

The Picaro

Mount Saint Vincent University

October 10, 1995 Volume 33 Number 03

Renovations, Future's Past



Brian Kerrigan /Picaro Staff

by Fred Robertson

The good news is there isn't another deadline to miss for the completion of renovations. The bad news is this situation exists because nobody wants to be wrong again.

Needed stressing with this fact, however, is the news about what has been done, and the sense of satisfaction surrounding the work. Take Vinnie's for example, it's in business. Workers "performed a miracle in getting it done." said Paul Reyno, Director of Physical Plant. He added that the whole project is "extremely complex" and that many unforseen problems extended the schedule. Despite this, Reyno is pleased that throughout the renovation process the building was kept going and operations continued.

This level of satisfaction extended to other members of the University community. The Diractor of Food Services, Umberto Catalono, expressed great pride in the new cafeteria facilities.

"The new cafeteria is the showcase of university dining in Halifax," said Catalano." In the last few days we've booked two banquets." Catalano thanked the students and staff for their understanding during the renovations. He also said that the new facility is now about 90% complete and there will be a grand opening when it's completely finished.

Even the contractors are happy with the progress of the work. Kurt Himmelman of Himmelman Contractors said much of the work is finished, and all went well. He, too, would not give a definite timetable for completion. He said that if all goes well, they may only need another month or so.

There are problems however. Work on the project is temporarily suspended to assess it's progress. As with any project of this size and complexity, there are some cost overruns. This interruption is intended to allow the university to keep things in control and clear up the remaining details about funding, said Reyno.

Thus, although the infrastructure for the bottom floor is in place, Reyno hesitated to give a definite date of project completion. So, despite the general satisfication with the state of affairs, be warned that hard hats are still required behind those "Keep Out" signs until further notice.

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Mount Elections

by Andrea Bannister

Another Mount election has ended with a whimper.

Just 373 students voted in last week's Student Council by-elections. Polling booth hours had to be extended to get the required 10 per cent student body vote.

"The Elections Committee decided to keep the polling booth open an extra half an hour until 7:30," said Reyn Gray, the Internal VP. "No one came out to vote and we had to drag some people out of the residences to come vote."

Sherri Moore, the Executive VP is also disappointed with the poor student turnout, but she is pleased with the organization of the elections.

"It was professionally run and infraction free. The Committee took the time to do it right," she said.

The election results are: Arts Representative - Kathy Young: Board of Governors Representative - Sarah Clarke; Child and Youth Study Representative - Alaina Smith; Off Campus Representative -Manson Locke; Full-time Senate Representative -Andrew North; Science Representative - James Tilley; Manus Representative -Richard Smith.

VINNIE'S "PUB"

by Robin Boudreau

"How would you define pub?"

Webster's dictionary defines it as "a place where alcoholic drinks are sold under license...and that often also provides light meals."

There's hope that Vinnie's may soon live up to this definition.

"I've been working to try and get food service in the pub," Student Union President Joe Strolz said.

"And that's something that we may see changed in the very near future."

Some Mount students said that if food services were available at Vinnie's, they'd

go there more often.

Third year student Heather Boudreau, said that she thinks Vinnie's would benefit from it.

"If it was like a real pub with food and maybe a jukebox, or a pool table, that would really attract people,"

Strolz is aware of the students' interest in this matter. He said it's one of the key issues to be discussed.

"It's something they've been trying to get for years now," Strolz said.

"I'm just sitting down with the vice president and

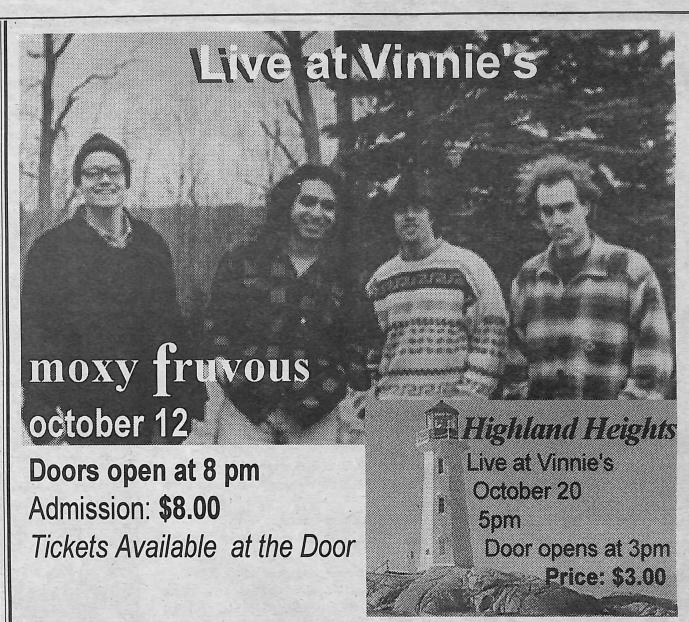
administration...to discuss responsibilities, duties and possibilities for ventures in the new area."

Another student said the food option at Vinnie's would make the difference in how frequently she'd go to the pub.

"The only reason I'll go is if there's a good band," Nancy Dorey said.

"If they served pub food though, I'd go more often."

Strolz said hopefully they'll soon reach a reasonable agreement so students can have the food service as well as hang out and enjoy the well-rounded atmosphere. Continued on back page...



NEDNESDAYS ARE BACK!

E'SPU

Where the weekend starts on Wednesday

Hours of Operation:

Mon/Tues/Thurs/Fri.....11 am - Midnight Wednesday......11am - 2 am

October 16-20 is National Collegiate Alcohol Awareness Week...

Booths Movies Mocktail Contest

Looney Tunes Variety Show

Prizes, Prizes and MORE Prizes



Have A Bank of NS Student Loan?

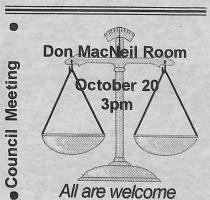
Problems? Comments?

See Joe Strolz, President, Student Union and member of National Student Advisory Board on Bank of NS Student Loans.



October 15

See Reyn Gray, Internal VP



The Picaro Volume 32 Issue 03

Coordinating Editor Andrea Bannister

Managing Editor Sarah Jeffrey

News Editor Robin Boudreau

Layout Editor Shelley Manderville

Graphics Editor James Tilley

Arts & Entertainment Editor Shawn Miner

> **CUP** Editor Ceri Young

Sports Editor Helen Smith

Features Editor Brian Kerrigan

Classifieds Editor **Andrew Clattenburg**

> **Advertising Sales** Sarah Jeffrey

Proof Reader Sarah Jane Angevine

Distribution Manager Wendy Sims

Contributors: Fred Robertson, Martha Grant, Peggy MacInnon, Sharon Hillier, Marco Tejada, Teara Gordon, Beverly Warford, Nancy Dorey, Jason Wingo, Nancy Farmer, John Grant McDaniel, Melanie

Dept., Kim Merrill and Michelle Essien

Beaton, Athletic & Recreation

Special Thanks to Scott Schmeisser

The Picaro is dedicated to informing, challenging, and entertaining the students of MSVU, and to providing them with a forum to air their views.

The Picaro reserves the right to edit or reject any material, particularly material of libellous, racist, sexist, or homophobic nature. The views expressed are not necessarily those of The Picaro or its editors.

Staff meetings of The Picaro are held every Tuesday at noon in Rosaria 403.

> The Picaro Rosaria Hall Room 403 166 Bedford Highway Halifax, NS B3M 2J6 (902)445-3584 fax - (902)457-0444

email - picarops@linden.msvu.ca

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457-6123

NEWS

New Novanet System in Library

by Martha Grant

Have you walked into the library this year to find that the computer catalogues seem to be somewhat different than last year's model? Why yes, you are using the new and improved Novanet.

Novanet is ready to take on the technology of tomorrow.

"We are moving into the future on the information highway," said librarian Terry Paris. Working from a Windows environment Novanet has new capabilities.

The library has moved to an open system by replacing the old Geac equipment with new PC models. This transition will allow our library access to a wider network of material in years to come. The old terminals were limited to basic searches on the Novanet data base and could not accommodate any new software.

Mount Saint Vincent and the nine other Maritime educational institutions who share Novanet will conduct a study of electronic files which could be accessed using the new computers. Someday Mount students may be able to access full texts of information or download bibliographies using Windows software.

Concerns have been raised by students over waiting time at the new Novanet PC's this year. As students spend time getting to know the new system, lines build.

"It is hard for me to justify having to wait 20 minutes to access information," said Stacey Brown, a Mount student. "If new information can be accessed from this upgraded system then more money should be spent on increasing the number of terminals today."

The librarians are still in the process of learning about the new capabilities of Novanet.

