

THE P I C A R O ♀

Mount Saint Vincent University

Halifax, Nova Scotia

Vol., 24, No. 17

Monday, March 6, 1989

*"Because women's work is never done and is underpaid or unpaid
or boring or repetitious and we are the first to get the sack
and what we look like is more important than what we do
and if we get raped it's our fault
and if we get bashed we must have provoked
and if we raise our voices we are nagging bitches
and if we enjoy sex we are nymphos
and if we don't we're frigid
and if we love women it's because we can't get a "real" man
and if we ask our doctor too many questions we're neurotic
and/or pushy
and if we expect community care for children we're selfish
and if we stand up for our rights we are aggressive
and "unfeminine"
and if we don't we're typical weak females
and if we want to get married we're out to trap a man
and if we don't we're unnatural
and we still can't get an adequate safe contraceptive
but men can walk on the moon
and if we can't cope or don't want a pregnancy
we're made to feel guilty about abortion
and... for lots and lots of other reasons,
we are part of the women's liberation movement."*

- Joyce Stevens
Women's Liberation Broadsheet
1975

"We must celebrate even small victories in order to strengthen ourselves for the rest of the long slow walk to full equality"

Celebrate International Women's Day March 8, 1989

Join us at our
OPEN HOUSE
on Wednesday, March 8, 1989
from 5:00 - 7:30 p.m. or drop in during the week.

Nova Scotia



Advisory Council on the Status of Women

Suite 207, Purdy's Wharf,
1959 Upper Water Street
Halifax, N.S. Phone: (902) 424-8662



*"There is no bar mitzvah
for menopause."*

Pauline Bart
*Depression in Middle-Aged Women,
Women in Sexist Society,
ed. Vivian Gornick and Barbara K. Moran, 1971*

1989 "YES" PROGRAM FOR STUDENTS

Are you - a Nova Scotian student?
- interested in operating
your own summertime
business?
- if so, you

may qualify for an interest-free loan
for up to five months
to operate your own summertime business.

**Application Deadline
April 28, 1989**

Application forms, additional information and assistance
may be obtained from any Canada Employment Centre,
or from the following offices:

Small Business Service Centres

Amherst	- 40 Anson Avenue	667-3223
Antigonish	- please call	863-5707
Bridgewater	- 99 High Street	543-9121
Dartmouth	- 99 Wyse Road	424-5690
Kentville	- Chipman Drive	678-8456
New Glasgow	- 115 MacLean Street	752-1011
Port Hawkesbury	- 609 Church Street	625-3200
Sydney	- 15 Dorchester Street	563-2070
Truro	- 640 Prince Street	893-1595
Yarmouth	- 13 First Street	742-8404

or from: N.S. Department of Small Business Development,
52 Queen Street, Dartmouth,
424-2720 or (toll free) 1-424-6000

Nova Scotia



**Small Business
Development**
Honourable Ken Streach
Minister

CHRYSLIS HOUSE BENEFIT

<transition house for abused
women and their children>

Saturday, March 4, 2 - 5 pm
at the Anvil Tavern, Wolfville
Starring Mary DeWolfe
Bo Travis
Kim Bishop
The Persisters

"Being Ourselves" Lesbian Conference

with Anne Cameron
"Two in Twenty" soap opera video
workshops
dance
talent show...



MARCH 17-19

CONTACT:
P.O. Box 1209, North
Halifax, N.S.
B3K 5H4
(902) 453-9475
423-1340 (TDD equipped)
wheelchair accessible
sign language interpretation



Alternative Programming
presents

MARCH 7, 1989
ELAINE WRIGHT
PRO-CHOICE

MARCH 14, 1989
PAT TANNER
PRO-LIFE

7:00 p.m. in SETON AUD. C

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Mount Saint Vincent Uni-
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Opinions expressed on our
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the joy of being a feminist activist

by Brenda Thompson

I am a feminist activist. Have been since the fifth grade when I organized a class strike because the boys got to play ice hockey while the girls were told to do work in the class. Being an activist is my beat. And I love it. I love everything about it: love the people, love the work, love the anger and the laughter, love the game, the winning, and sometimes even the losing. So this article is a valentine of sorts to those who have provided warmth, affection, and inspiration.

Being a feminist activist has meant for me that life is always interesting. Like many other women, I tried for years to fit into one of the few role models that was considered respectable for women. I finished high school, became a secretary, wore high heels and dyed my hair blonde. But after disfiguring my feet and injuring my back with high heels, after being sexually harassed and blamed for it, after being paid less than the janitor with the 3rd grade education, I became angry - angry enough to act. And that has changed my life.

Just recently I heard an interview on the radio with the winner of a local beauty pageant. She was telling the interviewer how winning this contest had given her the opportunity to travel across Canada and meet famous people like Anne Murray and Jim Perry.

I couldn't help but chuckle to myself when I thought of all the travelling I have done and all the famous people I have met because I am a feminist activist. But the difference is, when I meet these people they want to talk to me not because of my looks, but because they respect my ideas, my philosophies, and they believe we have something to share - intelligence.

I remember being flown to Ottawa to speak about women and housing at an international conference and ended up having coffee with Peter Ustinov in the studio of Canada AM talking about Canadian politics.

I could name several internationally known personalities that I have met in my work, the national shows I have appeared on or magazines my name has been in. I too have travelled across Canada to talk to and with other feminists. And I am not the only one. Many of my other feminist friends have travelled to Europe, to Africa, and India, to Japan and Australia - all through their work as feminist activists.

But all the travelling and name dropping is not as important as what happens to you as an individual. The biggest joy in being a feminist activist is the feeling of empowerment. You are no longer being passive, grumbling about the "system" and wishing it would change. You are making it change. Your decision not to let the unfairness, the injustice

go any further without you actively trying to stop it is a big step.

Unleashing your intelligence instead of hiding it is a very powerful move for women because we know that some people are not going to like us for it and we will be made fun of by other people who think we are just "silly bitches" and "whining

women with nothing better to do". Being called names sometimes can hurt. I've been called everything from "slut" to "stupid" and just two weeks ago I was called a "Commie" by a member of the Student Council. But I feel good about myself. I feel alive. I feel what I am doing is good and right and I know that I am one person among millions,

in countries all over the world, who are standing up and fighting for basic human rights. And as I teach other women around this province how to stand up for themselves and not to fear being a feminist, they begin to feel good about themselves for the first time. And I've never felt better!

spinsters from hell rebel!



During a Vinnie's Pub performance of the musical-comedy duo Lambert and James, about 20 women protested the racist, sexist and homophobic material of the act. At a subsequent council meeting, a motion to invite Lambert and James back was defeated soundly.

by Michelle Case

We first heard the news - "Lambert & James" at Vinnie's. Again! We all reacted in disbelief: audible moans, knotted stomachs. Our hearts full of sadness and rage. Outraged/enraged ... much discussion ... a voice suggests a protest ...

Later, more discussion, planning of strategy. "Let's write letters", blah, blah, blah, "letters, letters, letters: didn't work last year, blah, blah, blah," so passive, "What about the protest idea?"

Putting it together - can we protest? Student Services and the Physical Plant say - as far as they know, yes, but no one has ever demonstrated at the Mount before. They give us support and encouragement. Our excitement builds and the networking begins! The news passes from the lips of a few to the ears of many. Eyes and ears open - awareness grows!! (pst. call Red Herring re: blow horn).

We brainstorm for slogans. They come easily. Neon bristol board, markers, staples, one by

one the placards are assembled. This takes time ...

Megan, 5 year old daughter of one of the protestors stops her colouring and pasting to join ours, lending her much appreciated creative energy to the protest production. We break for pizza and pop, work some more and call it a night! (pst. Red Herring unsure of the whereabouts of the blow horn).

Posters are finished - many supportive hands share in their distribution at the Mount and in the community. Chants are composed, some old ones resurrected, some new, of our own creation ... faculty and student announce our demonstration in class ... the press release draft appears. It is revised and praised. (pst. still no news on the blow horn).

We have two hours before our next class. The day is cold, wet and slushy. We dash in and out of the car, in and out of the buildings. At Dalhousie we receive encouragement and support from CKDU and the Gazette. Press releases are left with CBC, C100, ATV, MITV, the Chronicle Herald, The Daily

News, and so on. The media are intrigued, "a protest at the Mount?" We hope they are curious enough to cover the event.

Back in the car - Tracey Chapman's voice reassures us with lines like "Finally the tables are starting to turn - talking about a revolution ...". Our intensity increases but we're out of time - back to the Mount - back to class - can't stop for lunch, stomachs grumble during class.

The night before: red wine, more pizza, more placards. Background music inspires - more Tracey Chapman and ... Billy Bragg "a revolution is only a t-shirt away ...". More discussion. The phone rings, the media assures us that they will be there. Another phone call and we read the speech that will begin the demonstration, it is clear, well written and powerful. (pst. It doesn't look as though we have a blow horn).

Last minute, pulling it all together we exchange positive affirmations: praise and reassurance. New posters replace others defaced or disappeared ... placards are transported to the

Mount ... film and batteries are purchased for a camera ... song/chant sheets are photocopied. And all the while the speech is rehearsed. Deep breath and exhale. (pst. We borrowed a blow horn from the Fire Dept.).

Spinsters From Hell Rebel! We demonstrated because we find sexist, racist, homophobic "humour" offensive. Lambert & James use this "type" of material in their act. OUR PROTEST WAS A SUCCESS!!

