

THE PICARO

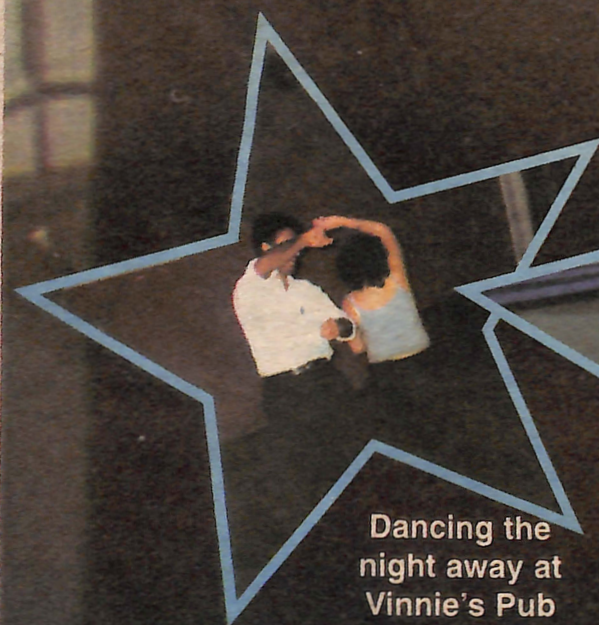
March 28, 2000

Volume 35 Issue 12

www.picaro.ns.ca

A Night of Stars...

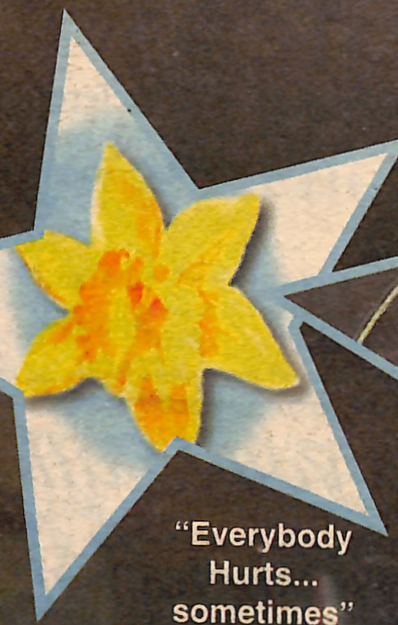
The Mount community is
honoured and annual
awards banquet



Dancing the
night away at
Vinnie's Pub
... page 4



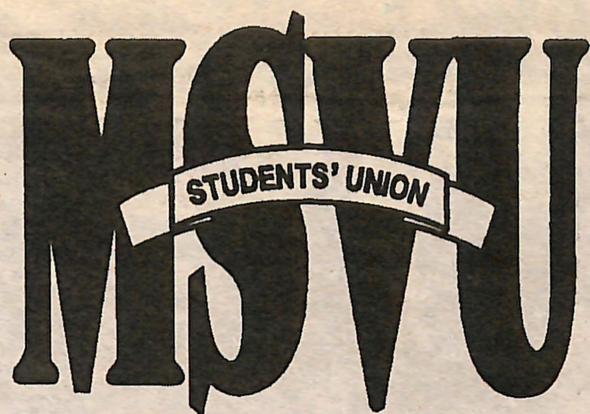
It's been five
years I want to
be on the cover
... page 8



"Everybody
Hurts...
sometimes"
... page 12



The only
Horrorscope we
have is Aquarius
... page 19



*Good luck to all Mount
students on Final Exams.
-Students' Union*

PRIZES

Lamb's
t-shirts and
glasses



"Beat the Clock"

Thursday, April 6, 2000

Vinnie's Pub

7-8pm \$1.50/drink

8-9pm \$1.75/drink

9-10pm \$2.25/drink

10-11pm \$2.50/drink

11-close \$2.75/drink

******While supplies last**

FROSTED FROG

\$2.25

From 9-close

FREE draft

glass with

every

purchase

INVENTORY BLOWOUT

MSVU Students' Union 2000 Spring General Elections Results

President

| | |
|-------------------|------------|
| Brenda Harvey | 172 |
| Colette Nickerson | 185 |
| Abstain | 20 |
| Spoiled | 7 |
| Total | 384 |

Executive VP

| | |
|----------------|------------|
| Shanna Randell | 222 |
| Vanessa Turner | 110 |
| Abstain | 35 |
| Spoiled | 4 |
| Total | 371 |

VP Academic

| | |
|---------------|------------|
| Terri Roberts | |
| YES | 318 |
| NO | 21 |
| Abstain | 31 |
| Spoiled | 1 |
| Total | 371 |

VP External

| | |
|--------------|------------|
| Ryan McNeil | |
| YES | 322 |
| NO | 27 |
| Abstain | 23 |
| Spoiled | 2 |
| Total | 374 |

VP Internal

Rep

| | |
|--------------|------------|
| Nancy White | |
| YES | 314 |
| NO | 19 |
| Abstain | 31 |
| Spoiled | 1 |
| Total | 365 |

VP Race & Gender Relations

| | |
|------------------|------------|
| Carlee Portolesi | |
| YES | 310 |
| NO | 28 |
| Abstain | 33 |
| Spoiled | 1 |
| Total | 372 |

Off-Campus Rep

| | |
|------------------|------------|
| Jackie Thornhill | |
| YES | 246 |
| NO | 13 |
| Abstain | 21 |
| Spoiled | 2 |
| Total | 282 |

Science Students'

| | |
|-----------------|-----------|
| Kathy Jollimore | |
| YES | 47 |
| NO | 0 |
| Abstain | 10 |
| Spoiled | 1 |
| Total | 58 |

International Students' Rep

| | |
|----------------|-----------|
| Caroline Gomez | |
| YES | 22 |
| NO | 0 |
| Abstain | 0 |
| Spoiled | 0 |
| Total | 22 |

Referendum Question

Are you in favor of Students' Union withdrawing its membership with the Canadian Federation of Students (CFS)?

| | |
|----------------|------------|
| YES | 182 |
| NO | 92 |
| Abstain | 98 |
| Spoiled | 1 |
| Total | 373 |

Thank you to all that helped make Awards



Banquet 2000 a success.

Congratulations to all recipients



CFS and Students' Union at stalemate

By Jennifer Henderson

It could be dubbed the referendum that wasn't. Only 373 of Mount Students or roughly 7% of the student body voted on the CFS membership issue in the recent Students' Union election. This result fell short of the 10% voter turnout Students' Union wanted to ensure the validity of the results. Of voting students, 182 voted to withdraw from CFS, 92 voted to stay. There were 98 abstentions and one spoiled ballot.

Even if the 10% had been reached, the Canadian Federation of Students would not have been obligated to recognize the results. According to their bylaws, for a member school to legally defederate all dues must be paid in full and CFS must be given six months notice of the referendum. The Mount's Students' Union did not meet these conditions. CFS opted not to actively campaign in the referendum.

"CFS could not participate in this referendum because adequate notice was not given. From our perspective it was not a referendum but an opinion poll. We did not want to give the process legitimacy," explains Penny McCall-Howard, CFS's national representative for Nova Scotia.

relationship between CFS and the Students' Union.

"I would wholeheartedly welcome working with them. I hope we'll be able to do this in an open and co-operative manner."

Nickerson is less enthusiastic about re-establishing connections with CFS. She admits "we (Students'

"From our perspective it was not a referendum but an opinion poll. We did not want to give the process legitimacy."

Penny McCall-Howard

Incoming Students' Union President Colette Nickerson says the purpose of the referendum was not to initiate withdrawal but to get student perspectives on the issue.

"We wanted to gain insight as to whether the students know what CFS is and if so, how they feel about it," she says.

While the Chief Returning Officer is still evaluating the results of the referendum, incoming External Vice President Ryan MacNeil has already indicated the CFS issue won't be a priority during his term.

"CFS will not be the primary focus of my energy next year unless council ask it to be," he says.

However, MacNeil cannot guarantee Mount students won't be faced with another referendum in the future.

"I will be asking questions of next year's council after we take office May 1 to decide where they want to take this issue."

McCall-Howard is eager to work with the newly elected Executive Council to improve the

Union) are anti-CFS" but says that if students decide to remain with the organization she would work to build the necessary ties.

Like MacNeil and Nickerson, CFS's Penny McCall-Howard doesn't rule out the possibility of a future referendum at the Mount, but she is optimistic about its potential results.

"I'm quite confident with information on what we do, that Mount students would vote to remain members of this national organization."

Both sides agree that the student body's lack of information about CFS and its relationship with Students' Union is the major stumbling block to resolving the issue.

"The posters aren't doing it. Our communication with students has to be improved. I want them to know about CFS. I think students have the right to know both sides," says Nickerson.

What's in a question?

Are you in favor of Students' Union withdrawing its membership from the Canadian Federation of Students (CFS)?

For exactly 373 of you, this question is pretty familiar. It was the question that Students' Union posed during the referendum on March 15-16th. Your response—182 voted "Yes," 92 voted "No," 98 "Abstained" and one of you spoiled your ballot. But did the wording of the question have anything to do with the outcome?

Kerry Chambers, of Sterling Research Inc., analyzed the referendum question. "First of all, it is a loaded question," he says. "There is no alternative to being 'in favor' here. It creates a forced choice."

With no clear opposition, voters who may have been fencing on this issue would be more likely to vote 'in favor.'

Chambers also points out that the number of voters does not make up a substantial—or representative—proportion of the student community. "When only about 8% of people are voting, it is safe to assume that the only people who are voting have very strong feelings about the issue at hand—either they are very strong supporters or they have been grieved in some way."

THE PICARO

Being the runner up since 1965...
Volume 35 Issue 12

| | |
|----------------------|--------------------|
| Editor-in-Chief | Melissa Melanson |
| Managing Editor | Crista Stone |
| Production Manager | James Tilley |
| News Editor | Leslie Cheeseman |
| Features Editor | Position Available |
| Art & Entertainment | Nicola Hanson |
| Sports Editor | Rhonda Simser |
| Classifieds Editor | Wendy Walters |
| Copy Editor | Rhonda Simser |
| Photo Editor | James Tilley |
| Online Editor | Jennifer Henderson |
| CUP Editor | James Tilley |
| Distribution Manager | David Roddis |

Contributors

| |
|--------------------------|
| Mike Allen |
| Athletics and Recreation |
| Career Placement Center |
| Paula Fairfax |
| Sharon Fraser |
| Christine Kennedy |
| Manal Mahshi |
| Martha Martin |
| Kim McDonald |
| Stephen B. Perrott |
| David R. Wilson |

The Picaro is dedicated to informing, challenging and entertaining the students of MSVU, and to provide them with a forum to air their views.

The Picaro reserves the right to edit or reject any material, particularly material of libelous, racist, sexist, or homophobic nature. The views expressed are not necessarily those of the Picaro or its editors.

The Picaro is not responsible for or may not share the views of any of the advertisements printed in this paper.

The Picaro

Rosaria Centre, Room 114
Mount Saint Vincent University
166 Bedford Highway
Halifax, NS B3M 2J6
(902) 457-6386 fax- (902) 457-0444
email- picaro@msvu.ca
online- <http://www.picaro.ns.ca>

Results In

By James Tilley

There was another dismal turnout during this year's Mount Saint Vincent Student Union spring general elections.

Thursday March 16, a week and a half after campaign week began, the results were announced in the pub.

All of the uncontested positions received their respective council positions. The only two contested positions were President and Executive Vice President. Shanna Randall beat Vanessa Turner for the Executive VP position. Colette Nickerson had 13 more votes than Brenda Harvey in the Presidential race.

Melis Çaha, the Chief Returning Officer, and her committee was also responsible for administering the Referendum, which looked into the future of relations with the Canadian Federation of Students. (See the story above for details)

Close to eight percent of the student body actually voted in this year's election, making it the lowest voter turnout in recent history.

Actors needed.

Time travel experience an asset.

The Alexander Keith's Brewery is opening on June 8. Now's your chance to land the hottest acting gig of the summer. Be the first to lead guests through the experience of brewing Nova Scotia's most popular beer, as a character in Alexander Keith's original brewery and Brewery Inn, set in 1840. Even better, you get to work in downtown Halifax, with cool and interesting people. If you have experience as an interactive tour guide, have musical ability, or just love to act, we want to hear from you.

There are both male and female roles, with ages ranging from 20 to 40. Applicants must be of legal drinking age. Send resumes by no later than Monday, April 3 to Jennette White, Neptune Theatre School, 1593 Argyle St. Halifax. B3J 2B2. And help us bring the brewery to life this summer.



The oldest working brewery in North America.

TMMC KEITH'S BREWERY

Nothing to crow about

No profit for Vinnie's again this year

By Leslie Cheeseman

With files from Jennifer Henderson

According to the Students' Union 1999 budget, Vinnie's Pub operated at a loss of around \$32,000 that year. In fact, the campus bar has been running a deficit for, at least, the last six years.

"Campus bars are not known for turning a profit," defends Margaret-Ann McIntosh, President of the Students' Union. "Probably the only campus bar in our region that makes money is the one at MUN (Memorial University of Newfoundland)."

But, according to Rob Finn, the general manager of Saint Mary's University Students Association (SMUSA), McIntosh has been misinformed. "That just isn't true," says Finn. "The Gorsebrook does quite well. Its revenue is put back into the university, supporting other services like the information desk."

The Gorsebrook, on paper anyway, is much similar to Vinnie's. Both pubs have a maximum capacity of about 300 people, employ a staff of similar size (16 employees at the Gorsebrook and 15 at Vinnie's) and are designed to be sort of like an on-campus "living room" for students. The only real difference is that the Gorsebrook is filled to capacity at least one night every week and enjoys a steady stream of business at other times.

"Vinnie's Pub just isn't attracting the crowd that it used to," admits Craig Smith, Pub Manager.

There are a number of theories why business has been so poor this

year—as well as some casual suggestions of how to turn things around.

"We're willing to take recommendations at any time," says McIntosh, but it is not possible for Students' Union to implement every suggestion that it is given. "For example, I would love to make the pub a smoking environment, but that is not our decision to make."

Smith agrees that the non-smoking policy at Vinnie's may be deterring customers. "I think that we could establish a real base of day-time customers if Vinnie's was the only place on campus where you could smoke inside—especially during winter."

New housing rules that allow drinking alcohol in residence seem to have also had a negative effect on profit, simply because students are opting to drink in their rooms before heading to the pub and are not purchasing as many drinks while at the pub. Smith is not suggesting that those rules should be lifted, but he questions how much money these thrifty drinkers are really saving.

