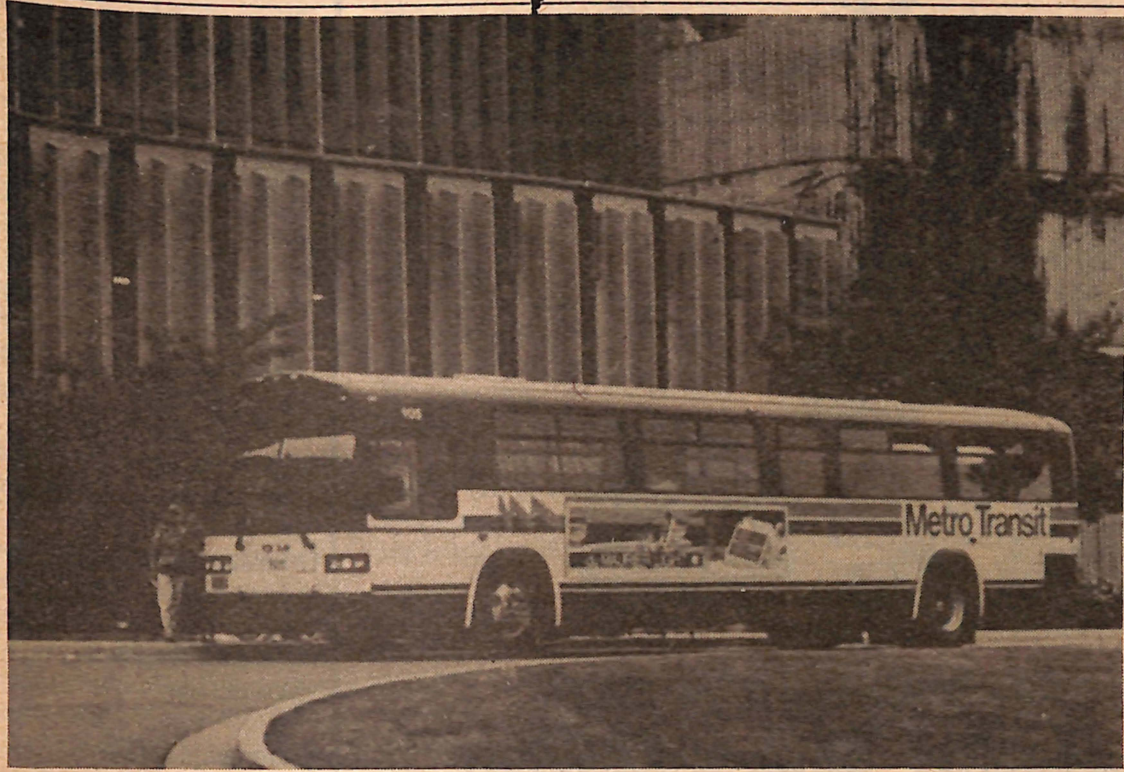


# Picaro

Mount Saint Vincent University

Vol. 24, No. 2 Wednesday, September 21, 1988



Does the bus stop here?

Photo by Kurt Ritter

## Students Erupt Over Dal-Mount Bus Scandal

by Simon Kennedy

It seems the Mount has always taken a back seat to Dalhousie. But recent events have left some Mount students wondering whether they'll get a seat at all - on the Dal/Mount bus, that is.

Last week the bus didn't stop at some of its usual stops, angering student riders. "Students have been phoning me complaining (about the bus)," said student union president, Paul Card.

Until recently, drivers on the Dal/Mount route commonly made 'courtesy stops' - stops at in-between, unofficial bus stops. But because of this extra stopping, students taking classes at Dalhousie were arriving late.

To speed up service, Paul Reyno, Mount physical plant director told Metro Transit to cease making courtesy stops. "He (Reyno) said his intentions were to speed it up, because students taking courses at Dalhousie... weren't making their classes," said Card. "They were five minutes late."

But administration made no announcement of the change. The only notice came from a bus driver, who last week announced

it to a busload of confused students. "It was quite vague," said student Maurice Michaud, "There was no way of figuring out exactly what he meant."

And some students resent having the bus schedule changed to accommodate students going to Dalhousie, especially since it is the Mount, not Dal, which funds the bus. "If the Mount is funding it, and Dal is inconvenienced by it," said student Karen Hatfield, "then that sucks!"

To further confuse the issue, the daytime driver isn't follow-

ing the new rules, claimed Card, but the night time driver is.

"There's a communication problem between the university and Metro Transit, and Metro Transit and its bus drivers," said Card. "I think this change was badly implemented."

So while students wait for a seat on the bus, they also wait for a clear explanation of the new schedule. "If they're going to implement something like this," said Card, "perhaps they should tell the students beforehand."

## Chaos In Mount Parking Lots

by Rosemarie Gillis

Students, staff and faculty members who travel to the Mount by car are faced with the unnecessary stress of hoping to find an available space within walking distance of the university.

Yes, the parking chaos continues while construction of the new communications centre lingers on.

Ann Eade, Director of Department of University Services,

is very concerned about the lack of parking space at the Mount. Paving was to have begun last week but, because of unavailable equipment, it will commence by the end of this week.

Eade is especially worried about the handicapped parking zones and would appreciate any suggestions in solving problems that may arise.

(See Chaos page 2)

## Fresh Start at Vinnie's

by Todd Bechard

On August 9, 1988, an agreement was signed between the student union and administration. This agreement gives the student union complete control over Vinnie's Pub from Labour Day until the end of April of each school year. This is great, but what does it really mean for the students?

"Well, for one thing, it means longer open hours," states Student Union President Paul Card. The pub will now be open at 11:00AM every day of the week. "From 11:00 AM until 3:30 PM we want to turn the pub into a student lounge, a place where students can study, have group meetings, eat a light lunch, or just relax with a good drink," explains Card. "At 3:30, the pub changes from a student lounge to a student pub. On Monday, Tuesday, and Thursday, the pub will close at 11:00, but on Wednesday and Friday it's open until 1:00."

Since Vinnie's opened in 1981, it has been controlled by the university through Versa Services. Versa did all of the ordering, stored all of the inventory, set up the cash float, paid all of the expenses, took its 15% service charge and gave the rest of the money to the student union. With the signing of the agreement, all this changes. "We now have a lot more responsibility and a lot more work to do," stated assistant bar manager Keith Davis. "It also means that we can do a lot more with the pub."

It is evident that the student union is trying to increase Vinnie's profitability by increasing attendance at the pub. There has been a slight increase in the prices this year, but the amount of money being spent far outweighs the price increases. New at the pub this year are the following:

- two new high quality power amps
- six new two-way speakers
- a new Stereo Hi-Fi VCR
- four new 27-inch colour monitors, bringing the total of monitors to five
- a new dispenser rack for pouring shots that should eliminate wastage and make inven-

tory 10 times easier than before

- Pay TV including TSN and MuchMusic (coming soon)
- lights for the dart board and shuffle board
- a feature board announcing specials and upcoming events at Vinnie's

If you are under 19 and you are wondering if you can go into the pub, the answer is yes and no. During the study lounge hours of 11:00 - 3:30 the pub is wet/dry as well as Friday afternoons when there is entertainment. Other than these instances, the pub is restricted to people 19 years of age and older. The only other exception is Monday Movie Night, which is also wet/dry.

Student union hopes that with the expanded hours, the new equipment, and the increased entertainment planned for this year, Vinnie's will have its most successful year ever. Vinnie's has been open for two weeks now, and judging by the response so far, it appears that Vinnie's may indeed have its best year ever.

## What's Inside?

### Arts & Entertainment

Monday Movies, The Trees, Pubs, Breakdancers and upcoming events... 6 & 7

### Sports

Fitness Mistakes, Ongoing events... 9

### News

NS Tories win - SUNS Disappointed, Violence at Dal Orientation... 3

### Comment

Vox Populi and Art's Pond back by popular demand ... 4 & 5

... and more.



