

FAREWELL TO AUTUMN Enjoying one of the last beautiful autumn days are Mona Mallet and Denise Roy, pictured somewhere on our vast and largely unexplored campus. (Joan Glode photo)

Declaration of the CANADIAN STUDENT

Education is a contributive social process, the essence of which is an expanding awareness of man's social and natural environment through dialogue and co-operative intellectual effort. The principal goal of education is to serve society by developing the full potential of all citizens as free, creative, thinking and acting human beings and therefore to serve society by helping to achieve equality of the essential conditions of human living. The student must discover, examine and assimilate the knowledge of his environment as must develop the ability to cope with and

transform it.

The Canadian Student has the right and duty to improve himself as a social being and to contribute to the development of society by:

a) expanding knowledge through research and the objective analysis of existing hypotheses and ideas and the formulation of others;

b) learning by sharing his perceptions and thoughts with his fellow citizens and constructively criticizing theirs;

c) engaging in fundamental action, as an individual or in a group, to confront society with

discoveries and to promote consequent action to bring reforms into practice;

d) playing a full part in the life of the community as a citizen.

The Canadian Student has the right to establish democratic, representative student associations. Realizing that educational reform will not come in a vacuum or without a continuous examination and possible transformation of societal values and institutional arrangements, the associations must be free to ally themselves with other groups in society which have similar aims.

New Academic Dean

The resignation of Sister Marie Helen Darte as academic dean has been accepted, and will be effective November 1, 1968.

Sister Margaret Malloy has been appointed the new academic dean and will be available in this position immediately.

SENATE APPOINTMENT

Barbara Cameron (Senior Arts) has been appointed to the Library Committee of Senate. Barbara is your spokesman and any viewpoints concerning library conditions and affairs should be expressed to her.

MEXICO after 50 yrs. of revolution

By PHIL RUSSELL
COLLEGE PRESS SERVICE

I am a communist
Because I see humanity in pain,
Under the boot of imperialism,
Because I see the peasants suffering,
And because the braceros are leaving.

I am a communist
Because the people don't even have the right
To ask that they be treated justly,
And because the salaries are meagre,
And because there is no equality.

MEXICO CITY (CUP - CPS) - - Although these words, taken from the wall of a strike-bound Mexican university, reflect the politics of only a few students, they do reflect the surroundings of every Mexican student. In a country which makes the American press with its annual report of a 7 percent gain in gross national product and its elections every six years, this may seem a contradiction.

This seeming contradiction is, however, a reflection of the great inequalities which have long existed in Mexico. Even as far back as the beginning of the 19th century, a visitor to Mexico called it "the land of inequality."

A century later the Mexican Revolution was fought to eliminate these inequalities. In this struggle most of the fighting was between rival factions, not between revolutionaries and the old guard. Early in the war the landed aristocracy which had been governed by Porfirio Diaz was defeated. What followed was a struggle between the militant agrarian reformers, Pancho Villa and Zapata, and the emerging entrepreneurial class led by Carranza and Obregon. The eventual triumph of the entrepreneurs set the stage for both the successes and failures of Mexico in the last 50 years.

In 1927, ten years after the end of the revolution, the dominant faction founded a political party which has grown into a monolithic structure known as the PRI, Partido Revolucionario Institucional. The PRI, which has never lost an election for president, governor, or senator, is the dominant factor in the Mexican political scene.

The PRI's domination has had its rewards, but the price has been high. The PRI has given Mexico stability and economic growth which can be equaled by few other Latin American countries.

One obvious price of this domination has been the inability to effect change from outside the PRI. Since the results of the elections are a foregone conclusion, the PRI holds the power to choose officials through nominations which take place behind closed doors. Similarly the labor movement offers little opportunity for change, as it is made up of government-controlled unions.

In the few instances in which the labor movement has become a force of change, it has been brutally crushed by the government, as was the 1959 railroad strike. In the past the student movement has also been impotent, due to both government control and brutal repression.

The PRI has also been unable, or unwilling, to cope with rural poverty. (Ironically, this was the main issue of the Mexican revolution) The government's program of land reform has consisted of giving landless peasants small plots of land in agricultural communities called ejidos. In these communities the peasant has use of the land and its crops, but may not sell the land. Combined with this land distribution is a program of government technical and financial aid to the peasant.

In actual practice the program has largely been a failure. Most of the peasants receiving land have had little education and don't adjust readily to modern agricultural techniques. More important, the government has failed to put sufficient resources into technical aid and agricultural credit. Rather than diverting resources to agriculture, the government has promoted investment in more lucrative industrial projects.

The net result has been to divide the land into small, often inefficient units, which have done little to raise the standard of living of the rural population since the Mexican revolution.

In addition, the land problem is heightened by population increases. There is little land left to distribute to the increasing population, and what is distributed is often of poor quality. The recent growth of large farming operations has taken up much of the productive land. As a result there are still two million Mexican peasants without land.

This situation, has resulted in the country dwellers having an income only 1/4 as high as the city dweller. However, inequalities do not end here. The working class is divided between those who are members of the government-controlled unions and some ten

— Continued on Page 3 —

The Editor Says

The thing that I gripe about most at this place is that not enough people are griping. Oh yes, you say there are still the big three - Council, Administration, and Newspaper, but that's all. Please talk to us. It gets boring when you talk to the same people all the time!

