

# The Sentinel

October 2010



THE ARRIVAL OF FALL



# Letter From the Editor

P. 2

## The Halloween Issue

It's that time of year again, with the cooler weather and bright flight of leaves, it's almost Halloween! A time of imagination and ambiance for sure, but what does Halloween really mean anymore? The treats and costumes are as vibrant as ever, but I can't shake the feeling that things have turned somewhat sinister over the past few years.

As a kid, I always thought of Halloween as the most exciting time of year, not because of the candy but because of the opportunity to become something magical, powerful or invincible. There are no boundaries. For one day, the power of transformation is in your hands, this is the magic of Halloween, seeing children and adults alike, dressed up as their heroes, favorite story characters or as fantastical creatures.

My, how the times have changed. Although Halloween has always had morbid undertones, this trait is now the leading concept of the event. Gone are costumes of historical figures or magical beings, the name of the game is gore and the most shocking costume is the winner. Even the candy themes are changing (Good bye, candy corn. Hello, vampire juice).

Seriously, who wants their kids out trick-or-treating when people are walking around in R rated gear? Is it too radical to suggest that we set better examples for the youngsters out there? Or at least stop to question our motives for glorifying death and violence so graphically. It's distressful and sad, imagine if the real thing were to happen!

So this year, let your imagination run wild. Fly, Howl, Glow, Laugh, Sing. There are so many ways to celebrate Halloween! Imagine a world to live in, instead of one to fear. Have a safe one!

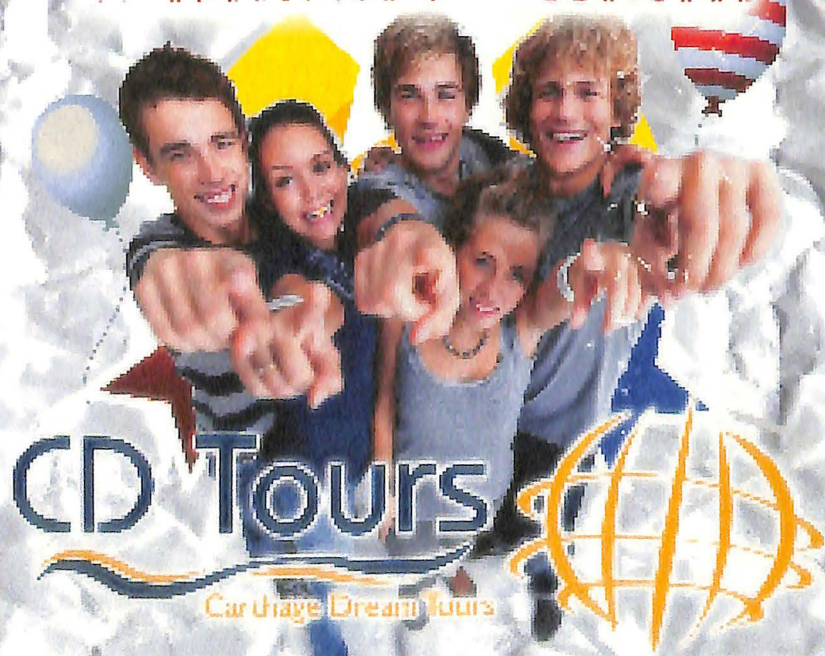
Negar Sakhai  
Publication Editor



### WHAT ARE YOU DOING FOR NEW YEARS EVE?

WWW.MOUNTSTUDENTSUNION.CA/DESTINATIONS

1-800-448-4488



### New York

Dec. 28, 2010 - Jan 8, 2011

Head: 4488  
Triple: 4888  
Double: 4488

Details at: [mtmmt.ca/NYR2011](http://mtmmt.ca/NYR2011)

Booking Code: NYR2011

### Montreal

Dec. 28, 2010 - Jan 2, 2011

Head: 4488  
Triple: 4888  
Double: 4488  
All Applicable Taxes

Details at: [mtmmt.ca/MTL2011](http://mtmmt.ca/MTL2011)

Booking Code: MTL2011

## TOWN HALL

The Town hall is an open forum for the discussion of issues, needs and general student interests on campus between the students' Union and the Mount community.

Mount, Students, Faculty and Staff are all welcome.

Discussion topics include:

- The U-pass
- Tim O'Neill report on post-secondary education

When: Wednesday October 13<sup>th</sup> @ 4:30PM

Where: Vinnie's Pub

Free: PIZZA!

For more information contact [president@mountstudents.ca](mailto:president@mountstudents.ca) or find us on facebook, event title: MSVU Students' Union Town Hall

**MSVU**  
MOUNT SAINT VINCENT UNIVERSITY  
STUDENTS' UNION



# Feature

P. 3

## A History of Violence

Considering that women make up over half of the population, it is unbelievable how violence against this group has been minimized, rationalized or down-right ignored. Yet even in the 21st Century, in what we consider to be an extremely civilized and advanced society, we see that violence against women is as strong as ever.

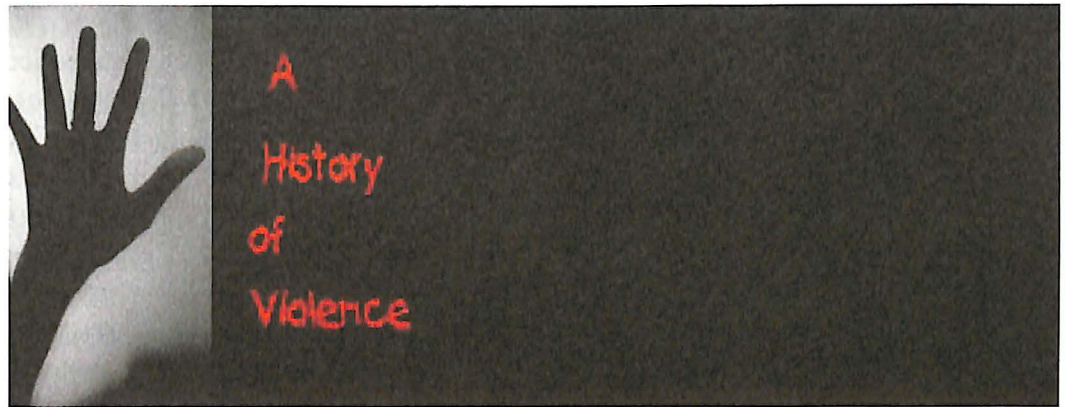
Perhaps the most well recognized and misrepresented state-driven violence against women in was the witch hunts of the 17th Century. Using witchcraft as a cover, the State tortured and murdered an unbelievable number of women. Children watched as their mothers and grandmothers were burned alive, charged with unfounded crimes of immorality and devil worship. This event scarred generations of women to come and it can be argued that it also legitimated violence against women as an accepted part of society. After all, what does it say when social institutions take direct action to brutalize women? After the Witch Hunts, for many, Halloween which was originally the Pagan Festival of Samhain became a time to remember the innocent women who were unjustly killed.

Jump to the 21st Century and Halloween is a day of horror-based entertainment, but let us be honest: it is not about candy and children in costumes, it is a day of make-belief where adults glorify violence. With themes from horror films, we re-create disturbing images of psychotic monsters and tortured victims. We approach Halloween with a dangerous apathy of suffering.