"The new software came onstream at the busiest time of the year," said Paris. The system was supposed to be up and running midsummer so

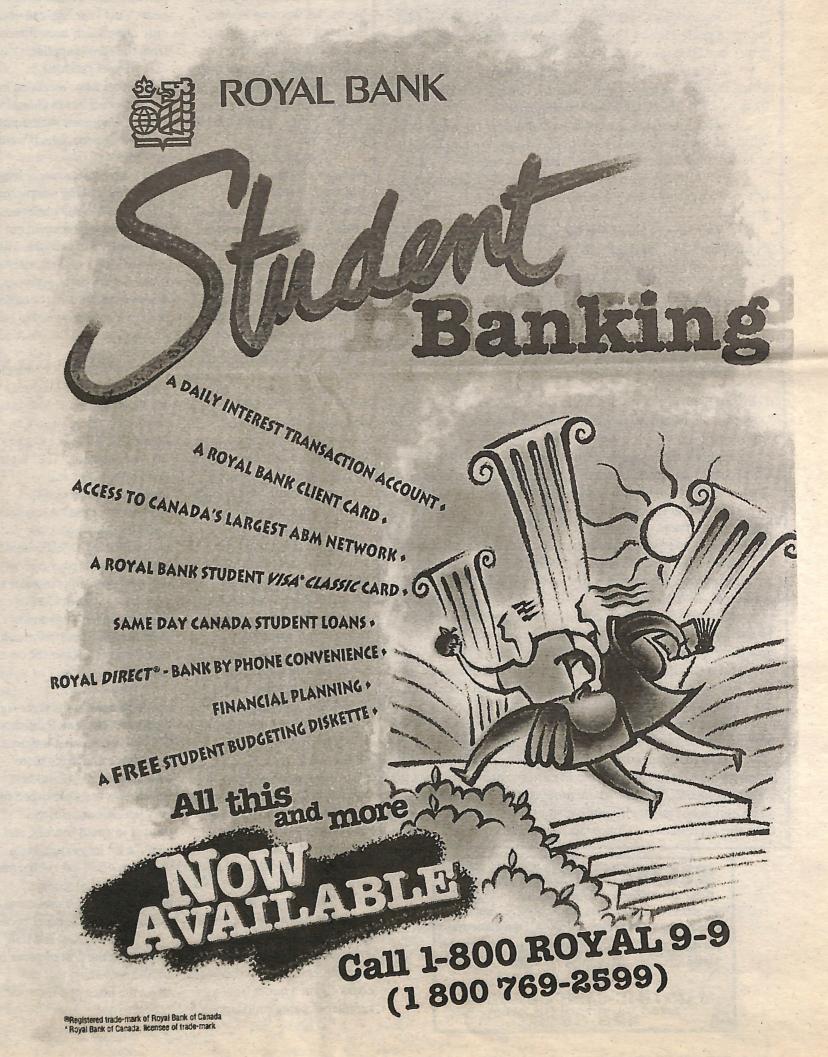
that the library staff could become comfortable using the new equipment. Instead the computers and software arrived as the mad rush of students returned to campus.

"That's the fact of life when working with computers," said Paris. " They never come on-line when you want them to."
For now, users must be patient.
The potential of the new
Novanet is yet to be realized.
Workshops are available for
both staff and students. If you
are interested in surfing the
Novanet, and want some help,
contact Meg Raven in the
library at 457-6403.

To get to the point...
WE NEED WRITERS



Get the LEAD out the staff meetings are on Tuesdays at noon. (4th floor Rosaria)



NEWS

EDUCATION: CREATIONISM BANNED FROM BC SCIENCE CLASSES

by Andre Mayer

TORONTO (CUP) — A decision by the British Colombia provincial to ban the teaching of creationism in the province's science classes has elicited angry reactions from at least one school board.

BC education minister Art Charbonneau announced Sept. 7 that provincial curriculum guides had been revised, to eliminate theteaching of creationism in science classes.

Creationism, a belief that God created the earth, has been taught in grade 11 and 12 biology classes alongside evolution theory in Abbotsford schools since 1983.

In a letter to the chairperson of the Abbotsford school board, theminister required the board to comply with the changes by Sept. 15, or the board would be dissolved.

According to the ministry, the board's previous curriculum infringed upon the province's School Act, which states that "no religious dogma or creed shall be taught in school."

But Paul Chamberlain, vice-chairman of the Abbotsford Board of Education says the minister clearly overstepped his bounds.

"[Our] school board was the victim of a vicious intrusion by the [education] minister," he said.

REFERENDUM: QUEBEC STUDENTS READY TO GO IT ALONE

by Jim Bridges

TORONTO (CUP) — With a little over a month before the vote, Quebec students are gearing up for the province's referendum on sovereignty.

François Rebello, president of the Federation Etudiante Universitaire du Quebec, students says that if the vote were up to Quebec students, there would be a clear sovereigntist victory.

He said recent cuts to post-secondary education by the federal government have made it more difficult for his federation — and Quebec students — to take a federalist stance.

"With more cuts to spending [from the federal government], we are getting more pressure on us to be more sovereigntist," he said.

Rebello feels Quebec students would benefit under a sovereign Quebec by eliminating the Canadian federal government's role in education funding.

"If we want to be sure that universities and education in Quebec can be financed efficiently, we can be more sure if we pay our tax only in Quebec."

But many students, especially at English universities in the province, are worried about the future of post-secondary education in an independent Quebec.

"It could mean an aversion of out-of-province students [to come] to Quebec, most of whom are English," he said. "It could affect enrolment for English universities," said Jonathon Carruthers, president of Concordia's students' council.



Textbook Prices Rising: Don't Panic Yet

by Peggy MacKinnon

Anyone reading some of the local student newspapers in metro may have been alarmed by articles warning students that textbook prices will rise due to an increase in the price of paper. While it's true that paper prices have risen substantially -- 25-30% over the past year -- it's not time to panic -- yet.

Jean McKay has been manager of Mount Saint Vincent University's Bookstore for the past fifteen years. In that time, she has seen fluctuations in the price of books due to various factors, including the price of paper. The present dramatic increase in paper prices she attributes to an imbalance between supply and demand for the product.

In the past, said McKay, many paper plants were downsized or shut down completely, in the interests of economy and efficiency. Now, with the market opening up, it's hoped that the rise in costs is a "temporary thing."

Surprisingly, when questioned about whether textbook prices in the MSVU Bookstore have increased greatly in price, Jean McKay indicates that they really haven't. For example, a Psychology 100 textbook which sold for \$70.95 last year, is now bearing a price tag of \$74.95 -- a small increase.

"Books go up every year; that's a fact of life," McKay said.

Although last April she noticed an increase "more than the norm," in some textbooks for summer school, overall price increases have not moved very far beyond the usual cost-of-living percentage.

The increase in paper prices has had some impact on her job as manager of the Bookstore, however. For example, last year McKay could obtain a quote from a supplier of paper products such

as looseleaf refills, and be guaranteed that price for a period of six months to one year. This year, she can obtain only one-month commitment from the same supplier.

Paper products themselves have escalated in price, forcing her to charge students more for such items as figuring pads, which went up 35%.

And rest assured, Jean McKay is looking out for the interest of MSVU students. When textbook prices seem abnormally inflated, she will question her suppliers. Several times in the past she has discovered that a much larger price was being quoted to her in error, and had the situation rectified.

Finally, McKay does suggest that some textbooks are much more susceptible to increase in price, simply by nature of the subject matter that they contain. The "highend books" are usually textbooks concerning the sciences because "man's knowledge is increasing exponentially," McKay said.

The publisher can only do short press runs in order to keep the text up-to-date. Fluctuations in costs to the publisher are therefore much more likely to affect the cost of the book.

Patricia Bell,
communications manager for
the Canadian Book Publishers
Council, agrees that a short
press run can make a more
expensive book. Third or
fourth year texts published for
very specific courses are
printed in small batches, and
were "a lot less expensive a
year ago," Bell said. First year
textbooks are generally
produced in larger press runs,
making the cost less per book.

Both McKay and Bell agrees that the cost of paper is not the only thing that can affect the price of a textbook.

"It's really contingent on so many different factors," Bell said.

Production, royalties, marketing and warehousing of books all contribute to the cost of publishing a text, in what she describes as a "volatile market."

Bell credits some members of the textbook publishing industry with "trying whatever they can try to make their costs less," rather than simply passing the increase in paper prices on to the consumer. For example, a Publisher could choose to use only four colours instead of five in subsequent editions of a text, thereby decreasing printing costs.

There is no way of telling how long paper prices may stay high, Bell said that publishers are becoming very active in trying to cut in all levels of production, in order to control the price of the final product.

A press issued by the Canadian Book Publishers' Council in late August of this year stated that, "Although paper prices have increased by over 25%, students will not see that prices of their textbooks increase by the same margin," and predicts an increase of "approximately 10-15%."

Yet in the same release, the Council states: "... suggesting a higher list price to retailers is now a necessary step if everyone in the industry -- publishers, distributors, printers and retailers is to maintain a minimal level of profitability."