Letters to the Editor

The Ring Thing

Dear Editor,

I believe the queries put forth by Miss Gail Giles in the October 23 edition of the Picaro were satisfactorily answered at a Senior Class meeting on the same date. For those who were not present, the situation is as follows.

Within past months members of the senior class have suggested that minor changes in the Mt. St. Vincent University Graduation Ring would make it more meaningful to present and future graduates.

A senior class committee was formed and designs for the graduation ring were submitted by Henry Birks and Sons of Canada, and Prestige Wear Emblematic Sales of Framingham, Mass. A report was then presented to the Senior Class at the meeting held on October 23.

A majority of the class favoured the design proposed by Henry Birks and Sons. Change would consist of the removal of torches on either side of the ring. These would be replaced by the crest of the province of Nova Scotia and the graduation degree on the other side. The physical structure of the ring remains the same.

The ring will be \$36.75 plus 5% provincial tax. There will be no die charge.

This matter was brought before the Senate of the university on October 28, and the changes described above were approved: Arrangements are now being made for a ring day to be held following the Christmas recess. This will be in accordance with the decision handed down at the April 26, 1968 administrative meeting:

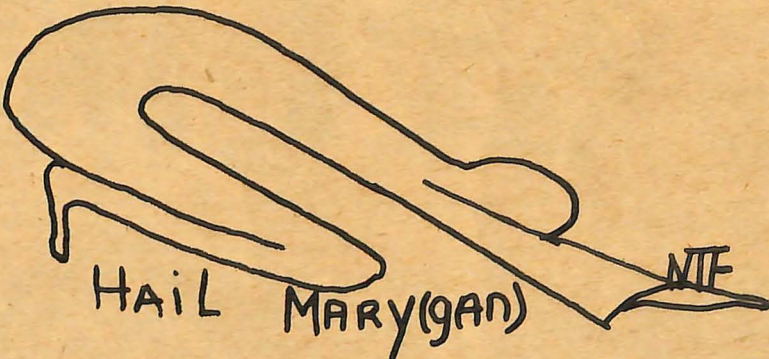
"Since this is an official graduation ring and should not be worn by a student who has not actually received a degree from the Mount, it was decided that the distribution of the ring belongs to graduation time. The jewellers follow the policy of not giving out a ring until they have received a letter from the Dean certifying the student's eligibility."

It has been suggested that a Ring Ceremony be held during Convocation Week activities. This will be discussed at a future class meeting.

Lastly, the Registrar's office issued no letter enabling a certain senior to purchase a graduation ring. Furthermore, that student is NOT wearing the ring of the new design; the die for that ring has not been cut yet.

I hope this clarifies the ring issue. If any girl has any further questions, please do not hesitate to contact me.

Respectfully,
Donna C. Breen
Senior Class Representative



Dear Editor,

Our W.U.S.C. committee is very pleased to announce that Treasure Van was an excellent success.

\$4400 - total sales
\$4000 - to national committee
\$ 200 - Federal Government
\$ 200 - M.S.V.U. for W.U.S.C. program for the year.

We would at this time also like to extend our thanks to all those M.S.V.U. gals, who worked at treasure Van, and to all those people who attended Treasure Van. Although this perhaps is not the time for gripes, I think something should be said to those gals "who signed up and did not show up." It was dissappointing!!

Gripe session over - - Very special thanks to Sister Mary Jean for her assistance and especially her patience (e.g. as when 44 boxes of goods arrived unexpectedly).

I would like to extend my personal gratitude to Mary Ellen Camp, Treasure Van Organizer and to all those girls who worked under her. It was a job well done!

I hope everyone had a good time at our dance.

Keep your eyes open for future W.U.S.C. events, and remember - we always welcome new members.

Thank you,
Chris Coolen
Chairman of W.U.S.C.

Bookstore Prices

Dear Editor:

We wish to bring it to the attention of all those students who are finding it as difficult as we are to finance their college education that the prices charged in the university Bookstore are outrageous.

A recent incident occurred in which we found an article priced at \$2.00 in Halifax to be marked at \$3.25 in the Bookstore. The articles were identical, even to brand.

If it costs \$1.25 to "ship"

articles from Halifax to Rockingham, imagine the cost of shipping from Upper Canada and the United States.

We have investigated this matter and have found a similar unproportional markup on such necessities as rulers, uniforms and lab coats. It should be noted that the tax rises with the price.

We recognize the right of profit gain within reason, but this doesn't seem reasonable!

"Les etudiantes pauvres"
Janet MacLennan
Judy Lawlor

Senior (?) Privilege

Dear Editor:

It has come to our attention that the Senior privilege of going to the front of the cafeteria line instead of waiting in turn, is being abused. It is most annoying, to those who have only one hour between classes, when Freshmen, Sophomores, and Juniors alike

are using the Senior line as a means of entering the cafeteria quickly. Although not Seniors ourselves, we are looking forward to using this one remaining privilege in our final year. We are by no means begrudging the Seniors' privilege - - we wish to say that it is theirs only!