### Chaos cont'd

Last year, 690 parking spaces were available to students, staff and faculty. It has not been estimated how many lots are available this year, yet over one thousand permits have been sold: 834 for students and general parking, 20 for car pool, 100 for staff, 14 for resident parking and 123 for faculty.

Eade could not say exactly how many parking spaces will be made available once the communications centre is finished. "Parking spaces will become available whenever the paving is done," she said.

In the meantime, many drivers are losing their patience while driving around campus hopelessly looking for a place to park.



# Typing that needs no tutoring.

Students, your assignment today is to learn how to use the Smith Corona XL 2500 typewriter.

Ooops, don't get too settled in your seats. The XL 2500 isn't a very difficult study.

In fact, unlike most electronic typewriters, it's a downright snap to pick up.

The Spell-Right™ 50,000 word electronic dictionary adds new meaning to the word "simple."

WordEraser® erases entire words at a single touch.

WordFind® finds your mistakes before anyone else can.

The XL 2500 even makes correcting mistakes as easy as making them.

With the Smith Corona Correcting Cassette, you simply pop in your correction tape.

There are no spools to unwind...no complicated threading...no tangles.

Of course, we've also added lots of other fine features to the XL 2500.

There's full line correction, Auto Half-Space, Auto Center, even our Right Ribbon System™, which automatically prevents you from using the wrong combination of ribbon and correcting cassette.

Oh, one more feature we forgot to mention—the price. You'll be happy to hear that the XL 2500 is surprisingly affordable.

So you see, the XL 2500 won't just make your writing easier.

It'll also help you with your economics.



**SMITH CORONA**  
TOMORROW'S TECHNOLOGY  
AT YOUR TOUCH



For more information on this product, write to Smith Corona, 440 Tapscott Road, Scarborough, Ontario, Canada M1B 1Y4, or call (416) 292-3836.

# Picaro

**Co-Editors:**  
Chris Gallant  
Marla Cranston

**Biz Manager:**  
Paul Carroll

**Advertising:**  
Dan Sampson

**Entertainment Editor:**  
Karen Seaboyer

**Sports Editor:**  
Marcel dEon

**Minister Without Portfolio:**  
Darrin Steele

**Calendar/Classifieds:**  
Heidi Leven

**Photographers:**  
Kurt Ritter  
Cynthia Coffill  
Rhonda Hubley

**Production:**  
Michèle Maillet  
Michelle Brake  
Melanie Parker  
Gareth Patterson

**Contributors This Week:**  
Rosemarie Gillis  
Elania Johnson  
Jill Burns  
Todd Bechard  
Simon Kennedy  
Kelly Fisher  
Steve Jennex

The Picaro is the student's newspaper and contributions are always welcome. The deadline for copy is Friday at 5 PM. The Picaro reserves the right to edit articles. The Picaro is a member of the Canadian University Press and Campus Plus. Our office is located in Room 403 of Rosaria Centre. Drop by anytime. Conversation and coffee are always brewing. Staff can also be reached by dialing 445-3584. Meetings are Tuesdays at noon.

The Picaro is printed approximately 22 times per academic year at The Dartmouth Free Press.



# N.S. Tories Win - SUNS Disappointed

by Erin Goodman  
Canadian University Press

HALIFAX (CUP) -- Nova Scotia Conservative leader John Buchanan remains in power after an election in which few students were given the opportunity to vote, charge critics.

The province's post-secondary education lobbyist, the Students' Union of Nova Scotia -- representing 20,000 of Nova Scotia's 28,000 students -- thinks Buchanan planned it that way. SUNS representatives say the timing reflects the Tories' attitude towards education -- and the fear of concentrated student power.

The election was held Sept 6, a week before university classes resumed.

"We have no way of gauging what voter turnout for students was," said Sue Drapeau, SUNS executive officer. She believes polling results in at least two ridings would have been different had the election been called during the school year.

Drapeau points to the riding of King's South, a seat held by the New Democrats until last week, as an example of the Tories intentionally sidestepping student clout. The 2,000-strong student population at Acadia University was scattered throughout the province.

"If there had been more Acadia students out voting," Drapeau says, "Steve Mattson (the NDP candidate) would have taken the seat. There was a difference of less than 500 voters between him and Derrick Kimball (the Progressive Conservative victor)."

Another close race was between NDP candidate Eileen O'Connell and House Speaker Art Donahoe, in a Halifax riding heavily populated by students during the school year. O'Connell lost the riding by about 200 votes.

The Tories went from 40 to 28 seats, a bare majority in Nova Scotia's 52-seat legislature. The win makes Buchanan the country's longest-serving premier, heading his fourth consecutive government.

"The Buchanan government has consistently given post-secondary education short shrift," Drapeau said. The Tories have ignored the recommendations of the Maritime Provinces Higher Education Commission, which proposes provincial funding levels for universities in the region.

"It seems like they began taking the recommendations the MPHEC makes every year for maintenance and shaving a bit off every year," Drapeau said. "It's eroding the quality of our education because universities have to find ways to do without."

The government last approved the full recommended increase in 1984 -- an election year in Nova Scotia.

Says Drapeau, "I think we're probably in for four more years of the same."

To SUNS, that's bad news. When Drapeau invited the three party leaders to attend a forum on post secondary education held two weeks before the election, students had to settle for cardboard.

A dual stage was set up for the debate. At one table, there were the usual microphones and water glasses, but propped up in the chairs were cardboard caricatures of the party leaders, all sporting SUNS "Vote for Education" buttons. At the other table were seated the representatives the leaders had sent in their absence.

The NDP and Liberal leaders had sent candidates representing areas with high student representation. The PCs didn't even bother going that far.

Instead, Buchanan sent a recent university graduate who was working on the PC election campaign.

"If people were upset at not having the leaders there," said Royden Trainor, a Dalhousie law student who moderated the event, "they were absolutely mystified

that the Tories didn't even send a candidate."

And they were probably disgusted when Trainor read off the whereabouts of the campaigning politicians. Premier Buchanan was attending the opening of a hockey arena. Liberal leader Vince MacLean was mainstreeting and playing bingo at a hall a few blocks away. NDP leader Alexa McDonough was attending a coffee party at a Canadian Union of Public Employees Local.

Both Drapeau and Trainor attribute the failure of the forum to John Buchanan, who ironically, has held the portfolio for Higher Education and Training since mid-August. McDonough and MacLean agreed to take part in the forum back in March, on the condition that Buchanan attend as well.

"There could have been two reasons for his (Buchanan's) refusal to participate," says Trainor. "Either education just isn't an important issue to the premier, or else he doesn't know enough about education issues to debate them."

Buchanan took over the ministry after Edmund Morris resigned from cabinet in anticipation of an election call. Morris had been shuffled from the social services portfolio in January after being convicted of releasing confidential information from the file of a welfare recipient.

Trainor sums up the debate as "disappointing", and adds, "I hope it's not telling of the degree of support the government wants to give higher education in the future."

## Fashion Heart Beat At Sportsplex

### MAPLE LEAVES ARE IN FASHION

by Jill Burns

"Be a true Canadian," says Linda Lundstrom's fashions, "Wear maple leaves!" Among the vast assortment of colour at the Fashion Heart Beat Show Thursday, Sept. 15, clothing was designed with a red and white maple leaf print.

The Fashion Heart Beat Show was held at the Dartmouth Sportsplex in aid of the Canadian Heart Foundation. The show began Sept. 8 in Vancouver and travelled to seven major cities where it raised funds for the local

Heart Foundation Chapters. \$20,000 was raised for the Nova Scotia branch.

Eleven models were selected from an audition held in a Halifax shopping mall. The admirable part of the show was the fact that these models, as well as displaying a professional show, were volunteering their time.

Twelve thousand people witnessed the fashions of famous designers Linda Lindstrom, Gitano, Diedre Hackman, Liz Claiborne, Dominique Bellissimo, Debra Murray, Florio, and Ken Wan. From their lines it was apparent that this winter's

colours include black, deep green and red, along with pastel pink, green, and cream.

