

# PHOENIX

## '75



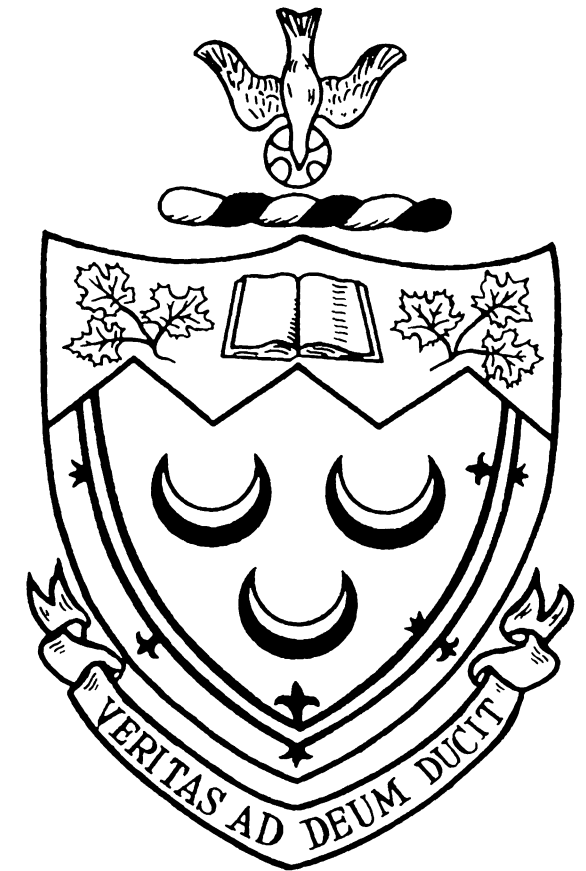


The University Archives





# MOUNT SAINT VINCENT UNIVERSITY



## UNIVERSITY MOTTO

The university motto is "Veritus Ad Deum Ducit" which is translated as "Truth Leads to God". The motto asserts the religious concern which inspired the foundations of the university.

## COAT OF ARMS

The coat of arms of the university is based on the coat of arms of Blessed Elizabeth Seton, foundress of the congregation of the Sisters of Charity. It bears three silver crescents of the Seton arms within a "tressure", the same one that is found in the coat of arms of the Province of Nova Scotia. Thus both the foundress of the order whose members operate the university and the Province of Nova Scotia are represented.

The three peaks on the shield signify the name of the university, "Mount Saint Vincent". On the upper portion of the shield is the book of learning, between the maple leaves - the emblem of Canada.

The dove, above the wreath symbolizes the Holy Spirit, indicating that knowledge is the only means to wisdom, the highest gift of God.

The colors of the shield are blue and gold - gold symbolizing the Divinity of our Lord and the blue for Our Blessed Lady. The periphery of the coat of arms is colors of royal blue and azure, the dual blues of Mount Saint Vincent University.





**the phoenix**

## THE PHOENIX

The Phoenix is a mysterious but most beautiful bird. Its plumage is a blending of the fire colors, and its call is a sweet harmony of the five notes. It can raise its beautiful tail to the height of six feet. Wherever it goes all the other hundred and sixty varieties of birds assemble to pay it homage. Its appearance is an omen of prosperity, and when it goes away the country is visited with calamities.

In mythology, the phoenix, a fabulous female bird of Arabia, lived for five hundred years in the desert, built herself a funeral pyre of wood and aromatic gums to which she set fire by the fanning of her wings and so consumed herself. But from the ashes she sprang up again in youth and freshness. Hence, the phoenix is frequently depicted as an emblem of immortality.

Ovid tells the story of the Phoenix as follows: "most beings spring from other individuals; but there is a certain kind which reproduces itself. The Assyrians call it the Phoenix. It does not live on fruit or flowers, but on frankincense and odoriferous gums. When it has lived five hundred years, it builds itself a nest in the branches of an oak, or on top of a palm tree. In this it collects cinnamon, and spikenard, and myrrh, and of these materials builds a pile on which it deposits itself, and dying, breathes out its last breath amidst odors. From the body of the parent bird, a young Phoenix issues forth, destined to live as long a life as its predecessor. When this has grown up and gained sufficient strength, it lifts its nest from the trees (its own cradle and its parent's sepulchre), and carries it to the city of Heliopolis in Egypt, and deposits it in the temple of the Sun."

The first writer who disclaimed a belief in the existence of the Phoenix was Sir Thomas Browne, in his "Vulgar Errors" published in 1646. He was replied to a few years later by Alexander Ross, who says, in answer to the objection of the Phoenix so seldom making his appearance:

"His instincts teaches him to keep out of the way of the tyrant of the creation, man, for if he were to be got at, some wealthy glutton would surely devour him, though there were no more in the world."





## PRESIDENT'S MESSAGE

TO THE CLASS OF 1975

I should like to extend to you warm congratulations and best wishes on the occasion of your graduation. When you came to the Mount I am certain that you brought with you certain expectations, certain hopes, certain aspirations. I trust that all or most of these have been fulfilled and that the knowledge you have acquired through your studies and the experiences you have had as part of university life will serve you well as you take up your responsibilities as members of society. Each of you will be called upon to make decisions which will affect your own life as well as that of others. I trust that you are taking with you as a result of your education an appreciation of the truly valuable things in life so that the decisions you make will be good ones.

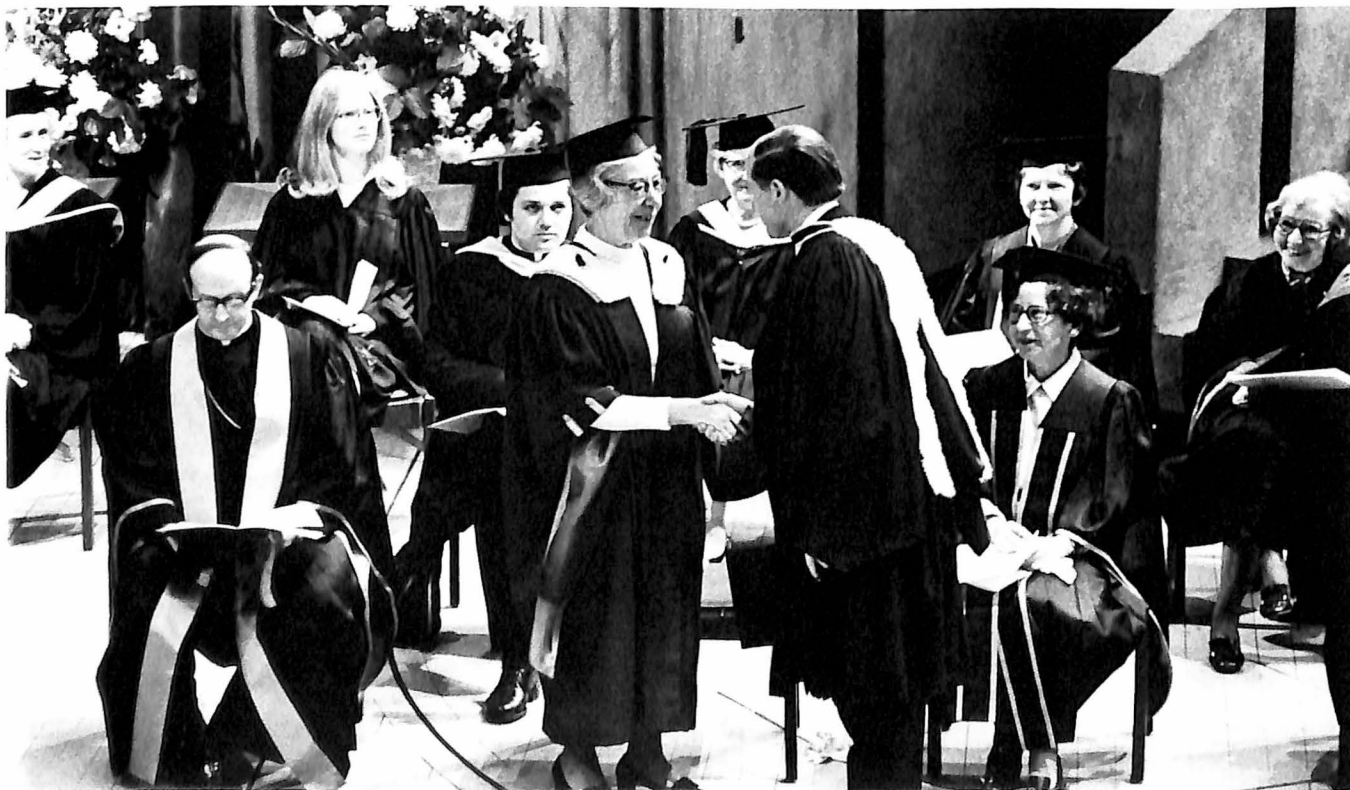
I hope that you will keep a special place for the Mount in your memory and that whenever the opportunity presents itself you will return to visit us. We shall always be happy to welcome you.

May God bless you and speed you on your way!

Sister Mary Albertus  
President



## INSTALLATION



## OUR DEDICATION

### SISTER MARY ALBERTUS

The graduate students at Mount Saint Vincent University wish to dedicate the 1975 edition of their yearbook to the fifth president and vice-chancellor of the University, Sister Mary Albertus. Sister Albertus was installed on the 25th of January 1975.

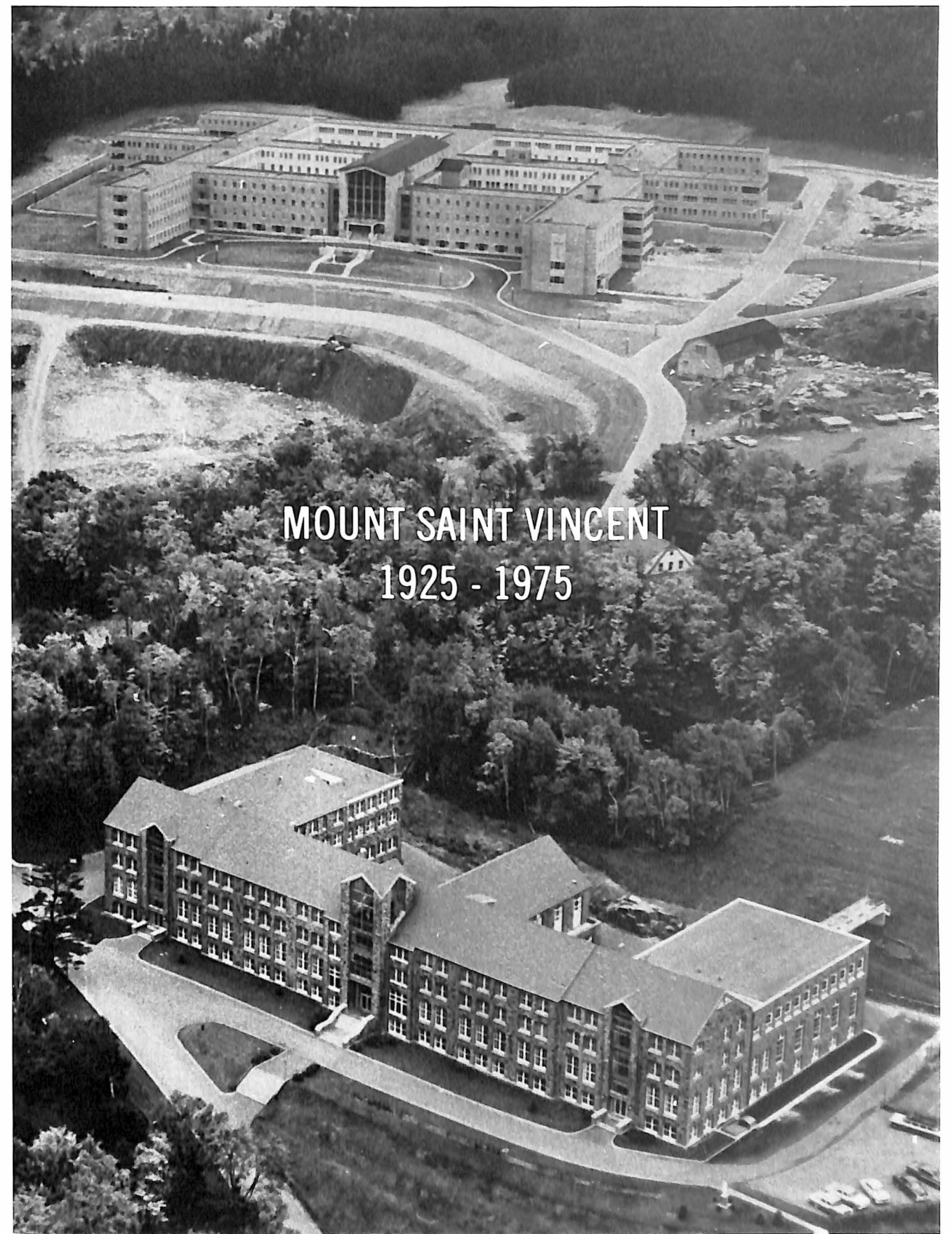
Sister Albertus was born on November 30, 1913 in Lawrence, Massachusetts. She attended school in Massachusetts until 1931, then came to Mount Saint Vincent Normal College. In 1932, she began studies at Dalhousie University where she attained a Bachelor of Arts degree in 1935. Sister Albertus pursued a Master of Arts degree with a major interest in Latin at Boston College and terminated her studies there in 1941. She received a Doctorate in Philosophy from Fordham University in New York in 1955. Her major field of interest was Educational Psychology, Measurement and Guidance.

Her professional experience is concentrated in the field of teaching. She has held the position of teacher in three schools in the United States as well as that of Head of the Latin Department and part-time Guidance Counsellor at St. Patrick's High School in Halifax. In 1962 she became a member of the Education Department at the Mount and by 1964 was appointed Chairman of the Education Department, Graduate Studies and Teacher Education. A post-doctoral fellowship was granted to Sister Albertus in 1971 to study counselling, curriculum, and Teacher Education at the University of Florida.

Nineteen hundred and sixty-three brought on a month of travel, to enchanting Portugal, Italy, and France. This was also a special year in Sister Albertus's life as she attended the beatification ceremonies for Blessed Elizabeth Seton, in St. Peter's, Rome. Additional educational flavour was added to her experience as in 1972, Sister visited educational institutions in the U.S.S.R., Bulgaria and Paris.

Reviewing her past academic efforts and achievements we feel Sister Albertus has a strongly dedicated background and is more than qualified to guide Mount Saint Vincent in the future.







## THE EARLY YEARS

In 1873 Mount Saint Vincent Academy for girls was established by the Sisters of Charity. For the next ninety-nine years, the academy continued to give elementary and secondary schooling. It was realized however, that higher education for women was needed.



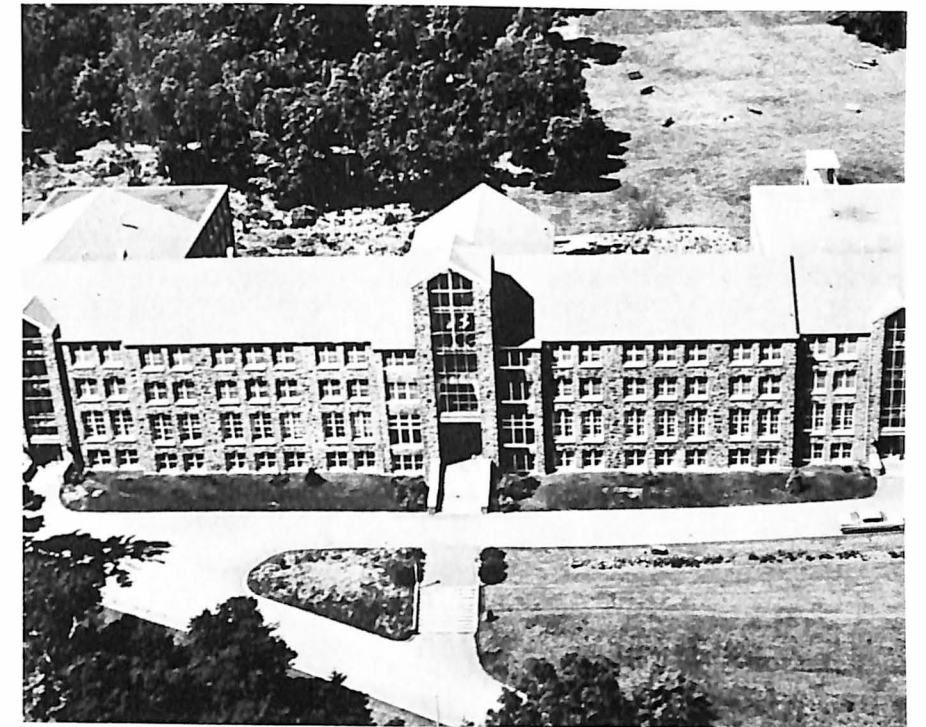
The first turning point in the new history of the institution was the fire of Jan. 31, 1951 which destroyed the entire plant of Mount Saint Vincent: mother-house, novitiate, academy and college. Out of this destruction the college was the first to rise to new life. A new building, Evaristus Hall, begun in 1949 was to form the core of the new university. (pg. 11 top right)

In answer to this need application was made for a college charter and in 1925 Mount Saint Vincent College became the first independent women's college in Canada. The university has continued to grow since its beginnings in 1925 and to expand its role in attempting to provide for the needs of women in higher education.



## CONTINUING GROWTH

In 1966 a new highrise residence, Assisi Hall (below) was constructed. This was the first building to be built since Evaristus. Then: 1971, Seton Academic Centre; 1972, five townhouse - the Birches.







The six lovely ladies above, adorned with flowers, take a break from their studies. The picture was taken around 1920.

The picture of the typing class below dates around 1954.



The picture on the left shows Sister Lua demonstrating the correct laboratory technique to her microbiology students.

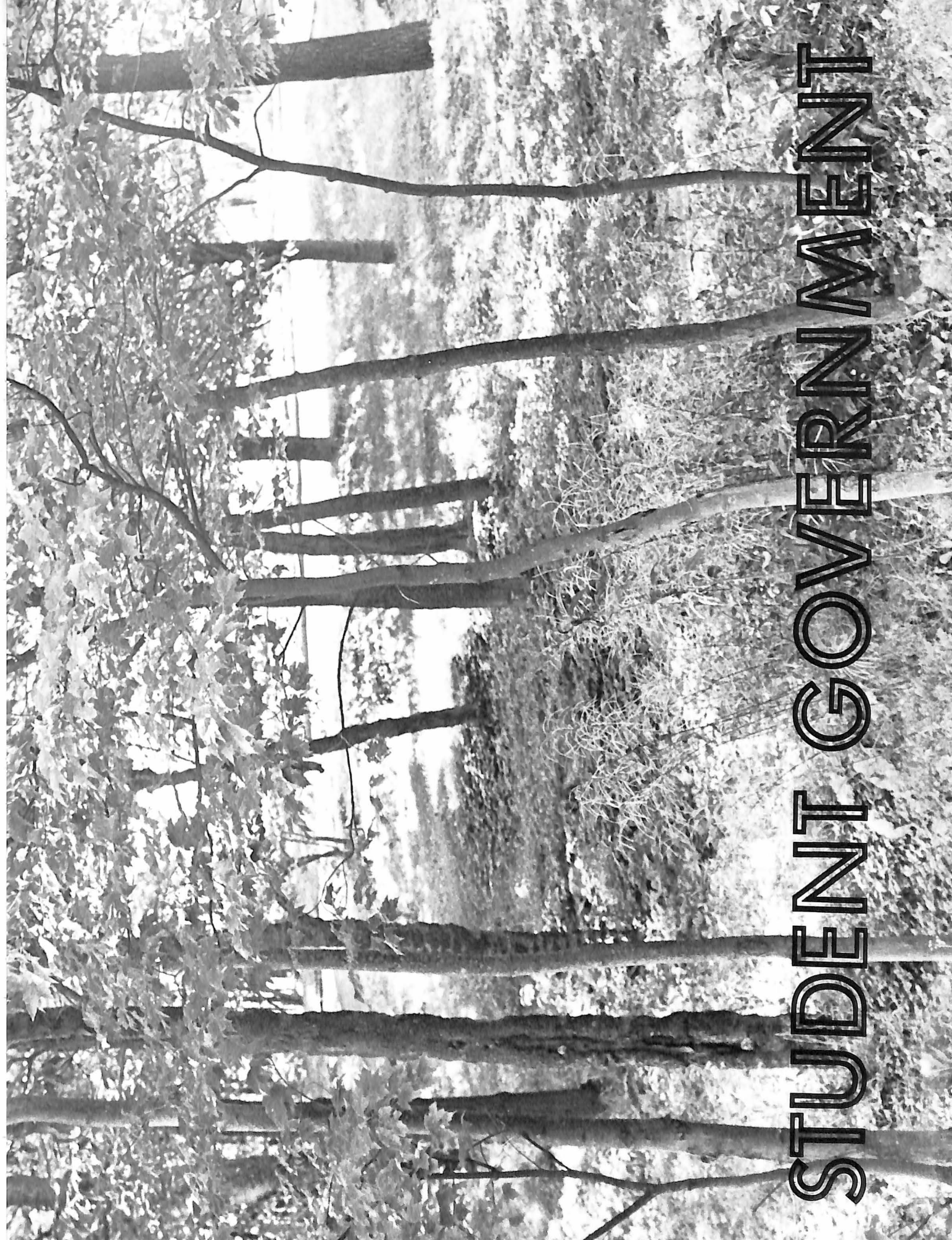
## THE GOOD OLD DAYS



The three girls on the stairs are ready for their Christmas party. This picture goes back to 1955.