With the passing of time, the meaning of Halloween has obviously changed, but has the role of the State changed in regarding to women? Well let's see, in 2007, on April fool's Day no less, the Federal government closed down 12 of the 16 Status of Women Offices across the nation. Oddly enough, this drastic cut was made when Canada's economy was still booming. More recently in 2010, the Federal government tried to get rid of the Long-Gun Registry Program which was introduced as a measure to prevent violence against women, after the Montreal Polytechnique Massacre in 1989, where 14 young women were murdered by a gunman, targeting female students.

What does this mean? According to sociologist, Mary Caprioli, "Countries characterized by gender inequality are more likely to be involved in interstate disputes and more likely to rely on violence to settle those disputes." She explains that, "Gender inequality will also have an impact on intrastate conflict."

In other words, societies that exaggerate differences between genders are more violent not only at the domestic level, but at the state level as well.



This theory is supported by researchers Darren Hawkins and Melissa Humes who found that, except for Canada, Brazil and Paraguay, all other countries in North and South America have legislation that criminalizes domestic violence. Recently, France took this a step further by introducing legislation that criminalizes mental abuse as well.

So what about domestic violence? There is a misconception that domestic violence only occurs among lower socio-economic background individuals, but this is not the case. Studies show that middle class women are just as likely to face domestic violence, but are less likely to report it. One local example is the recent case where Dr. Steven Hall, a Dalhousie Medical School graduate, was charged this past summer, with the murder of his wife and sentenced to five years in prison, as reported in the Chronicle Herald.

The media also plays a big role in our society's perception of violence. After all, media are tools with the capacity to create and define sequence of events that shape our social reality. In an ideal world, mainstream media would offer different lived perspectives to enhance comprehension of the power dynamics that sustain society, unfortunately this is not how it is used. There is a disturbing trend of presenting violence as entertainment; although this trend is not new, it has grown over the last 10 years.

It must say something about the condition of a society when watching people suffer is a mainstream form of entertainment; the more we watch, the less we care. Prolonged exposure to anything creates a numbing effect, but what does this have to do with violence against women? Generally in entertainment media, women are the victims of violence. This has often been the case with film and music but television programs have historically had a stronger censorship of "offensive" material since it is accessible to youngsters. Perhaps the category of offensive material has been redefined because violence is now a mainstream of daytime television; the prevalence of violence against women has skyrocketed recent years. One need only watch with a critical eye to notice that violence and cruelty are even present in comedy and romantic comedy genres. Modern entertainment generally includes some level of violence or degradation of women; the scary thing is that our younger generations are soaking it up.

So what happens in a society ingrained with violence? One example of the apathetic attitudes towards violence by youth groups is the swarmings that has plagued Halifax since September 2010. The youth groups are made up of boys and girls, carrying out violence indiscriminately. There is little discussion about the cause of such behaviors; we seem to be brushing it off by blaming the individuals involved. But these young people did not just sprout out of the ground like onions; they are products of the environment that shapes them, a world of violence that just breeds more violence – it's in the home, in the schools, and yes, in the media. Now it's in the streets. We can't just blame children for reflecting the values and practices of their world; we need to look at the acceptability of violence in our society, both at the domestic and state levels, to understand how we are shaping the future for the next generation.

Negar Sakhai



# Community News

P. 4

## Rethinking the police presence at Take Back the Night



Rape and sexual assault continue to be some of the most underreported crimes in Canada. ••• Illustration by Emily Davidson

Each year on a fall evening in Halifax, a group of women protesters and their allies gather to march and rally as part of Take Back the Night. The aim of Take Back the Night is to provide a safe public space for women to demonstrate in the streets, speaking out against all forms of gender-based and sexual violence. Take Back the Night is about reclaiming the right for women to be out after dark without the fear of sexual assault or rape.

It's about our right to safe communities. Over the past three years I've attended Take Back the Night here in Halifax, but for the first time I've joined Dalhousie Women's Centre (DWC) volunteers and other community members to help organize it. Being part of the organizing of this event has brought into focus for me some of the roadblocks standing in the way of creating a safe public space for women to rise up against sexual violence.

Take Back the Night can dredge up some pretty contentious debates, but I'm particularly interested in discussing the presence of police. In Halifax, the police usually lead the Take Back the Night march with squad cars and mounted officers.

The police don't have a very good track record when it comes to preventing sexual violence or helping survivors of sexual assault and rape. In fact, the entire criminal justice system seems to be biased toward blaming victims of sexual violence. Rape and sexual assault continue to be some of the most underreported crimes in Canada, with an estimated 88 per cent of incidents going unreported. Barriers preventing women from reporting incidents of sexual violence to the police include: fear of the dehumanizing process of the judicial system; fear of escalated violence from the perpetrator; fear of not being believed; and fear that the police will also perpetrate sexual violence. Women who are at high risk for sexual violence, such as sex workers, often can't access the prevention and protection services that police are supposed to provide to everyone. The laws under the Canadian Criminal Code criminalize sex work which not only adds to stigmatization, but also forces sex workers into dangerous working conditions. Many sex workers can't report sexual violence perpetrated against them for fear of arrest. The Halifax Regional Police continue to use rhetoric that place blame on women in cases of sexual violence, instead of blaming the perpetrators.

The police, along with other parts of society, tell women not to get raped, instead of telling perpetrators not to rape. Elise Graham, VP external at the NSCAD student union, witnessed first-hand what message the Halifax Regional Police are delivering to students during the NSCAD Orientation Week police presentation. The officer warned female students to cover their drinks, not to drink too much, not to wear revealing clothes, not to hang out in or around bars, and not to walk through the north end at night. He "created an overwhelming sense of fear among the new students," says Graham. "It would have been refreshing to hear 'rape is wrong' instead of putting all the onus on what potential victims shouldn't do." According to the Global News article published on September 20, the Halifax Regional Police released another warning about the "sleep watcher" stating that the break and enter incidents had "escalated from previous cases, whereby the victim was touched for a sexual manner."

Female students were warned to "take caution at night by locking their windows and doors, and walking in groups." The police have been releasing similar fear-mongering statements about this case through mainstream media and Dalhousie University communications since 2008.

While these warnings are made in the name of 'public safety', they continue to place the blame on the women who didn't lock their doors or who walked home after dark alone, instead of blaming the man who has been perpetrating the sexual violence. We still haven't seen any constructive action from the police to better deal with the problem, or provide services to survivors or potential victims.

What makes Take Back the Night an important event is that it provides an opportunity for women to take collective action to reclaim the night. There needs to be an event that stands against the constant barrage of messages that it's a women's own fault if she get raped or abused. Part of what makes Take Back the Night an effective safe public space for women is that it is lead by women. Each year, the DWC does a great job training women volunteers to be marshals for the march.

The marshals act to ensure the collective safety of the group by helping to control traffic, explaining the protest to bystanders, and helping to maintain the women's only space that leads the march. Seeing women in these leadership roles provides comfort and security for many protesters.

The inclusion of police at Take Back the Night marches is not unique to Halifax. The American-based Take Back the Night Foundation, which provides organizational resources to groups planning Take Back the Night events, recommends liaising with police forces as part of risk management procedures. The Newfoundland & Labrador Sexual Assault Crisis & Prevention Centre (NLSACPC) recommends that Take Back the Night organisers "put in a request to local RCMP detachment for a female officer to lead [the] march in a patrol car."

According to the NLSACPC website the reason for police presence is to ensure safety and promote visibility of the participants.