"Drinking before coming to Vinnie's is not saving anyone any money, especially when you factor in transportation costs and the time it takes you to leave campus to purchase alcohol," he says. "There are always specials and we have very affordable prices."

Finally, of course, there is strong competition coming from bars in downtown Halifax.

"We don't really consider downtown bars to be competition,"



Dismal crowds at the pub for Highland Heights this past Saint Patrick's Day.

says Finn. "We do something different at a campus bar. We actively promote student life, provide good entertainment and take care of our customers—something you don't always get downtown. The money that students spend here goes right back to them, to support the other services they use on campus."

For those who are unaware, this works the same way at the Mount. If Vinnie's made a profit it would then be rolled over into supporting other Students' Union funded services, like

the Rosaria Information Desk and the Fountain Play Centre.

At least everyone seems willing to work together to rebuild business at Vinnie's Pub—and nobody is pointing any fingers.

"We direct the general manager, we can't hold him responsible" says McIntosh of Scott MacKay, General Manager. "He does not have the power to make a major decision, the Executive Council has the final say."

Clean and green

MSVU is now pesticide-free

By Leslie Cheeseman

The efforts of the Mount's environmental committee were rewarded last week when the university approved a ban on the use of chemical pesticides on campus.

Dr. Larry Steele, a modern languages assistant professor and member of the environmental committee, was very pleased with the decision.

"Here at the Mount we take a lot of pride in our grounds," he says. "But we have realized that we do not have to use pesticides to maintain them."

Although the Physical Plant was not able to comment, Director Paul Reyno has been very sympathetic to this issue. In October

he stated: "Our goal is the complete elimination of pesticide usage on campus."

As environmental issues have been brought to the forefront, the Mount has been progressively limiting pesticide use on campus. An integrated pest management system that combined the use of synthetic and organic fertilizers, hand weeding and turf management techniques. For example, promoting a healthy lawn by cutting grass to varying lengths and at certain times. The application of pesticides, always done by professionals, has been limited. For example, this past summer pesticides were used only three times—one of which was only a spot treatment.

"Spraying will be an absolute

last resort—only to be used in an emergency," says Steele. "But the decision will have to be run by the environmental committee first."

The environmental committee is opposed to pesticide use of almost any kind. Even the most limited application can pose serious risks as most pesticides can be linked to many health problems and environmental sensitivities.

Two chemicals that had been used at the Mount in the past—Dursban, an insecticide and Killex, a herbicide—are of particular concern. Dursban, commonly known as chlorpyrifos, has been linked with nervous disorders, kidney and liver damage, and reproductive problems. Killex, a combination of herbicidal chemicals including dicamba and 2,4-

D, can also contribute to nervous disorders, kidney and liver damage, reproductive problems, birth defects and cancer. The chemical 2,4-D is currently under review by the Environmental Protection Agency in the United States because of concerns about environmental effects.

Under the new pesticide-free policy the university will now focus on alternative methods of landscaping and managing weeds and insects. It will require diversity—ensuring healthy soil, planting based on what is appropriate for the area and introducing plants, like clover, that act as natural pest control.

Other universities in Halifax have already adopted similar pesticide-free policies.

Summer student job prospects looking good

Source: The Varsity (U of T)

By Ashleigh Clarke

TORONTO (CUP) - As the school draws to a close students are busy seeking summer employment.

"I just don't want to work at McDonald's again," said first-year student Liz Donkervoort, whose had enough of the burger and fry Empire.

"I'd love to work at a country club, and I've put in a few resumes to the ones around my area, but I'm not too optimistic."

Fortunately, there's hope for students like Donkervoort, according to Statistics Canada.

The youth unemployment rate is 12.5 percent, the lowest it has been in 10 years.

The Student Employment Network (SEN) released these findings as a positive indicator for students looking for work this summer.

"For once we are not the bearer of bad news," said Kevin Makra,

president of SEN.

The group puts out an annual guide for students looking for summer jobs based on feedback from employers.

"In the past, we [at SEN] have had to tell students that companies are not looking for seasonal help or that they are planning on hiring internally, meaning people like their employees' kids," said Makra.

"But this year, the low unemployment rate means they are going to be hiring externally and will be more proactive in that search."

Colleen Phillips-Dabis, acting coordinator of the summer, part-time and temporary employment at the University of Toronto (U of T) career centre, is equally optimistic.

"The market for students is definitely better than it was five years ago," said Phillips-Dabis.

She says the career centre is being used more and more as a liaison between employers and students.

But in order to take advantage of these employment trends, Makra recommends starting early.

"In response to the limited amount of students out there, employers will be scrambling to fill their positions and are going to start looking earlier than usual," she said.

Students are also encouraged to pay attention to emerging trends.

"The increase in e-commerce and web-based companies has led to a more entrepreneurial and non-traditional approach to business, and the bulk of positions that we

advertise are from small or medium-sized businesses," said Phillips-Dabis.

With such small companies, a person might be employed to handle a number of duties that would otherwise be given to several people in a larger corporation.

As a result, the companies want a well-rounded individual.

"They are looking for tech-savvy [students], but also expect a degree of skill in other areas, like marketing and communication," Phillips-Dabis advised.

Two Atlantic universities freeze tuition

Source: The Cadre (UPEI)

By Sarah Murphy

(With files from Amanda Labonté)

CHARLOTTETOWN (CUP) - Students at two Atlantic universities are smiling after receiving a tuition freeze.

Students at the University of Prince Edward Island (UPEI) won't face any tuition increases for the 2000-2001 academic year.

The decision was announced March 21 at a student union press conference.

On March 22, students at the Memorial University of Newfoundland had their own tuition freeze extended for a third year.

In Feb. 1999, the Newfoundland government announced a two-year freeze on tuition. This has now been extended to the 2001-002 school year.

Officials from UPEI, meanwhile, were cheering their own tuition freeze.

Dr. Regis Duffy, chair of the UPEI Board of Governors, said he was pleased to be able to keep tuition fees for students at the current level. The average undergraduate arts student at the University pays \$3,480 a year in tuition.

"We appreciate this material signal of support for post-secondary education in the province," said Duffy.

UPEI President Wade MacLauchlan added that the

freeze was the first step in a three-year plan to restore investment in higher education.

"We are pleased that our students will be the beneficiaries of prudent management and increased level of public support for the University," said the president.

After numerous years of decreased funding and an average rise in tuition of 7.7 per cent per year over the last 22 years, the UPEI Student Union applauds the funding decisions.

"We would have to say no one was disappointed," said John Desrosiers, Student Union president. "The [provincial] budget and the government commitment to increase funding to UPEI's operating budget over the next three years, placed the university in a great position."

The tuition freeze at UPEI follows several recent announcements by the province, including: \$1 million towards a new Student Centre project on campus, an extension of debt relief and \$600 bursaries for third- and fourth-year UPEI students from the island.

According to figures from the Canadian Federation of Students, undergraduate arts students at Memorial pay \$3,300 in tuition.

In Nova Scotia, students pay \$4,113 on average, while the average tuition in New Brunswick is \$3,329.

ADVANCED SHUTTLE SERVICE

Transportation Between PEI & Halifax

Joe Sullivan

email: sullivanjk@auracom.com

- Various Pick-up Points
- Group Rates
- Small Parcels
- Senior & Student Discounts
- Bike Carrier Available

Comfortable
Air Conditioned
Personalized Service

Toll Free 1-877-886-3322

EXPECT MORE

TRAINING WITH A TWIST

Presents

The Art of Goal Setting

This interactive seminar creates a knowledge-base necessary for achieving your personal and professional destiny.

Key topics of discussion:

- Creating your personal Vision Statement
- Creating effective short and long term goals
- Creating and successfully using focus groups
- Staying motivated
- Setting no limitations as your limitation

April 6, 2000

or

April 8, 2000

Mount Saint Vincent University, Halifax
\$85 or \$70 if you register before March 15th

Call Today

Information Line: (902) 471-9330 E-mail: expectmore@hfx.eastlink.ca

Students rally around campus paper, criticize student union

Source: Manitoba Bureau Chief
By Dave Leibl

WINNIPEG (CUP) - Students at the University of Manitoba say student leaders on campus acted too aggressively when they passed a motion to defund and evict the Manitoban, the school's student paper.

"The motion seems to fulfil a small group's personal vendetta against the Manitoban," said Darrel Ronald, an architecture major, following a forum held by the student union.

On March 8, the University of Manitoba Students' Union (UMSU) voted in favour of dissolving the autonomy agreement between the union and the newspaper.

The motion stipulates the Manitoban will lose funding and support services from UMSU, and will be required to vacate its office space no later than April 8.

One week after the motion was passed, the student union scheduled several forums billed as an opportunity to assist in the creation of a new agreement with the paper.

But most students at the various forums - the first one began on March 14, with more planned in the coming days and weeks - showed little interest in working out a new agreement.

Instead, they asked student union President Steven Fletcher to explain why UMSU had taken the drastic measure of terminating the agreement already in place.

Discussion was interrupted several times as students applauded demands for UMSU to overturn the

motion.

Ronald, who has co-founded a group called Students at Large, says the student union's move to dissolve the agreement "assaults [students'] right to freedom of speech."

He says Students at Large wants student union councillors to reconsider the motion.

"We demand the immediate and complete reinstatement of the current autonomy agreement, given that UMSU presented and passed this motion both unjustifiably and illegitimately," Ronald said.

Although Fletcher rebuffed calls to restore the agreement, he says students who oppose the motion aren't being ignored.

"Their voice was absolutely heard," he said. "We're going to try and incorporate their point-of-view into the agreement."

Fletcher says he needs more input to accurately gauge students' opinion of the Manitoban and the autonomy agreement.

He added that five more forums have been scheduled throughout campus.

Fletcher, however, also says he must listen to the concerns of several faculty associations student presidents, and a student group named "The Association for the Improvement of the Manitoban" or AIM.

Romel Dhalla, a member of AIM, says councillors have made a "good move" in deciding to terminate the autonomy agreement.

Dhalla - last year's faculty of arts student president - said last year's Manitoban staff attempted to "demonize" and "discredit" him, and

believes a new agreement could prevent a similar incident from reoccurring.

"I think the [current] autonomy agreement doesn't provide for certain restrictions on Toban staff who go too far," he said.

Dhalla ran in last year's student union election and loss.

Manitoban Editor-in-Chief Kevin Matthews says he is glad to see students voicing their concerns over the motion.

"UMSU maintains that they were representing University of Manitoba students in trying to contravene the agreement," he said. "From what I've seen of these forums, students are letting UMSU know that they weren't representing their interests at all."

"UMSU wants suggestions, but what they are getting is an expression of students' shock and mistrust of their actions."

Aliens have Jesus, Muhammad says religious leader

Source: The Peak (Simon Fraser University)
By John Kennedy

VANCOUVER (CUP) - Jesus, Moses, Buddha and Mohammed are being kept alive by an advanced method of cloning, says a book by the leader of the Raëlian religion.

March 15 in downtown Vancouver, the local branch of Raëlianism hosted an information seminar for the public explaining their 20th-century religion.

Based on the belief that all humans are actually products of a perfected form of genetic engineering, the religion says it is based on a period before Jesus's time, who himself was the child of Mary and one of the Elohim, according to Raël's book, The True Face of God.

Elohim is the term used by the Raëlians to refer to the seven billion aliens living in outer space who they say created the earth, the plant life and all living creatures here many years ago.

Raël, whose real name is Claude Vorilhon, established the religion based on the initial contact he had with Yahweh, the leader of the Elohim, in France back in 1973. From there he went on to re-interpret the Bible.

The meeting with Yahweh, the 25,000-year-old leader of the Elohim, lasted for six days, one hour each day. Raël, who was 27 at the time, was given the opportunity to write down the correct interpretation of the Hebrew version of the Bible.

Fast forward 27-years, and Raël, who claims to have since travelled to space with Yahweh and met Jesus, Mohammed and Buddha, now resides in Quebec, and has over 50,000 followers who subscribe to his movement.

The central way in which the Raëlian religion differs from Judaism or Christianity, say followers, is how the Bible was interpreted from its original Hebrew version.

"'Elohim', translated without justification in some Bibles by the word 'God' means in Hebrew 'those who came from the sky,'" Raël states in his book.

He goes on to explain that the word 'Elohim', which is the plural of 'Eloha,' appears in the Bible, but has been translated to mean singular, when in fact there was not just one God, but many - those who came from the sky.

From Yahweh, Raël received the correct translation and interpretation of the Hebrew Bible. The new version radically differs from traditionally accepted versions.

Recognizing this fact, Raël assures us in his book that he is in fact telling the truth.

"I wish to emphasize to skeptics of all kinds that I never drink alcohol and sleep very well at night," he writes.

"One can neither dream for six consecutive days, nor invent all this. If being a visionary means having seen the light, then I am quite willing to be called a visionary. It is better to be called a visionary and know the truth than to be called clear-minded and not know the truth."

The interpretation of the Bible that Yahweh gave to Raël is lengthy and re-evaluates many biblical passages, and introduces many new ideas.

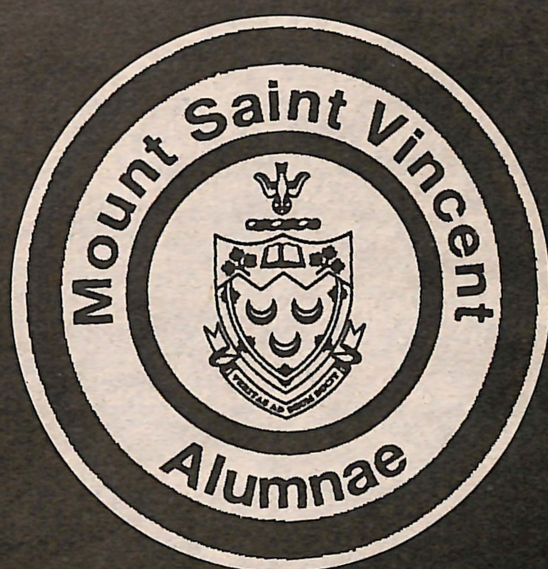
"The time of the end of the world has arrived," said Yahweh, explaining to Raël how the gospel applies to the world as we know it today.