Hungry Sophomores

Women Defy Residence Rules

NEW YORK (CUP) — Women at Plimpton Hall, a Barnard College residence, defied a residence rule Wednesday (Oct. 23) and allowed male visitors to stay in their rooms all night.

Normally men must leave residence by midnight.

The students intend to keep observing their version of the rules until the college administration approves a proposal drawn up by the residents on October 16.

The news rules would have men visitors signing in and out but visiting privileges would not terminate at any time.

Mrs. Elizabeth Meyers said no change in the rules could be implemented before the women's parents were notified.

The dormitory opened in September with the understanding that housing rules would be formulated by students and Barnard staff members who live in the building. Interim rules were drawn up then and approved by the administration but were scrapped at a general meeting of residents last week and replaced with the open visiting clause.

The women insist they have the right to set their own rules but administration officials want to maintain the interim rules at least until they can get some feedback from parents.

THE PICARO

The Picaro is the official student newspaper of Mount Saint Vincent University published during the academic year. Its aim is to promote the best interest of this university, and serve as the student's voice. The opinions expressed here are those of the editors and writers and not necessarily those of the student council and the University.

The Picaro is a member of Canadian University Press

Editor-in-Chief.....Joan Glode
News Editor.....Tess Power
Layout Editor.....Sonia Zwicker
Business Manager.....Gail Giles
Sports Editor.....Charmaine Murray
Photo Editor.....Linda Utting
Secretary.....Gail Giles
Cartoonist.....Noreen T. Fraser

Helping on this issue were: Sharon Ewing, Bev d'Entremont, Joanne Woodlock, Flora MacDonald, Jeannine Malloy, Ardith Barkhouse, Veronica Abbass, and Barb Kelsey. And Linda helped.

REMEMBER only 36 more shopping days before Christmas

Staff Meetings: Tuesdays 6:45 p.m.
Authorized as second class mail, Post Office Department, Ottawa, and for payment of postage in cash.

Registrar's Report 1968-1969

	Lay	Religious	Total		
Post Graduates	26	1	27		
Seniors	122	4	126		
Juniors	106	12	118		
Sophomores	185	7	192		
Freshmen	166	11	177		
Special Students	3		3		
TOTAL	608	35	643		
New Enrollment	299	9	308		
Total Enrollment	1965	1966	1967	1968	%Increase
Lay and Religious	588	596	627	643	2.4
Lay	406	461	543	608	11.8
Religious	182	135	85	35	58.8
			(Decrease)		
New	239	208	251	308	22.3

- continued on page 4 -

Students' Accounts
are always welcome
at the "Royal"



ROYAL
BANK

Rockingham Branch
D. E. Estebrooks

Mount Saint Vincent University Art's Faculty BALL

Hotel Nova Scotian
Commonwealth Room
Nov. 15, 9 p.m. - 1 a.m.

Erno Retti

Tickets \$5.00

Theme: Oriental Fantasy

SPORTS

With the volleyball team well into the schedule of activities, it is not too soon to make predictions as to who will place on top in the Halifax Ladies Volleyball League.

Mount Saint Vincent is currently in battle with Kings for third place, with a total of 12 points. Halifax 1 is on top with 15 points with Dal a close second. Last year the team placed second in the same league and at one point held the lead. It would mean defeating Kings and then facing the two top teams in the league most likely to be Halifax 1 and Dal 1. If the Mount placed third at the end of the playing schedule, they would play off with the second place team in a semi-final match which if they win would put them in the championship game with the top team, most likely to be Halifax 1. Both semi-final and championship games are being played on November 27 at the Dalhousie gym.

When Coach MacVicar was

asked whether the team stood a chance to win the finals if they were placed there, she believed they had a very good opportunity if all the players would be playing and the team was in good form. They do have the potential to beat the first place team but they will have to be playing at their best.

In the A.W.I.A.U. (Atlantic Women's Intercollegiate Athletic Union) schedule, MSV will be playing in a sectional tournament at Mount Saint Bernard in Angigonish on November 15 and 16. The two top teams from this tournament will complete against the two top teams from New Brunswick and Newfoundland for the Intercollegiate Championship being held late in November at Acadia.

SPORTS OF ALL SORTS

Ping pong anyone? Why not sign up for the intramural tournament to be held on November 13 in the gym at 6:30? All interested in this double elimination tourney are urged to get in contact with Bev McInnis or sign the list at the Physical Education office as soon as possible. Everyone is welcome to participate whether you are a beginner or a veteran. Watch for posters! Who knows, maybe you'll be the new MSV

table tennis champ!

Swimming facilities will be available for Mount students every Wednesday evening at the Kings College pool from 7:30 to 8:30. If you don't have a suit -- beg, borrow, or steal. Admission is FREE of charge.

Anyone interested in skating may do so every Friday from 11:00 to 12:00 noon at the Centennial Arena in Fairview. This also is FREE of charge.

COMING SPORTS EVENTS

Nov. 13 Table tennis tournament.

Nov. 15 & 16 Sectional Volleyball tournament at Mount Bernard.

Swimming every Wednesday night at Kings from 7:30 - 8:30.

Skating every Friday morning in Fairview from 11:00-12:00.