Neither the Take Back the Night Foundation or the NLSACPC provide resources on how effective volunteer marshalling can promote safety at marches.

(continued on page 5)



# Community News

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The problem remains that the police are perceived as being in a leadership role at Take Back the Night because they are the pervasive authority in our society. For many women including sex workers, women living without immigration status, domestic abuse survivors, formerly incarcerated women, queer women, women of colour, and Aboriginal women, police forces are the perpetrators of violence in their communities. In this light, the police presence in the march actually works against the march's aim of creating safe spaces for women to speak out against sexual and gender-based violence in their communities.

At a demonstration aimed to reclaim public space as safe space for women and survivors of sexual violence, it is frustrating that we engage with a force as oppressive as the police. How can Take Back the Night fulfill the mandate to empower women if we continue to work with a system that blames women for sexual violence?

Emily Davidson

*Emily Davidson is an activist who organizes with the Feminist League for Agitation Propaganda (FLAP) and the Dalhousie Women's Centre.*

(Reprinted from Dal Gazette with Permission 10/01/10)



## The Story of a Mompreneur

Growing up, Dawn Emson never dreamed that making biscotti would become her future career. But this MSVU Business and Tourism student found that what started as a nice, relaxing activity has quickly proven to hold the recipe for success.

Living in Vancouver, Dawn, a mother of two, began baking as a way to relax. After trying her hand at many different goodies, she started working on her biscotti recipes. Over the next few years, Dawn continued working and mastered her secret recipes in her spare time. After two more children and much thought about her business, the company Dawn worked for transferred her to Halifax, NS. Dawn continued to think about her potential cookie empire, but she put the idea on the backburner to concentrate on her career and settling into a new home.

Unfortunately, the company that had moved Dawn and her family to the east coast decided to close its offices in NS, leaving her devastated. "I knew I would have to start over again from the bottom if I found a new job," recalls Dawn.

Dawn decided to take advantage of this opportunity. She enrolled as a distance student in the Business and Tourism program at MSVU, and in January 2008, she began the intro to business administration course. "We were given a networking assignment to complete, and I decided to interview three mompreneurs – a new word in business at the time," she says. "After speaking with them, I really started thinking I could do it."

After completing the assignment, Dawn felt so inspired she mentioned her own business idea, The Naughty Cookie Co., to her professor. She never could have imagined what would happen next. He took her story to the public relations department at MSVU. Before she knew it, there was a story about her in the Bedford Sackville weekly paper. By April of that year she had her first client, a local café looking to be supplied with her delicious treats.

"It blew me away," Dawn says. "That would not have happened as quickly in a bigger city."

Dawn's connection to MSVU also put her in contact with the Centre for Women in Business. After doing some initial research, she saw value in what the Centre was doing and called for more information. "I have always been a people person. When I make connections with people, I try to hang onto them," says Dawn. "I thought the Centre had great opportunities for expanding my network."

Dawn soon learned about the Centre's Blueprint for Success workshop series. Designed to teach participants about the elements of a business plan and to guide them through the process to create a successful start to their business, even though she was already in business Dawn saw this program as an opportunity to put a solid foundation under her plans for her company.

"This is a fabulous program for those not yet in business. It really tells you what you need to do, how to do it and allows you to meet other people with great ideas," Dawn says. "It helped to enlighten me as to what I will need to make my business plan, and the time and effort I would have to put into it."

Dawn also sees value in being a member of the Centre for Women in Business. Membership offered her yet another way to connect with other business women, something she feels is critical to business success. "Women business owners can be your best friends and your best allies. If you ask them for an opinion, most will tell you exactly what they think," says Dawn. "But that's what you need to run a successful business."

Above all, Dawn says the most important ingredient in keeping her business successful is remembering that she is a mompreneur, which means she is a mom first, and an entrepreneur second. "All of this is for our futures: university education, retirement. Other moms look at me in awe, but to me this is just what I am doing. I want them to know we can do it all and balance everything," she says that with enough support, "We can bake our cookies and eat them too."

Krista Blaikie Hughes

Centre for Women in Business  
www.centreforwomeninbusiness.ca





# Campus News

## Notice from the Dean's Office

It's important to be aware of the many services offered to you on campus. Student Academic Advisors are ready to help you make the most of your Mount Saint Vincent experience. In the Deans' Office, Heather Graham and Doug Rogers are available to all Arts and Sciences students who have not declared a major and first year Business students. To make the most of your 30 minute appointment, it is better to come prepared. Here are some tips that will help you utilize every minute of time you have with your Academic Advisor.

- 1. **Book your advising appointment in advance.** At peak times in the year, it may be difficult to get an appointment with your academic advisor at a moment's notice.
- 2. **Show up early or on-time for your advising appointment.** Call to cancel your appointment well in advance if you are unable to make it so another student may take your appointment time.
- 3. **Familiarize yourself with your program and course requirements** by reviewing the Academic Calendar before your meeting. Also, visit the Advising Checklist section of the Advising Toolbox to print the checklist for your program.
- 4. **Prepare a selection of the courses** that you would like to take or think you may need for your degree.
- 5. **Bring a list of questions.** Get the most out of your appointment and have all of your questions answered at one time.
- 6. **Expect referrals from your advisor.** Advisors are familiar with the student services on campus and can be your link to finding the right person to talk to.

For more information, visit our website at [www.msvu.ca/advising](http://www.msvu.ca/advising) or call us at 457-6400. On our website you will find an extensive set of academic check lists sorted by academic programs. You will also find information on finding your academic advisor if you are enrolled in a professional program or have already declared a major. We look forward to answering your questions and wish all students success in the school year.

## Peer Tutoring at MSVU Supplemental Instruction Program (SI)

Supplemental Instruction is a series of weekly review sessions for students taking a select group of courses. SI is provided free for all students who want to improve their understanding of course material and improve their grades.

SI leaders are students themselves and are prepared to share with you what they have learned over the years about how to study. If you are registered in any of the following courses in the fall, you are encouraged to attend these free SI sessions:

### Fall 2010 Schedule

Business 2221: Intro Accounting I	Monday	12:30-1:30pm	Seton 505/506
Business 2222: Intro Accounting II	Thursday	1:30-2:30pm	Evaristus 414
	Monday	1:30-2:30pm	Seton 504
Chemistry 1011: Intro to Chemistry	Monday	5:00-6:00pm	Seton 306
	Wednesday	6:00-7:00pm	Evaristus 316
Psychology 1110: Introductory Psyc	Tuesday	2:00-3:00pm	Evaristus 414
	Tuesday	3:00-4:00pm	Evaristus 414
	Thursday	5:00-6:00pm	Evaristus 316
Math 2208: Probability & Statistics	Schedule coming soon...view <a href="http://www.msvu.ca/advising">www.msvu.ca/advising</a> and on the advising bulletin board near Seton 302		
Chemistry 2401: Organic Chemistry	Tuesday	8:00-9:00am	Seton 304
	Wednesday	6:00-7:00pm	Seton 304
Econ 1101: Microeconomics	Monday	2:00-3:00pm	Seton 530/531
	Tuesday	6:00-7:00pm	Seton 530/531
	Wednesday	10:00-11:00am	Seton 533A

If you attend SI sessions regularly, chances are you will earn a better grade!