"Not the end of the world as in a catastrophe destroying the Earth, but the end of the world of the Church, which has completed its work. As you have noticed, the Christian church is dying. It is the end of this world because its mission has been fulfilled, albeit with quite a few mistakes because it tried for so long to deify the creators."

In discussing when the Raëlian religion will overcome other religions on Earth, Fabrice Thay, Raëlian guide for Vancouver, said there is no set date.

"Probably in this millennium, that's when it will be the dominant [religion]," he said.

As to when the Elohim will return, he replied, "no later than 2035."



Degree and Certificate
framing available during
convocation day. Pre order
yours with the Alumnae Office.
457-6416

I wrote this at the Awards Banquet

No really. I did.

I applaud the Awards Banquet committee for recognizing students for their contributions to student life and for their achievements. But at the end of the day, the only people who will really appreciate your efforts are those who work alongside you.

I work alongside the rest of The Picaro staff, and I wouldn't go to the office everyday if they weren't there. They remind me that it's nothing personal when The Picaro is chastised for one person's opinion. They remind me that I am not alone, they make me smile, they make me tough—er and they make me proud of what we do.

You see the names in print but most likely you have no idea the effort they put into the service that they provide to the students. There is rarely a day when there is no one in the office and we don't keep late hours, we keep all hours.

Three members of The Picaro staff will graduate this year and I would like to present them with the following awards:

The Cheeseworld Award

Presented to the graduating Picaro editor displaying the perfect balance of professionalism, class, creativity, sucking up ability and pottie mouth. The recipient of this award is Leslie Cheeseman.

Leslie has been responsible for the news section, staff morale and vibe protection. Upon entering the office, Leslie makes everyone immediately feel more at ease. She has also increased the collective vocabulary of The Picaro and constantly amazes us with her ability to "network". Our paper, and our lives have changed for the better because of this brilliant charming person.

The Crista Stone of the Year Award

This honour is bestowed upon the Picaro editor best exemplifying the qualities and values of Crista Stone. This award could go to none other than Crista Stone.

Crista was my partner in crime, main support system and constant source of heckling and wisdom. Over her years at the Mount she has been president of the Student Alumnae

Association, on the executive of Student Union and chair of Frosh Week as well as many other positions until she finally held the most impressive position of Managing Editor of The Picaro.

This strong willed individual voices the concerns of students in council and works to protect the interests of the student press. Crista will be remembered for her great love of chocolate, her ability to get her own way and will be missed by all.

The Where You Hang Your Hat Award

Goes to the Picaro editor who has shown incredible dedication to the student paper for several years and has been consistently devoted to The Picaro despite outside involvement. This year's recipient is James Tilley.

James has been a constant at the Picaro for the past five years and it is safe to say that during his time at the Mount he's done everything: Student Union executive, Student Alumnae Association executive, Residence Council, etcetera, etcetera and so forth. But James has always hung his hat at The Picaro.

His specialized knowledge, creativity, wacky sense of humour and ability to speak to the Macs has made James invaluable. He may be leaving, but I have a feeling that a little bit of James will always belong to The Picaro.

For those people who are truly involved, an award or a standing ovation is not their greatest recompense for a job well done. Because what they will take away from their experience far exceeds what they put in.

Regardless, everyone likes a pat on the back.

No one is standing up applauding the effort of the members of The Picaro staff that are leaving this year. But, in my own way, I am. For what they do for the students, for The Picaro and for me personally I applaud you today and hereafter.

Editor's note: These awards are not real and to my knowledge there will be no presentation. However, my feelings for the staff of The Picaro are genuine and I wish them all the best in the future.

It's 4:20 in the morning...

By Rhonda Simser

It's 4:20 in the morning...do you know where our Mount security is? Neither do I. And frankly, it disturbs me. First, you must be wondering why I am writing this at this God awful hour, second, why I care where security is. Well, to answer the first question, I am the worst procrastinator, and I put all my work off until deadline had passed, and hoped to get it all done today (last night, whatever), and failed. So, I am in the Picaro office trying to get my work done, so I can go home to bed where I belong.

Which is why I care where the Mount security force is. I am a female student, alone, and it's the wee hours of the morning. The last time I saw a guard was right after the Pub closed, and I accidentally set the alarm off gathering my stuff to do my work. A guard showed up, told me to watch the sensor, and that next time to inform the security desk if someone would be here to all hours of the night.

That was about two and half hours ago. Now I know the Mount is a safe campus, but you never know who can show up. I am a female student working at a computer in the far corner of the room, as far away from the door as you can get. If someone came in, what's my defense? Well, I have the phone right next to me, but by the time I dial the

788 extension to Assisi desk, and someone picks up, I'm attacked, beaten or dead. That wouldn't look too good on the Mount security record now would it?

I know that security has more than just this building to watch over through the night, but if this campus is so safe, why do they spend so much time out there, when I am working alone by myself. I have gone unchecked since 2am. I guess because security can still see the Picaro light on, then they must think everything is okay. Newsflash, people do get raped, beaten and killed with the lights on. I should be able to feel safe that I am looked after. Sure, I'm all grown up now, but in this type of situation, I can guarantee you that I could revert to being a 5-year-old child if someone were to creep up on me, or come around the corner.

Not that if I screamed anyone would hear me...security doesn't come down here after dark.

Now, this isn't the first time this has happened. There have been many nights that myself, or other members of the Picaro staff have been here all hours. Usually every other weekend. And, no, security still does not do a few extra trips down here, or even a phone call, to see if the people in this office are safe, and still okay...meaning alive.

I am a bit of a scaredy cat, and I'll admit it. I watched one too many horror movies as a kid, and read way

too many Stephen King books as a bigger kid. I get spooked when I go to the bathroom after midnight in Rosaria, and there is no one around. When I am home by myself, I get freaked out at the slightest noise, and I always make sure my feet are covered when I go to bed, so nothing reaches up and grabs them.

But that is different. When I am at home, in my house, I know I locked all the doors, and because I live on the top floor, I'm pretty safe, I forget about the little noise I heard, and eventually, my feet make their way out from underneath the covers. My house is a controlled environment. I control it, therefore it is safe. There are no hiding places for people to stow away in while I am away. There are strong deadbolts on both my front door and my back door, and locks on my windows.

Being alone at the Mount after hours is kind of scary. You never know who might be in the building. Sure all the doors get locked, but there are no alarms on them. I should know, I go out those same doors to smoke during my all night sessions, and never has an alarm gone off. When I walk down the hall to go to the bathroom, I never know who might be behind the door, or who might be around the corner.

This is the time of morning I hate most. It is now closer to 5am then 4:30am, and there are noises coming from the hallway. I look

towards the door, but there is no one there. Security still hasn't made it to the Picaro door. I won't hold my breath, I don't expect them anytime soon.

My point? If you are going to be working anywhere on campus until all hours, make sure, first of all, let security know...otherwise you get the lecture I got. Second, don't expect to see security unless you trip an alarm. They spend most of their nights at Assisi desk. Maybe I'll start working there...

Cause guess what? That's where your Mount security is.

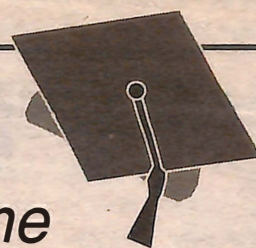
A message to the graduates

Cold water is a drink for me I want no wine or brandy besides it's pure and free and always handy. So let us drink cold water boys it will bring us health and riches. So we can spend our nights at home instead of the ditches.

- Phil Silver
for all my friends here

Hat's Eye View

Taking life one step at a time



By James Tilley

I opened up the blue velvet box to reveal something that I have both longed for and feared. My graduation ring arrived. I couldn't wait for it because, as my current professors can attest to, I have grown very tired of academic life. In fact if I never see the inside of a classroom again it probably wouldn't bother me in the least.

This golden symbol of my university experience is also very frightening. No I am not talking about the cost. It means that I am going to graduate. And that scares the hell out of me sometimes. I have been in school for 18 years now. So essentially I have been a student for my entire life. I'm not sure if I am ready to leave just yet.

One night I went for a short walk, just to get some fresh air. It was a beautiful night, the stars were shining and there was a cool breeze. I walked down the highway towards Bedford when I, almost instinctively, started to walk up Tremont Drive. Halfway up the hill is Rockingham School. The building looked so small.

A dozen or so years ago I moved to Halifax and started my first year at Rockingham Elementary School. It was frightening because it was a new school and I had to make all new friends. But it was also exciting because it was a new school where I had to make all new friends. When I moved into the Junior High wing of the school we were the rulers of all that we surveyed. By grade nine life was going perfectly, I was involved in the sport teams, the yearbook, the play... I did it all. Then one day one of my teachers asked me to be the Valedictorian (I actually had good marks then), I was honoured. But that's when it sunk in, I was leaving Rockingham Junior High.

My walk continued after I noticing that they changed all of the jungle gym equipment outside of the school. I eventually ended up in Fairview, where on Titus avenue there is an aging brick building. They'll never fix the cracked brickwork of Halifax West High School.

Entering high school for the first time was other very exciting experience. At the time the school was enormous, three floors, science labs, computer labs, (a typewriter lab also but we don't have to dwell on that), even a cafeteria. However, we were no longer the top dogs any more. As the saying goes, we were now the little fish in that huge pond. Going through the whole rookie experience was way to weird to handle. But after a year or so you get over that, you eventually carve your little niche in the world. In my case I was doing what I do best, trying to do

too much.

The cruel reality hit a little earlier in my grade twelve year. Working on the yearbook meant that the topic of graduation, and graduation pictures came up frequently. We had our awards night, our grad week activities, even the big prom and it all came down to the big day. Where all of my friends new and old gathered together clutching on to newly acquired parchments. Most had the rest of their lives planned in advance, heading to university for law, medicine, business, archeology, music or whatever. Then there was me, who was enjoying High School a little too much. I enjoyed doing the paper, the student council, the model parliament, the volleyball, even some of the classes. Life past graduation was too different. I just didn't like change very much.

But life was not lost, I had eventually made my choice and I had been accepted to go to the Nova Scotia College of Art and Design (NSCAD) for January. I was going to live the life of a designer and go to school and follow in my mother's footsteps. But there was a little hitch, I had to do something in the fall, and I didn't want to lose my academic edge (the concept now makes me laugh but...). So I decided to kill some time and get a few electives at this Mount Saint Vincent place.

My walk turns into a hike as I head up Seton Road, entering the university property. Just like I have done millions of times. My dad has been teaching here for over 15 years, I used to come here for March Break Day Camp when I was a kid. So when I started university it wasn't to much of a transition. Sure the pub no longer had carpets, but I could handle that.

Besides it was only for a term. Then boredom kicked in, if I wasn't really busy things didn't seem right, so I walked up to the fourth floor of Rosaria and wanted to know how I could get involved. The student union was moving its office downstairs. Despite that one person stopped and talked to me for a while, I didn't have to fight my way to the top. In High School you were basically not important, outside of your circle of friends, until you hit grade 12. The seniors had ultimate power over the frosh - rookie mentality setting in again. You path was chosen for you.

After a very short time I had carved myself a niche in the school. It took 3 years in high school, and 3 weeks at the Mount. Things sure moved fast in the university world. I realize that this is going to sound like a pitch from the Admission's Department but, my time here has been the best years of my life. Sure some of time I really want to blow

things up. But that feeling never lasts. I have had more fun, made more friends, and learned more about the world, and myself in the past five years than in the rest of my life.

Now that my world has become perfect, a little thing like graduation gets in the way, again. So in less than a month and a half I will have to enter the real world, grow up and get a "life". This is quite shocking considering I still have no idea where I want to take my life. Remember that I am just at the Mount killing time, and five years later I am getting quite good at it.

So myself and all of my fellow classmates are about to become alumnae of the best university,

period. Some may not think this but it is true. Too often do we pick apart things and criticize. We rarely ever sit back and look how good we have it. The ultimate fact is that you guys choose to come to the Mount and school is what you make of it. If you get involved then it will become better. If you sit back and do nothing then it will do nothing for you.

I have come to the realization that the same is true with life. If you take an active role in your own life then you can accomplish whatever you want. University is just the first step on the great path that is your life. It is up to you where you let life take you.

I've included this because it is something that we put into my yearbook. It is something that all of my fellow Mount graduates (past, present and future) should reflect on. For convocation in the first day of the rest of our lives...

"Oh, the places you'll go."
Congratulations!
Today is your day.
You're off to great places!
You're off and away!

You have brains in your head,
You have feet in your shoes.
You can steer yourself
Any direction you choose.

You're on your own. And you know what you know,
And YOU are the guy who'll decide where to go.

You'll look up and down streets. Look 'em over with care.
About some you will say "I don't chose to go there."
With your head full of brains and your shoes full of feet,
You're too smart to go down any not so good streets.

And you may not find ANY
You'll want to go down.
In that case, of course,
You'll head straight out of town.

It's opener there
In the wide open air.

Out there things can happen
and frequently do
to people as brainy
and footsy as you.

And when things start to happen,
Don't worry, Don't stew.
Just go right along.
You'll start happening too.

Oh! The places you'll go!

By Dr. Seuss

Letters to the Editor:

Please, dear faculty, do recognize your students.

Dear Faculty,

As a masters student in education it is important that I express to you my feelings on the importance of the nature of education as well as student university life. I know you are probably thinking that you are a professor, you are also involved in education and you know what education is about. I must say that I really appreciate that however, I have a few comments of my own to make and I would appreciate your attention. University students, whether young teenagers or mature students, are both at university for the same purpose. Yes we are here to learn but the main reason we are here (whether we realize it or not) is to grow. We are here to grow in knowledge, in character, in experience. We are here to make mistakes and to learn from our mistakes before we go out to face the real world.

I cannot disagree that the task of the professor is a dire one especially when faced with students unable to keep their eyes open in class, students who never show up to class and students who appear to not care the least. It is probably these students who are the youngest, who just got out of high school and have entered an array of new experiences that they have not yet learned to maturely address or take seriously. It is these students that have exited from the level of school to the level of university. With this entering into the realm of university emerges the sense that they are no longer high-schoolers, they are no longer youth but rather mature responsible adults or on their way to become mature responsible adults.

