union, or the collective staff of the newspaper.

The deadline for submission of articles and letter-to-the-editor is Friday noon of each week. No unsigned material will be accepted but names may be withheld upon request. Letters should be typed and should not exceed 500 words in length. We reserve the right to edit all material for space or legal reasons.

Local advertisers may reach us by mail or by phone. Our mailing address is *The Picaro*, Rosaria Hall, Mt. St. Vincent University, 166 Bedford Highway, Halifax, Nova Scotia, B3M 2J6. Our phone numbers are (902) 443-4224 or (902) 443-4450, ext 195. National advertising is handled on our behalf by the Youthstream Campus Network, 310 Davenport Road, Toronto, Ont., M5R 3K2

NEWS FLASH The *Picaro* is now a WEEKLY publication so look for us on the stands every Tuesday Afternoon.

SEE LETTERS,

page five

NON-EXISTENCE IS A THREAT

By Janet Mrenica
Staff Reporter

The threat of non-existence for A Woman's Place-Forrest House becomes more and more evident every year. The combination of decreased funding and the priority of services needed for the community are the major concerns that the staff face every day.

"There is a possibility that A

Woman's Place-Forrest House will be without paid staff in November. As a result, the house will close down", said Gayle Cromwell, an employee, in a telephone interview.

The funding for staff comes from two areas—The Secretary of State and the Association for Family Life. The Secretary of State's grant expires in April, and it doesn't appear that it will be renewed.

In usual circumstances, the Association for Family Life's funding is granted for a ten month period beginning in March. This year the house received the funds in January and they terminate in November.

The programs being offered at A Woman's Place-Forrest House for the remainder of January and throughout February each consist of a number of sessions.

held Wednesday, January 23rd. The series is meant to give women the awareness of self-help, self-awareness, and self-examination.



to run for five weeks. Issues to be discussed include abortion, and sexuality in law terms.

The federal election has enabled A Woman's Place-Forrest House to work with other womens groups in expressing their concerns regarding funding and legislation. Their concentration in this area is diffuse but still vocal according to Cromwell.

"Our major objective is to see that services remain consistent", said Cromwell, "and they are".

The second session of "Women and Health" is to be

Beginning February 13, the "Women and Law" program is

COUNCIL ELECTIONS to be held

Nominations for Mount Saint Vincent's Student Council will open January 28 at 10:00 a.m. Positions and their basic job descriptions are as follows:

PRESIDENT: Liaison officer between the student union and university; non-voting member of the Senate, Board of Governors and all standing committees of the Student Council; calls meetings of the Student Union and of the Students Council; and is co-signer with the Union Treasurer of all Student Union finances.

EXECUTIVE V.P.: Assist the President; act for the President; be responsible for elections and applications committees; act as liaison between the Students Council and various groups within the Union; be responsible for gathering year end reports from those various groups; and be responsible for other duties as designated by the Students Council.

ACADEMIC V.P.: Be a non-voting member of Senate and Academic Affairs Committee of Senate; promote student participation in academic matters; act as a resource person to the Students Council and students regarding academic matters; and work to ensure the academic welfare of the members of the Student Union.

EXTERNAL VICE-PRESIDENT: Acts as a liaison officer between the MSVU Student Union and the student unions of other post-secondary institutions; acts as liaison officer between the union and community organizations, is responsible for dissemination of outside news to the students; actively participate in provincial/regional and national student union organizations in such a way as to benefit the members of the student union; be responsible for other duties as designated by the Students Council.

FACULTY REPS: Act as liaison between their faculty and the Students Council; attend faculty meetings and their

respective society meetings regularly; if no active society exists, form a society suitable for their constituents; be responsible for other duties as designated by the Students Council.

NEW STUDENTS REP: Be a first year student when elected; be a liaison between new students and the Student Council; promote participation in campus events among the new students; help Entertainment Director with Orientation Week; other duties as designated by the Students Council.

PART-TIME STUDENTS REP: Be a part-time student; act as a liaison between the part-time students and the Students Council; shall attend meetings of the campus association of part-time university students regularly; in the event there is no part time students association; shall attempt to organize one.

SENATE REP: Sit on the University Senate and actively represent the concerns of students; be responsible for reporting senate activities regularly to the Students Council and the students; be responsible for other duties as designated by the Students Council.

BOARD OF GOVERNORS REP: Be a communication link between the MSVU Student Union and the MSVU Board of Governors; be a voting member of the aforesaid Board and comply with the duties of that position; keep informed of events affecting MSVU and in particular should focus on those events most important to students; must represent the Student Union in their best interest in Board decisions.

Nominations will not be received after 4:00 p.m., February 8, 1980.

Candidates will give speeches Wednesday, Feb. 13. The election will be held February 20. Forms can be obtained from the Student Union Office located in Rosaria Hall.

LETTERS CONT'D

cont'd from page four

"an example of just those writing problems that the remedial course is designed to combat", why is it that I passed the test?

Yours sincerely,
Sandy Spencer

SUB proposal

To the Editor:

In response to the article in last week's Picaro entitled "Confusion Over Plans" I would like to make a few comments. Student Council is conducting a "feasibility study" into the possibility of building a Student Union Building. Nothing is definite yet. Our study is not complete. Dr. Fulton says we should begin to plan for five or ten years down the road. I don't think our students want to pay for a building sinking fund. Such a proposal was defeated

last year in a referendum. The students who pay for the building should get to enjoy it.