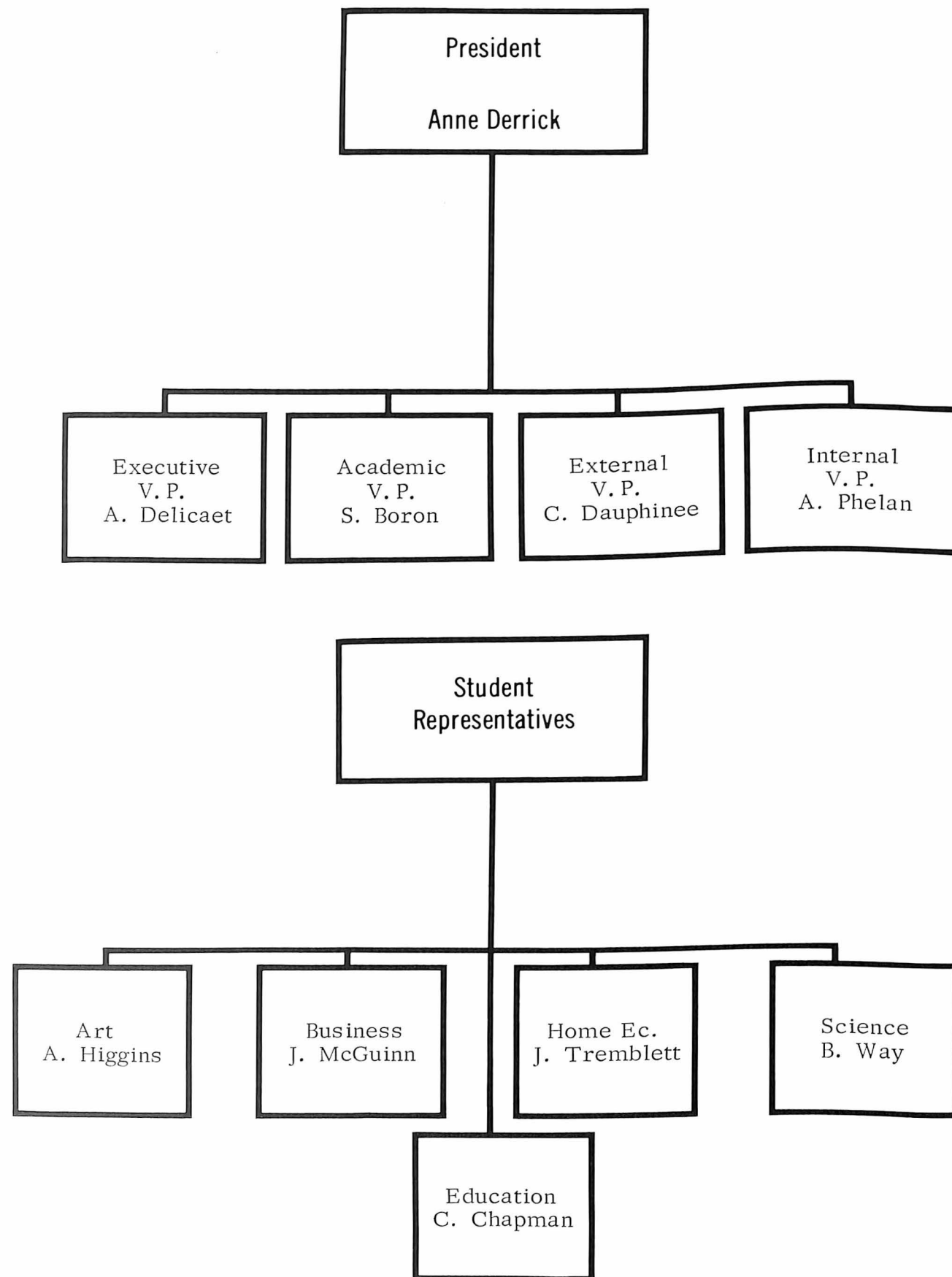






# STUDENT GOVERNMENT





## PRESIDENT OF THE STUDENT UNION

ANNE DERRICK



### President's Message

By the time you get to read this, it will be autumn again; the trees at the Mount will be cloaked in a myriad of colours and it will be someone else's footsteps echoing through the buildings. You will not be standing in the queue at registration or the bookstore, nor will you be out in the first snow at midnight having a snowball fight, but hopefully your footsteps too will be echoing on to new and exciting endeavors. It seems to me that all graduates ever hear is that as they have completed one step in their lives, they are teetering on the brink of a thrilling adventure. It does not take me to tell you that most of your achievements will be hard-won; I can only say that I greatly hope you will look back on your time at the Mount with pleasant memories and that each year will bring your fulfillment and happiness.





President  
A. Derrick

Internal V. P.  
A. Phelan

Left  
A. McFeteridge



Below  
Pat Murphy



Left  
Anne Delicaet

Below  
S. Boron



Below  
Ron MacCabe







Jose Tremblett



Anne Higgins



J. Bellevieau

## STUDENT REPS

J. McGuinn



Barb Way



Danny MacGrath



Kendra Budd







## SENATE

Above, Left  
Shelly Lawrence

Above, Right  
Marilyn Kean



External V.P.  
C. Dauphinee







# ARTS WEEKEND



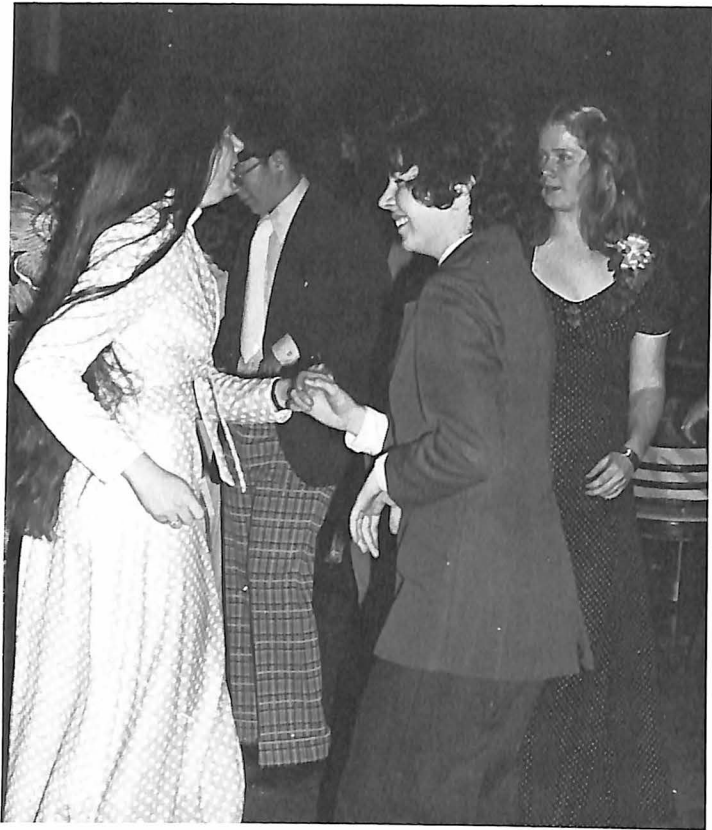
Freeloaders Fascination



Freeloaders Frolics







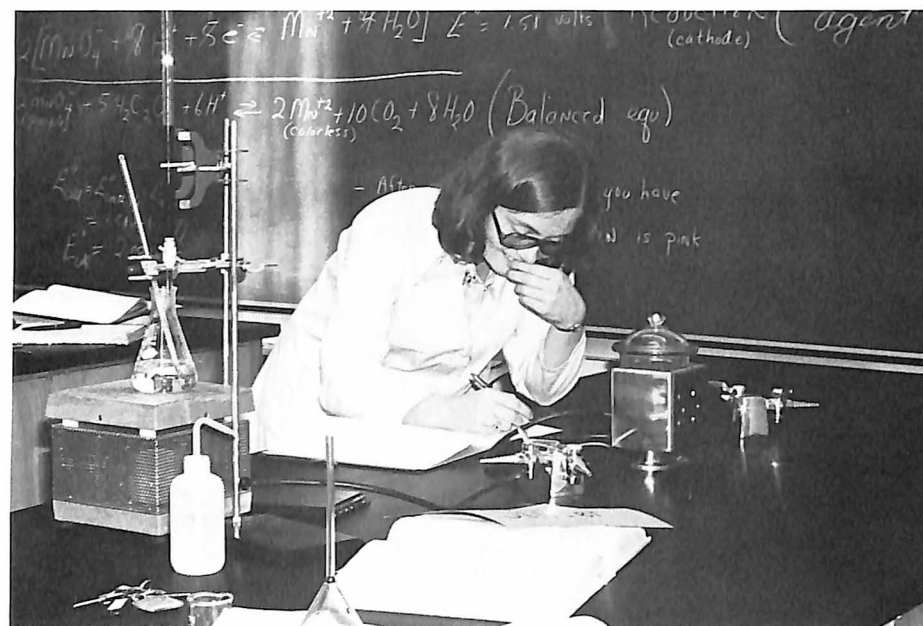
## CHRISTMAS DINNER









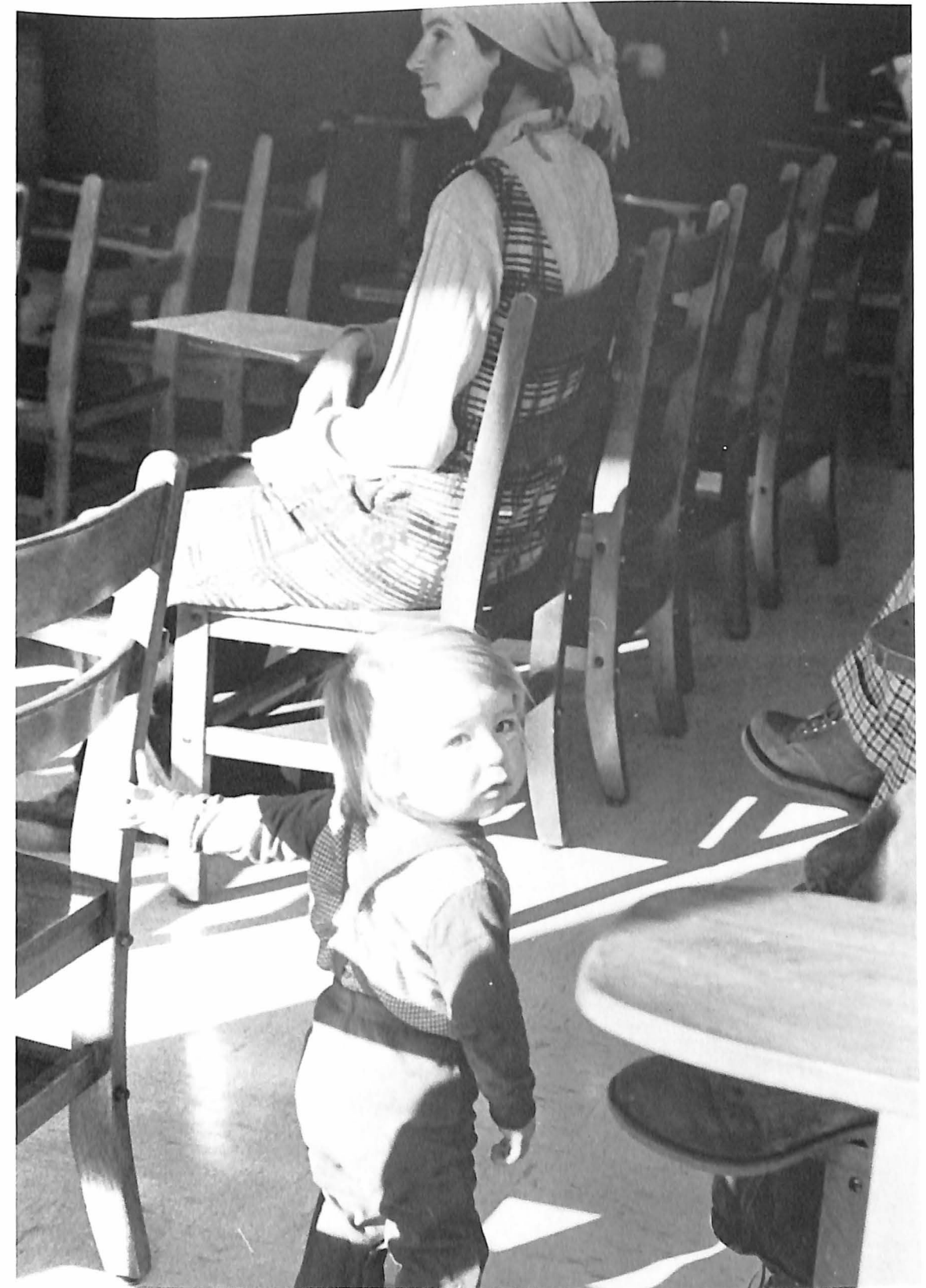
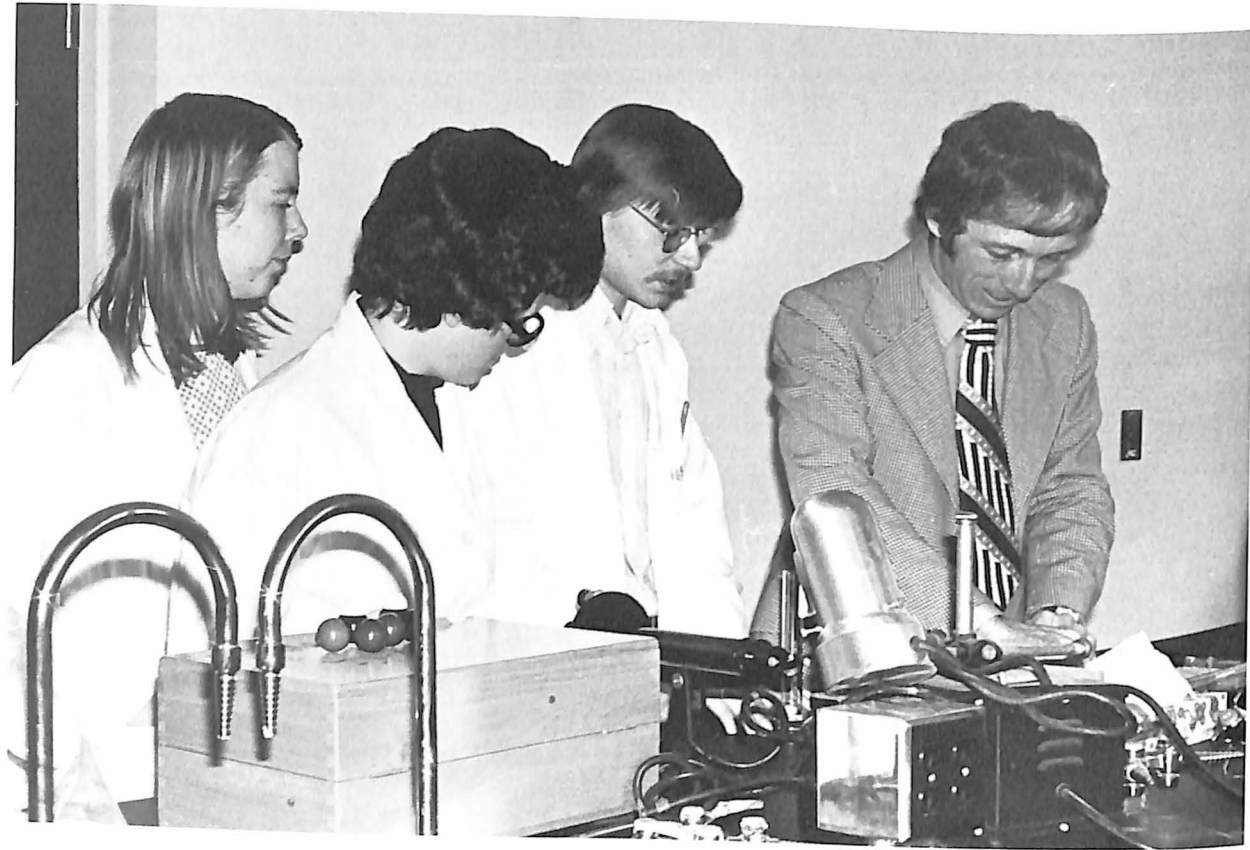


OPEN

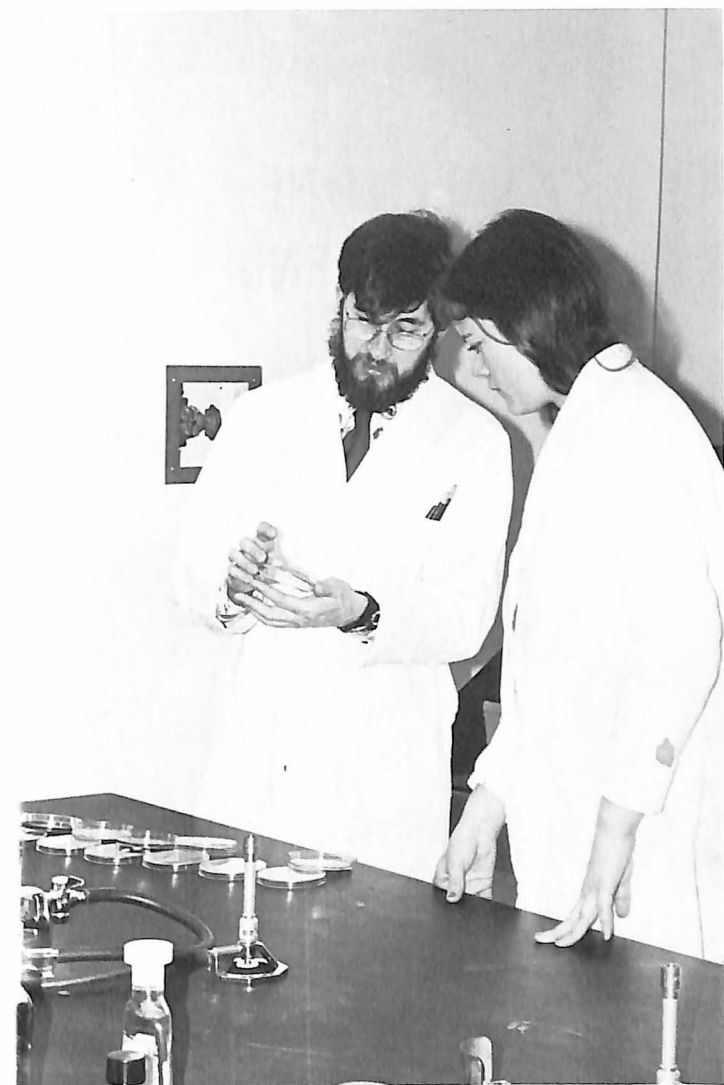
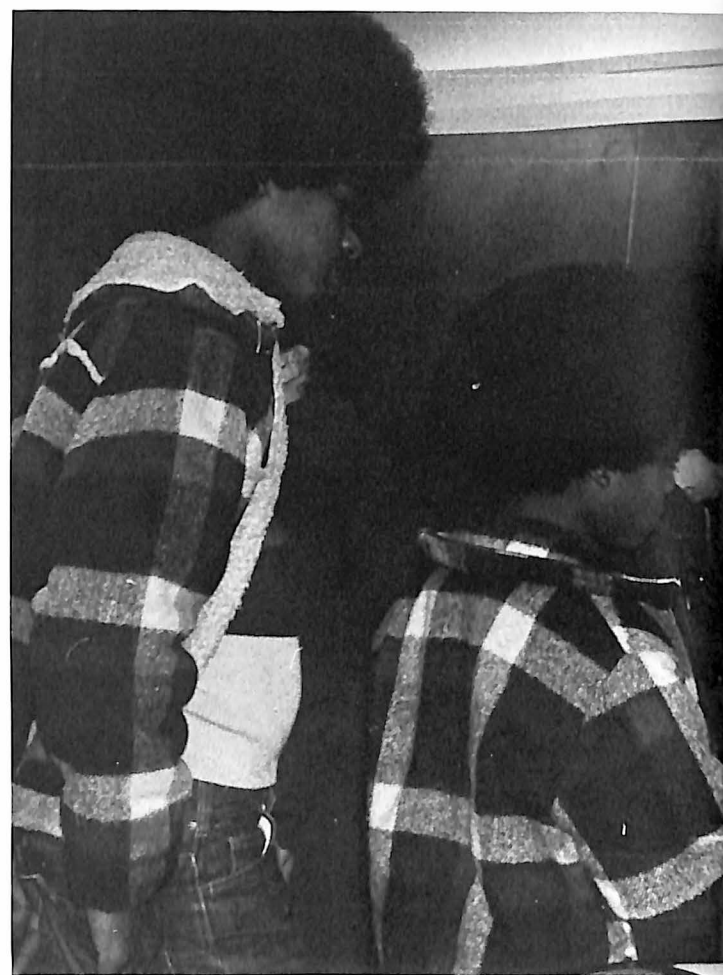
HOUSE