This is a crucial time for these first year students and this is the time when professors guided assistance is critical. It is the faculty members responsibility to grasp the students attention and to teach in a way through which interests could be raised and expressed. It is the faculty members responsibility to recognize the individual idiosyncrasies within the classroom and to find the individual talents and capabilities that could be highlighted. We cannot deny that we all have different learning styles and that that professors have different teaching styles. However, as a master of education student I am confident to say that teaching and learning are shared experiences that do not rely solely on the text or subject matter but also on the interactive relationship of members within the classroom. This interaction involves caring, a commitment and a responsibility. Some students may not portray these qualities however, they can be taught to build them. Some faculty members may be passionate about what they are teaching but they need not forget whom they are teaching.

What I am trying to say is that education and the university experience is about growth. I do not applaud irresponsible action, however, I do applaud the professors that realize the capabilities and interests of their students. I do applaud the professors that recognize the diverse learning styles and attempt at teaching for these differing styles.

Again I return to these first year students (or often they may be second or third or any year students). It is

important that professors realize that they are at a growing phase in their lives. They should not be let off the hook for their immaturity, however, they should be directed and assisted in shifting from one phase to another. They should be aided in their transition from the high school sense to the university sense and to their future adulthood. Professors, it may be frustrating for you to deal with all this however, you need to believe in your students in order for them to believe in you. And with this belief comes the passion for teaching as well as for learning. It is with the creation of such a passion that students are guaranteed to listen and show a willingness to learn.

Please, dear faculty, do recognize your students. Do recognize their abilities. Do recognize their characters whether

their maturity or immaturity. Do recognize their input. Dear faculty, create a safe classroom environment for your students; an environment where you have faith in them, you believe in them and you trust them. Create an environment of interaction, collaboration and sharing. Dear faculty, make the students believe in themselves by believing in them. Address their interests in order for them to become a part of the learning community within the classroom. Finally remember that learning is not about the grades but the growth! And university life is not solely about learning through the books but also learning through the experiences of others, through the extracurricular involvement, through collaborative effort and through your experiences.

Manal Mahshi, Research Masters of Arts in Education

From where I'm sitting

A response to Steven Perrott's "An open letter to Mount students"

To the Editor:

I sit in the back (sometimes hidden in the middle) of one of your Psychology courses. Infrequently, I answer a question when I am confident I know the answer. I am nervous of the views other students will form of me for responding aloud in class, and even for just being there. However, somehow I have always alluded the fear of being judged harshly by my professors.

I enjoy school, and view it as a privilege and reward that I have, and continue to, work hard for. I have already attained an undergraduate degree in a part-time study program at a different institution, but this is my first encounter with the full-time university experience. I have held a formed respect for my teachers and professors for as long as I can remember. Maybe I was, and still am a "goody-two-shoes", but I don't think that is entirely relevant. For you, I held this respect. Even though I did not always agree with your views or statements, I always believed that you deserved my respect and attention. I believed that due to your experience, your education and the fact that you are a member of the human race, you deserved these rights. In some ways I still feel you deserve these privileges. I will continue to give you my attention and will further trust your knowledge of the material you are attempting to teach me. My only fear is that you have tainted this knowledge. Let's both hope not.

As I mentioned, I sit in the back of your class. I try to remain as unnoticed as possible. This is not because I am inattentive or unprepared, it is simply because I am shy. When I attempted to respond to your questions in class it was difficult for me, this act frightens me. What gave me the power to do it? I was able to trust you not to criticize or judge me.

You repeatedly ask our class why there is so little reaction and participation during your lectures (I attend the EMF class broadcasted on TV). Whatever the reasons for the lack of interaction before, I can hazard the guess that your harsh editorial will not help your cause in encouraging class participation. I will also guarantee that I will not be exposing myself to the threat of your criticisms and judgements. I will now attempt to become even more anonymous to you, in the class I am putting myself in financial debt to attain.

I am not afraid of you or your views. I am sure you are not the only apparent ogre that holds these views, I can only hope that all such participants in this theory are not as educated and influential as you seem to be. Although I do not fear you, I do not trust or respect you or your views. Your outspoken opinions which seem to be an attempt to intimidate others—especially students (which you have succeeded in doing, at least with me), has robbed you of something you claim to desire, our respect and gratitude.

You have the right to educate us, to instill the values of Psychology and educational determination and to collect your paycheck for doing these actions. What you seem to misunderstand is that not you, nor anyone else, has the right to abuse this "power" by forcing his or her bitter views down our throats. Regardless of my anger and disappointment, I feel you do deserve the acknowledgement of your position, and therefore my respect in that manner. I also feel the need, perhaps naively, to apologize to you for my expression of these feelings. I hope I am not overstepping my rights, as I feel you are.

Kim McDonald, Psychology student

"A bitter example of professional angst"

To the Editor:

Dr. Stephen Perrott's open letter to Mount students (Feb. 22, 2000) is little more than a bitter example of professorial angst. On the one hand, it's a very emotional piece; his anger, sadness, and dismay clearly come through to an audience. But when read closely, we see that his work runs the whole gamut of reasoning—from A to B.

The article offers few realistic solutions to students. The university he envisions is, in the end, more dystopian and Orwellian than the one we have now. The kind of accusatory, dismissive cant that he preaches serves no real purpose other than painting himself as some educational martyr being led to slaughter each semester.

My advice to professor Perrott is that the next time he confronts a student with his "poker face" while smiling on the inside, he should try and be more visibly open and happy to talk with him or her.

My advice to Mount students is to ignore his one-sided opinion. After all, should we trust someone to tell us how to behave when that person

admits that he can't convince his own teenage son to buy into his grand philosophy of life?

Teaching is the kind of profession where one doesn't immediately see the dividends from the work put in to it. Professor Perrott is short-sighted in thinking that those "vacationers" and "prisoners" in class aren't listening to his words. I suspect that they are taking it in; it's just that the impact of his teaching will take a little longer to sink in. And here I'm speaking from experience. I used to be one of those aloof, contemptuous little shits sitting at the back of class. But I clearly remember things my English and History professors said to me as if it were yesterday.

What was my excuse? I was young. And today I tell my students that given a choice between studying, reading, writing, and going to class or being irresponsible and wasting my time at school partying and goofing around, I know I'd have no hesitation in choosing the latter again.

David R. Wilson, Part-time professor, English

Logic and Reason Face Off Against Hurt Feelings (Yours and Mine)

If I were still a student, would I enjoy how Mr. Chambers kicked the high and-mighty professor's butt? Would I have a good laugh in the Link or in the Sacateria about how that arrogant, know-it-all professor got put in his place? Maybe. After all, our friend Rob stood his ground against his criticism. After all, Rob is one of us and Perrott is one of them. Whatever King Perrott got in return was well deserved. After I finished laughing I hope I would ask two questions: 1) why would Perrott stick his neck out if he didn't want his head chopped off?, and, 2) was Chambers' ad hominem attack fair or logical?

Second question first. Try to locate any reference in my initial letter that suggests I might negatively judge students on the basis of skin colour, sex, clothing, head wear, number of body piercings, or where one sits in the classroom. No? I didn't think so. Oh, I did say something about the back of the auditorium. I plead guilty. When combined with your dirty "covered-in-who-knows-what" feet on the upholstered chairs and a "speak-to-the-hand" facial expression, I begin to wonder about maturity. I know the look and so do your classmates. Stereotyping? Sure. More often correct than not? What do you think? Ever wonder how keen your classmates are to place their butts where your feet have been?

Now, did Chambers ever get to my central thesis? Just what were my central criteria? Oh yeah, "a desire to learn, a willingness to exert effort, and a knowledge that developing yourself for the betterment of society is both a privilege and a responsibility." I believe in rights with responsibility. What unrealistic expectations! How dare I be judgemental! Have that unprofessional professor censored! What implicit contract do you think the taxpayer buys into with you? It goes like this. It is in the best interest of society to develop university graduates who can express themselves clearly and think critically; even those taxpayers who don't directly benefit must support your education. A university education is maybe our best last chance to develop the leaders who might tackle the problems of a hate filled world and a dying planet. I'll bet that the average taxpayer understands that some of you with lower marks are better students than some of you with higher marks. I don't think Jane Taxpayer begrudges you some fun or even expects you will get it all together in your first couple of years. She probably does, however, think that the launching point for growth should be from the maturity level of a young adult and

not adolescence. I'll bet that she would like you to attend the classes for which she pays.

My first article provocatively set up a dichotomy; in Mr. Chamber's terminology, Santa's naughty and nice list. Many of you appropriately selected into the first group and felt validated by my letter while others appropriately selected into the second group. However, the letter was not primarily directed towards either group (for the first group, there was no need, and for the second, no point). Rather, it was a challenge to those of you who haven't quite got it figured out yet (aha, so that's why he stuck his neck out; maybe he's concerned about us). Before you get further caught up in Link and Sacateria groupthink, review my letter and my criteria. If you meet the criteria or are getting there you need not have felt insulted. If you are not heading there and have no intention of doing so then I don't care what you think about me. You get to choose: responsible citizen or self-absorbed brat? Even if my generation has underestimated you, you can choose to surprise us. You see, I was giving you credit. Go

ahead, prove all my faculty colleagues who think you "can't get it" wrong. Do you prefer your classroom to feel like Romper Room and for me to resemble Mr. Rogers or do you wish to be challenged? Do you want to join me and my colleagues on a rewarding adventure or do you want to get into the playpen with Mr. Chambers? I promise to work hard and give you the best experience I can. I must be honest with you though. When you come over I'll be baby-sitting. I hope it doesn't get in our way too much. The kids are a little noisy but at least they are toilet trained.

Stephen B. Perrott,
Ph.D., Associate
Professor of
Psychology

Textile Management Internship Program

The Textiles Human Resources Council is looking for technology, engineering and science graduates who are under 30 years of age for our one-year Textile Management Internship Program (TMIP) – a program with 100% industry placement and national winner of The Conference Board of Canada's National Partners in Education Awards!

The TMIP is a unique and innovative post-graduate program delivered by McMaster University and Mohawk College, both located in Hamilton, Ontario, and North Carolina State University in Raleigh, NC.

The next TMIP scheduled to start September 2000 offers:

- world-class education in textile technology and M.B.A. curriculum
- paid four-month work placement within the textile industry
- one week at North Carolina State University's state-of-the-art facility
- excellent well-paying career employment opportunities

All for the modest tuition of \$2,500.

Canada's \$10 billion textile industry is unique, supplying more than 150 manufacturing sectors with traditional, innovative and world-first products. If you are looking for a challenging and rewarding career send your résumé to the contact information below. Qualified applicants will be sent an application package.

"I have a great paying job, a workplace that appreciates and respects me because of the uniqueness of my education, and a future that brings a smile to my face."

Scott O'Neill
TMIP 1999 Graduate
B. Sc., University of Windsor

Completed applications must be received
at the address below by Friday, June 2, 2000



Textiles Human Resources Council
Conseil des ressources humaines de l'industrie de textile

Textile Management Internship Program c/o Textiles Human Resources Council
66 Slater Street, Suite 1720, Ottawa, ON K1P 5H1 Tel: 613-230-7217 ext. 310
E-mail: shirley.mckey.thrc@sympatico.ca Web site: www.3sympatico.ca/thrc

L'ARCHE THE UNIVERSITY OF THE HEART

L'Arche Cape Breton is a community for men and women who are mentally challenged and those who share life with them. We are a community committed to equality, solidarity, and simplicity, and since we began in 1983, hundreds of people have come to share this way of life with us.

We have welcomed many volunteers from Cape Breton, and from the UK, France, Austria, Germany, Granada, India, the United States and all over Canada. The experience in L'Arche has not only changed the way we see people with disabilities. It has changed the way we see the world.

We are always accepting applications from energetic, open-minded, and committed people. We provide room and board plus a monthly stipend, and will consider covering your student loan payments. There are even programs available for people interested in volunteering overseas, as there are over 100 L'Arche communities throughout the world.

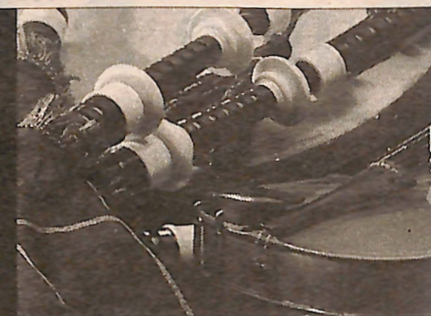
Not sure what you are doing? Why not consider volunteering with L'Arche? Contact us for an information package.

L'Arche Cape Breton
Whycocomagh, NS B0E 3M0
Ph: (902)756-3162 Fax: (902)756-3381
E-mail <larchecb@atcon.com>
WEB SITE <www.phk.auracom.com/~larchecb>



GOLDEN RULES of CELEBRATION

ix. No dancing on the tables.
Until the second set.



AFTER
MORE THAN
175 YEARS,
TIMES MAY
CHANGE
but one rule
remains the
same. Keith's
is the toast of
Nova Scotia.

Those who like it,
like it a lot.



Buy a Daffodil and Give What You Can...

By Nicola Hanson

April 1st is typically a day for humor. It is a day to revel in mischief and play practical pranks. For me, April 1st is day of reflection and remembrance as I am transported back to 1995, a day when my mind was foggy and my body was tired. At the time, I was unable to fully comprehend all of the pain that I had endured in the previous eight weeks. There were points during those days that I was so close to death, I actually saw the 'light.' Some how I managed to pull through the month of March and it was on this day five years ago, through pain and exhaustion, I was asked to make the most important decision; a decision that ultimately saved my life.

January 4, 1995, I was diagnosed in Toronto General Hospital, with acute myeloblastic leukemia (AML). Leukemia, derived from two Greek words meaning, "white blood", is disease of the body's white blood cells. It is a cancer that attaches itself to the bone marrow, the spleen, and the lymph nodes, causing pain and deterioration of the body until death. It is the eighth most common of all male and female cancers in adults over the age of 60, tending to occur more frequently in males. Leukemia claims the lives of more children than any other disease, and 70 percent of affected children are now being cured. AML most often appears in adults and more than 50 percent of affected adults reach disease remission lasting one to five years. The symptoms include an elevated white blood cell count and depressed red blood cell and platelet counts. Leukemia displays no early warning signs. In the early stages of the disease, many symptoms resemble those of common, less serious illnesses.

My symptoms resembled those of the stomach flu in the early stages. After a short amount of time, I had various other symptoms added to my nausea including fatigue, loss of

appetite, bruising and bleeding. From the onset of AML until death, if not diagnosed and treated, can be as little as three months. When I was admitted into the hospital my hemoglobin (red blood cells) were way below the low end of the normal range. Which accounted for my lack of strength
a n d



shortness
of breath.