## Notice from the Faculty of Education

On Friday September 17, 2010, the Inter-University Doctoral Program in Educational Studies went live: <http://www.educationphd.ns.ca>

This is a collaboratively administered degree between Acadia, MSVU, and St. F. X.. It is administered by IDAC (the Inter-University Doctoral Administrative Committee), chaired by Sue McGregor (MSVU). There are six fields of study, with interrelated themes, that reflect the cumulative, ongoing foci of faculty research at the three participating universities: curriculum studies, educational foundations and leadership, inclusive education, lifelong learning, literacies, and the psychological aspects of education.

Doctoral students are prepared to become educational researchers regardless of the theme(s) they choose to explore in their doctoral studies. The full-time degree will be delivered using a combination of on-site and e-delivery platforms.

Within a community of learners, courses deal with the foundations of educational inquiry, research paradigms and methodologies, theories, research methods, and focused educational studies (2.5 units/15 credit hours). Special Topics and/or Independent Studies may also be required/elected. Doctoral students will receive 1.5 units/9 credit hours for completing and defending a Comprehensive Portfolio and 3 units/18 credit hours for their Dissertation. Doctoral students graduate from the university that is home to their supervisor.

An average of 14 applicants will be accepted each year, six at the Mount and four each at Acadia and St. F. X.. Qualified applicants will only be admitted if a suitable supervisor and program can be provided. This is the first doctoral degree at each of these three participating universities, and one of only two joint PhDs in Educational Studies in Canada. Contact information is available at the website.

Sue L.T. McGregor PhD Professor  
Doctoral Program Coordinator, IDAC Chair  
Faculty of Education, MSVU Seton 535  
(902) 457-6385  
<http://www.consultmcgregor.com>

celebrate

remember

fight back

Announcing the  
2nd Annual Metro Universities  
RELAY FOR LIFE  
POUR LA VIE  
Canadian Cancer Society  
Société canadienne du cancer

MOUNT SAINT VINCENT UNIVERSITY

DALHOUSIE UNIVERSITY

SAINT MARY'S UNIVERSITY

In March, 2010, students and staff from Halifax's 3 major universities - The Mount, Dal and SMU, united for the first ever Metro University Cancer Relay for Life. That unity continues again this year and we need your help! You can get involved by registering or joining a team or by volunteering at events leading up to the relay and at the relay itself. The online team registration will be opening soon.

For more information or to get involved, contact:  
Amy Seton, organizing committee co-chair for the Mount at:  
[mountrelayforlife@mountstudents.ca](mailto:mountrelayforlife@mountstudents.ca)  
FACEBOOK: 2nd Annual Metro Universities Relay for Life

celebrate

remember

fight back

COMEDY RECORDS COLLEGE TOUR

MSVU OCT 14, 2010

Vinnie's Pub

THE HAD ENOUGH FEELS FROM YOUR TIME TO LIVE FOR THE PUNCHLINE

THURSDAY, OCTOBER 14TH @ 8PM  
@ Vinnie's Pub & Lounge  
3 Comedians for \$3 Cover

Matt O'Brien  
K. Trevor Wilson  
& Barry Taylor



# Campus News

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## A New Vision for the ISS

September 17 was a cold and rainy day but that didn't deter some students from attending the annual International Student Leadership Retreat. This two-hour workshop is dedicated to enhancing leadership skills, building confidence and brainstorming a new vision for the International Student Society (ISS).

What's more, students who took part in the activities got to find out a little bit about themselves and the type of leader they really are. Some discovered that they are supportive leaders or influential leaders, others lead conscientiously while others are shocked to find out they possess dominant styles of leading.

Also in discussion was the vision for the International Student Society for the 2010/2011 academic year. Participants came up with many great ideas but the most prevalent that everyone agreed upon was the inclusion of all students in the society, building a strong support system and the potential to revamp the entire constitution.

All in all, despite the rain, it was a great day of self-discovery and one that was overflowed with ideas. And now, announcing the newly elected members of the International Student Society of 2010/2011.

Congratulations to our new leaders!

### Executive Committee:

President – Harry Han Tian

Co-Vice Presidents – Kay Balite & Maggie Man Zhang

Organizing Secretary – Lakshmi Hathiramani

Events Coordinator – Kyle Stubbs

Publicity Officer – Sarah Soni Moulombo

### Advisory Committee:

African Representative – Carol Sam

Asian Representative – Ansuya Neeraye

Bermudian Representative – Kelli Robinson

Caribbean Representative – Angella White

Chinese Representative – Alex Zhao Zhang

European Representative – Damla Atak

Middle Eastern Representative – Eihab Alkhatib

ISS Meetings will be held every Friday at 4:30 p.m. in Vinnie's Pub and anyone is free to join.

Ashley-Jane Chow

international@msvu.ca

Can you dance, sing, act? Do you have a knack for performing? Join us at the ISS meeting, we are looking for performers to take the stage at our annual Multicultural Night.



Pier 21's *Community Presents* program encourages cultural groups to create their own exhibitions and tell their own stories, while celebrating themes related to immigration, cultural diversity, cultural heritage and identity. It provides an opportunity for community groups to showcase their unique traditions and culture, allowing the public to better understand our collective and distinct cultural heritages.

**WHO:** Pier 21 Society in partnership with Leave Out Violence (LOVE), Nova Scotia-Cuba Association and the Vietnamese Association of Nova Scotia

**WHAT:** The *Going Home* exhibition presented by award winning, grass roots youth Organization, Leave Out Violence (LOVE) is a collection of photographs taken by youth and explores the idea of what home is, what it should be, and some of the struggles of finding a place to call home.

The *Cuba Connections* exhibition in partnership with the Nova-Scotia Cuba Association explores how elements of culture travel with people and are sustained and adapted to new environments. Complementing the exhibition will be artwork by Cuban artists, *Similar Yet Different*, a comparison through art of life in the provinces of Pinar del Río and Nova Scotia, as well as a children's art display.

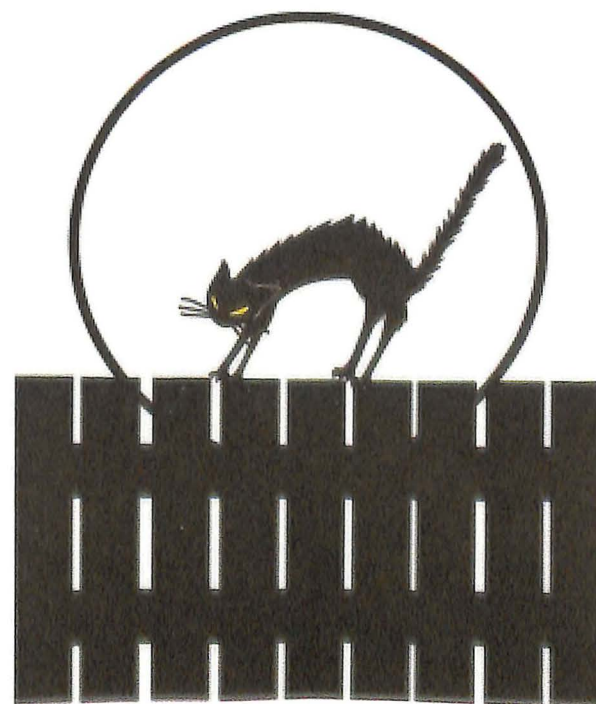
*Tự Do Means Freedom: Vietnamese Boat People* presented by the Vietnamese Association of Nova Scotia is a collection of personal stories, photographs and artifacts, documenting the mass departure of Vietnamese refugees after the fall of Saigon in 1975. The exhibition reveals the strength and resilience of Vietnamese Canadians and is the first of its kind in Nova Scotia.