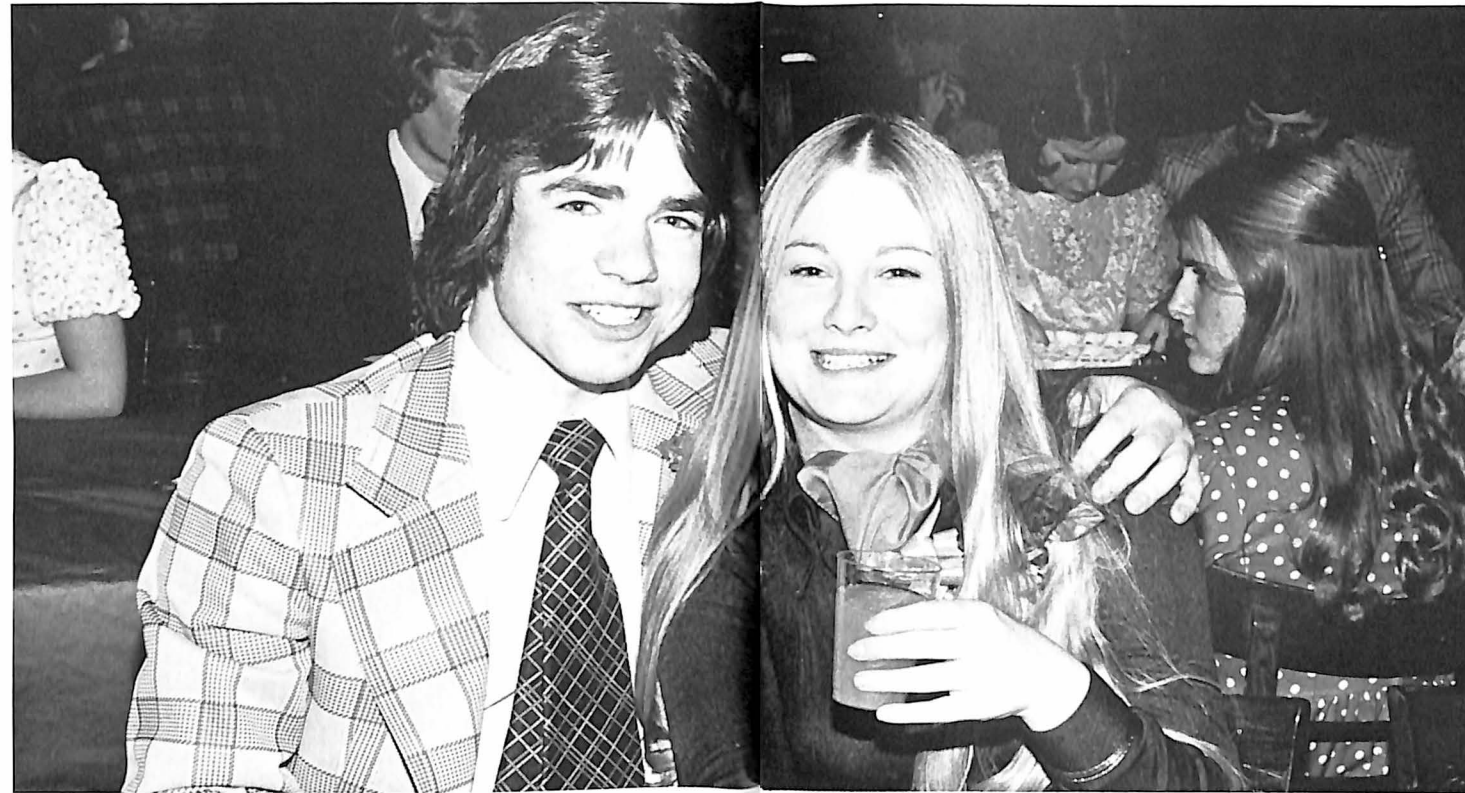




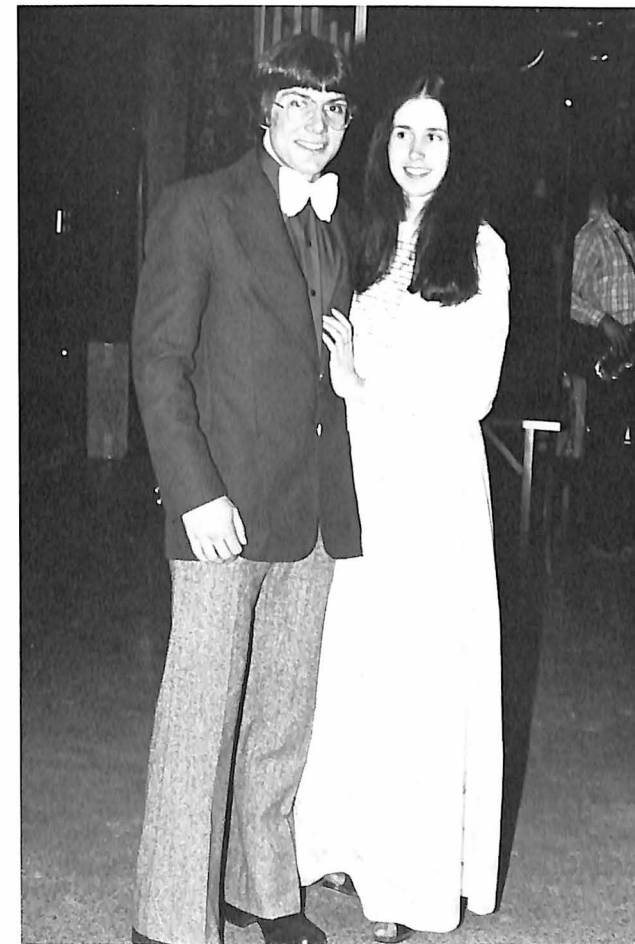
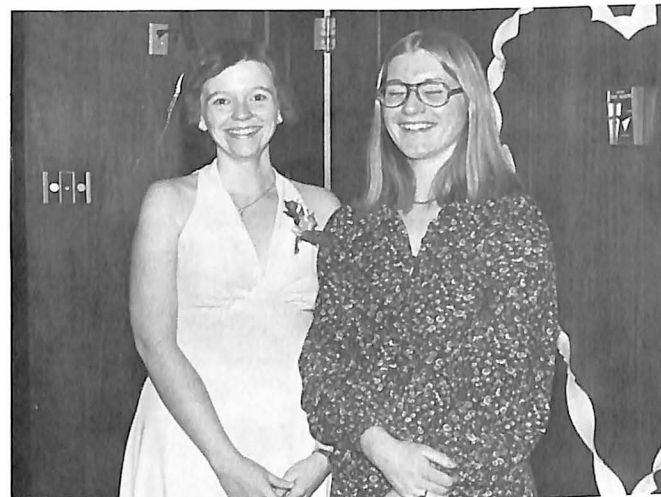




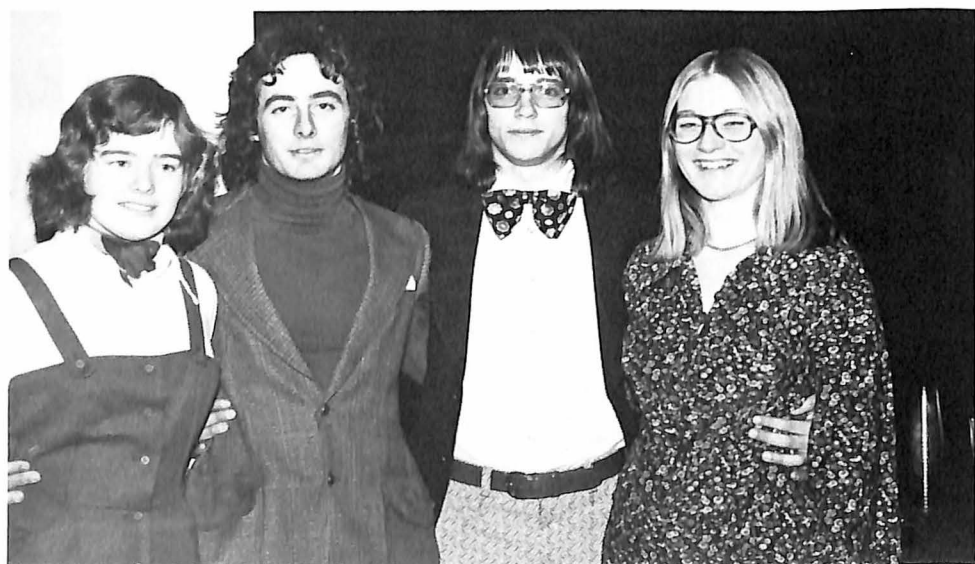
# A VALENTINE WEEKEND



Sweetheart Ball

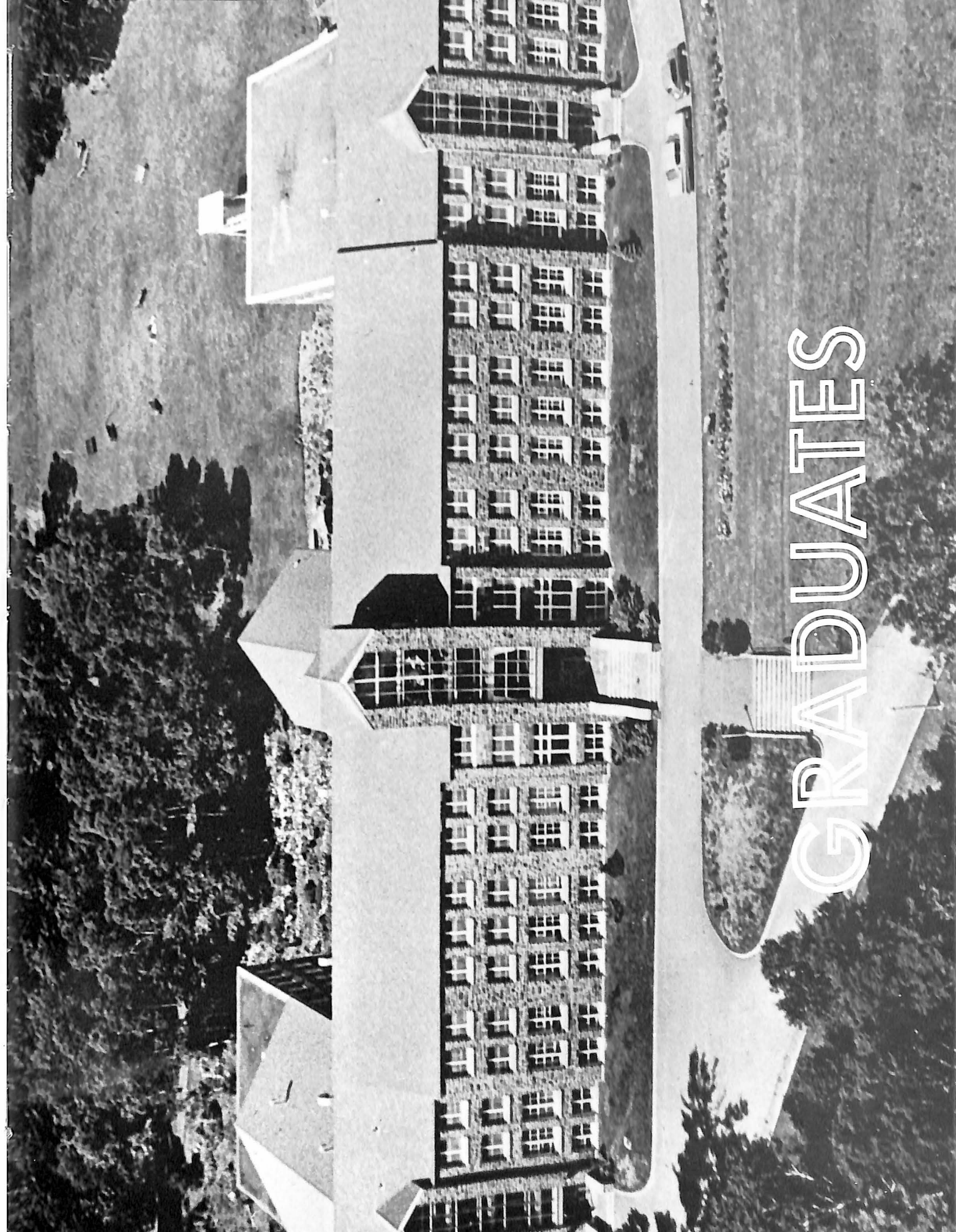






MacLean  
and  
MacLean





# GRADUATES

1974-1975

## BACHELOR

## OF

## ARTS



Jo-anne Belliveau



Shirley Boron



Barbara Carmichael



Jane Buzzell



Patricia Burgess



Carol Chute



Deborah Collins



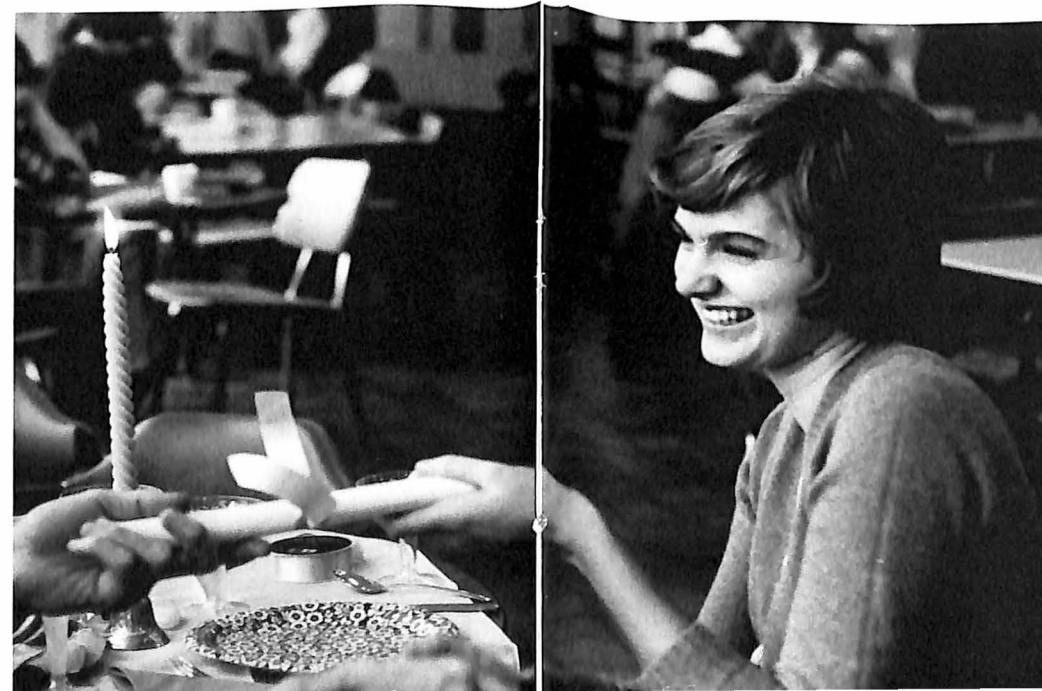
Hazel Fitzpatrick



Susan Corning



Ann Duffy

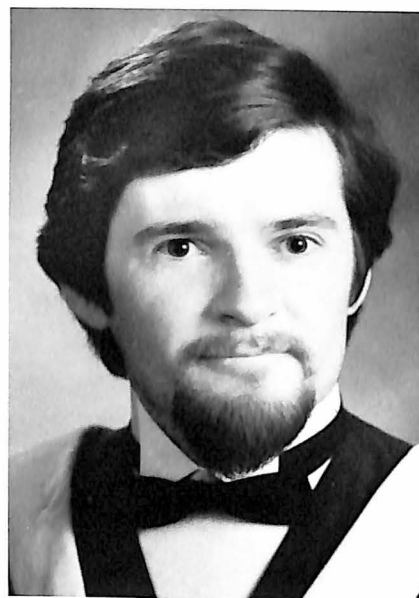






Merle Gracie

Frederick Hall



Heather Hiltz



Mary Knowlton

Charmaine LeBlanc



Katharine Lister

Marilyn Hourihan

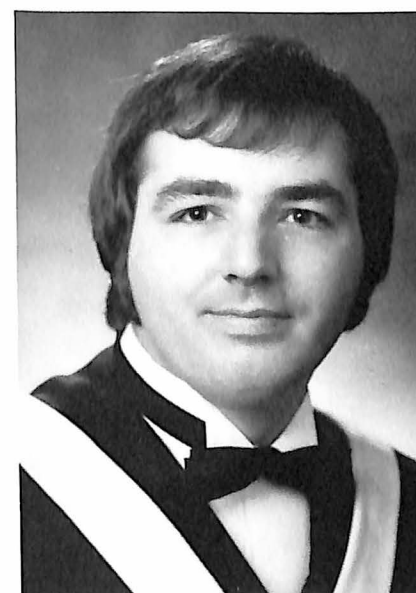


Carol-Anne Holmes

Aletha Johnson



Hugh MacIntyre



Gail MacDonald

Beverly MacDonald

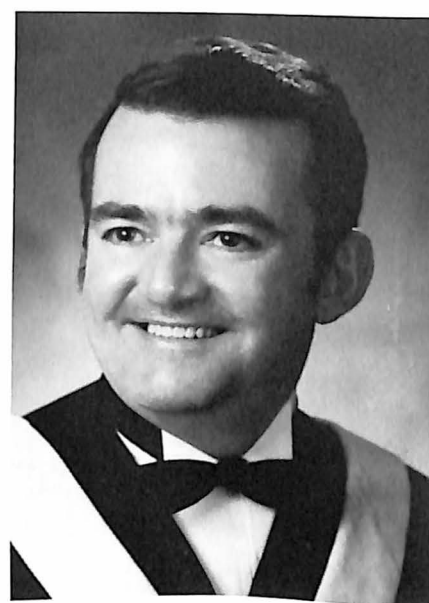




Margaret Hunt



Yvonne McCarthy



Ernest McNutt



Charlotte Morrison



Janet Moser



Darlaine Rapp



Katrina Mihaly



Brenda Meade



Jean Roe



Barbara Romero



Cherie Tolson



Margaret Willis



Nancy Stewart



Joy Williams



# BACHELOR OF SCIENCE IN NURSING



Kathleen Nearing



Teresa Tobin



Maxine Young

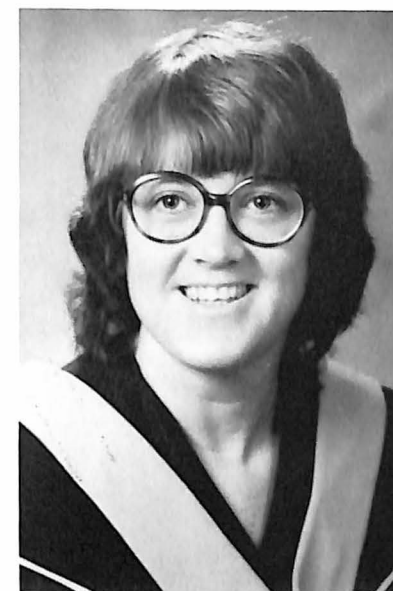


Jean Archer

Paulette Bourgeois



Barbara Devine



Patricia Gorman



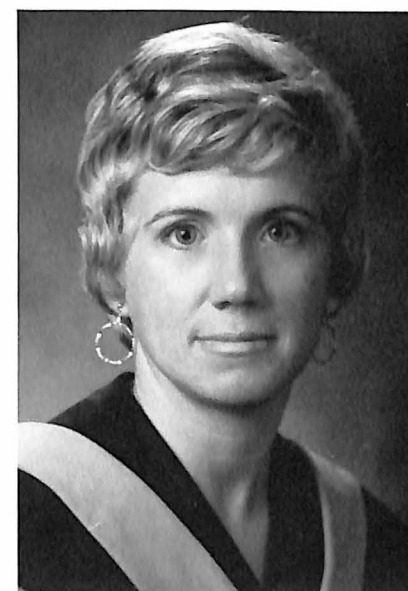
Doreen Crick



Jane Cowie



Patricia Chiasson



Joan Legge



Nancy Kline



Janet Kavanagh



## BACHELOR OF BUSINESS ADMINISTRATION



Violet Abriel



Florence Amiro



Beverly Cameron



Le Yuen Huang



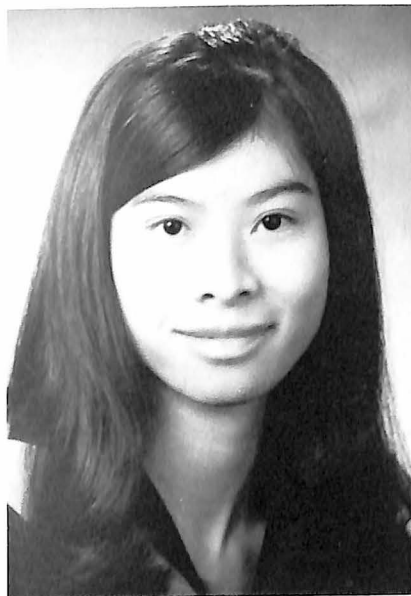
Sandra Jolly



Jane Kinsman



Constance Cavanagh



Pauline Chow



Debra Dowdall



Jean MacAdam



Patricia MacNeil



Stella Mao



Marion McDonald



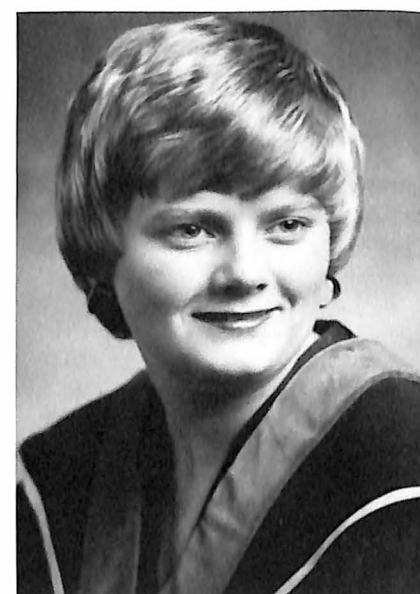
Mary Mingo



Patricia O'Brien



Kim Richardson



Mary Wolstenholme



Heather Blackmore

## BACHELOR OF HOME ECONOMICS



Linda Boudreau



Susan Churchill



Sharon Collins





Evelyn Murdoch



Joanne Kavanagh



Karen Howard



Elizabeth Tate



Myra Sibley



Dianne Raoul



Karen MacDonald



Nancy McCaw



Karen Gay



Bonnie Sutherland



Patricia Stubbard

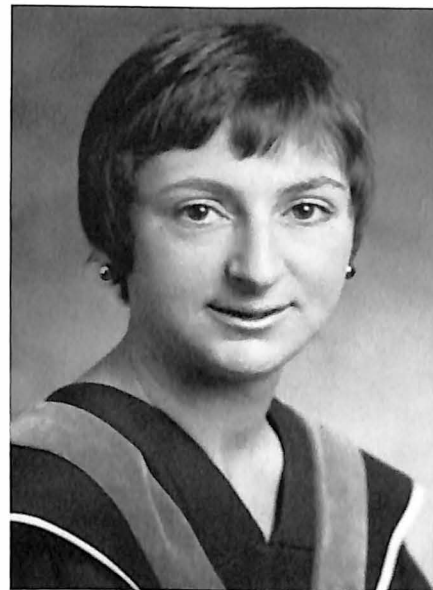
## BACHELOR OF SCIENCE IN HOME ECONOMICS