After all, the publishing industry is made up of companies who have shareholders who expect to see a healthy profit margin on their annual statements.

So for now, don't panic. Study hard and get through school -- while you can still afford it.

Students PO'd with Parking

by Robin Boudreau

Some Mount Saint
Vincent University students
say they're furious at having to
start their day off trying to find
a parking spot this year. It
looks like a mad rush as
students parade around the
Seton Academic Centre
(Seton) parking lot in pursuit
of an empty space.

"Parking is a 30 minute adventure now," said public relations student, Tonya O'Quinn.

"If you're not there by 9:00, forget it."

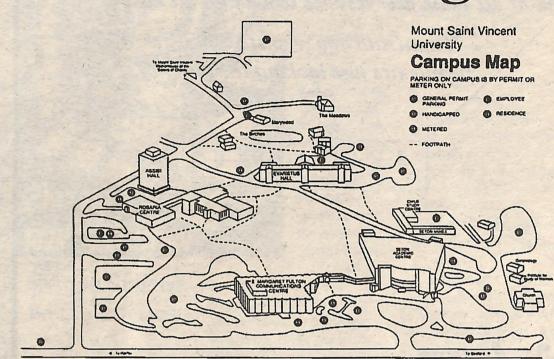
Most mornings during the week, several cars are seen driving around (and around) in single file. Some students though, pull over and sit there, waiting until they see a spot become available. "It's comparable or better to other universities," Hollett said.

Last year, the ratio of permits sold, to the number of spaces was 2.3-1. This year so far they're not at 2-1 yet. "I don't think it's any worse this year," Hollett said.

"There's plenty of parking, some students just don't know where to find it."

There's a map of the campus included in all the registration packages sent out to students. All the parking areas available are marked.

There were some spaces lost in front of Seton when the Bedford Highway was widened and the public sidewalk was put in.



"It's quite far up, and in all fairness to the students, it's just no good."

"It's not convenient or practical, especially when it's mainly females who have to walk up that hill, behind the woods."

Security is aware of this issue and will offer their assistance in the matter.
Hollett suggests for those students who are nervous about walking to their car at night, can call Security for an escort to their car.

O'Quinn said she's called them before and wasn't impressed.

"I think 20 minutes is just a bit too long to have to wait," she said.

Hollett said waiting that long would be unusual. Perhaps they were responding to a fire alarm or another important matter.

"I stress to security to be as prompt as they can," he said.

MANUS Meet and Greet

by Sharon Hillier

A standing room only crowd filled the MANUS lounge for the association's annual "Meet and Greet."

"I would estimate that over 70 students wandered in and out of the lounge over the two hours of the "Meet and Greet," MANUS president, Kathy Young said. The event was held on Oct. 4, to kick-off the new school year.

Students were treated to a buffet lunch of sandwiches and sweets and given the the chance to meet the new MANUS executive and some members of the university administration.

MANUS stands for the Mount Association of Non-traditional University Students. It is made up of all part-time students and those students 24 years of age or older and/or those who have been out of

school for three consecutive years. Membership is automatic and free. The MANUS lounge is located in Seton 204. It is a gathering place for non-traditional students to socialize and study.

Young says she was pleased with the event's turnout. "I was excited to see a diverse group of people attend the event. It was nice to see some traditional students attend as well. They are always welcome at the lounge."

"We hope that through the "Meet and Greet" we have been able to make contact with more students, both nontraditional and traditional, and put a name to a friendly face in the MANUS lounge."

For further information on MANUS please contact the president, Kathy Young at 457-6504.

"Parking is a 30 minute adventure now..."

- Tonya O'Quinn

"I find it awful," said another student, Patrisha Flemming, "especially in the morning."

Students are saying they're finding it worse than in recent years.

"There's definitely a difference," O'Quinn said.

"Talk to anyone. At first I thought it was just me, but everyone I've talked to this year feels the same way."

Glenn Hollett, Chief of Security, was eager to discuss the parking issue.

"First of all, I'd like to clear up the myth that there's no parking at the Mount," he said.

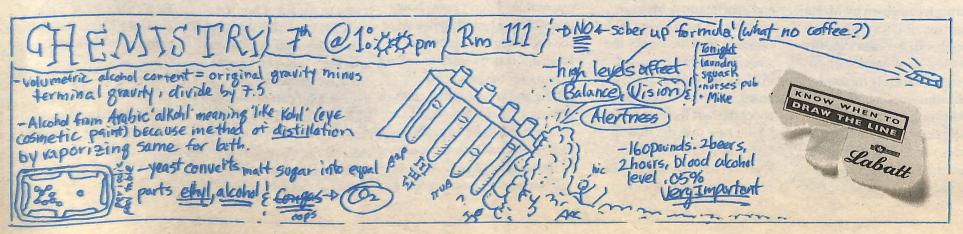
"Those spots have been made up by creating them in other areas, such as in front of Assissi Hall," Hollett said.

As seen on the map, there's additional parking up the hill at Rosaria Centre, Evaristus Hall, Marywood and The Meadows, to name a few.

Flemming said she's aware of those other parking areas

"I'm not parking all the way up that hill when all my classes are in Seton," she said.

O'Quinn's concern is with the safety of those females who have to walk up the hill alone at night.



OPINION

"Oh, our prayers have been answered! Look at all those new recruits coming up the hill!"

"I'm afraid you're mistaken Sister, those people are just looking for parking spaces.





Dear Editor;

Over the summer I have been wondering if The Picaro would cover the student judicial inquiry regarding the allegations Sheila Jack, formerly President of MANUS made that she was slandered during a MANUS election campaign by former MANUS rep and secretary Melanie Harrison. It seems however, that your paper is content to let sleeping dogs lie and not allow the MANUS -Student Union pot to be stirred up for another year. On the other hand I believe that students should know exactly what type of cover-up occurred by MANUS, Student Union and Student Affairs because it involves fees paidout by the student body as a whole.

Sheila Jack was asked during a campaign by Melanie Harrison, if it was true that a member of her own executive accused he of embezzlement? Instead of merely turning aside this question of addressing it Shelia took Melanie to the student judicial board for slander. That particular election was called off because the CRO for that

election was being controlled by a particular candidate, as well as the election went against election procedures in the MANUS constitution. Although I, Elaine MacDonald, then vicepresident of MANUS, was accused of arbitrarily stopping this election by Kathy Young, present President of MANUS the decision was made by the CRO, not me and for very concrete reasons.

There was another election and Kathy Young - self appointed saviour of MANUS became president.

During the summer a student judicial board had a hearing regarding whether or not Shelia Jack was slandered. I testified to having accused Shelia Jack of embezzlement several times. I personally saw her dip her hand into lottery ticket money, coffee money, etc. For revealing this and trying to make sure that it was clear that Shelia Jack and then treasurer Melanie MacDonald were trying to basically steal the money the student body had entrusted in them, the student judicial board, who was concerned about the hurt feelings of Shelia Jack than the student body, ruled that Melanie Harrison had slandered Shelia Jack. Here is a great

cover-up. According to all involved, with the exception of Melanie Harrison and myself, the issue was not whether Shelia Jack stole money from the students inadvertently by taking what was not heres but rather the question was of the good name of MANUS. In my own opinion last year MANUS was anything by mature and the executive overwhelmingly acted like immature people not suited to the job before them.

As for the problems that

MANUS and Student Union had last year most of this was caused by Shelia Jack's overgrown sense of self-importance, Melanie MacDonald's less than intelligent high-strung emotional reactions and Keenan Healey's general attitude. Sure in the beginning Joe Stroltz had problems understanding what MANUS was about but he was not beyond reasoning with. I found that anytime I took time with Joe and presented him with logical arguments for something that MANUS needed, he was easy to work with and Student Union in general was quite reasonable. I don't know how many times I had to apologize to Joe for Melanie's, Shelia's or Kennan's actions, such as yelling at him over the phone, name calling and various other childish activities. If any MANUS members are holding grudges against Student Union because of the so-called MANUS mess, you are holding your grudge

EDITORIAL And the winner is...

I have to confess.

I didn't vote in last week's by-elections.

But I guess I'm in good company, because a few thousand of you didn't vote either.

The day after the elections, I went down to Reyn Gray to get the results. She was disappointed in the lack of student turnout. But, I said, I didn't think I could vote. Wasn't the election for the Arts and Science reps? Actually I could have voted for the Off Campus rep and anyone could have cast a ballot for the Senate and Board of Governors Rep.

So why didn't we vote? Why are our student elections so, well, boring? It's not like I never vote. I voted last year. But sometimes, even when I do read the candidates' platforms, it doesn't clear things up for me. Yes, of course, everyone wants to lower tuition. Everyone wants to do a good job. Everyone wants to make our campus a better place.

Maybe if we had university political parties like in the federal and provincial government system, more people would be turning out to vote.