**WHERE:** Pier 21 Canada's Immigration Museum  
1055 Marginal Road, Halifax Nova Scotia  
Ralph and Rose Chiodo Harbourside Gallery

**WHEN:** Community Presents exhibitions are taking place from Wednesday, October 6 to Sunday, November 14. Interview and photograph opportunities can be arranged at this time.

Public opening receptions (Ralph and Rose Chiodo Harbourside Gallery at Pier 21)

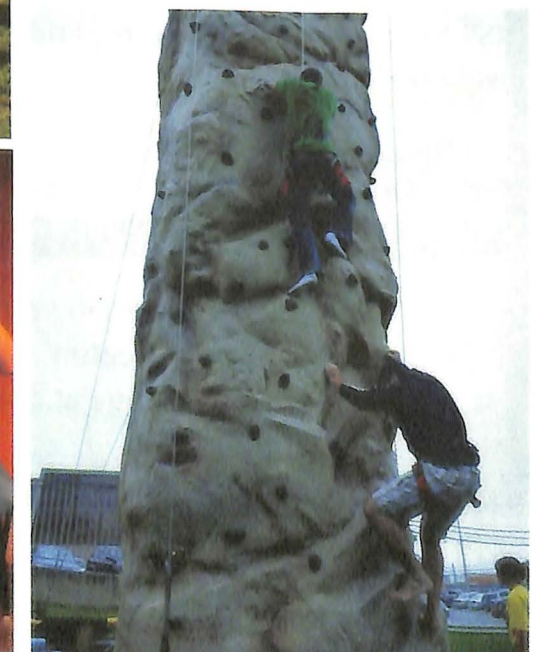
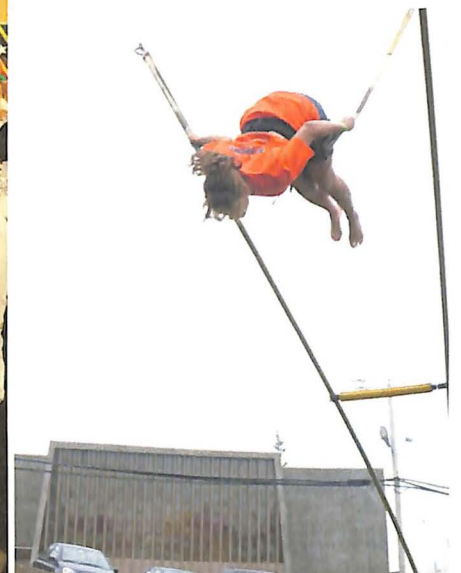
- *Going Home* – Wednesday, October 6 at 5:30 p.m.
- *Cuban Connections* – Thursday, October 7 at 5:30 p.m.
- *Tự Do Means Freedom: Vietnamese Boat People* – Sunday, October 10 at 4:00 p.m.





# On Campus

## Frosh Week





# In the Community

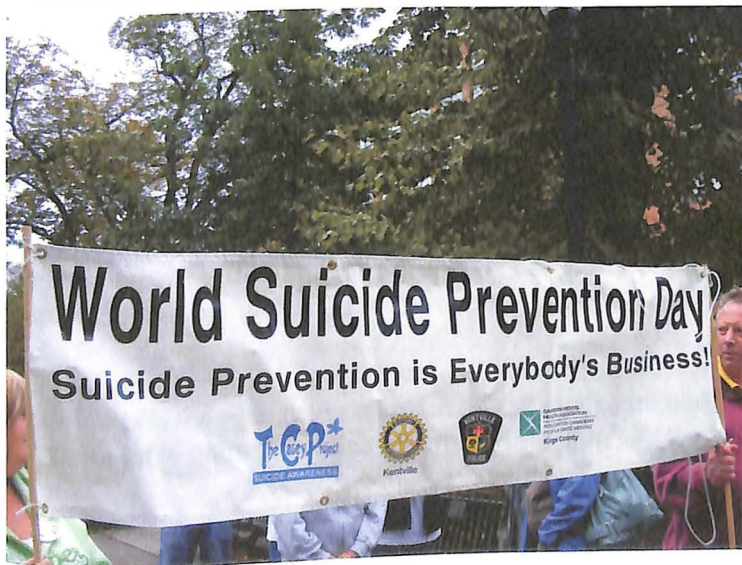
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## Labour Day Rally

September 1, 2010

*Photographs taken by  
Suzanne MacNeil*



## World Suicide Prevention Day

is an international event.

In Halifax, this year the annual march took place on September 12, 2010.

This is a day of awareness because in order to prevent suicide, we need to learn about the community's role in cause and prevention.

Suicide hurts everyone. We need to learn to support those who need it most.



*Photographs taken by  
Hamid Sakhai*



# Art and Culture

P. 10

## PIER 21 ANNOUNCES COMMUNITY EXHIBITORS



HALIFAX – Pier 21 is pleased to announce its partnership with three local community groups for this fall's Community Presents exhibitions – Going Home, Cuban Connections and Tỵ Do Means Freedom: Vietnamese Boat People on display from Wednesday, October 6 to Sunday, November 14 in the Ralph and Rose Chiodo Harbourside Gallery at Pier 21.

"We are pleased to be working with three very different community groups all with a shared goal – to tell their own stories and express their unique traditions and culture," says Tanya Bouchard, Chief of Curatorial Services and Public Programming at Pier 21. "Pier 21's Community Presents program exposes people to a diverse range of cultural expression and history in a meaningful and accessible way."

Going Home in partnership with Leave Out Violence (LOVE) is a collection of black and white photographs taken by youth, which explores the idea of what home is, what it should be and the struggles and triumphs of finding a place to call home.

Cuban Connections in partnership with the Nova-Scotia Cuba Association and the NSCUBA Artist Collective explores the connection between Cuban Canadians and their Cuban roots, along with elements of culture travel with people and are sustained and adapted to new environments.

Complementing the exhibition will be artwork by Cuban artists as well as a children's art display.

Tỵ Do Means Freedom: Vietnamese Boat People in partnership with the Vietnamese Association of Nova Scotia (VANS) comes a collection of personal stories, photographs and artifacts, documenting the mass departure of Vietnamese refugees after the fall of Saigon in 1975. The exhibition reveals the strength and resilience of Vietnamese Canadians and is the first of its kind in Nova Scotia. VANS recognizes the support of the Province of Nova Scotia through the Department of Tourism Culture and Heritage,

A series of public opening receptions will take place in the Ralph and Rose Chiodo Harbourside Gallery at Pier 21:

- Going Home – Wednesday, October 6 at 5:30 p.m.
- Cuban Connections – Thursday, October 7 at 5:30 p.m.
- Tỵ Do Means Freedom: Vietnamese Boat People – Sunday, October 10 at 4:00 p.m.



Community Presents exhibitions are free of charge and open to all. General museum admission fees still apply for entrance to Pier 21's main Exhibition Hall.

Community Presents encourages cultural groups and community organizations to create their own exhibitions, tell their own stories, and showcase their unique heritage and identity.