Violet Bartolin



Irene Chamberlain



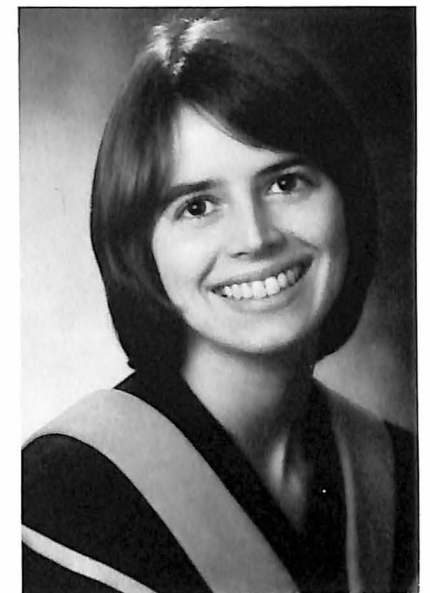
Marcia Kell



Valerie MacNeil



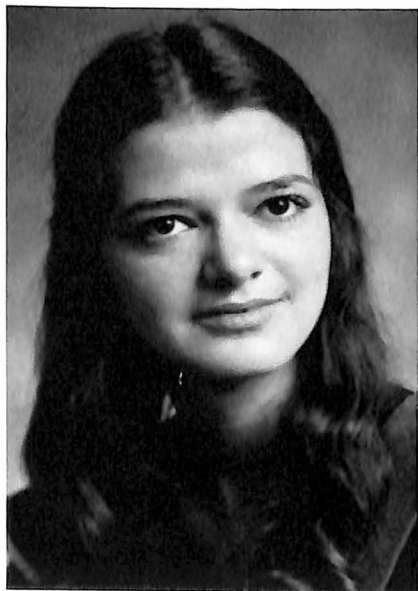
Joni Murphy



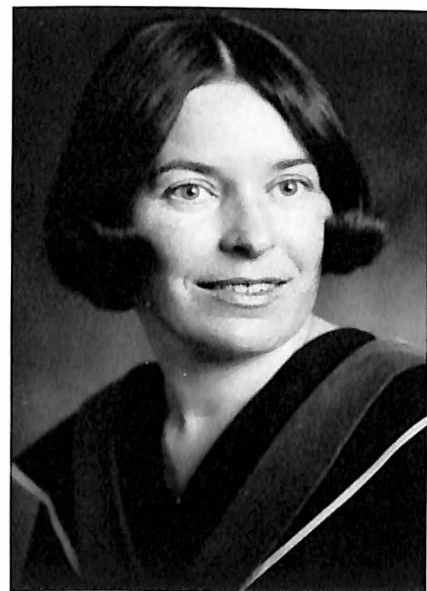
Loretta McDonald



Ann Marie Giovannetti



Adele Kurchurean



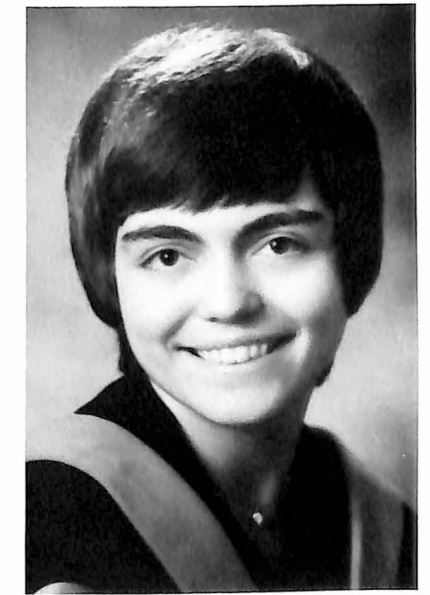
Lynda MacCulloch



Debra Pettigrew



Susan Moriarty



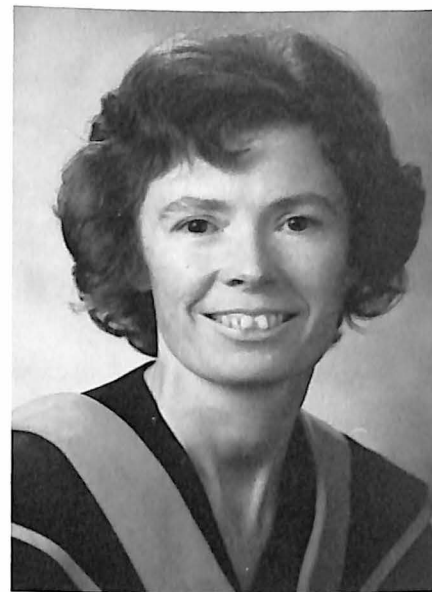
Jill Morgan





Dyane Malenfant

Mary Phelan



Ruth Wright

Shirley Power



Carole Rodd

Linda Wall



## BACHELOR OF SCIENCE



Martha Holmes



Marcia Livingston



Elizabeth MacCormick





Sherry Morash



Stephanie Napke



Barbara Way



Ann Phelan



Patricia Vanderlinden

Nancy Johnson



Susan Edwards



Ruth Belanger

BACHELOR  
OF  
EDUCATION

Shelley Lawrence

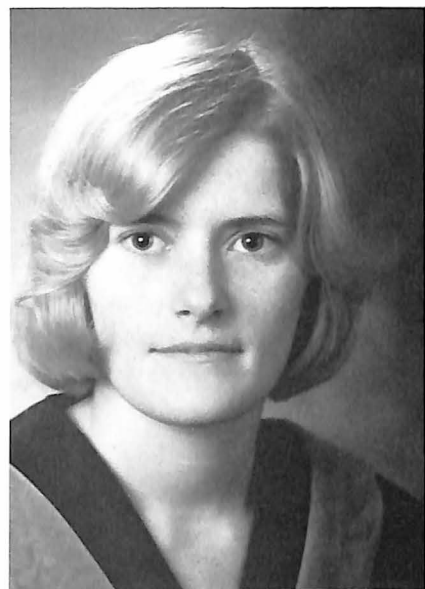


Dawn Cullen



Isabel Ettinger





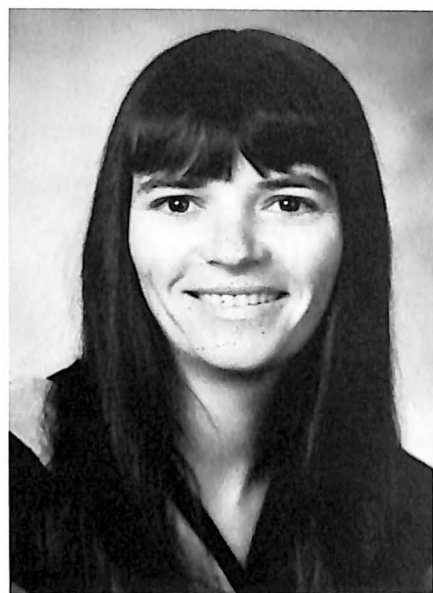
Ann Marie Went



Phyllis Porter



Lorraine White

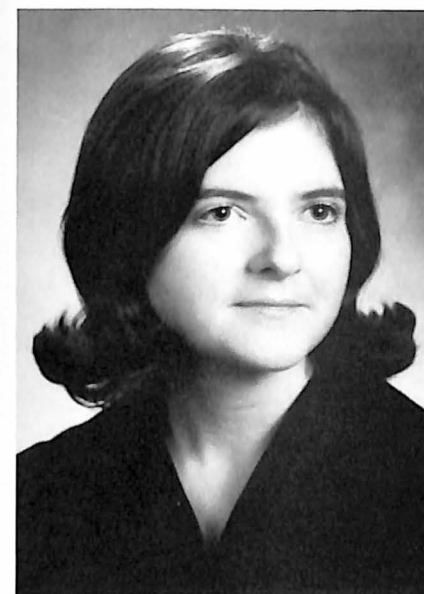


Helen MacNeil



Heather Mason

## SECRETARIAL DIPLOMAS



Patricia Barkhouse



Elaine Butler



Karen Dickie

## EXECUTIVE SECRETARY



Heather Jenkins



Joanne Lambkin



Marilyn McKenzie



Mary Cavana



Jane Crews



Heather Burns



Loretta Boudreau



Belinda Campbell



## MEDICAL



Lolo deGier

## SECRETARY



Kathleen Forhan



Hinka deGier



Judith Deveau



Carolyn Croft





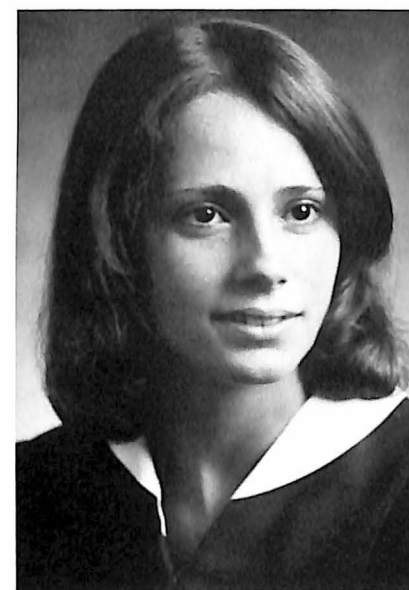
Deborah McNeil



Rita Fougere



Susan McGill



Faye Romkey



Mary Lee Ann Murray



Cheryl Nugent



Karen Knickle



Sharon LeBlanc



Melda McGuire



Susan Phelan



Mary Ritcey



Patricia O'Leary



Deborah Sowerby



Elizabeth Wharton



Krista Webber



Marlene Smith



Lynda Trenchard



Helene Whitford



Mary Sullivan



Barbara Thorne

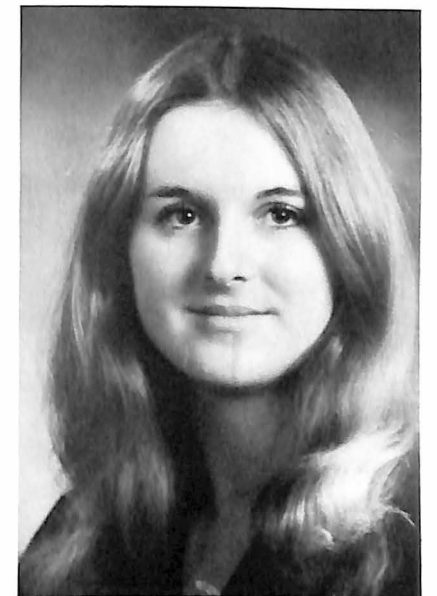


## LEGAL

## SECRETARY



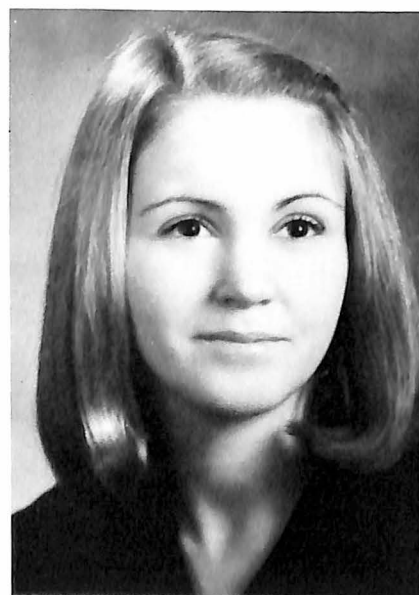
Arlene Chiasson



Debra MacDonald



Irma Horton



Cynthia Kennie



Carolyn Holyoke



Fay Hoyt



Julianne MacDonald



Nancy Clarke



Sheree MacInnes



Lisa Simon



Helen Steele



Sandra Watts



Winnie Moulaison



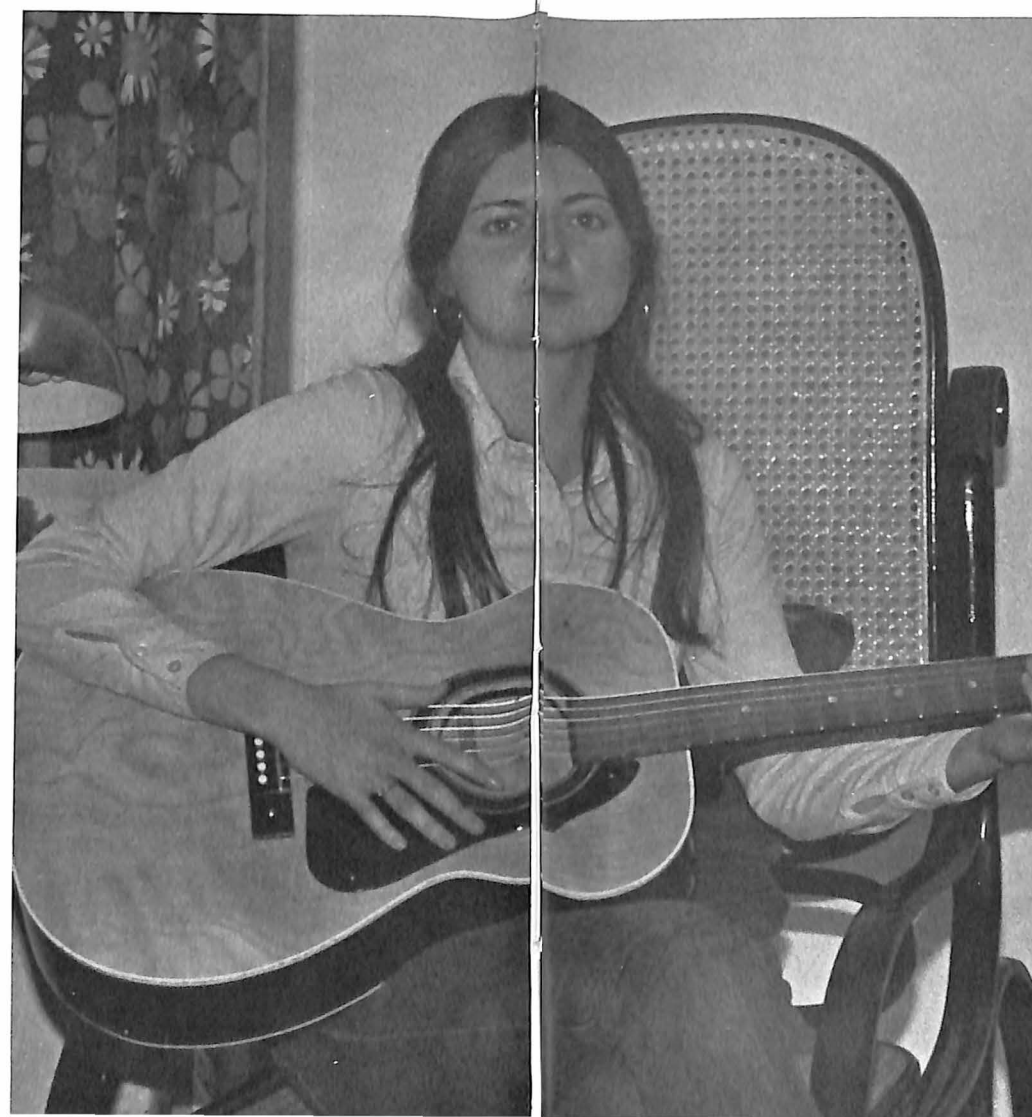
Sonya MacDonald



Jo Marchand



Bernita Purcell



Heather Willis



Elva Keizer





Don Shipton

Father Bates



## CHAPLAINCY

The Chaplains' hope in the Lord for their work in the Mount community is that our being with you may be an occasion for your growth in self understanding, self identity-integrity, self determination and self fulfilment. We are present to you with our perspective of the importance of relatedness to Jesus, Who has, we believe, these same goals for your life and helps to make them happen - offering His Light, confirming His special creation, enjoying His new and free person, bring His happiness, joy and aliveness.

Ours is a 'Service'. We see it as based on your expressed needs rather than on pre-established programs. We are available for Liturgies, both formal and informal, for Prayer and faith support and sharing, for Counseling, for simply Rapping, for Friendship. This availability - though really part time - can be daytime or evening, on-campus or off.

Most characteristic of our effort, and maybe least well known to our more traditional Christians, is our acceptance of and respect for you as and where you are. Dr. George Cheong, after Confucius, calls this 'fishing with a straight hook' to 'catch only those who are willing'. We believe that this is the Way of Christ. We share our faith that the Love of God is unconditional for all of us.

Don and Al  
S.A.C. 448

# STUDENT COUNCIL PARTY





## STUDENT HEALTH SERVICES

The Student Health Office had its usual busy year. Services are provided five days a week by a Registered Nurse who is also on call for emergencies. The physician is available for appointments two mornings a week. We also have a referral service to specialists in the city when required.

Besides dealing with the day-to-day ailments of the students, the Health Service personnel spend a great deal of time in informal discussion with them about all aspects of health care. We place particular emphasis upon preventative medicine and hope we are educating the students for more healthy daily living.