Concerning Mr. Merrigan's comments; included in the study is an indepth financial analysis by our accountants. They are experts in the matter. They will finish their study and present the full results to Student Council. Until then I don't think it is fair to say our own will be a "hasty decision, fraught with danger".

The article also said that the new Social Athletic Building would "directly or indirectly benefit students". All buildings on campus are of benefit to the students, but the government gave this university funding for a Social Athletic Building. The "Athletic" part is covered by the gym geared towards our almost non-existent sports buffs. Maybe it will spark

some interest. I sure hope so!

The "Social" part has me puzzled. We could chat in the bookstore or the bank, I suppose. But there is no pub next year. So much for a cold one at the end of the day! This building is not for our social needs. We have been pushed aside again, this time for a new Registrar's Office, new manpower office, new doctor's office and several multipurpose rooms which belong to everyone and in essence belong to no one.

We were elected to represent you, the students. We are trying to get the best deal possible for you. We will not make any hasty decisions without your approval; of this you can be assured. You will be hearing from us on the results of the "feasibility study" soon. Stay tuned to the Picaro and keep the faith.

Mary White

Get on the bandwagon January 30 when our Winter Carnival kicks off with its spritely theme—Yahoo! Mount 'N You.

Winter Carnival Co-Chairmen, Beth Brothers and Anita Lathigee, have the carnival well rounded with activities such as a country fair, pub'n grub, movie, pub crawl, a double-decker with Ryan's Fancy and a disco, and will close off with a variety show on February 2.

The schedule and entry form for the events can be found in the January 15 issue of the Picaro.

The 1980's at the Mount started off in good spirits. Let the good feeling flow—see you during Carnival. Yahoo! Mount 'N You!

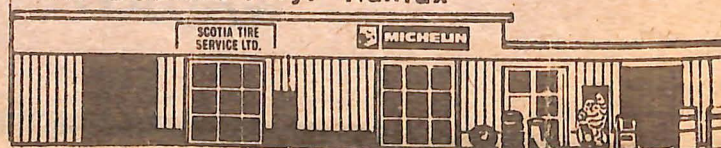


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TUITION FEES INCREASE BY 7.5%

OTTAWA (CUP)—Minister of colleges and universities Bette Stephenson has wished university students in Ontario a happy new year by announcing a general 7.5 per cent increase in tuition for next year.

The general increase, made public on New Year's Eve, was accompanied by an announcement that an additional 10 per cent hike could be added on to the increase for particular programs at the discretion of individual institutions next year.

According to the Ontario Federation of Students (OFS), full use of these increases could result in a \$126 increase in tuition for general arts students, \$137 for engineers and up to \$156 for the province's dentistry students.

Federation opposition to the increase is partially due to its size and partially due to the manner in which it is being implemented.

"This change (the optional 10 per cent increase) will create two classes of education in the province," said OFS chairperson Chris McKillop.

"Soon schools will increase their tuition by the additional 10 per cent especially in those faculties that have limited enrolment. Those will be the professional faculties—law, engineering and architecture. Those faculties will now be

restricted to the well-to-do because they will be the only ones who can pay," he added.

McKillop also said that the "substantial additional increase in basic tuition fees will only further restrict accessibility to middle and lower income students".

Dr. Edward J. Monahan, executive director of the Coun-

cil of Ontario Universities (COU), also expressed mixed feelings about the increase and the level of funding that the province's universities are presently receiving.

"The increase in university revenues from government grants and increased tuition fees is expected to be 7.3 per cent. However, this is still

significantly below the increase of 9.2 per cent recommended by the Ontario Council on University Affairs, the government's own advisory body," he said.

Monahan added that, even if all of the province's universities utilized the 10 per cent option, there would be a gap of \$20 million between what the

OCUA judges the universities need to operate and what the government is granting in assistance.

The OFS says that it will attempt to stop the increase on a campus-by-campus basis by helping its members organize against the additional 10 per cent increase.

The real reason for the federal election

OTTAWA (CUP)—The fact that prime minister Joe Clark's biorhythms were in a "double-critical" phase Dec. 13 may have been a contributing factor in the sudden toppling of his government on that day.

This is the conclusion reached by volunteer researchers of the Canadian Institute of Parapsychology. They had been investigating the correlation of biological cycles when events on Parliament Hill aroused their curiosity: where, they wondered, were Joe Clark's biorhythms?

When the prime minister's name and date of birth were fed into the institute's computer, the printout showed both physical and intellectual cycles at the critical zero-line as they passed from positive to nega-

tive. His emotional cycle was already negative, having passed the critical phase 48 hours earlier.

The probability of this phase or its equivalent occurring by pure chance on Clark's biorhythm chart Dec. 13 is calculated at less than 1 in 100.

J.P. Rae, director of the institute, explains that the critical or zero-point for each cycle signifies awkwardness, perplexity, incoherence, subnormal coordination, a certain recklessness or, in the instance of the intellectual cycle, indecision.