Let's say, for example, we had four people running for President named, oh, let's see... Preston, Jean, Lucien, and Jean. Imagine the platforms they would have. Preston would stand up and vow to cut the university deficit. Library, we don't need a library or a computer system. We can always go to Dal or SMU. We need to cut the deficit!

Jean would be a popular guy with a charming accent. He'd run around campus, waving a red book and promising jobs, jobs and more jobs. Jobs in the Library! Jobs in the Cafeteria! Jobs in the Pub!

Lucien is a public relations student. He is tired of the other students not showing him the respect he deserves. He vows to separate the PR department from the Mount and create a special university for all of the unappreciated PR students. Of course, he still wants Mount benefits.

And the other Jean? Well, he and his sidekick, Elsie, are busy trying to get anyone's vote. He'll promise to do anything that makes people happy. But his old friends messed up so much when they were in office, no one will vote for him.

Hey, I'd vote in that election.

Andrea Bannister

against the wrong side, members of the MANUS executive itself were the instigators of most of the difficulties.

As for the current MANUS executive, isn't anyone wondering what happened to Leslie Muise, after a year of Shelia Jack trying to get rid of her, she probably couldn't take another year of the same bullshit and resigned. Who can take the credit for destroying the best, most helpful part of MANUS by Kathy Young and her cronics. MANUS is not meeting the needs of the student body that it claims to serve and the student body as a whole needs to decide whether or not to keep it around. I suggest that you either start fresh without all the parties destroying the ideal or you abolish MANUS and use that space as a lounge for all students and have a student resource person available to council all students, but for God's sake try to pick someone like Leslie Muise, not someone who will destroy it.

Yours sincerely,

Elaine M. MacDonald Former VP for MANUS

SCI-FI

by Marco Tejada

Last Saturday I watched no less than three shows of the Star Trek variety, all-in-a-row. A drink-induced haze pervaded the cells and there was nothing better on the other two channels. I thought, "Hell, why not?" and settled with the case remains for three hours of sci-fi.

I've always wondered why this genre, and these shows in particular, are so damn well-received. I took a long pull off the sweaty bottle and waited for the answer to manifest itself on the too small TV screen.

It was nice to see humanity's doing so well in the 24th century. We've licked all the things that made life on earth suck: poverty, disease, racism, cigarette butts everywhere...

We've done away

with the need or

desire for money, men and women are equal. In fact, we're so advanced we have to go out and cruise the universe for trouble because there's none left at home. Not bad humanity, not bad. And to top this off, life in the future is a pretty easy ride. No heavy objects to lift by hand, no one has acne or harelips anymore; everybody's so g.d. healthy and nice. Soft really. People on these shows seem pretty happy with their 'careers," which really struck me. I noticed however, there are no ashtrays to clean or wastebaskets to empty. More examples of our triumph. And the crew knows all kinds of stuff, like how to build things or retool complex machinery. They are a brainy lot, that's for sure. Star Trek is certainly a thinking person's show. The captain

always tries negotiate through a hostile situation, and failing that, some kind of last second "recalibration" saves the ship. Primitive 21st C boy that I am, I kept waiting for a huge spacebrawl, like they have in Star Wars or BattleStar Galactica (remember that show?), but it never materialized. We've sure mellowed out in the future. There are a few other shortcomings in the programs; like the noisy explosions in space, which are impossible. And almost all the aliens have

humanoid form

(naturally) but they also tend to "We made it." exhibit very human We beat the characteristics hole in the (such as rubbing ozone, the their bellies when nuclear threat, hungry). And you'd the Quebec expect in the Referendum... future they'd have much

than "photon torpedoes" and "phasers." Whatever happened to good old fashioned nukes? I suppose switchblades are out of the question... But for all these piddling flaws sci-fi's greatest triumph is our own: the human race is alive and well. We made it. We beat the hole in the ozone, the nuclear threat, the Quebec referendum...

cooler weapons

Every other species seems to defer to us in important situations and nobody watches TV anymore. Yeah, they've done away with TV and replaced it with a recreation device called a "holo-deck." You can do anything in a holo-deck man. Anything. I'd take one of those over my crummy three channel set anytime...



Getting Started on the Internet

By Ceri Young

You've probably heard a lot about the internet and email. It seems like everyone everywhere is talking about it. You may not know it, but here at the Mount you can apply for a VAX computer account that gives you access to the internet. Yes, it's *free* and every student is eligible, no matter what courses you're taking.

If you'd like to learn more about the internet, but are a little computer shy, well, that's what I'm here for. Every issue I'll try to help out all of you new internet users with using the computer system here at the Mount.

To start off, of course, you have to apply for an account. It's painless, and takes virtually no time. Go to the Computer Services desk, located on the bottom floor of the library, bring your student I.D. and ask for an application form. Fill out the form, return it and computer services will immediately give you an account.

You can now go to Seton 345 or Evaristus 137 to log on to your account.

If your computer says "Enter Username>", just write some gibberish and hit enter. This should get you to the "local>" prompt. At this prompt type "c linden" (minus the quotation marks) You will then be asked

for your username and password. Once this is done you will have to enter a new password. It can't be a dictionary word. Stringing two words together works well, such as "bluepaint", or "blackcat". You will have to enter your password twice to make sure that you didn't make a mistake typing it in the first time. If you make a mistake, just try again.

Once you've logged in you will see a \$. You will probably also see a message that says "new messages in folder STUDENTS". Ignore this for now.

The \$ prompt is where you will enter all of your commands. A useful one is the "finger" command, which lets you see who is currently logged on to the computer. Type "finger" to see who is using the computers at the Mount. If you want to see if a specific person is logged on, type "finger" and then their username, for example:

\$ finger jdoe

If the person you want to know about doesn't have an account at the Mount, you'll have to enter their full username, like this:

\$ finger jdoe@is.dal.ca or \$ finger @is.dal.ca (to see everyone that is on the is system at Dal)

You can also send mail to anyone you know who has an account.
Here's how:

\$ vmail
MAIL> send
To: (enter your friend's address
here. If your friend is at
another university, you'll have
to put IN%"" around their
address, for example: IN%
"JDOE@is.dal.ca")
Subject: (Whatever you're
writing about)

The computer will now tell you to enter your message. When you're done just hit <ctrl> and z together and the message will be sent. If you decide not to send the message, <ctrl> and c together will cancel it. When you're done just type exit at the MAIL> prompt.

If you want to read any messages that have been sent to you (The computer will tell you if you have any when you log on), just type "read" when you enter mail, instead of "send"

When you're ready to exit the computer, just type "log" at the \$. This will return you to the local> prompt.

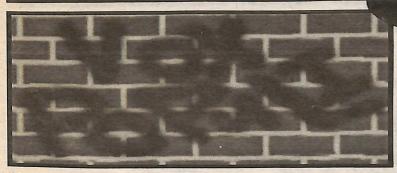
Don't worry about how much the computer tells you you've spent. It doesn't cost anything.

I realize that I've just told you the bare bones of the system, but I'be got a limited amount of space. Don't be afraid to explore. You can ask questions, or pick up pamphlets on different systems at the Computer Services desk. If you have any questions or problems, or anything you think I should write about, you can mail me at PICAROPS, under the subject of Internet.

Happy e-mailing!



FEATURES



Words and Pictures by Brian Kerrigan

Environmental issues have dominated the news for several years now. Issues such as acid rain, the ozone, landfills, harbor cleanups, composting, and conservation have captivated the media and the masses. Vox Populi wanted to find out what, if any, effect this has had on Nova Scotians in the eyes of the students. We asked the following:

- Are Nova Scotians environmentally aware?



Kelly Hiltz, 2nd year B.Sc.., "Nova Scotians (I feel) are becoming more environmentally aware, I think we

could become more environmentally aware. Recycling is increasing, and the composter (sale) went on with big line- ups and almost everyone I know wanted one."



Susan Noiles, 4th year B.Sc.., "I think they are becoming more aware with the threat of the

landfills filling up, people are emphasizing recycling, blue bags and the composting machines. To me it seems they are very aware because people were lining up for the (composting) machines and they didn't have enough."



David Britten, 3rd year English, "I think they're probably the worst in the world,

because we produce the most garbage in the world."



Tammy Cooper, 4th year B.Sc.., "I would say by the litter on the highways and my street not very."



James Jones, 2nd year B.Sc., "I think they're quite environmentally aware, especially

with all the news coverage, like on MITV, they do a lot of stories on the different environmental issues. I think we know a lot about it, but what we're doing about it...I have no idea."



Tracy Rudolph, 4th year B.BA.., "I feel we're aware, but we have a long way to go, a lot

more to cover. We need to implement more recycling bins, more accessible places, and more awareness. I know on my street, when they pick up the recyclables, it's a big question of when they do it. Schedules (for pick up) have to be set, but people are making an effort."



Brian Doucet, 4th year B.Sc.., "I feel the government has become progressive, more

environmentally friendly. Their trying to clean up the basin. The landfill site their trying to find new, more or less, environmentally friendly plans for the dump. Their actually talking to the public."