Dr. Gonsalves

Diane Tinkham

## STUDENT AID

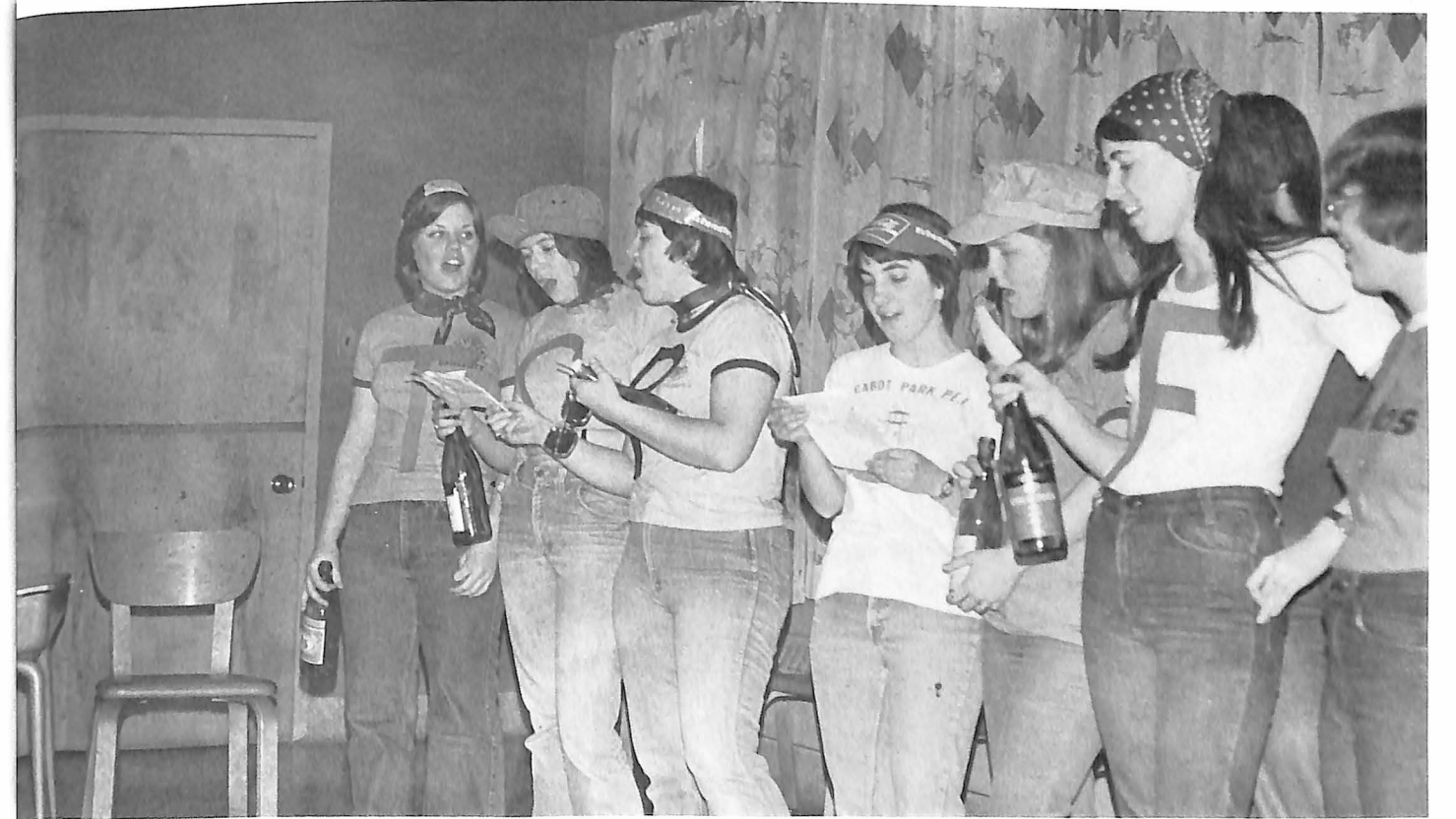


Mary Lou Brousseau

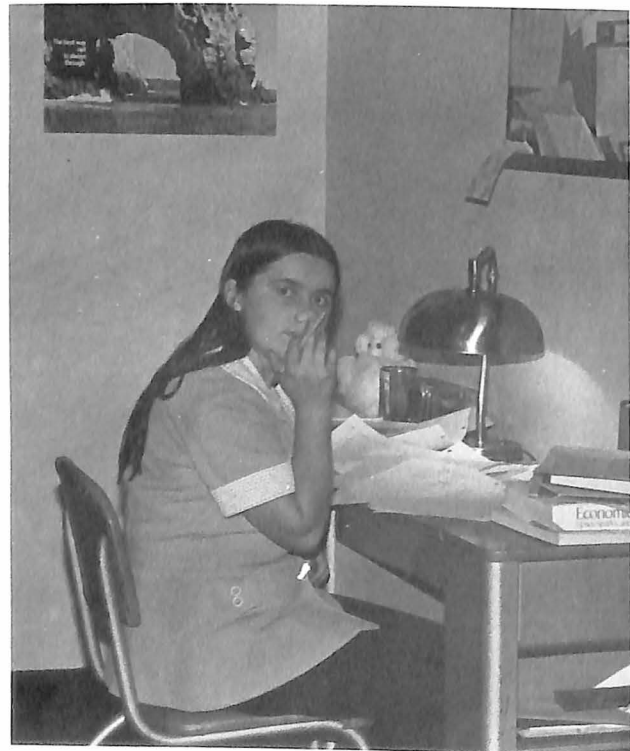
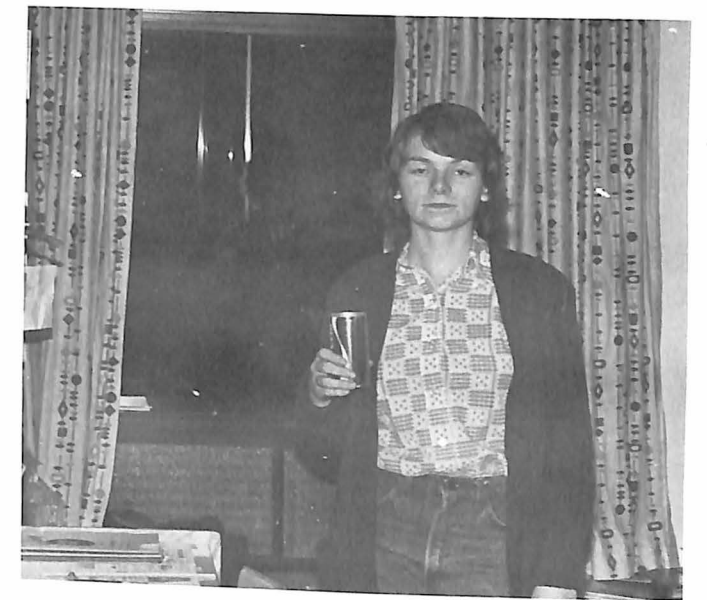
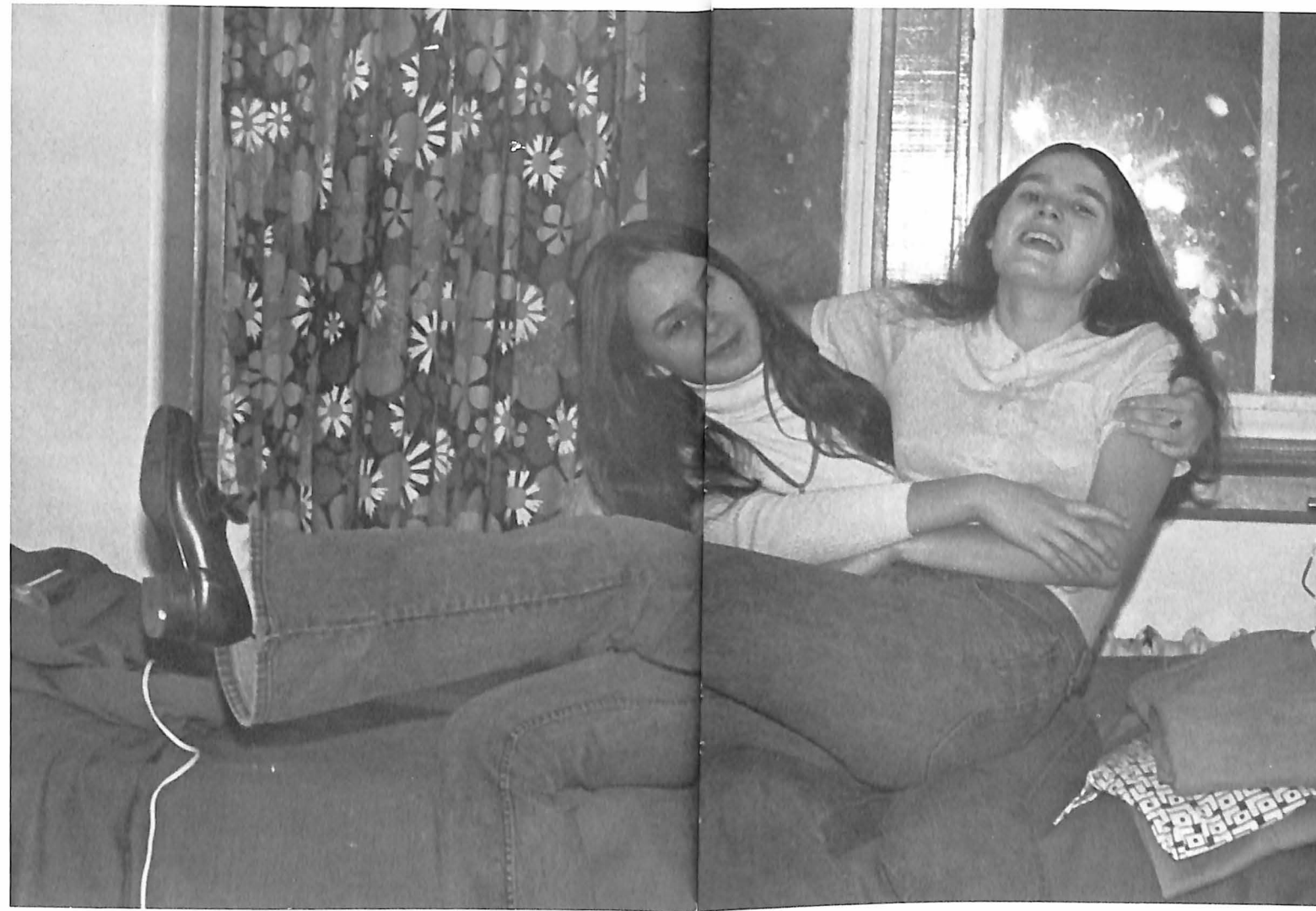
The Student Aid office was open to students this year on a part-time basis. Students applying for a student loan were encouraged to drop in for advice and instruction. Help was offered to those in filling out student loan application forms and a great number of students saw the Awards Officer for aid in submitting student loan appeals. Articles were published in the "Picaro" regarding student loans for the benefit of those who did not know about certain aspects of the student loan program.

## RESIDENCE

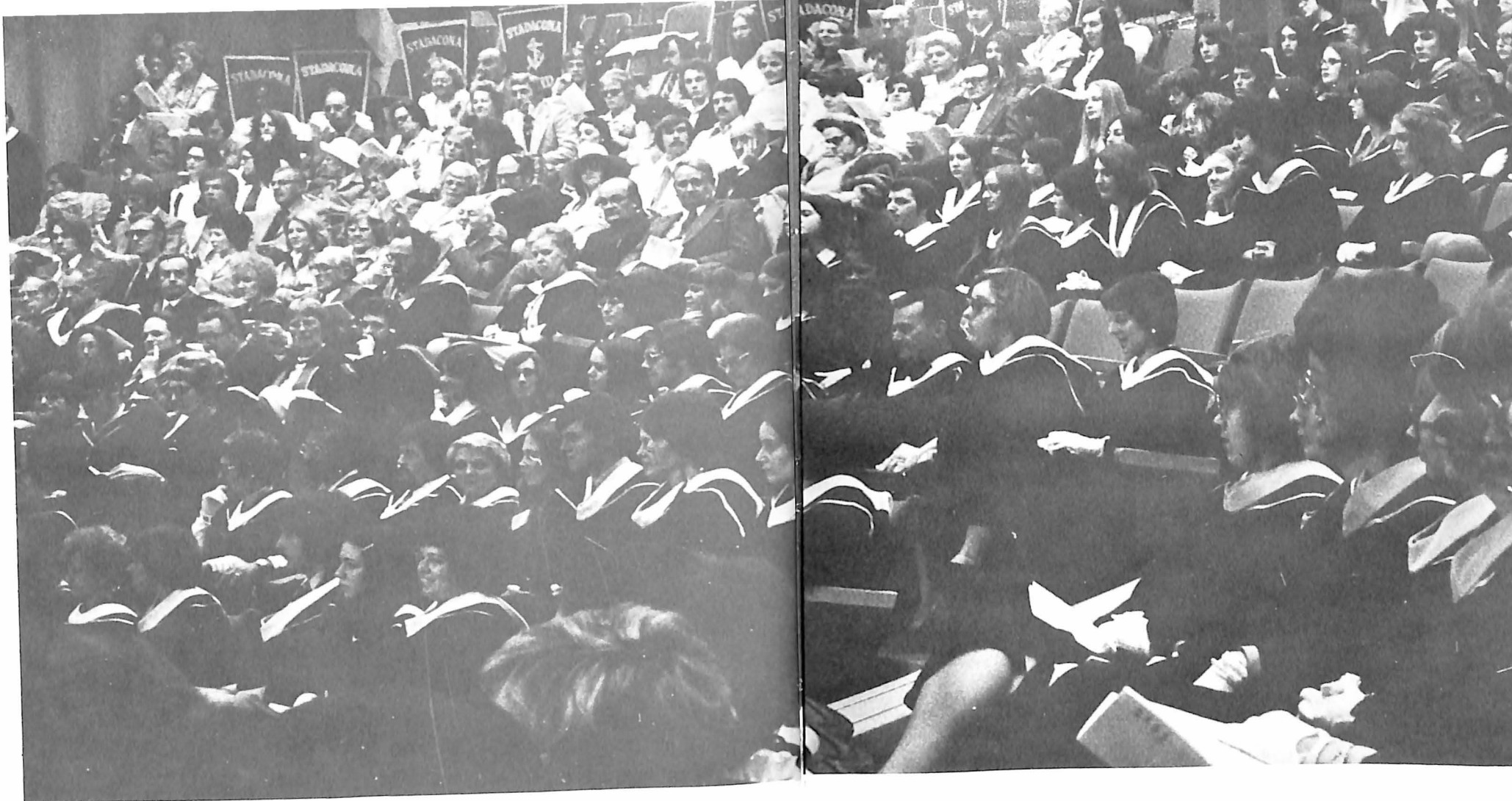
Dean of Students:  
Sister Marie Gillan







# GRADUATES 1975



Donna Osmond  
Bachelor of Education



Libby Jackson  
Business Administration



Margo McDonald  
Bachelor of Education



Marie O. Dame  
Bachelor of Nursing



Beverly Gray  
Bachelor of Education



Kathryn Toole  
Bachelor of Education



Patricia Sutherland  
Bachelor of Education



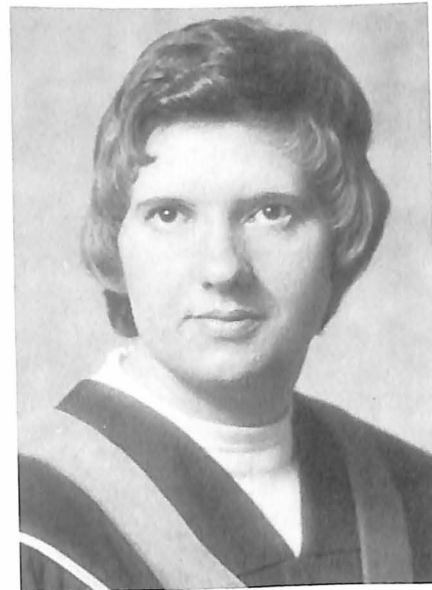
Diana Thomas  
Bachelor of Nursing



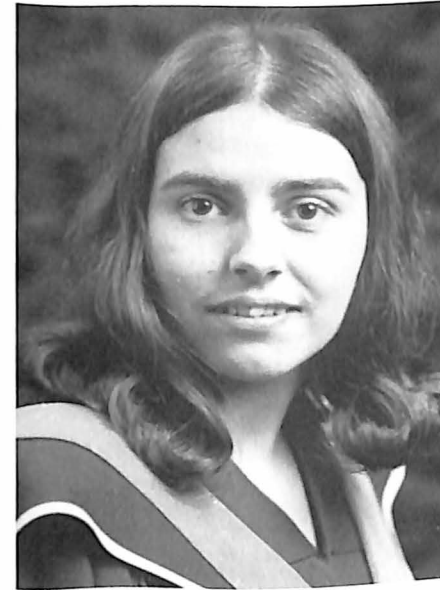
Regina Sullivan  
Bachelor of Nursing



Helen Lawlor  
Bachelor of Nursing



Christine Ivanko  
Home Economics



Terry Bright  
Home Economics



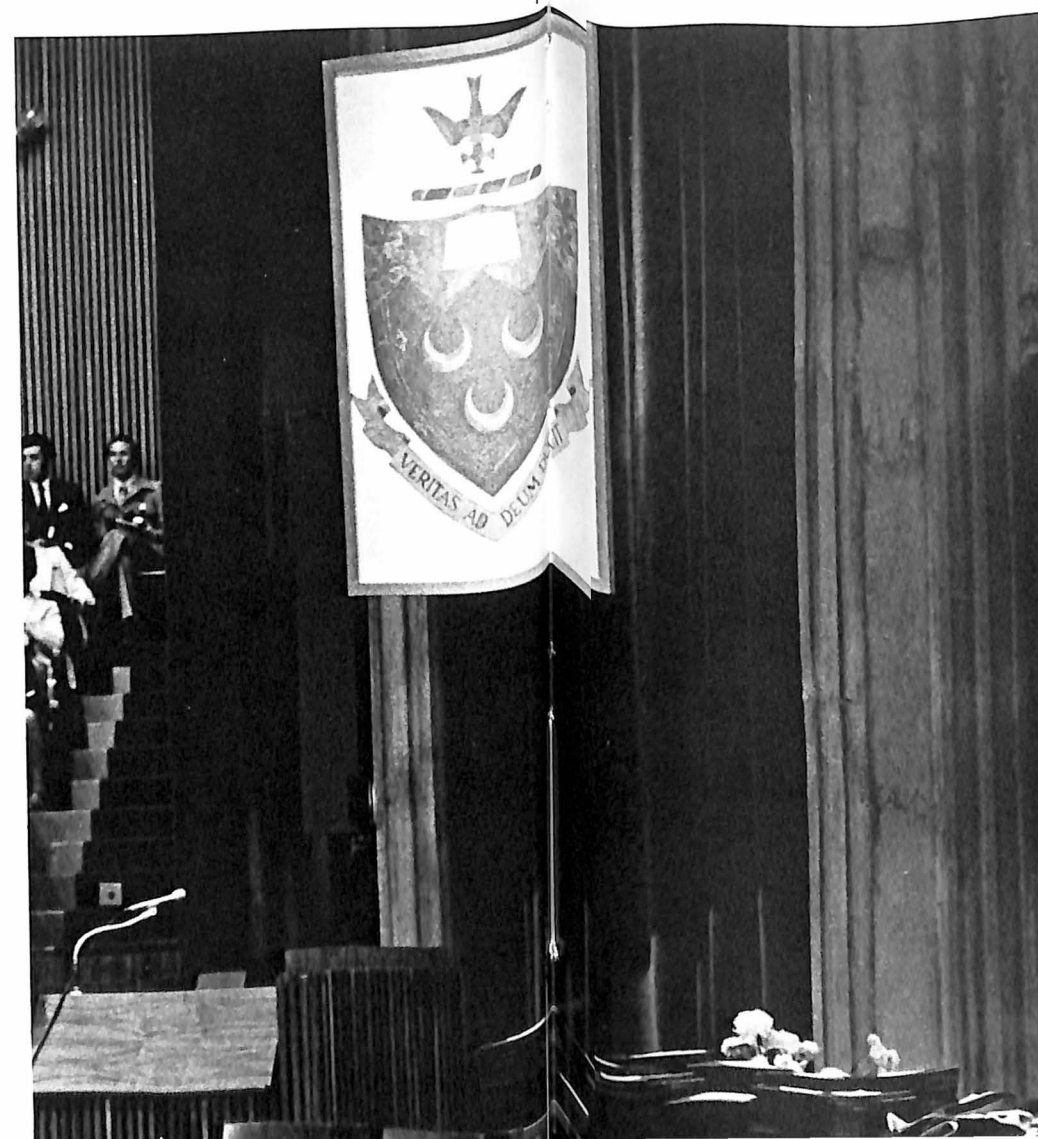
Colleen Clancy  
Home Economics



Virginia Jaskal  
Bachelor of Nursing

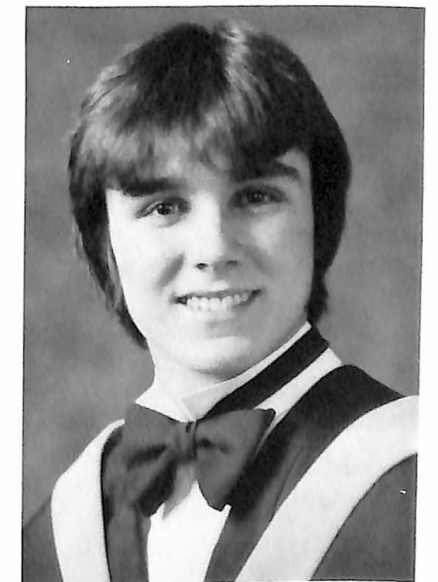


Linda Clinton  
Bachelor of Nursing



Shirley MacPherson  
Business Administration

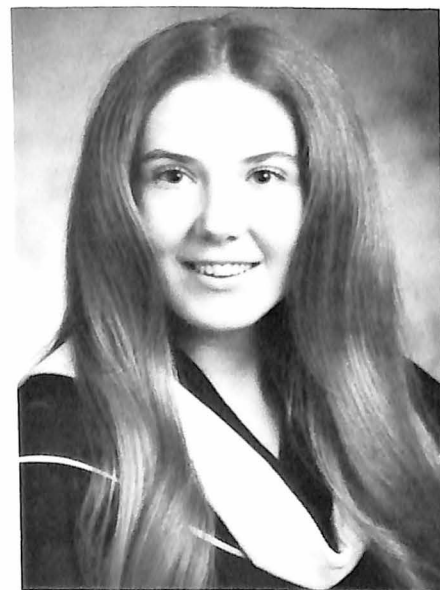
Keith Reynolds  
Business Administration