Entertainment was provided by Pobi singing her popular top 40 hit, Dance With Me. Debbie Johnson sang her new tune on the charts, Just Like Magic. Rounding out the entertainment were Patti Janetta and Debra Murray. Michael Massaro and Rich Bartolucci performed two great jazz duets.

The combination of musical performances and fashion presentations made for a lively, successful show.

## Violence At Dal Orientation Party

(Source: Dalhousie Gazette)

HALIFAX (CUP) -- A practical joke forced the evacuation of 1700 Dalhousie University students from a five-floor party Saturday, prompting drunken students to throw rocks at passers-by.

Two fire alarms pulled as a gag brought the Halifax fire department to the building-wide bash, billed as the grand finale to Dalhousie's orientation week. Firefighters escorted drunken students out of the Student Union Building and asked the crowds to stay put until an electrician reset the alarms.

"While waiting, some people in the crowd got violent, and the odd few got out of control and started throwing rocks and bottles," said security officer Doug Stewart, who was on duty that night.

The alarms weren't reset until 1 AM, the hour the dance was scheduled to end, and the restless crowd was told to go home.

"An employee was briefly hospitalized after an unidentified student greeted the announcement by tossing a rock through a window," said building manager Steve Gaetz.

No charges have been laid.



Watch for the Art gallery's Film Series in conjunction with the exhibition INDUSTRIAL IMAGES/ INDUSTRIAL IMAGINATION, beginning September 25.



## Co-Editorial

Howdy Mar.

Hi Chris. Looks like we survived another week at the Picaro.

Sure, Bob Marla but when do we start class?

Class? You mean we're supposed to go to class? I might be able to fit one in on Sunday morning.

No luck. There are no classes on the weekends, only parties.

Parties? Do we have time to party? I thought we were still recruiting for the Picaro.

Yeah! That's the ticket! How about a boat cruise for the Picaro staff? Sound like a bribe?

Nah, sounds like a plan, man. The response has been great and we should show our dedicated new staffers how much we appreciate them (especially Darrin, who now resides permanently in our office). I guess now were only desperate for lots of news and sports writers, huh?

Don't call us desperate! Even if we do seem to be crying and whimpering at the feet of every person who passes us by. Your move.

Its midnight and I have nothing intelligent to say to our captive readers out there.

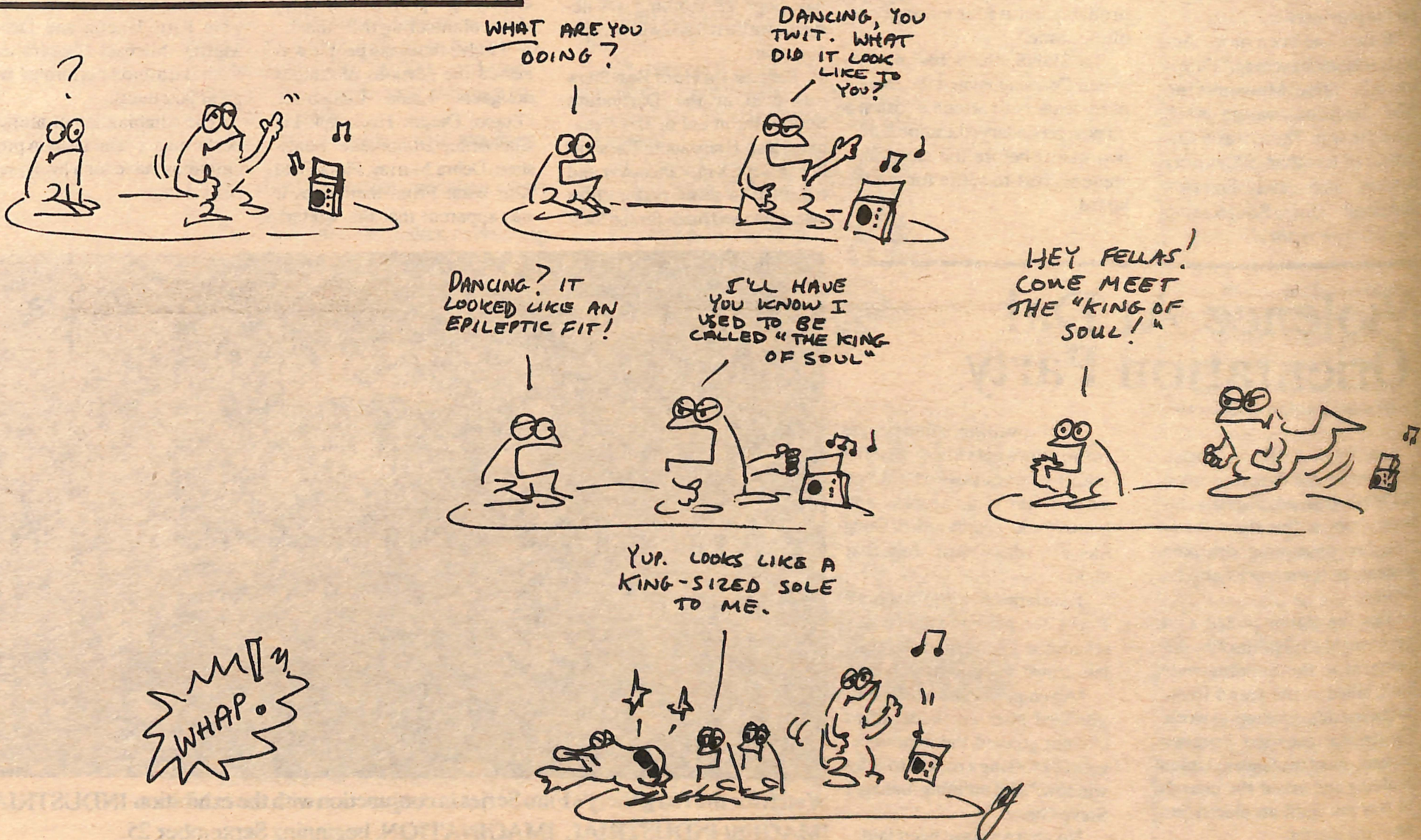
That's nothing now - HA! Don't worry!

Be Happy! (in the immortal words of Marcel's fave singer, Bobby McFerrin.) Chowzie folks!

Your co-eds,  
Chris & Marla

# Picaro

**Wanted:** writers, photographers, artists, production people, organizers, poets and anyone with an open mind, opinions and spare hands.





# First Pub Night At Vinnie's

by Darrin Steele

Did you go to the "First Pub Night at Vinnie's" last Wednesday? There were a lot of people there. They were even lined up back to the main entrance doors! Well, I was impressed. I thought to myself - "Look at all these people. This is gonna be one hell of a party!" It was one hell of something all right. I was disgusted once I was inside for a while.

First of all, the music system that they have there is not up to par. The music stopped because of technical difficulties at least five times. During one of these lulls in tunes, I heard Paul Savage (the DJ) say "I'm not impressed. I was just warming up!" Well Paul, we wouldn't want you to warm up too much. Who knows, you just might get so hot that you'd actually play something that isn't five years old. Oh, I'm sorry, you did play "Push It" (A big dance hit by Salt 'N' Pepa). Three times!! In fact, a number of songs were played twice, including "Pump Up The Volume" by M.A.R.R.S. From what I understand, Mr. Savage was supplying his own music. Why wasn't there more recent stuff being played? The DJ is being payed a hefty bit of cash for his jockeying expertise and his own record library. Do we have to pay for ancient songs? Since I frequent dance bars, I am used to dancing to the latest dance tracks, with a lot of them never getting radio air play. I feel that even the latest top 40 music would be adequate, as a lot of the records are very danceable. So, why were we getting stuff that you'd hear from hacks that play high school dances from a professional disk jockey?? The only difference was the presence of booze.

Just exactly can we expect from a university bar? Should Vinnie's be expected to compete with

a downtown club? If the Pub is expected to be taken seriously, shouldn't it produce quality rather than something you'd expect from some teeny-bopper joint? I'm sure that a lot of you say that you're happy with the way it is now, but I expect a lot more from a bar than just some watering hole.

The students of MSVU deserve something better. If people

are supposed to dance, rather than just sit and drink, then we should have quality dance music.