The first moments in the hospital were the scariest of my life. With one word I received the biggest blow that I could receive. I had cancer. The list of questions that most people would have are: What is this? How did I get it? Why me? However, I was so exhausted and relieved to know what was wrong with me and that it was something I could fight, these things didn't come into my head right away.

I spent the first two hours having blood pumped into my veins while I called the people I had to call and then I watched Seinfeld without sound. It was the episode that everyone had been waiting for, the one that revealed Kramer's first name, and I could not hear it! One of the most defining moments of my life and Seinfeld is something I remember so clearly?

The Leukemia had taken over so much of my bone marrow that it was unlikely that I would achieve remission after the first round of chemotherapy. Fortunately my

mother and the doctors had the good sense not to give me this information. Six weeks later, after a series of fevers, nausea, a list of drugs a mile long and a head-to-toe body rash, I was told that I had achieved remission.

Cancer is fought through a series of chemotherapy sessions.

The chemotherapy kills all of the cells, the cancerous ones and the ones that are not cancerous. It wipes out all the blood cells, which are replenished through transfusions.

Every day has a rigorous schedule that begins around 4 a.m. when

the nurse comes to take your blood. The labs then send notice to the nurses if a blood transfusion is needed.

My nurses quickly discovered that I am not a morning person. They were able come into the room and take my blood without waking me up. We even had deal, they didn't wake me up for breakfast and I did everything they told me all day long.

I was moved the Queen Elizabeth II Health Sciences Centre, Victoria General Site in Halifax, for the remainder of treatment. During my second treatment, I had several more complications. I spent over eight weeks in the hospital during which time I had the fight of my life. I had a series of infections in my throat which prevented me from speaking, I had more infections in other areas of my body that the doctors at the VG had never seen before.

It appeared, in the end, that I had, had an allergic reaction to the chemotherapy during this treatment.

In order to cure the reaction the doctors needed to consult the Royal Victoria Hospital in London, England.

Finally on April 1st my doctor came to talk to me. There was nothing April fools about this meeting. At this point I had options. I could continue my treatment on schedule and have the third chemotherapy as planned, or I could skip this one and go straight for the last session, which would be followed by a bone marrow transplant. Sounds like an easy decision, right? Wrong! Dr Robinson asked this question because I had such a difficult time with the session I had just finished. I was still in remission, and she was afraid that if my next session was as bad as the last, I might not live.

I asked Dr. Robinson which was the best route. She told me, as a mother she recommended skipping to next treatment, as a doctor, she knew that I had a far better chance if I went through the entire process. I viewed this option as a short cut and a very appealing one. My mom had made her opinion very known; she wanted me to skip the next session. This decision was mine, and the pain from the last weeks was very fresh in my mind. I knew that short of death, I could not experience more pain then I did that March, and I survived. So I decided to go through the entire process.

The next chemotherapy session was very easy, with minimal complications. It was at this point that we started planning for my bone marrow transplant (BMT). The date was set for June 13, but I said that wasn't good for me, I had a REM concert to go to in Toronto. Dr.

Tom Neville (my BMT specialist)

**TEAM
IN TRAINING**
a training program for all levels

What is Cancer?

Cancer is a disease in which abnormal cells in some organ or tissue go out of control - growing and increasing in number.

Preventing Cancer

About 60 to 70 percent of Cancers in Canada could be prevented if Canadians adopted healthier lifestyles.

- quit smoking
- eat more fibre and less fat
- protect yourself against the sun
- get regular screening tests

Contact Information

The Canadian Cancer Society has a toll free information service. 1-888-939-3333 and its available in english and french.

...The Life You Save May be Someone You Know

knew me very well, and he knew that I had been looking forward to this concert for months. As it turned out my tickets were in the front row and my friend and I were invited to go backstage to meet REM. That concert helped more for my mental health, than all the painkillers combined worked for my physical health. However that just enticed Dr. Neville to tease me more and he finally scheduled my transplant for June 29, 1995.

Transplant day arrived and it was the most anticlimactic event in the whole process. The word transplant conjures up certain images, but in reality a bone marrow transplant is a very simple process and no more invasive than getting a blood transfusion. The most traumatic part of the day came as the doctor began to inject the bone marrow into my blood line, this tremendous smell of rotten cream corn filled the room. Everyone could smell it, it was overwhelming. To this day I cannot eat cream corn.

June 29 is now officially my re-birthday and I celebrate it faithfully every year. The staff of the Victoria General, the Toronto General and the Cancer Society both here and in Ontario are amazing. I would not have gotten through without them. Here at the Atlantic chapter of the Canadian Cancer Society, Anne Grant offered an amazing amount of support to my family and me. My mother was in constant contact with her during the duration of my hospital stay.

With the amount of people effected by cancer, the Canadian Cancer Society is a vital importance to our society. During their lifetimes, one in nine women are expected to develop breast cancer, and one in 25 are expected to die from it. One in 21 women will develop lung cancer and one in 22 will die from. According to Statistics Canada and the Canadian Cancer Society, cancer is the leading cause of death in both Canadian men

and women.

The Canadian Cancer Society also helps educate people. About 60 to 70 percent of cancers in Canada could be prevented in Canadian adopted healthier lifestyles. If more people quit smoking, ate healthier diets with more fibre and less fat, and protected themselves from the sun, the incidence and mortality rates in

Canada would drop. The Canadian Cancer Society is an amazing resource for those with cancer and those who have a loved one with cancer. The society's mission is to improve the quality of life of those affected by cancer, reduce the use of tobacco and increase the support for research. The CCS was a tremendous support to my family and me.

Christine Koseski of the Ontario branch of the Canadian Cancer Society said there are many patient services available. The programs vary depending on the region however some of the programs that are currently available at various offices throughout Canada include group support meetings that patients or friends and family can attend. One-on-one meetings for people who would prefer privacy. Finally, there is a women support group for women with breast cancer. In Ontario the Cancer Society has a program in place called Cancer Connection.

"Cancer Connection is really useful because not everyone is able to go to a support group meeting," said Koseski. The Cancer Society matches up a volunteer of the same age, gender, and lifestyle and to a patient with a similar illness. The CCS pays all the long distance charges once the two people are matched.

All of the Cancer Society's programs are funded entirely through private and corporate donations. The Cancer Society does not receive government funding. The program funding comes from corporate donations, door to door donation, private bequests, and memorandums. April is daffodil month.

On March 31, April 1, and April 2 you will see people on street corners, in malls and other wherever the crowds are, selling daffodils.

This raises some money, but it is only the tip of the iceberg. "The daffodils are meant to remind people that it is time to give," said Koseski. "The are meant to raise awareness that spring is here and its time to donate money, it gets people thinking about it."

There are many similar foundations that raise money for different types of cancer. One of these is the Leukemia Research Fund of Canada (LRFC) which is a national voluntary organization committed to the elimination of leukemia.

Hodgkins, myeloma and other related blood diseases. The LRFC has spearheaded a program called Team in Training. The program is designed to help people meet their personal fitness goals while raising money to help find a cure for leukemia, lymphoma, Hodgkin's disease and myeloma. After making a donation to the foundation you are

set up in group-training and end with running a marathon.

"Thank you, Team in Training, for providing me with a wonderfully supportive structure, through which I can publicly celebrate the memory of my beloved husband, Stanley MacDonald, and carry on his courageous battle. It is a truly heartwarming experience to share with so many generous spirits in striving to outrun a thief that has robbed too many lives. I look forward to reuniting with this special and rapidly-growing family for the 2000 marathon," said Breda Rooney, Toronto 1999.

After reading about the Team in Training I logged on to the Web site: www.team-in-training.org and I printed my registration sheet. I will run in the Canadian International Marathon in Toronto on October 15, 2000.

On June 29, 2000, I will be celebrating my re-birthday, my fifth year of being cancer free and I will be half way to my goal of running in the Canadian International Marathon in Toronto. In the meantime I try to live every moment and every day to the very fullest that I can. Life has its ups and downs, but its a long trip and I try to love every minute of it.

develop the
hero
in you!!

A race for life



SPIRITUALLY SPEAKING...

by Martha Martin, MSVU Chaplain

Why do some people give things up for Lent?

Lent is a season of the Christian year which immediately precedes Easter, the most important day of the Christian church year. Lent consists of forty days, not including the six Sundays, from Ash Wednesday to Holy Saturday. The English word "Lent" comes from the word "lengthen", probably in reference to the growing daylight at this time of year in the northern hemisphere.

Lent was not always celebrated within the Christian Church. In fact, in the first centuries after the death of Jesus, the focus of the early Christians was on Easter Day. Gradually the period of fasting increased from forty hours before Easter to all of Holy Week. It wasn't until the year 600 that the fast extended to include forty days prior to Easter, not including Sundays. This length of time was meant to coincide with the forty days that Jesus spent in the wilderness in preparation for his public ministry. The focus of this forty days became

a time of preparation for profession of faith and baptism, and then it became a practice for other church members to enter into forty days of penitence and fasting to better reflect on their own vows of membership.

There are probably many Christians who remember Lent as a time of excessive gloom and self-denial. Some see it as an opportunity to remember and identify with the suffering of Christ. However, it is important to remember that Jesus died because he lived in a society that executed people who threatened the status quo. The method of execution was crucifixion. Jesus died because he continually chose to live his life in a way that gave life to others, by offering them dignity and justice. Even when he realized what his ultimate fate would be, he did not waiver in his actions to stand in solidarity with the oppressed and marginalized of the day. If we only focus on the suffering of Jesus, we

miss the saving activity, or salvation, that is found in his life.

However, during Lent, Christians are invited to take time to look at their own lives in the light of Jesus' ministry, to reflect upon the parts of their lives that may be neglected, that need a little extra nurturing—to enter into a time of reflection about what it means to be a follower of Jesus. For some, giving up a favourite food or activity is a daily reminder of this invitation. It may also serve to remind people of the many privileges that we in the Western world enjoy, of the great injustices in the world today, and how we may be called to faithfully respond.

The central belief of Christianity is that Jesus was raised from death to new life. After forty days of reflection and introspection, Christians celebrate Easter Sunday. Because of the resurrection, those closest to Jesus were able to find the courage to come back together after the crucifixion to continue his

ministry. As people found hope and meaning in the story of the resurrection, it spread throughout the world. The evil and suffering of the cross is transformed into Easter Sunday. In this world where so many experience pain and suffering, this story of transformation can be very powerful. We can also reflect on our own lives—when have we experienced a transformation that came out of something terrible? Sometimes our most painful times have given birth to something new that became a turning point in our lives. We see it in nature all the time—particularly in this part of the world, the rhythms of the seasons, the cycles of death and birth, are evident all around us. My favourite example is that of the butterfly—a creature that seems to "die" in its chrysalis stage, but in fact transforms itself into a beautiful butterfly.

Helping Us Find Our Way

By Paula Fairfax and Sharon Fraser

As we were walking down the Mount's hallowed halls the other day, we were discussing our plans for when we graduate (although it is over a year away!). The idea of starting our own business is foremost in our minds right now, but how do we get there? That's when we saw a poster: The Nature of Leadership. It seemed just the thing for us. But what was it all about? We decided to call one of the sponsors and find out. We were surprised to find a Mount grad, from our department no less, on the other end of the phone. Catherine Hebb, BPR '93, owner of JADE Communications Inc., is one of the sponsors of this two-day workshop. She gave us the scoop and we felt it was our duty to pass it on to you.

This workshop, led by Roger Merrill, Vice President of Franklin Covey Co., is all about choice. It is aimed at those of us who are having difficulty balancing the many facets of today's busy lifestyle—family, work and of course, studies. It deals with the three constants in life: change, changelessness and choice.

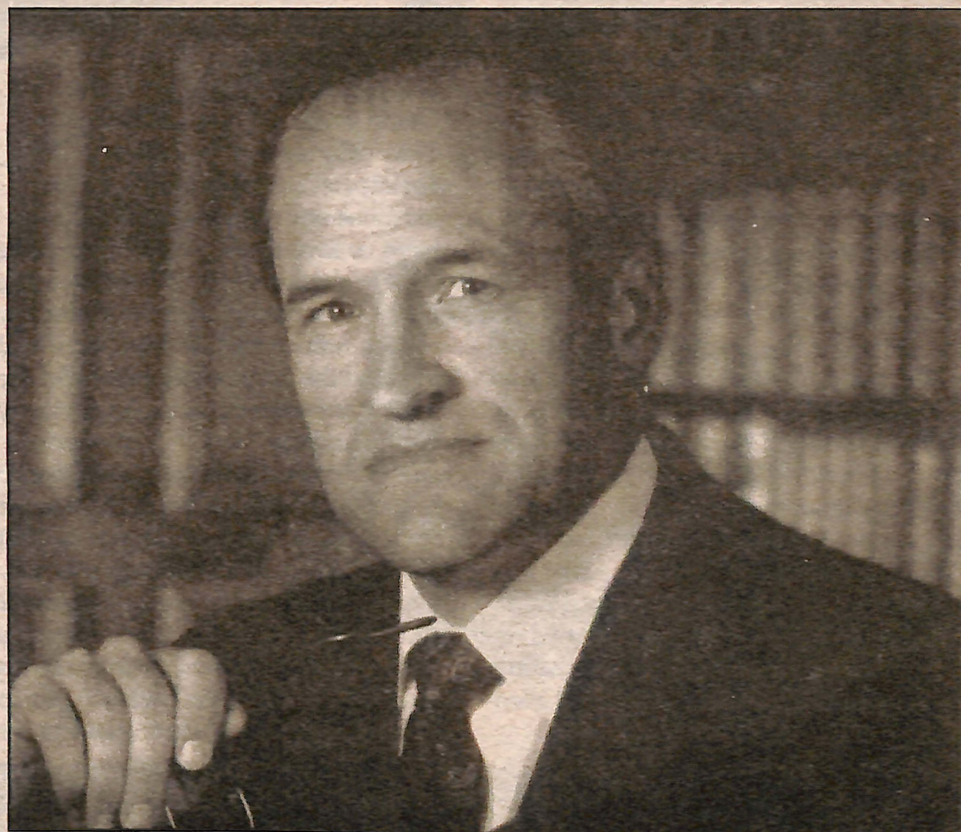
Roger Merrill is co-author with Dr. Stephen Covey of the best selling time management book, *First Things First*. He is also the author of *Connections: Quadrant II Time Management*. Merrill, a popular speaker, has been featured on programs such as *The Today Show*

and ABC's *World News Tonight* and in publications including *Business Week* and *Fortune* magazine.