We increased university and community awareness of an issue that concerns society as a whole. We picketed outside Vinnie's Pub. Empowered, we chanted and sang as loud as we could.

When it was over we were exhausted. But I'm certain we would do it all over again if need be.

The posters are down, the media has moved on, and the placards rest in the trunk of a car. Sigh! Personally, I'd like to congratulate all the protestors! I would also like to thank everyone who gave me encouragement as their media spokesperson.

BREAST CANCER

leading cause of death in women

by Jill Burns

The leading cause of death in women between the ages of 35 to 54 is breast cancer. In 1988, 9,000 Canadian women developed breast cancer and over one-third of these cases were fatal.

The formation of breast cancer is characteristic of cancer in general. The cells that normally reproduce themselves in an orderly, controlled manner now grow out of control and form a mass or what is better known as a tumor. The tumors invade and destroy the normal tissue around them and spread to other areas of the body. These tumors are referred to as malignant tumors or cancerous.

Eighty-five percent of all breast lumps are non cancerous. Cysts and many other lumps are

harmless, but doctors encourage all lumps to be checked. Usually a breast cancer growth does not cause any pain, that is why many women choose to ignore the beginning of a cancerous lump.

Eighty percent of all lumps are found by the woman herself. Either by practising breast self-examination (BSE) or accidentally seventy-four percent of Canadian women examine their breasts only once a year. The reasons for this are: many women may be unfamiliar with BSE, or some women find it difficult to touch their own breasts because of social taboo or embarrassment.

The fact still remain, if BSE is not practised more regularly, breast cancer will not decrease. The most valuable part of BSE

is to check all the breast tissue, very carefully, using the flat of your finger. The objective is to detect a lump that has developed since the previous examination.

The women who are at a higher risk are those who have had cancer already, who have a family history - such as a sister or mother who has had the disease, or women who have never had children.

For prevention of cancer the Canadian Cancer Society recommends not smoking, eating a well-balanced diet, having a regular check-up and protecting one's self against sunlight.

The most important thing for women to remember is to see a doctor regularly, be examined, and learn BSE.

Adsum House Celebrates Fifth Year

Adsum House on Brunswick Street will celebrate its fifth anniversary with an open house on March 9. For many small non-profit organizations, five years is a milestone anniversary, and the success of Adsum House is largely due to the support and encouragement of the community.

Almost one hundred years after it was built, and after extensive renovations, Adsum House opened its doors to homeless women. Since December of 1983, these doors have been open 24 hours a day, 365

days a year. At no time has Adsum House been empty.

Hundreds of women and children have received assistance from the House. Though many women end up returning, many have also been successful in starting new lives for themselves, turning themselves around with the help of Adsum staff and volunteers.

During the open house from 3:00-8:00 pm at 2421 Brunswick Street, snacks and birthday cake will be served. Staff and volunteers will be on hand to answer questions and provide tours.

Proposed Chair for Women in Science

by Cindi Coffill

An incentive for women to enter the science field is one of the main reasons for the proposed Jeanne Sauve Chair for Women in Science.

The idea was initiated by a conversation between Mount President Naomi Hersom and Governor General Madame Sauve. Sauve, who is interested in science and technology and who was also awarded an honorary degree from the Mount, readily agreed to lend her name for the chair.

The chairperson will be located on campus to offer advice and distribute information con-

cerning career choices for both men and women. This position will also involve the chair in research on why so many young women turn away from math and science courses in high school. Research will also attempt to explain why presently there exists such a high percentage of women who drop out from science as undergraduates, in their graduate studies or in the workforce.

Another concern of the chairperson will be to inform employers of the child care programs required by employees with children, as well as fair maternity leave.

The research done by the chair will be funded by both private sources and the provincial government. Renovations are also planned for Evaristus, once the Communication Centre is open, providing additional lab and research space.

The official announcement of the Jeanne Sauve Chair for Women in Science will be made in April when Madame Sauve plans to visit the Mount. While here she will address a need for higher awareness to assure women that they have every opportunity to have a place in science, as they do in any field.

Lesbian Conference - "Being Ourselves"

(CUP) - the Dalhousie Gazette

On March 17th-19th, there will be a conference by and for lesbians entitled "Being Ourselves". If you are a lesbian and are interested in discussing lesbian issues or would simply enjoy an open and safe environment with other lesbians, this is a conference that you should not miss!

The conference will be held at Veith House, 3115 Veith Street in Halifax. This is a wheelchair accessible facility. As well, there will be informal french translation and interpretation for the hearing impaired.

There will be a number of different attractions, as well as workshops, a talent show, and a dance. One of the feature attractions will be a viewing of "Two in Twenty", a lesbian soap opera which follows the adventures of seven women of diverse backgrounds. The series blends melodrama, lust, and comedy with some of life's more serious issues such as coming-out, lesbian parenting, and the pleas-

ures and perils of monogamy. And since no soap opera is complete without commercials, "Two in Twenty" is filled with zany ads for fictitious products. The video is closed captioned for the hearing impaired.

The may also be a reading by Anne Cameron, author of Child of Her People, The Journey, Dreamspeaker, and many others, including the popular Daughters of Copper Woman. Although the workshops have not been decided yet, some of the suggested workshops include: lesbian mothers, education on disabilities, racism, lesbians and AIDS, sober dykes, lesbians and the law, human rights and others.

Registration for the conference can be done through preregistration (to address below), or on March 17th at Veith House (7:00 pm). If you require more information or registration forms, contact P.O.Box 1209, North Halifax, N.S. B3K 5H4 or call 425-1340 or 453-9475. Pour informations et inscriptions en francais, appelez 429-6373.

To change these expectations we have to learn to love our bodies as ourselves. On fat liberation, Fay Weldon comments, "I think you had better almost be a separatist, just as some feminist groups are separatist, and if you are a woman, you don't mix with men, because you can never reform them. And if you are a fat woman, you had better live in communities of fat women and don't mix with thin." A strong statement, and she is serious. We accept separatist statements from communities of colour, race, and religion. Is it so funny to accept a separatist statement from a fat woman?

I try to be patient with who I am, and with others' reactions.

It becomes difficult when I walk down a street in Halifax and people abuse me by saying, "You should go on a diet." Do we ever suggest to people of colour that they should be white - it's better for them?

Fat women are able to perform the front desk jobs they are so often denied. Fat women are sexual, we need touching and holding. Many fat women are happy and healthy and physically active. Being fat is not a disease of the body or mind, it's a state of being.

So this year the "Fat Lady Sings", becomes political and wants to activate and liberate my oppressed sisters.

"[The black woman] has been forced to accept the images of what the larger society says a woman should be, but at the same time accept the fact that in spite of how she strives to approximate these models, she can never reach the pedestal upon which white women have been put."

Joyce A. Ladner

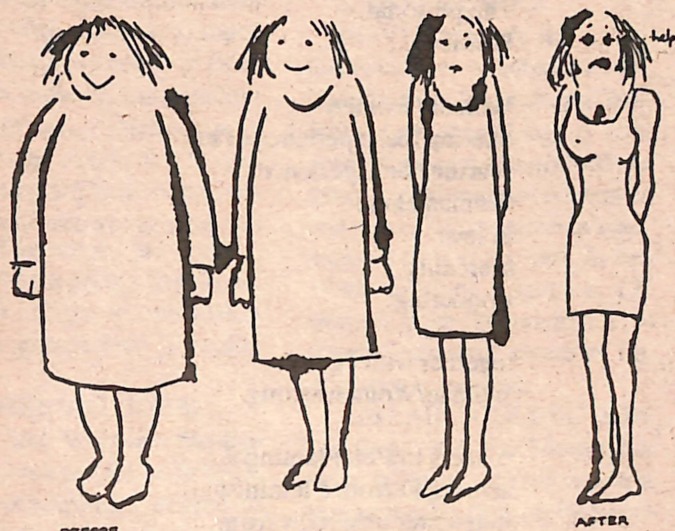
Tomorrow's Tomorrow: The Black Woman, 1971

WOMEN & FOOD :

A Bizarre and Destructive Relationship

by Suzanne McCarthy

In 1917, suffragettes in America demanded that President Wilson keep his promise to fight to give women the right to vote. When their cause was refused, more than 200 women demonstrated in front of the president's mansion. Their protest, however, came to a halt when the police arrested the women and 97 were imprisoned.



But even behind bars their protest continued. They resorted to their ultimate weapon inside the prison walls; they went on a hunger strike. A new battle began in which the control of food became the expression of their deep desire for political power.

Some 70 years later, despite all the rhetoric about equality for women and despite what appear to be real changes in the freedom women have to live their lives outside traditional and narrow roles, food remains to be the one consistent way women try to cope with their oppression. Like the suffragettes who used the hunger strike as an attempt to win political reform, today different starvation patterns, but ones from the same roots, are prevalent.

The idea of peeling off fat in order to find one's true self is like peeling an onion to find the core.

Consider the fact that it is now normal for North American women to have eating disorders. Consider that some surveys suggest that 80 per cent of the women on an average university campus have borderline-to-severe eating disorders.

Today, anorexia - deliberate starvation, and bulimia - self induced vomiting, are considered almost normal acceptable behaviour, even to the women themselves. And it's not uncommon in women's residences, even on this campus, to find women participating in group purges.