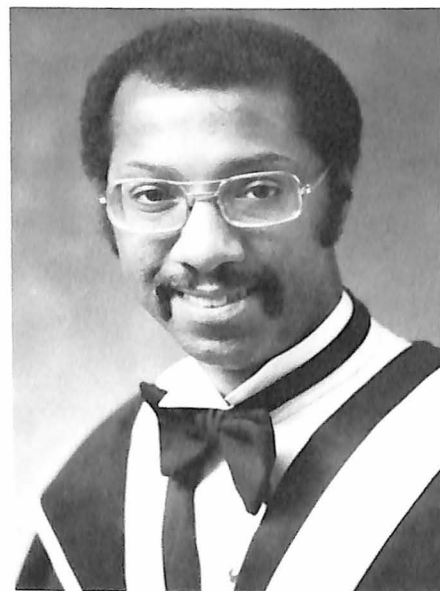
Margaret Richardson  
Bachelor of Arts



Heather Burns  
Medical Secretary



Margaret Hunter  
Bachelor of Arts



George Gray  
Bachelor of Arts



Edith McGray  
Bachelor of Arts



Deborah MacArthur  
Medical Secretary



Ann Emmett  
Medical Secretary



Carol Ivy  
Medical Secretary



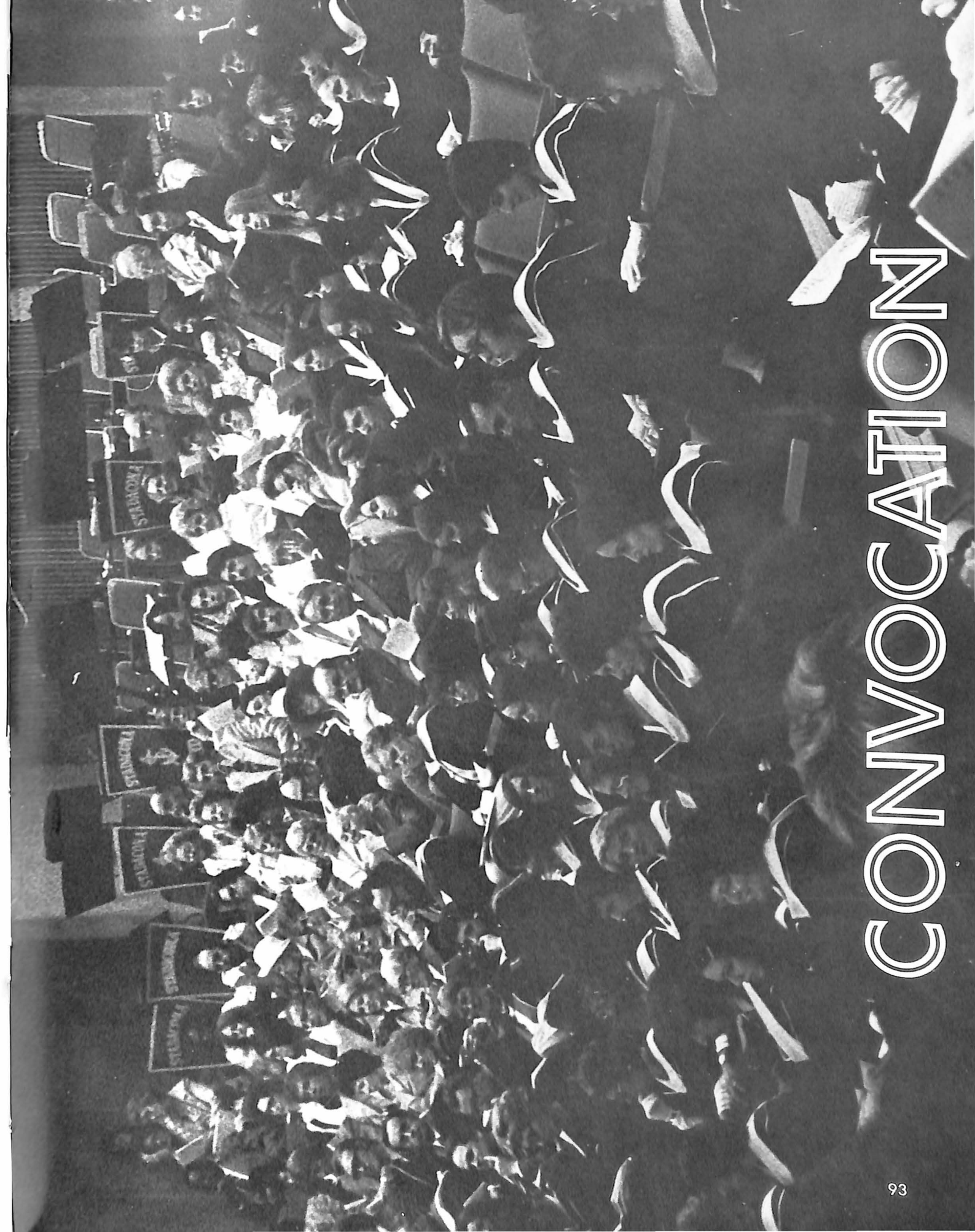
## PHOTOPOOL

From Left to Right:  
Joanne Jellet, Irene  
Chamberlain, Lau-  
rie Goyeche, Jill  
Doucet.

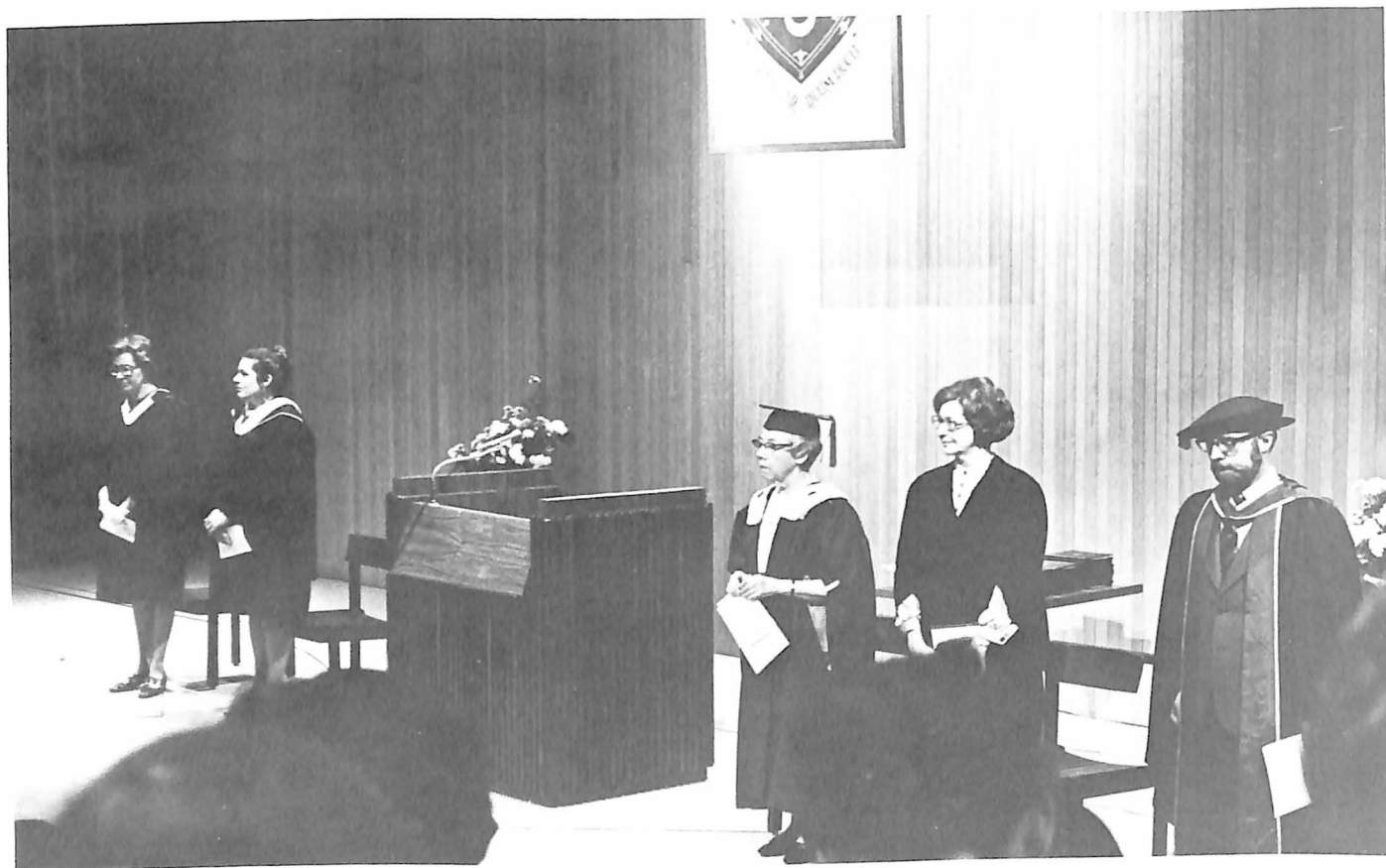


## PICARO

From Left to Right:  
Edna May Marshall,  
Donna Carter, Zel-  
ma Orenbach, Ka-  
ren Gay, Kendra  
Budd, Audrey Ann  
Blair, Sheila.



# CONVOCATION SECRETARIAL DIPLOMAS FRIDAY, MAY 9, 1975

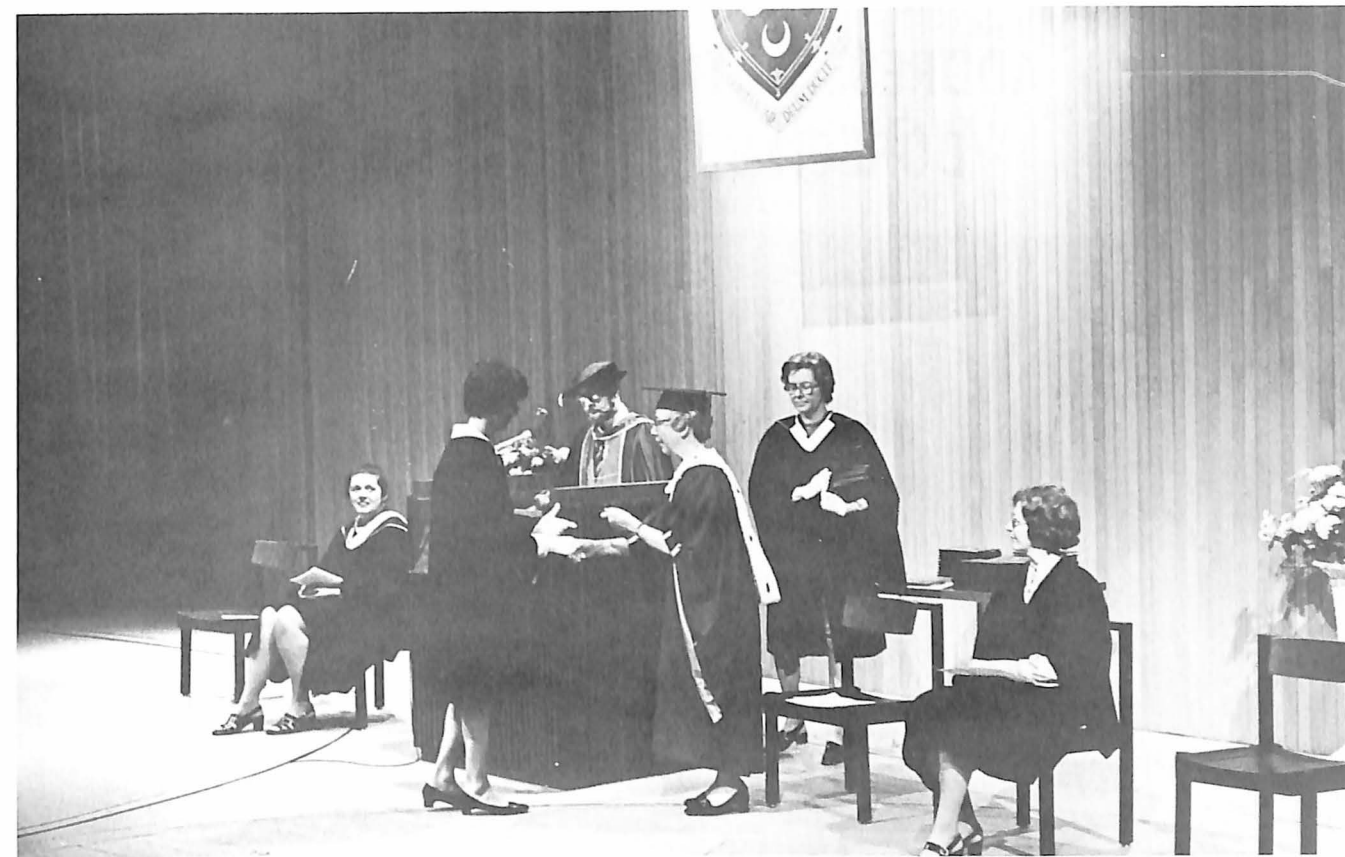


## Award Winners

President's Prize for Excellence

Heather Willis of Shubenacadie

Valedictorian: Dorothy Ann Whiteway, Woodstock, N.B.

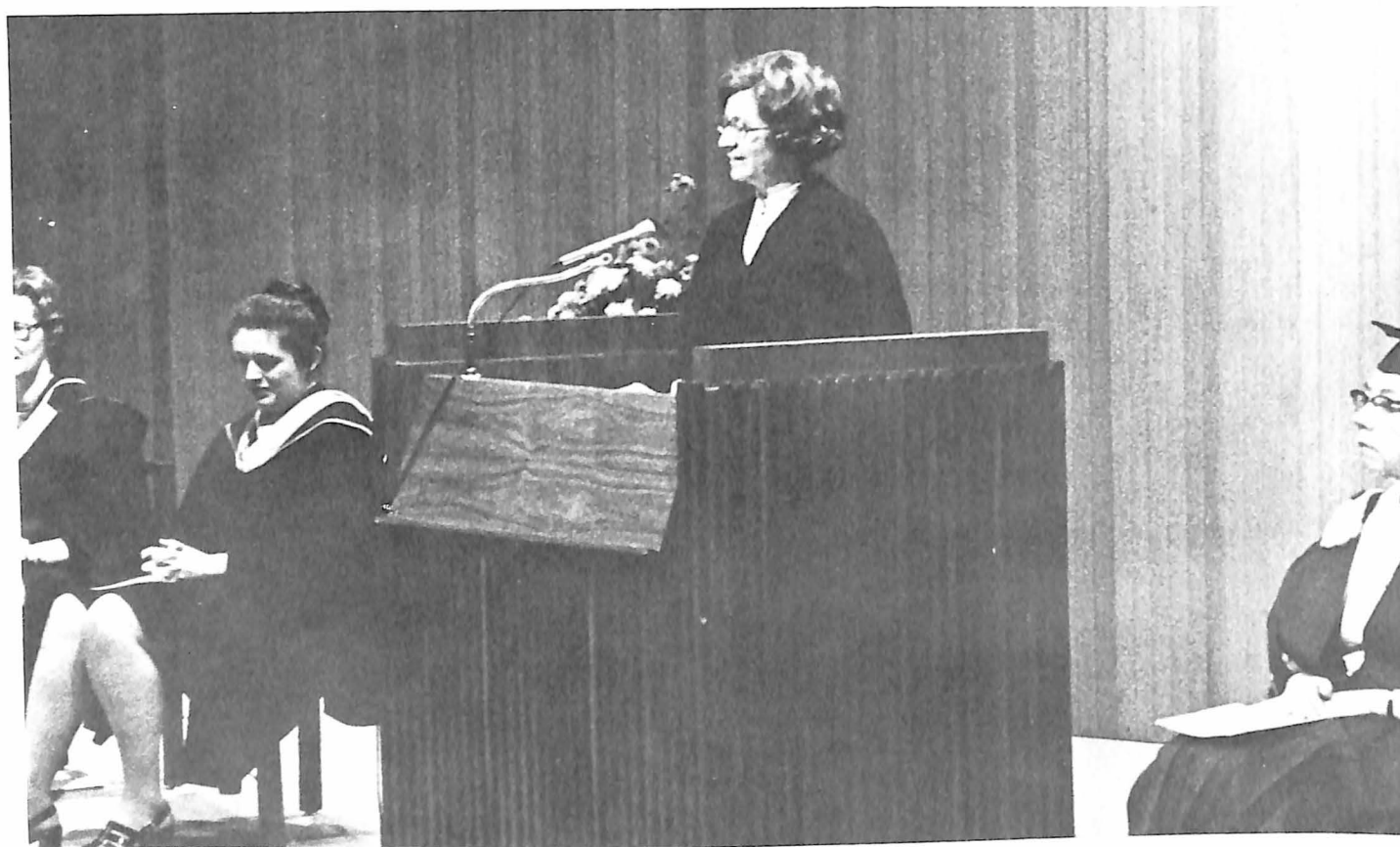


Awarding of Diplomas Sister Mary Albertus, Ph.D., President and Vice Chancellor.





## ADDRESS TO THE GRADUATES DOREEN BENNETT, CPS

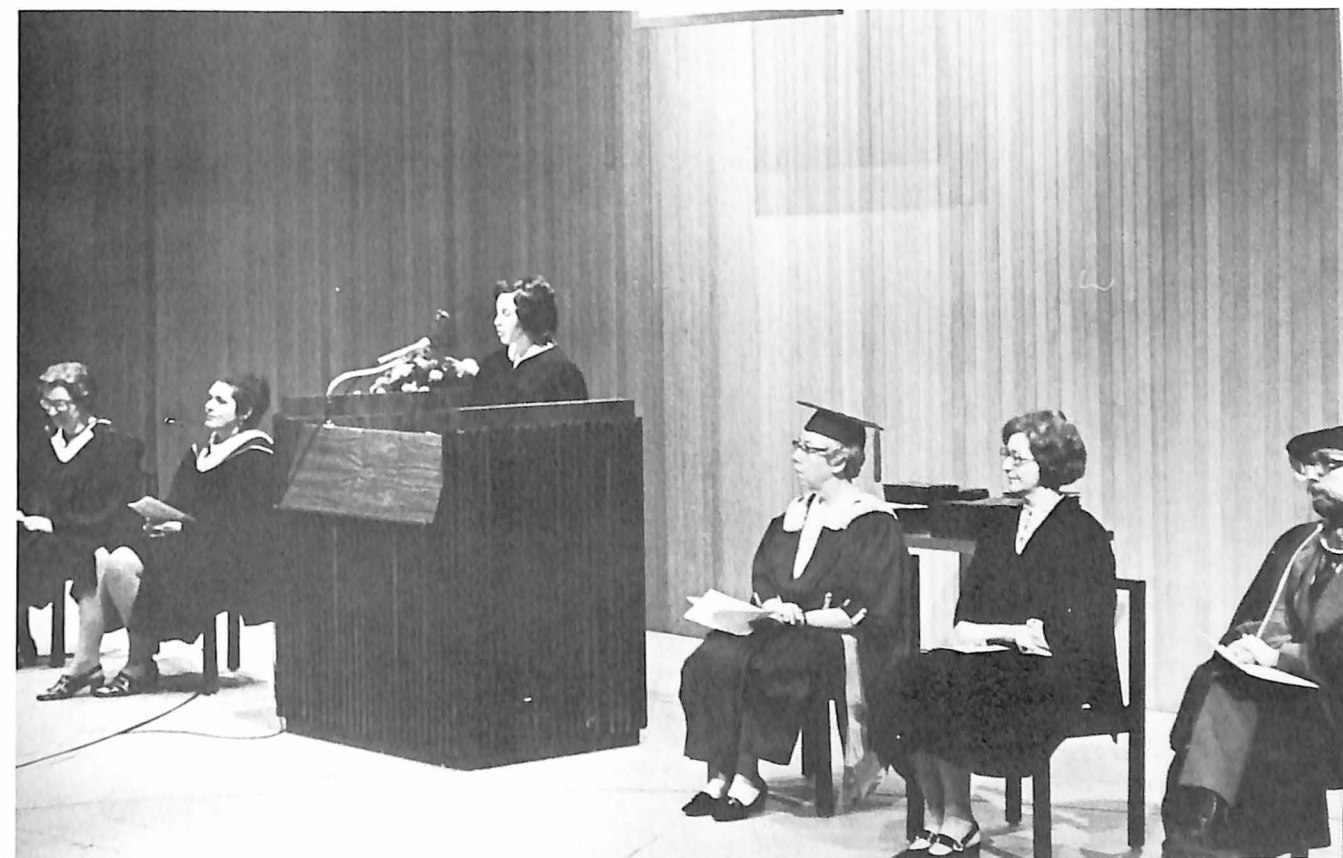


Doreen Bennett, secretary of W.H. Schwartz and Sons Ltd. addressed the students awarded secretarial diplomas. Miss Bennett, in 1970, was appointed a director of two associated companies and was one of the first four persons in the Atlantic Provinces to attain the title, certified professional secretary in 1965.

She expressed the hope that the university and the National Secretaries' Association would continue to work to elevate the status of secretaries through the promotion of CPS examinations. She encouraged those in her profession to seek certified professional secretary status and stated that the title secretary had for too long been synonymous with stenographer.