"This is Merrill's first public appearance in Canada and we are extremely fortunate to have him here for this session," says Hebb. "This workshop is for anyone interested in getting their life in order and making the most of opportunities that otherwise may pass them by."

The first day of the workshop focuses on the natural laws and principles of being a leader in the workplace, community and family environments. What is that you ask? Well, it deals with such things as why it's so important to open yourself to "third alternative solutions", how you can make better choices to gain a more accurate perspective and how you can become a better leader. These are all things you can learn from nature and Merrill will show you how. "It is all very practical advice," says Hebb. "We all can learn about dealing with choices and change. All of us continually live with change and what it brings to our lives."

The second day is about "Putting First Things First". In a nutshell this means clarifying your values, developing trust in your relationships, loving your work, creating joy at home and increasing your effectiveness and efficiency. Like many of us, whether you're a mature student or not (some of us are more mature than others), the reality



of the "real world" is that we must continually prove ourselves as leaders. "This is something I deal with on a daily basis," Hebb adds, "I have to run my business while at the same trying to give back to the community and have a personal life outside of all my other commitments. It isn't always easy."

We hope this has given some insight into the material you have seen around the campus. It is for students, professors, small business owners and those of us who are

considering our own small business. Although, nothing comes without a price, the price more than covers the cost of what we will walk away with. So, if you want to freshen up for spring and hopefully create a healthy balance between work and family, this is a great place to start.

Paula Fairfax and Sharon Fraser are both Public Relations students at Mount Saint Vincent and aspire to start their own business when they graduate.

Christine's Cuisine



By Christine Kennedy

Spring has sprung and school is almost done. There is no better way to finish off the year than with a bang, so here are two of my alltime favourites. They aren't everyday recipes, but when you have the time and the patience, they are definitely worth all the effort in the world. CK's Classic Pizza and Choco-Coconut Cherry Cake Roll are on the menu and here's how to serve it up!

Classic Pizza

| | |
|----------------------------|---|
| 1/2 tsp | active dry yeast |
| 1 tsp | sugar |
| 1/2 cup | very warm water |
| 1 3/4 cups | all-purpose flour |
| 3/4 tsp | salt |
| 2 tbsp | olive oil |
| 1 medium | onion, chopped |
| 1 clove | garlic, minced OR |
| 1 tsp | garlic powder |
| 1 can (14 oz) | tomatoes, whole, peeled, undrained and chopped |
| 2 tbsp | tomato paste |
| 1 tsp | dried oregano |
| 1/2 tsp | dried basil |
| 1/8 tsp | black pepper |
| 1 3/4 cups | mozzarella cheese, shredded |
| 1/2 cup | Parmesan cheese, grated |
| * Toppings of your choice* | |

1. Sprinkle yeast and 1/2 tsp of sugar over the warm water in a small bowl.
 2. Stir until the yeast is dissolved and let stand until the mixture is bubbly.
 3. In a medium bowl, place 1 1/2 cups of flour and 1/4 tsp salt and stir the yeast mixture and 1 tbsp oil into it.
 4. Knead on a floured surface using the remaining flour if necessary to form a stiff elastic dough.
 5. In a warm place, allow the dough to rise in a greased and covered bowl until doubled in size, 30 to 45 min.
 6. Meanwhile, heat the remaining 1 tbsp oil in a saucepan over medium heat.
 7. Add the onion and cook 5 min or until soft.
 8. Add garlic and cook 30 seconds.
 9. Add tomatoes and paste, oregano , basil, 1/2 tsp salt and 1/2 tsp sugar and 1/8 tsp pepper.
 10. Bring to a boil.
 11. Reduce heat to medium-low and simmer for 10-15 min. uncovered or until thick. Stir occasionally.
 12. Transfer to a bowl and allow to cool.
 13. Preheat the oven to 450 degrees F.
 14. Punch down dough (to eliminate air bubbles) and knead briefly.
 15. Allow the dough to rest 5 min.
 16. Roll the dough into the shape of a circle and transfer to a 12 inch, greased pizza pan.
 17. Allow to stand covered for 15 min.
 18. Mix the 2 cheeses together.
 19. Spread the sauce onto the dough followed by 1/4 amount of the cheese mixture.
 20. Top with your toppings of choice and cover with remaining cheese.
 21. Bake for approximately 20 minutes or until the crust is golden brown.
- *4 to 6 servings *

- The hotter the oven is and the faster you cook the pizza, the crispier the crust will be.

Choco-Coconut Cherry Cake Roll

4 eggs, separated at room temperature
1/2 cup and 1/3 cup granulated sugar, divided
1 tsp vanilla extract
1/2 cup flour
1/3 cup cocoa
1/2 tsp baking powder
1/4 tsp baking soda
1/8 tsp salt
1/3 cup water
confectioner's sugar (also known as icing or powdered sugar)

Cherry Coconut Filling

1 cup cold whipping cream
3 tbsp confectioner's sugar
1/3 cup cherries, chopped and drained
1/2 cup flaked coconut

1. Preheat oven to 375 degrees F.
2. Line a cookie sheet or a jelly roll pan (has to have at least a 1/2 inch lip on it) with foil and grease the foil generously making sure to not miss any spots. Set aside.
3. In large bowl, beat the egg whites until soft peaks form.
4. Gradually add 1/2 cup granulated sugar, beating until stiff peaks form. Set aside.
5. In a small bowl, beat egg yolks and vanilla 3 minutes on medium speed.
6. Gradually add remaining 1/3 cup granulated sugar and continue beating for 2 minutes.
7. Mix together, in a separate bowl, flour, cocoa,

baking powder, baking
soda, and salt.

8. Add dry mixture to egg yolk mixture alternately with water, beating on low speed until smooth.
9. Gradually fold chocolate mixture in beaten egg whites until well blended.
10. Spread batter evenly in prepared pan.
11. Bake 12 to 15 minutes or until the top springs back when touched lightly.
12. Sprinkle a thin hand towel with powdered sugar.
13. Remove cake from oven and immediately loosen cake from the edge of the pan.
14. Lay the cake, foil side up, onto the sugared towel.
15. Carefully peel off the foil.
16. Immediately roll the cake and towel together starting at the narrow end.
17. Place on wire rack and cool completely.
18. Prepare the Cherry Coconut Filling.

In small bowl, beat whipping cream and confectioner's sugar until stiff. Fold in cherries and coconut.

19. Carefully unroll cake and remove towel.
 20. Spread the cake with filling and reroll the cake.
 21. Refrigerate.
 22. Sprinkle the top with confectioner's sugar just before serving.
- * 8-10 servings*
- You need the towel to keep the cake from sticking to itself when it is rolled when it is still warm.

I hope you take the time to try these great recipes and have a great summer serving it up! ENJOY!



**Department of Foreign Affairs
and International Trade**

Ministère des Affaires étrangères
et du Commerce international

The New Canadian Reference Guide to the United Nations

For those who would like to know more about the UN and Canada's role within the United Nations system

To order your *free* copy call toll-free
1-800-267-8376 or visit
www.canschool.org

Aussi disponible en français



Canada

Introducing *THE MAIN EVENT*



(L-R) David Carmichael, Cory Tetford, Ian Janes and Paul Lamb

Ladies and gentlemen...The Main Event

Four promising young performers rock Vinnies

by Rhonda Simser

On Wednesday, March 15, four up and coming singer/songwriters took to the stage at Vinnies Pub for what proved to be a dynamic, energetic, and excellent show.

David Carmichael, Ian Janes, Cory Tetford, and Paul Lamb are four young men with so much talent it bursts through the seams. Each an accomplished musician, singer/songwriter, and performer on their own, they perform together as if second nature.

Coming together in an exclusive collaboration put together by Wendy Phillips of Phillips Public Relations, Louis Thomas of Quay Entertainment Services, and Scott MacIntyre of Sea Dog Productions, the four men will tour soft seat venues until the end of March, with a total of eight stops.

And judging from what I saw at Vinnies, these guys are going to leave a remarkable impression at every stop.

From the day the posters went up around campus, people asked the same question: "Who's on first?" People did not realize that they were playing together as a band, not as individuals. What surprised me the most was knowing all four guys had such different styles of music. Ian Janes is a blues/jazzy kind of guy, David Carmichael is pop/rock, with a little bit of cajun influence. Cory Tetford plays pop, with a touch of gospel, while Paul Lamb sites classic rock as his major influence.

These guys just blew me away. I knew that, individually, these guys were good, but to hear them perform together, helping each other out with the music, and the background vocals...well, to say the least, I was left speechless. Each played a few songs of their own, with help from the other guys. Through the show, each of the guys played a solo gig on stage. An acoustical performance of one song, just man and guitar. Paul Lamb performed his song Where's the Man, written about the tough times he went through. All of the guys can work a

crowd, and it wasn't long before the crowd was clapping their hands and stomping their feet to the uplifting, and very upbeat music.

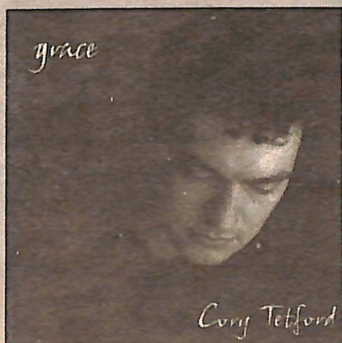
David Carmichael performed a moving rendition of a song he wrote about his brother, On & On & On, while Ian Janes eased his way, with the maturity of a 50 year old, in his 22 year old body, and impressed the crowd with his amazing guitar playing abilities, and very mature, yet young voice. Cory Tetford wowed the audience with a very beautiful, almost acoustical version of Grace. While he played the keyboard, he belted out the tune like there was no tomorrow. It literally came from his guts, and the crowd went nuts when he finished.

As with all good things, the night came to an end, but not without a rousing encore, asked for by the small, but mighty crowd. All in all, it was a great night, of finely, superb entertainment. If you ever get the chance to check these guys out...do it. They are worth whatever price may be on the ticket stub, and you will not walk away disappointed.

Saved by the Grace...of music

Cory Tetford CD review

by Rhonda Simser



I have started listening to more and more East Coast music in the last while, and am so glad that I was honored with the pleasure to review Cory Tetford's debut CD. Raised in Grand Falls, Newfoundland, Tetford is one of many up and coming artists who is making his way into the music spotlight.

Grace is a wonderfully crafted blend of pop, rock, and even gospel. Opening with a great upbeat tune, Blind, the CD only gets better as it goes on. Tetford played in a small gospel group when he was younger, and it can be heard in some of his tracks. The title track, Grace, is a beautifully

haunted ballad, heavily influenced with organs, and very deep lyrics. It sent shivers down my spine the first time I heard it.

The CD is a wonderful mix of fast, up-tempo songs, such as Sweet Sister Mercy and with some very strong ballads mingled in. Of the ten tracks on the CD, Tetford had a hand in all but one. He wrote seven of the songs, and co-wrote two, the one not written by him is a cover of the popular ballad by Ray Charles, Georgia. Tetford does a beautiful job on the song, as well as the rest of the CD.

Along with ten wonderful tracks on the CD, Tetford also brings a very strong, very passionate voice to all of the tracks. If you never see him perform, never see him in person, you can still feel his passion for his music through his song.

If you need a CD to kick back and relax to, something to throw in the CD player while having a get together with friends, go now, and pick up Grace by Cory Tetford. It is a perfect mix of music, soul, and love. Love for something he believes in, and proves with this CD. You will not regret adding this one to your collection.

Life after Signal Hill...An interview with Paul Lamb

by Rhonda Simser

I first saw Paul Lamb perform last summer at the Labatt Beer tent during the Busker Fest. I knew from that moment, Paul Lamb loved to perform. Doing everything from telling jokes, to making funny, sometimes off the wall, comments with his former bandmates, Lamb is a showman.

Talking to him five months after leaving Signal Hill was a very enlightening experience for me. I got to hear first hand just how passionate Lamb is about his music, and where he sees it going in the future.

Lamb spent seven years with Signal Hill, and said it was time to move on, "The years were good, and it was fun, but it was time for me, personally, to take it to the next level." Lamb wanted to record his own material, and says it wasn't quite right for Signal Hill as a group. "The guys were great to play with, we had a blast, but they were happy doing the bars and making a good living. I wanted to start writing my own stuff, and it's hard to write music when you're playing every night." He says he wanted to be able to put his own CD in the player and sit back and say, "Wow that's good, and it's mine."

Like so many other great East Coast artists, Lamb grew up in Newfoundland. He was born and raised in St. John's, and says living there effected his music in a different way than one would think. "Culturally, growing up in St. John's didn't effect my music. But the musical community is a tight knit group, and in some ways, being so close to some great bands had an impact on me."

Lamb lists his musical influences as everyone from Billy Joel to Joany Mitchell, Van Halen to Prince. He says Van Morrison is "wicked", and Diana Krall is amazing. He also says that Blue

was to perform. I gave him a choice, it could be a cover, or one of his own. He gave me both. "My favorite song to play that isn't mine is Drift Away. It's all about the music, I will perform that as long as I can, if I have the

me realize that."

Since then, Lamb has had many good things happen to him. He performed this year at the ECMA's in Sydney as part of two live Radio broadcasts, including Atlantic Airwaves and Radiosonic, and at EMI Music Canada's post gala reception. Lamb also showcased in the highly coveted Songwriter's Circle with Bruce Guthro, Lennie Gallant, and Dan Hill. And if that wasn't enough excitement, he was also a presenter at the awards show this year. He sure knows how to mingle with the right people.

Lamb will spend most of March touring with The Main Event, and says it was quite an experience playing with Ian Janes, Cory Tetford and David Carmichael, and he can't wait to get the show on the road. He says people can expect to hear everything from blues (from Janes), to pop and gospel (from Tetford).

After the excitement from The Main Event dies down, Lamb plans to write songs for a CD he wants to have out in the winter of 2001. He says it will have some pop/rock sounds to it, but will also contain some catchy radio type songs. He plans on writing all of his own music, with help from close friends, and even an ex-girlfriend.

Lamb, like many other artists, says making it in the music business is tough but keep your hope alive. "Figure out what you want to do, and go for it. Do your own stuff, record your performances and listen to them. If you love music, just do it." Seems like Lamb has got it figured out, keep your dreams alive, and do what you love. Doesn't get any better than that.