But these bizarre and destructive relationships with food have been trivialized as simply "fashion gone out of control." They have even been turned into an industry and our present culture booms with diet centres, Nutri-system packages and aerobics classes. The dominant aesthetic of the day is thinness and women suffer through painful rituals with food in an attempt to become the feminine im-

in which women are encouraged from an early age to care for others rather than themselves, it should be no surprise that women will symbolize their conflicts around meeting other's needs and their own needs in the relatively "safe" area of food.

This involvement with food as a means of expression flows out of our culture which insists that what women eat, how much they eat, and how they cook for others, is their special domain.

My mother always laboured in the garden and in the kitchen. She selected the best foods at the market and would then spend long hours preparing those foods for her family; her labours of love. A large and impressive collection of recipe books stretch across the top shelf of her kitchen bookcase. On the shelf below is

clad models. When we turn the page we are given the recipe for Chocolate Bavarian Mousse. What mixed messages!

Feminists have been offering us an insightful perspective and and inspire us to see women's troubled relationships with food as a response to complex social circumstances. Ignoring this alternative perspective, mainstream clinicians choose to give only psychological and individualistic explanations.

Perhaps the failure to see women's problems with food as a social phenomenon is due to the fact that people live with the idea that women have "made it" in our today's world, that women's liberation is no longer needed.

This attitude, however, keeps clinicians and women themselves from asking important bigger

on another diet and once she has achieved the target weight set by the doctor or therapist, she's considered cured. But nearly always the problems that caused the eating problems remain untouched.

Distressful and uncomfortable feelings around food are symbolic of how women feel about our place in society.

Weight loss dietary solutions are not true solutions but are major barriers to making peace with food and our bodies. This approach only perpetuates the idea that who we are is what we look like. The idea of peeling off fat in order to find one's true self is like peeling an onion to find the core.

The therapy commonly offered to women who engage in patterns of starvation is comparable to the government's and prison officials' response to the suffragettes' hunger strike of 1917. And like the suffragettes who were painfully forced and placed in solitary confinement, anorexics can often meet the same violent treatment.

Like our sister suffragettes who fought for our right to vote, women today must continue to strive for a voice in the body politics. For until we can freely speak of what it means to be a woman in today's world, of our deep dissatisfaction with the fact that our position in society remains economically, politically and psychologically precarious, then we will, like the suffragettes, use our bodies as mouthpieces and most often in destructive ways.

It says if you do the ironing for 4 hours you can burn off the calories in 2 pieces of chocolate



an equally large set of diet books. One tells her how to cook food and feed others, the other tells her how to deny herself those very same foods.

Fashion magazines fill their pages with slim, sleek, bikini-

questions of why women continue to be involved in complicated struggles with food and why the problems are intensifying.

The treatment most often administered is to put a woman

TREAT YOURSELF RIGHT AT MEALTIME!

by Hilary Manning, Nutritionist

A new concept, Treat Yourself Right makes its debut at Mount Saint Vincent University in the dining hall on March 6, 1989 and runs through March, Nutrition Month.

Today's consumer is actively involved in the pursuit of a healthy lifestyle at school, at home and even during leisure hours. Treat Yourself Right helps to maintain that healthy lifestyle by offering a selection of meal alternatives that are "light" and just "right".

The Treat Yourself Right program is designed to offer alternative foods to MSVU's students. With today's emphasis on both physical fitness and nutrition, we wanted to use the dining hall as a good health connection for our food and fitness enthusiasts. What better time to introduce the Treat Yourself Right concept than during Nutrition Month?

Treat Yourself Right entrees are menu alternatives offering reduced calorie, sodium, fat, saturated fat, and cholesterol content. Along with fruits, vegetables, and juices they provide a healthful dining option at school. From Mexican Salad to Pasta Primavera, Treat Yourself Right has the flavours and the seasonings that are just "right" for everyone's lifestyle.

"We are very excited about Treat Yourself Right and look forward to presenting our new selections to our customers. We are anxious to hear their comments and suggestions to help make this program 'just right!'" says Chef Rene.

In the spirit of Treat Yourself Right, there will be a healthy Lifestyle Challenge between residences. Earn points for your

residence by discovering your Healthy Weight at the Body Mass Index station, participating in Strength and Tone classes offered in the residences, determining your fitness rating, healthy lifestyle score, and body image philosophy through a questionnaire, a computer program, and the Body Test video, and entering the 5th Annual Fitness/Nutrition Challenge. Any group of meal plan students can enter the challenge. Participants will earn points toward the Healthy Lifestyle Challenge for their residence. Rules and details on point accumulation are available at the Athletics/Recreation Office.

NUTRITION MONTH BEGINS

Week of March 6th to 10th:

March 6-10 11:15 am - 1:30 pm

Dining Hall

Activity: Treat Yourself Right menu items

March 6-10 11:15 am - 1:30 pm and 4:45 - 6:30 pm

Dining Hall

Activity: "Close up on your health" computer program

March 6-8 8:30 am to 4:30

Athletics/Recreation Office

Activity: Register for Fitness/Nutrition Challenge '89

March 8 7 pm

Dining Hall

Activity: Fitness/Nutrition Challenge '89 Kick-off!



TOGETHER WITH FERRON

I sat self-absorbed
reflecting on past memories.
I stood, too moved to sit
and I danced too moved to stand.
I chuckled at myself
and laughed with others.
I clapped until my hands tickled.

Humour
Music
The personal
Politics

Woman/Women
Sharing the experience of her
sharing her experience
Woman alone
in love
searching
wondering

together with Ferron
Woman/Women strong.

*cheers to Pub Flamingo!
inviting Ferron, a feminist
songwriter originally from
B.C., was a success.

Tarel Quandt

*"The government treats
menstrual paraphernalia
as a luxury and taxes it."*

Paula Weidger
Menstruation and Menopause, 1976

*"Whatever women do
they must do twice as well as men
to be thought half as good.
Luckily, this is not difficult."*

Charlotte Whitton, 1963

Uterine Myths:

*"We ask ourselves in some
bewilderment, if women commit
deeds of violence only when their
monthly period induces an
emotional instability, when do men
commit their six times as many
deeds of violence?"*

Alice Beal Parsons
Woman's Dilemma, 1926

NATIONAL FILM BOARD T H E A T R E

1571 ARGYLE ST.

FILMS FOR INTERNATIONAL WOMEN'S WEEK

The National Film board is screening a two-part program of films for International Women's Week. The focus of the program is women's health. What People Are Calling PMS, a half-hour NFB documentary about premenstrual changes, will have its Halifax premier at the NFB Cinema, 1571 Argyle Street, on Friday, March 3 at 7:30 pm. The film will be followed by a panel discussion, and admission is free.

This film hopes to counter misinformation and confusion about premenstrual difficulties experienced by many women.

Featured in the film are several women who describe with honesty and humour the spectrum of emotional and physical changes they undergo during the premenstrual phase. The resource person for the discussion will be Robyn McKenzie, editor of the PMS newsletter, "In Control."

Produced at the NFB's Pacific Centre in Vancouver, What People Are Calling PMS was directed by Haida Paul, who has worked for many years in film and TV production with the NFB, CBC and the UN Relief Works

Agency. She also won a Genie Award for her editing of *My American Cousin*.

The second part of the film series, on March 10, looks at women in the healing professions. The films are: *One of Many*--Dr. Nhan, about an acupuncturist; *Doctor Woman*, about Dr. Elizabeth Bagshaw, a pioneering woman doctor who was also active in support of better birth control; and *The Legacy of Mary McEwan*, about the psychiatrist who became a mentor for many women in a number of different fields.

The Mount: A leader in Women's Education?



MISSION STATEMENT - Mount Saint Vincent University is concerned primarily with the education of women. It says so on page 11 of your trusty calendar. Is it true? Let's take a look, starting from the beginning. The following information was provided by Dean Susan Clark's office. She is also the director of the Institute for the Study of Women at MSVU.

The academy of Mount Saint Vincent University was founded by the Sisters of Charity in 1873, and it became an independent degree-granting institution in 1925. In the 1960s, the Mount was particularly sensitive to the rising concerns about women's status. The school has come a long way from being a traditional women's college to one with a feminist perspective (in some cases).

WOMEN'S STUDIES

The first Women's Studies course here was offered in 1973. An interdisciplinary degree in Women's Studies has been made available since 1980. Now there is even an honours degree, developed to produce graduates with the expertise to conduct research from a feminist perspective.

Students are taught not only traditional social science methodology but also the feminist critique of that methodology. They are shown how traditional social science has omitted or distorted women's social and economic roles in their domestic economies.

ENDOWED CHAIR IN WOMEN'S STUDIES

In 1984, the federal government presented MSVU with \$500,000 to establish a distinguished visiting chair in Women's Studies, as recognition of the Mount's leadership in Women's Studies. The position has been vacant since Dr. Marguerite Anderson's term ended in December, 1988.

CONFERENCES

MSVU regularly hosts conferences on women's issues, including the first national conference on special equity concerns of women and, in 1985, an international congress on women and peace. The most recent international conference here, in July 1988, brought together 175 women from 24 countries to discuss economic issues of importance to women.

LIBRARY COLLECTION

Since 1967, the Mount has been building one of the best research collections in Women's Studies in Canada. Petro Canada's recent endowment of \$150,000 has helped to continue this specialization.

INSTITUTE FOR THE STUDY OF WOMEN

Dedicated to research on women's issues, the Institute was formed in 1981. The main objective is to improve the quality of women, and to promote equality of women with men through a fuller and more informed understanding of the role of women in society in the past, present and future. A four point plan achieves this purpose.