## VALEDICTORY DOROTHY ANN WHITEWAY



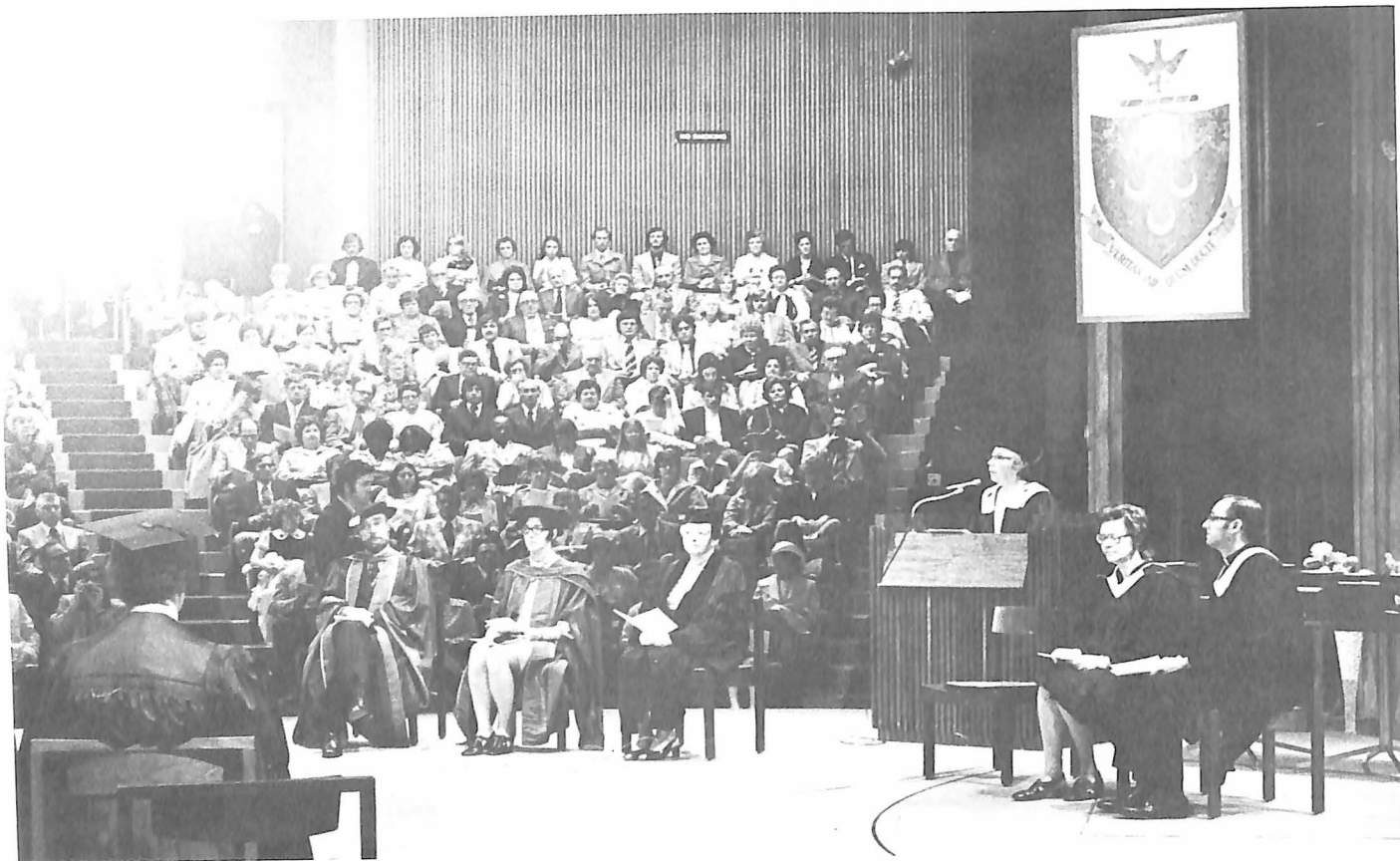
Valedictorian, Dorothy Whiteway of Woodstock, N.B., told the convocation that society could not afford to neglect women's resources. She urged her classmates to plan for their future or risk not having any. Dorothy was awarded a diploma in legal secretarial studies.



# CONVOCATION

## ACADEMIC DEGREES

### SUNDAY, MAY 11, 1975



President's Report: Sister Mary Albertus, Ph.D.

#### Award Winners

Governor-General's Medal

Mary Cleary of Halifax

President's Prize

Shirley Boron of Nova Scotia



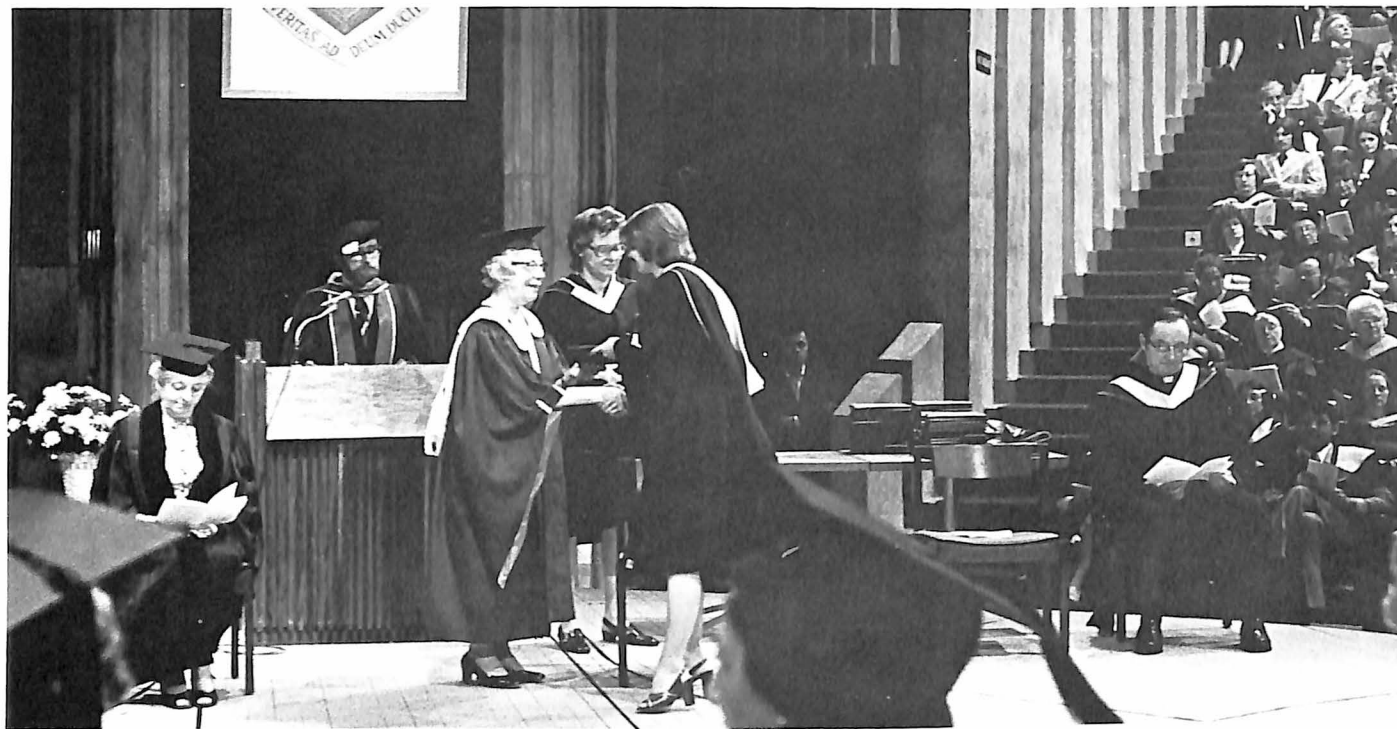
Faculty and Students

Family and Friends





## CONFERRING OF ACADEMIC DEGREES SISTER MARY ALBERTUS PH.D.

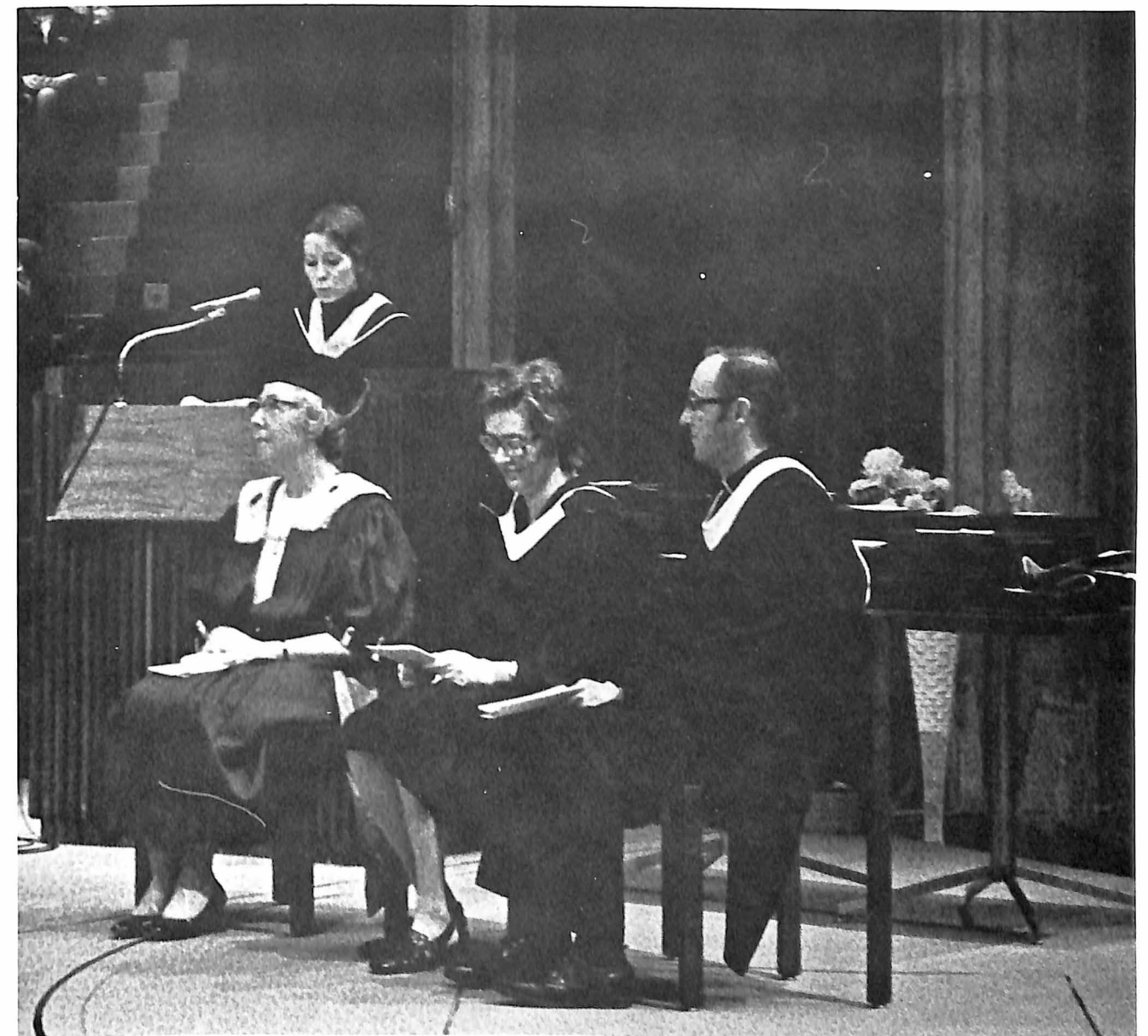


Barbara Way B. Sc.

James Arthur MacDonald M. Ed.



## VALEDICTORY MARGARET MARY MacKENIZE B.SC.



Valedictorian, Margaret MacKenzie, of Halifax Nova Scotia, told the convocation that one of the advantages of an education at the Mount lies in the availability of the professors to the students. The small student population allows for this availability and provides the opportunity for a close relationship between student and instructor. Margaret encouraged the students to make full use of this opportunity and to learn by asking questions. Margaret further added that knowledge without the ability to think was useless to the individual.

## CITATION

Sister Mary Albertus:

I have the honor to present Eva Waddell Mader MacDonald.

Excelling in many endeavours, Dr. MacDonald represents to all our students an ideal attractively realized. Athlete, physician, bacteriologist, community leader, university chancellor, wife and mother, she has successfully progressed into a combination of these roles which permits her to make her own unique contribution to our national life.

She was born in Halifax, Nova Scotia, on October 2, 1902, receiving her early education at Acadia Seminary in Wolfville and at the Halifax County Academy. While a student at Dalhousie University she was a member for four years of the Maritime universities champion basketball team. Later she was badminton champion of Nova Scotia, and she has long been interested in tennis and golf.

After graduation from Dalhousie Medical School in 1927, she interned at the Children's Hospital in Halifax. She left a post at the Nova Scotia Sanatorium, a year later, to take a fellowship as a Connaught research assistant in the Department of Hygiene and Preventive Medicine of the University of Toronto. A member of the staff bacteriologist there from 1939 to 1952, and for eight years of that period was director of hospital laboratories. She was chief of the outpatient department for two years, director of hospital health for fourteen years and physician to the nurses of the hospital for thirty-seven years. Last July she was appointed by the College of Electors of the University Alumni to be Chancellor of the University of Toronto.

During these active years, she married Charles N. MacDonald, who became head of the Ontario branch of the Travellers Insurance Company. They had two sons. Although her husband's career would have taken them to the United States, they decided to raise their sons in Canada. One became an honours graduate of the University of Western Ontario and is now with IBM (Canada) Limited in Ottawa. The other son became an associate professor of physics in charge of nuclear research in the State University of Kansas. Her sons have made her five times a grandmother.

Dr. MacDonald has been associated with many organizations reflecting her interests and concerns: the Children's Aid Society, the Red Cross Blood Donor Clinic, the Federation of Medical Women of Canada, the Medical Women's International Association of Canadian Welfare Council, the Canadian Association for Planned Parenthood, the Y. W. C. A., the University Women's Club, and alumni associations of her universities. She is an active member of her church and believes that women have an important role to play in church affairs.

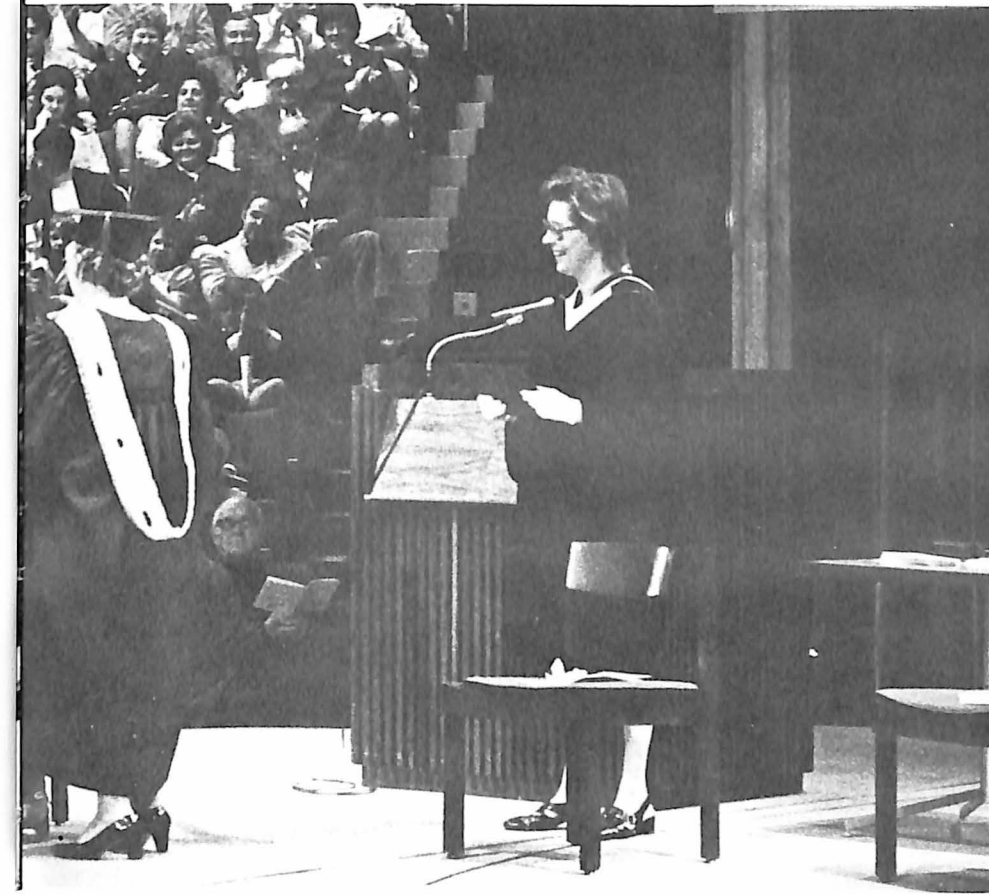
Remarkably energetic, radiating good humor, Dr. MacDonald continues to broaden the scope of her interests and to extend the sphere of her influence.

In recognition of this eminent Canadian woman, I ask you, in the name of the Senate, Sister Mary Albertus, to confer on Eva MacDonald, the degree of Doctor of Humane Letters, honoris causa.

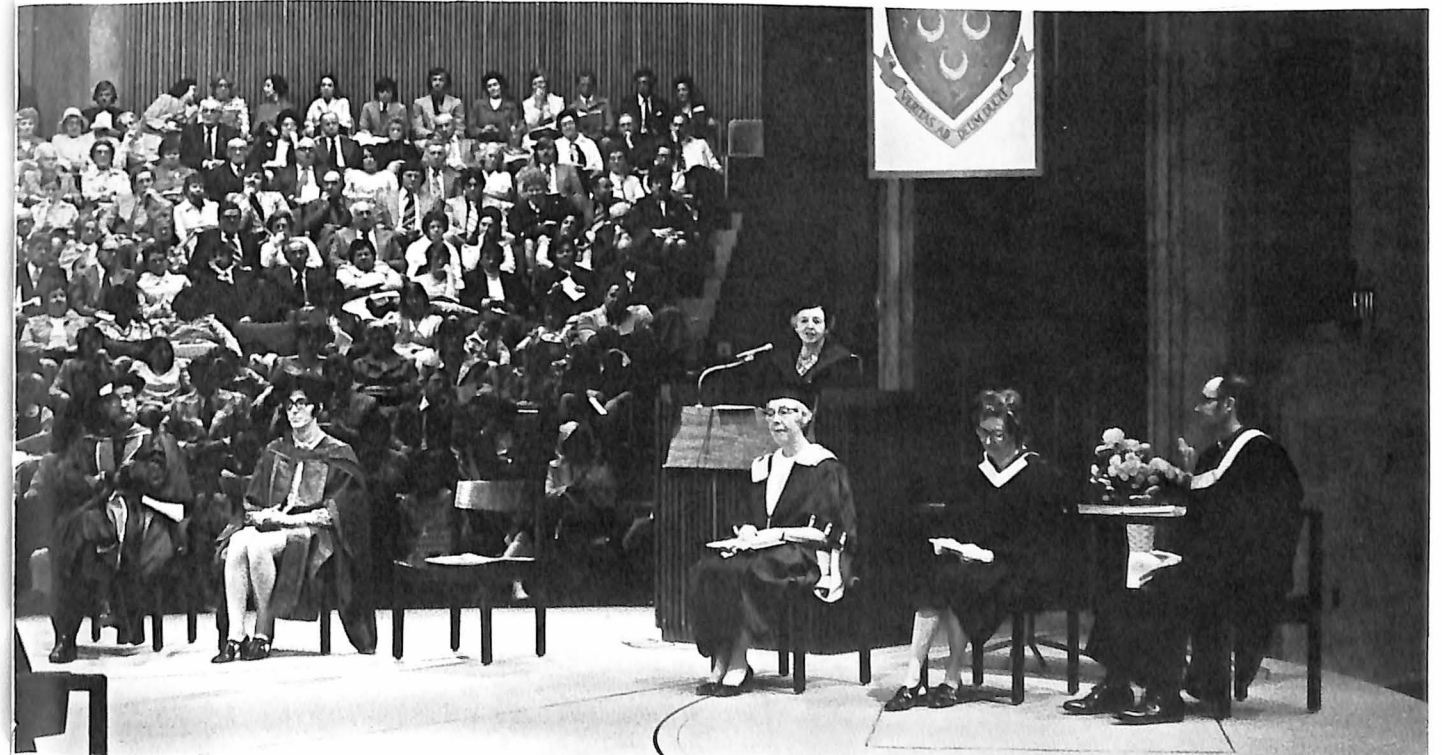
## CONFERRING OF HONORARY DEGREE

During convocation the honorary degree of Doctor of Humane Letters was awarded to Dr. Eva MacDonald, Chancellor of the University of Toronto.

Dr. MacDonald after receiving her honorary degree, addressed the graduating class.