Hours of operation are 9:30 a.m. to 5:30 p.m. open seven days a week. For more information about Pier 21's cultural programming and upcoming exhibitions visit [www.pier21.ca](http://www.pier21.ca)

Tanya Bouchard, Chief of Curatorial Services and Public Programming at Pier 21 and representatives from LOVE, Nova-Scotia Cuba Association and the Vietnamese Association of Nova Scotia are available for interviews.

Image captions: Vietnamese refugees wait to be taken aboard the amphibious command ship USS BLUE RIDGE. They are aboard being rescued by a 35 foot fishing boat 350 miles northeast of Cam Ranh Bay, Vietnam after spending eight days at sea, Phil Eggman, 1984.

Valle Viñales, Luís Valdés Rodríguez, 2008.

For more information contact:  
Lisa MacNeil, Communications Coordinator  
Pier 21 Society  
Tel: (902) 425-7770 ext. 244  
[lmacneil@pier21.ca](mailto:lmacneil@pier21.ca)



# Arts and Culture

P. 11

FOR IMMEDIATE RELEASE: SEPT. 22

## **INGRID GATIN, A PIANO, AN ACCORDION & A TRASH CAN ROMANCE**

Gypsy Soul with a Tear Jerkingly Beautiful Voice

"My name is Ingrid Gatin. I come from a long line of people who have made music across the prairies and I believe that is one of the reasons why I make music for a living now. I am a multi-disciplinary artist and musician. I started on the old piano when I was about 4 and started singing shortly before speaking.

**Ingrid Gatin** - a Top 20 Earshot charting artist and a frequent sound on CBC Radio - continues her journey across Canada on the epic *Trash Can Romance Tour*. The 25-and-counting tour stops include more than 12 in Ontario alone no to mention inspired in-the-moment collaborations with artists of all disciplines along the way.

The *Trash Can Romance Tour* began near Prince George, BC at the Artswells Festival where Ingrid was performing and doing workshops. Next stop was her hometown of Winnipeg for the Cluster Festival, a multi-art performance and screening, where Ingrid performed her original work with other musicians while incorporating experimental forms. From there, she joined some musicians on the Assiniboine River Music Armada - touring the province by canoe. Yes, you read that right.

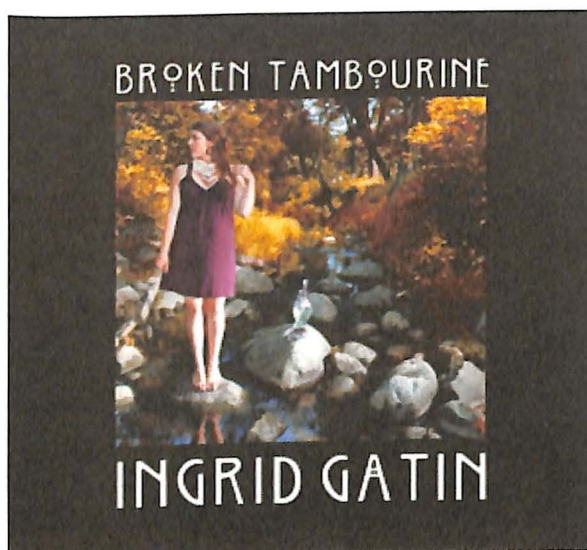
October has seen Ingrid touring Ontario, creating beautiful soundscapes with many talented and eclectic musicians: the alt-roots banjo-picker Darren Eedens, incredible ambient-rock powerhouse Half Moon Run, and Ingrid's own band of soulful

roots/indie music. Ingrid is making stops at multi-disciplinary festivals along the way to collaborate and contribute her own music—The Phantasmagoria

Festival in Yarker, FAMfest in Windsor, and to Halifax to host a collaborative workshop at the Roberts Street Art Centre, again featuring multi-art performance. Of course, in towns and cities all along the way there will be music shows.

Ingrid's multi-disciplinary focus has evolved quite naturally as she's been working in many kinds of art: teaching visual and performance art to children in Winnipeg at the Graffiti Gallery and collaborating with artists to create one-of-a kind shows with visuals, dance, and the fusion of many styles of music.

"I have had so many amazing experiences as a musician travelling across the country. It may be the coolest thing you could do with your time. I have stayed with old anarchist hippies billeting us in the forest with no electricity, slept in the van on the sides of mountains, filmed indie music videos on the streets of Toronto. Anything can happen and usually does."



Sept. 25: Halifax, NS @ Company House  
 Oct. 02: Wolfville, NS @ Night Kitchen  
 Oct. 03: Wolfville, NS @ Mud Creek Bar & Grill  
 Oct. 06: Hampton, NB @ Vintage Bistro  
 Oct. 08: London, ON @ London Music Club  
 Oct. 09: Windsor, ON @ FAMfest  
 Oct. 13: Montreal, QC @ Le Cagibi

Oct. 15: Ottawa, ON @ OCFF  
 Oct. 17: Ottawa, ON @ OCFF  
 Oct. 23: Thunder Bay, ON @ The Apollo  
 Oct. 24: Atitokan, ON @ Atitokan Arts Centre  
 Oct. 29: Winnipeg, MB @ Art Smash Party 2  
 Oct. 30: Brandon, MB @ Brandon Folk Fest  
 Nov. 14: Winnipeg, MB @ The Pyramid

"Recalls the early days of Cat Power, with deep-cutting lyrics and stirring vocals to match."

— **The Uniter**

"An amalgamation of stirring lyrics, haunting harmonies and distinctive instrumentation. She will lure you in with her unassuming vocals, will hold you in with her mind-boggling musicality and will leave you with your own gypsy soul laid bare... one to watch in the landscape of Canadian music."

— **Beatroute**

"Pulling from soul, jazz, indie and folk influences and inspired by artists such as Joni Mitchell, Fiona Apple and Arcade Fire, Gatin's music is a melange of different styles, incorporating her trademark accordion, sexy soul vocals, and trash-can percussion."

— **Uptown**

"INGRID GATIN is like a soulful, blues-like Emily Haines...her show will surely make you feel like you're in the streets of Paris."

— **BeyondRobson**

### Resources

[www.ingridgatin.com](http://www.ingridgatin.com)  
[www.myspace.com/ingridgatin](http://www.myspace.com/ingridgatin)

### For guest list and interview requests:

Keziah Myers (Press) | [keziah@themusebox.net](mailto:keziah@themusebox.net) | 647.436.8423  
 The MuseBox Canada 358 Dufferin St. Suite 109 Toronto, ON M6K 1Z8



14 August through 17 October 2010

Curated by Jennifer Simaitis, *Using It* brings together the works of three artists who deploy constructed caricatures of self in videos that examine on-line media as a new world stage for interactions between performance and audience.

Robert Lendrum investigates self-perception through an online project in which he surveyed friends, family and co-workers to gather their impressions and memories of him. The results are interpreted by a hired actor whose interactions with his perceived persona generate plenty of laughs.

Support from Canada Council for the Arts is gratefully acknowledged.

[illegible]

A close-up photograph of a tree trunk with peeling bark, showing a vertical crack and a small, bright orange light source in the background.

Kim Morgan's new sculpture is composed of latex casts of the exterior and interior of an abandoned lighthouse. With their parts held together by hand-sewn joins, the two casts of the lighthouse will be suspended as visually distinct units. They are illuminated from within, accentuating the translucency of the latex and the traces of old paint and graffiti embedded in them. The slack, sack-like shapes of the suspended architecture and the soft, skin-like texture of the latex suggest a fusion of architectural and anatomical forms. This surreal effect augments the magical impression of a coastal landscape floating in a subterranean gallery space.