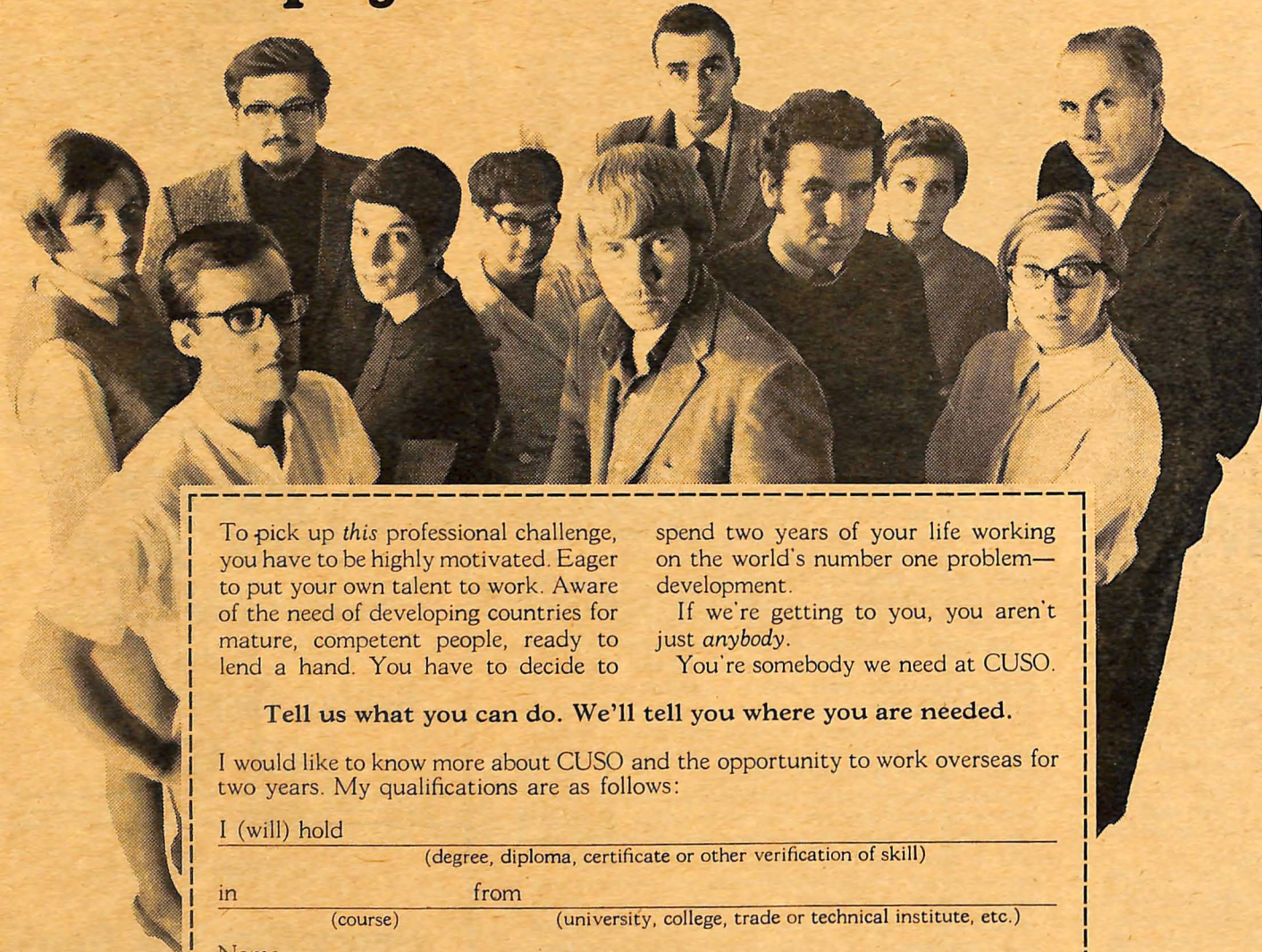
Register's Report - continued from page 2 .

	P.G.	Sen.	Jun.	Soph.	Fresh	Total
Arts	69(L) 4 (L)		75 (L) 12 (R)	136 (L) 7 (R)	109 (L) 11 (R)	389 34
Science		15 (L)	4 (L)	15 (L)	9 (L)	43
Home Economics		14 (L)	12 (L)	25 (L)	38 (L)	89
Nursing		16 (L)	7 (L)	9 (L)	10 (L)	42
X-Ray		2 (L)				2
Secretarial Studies		3 (L)				3
Education	26 (L) 1 (R)	3 (L)	8 (L)			37 1
Special	3 (L)					3
TOTAL	3	27	126	118	177	643

(L) - Lay students; (R) - Scholasticate students

We won't take just anybody

Only qualified technical and professional people willing to work for a low salary under demanding conditions in any of 45 developing countries around the world



To pick up this professional challenge, you have to be highly motivated. Eager to put your own talent to work. Aware of the need of developing countries for mature, competent people, ready to lend a hand. You have to decide to

spend two years of your life working on the world's number one problem—development.

If we're getting to you, you aren't just anybody.

You're somebody we need at CUSO.

Tell us what you can do. We'll tell you where you are needed.

I would like to know more about CUSO and the opportunity to work overseas for two years. My qualifications are as follows:

I (will) hold _____
(degree, diploma, certificate or other verification of skill)

in _____ from _____
(course) (university, college, trade or technical institute, etc.)