This assessment is based, Rae says, on massive studies carried out by a multitude of researchers during the past 88 years.

The sudden collapse of

Parliament is not attributed solely to Joe Clark's double-critical phase in the institute's assessment, for the biological cycles of several other principal figures were also at critical or negative conjunctures.

Opposition leader Pierre Trudeau's chart shows his intellectual and emotional cycles extremely negative while his physical cycle is at a positive peak, indicating a bullish disposition.

NDP leader E.J. Broadbent's chart shows Dec. 13 falling on a physically critical day. This is immediately preceded by an intellectually critical day and is immediately followed by an emotionally critical day. Altogether, a rare combination, very close to the triple-critical phase which occurs just once in 58.2 years!



STUDENT VOTERS' GUIDE



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EDUCATION MINISTER PESSIMISTIC

Terrence Donahoe speaks at MSVU

by Janet Mrenica
and Francis Moran
Staff Reporters

An overall picture of pessimism was painted by the provincial Minister of Education, Terrence Donahoe, yesterday when he came to Mount Saint Vincent University to address students.

Donahoe said that the "expansionist mentality" which led to the creation of many of the existing post-secondary programs and institutions has been replaced by a need for restraint.

Donahoe opened his remarks by telling the 60 students present that public funding for universities "is relatively new". Funding only started in 1963 when the government made \$1.5 million available, a sum that had increased to \$30 million in 1970. At the same time, the government supplied "well over \$100 million" in 20 year self-liquidating loans for capital expansion.

In the current, 1979/80 operating year, total grants from the provincial government amounted to \$96.7, and an additional \$7.2 million for interest and amortization of outstanding loans.

"\$104.2 million is a great deal of money," Donahoe said.

Donahoe said that Nova Scotian universities have taken advantage of these monies and the "expansionist boom to multiply both programs and facilities in an unprecedented manner."



Moran Photo

He said that while no one would question the right of a university to exist, it has become time to "question the difficulty that we do experience of duplication of programs and expensive facilities."

Donahoe said that particularly the small universities, such as the Mount, have the ability to become leaders in specialized areas, and should not attempt to "lead the world in everything."

"I think we have to promote to a greater extent than has been the case in the past greater inter-university co-operation to share our available resources," he said.

The minister said a number of people have stated that he has the jurisdiction to tell the universities which programs they can teach and where. But he said he was unwilling to use this approach.

"One of the last things in the world we would want to have is any minister of education... sit downtown and send out directives to the universities... and start calling the shots. Over time this would be fatal," Donahoe said.

The Maritime Provinces Higher Education Commission (MPHEC) is the provincial advisory body which the government currently uses to promote this inter-university co-operation.

"In the not too distant future, there will be some fairly significant statements made jointly by the Commission and myself, about the duplication of programming," he said.

These moves are not a limit to academic freedom, Donahoe said, but are rather an attempt to fill the void created when universities will not take the initiative upon themselves to greater co-operation.

"Academic freedom is a matter of attitude and not so much a matter of programming." A professor can teach the content of his course in the manner he chooses without any interference from government but he cannot necessarily dictate where and what cost he will teach it.

"Public funding is not a God-given right," he said. "It is a privilege which can be taken away when the public no longer wishes to offer its support."

Donahoe was questioned on this statement by the students, following his remarks. He said that the MPHEC recommendation that tuition levels rise to keep pace with the rate of inflation is in keeping with general public opinion.

However, according to the Association of Atlantic Universities' (AAU) Public Survey Report released by the Atlantic Institute of Education, this is

not the case. The report states that 41.2 per cent of Nova Scotians feel that present costs of tuition are too high, while 32.2 per cent felt students were currently paying too much. Only 3.1 per cent of those questioned felt that tuition levels were too low.

"Given that only an extremely small minority feels that current levels of tuition are too low, and indeed, that a considerable proportion deems them to be too high, any endeavor to raise tuition levels would clearly be out of step with general public opinion."

When Donahoe was questioned about the contradiction between his statement and the report, he questioned the validity of the report.

"One of the criticisms of the study is that so much of it was phrased or put to the public in such a way that you either have to be in or a product of or have a close relationship to the post-secondary situation to be able to accurately respond to some of the questions."

"There are some concerns about the accuracy and validity of the results (of the AAU report)," he said.

Donahoe assured the students present that he would do all in his power to ensure that the government's funding announcement, which is not expected for several weeks, would follow as closely as possible the MPHEC recommendations.

Attention Students

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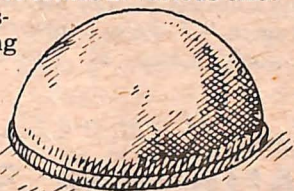


Julius Schmid makes the most popular brands of condoms in Canada.

So why would we want to talk to you about other methods of contraception?