1. Research - the Institute encourages research on women by providing services and assistance.

2. Education - workshops, conferences, special programs

3. Social Policy - the Institute promotes analysis of social policy as it pertains to women

4. Communication - the Institute facilitates communication among researchers, policy makers and the general public

ATLANTIS

The Mount publishes a semi-annual Women's Studies journal called Atlantis, which includes scholarly articles, book reviews, essays, photos and graphics.

CANADIAN WOMEN'S STUDIES ASSOCIATION

Since 1985, MSVU has maintained the secretariat for this national learned society on women's studies.

LEADER IN OTHER WOMEN'S ASSOCIATIONS

Some Mount faculty members are committed to women and equality, and serve on the executives of the following organizations:

Canadian Research Institute for the Advancement of Women, Canadian Congress of Learning Opportunities for Women, National Action Committee on the Status of Women, Media Watch, Women's Legal Education and Action Fund, Canadian Women's Studies Association, Canadian Society for Women in Philosophy, Canadian Society for Women in Psychology, and the Status of

Women Committee of the Canadian Jewish Congress.

WOMEN AND SCIENCE

To address the under-representation of women in science, the Mount has proposed to establish the Jeanne Sauve Chair for Women in Science. (See article for details) Our science curriculum will be reviewed as well. The intent is to produce graduates who can bring an ethical and feminist perspective to the understanding of science and technology.

WOMEN STUDENTS

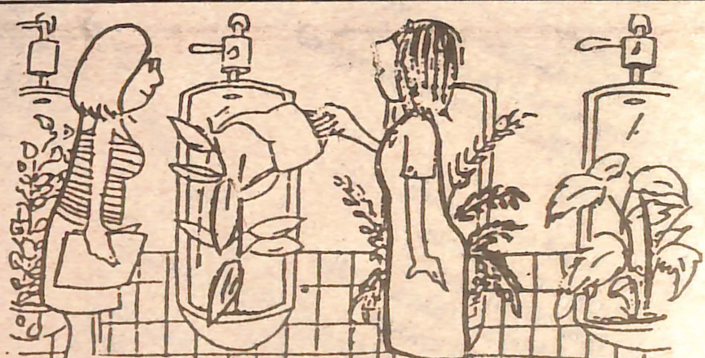
The Mount attract many older female students. Over fifty per cent of enrolment is made up of women over the age of 25. The average age of Women's Studies majors is 30 years, and many are single, low-income parents. To accommodate study, jobs and child care, courses are offered both in the day and in the evening. Many Women's Studies courses are offered on television to reach women in rural areas. Viewing times are set up at libraries and community centres for students without TV.

INTERNATIONAL PROJECTS

Through CIDA, faculty have been involved in development projects including the following: a nutrition program in the Dominican Republic, a Home Economics link with the University of Malawi, a child development project in the Dominican and Antigua, and evaluation projects in Malaysia and Zimbabwe. There is a linkage between our Institute for the Study of Women and universities in Nigeria. The project includes comparative workshops on research and methodology, publications, training of women's studies educators, library acquisitions.

INTERNATIONAL STUDENTS

The Mount is committed to educating women from around the world. Currently there are women students here from 30 countries, including some graduate students participating in the Canadian government's Africa 2000 program.



"So when I took over the company, I decided we didn't need so many male executives."

reason #541 in support of feminism

by Eric MacKay

There was a Ferron concert on Thursday and it was something else. Ferron is a "cult-figure of both acoustic folk and the women's issues music circuit", according to the Flamingo guide. It was an excellent concert; the music was great, the message was ... well, the message was right. Afterwards, some people hugged one another, some people danced and Ellen and I sat there grinning like stunned fools for at least ten minutes. It was astonishing and beautiful. The bar probably didn't make a lot of money, although there were a lot of people there, nobody seemed to be drinking too much booze. But it was by no means a quiet affair, people were yelling and singing and clapping and jingling keys. When her encore was over, Ferron said, "I'll just put my guitar away and I'll be out to talk to you." Pleasant,

that after she had entranced us all evening, she was going to come and chat with us. (Numbers, Pete says.) There was probably a ratio of 80:20, women to men. A great deal of friendly looking people, singing along and joining in the very good energy of the place.

So after a half an hour or so of quiet glow, we left the bar, three of us, to walk home, through the Parade Square onto Duke Street. We turned the corner and heard noises like an animal in pain. We saw about 10 legs kicking a body on the ground, we heard a woman's angry and hurt voice, the animal's shrieks and the kicker's laughter. We got closer and the kickers ran away, and three people stumbled across Duke Street and huddled in a doorway. We approached them, the animal still screaming. He was being held up by his friend, himself with a fair of black eyes and bruises and split lip.

"Holy jeez, is he O.K.?"

The woman, "He just got beat up by those guys." and the friend is the friend is trying to calm the screamer down.

So we walked away. Were they all drunks, fighting? Did someone offend someone's girlfriend, and someone took the 'first swing'? If I had hurried could I have saved that guysome kicks to the face or the balls or the ribs?

The real point is that a bunch of guys, to have fun, got pissed, found another bunch of guys, pissed or not, and beat the living shit out of them, for fun. On the other hand, a group made up predominantly of women spent their evening sharing energy that felt so good I can't even begin to explain it. Here it is, 2:54 am, I can hardly remember a note of that music, but I can clearly see the boots kicking into the moving bundle; ugly as a movie.

New UNIFEM Director: A Canadian Woman!

Secretary of State for External Affairs Joe Clark welcomed the appointment of Sharon Capeling as Director of the United Nations Development Fund for Women (UNIFEM). The appointment was made in November 1988 and took effect on February 1, 1989.

"I am very pleased that the position of UNIFEM Director is being assumed by a Canadian woman, especially in view of the importance that the Government of Canada accords to promoting the improved political, economic and social status of women both domestically and internationally", said Mr. Clark.

Ms. Capeling is a native of Saskatchewan and has had more than 20 years experience in international development. Since 1983, she has managed CUSO (formerly Canadian University

Service Overseas) projects in West Africa.

UNIFEM has its origins in the Voluntary Fund for the United Nations Decade for Women, which was established in 1976. The Voluntary Fund was succeeded in 1984 by the United Nations Development Fund for Women, a separate and identifiable entity in autonomous association with the United Nations Development Program. UNIFEM's twofold mandate is to serve a catalytic policy-making function within the UN system and to support innovative and experimental activities benefitting women in line with national and regional priorities. Canada is the second largest contributor to UNIFEM. In 1988-89, Canada contributed \$1,150,000 to the Fund.

CHOICE PART 1

Women waiting
Nervous energy
tension
Women guilty
labelled blamed

Our fault
Our bodies
Our desires

One man feeling scared
Women wide-eyed
frozen
never looking up

Ashamed -- made to feel ashamed
Afraid
Doctor's hands
Male hands
pushing plodding
judging
male hands governing
Women's bodies

Silence
terror in Women's eyes
Stricken down
terror in Women's eyes

Silence
Silence
Silence

Lorene Dobbie

CHOICE PART 2

Single chairs
people always believe what they read
people always believe what they read

I heard your name called
just as mine
before
And like other Women
later

Pages keep turning
people always believe what they read
people always believe what they read

Holy bible next to me
quilt in your head
nervous laughter in the air
fear awakening in your heart

Once again we suffer
Once again we are the chosen
People always believe what they read

Lorene Dobbie

FAMILY MEAL

Guilt shot from
his eyes like machine-gun fire
as he slapped the face
of his daughter when she disagreed
with him.

The food was thrown
burnt on the table.
Hate circulated
and they ate that as well.
The hate I'd known
since the age of two.

Christmas was a merry feast
they always fought to say the least.
I'll never forget what this woman said,
"We get along so well in bed."

Susan Flemming

ODE TO WOMAN

I can see her/you
I can feel her/you
I can smell her/you
woman my friend.
run my fingers through
the ages of time.
touch and feel the solid
flesh.

Woman my friend.
holding your hand
holding your body
holding your soul
woman my friend
joined in the struggle
for justice
joined in a love
for life
joined in a hope
for our daughters

woman my friend.
Stand by me
lean on me
love with me
my woman my friend.
Paula Arsenault

POEMS

Paula writes poems for an aching
world, while around her falls the
Silence of this compact
and family house.
Her cat curled up in a ball -- Brother home from high school dance.
The warm humid breath falls
thick and stifling. Ah yes, my town indeed -- it falls thick and stifling.
Suffocating those of my woman friends;
the mother on the go, the university student unemployed,
the baby's cry -- nowhere to escape
However upon close examination
their bizarre friend Paula
sits alone and writes poetry
amid the Thick and Stifling.

Paula Arsenault

My poetry is my spirit. I am able to express my feelings and thoughts
is this seemingly disorganized way. We are all poets, artists, musi-
cians. We need to recognize within ourselves the creator. I hope
that my poems will make people angry, dare to comment, get
shocked and maybe let loose the creator.
So mote it be.
Paula Arsenault

International Celebration

Thursday, March 9
7 pm to 12 am
Free

* ALL WOMEN WELCOME

Evening events include:
Candlelight spiritual gathering
Poetry readings
Local musicians
Dance

Events in

Ma

Tuesday, March 7

Dalhousie Art Gallery

The film, "Linda Joy" shares a woman's story
12:30 & 8pm FREE

Spirituality Gathering

A celebration of self and of one another
Women and children welcome. Bring a dish to share.
8 pm Vieth House, 311 Vieth St.