Karen Snow, 4th year B.Sc.., "Nova Scotians are more aware of the environment these days than they

were a few years ago, but it still needs a lot of work as you can tell by the litter on the side of the road, and the basin."

The general feeling Vox Populi received on this issue was people know what the issues are, but not necessarily how to do their part for the environment. The recent composter give aways were a definitely a sign that Nova



By Teara Gordon

We live in a "Fat-Phobic" society. In Canada, 70% of women are dissatisfied with their weight. Some other problematic facts are: 36% of women who are healthy feel they are overweight, 80% of dieters do so for the sake of appearance, not health and 90-98% of dieters regain lost weight, often with a few extra pounds. Weight cycling (repeated dieting) may make weight loss increasingly difficult and may lead to binge / restraint cycles.

There are some

solutions to these unhealthy problems. In place of dieting and weight loss, adapt a lifestyle that is positive, sustainable andn healthier. Accept yourself and get on with your life. Develope a normalizied, healthy eating pattern. Develop a normalized, heathly eating pattern. Engage in regular, enjoyable physical activity. Exercise to be FIT Frequency 3-4 times a week Intensity - if you can't talk, you're working too hard. Time - maximum benefit comes from 1/2 hour sessions

Here are a couple of healthy recipes you can try:

1) Creamy Vegetable and Sweet Chilli Pasta

250g spiral pasta 2 medium carrots 3 sticks celery 1 medim red pepper 1 medium red Spanish onion 1 tablespoon vegetable oil 2 cloves garlic, crushed 300ml cream 300ml sour cream 1 tablespoon brown sugar 2 teaspoons sambal oelek teaspoon seasoned pepper 1 tablespoon lime juice 3 green shallots, chopped cup (25g) parmesan cheese flakes

Add pasta to large pan of boiling water, boil, uncovered, until just tendered; drain. Cut carrots, celery and peppers into thin strips. Cut onion into thin wedges.

Heat oil in large pan, add garlic, carrots, celery, peppers and onion is just tender. Add creams, sugar, sambal oelek, pepper and juice to vegetable mixture. Cook, stirring, until mixture is slightly thickened. Stir in pasta and shallots; mix well. Serve topped with cheese.

Serves 6.

- Recipe best made close to serving
- Freeze: Not suitable
- Microwave: Pasta suitable

*Add 150g sliced, smoked salmon to pasta with cream mixture.

Recipe taken from: Almost Vegetarian p.74

2) Stir-Fried Mushrooms, Beans And Bok Choy

1 teaspoon seasame oil 1 tablespoon vegetable oil 1 bunch (about 650g) bok choy, coarsely shredded 1/2 medium Chinese cabbage, coasly shredded 450g broccoli, chopped 100g shitake mushrooms, halved 150g oyster mushrooms, halved 310g can red kidney beans, rinsed, drained cup (80ml) hoi sin sauce 1/2 cup (60ml) lime juice 1/2 cup (60ml) orange juice

Heat oil in wok or pan, add bok choy and cabbage, stir-fry until just wilted. Add brocoli, mushrooms, beans, sauce and juices, cook, covered, about 3 minutes or until broccoli is tender.

Serves 4.

- Recipe best made jsut before serving.
- Freeze: Not suitable.
- Microwave: Not suitable.
- *Add 16 shelled, fresh oysters to pan just before serving.

Recipe take from: Almost Vegetarian p. 83

Scotians have an interest in the environment, but unfortunately some bad habits are hard to break. It was repeatedly mention that there is a serious litter problem in our society. That fact is substantiated by reports from local community clean up groups. It's worth noting that one community clean up turned up a disproportionately high

amount of Tim Horton's litter. While every piece of the companies merchandise has recycle symbols in clear view, apparently Nova Scotians can't

see past the caffeine haze!

EXPERIENCE JAPAN

About 350 Canadians will experience Japan as Assistant English Teachers beginning August 1, 1996

> THE JAPAN EXCHANGE AND TEACHING (JET) PROGRAMME

The JET programme is an international cultural opportunity sponsored by the Government of Japan. Applicants must be Canadian, have a bachelors degree by June 1996 and preferably be under the age of 35.

Do not send resumes. For an application form write:

The JET Desk Consulate-General of Japan 600 de la Gauchetiere West, Suite 2120 Montreal, Quebec H3B 4L8 (No faxes pleasel)

Project Evergreen

Putting the Environment back into our Environments

by Beverly Warford

If you drive down
Windsor Street you'll pass
by St. Patrick's High
School. It's just like
any other high
school in the city.
The concrete
walls of the

conference this fall. Some participating cities are Vancouver, Hamilton, Montreal, Fredericton and Halifax. Evergreen is dedicated to restoring and preserving natural areas in the urban environment through education and planting projects.

The School Ground Naturalization

program is designed to increase environmental awareness among schools and communities.

Working with schools across Canada they hope to stimulate environmental and educational improvements.

Halifax conference coordinator, Rhea Dawn Mahar says although schools are learning institutions, the school yards lay dominant. She believes school yards have lots of potential. Expanses of asphalt and mowed grass can be transformed into rich habitats. Increasing biodiversity on the school grounds creates mini Outdoor Education sites that teachers can use for

lessons. This hands-on approach to teaching gets the children more involved and holds their attention.

Rhea says, "Many schools in England have been using such methods since the early 1980's. The children are able to experience what many students only read about in books."

These school ground projects are not only used as aids for the curriculum but also to improve interaction among students. Planting native trees and shrubs and putting seating areas outdoors provides children an alternative to sports, places to eat and shade from the sun.

Natural school grounds are less hostile environments than the typical chain-link fences and asphalt surfaces. Evergreen believes that if our attitudes are shaped by our surroundings, softer natural school grounds may lower violence among young people. Studies do show that a more natural environment reduces aggressive behaviour.

All school ground naturalization projects are developed with input from the students and community members. Such projects produce community building and a feeling of involvement. Because students have a say in these projects they feel useful and important.

The young people at St. Pat's were surprised to find out that it was their decision what the mural would include. Pam Cooper of Evergreen says the students thought they would be told what to paint.

She says that only six students came to the first meeting. When they found out what the project involved, they told their friends and at the second meeting there were over thirty students.

"They are getting pretty excited. Many of the students have already drawn their own suggestions for the mural, says Pam. "And because there was such a high response the principal has decided to display the students' work in the school throughout the winter."

Both students and teachers are eager to start the project. Some of the

teachers at the school have already made plans to plant a few trees and some low bushes in front of the school. They hope to get this done before the Learning Grounds conference that is being held at St. Pat's on Oct. 27 and 28. Learning Grounds is a regional training session designed to give communities, teachers, and students the tools to transform their school grounds into natural classrooms. Some participants are even travelling from Newfoundland and Prince Edward Island to take part. The organizers of the conference want to extend their welcome to anyone

interested in attending.
For more information contact the Evergreen office at 479-3418.

tall
building
are dull and
dreary now but this
spring the students at
St. Pat's plan to change

that.

In the parking lot at the back of the building there's a large blank wall where the students are going to paint a mural. That will

to paint a mural. That will be the first step in their School Ground

Naturalization project.

The Evergreen

Foundation established the

School Ground
Naturalization program in 1991. To get the program up and running nine coordinators were hired across Canada. These

individuals will coordinate a "Learning Grounds"

FEATURES

Pince You're Asking

by Nancy Dorey

This past summer a coworker stepped into the tiny space I territorially called my office and said "Nancy, can I give you a piece of advice?" At once my personal defense systems triggered like shields on the starship Enterprise. I hate getting advice. Somehow I think it's a personal attack, even though it's often warranted and (I am loath to admit) valid. I do, on the other hand, love giving advice. So naturally I jumped at the opportunity to dispense some words of wisdom to my fellow students with this new column.

When you think about it, advice columns have been around for centuries. They just came in different forms. As early as 400 BC, philosophers like Aristotle and Plato devoted their lives to sharing advice on such lofty subjects as virtue, justice, morality and supreme enlightenment. Their books, *Nicomachean Ethics*

and Plato's The Republic, are not your average grocery check-out picks now, but were best-sellers in their day. Two hundred years ago, Friedrich Nietzsche continued this advice-giving trend with On the Genealogy of Morals, his 400-page advice column on the true meaning of good. Ann Landers, these guys ain't, but that isn't such a bad thing. Today, advice columns are syndicated, formulated, often ill-informed and opinionated pieces of writing, which do little to stimulate the reader's intellect or interest.

With this in mind,
"Since You're Asking..." will
attempt to rise above this
mediocrity to address the
burning, often crucial, issues
of student life. If you need
advice on new and creative
ways to prepare Mr. Noodle,
how to quietly dispose of that
nasty roommate, or on essay
writing in three easy steps or

Since You're Asking...