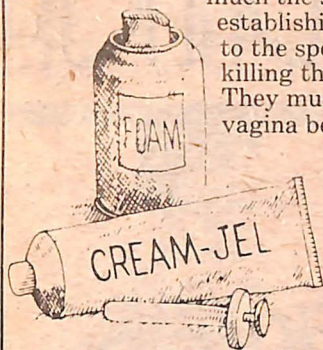
The Diaphragm

The diaphragm is a soft rubber cup which 'fits' into the vagina to cover the cervix (the opening to the uterus, or womb). It comes in various sizes and requires both a prescription and initial fitting by a doctor or trained nurse. To be effective, the diaphragm must be used in conjunction with a spermicidal jelly or cream applied to all sides of the cup and to its rim. Additional applications of the spermicidal jelly or cream are needed if intercourse is delayed by several hours, or is repeated prior to the removal of the diaphragm. The diaphragm must be left in place for at least six hours after sexual contact. It can be left for as long as twenty-four hours, after which it should be removed, washed and dried. With correct use, the contraception rate for the diaphragm is very good. It is safe to use and produces no unwanted side effects.



Contraceptive Chemicals

Contraceptive foams, jellies, creams, foaming tablets and suppositories work in much the same way. That is, by establishing a mechanical barrier to the sperm and/or by directly killing the sperm on contact. They must be inserted into the vagina before intercourse and



reapplied with each subsequent sexual act. Suppositories (the least effective) require about fifteen minutes to dissolve; foaming tablets require five. Spermicidal foams, creams and jellies are effective immediately. In all cases douching should be avoided for at least six hours after intercourse.

Side effects are infrequent, although some women and some men find that chemicals cause an irritating burning sensation during intercourse or discomfort afterwards.

The Pill

The pill, taken by women once a day for twenty-one or twenty-eight consecutive days, is designed to prevent ovulation. If no egg is released, conception cannot occur. Most of the pills available today contain a combination of two female sex hormones in synthetic form—estrogen and progesterone.

The pill's main drawback is the side effects that some women experience. Minor side effects like nausea, spotting or breakthrough bleeding, bloating and breast tenderness are fairly common but usually subside after a few months. The pill is also sometimes associated with weight gain and, to a lesser degree, weight loss; with minor but irritating vaginal infections, headaches, depression, and an increased need for vitamins B₆ and B₁₂.

So far as serious side effects are concerned, it is known that women taking the pill run four to seven times the risk of developing blood clots and nearly eight times the risk of dying as a result of a clot which lodges in a vital organ.

Recent evidence suggests that the risk of developing a stroke (an extremely rare condition among women of child-bearing age) is increased nine-fold. Because the risk is greatest with women who smoke cigarettes, it is strongly recommended that women over 30 should either stop smoking or use another method of



Because we're concerned.

The response to the advertisements we have been running has made us aware that there is still a surprising lack of knowledge among young people about the various methods of contraception.

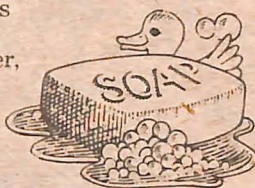
This is supported by a Statistics Canada report on the alarming increase in unwanted pregnancies among young women in the 16 to 24 age bracket.

What we plan to do in this advertisement is give you an honest and objective look at other methods of contraception. We will consider the advantages and disadvantages of each and leave you, the reader, to make up your own mind which method you prefer.

Space limitations make it impossible for us to go into minute detail. So for further information, we strongly recommend that you contact your local physician, pharmacist or family planning clinic.

Douching

Although the method has been in use for centuries, douching with plain water, soap, or chemicals is very ineffective. In fact, it's only slightly better than taking no precautions at all.



Rhythm



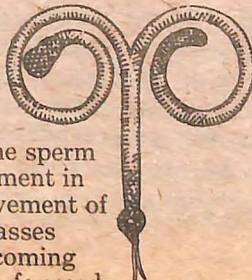
The rhythm method requires abstinence from intercourse during the woman's fertile time of the month. The difficulty even today lies in predicting when the fertile period is likely to begin. The various aids currently used to help determine the fertility cycle include

electronic calculators, special rhythm calendars, clocks and chemical tests. The most common and most accurate method is the charting of the woman's basic body temperature which must be taken with a special thermometer each morning before she gets out of bed. Unfortunately, a slight illness (a cold, for example) can affect temperature readings and create the impression that ovulation has already occurred.

The intrauterine device (IUD)

The IUD is a small device usually made of plastic or metal, or a combination of both, which a gynecologist places inside the uterus where it remains for as long as contraception is desired. Aside from checking after menstruation to be sure the device has not been expelled, little more needs to be done.

How the IUD works is still unclear. The current school of thought believes that the device sets up a chemical state which incapacitates the sperm or the egg; or that its placement in the body speeds up the movement of the ovum (egg) so that it passes through the tube before becoming

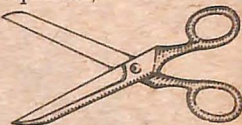


some doctors recommend use of a spermicidal foam or cream in conjunction with the IUD—especially during midcycle when conception is most likely to occur. This approach means that the IUD loses one of its most attractive features: the fact that it requires little effort and is unrelated to the sex act.

Like all other methods, the IUD has its drawbacks. Some users spontaneously expel the device. In other cases, excessive bleeding and cramping or other side effects make its removal necessary. The IUD is not recommended for women who have pelvic inflammatory disease or any abnormality of the uterus or a history of painful or heavy periods or cancer of the cervix or uterus.