Rodeo is one of his favorite bands to listen to at the moment. "Those guys are amazing, they play everything." He loves to play rock and roll music, but also acoustic, and laid back, easy music.

Knowing that Lamb is a songwriter as well as a performer, I had to ask what his favourite song

chance. I love that song." He wrote a song called Where's the Man, and says it is his favorite of his own to perform, for many reasons. "I wrote it a while back, when I didn't know my head from my ass. It apologizes to a lot of people for mistakes I made, but mostly to myself. For a while I wasn't true to myself, and this song helped

Monkeying around with David Carmichael

by Rhonda Simser

A few weeks back, I had the honour and the pleasure to interview East Coast performing artist, David Carmichael. He is quite the character, asking me if I was ready for the interview we were having over the phone. Along with his current tour with The Main Event, his second CD, Emergence was released in October 1999.

Carmichael is a very funny, but a very smart and focused man. He knows he is doing what he is meant to be doing with his life. And has known it since he was a child. "I have always known I wanted to do this, I made a conscience decision in 1992 when I joined Mermaid Theatre that I wanted to perform." He was with Mermaid Theatre for two years, working as a puppeteer, when he decided that he wanted a change, "I figured if I was going to be living out of a van, I might as well be performing my own music."

It seems to have worked out fine for Carmichael, he released his first CD, Perspective, two years ago, while still with the Dave Carmichael Band. And hasn't stopped since. He began playing gigs in the city, and has since released his second CD, which seems to be doing pretty good.

He states that his musical influences don't just come from singers of the past. "A lot of my inspiration comes from literature and life experiences." Carmichael also lists Paul Simon, Elvis Costello, and the young

Bruce Springsteen as some of his musical influences.

Carmichael has travelled the world as well. In 1994, his 23-year-old brother was killed, and it made him pick up and move to Scotland, with next to no money in his pocket. "It was a rough time, I needed to get a away and get grounded again...it was a very grounding experience." One of the songs on his CD, On & On & On, is written about his brother, and was written in the Canary Islands after he left Scotland.

Music and the lyrics of his songs are very important to this quirky songwriter, he wrote all of the songs on his current CD. "Lyrics are very important, inspiring and therapeutic. Music speaks volumes, and should be used as a support for the vocals." Listening to his CD, you can hear the passion and love he has for not only his music, but his life, and what it holds for him.

After a brief conversation about The Main Event, I asked Carmichael for any words of advice for people who may be considering the music business as career choice. "Don't try to please other people. Don't do it for the end goals, stay true to your artistic goals. Because in the end, persistence pays off."

I really couldn't have said it better myself. If you ever get the chance to see this man perform, take it. He is as charming and charismatic on the stage as he is off, and deserves to go very, very far.



1st day

FREE

On A Three Day Weekend Rental

Budget®

492-7500

www.budgethalifax.com

Certain conditions apply

Still Turning Heads

Tina Turner - Twenty Four Seven

EMI Music

By Jennifer Henderson

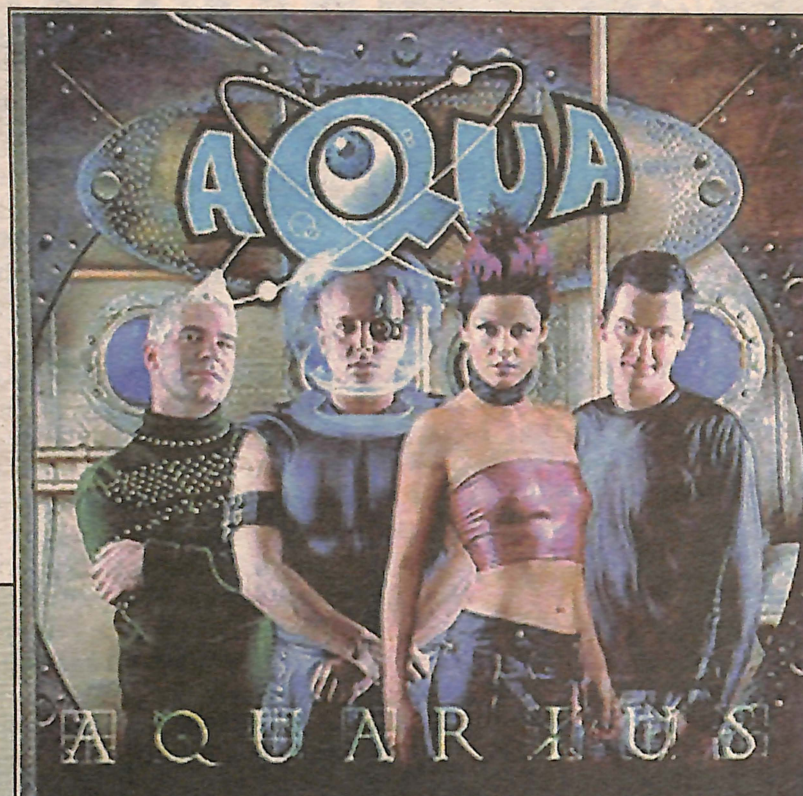
There is a new standard in evaluating agelessness. Dick Clarke is out and Tina Turner is in. Believe it or not this pop diva is 60 years old! Most of us would settle for looking that good at 40.

On Turner's latest cd, *Twenty Four Seven*, her voice has the same characteristic huskiness and energy that it did in the days of "Proud Mary." The tracks are as youthful as the singer's appearance. She mixes dance tunes with the occasional power ballad and even a sampling of electronica.

Unfortunately, instead of choosing a diversity of lyrics and melodies, Turner relies on her own vocal power to carry these selections. This isn't normally a bad choice but when you have an album consisting only of "Go ahead and leave me, I'm a progressive woman who can deal with it" songs, things can get homogeneous and boring.

Is *Twenty Four Seven* a bad album? Not at all. It's fun and upbeat and just a little out of step with the year 2000. The first single "When the Heartache is Over" is catchy and radio friendly. One can guess that Tina Turner was hoping to return to the top of the charts with this effort. It's a shame to say that the boat has sailed on arena rock and diva presences (the notable exception being the now retired Celine Dion) *Girls with guitars*

and the ability to write angsty songs are the order of the day. If women over 40 want to cash in on today's music scene they have to be willing to go through as many contortions and costume changes as Cher or Madonna. Tina Turner doesn't seem like the type to strike this compromise. After all does Tina really need another number one hit? She fills arenas, gets to be worshipped by the likes of Oprah and heck she still has those legs.



Finally it has arrived

Aqua - Aquarius

Universal Music

By James Tilley

What many hardcore fans have been waiting for has just arrived. Aqua's second album has been released. And with this new CD they have moved beyond one hit wonder status.

Aquarius is similar, yet different from, Aquarium. What I mean is that the album isn't as "fun" as the last one. Aquarium, with Barbie Girl and Doctor Jones is very superficial and "bubbly" - presented in Aquascope. While Aquarius is a little darker, still not totally serious, but it isn't cutesy fun either. It is the next stage in the development of a potentially serious band of the future. It is almost as if they are growing up.

The music has a variety of styles and moods. Most tracks are upbeat and light, accompanied by a few ballads and something almost country. The whole thing is pretty light in theme but very cool in presentation. If you like the old CD you will probably like the new one. If thought the old one was too "junior high" then you will also like the newest CD.

But the most impressive part is that it is an enhanced CD. Which means you get a full blown video presentation. The disk contains the information for setting up Aqua wallpapers and desktop themes. The CD also directs you (via your internet browser) to the website for much more fun and games.

Which brings me to the most exciting part. The embedded game. That's right the Aqua Fighter video game. Which is very simple but extremely fun. You are the Aqua submarine which shoots torpedoes at killer aquatic life forms. The boss at each level is a giant octopus so be careful.

So if you haven't got this CD yet then go buy it now.

Dr. Stan Heaps Memorial UNIVERSITY SCHOLARSHIP IN COMPUTER SCIENCE

The Bluenose Section of the Canadian Information Processing Society is pleased to invite applications for two scholarships of \$1,000 each to be awarded on May 15, 2000. Applications will be considered from students about to enter either of the final two years of a 4-year university program leading to a degree with specialization in computer studies at any of the universities in Nova Scotia.



Applicants must indicate that they are Canadian citizens or landed immigrants. The scholarships will be awarded on the basis of academic merit, but financial need may also be considered.

Applications must be received by April 15, 2000 and transcripts prior to May 15, 2000. Details regarding the application requirements and mailing instructions can be found on our web site at www.dda.ns.ca/cips.

CIPS is the voice and champion of the Canadian Information Technology (IT) profession. Our mission is to define and foster the IT profession, to encourage and support the IT practitioner, and to advance the theory and practice of IT, while safeguarding the public interest. We accomplish this by accrediting academic programs, certifying IT Professionals (identified by the I.S.P. designation), and providing professional networking and educational opportunities.

For scholarship, local CIPS section and membership information, visit our web site at www.dda.ns.ca/cips. For a national perspective, visit the national web site at www.cips.ca.

HMV VIBES



TOP TEN CLUB HITS

- 1 MOVE YOUR BOD
- Eiffel 65
- 2 KING OF MY CASTLE
- Wamdue Project
- 3 DON'T CALL ME BABY
- Madison Avenue
- 4 FLY AWAY (BYE BYE)
- Eyes Cream
- 5 OFF THE WALL (ENJOY YOURSELF)
- Wisdome
- 6 (JUST) ME AND YOU
- New Vision
- 7 FADED
- Soul Decision
- 8 PLEASURE LOVE
- De Funk
- 9 HONEY, RIDE THIS
- Club Robbers
- 10 U KNOW WHAT'S UP
- Donell Jones

The final issue of the Picaro has arrived and I'm sure there are many people, along with myself, wondering where the time went. For those of you with a keen eye and expertise would have noted that I cited the Denon professional CD player last week as a 1000 and 1200 with loop when it should have been 2000 and 2500 with loop. (A 1200 refers to a Technics turntable.)

At any rate, there are a number of people to thank for their support in making this page happen all year starting with the music reps: Chris Jangaard at BMG, Barry Kent at Virgin/EMI, Robbie Poirier at Sony Music, Wendy Salsman at Warner, Bob Warren at Universal and the folks at Koch, for providing us with the latest releases as soon as they became

available. Thanks also to Derek and Chris at HMV on Spring Garden Rd for providing Underground releases Rave information and in store DJ dates, and thank you to Gordon at The New Palace for sponsoring the page throughout the year. Shouts to our guest DJ's (DJ Dave from The Palace, Tony Perrin from JJ's, and Jimmy Z from Pacifico) for providing their professional commentary in their album reviews. And a special thank you is extended to Bruce Anderson at Pool East Music Consultants for compiling the product and providing top ten lists all year - your hard work has been greatly appreciated. Through deadlines, product squeezes you always came through and it has been great working with you this year.

Finally, I would like to thank



By Mike "The Ice Man" Allen

anyone who read this page on a regular basis. Hopefully you learned something about DJ's, and music culture as well as discover some new music to enjoy. I wish everyone the best of luck on final exams, have an awesome summer vacation and as always, keep on jammin'!!!!

THE ICE MAN

KLUB KUTZ

MIKE'S X-RATED X-AM X-OUT-FOR-THE-YEAR MIXOFF

Vorsprung Dyk Technik

Paul van Dyk
Deviant

Mike's Rating 10.0

Paul van Dyk was DJ magazine's 1999 producer of the year and it is easy to see why. This 3CD album contains 33 of his best remixes and compositions dating back to 1992. From gentle Trance songs to hard hitting floor Jamming House tracks, this album has it all. And each masterpiece has PvD's meticulous attention to technical detail in order to perfect the listening enjoyment. This is without a doubt the best Dance music album I have ever encountered and I recommend it to the highest extent. Pick one up at HMV Spring Garden.

Jaxx Unreleased

Basement Jaxx
Beggars/Select

Mike's Rating 9.0

Basement Jaxx will be remembered as the group to successfully cross between clubs and raves while setting the dance floor on fire in each environment. This latest album takes the listener for a good spin into the world of slamming house tracks, remixes, and dubs. All of their big hits are on this CD as well which include "Rendez-vu," "Red Alert" and "Jump n' Shout." This is a good album for any Jaxx fans in the house.

Learning Curve

DJ Rap
Sony Music

Mike's Rating 9.0

Well, well, it's the third album to receive top marks! This album is hard to capture in one word since it is backed by rap beats you hear from any vehicle with tinted windows, but also strays into light Breakbeat, wanders toward Drum n' Base, has intelligently written vocals, and has a slight flavor of rock to it. It is highly creative and is an awesome listen - especially in the car. But this album also lends itself to being listened to in a more relaxed environment as it challenges the listener to explore their musical taste and to go beyond the plain and ordinary. This is very unique album and is worth persuing.

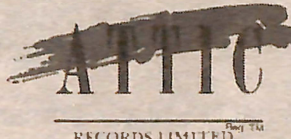
Happy 2B Hardcore

Chapter Four
Moonshine Music

Mikes Rating 7.0

Somewhere in the growing world of Underground, a producer or DJ decided to lay a House beat over Drum n' Base and invented a form of Breakbeat Techno. Basically it's techno music that is insanely fast - usually 140bpm plus. This is a trend of underground music of late but due to it's speed, the popularity of this category is limited. Sampling this album is recommended.

Special
Thanx to:



Sloan is Coming Home!

By Nicola Hanson

Long after their tour has ended Sloan is coming home for one more show before they begin work on their new album this summer.

The last time they played in Halifax was at the Dal Sub in the fall of 1998. That was the last date of their Canadian tour, just before they went on to play in the US and Japan. The last CD didn't do as well in the Canada and the band was a little nervous embarking on an international tour.

Sloan's Jay Ferguson said, "After the Canadian tour I was sort of nervous, it (the show) was just as good as every tour we've ever done. I

was pleasantly surprised. We still had relatively large crowds, or at least the same size. It didn't really reflect the album sales."

Sloan moved to Toronto from Halifax one at a time over the course of a few years. Andrew lived there for quite awhile and soon they all began to trickle up. But Halifax is still home and they love to play here.

Unless they have the opportunity to play some outdoor festivals, this will be the last show Sloan will play for a little while, as they will be working on their new album this summer.