Dalhousie University

Dr. Tony Laidlaw of the Education Department
12:40 pm Sir Charles Tupper Building

Saturday, March 11

Women's March for International Women's Day

Begins noon at the North End Library
ends at St. Patrick's-Alexandra School
Refreshments will be served.

Women's Community Fair

Information booths, book tables,
-"Holding our Ground", "Proud to be a Woman",
"Global Assembly Line", etc.
St. Patrick's-Alexandra School, 311 Vieth St.
1 - 4 pm, FREE, childcare provided

Women's Dance

Vieth House, 3115 Vieth St. 9pm-12am
Women, 19 years and over, \$5 suggested donation
Childcare provided

Women's Day

at the Mount

Seton 404/405
Wet/Dry
Cash Bar

CARE PROVIDED IN SETON 430*

Portive male childcare volunteers needed.
Please contact 423-7562 or leave a message
with the Student Council office.

Metro Halifax
ch 6-11

an's struggle with cancer.

other.
ing a blanket to sit on.
Halifax. FREE

Dept. will speak on incest.
Theatre B. FREE

March 8

Advisory Council on the Status of Women
Purdy's Wharf from 5:30-7 pm.
8662 for info.

Concert

School of Architecture Bldg. Room H 19.
pay what you can. Door prizes.

March 9

House at MSVU, SAC 404-5.
e Provided.

ns, including:
nan, Strong Steps"

Maitland St.

m
/\$3 unwaged

GYPSY WOMAN

i hear the Gypsy inside
i feel the Gypsy inside
Gypsy speaks as i become restless
dancing
laughing
Gypsy speaks in tongues

When i feel like screaming
blood -- spurting from mouth
coming from gut
Gypsy speaks to me
of suffocating
of conformity
Gypsy sings
music
tambourine
my Gypsy blood runs freely
through my veins
Gypsy -- spells
weave freedom into my life
never trapped
when i hear Gypsy cries

Lorene Dobbie

YOU
You
are Woman
You
are power
sheathed in softness
finely toned muscles
beneath velvet skin
clinging to me

You
are Woman
ripe scented and damp
enfolding me
holding me safe
in my voice soft
in my ear
your breath warm
on my skin

There is safety in you
and nurturing

You renew me
You
are woman

Anne Cameron

We are all longing to go home to
some place we have never been --
a place, half-remembered, and half-
envisioned we can only catch glimpses
of from time to time. Community.
Somewhere, there are people to whom
we can speak with passion without
having the words catch in our throats.
Somewhere a circle of hands will open
to receive us, eyes will light up as
we enter, voices will celebrate with
us whenever we come into our own
power. Community means strength that
joins our strength to do the work
that needs to be done. Arms to hold
us when we falter. A circle of
healing. A circle of friends. Someplace
where we can be free.

Starhawk

Supper was served
and the talk turned to sex,
the women listened
and nodded their heads.

Later, the men and women
gathered in a room.

A man leaned over
and whispered
in my ear.

"You know, if you women
were less intelligent
we would be doing it
instead of debating
the subject."

Susan Flemming

CANTICLE FOR COLIN (BORN JANUARY 22, 1989)
Darling
one night you blew in
on a gale wind.

The windowless room
greeted you
bold visitor
from the underworld.

Sea visions
engulfed your wild and groping eyes.
Now, as you sleep
the raucous lull
of your breath
is a comfort
like waves breaking on a beach.

O child
you hold me to this life.

Susan Flemming

YOUR VOICE THROUGH THE PHONE
Your voice through the phone
trembles,
My throat tightens,
words come thick and slow
from my throat.
If I could hold you
or you could hold me
we mightn't need
words.

Anne Cameron

joyce woods 79

On Monday night after the break, I rushed home from school in tears. This women's issue just hadn't been coming together as I had hoped it would. All I'd received at that point was a pile of anti-feminist sentiments that completely missed the point of our women's issue.

While recruiting writers from classes and even chatting in the hallways, I had run across so many people asking dumb questions:

- "Why are you doing a women's issue?"
- "Isn't that discrimination?"
- "Why not do a men's issue?"
- "Aren't you leaving out a bunch of important news this week?"

Aaaaaarrggghhh!

Then, a miracle happened. I trudged reluctantly into the Picaro office the next day. What should be lying on the desk but a huge pile of great stuff for the issue - positive writing from feminist perspectives.

I'm hoping that these poems and stories will open some minds and encourage people at this university to think about what it means to be a woman. This issue is meant to be a celebration of womanhood.

Unfortunately, some people will still take this issue the wrong way, and some people are going to laugh scornfully. Maybe you're laughing right now. Frankly, I don't care. If only a handful of people get anything out of this paper, that's good enough for me.

I'm getting something out of it. I need to do this. The rest of the news can wait a week. I'll sum up the highlights for you if you're really worried - no further news on the strike (though something's brewing this weekend), nominations for student union elections are under way, National Week of Action is supposedly going on right now to protest underfunding of universities and there was a cruise missile protest on Wednesday. There.

As for a men's issue, if you really want one, get up here and start writing. If that's what you students really want, go ahead and do it. As far as I'm concerned, men haven't been suffering from too much oppression or inequality, even here at the Mount.

I hate to harp, but this is a women's university, despite many students' denial of this fact. It says so in our mission statement. I can't believe how happy everyone was when we took the slogan, "Canada's Only Women's University Newspaper" off our Picaro flag.

We're doing a women's issue because over 80 per cent of our student population is female. Do we need another reason? The Gazette just published a superb gay/lesbian insert - and that was for a minority at Dal. Do they now have to produce a heterosexual insert? Certainly not.

Despite the high ratio of women here, many of our contributors this week were men strangely enough, some protesting and some supporting feminism. It's outrageous that only a handful of women care enough about women's issues to submit their views and observations. Fortunately they wrote a ton, so we aren't lacking for copy.

Why is it only Women's Studies students and activists that have anything to say about feminism? And when they do, why do they get such a negative reaction from other Mount students? (ie. Lambert & James) Worse still, how can this happen at an institution dedicated to the advancement of women?

I'll be honest. I still catch myself saying "girls" occasionally. I've never read feminist literature or joined a protest. I didn't even notice this problem at the Mount until this year. I started cluing in last year during the International Women's Day forum. I realized that there were quite a few frustrated women in this school and now I certainly understand and feel their frustration.

I'll admit that I didn't really comprehend why having a women's-only pub was so important last year. I figured that if the Women's Studies Society put on the event, how many men would show up anyway?

Now I see their point, after experiencing Ferron in concert at the Flamingo. The crowd was mostly female, and I felt this incredible energy in that room, until a couple of men sat down at my table. Before you accuse me of being a man-hater, don't get me wrong, men are great - in fact, I'm even in love with one! During that show, however, I was pretty wrapped up in my feelings about women and what they've gone through... what they're still going through.

Instead of believing what students have told me about "those radical feminist bitches who take Women's Studies", I've gotten to know them. There isn't a more amazing, cohesive group of people on this campus. I've learned so much from them. I look at life differently now, and I notice things that I'd never acknowledged before.

For example, I went on a tour of a print shop yesterday. Our guide constantly referred to "the men on the floor", who were operating the presses and taking care of the guts of the operation. The women were stuck in a corner sorting sheets of paper. That's only one case. Don't even get me started on the Miss USA pageant I forced myself to watch the other day. How ridiculous! I could go on, but we're already running out of space in this issue.

Last year I never would have referred to myself as a feminist. I thought I had a pretty good life. I still don't have many run-ins with inequality, but there are a hell of a lot of women out there who do, all the time. How will I feel when I'm out in the work force, making less than a man who's doing the same job? It happens, even right here at Mount Saint Vincent.

I grew up in a really open-minded household. I grew up believing that men and women are equal, because that's the way it was in my house. Both parents brought home the bacon, both cooked it and cleaned it up. My brother and I both had similar responsibilities. It wasn't perfect - guess who got stuck with the cute little pink room every time we moved into a new house? But it was a pretty cool family to grow up with.

In my teens, when pregnancy became a possibility, I started to feel very strongly in favour of abortion. When I became a waitress, I started to wonder why male customers, even old ones were asking me out all the time - are waitresses reputable for being easy lays or something? It's disgusting. On dates, why would I feel like I owed anything to the guy that paid five bucks for my movie ticket?



Now there's no question that I'm a feminist, and I owe much of this realization to several women at this school, who I mentioned earlier. I suggest that you students pay more attention to what they're saying. They don't sit around complaining about men. They organize protests against racism and homophobia. They screen wonderful movies like "I Heard the Mermaids Singing". Give them a chance. They've certainly done a lot for me. I also owe my strengthened awareness to the people who performed at the LEAF Benefit last month - Connie Kaldor, Buffy Saint Marie, Lillian Allen, the list goes on. Most of all, I owe it to myself for consciously deciding to observe what's going on with women in this school, this country, and this world.

Open your mind to feminism - it feels great!