Name _____

Address _____

Prov. _____

Send to: CUSO (Mount St. Vincent University Committee)
Attention: Miss C. Beazley,
Assisi Hall, 4th Floor,
Mount St. Vincent University,
Halifax, Nova Scotia.



CUSO

The Canadian University Service Overseas is an international organization made up of 1,100 volunteers serving in 43 countries. These volunteers consist of technicians, agriculturalist, doctors, engineers, social workers, librarians, and teachers.

Although the average age is 25, persons involved in CUSO may be of any age and either single or married.

The aim of the eight year old organization is to donate services to countries which have requested them and to promote good will while there.

Overseas work extends for a period of two years. Some of the returning volunteers then return to headquarters in Ottawa or else work as field representatives and co-ordinators in major areas.

In July and August of this year CUSO trained 600 new volunteers at different locations throughout Canada.

English, French, and Spanish are adequate languages and during the summer program basic information of the country is provided.

The Financial Post in June called support of CUSO, "One way to do something", pointing out, "there will be an ever-growing need for people with international background and experience... who are able to understand at first hand the widely differing problems of widely differing nations."

CUSO AND THE MOUNT

Presently on the MSVU campus tentative plans are being made to organize CUSO under the chairmanship of Carole Beazley. Carole expressed her interest and enthusiasm for a flourishing Mount organization. Carole attended the CUSO conference at St. Adele, Quebec, (Nov. 8 - 11) and she hopes to get things rolling immediately with a blitz campaign on campus.

"To become an overseas worker", Carole said, "one must apply for the position and be interviewed by a panel consisting of a priest, a social worker, and a CUSO representative." Questions asked include: 1. Why one wishes to become a CUSO volunteer, 2. the state of affairs in world politics and 3. the applicant's fluency in the required language.

Mount students presently involved in overseas work are Kathy Lou Powell (B.A. 1966, M.A. McGill) who is working in South America, and Lorna Bishop (B.A. 1968) who is a volunteer worker in Peru.

GOVERNMENT GUARANTEED STUDENT LOANS

See the local branch of the Canadian Imperial Bank of Commerce for full information.



CANADIAN IMPERIAL BANK OF COMMERCE

Playboy Typifies Perversion

By GABOR MATE FROM THE UBYSSY

In its Christmas edition Playboy has published a feature more obscene and perverse than last months' pathetic photos of two decrepit people performing the sexual act.

In that issue Playboy has decided to play funny games with the female body - in various positions, girls' bodies are painted up to resemble leaders like DeGaulle, Castro, Hitler and Mao. Accompanying each picture is a little limerick.

The magazine has played this sort of cute game before; a year ago female bodies were dressed and painted to look like animals: for example, one girl bent over, had a horse's tail stuck to her posterior.

This is obscene and perverse not in the sexual sense but in the human sense, for the purpose is to reduce a fellow human being to the status of a mere object to be used in any fashion whatever to satisfy ones' pleasure.

Such objectification is, of course, the very basis of the playboy philosophy - when Hugh Hefner talks about sexual freedom what he really means is the unfettered freedom to use and exploit the totally submissive female. The Playboy ethic reduces all women to the position of commodities, bought and sold on the market as any other commodity.

But Playboy is not the problem, merely one manifestation of it for the objectification of the female is a prevalent aspect of our society life.

Often a girl is not an individual human being but a mere package containing a desired product: her sexuality. And the packaging has to conform to the demands of the market: the right hairdo, the right clothes, and the right opinions.

Not that the girl is only a commodity, far from it She, depending on the situation, may function in a variety of roles.

Like a toy, she can be played with to provide entertainment. Like a car, she can be a status symbol - if she conforms to the current definition of what status is.

Like Mount Everest, she can be conquered in the supreme proofs of one's manhood. Or like a soothing drug, she can be an escape from the troubles of the real world - the world only men are concerned with.

What unifies these various functions of the female is that she must be prepared to play the role - whatever role is demanded of her. And these roles do not follow from her own personality, her own humanity as an individual, but from the socially defined needs of the male.

Thus when the girls come into a new relationship they quickly learn what hairdo the boy likes to see them wear, what clothes and what kind of smile. And they learn to wipe their minds off as a fresh blackboard on which the boy's opinion will be inscribed for the duration of the relationship. A new relationship, a new set of opinions.

Thus it happens that most serious discussions of politics and society are carried on by males, while the females are relegated to the role of the audience. The occasional girl who challenges this state of affairs is considered a masculine bitch whose opinions are not taken seriously.

On many levels of their existence girls have to prostitute themselves, to sell themselves, and their human beingness for a price, the price is the security of being accepted by the male on the males terms.

The unfortunate hags on east Hastings (or for that matter any other street) who must peddle their bodies nightly for a few meager dollars are only the most

- continued on page 5 -

SLUMBER SURVEY

A recent survey revealed that Mount girls are very ingenious in discovering interesting places to slumber, snooze, and catnap. To the reluctant early riser and to those who require a siesta after lunch, the desk becomes an easy chair and the professor's voice the hum of bees on a warm afternoon - the combination is a sleeping potion too strong to resist.