Friday night, The Trees played in the Multi-Purpose Room. Upon the advice of another Picaro staff member, I shelled out the three bucks to go see these guys (I wasn't intending on going). Well, I'm glad that I did. I had a great time! This band has

some great original material, as well as an energetic stage show that couldn't help but inspire people to get up and dance. Although I'm not particularly fond of bands doing cover versions of other artist's songs, the covers that these guys did were improvised enough so that they didn't sound exactly like the originals. When The Trees started up with Bizarre Love Triangle

by New Order, I started dancing immediately. Even though this is one of my favourite dance tunes, I didn't recognize it until they started singing the lyrics. It was almost a whole new song. Three cheers for "The Trees!" MSVU is capable of providing quality entertainment, and I hope that this will continue for the future. See ya 23 Sept. in the pub for Long John Baldry.

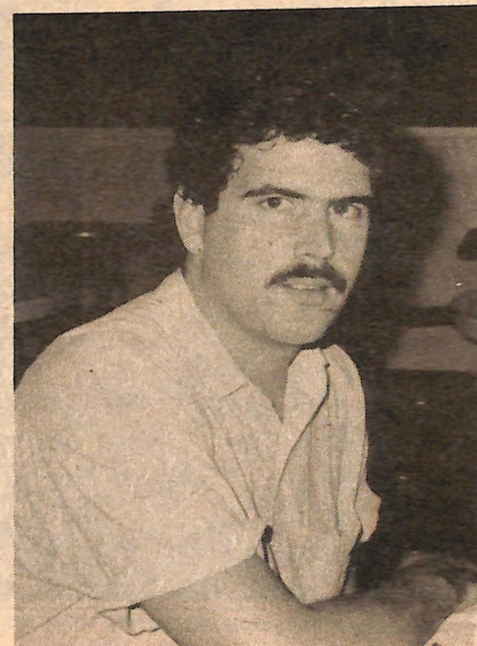
## Vox Populi - "The Voice of the People"

Question: What do you think about having set visiting hours in residences at MSVU?



Francine Wolthausen, Third year, BBA

I feel there should be no set visiting hours. Those in residence should be considered old enough to make their own decisions.



Pete Wall, First year

From what I understand, the present rules treat the students as children. I think they should be treated as the mature adults they are.

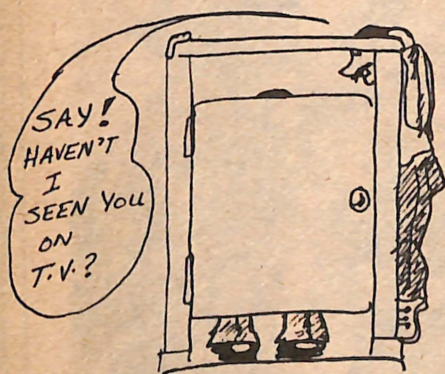


Vinnie The Pooh  
I would love to visit anytime!!



Karen Chilton, Fourth year, BPR

Good idea. Its about time Mount students were treated as young adults and not children.





# Screamin' With The Trees

by Karen Scaboyer

What did you do last weekend? Go home? Downtown? Do homework? You could have been at the Mount witnessing local talent on the rise -- that's right, here in your own backyard.

Last Friday's performance of The Trees, the Halifax electro pop trio who won Best Band Award in an international music festival, packed the dance floor the entire night. They also gave us some insight as to what to expect on their upcoming album.

The energetic stage presence of lead vocalist Dave Roberts, guitarist Bruce Nelson, and Steve Coady on drums rubbed off on the crowd of 300 resulting in an extremely enthusiastic lot the whole night.

Over 50 per cent of the music was their own material which is unusual for most Top 40 bar bands. However, The Trees have always incorporated original songs into stage shows and -- unlike most other bands -- don't

clear the dance floor when doing so. J.D. Roberts of MuchMusic has described The Trees as "an anomaly in the East Coast scene; a breath of fresh air in the Top 40 mentality of the Maritimes."

Judging by positive response, the band didn't suffer from any Top 40 mental blocks in the crowd when playing Give It Up, Wherever the Wind Blows, Wrong Side of Town, and opening number Land of Mystery. These songs, plus a few others we heard

are featured on their self-titled debut album to be released later this fall.

Originally the Screaming Trees, they changed the name just before heading for Tokyo last fall to compete in the Yamaha International Popular Music Festival. Beating out a total of over 10,000 entries worldwide during preliminary competitions and the final selection process in Japan, they won Best Band Award.

A video for Give It Up, one of the two songs performed at Budokan in Tokyo, will be filmed in Halifax next month. It carries an anti-drug message and will be shot by a Toronto production crew. Keep your eyes open for it on MuchMusic.

Oh, and about the Terry Fox Run collection at the dance -- feel proud of yourselves. With \$66 raised, they received more donations from the Mount than other local universities.



The Trees entertained an enthusiastic crowd of dancers last Friday in the MPR

## Pubs and Grub

Listed below are just a few of the popular hangouts in Halifax. The editor suggests you check them out and develop your own intellectual opinion.

**LOWER DECK:** Quite a happening place most of the time. Good live entertainment, surroundings, location and food (do the ham and swiss cheese croissant).

**THIRSTY DUCK:** Yuppieville all the way. Really good food and large servings. Cozy atmosphere that tends to get cozier very quickly. Wear pastels.

**SILVER BULLET:** Good potato skins and fish 'n chips, but stay away from the Montreal smoked meat sandwich. Two for one steak special Wednesdays. Recommended: the 25-cent Hersheyette machine. Not such a hot hangout, except for government employees.

**ALEXANDER'S:** Wicked Caesars with lots of dressing. Good clubhouse sandwiches. Shuffleboard, pool table upstairs. Outdoor patio for sunny days.

**J.J. ROSSYS:** Largest pub in town with four floors of tables, games, stage and dance floor. For non-drinkers a double draft glass of pop is only \$1.50. Seafood chowder is best menu item. Wear athletic and school identity clothing and accessories.

**PEDDLERS' PUB:** Peddlers' on Saturdays - a Halifax tradition. Arrive early for the Swell Guys, 2:30 - 6:00. No cover charge. Food is O.K. Ninety-nine cent specials weeknights.

**LAWRENCE OF OREGANO'S:** Good bread and salad bar. Comfy atmosphere, good view of Argyle Street. Live dance bands.

**SEAHORSE:** Smoke excessively, drink imported beer, but you can't eat at this place. If you can't make it down to encounter its unconventional clientele, joining the Picaro staff is the next best thing.

**PUB FLAMINGO:** Unique acts. Mondays feature Open Mike nights. Good food from Soho Kitchen. Wear black.

## For the Record

Last week's Picaro featured a photo of Clark McDougall's painting, Pin Ball Palace. Missing photo credit goes to Peter Lemon.



Blues legend Long John Baldry (second from left) will be at Vinnie's for a solo performance Friday, Sept. 23, 3:30 - 6:00

**Peddlers' PUB**  
HALIFAX NS.

Welcomes back all University Students  
and  
invites everyone to attend its

## 8<sup>th</sup> Annual Birthday Party

Tuesday Night September 20th  
from 5:30 p.m. - 12:00 midnight

Featuring

**Kenny & Alex & The Swell Guys**

from 5:30 - 8:30 p.m.

and

A Special Guest Appearance By

**The Booze Bros.**

Performing a Tribute to the Blues Brothers at 9:00 p.m.

There'll be hats, hooters, balloons, a cake cutting ceremony & lots of fun  
SO DON'T MISS IT!

Also

Try and Survive Saturday Afternoons at Peddlers' Pub  
With Kenny & Alex & The Swell Guys  
where its the best party in Halifax on a Saturday Afternoon.