Sterilization

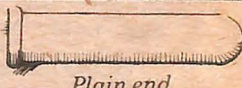
Male vasectomy is a simple surgical technique (only a local anesthetic is required) which involves cutting the ducts that carry sperm into the ejaculate. Following vasectomy, a couple should use some other method of contraception until two consecutive tests show that no sperm remain in the ejaculate. Many doctors advise a repeat of the test six to twelve months later to ensure that the ducts have not grown back together.



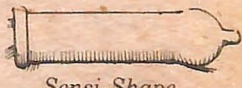
Female sterilization (or tubal ligation) involves cutting the Fallopian tubes that carry eggs from the ovaries to the uterus. It is a somewhat more complicated procedure than vasectomy. Although brief hospitalization is usually required, new and simplified techniques make it possible to carry out the operation in a hospital-based clinic without overnight hospitalization. The rare failures occur when the tubes manage to grow back together.

The condom

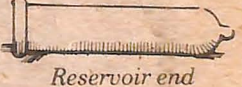
The condom is second only in popularity to the pill as a method of birth control. A thin sheath usually made of rubber or animal skin, it is put over the erect penis to catch the ejaculate. For maximum effectiveness, the condom should be used before intercourse to prevent any escape of semen in foreplay. It's also important to withdraw the penis while still erect to prevent spillage of semen.



Plain end



Sensi-Shape



Reservoir end



Sensi-Shape Ribbed

The effectiveness of the condom, like the diaphragm, varies with the user. The condom's only disadvantage is that it must be used at the time of intercourse, requiring interruption of lovemaking. On the plus side, it is easy to use, perfectly safe and offers protection against the transmission of venereal disease. It can be purchased at the drug store without a doctor's prescription.

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Kathy MacKenzie and Sue Hebert practicing for the Popcorn Man

JUDY JARVIS

The uniquely talented Judy Jarvis Dance Company will present a mini-performance and workshop in Seton Auditorium at Mount Saint Vincent University on Friday, February 8 at 3:00 p.m.

The performance will include "Pierre Gynt", a magical story which unfolds in dance, music, song and theatre form. The story is rich with images, creatures and characters, colourfully presented with sets, costumes, masks and choreographic movements. The music and songs have been originally created for this production, orchestrated with piano, horn, cello, recorder, gong and

voice.

The six performers will also present an adult mini-performance.

The workshop will involve audience participation in mime, dance and characterizations. There will be "fun of all kinds".

The Judy Jarvis Dance Company has been performing since 1970, ranging from regional library tours in Northern Ontario to CBC and global television appearances.

Judy Jarvis studied in West Berlin, Cologne, Paris, London and New York City. She performed both solo and with her company across Canada

and Europe. She also performed, taught and gave workshops to universities.

In 1974 Jarvis won the Jean A. Chalmers Choreography award, the first Canadian modern dancer to do so. Critical acclaim has established her as an accomplished dancer, choreographer and teacher.

Admission for the Company's performance at the Mount is free. The Education Dept. and Student Union are sponsoring this event.

For further information contact: Heather MacDougall, Communications Officer, MSVU Student Union.

POPCORN MAN COMING

The Popcorn Man, a delightful musical-comedy for children will be performed at Mount Saint Vincent University on January 26 and 27.

The play written by Pat Patterson, a well known Canadian playwrite, tells the tale of a kangaroo who longs to return to her homeland, Australia, in search of a kangadanga tree and to show her newborn to her mother.

The Popcorn Man, played by Jim King, is the magical force in helping the madcap kangaroo, Debbie Gerrie, fulfill her objectives.

Other cast members include Jennette White, Sue Hebert, Alec Grant, Alan MacDonald, while the show is under the direction of Dr. Patrick O'Neill of the University's Speech and Drama Department.

The show will be performed on Saturday at 2:00 p.m. and on Sunday at 1:00 p.m. and 3:30 p.m.

Tickets are available for \$1.50 at the Mount Saint Vincent Art Gallery and group rates are available by calling 443-4450 ext. 171, or 443-4224.



The Picaro

is holding elections for the following executive and editorial positions:

Editor-In-Chief

Sports Editor

Entertainment Editor

Production Manager

Advertising Manager

Current Voting Picaro Staffers are: Nancy Burns, Sue Drapeau, Fran Gallagher, Sue Herbert, Rick Jesso, Agnes MacNeil, Francis Moran, Janet Mrenica, Maura O'Neil, Carolyn Pugh, Sandy Spencer, Jennette White, Sandra Wills. (In alphabetical order)

All members of the Student Union are eligible to run for any of the above positions. Election is by vote of the staff, and only current staff members of the Picaro are eligible to vote.

Nominations opened yesterday, January 21, and close next Monday, January 28, at 12 noon. Job descriptions and nomination forms are available from the Union secretary, Nancy Savary, in the Union office in Rosaria Hall.

Elections will be held at the regular Picaro staff meeting Monday, January 28, at 7:00 p.m. All candidates should be present to state their interests in seeking the positions.

ATHLETICS/RECREATION NEWS

WEEK TWO:

NUTRITION & FITNESS

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23

24

25

Mount St. Vincent University would like to enter the A.U.A.A. curling Championships in March, people interested in trying out for the team, contact A/R office as soon as possible.

Exercise Classes:

M. V.F. 12:15-1:15 p.m. Vincent Hall

M.T. 4:00-5:00 p.m. Vincent Hall.