- a practical advice column for today's impractical world

less, your search is over. Just drop off a short note chronicling your tale of woe to the Picaro office, located on the fourth floor of Rosaria, or send an e-mail to ndorey@linden.msvu.ca. I guarantee your answers will be meaningful, fully researched and well thought out (depending on my work load that week, of course).

My co-worker's advice turned out to be quite practical actually. She told me that the tomato sauce trickled down the front of my blouse probably wouldn't help my credibility in the 2 p.m. meeting. She also told me that cold water - dabbed on, not wiped - would clean it right up. And it did. Advice well taken.

Drop your letters to "SINCE YOU WERE ASKING" to 4th floor Roseria Rm. 403



G is for Gringo

by Jason Wingo

As things go, mine are fine. As a matter of fact, things are always fine when you just so happen to be a Gringo. Yes, for a millennia, we Gringos have combed the Galaxy of perpetual time and space looking for a plethora of supreme adventures. This being the year of 1995 A.D. for you humans, we have come full circle. We have chosen, for the moment, to inhabit this land know as Hell-I-Fax ... (long dramatic pause).

This is a strange land indeed, but is certainly filled with natives well worthy of exploring. Exploring is a key word when trying to describe exactly what and who we are. Perhaps now should be a good time to explain for you all our history and purpose. We are purveyors of the funk, bound by both honour and tradition. We encompass light, sound, mastery of musical vibes, and veracious appetites know by kings and bartenders alike. We have, in the past, travelled through this area some time ago. We were compassed by myself, Wingo, along with Oko, Tevin, Ande.G, and a host of other wayward Gringos that would travel with us on our

journeys. To my chagrin ... my adored brothers have scattered themselves throughout Scandinavia and Hong Kong. We all have wept in sadness ...

Now, however, is not the time for sadness but instead; revelry. I have been joined, through the wisdom of the Gods, with a new band of Gringos recently christened with this said honour. I must begin with a walk-on Gringo master. Blessed with the strength of Hercules and the sassiness of, well, myself.

Macadamia is a true
Gringo. He consumes lemon
squishees with the quickest of
entities. His skill at basketball
and virtual fighter is a prized
asset to be sure. Cunning,
grace, and a cool sense of
fashion are his strong points.
His only weakness ... Honey
Garlic chicken wings. This
cannot be explained now.

My other Gringo brother is a sentioned monstrosity. His military mind is unequalled in the field of battle. He too exhibits the fashion sense of only the funkiest of the funk. Better known as, "the Thing," to his opponents (as he howls Not Yet! to his victims in his Italian accent), we prefer to call him by his given name of ... Dookie!

Along with my soulmate, Boo, we are now ready to begin our journeys throughout this land. Make no mistake my children, my tales each week in this format will entice you to come back to me each week. So, until the next words are spoken ...

The Nancy Rowell Jackman Chair in Women's Studies

presents

Nina Colwill management consultant

"Where have we been & where are we going?" A model of gender-role change

Thursday, October 12, 1995

7:30 pm in
Auditorium D
Seton Academic
Centre
Mount Saint
Vincent
University



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An Evening at the Ballet

By Shawn Miner

Les Grands Ballets
Canadiens performed at the
Rebecca Cohn Auditorium
September 30, 1995 before
a sold-out and enthusiastic
audience.

The evening's performance was given in four parts. The first half of the night was rather disappointing as the dancers as a group seemed to be very uncomfortable with the more classical ballet style featured first.

Though written in 1995, the existence of "Quincunx" owes much to the past. Unfortunately, the seeming homage was not effective. Out of sync, out of time, and seemingly competitive, the dancers and the choreographer failed to live up to the promise of the inspiring music by Gaetano

Donizetti. That said, however, it was still magical to see the dancers glide about the stage in their exaggerated costumes.

Originally intended to be included in Swan Lake, but lost to the world of ballet for many years, the Tchaikovsky Pas

de deux as performed by that evening was utterly tedious. Wearing a distracting "Little Boy Blue" costume, Hans Nilsson, the male lead, danced with an attitude that detracted from the piece. Yvonne Cutaran, in complete, was graceful and



poetic. However, as in the earlier piece, the troupe appeared uncomfortable with this style of ballet.

After the intermission, however, the energy began to flow as the dancers showed their familiarity and comfort with <u>Principia</u>. Finding a subtle groove in

the piano-based music composed by Steve Martland, the troupe danced with vivid emotion as the understated and more accessible themes of the dance reared their gorgeous heads. Working as a nearseamless whole and responding seemingly to

each other, the troupe relinquished their group on the tedious boundaries of the first two performances.

However, like a crescendo rising, <u>Black</u> <u>Cake</u> stunned and amused the hungry and festive audience. Wearing black and/or silver, the dancers

playfully exaggerated the effects of intoxication as their elegant party wore on. Though not glorifying liquor, the piece allowed the dancers to integrate their individuality with their performance in a way that put the prior pieces to shame. Filled with "romanticism, sensuality, humour, and drama," Black Cake alone made the whole evening worthwhile.

Therefore, the next time Les Grands Ballets Canadiens tours in this area, make it a point to watch the troupe in action. Beware of ego, jealousy, and general nastiness, among a few of the dancers, but also allow your mind and soul to explore the deliberate intensity of the troupe.



by Nancy Farmer

A taste of Hollywood came to Halifax when director Michael Moore screened his film <u>Canadian Bacon</u> at the 15th Annual Atlantic Film Festival.

The Oxford Theatre's sold-out crowd welcomed Moore to Nova Scotia with not one, but two standing ovations. Moore is best known for his 1989 documentary Roger and Me and his television show TV Nation.

The premise of Moore's Canadian Bacon is a simple one. The President of the United States (Alan Alda) is desperate to get re-elected. His advisors convince him that he needs an army to make him look good. So, he declares war on Canada and convinces the American people that Canada is no longer their friend to the North. This inspires two American sheriffs (John Candy and Rhea Perlman) to protect their country at any cost.

It's Candy and Perlman who create most of the fun in the film. Candy starts a riot at a hockey game when he says "Canadian beer sucks" and Perlman develops a strange fascination with the CN Tower. In most sequences though, it's Candy who steals the show. His performance reminds us of what comedy has lost.

A highlight in the film is a cameo appearance by Dan Aykroyd. He plays a police officer who pulls over Candy for not having graffiti on his stolen truck (e.g."U.S. RULES") in both official languages. The fine is "\$1000 Canadian or \$10 American".

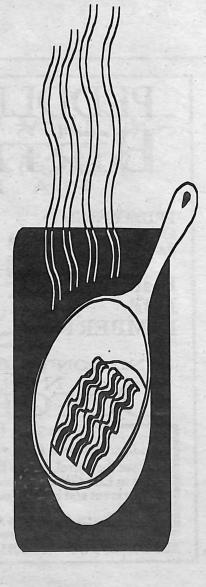
After the film, Moore said he wished that the cast and crew had attended the screening because no one in the audience seemed to miss a beat. The audience roared with laughter when the stereotypical behaviour of Canadians was exaggerated and magnified. Our jails were

log cabins and people could be held there for being in a bad mood.

The main thrust of the film, however, was its commentary on American values. In one instance, a closed-down weapons factory had a garage sale. Everything must go, right down to nuclear weapons.

So, if you want a good laugh, <u>Canadian Bacon</u> is the film to see. It's not an Oscar contender, but it's still worth a look.





Six Cheap Thrills

By Shawn Miner

Read a book
while sitting in the
lobby of The Lord
Nelson Hotel on
Spring Garden
Road.

Buy a Student
Membership at
Wormwood's Dog
and Monkey
Cinema. For ten
bucks, you get to
see one movie for free and
a year's worth of the most
interesting movies in metro
for \$3.50 each. And with a
membership, you can buy
herbal for \$0.50.

Have lots o'fun at the black and white photo booth at Park Lane. For two loonies, you get four pictures.

To have even more of a thrill find out the exact.

thrill, find out the exact number of friends you can fit in the booth with you. Before it gets too cold, check out "Canada's Ocean Playground" by taking a ride on the Halifax-Dartmouth Ferry. For \$1.30 each way, you will get the best view of

the city, especially if you take the ferry after dark.

While exploring Halifax night life,

be sure to take a

few minutes to sing along with street musicians. The ones by the Canada Trust bank machine on Argyle Street (close to the LiquorDome) seem to be very open to impromptu harmonies.

Halifax libraries offer a wide variety of videos, plays, and performances specifically

tailored for children. Call the libraries to find out when these free of charge and full of fun activities happen.

What's Going on at the Art Gallery

Are you looking for something a little different on campus. If you're bored with hanging out in the Saceteria why not visit the Art Gallery?

On display at the Gallery until October 29 is
Contingent: Small
Sculptures by Eva Hesse and Recent Works by
Elspeth Pratt and Martha
Townsend.

Contingent traces a partial genealogy of sculpture that evokes a body as it is sensed and experienced. The title is

meant to suggest the intuitive methodologies of the artists represented as well as the undecidability of their works' effect.