Picture the library - a vision of heads bent over books, apparently studying some serious and absorbing topic. Next time, look more closely at that "industrious" student beside you - she may be taking advantage of the silence to catch up on the sleep she didn't get last night!

Have you ever come across a girl curled up in one of the chairs in the tunnel? No? You will!

A brief warning-walk cautiously when in the second floor Asissi Lounge. It seems that its soft rugs are a perfect supplement to Johnny Rivers - if you're not careful, you may trip over one of his fans.

Of course, the carpeted halls of Asissi are the ideal place for a pyjama party and large enough to accommodate a considerable number of girls.

Sometimes, after a hard day's studying, the bed seems just a little too far away, and it's so much easier to rest head on arms and fall asleep over a toothbrush.

If you find bed-sleeping boring, take your pillow and blanket up to the penthouse . . . the jet from the air conditioner warms the cold winter nights; it doesn't stop the snow!



The Kingdom of Heaven is Within

(The following revised article on Transcendental Meditation is taken from the Queen's Journal)

The role meditation has in the life of a student, particularly the student living in a western culture is of great importance to his learning ability and application of his knowledge in shaping his destiny.

This period of learning in one's life has as its aim, the gaining of knowledge and development of potentialities. The role of meditation is that it supplies an element which has been missing in all branches of learning. If we look at the life of a student, especially a university student, who during his years at the university should attain fulfillment in life through this education, we discover that there is great discontentment. Students are not being satisfied and something is lacking. If we look at the unhappy lives of most educated people it is evident that the same is true here. They are not finding fulfillment in life and in this society where academic ability is stressed. The present system has the ability to excite the thirst for knowledge but not to satisfy that thirst.

The result is imbalance. Regardless of what branch of learning one is engaged in, the more aware he becomes that the knowledge has increased but in proportion. The field of the unknown in that subject increases more. Maharishi Mahesh Yogi says it is a terrible way to look at the field of education but this is what's happening. Transcendental Meditation provides that element which has been missing in every branch of learning.

The problem of deciding which branch to follow is not where the problem lies. The basic imbalance lies within the individual and his capacities and is not intellectual imbalance. In this age there is a particular basis of tension differing from that of the past. As a result, a higher degree of basic tension develops apart from his immediate surroundings. This tension is a symptom of the imbalance and is often overlooked by many students and young people. To find a reasonable solution to this condition we must turn to ourselves for the answer through meditation. Meditation is not an institution which claims to have the truth or propagates dogma. How-

MEXICO

- Continued from Page 1 -

million who have no union representation at all. Confronting the workers are the wealthy and the powerful who have the backing of the PRI. As a result, the benefits of a rapidly expanding economy have remained mainly in the hands of politicians, the professionals, and property owners.

Another price paid for stability and rapid industrial development is the increased control of the Mexican economy by American interests. The result of this is that more than half of the top 400 corporations have strong foreign interests - many cases controlling. Combined with this foreign control, mainly from the United States, is increasing American cultural influence in Mexico, ranging from the Reader's Digest to the ever-present Coca-Cola.

Although American domination has long been a sore point in Mexico, during the term of the PRI's incumbent president Diaz Ordaz, American investment has been flowing in at an increased rate. Criticism of American financial control and Diaz Ordaz's furthering of it are two of the topics drawing the loudest cheers at student rallies.

Despite these various shortcomings, the PRI still seems to be firmly entrenched in power. Political opposition is token and mainly serves to give the PRI a facade of democracy. The labor movement has sold out to the government and workers are either trying to make ends meet or to achieve middle-class status. The campesinos are unorganized and their takeovers of large land holdings have been repelled by the army. Jaramillo, the peasant leader who managed to organize peasants around militant demands in recent years, was killed by the government.

The current student movement is the first nationwide organized opposition to the establishment. At present, the students' liberal demands do not threaten PRI control. However, many students have gained a radical political perspective and may come back to haunt the government, just as a young lawyer named Fidel Castro did in Batista's Cuba.

In the meantime, Diaz Ordaz will stay in power and his successor will almost certainly be the PRI candidate for the 1970 elections.

ever through self-reflection, understanding is attained. It is impossible to live by someone else's answers and really feel or experience a degree of peace. There would always be a certain amount of "what about this, maybe they are right or maybe they are wrong." Through experience, it is beyond the point of right or wrong.

Maharishi says: "Transcendental Meditation is a simple technique which takes the attention from the ordinary thinking level to the source of thought, the inner Being, which is the reservoir of energy and intelligence. The conscious mind expands and full mental potential is used in thought and action. Integration of the personality is gained when fullness of Being or bliss consciousness is maintained in the activity of daily life." The individual develops the ability to see and live the harmony of life which becomes or allows a more unified perspective.

The level of ability of the individual is raised and tension is released as the conscious capacity of the mind expands. Maharishi says that stress and tension is the result of a weak mind and that through meditation the tension is released.

The way to relate facts that have been attained over years of study would be to strengthen oneself as an individual through the process of meditation. Christ talked about it when He said, "The kingdom of heaven is within" and although we follow organized religions, Christ said, "Seek ye . . . the kingdom of heaven . . ."