Kim Morgan was educated in Montreal, New York and Regina, and moved to Halifax in 2008 to teach sculpture at NSCAD University.

Support from Canada Council for the Arts and Nova Scotia Tourism, Culture and Heritage is gratefully acknowledged.

Free Admission  
Tuesdays to Fridays 11am to 5pm; Saturdays, Sundays 1 to 5pm; closed Mondays

For more information, contact Katie Belcher at 902-457-6291, [katie.belcher@msvu.ca](mailto:katie.belcher@msvu.ca)

MSVU Art Gallery  
Mount Saint Vincent University, Seton Academic Centre, Ground Floor  
166 Bedford Highway, Halifax, NS  
[www.msvuart.ca](http://www.msvuart.ca)  
902 457 6160



# Art and Culture

P. 13

## Showtime Management Australia Presents: The Eagles Experience



The Eagles Experience – Celebrating 30+ Years of Hotel California is a live “rock theatre” concert that celebrates the world’s most beloved rock superstars, The Eagles. The show is a faithful recreation of The Eagles’ timeless hits, a rock spectacle that salutes the talent and musicianship of the original members. Featuring:

- David Grey as Don Henley
- Scott Robson as Glenn Frey
- Tony Cowell as Joe Walsh
- Giles Tingey as Timothy B Schmit
- Richard Baker as Don Felder

From the ‘70s through to the ‘80s, The Eagles were a major force in the world music scene. They were heaped with Gold and Platinum Records, showered with awards, and struggled to keep up with demand for product and live appearances, a strain that many say led to their break-up in 1980. Since reuniting in 1994, The Eagles have toured intermittently. The Eagles Experience – Celebrating 30+ Years of Hotel California fulfills fans’ thirst for their timeless music, taking the show to fans around the world.

The Eagles Experience – Celebrating 30+ Years of Hotel California focuses on The Eagles’ Hell Freezes Over Tour of the early 90s, capturing the an era when The Eagles’ music undeniably transcended the boundaries of rock, R&B and country. The show is an exciting showcase of all the chart-toppers, such as Take it Easy, One of These Nights, Take it to the Limit, Heartache Tonight, Hotel California, Lyin’ Eyes, Witchy Woman, New Kid In Town, Tequila Sunrise, Desperado, Best of My Love and Life in the Fast Lane, as well as more recent releases, Get Over It and Love will Keep Us Alive.

The group also performs selected solo hits of 1971 founding members Don Henley and Glen Frey - and Joe Walsh, who joined The Eagles in 1975. The music of The Eagles touched the hearts of a generation. If you enjoyed life in the fast lane in the 70s, or simply yearn for a night at the Hotel California, don’t miss this amazing multimedia show.

For more information, visit [www.hotelcalifornia.com.au](http://www.hotelcalifornia.com.au) or contact Canadian publicist Lisa Saunders at [lisa@soundstrategy.ca](mailto:lisa@soundstrategy.ca)

## Scrabble® with the Stars A fundraiser for Performing Arts Lodge

Saturday, October 23rd at 7pm  
Atlantica Hotel, 1980 Robie St.

Support the health and well being of artists living, working and retiring in this region by buying a ticket or a table.

Stars from a variety of disciplines will compete in Scrabble with the Stars, including: Cathy Jones, Jonathan Torrens, Mary Vingoe, Jeff Torbert, Silver Donald Cameron, Gwen Noah and Holly Carr, to name but a few. Scrabble with the Stars is a great deal of fun and your chance to “have words with our celebrities!”

PAL Halifax’s goal is to build a 20 unit, affordable housing complex for those who have spent their life working in the cultural sector.

For more information please visit [www.palhalifax.org](http://www.palhalifax.org)  
email [scrabblewiththestars@gmail.com](mailto:scrabblewiththestars@gmail.com)  
call 441.4791 or 420.0647

Nancy Morgan  
Chair, Fundraising Committee and Member, Board of Directors  
Board Member, PAL Halifax and Chair, Fundraising Committee

## Notice from the Information Desk

Tia Larkin, Supervisor of Information Services, is pleased to announce that the Student’s Union will have not one, but two information desks open to service the student population of MSVU! The Rosaria desk has been open since the beginning of the school year and the Seton location (first floor Seton, beneath the cafeteria) will be opening on October 4th, 2010.

We offer a number of services to students at the lowest cost possible!

- Faxes
- Printing/Photocopying
- Laminating
- Binding
- Selling of Student Union Gear
- AND MUCH MORE!

So please visit our locations! Rosaria is open Monday - Friday 9am-5pm, Seton will be open Monday - Thursday 10am-5pm, and Fridays 10am-3pm.

Thank you to everyone who participated in our Used Book Fair where many students were able to purchase their textbooks! There will be another one in the Winter Semester during January! Stay tuned!

To get all the information you need about your Students’ Union, please check us out on [www.mountstudents.ca](http://www.mountstudents.ca) or by our Facebook page: MSVU Students’ Union

Enjoy the rest of your semester!

Tia Larkin



The Student Ambassador Program – Encouraging Prospective Students to “Go to the Mount”.

The Student Ambassador Program is a new initiative that is run by the Mount’s Recruitment Team. This group, comprised of eight students who are committed to the MSVU, want to encourage prospective high school, transfer and mature students to choose to study here.

There are two Student Ambassador Captains who organize a group of three Volunteer Student Ambassadors. Each team member has a diverse background which is used to match them with prospective students during a campus tour, on Facebook, at an open campus event, or beyond. Each team member receives points for every volunteer activity they complete which contributes to the team total. Both teams will be competing during the academic year for some great prizes and at the same time will be forming strong connections with prospective students.

The goal of this program is to give prospective students a personalized view of the academic careers that the MSVU has to offer by sharing positive student experiences at this University. So if you see a Student Ambassador conducting a tour on campus in their green shirts and scarves, be sure to give a friendly hello so we can show students what we’re all about!

To learn more about this program or to find out how you can get involved, join our Facebook group “2010 Mount Student Ambassadors” or follow us on Twitter (@gotothemount).

Kaela King

Response to “What would I do with \$100 in Downtown Halifax”

I have a bit of a pet peeve about last issue’s article, “What would I do with \$100 in Downtown Halifax”. But first, let me just give a little background about myself, to put the onslaught that’s to follow in perspective.

I’m a full time student, I work two jobs, and one of my top concerns right now is how I’m going to brace for this winter’s electric bill increase.

From my casual discussions with friends at the Mount, I think it’s fair to say that a lot of other students have similar problems on their minds, which brings me back to last issue’s article. The article talks about how someone got \$100 from the Downtown Halifax Business Commission to promote business in downtown Halifax.

If you want to promote local business and tell students about deals in Downtown shops, more power to you! But try not to make the rest of us feel down in the mud as you prance like a princess from boutique to boutique down Spring Garden, spending frivolously like someone off the cast of SATC (Sex and the City).

Based on the list of stores mentioned, it seems like the column was aimed at Carrie fans rather than Mount students. I guess Carrie Bradshaw wouldn’t be caught dead visiting a thriftstore, JWD books to look for some used text books or stop by the pizza corner to fill a hungry stomach at budget. You know, the type of places that STUDENTS would stop by, as opposed to divas.