Marla Cranston

comment



"comedy"

To the Editors:

I went to the Lambert and James show determined to find

The performance:

Subject of Jokes	Raw #s	Ratio
Protesters	18	20%
Themselves	11	12%
The audience	8	9%
Homosexuals	8	9%
Sexism, female	7	8%
Sexism, male	7	8%
Politics	6	7%
Drugs	6	7%
Race	5	6%
Newfies	4	4%
The Media	3	3%
Foreign Languages	2	2%
Physically Challenged	2	2%
Pregnancies	2	2%
Unemployment	1	1%
Education	0	0%

fault with the performance. I have the benefit of a university education in Sociology and so I set about this task in a systematic method. Since I could not be in all places at once and be-

cause I was drinking a few beers, I offer you these statistics for comparative purposes only. They are not accurate enough to be accepted for their absolute values.

Performance by major categories :

Jokes about protesters	18	20%
Jokes about Sexism, Racism		
Homophobia, Pregnancies,		
Physically Challenged	31	34%
Jokes on all other Subjects	41	46%

Attendance:

	Women	Men
Raw #s @ 3:30 pm	55	45
Ratio for the Mount	85	15
Protesters	12	0

tables occupied by women only 47 %
tables occupied by men only 6 %

Lest the above numbers mislead you, Lambert & James are musicians more than comedians. They sing mostly dated popular songs by America, Croce, Simon & Garfunkel, John Denver, Don McLean and Bob Seger. Furthermore, these fellows have an enviable talent for igniting their audiences and starting sing-a-longs. If my data shows that women and men had segregated themselves during start of the show, then at least Lambert & James united us the sing-a-longs. And to give them their due, this team displayed all the musical sophistication and topical sarcasm that are the best qualities of their native Newfoundland.

However, I am not prepared

to let Lambert & James off the hook. I am going to suggest to you that these astute performers sized up their audience and the media and sensibly toned down their show on this occasion. And I would like to suggest to them that the audience would enjoy them just as much (maybe more) if they were to pick-on student politicians, drug addicts, the media and men. Why pick on women, homosexuals or foreigners when we would much prefer to laugh at our tormentors? With just a little reorientation, this fine act could be a brilliant routine. I wish Lambert & James every success in that direction.

And there is a note of irony in

this show. The protesters who were accused of all the trouble and the butt of so many jokes were the saving grace of this band. Clearly 20 per cent of the laughs were attributed to the protest. Lambert & James might be well advised to take a crew of feminists on the road with them. So might we all. I am very surprised to hear the student body scolding feminists the way they do. Are we so naive as to believe that the Mount exists due to the efforts of well-meaning men? Let's get real. This institution was founded by tough-minded feminists. That is our heritage and our reality. Pay attention, students, and you might learn to be as effective as your predecessors.

And for the protestors, I would like to thank them on behalf of all of us. Be heartened, my numbers show that you managed to disrupt the performance a total of six times. Despite their bluff to the contrary, I think that Lambert & James heard you loud and clear. And I might offer you protestors a suggestion from Beryl MacDonald in the Public Relations program. Your protest would have been more effective if you had staged it on the balcony outside the Pub windows. You would have been more visible to the media and to the audience and you could have disrupted the show completely and forced it to stop. If you plan to protest in the future (and I hope you will), then protest to win.

And for the Student Council I'm afraid I have only contempt. I didn't pay \$2 to listen to you congratulating yourselves. And before you do, perhaps you can explain to me where your back-

SOLILOQUY ON STANDARDS

i have a close friend
whom i care deeply for.

we laugh and cry, sing and yell,
we talk about each other, ourselves,
our world.

my friend is R.G.
my friend is a MAN.

GASP -- what would
the feminists say?!

moira mcdermott

To the Editors:

Over the past months and lately weeks of continuous controversy over the issue of racism (Cole Harbour High) and sexism, I feel it is my time to voice an opinion because after just reading the Picaro, I am bugged.

Firstly, the present issue (now past) after this letter is printed is one which is more serious than some of these small-minded selfish people realize. When asked a question, "should Lambert & James be allowed to perform at the Mount", and answers such as, "Yeah, sure if you find them offensive then don't go", or "Sure, they're funny as Hell". I feel that those individuals really don't know what its like being in the category of the abused and those who are being taken for a poppy show (an island expression) by supporting Lambert & James. Everyone is human, whether they are homosexual, non-white, or female.

Let me inform you, I am black and a woman, therefore that puts me in the racist and sexist category. Like you are white and proud, I am black and proud. You see, I have been situations

bones were when Morgentaler had a chance to speak at the Mount. I hope to see more conscience and less recriminations from elected representatives in the future. Regarding Lambert & James' future with the Mount, I suggest that we invite them back, but only if they promise to respect the sensibilities of our women students, our homosexual students, and students of every race and creed. We're footing the bill. Let's force them to negotiate.

Thank you all for an interesting time.

I score this event: Protesters 1, Lambert & James 1, Student Council 0.

Sincerely,
Peter Ross

of racism, I have been around people who made both racist and sexist jokes. Until you are in that situation, you don't know how it really feels and how offensive it is.

Going back to an example, Ben Johnson, who was first seen as the great Canadian sprinter, later became "that Jamaican" after his downfall. In Canada, we the minority who are either here for school or have made the choice to make Canada our home, should not be put down and subjected to the humour some people use for their wealth and in doing so, overlooking the pride of others.

You may not understand why people have died for the freedom of their people such as Malcome X and Martin Luther King Jr. You may never know. It's easy for some of you living in Canada because if you are white, you are just Canadian. For some of us living in Canada, we are seen as a Black Canadian. We are placed on a different level and if you continue to support racism you are not closing the gap that remains between the races.

It may make all of you better people to look beyond the colour of your skin and mine. Believe me, you are no better than the person next to you if you won't stand up and open your mind.

To all of you who think racism doesn't exist - it does. Although it may not be outright like it is in the USA, its present and in my opinion worse when it is hidden.

To all of you, I suggest you read the book Black Like Me and you will learn how a white man experienced life as a black and he never imagined what it was like - until he was there. Maybe then you will know why I speak out. You will never know what it feels like to be ridiculed if you are not "black like me".

Lisa Bethel

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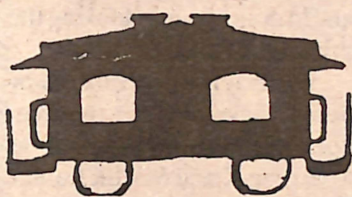


Spring Fling '89

March 7th
Vinnie's Pub MSVU
9 pm to 1 am
\$2 Admission
Please bring ID

Featuring Sights and Sounds
Wet/Dry
Wet/Dry

09									09
11	Deadline for photos in the Yearbook was March 1. If you missed it, go directly to SU, do not pass go, DO NOT collect \$100. SEE AMY THURLOW!								11
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GO									GO

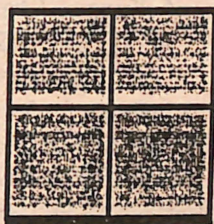


Student Union Station



OPEN THE DOOR TO....

THE
NEXT
STEP



o

at the
8TH ANNUAL
Mount Saint Vincent Univ.
Student Union Leadership
Conference
MARCH 4, 1989 (9:30-5:00)

COST: \$12.00/PERSON

Referendum 89

Do

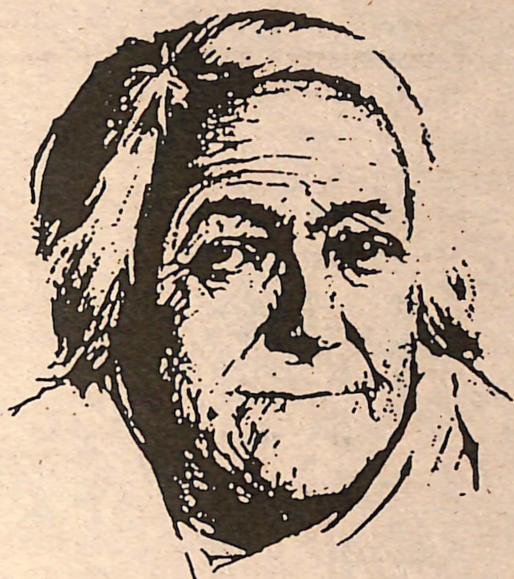


Know

The Issues ?

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Be Concerned
Voice your views

A Pioneer in the Struggle for Peace & Women's Rights



Clara Zetkin 1857-1933

A Pioneer in the Struggle for Peace and Women's Rights
Clara Zetkin's life work was dedicated to the struggle for peace and women's rights.

SHE TAUGHT WOMEN to take the struggle for women's emancipation and equal partnership in the economic, political, social and cultural life of society into their own hands and to unite and work together nationally and internationally for that purpose.

SHE TAUGHT WOMEN to penetrate the mystery of how wars come about, to see who is responsible for warmongering and war preparations, and to side with those who have dedicated themselves to the struggle for a lasting peace, against militarism and war.

SHE TAUGHT WOMEN to use specific forms of struggle to express their demands for their rights, child welfare and peace, and thereby to mobilize and involve more and more women.

FEMINISM The "Eff" Word, Again? A Viewpoint, Part 1

by Bill Swan

GOBBLEYGOOK; I'm supposed to give you some sort of quasi-mini-symposium about a male perspective on feminism, but all I get is gobbledygook. Easy boy, start out with something simple. A coupla definitions: THAT'S IT, it'll make 'em think I'm some sorta intellectual litterateur.