To reach the self one must find some process to discover the true nature. This cannot be arrived at by intellectualizing, otherwise everyone would know what the Self is. Even in the life of religion today there is obviously something missing since the devotees are unable to experience what the teaching points to.

There is no direct technique involved and people of this scientific age are not finding fulfillment. The concept of know thyself has been brought out by every great teacher and relates to the statements made by Christ concerning the kingdom of heaven within. Looking for answers outside oneself and taking those of others is not the source of satisfaction. True fulfillment is when you become more and more what you know you are.

A potentially latent self must be unfolded. The integration of life suggests that there is within us an inexhaustible reservoir of energy, creative intelligence, and happiness. What has been missing is the contact with that field and the knowledge that it can be located.

Meditation is separated from philosophy by the fact that it is an experience and not an intellectual conception. When one meditates and fathoms the deeper levels of thought, he arrives at the source of thought and experiences the expansion of the conscious mind. The reservoir of energy, creative intelligence, and happiness is within the scope of everyone and within the scope of life.



TALBOT'S BOOK SHOP

Paperback Book Specialists

in the
Halifax Shopping Centre
455-4175

Compliments

Henry Birk's & Son's
(Mar.) Ltd.

1733 Barrington Street
Halifax Shopping Centre
Lord Nelson Arcade
HALIFAX, NOVA SCOTIA

Canada's National Jewellers

The Art Critic

This year, more than ever before, the art gallery is being used and enjoyed. The geographic location of the gallery itself could be termed a happening since it is a main artery of campus traffic.

At present the gallery is "crowded" to say the least. There are four separate displays being presented. The two main displays fight for your attention while the other two are more quiet.

Sarah Jackson's bronzes have become so much a part of the wood work that we now have ceased to see them. Thus we have lost the feeling of excitement and boldness that her cast figures generate. They are not very demanding, but graciously allow themselves to be overshadowed by the Alumnae Exhibition, the Travelling Exhibition of the Canadian Painter-Etchers and Engravers (Toronto) is due to move on the 14th and has been put in the shadows until then.

Mrs. J.C. Hagen's pottery, china, and crystal are a permanent feature of the gallery.

The most prominent of the current displays is the First Annual Exhibition of Mount Saint Vincent Alumnae. The exhibit began as a whim and grew at a surprising rate to the present sixty-six paintings.

The quality of the work is not at all consistent. It runs the gamut from the excellent and imaginative to the quite poor.

Perhaps the most original and highly imaginative is a combination sculpture and picture done by Sr. Marion Gertrude - a sensitive portrait of a great woman carved in wood. One of the things you should look for is the use to which Sister puts the natural grain of the wood.

My favourite medium being charcoal and pastels, I'd like to mention Mrs. E. Coleman's drawings. Her 'Cottage in the Wood' should be seen for the use of light and shadows. Light was the prevailing idea in Sister John Lea's prints, they both well balanced and attractive, with just a little humor. Her 'Madonna and Child' on wood was a simple and beautiful composition of sweeping lines.

There was an intensity of light in Carole Frasers 'Switzerland' paintings. The extreme clarity of line and clear bright colors are worth note. The use of color in A. Sullivan's paintings was very good. I particularly liked the two children. However the 'Guardian Angel' reminded me too much of a faithful copy of a prayer book marker. The 'Harbour at Night' by the same artist is reminiscent of something I've seen before but I do like it done on the deep blue velvet.

The Madonna and child by L.K. Mitchell was colorful but much too colorful. This was an attempt at boldness and freedom that did not quite succeed. Color plays a large part in Eileen Hallisey's 'Blast

Off'. The color gives a powerful upward thrust. The colors were marvellous. I loved it.

Sr. M. Christopher's 'Panel' has wonderful geometric lines and forms. It makes one think of the percision and symmetry of the religion whose thought it represents.

Sr. Frances Louise's paintings especially 'Blossoms in Vase' were lovely. The colors and brushwork were as delicate as the fragrance of the real flower.

Congratulations must go to Miss MacDonald and Mrs. German-Van Ech for their work in arranging this show. Mrs. German-Van Eck is the new Art Gallery director and we expect to see a lot of great things in our gallery this year.

"HERE COMES THE JUDGE"

"Judgement" will be the theme November 20, when Neptune's, "Four Aloud" perform at Mount Saint Vincent.

"Four Aloud", a group of three young actors and an actress from Neptune theatre will dramatize selections from literature, attempting to suggest some of the difficulties, pitfalls and responsibilities that beset one who passes judgement.

"Here Come The Judge" attempts to present both the comic as well as the more subtle aspects of judgement while giving the actors a full range of material to work upon.

Selections are taken from the "Brothers Karamazov", the first part of "Henry V" "Don Quixote", the judgement scene from the conclusion of "Alice In Wonderland", and parts of Socrates' closing speech to the Five-hundred who have condemned him to death.

The selections have been fused into a central theme that will make the presentation a unit rather than a patchwork of unrelated passages.

"Here Comes The Judge", sponsored by the Cultural Affairs Committee and arranged through Mrs. Faith Ward, will be presented in the Common Lounge at 8 p.m.



Happiness is making someone else happy! Hughena Madore, (Arts I) pictured above was happy on November 2, when Dalhousie Law Students and Mount girls entertained more than one hundred children at the School for the Blind.