Angela Watson

GET AWAY & WIN WITH

Planet Beach™

AND THE SENTINEL

YOUR MOUNT CAMPUS NEWSPAPER

Planet Beach and the Sentinel are giving away a great tanning package (Value \$80) to one very lucky reader! Simply fill out the ballot and drop it off at the Rosaria Information Services Desk before October 22nd, 2010.

One name will be randomly chosen to win!

NAME: \_\_\_\_\_

EMAIL: \_\_\_\_\_

PHONE: \_\_\_\_\_

STUDENT NO.: \_\_\_\_\_

[www.planetbeach.com](http://www.planetbeach.com)[www.mountstudents.ca](http://www.mountstudents.ca)

ACROSS

1. Comedian

6. Young cow

10. Skinny

14. Sporting venue

15. In \_\_\_\_ of (replacing)

16. Sheet of glass

17. Directs from the front

18. Verbal

19. Backside

20. Constancy

22. Stop remembering

24. Easy gait

25. Penalties for parking infractions

26. Declare with confidence

29. Kiln-dried barley

30. Midday

31. A folding portable ladder

37. Smidgen

39. Exist

40. Not tight

41. Street smart

44. Not a single one

45. Apartment payment

46. Charred

48. Fate

52. Desire

53. Wealth

54. Maritime

58. Smell

59. Graven image

61. French for "Red"

62. A Roman emperor

63. Place a load on (archaic)

64. Come to pass

65. Sea eagle

66. Visual organs

67. S S S S

DOWN

1. Serene

2. Chocolate cookie

3. Average

4. Laziness

5. Beaver

6. Copy

7. Well-ventilated

8. Meadow

9. Satisfy

10. Incite

11. Big

12. Map within a map

13. Encounters

21. Chooses

23. Base 8

25. Cassettes

26. Picnic insects

27. Pigeonhole

28. Fly high

29. Excellence

32. Light brown to brownish orange color

33. Contributions

34. A swinging barrier to a room

42. Malleable

43. Jacob's brother

47. Main course

48. Stingless bee

49. Sea duck


50. Disdain

51. Paroxysm

52. Part of the United Kingdom

54. Connecting point

55. Swear





## Student's Corner

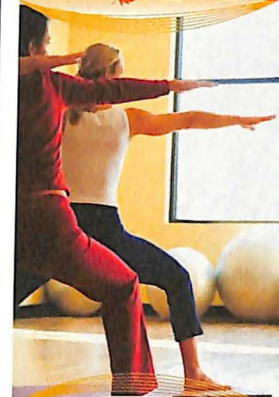
OCTOBER 2010



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>* Every Thursday is Wing Night*</b>	<b>1</b> Think Pink Pub	<b>2</b>
<b>3</b>	<b>4 MNF</b> Patriots @ Dolphins	<b>5</b> Poker	<b>6</b>	<b>7</b> Family Feud	<b>8</b> PUB CLOSED	<b>9</b> Happy Thanksgiving
<b>10</b>	<b>11</b> CLOSED	<b>12</b> Poker	<b>13</b>	<b>14</b> Comedy Show	<b>15</b> Las Vegas Club Night	<b>16</b> New to 19
<b>17</b>	<b>18 MNF</b> Titans @ Jags	<b>19</b> Poker	<b>20</b>	<b>21</b> Open Mic	<b>22</b> Pub Closed	<b>23</b> Haunted House
<b>24</b>	<b>25 MNF</b> Giants @ Cowboys	<b>26</b> Poker	<b>27</b>	<b>28</b> Karaoke	<b>29</b> Halloween	<b>30</b>

4	3	2		9			7	6
9			7		5			
	1	5		4			2	
5			6		2			4
		1				6		
	4		9		1		8	
1		4			3		5	8
				1				
	8				4	2	1	

## Fall into Fitness



**Pilates & Yoga**  
Instructional Programs at  
The Mount Fitness Centre

<b>STOTT PILATES:</b>		
Essential I - 10 classes	Fee: \$125	
Mondays 8:00-9:00pm	Sept. 20 - Nov. 29	
Instructor: Ruth Jackson		
Essential II - 10 classes	Fee: \$125	
Tuesdays 5:00-6:00pm	Sept. 21 - Nov. 23	
Instructor: Margaret Galloway		
Essential III - 10 classes	Fee: \$125	
Mondays 5:00-6:00pm	Sept. 20 - Nov. 29	
Instructor: Ruth Jackson		
Intermediate/Advance - 10 classes	Fee: \$125	
Tuesdays 6:00-7:00pm	Sept. 21 - Nov. 23	
Instructor: Margaret Galloway		

All fees include GST

<b>YOGA:</b>		
Beginner Yoga - 10 classes	Fee: \$100	
Wednesdays 6:30-8:00pm	Sept. 22 - Nov. 24	
Instructor: Jennifer Beuchler		
All Levels Yoga - 10 classes	Fee: \$80	
Mondays 7:00-8:00pm	Sept. 20 - Nov. 29	
Thursdays 12:00-1:00pm	Sept. 24 - Nov. 26	
Advanced Yoga - 10 classes	Fee: \$120	
Thursdays 6:30-8:00pm	Sept. 23 - Nov. 25	

50% off for Mount students, staff &amp; faculty with current Fitness Centre Membership



To Register Call #457-6420

For more information visit [www.mvu.ca/fitnesscentre](http://www.mvu.ca/fitnesscentre)  
Visit the Mount Fitness Centre - Rosaria Student Centre  
E-mail: [mount.fitness@msvu.ca](mailto:mount.fitness@msvu.ca)

[www.mvu.ca/fitnesscentre](http://www.mvu.ca/fitnesscentre) | 166 Bedford Highway, Rosaria Student Centre | 902.457.6420 | [mount.fitness@msvu.ca](mailto:mount.fitness@msvu.ca)

# HAUNTED HOUSE

AT THE MOUNT

ROSARIA STUDENT CENTRE - MOUNT SAINT VINCENT UNIVERSITY

**OCTOBER 23**  
**7PM - 11PM**  
**5 BONES**

ROSARIA STUDENT CENTRE  
**THE MOUNT**  
166 BEDFORD HIGHWAY - HALIFAX, NS  
MOUNT SAINT VINCENT UNIVERSITY  
[WWW.MOUNTSTUDENTS.CA](http://WWW.MOUNTSTUDENTS.CA)

WARNING: NOT INTENDED FOR EVERYONE  
SOME SCENES MAY BE TOO FRIGHTENING  
FOR ALL VIEWERS. DISCRETION ADVISED



GET READY TO BE SCARED

**THE ROSARIA**  
**HAUNTED HOUSE**

**SATURDAY**  
**10.23.2010**  
**7PM - 11PM**  
**5 BONES**

WARNING: Some scenes may  
be too frightening for all viewers.  
Viewer Discretion is Advised.





third annual **bluenoserscomedytour** maritime provinces tour 2010

a homegrown tour starring  
two of canada's funniest comedians

nikki payne



peter anthony



tuesday, november 16, 2010

7:30-10:00pm @ Vinnie's Pub

Rosaria Student Centre

tickets: \$10 (wet/dry for MSVU students)

available NOW @ seton & rosaria info desk

this event brought to you by:



**MSV**  
MOUNT SAINT VINCENT UNIVERSITY  
STUDENTS' UNION