"Everyone has little bits and pieces ready. I have stuff left over from the last CD. Chris is

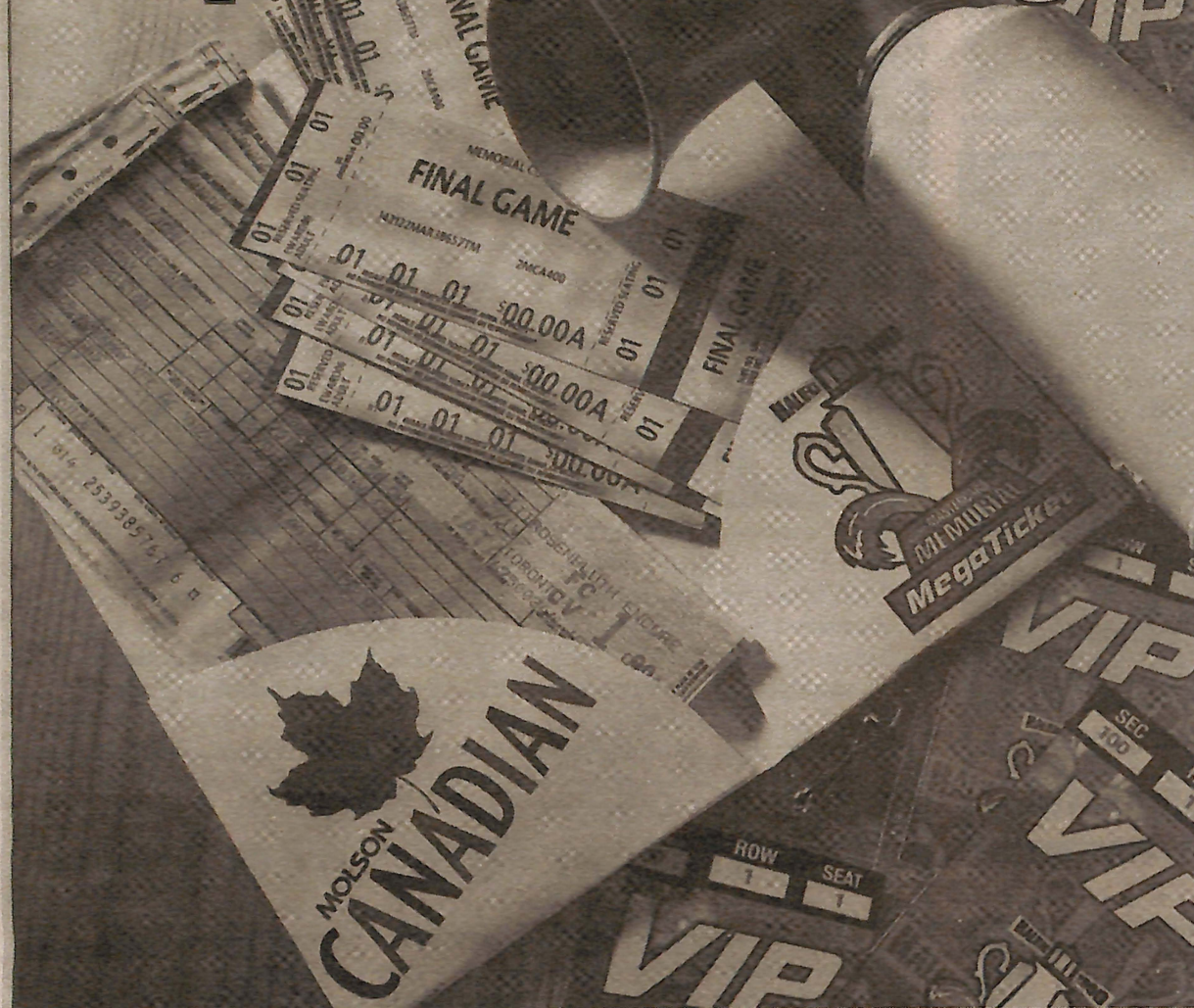
already off to a good start and he has some demos recorded in our practice space," said Jay.

Sloan had a good practice space set up in Toronto, they can record part of the new CD there, which is good because they won't need to worry about time and cost of renting a recording studio. I Mother Earth has the same sort of set up, ironically in the same building.

So if you have not picked up a copy of Sloan's latest CD you should do so, and if you want to check out a great live show, Sloan never disappoints.

Sloan plays at the Electropolis on Friday March 31st at 8 p.m.

16 pack your things.



'Cause you and 3 friends are going to the Memorial Cup.

Here's the deal. We'd get you & 3 friends to Halifax, put you up in a swanky hotel, then give you great seats to the semi-final and finals of the Memorial Cup. Plus give you spending money to help you celebrate afterwards. There's also tons of Roots fleeces and Roots toques to be won. Just look in special new 16-packs of Molson Canadian. And start packing.



\$18⁹⁵

ROOTS



It's a
CANADIAN
Game

Available at participating NSLC stores. MOLSON CANADIAN. PROUD SPONSOR OF CANADIAN HOCKEY. Must be of legal drinking age. No purchase necessary. Call 1-800-449-6674

MOUNT COMMUNITY

EMPLOYMENT OPPORTUNITY

Position Title:
Laborer/Gardener
Salary: \$5.60 HR+
Vacancies: 5-8
To Apply: Pick up an application form at the Career Placement Center and return with resume by May 5th.

ATH REC SOCIETY BLACK AND WHITE PARTY

Wednesday, MARCH 29th
@ VINNIE'S
BE THERE OR BE SQUARE!!

OFF CAMPUS EVENTS

Atlantic Direct Marketing Association DM Days 2000 Conference

The fourth annual conference will be held at the WTCC in Halifax. The theme is "Unlock the Power" and the keynote speaker will be Ray Jutkins, author, speaker and international marketing guru. The conference will also include a trade show, 15 powerful sessions and 10 dynamic speaker. Register by calling Leigh Redstone at (902) 425-0232.

Abilities Foundation of NS Labatt 24 Hour Relay
Don't miss out on a weekend of fun. July 8-9. Team Registration packages are now available. Contact Kelly or Arleen, Tel: 453-6000 or e-mail: a.stevens@abilitiesfoundation.ns.ca

National Essay Contest
\$120,000 in Scholarships, Travel and Other Prizes Offered.

Here's what you do!
Write an 800 word essay entitled "Why Canada is Worth Saving"-expressing your thoughts about our country. Why should Canada continue to exist? Why is it worth preserving?
For more information, call 1-877-629-0841.

\$300,000 Scholarship Opportunity!

If I were Prime Minister....
Earn big Scholarship money by writing an essay responding to the question: "If you were the Prime Minister of Canada, what political vision would you offer to improve living our living standards?"

The deadline for essays is June 5, 2000. Program details are available through www.asprimeminister.com or by calling 1-800-97-MAGNA.

Nova Scotia Talent Trust Year 2000 Scholarship Program

Established in 1944, the Trust provides financial assistance to Nova Scotians who demonstrate exceptional potential and a commitment to become established artists in film and video, literary arts, performing arts and visual arts. The Trust gives priority to applicants not yet established in their chosen fields who are undertaking programs of study that will advance their artistic development. An eligible applicant is anyone who is a permanent resident of Nova Scotia, including those Nova Scotians who are temporarily studying outside the province.

The trust has three deadlines each year. The first is April 15 for applicants who plan to continue or begin a program of study in the Summer session. The second is June 1 for those beginning or continuing a program in September. The third deadline is October 15 for those beginning or continuing a program of study in the winter.

Editors Note: Having all that said, there is free \$\$\$ involved and lots of winners each year. Therefore for me to have typed out that spiel, each and every one of you should really get off your keister and apply. To do that and find out more about this great program, call the Talent Trust at 424-4442

Car for Sale

1994 Geo Metro for sale low mileage asking \$4900. Runs on fresh air, mom owns it and needs to upgrade. In excellent condition well maintained and serviced on regular basis.

Call 33-0067 or 499-2759

Year end sports review... in a nutshell

Brought to you by the Athletics and Recreation Newsletter



The women's basketball team had nine of its twelve players in only first or second year. The young team gelled off the court, but could not seem to translate this into wins down the stretch. A disappointing loss on the last weekend of play, put the teams playoff hopes out of reach. This year's hard work led to marked improvement in many players, and the team is looking strong for the next couple of years. Thank you to Tara Kinch and Shannon Fraser for four great years. Kinch was selected First Team All-Conference, while Vicki Veinotte received Second Team honors.



The men's basketball team looked like a strong contender in the preseason to defend its ACAA title. However, the rest of the teams in the conference were not easily intimidated, and the Mystics struggled to a 4-3 record in the first term. The team worked hard over Christmas and garnered much media attention for its strong showing against AUAA teams in the Dalhousie Tournament in January. The winning continued, and the boys fought to a second place standing heading into playoffs. This meant facing host Mount Allison in front of a packed crowd in the semi-final. In a thrilling seesaw battle, the Mystics won with help from Peter Turnbull's 19-point performance. The Mount met St. Thomas in the championship game for the third year in a row. The two teams traded baskets for most of the game, until the Tommies pulled away in the last five minutes to win back the title with a 76-63 victory. Congratulations to senior Peter Turnbull on his First Team All-Conference award. Jayson Taker was given the nod for the Second Team.

Career Corner

If you're looking for employment, whether it be full-time, part-time or for the summer, stop by the Career Planning Centre and check the job board. Here are a few jobs that are currently posted:

| Job Type | Company | Position |
|-----------------------------|--|-----------------------------|
| Arts & Science | | |
| Summer | Two Planks And A Passion Theater Company | |
| Administrative | Intern | |
| Full-Time | Novelea Concerned | Laboratory Technician |
| | Citizens' Association | |
| Full-Time | Communication Security | |
| | Careers in Languages | |
| Part-Time | Maxwell Promotional Products | Administrative Assistant |
| Professional Studies | | |
| Part-Time | Bylo Marketing & Promotions | Marketing Position |
| Full-Time | Halifax Regional Municipality | Travel Counselor Supervisor |
| Summer | Sights & Sounds Productions | Office Manager |
| General Employment | | |
| Part-Time | Innovacorp | Communication Assistant |
| Part-Time | Alea Group | Sales Representative |
| Full-Time | City Abbotsford | City Manager |
| Summer | MSVU | Project Assistant |
| Summer | MSVU | Project Coordinator |
| Summer | Labatt People In Action Program | Summer Program |

To find out more about these positions stop by the Career Planning Centre in Evaristus 218

The Career Resource Room

The Career Resource Room provides free assistance to all students concerned about career related issues. Career counselors are available for those individuals that wish to explore possible career paths and options on an individual basis. Full-time, part-time and summer employment opportunities are posted daily and recruitment sessions are ongoing. The Centre also provides assistance to students by providing resume critiquing, job searching on the net, career exploration and much more.

The Career Planning Centre is open year round and is a free service provided to all Mount Students.



The volleyball team had a new look this year, with a number of rookies on the squad, including two new coaches. Struggling for consistency early, the team found its stride in January. They won four straight matches and took U. Ste. Anne to five games before falling victims to the defending champions. The Mystics finished the season in fourth place, which meant a re-match with U. Ste. Anne Dragons in the semi-final game at play-offs. The Dragons were too much, even for the much-improved Mount team, and won in three games en route to their fourth straight title. Congratulations to Andrea Daniels, Kristen Middleton, and Nicole Dugas on their All-Conference awards. Middleton was also named the ACAA Rookie of the Year.

Year end sports review cont.



WOMEN'S SOCCER

The women's soccer team lost only one game this year en route to a first place finish in regular season play. The Mystics were hoping to avenge last year's heartbreaking loss after penalty kick's to King's in the championship game. Defeating St. Thomas in the semi-final would be no easy task, though the Mount had won both previous meetings. The Mount started strong, scoring two goals in the first half, while holding the Tommies at bay. However, physical play by St. Thomas in the second half rattled the Mystics and the game was tied 2-2 at the end of regulation. The Mount had a couple of great chances in overtime, but could not find the back of the net. In yet another penalty-kick heartbreaker, the St. Thomas goalkeeper guessed the right direction twice to help her team win the game. Congratulations to Leanne O'Hanley, Tara Kinch, Julia Champniss, and Jazmine Hayden on their All-Conference selections. Champniss was also named the ACAA Goalkeeper of the year, and Rookie of the year.



COED BADMINTON

The badminton team continued to grow this year, adding a few experienced players to its roster. In the first tournament of the year at U. St. Anne, Steve Greer and Tanya Hudson placed second in Mixed Doubles. Later that month, Hudson teamed with Susan Munro to win the Women's Doubles event at the UNBSJ tournament, while Greer and Grace Kinney came second in Mixed Doubles. At N.S.A.C.'s tournament in January, Hudson and Munro placed second, while Kenny Mok was the runner up in the Men's Singles. Kinney and Greer won their event at that last tournament heading into play-offs, while Hudson and Munro again placed second. The Mount hosted a successful ACAA Badminton Championships, in which the team finished fourth. Congratulations to Grace and Steve on winning the Mixed Doubles event in the Team Championships, and placing second in CCAA qualifier. Tanya Hudson and Susan Munro were runners up in Women's Doubles Team Championships.



ATH/REC SOCIETY

A special thank you goes out to the members of the Athletics & Recreation Society and the Outdoors Club. Together these students contributed many volunteer hours organizing, promoting and running events for the Mount community. Through their efforts, hundreds of fellow students have had the opportunity to participate in numerous recreational events. This year, a record number of students took part in all activities. It's very rewarding to see so many students trying recreational activities for the first time they otherwise would not have the opportunity, means or confidence to try them on their own. Oh behalf of all of us, thank you. It's been a great year!

2000 - 2001

The Picaro Staff

Editor-in-Chief

Melissa Melanson

Managing Editor

Erin Silver

Production Manager

Bradley MacKinnon

News Editor

Jennifer Henderson

Features Editor

Rhonda Simser

Art & Entertainment

Nicola Hanson

Copy Editor

Heather Harris

Photo Editor

Wendy Walters

Many positions still available contact the Picaro in the fall for details



come and see why the ford**focus** was voted
AUTOMOBILE JOURNALISTS ASSOCIATION OF CANADA
2000 Canadian Car of the Year

thanks for checking out

the new ford**focus**

@ campus caravan



your response was overwhelming!

now

check out the new ford**focus zx3**
at a dealership near you, starting at \$16,695.
ask about **\$1000 cash back for grads!**

ford**focus**
campus
canada
caravan



www.focuscanada.com