Tuesday Nights: All you can eat shrimp 10¢ each  
Wednesday Nights: 99¢ Pizza  
Thursday Nights: 99¢ Wings



# Now That's EntertainMount!

by Karen Seaboyer

Don't forget this Friday, Sept. 23 Vinnie's is featuring a solo performance of legendary blues artist Long John Baldry. A past host of BBC's Top of the Pops, Baldry has worked closely with Elton John, Rod Stewart, and John Mayall, the founder of British blues. You may have seen his recent video remake of The Sun Ain't Gonna Shine Anymore on MuchMusic. (ADMISSION: \$3.50 with Mount i.d., \$5.00 without, wet/dry SHOWTIME: 3:30 - 6:00, Vinnie's Pub, Rosaria)

Grab your scorepad and run to the Forum Sept. 24 for Q104 Homegrown 88. Audience votes are worth 30% in the contest that gives five finalists the chance to compete for a \$5000 recording package at Halifax's Solar Studios. Chosen from 60 entries, Counting Zero, The Press, Youth in Asia, Glenn Wright Project, and The Tropics will play a concert before a panel of judges and live audience. Homegrown 88 cassettes will be handed out at the door. (TIX: \$10.43 at Q104, Forum, A & A Stores)

Back again at the Mount Sept. 30 are Double Talk. You've enjoyed them before, you'll like them again. Frontman Michael Dimitri and his troupe will provide you with a varied selection of songs from Heard it Through the Grapevine to British hits of the 60s and 70s. (ADMISSION: \$2.50, wet/dry SHOWTIME: 3:30 - 6:00, Vinnie's Pub, Rosaria)

Remember the guy who didn't want yellow M & Ms, just to be like David Lee Roth? You probably didn't know those details, but you have seen him before. Mike Woods, voted Best Male Performer at a nation-wide conference for entertainment buyers this summer, will be in Vinnie's Oct. 21. Having also won Entertainer of the Year in 1987 at the same conference, he's sure to give us a good time with his folksy style of singalong music. (ADMISSION: \$2.50, wet/dry SHOWTIME: 3:30 - 6:00, Vinnies Pub, Rosaria)



Mike Woods, voted Canadian Organization of Campus Activities (COCA) Best Male Performer for 1988 will be in Vinnie's Oct. 21.

# Students Can Go Mad At Vinnie's

by Kelly Fisher

The Alternative Programming (Alpro) Committee is providing a great way to beat those Monday night blues. "How?" you ask? Simply put, Monday Movie Madness at Vinnie's is the only way to go!

Every Monday at 6:30PM you can relax in the privacy of your own pub and watch all of your favourite new releases for FREE. And that's not all -- not only can you see great films at no charge, but you see them on four (count 'em) 27-inch colour monitors, hearing soundtracks in Dolby

stereo. And even that's not all -- not only do you see movies for free every Monday night, on colour monitors in stereo, but these are also wet/dry events. (Bring your i.d. if 19 or older.)

So, when someone asks, "What are you doing Monday night?" You can say, "I'm going mad, at Vinnies!"

Watch for upcoming movie listings on Vinnie's front door. Monday, Sept. 26 catch Wall Street starring Charlie Sheen, Martin Sheen and Michael Douglas.

## Sam's Opens

Sam the Record Man, one of Canada's largest music store chains, has opened a new location, its second in Halifax.

A grand opening party for media and members of 'the biz' took place Sunday night at its new home, 1656 Barrington Street.



introduces ..

## J.J.'s Downtown Shuttle Service

The

## FREE RIDE

For University and Nursing Students  
Every Friday & Saturday Night

J.J.'s now offers a bus shuttle service from DAL., ST. MARY'S, M.S.V.U. to J.J. ROSSY'S and BACK.

Pick up your pass cards at J.J.'s or when boarding the shuttle. The return trip is FREE when your pass is validated at J.J.'s,

Call 422-4411 for details

### SCHEDULE

#### J.J. Rossy's Downtown Shuttle Service

Location	Arrives	Departs	Arrives J.J. Rossy's
MSVU (Rosaria Centre)	7:00 p.m.	7:15 p.m.	7:30 p.m.
ST. MARY'S (Loyola Residence)	7:45 p.m.	8:00 p.m.	8:15 p.m.
DALHOUSIE (S.U.B.)	8:30 p.m.	8:45 p.m.	9:00 p.m.
MSVU one way downtown (Rosaria Centre)	9:15 p.m.	9:30 p.m.	9:45 p.m.
FENWICK TOWER one way downtown	10:15 p.m.	10:30 p.m.	
NURSES RESIDENCE one way downtown (Victoria General)	10:35 p.m.	10:40 p.m.	10:50 p.m.

Destination	Return Trips Leaves J.J. Rossy's	Arrives
MSVU	11:30 p.m.	11:45 p.m.
ST. MARY'S	12:10 p.m.	12:25 p.m.
DALHOUSIE	12:45 p.m.	12:55 p.m.

Schedule subject to change

PSYCH. PROFS BY DAY...  
...BREAK DANCERS BY NIGHT





Insert Your  
Column Here



## AIR FARES AT AIRLINE PRICES

**SUPER SPECIAL** GERMANY from \$528  
LONDON from \$397

BERMUDA from \$390	PORTUGAL from \$674
TORONTO from \$213	FLORIDA from \$312
AUSTRALIA from \$1929	BOSTON from \$138
HONG KONG from \$1249	CALGARY from \$412
VANCOUVER from \$482	CALIFORNIA from \$458
SWITZERLAND from \$753	BARBADOS from \$670
PARIS from \$633	MANILA from \$1599

\*\*\*\*\*

**BURGESS TRAVEL LTD.**

1505 Barrington St., Maritime Centre

**425-6110**

Our Toll Free Line:

N.S. Call 1-421-1345

23990110

## UNIVERSITY SHIRTS

### CAMPUS JACKETS

- Leather
- Melton and Leather
- Nylon



### CRESTS & CRESTING

SPEEDO

We Carry A Full Line of  
Speedo Swimwear and  
Ocean Pacific Leisure wear

**Special Sale Prices**  
on Selected Swimwear and Shorts

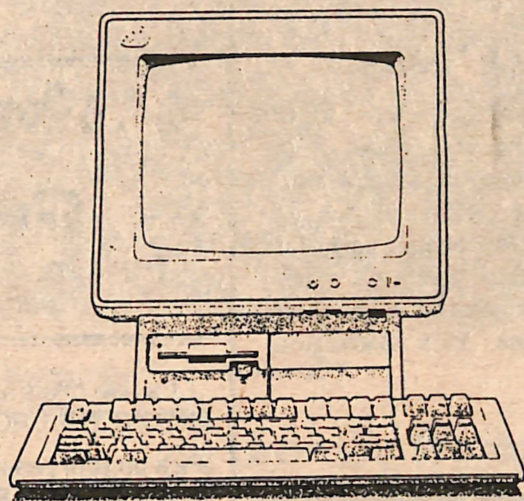
**LOW WHOLESALE PRICES FOR GROUP**  
T-SHIRTS, JACKETS



**MARITIME CAMPUS STORE**  
(1985) LIMITED

6238 Quinpool Road, Halifax  
Retail 423-6523 Wholesale 429-3391

# IBM PS/2 Model 25 Student Offer...



**\$1,400<sup>00</sup>**

The Model 25 has the power, function and advanced graphics to help you take care of studies. It also has the quality and reliability you'd expect from IBM. The Model 25 is designed to run many IBM PC programs\*, and because of its two-element design (keyboard plus monitor/CPU), it's compact and simple to set up.

All of which can work to your advantage!

For a limited time with the purchase of a Model 25 you will receive at no additional charge:

- One copy IBM Disk Operating System 4.0 *plus*
- One copy Microsoft\* WORKS, a software package that allows the integration of Word Processing, Spreadsheets, Data Base Management and Communications.