Here's what Webster's II says about feminism: its the advocacy of the political and socioeconomic equality of men and women. Hmmmmm, sounds vaguely familiar; advocating equal rights for all human beings, perhaps. Now Webster (my bub), says this is egalitarianism. So, you say, what's this guy trying to prove; is he trying to get on my nerves? He must want to get on my good side? WHAT IS HE AFTER? Believe me, I'm not looking to wake some day with "DEATH TO BILL SWAN" scrawled on my door in bright red lipstick. NO! I can assure you, it is nothing less than honourable. This is not an attempt to discredit the feminist

movement. No, it is an attempt to show that the real struggle is against the status quo. Quite a leaf of faith, huh? Gimme a break, its ten o'clock in the morning and I'm usually not up 'til the crack of noon. Just bear with me, HUMOUR ME!!!

So now I guess we attack the status quo? Why the hell not? But first let's define a term. Masculinism: the advocacy of the political and socioeconomic equality of men and women. Shit, no way! the advocacy of the political and sociowhatever to blahblahblah and whatever a... and overtly oppress everything essentially not masculine? Confused, but close. Masculinism is fundamentally undefinable as it IS the status quo. Face it, society is based on masculinism, which leads to the inevitable conclusion that feminism is a reaction to the system. An

IMPORTANT reaction, nonetheless. Anything which reacts negatively to an entrenched system of values is greeted with nothing less than disdain.

BUT, I digress. I think, Ahhh, I remember now. The point is that feminism MUST exist. In order for us sentient beings to evolve in any sort of humanistic way, we must as a society rebel against anything that smacks of the social norm. Not everyone joins in the fight, but that is a prerogative. It is left to those that are willing to fight to put the proverbial bee in the bonnet, in any manner possible. Be it the civil rights movements of the sixties, the plight of the homeless involving squatters rights, or that ever elusive Feminist movement, the first must always be against the "tyranny of the majority". Egalitarianism is a goal, is punctuated by many social ideals such as feminism, however, the goal is inevitably ignored as we continue to take baby steps toward a free and just society based on equality for ALL.

Son of the "Eff" Word, Again. A Viewpoint, Part 2

by C.D. Smith

You may ask why Bill and I are writing an article for the women's issue of the Picaro. And on the face of it we may also ask ourselves the same question. A male perspective of the women's movement may seem to some as out of place as Hitler writing a history of the Jewish people. In light of the fact that the Picaro is situated in a university campus that is inhabited by an 85% populace of women, one would think that we would be out of place to write on the subject. However, Bill has made some relevant observations about the state of egalitarianism in western society.

The question IS one of equality, not for the few in the forefront of the status quo, but for all people. The struggle for equality takes precedent over all other struggles. The failing of democracy is that it has become the democracy of the privileged.

Women, in our society, bear the brunt of oppression. Most often the forms of oppression are subtle and hard to spot. Sometimes, as in abortion issues, this oppression has taken

violent turns. We must realize that our social norms are bankrupt of cognisant rationale. To exclude or oppress a section of society because of race, sex, or orientation, goes against the principles of both democracy and fair play.

So what is a fool like me going on about. Why, as a member of the chosen few of society, male, white and educated, am I denouncing the established status quo? Because it's wrong, damn it! It all gets back to the concept of fair play. How can the roles be fair if while on the construction crew of the road to enlightenment, half the workers are underpaid simply because they're women. Sure, historically there may have been a perceived precedent, but that is no reason to continue a neolithic and archaic attitude. Society will not change because the status quo won't let it. Isn't that a largely impotent majority, though?

So why a women's issue and why are men writing in it. For myself, and I suspect its the same for my colleague, Mr. Swan, our motto is equality and justice for all, but equality for the disenfranchised FIRST.

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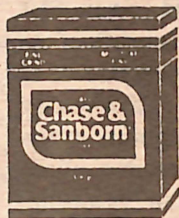
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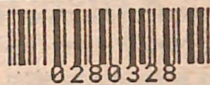
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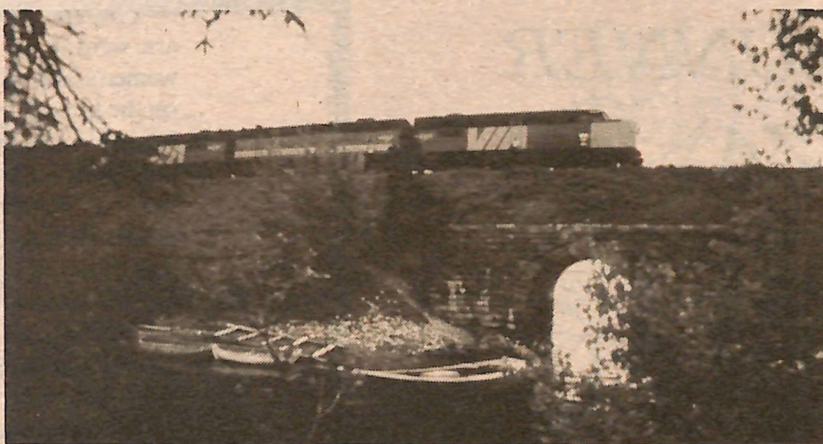
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Media Coverage of Women in Sports

by Marcel d'Eon

The issue of drug usage in sports is not the only fallout from the recent Seoul Olympics. Another area being scrutinized is that of media coverage of female athletes. How women and women's sporting events were portrayed during the Summer Games of 1988 is the focus of a study currently being undertaken by Dayna Daniels and Wilma Winter from the University of Lethbridge, and Sandi Kirby from the University of New Brunswick. The study is an association with CAAWS, the Canadian Association for the Advancement of Women and Sport.

According to Dr. Daniels, the purpose of the project is to show the differences in how men and women are portrayed by the media, particularly in television. Although analysis of the content of television broadcasting

of the Games is just beginning, some interesting trends have been identified.

The researchers have found the language of the broadcasters to be condescending when referring to women athletes. The women were referred to as girls, ladies and young ladies. Also, the age of the competitor did not seem to be a factor in the selection of the term used. Even married women were referred to as girls. In contrast, male athletes were described as men regardless of age. This came to a point when, during the finals of men's diving, the announcers became concerned that Greg Louganis might lose his title to a 14 year old Chinese man.

Furthermore, the appearance of the women athletes was frequently the focus of the coverage during the Olympics. The term "cute, little Janet Evers" was heard far more frequently than the results of her races. Such references were found to ignore the strength and skill level of the women athletes, while also slighting other aspects of the sport.

The members of CAAWS believe the media can make an important contribution to the efforts being undertaken to advance the acceptance of women's sports and of women who participate in them. "We would like to see broadcasts focus more on the positive aspects of competition such as training and preparation of women athletes", says Dr. Daniels. She adds, "Hopefully, future coverage will place less emphasis on the physical attributes and personal aspects of female competitors."



Mount Volleyball Team to Defend Provincial Title

The MSVU Women's Volleyball Team is set to defend their ninth consecutive Provincial Championship Title.

Undefeated in league play this season and ranked ninth in the country, the team has been working very hard and improving all the time.

"The girls are working very hard," says Coach June Lumsden.

"We are concentrating on making fewer errors and being intense throughout the whole game. Consistency is our goal now."

"Volleyball is a game of outsmarting the opponent", continues Lumsden. "It's a game of strategy... you have to be thinking and executing properly all the time."

Mystics Enter Provincials in Second Place

On February 13 the Mount women's basketball team travelled to Nova Scotia Teachers College to take on the first place team. At the half, the Mount team led 24-18. The team continued to lead most of the second half until the 13 minute mark when the NSTC team scored 8 unanswered points. The Mount struggled to come back but the score at the buzzer was 48-42 in favour of NSTC.

Scorers for the Mount were Kim Little 10, Leora Pye 6, Wanda Skinner 6, Julie Gidney 6, Heather Nicholson 4, Jocelyn MacLean 4, Paula Sweeney 4, and Andrea Drake 2.

Two nights later the Mount team hosted its arch rival the University of Kings College before a very supportive Mount

cheering section. After a shaky start, the team went to the locker room at half time, down by one, 24-23.

The two teams battled for the lead in the second half when the Mount scored 7 unanswered points to take the lead and not look back. The final score, 53-46 for MSVU. Scorers for the Mount: Julie Gidney 11, Leora Pye 10, Andrea Drake 8, Nancie Gatchell 7, Paula Sweeney 4, Wanda Skinner 4, Heather Nicholson 3, Heather Stewart 2, Jocelyn MacLean 2.

Thus, the Mount Mystics enter the Provincial Playoffs in second place behind NSTC with Kings in third and NSAC in fourth. The Mount team is favoured to put it all together this weekend to beat TC and hang

the NSCC Provincial Basketball Banner in their own gym.

"Anything can happen this weekend" admits Head Coach Anne Lindsay. "Any team can come up with the game of the season to finish in first place in the Provincial Final", adds Assistant Coach Patsy Pyke. "Playing in the Provincials adds all sorts of pressure to players. Some teams can handle it well and use it to their advantage to play their best game of the season, while others fall apart. We have a very good chance to put it all together and pull off this weekend especially since it is being held in our own gym."

Whatever the results, it has been a great season; congratulations to the members of the women's basketball team and good luck to all teams participating in the Nova Scotia College Conference Provincial Championship.



Athlete of the Week

This week's Pepsi Athlete of the Week is Paula Sweeney. Paula, who is captain of the women's basketball team, was selected to the All Star team of the College Ahuntsic Invitational Basketball Tournament held February 16, 17, and 18 in Montreal. Congratulations Paula on being chosen Pepsi Athlete of the Week.