Th. 3:00-4:00 p.m. Vincent Hall

Kenpo: Tues. or Thurs. 8:00-9:00 p.m. (\$12.50 fee each place)

Sat. 11:30-1:00 p.m.

2 classes per week, 1 class on either evening at the Y.W.C.A. and the other class at the Vincent Gym.

Modern Dance: Wed. 5:00-7:00 p.m. fee of \$10.00, Vincent Gym.

Yoga Class: 4:00-5:15 p.m. on Thurs., fee \$10.00.

Interested in Intramurals, please contact the A/R office as soon as possible. Need

7:30 p.m. Wayne Mitic Dalhousie University School of Phys. Ed.

—Talk on Exercise & Nutrition "Run for Your Life" film, Assisi Second Floor.

10:55 a.m. Exercise Break.

2:55 p.m. Exercise Break.

7:30 p.m. "Run for Your Life" film.

—Talk on Exercise & Nutrition.

Phil Campagna—Fitness Assessment Co-ordinator, Seton Auditorium A.

10:55 a.m. Exercise Break.

2:55 p.m. Exercise Break.

more teams to make an effective schedule for students as well as faculty and staff.

Skiing Trips: Trips filling fast. First come first served basis.

1. Keltic Lodge, Cape Smokey in Cape Breton, \$80.00 pkg. plus lessons.

2. Mont. Ste. Anne \$186.00 and up.

3. Sugarloaf \$239.00 and up.

Those interested in skiing trips meet Tues., Jan. 22 in Sac rm. 308 Booth in Main Lobby and SAC to register for

trips. Deposit of \$50.00, final payment by Jan. 24th.

Dalhousie University is sponsoring an open X-Country Ski Meet on Feb. 2 and 3rd. Individual and Relay events.

In Wentworth Valley. Jr. and Sr. in both men's and women's classes. Pre-registration entries due by Friday, Jan. 25th. Please contact the A/R office as soon

as possible. We would like to help interested persons.

Bowling: Fridays: 4:00-6:00 p.m. on Coronation Ave. Colonial Lanes.



Dining Room and Discoteque

so close to the Mount

no cover charge with Student ID

located in the new Clayton Parking Centre Dunbrack at Lacewood

443-4870

ALSO OPEN FOR LUNCH



by Fran Gallagher and Carolyn Pugh

The first event of Health Awareness Month, Jan. 14-Feb. 15, at the Mount is the "Pounds Race". All contestants are off to an exciting start, but stop, have you given any thought to weight control?!

What does "weight control" mean? There is a right weight for each person depending on age, sex, activity and particular body build. Weight control is the achievement and maintenance of this right weight during each period of one's lifetime.

Since people obviously come in a variety of sizes and shapes with large bones or small bones—short and

stocky, tall and lanky. No one weight is right for everyone of the same height, age or sex. For women, ideal weights can be determined by calculating the following: give 100 pounds for the first 5 feet and add 5 pounds for every extra inch; subtract 10% of the total weight for a small frame and add 10% for a large frame. For example, a woman of 5'5" with small frame should weigh about 113. For men, give 110 lbs. for the first 5 feet in height and 5 lbs. for each additional inch.

Nutritionists tell us that the main cause of overweight is too much food, coupled with too little exercise. You are overweight if 10% above your ideal weight. Your doctor or even our recreation department at the Mount can advise you on exercise. To lose weight, a loss of 1-2 lbs. a week is advised and for a loss of 1 lb. body fat you must experience a deficit of 3500 calories. For example, to lose 1 lb. a week an average deficit of 500 calories a day is required.

You can reduce this fat by following a plan that adds up to better health and better looks. No, you don't have to starve yourself and grit your teeth. There are sensible ways to take off weight without taking all the fun out of life. One such way is 2.2.5.4., a plan designed to provide you with a minimum amount of a variety of foods that will give you a foundation for good nutrition. Using Canada's Food Guide you can select 2 servings/day from milk and milk products; 2 servings/day from meat and alternates; 5 servings/day from fruits and vegetables and 4 from bread and cereals. This plan provides about 1250 calories daily. Try to avoid food high in sugar and fat for these foods are low in nutrients.

Offenders high on the list are pies, cakes, cookies, chocolate bars, fried foods, beer and wine. . . Use low calorie substitutes for high calorie foods. Try lemon juice or low calorie dressing on salads rather than mayonnaise; instead of soft drinks, use sugar-free brands or tomato juice; have fruit instead of rich desserts; unbuttered popcorn rather than peanuts and serve tea with lemon instead of sugar. Make a habit of draining syrup from canned fruits and leave out the extras such as relishes, sauces and the like. The list is endless!!!

Statistics prove that people who are very much overweight are more susceptible to certain diseases, may have less resistance to infection and even tend to have more accidents than slim people.

Now that you know about ideal weight, how many calories to lose and how to go about it; what are you waiting for?!

Remember this cannot be accomplished overnight, your program is best tackled in slow, easy stages. . . You are in control. . . weight control!

Pssst. . . Good luck in the race!