For further information on this exceptional value or **hands-on** experience please call or drop by and talk with us today. *Just another example of the Unified Difference!*



Suite L107 Founder's Square  
1701 Hollis Street  
Halifax, Nova Scotia B3J 3M8  
Telephone: (902) 425-0600  
Fax: (902) 425-0550

**UNIFIED  
SYSTEMS  
LIMITED**



### Coupon

With the purchase of an IBM PS/2 Model 25 you may receive at no additional charge:

**Microsoft\*WORKS**  
(Redeemable from IBM)

Choice: English  
French

STUDENT'S NAME	Mr. _____	Miss _____	Ms. _____
Address	City/Town _____		
Province	Postal Code	Telephone ( ) _____	
I have verified that the above is a full time student at:			
Institution's Name _____			
Dealer's Signature _____		Date _____	
Dealer Name UNIFIED SYSTEMS LIMITED		Dealer Number _____	
Dealer Address SUITE L107, 1701 HOLLIS ST		City/Town HALIFAX	
Province NOVA SCOTIA	Postal Code B3J 3M8	Telephone (902) 425-0600	

### Terms & Conditions

- When redeemed the student agrees to be bound by the terms and conditions of the IBM Program Licence Agreement.
- To be eligible to participate in the rebate program the customer must be a full time student of an accredited Canadian post secondary institution.
- Offer limited to one computer per student.
- Student send completed and validated rebate form with proof of purchase, ie. copy of sales receipt to: IBM Canada Ltd., P.O. Box 657, North York, Ontario M3C 2T6.
- All claims must be received by IBM Canada Ltd. within 60 days of purchase date.

• Enquiries call toll free: 1-800-465-6600 • Offer effective August 15, 1988 and expires November 15, 1988 •



# Seven Mental Mistakes of Fitness

by Susan Grant, Fitness Co-ordinator

When beginning a new fitness program, many participants often have expectations and preconceived notions which are unreasonable and, in many cases, completely false. These can greatly reduce the effectiveness and overall enjoyment of fitness activities. The following is a list of the most common mistakes or misconceptions of beginners concerning fitness exercises. I call them the "Seven Mental Mistakes of Fitness."

1. Many people simply expect too much too soon. It may take as long as eight to 12 weeks before you experience additional energy, any weight loss, or improved muscle tone. In the beginning you will likely feel tired after a workout.

2. Most people simply hate the first few minutes of the workout. Remember that it takes your heart and lungs three to six minutes to catch up to the initial demand for oxygen during the early stages of your workout. You should therefore ease into your warm-up.

3. Often, exercises are not done properly. To strengthen and tone muscle, you must continually work it up and down against resistance. Doing so and stopping one repetition after the exercise becomes uncomfortable will gradually increase muscle strength.

4. Participants often think the harder they work, the more fat they will burn off. However, it is not the intensity of the workout but its duration that is important in reducing fat. Exercising in the lower range of your target heart zone will facilitate fat metabolism.

5. Some people will wrongly concentrate their exercises to a specific part of their bodies. Performing an exercise targeted at a specific muscle group will not eliminate the fat that lies between the muscle and the skin. This will only tone the muscle. To reduce fat you must first reduce your calorie intake and then increase aerobic activity.

6. Often, beginners push themselves too hard. The American College of Sports Medicine recommends aerobic activity three

to four times per week. A study on the matter was done, using two groups; one which exercised three times a week, and a second which exercised daily. The results showed that the reduction in blood pressure and risk of cardio-vascular disease

was equal for both groups.

7. Many participants will stay at home to nurse pain. There are different types of pain. If your muscles are sore from being under-prepared or over-used, don't rest them too long; keep at

it. However, do not force yourself to "work out" sharp pain. It should be taken seriously; you may want to consult a physician.

With this advice in mind, set realistic goals for yourself and have a great workout!

## Ongoing Sports



September 22, 23  
Ath/Rec Clothing Sale  
in Rosaria Mezzanine  
support our athletic teams

September 22  
The Rosaria Gym is Yours  
Evaristus/Lourdes  
8:00-10:00 PM.

Women's Badminton  
Vincent Hall  
3:30-4:30 PM.

September 25  
The Rosaria Gym is Yours  
Off Campus Students  
8:00-10:00 PM.

September 26  
CO-ED Soccer Baseball Team  
"The Meadows"  
4:30-5:30 PM.

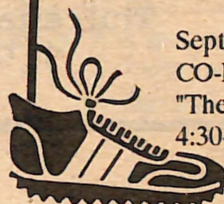
September 27  
MSVU Men's Baseball  
Team tryouts  
6:00-7:30 PM.

Badminton Club  
Rosaria  
7:30-10:30 PM.

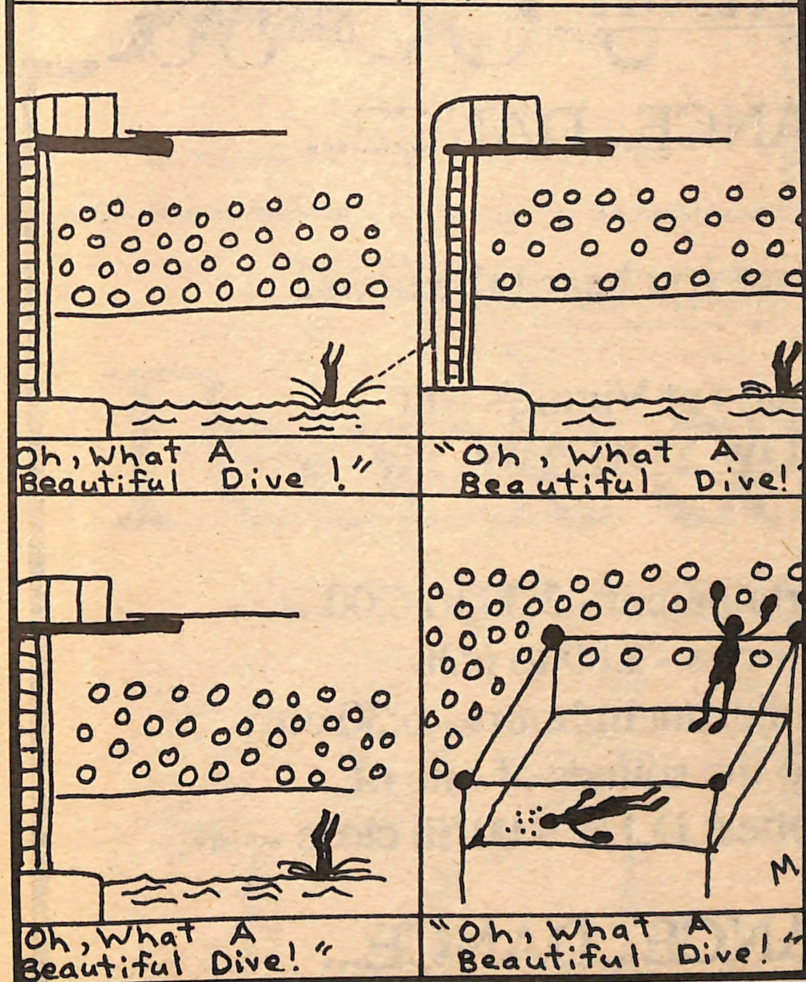
September 28  
MSVU Men's Basketball  
Team tryout  
7:30-9:30 PM.

September 30  
CO-ED Pickup Basketball  
2:00-4:00 PM.

MSVU Men's Basketball  
Team tryout  
4:00-6:00 PM.



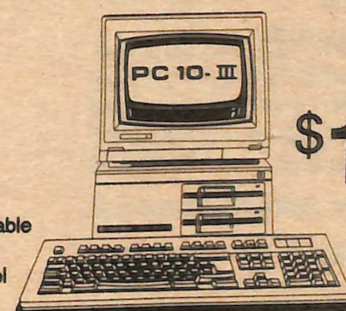
## 88 Summer Olympics



Join our 10th anniversary celebration

# commodore PC10-III

3-speed CPU, 640K  
battery backed up clock  
parallel, serial & mouse ports  
enhanced AT-style keyboard  
dual 360K floppies  
20 Meg Hard drive  
1901 green monitor (\*)  
Panasonic 1080i printer w/ cable  
MSDOS 3.2 & GW BASIC  
(\*)Amber monitor w/ tilt & swivel  
available - \$65 extra



# \$1995.00

this special offer is available only to post-secondary students  
and to faculty and staff of universities and public schools

## kobetek systems limited



The Brewery, Malt Plant Mezzanine  
1496, Lower Water Street  
Halifax, Nova Scotia, B3J 1R9  
425-1541

1007, Commercial Street, New Minas  
678-1541



## Dear Jack and Jill

Dear Jack and Jill:

I'm so homesick, I don't now what to do. This is the first time I've ever been away from home and I don't think I can handle it. I have made a few friends here but I miss everyone at home so much. I'm really scared that my classes will be too hard and that I won't do well. I just feel like giving up and going home. It's like I'm all alone.

