



Mount Saint Vincent University

ATHLETICS/RECREATION REVIEW

Special Supplement to Campus Connection

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Reaching for a star: MOUNT MYSTICS adopt new logo



Representing Mount teams at the recent unveiling of the new Mount Mystics insignia are (l-r) Alex Taylor (basketball); Shawn Leamon (badminton); Shelly Eichel (soccer); Audrey Norman (basketball); and Krista Naugler (volleyball).

Known as the Mount Mystics since 1983, Mount Saint Vincent University's athletic teams are sporting a new logo this year.

The teams have adopted a stylized "M" reaching for a star.

Since time began, a Mystic was a seeker of truth. Like mystics of the past, the Mount Mystics seek the same truth through athletic excellence.

What does it really mean to be a Mystic?

It means carrying a full course load, attending practices, competing in games and belonging to a closely-knit family of athletes, coaches and supporters.

With heart and determination, Mount Mystics teams play fair. Whether they win or lose, they play with heads held high.

Maybe that's what being a Mystic is all about.

Athletics/recreation participation can help us all live up to the Mystic ideal.

Intramural/recreation activities from traditional sports like volleyball, basketball and badminton to instructive classes in Wen-Do, Jazz Dance and T'ai Chi are important parts of the Athletics/Recreation department.

In 1991-92, an Athletics/Recreation Council organized many events for fellow students. Besides hosting a tobogganing party and bowling tournaments, the council supported Mystics' team sports by organizing a fan bus trip to the NSCAA Basketball Championships in Truro.

Coach Ann Lindsay gives a pep talk to members of the women's basketball team at half-time.



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Women's Basketball

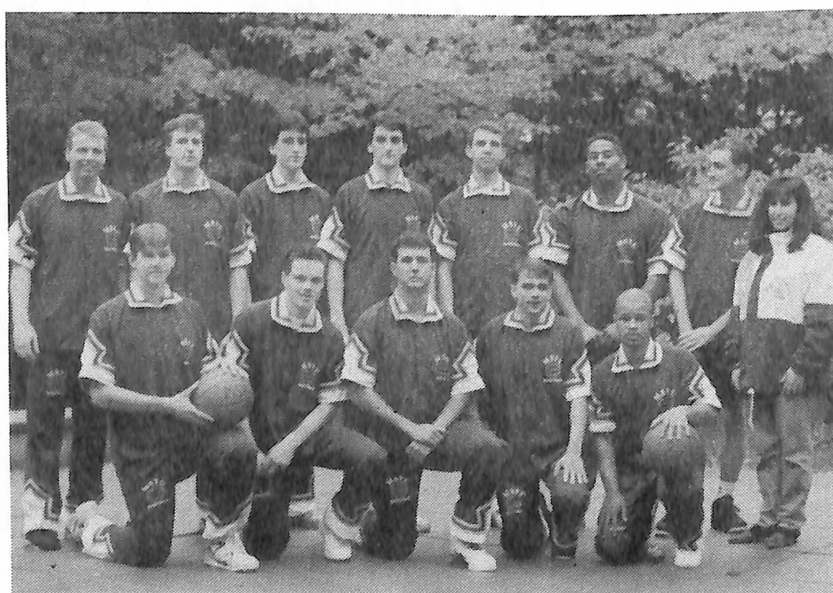
The women's basketball team finished regular season play with 11 wins and five losses, allowing them to enter the NSCAA Championships in second place behind Nova Scotia Teachers College. The Mystics faced the University of Kings College in the semi-final game. Taking the game 48-44 the Mystics advanced to the final against NSTC. The Mystics, defending NSCAA champions for the past two years, were unable to do what they had done in previous championship play and lost to a determined NSTC team 63-52. Alex Taylor was selected to the first all-star team and Jocelyn MacLean was selected to the second team. Alex Taylor was named NSCAA Most Valuable Player, making her one of the All Canadian Team members.



Women's Basketball (l-r) back row: Wanda Skinner, Nancy Carson; middle row: Patsy Pyke (assistant coach); Deanne MacLeod (manager), Julie Gidney, Alex Taylor, Danielle Weatherbe, Judy Blackwood, Audrey Norman; front row: Anne Lindsay (coach), Jeannie Flynn, Tammy Godfrey, Jocelyn MacLean.