The Bayers Racquet Club

Ph.— 453-2223

Racquetball & Squash facilities

LET'S GET FIT WITH A

STUDENT MEMBERSHIP — \$25.00

SEPT. 79 — APRIL 80

Give us a call — 453-2223 — Ask for Vicky

Court Hours

7:00 am-11:00 pm seven days a week

Good exercise for both sexes and all ages.

No expensive equipment needed to play, just sneakers, a racquet and a ball.



"SCAVENGER HUNT"

by Nancy Burns
Entertainment Editor

The movie "Scavenger Hunt" provides entertaining comedy as it unfolds its fast-paced tale of fifteen heirs to an eccentric old man's (cameoed by Vincent Price) \$200 million estate. They are pitted against one another in a hectic, winner-take-all chase for bizarre items which can be acquired in any way but outright purchase. Director Michael Schultz describes the film as being "... a little Chaplin, a little Laurel and Hardy and a lot of Mack Sennett, all played in a contemporary framework."

The cast is comprised of an extensive ensemble of stars from the motion picture industry, stage and television, as well as a few guest stars like Meat Loaf. The film depicts the characters as they bumble their way through Dab Diego fetching everything from ostriches to commodes in their frenzied race against time for the fortune.

The hunters are teamed as follows: Millionaire Milton Parker's avaricious sister, her grown-up mama's boy son, and

their opportunistic lawyer. Next come the estate's servants: the butler, who remains impeccably dressed despite a flood in the washroom and a giant bubble bath in a laboratory; the snivelling chef; a very hip chauffeur; and the giddy little French maid.

Tony Randall stars as a widower father of four rambunctious children who regard him as little more than a klutz. Dirk Benedict and Willie Aames are the two nephews who befriend the sister's rejected stepdaughter, and finally, Richard Mulligan from SOAP is the hilariously dim-witted cabby who recruits aid in the form of Scatman Crothers in his quest for the inheritance.

Along the way they encounter such characters as the President of the Senior Citizens Defense League, a fast talking carnival operator, an over-zealous (and overbuilt) gym instructor, a long-suffering football coach, a fortune teller, an agitated zoo keeper in charge of ostriches (this fellow has the voice of Bugs Bunny's Sylvester the Cat), a menacing

bike chieftain, the Hell's Angels gang and the San Diego Chargers. Along the way, three grotesquely fat people are picked up and one cop loses his uniform to the nephews with the aid of laughing gas.

The climax of the story is the auto chase through the streets

of the city as caddies, vans, and police cars careen through streets and shop windows. In all, the film contained some 600 props.

Overall, the picture provided light evening entertainment. Some of the characters lost their effect due to over stereo-

typing but they redeemed themselves in various situations which were just too funny to ignore. It's Walt Disney-type comedy and if one overlooks the aforementioned stereotyping and the scenes which are a little too slick, it's quite enjoyable.

COMING SOON

For the math buffs

by Agnes MacNeill

MATH CORNER

Welcome to the Mount's first math corner! Hopefully this will become a regular feature in the succeeding issues of the Picaro. Everyone is encouraged to participate, whether it be by submitting a solution to a particular problem, a puzzle that was found interesting or a "quotable quote".

Many math students, when trying to prove an assigned theorem, try the method of proof by example. Unfortunately, it doesn't generally prove to be so easy, but here are some other easy-to-use

methods when tired of the first:

Miscellaneous Methods (for proving theorems) . . . reduction and nauseam, proof by handwaving, proof by intimidation, proof by referral to non-existent authorities, the method of least astonishment, the method of deferral until later in the course, proof by reduction to a sequence of unrelated lemmas (sometimes called the method of convergent irrelevancies) and finally, that old standby (for the over-worked professors), proof by assignment.

—Rome Press 1979

Mathematical Calenda

Now, here are the problems you've all been waiting for:

1. Given two hour-glasses, seven and eleven minutes respectively, how can you hard-boil an egg for 15 minutes exactly?
2. Show that any set of $2n-1$ integers contains a subset of size n whose sum is divisible by n .
3. Does there exist a positive integer n for which $2^{n+1}-1$ and $2^{n-1} (2^n-1)$ are both cubes?

4. If the series of real numbers $\sum a_n$ converges, does $\sum a_n^3$ converge?

all submissions should be forwarded to the Picaro office by Thursday, noon, care of The Math Corner. Any comments or suggestions are welcome. See you next week!

THE POPCORN MAN

A delightful Musical comedy

JANUARY 26 2 p.m.

JANUARY 27 1 p.m.