CANADA'S NATIONAL BALLET TO DANCE HERE

One of the major ballet companies of the world, the National Ballet of Canada, will appear in Halifax at the Capitol Theatre on Monday, November 18th and Tuesday, November 19th, under the auspices of the Neptune Theatre Foundation.

The first evening the company will present 'Swan Lake' with choreography by Erik Bruhn, music by P.I. Tchaikowsky, and the design by Desmond Heeley. On Tuesday evening the Ballet will present a selection from its repertory. Included, are 'One in Five', with music by Josef and Johann Straus; the 'Pas de Deux' from the Flower Festival in Genzano; 'Cyclus', 'Peace', and 'War', with choreography by Grant Strate. The fourth number will be the 19th century Russian classic, 'Bayaderka', with choreography by Marius Petipa.

Among those appearing in the Halifax performances will be renowned dancer, Lois Smith, Veronica Tennant, Martine van Hamel, Lawrence Adams, Jeremy Blanton, Yves Cousineau, Glenn Gilmour, Earl Kraul, Hazaros Surmejan.

Still in its adolescence, Canada's National Ballet, under the artistic direction of Celia Franca already ranks as one of the top ballet companies in the world, some of which have taken centuries to reach their present eminence. The sumptuousness of its productions, the calibre of dancers of its company of fifty-six, and its vast repertory, combine to make The National Ballet of Canada one of the most exciting theatrical entertainments anywhere.

With its own orchestra, under the direction of maestro George Crum, The National Ballet appears in Halifax as part of its annual tour of Canada and the United States.

Tickets and reservations for the ballet are available at Neptune Theatre.

PLAYBOY • continued from page 2

blatant example of the female in our society.

For after all they too are looking for security - and money is the only security they know. They are the ones who couldn't sell themselves to any male.

Although some may rebel many girls accept this role of object, for through numerous doctrines, rewards and punishments, society prepares them for this role.

They are told, for example, that the man's sexual role is aggressive while the woman's is submissive, and from this fact - which is presented as being an inherent characteristic of human nature - follow the woman's inferior position in all other fields. Or that woman's natural concern is the home and perhaps the arts, but that the important issues of society are exclusively reserved for men.

Good looks are rewarded with attention from the males; being ignored is the punishment of being judged ugly. An ugly friend, you see, is much more embarrassing than any other ugly object that one possesses.

But is must not be thought that girls are the only victims of this object-mentality. The males pay the price in the many hang-ups, sexual and otherwise, which results from this reduction of women to objects.

In a society which measures success by one's ability to acquire objects, men begin to doubt their own manhood, their own worth as human beings if they have somehow failed to acquire all the necessary objects of success . . . and woman is the prize object. Thus the ideal man is James Bond whose capability to acquire women is infinite.

Thus when Playboy plays gross with the female body, it is no more obscene and perverse than the society which reduces women to the status of objects and roles. What Playboy does with its women is only what many humanly perverted individuals in this society would like to do themselves.

And a society which regards as its very basis the acquiring of more and more objects to the point where this amassment of object-wealth becomes more important than human life and human dignity, such a society cannot help but produce humanly perverted and hung up individuals.

THE STUDENT Loyola Study Sessions

Montreal (CUP) - The Loyola academic community cancelled classes and met together for 8½ hours October 24 to plot the course of change at their college.

Administrators, faculty and students spent the day in some 20 seminar groups to hash out problems and formulate proposals.

Students came up with the following proposals:

*greater emphasis on the humanities

*50 percent student representation on the college's academic personal policy committee

*decision-making limited to students and faculty with a separate board of governors to deal with finances

*general election of deans, department chairmen and the college president.

A.K. Velan, a governor, called for student participation at all levels of university government.

Terry Copp, past president of the faculty association, called for election by the total community of senior academic officials.

Loyola administration president Patrick G. Malone, S.J., said the administrators role was simply to carry out the day to day running of the institution and to implement policies determined by the academic community.

The proposals now go to the senate for discussion and possible implementation.



Phone:
Bus. 423-8430
Res. 429-0233

BELAIR DRIVING SCHOOL

Qualified Instructors
DUAL CONTROLLED CARS

Standard and Automatic Transmissions

2429 Robie Street - - - Halifax, N.S.

SCIENCE GRADUATES

BACHELOR GRADUATES

(MAJORS AND HONOURS)

ALL SCIENCES

INTERVIEWS ON CAMPUS

November 14, 1968



Public
Service
of
Canada

Details and additional information
available at your Placement Office.

THE BIO-PHYSICAL SCIENCES PROGRAM
PUBLIC SERVICE COMMISSION OF CANADA

THE **ONLY** WAY TO DRESS FROM NOW ON



Why wear more? What you need is

Warner's Minus - One Bra Slip

Minus one layer of clothing . . . minus one pair of straps. A fabulous Warner contour bra tops a shaft of slip. Scallop lace cups and hem frost silky nylon tricot. It's the only way to dress from now on! White visions, Beige vision, pink vision, Sizes 32 to 36A, 32 to 36B, and 32 to 38C.

\$9.00

Eaton's foundations, lower level, 209 Catalogue office, mail or phone orders filled -- 455-2525

EATON'S