Homesick

Dear Homesick:

You are not alone. There are probably many more people like you out there who are away from home for the first time and are having a hard time coping. This is very normal.

There are several options for you to help you deal with this. University Services, on the first floor of Rosaria offers Guidance

Counselling. These counsellors are professionals and have dealt with many homesick people in the past. They can be a big help in overcoming your feelings.

Also, try to keep busy; the more you do, the less time you have to dwell on your feelings. You can join a society, play intramural sports, go for a walk with your friends or even get a part-time job.

Try your best to limit your phone calls home. Instead of picking up the phone to call home, write a letter. The less time you spend talking with people from home, the easier it is to overcome homesickness.

By diverting your thoughts to other activities, time will pass more quickly and pretty soon you won't feel homesick at all. And remember, it's only two and a half weeks until Thanksgiving.

We are Jack and Jill, two students who find the answers to your problems. Whether it be personal, financial or educational, we will find the answer or direct you to the person that can help you. Drop off letters addressed to "Jack and Jill" at the Picaro office, 4th floor Rosaria.

### VOLUNTEER

Canadian Crossroads International is looking for volunteers for four to 12 month periods to work in Third World country development projects. Application deadline is Sept. 25/88. For more info contact Ms. B. Bobryk at 466-5566

Volunteers needed for the Seniors' Hot Lunch Program at Rockingham Community Centre on Thursdays. For more info call 421-7766

Extend a Family Halifax would like to hear from families and individuals who would like to become friends with a disabled child. Please call 423-9464 for more info.

Volunteers needed for the Childrens Reading Support Program at the Halifax Mainland South Branch Library. For more info call 421-8766.

**CANADIAN CROSSROADS INTERNATIONAL** - Volunteers needed for 4mo. or maybe 1yr. in dev. projects starting in one of 36 3rd World Countries starting in 1989. Training, living allowance, airfare & accommodation provided. Must raise part of program costs. Deadline or applications Sept. 25. For more info call Ms. Bonnie Bobryk at (902)466-5566.

### PERSONALS

Stud Muffin needs Muscle Bunny. Must be big, strong, and clean. Nude photo gets quick reply. Write: Stud Muffin, c/o The Picaro.

Dear Students:

I am presently confined at the State Prison of Southern Michigan, and I'd be very grateful if I could perhaps establish a correspondence with anyone wishing to do so. Please understand, just because I'm in prison doesn't necessarily mean that I'm a criminal. We all can make a mistake - imperfection is due to anyone who is not perfect. But nothing can change a particular situation unless there's a will to do so. Is God the only one who forgives? I hope it hasn't been presumptuous for a man of low and humble stature to venture to find a friend.

Alphonso Hayes  
Write:

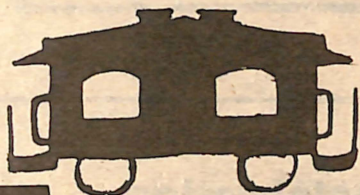
ALPHONSO HAYES  
#179535  
STATE PRISON OF  
SOUTHERN MICHIGAN  
4000 COOPER STREET  
JACKSON, MICHIGAN  
49204

Dreary? Depressed? Homesick? We're not! Join the Picaro!

BUSINESS SOCIETY  
BLOOZE CRUISE  
1988

ABOARD THE  
HARBOUR QUEEN

Thursday, September 22  
9:00 - 11:00 pm



# Student Union Station



MOUNT ELECTIONS '88

Nominations open now - close September 30th at 4p.m.

### ELECTED POSITIONS

Academic Vice-President  
Non-Residence Representative  
Part-Time Senate Rep.  
Part-Time Student Rep.  
Home Economics Rep.  
Business Administration Rep.  
Science Rep.  
Arts Rep.  
Office Administration Rep.  
Education Rep.

### APPOINTED POSITIONS

Board of Governors Rep.  
Public Relations Technician  
Yearbook Editor  
Winter Carnival Chairperson  
Tourism & Hospitality Management Rep.  
Graduate Studies Student Rep.

This is your chance to become an active part of Mount St. Vincent University, to gain knowledge and experience. For more information, see Heather Coffin, Executive Vice-President, 4th floor Rosaria, Student Union Office.

...DANCE...DANCE...

psst... Have you heard the news?

Fridays at Vinnie's will  
**BLOW YOU AWAY!**

Live Entertainment - 3:30 to 6:00 wet/dry  
Steak and Fries - 5:00 to 6:30  
Attitude adjustment hours - 6:30 on  
Dancing to the sounds of one of  
metro's hottest D.J.'s 9:00 'til close wet/dry

...DANCE...DANCE...



If you have a classified ad, bring it to the Picaro office by Friday noon for publication in the next issue.



## PIZZA & DONAIR

(Next to Bridgeview Grocery & Meats)

188 BEDFORD HIGHWAY

443-0006

443-9104

FREE DELIVERY on food orders over \$6.00 in our local area, starts at 4 p.m. & stops 1/2 hr. before closing.

### OPEN 7 DAYS A WEEK

Monday to Thursday 4 p.m. - 1 a.m.  
Friday & Saturday 4 p.m. - 2 a.m.  
Sunday 4 p.m. - 11 p.m.



PIZZA & DONAIR

10% DISCOUNT

on \$10.00 Food Order

with this coupon

Tax, Pop & Cigarettes Not Included

Just around the corner from the Mount

### MSVU EVENTS

Society Presidents Meeting, Friday September 23, Rosaria rm 110 at 3:30. Treasurers of societies should attend also.

The Mount Art Gallery presents, Industrial Images/Industrial Imagination, from Sept. 23 to Oct. 23. The exhibition opens Sept. 23 at 8 PM.

Long John Baldry will be playing at Vinnie's on Friday, Sept. 23 from 3:30 PM - 6:00 PM.

Society Day / Membership Drive

Come to Rosaria, Thursday Sept. 29, 9 AM to 4 PM, and see what active groups are functioning at the Mount.

The Mount Art Gallery will host a free symposium, Hidden Work, Hidden Workers on Oct. 1 from 9:30 AM - 3:30 PM in Auditorium A, Seton Academic Centre. For more info call the Art Gallery at 443-4450.

Starting Nov. 5, the Mount Art Gallery will offer drawing classes for children aged nine to 12. Advance registration is necessary. For more info call 443-4450.

**ATTENTION ALL SOCIETIES!!!** Society budgets must be submitted to Student Union Treasurer, Jan Thomas, by midnight, Monday Sept. 26.

### MISCELLANEOUS

Appointments to see Dr. E. McKeough can be made by calling Health Services or Local 354. Hours are: M,W,F- 9a.m.-5p.m., T- 1-5p.m. & 6-9p.m., Th- 1-5p.m.

David is a young boy who is dying of cancer. He wishes to get his name in the Guinness Book of World Records by receiving the most postcards. Please send postcards to:

David  
c/o Miss McWilliams  
St. Martin DaPanias,  
Infant School  
Bedfordshire, UK.

### COMMUNITY EVENTS

Red Cross Craft Sale will take place in Bedford Place Mall, Sept. 23, from 10 AM to 7 PM.

The Halifax Board of Trade, Business Education Committee will sponsor a seminar on Career Opportunities in Banking and Accounting. The session will be at MSVU on Oct 13 at 7:30 PM in the Don MacNeil Rm., Rosaria Centre. For more info contact the Student Union office or Halifax Board of Trade at 420-0223.