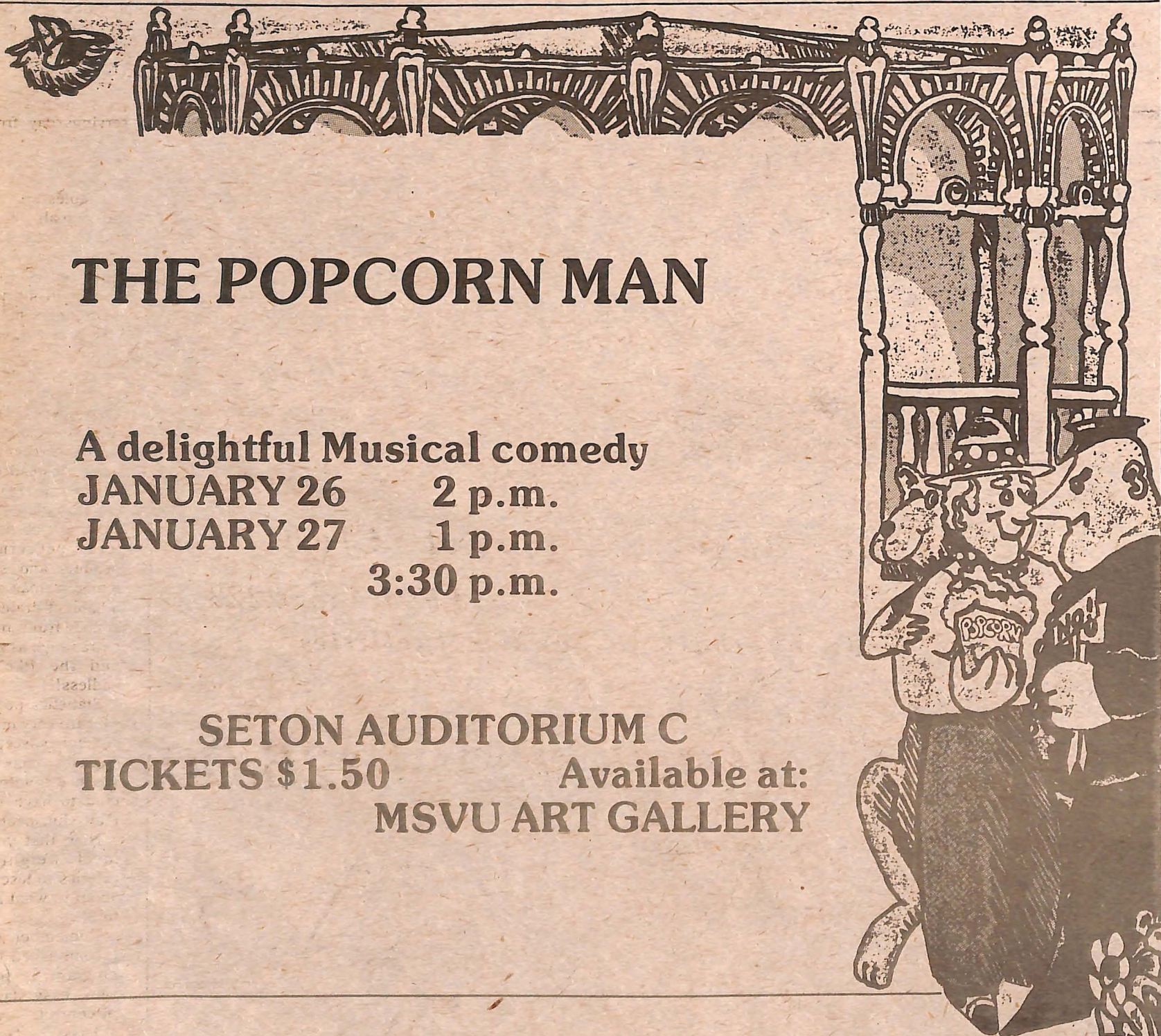
3:30 p.m.

SETON AUDITORIUM C

TICKETS \$1.50

Available at:

MSVU ART GALLERY



MUGS ON SALE

JAN. 24

SAC

MSVU Winter Carnival

Schedule Entry Form

WEDNESDAY, JAN. 30

KICK-OFF! COUNTRY FAIR
ROSARIA LOUNGE
1-4 p.m.

ROSARIA L PUB 'N GRUB 7-12:00
\$2.00 for all you can eat dinner

THURSDAY, JAN. 31

MOVIE TO SIR WITH LOVE
8:00 SAC \$1.00
PUB CRAWL (afternoon)

ARTS & CRAFTS SHOW—ART GALLERY

CHARLIE'S CHOW—SAC & CAFETERIA
11:30-2:00 PANCAKES & SAUSAGES

FRIDAY, FEB. 1

DOUBLE DECKER
RYAN'S FANCY/DISCO
9-1 a.m. \$4.00

SATURDAY, FEB. 2

VARIETY SHOW
ROSARIA LOUNGE
8:00-12:00
\$1.00 WET/DRY

1. WINTER CARNIVAL VARIETY SHOW
All individuals and/or groups invited
—skits, songs, dances—
Whatever **YOUR** talent is! Feb. 2/80

2. WINTER CARNIVAL PUB CRAWL
Groups of 4; 1 driver/3 drinkers
Thurs. Jan. 31/80

3. WINTER CARNIVAL PINCH PENNY FAIR
All societies & groups asked to get involved.
Booths may include almost anything.
(pie-throwing, balloon shaving)
This is our KICK-OFF—Make it GREAT!
Jan. 30/80 SAC 1-4:00 P.M.

CHECK ONE OR MORE

☐ VARIETY ☐ CRAWL ☐ FAIR

NAME (GROUP) _____

PHONE _____

TALENT (VARIETY) _____

BOOTH ENTRY (FAIR) _____

SUBMIT TO STUDENT COUNCIL
OFFICE—ROSARIA
or call Beth 429-4500/Anita 429-8147



YAHOO!

Mount & You