Men's Basketball

The men's basketball team finished the regular season play with 16 wins and four losses sending them into the NSCAA Championships in first place to play the team from the Technical University of Nova Scotia. They defeated TUNS 77-55 to advance to the final game against NSTC. Trailing at the half, the team turned the tables on the NSTC team playing intense defense and finally put the NSTC team away 66-45. This, their second NSCAA championship in two years, earned them the right to travel to the CCAA Championships in Toronto. At the NSCAA Basketball Banquet Tony Ross was selected to the first all-star team while Mark Forward and Andrew McNeil were selected to the second team.



Men's Basketball (l-r) back row: Wayne Keddy, Jonathan Phillips, Anthony McNeil, Andrew McNeil, Craig Miller, Ray Adekayode, Derek Johnston, Nadine Hines (manager); front row: Steve Sampson, Todd House, Dyrick McDermott, Mark Forward, Tony Ross.



Women's Volleyball (l-r) back row: coach June Lumsden, Kristy Goodwin, Jennifer Archibauld, Shannon Farris, head coach Howard Jackson; front row: Stephanie Bird, Krista Naugler, Hope Carr, Natasha Hurley. Missing is Gail MacDonald.

Women's Volleyball

The Mystics volleyball team finished the regular season play in first place with 18 wins and only two losses. The team travelled to Sainte Anne's for the NSCAA Championships. They played the team from Nova Scotia Teachers College in their first game losing 9-15, 15-11, 9-15, 15-5, 15-10. Unfortunately, this meant the end of their season but not before Krista Naugler was selected Most Valuable Player of the Conference and All Canadian and Head Coach Howie Jackson was selected Coach of the Year.



Women's Soccer (l-r) back row: Patsy Pyke (coach), Lesley Coolen, Natasha Klefenz, Jennifer Golding, Audrey Norman, Lindsay Jones, Shelley Snair, Pam Austin; front row: Carolyn Townsend, Jennifer Shebib, Darcie Moore, Karen Pottie, Shelly Eichel, Jennifer Ayotte, Monica Jackson.

Women's Soccer

The 1991-92 Mystics women's soccer team finished the regular season undefeated. With eight wins in eight games, the Mystics scored 48 goals and allowed only eight against. The team defeated the University of Kings College 5-1 in the semi-final round of the NSCAA playoffs and met Nova Scotia Teachers College in the final. Scoring against NSTC in the last 45 seconds, the Mystics tied the game 1-1. The Mystics ended the game 4-1 in overtime play to take the Championship. Audrey Norman, Shelley Eichel, Darcie Moore and Jennifer Ayotte were selected to the NSCAA all-star team. The team travelled to the first Canadian Colleges Athletic Association Women's Soccer National Tournament in London, Ontario. Shelley Snair was selected to the All Canadian Team at the tournament.

Co-ed Badminton

The 1991-92 badminton team travelled to four tournaments during the season. The team finished a competitive second in all four competitions. At the NSCAA Championships, the Mystics captured the Men's Singles title and the Men's Doubles title. Corey Beals ranked second entering the final tournament and defeated the first seed from Sainte Anne to capture the Men's Singles title. The Men's Doubles team of Marco Tejada and Troy Locke captured the Men's Doubles title. This will be Troy's third trip to the National Championships, having competed twice before with the UCCB team. On their trip to the Nationals in Ottawa, the team will be accompanied by their coach Karl Lingley.



Co-ed Badminton (l-r) back row: Karl Lingley, Corey Beals, Dennis Sheen, Wendy Skeard, Shawn Leamon, Marco Tejada, Troy Locke.

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Thanks to all the members of the council for their hard work and enthusiasm.

Our fitness program features over 22 dynamic classes a week, attracting many participants each day.

Fitness is a lifelong pursuit and so, the athletics/recreation office promotes education and awareness — crucial to the success of the programs.

There is something for everyone...low impact, multi level, strength and tone, soft aerobics, pre-school activities as well as pre/post natal, and active older adult fitness classes.

Athletics/recreation facilities and resources are available to students, staff, faculty and the local community.

The Athletics/Recreation office offers students, faculty, staff and the community an opportunity to participate in team and intramural sports as well as recreation and fitness classes.