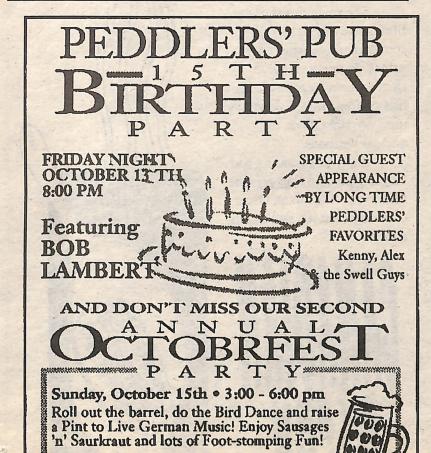
In keeping with the Art Gallery's objective to represent women as cultural subjects and producers, the artists participating in the show are all women.

Eva Hesse's work is being exhibited in Canada for the first time in twenty years. The late, internationally renowned New York artist was critical in shaping a

generation of women artists. Pratt and Townsend are two of those women.

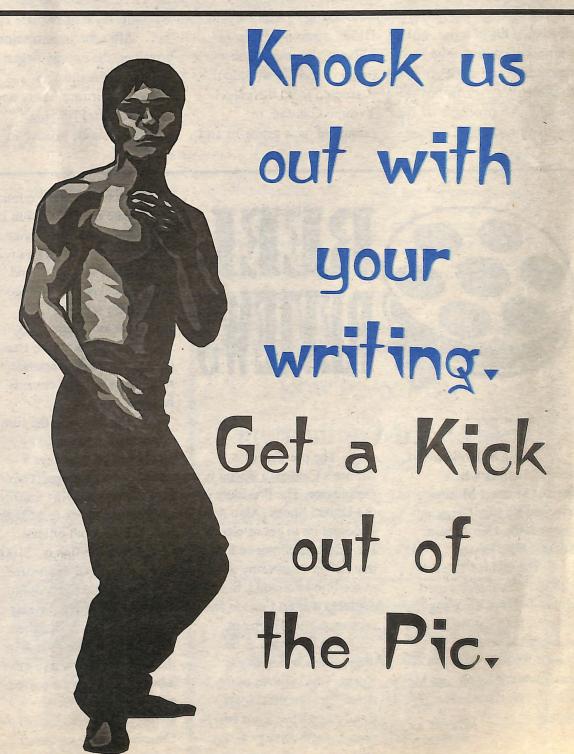
In conjunction with Contingent and the twentieth anniversary of International Women's Year, the Art Gallery is displaying works by feminist artist Carolee Schneemann until October 23.

Also organized by the Art Gallery, but on display in the basement of the EMF, is 300 Artists' Names, by Shaun Gough. Gough is a recent graduate of NSCAD and resides in Halifax.



ZIG A ZAG A ZIG A ZAG A HOI HOI HOI

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ARTS & **ENTERTAINMENT**

by Shawn Miner

Mighty Real

LIFEbeat DANCE CLASSICS **VOLUME 1**

If you love to dance the night away to your favourite disco songs while your own personal mirror-ball rotates, you need this album. Comprised of sixteen "original hits, by their original artists", i.e. Vicki Sue Robinson and not Gloria Esteffan performs "Turn the Beat Around", the songs have not been re-mixed or puffed up with sonic bass. Featuring Blondie, Donna Summer, Weather Girls, K.C. and the Sunshine Band ("That's the Way [I Like It]"), and other disco-era favourites, proceeds from the compilation C.D. go towards fighting HIV and AIDS. The C.D. is a lot of and will bring-back/create a lot of memories. Lend it your ear.



by John Grant McDaniel

D'Angelo

Brown Sugar

The first release from this crooner is without one single highlight. All ten songs are very mellow, borderline lullabies. The title track "Smooth" and "Lady" are the

best to be found on the disc. There's a social message in one or two tracks such as "Sh*t, Damn, Motherf*cker, but over all there's absolutely no energy to make things work.

The best part of the C.D.? He wears a cool hat in a picture on the inside of the cover jacket. But still, there's nothing here to interest most people.

by John Grant McDaniel

D.O.A.

Brown Sugar

This three member Hard Rock band is Canadian born and show a lot of talent between headbangs, but there's a lot of headbangs. It's a long release, running sixteen tracks. The first tune on the C.D. is "Blind Men", a great sounding rhythm pulling along ridiculous lyrics. "Blind men can't see/Got their heads up their butts...THEY SUCK". The song is salvaged by a riff that's incredible, but unfortunately all fifteen other songs fall into the category of basic Speed Metal.

If you're willing to spend the full price for this C.D., you should know there's only one tune that's really good. If metal's you're thing, you'll enjoy it. If not, well...

n the A

by Melanie Beaton

on CBC radio,

Atlantic

Natalie MacMaster has always been known for her wondrous abilities to play the fiddle and stepdance. The Troy, Cape Breton native has recently added a new act to her already impressive resume. She will be hosting her own show

Airwaves with Natalie MacMaster. Recently, I had the opportunity to attend a taping of Atlantic Airwayes and what an enjoyable time it was. The purpose of the

show is to give exposure to

both up-and-coming

musicians and recognized artists as well. The amount of talent in the room was enough to give you goosebumps, as co-host (local musician and comedian) Tony Quinn put

> it best. Natalie opened the show with a lively fiddle tune along with a step or two, in typical Cape Breton fashion. The first guest of the evening was local artist Laura Smith. She inspired the audience in her usual manner with favourites such as "I'm a

Beauty" and "I Didn't Dream". Other performers included Rick McNab and Janet Munson. Mr. McNab is a native of Harbourville, NS. With the talent he possesses, there is not a doubt we will be hearing his name in the future. The final guest of the evening was Janet Munson. The audience was moved by her vocals as well as her violin ensemble.

Congratulations to Natalie Mac Master and CBC for a job well done. Don't forget to catch the show Saturday evenings at 5:05 pm on CBC Radio. If that evening's show was any indication of what lies ahead for Natalie MacMaster, she will indeed have a bright future on the air.

ENTER TO WIN A PICARO ENTERTAINMENT PACKAGE!

Just fill out the following survey and drop it off at the Picaro office (fourth floor Rosaria). A winner will be drawn on Tuesday, October 17th. Results will be printed in the next issue of the Picaro.

WHAT MOVIES WOULD YOU LIKE TO SEE AT THE OXFORD?

We're doing some research. Which of the following movies would you go to see at a midnight showing at the Oxford theatre?

	Interview with the Vamp	ire		
	The Crow			
	The Lost Boys			
	Natural Born Killers			
	A Clockwork Orange			
	Blade Runner			
	Reservoir Dogs			
	Other: Please specify:	-		
Name:_				

Phone Number:

SPORTS

Soccer Update:

The 1995 edition of • the Mystics Soccer team is currently ranked third in the Atlantic Colleges Athletic Association soccer

conference. This year's team consists of six returning players...Shauna Whitman, Wendy Spence, Jackie MacLeod, Maeribeth MacDonald, Denise Elliott and Erin Atkinson. Rookies Jennifer Brown, Deidre Gallant, Treena Hanson, Heather Hennigar, Shawna Johnston, Shannon Keefe, Jennifer MacLeod, Terri Read, Dawn Rushton and Karen Seamone round out the roster.

After 6 games the team has compiled a record of 3 wins, 2 losses and 1 tie

for a total of 10 points.

"At this point I am very happy with the way the team is playing." said Head Coach Patsy. "I am really impressed with the way all the players are working very hard together and it is easy to see that they are focused and determined to do their best. "

The team has six more games in regular season play. You should try to get out to catch the Mystics in action. Check the A/R Office for the team schedule.



MSVU ATHLETHIC RECREATION DEPT:

EARLY MORNING FITNESS

Get your day started with an early morning fitness class! Kim Merrill will move you and groove you through a 45 minute class each Tuesday and Thursday morning at 7:45 am. Notice your energy level and mental alertness improve. You'll feel better all day.

Make fitness and being active a part of your day today!!!

WOMEN AND WELLNESS FAIR

The Athletic and Recreation Dept., In conjunction with the Health Office are hosting a Women and Wellness Fair. This fair is dedicated to you the MSVU student and staff and relates to womens issues here at the Mount in an open and interactive way. There will be local experts available to show displays or answer questions to health related topics such as when menopause starts, where to get information on women and Aids. If you have other personal items you wish to discuss they'll be happy to answer them. The fair will be held October 18 from 12-2pm in the Seton Foyer.

Fun Run for Adsum House

The Athletics Office is set to hold their 14th Annual For The Run of It 5km & 10km run on October 15 at 10am.