The Annual General Meeting of Nova Scotia Special Olympics will be held Sept. 23 at 7 PM

The Annual General Meeting of Nova Scotia Special Olympics will be held Sept. 23 at 7 PM in the Board Room of Sport Nova Scotia. For more info call N.S. Special Olympics Office at 425-5450.

The North Branch Women's Group will meet at the North Branch Library on Wednesdays from 10 AM to 12 noon to discuss issues which affect their lives.

Dancers or musicians interested in performing with the Pomorze Polish Folkdance Ensemble should contact D. Gniewek at 479-2558.

The Halifax Board of Trade, Business Education Committee will sponsor a seminar on Career Opportunities in Banking and Accounting. The session will be at MSVU on Oct 13 at 7:30 PM in the Don MacNeil Rm., Rosaria Centre. For more info contact the Student Union office or Halifax Board of Trade at 420-0223.

Red Cross Craft Sale will take place in Bedford Place Mall, Sept. 23, from 10 AM to 7 PM.

### EMPLOYMENT

For employment opportunities, contact the Employment Office on campus - Rosaria Centre

## RESERVE ENTRY SCHEME OFFICER (RESO)

Summer and part-time employment is available to full-time post-secondary students looking for a physical and mental challenge. Do you have what it takes?

It's your choice, your future.

For more information, visit your nearest Canadian Forces Recruiting Center or call collect. We're in the Yellow Pages under "Recruiting".



## Doane Raymond

Chartered Accountants

# People count.

Five good reasons why people choose a career with Doane Raymond.  
For further information, contact your Canada Employment Centre on campus.

"Clients have often told me how our information, guidance and ideas contributed to their success. They respect and trust their CA's advice."  
Paul Dietrich, CA  
Toronto, Ont.

"I considered other firms but I wanted responsibility and a variety of experience early in my career. Doane Raymond offered that."  
Craig Wilmut, CA  
Turo, N.S.

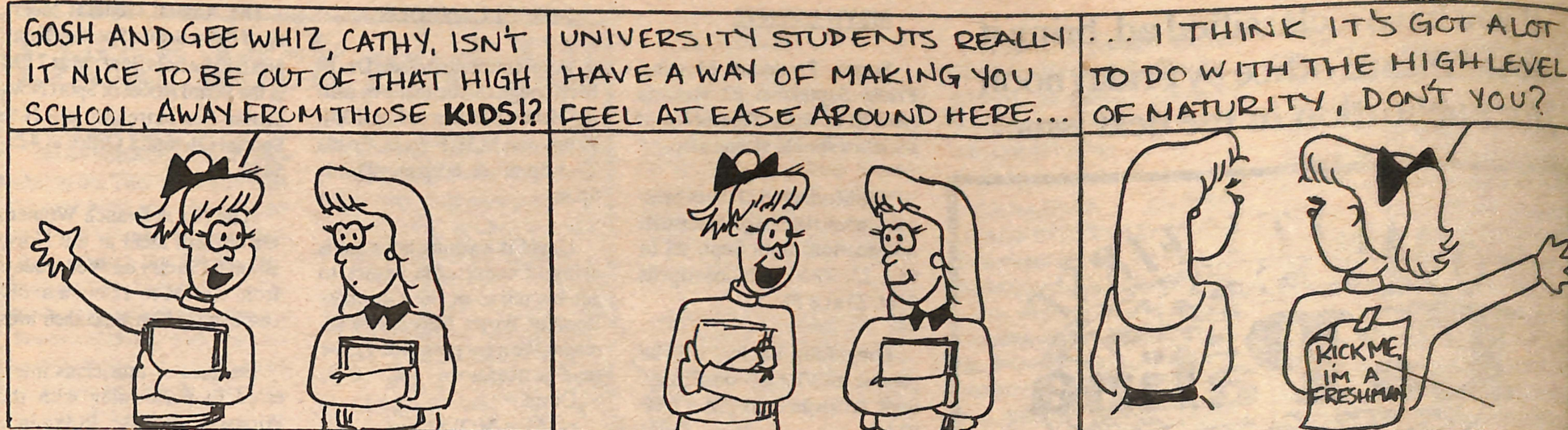
"Having just completed the firm's UFE prep course, I now know why our writers enjoy one of the highest pass rates in Canada."  
Alan Dyck  
Vancouver, B.C.

"With Doane Raymond you regularly deal with an organization's decision-makers. These are exciting and educational relationships."  
Rick Popel, CA  
Winnipeg, Man.

"The office atmosphere is informal and personal. I work with some very dynamic and outgoing professionals."  
Lisa Howard, CA  
Edmonton, Alta.

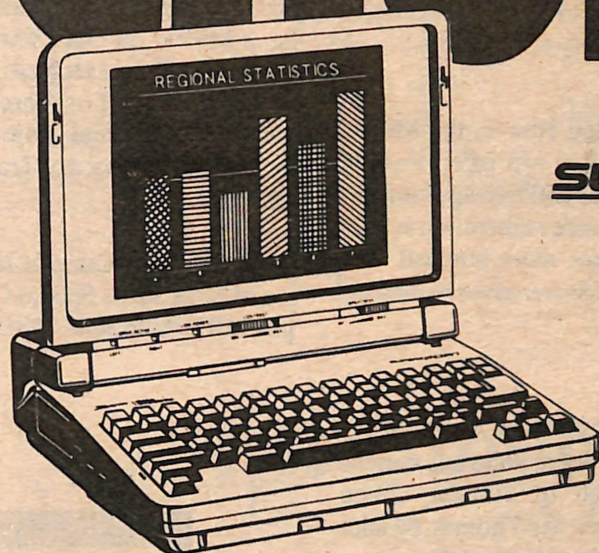






ELAINE 88'

# ROAD SCHOLAR



## SUPERSPORT™

Dual 3.5" 720K  
 Floppy Drive Model  
 Suggested Retail Price: \$3,599.00  
 20MB Hard Disk Model  
 Suggested Retail Price: \$5,299.00  
 Special Student Prices  
 from your University  
 Representative

ZENITH INNOVATES AGAIN — WITH THE NEW BATTERY-DRIVEN SUPERSPORT™ — TO TAKE YOU FROM UNIVERSITY TO CAREER.

Small, lightweight, flexible and economical. Ideal for spreadsheets, word processing and more. That's the new SupersPort from Zenith Data Systems—today's leader in battery-operated portables.

**FLEXIBLE COURSE SCHEDULE.** Whatever your agenda, the SupersPort's modular configuration easily adapts to your computing style. With a detachable battery for easier portability. An AC adapter/recharger that plugs into any outlet. MS-DOS® to run virtually all PC/XT compatible software. And 640K RAM — expandable to 1.64MB with EMS. Plus the SupersPort comes in your choice of dual 3.5" 720K floppy drive or 20MB hard disk models. For flexible desktop performance anywhere on university.

**CARRY SOME GREAT HOURS THIS TERM.** Hours of battery power, that is. For greater productivity everywhere your studies take you. Thanks to Zenith's comprehensive *Intelligent Power Management*—a system that lets you control how your battery power is consumed. So you won't waste valuable energy on components and peripherals not in use.

**EASY UNIVERSITY READING.** The easiest. After all, the SupersPort features Zenith's renowned dazzling backlit *Supertwist* LCD screen for crisp text and superior readability. And its CRT-size display is one-third larger than most competing portables for enhanced viewing. The screen even tilts back 180-degrees so it lies flat to accommodate a desktop monitor.

TO CATCH THE NEW SUPERSPORT PORTABLE PC AT A SPECIAL STUDENT PRICE, VISIT YOUR ZENITH DATA SYSTEMS UNIVERSITY CONTACT TODAY:

Personal Computer  
 Information Centre

**ZENITH** | data  
 systems

THE QUALITY GOES IN BEFORE THE NAME GOES ON®

Rm. 261, Killam Library  
 Dalhousie University

PC/XT is a registered trademark of IBM Corp. MS-DOS is a registered trademark of Microsoft Corp. Special pricing offer good only on purchases directly through University representation listed above by students for their own use. No other discounts apply. Limit one portable personal computer per individual in any 12-month period. Prices subject to change without notice.