Fit Tips

by Lisa Boudreau, Athletics/Recreation Assistant

Have a Fitness Assessment

Everyone knows that fitness leads to a healthier, happier body. Just what does being fit involve, and just how fit or unfit are you? These are questions that can be answered through an individual Fitness Assessment.

The Fitness Test is a thorough assessment of your physical fitness. It looks at all four components of fitness; cardiovascular conditioning, strength, flexibility and endurance. The test is followed by a counselling session that will review test results and help you develop a fitness program that meets your current and future fitness goals.

To test the efficiency of your heart and lungs, baseline heart rate and blood pressure is determined, followed by a step test and post test heart rate and blood pressure levels. Other test components include sit and reach to measure flexibility; grip test

to evaluate muscular strength, and push ups and sit ups to test muscular endurance. Skin calipers will be used to assess body fat. Skin caliper results will be used to determine your ideal body weight.

The Athletics/Recreation Office offers these Fitness Assessments to the Mount community for only \$15.00. The test takes approximately one hour to complete. You can arrange to have your own personal Fitness Assessment done by contacting the Athletics/Recreation Office in Rosaria Centre.

Take a step toward better fitness habits. Get started with a fitness assessment and then fight off those mid-winter blahs by exercising your way to good health. Now is a good time to get started as all of our fitness class prices have been slashed in half for the rest of the term.

Ongoing Events

This month: Half Price Fitness Sale starting February 27.
Six-week Back Care Program starting February 17,
Mon & Wed 12:15-12:45 pm.

March 4
Nova Scotia College Conference
Women's Basketball Championships
6:30 pm NSTC vs NSAC
8:30 pm MSVU vs Kings

March 5
Women's Basketball Finals
3:00 pm
Rosaria Gym

Saturday Nov. 26, 1988 at the Cultural Centre. Corner of Provencher and Des Meurons. Win a free ski trip!!! Tickets at Answers or call 222-8249.

The 22nd annual Business Parquet at the Holiday Inn Downtown Nov. 10th Tickets \$25.00 on sale now in Commerce lounge

classifieds

Royalty is coming to visit St. John's College. On Nov. 4, at 7:30pm in the St. John's College Chapel. VOII can relive

Foxy girls in negligees... Hot studs in the jockey... experience... feel it... Pajam Social... 209 Armes... the lounge to be renovated. November 10.

REGISTRAR'S REMINDERS

March 24 - Easter Holiday Weekend

April 7 - Last day of classes.

April 10-19 - Final exams.

VOLUNTEER

Is your local mailing address up-to-date? If not, contact the Registrar's Office to make any necessary changes.

Volunteers wanted for a "Walk on Campus" service. For one hour per month between 9:15 and 10:15 pm, Monday to Thursday, you would walk a lady to her car, bus, or on campus residence. Sign up at the Student Union Office.

Volunteer tutors are needed to help adults learn to read and write. For more info. call Janet Doyle at the Halifax North Branch Library at 421-6987.

If you love children, volunteer to be a child's reading partner. Call Terry Symonds at the Halifax Library at 421-6987 or 421-8766.

Extend-a-Family would like to hear from families or individuals who are interested in becoming friends with a young person with special needs. In Halifax, please call 423-9464, in St. Margaret's Bay, 826-7741.

Mental Health Halifax requires volunteers for the Building Bridges Program. For more information please call Marg Murray at 422-3087 or 422-6114.

JOBS

Check Inns Limited- Technical Services Operator. For more info contact the Employment Centre on campus.

Potential teaching positions in various school boards in Atlantic Canada. All interested 1989 grads. in B.Ed., BCS, M.Ed., and M.A. contact the Employment Centre on Campus.

The Athletics/Recreation Dept. is looking for individuals who enjoy working with children to work at the March Break Day Camp. This camp is held each year during the public school March break for children in grades primary to five.

The children are divided into groups of grades primary to 2, and grades 3-5. Some of the activities they will be participating in are arts and crafts, musical activities, low organized games, field trips, movies and a closing "Teddy Bear Picnic".

If you are interested in working with children and have experience in one or more of these areas please call the Athletics/Recreation Dept. The camp pays minimum wage to camp workers.

The N.S. Lifeguard Service has summer positions for Beach Captains and Lifeguards. For more info. contact the Canada Employment Centre on campus. Application deadline is March 17, 1989.

Student coordinator for Metro Yesteryear Festival. Application deadline is March 10, 1989. For more info contact the Employment Centre on campus.

Camp Wahanowin has summer employment positions available. Representatives will be on campus March 8 and 9 to conduct interviews. Application deadline is March 6, 1989. More information available in the Employment Centre on campus.

Permanent - D.P. Kenney Fisheries seeks a Junior Accountant. Requirements are B.B.A. or B.Commerce and/or 4th or 5th level CMA or equivalent. Application deadline March 8, 1989. For more info contact the Employment Centre on campus.

Summer opportunities with M.M.S. Ltd., St. Andrews by the Sea, New Brunswick. Duration of employment from May or June 1st to Labour Day. For more info, contact the Canada Employment Centre on campus by March 3, 1989.

ETC...

Spaces are available at the new nursery school at Dalhousie University. The facility is open for children aged 3-5 years. For more info. call Eve Wright at 424-7001 or 423-6902.

Room for Rent in family home. Female, non-smoker in Bridgeview. \$225 per month. To view the house, please call 469-2760 from 9:00-3:00 pm and ask for Joan or 443-0540 after 5:00 pm.

If you can write a children's story or draw children's pictures, our Student Union needs your help with MSVU's fundraising efforts for the IWK Telethon. Our success depends on you. For more information contact Janice Oickle at the Student Union Office.

Do you sing? Do you play an instrument? The French Department of MSVU needs you to perform for our Boite a Chanson, March 16th. Contact Janice Kleiner at 443-9916 before March 8th.

Education students are urged to register for summer courses given by St. Mary's University at these times: March 14 at 5:00 pm at the NSTC, and March 29 on campus, McNally Theatre Auditorium. For more information, call 420-5491.

The spring term at the Maritime Conservatory of Music starts March 13. Ongoing registration from March 1st. For more information call Sharon Harland at 423-6995.

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A listing of available scholarships for the 1989/90 academic year is posted outside the Housing/Financial Aid Office. Further info. and applications are available from the Financial Aid Officer.

Residence applications for 1989-90 are available for all students at the Housing Office. Application deadline is March 17, 1989.

The Student Affairs Committee needs three student reps. for Disciplinary Appeals. Term to expire September 1989. Student reps. are also needed to serve on the Student Judicial Committee and Disciplinary Appeals Committee for 1989-90. Application forms available in Student Services, Rosaria 116, Ext. 359.

P.S. Correction to "US" paper published by the Student Council:

The position of Treasurer is an appointed position which was left out of the issue. All appointed position applications must be submitted by Friday, March 17th to Heather Coffin in the Student Union Office.

Metro Group Homes Association is looking for live in support staff in their apartment program. For more info. contact Cindy Atkinson at 420-1515.

Word Processing Bureau - for essays, resumes, etc. call 443-0344, we pick and deliver.

Personals

R.O.: You're a dead rat! Heard you were doing some serious "Mooning" while trooping around before the break. Didn't think you'd be such a rival. Oh, tears.

Bill Eisenhower, PR Frisbee Player, I've lost your address. Please write. Lisa Dillon.

To EXT. #373: "Hey Linda, take a bus!"

CALENDAR OF EVENTS

Friday, March 3

Bill Graham will be in Vinnie's Pub at 3:30 pm. Admission is \$2.00 at the door.

DAL/Mount Caribbean Society General Meeting at the Mount at 5:00 pm.

A panel discussion Art, Work and Survival with previous exhibition officers of the Mount Gallery from 2:00-4:00 pm in the NSCAD Boardroom. For more info call the Gallery at 443-4450.

A public reception for the Exhibition: EXEXEX will take place at 8:00 pm. For more information call the Gallery at 443-4450. This exhibition continues until March 26, 1989.

Saturday, March 4

Burnley (Rocky) Jones and his daughter Tracey Jones will discuss their experiences of Growing Up Black in NS at 1:30 pm at the Main Branch Library on Spring Garden Road. All are welcome.

Sunday, March 5

Exploring Jesus in the Gospels: Who does Matthew say Jesus is? The second part of a video series with Donald Senior. There is no charge for this program. Register with Sr. Lorraine, Rosaria 120, Local 446.

Monday, March 6

N.S. Satsang Society will be featuring the video tape "The Journey Home" at 7:30 pm at the NS Archives. For more info please call 464-1333.

Wednesday, March 8

The Cape Breton Club of Halifax is holding its monthly meeting at 8:00 pm at the Scotia Branch Legion, Conard Street, Halifax. Everyone welcome. For more info. call Voni Boam at 455-8641.

Tuesday, March 7

Spring Fling '89 in Vinnies Pub from 9:00 pm to 1:00 am. \$2.00 Admission. The night will feature Sights & Sounds. This is a wet/dry event.

Thursday, March 9

One of Africa's most prominent leaders, the Honourable Graca Machel of Mozambique, will address a public symposium at Dalhousie University at 9:30 am and will deliver a public keynot address at 7:30 pm. The symposium, Mozambique in Crisis: Is Development Possible in a Conflict Zone? will take place from 9:30 am to 5:00 pm in the DAL SUB. For more information call 424-3814.