## ADDRESS TO THE GRADUATES







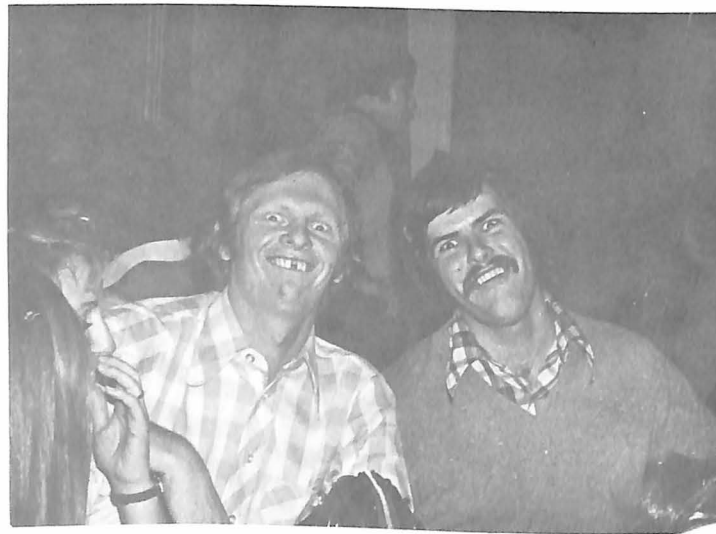
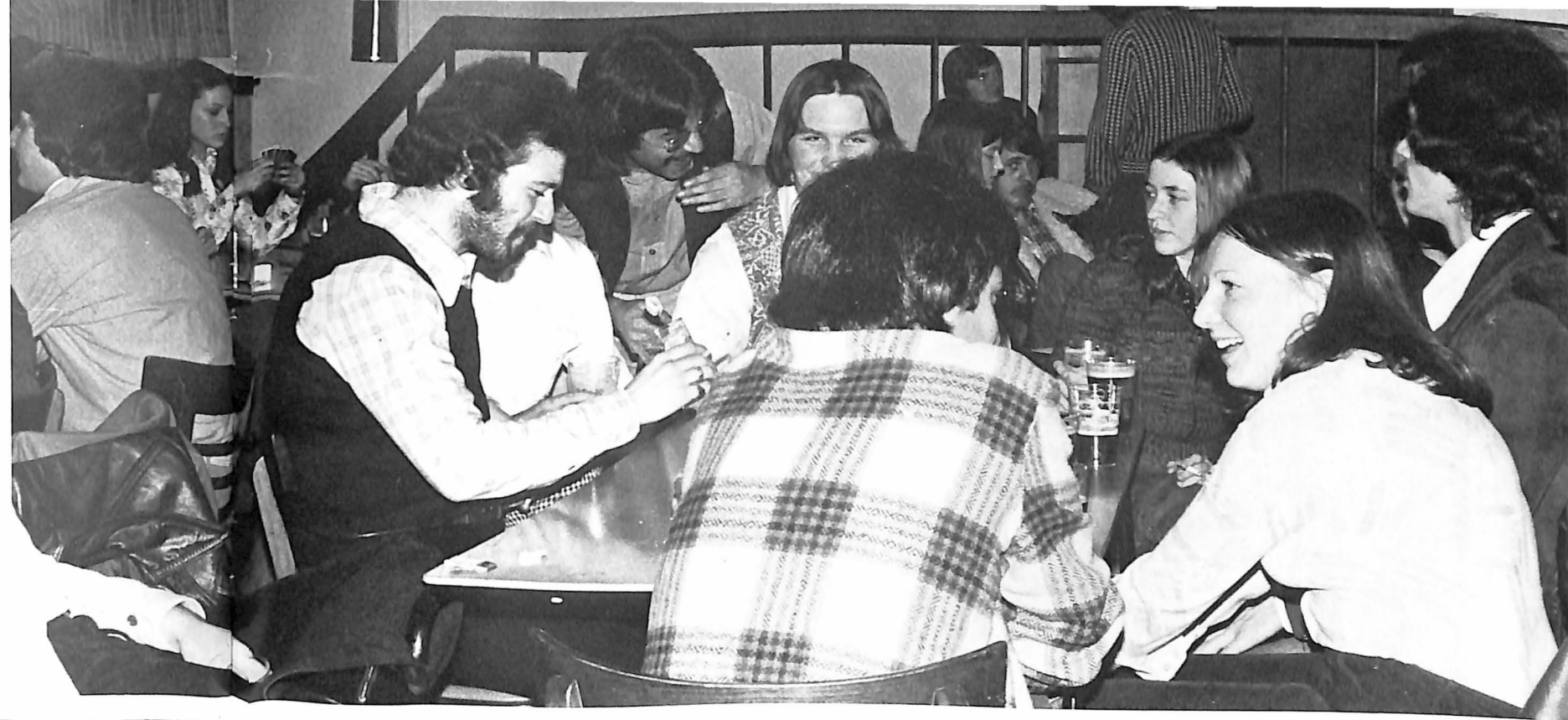
CONGRATULATIONS TO THE GRADUATES



MOUNT SAINT  
VINCENT  
IN  
WINTER

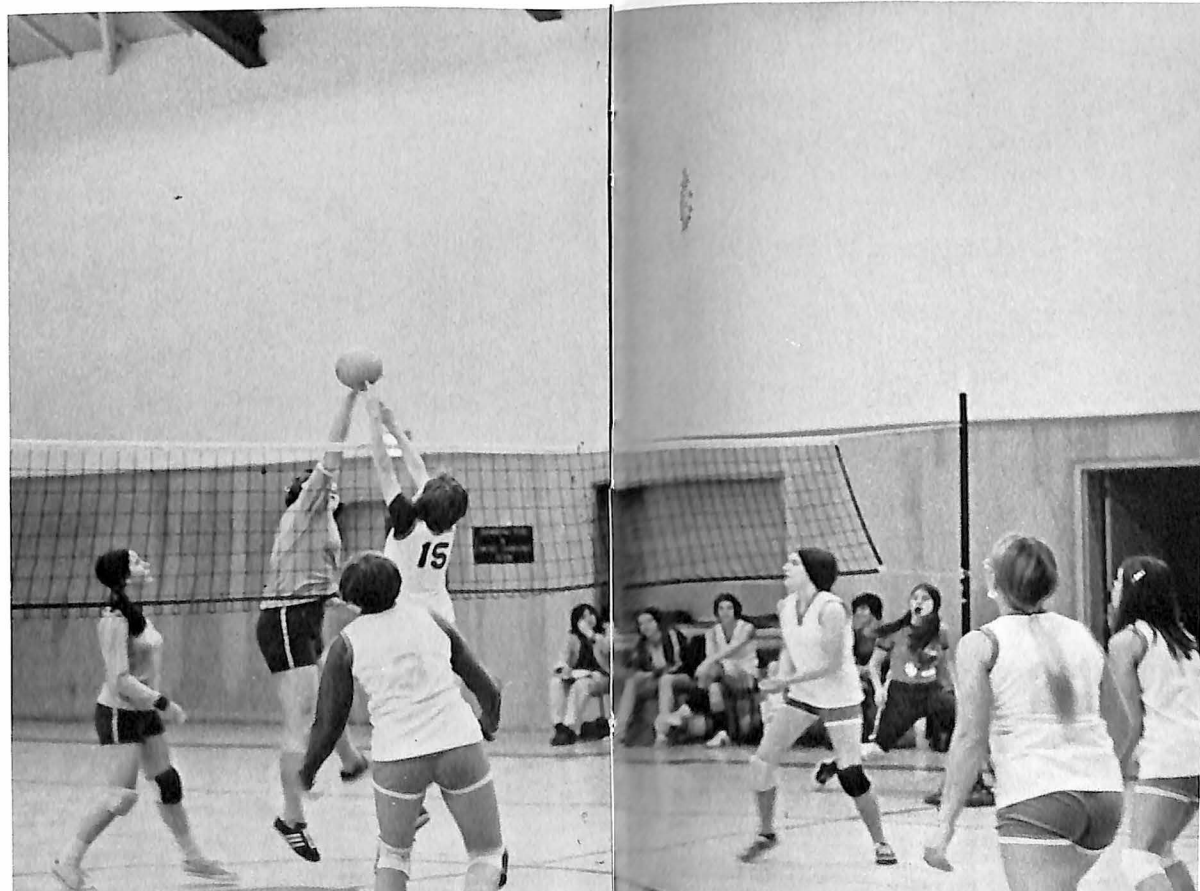






BEER  
AND  
CHIPS







## EDITOR'S MESSAGE

To the graduates of 1975, congratulations and best wishes for the future. We hope that in the years to come this book will bring back fond memories of good times and old friendships.

The publication of a yearbook is not an easy task and the help we recieved was deeply appreciated. For their hard work and cooperation we would like to extend our sincere thanks.

To Tim Stevens, the publisher's representative, who was faced with the awesome task of instructing two people who had never edited a yearbook before.

To Mrs. Valerie Cowen of the University Archives for her patience and cooperation in locating the pictures of the early Mount.

To Ann Phelan and Beth MacDougall for their help with advertising.

To Pat Vanderlinden for her help on sales.

To Photopool who provided us with most of the pictures in this book.

To Marcia Linvingston who was always helpful and the artist who produced the picture of the Phoenix seen at the front of the book.

To Colleen LeBlanc and Anne Derrick for their help and hard work.

Finally, we would like to thank the Advertisers and the yearbook buyers, whose financial support made this yearbook possible.

Stephanie Napke and  
Sherry Morash

The University Motto and Coat of Arms on the title page and the brief history of the Mount found on pages nine to eleven were taken from INSIGHT.

End sheet photo by Irene Chamberlain

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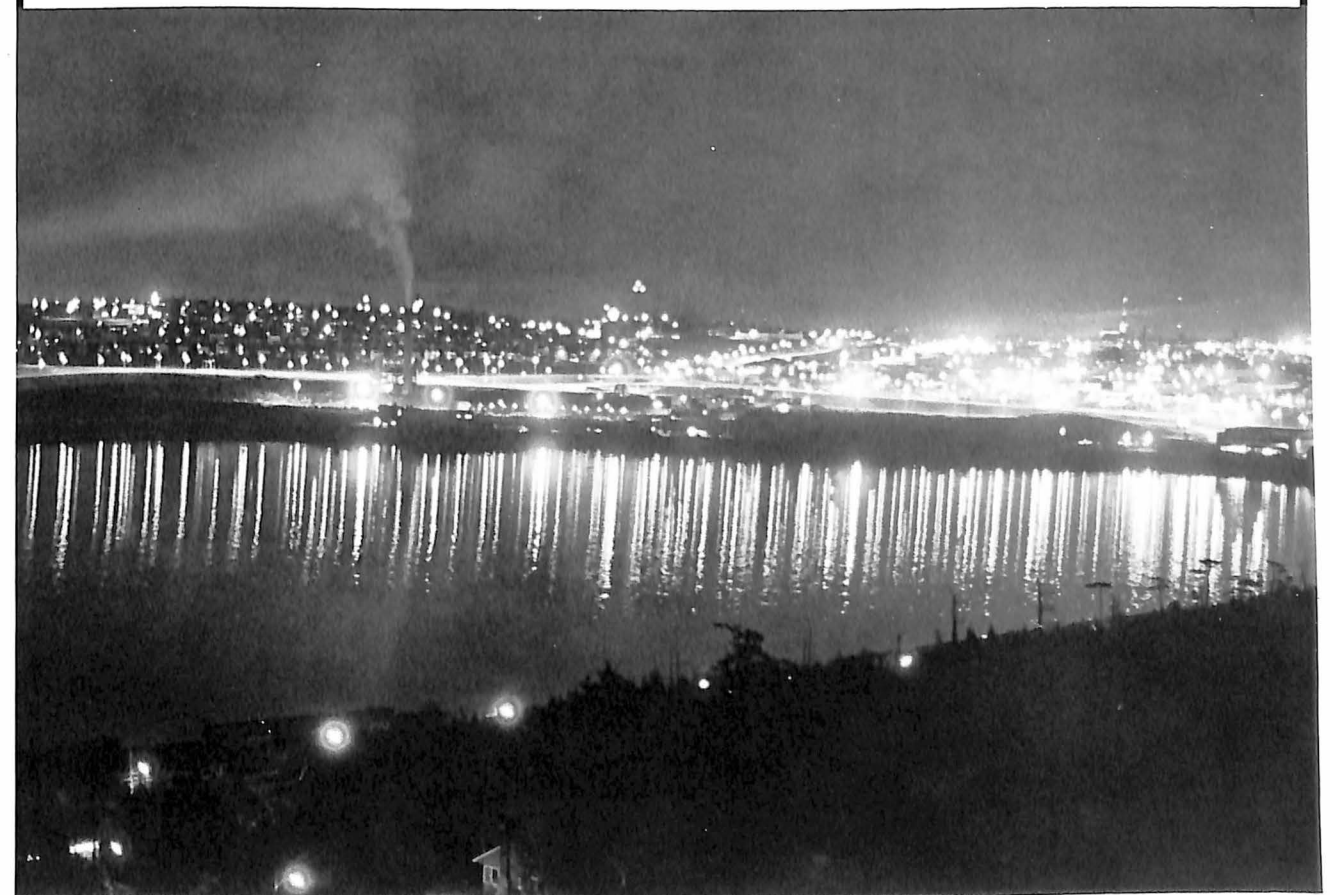
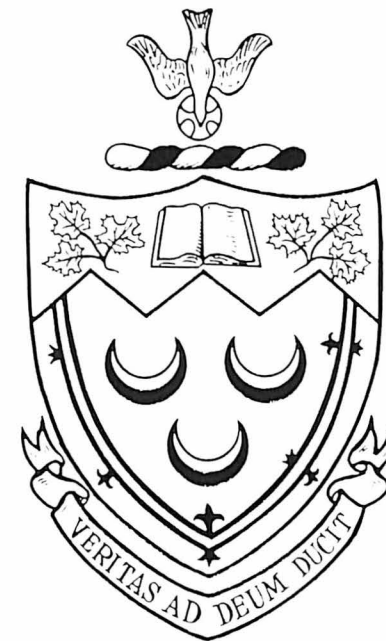
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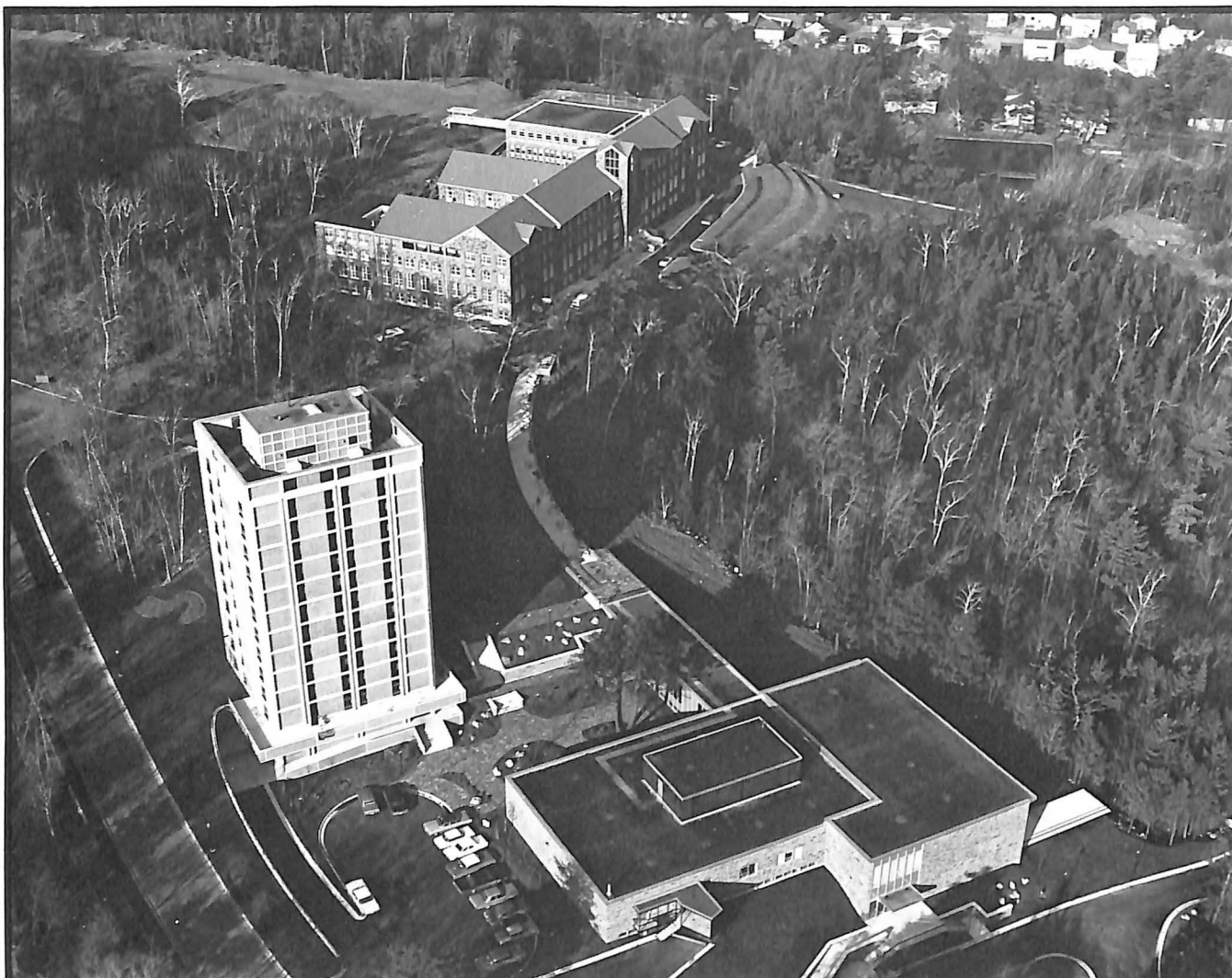
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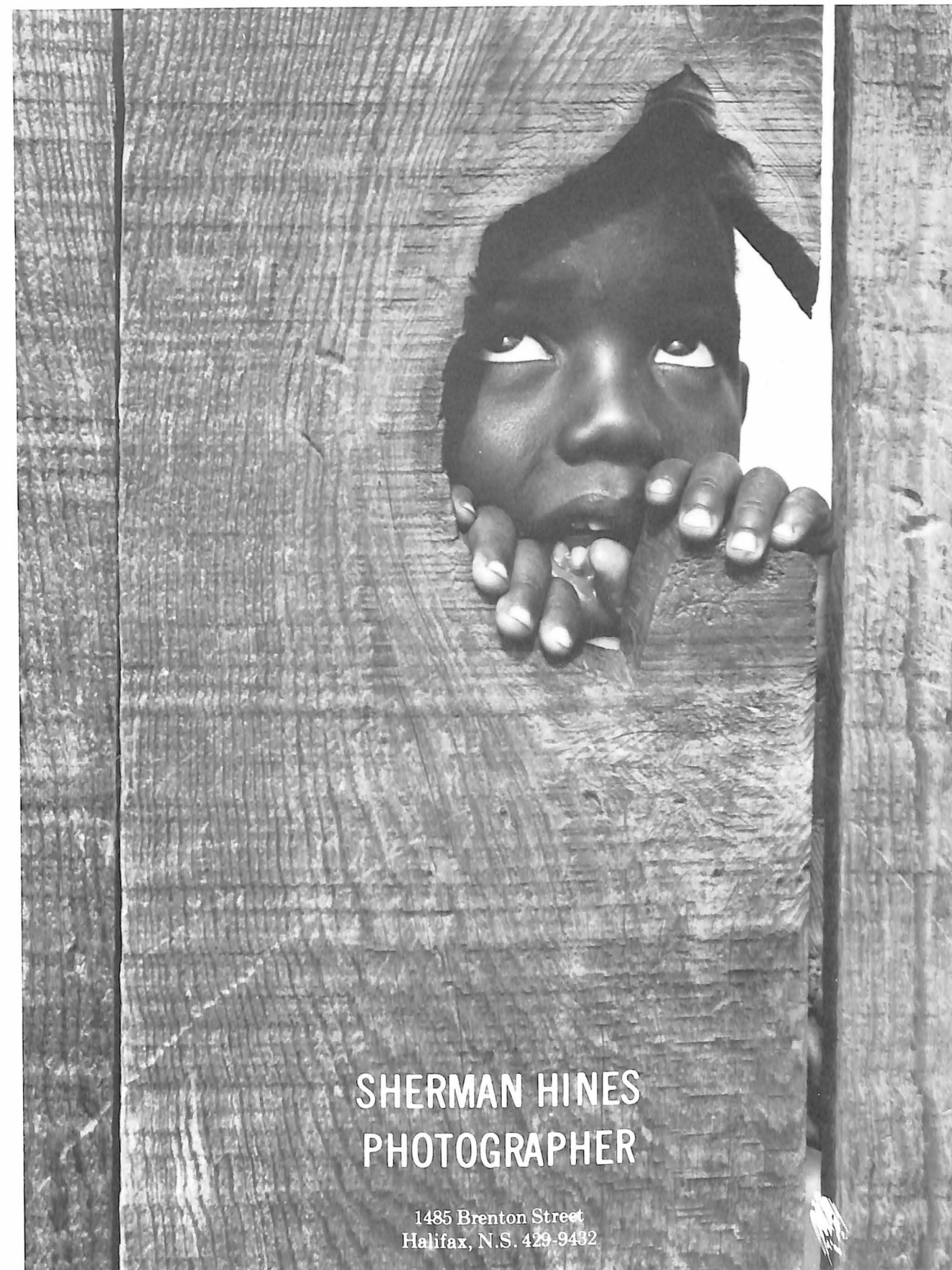
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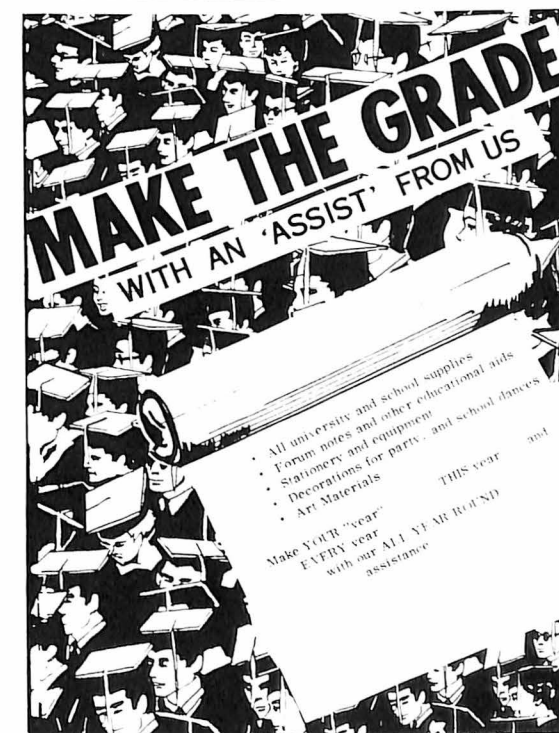
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