Each year Mount Athletes and suppporters gather to participate in the run in support of Adsum House

and Mount Athletics. Adsum House is a temporary shelter for homeless and transient women. For the past thirteen years the Athletics Office has been able to contribute a significant amount from the run to

assist Adsum House provide services for women. Join us in front of Seton at 9:30am on Sun Oct 15 to register for the 10am event, and walk, stroll, pedal or push your way around the 5km or 10km course and help in this worthy cause.

NO GIMMICKS EXTRA INCOME NOW!



ENVELOPE STUFFING - \$600 - \$800 every w ree Details: SASE to

International Inc. 19515 Tom Ball Parkway, Suite 185 Houston, Texas 77070

WE NEED WRITERS to extend an open invitation to everyone to get involved in these coming recreational events. They are fun activities that are pre-organized and will get your society up and running. Societies can get involved just by registering themselves with Joanne in the Athletic/Recreation Office or through the Athletic/ Recreation Society mailbox in

Ath/Rec.Corner

Society welcomes all the

year on campus. Now that

Athletic/Recreation Society

would like to touch base with

each society. They would like

most societies have their

executive in place, the

student societies to an exciting

The Athletic/Recreation

the Student Union Office. Some of the events scheduled for October are: -SOCIETY BOWLING

TOURNAMENT: Friday October 20, 4-6pm Bayers Road Shopping Centre. Teams of four, \$3.99/player. Wear your tackiest bowling shirt. -HALLOWEEN DOOR **DECORATING CONTEST:** Oct30,31, all day: Find a door

on campus and decorate it for Halloween. Any door will do

i.e. residence, office, classroom. It's your choice. Winners will get a loot basket full of great prizes t-shirt, treats, Pepsi and more! Free to enter!

Get involved this year! The Athletic/Recreation Society is still welcoming new members. Join them any Wednesday from 4-5 in Vinnies Pub! As well, the Ath/ Rec Society would like other society reps to join them at these meetings. Together we are better!

Coming Events

Fri. Oct.13, 3:15pm: Walking Tour Of Dunbrack Street and supper at MacDonalds. Meet at Assisi Front desk Wed. Oct.18, 4-5pm; Ath/Rec Society Meeting, Vinnies Pub Fri. Oct.20, 4-6pm: Society Bowling Tournament, Bayers Tues. Oct. 24, 10-2pm: Halloween decorating party;

Rosaria Lobby Wed. Oct.25, 4-5pm Ath/Rec

Society Meeting, Vinnies Pub

Students Needed! Earn up to \$2,000+ per month working for Cruise Ships or Land-Tour Companies. World Travel (Hawaii, Mexico, the Caribbean, etc.). Seasonal and Full-Time employment available. No experience necessary. more information call:

(206) 634-0468 ext. C40321

CLASSIFIEDS

MSVU SOCIETY NEWS

M.A.N.U.S.

Are you a nontraditional Student? If you are we would like to tell you that the MANUS lounge is located on the second floor of Seton. We would also like to welcome traditional students as well.

OTHER UNIVERSITY'S NEWS

Friends of International Students invite all international students to become involved with their association. For more information and to apply please call Sally at 861-1484 or Debra at 429-3056.

On Wednesday November 11 at 8:00pm the Dal German Department will be showing Emilia Galotti. Emilia Galotti is a television play after G.E. Lessing, it is in colour with English subtitles and is directed by Ludwig Cremer with Sabine Sinjen, Hans Caninenberg, Edda Seippel. The film is 104 minutes and will be shown in the MacMechan Auditorium in the Killam Library, Admission is free and all are welcome.

PUBLIC SERVICE ANNOUCEMENTS

The Lesbian, Gay and Bisexual Youth Project is currently seeking volunteers for a new peer support help line. The toll-free line, which will operate weekly will be staffed by gay, lesbian and bisexual persons 25 years and under. For further information please call Marc Colbourne or Maura Donovan at 425-2700. Rajmohan Gandhi, grandson of Mahatma Gandhi, will present the lecture Nonviolence and Nationalism: the South Asian Experience on Tuesday, October 17 at 7:30 pm at the Thomas Raddall Public Library, 255 Lacewood Drive. For more information call Ken Burke at 421-7673.

Discovery Centre, Nova Scotia's hands-on science centre, is looking for volunteers for there new home. This is an excellent chance to develop your people skills, expand your scientific knowledge, and have fun with out latest exhibition, Lasers and Holograms. For more information call Laura Battye or Bonnie Saxton at (902) 492-4422.

Adsum House will be holding a fall fair on Saturday, October 14th at Canadian Martyrs Parish Centre, 5900 inglis street in Halifax from 8:30 am to 12:30 pm. Everyone is welcome.

SOCIETY PROFILE

The History Society is looking forward to another successful year. There hard working excutive is comprised of the President Andrea Pugsley, the Vice-President Sarah Jane Angevine, Assistant Vice-President Michael Johnson and the Past President Shawn Minor. They are cuurently planning a downtown social for which they have already sold 130 shirts. They have 20 shirts left and if your are interested in going, the shirts cost \$10. The History Society has already had a bake sale in which they sold everything.

They also have film nights every two months and they are looking forward to going on a historical walk around Lunenburg. The history society is a great way to make friends, like Sarah Jane Angevine says," Its a great way to meet people with similar interests and have a good time." Remember you don't have to be a history student, you don't even have to be enrolled in a history course, you just have to love it. For more information you are invited to call Sarah at 443-9315.

You and Your Résumé

by Kim Merrill, Career Placement Assistant

With the talk of on-campus recruiting at MSVU, many students are busy preparing résumés and cover letters. For some, drafting a résumé is a gruelling task that can often result in frustration. Well not to worry, help is on the way.

The Career Placement Centre, Student Affairs offers a résumé writing workshop and a résumé critique service for students. Simply stop by the Career Placement Centre and schedule a 30 minute appointment with one of the career placement assistants. Your résumé must be left for review at least two days prior to your scheduled appointment.

If your not sure where to start, the centre also has a number of résumé handouts and reference books that will help you get a jump start on your résumé i.e. The Damn Good Résumé Guide, Power Résumés, and Résumés for Better Jobs.

Here are a few tips to help you create a dynamic résumé: Research the position, keep it brief (no more than two pages), highlight skills, specify education followed by achievements, use inverse chronological order, list fluent languages, always send a cover letter, invest in good quality paper/laser printing and PROOFREAD CAREFULLY! An effective résumé takes time to create, but it's a necessary self-marketing tool that will help guide you in the right direction towards a successful job search.

Career

Part Time

- Student Workers see Cathy Haller MSVU Oct 20 & 21 in Seton 302
- •Marketing Manager Learning Systems call Dr. Ron Loucks @ 443-1113
- Part time Assistant
 Drop résumé at 15
 Wardour Business Centre
 Dartmouth Rd., Suite 310
 see placement centre for
 more info

Full Time

- New Managers Program Deadline: Oct 20/95 Apply:résumé, cover letter, transcripts, accis application to the Career Placement Centre
- Early Childhood Educators, Korea centre see placement
- Mathematical/Satistics
 Deadline: Oct 13/95
 complete application
 written test
 Nov.2 @ 7 p.m.
 see placement centre for more info
- Sales Associates
 & Managers Smart Set
 Fax résumé to
 Smart Set (902) 454-7635
 Halifax

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For more information, call 423-7530 or 1-800-423-4432, if outside Metro.

Vinnies cont...

In the meantime, students do appreciate that Vinnie's is back in operation. One student said she prefers the new Vinnie's with all the changes brought in with the renovations.

"I like it better now," said Patrisha Flemming, "it's cleaner looking, and more organized."

"Aesthetically, it's improved 100 per cent," Strolz said,

whereas before "the place was almost like a gymnasium with a bar attached to it."

It's been expanded by a few thousand square feet. The wheelchair ramp was moved so it's easier for disabled students to move around, and have less crowding around the bar. The landing was built out, creating the upper area. Couches are there for students to lounge on.

Strolz said the atmosphere has improved with students using it as a social spot during the day, and not just on Wednesday nights.

"I think the popularity

and the frequency of use is really starting to grow," Strolz said.

"People are starting to realize the benefits of being able to use that area."

The pub can be used for society meetings and other events, like the barbeque public relations students had a few weeks ago.

Flemming said she likes to come to do homework, or meet her boyfriend.

"The only thing I don't like is the fact you can't smoke."

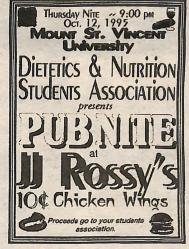
They lobbied to get a covered patio of some sort to allow those who'd like to smoke, to do so, Strolz said. However, it didn't work out.

The pub will remain a non-smoking bar.

Nonetheless, Vinnie's will continue having the traditional Wednesday nights and concerts.

"You can also come and enjoy it in the day time for what it is," Strolz said.

"It's really a nice place to hang out and escape the pressures of the Mount."



Movie Madness at the Oxford Theatre

- Sunday Oct. 15th, at 4:30 come and enjoy *the Princess Bride*.

• Proceeds go to the DNSA

